

Eastern Illinois University

The Keep

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Eastern Illinois University

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LATINX STUDENT PANEL

Latino students on campus discuss the struggles and challenges that come with being Latino in Charleston.

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TENNESSEE TECH

The Eastern football team will look to get its first win against Tennessee Tech on Saturday.

PAGE 8



THE DAILY EASTERN NEWS

Friday, September 27, 2019

"TELL THE TRUTH AND DON'T BE AFRAID"

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CELEBRATING A CENTURY OF COVERAGE

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MACKENZIE GRAHAM | THE DAILY EASTERN NEWS

Taylor Powers, a senior majoring in recreation administration, rows a boat for Lincon Hall during ROCfest's boat race at campus pond on Thursday afternoon.

Stevenson Hall wins ROCfest boat race

By Corryn Brock
News Editor | @corryn_brock

Stevenson Hall won the ROCfest Boat Race with Thomas Hall in second place and Weller Hall in third place.

Many of the other competing halls boats sank before the first lap was over and the student in the boats had to swim across with their boats.

Lawson Hall, one of the first boats to sink, sank while Nico Tapia, a freshman hospitality major, was getting into the boat.

"Well the boat sucked, so automatically I drowned," Tapia said. "I couldn't even go ten feet without drowning."

Tapia said despite the boat sinking and cutting his toe he had a good time.

A resident assistant from Lawson Hall, Christian Walls, came to support his hall.

"As an R.A. in Lawson, seeing my residents come together and make a boat out of cardboard and duct tape is amazing," Walls said. "Watching them stay up until one o'clock in the morning? Amazing. Amazing to watch, I loved it."

Chris Mikkelsen, a junior psychology major, paddled during the first lap for Stevenson Hall.

Mikkelsen was not originally supposed to compete in the race as a paddler.

"I needed to sub in for someone, I was originally going to be a pusher but I was like 'alright, I guess I'll take my shot at rowing,'" Mikkelsen said.

Mikkelsen said he was confident in their chances of winning from the beginning.

"The other halls, they were thinking they were going to win, but I saw our team and I was like 'I know we're going to win this,'" Mikkelsen said. "#transferstudentsarethebest."

RACE, page 5

CAA discusses new music course, gen ed moratorium

By Emilie Bowman
Staff Reporter | @DEN_news

The Council on Academic Affairs approved a new music course proposed by Shellie Gregorich, chair of the musical department.

The new course, MUS 3201: Orchestral Repertoire Performance for Brass, Winds, and Percussion, will allow students to explore many orchestral excerpt repertoires.

According to Gregorich, this class will better help students practice pieces they will have to perform when auditioning for professional orchestras.

The class will allow students to practice and refine performance pieces from various different musical eras.

Gregorich plans on class time to be about

more than just performing the pieces.

"Class time would be spent performing the excerpts, talking about them, giving feedback, talking about performance practice like how to do trills in the baroque period as opposed to the romantic period," Gregorich said.

Topics in the class are subject to change from semester to semester depending on which types and how many of each instrument are enrolled at that time.

"If one semester you have mostly flutes and trumpets but no trombones, you're not going to cover excerpts that aren't relevant," said Gregorich. "If I was teaching it, I'd really look at the enrollment to pick which things I was going to focus upon."

Gregorich is planning to offer the class to junior and senior performance majors every two

years and allowing it to be repeated if wanted or needed by students.

The council also discussed the general education moratorium for the 2019-2020 academic school year.

The proposal was put forward by Provost Jay Gattrell to extend the gen ed moratorium through the current academic school year.

The moratorium is already in place following the last academic year.

Gattrell expects it to get back to business as usual after this academic year so that there is no extension of the gen ed moratorium.

Billy Hung, council member and professor for the biology department called the spring 2020 deadline for people wanting to propose gen ed courses "optimistic" due to the gen ed committee currently being populated with inter-

im members.

The item concerning the gen ed moratorium was approved.

The Council of Academic Affairs chair, Marita Gronnvoll, added a last-minute item to be discussed during the meeting.

A request was made from textbook rental to add a member of the council to the Textbook Rental Advisory Committee.

The committee is comprised of representatives from the CAA, the Council on Graduate Studies, the Graduate Student Advisory Council, the Faculty Senate, the Faculty-at-Large, and the student body in hopes of providing students with cost effective access to textbooks.

CAA, page 5

Local weather

FRIDAY



Partly Cloudy
High: 84°
Low: 68°

SATURDAY



Partly Cloudy
High: 86°
Low: 68°

THE DAILY EASTERN NEWS

"Tell the truth and don't be afraid."

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State and Nation

THE ASSOCIATED PRESS

Model wins \$15M rape lawsuit against Grammy-winning producer

LOS ANGELES (AP) — A model and aspiring singer who alleged in a lawsuit that she was raped and sexually and emotionally abused by Grammy-winning music producer Detail has been awarded \$15 million.

A Los Angeles Superior Court judge made the ruling Wednesday for Kristina Buch against Noel Fisher, known professionally as Detail. He won a Grammy for co-writing the Beyonce and Jay-Z hit "Drunk in Love" and has also produced hits for Lil Wayne, Nicki Minaj and Wiz Khalifa.

Buch sued Fisher late last year, but neither Fisher nor attorneys responded to summons or filed any documents, leading to Wednesday's default judgment.

An email sent to Fisher's attorney, I. Mark Bledstein, seeking comment

Wednesday was not immediately returned, and multiple attempts to reach Fisher were unsuccessful.

Fisher has said in court documents filed in two other lawsuits that all the allegations against him are false, and have led to his losing all work and being evicted.

Buch said in her suit that she met Fisher at a recording studio when she was working as a model after arriving in Los Angeles from Indiana in 2016.

She said Fisher had agreed to help her launch a music career and had started making recordings with her, but soon became aggressive and abusive, demanding sex and telling her it was necessary to get somewhere in the industry, and eventually raping her when she refused.

Buch is one of six women, some es-

tablished professionals and others music-industry newcomers, who have spoken out publicly against what they said was Fisher's sexual aggression.

At least two, both former assistants, have filed their own lawsuits.

One of them, Isabella Mack, said in her lawsuit that she was forcefully held against her will while Fisher masturbated and that he demanded she pose for nude pictures and videos.

Both of those lawsuits were headed toward their own default judgments against Fisher, but he and attorneys have begun filing documents to attempt to revive and fight them in recent months. Fisher said in those court documents that he never received notices about the lawsuits because he lost his home and work addresses after the allegations emerged.

Florida officer saves dog from busy interstate

PINELLAS PARK, Fla. (AP) — A Florida police officer is getting praise for darting into a busy interstate to rescue a dog that had just been hit by a car.

Pinellas Park police Officer Joseph Puglia tells ABC Action News in Tampa his heart "really sank until I started seeing him breathing." The dog wandered onto Interstate 275 in Tampa on Sept. 19.

Video from Puglia's dash cam showed him stop and get out within seconds of the dog getting hit. Puglia says he wrapped the dog in an emergency blanket, put him in his SUV and called dispatch.

The dog survived with minor cuts and bruises. Puglia says they nicknamed the dog, who ended up in the county's animal shelter, Lucky. If no one claims Lucky, he says family members are ready to take him.

US vaping illness count jumps to 805, deaths rise to 12

NEW YORK (AP) — Hundreds more Americans have been reported to have a vaping-related breathing illness, and the death toll has risen to 12, health officials said Thursday.

The Centers for Disease Control and Prevention said 805 confirmed and probable cases have been reported, up 52% from the 530 reported a week ago. At this point, illnesses have occurred in almost every state.

The confirmed deaths include two in California, two in Kansas, and one each in Florida, Georgia, Illinois, Indiana, Minnesota, Mississippi, Missouri and Oregon. The Mississippi death was announced by officials in that state Thursday.

Over the summer, health officials in a few states began noticing reports of people developing severe breathing illnesses, with the lungs apparently reacting to a caustic substance. The only common factor in the illnesses was that the patients had all recently vaped.

As a national investigation started and broadened, reports have increased dramatically.

It's not clear how many of the 275 added cases occurred in the last week, and how many are being logged long after they happened. The CDC has not released details on when symptoms began in each case.

The agency's count includes only illnesses that have met certain criteria. Other illnesses are also being investigated.

Most patients have said they vaped products containing THC, the ingredient that produces a high in marijuana. The investigation has been increasingly focused on products containing THC, with some attention on ingredients added to marijuana oil.

But some patients have said they vaped only nicotine. Currently, health officials are advising people not to use any vaping product until the cause is better understood.

Former economic development chief pleads guilty to theft

SPRINGFIELD, Ill. (AP) — The former chief executive officer of a central Illinois economic development organization has pleaded guilty to a theft charge for allegedly stealing thousands of dollars from it.

Eric Berglund of Springfield was sentenced to two years' probation Wednesday and a second theft charge was dismissed under a plea agreement.

Prosecutors said the 42-year-old Berglund's previously clean record and the payment of restitution to the Land of Lincoln Economic Development Corp. were factors in his sentencing.

Berglund declined to comment at the hearing.

He was fired in May after leading the economic development corporation for less than a year. The (Springfield) State Journal-Register reports he was arrested on two counts of theft in June for allegedly stealing between \$10,000 and \$50,000.

Robots made famous on YouTube could be headed to circus

BOSTON (AP) — Animal-like robots that started out as a military-funded research project might be shipped off to the circus instead of the battlefield.

Cirque du Soleil says it's in talks with robot maker Boston Dynamics about using the four-legged Spot robot in its live shows.

The agile robots walk, climb stairs and open doors. They have become famous on YouTube but haven't been applied commercially since the company was founded in 1992.

That's changing this fall. The Waltham, Massachusetts, robotics firm revealed in a YouTube post this week that Spot is now in mass production and shipping to select customers for such uses as monitoring construction sites or inspecting energy facilities.

Cirque du Soleil says it's still in the "ideation" stage and evaluating Spot's potential in live entertainment.

THIS WEEKEND ON CAMPUS

Friday, September 27

- 4:00 - 7:00 PM | Residence Hall Association Carnival | Library Quad
- 5:00 - 6:00 PM | Parents and Friends of LGBTQ+ Meet & Greet | Stevenson Hall, Basement Level
- 5:30 - 8:00 PM | Murder Mystery Dinner | Adults-\$20, Ages 4-12-\$10, 3 and Under-Free | University Ballroom
- 7:00 - 8:15 PM | ThinkFast Game Show | Grand Ballroom, MLK Jr. Student Union
- 7:00 - 9:00 PM | Family Movie: The Secret Life of Pets 2 | South Quad
- 8:30 - 11:30 PM | Family Bingo! | McAfee Gym - South
- 8:00 - 10:00 | Rock 'n' Bowl | \$2 Per Game, Free Shoe Rental | EIU Bowling Lanes, MLK Jr. Student Union

Saturday, September 28

- 9:00 - 11:00 AM | Family Breakfast with President Glassman | Grand Ballroom, MLK Jr. Student Union
- 10:00 AM - Noon | Fleece Blanket Service Project | University Ballroom, MLK Jr. Student Union
- 10:30 AM - 12:30 PM | Family & Friends Photo Shoot at the Castle | Front Gates, Old Main
- 11:00 AM - 3:00 PM | Rush Hour: Kona Ice, Creation Stations, and Character Photos | Library Quad
- 11:00 AM - 3:00 PM | Rush Hour: Trackless Train Rides | EIU Campus
- 1:00 - 4:00 PM | Tarble Arts Center Open Studio Saturday | Tarble Arts Center Galleries
- 2:30 PM | Opening Billy's Backyard Kid's Zone | Outside O'Brien Stadium
- 8:00 - 9:00 PM | Family Fun Night: Zuzu Acrobats | Grand Ballroom, MLK Jr. Student Union
- 9:00 - 10:00PM | Family Ice Cream Social: Make Your Own Sundaes | Bridge Lounge, MLK Jr. Student Union

LASO discusses Latinx struggles in Charleston

By Hannah Shillo
Associate News Editor | @DEN_news

Board members of the Latin American Student Organization discussed the issues they have faced as Latinx individuals at their student panel Thursday evening.

Some members said they experienced a bit of a culture shock when they arrived in Charleston for the first time.

Kelly Aguilar, senior psychology major and event coordinator of LASO, said her hometown is predominantly Latino, so she had to adjust to a world where Latinos are

not the majority.

Like Aguilar, Luis Paniagua, sophomore graphic design major and treasurer of LASO, said the minority is the majority where he is from.

"Coming here, it's like I've experienced the opposite," Paniagua said. "I'm like, 'Oh, so this is what other people actually feel like.' We are the minority and white people are the majority."

Diana Argueta, sophomore Spanish major and president of LASO, said she experienced a culture shock when she arrived in Charleston, which was scary for

her.

"I did go through a little bit of depression, I'm not going to lie," Argueta said. "I was really homesick, but I fought through it. I found my crowd, and that's something I encourage everyone to do."

LASO's biggest wish for the Latinx community in Charleston, they said, was to feel more represented at Eastern and to feel safe both on campus and throughout Charleston.

"We need to have a one-on-one conversation with (Eastern President David Glassman) and bring up issues that will affect people in

the future," Argueta said. "I need (students) to be aware that things that are going on now are not OK and that I need them to be educated on social issues and current issues."

Aguilar said her freshman year was the same year President Donald Trump was voted into office.

She described the morning after the election as a quiet one, with her professors spending the day reassuring the students of color that they were safe in the classrooms.

The once positive messages then read a variety of new messages, like, "MAGA," "Build the wall,"

"Go back to your country," and other racial slurs, Aguilar said.

She described the morning after the election as a quiet one, with her professors spending the day reassuring the students of color that they were safe in the classrooms.

The once positive messages then read a variety of new messages, like, "MAGA," "Build the wall," "Go back to your country," and other racial slurs, Aguilar said.

Hannah Shillo can be reached at 581-2812 or hshillo@eiu.edu.

Eastern's jazz groups perform in showcase at Doudna

By Adam Tumino
Reporter | @DEN_news

The sweet sounds of Ornette Coleman, Thelonious Monk and more filled the Doudna Theatre on Thursday night as Eastern's five jazz groups took part in a jazz showcase.

The free event featured the EIU Jazz Lab Band, the Vanguard Quintet, the Birdland Quintet, the Blue Note Quartet and the EIU Jazz Ensemble. The pieces performed ranged from standards to lesser-known and more modern compo-

sitions.

The EIU Jazz Lab Band opened up the program with three pieces, starting with the 1914 W.C. Handy classic "St. Louis Blues," which has been recorded by such artists as Louis Armstrong, Bing Crosby and Bessie Smith.

They followed it up with Kenny Dorham's "Una Mas," where Corey Clark stood out with his bossa nova drumming, and a big-band arrangement of the Ray Charles' hit "Hallelujah I Love Her So."

The three jazz combos took the stage next, each playing one selec-

tion. The Vanguard Quintet played "Turnaround" by Ornette Coleman, fronted by Austin Spillman on alto saxophone and Gabe Mansfield on trumpet.

The Birdland Quintet gave "Blue Monk" by the iconic Thelonious Monk a new, somewhat funky spin. Jacob Pope began the song on electric before the other members added in.

The bebop masterpiece "Donna Lee" was performed by the Blue Note Quartet, where Jacob Williams' alto saxophone led the way.

Christian Hopper, a freshman

music education major, said he has always loved jazz, and he enjoyed the combos in particular.

"They played some really interesting pieces and had interesting mixes in there," Hopper said.

Sam Ratliff, a sophomore history education major, also attended the show.

"They got some new, incoming members who are just sounding amazing," Ratliff said. "Overall, it was really good pieces and a good showcase."

One of those new members is freshman trombone player Ja-

cob Hinds, who performed with the Birdland Quintet and the last group of the evening: the EIU Jazz Ensemble.

Hinds and the trombone section were featured in the group's first selection, "How High the Moon," a piece originally written by Morgan Lewis and Nancy Hamilton in 1940. Three freshmen, including Hinds, were in the trombone section, and each played a solo in the song.

Adam Tumino can be reached at 581-2812 or ajtumino@eiu.edu.



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SRC Hours		Lantz Pool Open Swim	
Friday, September 27th	5:30am-8:00pm	Friday	6:30-8:00pm
Saturday, September 28th	10:00am-6:00pm	Saturday	2:00-5:00pm
Sunday, September 29th	Noon-10:00pm	Saturday	2:00-5:00pm

Tours available during all open hours for everyone. All guests 18 and over may use all Campus Recreation facilities for free all weekend.

Be sure to check out our brand new Esports Arena!

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STAFF EDITORIAL

Enjoy this weekend with family at Eastern

This weekend has a lot of events to offer students, for example the Eastern football game Saturday at 4 p.m.

But going to all those events, including whatever sports are also playing over the weekend, is not the same as it is when you go with your family.

That is right; if you did not know, this weekend is Family Weekend at Eastern, so families will be plentiful around campus and Charleston.

Seeing all the families reunite with their children after a month and a half away from each other is a touching sight, and the thought of so many people walking around Eastern is warming.

That is why we at *The Daily Eastern News* want to encourage everyone to enjoy the upcoming weekend full of planned events and family fun.

As we all know, there are two types of prospective high school students.

There are those high school seniors who cannot wait to get out of their family's house and be by themselves on a new journey, and there are those who want to go to college but want to be near their family still.

Neither one is good or bad, it just comes down to personal preference, but this weekend could be for both sides.

For the students who want to be near their families still, this weekend will provide ample time and opportunities to see your family and do things with them.

We are adults now, but getting to see our families even for a day or two is always nice and worth the wait.

This would be the perfect time to catch up on all the happenings in your hometown, at your old school or with your family.

With the semester nearing the halfway mark, stress already started building and midterms are about to hit, so the family company could be a good time to take a needed break.

For those students who were and still are looking to maintain more independence from their family, this weekend could still provide those things.

Any time to see your family again is good, and no matter how much you say you are doing just fine without them, we all know deep down we always want to be able to turn to our family for support.

After all, these are the people who have been there for you since the beginning and want to always be there for you.

So, relish this weekend and any amount of time you can visit with your family, and show them a good time.

If your immediate family cannot make it, hang around with your roommate's or friend's family, or find your Eastern family to be with.

No matter who it is, find time to be with one of your families this weekend.

This weekend is

The daily editorial is the majority opinion of the editorial board of *The Daily Eastern News*.

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ZACH BERGER

Sometimes in life you get stuck

I feel stuck.

Usually, I would start my articles with a little longer sentence, but lately I just feel stuck. I feel stuck on everything.

What I want to do with my life after college? Truth is, I do not know anymore. I know a lot of students feel this way especially at this point in the semester. However, this is not your average stuck on classes or homework feeling.

I feel stuck in everything I do.

Lately, my anxiety has taken over EVERYTHING. I do not know why or how, just that it happened.

Surely, I am not the only one feeling this way. I feel like I am being pushed and pulled to my breaking point. Now, I know I should not let little things get to me but, it is those little things that tear a person down.

I worry so much about my grades, my extracurriculars, family and my future. Do I care too much? Yes, I do, because that is just who I am.

Everybody says you should not let it get to you or everyone makes mistakes, and every time I hear those generic phrases, I get stuck even



KATELYN EDDINGTON

more. I cannot even begin to describe how stuck I feel.

Anyone feeling the same way knows exactly what I mean. I have not felt like this in a while. I cannot even say I feel trapped because I do not. I am just stuck, stuck and confused on everything I do.

Oddly, I am content with feeling stuck because I know I am not the only person feeling this way. I also know that it is only a temporary feeling.

It is also okay to talk about it, which puts my mind at ease. Nothing personal has caused this feeling. It just happens.

I am not depressed or anything, not even trapped.

It is a somber feeling but there was a point where I just become done with most things and people. I do not even think being done is the right word to use.

It almost feels somber, a somber and content feeling. I still feel it but it feels like something is missing.

I do not know what is missing but I know something is. It does not even feel empty. It is just there.

I cannot describe what exactly what I am feeling. I know this will pass but it just feels like more and more things are happening.

Until then I am just going to keep on doing what I am doing and work through it, like most people who feel this way.

Katelyn Eddington is a senior journalism major. She can be reached at 581-2812 or at kdeddington@eiu.edu.

The Cardinals should not be ignored

Around this time of the year during the last four years, I have become a pure fan of baseball. The St. Louis Cardinals haven't been in the playoffs since 2015. Since then, I've been pulling for either an American League team or the Los Angeles Dodgers, because one of my closest friends back home is a fan of the Dodgers.

This year's playoffs are a lot different. The Cardinals will be in the playoffs, either as a Wild Card team or as the NL Central division winner.

The Cardinals have crushed their record in the month of September. If you had told me in late July when I was at a Cubs v. Cardinals game that the Cardinals would sweep the Cubs at Wrigley Field in order to make the playoffs, I would have said no chance.

The Cardinals were not making the routine plays that win baseball games at that point of the season. They lost the game I attended due to a routine catch that should've been made, and because Matt Wieters tried to throw someone out at second, but missed and resulted in a 2-0 lead.



BLAKE FAITH

That series at Wrigley Field was the most competitive, and the best baseball game I have seen the Cardinals play in a long time. They played with grit and determination every play.

The Cardinals were down in all four games of that series. In the first game, Matt Carpenter hit the winning home run off closer Craig Kimbrel in the 10th inning.

In the third game of the series, down again in the 9th inning, the Cardinals came back and won. Yadier Molina and Paul DeJong each homered off the first pitch from Kimbrel.

The Cardinals' magic number is three to win the division. They will play their last series against the Chicago Cubs at Busch Stadium.

Even though the Cardinals lost twice against the Arizona Diamondbacks this weekend, I believe they are still one of the best teams in the National League.

This 2019 Cardinals team reminds me of the past teams that have been able to compete in the NL Central. I get that the Dodgers are the favorites to win the World Series in the National League, but the Cardinals should not be ignored.

So with the last weekend of regular baseball season approaching, I will be eager to watch this weekend. I'm more eager though for October baseball this year, more than I have been in the last few years.

Blake Faith is a senior journalism major. He can be reached at 581-2812 or at bmfaith@eiu.edu.

Open Saturday at Tarble

Corryn Brock
News Editor | @corryn_brock

The Tarble Arts Center will be open Saturday during Family Weekend to give students and their families the opportunity to view art and artists while they create pieces.

Tim Abel, the Tarble museum education coordinator, said Open Studio Saturdays are "a way to open up the Tarble and create a big space for layered conversations."

Abel said the classroom will be open for people to make art related to the work on display.

The art will involve marbling, collaging and painting with spray bottles.

Anne Vieux, the Tarble's inaugural Gallery 1104 artist-in-residence, will open up a studio to show the art she has been working on during her residency.

"We will have a conversation start-

er program happening in the galleries too, having folks ready to discuss the artwork and be available for questions," Abel said. "All of our galleries will be full: works questioning notions of history by Nicolas Guagnini; video paintings and works that make us think about power throughout history through satire by Federico Solmi; the work of two of EIU's Art + Design faculty, Chris Kahler and Erin Rice, and their mentees, Anne Vieux and Morgan Calabrese; and our Permanent Collection Gallery."

Abel said it is hard to choose just one piece of work because he enjoys having conversations about all of them, but he is looking forward to sharing a piece called October 13th, 7:30 to 10:30pm, Riley Creek (1914) by Paul T. Sargent.

"What is so amazing about this small painting is that there is actually a handwritten note on the back that de-

tails of the event that he painted: who was there, what they ate, how long it lasted and that they had a good time," Abel said. "I like it because it gives us a chance to think about clear and deeper messages found in the artworks and continues the conversation to today in a way that is surprising."

Abel said he hopes families feel included at the Tarble.

"I want people to feel like folks can come to Tarble whenever they want, feel comfortable and feel like this is space is for them. My hope is that the Open Studio Saturdays events helps to build that sense of community," Abel said. "Saturday is a day where all of Tarble will be alive, in a sense too, so there will be a lot to be part of and to do! I also love seeing the galleries and studios full of ideas and people."

Corryn Brock can be reached at 581-2812 or at cebrock@eiu.edu.

» RACE CONTINUED FROM PAGE 1



MACKENZIE GRAHAM | THE DAILY EASTERN NEWS

Chris Mikkelsen, a junior majoring in psychology, rests in Stevenson Hall's boat after his team won ROCFest's boat race on Thursday afternoon. The Stevenson team raised their boat up and chanted "Stevy" over and over after they had won the race.

Kaitlyn Shelby, a freshman pre-veterinary medicine major, said she enjoyed competing in her first ROCFest Boat Race.

"It was fun, but I didn't realize how much physical shape you had to be in. I'm really out of breath right now," Shelby said. "I had a great time. Thomas Hall, best hall."

Shelby said going across the pond was difficult.

"(Going across the pond) I felt like I was dying. The boat is a lot heavier than you think it is," Shelby said.

Shelby said the worst part of the race for her was when she got to the middle of the pond.

"(The worst is when) you're right in the middle of the pond and you can't just stand up and start walking," Shelby said.

Shelby said the best part of the race was competing against other

halls on campus.

Shelby said she enjoyed helping create the boat she competed in.

Morgan Segó, pre-medicine and biology major, said she felt like her first ROCFest Boat Race went well.

"I think it was pretty good, I didn't fall into the water," Segó said.

Segó said she felt even better about the boat her hall, Lincoln Hall, made.

"I thought (our boat) did really good, it's still standing," Segó said.

Some of the competing boats didn't make it across the pond intact.

Segó said the best part of competing was making the boat, but it was also the hardest.

"It brought our whole hall together," Segó said. "There were a lot of late nights."

Corryn Brock can be reached at 581-2812 or at cebrock@eiu.edu.

» CAA CONTINUED FROM PAGE 1

A request was made from textbook rental to add a member of the council to the Textbook Rental Advisory Committee.

The committee is comprised of representatives from the CAA, the Council on Graduate Studies, the Graduate Student Advisory Council, the Faculty Senate, the Faculty-at-Large, and the student body in hopes of providing students with cost effective access to textbooks.

Rebecca Throneburg, council member and professor for communication disorders and sciences, will now be added to the committee.

Textbook Rental is currently requesting that a second member from the Council of Academic Affairs be added to the Textbook Rental Advisory Committee.

The council decided to refer textbook rental to the Faculty Senate for another member.

The council approved all three of the executive actions altering various courses in the music department.

Ensemble courses in MUS 0200 A-F, MUS 0201 A-F, MUS 0202 A & B, MUS 0203 A-F, MUS 0204 A-E, MUS 0205A, MUS 0207 A-F, MUS 0211 A-F, MUS 02015 A-E, MUS

0220 A-F, MUS 0221 A-F, MUS 0222 A&B, MUS 0230 A-F, MUS 0231 A-F, MUS 0233 A-F, MUS 0240 A-F, MUS 0242 A-E, MUS 3120 A-E will now have an "R" after them to indicate they are repeatable.

The current letters after the course number will be removed in the titles.

CAA's next meeting is scheduled for Oct. 3 in the 4440 room of Booth Library but may be cancelled because of a lack of agenda items.

Emilie Bowman can be reached at 581-2812 or at ejbowman@eiu.edu.

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Exercise team



MACKENZIE GRAHAM | THE DAILY EASTERN NEWS

Riley Baker, a sophomore majoring in physical education, exercises while Donovan Morris, a freshman majoring in sports marketing, holds his legs down on Thursday afternoon in the Student Recreation Center.

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Panthers to face Denver in conference opener

By Blake Faith
Men's Soccer Reporter | @BFAITH0024

The men's soccer team hopes to ride the momentum of its come-from-behind win against rival Belmont to its conference opener against conference rival Denver Saturday.

The Panthers clawed their way back from being down 2-1 early in the second half against Belmont Tuesday.

In the 64th minute, the Panther offense started the comeback when junior Shady Omar shot from the top of the goal box and the ball sailed into the net to tie the game at 2-2. That goal was Omar's second of the season, and he currently leads the team in goals scored.

The Panthers won in overtime when senior Cole Harkrader delivered the ball to redshirt senior Christian Sosnowski, and Sosnowski then delivered a cross to junior Davi Girardi for a one-touch goal to give the Panthers the win.

Including Tuesday, the Panthers have eight players who scored a goal this season: Girardi, Omar, Sosnowski, senior Alex Castaneda, redshirt freshman Munir Sherali, senior Edgar Mesa, redshirt sophomore Cameron Behm and sophomore Nate Francke.

"It speaks to the culture of the team," head coach Kiki Lara said on the different player contributions. "Guys being ready and prepared to play in the

game whether it's 90 minutes, 20 minutes, or zero. For a guy like Munir who wasn't traveling and playing a big role in a game like today. These guys know that they mean a lot to the program and are ready to step in."

In 2018, the Panthers tied Denver 0-0 in a double overtime match in conference play and lost in the Summit League tournament to Denver 1-0.

In 2018, Denver's offense ran through Andre Shinyashiki, who led the NCAA in scoring with 28 goals but since graduated and plays for the Colorado Rapids in the MLS.

Denver went on to win the 2018 Summit League championship. Before the season, Lara said that he thought the Summit League has become more up-for-grabs every year, because other programs have evened the playing field.

So far in 2019, Denver's record is 1-5-1. In those games, the Pioneers have only scored four goals, and their leading scorer, Josh Drack, has two of those goals.

The Panthers are 3-4 on the season with a team combination of nine goals so far.

Eastern will play on the road against Denver at 2 p.m. Saturday.

Blake Faith can be reached at 581-2812 or bmfaithe@eiu.edu.



DILLAN SCHORFHEIDE | THE DAILY EASTERN NEWS

Cameron Behm kicks his leg out to block the opponent's pass attempt near the sideline. Eastern defeated Belmont 3-2 in overtime Tuesday at Lakeside Field.

VOLLEYBALL | NOTEBOOK

Conference season underway for OVC volleyball

By Adam Tumino
Volleyball Reporter | @adam_tumino

It is officially conference season for the volleyball teams of the OVC.

Two conference matches are already in the books as Southeast Missouri beat Tennessee-Martin Sept. 24 and Jacksonville State defeated Tennessee Tech Sept. 25.

Eastern opens its conference schedule at home against Murray State Friday at 6 p.m. and Austin Peay Saturday at noon.

Austin Peay struggled in non-confer-

ence play, going 2-12 after going a combined 57-11 in the previous two seasons. The Governors had the best record in the conference last season before falling to none other than the Murray State Racers in the OVC Championship.

The Racers enter conference play with their record at .500 after being picked to win the OVC in a preseason coaches poll.

Sure to challenge Eastern's defense Friday evening is Murray State's, and perhaps the entire conference's, most dynamic player, Rachel Giustino.

The senior leads the OVC in both

kills and points, averaging .44 kills and .46 points more than the respective second-place finisher, Morehead State's Olivia Lohmeier.

Giustino has been named OVC Offensive Player of the Week twice already in just the first month of the season. She recorded the first 30-20 game in school history against Bradley on Sept. 14, recording 31 kills and 22 digs.

Giustino was also named to the All-OVC First Team each of the last two seasons. Her teammate, libero Becca Fernandez, joined her on the first team last season and was the 2018 OVC Co-

Defensive Player of the Year.

Fernandez led the conference in total digs a season ago and ranks second so far this season in digs per set. The Racers' setter, Ashley McBee, is one of just three players in the OVC averaging more than 10 assists per set.

Austin Peay, despite its sluggish start, will likely be a difficult opponent when it comes to Charleston Saturday. Outside hitter Brooke Moore and libero Ginny Gerig were named to the Pre-season All-OVC team this year.

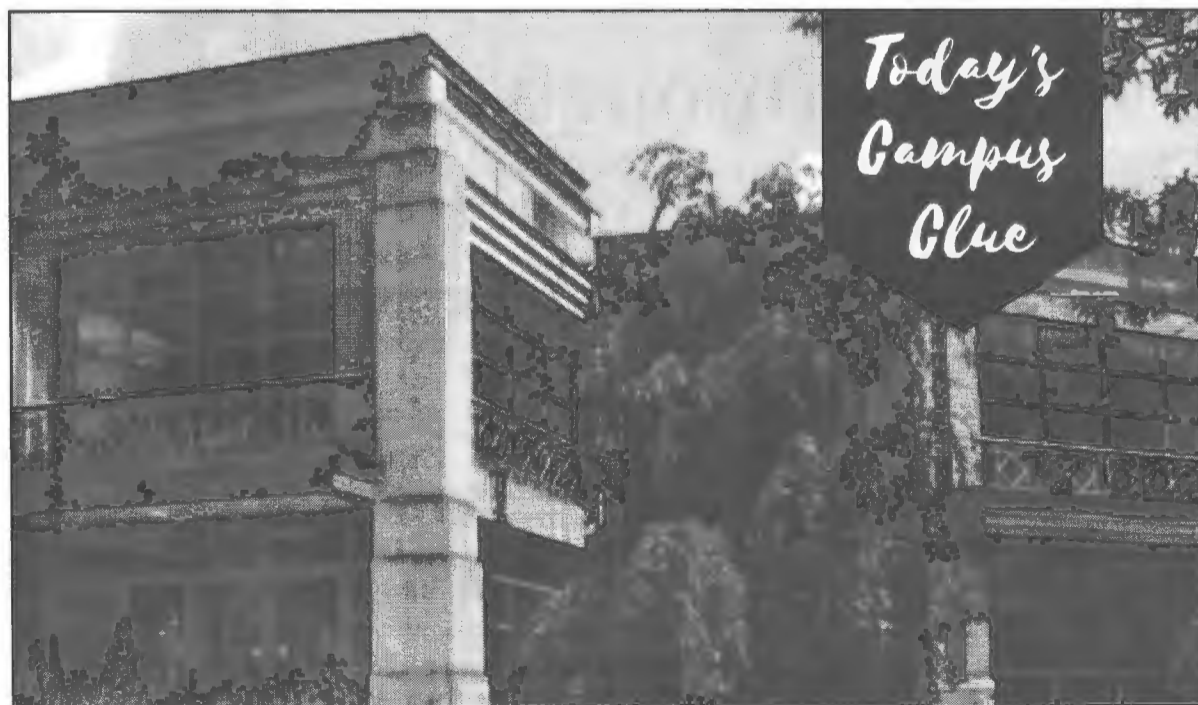
Moore is sixth in the conference in both kills and points this season and

Gerig ranks sixth in digs per set.

Eastern's highest-ranking player this year is libero Madison Cunningham, who currently is third in the OVC averaging 4.49 digs per set. She was named the OVC Defensive Player of the Week for the last week of non-conference play.

Maggie Runge's .303 hitting percentage is the fourth-best in the conference, and Bailey Chandler's 8.33 assists per set ranks sixth.

Adam Tumino can be reached at 581-2812 or ajtumino@eiu.edu.



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Eastern vs Tennessee Tech: 3 things to watch for

By JJ Bullock
Editor-in-Chief | @DEN_Sports

It has been a rough first four games for the Eastern football team to start the season, specifically on offense. Eastern has scored just 19 points in four games this season, leading it to an 0-4 start to the season.

Eastern began its season with four incredibly tough opponents (Eastern's schedule is the sixth hardest in FCS football), with losses to Chattanooga, Indiana, Illinois State and Indiana State.

But Eastern heads into Saturday seeking to pick up its first win of the season against the weakest team on its schedule, Tennessee Tech.

Here are three things to watch for in that game:

Tennessee Tech's offense vs Eastern's defense

This matchup is going to be an interesting one to keep an eye on; Tennessee Tech's offense has been really good this season, as has Eastern's defense. On Saturday, one of these units will have to bend to the other.

Tennessee Tech's offense is led by dynamic sophomore quarterback Bailey Fisher. Fisher is a loose cannon on the field, the young quarterback, can kill you with his arm and his feet, but he is also prone to mistakes, as his five interceptions can attest to.

But Fisher is still dangerous, and Eastern knows it. He has 979 yards passing and four touchdowns this season. Fisher has added 189 yards rushing and an eye-popping seven touchdowns on the ground.

It has largely been the contributions of Fisher that have led to Tennessee Tech scoring an OVC high 36.2 points per game, so Eastern knows slowing him down will be key, but stopping him completely is something Eastern head coach Adam Cushing said is something that just does not happen with players as good as Fisher.

"We just have to do a good job of taking away his ability to make the huge play. He is going to keep the sticks moving some, we just have to keep him penned up. Not allow him to get on the

perimeter, not allow him to take that broken play where it's hard to cover for eight seconds and make something big out of it. We have to get to him and we have to keep him penned up."

To make Fisher uncomfortable Eastern will rely on its pass rush to keep him on his toes all game. Defensive ends Austin Johnson and Dytarious Johnson, along with lineman Terrell Greer will be key in containing Fisher.

"We have got to be in the backfield," Cushing said. "Because there is no quarterback in history that likes people in his face. We talked about keys to victory during the preseason camp and No. 2 was getting to the quarterback, affecting the quarterback. It is amazing how hurries and hits and they may not be the flashy sack statistic, but if you have people in the backfield it affects their decision making."

Is Eastern's offense fixed?

As mentioned above, Eastern's offense has been the Achilles' heel of the team this season. But the team is confident it turned a corner in the second half against Indiana State and that a better product will be on the field Saturday against the Golden Eagles.

"I think that the confidence is at a different level with a lot of the offense right now," Cushing said. "Just seeing us move the football, feeling that we were doing whatever we wanted to do, just by doing our job and being consistent."

Eastern may find relief in Tennessee Tech's defense, which ranked last in the OVC in 2018 and again is near the bottom of the pack this season allowing 36 points per game.

But opponent may not matter as much to Eastern's offense as its own personnel will. Eastern has shuffled guys around on the offensive line this season and is still doing a balancing act with a two-quarterback system featuring Johnathan Brantley and Harry Woodbery.

Brantley played almost all of the loss against Illinois State and Indiana, but Woodbery played the entire second half of the team's most recent loss to Indiana State, so watch for which quarterback sees more of the field come Saturday.



ADAM TUMINO | THE DAILY EASTERN NEWS

Antonio Crosby gets ready to tackle the ball carrier, as the ball carrier starts to make a move. Eastern lost 16-6 to Indiana State Sept. 21 at Memorial Stadium.

OVC implications

Tennessee Tech was selected to finish last in the OVC preseason poll, Eastern was selected to finish right above them.

The Golden Eagles had a 3-1 record in non-conference play to start the season, Eastern was 0-4, but the rest of the OVC

will surely be watching this game to decipher if Tennessee Tech is better than expected and if Eastern may be worse.

It is not a battle of heavyweights, but both teams will be trying to make a statement.

Tennessee Tech will want to show the conference it is not the bottom dwellers

they have been pegged as, and Eastern's new coaching staff will be introducing itself to the OVC.

Kickoff is at 4 p.m. at O'Brien Field on Saturday.

JJ Bullock can be reached at 581-2812 or jjbullock@eiu.edu.

Women's soccer looks to fight through OVC season

By Tom O'Connor
Women's Soccer Reporter | @DEN_Sports

Eastern head coach Jake Plant knew both the Panthers and Skyhawks would have their moments, but he also felt assured that whoever made the most of these triumphs would ultimately win the match.

He can get a hunch early on as to whether his team will be able to put the ball in the other team's net or, conversely, sit back as it lands into their own.

A good sequence followed by a bad one is just inevitable. Those are simply the dynamics of the game of soccer: The good stretches of the match must dampen the unavoidable bad ones.

In the end, though, it swung pretty evenly between the two teams.

"We could be having our worst day ever, and we'll have our 10-or-15-minute phase where we look good," Plant said. "We could be having our best day ever, and the opponent will get their 15 minutes. It's really about what you do as a team in those moments that you have."

When the Panthers continue conference play at home this weekend, and they challenge two surefire playoff teams, the burden will be on the Panthers to arrest the momentum and carry it off to victory.



KARINA DELGADO | THE DAILY EASTERN NEWS

Haylee Renick looks back as an opposing player gets around her with the ball. Eastern defeated Chicago State 3-1 Sept. 15 at Lakeside Field.

The Panthers will split a pair of conference matches between Lakeside Field, the sight of Friday's match against Eastern Kentucky, and then Nashville to play Belmont Sunday.

In the field of pretenders and contenders in the Ohio Valley Conference, there can be no denying that some teams, the likes of which are few and far between, cope with the realities of an incoming freshman class and an outgoing

senior class with relative ease.

Recruitment may very well be one of the more arcane processes in college athletics, and only a select few manage to be relevant game to game, season to season.

Eastern Kentucky and Belmont have been, as of late, two such teams.

Although there may not be an easy opponent in the Ohio Valley Conference, according to Plant, Eastern Kentucky and Belmont own a cache of phys-

ically gifted soccer players.

The strengths and weaknesses of the Colonels are antithetical to those that have constricted the Panthers.

Despite their relatively average points per game rate, Eastern Kentucky has created more shots per match than just about every other OVC team, a testament to the offensive firepower that ushered in a victory in its first conference match of the season.

Compared to other conference teams, Eastern is below average in both shots and points per match.

"We just need to be more clinical in front of the goal," Plant said. "We need to make sure that we defend well for 90 minutes because if you don't in Division I you will concede goals, no matter how good you are."

For Eastern Kentucky, senior Mari-an Wolski and sophomore Baylee Lanter stand out as offensive tacticians for the Colonels this season, positioning themselves as top 10 players in terms of shot production.

Yet, the Panthers have been a shrewd team defensively, unlike the Colonels who rank next-to-last in saves and goals allowed.

Senior goalkeeper Sara Teteak has been sentient of the threats posed by opposing offenses, with an understanding

of the mechanics behind how they will attack on drives to the net.

"She has always had the ability to make saves, but going from sort of a young freshman coming in to a really grown up woman with a massive amount of confidence in herself, I think that's the most impressive thing that I have seen in her," Plant said. "She has grown in confidence. I think her confidence comes from her preparation, her confidence comes from her believing in herself and I think that's her best weapon."

Belmont, meanwhile, will be hunting for its first conference win.

The Bruins, already with two conference losses through just as many games, aggregated a total of six losses in the first few months of the season. The Panthers are looking for a similar breakthrough in their own season.

"We always make sure these girls are ready for conference," Plant said. "It's what we take pride in. We know we want to go to the conference tournament and that's how, if we are going to the national tournament, it's going to be through the OVC tournament and that large bid."

Tom O'Connor can be reached at 581-2812 or troconnor@eiu.edu.

ON THE VERGE

Family Weekend

Friday, September 27, 2019



Prowl through the pages



Murder Mystery Dinner
(Superhero Theme)

PAGE 3



Zuzu African Acrobats

PAGE 4



Arts in the Cemetery

PAGE 3



Campus Map

PAGE 5

Family Weekend returns to Eastern

Over 20 events for students, families to take place over weekend

By Corryn Brock
News Editor | @corryn_brock

Students and their families can kick off Family Weekend by stopping by the Check-in and Information Booth between 4 p.m. and 7 p.m. Friday to learn about events being offered Saturday and Sunday.

The booth will also be set up from 8:30 a.m. to 3 p.m. Saturday. It will be in the Martin Luther King Jr. University Union near Java B&B and the bookstore on both days.

A free RHA Carnival will be set up in the Library Quad Friday evening from 4 p.m. to 7 p.m. and is organized by the Residence Hall Association.

The Center for Gender and Sexual Diversity will be sponsoring a meet and greet for the parents and friends of LGBTQA+ students from 5 p.m. to 8 p.m. in the basement of Stevenson Hall.

A Murder Mystery Dinner will be presented by the Central Illinois Stage company in the University Ballroom in the Union. Tickets are \$20 for adults, \$10 for ages 4 to 12 and the event is free for attendees age 3 or under.

ThinkFast Game Show will be a free event in the Grand Ballroom in the Union from 7 p.m. to 8:15 p.m.

Another free event is the fami-

ly-friendly movie "The Secret Life of Pets 2" in the South Quad from 7 p.m. to 9 p.m.

Starting at 7:30 p.m. there will be a concert featuring the Wind Symphony and Concert Band Concert in the Dvorak Concert Hall of the Doudna Fine Arts Center.

Adult tickets for the concert are \$6 and student tickets are \$5.

For \$2 game and free shoe rentals, students and their families can attend "Rock 'n' Bowl" in the bowling alley in the Union from 8 p.m. to 10 p.m.

Family Bingo! is a free event that will be held in McAfee Gym from 8:30 p.m. to 11:30 p.m.

On Saturday, a free family breakfast with University President David Glassman will begin at 9 a.m. and end at 11 a.m. in the Grand Ballroom in the Union.

Families who want to volunteer during Family Weekend can help with a cash wash at Family Video from 10 a.m. to 12 p.m.

Another volunteering opportunity for families will be a fleece blanket making service project at the back gates near Old Main from 10:30 a.m. to 12:30 p.m.

Registration for Arts in the Cemetery has closed but the event will begin at the Charleston Public Library at 10:30 a.m.

From 11 a.m. to 3 p.m. a rush

hour event will be held in the Library Quad.

Rush Hour will include free Kona Ice, creation stations, character photos and trackless train rides around campus.

At the Table Arts Center students and their families can attend Open Studio Saturday from 1 p.m. to 4 p.m. for free.

Billy's Backyard Kid's Zone will begin at 2:30 p.m. outside of O'Brien Stadium.

Kickoff for the Eastern football team vs. Tennessee Tech game is 4 p.m.

Adult tickets will be \$20, faculty/staff tickets will be \$18, high school student tickets can be purchased for \$7 and tickets for ages 4 to 14 are \$5. Eastern students attend free with their Panthercard.

The Zuzu African Acrobats will be giving a free performance from 8 p.m. to 9 p.m. in the Grand Ballroom in the Union.

Students and their families can make their own sundaes for free in the Bridge Lounge in the Union afterward.

"Rock 'n' Bowl" will continue Saturday in the bowling alley in the Union from 8 p.m. to 10 p.m.

Corryn Brock can be reached at 581-2812 or at cebrock@eku.edu.



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Murder mystery slated for Friday

By Zoë Donovan
Staff Reporter | @zedonovan

Students and their families can participate in a night of suspense and intrigue at the Murder Mystery Dinner on Friday.

"Murder at the Comic-Con" will be Friday night in the University Ballroom at the Martin Luther King Jr. University Union.

Doors open at 5 p.m. and the show starts at 5:30 p.m.

The event was coordinated by New Student and Family Programs, and the show features cast members from the Central Illinois Stage Company, said Tanya Willard, director of new student and family programs.

The event is themed around super-heroes, and tickets are \$20 for adults, \$10 for children age 4 to 12 and children 3 and under can attend

for free.

The ticket price will cover both the event and the dinner.

Willard suggests students and their families who are interested in attending the murder mystery dinner purchase the tickets online ahead of time.

Willard also said the event is expected to sell out.

Tickets can be purchased at the door if the event is not sold out.

To register ahead of time and purchase tickets online visit eiu.edu/famweekend.

"We've hosted a murder mystery dinner for the past several years during Family Weekend. The theme and the actors change each year, which keeps things fresh and fun," Willard said.

Zoë Donovan can be reached at 581-2812 or zedonovan@eiu.edu.



PHOTO ILLUSTRATION BY ANALICIA HAYNES

People to learn about art in cemeteries

By Corryn Brock and Hannah Shillo
News Editor and Associate News Editor | @DEN_news

Some people will spend most of their Saturday learning about local cemeteries at the Charleston Carnegie Public Library.

Kevin and Paul Baumann are brothers and cemetery historians who will share their knowledge at "Arts in the Cemetery" hosted by Coles County Arts Council, Academy of Lifelong Learning, Coles County Historical Society and Coles County Genealogical Society.

The proceeds from the event will go toward supporting the work of the Coles County Arts Council, which according to the flyer on the event, "promotes, enhances and develops the arts for the people of Coles County."

The Baumann brothers will begin the day with a PowerPoint presentation on tombstone art at 10:30 a.m. before taking participants on tours of the Roselawn-Mound Cemetery and the Old City Cemetery.

The flyer said Paul Hinson will provide bagpipes and the Veterans of Foreign Wars of the US Honor Guard will perform a three-volley rifle salute.

After the cemetery tours, there will be individual lunch breaks before regrouping at the library for afternoon stories about art history in Coles County until about 5 p.m.

Marita Metzke, director of the Academy of Lifelong Learning, credited the workings of the event to the project manager Carolyn Stephens, member of the advisory council for the Academy of Lifelong Learning.

"This was (Stephens') brainstorm, which is a result of her love of art and history and cemeteries," Metzke said.

Metzke said she thinks the event appeals to a variety of people because of the different learning opportunities throughout the day-long event.

"There's history and there's music and there are stories and re-enactments and multi-learning opportunities in the entire day," Metzke said. "I think one of the most important things they'll learn about is history in the stories that are prefaced in the art that we find in cemeteries."

Corryn Brock and Hannah Shillo can be reached at 581-2812 or dennewsdesk@gmail.com



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Annual RHA Carnival returns for family fun

By Austen Brown
Staff Reporter | @DEN_news

The Residence Hall Association Carnival returns Friday in the Library Quad.

The carnival will be from 4 p.m. to 7 p.m. and is open to all students and their families.

Greta Dieter, the complex director for University Court and Greek Court, said the carnival will feature typical carnival-style activities.

"There will be a giant inflatable obstacle course for students to run through, as well as a dunk tank for students to dunk our executive board into very cold water," Dieter said.

Dieter also said students will have the opportunity to participate in carnival games and activities.

ities.

She said the carnival is a part of the Residents on Campus Festival, or ROCFest, in addition to Family Weekend.

ROCFest started Monday and will continue until the end of the week, according to the Residence Hall Association Meeting and Special Events Schedule on Eastern's website.

Dieter said ROCFest and Family Weekend coincided by chance.

Dieter said students attending the carnival will have the opportunity to get "passports" as a part of the carnival's theme, "around the world."

Jody Stone, the senior associate director of Housing and Dining, said each residence hall in attendance is representing a different

country or travel location.

Stone said these "passports" will allow students to visit other residence halls and take part in their games.

Dieter said some residence halls plan to have a bean bag toss and other little games like that as well.

Stone said almost all residence halls will be represented at the event, and said most of the games and activities will be catered more toward younger people.

He said Eastern students are still welcome to attend and participate.

The RHA Carnival is set to be the last event of ROCFest.



FILE PHOTO | THE DAILY EASTERN NEWS

Austen Brown can be reached at 581-2812 or albrown6@eiu.edu. Jeremy Billy holds younger brother, Connor Billy, and shows off his recently "pied" face from one of the booths at the RHA Family Carnival Sept. 21, 2018.

Zuzu African Acrobats to bring high energy to Union

By Allison Little
Staff Reporter | @DEN_news

The Zuzu African Acrobats, a famous acrobatic performance group, is headed to Eastern on Saturday for a Family Weekend show.

The performance will be from 8 p.m. to 9 p.m. Saturday in the Grand Ballroom of the Martin Luther King Jr. University Union.

The University Board is hosting the event.

Louis Soltysiak, a graduate assistant in the Student Life Office, said he is helping coordinate activities with the

UB.

"The Zuzu African Acrobats are from Kenya originally, but they travel everywhere and so they do shows all over the world (like) Africa, Asia, Europe and even Charleston," Soltysiak said.

Soltysiak said the UB asked the group to perform at the university because their performances are so high-energy and fun for all ages.

"(The UB) is running family weekend so we brought them in because we thought they would be a great family-fun activity," Soltysiak said.

Soltysiak said the acrobats do a lot of shows for different universities and they come highly recommended.

The Zuzu African Acrobats are well known from their time on the show "America's Got Talent" in 2012. The group finished as finalists.

The show is free to attend and Soltysiak said it will be fun to watch.

"They perform sort of traditional Kenyan acrobatics and (they perform to) really high energy music and beats so it should be a high energy show and just a lot of fun," Soltysiak said.

A free ice cream bar will also be available after the show.

Allison Little can be reached at 581-2812 or at aclittle2@eiu.edu.

EVENTS CALENDAR

*For a full schedule of events, check story on Page 2 or visit dailyeasternnews.com.

FRIDAY

Check-in/ Information Station Where: Java B&B and Bookstore When: 4-7 p.m.	FREE RHA Carnival Where: Library Quad When: 4-7 p.m.	FREE Parents & Friends of LGBTQ+ Meet & Greet Where: Stevenson Hall Basement When: 7-9 p.m.	FREE Dinner & Murder Mystery Where: University Ballroom, MLK Jr. Union When: 5:30-8 p.m. *Check out the story on page 3 for more information
ThinkFast Game Show Where: Grand Ballroom, MLK Jr. Union When: 7-8:15 p.m.	FREE Wind Symphony & Concert Band Concert Where: Dvorak Concert Hall, Doudna Fine Arts Center When: 7:30 p.m. *Adults \$6, Students \$5	FREE Family Bingo Where: McAfee South Gym When: 8:30-11:30 p.m.	FREE Rock 'n' Bowl Where: EIU Lanes When: 8-10 p.m. *\$2 per game, free shoe rental

SATURDAY

Family Breakfast with President Glassman Where: Grand Ballroom When: 9-11 a.m.	FREE Car Wash at Family Video Service project When: 10 a.m.-noon *Register online	FREE Family/Friends Photoshoot at The Castle Where: Old Main When: 10:30 a.m.- 12:30 p.m.	FREE Arts in the Cemetery Where: Charleston Public Library (712 6th St.) When: 10:30 a.m.-5 p.m. *Check out the story on page 3 for more information
EIU Panther Football vs. Tennessee Tech Where: O'Brien Field When: 4 p.m. kickoff *Adults: \$20; Faculty/Staff: \$18; High School: \$7; Ages 4-14: \$5 Students attend free with their Panthercard	FREE Family Fun Night: Zuzu African Acrobats Where: Grand Ballroom When: 8-9 p.m.	FREE Family Ice Cream Social Where: Bridge Lounge, MLK Jr. Union When: 9-10 p.m.	FREE Rock 'n' Bowl Where: EIU Lanes When: 8-10 p.m. *\$2 per game, free shoe rental



CAMPUS MAP



LEGEND

- 1. OLD MAIN
- 2. MCAFFEE GYM
- 3. EIU LANES
- 4. MARTIN LUTHER KING JR. UNIVERSITY UNION (JAVA/BOOKSTORE/BALLROOMS/EIU LANES)
- 5. LIBRARY QUAD
- 6. THE DOUDNA FINE ARTS CENTER
- 7. THE TARBLE ARTS CENTER
- 8. THE STUDENT RECREATION CENTER
- 9. O'BRIEN FIELD

MAP CREATED BY ANALICIA HAYNES USING MAPLINE

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COCKTAIL HOUR: THE SHOW
BY BALLETS WITH A TWIST
SEPTEMBER 19 - 20, 2019



IRIS DEMENT
OCTOBER 18, 2019



I'VE GOT A LITTLE THRUST
NOVEMBER 14, 2019



THE VIENNA BOYS CHOIR
NOVEMBER 14, 2019



THE SECRET GARDEN

DIRECTED BY LARRY COX, JR.
NOVEMBER 14-17, 2019



I'VE GOT A LITTLE THRUST
NOVEMBER 14, 2019



MARQUIS HILL
61ST ANNUAL EIU JAZZ FESTIVAL
FEBRUARY 7, 2020



KRISTINA REKO COOPER TRIO
AROUND THE WORLD WITH LOVE
FEBRUARY 19, 2020



HEDY!
THE LIFE & INVENTIONS OF HEDY LAMARR
MARCH 11-12, 2020



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Sosnowski looks to be lasting part of soccer program

By Blake Faith
Men's Soccer Reporter | @BFAITH0024

Redshirt senior Christian Sosnowski is an integral part of the culture of Eastern Illinois soccer for the last five years.

In his five years Sosnowski has led the team in scoring, has been a leader for this team and was able to come up big in huge moments for the Panthers.

In terms of family, Sosnowski's grandfather played soccer professionally in Poland's 2nd league for Lechia Gdansk and Ogniw Sopot in the 1960s.

Though his grandfather played professionally, it was Sosnowski's father, who also played soccer, that provided the most influence on his game.

"He sacrificed so much for me driving me to practice all the time and always being honest with me on what I should improve on the field," Sosnowski said.

In his senior year of high school, Sosnowski was a team captain, named All-Area by the Daily Herald, and earned All-Conference and All-Sectional honors with 9 goals and 14 assists that season.

Sosnowski chose to come to Eastern because his high school varsity coach and counselor played for Eastern and told him a lot of great things about the campus and people.

Since coming to Eastern Sosnowski chose to be a finance major. In 2017, Sosnowski was named to the All-Academic Summit League Team.

Sosnowski did not play a game his freshman year at Eastern. In his first playing year in 2016, Sosnowski started 17 games and played 1,401 minutes.

In 2017, Sosnowski played in all 19 matches and started in 18 of them. He scored his first goal of his career against Valparaiso and tallied an assist on the season.



DILLAN SCHORFHEIDE | THE DAILY EASTERN NEWS

Christian Sosnowski tries to dribble past an opposing player as the defender tries to grab his jersey from behind during Eastern's 3-2 win over Belmont at Lakeside Field Tuesday. Sosnowski is one of the leaders on the men's soccer team and wants to leave his mark on the program.

Sosnowski led the team in scoring in 2018 with three goals including the game-winner against Western Illinois. In the 2019 offseason Sosnowski

played for the USL Division II Mississippi Brilla FC. He played in nine games, logged 567 minutes, and recorded an assist.

This season Sosnowski scored one goal and recorded two assists, including the assist for the game-winning goal against rival Belmont Tuesday.

His ultimate goal for 2019 is to record five goals and five assists for the season. The team goal is to win the Summit League tournament and make it to the national tournament.

Sosnowski's favorite memory so far in his playing career is the game-winning goal against in-state conference rival Western Illinois last season.

Though that is his favorite memory Sosnowski has a focus on his legacy and imprint he wants to place on Eastern's soccer culture.

"I want to be remembered as the guy that didn't take days off," Sosnowski said. "I feel like every time I stepped onto the field at EIU I have given my all and I've been working on setting the standard to stay consistent everyday and take no days off to get better."

Sosnowski still has his senior season to finish, but throughout an athlete's career there are times where they can think about some things they could have learned when they were younger.

Sosnowski certainly had thoughts on those times.

"I would tell my younger self that if you come to EIU you have to earn everything here on the field," Sosnowski said. "You have to love the game and want to improve your game every single day."

Just like Sosnowski's high school coach and counselor once advised him Sosnowski offered advice to players who look up to him, are playing the game or are waiting to come to Eastern.

"Everything is earned and we are all about development here," Sosnowski said. "I have seen so many guys change and improve their game since freshman year. If you want to compete every day and be around guys that want to get better, come to Eastern."

Blake Faith can be reached at 581-2812 or bmfaith@eiu.edu.

Eastern vs. Tennessee Tech: What to look for Saturday

Tennessee Tech vs. Eastern - Saturday, 4 p.m. at O'Brien Field



Keys to the game

-Tennessee Tech comes into the game sporting a 3-1 record and one of the most dangerous offensive attacks in the Ohio Valley Conference. Led by quarterback Bailey Fisher, the Golden Eagles are prone to mistakes, but also big plays.

- Eastern's defense has been brutal on its opponents this season, particularly up front. Pass rushers Dytarius Johnson and Austin Johnson have been a nightmare for opponents this season.

-Eastern, 0-4, will be looking to pick up its first win against what many consider to be its weakest opponent.



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What is Vocal Cord Dysfunction?

For Rachel Pappas, it is a long, uphill climb

By **Dillan Schorfheide**
Sports Editor | @Dill_DENSports

Just breathe.
Go ahead, try it.
Easy, right?
Breathing is an involuntary action that we do not directly, consciously control; it happens naturally.

But when athletes are told to breathe, it usually is because they are running a lot and coaches tell them to breathe to help them recover from the exertion of so much energy.

For Rachel Pappas, "just breathe" does not apply to her when she runs on the soccer field.

Pappas, a women's soccer player at Eastern, cannot simply come off the field and take some deep breaths and be ready to go again right away.

When she runs on the field, she suddenly cannot breathe.

In fact, breathing has nothing to do with how she recovers from getting winded, rather a Botox shot in to her vocal cords is the only solution she knows of that helps her be able to play more.

Pappas played soccer all her life and continued that passion at Eastern.

Now a senior, in every season, she had to come out of the matches sometimes after just a couple minutes because she literally cannot breathe, something that frustrates her a lot.

Pappas would have to sub out of the match and take a couple minutes to catch her breath on the sideline because "waiting it out" is all she can do.

The most obvious causation for her symptoms would be asthma.

"I don't actually have asthma, and I thought I did up until a couple years ago," she said. "So I've been taking inhalers my entire life, pretty much, since I think like middle school. And nothing worked, so it was frustrating and then I got to college, and I was still trying, like, multiple breathing treatments."

At that point, a couple sources told her what may actually be causing her trouble: Vocal Cord Dysfunction (VCD).

You probably have never heard of it because, according to the American Academy of Allergy Asthma and Immunology, asthma and VCD have very similar symptoms, like difficulty breathing and coughing.

The difference, though, is that a person who has asthma experiences their airways tighten; someone who has VCD experiences their vocal cord muscles tighten.

"It's kind of a really rare, random thing," she said with a laugh.

One of the sources who tipped Pappas off that she may have VCD was a doctor she visited once she was at Eastern, whom Pappas added was one of many doctors she visited.

The other source was a complete stranger.

"My mom actually found this girl on Facebook that had (VCD) and she got Botox," Pappas said. "My mom messaged this girl and that was how we figured it out."

The girl told Pappas how the Botox treatment worked, which is how Pappas started thinking about getting the treatment herself.

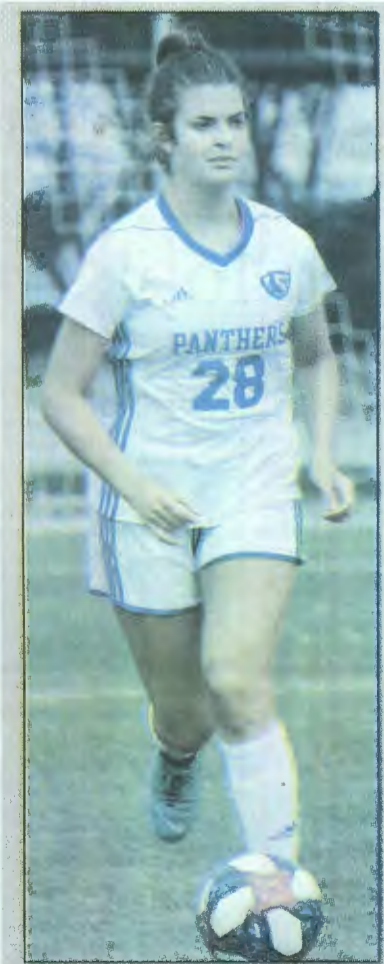
The girl herself thought she had asthma before being diagnosed with VCD, and she wrote about it on Facebook, which is how Pappas' mom found the girl: The perfect person for Pappas to talk to.

In her freshman year at Eastern, Pappas said she still used inhalers and the



KARINA DELGADO | THE DAILY EASTERN NEWS

Rachel Pappas boots the ball up the field as a defender runs up on her during Eastern's 3-1 victory over Chicago State Sept. 15 at Lakeside Field. That match was the first time this season Pappas was able to play a whole 90 minutes.



KARINA DELGADO | THE DAILY EASTERN NEWS

Rachel Pappas has a rare disorder called Vocal Cord Dysfunction, which means that her vocal cord muscles tighten up when she runs, making it hard to breathe.

breathing treatments she was instructed to do: Neither helped.

Then, in her sophomore year, the Botox started.

"The first time I got it, it was really bad I was freaking out," she said. "I'm not good with needles, it was terrible, but now every time I get it it's gotten easier. It's not fun, but I can do it."

Getting the Botox treatment is somewhat a bother in itself: Pappas said the person applying the Botox numbs her

throat and has to find her vocal cords, which requires Pappas to say "ahhh" and the person applying it to find the cords based off the sound waves.

On top of that, she goes to Rush University in Chicago to get the treatments, so she has to travel approximately six hours round-trip for it.

Pappas said the treatment usually works, though sometimes, it leaves her voice raspy for awhile.

Despite this, the treatment works... most times.

Before each soccer season the last few years, Pappas got the Botox treatment, but before this season, it did not work.

During the preseason, she was upset it did not work, and in the first couple matches, she could not play that many minutes.

Around three weeks ago, she had to go back for a second treatment, which ended up working.

"It's been hard because, ever since last year maybe sophomore year, I've had a starting spot that I haven't been able to really fill, which sucks," Pappas said. "Then the only way I can get that is if the Botox works, so it is frustrating because I have all these high hopes, then I get (the Botox) then it doesn't work and I have to play a different role on the team."

She continued: "At first it was really hard because it's like a big mental challenge, I'm frustrated so frustrated that I can't play but I know I have to just overcome it and do what I can for the team because I don't want to be selfish."

Although the Botox worked, Pappas said she is not sure how long it will last because it is different every time.

"I'm enjoying it while it lasts, but I have really no expectations of when it's going to stop (working)," she said.

The Botox treatment paralyzes her vocal cords to stay relaxed so they do not tighten and cause the lack of air.

But when the VCD does kick in, the only way to stop it is to stop running and take a short rest.

This creates a dilemma for Pappas be-

cause, as athletes know, there are certain ways to breath when exercising.

Balancing the normal breathing that comes with exercising with the treatment Pappas received is something she herself has not figured out.

"Yeah, see, I couldn't do that," she said. "When they first diagnosed me with VCD, they were giving me speech therapy and they would teach me how to breathe again, even just sitting here, which is fine. But then I'm like, 'How am I supposed to do that when I'm running and trying to pass a ball?' For me, it was impossible to try and do that."

Since the Botox takes care of the breathing aspect, Pappas said she can then completely focus on playing.

The interesting part is that the VCD only kicks in when she is running; more specifically, when she makes a change in pace or when she runs up-and-down bleachers or stairs.

"So, basically the rest of my life I'll just have to monitor it and I can't really do sprints," she said.

Otherwise, in her average day when she is not running, everything is fine.

When the VCD does kick in, though, she compared that feeling to crying.

"When you're about to cry, it always happens to me, my throat closes, and that's kind of what happens to me when I can't breathe," Pappas said. "I just feel like there's nothing coming in."

Without the Botox, Pappas said she can only play 5-to-10 minutes at a time due to the running.

The big struggle with VCD never made her think about quitting, but at the beginning of this season, when the Botox did not work, Pappas said her mom asked her why she would stay on the team if it was not working because she knows her daughter gets frustrated with the VCD.

"I told her, 'I know you probably won't understand this, it is extremely frustrating, but to me the team means a lot and I know when I go to practices I still contribute,' and mentally I know, what I'm doing, I can help the other

players get to where they need to be," she said. "So I would never quit, it's definitely at times very frustrating and I have to take a second and calm down, but no I would never quit because I do love soccer and the few minutes that I do play for me are worth it."

Pappas' teammates support her, and the women's soccer team's head coach, Jake Plant, told her he will play her as long as she wants to play.

As for Pappas' future with VCD, she is not completely sure what will happen. She knows for sure, though, that she will not be able to run or sprint without feeling the effects of it.

"Usually people grow out of this rather than grow in to it, and I'm growing in to it so my doctor's kind of confused," she said. "For me, I'm growing in to it and it's getting worse so I don't know, I hope it's not going to get worse."

Pappas said the first time she encountered breathing difficulties was seventh or eighth grade, and the problem will seemingly persist throughout her life, when she sprints at least.

In middle school, she said she could play a whole half with no problems, but the VCD got worse to the point where she can only play a couple minutes without needing a break.

But, despite the troubles VCD presented to Pappas, she has found those rare moments where she could play all 90 minutes of a match.

Most recently, she played a whole match after getting that second treatment of Botox a few weeks ago.

"(Against Chicago State Sept. 15) I played 90 minutes, which is awesome, so I'm doing pretty good right now," she said with a smile and upbeat tone. "My first 90-minute game was last preseason when I got it, and it was against Ball State I remember, and I was so excited because I played 90 minutes and I felt so good."

Dillan Schorfheide can be reached at 581-2812 or dtschorfheide@eiu.edu.