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3	THE USE OF CONTACT SPONGE METHOD TO MEASURE WATER ABSORPTION
4	IN EARTHEN HERITAGE TREATED WITH WATER REPELLENTS
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15 16	Abstract: Forthen heritage represents an important legacy regarding construction history and
17	technological development with a significant cultural value that must be preserved. According to
18	LINESCO around 10% of the World Heritage is built using earth and 57% of these heritage structures
19	are in danger. Although the interest regarding earthen heritage has grown in the last few years, there is
20	still a significant lack of knowledge in terms of material characterization especially from conservation
20	science point-of-view. In particular, tests regarding water absorption are always difficult to perform with
21	a material that changes completely when in contact with water. Indeed, due to the presence of clay
22	particles a normal capillarity test is almost impossible to perform. Moreover, water is responsible for a
23	significant number of degradation phonomena often found in earthen heritage. As a result, there is an
2 4 25	urgent need to develop suitable water repellent treatments and to evaluate their afficiency. For this reason
25 26	this study focuses on the contact sponge method to assess water abcorntion rates for adobe and for
20	rearrand earth specimens treated with three different water repellents, silowang lineard oil and because
21	Two sets of appointers were prepared and tested, showing that this method can represent on affective were
20	Two sets of spectments were prepared and tested, showing that this method can represent an effective way
29	to measure initial water absorption in earthen materials, and promising results from the tested water
3U 21	repenent treatments were found.
31 22	
32	Keyworus: earmen neritage; contact sponge method; water absorption; water repellents

34 **1. Introduction**

35 Using earth as a construction material is a millenary practice. Vernacular architecture, as well as 36 archaeological sites found in North Africa, Middle East or South America show how ancient 37 civilizations used earth to build houses and monuments [1]. Many different types of earthen construction technologies (e.g. adobe and rammed earth) have been developed based on locally 38 39 available materials (e.g. soil, sand, lime, natural fibers) and traditional know-how [2]. Adobe, 40 also known as mudbrick, consists in molding a mixture of soil and water (workable enough to be 41 molded) within a brick shape and is left to dry under the sun. In turn, rammed earth involves 42 compacting soil into wooden formworks (Figure 1) [3]. So, different earthen building techniques 43 can be found all around the world according to the geographical location, type of soils and local 44 weather conditions [4].

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47 1.1. Earthen construction overview

48 References to earthen architecture can be found in Vitruvius' *De Architectura*, where the adobe 49 technique is described, as a mixture of soil and straw, and it is considered as the most suitable 50 raw material for construction. It also suggests the best period for the preparation of the bricks and advice for rain protection [1]. In Greece, references to adobe masonry were made by 51 52 Pausania, who described the rebuilding of different structures after their destruction by the 53 Spartans, and by Plinius who explained two types of earthen constructions: adobe and rammed 54 earth [1]. One of the most remarkable examples of earthen construction is Chan Chan city – the 55 largest adobe urban complex in the world, located on the northern coast of Peru (Figure 1) [5].



Figure 1: Earthen construction: (a) Adobe technique; (b) Chan Chan archaeological site, Peru (construction made with adobe blocks); (c) Rammed earth technique; (d) Paderne Castle, Portugal (construction made with rammed earth).

In Portugal, earthen architecture has an important expression, being identified through a relevant
heritage across the country. The origin of this type of construction in Portugal is Pre-historic,
likely from the Middle Palaeolithic Age when the first modern humans began to settle down [6],

65 [7].

Moreover, the Muslim occupation in the Iberian Peninsula for 500 years has left an important legacy in terms of architectural techniques. The etymological origin of the term rammed earth, which in Portuguese is *taipa*, comes from the Arab word *tabíya*. Also, the origin of the word adobe is from the Arab words *tûb* or *atôb*, which means brick [6]–[8]. Looking at the Portuguese territory, it is possible to identify different regions with different earthen construction techniques,

see Figure 2. Adobe and rammed earth are more common on the coast and on the south.





Figure 2: Distribution of different earthen construction techniques in Portugal [7].

75 The soil used for constructions is constituted by mineral components, in which clay particles act 76 as a binder once the soil is mixed with water [9]. In this phase, it acquires plasticity and 77 cohesion. After being in contact with air, it dries and develops stiffness because of which it can 78 be used as a construction material. Moreover, the dried state can be reversible: once it is mixed 79 with water, it transforms back into a deformable and workable material [10]. This reversibility 80 has advantages in terms of maintenance and the ability to reuse the material, but it represents a 81 challenge in terms of conservation and durability. Earthen buildings with low maintenance, when 82 exposed to environmental agents show more severe damage due to regular contact with water. 83 Cracks, vegetation, detachment, material loss, efflorescence, and rising damp are some of the 84 main degradation phenomena associated with water action (Figure 3) [11]. On earthen walls, the 85 damages caused by water can affect the whole structure, since the base is susceptible to water 86 infiltration, while the top and the faces are more vulnerable to rainwater impact [12].



Figure 3: Examples of degradation phenomena in earthen constructions: (a) Biological growth in a vernacular house in Quito, Ecuador; (b) Material loss in Fahraj Castle, Yazd, Iran: (c) Cracking in earthen plaster, Huaca de la Luna, Peru.

92 In the last 30 years, the attention towards earthen heritage and its preservation has grown 93 considerably. A significant number of publications, conferences, seminars, and round tables have 94 been organized [13]. However, there is still a lack of knowledge regarding degradation 95 phenomena and, consequently, on choosing the right treatment to be used [14], [15]. Following 96 conservation theory and charters (essential as a background for any intervention in heritage) 97 concepts as compatibility, reversibility and minimum intervention must be present as 98 fundamental tools in the definition of any decision-making process [16], [17]. This means that 99 most of the time, the selection of experimental tests to assess degradation phenomena and their 100 causes, as well as the type of treatment to perform, is restricted to non-invasive techniques.

101 Under laboratory conditions, multiple tests can be performed to understand the mechanical, 102 chemical and physical properties that allow the characterization of materials and structural 103 components. Nevertheless, most of these tests are either destructive or semi-destructive. Hence it 104 is crucial to perform non-destructive tests, not only to select the products but also to select the 105 right approach to determine the degradation phenomena in earthen heritage.

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107 1.2. Water absorption assessment in earthen materials

Any porous material can absorb water in the liquid state by capillarity action due to surface tension and the adsorption forces of the pore wall. Pore size and matrix of the pore system influences the mechanism of capillary water absorption [18]. This is valid for materials such as stone, brick, cement and lime mortars, where pore size and distribution are the main factors for capillarity parameters. However, for earthen materials, the presence of clay affects the way water

113 uptake can be measured. The complexity of clay minerals and their interaction with water can be 114 explained by its crystallography and ionic bonding. Looking at the basic formation of a clay 115 mineral, it is usually constituted by layers of crystalline units of silicon-oxygen tetrahedron 116 and/or aluminum or magnesium octahedron. Water is attracted by the negative charge in the clay 117 surface, also by cations that connect layers, and by forming hydrogen bonding between the 118 oxygen atoms of water and clay particles [19]. Due to this attraction, water encloses the clay 119 particles in a phenomenon called double-layer; and as a result of this, clay acquires its plastic 120 properties [19]. Furthermore, a critical aspect of clay behavior is related to its activity. The 121 activity of clays was studied in 1948 by Skempton, who showed that it is possible to measure 122 activity by calculating the ratio between the plasticity index and clay fraction content [20]. This 123 author divided clay into three groups regarding their activity values as: (a) inactive clays (activity 124 lower than 0.75); (b) normal clays (activity between 0.75 and 1.25); (c) active clays (activity 125 higher than 1.25).

126 The most common clay minerals found in earthen constructions are kaolinite, with an activity 127 value of approximately 0.33 (in the inactive range); illite, with 0.90 activity (normal clay), and 128 montmorillonite, with 1.5 activity index (considered as active clay) [20]. Knowing the type of 129 clay and its activity can give crucial answers concerning clay interaction with water. Sampling 130 for clay identification in an earthen material is essential not only for an extended comprehension 131 of its constitution, but also to draw an accurate intervention plan. Besides mineralogical and 132 chemical characterization, water absorption parameters can also provide useful insights into an 133 earthen surface behavior.

134 Conventional tests to evaluate water absorption by earthen materials that require a considerable 135 amount of water to be performed become unviable. The literature concerning water absorption 136 analysis in earthen-based specimens under laboratory conditions shows the use of capillarity tests 137 [21], [22] in stabilized specimens. For example, if an adobe or rammed earth sample is prepared 138 using a percentage of cement, lime or other stabilizers, it is possible to measure the capillarity 139 coefficient [23], [24]. However, when dealing with non-stabilized earthen specimens, capillarity 140 tests can produce irreversible damage and wrong results, since material loss index plays an 141 important role (see section 4.1.). Even though changes in the test conditions can be done to 142 improve the accuracy of measures, as using a paper filter and weighing the apparatus [25], the

143 damage of the specimens can be avoided using a less invasive test, particularly when dealing144 with earthen heritage samples.

Other methods have been used in literature, such as placing specimens on top of a wet sand layer and registering the variation of weight [26]; or using a "wick" as an absorbent material in contact with the sample [27]. Although these methods seemed to work for the type of specimens studied, they have never been standardized and are complicated to replicate. Also, the Karsten tube method has been used [28]–[30] in laboratory and *in situ* conditions, showing that it can work, especially for evaluation of plasters. However, the amount of water required may represent a risk for more deteriorated samples.

Since a correlation between laboratory tests and conservation practice is essential, *in situ* tests are necessary to establish a validated set of results. In terms of non-destructive methods to access the water absorption coefficient in porous materials, only two tests can be performed: Karsten tube and contact sponge method [31]. As mentioned before, Karsten tube may have some limitations in terms of the amount of water necessary, as well as degradation of the material under study.

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159 **1.3.** Surface protection of earthen materials

Water being one of the main causes of earthen buildings degradation phenomena, societies have developed preventive methods since ancient times, namely the use of natural products as coatings to protect the constructions [32]. Several of these methods are still used in some countries and they constitute a critical source of knowledge that should not be neglected. Table 1 presents a few examples of products used as a protective treatment.

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Table 1: Examples of natural coatings or natural mixed products applied as a water repellent treatment in earth	ner
buildings	

		oundings:	
Country	Water repellent	Application method	Reference
Peru	San Pedro Cactus	Mixed with earthen mortar	[33]
Guinea	Karite butter	Mixed with earthen plaster	[34]
Ghana	Locust bean fruit	Applied on decorative earthen plaster	[34]
Cameroon	Fish oil	Mixed with earthen plaster	[34]
France	Linseed oil	Applied on top of earthen materials	[35]
Mali	Arabic gum	Mixed with earthen plaster	[36]

169 A series of recent interventions in earthen heritage have used cement plasters as a solution for 170 water protection resulting in disastrous consequences. Cracking, detachment, and efflorescences 171 are some of the main degradation phenomena induced in earthen structures when covered by this 172 type of plaster [37]. Cementitious coatings are incompatible with earthen materials, since it 173 blocks the normal humidity cycles and promotes more damage in the original layers [36]. 174 Another practice is to use lime or gypsum plasters, since both show high compatibility with 175 earth-based mortars compared with cement-based mortars, although periodic maintenance is 176 necessary to assure better results [38].

177 Regarding natural coatings, most countries that still have the tradition of using earth as a 178 construction material (houses and monuments) employ local products as a waterproof layer. By 179 observing nature and passing this important empirical knowledge through generations, a series of 180 recipes with a description of products and procedures have survived till nowadays [32], [35].

Besides natural products, a common recent practice is to apply synthetic coatings on earthen heritage interventions, mainly siloxane-based products [12], [39]. Although this procedure is widely studied for stone conservation, there is still a lack of scientific research for the case of earthen materials.

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186 1.4. Contact sponge method

187 In literature, the contact sponge method is referred to as a valid non-invasive procedure to 188 measure the initial rate of water absorption, giving important information on the behavior of the 189 first layers of the analyzed material [40]. This technique was introduced by Tiano and Pardini in 190 2004, in Italy, as an alternative to measure the initial water uptake by porous materials, using a 191 quick, non-expensive, non-invasive and friendly method [41]. Although this test gives data 192 regarding the first layers of a porous material, it is also possible to assess the capillarity 193 absorption factor. Besides this, understanding the behavior of superficial layers in the 194 conservation field is a fundamental aspect, since they are more exposed to degradation 195 phenomena, and can provide key information regarding material characterization, deterioration 196 patterns, and reaction to environmental conditions [41]. The other advantages of this method are 197 the possibility of using it both in laboratory and in situ conditions, avoids sampling historical 198 surfaces, and can be used as a monitoring process for conservation treatments [40]. This is also

199 essential for earthen heritage case studies since preventive conservation or maintenance is one of 200 the most fundamental aspects of its preservation [14]. With such a simple and easy process like 201 the contact sponge method, one can obtain crucial information about the conservation treatments 202 and conservation assessment of a given cultural heritage building.

Nevertheless, Vandevoorde [41] states that the contact sponge method for stones can be used as an additional or complementary test to the Karsten tube method. However, if the amount of water plays an important role when aiming for a non-destructive test, which can result in material loss or increment of other degradation phenomena, then the contact sponge method is the most useful tool.

As mentioned before, besides material characterization, the contact sponge method can also be important to validate the efficiency of a product applied on a porous material surface [42]. A good example of this application is to characterize the efficiency and durability of a water repellent product applied to a surface, as it can provide solutions regarding initial water absorption of thinner top layers, where the repellent product acts.

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214 **2. Research aim**

Water is one of the main causes of earthen material deterioration [43], [44]. As referred above, the presence and key role of clay in earthen constructions and its deep interaction with water affect decisively the cohesion among aggregates. Therefore, it is of paramount importance to understand the behavior and durability of earthen heritage when exposed to water (rain or high humidity levels), as well as the definition and evaluation of suitable testing techniques to measure water absorption.

The purpose of this paper is to validate the innovative use of the contact sponge method as a nondestructive technique to measure initial water absorption by earthen material and to further assess the efficacy of three water repellents (one synthetic and two natural).

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226 **3. Materials characterization**

In order to understand the possibility and reproducibility of using the contact sponge method in unstabilized earthen materials, adobe and rammed earth specimens were prepared, see Figure 4a and Figure 4b, respectively.

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Figure 4: Specimens prepared for the experimental part: (a) Adobe; (b) Rammed earth.

233 Adobe blocks (3 x 15 x 7 cm³) from Montemor-o-Novo (South of Portugal) were cut into cubes 234 of approximately 7 cm size. In the case of the rammed earth samples, soil collected in Cercal 235 (South of Portugal) was used to prepare specimens in the laboratory according to traditional 236 techniques, which involved compressing the earth manually into a wood formwork creating 237 cubes of approximately 10 cm, and then left to dry for four weeks. A total of twenty-three 238 specimens for each construction technique were prepared: three specimens for capillarity test; 239 five specimens as reference; and fifteen specimens for water repellents application (five 240 specimens for each of the three water repellents). Specimens were characterized in terms of 241 porosity, as showed in Table 2. Porosity is usually assessed through the immersion of the 242 specimen in water. Since it is impossible to perform this test with earthen materials, porosity (n) was calculated as follows [19]: 243

$$n = \frac{e}{1+e} \tag{1}$$

The void ratio (*e*) was determined from the equation of the moist unit weight Υ (kN/m³) and by applying an inverse formulation [19]:

$$e = \frac{Gs(1+w)Yw}{\gamma} - 1$$
(2)

246 Where G_s is the specific gravity of soil solids (see Table 3), Υ_w is the unit weight of water (9.81 247 kN/m³), and w is the moisture content.

248 249

	Table	2: Specimens characterizat	tion.		
Moisture contentVoid ratioY(kN/m³)Porosit					
Adobe	2.43	3.61	19.22	0.78	
Rammed earth	0.64	1.13	20.08	0.53	

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251 A set of geotechnical, mineralogical, and chemical analyses were performed to characterize both 252 soils in terms of particle size distribution (LNEC E196:1966 [45]) and specific gravity of soil 253 solids (G_s) NP-83:1965 [46]. In addition, Atterberg limits, namely Liquid limit (LL), Plastic limit 254 (PL), and Plasticity index (IP) (NP-143:1969 [47] were assessed. The modified Proctor test 255 (LNEC E197:1967 [48]) was also performed, from which the maximum dry density after 256 compaction (ρ_d) was obtained (only for rammed earth specimens). Finally, X-ray diffraction 257 (XRD) and energy dispersive X-ray fluorescence (EDXRF) were performed as well. The results 258 of all these tests are reported in Table 3.

259 XRD analysis was carried out using a Philips PW-1830 diffractometer with a Cu K α radiation. 260 The operation conditions were 40 kV, 50 mA, a step size of 0.02° 2 θ in the 3-90° 2 θ range, and a 261 step time of 2.50 seconds. The samples were dried and grinded before testing. For EDXRF, three 262 samples from each soil were analyzed using an ArtTAX X-ray spectrometer (Bruker), equipped 263 with an Xflash (Si (Li)) detector, with 170 eV resolution, and operating with a molybdenum X-264 ray source. Elemental composition was acquired through an average of three different points, 265 using a tube voltage of 40 kV, a current intensity of 600 μ A, and live time of 180 s.

	Particle size distribution	Gs	Atterberg limits	$\rho_d (g/cm^3)$	XRD	EDXRF
Adobe	0% Gravel (>2 mm) 58% Sand (0.06 – 2 mm) 15% Silt (0.002 – 0.06 mm) 27% Clay (<0.002 mm)	2.63	LL 29% PL 18% IP 11%	-	Quartz, albite, pargasite	Al, Si, K, Ca, Cr, Mn, Fe, Cu, Zn, Ba, Pb
Rammed earth	41% Gravel (>2 mm) 34% Sand (0.06 – 2 mm) 13% Silt (0.002 – 0.06 mm) 12% Clay (<0.002 mm)	2.65	LL 45% PL 24% IP 21%	2.13	Quartz, feldspar, muscovite, goethite, and kaolinite	Al, Si, K, Ca, Cr, Mn, Fe, Cu, Zn, Ba

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268 **4. Experimental research**

In the experimental campaign, two different measurements were done, namely capillarity and contact sponge method test. These tests were conducted on both reference (without any treatments) and surface treated specimens (water repellent treatment) of the two materials. The capillarity test was performed to understand the behavior of earthen materials in permanent contact with a given volume of water.

To evaluate the possibility of using the contact sponge to measure initial water absorption in earthen materials, two parameters were monitored, the superficial alteration due to contact with water (through visual inspection of both specimen surface and sponge to verify any material loss – see Figure 8) and the efficiency on measuring water absorption (comparing results before and after treatment).

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280 4.1. Water absorption by capillarity

281 In order to understand the behavior of unstabilized earthen specimens in contact with a 282 considerable amount of water, as well as to analyze the damage and material loss associated, a 283 preliminary capillarity test was done. To determine the water absorption by capillarity, code 284 EN15801 [21] was followed. Consequently, three adobe specimens and three rammed earth 285 specimens were placed inside six separate plastic boxes with a bedding layer of absorbent paper 286 on the bottom. Distilled water was added until saturation of the paper and each specimen was 287 then placed on top of it. The specimens were weighed at regular time intervals. The test was 288 done at laboratory conditions of 20 °C and 60% RH.

289 In the first 30 minutes, the adobe specimens showed an increase of mass by 3%, after three hours 290 an increase of 8%, and after 24 hours the weight increased by 10% (this latter value remained 291 stable until 72 hours). In the case of rammed earth specimens, after 30 minutes an increase of 1% 292 of the mass was observed, after three hours by 3%, and 5% after 24 hours (this latter value 293 remained stable until 72 hours). However, during the test, some difficulties in weighting the 294 specimens were observed, due to material loss in both earthen techniques. A considerable 295 amount of soil remained onto the bedding layer in the bottom of the box, making impossible to 296 achieve accurate weight values and leading to misleading percentages of gained weight during 297 the test. After 24 hours in contact with water, adobe specimens started to crack and rammed earth specimens showed deformation at the base, increasing the material loss. After 72 hours, the test was stopped, and the specimens were placed inside an oven at 100 °C to complete water evaporation. Specimens were again placed in laboratory conditions at 20 °C and 60% RH and weighted. The material loss was calculated by the difference of initial and final weight, with an average value of 6% for adobe specimens and 5% for rammed earth specimens.

Figure 5 illustrates the main differences between the initial and final states of the six studied specimens. Additionally, it is possible to observe the material attached to the bottom layer and the development of cracks.

	Initial state	During testing				Final state	
	Initial State	5 minutes	30 minutes	1 hour	24 hours	72 hours	r mai state
adobe							
							And and
l earth							C
rammed			Cert				TO



Figure 5: Different stages of capillarity test for each adobe and rammed earth specimen.

309 4.2. Contact sponge method

In order to not only assess the possibility of using contact sponge method to characterize initial water absorption on earthen materials but also to have a comparative study before and after treatment, three different water repellent products were applied on both adobe and rammed earth specimens. The selection of water repellent was based on the most commonly used products, according to the literature [15], [49], [50]. Therefore, one synthetic and two natural products were chosen: (a) commercial water repellent with a base of organosiloxane oligomers (Silo 112 CTS®, Spain); (b) linseed oil; (c) beeswax (prepared in a solution of 3% of turpentine).

Two layers of each product were applied on one surface (exposed surface in a wall) using a brush, to simulate a real case scenario. Each product was applied on five specimens of adobe and five specimens of rammed earth, having also five specimens from each building technique as a reference. The contact sponge test was performed seven days after applying the products to guarantee their curing and stabilization to environmental conditions.

322 Contact sponge method was performed following the Italian Standard UNI 11432 [51], using 323 five sponges and capsules for each set of five specimens tested (Figure 6). Preliminary tests were 324 done in order to define the time in which the sponge must be in contact with the specimen 325 (should be between 30 seconds and 3 minutes, according to the standard). For this experiment, 326 60 seconds of contact time was chosen. Following the procedure, 5 ml of distilled water was 327 poured on the top of each sponge. The weight of the sponge inside the capsule is taken before 328 and after contact with each specimen. It is also important to mention that no pressure was applied 329 on the sponge, since it is confined inside the plastic capsule and the experiment was always 330 carried out in the vertical position to simulate in situ conditions (Figure 7). All specimens were 331 kept inside a controlled environmental temperature of $20 \pm 5^{\circ}$ C and relative humidity of $60 \pm$ 332 5%. Likewise, contact sponge tests were also carried out in the same conditions.



(a)



Figure 6: Contact sponge method apparatus: (a) adobe specimens; (b) rammed earth specimens.





Figure 7: Example of contact sponge test procedure: (a) adobe specimen; (b) rammed earth specimen.

337 **5. Results and discussion**

Based on the visual inspections of specimens' surface both adobe and rammed earth samples showed no evidence of material loss, deformation nor cracking. Moreover, through sponge inspection after performing the test, it was also observed the absence of any residual material on it. Additionally, water is barely absorbed by the specimens where products were applied. Observing the examples in Figure 8, reference specimens exhibit a clear mark by the contact between the wet sponge and the earthen material, whereas in case of specimens with water repellent treatment this mark is less evident or even non-existent.





Figure 8: Visual inspection of adobe and rammed earth surfaces and sponge after performing the test.

348 According to the results of the contact sponge test, Figure 9 reports the data of reference 349 specimens, i.e., without any superficial treatment. In general, adobe specimens absorb less water 350 than rammed earth specimens, which can be explained by the presence of less active clay. 351 Besides that, the results show that for each earthen technique, one of the specimens clearly 352 absorbed less water than the others. This may be due to irregularities of the surface, for instance, 353 a greater number of voids, leading to less absorption of water. So, according to these data, it is 354 possible to conclude that the surface plays an important role regarding the homogeneity of 355 results. The average values of water absorption were thus computed excluding the two outliers, resulting in 0.42 g/cm².sec (x10⁻³) for adobe (CoV of 8%) and 0.67 g/cm².sec (x10⁻³) for rammed 356 357 earth (CoV of 9%) specimens.



359 Figure 9: Wa

Figure 9: Water absorption for reference specimens: (a) adobe (A1 - A5); (b) rammed earth (R1 - R5).

361 After applying the three water repellent products, the contact sponge method was performed 362 under the same conditions and the results obtained are shown in Figure 10. As expected, 363 specimens with water repellents revealed a reduction in water absorption, thus suggesting the 364 effectiveness of these treatments. In the case of adobe specimens, all three treatments showed a 365 similar reduction in water absorption, with a decrease of about 94%. This value represents not 366 only a significant improvement in the water repellence capacity of the adobe surface, but it also 367 indicates how efficient the contact sponge method can be. Also, in rammed earth specimens, the 368 same impressive results are observed. There is a decrease of 97% of water absorption after 369 applying Silo 112, 91% in the case of linseed oil, and 95% with beeswax.

370 Small differences between the results of each product applied on different earthen techniques 371 (adobe and rammed earth) may be due to surface and matrix interaction, penetration level and 372 chemical bonding. However, results show that it is possible to measure water absorption with 373 accuracy, even when dealing with such a heterogeneous material as earth.



Figure 10: Contact sponge test results on specimens after treatment with water repellent products on: (a) adobe; (b)
 rammed earth (with the indication of average (μ) and standard deviation (σ) values).

6. Conclusions

379 Water absorption by any porous material is an important parameter to access, especially when 380 dealing with cultural heritage buildings. Though in most cases like stone or mortar materials, the 381 amount of water required to perform a capillarity test is a neglected factor, it plays an essential 382 role in earthen materials. Results showed that water uptake by the capillarity method caused 383 severe consequences in the material state. Material loss, cracking and physical alteration were 384 observed in all tested specimens. Moreover, assessing the real water absorption curve became 385 almost impossible due to the considerable amount of material loss (6%), which can mislead the 386 results.

Through a set of laboratory tests, it was possible to conclude that the contact sponge method can be safely used in earthen materials, without changing the material nor deteriorating its surface. The contact sponge method can be applied in earthen materials or earthen heritage superficial layers since it does not represent any risk or originate any major deterioration phenomena. Furthermore, this test also proved to be efficient in analyzing the effect of water repellent treatment.

The three water repellents tested for this study showed to work as a hydrophobic barrier since all specimens reduced significantly (more than 90%) the absorption of water by the adobe and rammed earth specimens. It is also important to notice the impressive result observed from the natural products when compared with the synthetic product. Both linseed oil and beeswax
demonstrated similar performance regarding water repellency as the commercial Silo 112,
revealing their capacity as an alternative sustainable solution to synthetic products.

399 For conservation purposes and especially in maintenance plans, by using this simple tool in an 400 earthen heritage site, one can obtain important outputs about the efficiency of a given surface 401 treatment over time. It was possible to observe, that surface irregularities are an important factor 402 to consider when using this method. The sponge should be completely in contact with the 403 surface. To avoid ambiguous conclusions, it is essential to perform contact sponge test on a 404 considerable number of specimens or areas (if dealing with a case study), so outliers can be 405 identified clearly. Since adobe and rammed earth are traditional and hand-made construction 406 materials, there is no uniformity between samples or even a wall, so performing the tests in a 407 large number of specimens (laboratory) or spots (*in situ*) is highly recommended.

408

409 Nevertheless, more research data is required to understand if the contact sponge test can be used 410 for other types of soils and construction techniques different from the ones approached in this 411 research. Moreover, future work should also handle with case studies and include deteriorated 412 surfaces.

413

414 Acknowledgements

415 The support from grant PD/BD/114411/2016 is gratefully acknowledged. This work was partly financed

416 by FEDER funds through the Operational Program Competitiveness Factors (COMPETE 2020) and by

417 national funds through the Foundation for Science and Technology (FCT) within the scope of project

418 SafEarth PTDC/ECM-EST/2777/2014 (POCI-01-0145-FEDER-016737).

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