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Cold Spring Harb Perspect Biol. Author manuscript; available in PMC 2018 June 19.

Published in final edited form as:

Author manuscript

Cold Spring Harb Perspect Biol.; 10(6): . doi:10.1101/cshperspect.a029371.

# Which Dengue Vaccine Approach Is the Most Promising, and Should We Be Concerned about Enhanced Disease after Vaccination?:

The Path to a Dengue Vaccine: Learning from Human Natural Dengue Infection Studies and Vaccine Trials

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## Abstract

Dengue virus (DENV) is the most common arthropod-borne viral disease of humans. Although effective vaccines exist against other flaviviral diseases like yellow fever and Japanese encephalitis, dengue vaccine development is complicated by the presence of four virus serotypes and the possibility of partial immunity enhancing dengue disease severity. Several live attenuated dengue vaccines are being tested in human clinical trials. Initial results are mixed, with variable efficacy depending on DENV serotype and previous DENV exposure. Here, we highlight recent discoveries about the human antibody response to DENV and propose guidelines for advancing development of safe and effective dengue vaccines.

Hundreds of millions of people are infected annually by the four serotypes of dengue virus (DENV1–4), the etiological agents of dengue hemorrhagic fever/dengue shock syndrome (DHF/DSS) (Bhatt et al. 2013). Natural infection induces strongly neutralizing antibodies and lasting protective immunity to the homologous serotype. As highly effective live attenuated vaccines (LAVs) have been developed against other flaviviruses such as yellow fever and Japanese encephalitis viruses, the prospects for a dengue vaccine should be good (Murphy and Whitehead 2011). However, development of dengue vaccines is complicated by the presence of four distinct serotypes and the possibility of vaccine-enhanced severe dengue disease. Recently, several tetravalent dengue LAVs have been tested in human clinical trials with mixed results that highlight both the promise and problems of dengue vaccines (Rodriguez-Barraquer et al. 2014). Here, we review new information on the structural biology and immunology of DENVs and recent data from human natural infection and vaccination studies to identify best strategies for advancing dengue vaccines. Although antibodies and T cells both play important roles in DENV pathogenesis and protective

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Editors: Shane Crotty and Rafi Ahmed

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immunity, our discussion here pertains to B-cell and antibody responses. Additionally, although alternative approaches to dengue vaccines exist (e.g., inactivated, subunit, vectored, DNA), we focus this discussion on LAVs.

## DENVS ARE HETEROGENEOUS AND DYNAMIC: IMPLICATIONS FOR VACCINE RESEARCH

The four DENV serotypes each independently crossed into humans several hundred years ago from sylvatic ancestors (Vasilakis et al. 2011). After adapting to the human transmission cvcle, each serotype further diverged into different genotypes with distinct geographical distributions (Holmes and Twiddy 2003). Many DENV strains commonly used for research and vaccine development are strains that are no longer in circulation and/or have been heavily passaged in laboratories. The interactions of some human antibodies with DENVs can be profoundly influenced by genotype or passage history (Wahala et al. 2010; Sukupolvi-Petty et al. 2013). For example, the envelope (E) protein from DENV1 strain 16007 (isolated in Thailand in 1964) is currently included as a vaccine antigen. DENV1 16007 belongs to an extinct genotype and has mutations most likely derived from cell culture passage, which substantially alter neutralization sensitivity (Dowd et al. 2015). In a recent antigenic cartography study, this strain did not group with other DENV1 strains, further demonstrating its atypical properties (Katzelnick et al. 2015). Moving forward, we need to select the best representative contemporary strains for vaccine development and systematically assess whether vaccine-induced responses cover most major currently circulating strains.

The flavivirus virion contains two integral membrane proteins: E and premembrane/ membrane (prM/M). During virus secretion from infected cells, prM is cleaved to generate mature infectious virions, which have a smooth surface of E protein dimers. In cell lines commonly used to propagate DENVs or dengue LAVs, prM processing is inefficient and variable, and virions released from cells are a heterogenous mixture of immature, partially mature, and fully mature virions containing variable amounts of unprocessed prM (Plevka et al. 2014). The maturation state of DENV alters the specific infectivity of the virus to different cell lines (Rodenhuis-Zybert et al. 2010) and the ability of antibodies to bind and neutralize the virus (Pierson and Diamond 2012). In partially immature virions, the highly conserved fusion peptide on E is exposed, resulting in increased binding and neutralization by abundant cross-reactive antibodies in immune sera. Currently, maturation state is not monitored and controlled in dengue vaccine research.

The surface of the flavivirus virion contains 90 antiparallel E dimers that are tightly packed to form a protein coat with icosahedral symmetry. Recent studies have established that, in some DENV strains, the protein envelope is flexible and antibodies are able to bind to cryptic epitopes and neutralize the virus (Lok et al. 2008). This phenomenon, termed virus breathing, is influenced by temperature, time of incubation, and DENV strain, and specific E protein mutations can have profound effects on virus breathing and exposure of antibody epitopes (Kuhn et al. 2015). No systematic studies have been conducted to assess how the

extent of breathing varies according to serotype, genotype, strain, laboratory adaptation, and attenuation.

In summary, we now know that DENV serotypes are not monolithic. Rather, prM and E sequence variation, maturation state, and virus breathing have strong effects on epitope presentation and interactions with human antibodies. Most importantly, although we can account for serotype and genotype differences, we still do not know the maturation state and breathing/ flexibility of virions in people. Moving forward, basic and applied research on dengue vaccines has to be guided by existing information about the potential heterogeneity of DENV virions. We urgently need to define structural and biochemical properties of DENVs that circulate in humans.

## LESSONS LEARNED FROM NATURAL DENV INFECTION STUDIES

Just as DENVs are not monolithic, the human immune response to DENV is variable, depending on serotype, strain, and the individual's prior flavivirus infection history. DENVs have antibody epitopes that are conserved or variable among serotypes. People exposed to their first DENV infection (primary infection) develop memory B cells (MBCs) and long-lived plasma cells (LLPCs) that produce antibodies that are cross-reactive or specific to the serotype of infection. Although cross-reactive antibodies are more abundant than type-specific antibodies in serum and MBCs, the potently neutralizing antibodies are mainly directed to the serotype of infection (de Alwis et al. 2012, 2014). After a primary infection, an individual is reliably protected against disease caused by the homologous serotype only.

We have also learned that a person experiencing a secondary DENV infection with a new serotype develops a neutralizing and protective antibody response that is fundamentally different from a primary infection-induced response (Fig. 1). Secondary infections induce high levels of serotype cross-reactive antibodies that are, most likely, derived from MBCs from the first infection. These cross-reactive antibodies broadly neutralize two or more DENV serotypes, including serotypes not yet encountered (Corbett et al. 2015). Human cohort studies in dengue-endemic countries have also established that tertiary infections are nearly always mild or inapparent, implicating a protective role for broadly cross-neutralizing antibodies that develop after a second DENV infection (Olkowski et al. 2013).

The mere presence of anti-DENV antibodies is not sufficient for neutralization and protection. Importantly, not all neutralizing antibodies are protective to the same degree; thus, "quality" as well as "quantity" of anti-DENV neutralizing antibodies is paramount. As we discuss next, recent studies with human monoclonal antibodies (MAbs) derived from people exposed to primary or repeat infections have led to breakthroughs about the properties responsible for neutralization and protection.

#### Neutralizing and Protective Antibodies Induced after Primary DENV Infection

Serotype-specific human MAbs that strongly neutralize each serotype have been isolated from MBCs from people exposed to primary DENV infection (Beltramello et al. 2010; de Alwis et al. 2012). These antibodies bind to tertiary and quaternary structure epitopes on E present on intact virions or E homodimers (EDEs) but rarely on monomeric E protein (Fig.

2). These antibodies are protective in mouse models of DENV infection and disease, supporting a role for protective immunity in people (Teoh et al. 2012; Fibriansah et al. 2015). Investigators have used recombinant DENVs to determine whether epitopes recognized by these MAbs are also targets of the polyclonal-type-specific serum neutralizing antibody response. For example, the DENV2-specific human MAb 2D22 binds to a quaternary epitope that includes critical residues on E domain III (EDIII) of DENV2. The 2D22 epitope was successfully transplanted into DENV4 by creating a viable recombinant virus containing EDI and EDII from DENV4 and EDIII from DENV2 (Gallichotte et al. 2015). Primary DENV2-immune sera efficiently neutralized the recombinant virus but not DENV4, demonstrating that the 2D22 epitope, and possibly other DENV2 epitopes in EDIII on the recombinant virus, are major targets of the human polyclonal neutralizing antibody response. A similar picture is emerging from studies with recombinant viruses displaying DENV1-, DENV3-, and DENV4-type-specific quaternary epitopes (AM de Silva and RS Baric, unpubl.). We propose that quaternary epitopes that are unique to each serotype are the main targets of neutralizing and protective antibodies induced after primary DENV infection. Studies are ongoing to define how the primary neutralizing antibody response directed to these epitopes evolves over time and how the response varies depending on virus strain and individual infected.

#### Neutralizing and Protective Antibodies Induced after Secondary DENV Infection

Secondary DENV infections induce durable cross-neutralizing antibodies and crossprotective immunity. Several cross-neutralizing human MAbs, which bind to an epitope near the beloop on domain II of the E protein monomer, have been described (Smith et al. 2013; Tsai et al. 2013; Dejnirattisai et al. 2015). A novel class of serotype cross-reactive and strongly cross-neutralizing MAbs, which bind to quaternary epitopes on the E homodimer (EDE), was recently isolated from plasmablasts collected a few days after recovery from an acute secondary DENV infection (Dejnirattisai et al. 2015; Rouvinski et al. 2015). Other groups have also isolated plasmablasts from acute secondary dengue cases and mainly observed cross-reactive but weakly neutralizing antibodies (Fink 2012; Wrammert et al. 2012). The methods used to screen plasmablasts, the timing of sample collection, and individual variation and DENV infection histories may account for these differences. Furthermore, it is unclear whether the strongly cross-neutralizing MAbs isolated from acutephase plasmablasts are maintained as MBCs and LLPCs. Several studies are currently in progress to define the origin and evolution of broadly neutralizing, cross-protective antibody responses. We propose that some low-affinity cross-reactive antibody-producing MBCs induced by primary infection are activated and affinity matured by repeat infections to generate higher-affinity cross-neutralizing antibodies such as the EDE antibodies. Development and evaluation of dengue vaccines must be grounded on the fundamentally different properties of neutralizing and protective antibodies that develop in naïve and partially immune individuals.

## LESSONS LEARNED FROM DENGUE LAVs

LAVs have been successfully developed for several flaviviruses, and this approach holds much promise for a dengue vaccine. Because of the possibility of a monovalent vaccine

inducing cross-reactive immunity that enhances replication and disease caused by other DENV serotypes, all leading dengue vaccines are based on tetravalent formulations to induce simultaneous protective responses to all four serotypes. Three dengue LAVs, based on recombinant attenuated DENV serotypes (NIH) or recombinant yellow fever virus (Sanofi) or DENV2 (Takeda) constructs expressing the prM and E genes from the four serotypes (Murphy and Whitehead 2011), are currently at different stages of evaluation in phase 3 or 4 clinical trials. The leading candidate, Dengvaxia, developed by Sanofi Pasteur, has been approved for use in individuals above the age of 9 years in several countries (Guy and Jackson 2015). The first hurdle faced by developers was balanced replication of the four viruses in the tetravalent vaccine. Although all vaccines induced neutralizing antibodies to all four serotypes, some components have replicated better than others, and a strong positive correlation has been observed between vaccine virus replication and the magnitude and quality of neutralizing antibodies.

#### Efficacy Data from Dengvaxia

Currently, vaccine efficacy data is only available for Dengvaxia, which reduced the number of laboratory-confirmed cases of dengue disease in Asia and Latin America (Hadinegoro et al. 2015). However, vaccine efficacy varied by serotype, with higher efficacy rates against DENV3 and -4 than against DENV1 and -2 (Hadinegoro et al. 2015). The DENV3 and -4 components in the vaccine replicated better than the DENV1 and -2 components in preclinical animal studies and phase 1 human studies, establishing a correlation between vaccine virus replication and efficacy. Importantly, Dengvaxia efficacy was higher in participants with prior exposure to DENV than in participants dengue-naïve at baseline, demonstrating that it is easier to induce protective responses in DENV-primed individuals compared with naïve subjects (Hadinegoro et al. 2015). We have gained the following insights from this first dengue vaccine efficacy trial. First, just the presence of in vitro neutralizing antibodies is not sufficient for protection because many individuals experienced breakthrough infections despite having neutralizing antibodies to the breakthrough serotype. Second, the vaccine performed very differently in DENV-naïve versus-primed individuals, establishing the profound impact of immunological memory on vaccine performance.

## A CONTEMPORARY FRAMEWORK FOR DENGUE VACCINE DEVELOPMENT

Moving forward, we strongly recommend separating the evaluation of vaccine performance in DENV-naïve and -primed individuals, as the barriers to inducing protective immunity and the specific properties of neutralizing/protective antibodies are fundamentally different in these two populations (Fig. 3). All dengue vaccine trials must be designed to obtain separate safety and efficacy data for these two populations because it is not possible to extrapolate results from one group to the other (Rodriguez-Barraquer et al. 2015;Russell and Halstead 2016).

#### Effective Vaccination of DENV-Naïve Individuals

The population with the greatest need for a dengue vaccine is young children living in endemic countries. The majority of children will be DENV-naïve at vaccination. What are

the likely properties of vaccine-induced protective antibodies in this population? In people exposed to primary DENV infections, the neutralizing and protective antibody response is dominated by type-specific antibodies; thus, cross-reactive neutralizing antibodies induced by unbalanced and robust replication of one or two serotypes in a tetravalent vaccine are unlikely to provide durable protection against all four serotypes in this naïve population. In fact, DENV-naïve subjects who received Dengvaxia developed high levels of type-specific neutralizing antibodies to DENV4, whereas the DENV1, -2, and -3 responses were dominated by cross-reactive neutralizing antibodies (Henein et al. 2017), possibly derived from the DENV4 component that replicated the best in vaccinees. We propose that balanced replication leading to type-specific antibodies that target quaternary epitopes in each serotype is the key to effective vaccination of naïve individuals.

#### Effective Vaccination of DENV-Primed Individuals

Secondary DENV infections result in activation of MBCs and development and expansion of cross-reactive antibodies that broadly neutralize multiple DENV serotypes, driven by the sequential infection and robust replication of two different serotypes of DENV. We propose that a similar mechanism is responsible for the superior performance of tetravalent LAVs in DENV-primed individuals. In a subject with preexisting DENV-specific MBCs, even unbalanced replication of one or two vaccine components is likely to activate MBCs and expand somatically mutated higher-affinity cross-reactive clones with capacity to broadly neutralize multiple serotypes.

## HOW SAFE ARE DENGUE VACCINES?

A major concern regarding dengue vaccines is the potential for increased risk of enhanced disease in vaccine recipients who mount an insufficient/suboptimal immune response or after initially protective levels of antibodies wane to potentially enhancing levels. These concerns are based on epidemiological studies that have shown that a second infection with a new serotype or natural infection of 6- to 12-month-old infants of DENV-immune mothers leads to increased risk of severe disease (Burke et al. 1988; Kliks et al. 1988). This phenomenon is posited to be a result, in part, of antibody-dependent enhancement (ADE), whereby nonneutralizing antibodies to a previous DENV infection bind to the new serotype and facilitate its entry into target  $Fc\gamma$  receptor ( $Fc\gamma R$ )-bearing cells, leading to higher viremia and immune activation (Halstead 1988). However, studies of ADE in human populations remain controversial. Some studies have shown that sera from children who develop more severe disease are more enhancing in vitro (Kliks et al. 1988; Chau et al. 2008); other studies have not found this to be the case (Laoprasopwattana et al. 2005; Libraty et al. 2009). Certainly, serotype cross-reactive antibodies (and even serotype-specific antibodies at high enough dilution) can cause ADE in vitro in numerous  $Fc\gamma R$ -bearing cells; the issue remains whether in vitro results can be extrapolated to human studies and, currently, we do not have robust serological assays for accurately predicting risk of ADE and severe disease in people. The most convincing evidence for ADE has come from animal studies. Prior administration of subneutralizing levels of polyclonal serum or MAbs can enhance DENV replication in nonhuman primates (Goncalvez et al. 2007) and cause a lethal vascular leak syndrome in mouse models (Balsitis et al. 2010; Zellweger et al. 2010).

Further studies with mice passively administered human DENV immune sera showed that DENV cross-reactive antibodies that bound to recombinant E and prM proteins were responsible for ADE in the lethal mouse model (de Alwis et al. 2014). However, it is still unclear exactly how such animal studies translate into severe disease in humans, although a new study demonstrates that a specific range of low-titer antibodies predicts risk of severe dengue disease in a pediatric cohort study in Nicaragua (L Katzelnick and E Harris, unpubl.).

The most direct evidence about vaccine safety emerges from the clinical trials themselves. During the long-term follow-up period of the Sanofi phase 3 trial in Asia, children who received the vaccine had an increased risk of hospitalization because of dengue compared with the placebo group (Hadinegoro et al. 2015). As children were more likely to be DENV-naïve compared with adults at the time of vaccination, the most parsimonious explanation for this safety signal is that vaccination of naïve individuals predisposed them to more severe disease. The increased risk of hospitalization peaked in the second year after vaccination, demonstrating that immunity to flaviviruses and potential susceptibility to ADE is a "moving target" as the immune response wanes. It is also possible that other factors such as age and "temporal clustering" of cases are responsible for the increased number of hospitalized cases (Guy and Jackson 2015). The entire dengue vaccine community will learn a great deal from the intense studies currently in progress to better understand the overall efficacy patterns and safety profile of Dengvaxia (Guy and Jackson 2015).

## FUTURE DIRECTIONS

Immune correlates of protection and vaccine efficacy are urgently needed. Several recent studies confirm that neutralizing antibody titer is associated with protection from symptomatic disease (Endy et al. 2004; Katzelnick et al. 2016); improved correlates will emerge as epitope-specific diagnostics become available. However, it seems likely that particular immune correlates will be specific for each DENV serotype and vaccine; it is also possible that the threshold of neutralizing antibodies or other immune correlates that protect against subsequent infection is also influenced by the force of infection of a given epidemic (Katzelnick et al. 2016). Furthermore, it must be kept in mind that neutralization titers vary substantially across laboratories and between methods, with numerous assay parameters significantly affecting the outcome (Thomas et al. 2009), adding yet another layer of complexity.

Another discussion has been whether a vaccine containing fewer than four serotypes could be safe and efficacious. This would depend on generating effective protective cross-reactive responses, and, until we know how to elicit such responses in all vaccinees, it is critical to include LAV or immunogens from all four serotypes. Another approach under development is bivalent vaccine candidates, wherein key neutralizing epitopes from one serotype are transplanted to another serotype while maintaining protective epitopes in the recipient virus (Gallichotte et al. 2015; Messer et al. 2016). In this case, the determining factor is the universality of the particular epitope(s) in question. Finally, a strategy under active investigation by several groups is the construction of scaffolded vaccines, whereby only the epitope(s) of interest is displayed in the proper configuration on a neutral scaffold or,

alternatively, development of methods to mask epitopes that may generate "unwanted" nonneutralizing/nonprotective antibodies. These latter approaches have been shown with other targets, such as HIV or respiratory syncytial virus (RSV) (McLellan et al. 2011); the challenge is to apply these methods to solve the dengue vaccine conundrum.

## CONCLUSIONS

The development of the dengue LAVs currently in clinical trials started several decades ago. In the interim, we have learned a lot about the structural properties of DENVs and the human antibody response to natural infections. We will gain unprecedented insight into how dengue LAVs can be safe and effective from the current clinical trials. Although we acknowledge the difficulty of the long timeline from initial formulation of vaccine to clinical trials, in this review we have provided a framework for incorporating new information about DENVs and the human antibody response to these viruses to advance the development of dengue vaccines.

### Acknowledgments

The authors thank Leah Katzelnick for thoughtful comments on the manuscript, members of the de Silva and Baric laboratories for stimulating discussions and insights, and Magelda Montoya for her contribution to Figure 1. This work was supported in part by grants from the National Institutes of Health R01 AI125198-01 (A.M.d.S.), R01 AI107731 (A.M.d.S.), and P01 AI106695 (E.H.).

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#### **GREAT DEBATES**

What are the most interesting topics likely to come up over dinner or drinks with your colleagues? Or, more importantly, what are the topics that *don't* come up because they are a little too controversial? In *Immune Memory and Vaccines: Great Debates*, Editors Rafi Ahmed and Shane Crotty have put together a collection of articles on such questions, written by thought leaders in these fields, with the freedom to talk about the issues as they see fit. This short, innovative format aims to bring a fresh perspective by encouraging authors to be opinionated, focus on what is most interesting and current, and avoid restating introductory material covered in many other reviews.

The Editors posed 13 interesting questions critical for our understanding of vaccines and immune memory to a broad group of experts in the field. In each case, several different perspectives are provided. Note that while each author knew that there were additional scientists addressing the same question, they did not know who these authors were, which ensured the independence of the opinions and perspectives expressed in each article. Our hope is that readers enjoy these articles and that they trigger many more conversations on these important topics.

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#### Figure 1.

Neutralizing antibody response after a first versus a second natural dengue virus (DENV) infection. Shown are representative neutralization curves from a first (A,B) versus a second (C,D) DENV infection from children in a dengue cohort study in Nicaragua (Katzelnick et al. 2016). The preinfection (A,C) and postinfection (B,D) (>6 months postinfection) neutralizing antibody responses are depicted, demonstrating a fundamentally different response in primary (i.e., first) versus second DENV infection. A table with the 50% neutralization titers (NT<sub>50</sub>) is included below each set of graphs. Data were derived from neutralization assay performed in U937 human monocytic cells expressing the DENV attachment factor DC-SIGN and reporter viral particles representing DENV1, -2, -3, and -4 as described in Montoya et al. (2013).



#### Figure 2.

Location of quaternary epitopes recognized by serotype-specific human monoclonal antibodies (MAbs) that neutralize dengue viruses (DENVs). The DENV E protein has three domains, designated E domain I (EDI, red), E domain II (EDII, yellow), and E domain III (EDIII, blue). The viral fusion loop at the tip of EDII is indicated in green. E protein is present as a homodimer that lies flat on the surface of the mature virion. The white box depicts a raft of three E protein homodimers, which is the basic building block of the flavivirus envelope. Thirty rafts tightly pack to form a protein envelope with icosahedral symmetry. The approximate footprints of DENV1-specific (1F4 and 14C10), DENV2-specific (2D22), and DENV3-specific (5J7) human MAbs are circled. Note that the DENV1 MAb footprint encompasses EDI/II and EDIII from adjacent dimers. The DENV2 MAb footprint includes contact residues from EDI, EDII, and EDIII of three different E protein subunits. (Adapted from www.purdue.edu/uns/images/kuhn.dengue1.jpeg.)



#### Figure 3.

Effect of preexisting dengue virus (DENV) immunity on antibody responses to balanced and unbalanced tetravalent live attenuated (TV-LAV) vaccines. (A) Levels of neutralizing antibodies after first and second natural DENV infections with different serotypes. After the first infection, there is a rapid increase in neutralizing antibodies to all four serotypes, which decline over time. Type-specific antibodies to the homologous serotype (blue) are maintained at higher levels, whereas antibodies to heterologous serotypes decline and are maintained at lower levels or become undetectable. A second infection with a new serotype (green) leads to high levels of neutralizing antibodies to the four serotypes, which decline over time. Compared with the first infection, higher levels of DENV serotype cross-reactive neutralizing are maintained after a second infection. Neutralizing antibody responses in DENV-naïve subjects who received a balanced (B) or unbalanced (C) TV-LAV. Avaccine with balanced replication of all four serotypes (B) will induce durable, type-specific neutralizing antibody responses to the four serotypes. After vaccination with an unbalanced TV-LAV (C), dominant replication of one serotype will, initially, induce neutralizing antibodies to all four serotypes, which decline over time. Type-specific antibodies to the dominant serotype will be maintained, whereas antibodies to other serotypes will decline to low or undetectable levels. Neutralizing antibody responses in DENV preimmune subjects who received a balanced (D) or unbalanced (E) TV-LAV. A vaccine with balanced replication of all four serotypes (D) will induce durable, type-specific, and cross-reactive neutralizing antibody responses to the four serotypes. A vaccine with unbalanced, dominant

replication of one serotype (E) will be similar to a secondary natural secondary DENV infection. The unbalanced vaccine will induce variable levels of type-specific and crossreactive neutralizing antibodies to each of the four serotypes. The four colored lines represent evolving antibody responses to each of the four serotypes of DENV. The dashed black line represents a hypothetical neutralizing titer required for protection. In reality, the absolute titer for protection is likely to be different for each serotype and also influenced by the quality of neutralizing antibodies. Neut Ab, Neutralizing antibody.