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# $\beta_2$ - and $\beta_3$ -adrenergic receptors drive COMT-dependent pain by increasing production of nitric oxide and cytokines

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# Abstract

Decreased activity of catechol-O-methyltransferase (COMT), an enzyme that metabolizes catecholamines, contributes to pain in humans and animals. Previously, we demonstrated that development of COMT-dependent pain is mediated by both  $\beta_2$ - and  $\beta_3$ -adrenergic receptors ( $\beta_2$ and  $\beta_3$ ARs). Here, we investigated molecules downstream of  $\beta_2$ -and  $\beta_3$ ARs driving pain in animals with decreased COMT activity. Based on evidence linking their role in pain and synthesis downstream of  $\beta_2$ - and  $\beta_3$ AR stimulation, we hypothesized that nitric oxide (NO) and proinflammatory cytokines drive COMT-dependent pain. To test this, we measured plasma NO derivatives and cytokines in rats receiving the COMT inhibitor OR486 in the presence or absence of the  $\beta_2$ AR antagonist ICI118,551 +  $\beta_3$ AR antagonist SR59320A. We also assessed if the NO synthase inhibitor L-N<sub>G</sub>-nitroarginine methyl ester (L-NAME) and cytokine neutralizing antibodies block the development of COMT-dependent pain. Results showed that animals receiving OR486 exhibited higher levels of NO derivatives, tumor necrosis factor  $\alpha$  (TNF $\alpha$ ), interleukin-1 $\beta$  (IL-1 $\beta$ ), interleukin-6 (IL-6), and chemokine (C-C motif) ligand 2 (CCL2) in a  $\beta_2$ and  $\beta_3$ AR-dependent manner. Additionally, inhibition of NO synthases and neutralization of the innate immunity cytokines  $TNF\alpha$ , IL-1 $\beta$ , and IL-6 blocked the development of COMT-dependent pain. Finally, we found that NO influences TNFa, IL-1β, IL-6 and CCL2 levels, while TNFa and IL-6 influence NO levels. Altogether, these results demonstrate that  $\beta_2$ - and  $\beta_3$ ARs contribute to COMT-dependent pain, at least partly, by increasing NO and cytokines. Furthermore, they identify  $\beta_{2^{-}}$  and  $\beta_{3}ARs$ , NO, and pro-inflammatory cytokines as potential therapeutic targets for pain patients with abnormalities in COMT physiology.

# Keywords

nitrite; nitrate; tumor necrosis factor alpha (TNFα); interleukin-1beta (IL-1β); interleukin-6 (IL-6); monocyte chemotactic protein-1 (MCP-1); chemokine (C-C motif) ligand 2 (CCL2); epinephrine; norepinephrine; catecholamines; inflammation; allodynia; hyperalgesia

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# 1. Introduction

A growing literature demonstrates that catecholamines and pathways regulating their bioavailability influence pain. Patients with chronic pain conditions including fibromyalgia and temporomandibular disorders (TMD) exhibit increased levels of the catecholamines epinephrine and norepinephrine [19,46,70,79] and decreased levels of the enzyme catechol-O-methyltransferase (COMT) [16,26,81], which metabolizes epinephrine and norepinephrine [50]. Consistent with these findings, animal studies show that epinephrine administration [11,37,38] or COMT inhibition [34,53] increases mechanical and thermal hyperalgesia. Pharmacologic studies reveal that COMT-dependent pain, defined as increased pain following COMT inhibition, is mediated *via*  $\beta_2$ - and  $\beta_3$ -adrenergic receptors ( $\beta_2$ - and  $\beta_3$ ARs). Antagonism of both  $\beta_2$ - and  $\beta_3$ ARs are required to completely block acute COMTdependent pain, as antagonism of either  $\beta_2$ - or  $\beta_3$ ARs alone only produces a partial blockade [53].

 $\beta_2$ ARs and  $\beta_3$ ARs are G-protein coupled receptors expressed in peripheral, spinal, and supraspinal sites involved in pain transmission. Stimulation of  $\beta_2$ - or  $\beta_3$ ARs on peripheral afferents sensitizes nociceptors [2,37] and produces allodynia [35] through activating intracellular kinases. Additionally, stimulation of  $\beta_2$ - or  $\beta_3$ ARs indirectly enhance pain transmission through the release of pro-inflammatory molecules including nitric oxide and cytokines [1,7,21-23,28,49,75,77].

Nitric oxide (NO) is a gaseous molecule whose production by NO synthases can be induced by stimulation of  $\beta_2$ ARs on endothelial cells, smooth muscle, sympathetic afferent neurons, and macrophages [1,21,28] or stimulation of  $\beta_3$ ARs on adipocytes and fibroblasts [7,23]. Following release, NO lowers nociceptor firing thresholds [3,5] to enhance experimental inflammatory and neuropathic pain [29,41,59]. Furthermore, NO can stimulate release of additional molecules involved in nociception, including pro-inflammatory cytokines [9,29].

Pro-inflammatory cytokines linked to pain include tumor necrosis factor  $\alpha$ (TNF $\alpha$ ), interleukin-1 $\beta$  (IL-1 $\beta$ ), interleukin-6 (IL-6), and chemokine (C-C motif) ligand 2 (CCL2, MCP-1).  $\beta_2$ - and  $\beta_3$ AR stimulation promotes the production and release of TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2 [22,49,63,75,77], which act to lower nociceptor firing thresholds and enhance pain [4,14,57,58][33,73].

Of note, NO and cytokines influence one another's release. NO drives the production and release of cytokines including TNF $\alpha$  and IL-1 $\beta$  [9,13,32,83], while cytokines upregulate NO synthase expression and promote NO release [25,42,74,78]. This positive feedback loop may contribute to the development and/or maintenance of pain [13]. While NO and cytokines are released following  $\beta_2$ - and  $\beta_3$ AR stimulation and linked with pain, their role in COMT-dependent pain has not been established.

To investigate the role of NO and cytokines in COMT-dependent pain mediated by  $\beta_2$ - and  $\beta_3$ ARs, we measured plasma NO and cytokines following administration of a COMT inhibitor in the presence or absence of  $\beta_2$ - and  $\beta_3$ AR antagonists. Additionally, we measured mechanical and thermal pain sensitivity following COMT inhibition in the presence or

absence of a NO synthase inhibitor or TNF $\alpha$ , IL-1 $\beta$ , IL-6, or CCL2 neutralizing antibodies. Results demonstrate that (1) COMT-dependent pain is accompanied by increases in peripheral NO derivatives and cytokines mediated by  $\beta_2$ - and  $\beta_3$ ARs, (2) inhibition of NO synthesis and neutralization of the innate immunity cytokines TNF $\alpha$ , IL-1 $\beta$ , IL-6 block COMT-dependent pain, and (3) NO and cytokines potentiate one another's biosynthesis: NO promotes TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2 release while TNF $\alpha$  and IL-6 promote NO release.

# 2. Materials and Methods

#### 2.1 Subjects

Adult male Sprague Dawley rats (Charles River Laboratories, Raleigh, NC) were used in all experiments. Rats weighed between 215-265 g for  $\beta_2$ - and  $\beta_3$ AR antagonism and NO synthase inhibition experiments and between 315-360 g for cytokine neutralization experiments.

## 2.2 Drugs and chemicals

As described in Nackley et al., 2007 [53], OR486 was dissolved in DMSO and diluted in 0.9% saline (3:2). ICI18551, SR59230A, and L-NAME were dissolved in DMSO and 0.9% saline (1:4). Functional grade antibodies against tumor necrosis factor  $\alpha$  ( $\alpha$ -TNF $\alpha$ ), interleukin-1 ( $\alpha$ -IL-1 $\beta$ ), interleukin-6 ( $\alpha$ -IL-6), chemokine (C-C motif) ligand 2 ( $\alpha$ -CCL2) or IgG control were dissolved in 0.9% saline. OR486, ICI118,551, and SR59230A were purchased from Tocris (Ellisville, MO). L-NAME was purchased from Sigma-Aldrich (St. Louis, MO). Neutralizing antibodies against TNF $\alpha$ , IL-1 $\beta$ , CCL2 and Armenian hamster IgG controls were purchased from eBiosciences (San Diego, CA), while the antibody against IL-6 (polyclonal goat IgG) was purchased from R&D Systems (Minneapolis, MN).

#### 2.3 General Experimental Conditions

Animals were handled and habituated for 4 days prior to testing day. On testing day, animals were habituated to the environment for 10-15 minutes and then stable baseline responses to mechanical or thermal stimuli were established in separate groups of rats. Following baseline testing, animals were randomly assigned to drug treatment group and behavior was reassessed. Responses to mechanical stimuli were reassessed at 30, 75 and 120 minutes following OR486 and responses to thermal heat were reassessed at 120 minutes following OR486. Experimenter was blinded to drug treatment group.

We first sought to determine if COMT-dependent pain is accompanied by increases in NO and cytokines and if this was mediated by  $\beta_2$ - and  $\beta_3$ ARs. Separate groups of animals received intraperitoneal (i.p.) ICI118,551 (0.5mg/kg) together with SR59230A (5.0mg/kg) or vehicle 30 minutes before i.p. OR486 (30 mg/kg) or vehicle.

We then sought to elucidate the role of NO and cytokines in driving COMT-dependent pain. To determine if NO production was required for the development of COMT-dependent pain, separate groups of animals received i.p L-NAME (30 mg/kg) or vehicle 30 min before i.p. OR486 (30 mg/kg) or vehicle. L-NAME dosage was based on that used in Kuboyama et al., 2011 [41]. To determine if cytokine action was required for the development of COMT-

dependent pain, separate groups of animals received intravenous (i.v.)  $\alpha$ -TNF $\alpha$  (75 ug),  $\alpha$ -IL-1 $\beta$  (75 ug),  $\alpha$ -IL-6 (75 ug),  $\alpha$ -CCL2 (75 ug) or IgG control (75 ug) dissolved in 250 µL 0.9% saline 2h prior to i.p. OR486 (30 mg/kg) or vehicle. Dosages of neutralizing antibody were determined by two sources: previous reports using neutralizing antibodies and the effective neutralizing dose that would neutralize cytokines at the average dosages we observed at 180 minutes following OR486 administration [8,47]. We chose to administer the antibodies by i.v. injection to optimize the circulation of the antibody in a relatively short amount of time.

Finally, we sought to establish if NO and cytokines influenced one another's biosynthesis. To determine if NO synthesis was required for cytokine release, plasma collected from animals in the L-NAME experiments was measured for levels of TNF $\alpha$ , IL-1 $\beta$ , IL-6 and CCL2. To determine if cytokine action was required for NO release, plasma from animals receiving neutralizing antibodies against TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2 was measured for levels of total nitrite (nitrite and nitrate).

#### 2.4 Assessment of Mechanical Allodynia and Mechanical Hyperalgesia

Paw withdrawal threshold was measured using the von Frey up-down method, as described in Nackley et al., 2007 and below. Nine calibrated von Frey monofilaments (bending forces of 0.40, 0.68, 1.1, 2.1, 3.4, 5.7, 8.4, 13.2, and 25.0 g; Stoelting) with equal logarithmic spacing between filaments were applied to the plantar surface of the hind paw. A series of six applications of monofilaments with varying gram forces was applied for 3 s to the plantar surface of the hindpaw. Testing began with the middle filament in the series (3.4 g). If the response included the withdrawal of the hindpaw, an incrementally lower filament was applied. In the absence of a paw withdrawal, an incrementally higher filament was applied. These data were entered into Paw Flick module within the National Instruments LabVIEW 2.0 (Austin, TX) software. A logarithmic algorithm accounted for the order and number of withdrawal responses as well as the gram force of the final filament to calculate mechanical threshold, the gram force that would elicit paw withdrawal in 50% of trials (10  $[Xf+k\delta]/$ 10,000, where  $X_f$  = value (in log units) of the final von Frey hair used; k = tabular value of positive and negative responses, and  $\delta$  = mean difference (in log units) between stimuli). Mechanical allodynia was defined as a heightened response to a normally innocuous stimulus and was determined as a significant decrease in paw withdrawal threshold from baseline.

After determining paw withdrawal threshold, paw withdrawal frequency to a noxious von Frey monofilament was assessed. The highest gram force filament (25.0 g) was applied to the hind paw 10 times. Stimulus was applied for 1s followed by a 1s interval without a stimulus. The number of paw withdrawals was recorded for each hindpaw. Mechanical hyperalgesia was defined as an increase in the number of paw withdrawals to a noxious mechanical stimulus from baseline.

## 2.5 Assessment of Thermal Hyperalgesia

Thermal hyperalgesia was measured using the radiant method by applying radiant heat to the hind paw as described in Hargreaves et al., 1988 [27]. Animals were placed in individual

Plexiglass chambers and habituated for approximately 10 minutes. Following habituation, a radiant beam of light was applied to the plantar surface of the rat hind paw through a glass floor heated to  $30^{\circ}$ C. Latencies of paw withdrawal from the heat stimulus were recorded in duplicate. If the second paw withdrawal latency was not within ±4 seconds of the first withdrawal latency, then a third measure was recorded. The two latencies closest in value were averaged and included in the analysis. Thermal hyperalgesia was defined as a decrease in paw withdrawal latency to a noxious thermal stimulus compared to baseline.

## 2.6 Tissue Collection

Following behavioral testing, animals were euthanized by injection of 0.5 mL Fatal-Plus (Vortech Pharmaceuticals, Dearborn, MI). Arterial blood was collected and placed in EDTA plasma tubes, then centrifuged for 15 minutes at  $15,000 \times g$ . Following collection, plasma was stored at  $-80^{\circ}$ C.

# 2.7 Measurement of NO Derivatives

To measure nitrite, NO in blood plasma was assessed using the Griess Reaction (Promega, Madison, WI). To measure total nitrite (nitrite and nitrate), NO in blood plasma was assessed by kit from R&D Systems (Minneapolis, MN).

#### 2.8 Measurement of Cytokines

To determine if COMT inhibition raised TNF $\alpha$  plasma levels downstream of  $\beta_2$ - and  $\beta_3AR$  stimulation, plasma TNF $\alpha$  was measured by the UNC Proteomics/Immunotechnologies Core using ELISA kits from Biosource (Camarillo, CA). To determine if COMT inhibition raised TNF $\alpha$  plasma levels downstream of NO production, plasma TNF $\alpha$  was measured by chemiluminescent ELISA (Life Technologies Carlsbad, CA) due to discontinuation of aforementioned Biosource kit. IL-1 $\beta$  was measured by the UNC Cytokine Analysis Facility using the Luminex Rat Cytokine Multiplex Array from R&D Systems (Minneapolis, MN). IL-6 and CCL2 were measured by ELISA (eBioscience, San Diego, CA; R&D Systems, Minneapolis, MN, respectively). Selected ELISAs and multiplex were based upon minimum assay range and analyte sensitivity. All plasma samples were diluted at 2×.

# 2.9 Statistical Analysis

All behavioral data were analyzed using a t-test to verify that there were no significant differences in baseline values. Baseline mechanical allodynia values did differ in two groups and were normalized using the following formula: D= (Average baseline for all groups) – (average baseline for specific group). Value, D, was then added to each animal's threshold value at all time points. Mechanical allodynia and hyperalgesia data were analyzed by two-way analysis of variance (ANOVA). Thermal hyperalgesia and molecular data were analyzed using a one-way ANOVA. Post-hoc comparisons were performed using the Bonferroni test and were corrected for multiple testing. P< 0.05 was considered to be statistically significant.

# 3. Results

# 3.1 COMT inhibition results in increased pain sensitivity and production of proinflammatory mediators via $\beta_2$ - and $\beta_3$ ARs

To recapitulate our lab's previous results demonstrating that acute COMT-dependent pain is mediated by both  $\beta_2$ - and  $\beta_3$ ARs, we measured pain behavior in animals receiving the  $\beta_2$ AR antagonist ICI118,551 together with the  $\beta_3$ AR antagonist SR59320A prior to the COMT inhibitor OR486. As expected, animals receiving OR486 exhibited mechanical allodynia (F<sub>3,137</sub>=9.223, *P* < 0.0001; Fig. 2A), mechanical hyperalgesia (F<sub>3,139</sub>= 11.45, *P* < 0.0001; Fig. 2B) and thermal hyperalgesia (F<sub>3,54</sub>=5.336, *P* < 0.003; Fig. 2C) compared to those receiving vehicle. COMT-dependent increases in pain sensitivity were observed 30 to 120 min following drug administration and were completely blocked by co-administration of  $\beta_2$ - and  $\beta_3$ AR antagonists.

Following the conclusion of behavioral experiments, blood plasma was collected to measure circulating levels of NO derivatives, TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2. Animals receiving OR486 exhibited increased levels of nitrite (F<sub>3, 23</sub>= 3.929, *P* <0.03; Fig. 2D), TNF $\alpha$  (F<sub>2,18</sub>=5.663, *P*<0.02; Fig. 2E), IL-1 $\beta$  (F<sub>3,27</sub>=3.428, *P*<0.04; Fig. 2F), IL-6 (F<sub>3,19</sub>=1.354, *P*=0.2; Fig. 2G), and CCL2 (F<sub>3,27</sub>=3.569, *P* <0.03; Fig. 2H). COMT-dependent increases in nitrite and cytokines were completely blocked by co-administration of ICI118,551 and SR59320A.

#### 3.2 NO synthase inhibition and cytokine neutralization prevent COMT-dependent pain

As NO and cytokines are released following stimulation of  $\beta_2$ - and  $\beta_3$ ARs and have been implicated in the development of pain in other models, we sought to determine their role in the development of acute COMT-dependent pain. To first evaluate the contribution of NO synthesis, we measured pain behavior in separate groups of animals that received the NO synthase inhibitor L-NAME or vehicle 30 min prior to OR486. Administration of L-NAME prior to OR486 blocked the development of mechanical allodynia (F<sub>3,138</sub>=5.195, *P*<0.003; Fig. 3A), mechanical hyperalgesia (F<sub>3,138</sub>=5.195, *P*<0.003; Fig. 3B), and thermal hyperalgesia (F<sub>3,54</sub>=6.337, *P*<0.001; Fig. 3C). Therefore, NO production by NO synthases is required for the development of COMT-dependent increases in mechanical and thermal pain.

To next evaluate the individual contributions of TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2 to acute COMT-dependent pain, we measured pain behavior in separate groups of animals receiving neutralizing antibodies against TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2 or control IgG prior to OR486. Results show that neutralization of the innate immunity cytokines (TNF $\alpha$ , IL-1 $\beta$ , and IL-6), but not CCL2, prevented OR486-dependent increases in mechanical and thermal pain. Administration of  $\alpha$ -TNF $\alpha$  (F<sub>3,84</sub>=10.71, *P*<0.0001; Fig. 4A),  $\alpha$ -IL-1 $\beta$  (F<sub>3,83</sub>=19.34, *P*<0.0001; Fig. 4D), and  $\alpha$ -IL-6 (F<sub>3,87</sub>=10.96, *P*<0.0001; Fig. 4G) blocked mechanical allodynia. Additionally, pretreatment with  $\alpha$ -TNF $\alpha$  (F<sub>3,89</sub>=30.95, *P*<0.0001; Fig. 3B),  $\alpha$ -IL-1 $\beta$  (F<sub>3,89</sub>=29.72, *P*<0.0001; Fig. 4E), and  $\alpha$ -IL-6 (F<sub>3,93</sub>=23.33, *P*<0.0001; Fig. 4H) blocked mechanical hyperalgesia. Finally,  $\alpha$ -TNF $\alpha$  (F<sub>3,47</sub>=5.312, *P*<0.004; Fig. 4C),  $\alpha$ -IL-1 $\beta$  ( $\alpha$ -IL-1 $\beta$  : F<sub>3,49</sub>=5.639, *P*<0.002; Fig. 4F), and  $\alpha$ -IL-6 (F<sub>3,48</sub>=3.339, *P*<0.003; Fig. 4I) blocked thermal hyperalgesia at 120 min. However,  $\alpha$ -CCL2 was not effective at blocking mechanical allodynia (Fig. 4J), mechanical hyperalgesia (Fig. 4K) or thermal hyperalgesia (Fig. 4L). Therefore, the innate immunity cytokines TNF $\alpha$ , IL-1 $\beta$ , and IL-6 are required for the development of COMT-dependent pain.

# 3.4 Interplay between NO and cytokine protein expression in COMT-dependent pain

We then sought to determine if these pro-inflammatory molecules could influence the synthesis and release of one another downstream of  $\beta_2$ - and  $\beta_3AR$  stimulation. Blood plasma was collected from animals that received L-NAME or cytokine neutralizing antibodies prior to OR486 and peripheral levels of NO derivatives and cytokines were measured. In NO inhibition experiments, levels of TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2 were elevated in animals receiving vehicle prior to OR486. Pre-administration of L-NAME blocked OR486-mediated increases in TNF $\alpha$  (F<sub>3,39</sub>=0.2989, *P*<0.83; Fig. 5A), IL-1 $\beta$ (F<sub>3,27</sub>=3.255, *P*<0.04; Fig. 5B), IL-6 (F<sub>3,18</sub>=1.354, *P*<0.3; Fig. 5C), and CCL2 (F<sub>3,27</sub>=2.761, *P*=0.06; Fig. 5D).

In cytokine neutralization experiments, total nitrite (nitrite + nitrate) concentrations in blood plasma were elevated in animals receiving control IgG prior to OR486. Pre-administration of  $\alpha$ -TNF $\alpha$  (F<sub>3,21</sub>=3.230, *P*<0.05; Fig. 6A) or  $\alpha$ -IL-6 (F<sub>3,22</sub>=3.772, *P*<0.03; Fig. 6C) prior to OR486 blocked elevations in total nitrite. However, pre-administration of  $\alpha$ -II-1 $\beta$  (Fig. 6B) or  $\alpha$ - CCL2 (Fig. 6D) failed to block OR486-mediated increases in total nitrite levels. Thus, NO and cytokines drive one another's biosynthesis.

# 4. Discussion

Our laboratory previously demonstrated that COMT inhibition produces remarkable increases in mechanical and thermal pain sensitivity through stimulation of both  $\beta_2$ - and  $\beta_3$  ARs [53]. However, the molecular mechanisms whereby these receptors drive COMT-dependent pain have remained unknown. Here, we identify NO, TNF $\alpha$ , IL-1 $\beta$ , and IL-6 as molecules downstream of  $\beta_2$ - and  $\beta_3$ AR stimulation that are critical for the development of pain associated with decreased COMT activity. Furthermore, we demonstrate that NO and cytokines act in a positive feedback loop to induce one another's biosynthesis.

# 4.1 Role of Nitric Oxide in COMT-dependent Pain

NO is a paracrine signaling molecule produced by three different nitric oxide synthase isoforms: neuronal NOS (nNOS, NOS1), inducible NOS (iNOS, NOS2), and endothelial NOS (eNOS, NOS3). While previous studies have linked NO to inflammatory and neuropathic pain, here we provide the first demonstration that NO contributes to COMTdependent pain. Specifically, we found that stimulation of  $\beta_2$ - and  $\beta_3$ ARs following COMT inhibition resulted in increased levels of NO derivatives and that inhibition of NO synthesis with L-NAME prevented the development of COMT-dependent mechanical allodynia, mechanical hyperalgesia, and thermal hyperalgesia. These findings are in line with results from clinical and animal studies showing NO is upregulated following injury and inflammation [9,13,29,41,52,59,66] and that genetic or pharmacologic blockade of NO can suppress pain in these models [9,29,41,51,59,62]. NO is able to produce pain through several mechanisms, including the canonical stimulation of cyclic guanylyl monophosphate (cGMP), which can enhance activity of Ca<sup>2+-</sup> activated K<sup>+</sup> channels and, thus, the firing rate of nociceptors. NO can also stimulate cyclic adenosine monophosphate (cAMP)-mediated production of pro-pain prostaglandins (PGE<sub>2</sub>) that sensitize primary afferents [3,5]. Furthermore, NO can stimulate cAMP production through S-nitrosylation of adenylate cyclase and the phosphorylation of cAMP response element binding (CREB) protein by cGMP. Activation of CREB leads to enhanced expression of cytokines such as IL-1 $\beta$  and TNF $\alpha$  [9,32,83]. While others have linked NO production with  $\beta_2$ - and  $\beta_3$ AR stimulation in the context of inflammation [1,21,28,75], this is the first demonstration that NO synthesis is critical for COMT-dependent pain and cytokine production.

# 4.2 Role of Pro-Inflammatory Cytokines in COMT-dependent Pain

TNF $\alpha$ , IL-1 $\beta$ , and IL-6 are innate immunity cytokines, considered to be the first-responders to injury or pro-inflammatory events. In an acute setting, these cytokines convey a protective advantage by promoting wound healing [17]. However, sustained elevations of these cytokines can promote tissue damage and pain. Here, we found that COMT inhibition led to the release of TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2 mediated by  $\beta_2$ - and  $\beta_3$ ARs. We also found that neutralization of the innate immunity cytokines TNF $\alpha$ , IL-1 $\beta$  and IL-6, but not CCL2, prevented COMT-dependent mechanical and thermal sensitivity.

Stimulation of  $\beta_2$ - and  $\beta_3$ ARs located on cells in the periphery and central nervous system can enhance production of TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2 [30,31,45,54,75,77,82,84], which can then enhance pain sensitivity. Elevations in these cytokines have been found in local synovial joint fluid from patients with TMD [40] and in blood from patients with fibromyalgia and migraine [65,68,80]. Neutralization of TNF $\alpha$ , IL-1 $\beta$ , and IL-6 reduces the development of allodynia and hyperalgesia in models of neuropathic pain [4,47,57,69], suggesting that these cytokines are critical for pain.

Cytokines downstream of  $\beta_2$ - and  $\beta_3$ AR stimulation likely drive COMT-dependent pain through direct and indirect mechanisms. Previous studies have demonstrated that TNF $\alpha$ , IL-1 $\beta$  and IL-6 can bind to their respective receptors on nerve terminals to directly sensitize peripheral nociceptors [4,14,57,58]. TNF $\alpha$  can also drive sensitization of nociceptors through receptor-independent increases in the production of other pro-inflammatory cytokines. Cunha and colleagues found that  $\alpha$ -TNF $\alpha$  blocked CFA-induced increases in pain and IL-1 $\beta$  production [12]. They speculated that TNF $\alpha$  acts as the first cytokine in the cascade to stimulate the sequential release of IL-6, IL-1 $\alpha$ , and PGE<sub>2</sub>.

In contrast to the innate immunity cytokines, administration of  $\alpha$ -CCL2 did not prevent the development of COMT-dependent pain. This may be due to one of two possibilities: that CCL2 is critical for the maintenance versus the development of pain or that higher dosages of  $\alpha$ -CCL2 may reduce COMT-dependent pain and NO release. Previous studies have shown that CCL2 recruitment of monocytes and neutrophils to the site of injury occurs at later time points after 2 hours [60]. Furthermore, CCL2 is released from spinal dorsal horn astrocytes, which are glial cells involved in the maintenance of pain states [24].

# 4.3 Interplay between NO and Cytokines in COMT-dependent pain

Mounting evidence suggests that a positive feedback loop exists between NO and cytokines, such that they can induce one another's biosynthesis. Here, we found that inhibition of NO synthesis effectively blocked COMT-dependent increases in TNF $\alpha$ , IL-1 $\beta$ , IL-6 and CCL2, while neutralization of TNF $\alpha$  and IL-6 blocked COMT-dependent increases in the production of NO derivatives. Disruption of NO, TNF $\alpha$  or IL-6 signaling reduces the pro-inflammatory feedback mechanism important for COMT-dependent pain. This synergistic relationship between NO and cytokines has been observed as a key characteristic of inflammation. NO has long been known to act as a putative molecule dictating macrophage trafficking [5] and cytokine production and release [9,29,41]. Furthermore, NO can influence the transcription of cytokines such as TNF $\alpha$  [32] and IL-1 $\beta$  [83]. Cytokines can also influence NO synthesis, as TNF $\alpha$ , IL-1 $\beta$  and IL-6 have been found to increase NOS transcription by directly binding to the promoter or by stimulating p38-MAPK [42,48,74]. The collective work from our lab and others demonstrates that NO and cytokines influence one another's biosynthesis and suggest that it is the 'net effect' of these molecules that ultimately influences pain.

## 4.4 Potential Site of Action

 $\beta_2$ - and  $\beta_3$ ARs are expressed on cells in peripheral, spinal, and central sites where they could potentially mediate pain sensitivity. In the periphery,  $\beta_2$ ARs are located on mononuclear leukocytes [43], adipocytes [39], vascular, uterine, and airway smooth muscle cells [18], while  $\beta_3$ ARs are expressed in brown and white adipose tissue [72]. In the central nervous system, $\beta_2$ ARs are located on thalamic, cerebellar [55,61], and spinal dorsal horn neurons [56] as well as glial cells [64,71], while  $\beta_3$ ARs are located on dorsal root ganglia (DRG) [36]. In the present study, we found that COMT-dependent  $\beta_2$ - and  $\beta_3$ AR stimulation resulted in the release of pro-inflammatory molecules circulating in the periphery. Another recent study by our group shows that adrenalectomized rats, lacking peripheral epinephrine, fail to develop increased mechanical and thermal pain sensitivity following sustained COMT inhibition, thus providing further evidence for a peripheral contribution of adrenergic systems to COMT-dependent pain. [10]. Additional work is required to determine the relative contributions of peripheral, spinal, and supraspinal  $\beta_2$ - and  $\beta_3$ ARs to COMTdependent pain.

# 4.5 Greater Implications and Clinical Relevance

As observed here, decreased COMT activity enhances pain by increasing the production of NO and cytokines *via*  $\beta_2$ - and  $\beta_3$ ARs. Genetic variants resulting in decreased COMT activity have been associated with chronic pain conditions such as fibromyalgia [24] and TMD [16], which are linked to increased levels of catecholamines [19,79] and production of proinflammatory molecules [6,15,44]. Specifically, patients with fibromyalgia [6,44] and TMD [20,40,67,68] exhibit higher levels of NO derivatives (e.g. nitrite and nitrate) and cytokines such as TNF $\alpha$ , IL-1 $\beta$ , IL-6, and CCL2. Recent reports suggest that  $\beta$ -adrenergic mechanisms involved in COMT-dependent pain may overlap with those observed in complex regional pain syndrome [45], which is also linked to stimulation of  $\beta$ ARs and increased production of pro-inflammatory cytokines. Thus,  $\beta$ AR antagonist therapy used to mitigate catecholamine signaling and alleviate pain in patients with fibromyalgia and TMD [46,70,76,85] may benefit other patient populations suffering from pain conditions of shared etiology. Future studies will employ a more clinically relevant model of sustained COMT inhibition to evaluate the efficacy of  $\beta$ AR antagonists in reversing COMT-dependent pain following its induction.

# 5. Conclusions

In conclusion, these findings elucidate the molecules downstream of  $\beta_2$ - and  $\beta_3ARs$  that drive acute COMT-dependent pain. Elevated levels of norepinephrine/epinephrine, resulting from decreased COMT activity, stimulate  $\beta_2$ - and  $\beta_3ARs$  to promote the release of NO and the innate immunity cytokines TNF $\alpha$ , IL-1 $\beta$ , and IL-6, which in turn produce heightened pain sensitivity. The chemokine CCL2 was elevated in COMT-deficient animals, but its blockade did not prevent the development of acute COMT-dependent pain. Additionally, we found that NO and innate immunity cytokines function in a positive feedback loop to strengthen their own biosynthesis. This amplification mechanism may form the basis for the development of prolonged hypersensitive pain states. Finally, these data suggest that patients suffering from pain conditions associated with abnormalities in catecholamine signaling may benefit from therapeutics that selectively regulate the activity of  $\beta_2$ - and  $\beta_3ARs$  and downstream effectors.

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# **Summary Statement**

Inhibition of nitric oxide synthesis and neutralization of  $TNF\alpha$ , IL-1 $\alpha$ , and IL-6 prevent the development of pain resulting from abnormalities in adrenergic signaling.



#### Fig. 1. Timeline of administered treatments used in this study

The COMT inhibitor OR486 or vehicle was administered in the presence or absence of the  $\beta_2$ - and  $\beta_3$ -adrenergic receptor antagonists ICI118,551 and SR59320A, the NO synthase inhibitor L-NAME, or neutralizing antibodies against TNF $\alpha$ , IL-1 $\beta$ , IL-6, or CCL2.



Fig. 2. COMT inhibition increases pain, NO derivatives, and cytokines *via*  $\beta_{2,3}ARs$ Animals receiving OR486 (30 mg/kg) exhibit (**A**) mechanical allodynia, (**B**) mechanical hyperalgesia, and (**C**) thermal hyperalgesia, as well as increased circulating levels of (**D**) nitrite, (**E**) TNF $\alpha$ , (**F**) IL-1 $\beta$ , (**G**) IL-6, and (**H**) CCL2. COMT-dependent increases in pain, nitrite, and cytokines were completely blocked by co-administration of ICI118,551 (0.5 mg/kg) and SR59320A (5.0mg/kg). N=6-10 per group. Data are mean ± SEM. \**P*<0.05, \*\**P*<0.01, \*\*\**P*<0.001 different from Veh/Veh, #*P*<0.05 different ICI+SR/Veh and ICI +SR/OR486.



#### Fig. 3. Inhibition of NO synthesis prevents COMT-dependent pain

Administration of the universal nitric oxide synthase inhibitor L-NAME (30 mg/kg) prior to OR486 (30 mg/kg) normalized (**A**) mechanical allodynia, (**B**) mechanical hyperalgesia, and (**C**) thermal hyperalgesia. N=8-10 per group. Data are mean  $\pm$  SEM. \**P*<0.05, \*\**P*<0.01, \*\*\**P*<0.001 different from Veh/Veh.



Fig. 4. Neutralization of TNFa, IL-1 $\beta$ , and IL-6, but not CCL2, blocks COMT-dependent pain Administration of  $\alpha$ -TNF $\alpha$  (75 µg),  $\alpha$ -IL-1 $\beta$  (75 µg), or  $\alpha$ -IL-6 (75 µg) prior to OR486 (30 mg/kg) normalized (**A**, **D**, **G**) mechanical allodynia, (**B**, **E**, **H**) mechanical hyperalgesia, and (**C**, **F**, **I**) thermal hyperalgesia. (**J-L**) Administration of  $\alpha$ -CCL2 failed to block OR486induced increases in mechanical and thermal pain. N=6-8 per group. Data are mean ± SEM. \**P*<0.05, \*\**P*<0.01, \*\*\**P*<0.001 different from Control IgG/Veh. #*P*<0.05 different from  $\alpha$ -TNF $\alpha$ /Veh and  $\alpha$ -TNF $\alpha$ /OR486.



Fig. 5. Inhibition of NO synthesis prevents COMT-dependent increases in cytokines Administration of the nitric oxide synthase inhibitor L-NAME (30 mg/kg) prior to OR486 (30 mg/kg) blocked increases in circulating levels of (A) TNFa, (B) IL-1 $\beta$ , (C) IL-6, and (D) CCL2. N=6-10 per group. \**P*<0.05 different from Veh/Veh.



Fig. 6. Neutralization of TNFa and IL-6 prevents COMT- dependent increases in NO OR486-induced increases in total nitrite (nitrite and nitrate) were blocked by pretreatment with (A)  $\alpha$ -TNFa (75  $\mu$ g) or (C)  $\alpha$ -IL-6 (75  $\mu$ g), but not (B)  $\alpha$ -IL-1 $\beta$  (75  $\mu$ g) or (D)  $\alpha$ -CCL2 (75  $\mu$ g). N=6-8 per group. Data are mean  $\pm$  SEM. %*P*<0.05 different from  $\alpha$ -TNF $\alpha$ /Veh, #*P*< 0.05 different from  $\alpha$ -IL-6/Veh and  $\alpha$ -IL-6/OR486.