

# Genetic Variants in *CPA6* and *PRPF31* Are Associated With Variation in Response to Metformin in Individuals With Type 2 Diabetes

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**Metformin is the first-line treatment for type 2 diabetes (T2D). Although widely prescribed, the glucose-lowering mechanism for metformin is incompletely understood. Here, we used a genome-wide association approach in a diverse group of individuals with T2D from the Action to Control Cardiovascular Risk in Diabetes (ACCORD) clinical trial to identify common and rare variants associated with HbA<sub>1c</sub> response to metformin treatment and followed up these findings in four replication cohorts. Common variants in *PRPF31* and *CPA6* were associated with worse and better metformin response, respectively ( $P < 5 \times 10^{-6}$ ), and meta-analysis in independent cohorts displayed similar associations with metformin response ( $P = 1.2 \times 10^{-8}$  and  $P = 0.005$ , respectively). Previous studies have shown that *PRPF31*(+/-) knockout mice have increased total body fat ( $P = 1.78 \times 10^{-6}$ ) and increased fasted circulating glucose ( $P = 5.73 \times 10^{-9}$ ). Furthermore, rare variants in *STAT3* associated with worse metformin response ( $q < 0.1$ ). *STAT3* is a ubiquitously expressed pleiotropic transcriptional activator that participates in the regulation of metabolism and feeding behavior. Here, we provide novel evidence for associations of common and rare variants in *PRPF31*, *CPA6*, and *STAT3* with metformin response**

**that may provide insight into mechanisms important for metformin efficacy in T2D.**

The incidence of type 2 diabetes (T2D) is increasing and the Centers for Disease Control and Prevention estimate that 11% of U.S. adults, aged 20 years or older, have diagnosed or undiagnosed T2D, and 35% of people in the same age-group have prediabetes based on fasting glucose or hemoglobin A<sub>1c</sub> (HbA<sub>1c</sub>) levels (1). T2D is now considered a global epidemic with prevalence increasing from 108 million in 1980 to 422 million in 2014 (2). Individuals with T2D are at an increased risk of developing blindness and kidney failure and are at risk for lower-limb amputations. Furthermore, individuals with T2D are 2–4 times more likely to develop cardiovascular disease (CVD), including heart attack and stroke (3).

Metformin, a member of the biguanide class of drugs, is now considered first-line therapy for individuals with T2D (4). Despite intensive investigation, the molecular mechanisms mediating metformin's beneficial effects on glycemic control remain controversial and poorly understood. Studies

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performed predominantly in animal models have implicated various mechanisms and molecules as participating in metformin's beneficial effects, including direct inhibitory effects on mitochondrial function, activation of hepatic AMPK, and alterations in glucagon signaling pathways (5–10). The relative importance of these mechanisms for metformin's beneficial effects on glycemic control in humans is unclear.

There is significant interindividual variability in response to metformin (11–13). This suggests that a better understanding of the mechanisms by which metformin functions might allow for more tailored and precise treatment. Studies suggest that heritable factors contribute to this variability, which provides an opportunity to identify causal genetic contributors through genetic association studies (11). Recent genome-wide association studies (GWAS) have identified common variants that affected metformin response in the *ATM* locus, which has been shown to activate AMPK, and the *SLC2A2* locus, which encodes the facilitated glucose transporter, GLUT2 (12,13). Here, we use a GWAS approach in a large cohort of individuals with T2D in the Action to Control Cardiovascular Risk in Diabetes (ACCORD) clinical trial to test for associations of both common and rare variant single nucleotide polymorphisms (SNPs) with change in HbA<sub>1c</sub> in response to metformin treatment.

The ACCORD trial followed 10,251 participants for up to 8 years at 77 clinical centers in the U.S. and Canada to compare the benefits and risks of treatment strategies for intensively targeting glycemia, blood pressure, and dyslipidemia versus standard targets in individuals with T2D at high risk for CVD (14–17). No overall benefit and possible harms were observed in the combined primary CVD end points with intensive glucose-lowering therapy. However, significant variability in treatment response was also observed, highlighting the potential for identifying genetic markers of drug response that may lead to the development of improved and personalized treatment strategies. The results presented here point to novel mechanisms of metformin drug response and potential therapeutic targets for the treatment of T2D.

## RESEARCH DESIGN AND METHODS

### Study Participants

The ACCORD trial (ClinicalTrials.gov identifier: NCT00000620) was a double 2 × 2 factorial design comparing intensive versus standard treatment approaches for controlling glycemia, blood pressure, and dyslipidemia that enrolled 10,251 patients with T2D with a history of CVD or at least two known risk factors for CVD, such as documented atherosclerosis, albuminuria, dyslipidemia, hypertension, smoking, or obesity (14). Additional details about randomization and selection criteria for the various arms of the ACCORD trial can be found in the Supplementary Data. Participants in ACCORD were given an option to provide a blood sample for future genetic studies, and over 80% of participants agreed to do so. A workflow describing the selection of subjects can

be found in Fig. 1. Additional demographic information can be found in Table 1.

### Phenotype Definitions

Glycemic response to metformin was evaluated in subjects who began taking metformin while enrolled in ACCORD; subjects who reported taking metformin or another biguanide prior to enrollment in the trial were excluded. Some subjects were taking additional medications and were accounted for as described in the Supplementary Data and Graham et al. (18). Subjects were scheduled for study visits every 1 or 4 months based on randomization to the intensive or standard glycemia arms, respectively. HbA<sub>1c</sub> was recorded every 4 months. Metformin response was calculated as on-treatment HbA<sub>1c</sub> minus pretreatment HbA<sub>1c</sub>. Pretreatment HbA<sub>1c</sub> levels were recorded no more than 30 days prior to the start of metformin. On-treatment HbA<sub>1c</sub> levels were defined as the first recorded measurement acquired after at least 90 days and no more than 270 days from the start of metformin treatment. This interval was chosen to allow for HbA<sub>1c</sub> levels to stabilize after starting metformin, while limiting changes in glycemia levels due to additional modifications to treatment regimens. Medication compliance and other details regarding the phenotype definition can be found in the Supplementary Data.

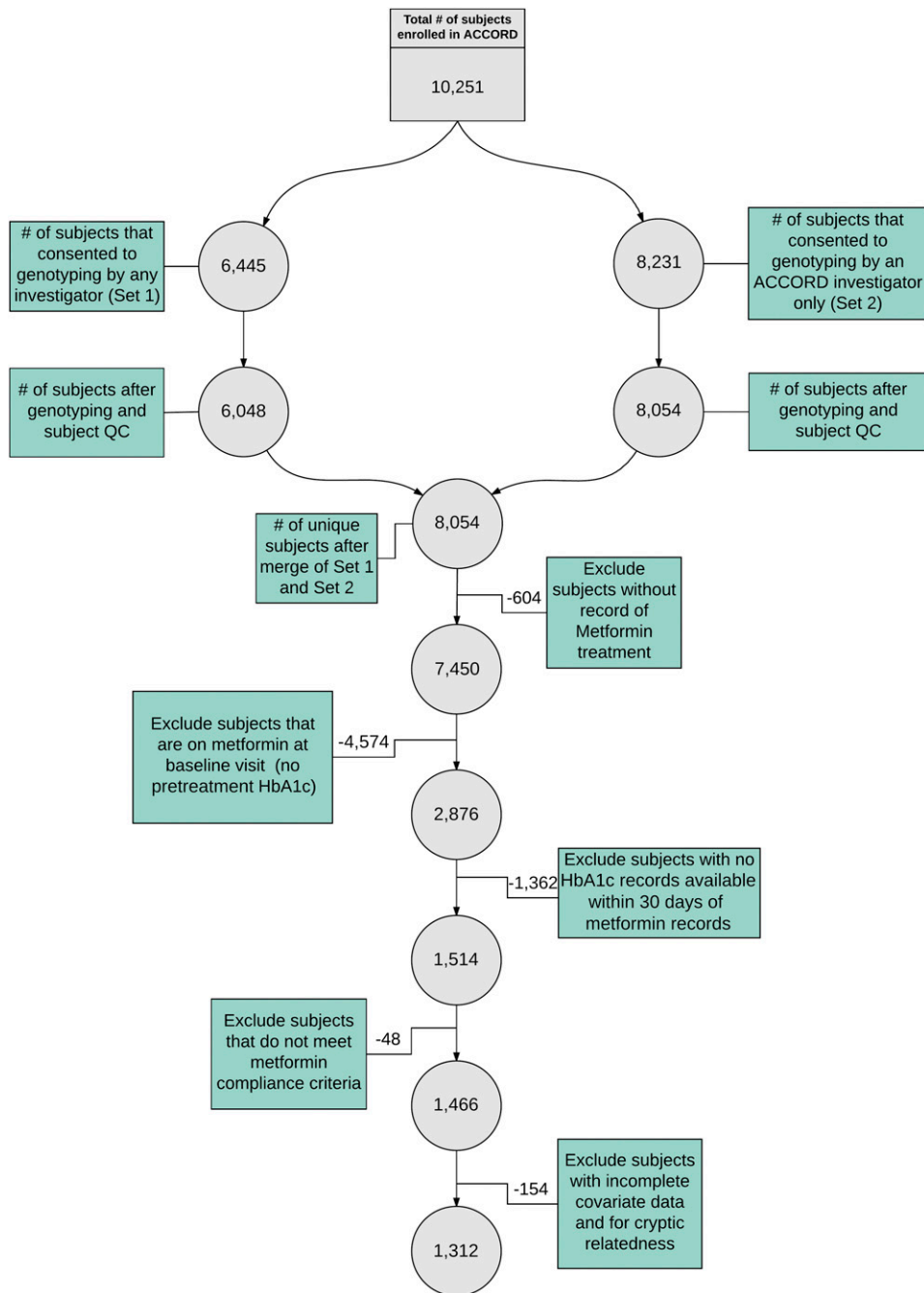
### Genotyping

Briefly, 6,085 unique samples from ACCORD participants who consented to genetic studies conducted by any investigator were genotyped at the University of Virginia on Illumina HumanOmniExpressExome-8 v1.0 chips (Set 1); 8,174 unique samples, including the above 6,085 samples plus 2,089 samples from ACCORD participants who consented to genetic studies only if conducted by ACCORD investigators, were genotyped at the University of North Carolina on Affymetrix Axiom Biobank1 chips (Set 2). The data were then merged, resulting in one data set consisting of 5,971 samples genotyped at a total of 1,240,656 individual SNPs, and another with an additional 2,083 samples genotyped at 583,613 SNPs. Additional details can be found in the Supplementary Data and Marvel et al. (19).

### Data Processing

#### Covariate Selection

We implemented a variable selection procedure to address potential confounding. Some variables were included in the model based on previous studies or expert knowledge, whereas other variables were selected based on a backward selection approach and Bayesian information criteria to identify covariates specific to the ACCORD data set. All covariate names and descriptions before variable selection can be found in Supplementary Table 1. A substantial proportion of the cohort was taking other medications during the metformin treatment response time frame and these concomitant medications were incorporated into the model as described in the Supplementary Data. To prevent confounding due to population substructure, principal



**Figure 1**—Study design and quality control (QC) workflow. Boxes represent the steps taken in the workflow. The number of remaining subjects after a quality control step can be found in the relevant attached circle.

component analysis was performed based on the genotype data using EIGENSTRAT (v4.2) and is described in the Supplementary Data. The final models after covariate selection can be found in Supplementary Tables 2–4. A workflow detailing each step of the analysis can be found in Supplementary Fig. 4.

### Common Variant Analysis

Associations between a phenotype, covariates, and single common variant (minor allele frequency [MAF] >3%) were

tested using the linear regression model. Genotyped variants were tested as an additive variable using PLINK, where  $g_i \in \{0, 1, 2\}$  is the number of minor alleles for the  $i^{\text{th}}$  individual. Imputed variants were tested using a linear regression model in the statistical programming language, R, where  $g_i = p_i(Aa) + 2p_i(aa)$  is the dosage score computed from the posterior probabilities for genotypes  $Aa$  and  $aa$  (20). For SNPs that were only genotyped in Set 1 subjects and were imputed in Set 2 subjects, association tests were calculated for each set separately and the results were

**Table 1—Cohort demographics and concomitant medications**

	All races combined (N = 1,312)	White subjects only (N = 845)	Black subjects only (N = 222)
Intensive glycemia arm	56.33	59.41	53.15
Standard glycemia arm	43.67	40.59	46.85
Intensive blood pressure arm	23.86	23.67	34.23
Standard blood pressure arm	23.78	21.89	33.33
Fibrate lipid treatment arm	25.99	25.68	14.41
Placebo lipid treatment arm	26.37	28.76	18.01
Female	39.48	36.33	52.70
Age (mean [95% CI])	62.72 [62.36, 63.10]	63.14 [62.70, 63.58]	62.25 [61.37, 63.12]
BMI (mean [95% CI])	32.43 [32.13, 32.73]	33.18 [32.82, 33.54]	32.67 [31.94, 33.39]
Years with T2D (mean [95% CI])	10.10 [9.67, 10.51]	9.73 [9.23, 10.24]	10.82 [9.76, 11.87]
History of cardiovascular disease	33.54	35.27	29.28
Concomitant medications*			
Angiotensin type 2 antagonists	16.39	15.98	16.67
ACE inhibitors	46.19	46.98	52.25
$\alpha$ -Glucosidase inhibitors	0.53	0.47	0.45
Cholesterol absorption inhibitors	2.13	2.49	1.80
Statin	49.70	51.83	30.18
Lisinopril	16.46	16.45	25.23
Loop diuretics	8.23	8.99	10.36
Meglitinides	2.97	2.37	3.15
Nitrates	5.72	6.51	3.60
Other diabetes treatments	2.67	2.84	4.05
Sulfonylureas	52.44	51.83	45.05
Thiazolidinediones	31.63	33.02	29.28
Insulin	38.11	38.11	45.95

Data are %, unless stated otherwise. \*Tabulated percentages represent the percentage of subjects with at least one record of taking the medication or a medication in the drug class during the metformin treatment window. This is not an exhaustive list of medications recorded in ACCORD, but rather a representative list of the commonly used medications in ACCORD.

combined by meta-analysis using PLINK (21,22). Tables and figures specify whether each result derives from a SNP that was genotyped in all subjects, imputed in all subjects, or represents a combination of genotyped and imputed data using the meta-analysis approach described.

### Rare Variant Analysis

The rare variant analysis approach has been previously described (19). Briefly, all variants ( $MAF \leq 3\%$ ) were mapped to gene annotation from Ensemble (GRCh37.p13). A suite of five rare variant tests comprised of burden and nonburden were then used to assess associations with metformin response. We combined the set of five  $P$  values from each test into a single  $P$  value for each gene using the procedure described by Dai et al. (23). Subsequently, the combined  $P$  value was corrected for multiple comparisons with a false discovery rate approach (24,25), and a threshold of  $q < 0.1$  was used for statistical significance.

### Replication of ACCORD Results

SNPs that associated with metformin response in the common variant analyses ( $P < 5 \times 10^{-6}$ ) were tested for associations in the following cohorts. There was one cohort from European ancestry, which included combined samples from Genetics of Diabetes Audit and Research in Tayside

Scotland (GoDARTS) and PMET1-EU (Pharmacogenomics of Metformin, cohort 1, of European ancestry; PMET1 was previously named PMT2) (REP1) ( $n = 6,963$ ). There were two cohorts from African American ancestry, referred to as REP2 ( $n = 646$ ) and REP3 ( $n = 369$ ). Briefly, the GoDARTS cohort in REP1 has been described before by the *Wellcome Trust Case Control Consortium 2* (13). The REP2 cohort was collected from two main clinical sites, Kaiser Permanente Northern California and Kaiser Permanente South East, as previously described (26). The PMET1-EU in REP1 and the REP3 cohorts were collected from the Research Program on Genes, Environment and Health (RPGEH), based at Kaiser Permanente Northern California (27). Metformin response for REP1 was defined as pretreatment  $HbA_{1c}$  minus post-treatment  $HbA_{1c}$ , resulting in effects that are in the opposite direction of those in ACCORD. Because of this, the additive inverse of effect sizes in REP1 was used in the analysis with ACCORD results. For REP2 and REP3, metformin response was calculated as posttreatment  $HbA_{1c}$  minus pretreatment  $HbA_{1c}$ .

To provide additional support for the role of the lead SNP, rs57081354, in modulating metformin action, we performed an association test between rs57081354 and baseline  $HbA_{1c}$  in ACCORD individuals that were already on metformin at the start of the trial (REP4) and compared

those results to the association of baseline HbA<sub>1c</sub> in individuals not on metformin at the start of the trial. All individuals in REP4 were excluded from the discovery cohort due to the lack of a recorded pretreatment HbA<sub>1c</sub>, making it impossible to calculate a change in HbA<sub>1c</sub> with treatment. For this analysis, an association test was performed as described in the common variant analysis with the exception of the phenotype being baseline level of HbA<sub>1c</sub> rather than change in HbA<sub>1c</sub>.

Each SNP with  $P < 5 \times 10^{-8}$  in the discovery cohort or with  $P < 5 \times 10^{-6}$  in the discovery cohort and  $q < 0.01$  in at least one replication cohort were meta-analyzed across available cohorts using PLINK (21,22). Meta-analysis with  $P < 0.05$  was considered to be statistically significant. Additional information regarding each cohort can be found in the Supplementary Data, and a workflow describing how the replication was evaluated can be found in Supplementary Fig. 4.

### Dietary Analysis

Dietary questionnaires were assessed for 1,600 participants that both consented to genotyping and had dietary records as part of the Health-Related Quality of Life substudy within ACCORD. Scores in response to the dietary questionnaires were tested for association with the lead SNP, rs57081354, using a linear regression model and the same covariate selection process as described above. Details regarding this analysis can be found in the Supplementary Data.

## RESULTS

A total of 1,312, 845, and 222 subjects were included in the common and rare variant analyses for all races combined, white, and black cohorts, respectively (Fig. 1). Other racial groups were included in the all races combined group, but sample sizes were too small to perform stratified analyses. Variation was observed in HbA<sub>1c</sub> response (Fig. 2). The mean change in HbA<sub>1c</sub> was  $-1.42\%$  (95% CI  $-1.49, -1.36$ ) for all races combined,  $-1.47\%$  ( $-1.55, -1.39$ ) for white subjects only, and  $-1.35\%$  ( $-1.50, -1.19$ ) for black subjects only. The difference in the change in HbA<sub>1c</sub> between white and black subjects was not statistically significant ( $P = 0.16$ ). Variables selected as being significantly associated with metformin response explained approximately 55% of the variation in metformin response and were subsequently included in the common and rare variant analyses (Supplementary Tables 2–4). Briefly, assignment to the intensive glycemia arm of the ACCORD trial, years with T2D, and pretreatment HbA<sub>1c</sub> were significantly associated with metformin response in all tested groups.

### Common Variant Analysis

A total of 316,203 genotyped, 547,639 meta-analyzed, and 7,567,403 imputed variants had MAF  $> 3\%$  and were included in the common variant analysis when all races were combined. A total of 1, 3, and 7 SNPs were significantly associated with HbA<sub>1c</sub> response in all races combined, white subjects only, and black subjects only, respectively ( $P < 5 \times$

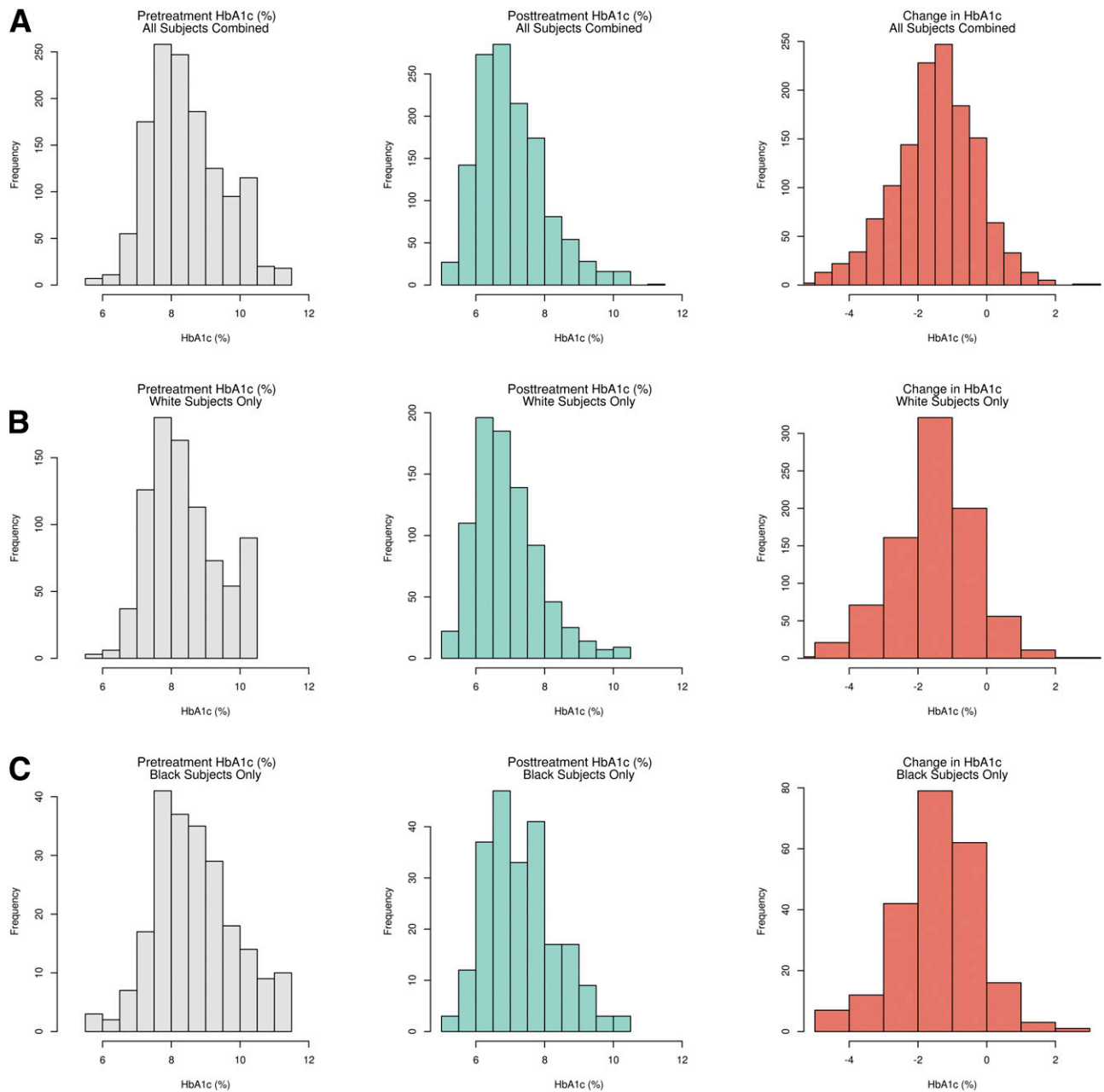
$10^{-8}$ ). In all subjects combined, the lead SNP rs57081354 located within an intron in the *NBEA* gene associated with HbA<sub>1c</sub> response (Fig. 3). Sixty-five SNPs in 16 loci on 14 different chromosomes (in genes *NBEA*, *LOC105374140*, *CXCL13*, *MCC*, *FAM189A1*, *LOC107984525*, *LOC105379109*, *KIAA1024*, *RBFOX1*, *LOC643339*, *UBOX5*, *NR2C1*, *BPHL*, *PRPF31*, *LOC105377165*, and *ADAMTS9-AS2*) reached the threshold for suggestive significance ( $P < 5 \times 10^{-6}$ ). For white subjects only, 3 SNPs in *KIAA1024* were associated with HbA<sub>1c</sub> response at genome-wide levels of significance ( $P < 5 \times 10^{-8}$ ), and 23 SNPs in 7 loci (in genes *KIAA1024*, *LOC283177*, *LOC105377165*, *ADAMTS9-AS2*, *CPA6*, *NR2C1*, and *DPYD*) reached the threshold for suggestive significance ( $P < 5 \times 10^{-6}$ ) (Supplementary Fig. 1). When black subjects were analyzed separately, 2 SNPs in the *LOC102724874* locus were associated with HbA<sub>1c</sub> response at genome-wide levels ( $P < 5 \times 10^{-8}$ ), and 53 SNPs in 8 loci (in genes *LOC102724874*, *LOC105374308*, *LOC105369406*, *SLC35D3*, *RHPN2*, *ETS1*, *SDK2*, and *GPC6*) reached the threshold for suggestive significance ( $P < 5 \times 10^{-6}$ ) (Supplementary Fig. 2). Lead SNPs associated with HbA<sub>1c</sub> response ( $P < 5 \times 10^{-6}$ ) are presented in Tables 2–4.

### Rare Variant Analysis

Rare variants (MAF  $\leq 0.03$ ) in a total of 17,078 genes were tested for association with HbA<sub>1c</sub> in all subjects combined and separately in white and black subjects. In the combined subject analysis, rare variants in *STAT3* were significantly associated with HbA<sub>1c</sub> response ( $q < 0.1$ ) (Supplementary Fig. 3). Five rare variants were available for testing in *STAT3*: rs146620441 (monomorphic), rs140604473 (missense), rs149214040 (missense), rs114401618 (intronic), and rs17882069 (synonymous) (28). Importantly, rs146620441 was monomorphic and the other four SNPs only showed variation in black subjects, although there were no statistically significant rare variant associations observed in race-based analyses ( $q > 0.2$ ). We tested whether *STAT3* failed to yield significant associations in the stratified analysis due to the small number of black subjects ( $n = 222$ ) by oversampling black subjects until we had the same number of subjects as when all races were combined ( $n = 1,312$ ). Oversampling to build a larger cohort resulted in a  $q = 0.0016$  versus a  $q = 1$  in the original cohort of black subjects, supporting the premise that this rare variant finding is relevant for black subjects even though it was detected when all subjects were combined due to an increase in statistical power.

### Association With Dietary Phenotypes

*NBEA* has been previously reported to influence sugary food preference in animal models (29), and we further assessed whether the lead SNP in this locus, rs57081354, was associated with dietary scores. Data were available in 1,553 ACCORD subjects (Supplementary Table 6). The C-allele in rs57081354 that associated with worse metformin effect also associated with increased consumption of dessert ( $q = 0.12$ ). Subjects with the C-allele in rs57081354 were more likely



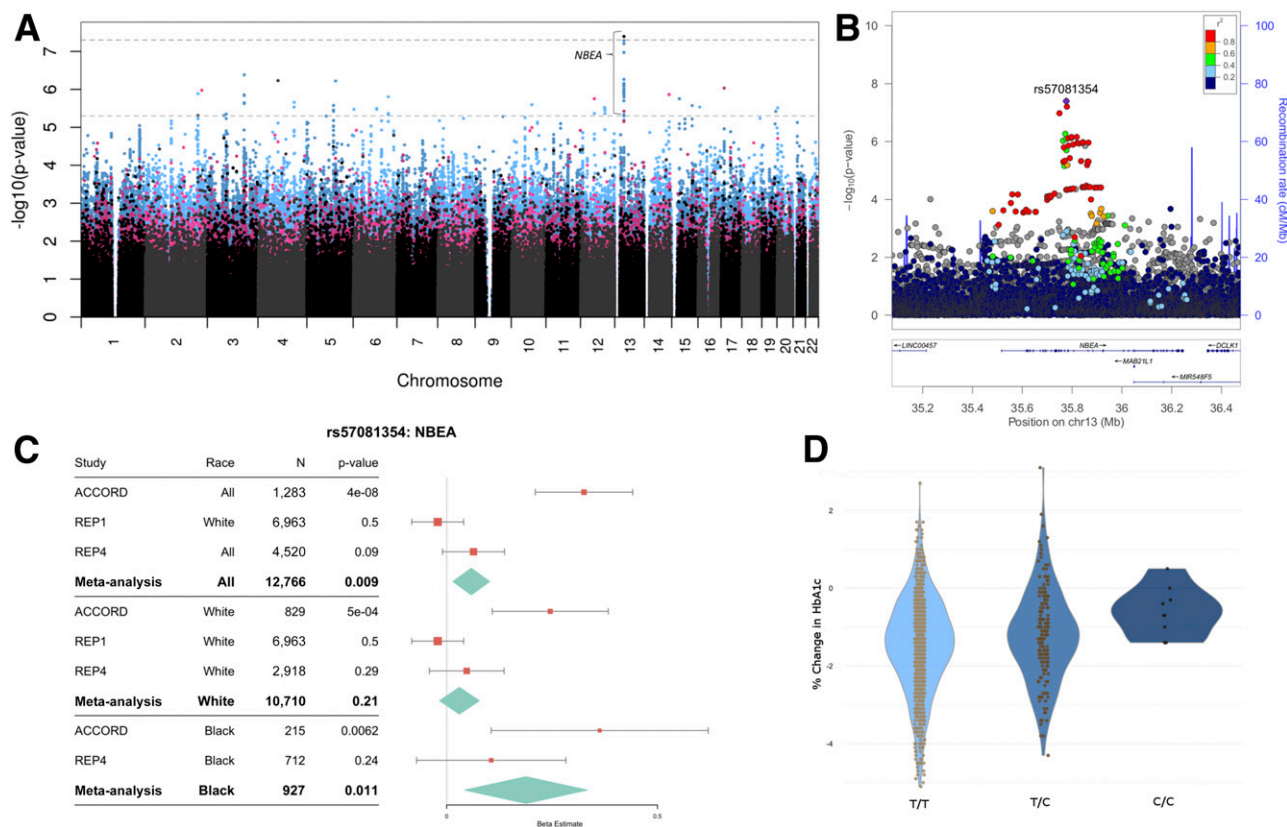
**Figure 2**—Distributions of HbA<sub>1c</sub> response to metformin treatment. **A:** HbA<sub>1c</sub> response when all races are combined. **B:** HbA<sub>1c</sub> response in only white participants. **C:** HbA<sub>1c</sub> response in only black participants.

to answer “Yes” to the question, “Did you eat dessert?” within past 3 months ( $\beta = 0.044$  [95% CI 0.012, 0.075]).

### Replication

A total of 134 unique SNPs were associated with metformin response ( $P < 5 \times 10^{-6}$ ) when all races were combined, in white subjects only, and in black subjects only. Of these SNPs, 81, 64, and 61 were available in REP1, REP2, and REP3 cohorts, respectively. The most significant finding in the discovery cohort was rs57081354 located in the *NBEA* gene ( $P = 4.02 \times 10^{-8}$ ,  $\beta = 0.323$ ). This finding did not replicate in REP1 ( $P > 0.05$ ) and was not available for testing

in REP2 or REP3. Out of the 26 SNPs in *NBEA* with  $P < 1 \times 10^{-6}$ , only rs1337379 was tested in REP2 and REP3 but was not associated with metformin response ( $P > 0.05$ ). SNPs in *NBEA* were not significantly associated with metformin response in ACCORD when black or white subjects were tested separately, only when all races were combined. Interestingly, in the set of subjects who were already on metformin when they enrolled in ACCORD (REP4), rs57081354, was marginally associated with higher baseline HbA<sub>1c</sub> ( $P = 0.09$ ), whereas rs57081354 was not associated with baseline variation in HbA<sub>1c</sub> in those not on metformin ( $P = 0.63$ ). Although the phenotypes for REP1 and REP4 are not



**Figure 3**—HbA<sub>1c</sub> response to metformin treatment is diminished by SNPs in *NBEA*. **A**: Manhattan plot of HbA<sub>1c</sub> response to metformin treatment when all races were combined ( $N = 1,312$ ). The horizontal dashed lines represent suggestive statistical significance ( $P = 5 \times 10^{-6}$ ) (bottom line) and genome-wide significance ( $P = 5 \times 10^{-8}$ ) (top line). Each point represents a single SNP. Genotyped SNPs are represented with black dots, imputed SNPs are represented by blue dots, and SNPs meta-analyzed from subjects genotyped in Set 1 subjects and imputed in Set 2 subjects are represented by pink dots. **B**: A LocusZoom (48) plot demonstrating the lead SNP, rs57081354, association with change in HbA<sub>1c</sub> when all races are combined. Linkage disequilibrium was calculated using the 1000 Genomes reference panel using the hg19/1000 Genomes Nov 2014 EUR selection, matching the panel used to perform imputation in ACCORD. **C**: Forest plot demonstrating associations of rs57081354 in available replication cohorts. The  $\beta$  values for REP1 were changed to the additive inverse to maintain a consistent direction of effect. A larger  $\beta$  value means a diminished metformin response. Data for rs57081354 were not available for REP2 and REP3. Bars represent the 95% CIs. **D**: Change in HbA<sub>1c</sub> by rs57081354 genotype as represented by violin plots.

identical, meta-analysis of the ACCORD discovery cohort with REP1 and REP4 produced an association representing higher HbA<sub>1c</sub> on metformin ( $P = 0.009$ ) (Fig. 3).

In ACCORD, rs254271, located in an intron in pre-mRNA processing factor 31 (*PRPF31*), was associated with worse metformin response when all races were combined ( $P = 3.79 \times 10^{-6}$ ). In the REP1 cohort, rs254271 was associated with worse metformin response when corrected for baseline HbA<sub>1c</sub> ( $P = 6.21 \times 10^{-5}$ ) and without adjusting for baseline HbA<sub>1c</sub> ( $P = 1.57 \times 10^{-2}$ ). Genotypes for rs254271 were not available for analysis in the African American replication cohorts, REP2 and REP3. Meta-analysis of ACCORD with REP1 produced a significant association for rs254271 with worse metformin response ( $P = 1.2 \times 10^{-8}$ ) (Fig. 4).

In white subjects in ACCORD, rs2162145, located in carboxypeptidase A6 (*CPA6*), was associated with better metformin response ( $P = 4.04 \times 10^{-6}$ ). This finding was consistent with findings in African American subjects in REP2 ( $P = 0.006$ ). Although, rs2162145 was not significantly associated with metformin response in black subjects in

ACCORD ( $P = 0.14$ ), it is possible that we were underpowered to detect an association due to the relatively small number of black subjects available ( $n = 222$ ) and that meta-analysis could increase statistical power through the inclusion of additional subjects. Meta-analysis of black subjects in ACCORD and those in REP2 and REP3 demonstrated the most significant association of rs2162145 with better metformin response ( $P = 0.005$ ) compared with meta-analysis of all white subjects (ACCORD white subjects and REP1) and all cohorts (ACCORD, REP1–3) with  $P = 0.22$  and  $P = 0.09$ , respectively (Fig. 4).

## DISCUSSION

T2D adversely affects the quality of life for millions of individuals and places a significant burden on the health care system in the U.S. and globally (30,31). Although many treatment options for T2D are available, metformin has remained the first-line treatment for T2D for decades. Nevertheless, the mechanisms by which metformin lowers blood glucose are not well understood, and factors that may

**Table 2—Lead SNPs associated with HbA<sub>1c</sub> response in common variant analysis in all races combined ( $P < 5 \times 10^{-6}$ )**

SNP	Chromosome	Position	Gene	Type	MAF	$\beta$	P value
rs7371352	2	205916609	NA	IMPU	0.461	0.166	1.29E-06
rs12694529	2	220685415	NA	META	0.131	0.232	1.06E-06
rs2371651	3	64899735	ADAM/TS9-AS2	IMPU	0.346	0.171	4.89E-06
rs36050186	3	73884807	LOC105377165	IMPU	0.061	0.315	4.46E-06
rs28535480	3	144238665	LOC105374140	IMPU	0.447	0.184	4.12E-07
rs7669299	4	77525989	CXCL13	GENO	0.106	-0.348	5.88E-07
rs79827403	4	140248372	NA	IMPU	0.046	-0.386	2.19E-06
rs6884548	5	104706194	LOC105379109	IMPU	0.038	0.439	2.64E-06
rs56061109	5	113100738	MCC	IMPU	0.048	0.394	6.00E-07
rs6903843	6	3125135	BPHL	IMPU	0.031	0.587	3.36E-06
rs79573377	6	91226278	NA	IMPU	0.033	0.437	3.19E-06
rs59506474	6	136927217	NA	IMPU	0.066	-0.355	1.57E-06
rs2578120	10	78453110	NA	IMPU	0.358	-0.160	2.53E-06
rs7307035	12	53778761	LOC107984525	META	0.033	-0.440	1.77E-06
rs12300320	12	93077216	LOC643339	IMPU	0.053	-0.386	3.01E-06
rs12827634	12	95026750	NR2C1	IMPU	0.362	0.154	3.18E-06
rs57081354	13	35202456	NBEA	GENO	0.077	0.326	4.02E-08
rs4144603	14	96729576	NA	META	0.405	0.159	1.36E-06
rs7173199	15	29424654	FAM189A1	IMPU	0.046	0.419	1.77E-06
rs182384419	15	79438983	KIAA1024	IMPU	0.043	0.394	2.66E-06
rs74007109	16	6852072	RBFOX1	IMPU	0.040	0.407	2.92E-06
rs2529698	17	12350355	NA	META	0.061	0.331	9.24E-07
rs254271	19	54630757	PRPF31	IMPU	0.330	0.163	3.79E-06
rs6139020	20	3156571	UBOX5	IMPU	0.102	0.257	3.08E-06



**Table 3—Lead SNPs associated with HbA<sub>1c</sub> response in common variant analysis in white subjects only ( $P < 5 \times 10^{-6}$ )**

SNP	Chromosome	Position	Gene	Type	MAF	$\beta$	P value
rs12047072	1	97401162	DPYD	META	0.184	-0.215	4.66E-06
rs13034779	2	234091216	NA	IMPU	0.305	0.239	6.24E-07
rs2371651	3	64899735	ADAMTS9-AS2	IMPU	0.431	0.192	3.71E-06
rs36050186	3	73884807	LOC105377165	IMPU	0.082	0.332	2.47E-06
rs71140472	3	144248959	NA	IMPU	0.461	0.177	3.30E-06
rs2929535	8	67754375	CPA6 <sup>a</sup>	META	0.307	-0.188	3.47E-06
rs111976192	8	83716899	NA	IMPU	0.267	0.195	4.99E-06
rs10904150	10	3970713	NA	IMPU	0.072	-0.336	4.66E-06
rs4567482	11	134474052	LOC283177	META	0.123	-0.286	1.66E-07
rs7298631	12	95063515	NR2C1	IMPU	0.397	0.176	4.51E-06
rs4775474	15	62150069	NA	META	0.355	0.189	2.07E-06
rs182384419	15	79438983	KIAA1024	IMPU	0.054	0.503	1.53E-08

<sup>a</sup>rs2929535 does not fall in CPA6, but rs2162145 ( $P = 4.04 \times 10^{-6}$ ) is in the same peak and is located in CPA6.

predict which patients will have optimal responses to metformin are also not well understood. Here, we use a GWAS approach in a large cohort of individuals with T2D in the ACCORD clinical trial to test for both common and rare variant SNPs that associate with change in HbA<sub>1c</sub> level in response to metformin treatment. To support our initial findings, we explored these associations in multiple independent cohorts.

A previous study conducted in a large cohort using electronic medical records found that African American patients on metformin had a larger reduction in HbA<sub>1c</sub> than European Americans (32). We failed to find a significant difference between metformin response in white subjects and black subjects in ACCORD, with changes in HbA<sub>1c</sub> of -1.47% and -1.35%, respectively ( $P = 0.16$ ). It is possible that enrollment in a more structured clinical trial impacts these outcomes differently than the far less structured care reflected in electronic medical record data. Additional research will be needed to definitely characterize the response of metformin across ethnicities. Previous GWAS have identified rs11212617 in the *ATM* locus and rs8192675 in *SLC2A2* as being significantly associated with metformin response (12,13). However, neither SNP was significantly associated with metformin response here ( $P > 0.1$ ). These SNPs may have failed to replicate in the current study due to cohort differences and, in particular, the sample size of the ACCORD cohort and the use of concomitant medications. Information regarding the prescribed dose for metformin was not recorded in ACCORD and may have impacted our findings. However, as described in RESEARCH DESIGN AND METHODS, we sought a minimal time window to assess the response of metformin while limiting the likelihood of other medication changes. Additional details about how these studies compare with ACCORD can be found in the Supplementary Data.

In the analysis of subjects from all racial groups combined ( $n = 1,312$ ) (Fig. 1), those with the C-allele of rs254271, an intronic variant in *PRPF31*, had a worse metformin response at suggestive significance levels ( $P = 3.79 \times 10^{-6}$ ,  $\beta = 0.16$ ). The effect of this variant was also observed in REP1, consisting of subjects of European ancestry ( $P = 6.21 \times 10^{-5}$ ,  $\beta = -0.073$ ). Interestingly, rs254271 is an expression quantitative trait locus in several tissues for *PRPF31* and nearby genes, including NADH:ubiquinone oxidoreductase (*NDUFA3*), which codes for a subunit of the complex I of the respiratory chain (33–35). Metformin is known to inhibit complex I of the respiratory chain to cause AMPK activation (5). In addition, previous studies have shown that *PRPF31* (+/-) knockout mice have increased total body fat ( $P = 1.78 \times 10^{-6}$ ) and increased fasted circulating glucose ( $P = 5.73 \times 10^{-6}$ ) (36).

Genotypes for rs254271 were not available for analysis in the African American replication cohorts, REP2 and REP3. The phenotype in REP1 represents HbA<sub>1c</sub> reduction, so the direction of the effect for rs254271 is consistent between ACCORD and REP1 and represents worse HbA<sub>1c</sub> response in individuals with the C-allele (Fig. 4). Mutations in *PRPF31* have been associated with an autosomal dominant rare

**Table 4—Lead SNPs associated with HbA<sub>1c</sub> response in common variant analysis in black subjects only ( $P < 5 \times 10^{-9}$ )**

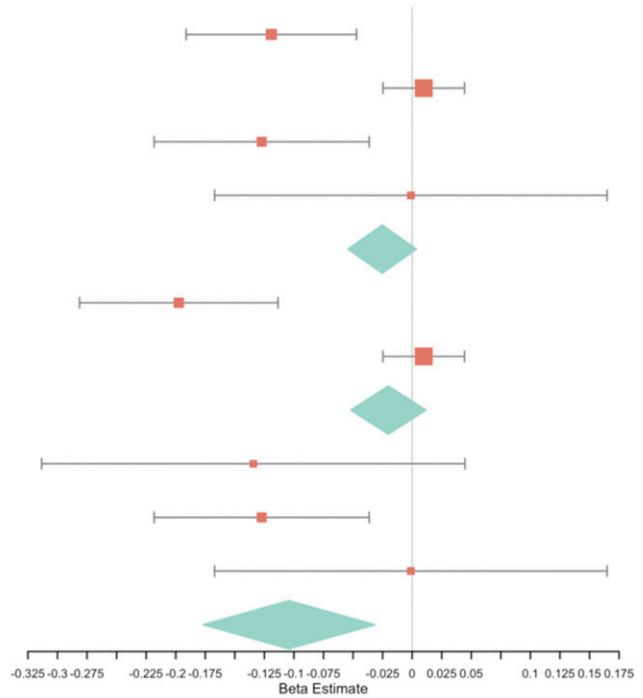
SNP	Chromosome	Position	Gene	Type	MAF	$\beta$	P value
rs7573366	2	183278246	NA	META	0.325	-0.379	3.67E-06
rs12496540	3	32062976	NA	IMPU	0.352	0.388	4.98E-06
rs62284968	3	197429996	LOC105374308	IMPU	0.040	1.066	1.20E-07
rs9295608	6	23977533	NA	GENO	0.208	-0.462	1.35E-06
rs111792250	6	136927930	SLC35D3 <sup>a</sup>	IMPU	0.192	-0.528	7.97E-07
rs4413694	7	142430649	NA	IMPU	0.458	-0.346	4.43E-06
rs201739756	8	73149128	NA	IMPU	0.054	0.875	2.04E-06
rs145554029	8	77485920	LOC102724874 <sup>b</sup>	IMPU	0.035	-1.221	8.76E-09
rs10897557	11	80135250	LOC105369406	IMPU	0.319	-0.432	6.73E-07
rs7130041	11	128552747	ETS1	IMPU	0.348	-0.406	3.02E-06
rs76853142	13	93580057	GPC6	IMPU	0.041	-0.940	4.54E-06
rs1449836	14	42994192	NA	META	0.471	-0.353	1.43E-06
rs62072150	17	73412120	SDK2	IMPU	0.451	-0.423	4.12E-06
rs185341538	19	32981426	RHPN2	IMPU	0.291	-0.428	2.99E-06
rs34600526	19	33504770	NA	IMPU	0.295	-0.395	4.49E-06

<sup>a</sup>rs111792250 does not fall in SLC35D3, but rs7763578 ( $P = 1.47 \times 10^{-9}$ ) is in the same peak and is located in SLC35D3; <sup>b</sup>rs145554029 does not fall in LOC102724874, but rs75121529 ( $P = 1.22 \times 10^{-9}$ ) is in the same peak and is located in LOC102724874.

**A**

**rs2162145: CPA6**

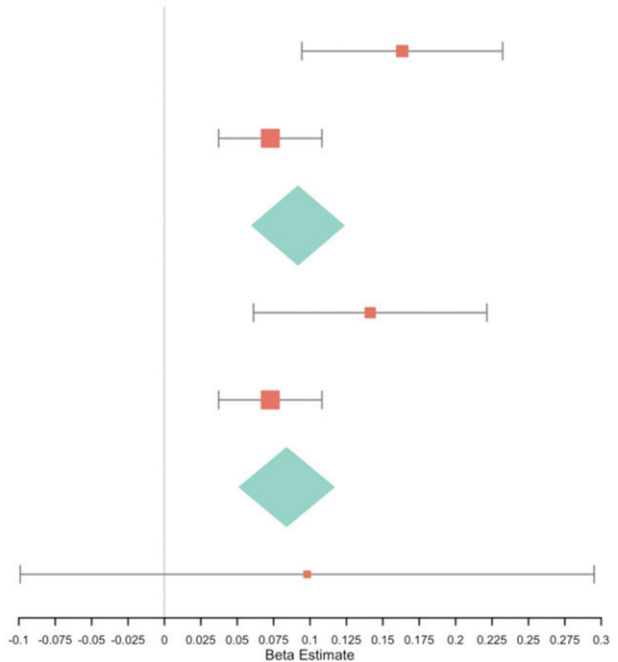
Study	Race	N	p-value
ACCORD	All	1,312	0.0012
REP1	White	6,964	0.58
REP2	Black	646	0.0061
REP3	Black	369	0.99
<b>Meta-analysis</b>	<b>All</b>	<b>9,291</b>	<b>0.087</b>
ACCORD	White	845	4e-06
REP1	White	6,964	0.58
<b>Meta-analysis</b>	<b>White</b>	<b>7,809</b>	<b>0.22</b>
ACCORD	Black	222	0.14
REP2	Black	646	0.0061
REP3	Black	369	0.99
<b>Meta-analysis</b>	<b>Black</b>	<b>1,237</b>	<b>0.0051</b>



**B**

**rs254271: PRPF31**

Study	Race	N	p-value
ACCORD	All	1,312	3.8e-06
REP1	White	6,961	6.2e-05
<b>Meta-analysis</b>	<b>All</b>	<b>8,273</b>	<b>1.2e-08</b>
ACCORD	White	845	0.00058
REP1	White	6,961	6.2e-05
<b>Meta-analysis</b>	<b>White</b>	<b>7,806</b>	<b>3.9e-07</b>
ACCORD	Black	222	0.33



**Figure 4**—Forest plot of associations with replicated SNPs in REP1, REP2, and REP3. *A*: Discovery and replication results for rs2162145, located in the *CPA6* gene. *B*: Discovery and replication results for rs254271, an intronic variant in *PRPF31*. A larger  $\beta$  value means a diminished metformin response. The  $\beta$  values for REP1 were changed to the additive inverse to maintain a consistent direction of effect. Bars represent the 95% CIs.

Mendelian disease, retinitis pigmentosa (37). *PRPF31* was previously identified as a candidate gene for diabetic retinopathy in a genome-wide linkage study in Mexican Americans with T2D (38). We tested rs254271 for association with eye disorders in ACCORD; however, no significant associations were found ( $P > 0.05$ ) (data not shown). Further research will be needed to determine what role SNPs in *PRPF31* may have in metformin drug response or in diabetic retinopathy.

In the analysis of only white subjects in ACCORD, rs2162145, in the *CPA6* gene, was associated with metformin response at suggestive significance levels ( $P = 4.04 \times 10^{-6}$ ,  $\beta = -0.197$ ). This same SNP was associated with metformin response in the REP2 cohort ( $P = 0.006$ ,  $\beta = -0.127$ ), but not in REP1 or REP3 ( $P > 0.05$ ) (Fig. 4). To our knowledge, SNPs in *CPA6* have not previously been associated with metformin response; however, rs2162145 has a weak significant association with fasting glucose ( $P = 0.02$ ) (39). In addition, a meta-analysis of T2D in 17 GWAS comprising 8,284 case and 15,543 control subjects in African Americans identified rs7003257, an intron variant in *CPA6*, as being associated with T2D ( $P = 1.17 \times 10^{-6}$ ) (40), and this SNP has also been previously reported to affect 2-h glucose levels (41). We were underpowered to detect an association in black subjects. However, meta-analyzing all available black subjects in ACCORD, REP2, and REP3 improved the statistical power so an association was detectable ( $P = 0.005$ ). It will be necessary for additional studies to investigate the extent to which *CPA6* is involved with metformin drug response.

A genotyped SNP in the *NBEA* gene on chr13 rs57081354 was associated with change in HbA<sub>1c</sub> levels at genome-wide significance ( $P = 4.02 \times 10^{-8}$ ,  $\beta = 0.323$ ) in our discovery cohort (Fig. 3). SNPs in *NBEA* did not replicate in REP1–3 cohorts. rs57081354 was marginally associated with baseline HbA<sub>1c</sub> levels in individuals who were taking metformin at the time they enrolled in ACCORD, with the C-allele displaying higher HbA<sub>1c</sub> values ( $P = 0.09$ ) (Fig. 3C). *NBEA* is a protein kinase A anchor protein that is expressed at low levels ubiquitously and at higher levels in the brain, pituitary, and  $\beta$ -cells in the pancreas (42). Interestingly, haplotype-insufficient *Nbea*(+/-) mice prefer sugary foods (glucose and fructose) more than their wild-type controls, gain more weight per unit of food than wild-type mice, and have higher insulin and leptin levels (29). Subsequently, we tested for associations between rs57081354 and 19 dietary scores recorded for a subset of 1,553 ACCORD subjects and found that rs57081354 was associated with an increase in dessert consumption ( $q < 0.2$ ) in those with C-allele (Supplementary Table 6). An expanded summary of the literature regarding *NBEA* can be found in the Supplementary Data.

Additionally, we tested rare variants for associations with change in HbA<sub>1c</sub>, and *STAT3* when all races were combined, was the only gene that achieved statistical significance for metformin treatment response ( $q < 0.1$ ). However, as described in RESULTS, black subjects were the only population with rare variation in *STAT3*, and *STAT3* was not detected

in the stratified analysis likely due to the small number of subjects available for analysis ( $n = 222$ ). In this same cohort, rare variants in *STAT3* were not associated with baseline HbA<sub>1c</sub> levels ( $q > 0.2$ ). *STAT3* encodes a ubiquitously expressed transcription factor with broad activities in metabolism, immunity, and cell growth (43). *STAT3* is an essential signal transducer for the key metabolic hormone leptin and the pleiotropic cytokine interleukin 6 with broad effects on feeding behavior and fuel homeostasis. Interestingly, metformin has been shown to interact with *STAT3* signaling in chemotherapeutic applications and in an inflammatory bowel disease model (44–47). To our knowledge, interactions between metformin and *STAT3* signaling have not been investigated with regard to glucose homeostasis.

Here, we present evidence for *PRPF31*, *CPA6*, and *STAT3* being involved in novel glucose-lowering mechanisms for metformin. Additional investigation will also be required to confirm the clinical impact of the identified variants with regard to metformin therapy in subjects with diabetes. Although prior studies suggest roles for *NBEA* and *STAT3* genes in glucose metabolism, additional research will be required to investigate mechanisms by which they might interact with metformin. Such studies are likely to provide new insight into mechanisms regulating glucose metabolism and may point the way toward novel therapeutic targets for more precise interventions in T2D.

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