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# Advantages of Integrative Data Analysis for Developmental Research

#### Sierra A. Bainter and Patrick J. Curran

Department of Psychology, University of North Carolina at Chapel Hill.

#### **Abstract**

Amid recent progress in cognitive development research, high-quality data resources are accumulating, and data sharing and secondary data analysis is becoming an increasingly valuable tool. Integrative data analysis (IDA) is an exciting analytical framework that can enhance secondary data analysis in powerful ways. IDA pools item level data across multiple studies to make inferences possible both within and across studies and can be used to test questions not possible in individual contributing studies. Some of the potential benefits of IDA include the ability to study longer developmental periods, examine how the measurement of key constructs changes over time, increase subject heterogeneity, and improve statistical power and capability to study rare behaviors. Our goal in this paper is to provide a brief overview of the benefits and challenges of IDA in developmental research and to identify additional resources that provide more detailed discussions of this topic.

Recent work in developmental science has led to novel and complex theories aimed at understanding the development of memory, perception, cognition, problem solving, and language (e.g., Brune & Woodward, 2007; Gervain & Mehler, 2010; Hedrick, Haden, & Ornstein, 2009; Keen, 2011). Amidst this progress in cognitive development research, high-quality data resources are accumulating, and data sharing and secondary data analysis is becoming an increasingly valuable tool, particularly as grant funding becomes more competitive. Besides efficient use of competitive financial resources, data sharing promotes replication and integration of scientific findings, investigation of new hypotheses, and open scientific enquiry. Growing interest in secondary data analysis in developmental psychology is evident (e.g., Brooks-Gunn, Phelps, & Elder, 1991; Bullock, 2007; Friedman, 2007). Indeed, this very journal recently published an excellent summary of secondary data analysis and publicly available data sets relevant to research in cognitive development (Greenhoot & Dowsett, 2012). With the availability of multiple high-quality data sets, novel methodological and analytical tools are needed to take full advantage of these data.

One such novel methodological framework is integrative data analysis (IDA; Bauer & Hussong, 2009; Curran & Hussong, 2009; Hussong, Curran, & Bauer, 2013). Briefly, IDA is a promising set of methodologies that might be highly useful for enhancing secondary data analysis in powerful ways and facilitating synthesis in cognitive development research. IDA

pools item level data across multiple studies to make inferences possible both within and across studies. Depending on the characteristics of the contributing data sets, there are many potential advantages to using IDA over and above the secondary data analysis of any single contributing data set. Especially relevant to developmental research, IDA can be used to study longer developmental periods, examine how the measurement of key constructs changes over time, increase subject heterogeneity, and improve statistical power and capability to study rare behaviors. Ultimately, IDA is useful not only to support empirical replication, but also to test questions not possible in individual contributing studies. However, IDA also presents a unique set of challenges that are not typically salient when analyzing data from a singly study.

Current trends in science suggest that now is an important time for pooled data analysis efforts such as IDA. Funding agencies have introduced policies to encourage data sharing (e.g., National Institutes of Health, 2003), and the technology to store and distribute valuable data resources has advanced tremendously in recent decades. The National Institutes of Health also foster data sharing by supporting the development of high-quality, standard measures for researchers conducting diverse empirical studies in the behavioral sciences. Currently funded efforts include the NIH Toolbox, the Patient-Reported Outcomes Measurement Information System (PROMIS), and the PhenX toolkit. IDA can be used to meet many of the challenges posed by pooled data analysis and allow researchers to capitalize on secondary data resources.

Our goal in this paper is to provide a brief overview of what IDA is and how it can be used to advance developmental research. We will highlight the core challenges to conducting IDA, identify situations where it may or may not be useful, and direct interested researchers toward resources with more in-depth information about conducting IDA. We also hope to describe how a pooled analysis using IDA can be greater than the sum of its parts, and perhaps our modest contribution will spark creative ideas for IDA in cognitive development research.

#### **Definition of IDA**

IDA is an analytical framework used to pool raw data from two or more studies for combined analysis. The strategy of IDA is to use psychometric modeling techniques to link the measurement across studies and create *commensurate measures*, meaning measures with the same meaning and scale across studies despite differences in assessment instruments and modalities. IDA is not one standardized technique; rather it is a guiding framework for combining raw data from multiple studies. Although many of the individual components underlying IDA are not novel, together the IDA framework is an innovative way to take full advantage of secondary data resources. Pooling raw data from multiple studies can lead to added advantages, as well as challenges, compared to a single study analysis or even separate analyses using data from multiple studies.

IDA is distinct from existing strategies to combine information across studies, such as meta-analysis. Whereas meta-analysis is used to analyze published summary statistics from a large number of studies (Cooper, Hedges, & Valentine, 2009), the unique advantages and

challenges of IDA stem from pooling at the level of the raw data. Data integration can be visualized on a continuum from analysis of single study raw data at one extreme (least integrative) to combining summary statistics from many studies using meta-analysis at the other (most integrative); IDA lies in between these two extremes (Curran & Hussong, 2009). All of these approaches play important roles within any area of research, and we believe IDA is an important tool to add to our field's analytical toolbox. Now we will consider some of the potential advantages of secondary data analysis using IDA, followed by a description of some of the core challenges.

## **Advantages of IDA**

There are many potential benefits to performing IDA, all of which vary depending on the characteristics of the contributing data sets and the motivating hypotheses. Some of these benefits are simply related to a larger sample size: greater power is achieved by merging multiple studies. The larger sample size from pooling studies also improves stability to study rare behaviors. Other advantages of IDA help meet the need in psychology to integrate and replicate findings. Linking studies through IDA provides a deeper understanding of how constructs develop over time, built in replication in heterogeneous samples, and broader measurement of intended constructs.

#### Improve Understanding of Development

IDA can aid the understanding of development in two key ways. First, joining studies with overlapping ages allows for examination across substantially longer developmental periods than were observed in any single contributing study. One study might follow children from ages 3 through 9, a second from ages 7 through 13, and a third from ages 10 to 18; this could allow for the pooled IDA estimation of development processes spanning ages 3 through 18. For example, in our own work we have used IDA to fit developmental models spanning ages 10 through 33 yet no individual participant contributed more than five repeated measures (Curran et al., 2008). Joining studies to observe a broader swath of development is one key way that IDA can permit tests of hypotheses that cannot be tested within a single contributing study.

Second, the measurement approach we use in IDA can be used to measure theoretical constructs over time while accounting for heterotypic continuity (i.e., changing manifestations of the same underlying developmental process). Essentially, we are able to develop models using IDA that create scores for an intended construct that are on the same scale not only across studies, but also across ages or other important covariates. For example, our research group created IDA scores for internalizing symptoms using 13 items assessing anxiety and depression (Hussong, Flora, Curran, Chassin, & Zucker, 2008). Some items, such as "cries a lot", are less strongly related to the underlying level of internalizing at younger ages, and we were able to statistically control for this heterotypic continuity. In cognitive development research, this ability to describe or control for processes of heterotypic continuity alone could be a fruitful focus of IDA applications.

#### Increase Sample Heterogeneity

IDA can also be used to increase sample heterogeneity. Many individual samples in developmental psychology underrepresent important racial, socioeconomic status, or gender subgroups, and IDA can be used to pool studies that differ on these key characteristics. Pooling studies to create a larger, more diverse sample permits testing of hypotheses simultaneously in these groups. Likewise, IDA may permit comparisons across subgroups that cannot be compared in the individual studies due to small sample sizes. Similar results across heterogeneous studies bolster the external validity of findings. Conversely, discrepant findings across studies provide valuable clues as to why the discrepancy exists to generate new hypotheses. Whereas in a meta-analysis or literature review it is only possible to speculate as to the cause of discrepant findings, IDA can be used to test and understand study differences.

#### **Improve Measurement**

When the joined studies measure the same construct in somewhat different ways (with some overlap, see requirements for IDA in the next section) the pooled measure will be more comprehensive than the measures used in either study. For example, if IDA is used to pool data from two studies that assess expressive language using different instruments (e.g., the Reynell Development Language Scales-Revised; Reynell & Huntley, 1985, and the Expressive Vocabulary Test; Williams, 1997), the resulting pooled measure will give a more complete assessment of expressive language than that used in either study alone. Essentially, IDA borrows the measurement strengths from each study, creating more informative scores for each target construct.

Not all of these advantages will be achieved in every application of IDA, and IDA will not be appropriate for all multi-study analysis problems. In the next section we describe the core challenges that arise when conducting IDA and describe situations when IDA may not be feasible.

### **Core Steps in IDA**

#### **Develop Novel Hypotheses**

The first step towards successful IDA is to identify a multi-study theoretical question of interest. Considering the strengths of IDA for developmental research, IDA applications may be motivated by questions that call for studying an extended period of development, a larger sample size, or examining relatively rare behaviors. IDA is also ideally suited for characterizing heterotypic continuity by identifying how the manifestations of the same underlying process change over time.

#### **Identify Contributing Data Sets**

In order for contributing data sets to be linked in IDA, each construct key to the theoretical question of interest must be assessed in each study. For example, if the motivating hypothesis of the IDA application concerns expressive language and knowledge acquisition, some items relevant to both constructs are needed in each study. Existing databases relevant to developmental research are certainly valuable resources for IDA endeavors (see

Greenhoot & Dowsett, 2012). However, applications for IDA are not limited to public access data sets. In addition to established public access databases, collaborative efforts among investigators are being encouraged by funding institutes (National Institutes of Health, 2003). Direct collaborations among researchers for the purpose of IDA could lead to many exciting opportunities. In our own work, we have collaborated with investigators on three landmark longitudinal studies that focus on children of alcoholic parents (Zucker et al., 2000; Chassin, Rogosch; & Barrera, 1991; Sher, Walitzer, Wood, & Brent, 1991). Our pooled sample spans from childhood through adolescence and into adulthood (Curran et al., 2008). IDA can be used to pool existing data sets from completed studies as in our own examples, and furthermore, IDA also offers exciting opportunities for ongoing or future studies. Data collection efforts can be coordinated (e.g., measurement, sample characteristics) to facilitate IDA with existing data sets or other planned projects.

#### **Assess Heterogeneity**

It might seem that the ideal scenario for IDA would be one in which all studies have used identical "gold standard" measures for each construct, presenting all of the same items in an identical experimental design. Such a scenario is unlikely, and we believe working with studies that have assessed theoretical constructs of interest with a combination of similar and dissimilar items is actually beneficial. Although this more realistic scenario may be more challenging, performing IDA on studies with some heterogeneity in measurement, samples, measures, and experimental paradigms goes beyond exact replication and helps integrate findings within developmental science.

When determining the amount of between and within study heterogeneity, potential sources to consider include the sampling/selection procedures used in each study, ages assessed, different geographic regions, and study design characteristics. Besides the chronological ages of participants, historical period and birth cohort are important factors (see Curran & Hussong, 2009 for more on between- and within-study sample heterogeneity). Some of these factors will be confounded by study; for example, if each study occurs in a different geographic region, it would not be possible to know if different findings between studies are due to geography or some other study characteristic. Although we cannot narrow in on the source of the discrepancy in such a case, we may still be able to control for these differences when creating commensurate measures. The amount of heterogeneity between studies cannot be excessive. For example, it is important to have sufficient overlapping ages to not completely confound study and age differences. Without this overlap, it is impossible to disentangle age and study differences.

#### **Develop Item Pool**

In order to link studies for IDA, *common items* are needed for each construct to link the measurement between studies. We define common items to mean items that have the same prompt and response scale. In developmental research, items can take many different forms, but some examples include responses to individual questions in a test or battery or endorsement of symptoms. It is not necessary for these items to be common to all studies; it is sufficient for common items to link pairs of studies as long as there is enough overlap to link measurement across studies. Importantly, we can use items that are unique to one study;

these unique items improve the precision of our measurement, but they do not help us link scores across studies (Curran & Hussong, 2009).

Often, the original response scale or prompt is not exactly the same in each study, but we can *harmonize* the measures by collapsing categories, combining items, and/or binning responses to arrive at a common item. In Table 1, a harmonization example drawn from Curran et al. (2008) shows how three studies used slightly different prompts and response scales to assess feeling fearful or anxious. This item is harmonized to a common dichotomous response scale of absent (0) or present (1).

Harmonization is an essential step in the IDA process, yet it is important to understand that it is not sufficient to produce commensurate measures across studies. This is because other differences such as mode of administration, an item's context in terms of surrounding items, and how participants view their research participation in a particular location or context, can influence how participants in one study respond to an item, separate from actual levels of the underlying trait of interest. In the next section we will describe how the psychometric approaches we use in IDA control for these study differences by testing and accounting for differential item functioning (DIF), creating scores on the same scale in each study.

#### **Develop a Measurement Model and Control for Study Differences**

The next challenge in IDA is to develop a measurement model that can be used to create scores for subsequent analyses of the pooled data. The overarching aim for this process is to measure the intended construct while controlling for differences across important covariates. The chief concerns throughout this process are to ensure that models are defined properly within each study, are appropriate for the item set, and characterize the same construct in each study. From start to end, IDA centers on issues of sound measurement, which is clearly a central concern in the study of cognitive development.

A measurement model that is well suited for IDA is an extension of factor analysis and item response theory (IRT) models and is referred to as moderated nonlinear factor analysis (MNLFA; Bauer & Hussong, 2009). MNLFA is a confirmatory factor analytic model that allows the model parameters (e.g., factor mean/variance, item intercepts, factor loadings) to vary as a function of observed moderator variables (e.g., study, age) and also allows for nonlinear relationships between the latent factor and the indicators (e.g., binary or ordinal indicators). The individual items from the pool are used as indicators in the measurement model. Just as in factor analysis and IRT, this measurement model assumes that levels of the trait can be measured using an underlying continuum (latent factor). By this we mean that subjects vary quantitatively in their level of the trait, but not qualitatively in their patterns of performance across items. A latent factor model assumes that as the underlying levels on the latent trait increase, the probabilities of scoring higher on each item simultaneously increase. We will briefly consider the two defining aspects of the MNLFA model: nonlinear relationships and moderator variables.

Importantly, the "nonlinear" relationships allowed between the latent factor and the items in moderated nonlinear factor analysis mean the model is not restricted to any one response distribution for the items. Whereas continuous indicators are assumed to be linearly related

to the latent factor, different response distributions are needed in order to include binary, categorical, and count items. This is often essential in IDA applications, where response scales for items are mixed across and even within studies. MNLFA can allow a mix of continuous, categorical, binary, and count items, any of which can be unique to one study or common across studies (Bauer & Hussong, 2009). Appropriate response distributions can be specified for each indicator (e.g., logistic for binary items to bound the probability of endorsing an item between zero and one).

Another crucial component of the model building process for IDA is to model differences in the latent factor mean and variance as a function of study, age, and other covariates. These effects are the "moderated" aspect of moderated nonlinear factor analysis, and they allow us to account for overall differences in mean level or variability in each study. Similarly, age effects incorporate growth trends, and gender effects can model a higher level for boys or girls. Including the effects of these and other important predictors improves the validity of the model and preserves useful variability to generate more informative scores. Our recommended model-building approach is to start with simple models and gradually build to more complex models as needed, with the goal to build the best, parsimonious model that accurately captures important variability in the factor mean and variances and controls for differences in the trait (i.e., mean and variance) by study and other important covariates.

After developing a general psychometric model for the factor mean and variance, the final model building step in IDA is to determine if any individual items do not behave identically within each study, across ages, and across any other important groups in the sample. To assess this, we test for differential item functioning (DIF) in each item. Adequately testing and accounting for potential DIF gives us confidence that the measurement is linked across studies and the resulting scores will be commensurate across the groups for which we have controlled. Testing for DIF by study allows us to statistically correct for the many differences in context or assessment methods that may influence subjects to respond to an individual item differently in each study. For example, a slight variation in an item prompt may make participants more likely to strongly endorse an item in a particular study, and these subtle differences are not controlled by harmonizing items to a common response scale. Similarly, if an item (such as easily cries) is more highly endorsed and normative at younger ages, DIF by age is used to explicitly account for this heterotypic continuity. We use a sequential procedure to evaluate DIF item by item, similar to procedures used to evaluate measurement invariance in factor analysis (Yoon & Millsap, 2007) and the direct IRT method for evaluating DIF (Embretson & Reise, 2000, pp. 252-262; Thissen, Steinberg, & Wainer, 1993). More details on DIF analysis in IDA and a review of the methods developed in the IRT and factor analysis traditions to evaluate whether an item is functioning identically for different portions of the sample is described in Bauer and Hussong (2009). After evaluating possible DIF, the model is ready for scoring.

#### Scoring and Hypothesis Testing

Scores can be generated for each observation using the developed psychometric model. Assuming assumptions hold, the obtained scores are commensurate across studies, age, and any other important predictors controlled for in model development. The final scores

obtained will be continuous, on a standardized scale, and can be used for subsequent analyses with the pooled data to evaluate hypotheses. Whatever statistical model is used for subsequent hypothesis testing, it is still important to account for sources of between-study heterogeneity. This is usually most easily done by including the effects of study membership directly in each model. In our own work we have most often used IDA scores to test hypotheses using multilevel models (Hussong et al., 2008) and latent growth curve models (Hussong, Flora, Curran, Chassin, & Zucker, 2008). Hussong et al. (2013) provide more details on hypothesis testing in IDA.

#### When is IDA Unfeasible?

IDA will not be appropriate for every multi-study application, yet there are few definitive rules as to when IDA becomes unfeasible. For instance, with insufficient overlap of items, IDA may not be possible or justifiable. Even if overlap between studies exists, the between-study differences may be too extensive for the application to be justifiable. For example, too few invariant items would decrease our confidence that the measurement is linked across studies.

Multiple studies may also introduce core confounds. If study completely confounds a central question, for example study and race are completely confounded, than it will be impossible to disentangle study and race differences. In this situation, if the driving theoretical question is primarily concerned with racial differences, IDA may not provide the necessary information. Complete lack of uniformity across studies would be a warning that IDA may not be possible for this particular item pool and set of studies.

In cases where studies are not suitable for IDA (due to insufficient overlap in items, ages, etc.), one promising option is to plan a new primary data collection to facilitate the IDA analysis. We refer to this option as a bridging study. In the case of insufficient common items, a bridging study would involve administering common items in a new sample to help ensure that measurement can be linked across studies. Similarly, a bridging study could be designed to create overlap in ages or other important groups. Hussong et al. (2013) provide more details on planning a bridging study.

# **Next Steps and Conclusion**

We hope that we have helped provide an initial understanding of the benefits IDA has to offer for developmental research. If you are interested in conducting an IDA study, a good next step would be to consult empirical examples and pedagogically oriented papers that can help you walk through different aspects of the process. Hussong et al. (2013) provide an indepth, non-technical tutorial with examples and many details that are omitted here. Curran and Hussong (2009) and Bauer and Hussong (2009) provide more detailed overviews of IDA as well as more technical details related to MNLFA and scoring. Other helpful resources include Hofer and Piccinin (2009) who describe the design and execution of a coordinated analysis approach for pooling data resources. We also refer interested to readers to detailed examples of analyses done using IDA including McArdle, Grimm, Hamagami, Bowles, & Meredith (2009), Curran et al. (2008), Hussong et al. (2008), and Lorenz et al. (1997).

Many methodological challenges arise in this new and exciting vein of research, and advanced statistical training may be needed to overcome these challenges. The specific expertise needed will depend on the research question at hand. To help meet a growing need for advanced statistical training in psychology, a number of advanced statistical workshops are being offered across the country through universities and research institutes and at preconference workshops. We believe the potential benefits of IDA far outweigh the associated challenges, and this innovative research tool can enhance secondary data analysis in powerful ways to advance developmental research.

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Table 1

Example of harmonizing response scales across three studies

	Study 1	Study 2	Study 3	Harmonized Item
Prompt	I am too fearful or anxious	I was too fearful or anxious	Feeling fearful	Too fearful or anxious
Response Scale	0.Not true 1. Sometimes or sometimes true 2.Very often true	0.Almost never 1.Once in a while 2.Sometimes 3.Often 4.Almost always	0.Not at all 1.A little bit 2.Moderately 3.Quite a bit 4.Extremely	0.Absent 1.Present

Note: original values of "0" were harmonized to a value of "0"; original values greater than "0" were harmonized to a value of "1".