

Safety of elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide in HIV-1-infected adults with end-stage renal disease on chronic haemodialysis: an open-label, single-arm, multicentre, phase 3b trial

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Summary

Background Current treatment for HIV-infected individuals with renal failure on haemodialysis frequently requires complex regimens with multiple pills. A daily single-tablet regimen of coformulated elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide is approved in Europe, the USA, and in other regions for use in HIV-1-infected individuals with mild-to-moderate chronic kidney disease (creatinine clearance 30–69 mL/min). We aimed to assess the safety, efficacy, and pharmacokinetics of this regimen in HIV-1-infected adults with end-stage renal disease on chronic haemodialysis.

Methods We did an open-label, single-arm, multicentre, phase 3b trial at 26 outpatient clinics in Austria, France, Germany, and the USA. Participants were HIV-1-infected adults with end-stage renal disease (creatinine clearance <15 mL/min), on chronic haemodialysis for at least 6 months before screening. Virological suppression (ie, plasma HIV-1 RNA <50 copies per mL) on a stable antiretroviral regimen was required for at least 6 months before screening with a CD4 count of at least 200 cells per μ L. We switched all participants to coformulated elvitegravir 150 mg, cobicistat 150 mg, emtricitabine 200 mg, and tenofovir alafenamide 10 mg once daily, taken after haemodialysis for up to 96 weeks. We did assessments at study visits at weeks 2, 4, 8, 12, 24, 36, and 48, and every 12 weeks thereafter up to 96 weeks. The primary endpoint was the incidence of treatment-emergent adverse events of grade 3 or higher up to week 48. All participants who received at least one dose of study drug were included in the primary analysis. This study is registered with ClinicalTrials.gov (NCT02600819) and is closed to new participants.

Findings Between Feb 1, and Nov 3, 2016, 55 participants were enrolled and received at least one dose of study drug. Through week 48, 18 of 55 participants (33%, 95% CI 20–45) had an adverse event of grade 3 or higher on study treatment. Treatment-emergent grade 3 or higher adverse events that occurred in more than one participant included anaemia, osteomyelitis, prolonged electrocardiogram QT, fluid overload, hyperkalaemia, hypertension, and hypotension (all $n=2$). No adverse event of grade 3 or higher was considered by the site investigators to be treatment related. Three participants (5%, 95% CI 0–11) discontinued treatment because of adverse events; one of these (grade 1 allergic pruritus) was considered treatment related. Treatment-related adverse events were reported for six individuals (11%, 95% CI 3–19), the most common of which was nausea (in four individuals [7%]); all treatment-related adverse events were grade 1 or 2 in severity.

Interpretation At 48 weeks, switching to the single-tablet regimen of elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide was well tolerated. This regimen might provide a tolerable and convenient option for ongoing treatment of HIV-1 infection in adults with end-stage renal disease on chronic haemodialysis.

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Introduction

Currently available antiretroviral drugs are highly effective and have thus led to striking improvements in survival and disease progression in HIV-1-infected individuals. The paradigm of HIV treatment has shifted to that of treating HIV-infected individuals with long-term, chronic illness in an increasingly aging population who are at risk for non-AIDS-associated comorbidities, such as those of the kidney, bone, and

liver, and cardiac disease.^{1–3} Previous analyses^{4,5} that included an age-matched, control cohort noted that end-stage renal disease occurred at a younger age in HIV-1-infected individuals than in HIV-negative controls.^{4,5} Given the prevalence of end-stage renal disease in people with HIV and the likelihood that its prevalence will increase with the aging of the population and the common comorbidities of hypertension and diabetes, a safe and convenient antiretroviral regimen

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Research in context

Evidence before this study

We searched PubMed for published clinical trials of tenofovir alafenamide in patients with HIV-1-infection and renal disease, with the title or abstract search terms “tenofovir alafenamide” and “HIV” and “study” or “trial” and “renal disease” or “renal impairment.” Searches were limited to articles published in English between Jan 1, 1997, and March 1, 2018. Our search yielded three articles, one of which we excluded because it summarised the pharmacokinetics of tenofovir alafenamide in individuals without HIV infection and with severe renal impairment. The remaining two summarised results at weeks 48 and 96, respectively, from an open-label, single-arm phase 3 study assessing coformulated elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide in HIV-infected adults with a creatinine clearance of 30–69 mL/min. The treatment maintained virological suppression and was well tolerated in these individuals with mild-to-moderate renal impairment.

is needed for patients with HIV on chronic haemodialysis. However, although kidney transplantation has been shown to confer a survival advantage compared with remaining on dialysis in HIV-infected individuals,⁶ there remain substantial disparities in access to transplantations among black individuals living with HIV in the USA, particularly in the south-eastern area, and also among ethnic minorities and less-advantaged indigenous populations in developed countries.^{7,8}

On top of an increased risk of age-related comorbidities, individuals with HIV are at risk for acute and chronic kidney disease from a wide spectrum of other causes including HIV-associated nephropathy, immune complex kidney disease, thrombotic microangiopathy, and kidney disease associated with comorbidities such as diabetes, hypertension, hepatitis B and hepatitis C coinfections, and use of medications associated with nephrotoxicity.^{9,10} The prevalence of HIV-1 infection in patients with end-stage renal disease is an estimated 0.5% in Europe¹¹ and 1.5% in the USA,¹² although this might be an underestimate of current rates¹³ since more recent values are not available. Furthermore, the prevalence and incidence of chronic kidney disease and end-stage renal disease are expected to rise as life expectancy improves for people living with HIV.^{14,15} New antiretroviral therapies (ARTs) that advance the current standard of care are needed to help health-care providers better manage comorbidities such as renal disease, since their HIV-1-infected patients expect to receive life-long treatment.

Current guidelines recommend initial treatment of HIV with a combination of two nucleoside reverse transcriptase inhibitors (NRTIs) with a drug from another class.^{16–18} However, most NRTIs are renally eliminated,¹⁹ which raises concerns for the use of this drug class in a population with impaired kidney

Added value of this study

This is the first study to assess switching to a single-tablet regimen of elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide in HIV-infected adults with end-stage renal disease on chronic haemodialysis who had been previously maintained on a stable antiviral regimen for at least 6 months. The results suggested that the single-tablet regimen was well tolerated in this patient population through 48 weeks, with maintenance of virological suppression and increased patient satisfaction.

Implications of all the available evidence

Convenient, well tolerated treatment options are scarce for the growing demographic of HIV-1-infected individuals who have an unmet medical need for safer, more convenient antiretroviral regimens. The single-tablet regimen of elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide might provide a safe and convenient option for ongoing treatment of HIV-1 infection in adults with end-stage renal disease on haemodialysis.

function. As such, ART options for HIV-infected individuals with chronic kidney disease are few because the long-term use of tenofovir disoproxil fumarate has been associated with nephrotoxicity²⁰ and abacavir has been associated with increased cardiovascular risk.²¹ For individuals who cannot be treated with either of these drugs, alternative nucleoside-sparing regimens have been suggested in treatment guidelines,^{16–18} however, this approach is hampered because of concerns of reduced virological activity, drug–drug interactions, or tolerability of these combinations.^{16–18} Additional challenges associated with currently available ART regimens in this population also exist, including regimen complexity, pill burden (if more than one is needed), and risk of dosing errors.²²

The NRTI tenofovir alafenamide, a novel prodrug of tenofovir, achieves similar antiretroviral efficacy at a lower dose than tenofovir disoproxil fumarate, resulting in 91% lower plasma tenofovir exposures in individuals with normal renal function.²³ Several large, phase 3 studies of HIV-1-infected, treatment-naïve and virologically suppressed individuals, including those with mild-to-moderate renal impairment, have shown long-term safety and favourable renal and bone profiles with tenofovir alafenamide-containing regimens compared with those containing tenofovir disoproxil fumarate.^{24–26} The single-tablet regimen containing elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide is one of the recommended initial regimens in HIV-1 treatment guidelines in the USA and Europe.^{16–18} This regimen can be given without dose adjustment to individuals with a creatinine clearance as low as 30 mL/min.²⁷

In this study, we assessed the safety and efficacy of switching to a single-tablet regimen of coformulated

elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide once daily in HIV-1-infected, virologically suppressed adults with end-stage renal disease who were on chronic haemodialysis at study entry. Here we present the results at 48 weeks.

Methods

Study design and participants

We did a multicentre, open-label, single-arm, phase 3b trial (GS-US-292-1825) at 26 outpatient clinics in Austria, France, Germany, and the USA. This study was approved by central or site-specific review boards or ethics committees.

Study investigators enrolled HIV-1-infected adults (aged at least 18 years) with end-stage renal disease (creatinine clearance <15 mL/min) on chronic haemodialysis for at least 6 months before screening. Participants were required to be virologically suppressed (ie, plasma HIV-1 RNA <50 copies per mL) on a stable antiretroviral regimen for at least 6 consecutive months before screening, with a CD4 count of at least 200 cells per μ L and no documented history of HIV resistance to elvitegravir, emtricitabine, lamivudine, or tenofovir. All participants provided written informed consent. A subset of participants provided additional written, informed consent for a pharmacokinetic substudy.

Procedures

Eligible participants received a single tablet once daily of coformulated elvitegravir 150 mg, cobicistat 150 mg, emtricitabine 200 mg, and tenofovir alafenamide 10 mg, taken after haemodialysis on dialysis days, for up to 96 weeks. We undertook post-baseline study visits at weeks 2, 4, 8, 12, 24, 36, and 48, and every 12 weeks thereafter (up to 96 weeks). Safety was assessed by physical examinations, laboratory tests, 12-lead electrocardiogram, use of concomitant drugs, and recording of adverse events, which were coded using the Medical Dictionary for Regulatory Activities (MedDRA, version 20.0). Laboratory tests included haematological analysis, serum chemistry tests, fasting lipid parameters, CD4 cell counts, and serum creatinine concentrations to measure creatinine clearance (estimated glomerular filtration rate by Cockcroft Gault; Covance Laboratories, Indianapolis, IN, USA). Blood samples for chemistry tests, including serum creatinine, were drawn before haemodialysis. Laboratory tests also included measurement of plasma HIV-1 RNA (Roche TaqMan 2.0; Roche Diagnostics, Rotkreuz, Switzerland). Protocol-defined resistance testing consisted of genotypical and phenotypical analysis of integrase, protease, and reverse transcriptase (Monogram Biosciences, South San Francisco, CA, USA) for any participant who had a confirmed plasma HIV-1 RNA of at least 50 copies per mL with the confirmation plasma HIV-1 RNA at least 200 copies per mL or who had a plasma HIV-1 RNA of at least 200 copies per mL in the week 48 window (between

days 295 and 378 [inclusive] of the study), or at the last visit on study drug.

The pharmacokinetics of elvitegravir, cobicistat, emtricitabine, tenofovir alafenamide, and its active metabolite, tenofovir, were assessed in a dedicated, intensive pharmacokinetic substudy. The substudy was done at the week 2 or 4 visit after an observed dose on a day before haemodialysis and when participants had been given three consecutive doses of the single-tablet study drug between two haemodialysis sessions to assess plasma concentrations of the study-drug components at their highest expected concentrations. A trough pharmacokinetic blood sample was obtained before administration of an observed dose and intensive pharmacokinetic blood sampling was done post dose at 0.5, 1, 2, 3, 4, 6, 8, and 24 h. Plasma concentrations of elvitegravir, cobicistat, emtricitabine, tenofovir alafenamide, and tenofovir were determined using fully validated, high-performance liquid chromatography tandem-mass spectroscopy bioanalytical methods.

We measured patient-reported outcomes (ie, HIV treatment satisfaction questionnaires [HIV-TSQ], comprising the status and change versions) at week 24 and every 24 weeks thereafter. The HIV-TSQ was administered at screening, day 1, and week 4. Medical adherence assessments were done on day 1 and at every post-baseline visit. All patient-reported outcome assessments were done at the early study drug discontinuation visit.

Outcomes

The primary outcome was the incidence of treatment-emergent adverse events of grade 3 or higher up to week 48. A treatment-emergent grade 3 or higher adverse event was defined as a grade 3 or higher adverse event with either an onset date on or after the study-drug start date and no later than 30 days after permanent discontinuation of the study drug or one that led to premature discontinuation of study drug. Secondary outcomes were the incidence of treatment-emergent grade 3 or higher adverse events up to week 96, the proportion of participants who had plasma HIV-1 RNA less than 50 copies per mL at weeks 24, 48, and 96 as defined by the US Food and Drug Administration (FDA) snapshot algorithm²⁸ for the overall population and by subgroups of age, sex, race, geographical region, and study-drug adherence rate, the proportion of participants who had plasma HIV-1 RNA less than 20 copies per mL (snapshot algorithm), the proportion of participants with plasma HIV-1 RNA less than 50 copies per mL at week 48 when imputing missing as failure and missing as excluded, and the absolute change in CD4 cell count and percentage from baseline at week 48. Patient-reported outcomes and steady-state pharmacokinetic parameters of elvitegravir, cobicistat, emtricitabine, tenofovir alafenamide, and tenofovir were also determined as secondary outcomes. All week 96 outcomes will be reported separately.

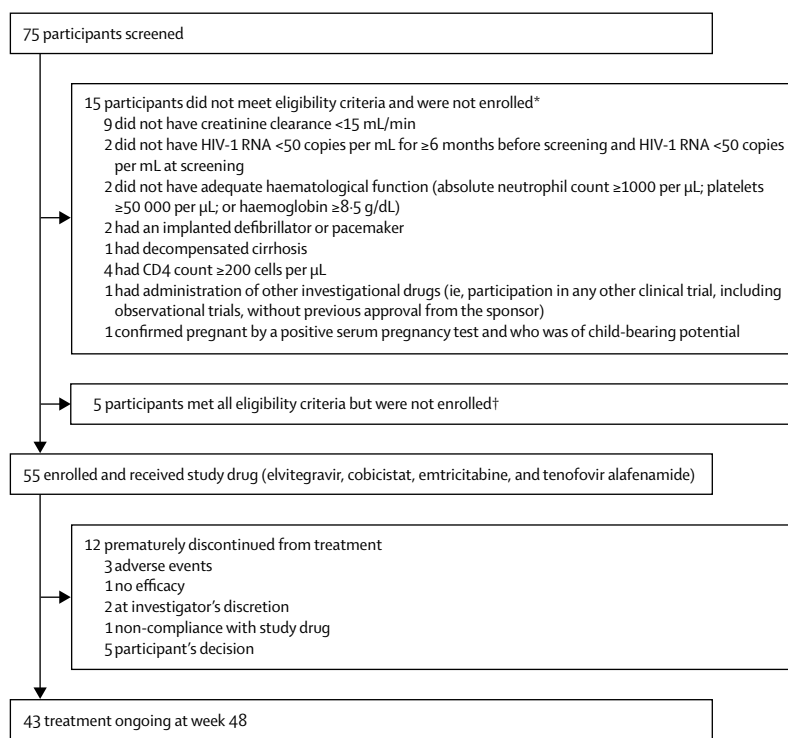


Figure: Trial profile

*Screen failure participants who did not meet the study eligibility criteria might have had more than one criterion that led to ineligibility. †Among the five participants who met all eligibility criteria but were not enrolled, four withdrew consent and one was outside the visit window for their baseline visit.

Statistical analysis

We did the primary analysis after all enrolled participants had completed their week 48 study visit or had prematurely discontinued the study drug. All participants who were enrolled in the study and received at least one dose of study drug (safety analysis set) were included in the primary analysis. One planned independent data monitoring committee interim analysis was done after the first 25 participants enrolled had completed their week 12 visit or prematurely discontinued the study drug. The independent data monitoring committee concluded that efficacy and safety findings warranted continuation of the trial. For analysis of the primary study endpoint, grade 3 or higher adverse events up to the week 48 visit for each participant were included. For those who discontinued study drug before the week 48 visit, grade 3 or higher adverse events up to the last dose date plus 30 days were included. The derived 95% CI of the primary endpoint was based on normal approximation. A planned sample size of 50 participants was based on feasibility and considered sufficient to ensure a positive lower bound of the primary objective of the study. In a previous study,²⁶ the grade 3 or 4 adverse event rate among virologically suppressed adults with mild-to-moderate renal impairment (creatinine clearance <50 mL/min)

who switched to elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide was 8.8% at week 48. With an assumed rate of grade 3 or higher adverse events of 10%, 50 participants provided 95% confidence for the primary endpoint to be between 1.7% and 18.3%, assuming normal approximation to binomial proportions. Other safety data were described using all data collected on or after study drug was first given up to either the data cutoff date or, for participants who discontinued treatment early, up to 30 days after the last dose of study drug.

In the snapshot analysis, participants who were enrolled in the study and received at least one dose of study drug (full analysis set) were classified in the following three outcome groups based on plasma HIV-1 RNA collected at week 48 while on study treatment: 1) plasma HIV-1 RNA less than 50 copies per mL at week 48 (between days 295 and 378, inclusive); 2) plasma HIV-1 RNA at least 50 copies per mL, including the following three types of participants: plasma HIV-1 RNA at least 50 copies per mL at week 48; participants who discontinued study drug due to reasons other than absence of efficacy before or in week 48 with last plasma HIV-1 RNA at least 50 copies per mL; and participants who discontinued study drug before or in week 48 because of an absence of efficacy; and 3) no virological data in the week 48 window, including for the following two types of participants: those who discontinued study drug for reasons other than absence of efficacy before or in week 48 with last available plasma HIV-1 RNA less than 50 copies per mL, and participants who were still on study drug with missing plasma HIV-1 RNA data at week 48. The week 48 efficacy endpoint was also analysed by snapshot analysis with a plasma HIV-1 RNA cutoff of 20 copies per mL, and by analysis of the proportion of participants with plasma HIV-1 RNA less than 50 copies per mL through imputing the category of no virological data as a failure (missing=failure) and as excluded (missing=excluded).

Patient-reported outcomes were measured in the safety analysis set using the HIV-TSQ, SF-36 (which assesses general quality-of life measures), and medication adherence questionnaires. For the medication adherence questionnaire, on-treatment data collected up to 1 day plus the last dose date of study drug were included in the summary. For all other questionnaires, data collected up to 30 days plus the last dose date of study drug were included in summaries. Multiple responses and out-of-range responses were set to missing and missing responses were not imputed. Study drug adherence was computed as the number of pills taken divided by the number of pills prescribed (where the number of pills taken was the number of pills dispensed minus the number of pills returned). We used SAS version 9.4 for all analyses. Pharmacokinetic parameters were calculated by application of a nonlinear model using standard non-compartmental analysis (Phoenix WinNonlin version 6.4

[Certara USA, Princeton, NJ, USA]). This study is registered with ClinicalTrials.gov, number NCT02600819.

Role of the funding source

The funder of the study had the lead role in study design, data collection, data analysis, data interpretation, and (along with JJE) writing of the manuscript. The corresponding author had full access to all the data in the study and had final responsibility for the decision to submit for publication.

Results

Between Dec 15, 2015, and Nov 3, 2016, we screened 75 participants, and between Feb 1, and Nov 3, 2016, 55 were enrolled and received at least one dose of study drug (figure). Most participants were male and black, with a median age of 51 years (table 1). Baseline characteristics also reflected a high prominence of comorbidities (eg, diabetes, hypertension, cardiovascular disease, and hyperlipidaemia).

Treatment-emergent grade 3 or higher adverse events at week 48 were reported for 18 of 55 participants (33%, 95% CI 20–45; table 2, appendix pp 2–12). No grade 3 or higher adverse event was considered by the site investigator to be treatment related. Treatment-emergent grade 3 or higher adverse events that occurred in more than one participant included anaemia, osteomyelitis, prolonged electrocardiogram QT, fluid overload, hyperkalaemia, hypertension, and hypotension (all n=2). Although not considered to be treatment related, three events (grade 4 generalised oedema, grade 3 pre-scheduled renal transplant, and grade 1 pruritus allergic) led to premature discontinuation of study drug.

Overall, treatment with elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide was well tolerated, with most adverse events reported as mild or moderate in severity. Adverse events leading to study drug discontinuation were uncommon, occurring in three of 55 participants (5%, 95% CI 0–11) and included grade 4 generalised oedema (n=1), grade 3 scheduled renal transplant (n=1), and grade 1 allergic pruritus (n=1); only the pruritus event was considered to be related to study drug. Treatment-related adverse events were reported for six individuals (11%, 95% CI 3–19 which included nausea [n=4]), and diarrhoea, dyspepsia, asthenia, myalgia, polyuria, and allergic pruritus (n=1 each). One individual died from heart failure and anasarca following staphylococcal endocarditis, events that were not considered related to study drug.

For adverse events potentially associated with emtricitabine based on previous studies (ie, among those listed in the prescribing information as having an incidence of at least 10%) regardless of investigator attribution, the most commonly reported were grade 1 or 2 nausea, cough, and diarrhoea. Adverse events in this category considered related to study drug were reported for five participants (9%); most related events

Elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide (n=55)

Age (years; median [range])	51 (23–64)
Sex at birth	
Male	42 (76%)
Female	13 (24%)
Race	
Black	45 (82%)
White	10 (18%)
Body-mass index (kg per m ²)	26.3 (23.5–30.4)
Creatinine clearance (mL/min)	10.9 (8.8–13.8)
Duration of haemodialysis (years)	6 (4–10)
HIV-1 RNA <50 copies per mL	54 (98%)
CD4 count (cells per µL)	515 (387–672)
<500	26 (47%)
≥500	29 (53%)
HIV disease status	
Asymptomatic	42 (78%)
Symptomatic HIV infection	2 (4%)
AIDS	10 (19%)
Mode of infection	
Heterosexual sex	33 (60%)
Men who have sex with men	15 (27%)
Intravenous drug use	3 (5%)
Blood transfusion	3 (5%)
Vertical transmission	3 (5%)
Other	1 (2%)
Unknown	3 (5%)
Medication used before antiretroviral switch	
Containing tenofovir disoproxil fumarate	16 (29%)
Containing abacavir	31 (56%)
Containing neither tenofovir disoproxil fumarate or abacavir	10 (18%)
Positive for hepatitis C virus antibodies	12 (22%)
Clinical history	
Diabetes	15 (27%)
Hypertension	52 (95%)
Cardiovascular disease	26 (47%)
Hyperlipidaemia	23 (42%)

Data are n (%) or median (IQR) except where noted otherwise.

Table 1: Baseline demographic and clinical characteristics

were grade 1 or 2. None of these events led to premature discontinuation of study drug. The most common event, occurring in four of these five participants, was grade 1 or 2 nausea.

No clinically relevant changes occurred from baseline in median values for haematology or clinical chemistry parameters. Creatinine clearance remained stable throughout the study, with a median (IQR) change from baseline at week 48 of 0.1 mL/min (–1.9 to 1.8). Overall, 24 participants (44%) had grade 3 or 4 laboratory abnormalities, the most common of which

See Online for appendix

	Elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide (n=55)
Grade 3 or higher adverse event by week 48	18 (33%)
Grade 3 adverse events	14 (25%)
Grade 4 adverse events	4 (7%)
Any adverse event	51 (93%)
Adverse events noted in ≥10% of study population	
Nausea	12 (22%)
Hyperkalaemia	8 (15%)
Pneumonia	7 (13%)
Cough	6 (11%)
Serious adverse events	29 (53%)
Study drug-related adverse events*	6 (11%)
Study drug-related serious adverse event	0
Adverse event leading to study drug discontinuation†	3 (5%)
Death‡	1 (2%)
Any common adverse event associated with emtricitabine§	
Grade 1 or 2	24 (44%)
Grade 3	1 (2%)¶
Grade 4	0
Adverse events noted in ≥5% of study population	
Nausea	12 (22%)
Cough	6 (11%)
Diarrhoea	5 (9%)
Asthenia	3 (5%)
Dizziness	3 (5%)
Headache	3 (5%)

Data are n (%). All adverse events up to data cut were included, except for the primary endpoint of grade 3 or 4 adverse events, which included adverse events up to the week 48 visit for each participant. *Most common study drug-related adverse event was nausea (n=4; 7%). †Adverse events leading to study drug discontinuation included generalised oedema (n=1), allergic pruritus (n=1), and renal transplantation (n=1). ‡Cause of death was heart failure and anasarca following staphylococcal endocarditis (n=1). §Common adverse events (≥10%) in emtricitabine prescribing information.²⁸ ¶Grade 3 dizziness.

Table 2: Adverse events

was increased amylase (n=9 [16%] of 55; appendix p 13). As is characteristic for individuals with end-stage renal disease, median values greater than reference values occurred at baseline and post baseline for creatinine, blood urea nitrogen, phosphate, parathyroid hormone, and amylase; otherwise, median values were generally within the relevant reference ranges. Median (IQR) change in amylase from baseline at week 48 was -2 U/L (-36 to 21). There were no clinically relevant changes from baseline in median fasting values for total cholesterol, direct LDL cholesterol, HDL cholesterol, total cholesterol to HDL ratio, triglycerides, or glucose in serum at week 48 (appendix p 14).

In the subset of individuals (n=12) who participated in the intensive pharmacokinetic substudy, the measurements of plasma concentrations of elvitegravir, cobicistat,

emtricitabine, tenofovir alafenamide, and tenofovir were taken when concentrations of the renally eliminated drug components would be expected to be highest (ie, on a day before haemodialysis, after three doses in between two dialysis sessions). Exposures of elvitegravir, cobicistat, and tenofovir alafenamide, which are metabolised through the liver, were consistent with the range of historical data in HIV-1 infected adults with normal renal function (table 3).^{27,29} As expected, given that tenofovir and emtricitabine are renally eliminated, mean exposures (area under the concentration curve [AUC]) of these analytes in individuals on haemodialysis were higher than historical data obtained following the administration of elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide to HIV-1-infected adults with normal renal function or with mild-to-moderate renal impairment (table 3, appendix p 16). In comparison, tenofovir and emtricitabine exposures (AUC_{0-48h} for tenofovir and AUC_{inf} for emtricitabine) following single-dose administration of tenofovir disoproxil fumarate 300 mg or emtricitabine 200 mg in adults on haemodialysis treated in previous studies were 44 900 and 53 200 ng·h/mL, respectively (appendix p 16). Based on these data, these exposures are anticipated in individuals on haemodialysis dosed once weekly with tenofovir disoproxil fumarate, and once every 4 days with emtricitabine.

45 participants (81·8%) had plasma HIV-1 RNA less than 50 copies per mL at week 48 by the snapshot algorithm (table 4). Of the remaining ten participants, one had plasma HIV-1 RNA of at least 50 copies per mL within the week 48 visit window and subsequently re-suppressed. Another was found after enrolment to have pre-existing resistance to emtricitabine (Met184Val) and elvitegravir (Gly140Ser, Gln148His) and developed treatment-emergent resistance to tenofovir (Lys65Arg) while on study. He was therefore discontinued from study drug because of absence of efficacy. This participant later resuppressed on dolutegravir plus cobicistat-boosted darunavir. Of the other eight participants, seven had no virological data in the corresponding window because they had prematurely discontinued study drug for reasons other than efficacy, with their last HIV-1 RNA value less than 50 copies per mL. Reasons for premature discontinuation included adverse events, loss to follow-up, non-compliance, and protocol violation. The last participant was missing data during the week 48 window, but was still on study drug and remained suppressed at subsequent timepoints. When data were analysed imputing the category of no virological data as excluded, nearly all participants had plasma HIV-1 RNA less than 50 copies per mL at week 48 (table 4).

Results from the missing=failure analysis were consistent with the snapshot analysis (table 4). Efficacy was similar among subgroups (appendix p 15). Using the lower plasma HIV-1 RNA threshold of less than 20 copies per mL, the proportion of participants meeting this criterion at week 48 by the snapshot algorithm was also

81.8%. CD4 cell counts and CD4 percentages remained stable through week 48. The median (IQR) change in CD4 count from baseline at week 48 was -17 cells per μL (-108 to 88), and the median (IQR) change in CD4 percentage from baseline at week 48 was 1.4% (0.9–4.3). As measured with the HIV-TSQ at week 48, 78% of participants felt much more satisfied overall with elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide compared with their pre-switch baseline regimens and 82% were much more satisfied with the convenience of taking a single-tablet regimen (appendix pp 17–37). Mean adherence at all post-baseline visits through week 48 was more than 93% as measured using a visual analogue score and more than 96% as measured by pill count (appendix pp 38–39).

Discussion

At 48 weeks, switching to the single-tablet regimen of coformulated elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide in HIV-1-infected adults with end-stage renal disease on chronic haemodialysis was well tolerated, as evidenced by an overall low incidence of adverse events that were considered to be treatment related or that led to early discontinuation of study drug, with maintenance of virological suppression. This was the first clinical trial to assess the safety and efficacy of switching to a daily single-tablet regimen in this patient population. The frequency of treatment-emergent grade 3 or higher adverse events in our study up to week 48 (the primary endpoint) was substantially higher than would be expected in a study of otherwise healthy adults living with HIV. However, our results were not unexpected in a population of HIV-infected adults on dialysis for a median of 6 years, nearly all of whom had hypertension, approximately half had cardiovascular disease or hyperlipidaemia, and a quarter had diabetes.

We detected no pattern to the actual distribution and types of treatment-emergent grade 3 or higher adverse events that were reported, because no event occurred in more than two participants. Indeed, the grade 3 or higher adverse events were primarily driven by complications or related to the above pre-existing medical conditions. We found it encouraging that none of the grade 3 or higher adverse events in our study were considered treatment related, though we acknowledge that there might be ascertainment bias in an open-label study. We note that our assumed 10% rate of grade 3 or higher adverse events was based on a previous study in adults with mild-to-moderate renal impairment, who were generally in better health at baseline than the individuals our current study. Therefore, it is reasonable to observe a higher than assumed grade 3 or higher adverse event rate in our current study.

Not unexpectedly, given the medically complex study population with underlying end-stage renal disease, most participants had at least one adverse event overall,

	End-stage renal disease		Healthy renal function	
	N	Mean (percentage coefficient of variation)	N	Mean (percentage coefficient of variation)
Elvitegravir				
AUC _{tau} (h·ng/mL)	10	14 300 (55%)	19	22 800 (35%)
C _{max} (ng/mL)	12	1260 (55%)	19	2110 (34%)
C _{tau} (ng/mL)	10	174 (60%)	19	287 (62%)
Cobicistat				
AUC _{tau} (h·ng/mL)	11	10 200 (59%)	19	9460 (34%)
C _{max} (ng/mL)	12	1370 (67%)	19	1450 (28%)
C _{tau} (ng/mL)	10	28.9 (118%)	19	20.6 (85%)
Emtricitabine				
AUC _{tau} (h·ng/mL)	11	62 900 (48%)	19	11 700 (17%)
C _{max} (ng/mL)	12	4880 (41%)	19	2060 (20%)
C _{tau} (ng/mL)	10	1280 (59%)	19	952 (47%)
Tenofovir alafenamide				
AUC _{tau} (h·ng/mL)	12	232 (53%)	19	228 (47%)
C _{max} (ng/mL)	12	246 (75%)	19	233 (65%)
Tenofovir				
AUC _{tau} (h·ng/mL)	10	8720 (39%)	19	326 (15%)
C _{max} (ng/mL)	12	443 (41%)	19	182 (12%)
C _{tau} (ng/mL)	10	265 (73%)	19	114 (18%)

Data obtained from participants in this study with end-stage renal disease or healthy renal function in historical controls from intensive pharmacokinetic analysis in a phase 2 trial with HIV-infected adults.²⁹ AUC_{tau}=area under the concentration versus time curve over the dosing interval. C_{max}=maximum observed concentration of drug. C_{tau}=observed drug concentration at the end of the dosing interval. T_{max}=time (observed time point) of C_{max}. t_{1/2}=estimate of the terminal elimination half-life of the drug, calculated by dividing the natural log of 2 by the terminal elimination rate constant (λ_z). AUC_{tau}=area under the concentration versus time curve from time 0 to the last measurable concentration.

Table 3: Steady-state plasma pharmacokinetic parameters in adults with end-stage renal disease or healthy renal function

the most common of which were nausea, hyperkalaemia, and pneumonia. Nausea and hyperkalaemia are common in patients undergoing chronic haemodialysis, and no instances of pneumonia were considered related to study drug. Overall, the adverse event profile observed was consistent with that expected for this study population, and the types and frequencies of adverse events reported in the current study were consistent with those reported in the product information for the elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide single-tablet regimen.²⁷ Because emtricitabine is renally eliminated and its exposures had previously been observed to be increased in adults with mild-to-moderate renal impairment,²⁶ analysis of adverse events potentially associated with emtricitabine (ie, among those listed in the prescribing information as having at least 10% incidence), was carried out separately. The overall incidence of these prespecified events occurred in nearly half of study participants; however, those events considered related to study drug were reported for less than 10%, all were grade 1 or 2 in severity, and none led to premature discontinuation of study drug. The high overall incidence was again not unexpected in our population. These

	Elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide (n=55)
Week 24	
HIV-1 RNA <50 copies per mL	48 (87.3%, 75.5–94.7)*
HIV-1 RNA ≥50 copies per mL	1 (1.8%, 0–9.7)*
HIV-1 RNA ≥50 copies per mL in week 24 window	0
Discontinued study drug because of no efficacy	1 (1.8%)
Discontinued study drug because of adverse event or death and last available HIV-1 RNA ≥50 copies per mL	0
Discontinued study drug for other reasons† and last available HIV-1 RNA ≥50 copies per mL	0
No virological data in week 24 window	6 (10.9%)
Discontinued study drug because of adverse event or death and last available HIV-1 RNA <50 copies per mL	2 (3.6%)
Discontinued study drug for other reasons† and last available HIV-1 RNA <50 copies per mL	4 (7.3%)
Missing data during window but on study drug	0
Week 48	
HIV-1 RNA <50 copies per mL	45 (81.8%, 69.1–90.9)*
HIV-1 RNA ≥50 copies per mL	2 (3.6%, 0.4–12.5)*
HIV-1 RNA ≥50 copies per mL in week 48 window	1 (1.8%)
Discontinued study drug because of no efficacy	1 (1.8%)
Discontinued study drug because of adverse event or death and last available HIV-1 RNA ≥50 copies per mL	0
Discontinued study drug for other reasons† and last available HIV-1 RNA ≥50 copies per mL	0
No virological data in week 48 window	8 (14.5%)
Discontinued study drug because of adverse event or death and last available HIV-1 RNA <50 copies per mL	2 (3.6%)
Discontinued study drug for other reasons† and last available HIV-1 RNA <50 copies per mL	5 (9.1%)
Missing data during window but on study drug	1 (1.8%)
HIV-1 RNA <50 copies per mL by missing=failure analysis‡	46/55 (83.6%, 71.2–92.2)*
HIV-1 RNA <50 copies per mL by missing=excluded analysis§	46/47 (97.9%, 88.7–99.9)*

Data are n (%; 95% CI) or n (%). *95% CIs were obtained using the exact method. †Other reasons included participants who discontinued study drug because of investigator's discretion, participant's decision, loss to follow-up, non-compliance with study drug, protocol violation, pregnancy, or study terminated by sponsor. ‡The denominator for percentages was the number of participants in the full analysis set. §The denominator for percentages was the number of participants in the full analysis set with non-missing HIV-1 RNA at each visit.

Table 4: Virological outcomes at weeks 24 and 48

observations support the safety of emtricitabine at a dose of 200 mg daily in the single-tablet regimen of elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide without dose adjustment in adults with minimal residual renal function undergoing haemodialysis. Study drug-related adverse events were reported for few participants overall, despite the fact that participants were switched in an unmasked manner to a new combination.

Exposures of tenofovir alafenamide and cobicistat in adults on haemodialysis in our study were consistent with historical data in HIV-infected individuals with healthy renal function. Although the mean steady-state plasma exposures of elvitegravir in participants on haemodialysis in our study were numerically lower than in those with normal renal function in previous studies,

these exposures were within the safe and efficacious ranges of other phase 3 trials in HIV-1-infected adults with healthy renal function, and are supported by the safety and efficacy results of this study. Although the plasma concentrations of tenofovir and emtricitabine were increased in the population on haemodialysis compared with historical data in HIV-1-infected adults with healthy renal function and mild-to-moderate renal impairment receiving coformulated elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide, the overall safety profile was not substantially affected. All participants were expected to have limited or no residual renal function given that they had been on haemodialysis for extended periods of time. Moreover, exposures of tenofovir within this study were less than those in adults on haemodialysis who had received tenofovir disoproxil fumarate.³⁰

Finally, switching to elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide maintained high rates of virological suppression, with treatment-emergent resistance in only one participant who retrospectively was found to have pre-existing resistance at baseline. HIV treatment satisfaction was also improved from baseline, reflecting how simplification to a single-tablet regimen offers a once-daily option for individuals on chronic haemodialysis who often have complicated HIV dosing schedules, multiple comorbidities, and a high pill burden.

Our trial population included individuals with end-stage renal disease who were enrolled at international sites where management of this condition might vary. There were also substantial proportions of women and black participants by contrast with other studies of new drugs for initial or switch therapies.^{24–26,31,32} A potential limitation of our small, open-label, single-arm study (ie, with no control group) in a patient population with multiple comorbidities is the reduced ability to distinguish background and study drug-related adverse events. However, given the expected high background adverse event rate in this population, the few discontinuations due to study drug-related adverse events was reassuring. We analysed the primary outcome after 48 weeks of treatment and did not detect serious safety signals; however, analysis of follow-up safety data through 96 weeks will be important and is ongoing. We did not assess residual renal function using more specific measures such as 24 h timed blood and urine urea or creatinine collection peridialysis, and we did not do bone densitometry studies within our single-arm study. Although tenofovir alafenamide in HIV-infected individuals with mild-to-moderate renal impairment has been shown to be safe for bone, this has not been studied in individuals on dialysis and is an important aim for future investigation. In individuals on haemodialysis who are awaiting a transplantation, a regimen containing cobicistat might not be ideal because of the potential drug–drug interactions. Other tenofovir alafenamide-containing regimens should be investigated within this setting. Finally, although tenofovir alafenamide and emtricitabine have low potential

for mitochondrial toxicity compared with other nucleoside analogues, further follow-up is required to assess long-term safety in this patient population.^{33,34}

Results from our study reinforce the large body of evidence showing that tenofovir alafenamide-containing regimens could be used in individuals with varying degrees of renal impairment. Multiple studies in treatment-naïve individuals have shown significant differences in renal safety parameters between tenofovir alafenamide and tenofovir disoproxil fumarate, and virologically suppressed adults with normal to moderately impaired renal function (ie, creatinine clearance ≥ 30 mL/min) who switched to tenofovir alafenamide from tenofovir disoproxil fumarate had significant improvements in total and tubular proteinuria. Moreover, large phase 3 studies of regimens containing the emtricitabine and tenofovir alafenamide NTRI backbone have shown no differences in renal or bone safety compared with that of regimens containing abacavir and lamivudine in participants with normal to moderately impaired renal function (ie, creatinine clearance ≥ 50 mL/min).^{25,31}

In conclusion, these results support the use of the single-tablet regimen of elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide once daily for the treatment of HIV-1 infection in adults with end-stage renal disease on chronic haemodialysis with minimal residual renal function. This regimen might provide a tolerable and convenient option for ongoing treatment of HIV-1 infection in this population and could reduce pill burden and the potential for dosing errors.

Contributors

JJEJ, J-DL, RK, JS, AKW, JLS, CM, EC, AW, BS, and MM enrolled participants onto the study, analysed data, independently interpreted the results, and edited and approved this report. DS and MD designed the study. SJ did the data analyses, which were reviewed and interpreted by SC, SRM, AC, MD, and DS. The first draft of the report was written by JJEJ and DS. All authors were involved in the development of the primary manuscript, interpretation of data, contributed to edits of the final report, and read and approved the final version.

Declaration of interests

JJEJ is an ad hoc consultant to Gilead Sciences, Merck, Janssen, and ViiV Healthcare. Support for JJEJ was received by The University of North Carolina (NC, USA) from Gilead Sciences for this study. The University of North Carolina receives research contracts from Janssen and ViiV Healthcare that support JJEJ for work outside this study. J-DL has received research grants and personal fees for serving on advisory boards from Gilead Sciences. RK reports research grants from Gilead Sciences. JS has received speaker's bureau income from Gilead Sciences, Janssen, and Merck, and research grants from Gilead and ViiV. CM reports receiving research grants from Gilead Sciences, Janssen, Merck, and ViiV, and speaker's bureau income from Gilead Sciences and Merck. AW has received research grants from Gilead Sciences, Janssen, Pfizer, and GlaxoSmithKline, and has served on advisory boards for Gilead Sciences and Janssen. MM has received research grants and income from Gilead Sciences and research grants from ViiV. SC, SRM, SJ, AC, MD, and DSG are employees of Gilead Sciences and hold stock interest in the company. All other authors report no competing interests.

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