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RESEARCH ARTICLE

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# Selective cytotoxic and anti-metastatic activity in DU-145 prostate cancer cells induced by *Annona muricata* L bark extract and phytochemical, annonacin

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## Abstract

**Background:** *Annona muricata* L. was identified as a popular medicinal plant in treatment regimens among cancer patients in Jamaica by a previously conducted structured questionnaire. Ethnomedically used plant parts, were examined in this study against human prostate cancer cells for the first time and mechanisms of action elucidated for the most potent of them, along with the active phytochemical, annonacin.

**Methods:** Nine extracts of varying polarity from the leaves and bark of *A. muricata* were assessed initially for cytotoxicity using the MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) assay on PC-3 prostate cancer cells and the ethyl acetate bark (EAB) extract was identified as the most potent. EAB extract was then standardized for annonacin content using High-performance Liquid Chromatography - Mass Spectrometry (HPLC-MS) and shown to be effective against a second prostate cancer cell line (DU-145) also. The mode of cell death in DU-145 cells were assessed via several apoptotic assays including induction of increased reactive oxygen species (ROS) production, reduction of mitochondrial membrane potential, activation of caspases and annexin V externalization combined with morphological observations using confocal microscopy. In addition, the potential to prevent metastasis was examined via inhibition of cell migration, vascular endothelial growth factor (VEGF) and angiogenesis using the chorioallantoic membrane assay (CAM).

**Results:** Annonacin and EAB extract displayed selective and potent cytotoxicity against the DU-145 prostate carcinoma cells with IC<sub>50</sub> values of 0.1 ± 0.07 μM and 55.501 ± 0.55 μg/mL respectively, without impacting RWPE-1 normal prostate cells, in stark contrast to chemotherapeutic docetaxel which lacked such selectivity. Docetaxel's impact on the cancerous DU-145 was improved by 50% when used in combination with EAB extract. Insignificant levels of intracellular ROS content, depolarization of mitochondrial membrane, Caspase 3/7 activation, annexin V content, along with stained morphological evaluations, pointed to a non-apoptotic mode of cell death. The extract at 50 μg/mL deterred cell migration in the wound-healing assay, while inhibition of angiogenesis was displayed in the CAM and VEGF inhibition assays for both EAB (100 μg /mL) and annonacin (0.5 μM).

(Continued on next page)

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**Conclusions:** Taken together, the standardized EAB extract and annonacin appear to induce selective and potent cell death via a necrotic pathway in DU-145 cells, while also preventing cell migration and angiogenesis, which warrant further examinations for mechanistic insights and validity in-vivo.

**Keywords:** ROS, Caspase, Prostate cancer, Annonacin, Ethnopharmacology, Antiangiogenesis, Docetaxel, *Annona muricata* L

## Background

Small molecular secondary metabolites found expressed in plants have played a key, adaptive role aiding in their evolution from single cellular organisms coping in a harsh chemical soup, to being multicellular, terrestrial organisms, equipped to gain reproductive vantages or vade off over-grazers and diseases [1]. These vastly diverse group of small molecules that provide the plant with such advantages other than their primary functions of respirations, have inspired man-kind to experiment on plants over millennia for solutions to their own health problems. Thus, the high reliance on plant remedies by over 80% of the developing world for primary care [2], similar to the 73% self-medicating rates with herbs in Jamaica [3], provide evidence for the strong belief in the healing properties resident in plants. The development mean of approximately 32% of pharmaceuticals and botanical mixtures derived directly from or inspired by natural products over the past 39 years [4] for the treatment or prevention of multiple health issues including cancer, diabetes and microbial infections, provide credence to such beliefs.

Unsurprisingly plants have been utilized in the management of cancer since time immemorial in many traditional medical systems and remain a major source for bioprospecting [5], having inspired over 50% of cancer drugs approved over the past four decades [4], including vincristine, vinblastine, paclitaxel, camptothecin and podophyllotoxin [6]. Jamaica has a wide array of self-medicated herbs and medicinal plants in use against illnesses [7], with some displaying anti-cancer properties. *Petiveria alliacea* and key phytochemical, dibenzyl trisulfide [8] and the Jamaican ball moss (*Tillandsia recurvata* L.) [9] exemplifies use in prostate cancer, among other biodiversity with disparate cytotoxic properties [10]. A recent survey among cancer patients in the country [11] helped identify common ethnomedical practices in the island nation and *Annona muricata* L. emerged as a popular ingredient, in line with findings emerging from Indonesia, [12] and Trinidad [13].

Comprehensive ethnobotanical studies of the Annonaceae family have been conducted in recent years [14] and the therapeutic potential of *Annona muricata*, the most prominent species of the Annonaceae family examined in the treatment of insomnia, rheumatism, hypertension and various

cancers [15]. Reports have emerged from Nigeria [16], Mexico [17] and the Philippines [15] for the therapeutic application of a decoction of the leaves to treat cancers of the prostate and stomach among others, while in Peru [18], infusions of the leaves are used for cancer treatment [15]. Evaluating these reports highlight the fact that although leaf preparations have undergone some scrutiny, bark extracts have remained largely unexplored.

The two major classes of phytochemicals found in *A. muricata* are flavonoids and acetogenins both of which are associated with a plethora of pharmacological activities individually or synergistically in a wide array of plants [19–21]. Annonacin commonly occurs in various species of the Annonaceae family and is the major acetogenin of *A. muricata* [22]. Multiple studies have demonstrated its ability to exert anti-tumor effects against endometrial, breast and skin cancer through cell cycle arrest and other cell signaling pathways [23–25]. There is mounting evidence to support the antitumor activity through apoptosis induction in numerous cancer cell lines such as colon and breast cancer [5]. This, along with cell cycle arrest at G1 phase are some of the well reported antitumor mechanisms of *A. muricata* leaf [26–30]. Though, many studies have shown mitochondrial mediated apoptosis, cell death can occur independently of mitochondrial involvement without the generation of Reactive Oxygen Species (ROS) to trigger apoptosis, and full evaluations are required in each type of cancer cell.

In this study we evaluated, the cytotoxic value of polar and non-polar leaf and bark extracts of *A. muricata*, the two most popularly used plant parts in ethnomedicine [11] on prostate cancer cells. With the aid of a panel of biochemical monitors, we demonstrate the usefulness of the most potent of those extracts, along with the key phytochemical annonacin, alone and in combination therapy with a standard chemotherapeutic drug, docetaxel. Their impact on prostate cells was independent of ROS, caspases activity and appeared to follow a necrotic pathway of cytotoxicity. Demonstrating strong anti-angiogenic properties these natural products warrant future in-depth scrutiny on in-vivo prostate cancer models.

## 130 Methods

### 131 Plant material

132 Aerial parts (leaf and bark) of *Annona muricata* were  
133 collected in August 2017 from the Botanical Gardens at  
134 the University of the West Indies (U.W.I.), Mona,  
135 Jamaica. *A. muricata*, which grows wildy in Jamaica is  
136 not an endangered species, hence no special governmen-  
137 tal permission was required for collection. Voucher  
138 specimens were deposited at the Herbarium in the  
139 Department of Life Sciences, U.W.I., Mona with Acces-  
140 sion Numbers 36,362 and 36,363, following authentica-  
141 tion by herbarium curator, Mr. Patrick Lewis.

### 142 Preparation of extracts

143 The leaves and bark of *A. muricata* were collected,  
144 cleaned, dried at room temperature and pulverized into  
145 powder. 5 g of leaf and bark separately or 2.5 g leaf and  
146 2.5 g bark combined were then sequentially extracted  
147 with hexane, ethyl acetate and ethanol (200 mL each) for  
148 3 days at room temperature. Three extracts per solvent  
149 (hexane, ethyl acetate and ethanol) were prepared using  
150 the leaf, bark and leaf:bark combination in a 1:1 ratio to-  
151 taling nine extracts of varying polarity. The resulting  
152 suspension from solvent extract was filtered through  
153 type 2 Whatman filter paper and the filtrate evaporated  
154 to dryness using a rotary evaporator at low temperature  
155 [28]. The extracts obtained from each solvent were  
156 weighed, labeled and stored at  $-20^{\circ}\text{C}$  in sealed tubes  
157 until further use.

### 158 Cell culture

159 PC-3 and DU-145 human prostate carcinoma cells  
160 and RWPE-1 normal prostate epithelial cells ob-  
161 tained from American Type Cell Collection (ATCC,  
162 Manassas, VA, USA) were used for the cytotoxicity  
163 determination in the study. PC-3 cells were main-  
164 tained in Kaighn's modification of Ham's F-12  
165 medium (F-12 K) and DU-145 cells were maintained  
166 in ATCC formulated Eagle's Minimum Essential  
167 Medium (EMEM) supplemented with 10% fetal  
168 bovine serum (FBS) while RWPE-1 cells were main-  
169 tained in Keratinocyte Serum Free Medium supple-  
170 mented with human recombinant epidermal growth  
171 factor and bovine pituitary extract. All cell lines  
172 were incubated in a humidified atmosphere with 5%  
173 carbon dioxide in the air at  $37^{\circ}\text{C}$  until 90% conflu-  
174 ence after which they were harvested for the viability  
175 experiments.

### 176 Cell viability assay

177 The MTT assay (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-  
178 tetrazolium bromide) was used to evaluate cell viability. An  
179 optimized cell concentration 15,000 cells/well were seeded in  
180 96-well plates and incubated for 24 h. Cells were

subsequently treated with extracts, annonacin, docetaxel and  
a combination of EAB extract and docetaxel at different con-  
centrations ranging from 50 to 100  $\mu\text{g}/\text{mL}$  extract and  
0.0001–0.0016  $\mu\text{g}/\text{mL}$  for docetaxel and incubated for 72 h,  
after which the MTT solution was added and incubated for  
another 4 h at  $37^{\circ}\text{C}$  then medium aspirated and the crystals  
formed solubilized with the addition of 100  $\mu\text{L}$  dimethyl sulf-  
oxide (DMSO) to each well. Finally, the resulting absorbance  
was measured at 570 nm using a microplate reader and the  
percentage of cell viability calculated as a ratio of untreated  
cells in vehicle control (1% DMSO). The experiments were  
performed in triplicate and the results expressed as the  
mean  $\pm$  standard error of the mean [31, 32].

### Standardization of extract using HPLC-MS

5.7 mg of the ethyl acetate extract was dissolved in 57  $\mu\text{L}$   
methanol and analyzed by HPLC-MS (Velos-Pro, Thermo Fisher Scientific); Phenomenex C18 column: 150  $\times$  3 mm, 3  $\mu\text{m}$  particle size (method: 0–1 min = isocratic gradient 10% methanol, 90%  $\text{H}_2\text{O}$ ; 1–18 min = linear gradient 30% methanol, 70%  $\text{H}_2\text{O}$  to 78% methanol, 22%  $\text{H}_2\text{O}$ ; 18–20 min = 78% methanol, 22%  $\text{H}_2\text{O}$  to 100% methanol) alongside standard of pure annonacin. Concentrations were estimated from the peak area of the corresponding molecular ion peak ( $[\text{M} + \text{H}]^+$ ;  $m/z$  597.60) in positive electron spray ionization mode, using known concentrations of annonacin standard for calibration, and accounting for dilution in 80% methanol [33].  $^1\text{H}$  NMR spectrum of pure annonacin was analyzed using a 400 MHz NMR Avance spectrophotometer to authenticate it.

### Reactive oxygen species assay

The generation of reactive oxygen species (ROS) is often associated with chemotherapeutic and other non-surgical interventions in cancer, as a means of triggering cell death. Often the intracellular generation of ROS is indicative of early induction of apoptosis [34]. Since ROS generations were previously observed for *A. muricata* leaf and twig extracts in HL-60 leukemia cells [35], we evaluated such potential by EAB extract and annonacin on DU-145 cells. Intracellular ROS generation was determined using the single reagent 2',7'-dichlorofluorescein diacetate (DCFDA). This is a cell permeant, fluorogenic dye which can be oxidized to DFC (2',7'-dichlorofluorescein) which is the fluorescent product, detected by a spectrofluorometer used to measure hydroxyl, peroxy and other reactive oxygen species (ROS) activity within the cell [35]. DU-145 cells were treated with the EAB extract, annonacin and 2.5  $\mu\text{M}$  hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) as positive control for 72 h. After incubation, the media was removed, cells were washed with Phosphate-buffered saline (PBS) then stained with 100  $\mu\text{L}$  DCFDA and incubated for another

233 30 mins in the dark at 37 °C. After which the fluores-  
234 cence intensity was subsequently measured at 485 nm  
235 excitation and 535 nm emission using a microplate  
236 reader.

#### 237 Mitochondrial membrane potential using the JC-10 assay

238 The mitochondria play an important role in apoptosis  
239 detection and induction of cell death [36]. The change  
240 in mitochondrial membrane potential (MMP) was mea-  
241 sured using the JC-10 assay kit (Sigma-Aldrich, USA)  
242 according to vendor's instructions. This uses a dual  
243 emission fluorescent dye capable of entering the mito-  
244 chondria and emits either red or green fluorescence  
245 depending on the state of the mitochondrial membrane.  
246 Red fluorescence is seen in normal polarized mitochon-  
247 dria while a green fluorescence is obtained when the  
248 mitochondrial membrane potential decreases and the  
249 membrane is depolarized causing the dye to diffuse into  
250 the cytoplasm of the cell. Treated DU-145 cells (with  
251 docetaxel, varying concentrations of EAB, annonacin,  
252 control and 10 µM of H<sub>2</sub>O<sub>2</sub>) were incubated in 96-well  
253 plates for 72 h. After incubation, the media was re-  
254 moved, cells were washed with PBS then stained with  
255 50 µL/well of the JC-10 dye loading solution. The plate  
256 was then incubated for 50 mins in a 37 °C incubator pro-  
257 tected from light after which 50 µL/well of assay buffer B  
258 was added, then fluorescence intensity subsequently read  
259 at excitation/emission wavelengths of 490/525 nm and  
260 540/590 nm [37]. Results are recorded as a ratio of red  
261 to green fluorescence.

#### 262 Human Annexin V assay

263 During apoptosis, the cell membrane is altered and  
264 Phosphatidylserine (PS) located in the membrane leaf-  
265 lets become exposed at the cell surface and allow for  
266 binding of annexin V. Total annexin V in treated DU-  
267 145 prostate cancer cells was quantitatively measured  
268 with the Human annexin V Platinum ELISA kit  
269 (Affymetrix, eBioscience, Vienna, Austria) by comparing  
270 to the standard provided in kit following the vendor's kit  
271 manual. Briefly, 50 µL of treated cell supernatant in trip-  
272 licates was used for annexin V determination. The assay  
273 was conducted at room temperature and results moni-  
274 tored at 620 nm [38].

#### 275 Caspase 3/7 assay

276 Manufactures' instructions were followed for CellEvent®  
277 Caspase-3/7 Green reagent allowing detection of Cas-  
278 pase 3 activity. Briefly, treated DU-145 cells were  
279 incubated for 24 h with 0.6 µg/mL annonacin, (50 and  
280 100 µg/mL) EAB extract and 10 µM of H<sub>2</sub>O<sub>2</sub> as positive  
281 control in 96-well plates at a concentration of 15,000  
282 cells/well. After incubation 4 µM Caspase-3/7 Green  
283 Detection Reagent was added to each well and incubated

for 30mins. The results were analyzed by a fluorescence 284  
microplate reader at 503 nm/530 nm excitation/emission 285  
[39, 40]. 286

#### Ethidium bromide and Acridine Orange staining 287

288 Cells were seeded into 6-well plates lined with coverslips  
289 at a concentration of 250,000 cells/well. Confluent cells  
290 were treated with various concentrations of extract and  
291 compound and incubated for 72 h. After incubation, the  
292 cells were subsequently washed with PBS and then  
293 treated with a dye mixture containing ethidium bromide  
294 and acridine orange (1:1, 100 µg/mL) for 15 min covered  
295 with foil. After 15 mins the stain was removed, and the  
296 cells rinsed with PBS. 1 ml of paraformaldehyde was  
297 added to the cells for 15 mins to fix the stained cells on  
298 the slides. After removing the paraformaldehyde, the  
299 coverslips were removed and mounted on slides viewed  
300 under confocal microscopy [41].

#### Cell migration assay 301

302 The more metastatic prostate cancer cell line (PC-3) was  
303 used to assess the anti-metastatic potential of the EAB  
304 extract. PC-3 cells were seeded into 6-well plates at a  
305 concentration of 250,000 cells/well. Confluent cells were  
306 scratched using a sterile 200-µl pipette tip and washed  
307 twice with PBS to remove detached cells. The image of  
308 cells in each well was captured at time 0 h. Cells were  
309 treated with various concentrations of extract and incu-  
310 bated for 24 h at 37 °C with 5% carbon dioxide in the at-  
311 mosphere. After incubation, cells were washed with PBS  
312 to remove cell debris [28, 42]. Images were subsequently  
313 captured after incubation using an Amscope digital eye-  
314 piece microscope camera attached to an inverted micro-  
315 scope. Statistical analysis using GraphPad software and  
316 results expressed as percentage cell migration.

#### Chicken chorioallantoic membrane - CAM assay 317

318 Three eggs per sample (in triplicates) were obtained  
319 from a local hatchery in Bloemfontein, South Africa and  
320 incubated for 8 days at 37 °C with 60% humidity. Egg  
321 shells were sterilized with 70% ethanol and a 1 cm<sup>2</sup> win-  
322 dows on the air space end was cut opened on the 8th day  
323 to expose the blood vessels. A 1 cm<sup>2</sup> sterile Whatman  
324 filter paper shocked with the compound, extract, Tinza-  
325 parin (positive control) and L-arginine (negative control)  
326 was placed on the surface of the growing CAM vessels.  
327 The eggs were then labelled and re-sealed with sterile  
328 adhesive tape in a laminar flow hood and incubated for  
329 another 3 days. On day 11, the CAMs were reopened in  
330 sterile petri dishes, photographed and blood vessels in  
331 each CAM were counted. The results were presented as  
332 the angiogenic index for each sample [43, 44].



### 333 VEGF inhibition assay

334 The extracellular vascular endothelial growth factor  
335 (VEGF) levels were assayed using the supernatant of  
336 earlier treated DU-145 cells [43]. The cells were seeded  
337 in a 48-well plate at a concentration of 50,000 cells per  
338 well. To influence the cell growth and VEGF production,  
339 0.01 mg/ml of insulin was supplemented in the culture  
340 medium. After 24 h incubation, cells were treated with  
341 extract and test compound and incubated for 72 h after  
342 which plates were centrifuged at 5000 g for 10 min and  
343 the supernatant collected for VEGF estimation. Total  
344 VEGF content in cultured supernatants was estimated  
345 following the instructions of Human VEGF ELISA kit  
346 (ThermoFisher Scientific).

### 347 Statistical analysis

348 The results were expressed as the mean  $\pm$  standard  
349 errors of the mean. Assays were conducted in three indi-  
350 vidual experiments, each performed in triplicates.  $IC_{50}$   
351 values were determined using nonlinear regression ana-  
352 lysis on Sigma Plot (version 10.0) software. All other  
353 statistical analyses were performed with GraphPad Prism  
354 8.0 (USA). The overall effects of plant part, solvent type  
355 and the interaction of both on cell viability were deter-  
356 mined using two-way ANOVA followed by Tukey's  
357 multiple comparisons test to check for significant dif-  
358 ferences between the data. One-way analysis of variance  
359 (ANOVA) followed by Tukey's multiple comparisons  
360 post hoc test was used to compare treated cells with  
361 the control. Significant differences were reported with  
362 \*\*\* indicating a  $p$ -value  $< 0.0001$ , \*\* indicating a  $p$ -value  
363  $< 0.001$  and \* indicating a  $p$ -value  $< 0.05$ .

## 364 Results

### 365 Selective cytotoxic effect of *A. muricata* extracts on PC-3 366 prostate cancer cells and RWPE-1 normal prostate cells

367 Nine extracts of varying polarity including three  
368 extracts per solvent (hexane, ethyl acetate and etha-  
369 nol) prepared using the leaf, bark and leaf:bark com-  
370 bination in a 1:1 ratio were analyzed for their  
371 cytotoxic potential. This experiment utilized the most  
372 commonly used parts of the plant in ethnomedical  
373 practices. All such extracts prepared were subse-  
374 quently screened at a concentration of 100  $\mu$ g/mL  
375 against cancerous (PC-3) and normal (RWPE-1) pros-  
F1 376 tate cell lines and results depicted in Fig. 1. Inducing  
377 the largest impact (30% cell viability) on the cancer-  
378 ous PC-3 cells, the ethyl acetate extract of the bark  
379 was identified as the most potent and selective, with  
380 negligible impact ( $> 90\%$  cell viability) on the normal  
381 cells. It is noteworthy that all examined extracts of  
382 this plant elicited low cytotoxicity on normal cells.

### Standardization of ethyl acetate bark extract

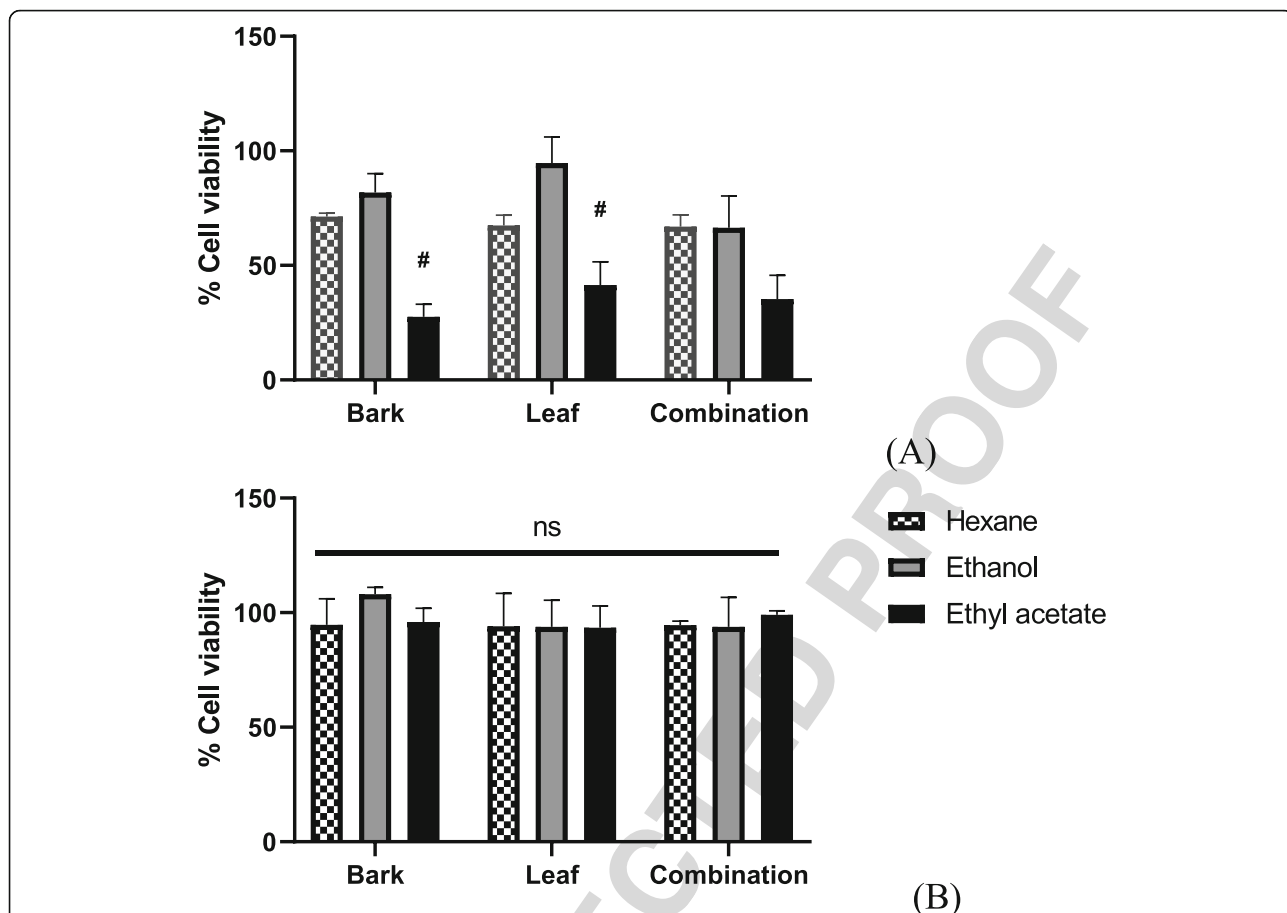
383 Having identified the ethyl acetate extract of the bark  
384 (EAB) as the most potent, the presence of the key phyto-  
385 chemical, annonacin, was identified and quantified in  
386 this extract using HPLC-MS (Fig. 2). The level of anno-  
387 nacin was  $< 100$  ppm when compared to its standard. F2  
388 After filtering for a molecular weight of 597.5 ( $\pm 1.5$ )  
389 in positive mode, accounting for the added ion to anno-  
390 nacin molecular weight, and compared to the standard it  
391 was determined that annonacin is identifiable with a  
392 retention time, leaving the column at, 23.07 min with a  
393 molecular weight of 597.60. 394

### Improved cytotoxicity of chemotherapeutic drug, docetaxel in combination with standardized EAB extract

395 To ensure that the observed cytotoxicity with PC3 in  
396 Fig. 1 was not cell line dependent, we examined the  
397 effect of EAB extract and annonacin on DU-145 cells  
398 also, a cell line derived from brain metastasis of human  
399 prostate cancer [45, 46]. Dose dependent inhibitions of  
400 the growth of DU-145 were observed after 72 h incuba-  
401 tions (Fig. 3) and the  $IC_{50}$  values obtained for the extract  
402 (55.5  $\pm 0.55$   $\mu$ g/mL) and annonacin (0.079  $\pm 0.07$   $\mu$ g/mL  
403 or 0.1  $\mu$ M), were compared to that of docetaxel F3  
404 (0.0004  $\pm 1.59 \times 10^{-5}$   $\mu$ g/mL or 0.05 nM), a standard che-  
405 motherapeutic drug as shown in Table 1. Combining do-  
406 cetaxel with EAB extract induced an even greater impact  
407 on cell viability (Fig. 3d), reducing the  $IC_{50}$  of the former  
408 to 0.0002  $\mu$ g/mL within a 95% confidence interval. A  
409 likely synergistic interaction underlies this improvement  
410 of docetaxel impact in the presence of the extract and  
411 we recommend future studies for a full understanding of  
412 this hypothesis. Having observed that the EAB extract is  
413 effective in reducing the cell viability of a second type of  
414 prostate cancer cell line, we undertook further work on  
415 the extract to gain mechanistic insights using DU-145  
416 cells. Since DU145 models a moderately metastatic pros-  
417 tate cancer as opposed to grade IV adenocarcinoma PC3  
418 cells with high metastatic potential, we selected the  
419 DU145 cell line for mechanistic study with suitability for  
420 studying treatment interventions in the early stages.  
421 Additionally, PC3 is suspect of carrying co-regulators for  
422 tumor suppression, which could complicate mechanistic  
423 studies, weighing into our decision to work with DU145  
424 cells for this study. 425  
426

### EAB extract and annonacin does not elicit ROS generation in DU-145 cells

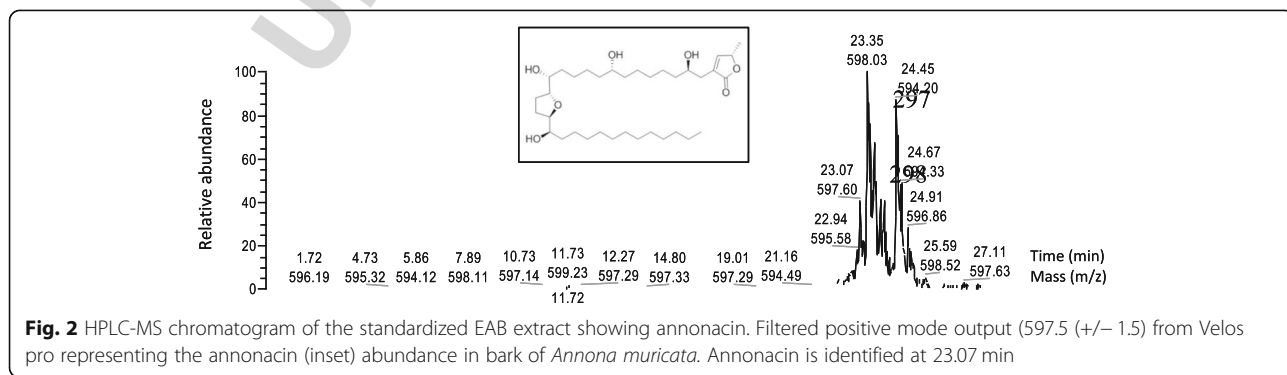
427 Our results using the fluorogenic probe, 2, 7-  
428 dichlorofluorescein diacetate ( $H_2DCFDA$ ) which oxidizes  
429 to its highly fluorescent form dichlorofluorescein (DCF)  
430 in the presence of ROS, indicate that neither the *A.*  
431 *muricata* extract nor annonacin triggered significant in-  
432 creases in levels of intracellular ROS in prostate cancer  
433 cells. 434



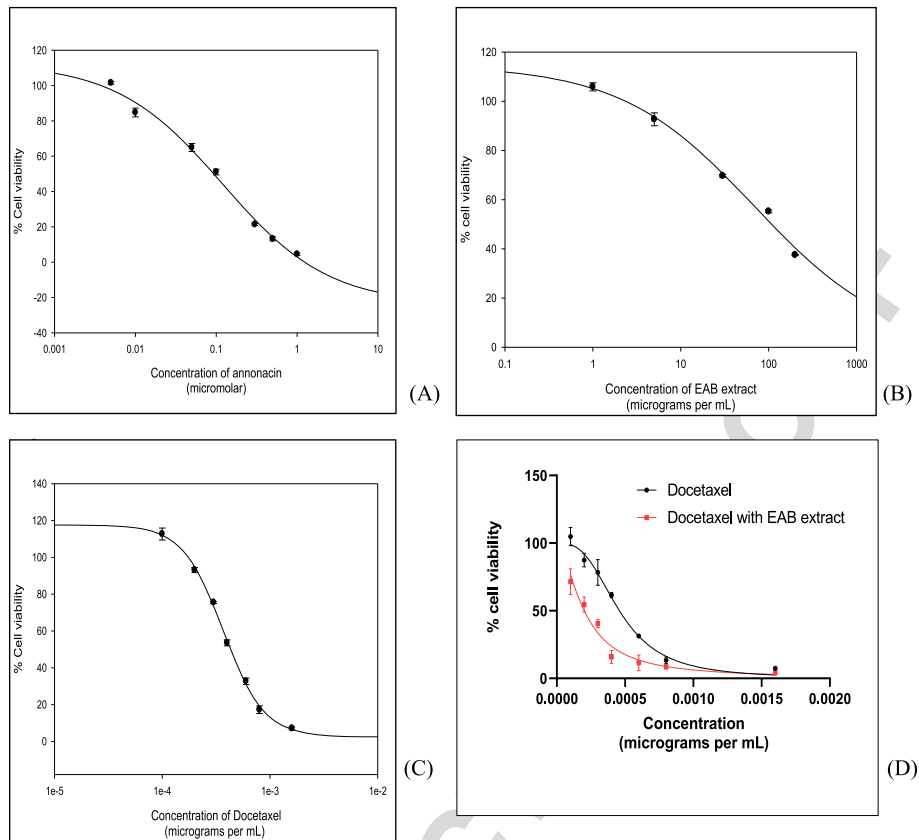
**Fig. 1** *A. muricata* L. leaf and bark extracts display selective anti-proliferative activity on prostate cancer cells. PC-3 prostate cancer cell line (a) and RWPE-1 normal prostate cell line (b) were treated for 72 h with 100 µg/mL extracts of hexane, ethanol and ethyl acetate of leaf, bark alone and leaf:bark in 1:1 ratio. Cell viability was calculated as a percentage of solvent control (1% each solvent as control for each type of extract) and results are represented as mean ± SEM (n = 3). For different extracts with the same plant part, # represents statistically significant differences (p < 0.05, two-way ANOVA). 'ns' represents no statistical significance

435 cells. When compared to the untreated control, there  
 436 was no difference in the percent ROS obtained as shown  
 F4 437 in Fig. 4, in contrast to a 2.5 µM solution of hydrogen  
 438 peroxide which elicited a three-fold increase in oxidative  
 439 capacity, while 10 µM hydrogen peroxide elicited a  
 440 nineteen fold increase (data not displayed).

**Measurement of mitochondrial membrane potential by** 441  
**JC-10 assay** 442  
 Cells treated with annonacin and EAB extract displayed a 443  
 ratio comparative to the control healthy cells, indicating 444  
 that the cytotoxic effect of *A. muricata* bark extract in 445  
 prostate cancer cell does not involve the depolarization of 446



Q4 2.1  
 2.2  
 2.3



**Fig. 3** EAB extract and annonacin display dose dependent impact on cell viability of DU-145 cells. Antiproliferative activity of (a) annonacin, (b) ethyl acetate extract of *A. muricata* bark (EAB), (c) docetaxel and (d) docetaxel in combination with 100 µg/ml EAB extract against DU-145 prostate cancer cells determined by MTT assay after 72 h incubation with varying concentrations of each sample. Results are means ± SEM of triplicates in three independent experiments and the percentage of cell viability was calculated as a percentage of solvent control (1% DMSO). A dose dependent decrease in cell viability was observed with all test samples and combining docetaxel with the EAB extract reduced the observed IC<sub>50</sub>

F5 447 mitochondrial membrane (Fig. 5). In contrast, docetaxel  
 448 (known to impart anti-cancer activity via apoptotic path-  
 449 way) displayed significantly lower ratio of healthy red cells  
 450 in comparison to the damaged green cells (69%, red:green  
 451 ratio) in comparison to the untreated cells. Similarly, a  
 452 10 µM solution of hydrogen peroxide solution was able to  
 453 depolarize the mitochondrial membrane resulting in a sig-  
 454 nificantly reduced (35%) healthy cell content ratio in com-  
 455 parison to the control.

**Table 1** IC<sub>50</sub> values for the extract, annonacin and docetaxel on cancerous DU-145 cells and normal RWPE-1 cells, after 72 h

Treatment	Cell lines, IC <sub>50</sub> value (µg/mL)	
	DU-145	RWPE-1
EAB extract	55.501 ± 0.55	> 300 *
Annonacin	0.0793 ± 0.07	> 0.48 *
Docetaxel	0.0004 ± 1.59	0.0004 <sup>a</sup>

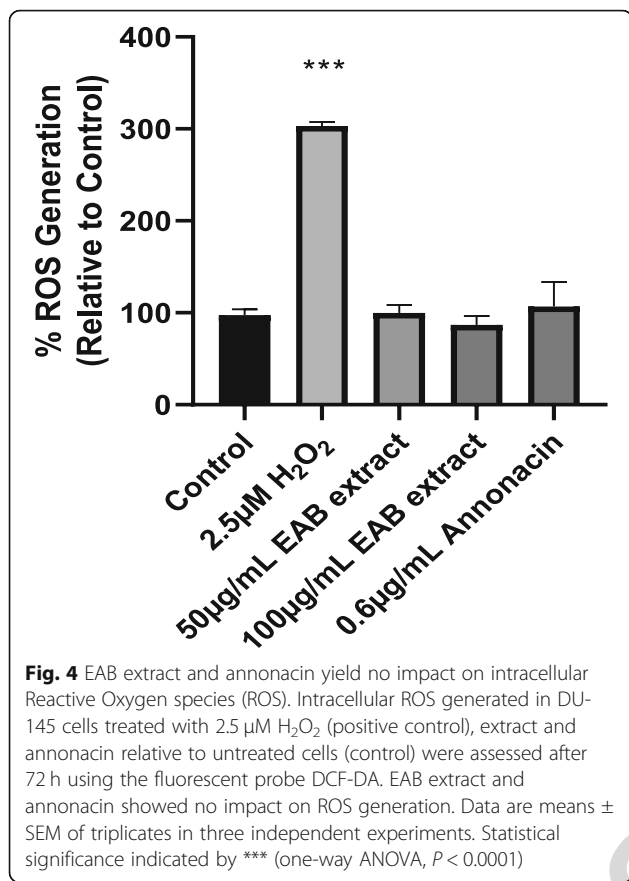
t1.8 Results are expressed as mean ± SEM of three independent experiments. \*  
 t1.9 represents the highest concentration tested where IC<sub>50</sub> value was not  
 t1.10 determined. <sup>a</sup>- IC<sub>50</sub> value obtained from Karanika et al. [47]

**Human Annexin V externalization confirms lowered apoptotic body formation**

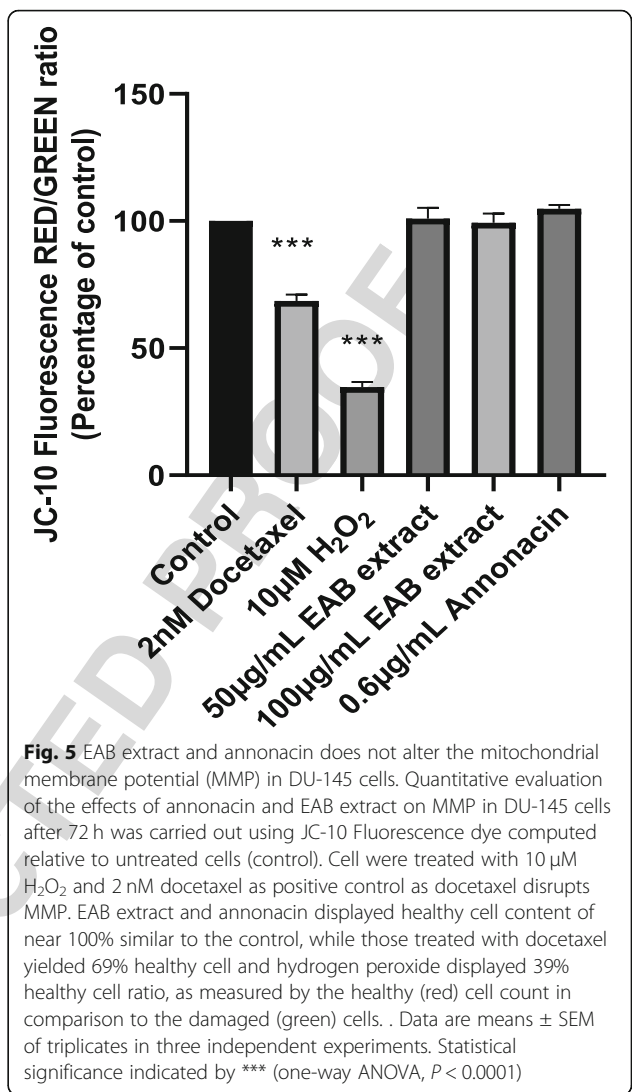
To further confirm the absence of an apoptotic pathway, the levels of annexin V present in the cell membrane of treated DU-145 prostate cancer cells were quantitatively determined using the Human annexin V ELISA kit and compared to the provided standard, annexin V in buffered protein base. Results indicate that treated DU-145 cells displayed low levels of annexin V when treated with annonacin as evident in Fig. 6, with anomalous behavior at 30 µg/mL and 50 µg/mL. However, statistical analysis showed there was no significant difference between all tested concentrations in comparison to the control. Whether there is some combination of apoptotic bodies being formed at these low concentrations followed by other forms of cell death, remains to be fully explored, but certainly the Fig. 6 indicates that between the range of 10-200 µg/mL annexin V levels stayed fairly uniform. Similarly, the levels of annexin V detected when cells were treated with annonacin is uniformly low as well.

F6





**Fig. 4** EAB extract and annonacin yield no impact on intracellular Reactive Oxygen species (ROS). Intracellular ROS generated in DU-145 cells treated with 2.5 µM H<sub>2</sub>O<sub>2</sub> (positive control), extract and annonacin relative to untreated cells (control) were assessed after 72 h using the fluorescent probe DCF-DA. EAB extract and annonacin showed no impact on ROS generation. Data are means ± SEM of triplicates in three independent experiments. Statistical significance indicated by \*\*\* (one-way ANOVA, P < 0.0001)



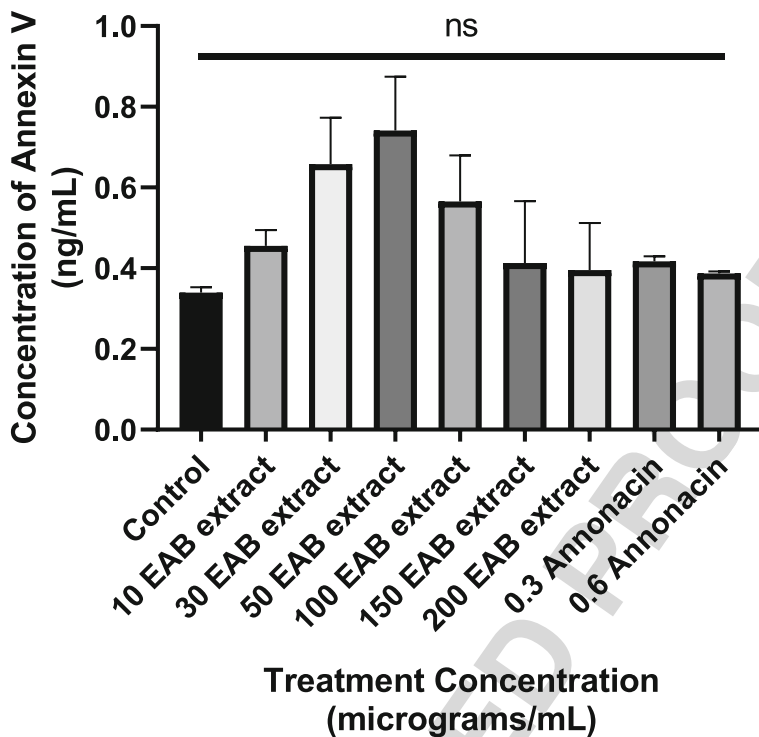
**Fig. 5** EAB extract and annonacin does not alter the mitochondrial membrane potential (MMP) in DU-145 cells. Quantitative evaluation of the effects of annonacin and EAB extract on MMP in DU-145 cells after 72 h was carried out using JC-10 Fluorescence dye computed relative to untreated cells (control). Cell were treated with 10 µM H<sub>2</sub>O<sub>2</sub> and 2 nM docetaxel as positive control as docetaxel disrupts MMP. EAB extract and annonacin displayed healthy cell content of near 100% similar to the control, while those treated with docetaxel yielded 69% healthy cell and hydrogen peroxide displayed 39% healthy cell ratio, as measured by the healthy (red) cell count in comparison to the damaged (green) cells. . Data are means ± SEM of triplicates in three independent experiments. Statistical significance indicated by \*\*\* (one-way ANOVA, P < 0.0001)

**476 Measurement of Caspase-3/7 activity**  
 477 The activation of caspase-3 and caspase-7 which are  
 478 major players in the caspase cascade signaling apoptotic  
 479 cell death were evaluated to further characterize the  
 480 cytotoxicity induced by EAB and annonacin. As seen in  
 F7 481 Fig. 7, neither annonacin nor the ethyl acetate extract of  
 482 *A. muricata* bark increased caspase-3/7 activity when  
 483 compared to untreated cells, suggesting a caspase inde-  
 484 pendent cell death. On the other hand, an increase in  
 485 caspase-3/7 activation was observed in cells treated with  
 486 a 10 µM solution of hydrogen peroxide - a widely used  
 487 apoptosis inducer [48].

**488 Acridine Orange/ Ethidium bromide staining confirm**  
 489 **morphological changes**  
 490 The images obtained after double staining treated cells  
 491 with acridine orange and ethidium bromide following a  
 492 72-h exposure to EAB extract and annonacin revealed  
 493 morphological changes which permits qualitative detec-  
 F8 494 tions of modes of cell death. In Fig. 8 cells in the control  
 495 group appeared normal on confocal microscopy images  
 496 exhibiting bright green fluorescence signals from the  
 497 nuclei, suggesting the uptake of acridine orange stain  
 498 [49]. In the treatment groups, majority of the cells emit-  
 499 ted orange to red fluorescence signaling the uptake of

ethidium bromide stain through damaged cell mem- 500  
 501 branes. The nuclei of the cells were also characteris-  
 502 tically uniform depicting necrotic pathway, as they did not  
 503 display visible apoptotic characteristics such as fragmen-  
 504 tation of the nuclei or formation of apoptotic bodies.

**505 Inhibitory effect of EAB extract on the migration of**  
 506 **prostate cancer cells**  
 507 In order assess *A muricata's* effect on endothelial cell  
 508 migration, a visual depiction was garnered using an  
 509 in-vitro wound healing assay on highly metastatic PC-3  
 510 prostate cancer cells as shown in Fig. 9. Both 50 µg/ml  
 F9 511 and 100 µg/ml of EAB extracts maintained a significant  
 512 clearing of the denuded area created by the scratch on  
 513 the monolayer of cells, in comparison to the ethyl acet-  
 514 ate (solvent) treated and untreated controls after 24 h.  
 515 Treatment yielded less than 20% of cell migration rates  
 516 compared to the control groups seen to promote wound  
 517 healing and cell migration for return of cell-cell contact.



**Fig. 6** EAB extract and annonacin generates low annexin V content. Figure displays the concentrations of annexin V detected in DU-145 cells treated with varying concentrations of EAB extract and annonacin for 72h calculated based on the standard curve generated. Data are expressed as means ± SEM of triplicate values and no statistically significant differences (indicated by 'ns') were observed from corresponding controls (one-way ANOVA), albeit the somewhat varying patterns displayed

f6.1  
f6.2  
f6.3  
f6.4  
f6.5

518 **Quantification of angiogenic index induced by annonacin**  
519 **and EAB extract via the CAM assay**

520 Further evaluations on the *A. muricata* extract on angio-  
521 genesis and tumor invasion was garnered by an assess-  
522 ment using the high vascularized CAM assay. The EAB  
523 extract at 60 µg/ml and 100 µg/ml inhibited the forma-  
524 tion of new blood vessels in the CAM with an angio-  
525 genic index of 35 and 23 respectively when compared to  
526 the negative control L-Arginine, angiogenic index 53.  
527 The suppression of angiogenesis shown by the com-  
528 pound annonacin was similar to that observed for the  
529 positive control tinzaparin (angiogenic index, 14). Anno-  
530 nacin at 7 µg/ml (11.7 µM) had the lowest angiogenic  
531 index of 19 amongst the tested samples when compared  
532 to the positive control Tinzaparin as well as the negative  
F10 533 control L-Arginine as represented in Fig. 10 which  
534 shows less defined capillaries in images 3–5 similar to  
535 image 2 (positive control) in comparison to image 1 with  
536 well-developed capillaries. These results highlight their  
537 antiangiogenic potential which might prove beneficial in  
538 preventing cancer metastasis.

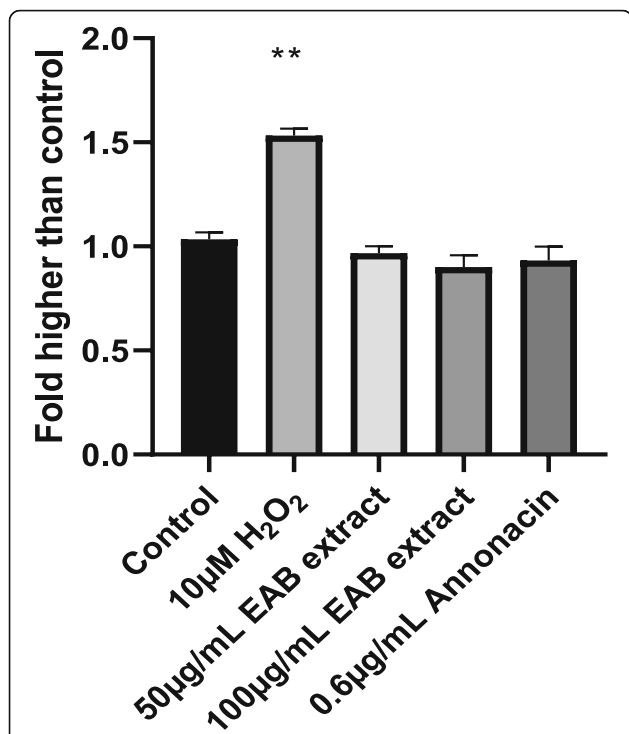
539 **VEGF inhibition induced by annonacin and EAB extract**

540 To further evaluate the impact on angiogenesis, effect  
541 on a potent angiogenetic factor, Vascular endothelial

growth factor (VEGF) elicited by the natural extracts 542  
were quantified. All tested concentrations of the EAB 543  
extract significantly reduced the levels of VEGF in the 544  
cell in comparison to the control. However, 200 µg/mL 545  
of the extract, had the highest inhibition against the 546  
extracellular VEGF level and was significantly lower 547  
when compared between the groups (Fig. 11). 548 **F11**  
Annonacin at a concentration of 0.6 µg/mL (1 µM) was 549  
also found to reduce extracellular VEGF level when 550  
compared to the untreated control (media). 551

552 **Discussion**

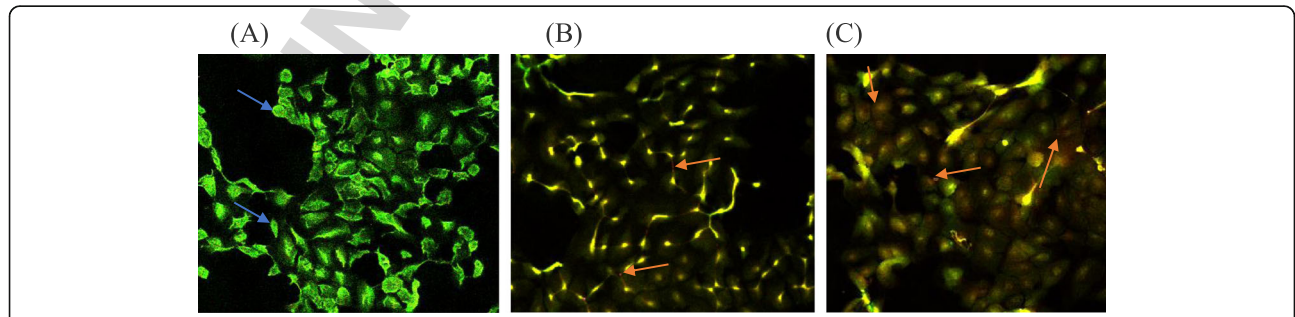
553 Recognizing the value of ethnomedicine in the search  
554 for novel solutions, this investigation evaluated extracts  
555 of *Annona muricata*, which are employed by 52% of  
556 prostate cancer patients in Jamaica as home remedies  
557 [11], for impact against prostate cancer cells. The leaves  
558 and bark of this popular fruit tree are prepared as deco-  
559 tions and infusions, and thus following evaluations of  
560 nine extracts of varying polarity, the ethyl acetate extract  
561 of the bark was deemed the most potent. It was there-  
562 fore standardized for annonacin content and evaluated  
563 for impact on prostate cancerous and normal cells  
564 followed by likely mechanism inducing such impact.



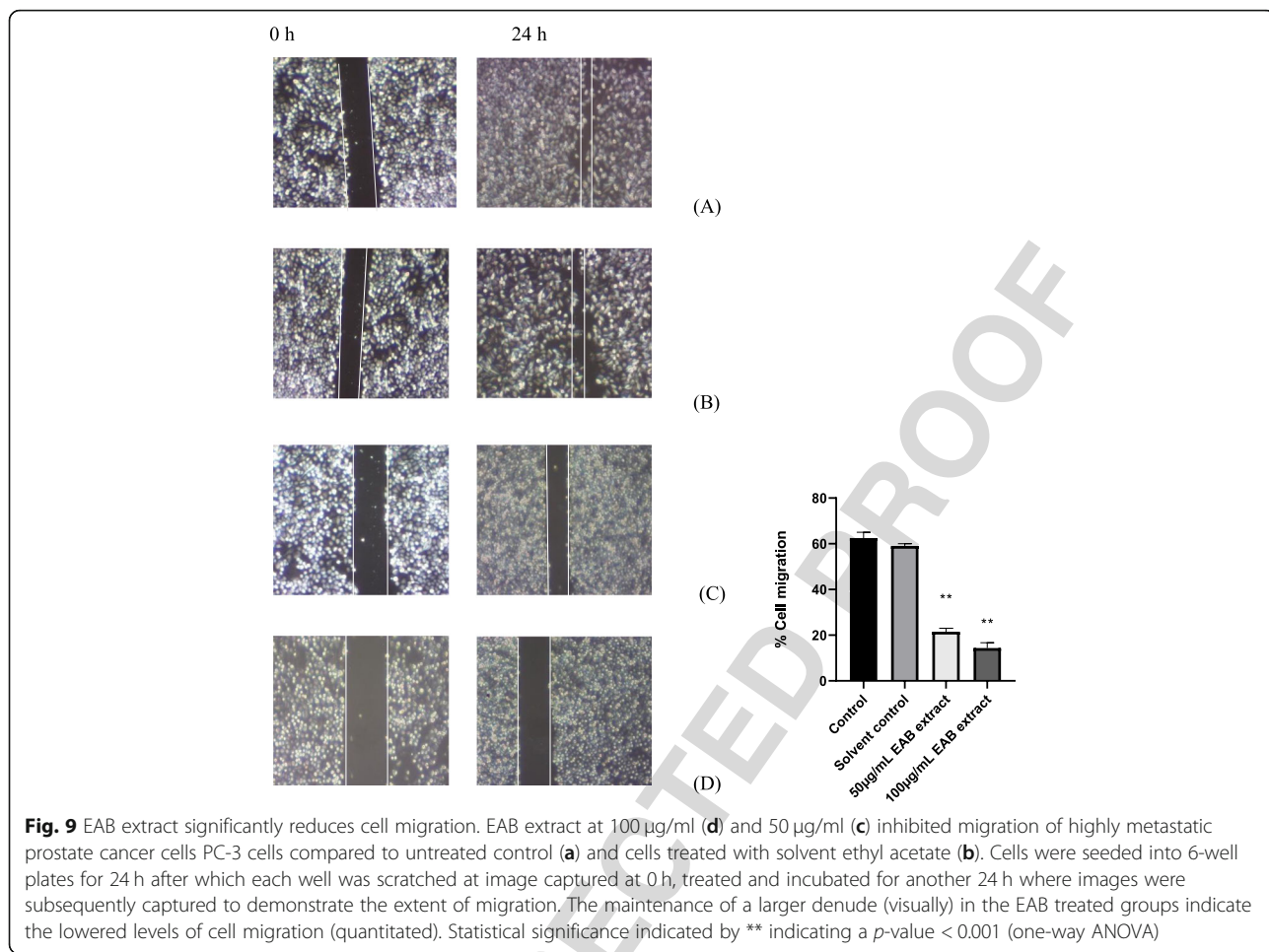
f7.1 **Fig. 7** Neither EAB extract nor annonacin increases caspase 3/7  
 f7.2 activity. Relative fluorescence expression of caspase-3/7 activity in  
 f7.3 DU-145 cells treated for 24 h with annonacin and ethyl acetate  
 f7.4 extract of *A. muricata* were detected using the fluorescence caspase-  
 f7.5 3/7 green reagent using untreated cells as control while 10 µM H<sub>2</sub>O<sub>2</sub>  
 f7.6 was used as positive control. No caspase-3/7 was detected when  
 f7.7 cells were treated with EAB extract and annonacin as expressed in  
 f7.8 fold higher than control activity. Data are expressed as means ± SEM  
 f7.9 of triplicate values. Data subjected to analysis using one-way  
 f7.10 ANOVA. \*\* indicates statistically significant difference from  
 f7.11 corresponding untreated control ( $P < 0.001$ )  
 f7.12

569 *A. muricata* is reportedly one of the most commonly used plants as complementary and alternative treatment  
 570 by cancer patients in various cultures [11, 13, 50] and often used concomitantly with prescription medicines in  
 571 patients undergoing chemotherapy [51, 52]. Interestingly, as Fig. 3 depicts, a possible synergistic interaction  
 572 renders the EAB extract docetaxel combination significantly more effective than the pharmaceutical alone.  
 573 Combined with the fact that annonacin and *A. muricata* extracts imparted highly selective cytotoxicity on  
 574 cancerous cells in comparison to normal cells, stands it apart from pharmaceutical treatment alone. The potent  
 575 IC<sub>50</sub> value of 55 µg/ml for EAB extract against the cancerous cells dwarfs in comparison to its IC<sub>50</sub> for the  
 576 normal prostate cells (> 300 µg/ml), similar to the 6-fold increase in IC<sub>50</sub> of annonacin on normal cells  
 577 (Table 1), while the impact of docetaxel stands in stark contrast invoking comparable toxicity on both normal  
 578 and cancerous cells [47].

579 Results garnered from Figs. 4 and 5 in this study, indicate that neither the extract nor annonacin induced cell  
 580 death with an increasing ROS content or damage to the mitochondrial membrane. Cell deaths were observed  
 581 without the activation of caspases (Fig. 7), a key requirement used to confirm the induction of apoptosis in cancer  
 582 cells [53]. High doses of ROS can cause an irreversible loss of mitochondrial membrane potential in  
 583 cells leading to the release of cytochrome c from the mitochondria and subsequent signaling of executioner  
 584 caspases resulting in programmed cell death via apoptosis pathway [34, 54]. Most pathways of programmed  
 585 cell death involve regulation by the mitochondria but there are instances where cell death is controlled in the  
 586 plasma membrane by its many receptors responsible for death signaling such as tumor necrosis factor and Fas  
 587 [55]. Studies have demonstrated the potential of *A. muricata* extract to inhibit TNF-α [56]. The results of  
 588 the annexin V binding assay in Fig. 6 illustrates that



f8.1 **Fig. 8** Confocal microscopy images of acridine orange/ethidium bromide double stained DU-145 cells reveals necrotic pathway in the presence  
 f8.2 of EAB and annonacin treatment. Treatment with (b) 50 µg/mL EAB extract and (c) 0.6 µg/mL annonacin for 72 h compared to (a) untreated cells  
 f8.3 as control reveal necrotic cells (red in appearance, red arrow) in annonacin and EAB treatment groups, in comparison to viable healthy cells as  
 f8.4 stained uniformly green (blue arrow) in (A) in the control group. Magnification 10 ×  
 f8.5



f9.1  
f9.2  
f9.3  
f9.4  
f9.5  
f9.6

607 there was some amount of phosphatidylserine exposure  
608 detected by increase in annexin V concentration around  
609 the IC<sub>50</sub> which was not observed at higher concentra-  
610 tions of the extract. Although externalization of phos-  
611 phatidylserine is characteristic of apoptotic cells, no  
612 significant increase in its content was observed and it  
613 has been shown where phosphatidylserine can be  
614 detected in early primary necrosis [57]. Other forms of  
615 programmed cell death include necrosis-like cell death  
616 characterized by the absence of both chromatin conden-  
617 sation and caspase activation [58].

618 Engagement of necrosis-like form of cell death was  
619 further suspected from the morphological observa-  
620 tions using fluorescence microscopy following acridine  
621 orange/ethidium bromide staining (Fig. 8). Both ex-  
622 tract and phytochemical altered the cellular morpho-  
623 logy of the cells, exhibiting typical necrotic  
624 characteristics with the absence of chromatin conden-  
625 sation. Although some forms of apoptosis cannot be  
626 totally ruled out. *A. muricata* has been shown to  
627 induce necrosis in pancreatic cancer cells via the  
628 inhibition of cellular metabolism [59], typical also of  
629 some other natural products [4]. Necrosis can occur

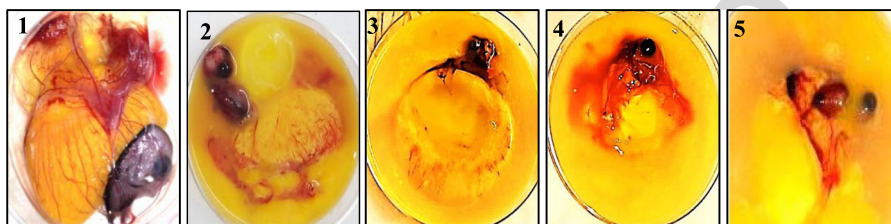
630 via an organized process resulting from a signaling  
631 cascade involving RIP kinase which is then termed  
632 necroptosis as some of the biochemical markers of  
633 this process are similar to apoptosis [53, 60]. The  
634 cross talk between apoptosis and necroptosis involv-  
635 ing numerous other pathways provides an opportunity  
636 for therapeutic development that can selectively target  
637 both or certain desired avenues [61]. Although apop-  
638 tosis is the cell's preferred form of cell death, many  
639 tumors find effective ways for its evasion, leading to  
640 chemoresistance and tumor survival. Thus, therapies  
641 capable of activating non-apoptotic pathways poten-  
642 tially provide manipulation of cell deaths which would  
643 enhance their chemotherapeutic potential, should  
644 such resistance be developed. Whether or not the  
645 consumption of these natural products illicit an im-  
646 mune response as a result of resistance to apoptosis,  
647 and whether chronic inflammations is a result, are  
648 concerns worthy of future investigations using in-vivo  
649 models.

650 The EAB extract proved able to inhibit motility in the  
651 highly metastatic PC3 cell line preventing the wound  
652 healing process as demonstrated by the cell migration



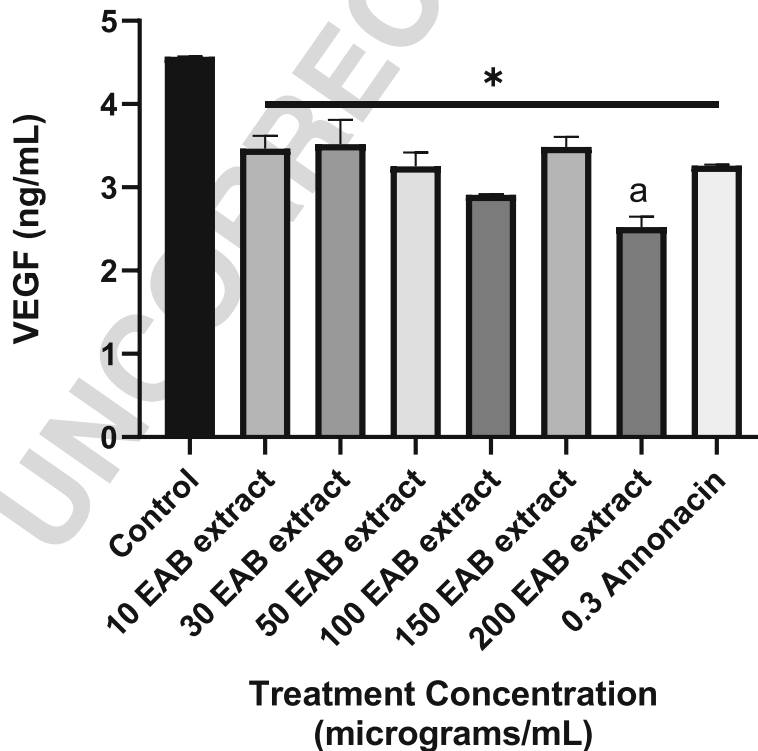
Image no.	Sterile filter paper shocked with treatment solutions	Angiogenic index (No. of capillaries)
	( $\mu\text{g/ml}$ )	
1	10 L-arginine (negative control)	53
2	10 Tinzaparin (positive control)	14
3	60 EAB extract	35
4	100 EAB extract	23
5	7 Annonacin	19

(A)



(B)

f10.1 **Fig. 10** Suppression of angiogenesis by EAB extract and annonacin. Representative results of the CAM assay displaying (a) angiogenic index  
 f10.2 obtained from each treatment and (b) images of the treated eggs opened on day 11. The images represent the following treatments 1: L-  
 f10.3 Arginine, 2: Tinzaparin (20  $\mu\text{g/ml}$ ), 3:EAB extract (60  $\mu\text{g/ml}$ ), 4:EAB extract (100  $\mu\text{g/ml}$ ), 5: Annonacin (7  $\mu\text{g/ml}$ ) and a summary of the angiogenic  
 f10.4 index obtained from each treatment. The results indicate a lowered angiogenesis potential in the presence of EAB and annonacin  
 f10.5



f11.1 **Fig. 11** VEGF levels are significantly decreased in the presence of EAB extract and annonacin. DU-145 cultured supernatants obtained after 72 h treatment  
 f11.2 with various concentrations of EAB extract and annonacin are displayed. . Results are expressed as means  $\pm$  SEM of triplicate values. \* indicates statistically  
 f11.3 significant difference of all samples from corresponding control while <sup>a</sup> denotes significance between the groups (one-way ANOVA,  $P < 0.05$ )  
 f11.4



653 assay in Fig. 9, in addition to the significant inhibition of  
 654 extracellular VEGF in Fig. 11. The EAB extract and  
 655 annonacin also displayed potential in inhibiting the for-  
 656 mation of new blood vessels in the CAM (Fig. 10). The  
 657 ability of the tested extracts and annonacin to inhibit  
 658 extracellular VEGF levels and blood vessel formation ad-  
 659 duce to the probable potential of the samples to inhibit  
 660 angiogenesis, one of the key mechanistic steps for tumor  
 661 growth, invasion and metastasis in all cell types. Collect-  
 662 ively, the results point to an interference in metastatic  
 663 process, revealing potential of *A. muricata* in prostate  
 664 cancer treatments.

## 665 Conclusion

666 The present study is the first demonstration (as far as  
 667 the authors are aware) of selective, potent cytotoxic ef-  
 668 fects *A. muricata* bark extracts, against prostate cancer  
 669 cell lines (PC3 and DU-145) in comparison with normal  
 670 cells. Via a panel of in-vitro biochemical probes, the  
 671 standardized ethyl acetate extract of the bark demon-  
 672 strated a necrotic path of cell death without inciting re-  
 673 active oxygen species, inhibiting markers of angiogenesis  
 674 and enhanced the impact of the chemotherapy docetaxel  
 675 on DU-145 cells. Taken together, these findings suggest  
 676 the potential of annonacin and *A. muricata* bark extract  
 677 as selective cytotoxic agents with antimetastatic, antian-  
 678 giogenetic potential and warrants in-vivo investigations  
 679 to determine physiological measures as well as a  
 680 complete understanding of the mechanism(s) of the ob-  
 681 served cytotoxicity.

## 682 Abbreviations

683 HPLC-MS: High-performance Liquid Chromatography - Mass Spectrometry;  
 684 EAB: Ethyl acetate bark extract of *Annona muricata*; PC-3: Human prostate  
 685 carcinoma cell line; DU-145: Human prostate carcinoma cell line; RWPE-  
 686 1: Human prostate normal epithelial cell line; ROS: Reactive oxygen species;  
 687 DTS: Dibenzyl trisulfide; MTT: 3-(4,5-dimethylthiazol-2-yl)-2,5-  
 688 diphenyltetrazolium bromide; DMSO: Dimethyl sulfoxide; DCFDA: 2',7'-  
 689 dichlorofluorescein diacetate; H<sub>2</sub>O<sub>2</sub>: Hydrogen peroxide; PBS: Phosphate-  
 690 buffered saline; MMP: Mitochondrial membrane potential; AO/EB: Acridine  
 691 orange/ethidium bromide; VEGF: Vascular endothelial growth factor;  
 692 CAM: Chorioallantoic membrane

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 696 Institute, University of the West Indies for their assistance and helpful  
 697 discussions in the anti-cancer mechanistic studies and cytotoxicity studies.

## 698 Authors' contributions

699 RD, KF and MM conceived and designed the experiments. KF, SR, JE and OO  
 700 performed the experiments and analyzed the data. JB, ML and AKS  
 701 standardized the extract. KF and RD analyzed the data and wrote the  
 702 manuscript. All authors read and approved the final manuscript. RD and MM  
 703 raised funding support.

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 707 (South Africa) via the Jamaica-South Africa joint scientific and techno-  
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 709 Health Agency (CARPHA), the National Health Fund (Jamaica) and the

University of the West Indies Development Fund (UWIDEF). The funders 710  
 had no role in study design, data collection and analysis or preparation 711  
 of the manuscript. 712

## Availability of data and materials

The datasets used and analyzed during the current study are available from 713  
 the corresponding author. 714  
 715

## Ethics approval and consent to participate

Not applicable. 716  
 717

## Consent for publication

Not applicable. 718  
 719

## Competing interests

The authors declare that they have no competing interests. 720  
 721

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