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AAV8-Mediated Gene Transfer of Interleukin-4 to Endogenous β -Cells Prevents the Onset of Diabetes in NOD Mice

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Abstract

We previously demonstrated that intra-peritoneal delivery of adeno-associated virus serotype 8 (AAV8) stably transduces the pancreas, including the β -cells in the endogenous islets. We also demonstrated the ability to deliver and express genes specifically in β -cells for at least 6 months using a murine insulin promoter (mIP) in a double-stranded, self-complementary AAV vector (dsAAV8-mIP). Here we evaluated the effects of dsAAV8-mIP mediated delivery of interleukin 4 (mIL-4) to endogenous β -cells in NOD mice. In 4 week old NOD mice, the extent of gene transfer and expression in endogenous β-cells following i.p. delivery of dsAAV8-mIP-eGFP was comparable to normal BALB/c mice. Furthermore, following i.p. delivery of dsAAV8-mIP-IL4, expression of mIL-4 was detected in islets isolated and cultured from the treated mice. AAV8-mIP mediated gene expression of mIL-4 to endogenous β -cells of 4 and 8 week old NOD mice prevented the onset of hyperglycemia in NOD mice and reduced the severity of insulitis. Moreover, expression of mIL-4 also maintained the level of CD4⁺CD25⁺FoxP3⁺ cells and adoptive co-transfer of splenocytes from diabetes-free IL-4 vector recipients and splenocytes from wild type diabetic NOD mice prevented the onset diabetes. Taken together, these results demonstrate that local expression of mIL-4 in islets prevents islet destruction and blocks autoimmunity, in part, through regulation of T cell function. These results also demonstrate the utility of using dsAAV8-mIP gene transfer to endogenous NOD β -cells to examine the role of specific gene products in preventing or exacerbating the onset of type 1 diabetes.

INTRODUCTION

Autoimmune type 1 diabetes (T1D) is an organ specific disease, characterized by infiltration of auto reactive T cells into the pancreas, leading to destruction of pancreatic islet β -cells. About 5%–10% of diabetes cases in North America are type 1, and the disease is most prominent among young children, with about 40 cases per 10,000 children and peak age of onset at 11–12 years of age. Insulin replacement can ameliorate the symptoms of the disease, but it has no effect on the autoimmune process, eventually leading to complications such as nephropathy, micro-vascular disease, blindness, and atherosclerosis. Preventing the progression of T1D in its early stages therefore requires controlling the autoimmune component of the disease. A murine model for human type 1 diabetes is the non-obese

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diabetic (NOD) mouse that, depending upon housing conditions and type of food, spontaneously develops insulitis around 4 weeks of age followed by the onset of hyperglycemia between 12 and 18 weeks of age.

T1D is mediated by T cells because it can be prevented by treatment with anti-T–cell antibodies [1, 2] and can be transferred to pre-diabetic animals with T cells from diabetic mice [3, 4]. T1D develops, in part, from a deficiency in the function of regulatory T cells (T-reg) that fail to control disease pathogenesis [5]. TH1 cells appear responsible for mediating autoimmunity in NOD mice, whereas endogenous TH2 and regulatory T cells can protect mice against diabetes development [3, 6]. The inflammatory process in early diabetes is initiated and propagated by the effect of TH1-secreted cytokines such as interferon (IFN- γ) and suppressed by TH2-secreted anti-inflammatory cytokines such as IL-4 and IL-10. Numerous studies suggest that the intrinsic TH1/TH2 balance in NOD mice is tilted toward TH1 and manipulations that correct this balance result in protection from destructive insulitis and diabetes [7, 8].

Delivery of TH2 cytokines prevents the onset of diabetes in NOD mice [3, 6], low dose streptozotocin-treated mice [9], and BioBreeding rats [10]. In particular, IL-4 and IL-10 have been delivered therapeutically as recombinant proteins[3], by gene transfer of expression plasmids[6, 11–13], by transplantation of genetically modified dendritic cells [7, 14] or by gene transfer using recombinant adeno-associated virus vectors[10]. Additionally, transgenic NOD mice expressing IL-4 specifically in β -cells has been used to demonstrate that pancreas specific expression of these TH2 cytokines was sufficient to block the development of hyperglycemia[15, 16]These results all suggest that the TH2 cytokines IL-10 and, in particular, IL-4, may be therapeutic in preventing or reversing T1D.

Systemic administration of anti-inflammatory mediators such as recombinant cytokines requires repeated administration due to the short half-life of these molecules and can result in non-specific side effects. Sustained, systemic expression of cytokines has been achieved by gene transfer to different tissues such as muscle, but there is a concern that the systemic cytokine levels may have adverse effects on normal immune function. Thus approaches to deliver anti-inflammatory or anti-apoptotic agents to endogenous islets have been investigated. Adenoviral vectors are effective for transduction of both human and rodent islets in culture, resulting in gene transfer of the β-cells within the intact islet without interfering with β -cell function [17, 18]. Adenoviral vectors also are able to transduce of endogenous islets in vivo, albeit at a low efficiency. The disadvantage of adenoviral vectors is that gene expression is transient, due in part to the inherent immunogenicity of first generation adenoviral vectors. Adeno-associated virus (AAV) based vectors can infect both dividing and non-dividing cells resulting in long-term efficient transgene expression in animal models with limited immunogenicity [19]. The use of self-complementary (double stranded) AAV vectors partially overcomes the need for high MOI of ssAAV (single stranded AAV), conferring rapid and efficient transduction. Also, the efficiency of AAV infection has been improved through the use of certain serotypes of AAV that have different tropisms in vivo. We previously have shown the efficient transduction of both rodent and human islets with dsAAV vectors packaged in AAV2, 6 and 8 capsids in culture [20]. Moreover, we have demonstrated that intravenous, intraperitoneal and intraductal injection of AAV6 and, in particular, AAV8 results in efficient transduction of endogenous murine islets[21]. Moreover, we have demonstrated that the use of a murine insulin promoter (mIP) with the AAV vector results in β -cell specific transgene expression for more than six months without any apparent side effect[21].

In the present study, we have investigated the therapeutic effects of dsAAV8 gene transfer of murine IL-4 into endogenous β -cells of 4 and 8 week old NOD mice. Expression of IL-4,

but not IL-10 or IxB, in β -cells reduced insulitis maintained the number of CD4⁺CD25⁺ FoxP3⁺ cells and prevented the onset of hyperglycemia in NOD mice. Adoptive transfer of splenocytes from the non-diabetic dsAAV8-mIP-IL-4 mice to NOD*scid* mice was able to block the diabetes induced by splenocytes co-adoptively transferred form non-diabetic dsAAV-mIP-eGFP mice. Taken together, these results demonstrate that local expression of IL-4 in islets prevents islet destruction by blocking autoimmunity through regulation of diabetogenic T cells, in part through maintenance of CD4+CD25+ FoxP3+ cells. These results also demonstrate the utility of using the dsAAV8-mIP-mediated gene transfer to endogenous NOD β -cells to examine the role of specific agents conferring or preventing T1D.

RESULTS

Intra-peritoneal delivery of dsAAV8 transduces pancreatic islets and specifically β-cells

We demonstrated previously that intra-peritoneal (i.p.), systemic (i.v.) and intra-ductal (i.d.) administration of dsAAV8-CMV-GFP results in significant transduction of both exocrine and endocrine cells of the pancreas along with other organs in both C57BL/6 and BALB/c mice[21]. The use of the murine preproinsulin promoter (mIP) shown to be β cell specific[22], in the dsAAV vector limited eGFP expression to the pancreatic β -cells[21]. The ability to express genes specifically in endogenous β -cells allows for the examination of the ability of specific gene products to regulate progression of diabetes in NOD mice when expressed in endogenous β -cells at certain times prior to onset of hyperglycemia.

Initially, we investigated the ability of dsAAV8 carrying the mIP-eGFP cassette to transduce pancreatic β -cells in young (4 week old) female NOD mice compared to normal BALB/C mice. As shown in figure 1, dsAAV8-mIP-eGFP transduction and expression of eGFP in pancreatic isolated islets of young female NOD mice (Fig. 1c) was as efficient as in normal BALB/C mice (Fig. 1b) and was specifically expressed in β -cells (Figs. 1d–f). Moreover, the GFP expression was absent in exocrine pancreatic tissue, liver, and spleen (Figs. 1g–i), and no eGFP expression was seen in vehicle control (Fig. 1a), similar to our previous results[21].

Expression of murine IL-4 (mIL-4) in islets following transduction with dsAAV8-mIP-IL-4 in culture

To determine if local expression of IL-4 in the endogenous β -cells in NOD mice could block diabetes progression, we generated a dsAAV vector carrying the mIL-4 cDNA under the regulation of the mIP. The ability of the dsAAV8-mIP-IL-4 to express IL-4 following infection of β -cells was tested initially by infecting a group of 100 IEQ, isolated from BALB/C mice, with 10,000 v.g of AAV-mIP-IL-4 per islet cell *in vitro* in triplicate in a 12 well plate. At four and six days post-infection, the level of IL-4 secreted into the media was determined by ELISA. As shown in figure 2a, the levels of IL-4 secreted by the β -cells increased with time whereas only negligible amounts of IL-4 were detected in islets transduced with AAV expressing GFP and mock (control) infected islets. Similarly, significant amounts of IL-4 was detected in islet homogenates infected with dsAAV expressing IL-4 as compared to mock (control) and GFP transduced islets (Fig 2b).

Subsequently, to demonstrate expression of IL-4 following transduction of endogenous islets, 4 week old female NOD mice were injected i.p. with dsAAV8-mIP-IL-4. The islets (100) from 5 mice were isolated two weeks post-injection and cultured in a 12 well plate. As shown in figure 2c, significant expression of IL-4 (Fig. 2c) was detected in NOD islets infected with dsAAV8-mIP-IL-4, as compared to eGFP (control). Although it is possible that some of the IL-4 expression could be from endogenous cells, the majority of IL-4

expression detected is exogenous IL-4 from the AAV-transduced β -cells. Also, it is important to note that no expression of IL-4 was detected in the serum of mice for each of the three groups (data not shown).

Prevention of onset of diabetes in NOD mice treated with dsAAV-mIP-IL-4

Non-obese diabetic (NOD) mice spontaneously develop insulitis around 4 weeks of age followed by the onset of hyperglycemia between 12 and 18 weeks of age in 80% to 90% of females. It has been reported that the inflammatory process in early diabetes is initiated and propagated by the effect of TH1-secreted cytokines such as interferon- γ (IFN- γ), and suppressed by TH2-secreted anti-inflammatory cytokines such as IL-4 and IL-10[3, 6, 11–13]. To determine the possible therapeutic effects of IL-4 expression from endogenous β -cells on the course of T1D in NOD mice, 4 week-old female NOD mice at the time of onset of insulitis were injected intra-peritoneally with 4 X 10¹¹ v.g. of the recombinant AAV vector expressing mIL-4. Blood glucose was monitored weekly until the experiment was terminated at 40 weeks of age. As shown in Figure 3a, dsAAV mediated intra-pancreatic β -cell expression of IL-4 significantly reduced the frequency of onset of hyperglycemia compared to GFP and vehicle control mice. However, in the GFP control mice, the onset of disease was only slightly delayed as compared to saline controls (Fig. 3a). In contrast, treatment with dsAAV vectors expressing IL-10 and IxB super-repressor appeared to have no therapeutic effect on onset of disease (Fig 3c&d).

To determine the possible therapeutic effects of IL-4 expression in NOD mice with progressive expansion of insulitis, 8 week old female NOD mice were injected intraperitoneally with 4 X 10¹¹ v.g. of dsAAV-mIP-IL-4 and monitored for blood glucose. As shown in figure 3b, the β -cell specific expression of mIL-4 even in 8 week old mice significantly reduced the onset of hyperglycemia as compared to saline and eGFP controls.

Evaluation of insulitis by histology

The extent of insulitis in the 8 and 21 week euglycemic mice was examined by histological analysis of pancreatic sections. In 8 week old mice, there was mild to severe mononuclear cell infiltration in and around islets of the saline and GFP treated mice (Figs. 4a–b) whereas the dsAAV8-IL-4 treated mice showed limited mononuclear cell infiltration in significantly fewer numbers of islets (Fig. 4c). In the 21 week old NOD mice there was 50 to 100% of mono-nuclear cell infiltration in the islets of saline and eGFP control mice (Figs. 4d–e). In contrast, expression of mIL-4 in the β -cells limited insulitits to the periphery of islet (peri-insulitis; Fig. 4f).

Overall, the insulitis score at 21 weeks of age of dsAAV-mIP-IL-4 recipient mice (1.365 ± 1.205) was lower than that of mice received dsAAV-mIP-eGFP $(2.009 \pm 1.438;$ Fig. 4g). The percent of total intact islets and with mild peri-insulitis in dsAAV-mIP-IL-4 recipient mice was 73%, approx 37% higher than that of eGFP recipient mice (36%; Fig. 4g). Most of the insulitis (33%) in AAV-mIP-IL-4 recipient mice occurred in the range of moderate insulitis (insulitis score 1); whereas 53% of the islets measured in AAV-eGFP recipient mice had severe insulitis (Fig. 4g).

Expression of IL-4 in the pancreatic β -cells modulates CD4⁺CD25⁺FoxP3⁺ regulatory T-cells

To examine the mechanism of suppression of disease onset mediated by IL-4 expression in the β -cells, we initially analyzed whether there was a change in the T-reg cell population in the spleen. As shown in figure 5, mIL-4 expression in pancreatic β -cells for four weeks resulted in normal reported levels of CD4⁺CD25⁺FoxP3⁺ T-cells (3.3±0.29) in the splenocytes, whereas there was significant (p=0.04)_decrease in the CD4⁺CD25⁺FoxP3⁺ T-

cell population in the AAV-GFP (1.83 ± 0.38) and saline control (1.6 ± 0.21) treated mice (figure 5).

Splenocytes from mice treated with dsAAV8-mIP-IL-4 are unable to adoptively transfer diabetes

To address the possibility that regulatory T cell were being modulated by IL-4 in conferring protection from diabetes, adoptive transfer experiments were performed. Splenocytes from normo-glycemic 21 week old NOD mice administered with dsAAV expressing mIL-4 were injected into NOD*scid* mice. As shown in figure 6c and 6d, the total splenocytes from NOD mice treated with the dsAAV8-mIP-IL-4 were unable to confer disease whereas the splenocytes from dsAAV-mIP-GFP treated, but euglycemic, mice rapidly transferred disease (Fig. 6b). The control, saline injected NOD*.scid* also were euglycemic (6a).

To determine whether T cells from splenocytes of 21 week old normal NOD mice treated with AAV-mIL-4 would inhibit transfer of disease conferred by diabetogenic T cells from eGFP treated mice, an adoptive co-transfer experiment was performed. An equal number of splenocytes from the AAV-mIL-4 treated mice were co-administered with splenocytes from the AAV-eGFP treated mice. As shown in Figure 6e, three of the four mice were protected from development of diabetes in NOD.*scid* mice. These results suggest that local expression of mIL-4 from the islets modulates regulatory T cell subsets. However, there may be additional mechanism through which localized expression of IL-4 in β -cells suppresses onset of hyperglycemia.

DISCUSSION

We previously demonstrated dsAAV8-based vectors can confer long term, stable gene transfer and expression in pancreatic β -cells when delivered intra-peritoneally, intravenously and intra-ductally into wild type C57Bl/6 and BALB/c mice[21]. In the present study, we demonstrate the efficient gene transfer to endogenous β-cells in NOD mice using a dsAAV8-mIP-eGFP vector injected intra-peritoneally, similar to our previous results in BALB/c mice[21]. The ability to genetically modify endogenous β -cells in a stable manner allows for the analysis of specific gene products in regulating the progression of T1D in animal models. The advantage of gene transfer and expression of transgene only in endogenous β -cells using mIP as compared to transgenic mice is that gene delivery can be facilitated at different stages of insulitis to examine therapeutic efficacy. Also, it is significantly easier to use AAV gene transfer to deliver transgenes to islets than generating and breeding transgenic mice. Thus, we initiated experiments to examine the therapeutic efficacy of specific immunosuppressive gene products in preventing diabetes in NOD mice following delivery to endogenous β -cells. Here we have demonstrated that dsAAV mediated delivery of the mIL-4 gene to the endogenous β -cells of 4 and 8 week old NOD mice reduced insulitis and prevented onset of hyperglycemia compared to controls.

It has been shown that TH1 cells are responsible for autoimmunity in NOD mice and that endogenous TH2 cells can protect mice against diabetes development [7, 8, 15, 23]. The inflammatory process in early diabetes is reported to be initiated and propagated, in part, by TH1 cytokines and suppressed by TH2 anti-inflammatory cytokines. For example, systemic administration of IL-4 limits insulitis and T1D by reversing CD4 T cell hypo responsiveness and potentiating TH2 cell function [8, 24, 25]. Systemic administration of recombinant IL-4 in to young NOD mice or expression of IL-4 within the islets of transgenic NOD mice reduced the incidence of diabetes [23–25]. The protection was attributed to a reversal in CD4 T cell hypo responsiveness and the capacity to produce IL-4 [23, 25]. It also has been reported that IL-4 expressed in the islets of transgenic mice does not prevent the generation of pathogenic islet responses, but instead induces islet Ag-specific Th2 T cells that block the action of diabetogenic T cells in the pancreas.

In examining the mechanism of regulation in NOD mice, we observed that no disease developed in NOD*scid* receiving splenocytes from 21 and 40 week old NOD mice treated with dsAAV-IL-4, as well as in co-adoptive transfer where splenocytes from 21 week old NOD mice treated with dsAAV-IL-4 were mixed with diabetogenic splenocytes. This is in contrast to the NOD*scid* mice that developed diabetes after adoptive transfer of splenocytes from the disease-free AAV-mIP-eGFP mice. These results demonstrate the presence of regulatory splenocytes, presumably T cells, in the AAV-IL4 treated mice. Consistent with this result is the observation that mIL-4 expression in pancreatic β -cells resulted in normal levels of CD4⁺CD25⁺FoxP3⁺ T-cells in the spleen. Thus, it appears as if β -cell specific expression of IL-4 inhibits disease-causing lymphocytes, in part, by maintaining the number of regulatory T cells.

Regulatory T cells arise in the thymus as a consequence of positive selection and play an active role in the maintenance of immune homeostasis. Recent studies have shown there is a reduction in the number of CD4⁺CD25⁺ regulatory T cells in NOD mice as disease progresses [26, 27]. The regulatory activity is confined to CD62L– and/or CD25-expressing CD4⁺ T cell subsets [28, 29]. In addition, CD4⁺CD25⁺ T cells effectively protected NOD*scid* mice in co-transfer experiments with diabetogenic CD28^{-/-} cells [27]. Our results demonstrate that CD4⁺CD25⁺ regulatory T cells are affected in mice after 4 weeks of IL-4 expression in β -cells, whereas a significantly smaller T-reg population was found in saline and GFP control mice. Moreover, the T-regs decreased more prominently with age in control mice as compared to IL-4 recipient mice (data not shown).

Immunization with self-antigens or antigenic epitopes derived from these β -cell products can prevent diabetes onset in NOD mice and various models of induced diabetes by generation of auto reactive regulatory T cells[30–35]. The precise role of individual effector molecules produced by regulatory T cells appears to be a function of the experimental model system employed, nature of the immunizing antigen and the presence of immunosuppressive agents such as TGF- β , IL-10, IL-4, and CTLA-4[30–35]. We speculate that the dose and route of administration of IL-4 also effects the regulation of the immune response, leading to the prevention of diabetes.

We have demonstrated that gene transfer of $I\kappa B$ super repressor and mIL-10 by AAV to endogenous NOD β -cells was unable to delay onset of hyperglycemia. These results with AAV gene transfer of IL-10 and I κ B demonstrate the specificity of localized mIL-4 expression in blocking the onset of hyperglycemia. It is important to note that ds-AAV-mIPeGFP gene transfer to β -cells slightly delayed the onset of the disease as compared to the saline control. It is possible that the marginal, non-significant delay in onset of diabetes in AAV8-mIP eGFP control treated NOD could be due to either the effect of eGFP expression or AAV infection.

In conclusion, in this report, we have demonstrated the ability of dsAAV8 to transduce endogenous β -cells when delivered i.p. in NOD mice. Moreover, we have demonstrated the ability to prevent disease onset by local expression of mIL-4 from the islets. Thus the delivery to islets of anti-inflammatory cytokines, cytoprotective antioxidants, and anti-inflammatory enzymes, along with anti-apoptotic molecules or growth promoting factors by dsAAV may prevent the onset of type 1 diabetes and may offer a promising form of immunotherapy.

MATERIAL AND METHODS

Experimental animals

Four week old female NOD/LTJ mice were purchased from Jackson Laboratories (Bar Harbor, Maine) and housed in the specific pathogen free animal facility of University of Pittsburgh. All the studies were performed in compliance with the US Department of Agriculture and National Institutes of Health regulations. All animal experiments were conducted and monitored under protocols reviewed and approved by the Institutional Animal Care and Use Committee.

Construction of AAV vector

AAV vectors, dsAAV-CMV-GFP were generated by triple plasmid transfection of 293 cells as described [36–38]. The AAV vector plasmid dsAAV-mIP-GFP was made by replacing the CMV promoter of dsAAV-CMV-GFP with a 1.13-kb mouse preproinsulin gene II promoter. mIP was obtained by PCR from plasmid Ad.Ins-C-GFP, as published previously [21], which includes full-length promoter, intron 1, noncoding sequence of exon 1 and exon 2 of mouse preproinsulin gene II [21, 23, 39, 40]. The pseudotyped AAV packaging plasmid contained the AAV8 serotype capsid gene coupled with the AAV2 rep gene [36, 41]. The AAV viruses were purified twice with CsCl gradient ultracentrifugation [38] and the titers of vector-genome (v.g.) particles determined by a standard dot-blot assay [38]. The double stranded AAV vector expressing murine IL-4 (mIL-4) and IL-10 (mIL-10) was generated by replacing the GFP expression cassette with mIL-4 and mIL-10 which was obtained by PCR from plasmid pAdlox-mIL-4 and IL-10 [42, 43]. Murine IkB super-repressor was a kind gift from Denis Guttridge (Ohio State University). To test the functional efficacy of the these AAV viruses, a group of 100 isolated islets were transduced with 10,000 v.g. per islet cell and incubated at 37°C for 48 h and media was replaced with fresh media and subsequently the mIL-4 levels were determined after 4 and 6 days of transduction and culture in media and islet lysates at the end of 6 days of culture (IL-10 and IxB super-repressor data don't shown).

In vivo pancreatic islet AAV transduction, islet isolation and culture

Saline or AAV8-mIP-GFP or AAV8-mIP-IL-4 were injected at a dose of 4 X 10^{11} viral genomes (v.g.) per mouse intra-peritoneally into 4 week old female NOD/LTJ mice. Two weeks later islets were isolated from the mouse pancreata by intraductal collagenase digestion (Type IX, 1.75 mg/ml, Sigma Chemical Co., St. Louis, MO) as described [20, 44]. The isolated islets were further purified by Ficoll density gradient centrifugation and were hand picked under stereomicroscope. Purity of the islets was determined by dithizone staining and was >95% in all isolations. Islets of approximately 150 μ M in diameter determined by standard algorithm were expressed as islet equivalent (IEQ), and a group of 100 IEQ was handpicked, incubated for 48 h in RPMI-1640 supplemented with 20 mM L-glutamine, 100 μ g/ml streptomycin, 100 U/ml penicillin and 10% heat-inactivated fetal bovine serum in a humidified 5% CO₂ incubator at 37°C. The level of secreted mIL-4 was determined by standard ELISA. The GFP expression was analyzed by two-photon confocal microscope [20, 44].

Intra-peritoneal injection of AAV-mIP-IL-4, IL-10, IkB super-repressor or eGFP in female NOD mice

4 X 10¹¹ vg of AAV8-mIP-GFP or mIL-4 vector genomes were injected in 1 ml of saline intra-peritoneally into 4 and 8 week old female NOD/LTJ mice. Similarly. 4 week old female NOD received i.p., either AAV8-mIL-10 or AAV8-IκB super-repressor. The controls received 1 ml of vehicle buffer (saline). The animals were monitored by blood

Flow cytometric analysis of T-reg cells in mIL-4 treated NOD mice

Groups of four week old female NOD/LTJ mice were injected intraperitoneally with buffer or 4X10x¹¹ v.g. of AAV expressing either GFP or mIL-4. Eight weeks following i.p. delivery of dsAAV expressing eGFP or mIL-4 mice were sacrificed and spleens were harvested. Splenocytes were obtained and then immunostained for surface expression of CD4 and CD25, using appropriate concentrations of FITC-conjugated anti-mouse CD4 and APC-conjugated anti-mouse CD25 antibodies as described by manufacturers protocol (eBioscience, San Diego, CA). The staining was performed at 4° C for 30 min, with antibodies suspended in staining buffer. After washing to remove unbound antibodies, intracellular detection of FoxP3 was performed by incubating a cross-reactive, directly conjugated murine FoxP3 antibody at 4 °C for 30 min (PE conjugated, anti-mouse/rat FoxP3, clone FJK-16s and the permeabilization and fix/perm buffers that accompany the antibody (FoxP3 Staining Set, eBioscience). A PE conjugated rat IgG2a antibody was used as the isotype control. Following two additional washes in permeabilization buffer, the cells were resuspended in FACS buffer and kept at 4 °C prior to analysis. The percentage of T-reg cells were calculated based on the percentage of CD4⁺CD25⁺FoxP3⁺cells within the overall cell population.

Adoptive transfer of splenocytes

Groups of six normo-glycemic female NOD/LTJ mice, 21 and 40 (mIL-4 recipient) weeks old, previously treated by intraperitoneal injection of AAV expressing either GFP or mIL-4 were used as donors. Spleens were harvested and equal numbers of splenocytes $(20 \times 10^{6/7})$ mouse, six donors per six recipients) were infused by i.p. route into recipient NOD*scid* mice. To study the suppressive effects of disease transferring T cells, co-adoptive transfer experiments were performed. Ten million splenocytes from dsAAV-IL-4 and eGFP treated mice were injected i.p. in NOD.*scid* mice. It has been reported in literature that ten million splenocytes injected systemically are sufficient to transfer disease in NOD.*Scid* mice [45]. All the animals were monitored by blood glucose readings from the tail vein and only mice with blood glucose over 300 mg/dl (Ascensia Breeze, Bayer) on at least two different days were considered as hyperglycemic.

Histochemistry

Eight week and 21 week euglycemic NOD mice sacrificed, the pancreata were collected for immunohistochemistry. The 5 μ m sections were deparaffinized, histological analysis of infiltrating mononuclear cells was performed by routine hematoxilin and eosin staining and subsequently examined by light microscopy for scoring of insulitis. The mice were scored by investigators who were blinded to the treatment groups, and for each mouse between 20 and 40 islets were examined. To accomplish an accurate statistical analysis, each islet was instead scored as having or not having intra-islet insulitis according to following classification scheme: 0=no lymphocytic infiltration; 1=peri-insulitis; 2=intrainsulitis affecting <1/3 of the islet area; 3=insulitis comprising 1/3 to 2/3 of the islet; 4=insulitis comprising >2/3 of the islet. The histology score index was calculated by dividing the sum of all individual islet scores by the total number of islets evaluated [46].

Statistical analysis

Statistics were performed using the Stata 8.2 (STATA Corp., College Station, Texas) software package and data collected were expressed as mean \pm SEM and percentage of non-diabetic mice was analyzed by Kaplan-Meier survival analysis. A *p* value of less than 0.05

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Figure 1. Expression of eGFP in pancreatic islets transduced with dsAAV8 in vivo

 $4X10^{11}$ v.g. of dsAAV8 expressing eGFP under mIP was injected i.p., in to BALB/c and NOD mice, subsequently, two weeks later the islets were isolated as described in methods. Expression of eGFP in isolated islets was visualized by two-photon laser scanning confocal microscopy. eGFP expression was similar in both BALB/c and NOD islets receiving dsAAV8 (b-c) whereas, the mice receiving vehicle control showed no eGFP in islets (a). Further, the eGFP expression was specifically present in β -cells as shown by double immunofluorescence staining of GFP (d) insulin (e), or merged image of both (f). Moreover, the GFP expression was completely absent in exocrine pancreatic tissue, liver, and spleen (Figs. 1g–i). The photos are representative of two independent experiments performed in duplicate. Magnification a–c and g–i, 100X; d–f 1000X.



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Figure 3. Murine IL-4 expression in pancreatic islet β -cells of female NOD mice reduced the onset of hyperglycemia

Four week old female NOD mice received dsAAV8 expressing either vehicle (n=35), GFP (n=24), mIL-4 (n=29), mIL-10 (n=20), mI κ B (n=13) super-repressor and 8 week old NOD mice received ds-AAV-mIL-4 (n=10). The onset of diabetes was monitored as described in methods. A significant number of 4 week old (a) and eight week old (b) mice treated with dsAAV8-mIP-IL-4 were normal as compared to eGFP and vehicle control recipient mice. Whereas, there was no difference in the incidence of diabetes in mIL-10 and mI κ B treated mice as compared to controls. A *p* value of less than 0.05 by long rank test analysis was used to indicate statistically significant percentage normo-glycemic (* p<0.001, # non-significant).





Figure 4. Histochemical analysis of infiltrating leukocytes in twenty week normo-glycemic mice Photomicrographs of H&E for infiltrating leukocytes in female 8 and 21 week normoglycemic female NOD mice showed mild to severe mononuclear cell infiltration in and around islets of saline and GFP treated mice (Figs. 4a–b; e–f), whereas the dsAAV8mIP-IL-4 treated mice showed limited peri-islet mononuclear cell infiltration in significantly fewer numbers of islets (Figs. 4c, f). Figure 4g shows the insulitis score determined as mentioned in methods. Magnification 100X.



Figure 5. CD4+CD25+FoxP3+ T cells from spleens of 8 week old female NOD mice treated with dsAAV8-mIP-IL-4

Four week old NOD mice received dsAAV8-mIP expressing either mIL-4 or eGFP. Four weeks (Fig. 5) post-injection, the spleens were collected and CD4⁺CD25⁺FoxP3⁺ T cells analyzed by FACS. Splenocytes stained for CD4⁺CD25⁺ and isotype control for FoxP3 (top panel); and splenocytes stained for CD4⁺CD25⁺FoxP3⁺ (bottom panel). The bar diagram showing percentage of CD4⁺CD25⁺FoxP3⁺ cells in splenocytes of control, AAV-GFP and AAV-IL4 injected mice. The values are Mean±SD of three independent samples. (*p<0.04)



Figure 6. Adoptive transfer of diabetes in NODscid

Splenocytes isolated from normal 21 week dsAAV-mIP-GFP or normal 21 and 40 week mIL-4 transduced mice were injected intra-peritoneally in to NOD*scid* mice and blood glucose levels were monitored weekly. The NOD*scid* mice which received splenocytes from GFP treated mice became diabetic (Fig. 6b), whereas the splenocytes from 22 and 40 week mIL-4 treated mice didn't transfer the disease to NOD*scid* (Figs. 6c–d). The NOD*scid* mice receiving saline only also did not develop disease (Fig. 6a). To determine the suppressive effects of mIL-4 treated NOD mice splenocytes, co-adoptive transfer was performed as described in methods. Three of the 4 mice which received both splenocytes from mIL-4 and eGFP treated mice did not develop diabetes (Fig. 6e).