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Microgravity control of autophagy modulates osteoclastogenesis

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Abstract

Evidence indicates that astronauts experience significant bone loss during space mission. Recently, we used the NASA developed rotary cell culture system (RCCS) to simulate microgravity (μ Xg) conditions and demonstrated increased osteoclastogenesis in mouse bone marrow cultures. Autophagy is a cellular recycling process of nutrients. Therefore, we hypothesize that µXg control of autophagy modulates osteoclastogenesis. Real-time PCR analysis of total RNA isolated from mouse bone marrow derived non-adherent cells subjected to modeled µXg showed a significant increase in autophagic marker Atg5, LC3 and Atg16L mRNA expression compared to ground based control (Xg) cultures. Western blot analysis of total cell lysates identified an 8.0fold and 7.0-fold increase in the Atg5 and LC3-II expression, respectively. Confocal microscopy demonstrated an increased autophagosome formation in µXg subjected RAW 264.7 preosteoclast cells. RT² profiler PCR array screening for autophagy related genes identified that μ Xg upregulates intracellular signaling molecules associated with autophagy, autophagosome components and inflammatory cytokines/growth factors which coregulate autophagy in RAW 264.7 preosteoclast cells. Autophagy inhibitor, 3-methyladenine (3-MA) treatment of mouse bone marrow derived non-adherent mononuclear cells showed a significant decrease in µXg induced Atg5 and LC3 mRNA expression in the presence or absence of RANK ligand (RANKL) stimulation. Furthermore, RANKL treatment significantly increased (8-fold) p-CREB transcription factor levels under μ Xg as compared to Xg cultures and 3-MA inhibited RANKL increased p-CREB expression in these cells. Also, 3-MA suppresses µXg elevated osteoclast differentiation in mouse bone marrow cultures. Thus, our results suggest that μXg induced autophagy plays an important role in enhanced osteoclast differentiation and could be a potential therapeutic target to prevent bone loss in astronauts during space flight missions.

The authors declare no conflict of interests.

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Keywords

Osteoclast; Autophagy; Microgravity; Rotary cell culture system (RCCS); NASA

Introduction

Space flight is a challenge for normal bone homeostasis in astronauts. Evidence is accumulating that unloading of the skeleton either due to space-flight or an altered gravitational environment results in a reduction of bone mineral density. Astronauts experience about 10–15% loss of bone mass in microgravity (μ Xg) [1,2] and the morphological changes resemble bones of osteoporotic patients [3,4]. In long-term space missions, astronauts can lose bone mass in the proximal femur in one month, as seen in postmenopausal women on earth in one year [5]. Therefore, high bone turnover in μ Xg conditions may lead to bone loss and fracture risk in astronauts. Although astronauts' daily tasks include nutritional supplementation and regimented exercise for skeletal health, irreversible bone loss has serious implications for long-term inhabitants of the space station and space exploration.

The osteoclast (OCL) is the bone resorbing cell and M-CSF is required for proliferation and survival of OCL precursors. The TNF family member, receptor activator for nuclear factor κB ligand (RANKL), is critical for OCL precursor differentiation to form multinucleated OCL in the bone microenvironment. RANKL interaction with RANK receptor expressed on OCL progenitor cells results in activation of various signaling cascades during OCL differentiation and bone resorption [6]. In-flight studies conducted during the FOTON-3 mission revealed that OCLs and their precursors are direct targets for µXg and mechanical force could be responsible for modulating gene expression associated with OCL differentiation/activity [7]. Further, μ Xg is capable of stimulating OCL differentiation by regulating osteoblast secretion of RANKL and osteoprotegerin (OPG) [8]. Also, it has been shown that bone forming activity of osteoblast cells decreases under μXg conditions [9,10]. It has been reported that μXg reduces osteoblast life span and increases OCL activity which contributes to bone loss associated with weightlessness [11]. Furthermore, uncoupling of bone formation and resorption favors bone loss in cosmonauts during and after 180 days of space flight [12]. Similarly, intact limb bones of newts flown on board the biosatellite Cosmos-2229 revealed OCL activation and resorption on the endosteal surface [13]. It has been shown that skeletal unloading in mice diminishes bone quality in the tibia and fibula which leads to an increase in bone fracture risk [14]. Additionally, skeletal unloading in mice, bone mass is reduced due to elevated RANKL expression and osteoclastogenesis [15]. Also, RANKL expressed in osteocytes is responsible for bone loss associated with skeletal unloading in mice [16]. Similarly, it was demonstrated that isolated fetal mouse long bones under near weightlessness conditions show decreased mineralization and increased calcium release [9]. In addition, complicities of excess calcium mobilization from bones cause kidney stone formation.

Recently, we used the NASA developed ground based rotary cell culture system (RCCS) to simulate microgravity (μXg) conditions for mouse bone marrow cultures and showed

increased osteoclastogenesis. We also determined the gene expression profiling during OCL differentiation of RAW 264.7 cells subjected to modeled μ Xg by Agilent microarray analysis. We thus identified that μ Xg significantly increases expression of critical molecules such as cytokines/growth factors, proteases and signaling proteins, which may enhance OCL differentiation/ function [17]. However, the mechanisms of μ Xg induced bone loss and the rational approaches to prevent fracture risk associated with prolonged weightlessness conditions are yet to be established.

Autophagy is a cellular, self-consumption process characterized by sequestration of bulk cytoplasm, long-lived proteins and organelle degradation that is critical for cellular homeostasis [18]. Autophagy has pleiotropic functions that are involved in cell survival, nutrient supply under starvation, defense against pathogens and antigen presentation [19]. In metabolic stress, endoplasmic reticulum (ER) stress, hypoxia and pathological conditions, autophagy is greatly increased, allowing the cell to degrade defected proteins and organelles to recycle macromolecular precursors, such as amino acids, fatty acids, and nucleotides [20]. Beclin-1 and autophagy proteins (Atgs) are involved in initiation and formation of autophagosome. It has been reported that autophagy proteins regulate the secretory lysosomes that are directed to fuse with the OCL ruffled border [21]. Similarly, interruption in the autophagic process has been shown to delocalize cathepsin K and reduce OCL bone resorption activity. Further, Rab7, which is required for OCL function, localizes to the ruffled border in an Atg5 dependent manner and participates in polarized secretion of lysosomal contents into the extracellular space by directing lysosomes to fuse with the plasma membrane [22]. Recently, it has been identified that autophagy is a pivotal regulator of hypoxia-induced OCL differentiation through the HIF- 1α /BNIP3 signaling pathway and that inhibition of oxidative stress decreased autophagy. Furthermore, autophagy inhibition by 3'-methyladenine (3-MA) LY294002, wortmannin or knock-down of Beclin-1/Atg 7 decreased OCL marker gene expression [23]. However, μXg control of autophagy and OCL differentiation is unknown.

Materials and methods

Modeled microgravity (µXg) and cell culture

The Rotating Wall Vessel Bioreactor (RWV) (Synthecon Inc., Texas) is a horizontally oriented rotary cell culture (RCC) system. A silicone membrane is located on the central axis of a rotation chamber to diffuse gases necessary for cell growth without creating turbulence. The solid-body rotation of the chamber causes a reduction of the medium's shear stress [24]. The vessel was filled with α -minimum essential medium (MEM) free of bubbles and rotated at a constant speed of 16 rpm for 24 h to simulate microgravity (0.008 Xg), termed modeled microgravity (μ Xg). Ground based control or static gravity (1Xg) is termed Xg [25]. Bone marrow was flushed from long bones of 6–8 week-old mice (C57BL/6) using α -MEM. Cells were pelleted at 1500 rpm for 7 min at room temperature and plated in α -MEM with 10% fetal bovine serum (FBS) supplemented with M-CSF (10 ng/ml) and cultured overnight. Non-adherent mouse bone marrow cells (1.5×10^6 /ml) or RAW 264.7 cells (1×10^4 /ml) subjected to modeled μ Xg in RCCS for 24 h were cultured in a 24 well plate for 7 or 5 days, respectively, in the presence of M-CSF (10 ng/ml) and RANKL (75

ng/ml) (R&D Systems Inc., Minneapolis, MN). Cells were fixed with 2% glutaraldehyde in phosphate buffered saline (PBS) and stained for tartrate-resistant acid phosphatase (TRAP) activity using a histochemical kit (Sigma Chemical Co., St. Louis, MO). TRAP positive multinucleated cells (MNC) containing three or more nuclei were scored as osteoclasts (OCLs) under a microscope as described [26]. All procedures involving animal use were approved by the Institutional Animal Care and Use Committee of the Medical University of South Carolina.

Real-time RT-PCR

Total RNA was isolated from ground based control (Xg) and µXg subjected mouse bone marrow derived non-adherent cells treated with or without RANKL (75 ng/ml) and M-CSF (10 ng/ml) for 24 h using RNAzol reagent (Biotecx Labs, Houston, TX). The reverse transcription reaction was performed using iScript reverse transcriptase in a 20 µl reaction volume containing total RNA (2 µg), 4 µl amino acid buffer and nuclease-free water at 42 °C for 15 min followed by 99 °C for 5 min and 4 °C for 5 min. Real-time PCR was performed using IO[™] SYBR Green Supermix in an iCycler (iCycler iO Single-color Real-Time PCR detection system; Bio-Rad, Hercules, CA). The forward and reverse primer sequences used to amplify the selected genes are listed as follows: Atg5 sense: 5'-CTG TCA AGT GCC TGC TGC T-3', antisense: 5'-GTG AGC CTC AAC CGC ATC-3'; LC3 sense: 5'-CCA CCA AGA TCC CAG TGA TT-3', antisense: 5'-CGC CGT CTG ATT ATC TTG ATG-3'; Atg16L sense: 5'-ACA TGA TGG TGC GTG GAA T-3', antisense: 5'-TTG TCC TTC TGC TGC ATT TG-3'; and β-actin sense: 5'-CCA CAC CTT CCT ACA ATG AGC-3', antisense: 5'-TAG AGG AAG ACG TAG GAC AG-3'. Thermal cycling parameters were 94 °C for 3 min, followed by 40 cycles of amplifications at 94 °C for 30 s, 60 °C for 1 min, 72 °C for 1 min, and 72 °C for 5 min as the final elongation step. Relative levels of mRNA expression were normalized in all analyzed samples with respect to levels of β -actin amplification as described [27].

RT² profiler PCR array screening

RAW 264.7 cells (1 × 10⁴ cells/ml) were subjected to modeled μ Xg or ground based control (Xg) cultures for 24 h and total RNA was isolated using RNAzol reagent. Reverse transcription reaction was done using poly-dT primer and Moloney murine leukemia virus reverse transcriptase as described above. Real-time PCR was performed using 2× RT qPCR Master Mix to screen the RT² Profiler PCR Array System (PAMM-084A) in a 96-well plate to quantify expression levels of 84 autophagy related genes. Thermal cycling parameters were 95 °C for 10 min, followed by 40 cycles of amplifications at 95 °C for 15 s, 55 °C for 30 s, 72 °C for 30 s, and 72 °C for 5 min as the final elongation step. Relative levels of mRNA expression were normalized in all the samples with expression levels of housekeeping genes (GUSB, HPRT, HSP90AB1, GAPDH and β-actin) in triplicate studies, and data analysis was done using the Web portal.

Western blot analysis

Mouse bone marrow derived non-adherent cells cultured with α -MEM containing 10% FBS were subjected to μ Xg. Cells were stimulated with or without RANKL (75 ng/ml) and M-CSF (10 ng/ml) for 24 h and total cell lysates were prepared in a buffer containing 20 mM

Tris–HCl at pH 7.4, 1% Triton X-100, 1 mM EDTA, 1.5 mM MgCl₂, 10% glycerol, 150 mM NaCl, 0.1 mM Na₃VO₄ and 1× protease inhibitor cocktail. The protein content of the samples was measured using the BCA protein assay reagent (Pierce, Rockford, IL). Protein (100 μ g) samples were then subjected to SDS-PAGE using 12% Tris–HCl gels and blot transferred on to a PVDF membrane, immunoblotted with antibody against Atg5, LC3-II, PLCγ2, p-CREB, CREB and β-actin. The bands were detected using the enhanced chemiluminescence detection system (Pierce, Rockford, IL) and band intensity was quantified by densitometric analysis using the NIH ImageJ Program.

Confocal microscopy

RAW 264.7 cells were exposed to μ Xg and normal gravity (Xg) conditions in parallel for 24 h and then cultured (1 × 10³/well) in Lab-Tek 4-well chamber slides (Nunc Inc., Rochester, NY) with RANKL (75 ng/ml) and M-CSF (10 ng/ml) for 24 h. Cells were fixed with 4% paraformaldehyde in PBS for 10 min at room temperature, permeabilized with 0.1% Triton X-100 for 10 min and blocked for 1 h with PBS containing 2% horse serum at room temperature. Cells were incubated with LC3-II primary antibody for 3 h and treated with Alexa 488-conjugated anti-rabbit IgG in PBS containing 2% horse serum for 1 h at room temperature. Autophagosome formation was visualized by confocal microscopy (LSM 510; Carl Zeiss, Inc., Thornwood, NY).

Statistical analysis

Results are presented as mean \pm SD for three independent experiments and compared by Student's *t*-test. Values were considered significant at P < 0.05.

Results

Microgravity (µXg) induces autophagy in preosteoclast cells

Previously, we showed that modeled μXg increases OCL formation in mouse bone marrow cultures [17]. However, the molecular mechanisms underlying µXg modulation of OCL differentiation are unclear. Recent studies implicated autophagy/autophagy proteins as playing an important role in enhanced osteoclastogenesis [21,23,28]. We therefore examined µXg modulation of autophagy markers in preosteoclast cells. Mouse bone marrow derived non-adherent cells were subjected to modeled µXg in RCCS for 24 h as described in the Materials and methods section. Real-time RT-PCR analysis of total RNA isolated from these cells demonstrated high levels of Atg5 (20-fold), LC3 (35-fold) and Atg16L (2.8-fold) mRNA expression without RANKL treatment when compared to ground based control (Xg) cultures without RANKL stimulation (Fig. 1). Western blot analysis of total cell lysates obtained from the µXg subjected preosteoclast cells without RANKL stimulation demonstrated an 8.0-fold and 7.0-fold increase in the Atg5 and LC3-II expression, respectively (Fig. 2A). Autophagy involves conversion of the cytoplasmic microtubuleassociated protein 1 light chain 3 (LC3-I) into the membrane form of LC3-II during autophagosome formation [29,30]. Therefore, we performed confocal microscopy analysis for LC3-II expression in preosteoclast cells, and identified an abundant autophagosome formation in RAW 264.7 cells cultured under µXg in the absence of RANKL stimuli compared to ground based control (Xg) cultures (Fig. 2B).

RT² Profiler PCR array screening for µXg regulated autophagy related genes

We next examined μ Xg regulation of autophagy related gene expression using the RT² Profiler PCR array consisting of 84 different genes. We thus identified μ Xg upregulated mRNA expression of GAA, Trp53, Prkaa1, Rps6kb1, intracellular signaling molecules associated with autophagy, autophagosome components such as Atg16L, Atg9b, Irgm1, and inflammatory cytokines/growth factors such as Tnfsf10, IFN- γ and IGF1 which coregulate autophagy in preosteoclast cells (Fig. 3A). Calcium signaling has been shown to directly modulate autophagy [31,32]. Since PLC γ 2 is involved in the regulation of intracellular Ca²⁺ level [33,34], we further examined μ Xg regulation of PLC γ 2 expression in mouse bone marrow derived non-adherent cells. Western blot analysis of total cell lysates obtained from ground based control (Xg) and μ Xg subjected preosteoclast cells revealed that μ Xg significantly increased the PLC γ 2 expression with or without RANKL stimulation compared to ground based control (Xg) cultures (Fig. 3B). β -actin expression served as control. These results indicate that μ Xg control of PLC γ 2/calcium signaling modulates autophagy in preosteoclast cells.

Functional role of autophagy in µXg induced OCL differentiation

To determine the functional role of autophagy in OCL differentiation, mouse bone marrow derived non-adherent cells were subjected to µXg for 24 h and cultured with or without RANKL and autophagy inhibitor (3-MA). As shown in Fig. 4A, real-time RT-PCR analysis of total RNA isolated from these cells demonstrated that 3-MA significantly down-regulates µXg induced autophagosome markers, Atg5 and LC3 mRNA expression. We also identify that μXg upregulated cathepsin K mRNA expression compared to ground based control (Xg) conditions and 3-MA treatment (24 h) of preosteoclast cells inhibits µXg elevated cathepsin K mRNA expression (Fig. 4B). Furthermore, RANKL treatment significantly increased (8fold) phosphorylation of cAMP response element (CRE)-binding protein (p-CREB), a critical transcription factor for osteoclast (OCL) differentiation under µXg as compared to Xg conditions. 3-MA markedly suppressed RANKL induced p-CREB expression under µXg and Xg conditions (Figs. 4C&D). Nevertheless, 3-MA treatment did not affect the viability of cells (data not shown). To determine the effect of autophagy on µXg enhanced OCL differentiation in vitro, mouse bone marrow derived non-adherent cells subjected to μXg or control Xg were stimulated with M-CSF, RANKL with or without 3-MA for 7 days to form multinucleated osteoclasts. We identified that 3-MA inhibits OCL differentiation in Xg conditions. Interestingly, 3-MA treatment resulted in suppression of μ Xg elevated OCL differentiation in mouse bone marrow cultures (Fig. 5).

Discussion

Space flight alters normal bone homeostasis and causes increased bone resorption in astronauts. Studies conducted during space flight indicated that μ Xg directly regulates osteoclastogenesis [7]. In previous studies, we have shown that μ Xg simulation using a RCCS system increased osteoclastogenesis in bone marrow cultures [17]. This study further identified that μ Xg significantly increased autophagic marker Atg5 and LC3-II expression as well as autophagosome formation in preoteoclast cells. Therefore, since autophagy is a cellular recycling process of nutrients for survival and function it could enhance OCL

formation. Recently, it has been shown that autophagy is activated by the pro-inflammatory cytokine TNF-a associated with inflammatory bone loss [35]. In this study, PCR array analysis identified that μXg upregulates inflammatory cytokines such as Tnfsf10 in preosteoclast cells. It is possible that µXg upregulation of inflammatory cytokines may elevate autophagic activity and osteoclast (OCL) formation. Autophagy proteins such as Atg5 have been shown to regulate the secretory component of osteoclastic bone resorption [21]. Our results have shown that autophagy inhibitor (3-MA) significantly decreased μXg induced cathepsin K expression in mouse bone marrow derived preosteoclast cells suggesting that autophagy inhibition may diminish OCL bone resorption activity under μXg conditions. p62/SQSTM1 interaction with autophagy-linked WDFY3 protein has been shown to play a functional role in osteoclasts [36]. Recently, it has been identified that aquaporin-9 knock-out mice attenuated bone loss and inhibited OCL formation in a hindlimb suspension mouse model [37]. Therefore, μXg may regulate autophagy in osteoclasts through complex molecular signaling mechanisms. Elevated Ca^{2+} oscillations modulate the CaMK-CREB pathway during OCL differentiation [17]. The CaMK-CREB pathway regulates the expression of OCL specific genes in cooperation with NFATc1 [38]. However, we previously found no significant change in the levels of NFATc1 expression, but rather increased levels of c-Jun, MITF, CREB transcription factors and cytosolic calcium levels in preosteoclast cells under μXg conditions [17]. It has been reported that calcium signaling directly stimulates autophagy [31,32] and PLCy2 is involved in the regulation of intracellular Ca²⁺ level [33]. It has also been shown that space flight increases calcium release from bone [39]. Our findings that microgravity conditions increase PLC $\gamma 2$ expression suggest that the PLC γ 2/calcium signaling pathway modulates autophagy during OCL differentiation. CREB is activated by Ca²⁺/calmodulin-dependent kinase (CaMK) IV and is crucial for OCL differentiation and function [38,40]. We showed elevated levels of p-CREB in preosteoclast cells subjected to μXg compared to normal gravity (Xg) conditions [17]. Therefore, 3-MA inhibition of CREB activation under μ Xg conditions suggests that suppression of autophagy could negatively regulate gene expression essential for OCL activation. Accordingly, we have demonstrated that autophagy inhibitor (3-MA) inhibits µXg elevated OCL differentiation. Genetic and functional studies have implicated that autophagy is involved in bone cell function under normal and pathologic conditions [41]. In this study, we showed that 3-MA also inhibits OCL formation under Xg conditions which suggests that autophagy may play a role in bone loss associated with other skeletal disorders such as Paget's disease. It has been shown that autophagic protein, Atg5 gene deletion protects against experimental postmenopausal osteoporosis [21]. Also, autophagy inhibitor treatment recapitulated deficiency of FIP200, an essential component of autophagy which resulted in osteopenia in mice [42]. More recently, it has been reported that suppression of autophagy in osteocytes contributes to the low bone mass associated with aging [43]. Longterm space flight is also challenged by other factors such as radiation. Irradiated mice subjected to mechanical unloading via hind-limb suspension demonstrated bone loss [44,45]. Irradiation has also been shown to induce autophagy in human bone marrow mesenchymal stem cells [46]. Thus, our results suggest that μXg induced autophagy enhances osteoclast differentiation and could be a potential therapeutic target to prevent bone loss in astronauts during space flight missions.

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Fig. 1.

Real-time RT-PCR analysis of autophagy marker Atg5, LC3 and Atg16L mRNA expression. Ground based control (Xg) and microgravity (μ Xg) subjected mouse bone marrow non-adherent cells were treated with or without RANKL (75 ng/ml) for 24 h. Total RNA isolated were subjected to real-time RT-PCR analysis using gene specific primers for (A) Atg5, (B) LC3 and (C) Atg16L. The mRNA expression was normalized with respect to GAPDH amplification. Each bar represents the mean \pm SD of three independent experiments. *Significant (P < 0.05) difference when compared to ground based control without RANKL treatment.



Fig. 2.

 μ Xg modulation of autophagosome formation. (A) Western blot analysis of Atg5 and LC3-II expression. Ground based control (Xg) and μ Xg subjected mouse bone marrow non-adherent cells were treated with or without RANKL (75 ng/ml) for 24 h. Total cell lysates were subjected to Western blot for Atg5 and LC3-II. β -actin expression served as control. (B) Autophagosome formation in preosteoclast cells. RAW 264.7 cells were cultured in Xg and μ Xg conditions for 24 h and autophagosomes were visualized by confocal microscopy analysis using anti-LC3-II antibody.



Fig. 3.

(A) RT^2 Profiler PCR array analysis for autophagy related gene expression. RAW 264.7 cells were cultured in Xg and μ Xg conditions for 24 h. Total RNA isolated from these cells was screened for autophagy related genes by real-time PCR in triplicate studies as described in the Materials and methods section. (B) PLC γ 2 expression in mouse bone marrow derived non-adherent cells under μ Xg conditions. Cells were cultured in μ Xg for 24 h and stimulated with or without RANKL (75 ng/ml) for 24 h. Total cell lysates were subjected to western blot analysis using anti-PLC γ 2 antibody. β -actin expression served as control. The band intensity was quantified by the National Institutes of Health ImageJ program, and PLC γ 2 expression was normalized with β -actin expression in these cells. The values are expressed as mean \pm SD for three independent experiments. *Significant (P < 0.05) difference when compared to ground based control without RANKL treatment.



Fig. 4.

(A) Autophagy inhibitor 3-methyladenine (3-MA) suppresses Atg5 and LC3 expression. Mouse non-adherent bone marrow cells were cultured in μ Xg for 24 h and treated with or without RANKL (75 ng/ml) and 3-MA (2 mM) for 24 h. Total RNA isolated were subjected to real-time RT-PCR analysis using gene specific primers for (A) Atg5 and LC3. (B) Cathepsin K gene expression. mRNA expression was normalized with respect to β -actin amplification. Each bar represents the mean \pm SD of three independent experiments. *Significant (P < 0.05) difference when compared to ground based control without RANKL treatment. (C & D) RANKL stimulation and 3-MA inhibition of CREB activation under Xg and μ Xg conditions. Mouse non-adherent bone marrow cells were cultured in μ Xg for 24 h and treated with RANKL (75 ng/ml) in the presence and absence of 3-MA (2 mM) for different time points (0–120 min). Total cell lysate obtained from these samples was subjected to western blot analysis for p-CREB expression. Total CREB expression served as control.



Fig. 5.

Autophagy inhibitor (3-MA) inhibits μ Xg elevated OCL formation. Mouse bone marrow derived non-adherent cells were cultured with RANKL (75 ng/ml) and M-CSF (10 ng/ml) for 7 days in the presence and absence of 3-MA (2 mM) under Xg and μ Xg conditions. TRAP-positive multinucleated osteoclasts formed at the end of the culture period were scored. *Significant (P < 0.05) difference when compared to ground based control.