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Update on Fogo Selvagem, an Endemic Form of Pemphigus Foliaceus

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Abstract

Pemphigus are organ-specific autoimmune diseases, where autoantibodies (mainly IgG) directed against epidermal targets (glycoproteins of the desmosomal core) are detected. Endemic pemphigus foliaceus or fogo selvagem (FS) is one of the variants of pemphigus foliaceus (PF) that shares the same clinical and immunopathological features of the classic nonendemic PF form, including pathogenic IgG (mainly IgG4) autoantibodies directed against the ectodomain of desmoglein 1 (Dsg1), that lead to acantholysis. Pathogenesis of FS is complex, involving genetic, environmental and immunological factors. HLADRB1 alleles DRB1*0404, *1402, *1406 or *0102 have been previously identified as risk factors for FS (relative risk > 14). Individuals exposed to hematophagous insects are more susceptible to develop the disease. Nonpathogenic anti-Dsg1 antibodies of the IgG1 subclass, directed against the extra-cellular 5 domain of Dsg1 are detected in patients in the preclinical stage of the disease, and also in healthy controls living in endemic areas. In counterpart, patients with FS show pathogenic anti-Dsg1 IgG4 auto-antibodies that bind the pathogenic extracellular 1 and 2 domains of Dsg 1, emphasizing the intramolecular epitope spreading hypothesis. A possible explanation for the development of the autoimmune process would be antigenic mimicry, initiated by environmental stimuli in those genetically predisposed individuals. Characterization of the pathogenesis of FS will allow the development of specific therapeutic targets, and the elucidation of other autoimmune processes.

Keywords

autoimmunity; pemphigus; desmoglein; immunoglobulin G; immunofluorescence

1. Introduction

Pemphigus comprises a group of autoimmune mucocutaneous blistering diseases and its hallmark is acantholysis, a consequence of loss of cell-cell adhesion due to the binding of

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autoantibodies (mainly IgG) against epithelial targets located within the desmosomal core, mostly desmoglein 1 (Dsg1) and desmoglein 3 (Dsg3). (1)

Main forms of the pemphigus group are pemphigus foliaceus (PF) and pemphigus vulgaris (PV). Pemphigus foliaceus, first reported by Cazenave in 1844, is characterized by superficial blisters and absence of mucous tissue involvement, as a result from the binding of IgG autoantibodies directed against Dsg1.(2-3) There is an endemic form of PF, also known as fogo selvagem (FS), that shares the clinical, histologic and most of the immunological features with the classic form, but with a unique epidemiological profile. (4-5)

1. Historical Aspects

FS was first reported in Brazil as a superficial mycosis known as tinea imbricata or "tokelau" in 1903.(6) The distribution of endemic sites varies over time, once the disease decays with urbanization, and new foci appear in areas of recent occupation.(5) One of the most affected regions in Southeastern Brazil during the first half of the 20th century was the State of Sao Paulo, where a Hospital (Adhemar de Barros) was built for treating those patients. (6) Mortality rates due to severe infection and cachexia in the pre-steroid era were high (close to 85-90%), and many patients were abandoned at hospitals by their relatives. (Figure 1)(3-4)

FS is present in the rural areas, and the geographic distribution follows the course of creeks and streams. To date, major affected Brazilian regions include the Midwest and the Southeastern States. (Figures 2,3)(7-8) However, new sites have been characterized in the Northern parts of Brazil.(9)

Other endemic foci of the disease have been observed in South America countries, such as Colombia, Ecuador, Peru, Paraguay, Venezuela and also in the African continent (Tunisia). (4, 10-12)

2. Clinical Features

The typical primary lesion of FS is a superficial blister that easily ruptures, with a positive Nikolsky sign in patients with active disease. Most affected sites include scalp and face, neck and upper trunk. UV exposure enhances or triggers skin lesions and the disease progresses in weeks or months. Fulminant forms of FS are rare, characterized by extensive bullae eruption over a period of 1-3 weeks. Clinical forms usually presents as follows:

2.1 Localized form

Also known as *forme frustre*, it is characterized by superficial blisters and vesicles, erosions and crusts are seen on seborrheic areas of the face and upper trunk. Round or oval keratotic plaques, with a yellow-brown surface may also be observed. Another cutaneous manifestation on seborrheic areas is characterized by erythemato-violaceus or hypepigmented papules and plaques, that resemble discoid lupus erythematous (Figure 4).

The course of localized forms of FS may lead to spontaneous remission after months or a few years, or the initial lesions may generalize to the trunk and acral regions, evolving into generalized disease.(2, 4)

2.2 Generalized forms(2, 4)

- **Bullous invasive FS:** Acute and aggressive course, with widespread, blistering lesions. (Figure 5) At the onset of the blistering invasion, other signals or symptoms such as fever, arthralgia, and general malaise may appear.
- **Exfoliative erythroderma**: Blisters on erythematous base erode, leaving a moist surface and originating a typical smell that resembles a rat's nest. (Figure 6)
- **Keratotic**: Disseminated, keratotic plaques and nodular lesions, similar to the ones present in chronic and localized forms of the disease. This form may be related to refractory FS.

2.3 Other clinical forms of FS(4)

- **Hyperpigmented**: Often seen in patients undergoing remission, it may be restricted to areas of previous lesions, or disseminated. Before the introduction of systemic treatment with corticosteroids, diffuse hyperpigmentation was an early indicator of spontaneous remission or cure. Patients on clinical remission would experience changes in their skin color, with marked skin darkening.
- **Pemphigus herpetiformis (PH):** Characterized by vesicles or pustules in herpetiform arrangement, that may either precede or follow typical FS lesions. Laboratory profile reveals eosinophilic spongiosis, and usual immunoreactivity against either Dsg1 or Dsg3. (13-15)
- ***Tinea-imbricata*-like FS:** Vesicles or blisters form circinate or annular patterns, and after rupturing, produce exfoliation resembling the superficial mycosis, tinea imbricata. (Figure 7) (2-5)
- **Umbilical pemphigus:** Rare clinical presentation of FS, it is characterized by erosions or vegetating lesions on the umbilicus, resembling intestinal fistula or pyogenic granuloma. (16)

Complications—Prior to the steroid era, some complications such as growth retardation and dwarfism in children, and azoospermia in adults have been described.(6) Viral infections, such as warts and severe herpes simplex are observed in patients with severe forms of FS.(17) (Figure 8)

After the establishment systemic corticosteroids as the mainstay therapy for pemphigus, opportunistic infections (OI), although not rare, are seldom reported. *Nocardia*, *Cytomegalovirus*, *Legionella* and *Listeria* are the most frequent agents linked to pemphigus, but *Pneumocystis*, *Sarcoptes* and *Strongyloides* infections must be discarded before or during immunosuppressant therapy.(18)

3. Pathogenesis of Fogo Selvagem

Pathogenesis of FS is still an intriguing quest for investigators, once it involves a combination of environmental and genetic factors modulating the break of tolerance that leads to autoimmunity.

3A.Environmental factors

Since the first reports regarding the etiology of FS, the investigators have hypothesized possible environmental trigger(s), based on its geographic distribution occurring in rural surroundings, far away from the ocean and urbanization, familial cases and temporal clustering, and increased occurrence in young adults and children.(3, 6, 8, 19-20)

In Brazil, the geographical sites of FS show a dynamic course. The first reports in Brazil indicate a first peak in the Southeastern States of Brazil (São Paulo, Minas Gerais, and Paraná, first half of the 20th century)(3, 6, 20), and then a second peak in the Midwestern region (Goiás, Mato Grosso and Mato Grosso do Sul, second half of the 29th century). (19, 21) Interestingly, long-term studies demonstrate that when tracking down the original described endemic sites, the occurrence of FS decreased as the areas urbanized; moreover, most of the patients with active disease that enrolled the study were in remission, suggesting an environmental role for the disease maintenance.(8, 19, 22)

Some Native Brazilian settlements from Central Brazil, such as the Xavante and the Terena tribes have been the focus of our team, the Cooperative Group on Fogo Selvagem Research (CGFSR).(7, 23) First settlement to be evaluated started at Pimentel Barbosa Reservation circa 1990, where 10 out of 795 Xavante Indians were diagnosed as FS, and relevant genetic findings had started. (23) However, follow-up of this community were interrupted due to the remote location of the village.

The second Indian settlement that has been analyzed by our group since 1994 was the Terena tribe, from the Limao Verde Reservation in the State of Mato Grosso do Sul. This village showed all the ideal features for a long term study: high prevalence (3.2%) of FS, incidence of 1-4 new FS cases per year, low migration rates, an easier access from the urban centers, and the valuable collaboration from the native community and local research team. (7) (Figure 9)

The potential role of a hematophagous trigger has been hypothesized since the first bursts of the disease during the past century. (3, 20) The CGFSR started a hospital-based epidemiological case-control study that revealed that *Simulium* (black fly) bites were 4.7 times more frequent in individuals developing FS than in control individuals.(24) Further studies detected that a predominant black fly species (*Simulium nigrimanum*) in the Terena reservation of Limao Verde, which is rarely seen in non-endemic areas of Brazil, reinforcing the potential role of environment in FS.(25)

In 2004, a case-control study was performed in the Terena village (Figure 4). Major findings of this project indicated that risk factors for individuals living in this particular endemic area would be the type of housing (thatched roofs, adobe walls) and exposure to hematophagous

insect bites (*Triatoma* or *Cimex*). In the same study, FS patients showed high frequency of *Simulium* (87%), *Triatoma* (67%), and *Cimex* (60%) bites.(26)

Most of the geographical areas of FS overlap with those described in Chagas' disease, and leishmaniasis. (6) Therefore, the next step was to investigate the occurrence of anti-desmoglein 1 antibody in patients with cutaneous leishmaniasis, onchocerciasis, and Chagas disease, parasitic infestations mediated by the three groups of hematophagous vectors above mentioned. Non-pathogenic autoantibodies directed against Dsg1 were seen in Chagas disease (58%), leishmaniasis (43%), and onchocerciasis (81%), reinforcing the hypothesis of long-term exposure to hematophagous insects as a trigger for FS.(27)

It is possible that these vectors carry a molecule that triggers the anti-Dsg1 response through antigen mimicry or cross-reactivity. In counterpart, a recent report from our group detected absent reactivity against *Trypanosoma cruzi*, the agent of Chagas' disease, in all FS sera from the Terena tribe at Limao Verde, suggesting that the vector rather than the parasite, participates in the pemphigus autoimmune response.(28)

Molecular studies utilizing recent technologies such sialotranscriptomes have been performed from salivary glands of adult females of *Simulium nigrimanum* and from *Triatoma matogrossensis* from endemic regions of FS.(29-30) Sialotranscriptomes provide an infinite platform for testing pemphigus patient sera against recombinant salivary proteins from hematophagous vectors, and also a relevant basis for future therapeutic targets.

A recent finding by our group evidenced that FS sera react against salivary proteins (LJM11) from *Lutzomyia longipalpis* (sand fly), one of the vectors of cutaneous leishmaniasis. Anti-Dsg1 monoclonal autoantibodies derived from FS patients also cross-react with LJM11, and there is production of anti-Dsg1 antibodies when murine models are immunized with this salivary protein. It is therefore hypothesized that insect bites release salivary proteins that initiate a pathogenic cross-reactive response in genetically prone individuals, leading to FS. (31)

3B. Genetics

The first Brazilian reports on FS identified familial occurrence of the disease among blood-related individuals.(6, 20) A huge study from Goiania, Brazil, that enrolled more than 2,800 individuals with the disease, revealed that 18% of the patients were blood relatives, and 93% of the familial cases were found in genetically related family members.

Further publications showed that the expression of HLADRB1-0404, 1402, or 1406 alleles is linked to FS, with a relative risk of 14. The hypervariable region of the DRB1 gene of these alleles at the level of residues 67-74 shares the same sequence: LLEQRRAA, which confers susceptibility to FS. (32)

3C.The autoimmune response in FS

• **Desmoglein 1 as the main target auto-antigen in FS—**The first evidence of desmoglein 1 as the target autoantigen in FS was reported by Eyre and Stanley, who demonstrated by immunoprecipitation that sera of patients with either classic forms of PF or

FS recognize Dsg1, a 160kDa transmembrane calcium-dependent glycoprotein of the cadherin superfamily (33) (34-37)

Desmogleins are glycoproteins with an ectodomain that contains six putative calcium binding sites, a transmembrane region, and an intracellular domain that is linked to the keratinocyte cytoskeleton via desmosomal plaque proteins. (26, 38)

Dsg1 is not the exclusive target for IgG autoantibodies in FS. One of the reasons remains on the extensive homology between desmosomal cadherins and other members of this gene superfamily of adhesion moleclules, such as desmocollins, and E and P cadherins.(39) Dsg3, the major auto-antigen for PV is seldom recognized by FS patients (7%)(40). Our group identified cross-reactivity of FS sera and also of healthy controls from the endemic sites with E-cadherin and other desmosomal cadherins rather than Dsg1.(41)

• FS: Breaking the immune tolerance

IgG anti-Dsg1: Beutner and colleagues, in 1968, were the first investigators to detect intraepithelial IgG auto-antibodies in FS. (42) Almost two decades later, the CGFS published the first study on the pathogenicity of the IgG autoantibodies in FS, by reproducing the clinical and immunopathological findings of the disease in murine models. (43) Later on, the characterization of the IgG isotypes involved in FS showed that the autoimmune response was predominantly of the IgG4 subclass; those total IgG4, F(ab')2 and Fab' fragments of FS IgG proved to be pathogenic in the FS mouse model.(44-45)

One of the most striking findings of our group was the detection of anti-Dsg1 antibodies in normal controls that live in endemic areas. (46) Even more interesting was the observation that the percentage of ELISA-positive sera for IgG anti-Dsg1 among the normal control population is inversely related to the distance from the endemic FS focus. (46). Moreover, the predominant subclasses of FS patients and healthy controls from the endemic areas have a divergent profile: IgG4 is more frequent in FS patients with active disease, while IgG1 is seen in FS patients in remission, or in those individuals that are in the pre-clinical stage of the disease. (47)

Further studies utilizing molecular biology demonstrated that at the molecular level, FS immunopathogenesis presents as an epitope spreading model (Figure 5). Anti-Dsg1 antibodies from FS patients on remission and from healthy controls, recognize the non-pathogenic extracellular domain 5 (EC-5) of the molecule, whereas FS patients with active disease have a major reactivity against the pathogenic extracellular domains 1 and 2 (EC1-2) of Dsg1, when utilizing domain-swapped Dsg1. (48)

EC-5 domain remains the major portion of Dsg1 involved in the autoimmune response, and it is mainly recognized by non-pathogenic IgG1 autoantibodies, probably produced under chronic stimuli (e.g constant exposure to insect bites). However, intra-molecular spreading in genetic-prone individuals living in endemic sites may occur, inducing an IgG isotype switch (IgG1 to IgG4), and culminates with disease onset, leading to an EC1-2 oriented IgG4 response.(48)

IgG4 is also represents a novel classifier/predictor that identifies donors with immunologic features of FS and is highly sensitive [92% (95%CI: 82–95)] and specific [97% (95% CI: 89–100)]. In a FS-prone population, with a prevalence of 3% of the disease, it has a positive predictive value (PPV) of 49% and a negative predictive value (NPV) of 99.7%.(49)

IgM anti-Dsg1 response: In areas at high risk for FS, continuous environmental triggers that may share epitopes with Dsg1 are a strong stimulus to production of non-pathogenic anti-IgM and IgG. Interestingly, FS patients who migrate to urban areas show a marked decrease in the IgM anti-Dsg1 response, suggesting that environment does interfere with the immune response. IgM anti-Dsg1 autoantibodies recognize non-pathogenic EC5 of Dsg1, and are potential serological markers for FS, once they are mostly detected in healthy individuals from endemic areas for FS and also in FS patients.(50)

IgE anti-Dsg1 response: It is known that IgG4 and IgE antibodies are detected in individuals that are chronically exposed to allergens or to immunotherapy.(51) There is strong evidence to consider IgE anti-Dsg1 as another serological potential marker for FS, once there is significant difference of the IgE levels between FS and PF patients from the Northern hemisphere. (52)

T cell response: T cells obtained from patients with FS recognize epitopes on the ectodomain of Dsg1. The proliferation of FS T cells to Dsg1 is antigen-specific and restricted to HLA-DR. T cells are CD4 memory T cells, produce IL-4, IL-5, and IL-6, but not □-IFN, suggesting a Th2-like cytokine profile.(53)

Acantholysis: Epidermal cell detachment in FS still remains to befully elucidated. There are some hypothesis to explain the loss of cell adhesion, such as: impairment of Dsg1 or Dsg3 adhesive function, binding of pemphigus auto-antibodies to the epidermis, either leading to alteration of the normal distribution of Dsg1 and Dsg3 (compensation theory), or triggering phosphorylation and activation of transmembrane signaling pathways (release of effector molecules-plasminogen activator).(54)

FS represents an autoimmune organ-specific disease with a multifaceted pathogenesis that involves immune dysfunction (break of tolerance and autoantibody production anti-Dsg1), genetic predisposition (HLADRB1) and environmental triggers (continuous exposure to hematophagous insect bites). Elucidating the key steps of such a complex dermatosis may be the basis for new therapeutic targets, and a model for other autoimmune conditions. (Figure 10)

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Figure 1.
Typical house of a fogo selvagem patient at an endemic region in central Brazil.

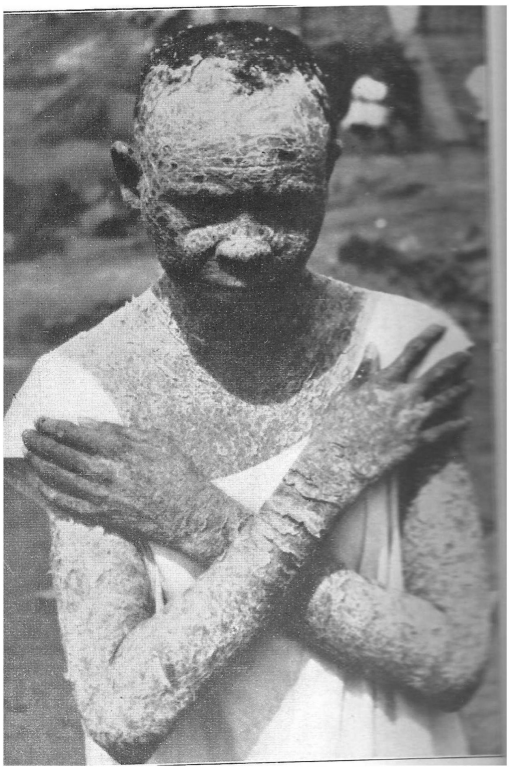

Figure 2.
Patient with a severe form of Fogo selvagem at the Pemphigus Hospital, São Paulo, Brazil, 1940.(6)

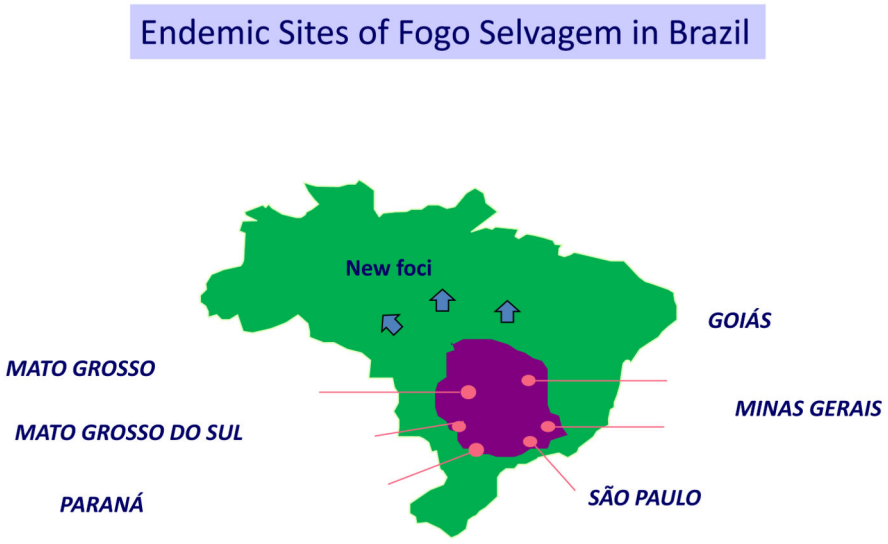

Figure 3.
Map of endemic FS sites in Brazil.

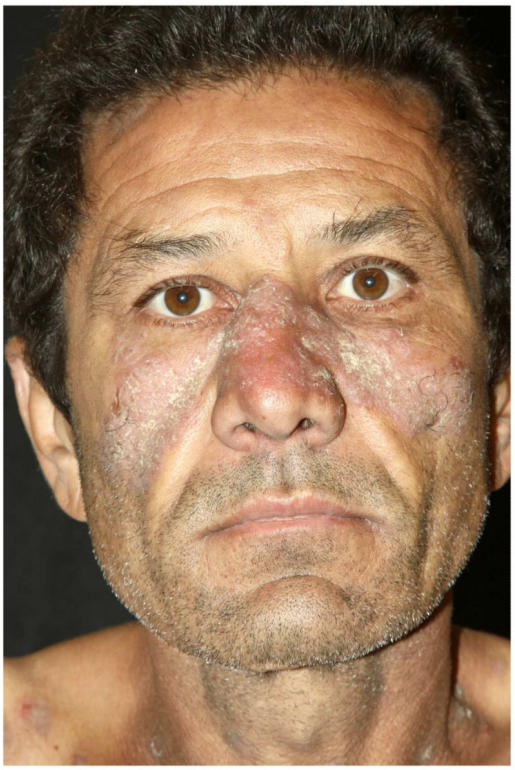

Figure 4.
Fogo selvagem, localized form.

Figure 5.
Fogo selvagem, bullous invasive form.

Figure 6.
Fogo selvagem, exfoliative erythroderma.

Figure 7.
Fogo selvagem, *tinea-imbricata*-like: Vesicles or blisters form circinate or annular patterns.

Figure 8.
Fogo selvagem and severe herpes simplex infection.

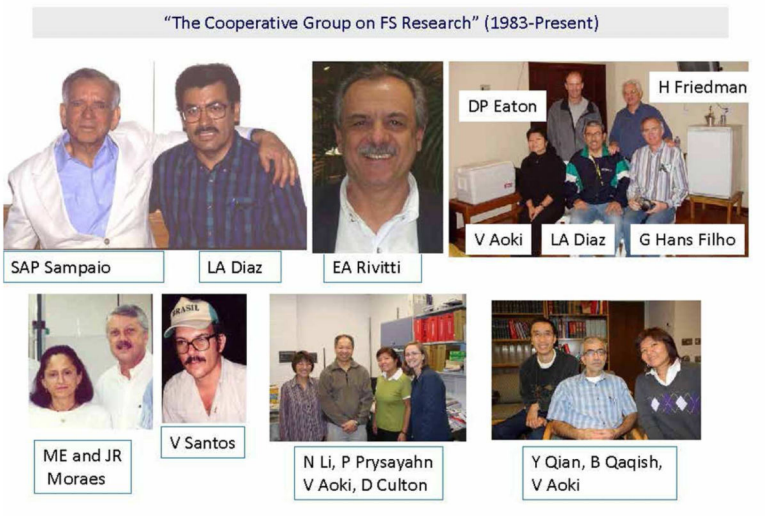

Figure 9.

Researchers from the Cooperative Group on Fogo Selvagem Research at the Terena reservation in Limao Verde, MS, Brazil.

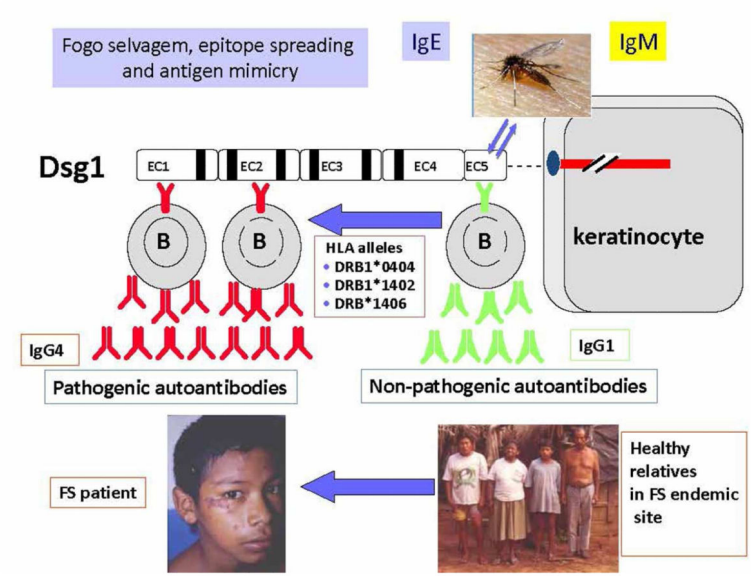

Figure 10.
Pathogenesis of Fogo Selvagem.