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Review article Melanin nanoparticles as a promising tool for biomedical applications – a review



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ABSTRACT

Melanin is a biopolymer of easy and cheap availability that can be found among the living organisms and excels for its biocompatibility and biodegradability properties, along with scavenging abilities, metal chelation and electronic conductance. This biomaterial can act as a nanocarrier or agent itself to be used in diverse biomedical applications, such as imaging, controlled drug release, bioengineering and bioelectronics, antioxidant applications and theranostics.

In this review, the melanin source and structure, its physicochemical properties, melanin-like polymers as well as the differences among those will be elucidated. The focus will be the discussion of the current approaches that apply melanin nanoparticles (MNPs) and melanin-like nanoparticles (MLNPs) in the biomedical field, to which promising capabilities have been attributed, regarding optoelectronic, photo-conductivity and photoacoustic. The use of these nanoparticles, in the last 10 years, in topics as drug delivery or theranostics will be detailed and the major achievements will be discussed. Overall, we anticipate that melanin can drive us toward a new paradigm in medical diagnostics and treatments, since applying melanin features possibly its use as a theranostics nanocarrier agent, not only for diagnostics, but also for photothermal therapy and controlled drug release through chemotherapy.

Statement of significance

We present here a timely and opportune review article focusing the significant potential of melanin nanoparticles in biomedical applications, which will be discussed thoroughly. This biomaterial presents multiple capabilities that may be taken into consideration towards cancer theranostics, expecting a high future impact in the nanosized-platforms design and performance.

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1. Introduction

Recent therapeutics have evolved regarding specificity and safety improvements, towards the obtainment of more effective treatments over the conventional counterparts. In this context,

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nanotechnology has been emerging as a promising solution for the development of new delivery systems of contrast agents or drugs, towards specific targets [1]. Due to their particular size, nanoparticles (NPs) present higher selectivity and specificity to a defined target, along with an increased surface area, capable of surface modification, when compared to larger particles, like microparticles [2]. Through surface modification is possible to add specific molecules in order to target cells, such as, tumor tissue or bacteria. NPs are also able to improve the drug loading capacity and to promote a controlled drug delivery. The size of NPs is a distinguished



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Fig. 1. Schematics of melanin nanoparticles (MNPs) obtainment and biomedical applications.

advantage for the targeting purposes, since, once in the vascular system, these nanosized structures are able to penetrate into cells by endocytosis or receptor-mediated transcytosis, which increases the delivery of the molecules into the cells. Specifically, in cancer cells, the abnormal vessels formed by tumor's angiogenesis are more permeable and the lymphatic drainage is diminished, whose factors increase the concentration of the NPs into tumor cells. This phenomenon is known as the enhanced permeability and retention (EPR) effect [3]. Additionally to these benefits, NPs are able to be excreted through the common organs, such as liver and kidney, more easily than higher-sized particles, showing robust biocompatibility and, in some cases, biodegradability properties. These properties make NPs an outstanding technological strategy for the diverse biomedical areas, such as diagnosis, therapy and also their combinations, the theranostics [4,5].

Despite all the biological processes of human body, the specification of targets regarding drug delivery is extremely important, aiming to target cells without damaging the healthy surroundings, offering a superior efficacy [6]. Several physiological factors are able to induce the controlled release of molecules from delivery systems. For instance, differences in pH can trigger the release of a molecule at different sites, e.g., the acidotic pH values of cancer cells may promote the molecule release inside those cells [7,8]. Another example is the use of stimuli-sensitive carriers to of ultraviolet (UV) radiations, electrical conductance or magnetic stimulus, promoting the molecules permeation and release in a precise target [9,10].

The search for green biomaterials, which can be easily obtained from the nature, has been growing in the research community. Melanin, a biopolymer found in living organisms and plants, has shown to be very promising among distinct research areas, as biomedicine, dermocosmetics, nanotechnology and bioengineering [21,39]. Its biodegradability and biocompatibility assume a strong relevance in the production of biomaterials, owing to the need for biomaterials with no cytotoxicity or side effects. In fact, antigenic response is one of the main difficulties usually associated with the current used biomaterials, along with the lack of stability under physiological conditions. In the case of melanin, this problem is surpassed due to the absence of specific enzymes, in the human body, capable of degrading it, exhibiting additionally valuable attributes of biostability [11,12]. On the other hand, melanin in the form of nanoparticles can be excreted through liver and kidney pathways, reducing the possibility of long-term accumulation in organs, usually associated with toxic effects [13,14].

The remarkable features of melanin render it a versatile biomaterial to use in biomedical applications, like controlled drug release, imaging, bioengineering and bioelectronics (Fig. 1). Furthermore, this biomaterial presents a broad absorption of UV-visible radiations, free radical scavenging and metal chelation abilities, together with electronic conductance, antioxidant activity and the capability to bond with different molecules of interest [11,15–18].

This way, due to its intrinsic properties, melanin nanoparticles (MNPs), plays an important role in the development of new controlled delivery systems in the search for new therapies based on the alteration of internal or external conditions.

This review highlights the most recent developments in biomedical field, using natural melanin and melanin-like polymers. Thus, firstly, the structure and source of melanin, and its physicochemical features will be discussed. Secondly, it will be thoroughly analyzed the ongoing research and the future perspectives for this biomaterial, emphasizing several biomedical applications, like magnetic imaging, antioxidant therapy, controlled drug and theranostics, which may benefit from all the potential of MNPs features.

2. Melanin

2.1. Source and structure

Melanin is a naturally occurring biopolymer present among the living organisms, particularly in the skin and hair of mammals, in the ink of Sepia melanin from *Sepia officinalis*, in bacteria and additional species. It consists of an heterogeneous molecule, that exists as dark eumelanin or yellow pheomelanin forms, regarding, respectively, the absence or the presence of a sulfur group (Fig. 2). Eumelanin is deserving of greater attention in compari-



Fig. 2. Common pathways for melanin biosynthesis that lead to eumelanin and pheomelanin production. It is noteworthy that the activities of tyrosinase, namely the tyrosinase-related proteins Tyrp1 and Tyrp2, are involved in the production of eumelanin, while for pheomelanin synthesis is necessary the presence of tyrosinase and cysteine. Reproduced with permission from [21].

son to pheomelanin, since it is more stable and evidences useful characteristics in biomedical applications, whilst pheomelanin evidences lack of photostability and may promote carcinogenesis [19].

Melanin is a very low soluble polymer in water, with the molecular formula $C_{18}H_{10}N_2O_4$, and molecular mass of 318.288 g.mol⁻¹ [19]. This molecule structure is controversial among scientific community, since it suffers an extensive biosynthesis process, with several precursors, which can give rise to different macromolecules. These different precursors are biomolecules formed in vivo from different cathecol molecules, by means of the tyrosinase enzyme that turns L-tyrosine into an intermediate, L-3,4-dihydroxyphenylalanine (L-DOPA), and also by a cascade of additional reactions that will result into an oligomer of 5,6-dihydroxyindole (DHI) and its 5,6-dihydroxyindole 2-carboxylic acid (DHICA) form. Depending on the ratio between these two molecules (DHI and DHICA), the physicochemical properties of melanin will change, leading to different final molecule oxidation states, affecting the melanin metal-chelating features, as well as the morphology [11,15,20]. The structure of this catechol-derived molecule allows the reaction with additional several molecules, particularly with the ones holding nucleophilic amine and thiol groups, giving origin to protomolecules, which can be further used in different biomedical fields.

Although the primary structure of melanin (composed of DHI and DHICA) is consensual among the scientific community, its macromolecular final structure is still not clear. In fact, depending on the monomers coupling site it can lead to a large heteropolymer or, according to other authors, to a stacked oligomer. Nevertheless, both structural forms lead to the formation of melanin particles with the same chemical properties [15]. More recently, a new model has been proposed for these particles formation, consisting of the building up of a molecule up to its final complex state, through aggregation steps. According to this model, the oligomer sheets of DHI and DHICA form a protoparticle (10⁻⁹ m) that densifies into a larger protoparticle, creating an onion-like structure, a type-A particle (10⁻⁸ m), which, in turn, consolidates and agglomerates into a larger and spherical type-B particle (10^{-7} m) . This chemical final form of melanin corresponds to the one found in the natural sources, after isolation and purification processes [20].

2.2. Physicochemical properties

Establishing the relationship between materials' properties and structure, as well as to understand how this relationship defines the biological behavior of the material, constitutes a great goal among biomedical researchers. Such assumption is observed regarding melanin research, where the aim consists of understanding how its molecular structure influences its macroscopically properties and functions.

In fact, melanin exerts several relevant functions in biosystems, including broad UV and visible absorption band and consequent photoprotective effect, free-radical scavenging and antioxidation, metal chelation, electrical and photoconductivity, as well as some involvement in nerve systems. These functions are defined by its chemical and physical properties, namely the molecular, supramolecular and aggregate-level structures [15,22]. A summary of the physicochemical properties of melanin is presented in Table 1.

It was observed that melanin presents a highly negative surface revealed by zeta potential values which confers stability to the particles by electrostatic repulsion, avoiding aggregation [29]. Melanin appears as a black solid and is almost insoluble in both aqueous and organic solvents [30]. Two of melanin's key functions are coloration and photoprotection. Thus, the optical properties of the melanin are essential to its function. Regarding UV and visible absorption spectrum, melanin evidences a broad-band mono-



Fig. 3. The fourier-transform infrared spectroscopy (FTIR) spectrum of melanin. Reproduced with permission from [34].

tonic absorption and, interestingly, the spectrum resembles more an inorganic semiconductor material than an organic typical chromophore. In addition, the spectrum is not constant during the formation of the protoparticles. In fact, it evolves during the oxidation and agglomeration of the melanin precursor molecules, associated to the formation of new cross-links [11,15]. The fourier-transform infrared spectroscopy (FTIR) spectrum of melanin displays a peak at 3200 cm⁻¹ and 3400 cm⁻¹ due to the N-H and O-H stretching vibrations of amino and hydroxyl groups, respectively. Aromatic bendings of C-C and C-N that origin strong peaks at 1600 cm⁻¹ and 1350 cm⁻¹, respectively, plus the carbonyl stretching C-O at 1300 cm⁻¹ indicate the aromatic biopolymer nature of melanin by the strong π - π interactions. At 1300–1100 cm⁻¹ the peaks refer to the presence of phenolic hydroxyl and carboxyl groups, and at 800–600 cm⁻¹ the weak peaks correspond to the substitution of aromatic rings by aromatic hydrogens [31–34]. Fig. 3 displays a FTIR absorbance spectrum of the mentioned peaks with the respective functional groups.

Additionally, melanin holds the ability to absorb the UV light (the absorption increases exponentially towards shorter wavelengths (300–400 nm) and converts the absorbed radiation into heat [35]. This photodynamic feature is due to electron-transfer processes, which are conducted by different photoreactions, including anaerobic reactions that occur at wavelengths superior to 300 nm, and aerobic reactions, carried out at shorter wavelengths. The first referred reactions take place only when no external donor or acceptors of electrons exist [15]. The ability to absorb radiation will quench and scavenge excited molecules, promoting a photoprotective effect in melanin pigments. This characteristic is reflected in the protection of human skin by the melanocytes against UV damage [36]. The same protective effect may occur by the melanin extracted from grapes (*Vitis vinifera*) by the inhibition of the UV-induced lipid peroxidation [37].

Another important feature is the radical scavenging and antioxidant activity that are more related to the existence of DHICA monomers, by transference of H-atoms. This feature is attributed to the chemical structure of the monomers, where the DHICA is less aggregated and stabilized, being more susceptible to react with reactive oxygen species (ROS), which are generated in certain physiological reactions, contrary to the more stable structure of DHI [38].

Additionally, melanin shows strong electrical and photo conductivity, making it a remarkable bio-organic material with promising applications in bioelectronics. The indolic structure of melanin and the electronic delocalization are thought to be responsible for its electrical conductive properties under specific conditions of humidity, temperature and electrical fields. On the other hand, photoconductivity, which under UV or visible light absorption decreases the resistance, is influenced by the oxidation of hydroxyquinones

Table 1Physicochemical properties of melanin.

Properties	Melanin	References
CAS registry number	8040 07 6	[22]
CAS legisliy iluiliber	8049-97-0	[25]
Chemical formula	$C_{18}H_{10}N_2O_4$	[24]
Appearance	Black solid (after purification from S. officinalis)	[15]
Zeta potential	$-~43.13~\pm~0.86~Mv{-}37.00~\pm~0.10~mV$	[25,26]
Molecular weight	318.288 g.mol ⁻¹	[23,27]
Water solubility	Low soluble 3.397e+005 mg/L @ 25 °C	[25,28]

to semiquinones, releasing mobile protons [21]. These properties are owed to the free radicals of the quinones oxidation, as mentioned before, that can reduce or oxidize metals, such as ferric ion (Fe^{3+}), cupric ion (Cu^{2+}), gadolinium ion (Gd^{3+}) or lead ion (Pb^{2+}) [39–41].

Finally, melanin can also be involved in the nerve system protection. For instance, the melanin present in the brain (neuromelanin), specifically in the substance nigra, helps neurons to manage the toxic presence of iron and other metals, through metal induced oxidative stress, promoting neuronal survival. This melanin plays a protective role in skin as neuromelanin plays against several harmful factors to neurons [42,43].

2.3. Natural versus synthetic melanin

Melanin can be naturally obtained, as outlined in the previous Section 2.1, or synthesized using different approaches in order to produce melanin-like (ML) polymers, from which spontaneously melanin-like nanoparticles (MLNPs) can be obtained, leading to synthetic melanin. The most common approaches make use of dopamine (Da), a catechol molecule with a molecular structure similar to melanin, which, when oxidized, turns into Da-quinone and DHI units, without the presence of DHICA. Da instantly polymerizes into polydopamine (PDa) under solutions containing (tris(hydroxymethyl)aminomethane) (Tris) base or sodium hydroxide, among others basic catalysts, resulting in black NPs, similar to natural melanin granules. The method most similar to the in vivo process of melanin synthesis is by using tyrosinase, in which the product obtained shows to have the most similarity to natural melanin regarding its molecular structure. This approach results in NPs with an average size of 200 nm, similar to those obtained from Sepia officinalis melanin [44].

However, the formed PDa is not exactly the same as the melanin projected models, since the first consists of aggregates of monomers through π - π and hydrogen bonds, while the second pertains to covalent bonded oligomers. [11,20] Despite the molecular differences, between the NPs obtained from Da and melanin, Da has been receiving higher interest due to the easy synthesis of NPs and the ability to polymerize in situ, which allows the formation of coatings around the NPs.

Due to the presence of catechol and amino groups in PDa it can couple with amine and thiol groups of biomolecules, through nucleophilic bonds, by controlling the pH [45]. Therefore, PDa can be used for several biomedical applications since it has the ability to adhere to different surfaces, such as metals, organic polymers or ceramics.

Regarding the optoelectrical properties, melanin tends to hold a high electret effect, which means storing electrical charges and polarization, depending on the water content. In this context, natural melanin shows a superior water content than the synthetic variants of melanin, as PDa NPs [46].

However, natural melanin can be obtained from numerous sources which will inherently change its physicochemical properties. For example, the distribution of metals in melanin can demonstrate this heterogenicity, such as the presence of Ca, Mg, Na, and K in Sepia melanin, which are generally the most abundant metals in sea water, its natural source. Different studies report changes in the total metal content such as the content determined by Sarzanini et al. [47] is four times greater than the content determined by Liu et al. [48]. This traduces the differences in processing the samples in terms of isolation and preparation of melanin and the need to achieve a set of standardized procedures to obtain homogeneous samples that preserve the inner properties of melanin [49,50].

3. Biomedical applications

As discussed previously, melanin evidences remarkable antioxidant, optoelectronic, photoacoustic and photoconductivity properties. Herein, an update comprehensive review is presented by reports that make proof of melanin as a promising green agent capable of improving the diversity of applications in the biomedical field. Table 2 shows some examples and outputs of MNPS in distinct biomedical applications.

3.1. Antioxidant activity and photoprotective effect

There has been a growing interest for molecules that gather antioxidant features and can treat specific diseases related with the increment of ROS and oxidative stress. MNPs may offer a great promise towards this need attending due to its radical scavenging properties. Current research has been showing the antioxidant properties of melanin, as a result of its ability to quench excited molecules like dyes, scavenging free radicals and to bind strongly to metal ions [63,64]. Ju et al. [51] produced MLNPs, by Da hydrochloride oxidation, with an average size of 80 nm. These MLNPs have persistent electron spin resonance (ESR), which indicates the stability of free radical centers in the material. However, the produced MLNPs have precipitated in PBS (phosphate buffer solution) and FBS (fetal bovine serum) solutions, so, to overcome this drawback, thiol-terminated methoxy-poly (ethylene glycol) (mPEG-SH) was added to the MLNPs surface, conferring a stability up to 2 weeks in the same media. In HeLa cells, the viability of the formulation was studied and, with or without surface modification, the viability was always up to 85%, which suggested a good biocompatibility even after the surface modification. The radical scavenging property of the MLNPs was studied by an 2,2-diphenyl-1-picrylhydrazyl (DPPH) assay and it was evaluated by electrophoretic light scattering (ELS). The results exhibited an increase on the radical scavenging as the concentration increased to 85 and 79%, respectively, for MLNPs and mPEG-SH-MLNPs. These results were also confirmed by ESR, where the signal from the free radical DPPH decreased as the MLNPs concentration increased. Finally, as the size of the MLNPs were smaller than Sepia officinalis eumelanin, the efficient concentration (EC₅₀) needed to decrease to 50% the initial amount of DPPH was diminished, which could be explained by the increase in surface area that lead to a superior scavenging activity. These values were very similar with ascorbic acid, a commonly used free radical scavenging material. Although this work doesn't give much insight into possible clinical

Table 2

Major outputs achieved by melanin nanoparticles (MNPs) in biomedical applications, including the antioxidant activity and photoprotective effect, drug delivery, imaging, theranostics, and bioengineering and bioelectronics.

Applications	Source	Methodology of production	Particle size (nm)	Major outputs	Ref.
Antioxidant Activity and	Dopamine	Oxidation	<100	Good biocompatibility with HeLa cells	[51]
	The ink of Sepia officinalis	Washing and purification	50–300	 Internalization by primary human keratinocytes (hKCs) Reduced amount of reactive oxygen species (ROS)/reactive nitrogen species (RNS) released by UNA(UND implicated b)Cc. 	[40]
	Synthetic	Sol-gel	<80	 Prevention of the typical tendency to aggregate and uncontrolled particle growth Efficient cytoprotective effects 	[52]
		Enzymatic polymerization Oxidation	<70 80	 Protection of bone marrow from ionizing radiation Effective radioprotection against x-radiation 	[30] [29]
Drug delivery	Lactosylated dopamine	Oxidative polymerization	<150	 Strong near infrared (NIR) light absorbance Drug-loading capacity of 66–73 wt% Tunable active-targeting effect Synergistic effect of chemo-photothermal therapy 	[53]
	Dopamine hydrochloride	Oxidation and self-polymerization	<100	 Loading capability of distinct drugs and protection from unresponsive leakage in physiological conditions Drug-retaining capacity Multi-responsive drug controlled release Good stability 	[54]
			≈ 160	 Photothermal effect Widely biodistribution throughout the human body Strong NIR absorption and high photothermal conversion efficiency 	[55]
	The ink of Sepia officinalis	Washing and purification	100-250	 Promising antibiotic nanodelivery system Possibility of diverse bioactive molecules loading by functionalized nanoparticles 	[25]
Imaging	Synthetic	Vigorous stirring	<10	 Good <i>in vivo</i> tumor imaging properties Magnetic resonance imaging (MRI) contrast agent for tumor-targeted imaging Higher relaxivity than that of commercial CaddiamideCood tumor targeting specificity 	[56] [13]
	Dopamine hydrochloride	Oxidation and self-polymerization	<50	 Contrast agent for optoacoustic tomography Good dispersion stability of high concentration of melanin nanoparticles (MNPs) in biological media Lower cell toxicity than that of gold nanorods (for concentrations that provide equal optical absorbance) 	[12]
Theranostics	Black sesame seeds	Washing and purification	20-200	 Absence of long-term toxicity in mice Photothermal effect, with significant tumor growth suppression 	[31]
	The ink of Sepia officinalis	Washing and purification	<200	 Strong absorption at NIR region, and higher photothermal conversion efficiency Blood retention and effective accumulation at tumor sites 	[32]
	Dopamine hydrochloride	Oxidation and self-polymerization	<200	 Optical absorption in the NIR region, which greatly enhanced the photothermal therapy treatment efficiency and photoacoustic contrast ability Therapeutic efficiency 	[57]
			120	 Photoacoustic imaging agent Highly efficient photothermal therapy agent 	[58]
	Synthetic	Vigorous stirring Co-precipitation	<200 <10 <150	 Mix contrast improvement Promising for multimodality-imaging guided therapy Good photoacoustic signal intensity Effective NIR absorbance Effective photothermolysis treatment 	[59] [60] [33]
Bioengineering and Bioelectronics	The ink of Sepia officinalis	Washing and purificationLayer by Layer	<200	Durable electrochemical conductivitiesReduced secretion of inflammatory cytokines	[26]
	Dopamine hydrochloride	Oxidation and self-polymerization	<200	 Antimicrobial properties (<i>in vitro</i>) Development of MNPs-based adhesive interfaces for surgical membranes with remarked capabilities of bioadhesion 	[61]
	Synthetic	Vigorous stirring	-	 Efficiently transducing proton-to-electron currents Operation via so-called volumetric gating, a pre-requisite for further miniaturization 	[62]

translation, it was an important door to the leading research of the application of this type of material in biomedical fields, creating a great potential for melanin particle-based high-tech materials.

Da Silva et al. [40] considered the use of melanin in skin wound healing and, for that, they extracted MNPs from the ink of Sepia officinalis, with the typical round nano-sized morphology and electrical conductivity of 2.09 \times 10^{-8} S.cm^{-1}. In this study authors incorporated MNPs into gellan gum spongy-like hydrogels, in order to achieve a controlled and sustained release of MNPs, which would benefit skin healing, through a direct effect over keratinocytes, as it stimulates the propagation of endogenous electrical signals that attract host regenerative cells. For that, and to evaluate the cytotoxicity and antioxidant properties, MNPS were release into human primary keratinocytes cultures, at different amounts. Furthermore, MNPS were incorporated into spongy-like hydrogels to evaluate the release kinetics and to confirm that melanin-containing hydrogels do not elicit a negative host reaction. In the end of their study, authors were able to observe the antioxidant properties, through the reduced amount of ROS released by UVA/UVB irradiated human primary keratinocytes pre-exposed to it. Furthermore, a possible photo protective behavior was observed, through the internalization of eumelanin NPs by primary human keratinocytes and their disposed around the nuclei of the cells as in native skin. This system represents a good and efficient approach to skin wound healing and minimization of tissue necrosis, using the advantages of MNPS and, consequently, its properties.

Using a different approach, MLNPs were produced by a sol-gel methodology, whereas DHICA was conjugated with 3aminopropyltriethoxysilanes (APTS) and further integrated into a silica nanoscaffold matrix, which increased the stability and biocompability of the MLNPs. The cellular uptake of the Silica-MLNPs (Si-MLNPs) was assessed in human ovarian cancer cells and it was proved to be very fast without cytotoxic effects, with the MLNPS persevered into the cells up to 6 days. Furthermore, cytoprotective effects were assessed against hydrogen peroxide (H2O2)-induced apoptosis by the incubation of HeLa and A2780 cell lines with Si-MLNPs during 24 h followed by 30 min with H₂O₂. No observed effects were detected during the 24 h caused by the MLNPs internalization, demonstrating their biocompability. In fact, a protective effect of the cells was observed by the decrease of cellular apoptosis normally induced by H₂O₂, when compared to cells untreated with Si-MLNPs (control). This process may be due to the acceleration of H_2O_2 decomposition, promoted by the MLNPs, without damaging the structure of the Si-MLNPs. This methodology brings a new insight into a possible formulation for biomedical applications based in the intrinsic antioxidant feature of the produced Si-MLNPs [52].

Melanin has several aromatic oligomers that contain π electrons in its structure, so when a generated electron passes through the pigment it will gradually lose energy until it can be imprisoned into free radicals present in melanin, preventing the formation of free harmful radicals. This controlled dissipation of high-energy can be useful for example in radioimmunotherapy (RIT) and external beam radiation therapy (EBRT), whose radiation is toxic for bone marrow. Using these principles, MLNPs, which can be delivered into the bone marrow and therefore protect hematopoietic cells against RIT and EBRT, were developed, leading to increase the safety of these treatments. MLNPs were produced by Schweitzer et al., using 5-S-cysteinyl-DOPA and L-DOPA, and they were labeled with 188Re, so they could be traced in vivo, which up to 24 h were efficiently stable in mouse serum. Regarding biodistribution, the uptake of MLNPs by the bone marrow was superior when mice were pre-injected with pluronic acid after 3 h, (6% contrary to 0.3%). In vivo studies using CD-1 mice, after injection with MLNPs and gamma irradiation, revealed a protective effect after 3 and 10 days post-irradiation, suggested by the increase of WBCs (white blood cells) and platelets, even at higher amount of radiation, contrary to controls (absence of ML-NPs). Comparatively, the same results were observed for tumorbearing mice treated with RIT, even at very high radiation doses. The myelotoxic effects of these kind of therapies, which are known for their high adverse effects, can be partially overcome by using MLNPs, which provide bone marrow protection and the possibility to use high doses of radiation, leading to a safer and more effective treatment [30].

Likewise, in another study, MLNPs were produced using the same approach as Ju et al. [51], by polymerization of Da hydrochloride. To study the photoprotective effects of MLNPs, mice were divided into five different groups: control (injected intraperitoneally (i.p.) with PBS); melanin control (injected i.p. with ML-NPs); melanin pre-irradiation (injected i.p. with MLNPs before gamma irradiation); melanin post-irradiation (injected i.p. with MLNPs after gamma irradiation) and radiation control (injected i.p. with PBS and exposed to gamma radiation). Mice treated with ML-NPs along with radiation showed an increase in WBC, platelets, hemoglobin (Hb) and RBCs (red blood cells) concentration, contrary to the remaining groups. The decrease of the previous, after the irradiation, is a reflection of the damage caused by the radiation in stem cells located in the bone marrow, which are more sensitive to the damage. Changes in spleen after irradiation are very common, such as hyperplasia, lymphocyte necrosis and decrease of megakaryocytes. Mice treated with MLNPs before irradiation showed less changes in the spleen compared to other groups, along with an increase in megakaryocytes, acting like an immunomodulator. Simultaneously, in order to evaluate the possible damages of DNA, a comet assay was conducted. The values of comet assay, i.e., %DNA in tail, tail length, tail moment, and olive moment, displayed an increase by 8, 4, 17 and 10 folds in the radiation control group compared with control group. On the other hand, the melanin preand post-irradiation groups showed a decrease in the comet parameters over time, compared with the radiation control group, protecting the DNA. The survival rate of MLNPs injected-mice was improved by 30% compared to only 10% of the non-injected group. These promising results suggest MLNPs as a viable strategy to promote radioprotection of bone marrow tissue, liver, spleen and other tissues, along with immunomodulator effects when a patient is subjected to radiation or electrical pulses [29].

3.2. Drug delivery and therapeutic systems

Melanin has been used as a drug carrier to prepare formulations without further drying or purification steps and no need for solvents' use. [65] Its beneficial properties, namely the fact of being a low soluble biopolymer, together with the spontaneously formation capacity of particles at the nanometric scale, offer great promise to this biomaterial to be exploited in drug delivery systems [25,66].

Photothermal therapy (PTT) has emerged as a minimal invasive approach to kill cancer cells without damaging the healthy tissue around the abnormal cells. This strategy is possible as a result of the absorbance of energy by the MNPs, induced by near infrared (NIR) light, allowing MNPs to release a great amount of vibrational energy, which turns into heat [67,68]. The possibility to induce heating by NIR light irradiation, in the specific site where tumor is located, enhances the targeting effect and efficacy of the therapeutics.

As an example, Liu et al. [55] synthesized MLNPs through the oxidation of Da hydrochloride, originating colloidal nanospheres. The particles were stable, without agglomerating signals, and were dispersible in 10% blood serum solution without any changes, which certified their potential to be used *in vivo*. The photothermal effect was studied by the application of NIR irradiation, which trig-



Fig. 4. (A) 4T1 tumor-bearing mouse before and after the application of photothermal therapy; (B) Preparation of the doxorubicin-loaded lactosylated polydopamine nanoparticles (DOX-loaded LPDa NPs); (C) Scheme of the active targeting cellular uptake, and the synergistic combination of chemo and photothermal therapies by near infrared (NIR) irradiation; D) The accumulative DOX and SN38 release from PDa- poly (ethyleneglycol) (PEG) NPs upon NIR light; pH and reactive oxygen species (ROS) triggered drug release in tumor site from PDa-PEG NPs. (E) Cumulative release profile of gentamicin from PDa-melanin nanoparticles (MNPs) during 24 h. Reproduced with permission from [25, 53–55]. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

gered a temperature enhancement of 33 °C (from 25 °C to 58 °C), contrary to water control that exhibited a minor increase of 3 °C (from 25 °C to 28 °C). In fact, to destroy cancer cells, the temperature should be maintained during 15-60 min at 43 °C, approximately, or during 5 min over 50 °C [69]. Using these MLNPs, the photothermal conversion efficiency proved to be much higher (40%) than for the commonly used gold nanorods. Another important feature is that, after NIR irradiation, MLNPs didn't show any morphology changes, evidencing photostability, contrary to gold nanorods that presented loss of absorbance, due to their melting, triggered by the photothermal effect. In vitro cytotoxicity assays were conducted in 4T1 and HeLa tumor cells, and, following the incubation with MLNPs and NIR irradiation for 5 min, most of the cells were dead, contrary to controls (only NIR or MLNPs), which accounted for 20% and 90% of cellular viability, respectively. Afterwards, Balb 4T1 tumor-bearing mice were injected with ML-NPs and, after NIR irradiation, almost all of the tumor tissue was necrotic, and no regrowth was observed, dissimilar to the continuous growth of tumor in control groups. The mice, after one month of treatment, showed no signal of adverse effects (Fig. 4A), confirming, once more, the remarkable biosafety of this material in the use of cancer treatment [55].

The presented features of the MLNPs make possible the use of those structures as a chemo-PTT agent against cancer cells, combining the PTT and the most common anti-cancer approach, chemotherapy, leading to a desired synergistic effect. In a study performed by Gao et al. [53], lactosylated PDa (LPDa) was used to produce MLNPS as a nanocarrier for the anticancer drug doxorubicin (DOX) (Fig. 4B). The photothermal effect was studied and a high photothermal conversion efficiency (about 40% compared to the 10% conferred by standard gold nanorods) was demonstrated [55]. After proving that LPDa NPs would be a great candidate as a nanocarrier for PTT, DOX was encapsulated into the NPs during the polymerization process. This process resulted in a 66-73% of drug loading efficiency and a cumulative drug release of 33.4%, reporting to a 1.3-fold enhancement, in comparison to the control (14.6%). In vitro cytotoxicity assays were conducted using HeLa cells, and tested in two different ways. First, the photothermal effect was tested by incubating the cells and irradiating them with NIR, evidencing a lower cellular viability with the increase in LPDa NPs concentration, obtaining an IC_{50} around 60 µg mL⁻¹, confirming their efficient cancer cells killing effect. Next, the DOX-loaded LPDa NPs were incubated in the cell lines and, without radiation, an IC₅₀ around 43 µg mL⁻¹ was observed. Finally, to confirm the synergistic effect of the two combined therapies, DOX-loaded LPDa NPs together with the NIR radiation showed an IC_{50} of ca. 12 µg mL⁻¹, which was found to be the lowest value compared with the two therapies alone, suggesting a synergistic effect for the combined chemo-photothermal cancer therapy. Even though the drug release from the NPs wasn't very high, the ability to gather two different approaches to directly kill cancer was demonstrated. However, additional studies, such as in vivo studies, should be undergone to sustain the clinical translation of this system.

Comparatively, in a similar study, PDa was used as well, although it was additionally modified with poly (ethylene glycol) (PEG) on the surface. The use of photothermal and chemotherapies was the strategy adopted to destroy cancer cells and diminish the side effects offered by the current used treatments (Fig. 4C). Two anticancer drugs, namely DOX and 7-ethyl-10hydroxycamptothecin (SN38), were used and loaded into the NPs. PEG-modification confirmed to not interfere with the UV–Vis adsorption of Da and, the negative surface charge of PDa-PEG NPs in water (ca. –23 mV) and PBS (–19 mV) allowed for an easy transport through blood circulation. The photothermal effect was

assessed at different concentrations of PDa-PEG NPs and a higher effect was observed as the concentration increased. The PDA-PEG NPs are rich of phenyls, amino and hydroxyl that bestows them the ability to bound drugs such as DOX and SN38, via π - π stacking and hydrogen bond interaction. After drugs loading, the stability and morphology of the PDa-PEG NPs was preserved. Drug release from the PDa-PEG NPs was studied using different stimuli. NIR irradiation was used and the drug release was increased by the time of the irradiation. After 30 min, ca. 23% of DOX and ca. 59% of SN38 were released (showing a burst release upon irradiation), contrary to control, where no radiation was used, and which release was ca. 5% and ca. 12%, respectively. Additionally, the drugs could be released in an acidic condition due to the destruction of the amine groups formed between the drugs and PDA-PEG NPs. Under oxidative conditions, using H₂O₂, the polyphenol groups of PDa are oxidized leading to the breakage of the formed hydrogen bonds between PDa and drugs. Consequently, a release of ca. 20% for DOX and ca. 36% for SN38, approximately, was achieved after 12 h of incubation (Fig. 4D). Both findings assume relevant importance, once, in tumor cells, the environment is simultaneously acidic and under oxidative stress, constituting the necessary stimuli to trigger the release of the drugs. Cell viability assays were conducted both in non-malignant NIH-3T3 cells and in malignant MCF-7and PC-9 cells, and PDa-PEG NPs were found to be nontoxic. The photothermal efficacy was enhanced along with the increased concentration of PDA-PEG NPs, evidencing an IC₅₀ around 60 mg.mL⁻¹, which was fixed for the subsequent studies. Furthermore, individual photothermal or chemotherapeutic treatments showed to slightly diminish the cellular viability on cancer cells, but not sufficiently, while the combination of the therapies evidenced significant visible effects towards the decrease of the cell viability, emphasizing the accomplishment of strong synergistic effect. In vivo assays were carried using DOX-loaded PDA-PEG NPs in tumor-bearing mice. No significant differences were observed from the control groups (only NIR, free DOX) and DOX-loaded PDa-PEG group on excised tumors, indicating their inefficacy to suppress the tumor without radiation. The tumor-site temperature was enhanced only in PDa-PEG NIR group and DOX-loaded PDa-PEG NIR group, which was owed to the Da photothermal effect. Moreover, free DOX caused cardiotoxicity and high loss of body weight. Contrarily, on the PDa-PEG NIR group, the tumor suppression was more noticeable. However, the efficacy of the treatment was more effective on the DOXloaded PDa-PEG NIR group, sustaining the hypothesis that chemoand photothermal therapies are synergic methodologies with a notorious safety, according to the absence of pathological changes in mice during and post-treatment. This kind of drug nanocarrier constitutes a prominent advantage for personalized medicine, by controlling the treatment in time and to allow for specific drugs dosages, increasing the efficacy and diminishing the side effects of the therapy. [54]

Towards a distinct therapeutic application, MNPs were applied for the delivery of an anti-infectious drug, using them as a nanocarrier for metronidazole, aiming its deliver to the colon and intestines, by a pH-responsive release. In this study, metronidazole was incorporated into the MNPs, through a supercritical CO₂ technology, which allows the absence of solvents use, together with additional drying or purification steps. In this process, ca. 2% wt of metronidazole was incorporated into the MNPs. Free metronidazole didn't show variations in solubility in the different evaluated pH, namely 2.2 and 7.4, contrary to the metronidazole-loaded MNPs, which showed a pH-triggered release, proving the capacities of the biopolymer as a modulator of drug release. In fact, at pH 7.4, about 87% of metronidazole was released during 9 h, while at pH 2.2 only 10% of metronidazole was released. This suggests MNPs as a good candidate for drug release in specific organs, with close to neutral or slightly alkaline pH, such as intestines, avoiding the premature release in stomach, where an acidic pH sustains. This beneficial feature of MNPs may be due to the presence of carboxylic groups that, at neutral or slightly alkaline pH, are negatively charged, triggering the repulsion between them, while promoting the release of the encapsulated drug. In another hand, at acidic pH, the drug is found to be more retained, probably due to the network formed between the carboxylic groups, which are protonated. Moreover, the antibacterial activity was assessed using a Resazurin assay and *Escherichia Coli* (*E. Coli*) as the model bacteria of the colon. The adherence and proliferation of cells decreased in the presence of metronidazole, specifically at concentrations around ca. 4 mg mL⁻¹ after 24 h, caused by the release of the drug from the MNPs. This study clearly exclaimed the potentiality of MNPs as a nanocarrier for the specific delivery of drugs in colon and intestines, by means of a pH-responsive release [65].

Still on the delivery of antibiotics, a new method to functionalize NPs, without using solvents and additional complex and inefficient processes, was used to incorporate gentamicin into MNPs. Natural melanin was extracted from the ink of Sepia officinalis and purified after washing processes. To incorporate gentamicin into MNPs surface, PDa was used as the functionalizing agent, as it is an adhesive macromolecule that self-polymerizes in specific conditions. Gentamicin-loaded PDa-MNPs underwent in vitro release tests and, although those suffered an initial drug burst release of 60%, it was followed by a sustained drug release profile for 24 h (Fig. 4E). Finally, the antimicrobial test against E. coli and Staphylococcus aureus indicated that the formulation was effective against the bacteria, revealing a IC_{50} : ca. 54 µg.mL⁻¹ and ca. 110 $\mu g.mL^{-1}$, respectively. These results confirm the success of MNPs as a promising nanocarrier for the delivery of antimicrobial drugs, which are capable of reducing the inherent toxicity of the encapsulated drug, while attributing its recognized radical scavenger properties [25].

3.3. Imaging

Multimodal imaging involves different strategies to upgrade the clinical diagnostics and improve therapeutic results. The greatest challenge is to obtain a biocompatible carrier that is capable to load different contrast agents and to maintain a small size while assuring targeting ability. Some biomolecules based nanocarriers, such as liposomes, have been used, however those do not exhibit sufficient contrast properties to be used in the imaging field [70,71].

Melanin, as already referred, evidences not only strong light absorbing but also magnetic and electrical features that, once together, can project this molecule as a new functional biomarker for multimodality imaging purposes.

Regarding these promising optoelectrical, photoacoustic and photoconductivity properties, researchers [56] extracted melanin from melanocytes to obtain water soluble MNPs. Their surface was modified with PEG and arginylglycylaspartic acid (RGD), a commonly used peptide regarding its tumor targeting features towards the $\alpha\nu\beta3$ integrins of cancer cells. Afterwards, $^{64}Cu^{2+}$ and Fe^{3+} were also added to the MNPs, individually and simultaneously, in order to specify their synergic application for position emission tomography (PET) and magnetic resonance imaging (MRI), respectively. Hence, different types of MNPs were obtained with the intuit of study their individual and combined properties: ⁶⁴Cu²⁺-RGD-PEG-MNPs; Fe³⁺-RGD-PEG-MNPs and ⁶⁴Cu²⁺-Fe³⁺-RGD-PEG-MNPs. After incubation with NIH-3T3 and U87MG cell lines all the formulations revealed to be biocompatible with low signs of cytotoxicity. To study the in vivo photoacoustic properties of the RGD-PEG-MNPs, they were injected into U87MG tumor bearing mice, triggering a substantial increase of the signal after 4 h. Such result might be due to the targeting ability of RGD and the EPR effect.



Fig. 5. (A) Schematic strategy for tumor imaging and guided resection using ${}^{64}Cu^{2+}$ -Fe³⁺-arginylglycylaspartic acid-poly (ethylene glycol)-melanin nanoparticles (${}^{64}Cu^{2+}$ -Fe³⁺-RGD-PEG-MNPs); (B) illustration of the construction of tumor-targeting magnetic resonance imaging (MRI) contrast agent, based on Mn²⁺-PEG-MNPs (C) illustration of the proposed aggregation-induced amplification of the photoacoustic signal from melanin-like nanoparticles under specific pH (pH-MLNPs) and the surface modification of the bare melanin-like nanoparticles (MLNPs); (D) the three-dimensional optoacoustic images of a live mouse before and 2 h after intravenous injection. Reproduced with permission from [12,13,56,73].

The magnetic sensitivity of the Fe³⁺-RGD-PEG-NPs was tested in mice and, after 4 h of this MNPs subcutaneous injection, the relative signal intensity increased by, approximately, 30%. Distinctly, the PET imaging features was tested using $^{64}Cu^{2+}$ -RGD-PEG-MNPs, revealing a strong tumor contrast in the tested mice, after 2 h. Finally, the possibility of multimodal imaging was investigated by combining both chelating agents, $^{64}Cu^{2+}$ and Fe³⁺, being the results very similar to those observed individually. An important feature of the metals used is that $^{64}Cu^{2+}$ ions used in PET decay to zinc ions (Zn²⁺) which together with Fe³⁺ are necessary in the living body, making them less toxic than the regular metals used for imaging. Such positive observed results offer a proof of $^{64}Cu^{2+}$ -Fe³⁺-RGD-PEG-MNPs as an impressive simple and natural strategy for tumor imaging and guided resection (Fig. 5A) [56].

A hybrid technique based on the generation of acoustic signals by the detection of optical energy absorption, photoacoustic imaging (PAI), has emerged to overcome the limitations of optical imaging, such as light diffusion. This process consists in the absorption of energy by endogenous chromophores, like Hb and melanin, that thermoelastically convert the energy into acoustic waves, able to be transduced into a signal [72]. Therefore, specific contrast agents capable of targeting non-absorbing molecules and with strong optical properties are needed. This technique outdoes the previous optical imaging ones in account of the upgraded sensitivity and resolution and the superior achieved depth in the absence of ionizing radiation [58].

For example, Xu et al. made use of the biocompatibility of MNPs and conjugated them with manganese (Mn^{2+}) –contrast agents, being Mn^{2+} also an endogenous constituent of human cells (Fig. 5B). Ultrasmall MNPs were PEGylated to improve their aqueous dispersibility and then chelated with Mn^{2+} (Mn^{2+} -PEG-MNPs), which proved to be strongly bonded, since only 1% of the Mn^{2+} was released from the Mn^{2+} -PEG-MNPs within 2 h. Regarding cytotoxicity, the PEG-MNPs both before and after chelating with Mn^{2+} , proved to be safe and biocompatible with Hep-2 or NIH-3T3 cells,

which incorporated the Mn^{2+} -PEG-MNPs within their endosomes or lysosomes. Compared to other contrast agents, such as gadolinium, the magnetic gradient was 3.4-fold increased using the Mn^{2+} -PEG-MNPs. After confirming their cellular viability, the Mn^{2+} -PEG-MNPs were intravenously injected into tumor-bearing mice. After 30 min of injection, a prominent contrast signal was observed, specifically at the tumor site, in comparison with the surrounding muscle, strongly supporting the tumor targeting effect. After 24 h, the signal started to decrease, probably due to the metabolism and clearance of the Mn^{2+} -PEG-MNPs. Mn^{2+} -PEG-MNPs showed no noticeable toxic effects, being eliminated from the organism after 48 h, thereby avoiding the typical accumulation of these systems [13].

Melanin is an endogenous chromophore that is known to hold photoacoustic (PA) features in vivo, although its sensitivity is limited by its concentration in situ. Hence, an approach to intensify the PA signal was performed by Ju et al. [73], based on the aggregation between MLNPs under specific pH (pH-MLNPs). MLNPs were produced by oxidation of Da hydrochloride and those were further modified on the surface with the addition of amine groups, specifically mPEG-SH and ethylenediamine (Fig. 5C). After that, citraconic anhydride reacted with the previous amines, forming amide bonds. Under acidotic environment, typical of tumor tissue, the citraconic amide suffered hydrolysis and the prior positive surface charge of the MLNPs changed, enabling the aggregation of the MLNPs by electrostatic interactions, giving rise to pH-MLNPs. This aggregation resulted in an overlapping of the thermal fields, consequentially increasing the PA signal, which may be due to an increase in the rate of the thermal flux. The PA signal was enhanced 8-fold in pH-MLNPs compared to neutral conditions, after 90 min. Those results were comparable with methylene blue and gold nanorods at the same concentrations. After internalization in SKBR3 cells, pH-MLNPs showed an increase of the PA signal of 84%, compared with dispersed MLNPs (control), phenomenon that can be attributed to the accumulation of pH-MLNPs inside the cells. To assess the be-



Fig. 6. Schematic representation of the theranostics approach that gathers in a single system the diagnostic and therapy tools.

havior of pH-MLNPs *in vivo*, B16 tumor-bearing mice were intravenously injected with pH-MLNPs. In the mice injected with the control, the PA signal decreased after 30 min post-injection. On the contrary, the PA signal of the mice injected with pH-MLNPs was found to increase up to 2 h and with an intensity of the signal 2.4-fold higher. Thereby, those pH-MLNPs were presented as an interesting imaging methodology, with superior specificity than the current used methods, without resort to dangerous radiation or cytotoxic contrast agents.

In human body, melanin is distributed among the cells and, although it cannot be used for protein distribution studies, it can be used, as already described, as a contrast agent, due to its strong optical and stability properties. This way, Liopo et al. developed synthetic melanin as a nano contrast agent. It was accounted important factors for in vivo applications of MLNPs regarding two important aspects: concentration, which should be high enough to compete with the RBCs; and the high dispersibility in biological medium. After obtaining the MLNPs, the surface was modified with PEG, to avoid opsonization, granting, simultaneously, stability in sodium chloride (NaCl), PBS and FBS solutions, with absence of toxicity. The authors also compared their previous work with gold nanorods and observed that the toxicity of MNPs was 2-fold lower than the gold nanorods. In vivo toxicity studies were carried out by intravenous injection of MLNPs in mice and no toxicity or accumulation effects were observed (Fig. 5D). Therefore, melanin proved to be a biodegradable and sustainable optical contrast agent to be used instead of the common metals [12].

3.4. Theranostics

Theranostics is the leading approach in recent medicine that combines both specific targeted therapy to cells, or ligands based on specific targeted diagnostic tests, in order to eradicate the pathological condition. It comes from the need to overcome the conventional medicine to a contemporary personalized and precise treatment. Nanotechnology is the basis of this approach that gathers in a single agent the tools for diagnosis, drug delivery and controlled response treatment. Fig. 6 exemplifies the main approaches in which theranostics relies having as basis the diagnostic and therapy approaches currently used.

As previously described, PTT has gained special interest in cancer treatments for being non-invasive, contrary to other therapies currently used. Synthetic materials, like gold nanoparticles, already hold these multifunctional features, however there's a need to use bio materials towards this aim [74,75]. Hence, natural melanin extracted from sesame seed was used for sentinel lymph node (SLN) mapping and cancer PTT, assembling the multifunctional features of theranostics. The SLN mapping can inform if the primary tumor is spread or not, being an important tool to acquire better and defined treatment strategies [76].

Thus, MNPs extracted from the seeds were incorporated into liposomes, to improve the dispersion properties (Fig. 7A). The photothermal conversion of the MNPs and liposomes coated-MNPs (LMNPs) was investigated upon exposition to 808 nm laser irradiation, concluding that both formulations suffered an increase in temperature, with LMNPs reaching a higher temperature but at a lower rate (Fig. 7B i) and ii)). These results were confirmed by in vivo intratumorally injection of LMNPs on tumor-bearing mice (Fig. 7B iii), in which the temperature was raised to ca. 43 °C, within 3 min after irradiation, in the tumors' location. The LMNPs did not exhibit any signs of toxicity upon daylight exposition or in its absence in normal and esophagus carcinoma cells (Eca), contrary to the most used blue dye for SLN mapping, methylene blue (MB), confirming the exceptional biocompatibility of LMNPs. Even though the presence of the LMNPs activated the immune system, leading to an increase of the production of WBCs, it did not change the liver and kidney functions. Experiments performed in normal and tumor-bearing mice showed that after LMNPs injection, these migrated into the SLN in the side where they were injected, attending to its gray color, contrary to the normal color of the lymph node (LN) of the other side, proposing the ability to target the SLN. The safety of the LMNPs was further confirmed by the absence of toxic effects on the major organs, except on the SLN, the LMNPs target, where an inflammatory response was induced on the injected side. To assess the cancer therapy effect of the LMNPs, cancer cells were treated with LMNPs both in the presence and in the absence of laser irradiation, and it was possible to verify that the cell membrane was destroyed only in the presence of irradiation. The results showed that, in absence of radiation, the viability of the cells was close to 100%, while when those were submitted to irradiation, their viability decreased to ca. 27%. Finally, the LMNPs were intratumorally injected into the Eca-109 tumor bearing mice followed by laser irradiation, decreasing the tumor size from 4-5 mm to almost zero, after 18 days-time period (Fig. 7B iii)). Re-



Fig. 7. (A) Liposomes coated-melanin nanoparticles (LMNPs) i) production, for ii) tumor-bearing mouse SLN mapping, and iii) cancer photothermal therapy (PTT); (B) photothermal conversion of the nanoparticles (NPs) analyzing temperature versus irradiation in i) melanin nanoparticles (MNPs) and ii) LMNPs; photothermal conversion in tumor bearing mice after intra-tumoral injection of MNPs or LMNPs upon irradiation by iii) infrared thermal images and iv) temperature increase versus duration of irradiation. Reproduced with permission from [31]. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

sults depicted that 5 mg.mL⁻¹ of black sesame melanin was a sufficient concentration for inhibiting tumor growth, due to the raised temperature up to 45 °C after irradiation, that was capable of destroying the tumor tissue by apoptosis and necrosis (Fig. 7B iv)). Therefore, this kind of melanin is considered safer than the frequently applied MB, presenting no signs of radioactivity, proving its potential use for cancer mapping and treatment [31].

One of the problems observed with nanocarriers arising from the use of these approaches is that they are recognized and excluded by the reticuloendothelial system for being considered as exogenous. In order to tackle this challenge, a solution was found using bio-membranes for the construction of a biocarrier capable of being recognized as endogenous, such as RBC membranes, which surface contains biomarkers such as CD47 proteins, peptides and glycans, that helps escaping from the immune system recognition. Such strategy increased the biocompability and the prolonged retention effect of the nanocarriers in the targeted cells [77].

Jiang et al. [32], used MNPs extracted from cuttlefish and incorporated them into RBC membrane (RBC-MNPs) to use them both for imaging and PTT purposes (Fig. 8A i)). To confirm the photothermal effect, the extracted melanin, was exposed to a NIR laser and the temperature was successfully elevated as the melanin concentration increased. Simultaneously, MLNPs were also synthetically produced and it was verified that natural melanin evidenced a better photothermal activity, compared to the synthetic variant, with conversion efficiencies of 40% and 29%, respectively. The substantial biodegrability of melanin was studied in the presence of H₂O₂, molecules presented in the reticuloendothelial system, specifically in macrophages, presenting a half maximum degradation concentration (DC_{50}) much lower for natural in relation to synthetic melanin (0.86 mM versus 4.55 mM, respectively). MNPs showed very low toxicity values when incubated in healthy HEK-293T and A549 cancerous cells. However, after 5 min irradiation, the viability of A549 cancer cells decreased over 65%, for a 50 mg.mL⁻¹ concentration of MNPs. In fact, the apoptosis of these cells reached 94%, suggesting a high photothermal effect by the MNPs. Afterwards, RBC-MNPs were prepared by extruding the membrane and melanin through a porous membrane, which was successfully correlated with a 16 nm increase of NPs size. The resulting RBC-MNPs were capable to retain the same photothermal properties as MNPs. Regarding pharmacokinetics, after 24 h postintravenous injection of RBC-MNPs or MNPs, a concentration of 11.16% contrasting with ca. 1% was detected in blood circulation, respectively. These results suggest that the RBC membrane was incorporated into the surface of MNPs allowing their escape towards the immune system. The biodistribution studies revealed a 1.44fold increase tumor accumulation of RBC-MNPs following 4 h injection, compared to MNPs, confirming the camouflage capabilities of RBC coating. The tumor accumulation efficiency of the RBC-MNPs was assessed by photoacoustic imaging, depicting a 1.35-fold accumulation enhancement of RBC-MNPs compared with MNPs at 4 h post- intravenous injection, which was probably due to the escape capabilities from the immune system (Fig. 8A ii and iii)). After 24 h, the PA effect dropped, owing to the degradation of melanin by tumor cells. Finally, A549 tumor-bearing mice were subjected to PTT and RBC-MNPs were able to destroy the tumor within 13 days, leading to an antitumor rate of almost 100%. On the other hand, whilst tumors in RBC-uncoated MNPs plus radiation group allowed the tumor re-grow after treatment, probably due to the lower tumor accumulation, despite the antitumor rate of ca. 78%., leading to an antitumor rate of almost 100% for RBC-MNPs, compared to MNPs. Also, the renal and hepatic functions as well as blood parameters were not affected, confirming the safety of the RBC-MNPs. In this study is important to highlight the differences observed with natural MNPs and MLNPs, specifically in terms of superior photothermal effect against cancer cells and the lower DC₅₀ observed for MNPs that translates in superior biodegradability. These results indicate that natural melanin could be a better option to be used in PTT approaches.

In another approach, PDa was used as MLNPs for multimodal imaging and cancer therapy, by using PTT. These MLNPs were further chelated with Fe^{3+} , and indocyanine green (ICG), a NIR dye, to enhance the low absorption coefficient of PDa in NIR (Fe^{3+} -ICG-MLNPs). Further, mPEG-SH was used to cover the previous MLNPs, in order to enhance their stability. The incorporation of







0

TUMO

501

45

Organs

N.

Low High

50

40

30

20

10

0 1 5555 0 h

SRF-MNP

2h

Time

4h

24h

ICG increased by ca. 6-times the optical absorption of Fe³⁺-ICG-MLNPs compared to Fe³⁺-MLNPs. Nevertheless, it decreased the fluorescence intensity of Fe³⁺-MLNPs, which turns to be an advantage, since the photothermal conversion by nonradioactive decay would increase the PTT efficiency. The photothermal effect was much higher in the Fe³⁺-ICG-MLNPs, as it raised their temperature to 55.4 °C upon irradiation. Photoacoustic and MRI signals were also enhanced by the presence of ICG and Fe^{3+} , respectively, in the MLNPs surface. The biocompatibility of the Fe³⁺-ICG-MLNPs was successfully confirmed by incubation with three different cell lines (4T1, 293T and H460), with no signs of cytotoxicity after 24 h. When 4T1 cells were incubated with MLNPs and Fe³⁺-ICG-MLNPs after irradiation, a significant difference was observed, namely only 35% cells were killed compared to 96%, respectively. No noteworthy cell death was observed with MLNPs or only laser irradiation (controls), which once again sustains their safety and stability. In vivo experiments were conducted in 4T1 tumor-bearing mice, which were intravenously injected with the Fe^{3+} -ICG-MLNPs and submitted to PA and MRI imaging. After 24 h, a substantial enhancement was detected in tumor region, which might be due to the EPR effect. At the same time, MRI results showed that the signal was enhanced by 25 -fold after 24 h, compared to results before intravenous injection. This dual mode imaging is of great promise and makes cancer results much more accurate and specific than the currently used. Histology and hematology analysis of collected tumor tissue showed that only the laser irradiation treated groups presented tumor necrosis. MLNPs with irradiation group triggered karyolysis (dissolution of the cell nucleus), however an extensive cancer necrosis was achieved using Fe³⁺-ICG-MLNPs with laser irradiation, emphasizing the lack of efficiency of the remaining tested formulations. Finally, the tumor inhibition was assessed through the growth rate of tumors, where a regrow of the cancer cells after 3 days, with consequential animal death, was observed in the MLNPs treated with laser irradiation. However, the growth of the tumor was completely inhibited with the Fe³⁺-ICG-MLNPs, which was consistent with the 100% animal survival rate using these NPs, denoting remarkable promises for clinical application [57].

Following the same strategy, MLNPs using Da hydrochloride were synthetized, but in this work using an arginine - glycine - aspartic - cysteine acid (RGDC) peptide to target cancer cells, facing its recognized affinity to the $\alpha v\beta 3$ integrins located in cancer cells (RGDC-MLNPs). Simultaneously, DOX was attached into the MLNPs surface in order to be stimuli-responsive released, specifically upon NIR irradiation (DOX-RGDC-MLNPs). To upgrade the therapeutics, PTT was used to additionally improve the efficacy of the treatment. Fig. 8B i) schematically represents the approach that researchers followed. The release profile of DOX from DOX-RGDC-MLNPs evidenced a noticeable burst stage related to the NIR irradiation. This behavior was attributed to the destructed intermolecular forces formed between Da and DOX. This proves to be a relevant advantage, since only in the presence of cells lysosome and irradiation occurs the drug release, granting the safety of the treatment. In vitro tests showed that DOX-RGDC-MLNPs were more able to be internalized by HeLa cells, specifically in the nucleus, than DOX-MLNPs, confirming the capability of the RGDC to target tumor integrins. After laser irradiation, DOX was greatly released from the DOX-RGDC-MLNPs, relatively to control experiments, accompanied by extensive cell death. Noteworthy, DOX-RGDC-MLNPs were able to improve the treatment efficacy compared to PTT or chemotherapy used as individual treatments in such a way that the cell viability was 84% and 72% for MLNPs and RGDC-MLNPs under photothermal treatment, respectively, and 55% and 48% for DOX and DOX-RGDC-MLNPs without irradiation. Differently, under NIR irradiation, DOX-RGDC-MLNPs were capable to diminish the cells viability to 22% [58].

The PAI ability of the produced DOX-RGDC-MLNPs was assessed in $\alpha v\beta 3$ integrin HeLa tumor-bearing mice, and those structures proved to be strong imaging agent as it delineated the margins of the tumor with optimum signal at 8 h post-intravenous injection. Moreover, this ability was studied in additional tumor types, as 4T1 bearing mice, which considerably increased 3-fold the PA signal contrary to the use of single MLNPs. These findings suggest the potential use of DOX-RGDC-MLNPs as a nanoimaging agent for tumor theranostics. Finally, the multi-modal therapeutics was tested in HeLa nude tumor-bearing mice. Mice treated with DOX-RGDC-MLNPs without radiation and RGDC-MLNPs under irradiation showed that the inhibition of tumor growth was only delayed, as it started regrowing after two days. Contrary, DOX-RGDC-MLNPs under irradiation inhibited the tumor growth (Fig. 8B ii)), completely eradicating the tumor within 50 days. This study clearly evidences that the combined use of two referred therapies are able of eradicating the tumor by PTT, using heat to directly destroy them, and chemotherapy, which drug release is also stimulated by heat. Thus, it is possible to prevent the regrowth of the tumor, which has been one of the major drawbacks of current chemotherapeutics [58].

Zhang et al. continued their previous work [56], which consisted in the use of MNPs as a biomarker for tumor imaging, but in this case as using the same MNPs as a drug-delivery system. Therefore, sorafenib (SRF), a multikinase inhibitor drug used for unresectable hepatocellular carcinoma treatment, was incorporated into sorafenib-poly (ethylene glycol)-MNPs (SRF-PEG-MNPs) (Fig. 8C i)). Drug release studies were performed using a dialysis bag, and SRF-PEG-MNPs showed an initial burst release of 18%, followed by a gradual release of SRF during 24 h up to 80% in both pH = 7.2 and 5.0. This profile demonstrates the ability of controlled drug release even in a typical acidic tumor environment. In vitro cytotoxicity assays were carried out in NIH-3T3 and HepG2 cells and the cell viability was found to be maintained in the presence of PEG-MNPs. Contrarily, SRF-PEG-MNPs were cytotoxic against HepG2 cells, confirming the nanocarrier capability of the SRF-PEG-MNPs. As previously described, MNPs can be used as a multimodal imaging agent, not only for acquire information about the biodistribution of the drug delivery system using PET, but also for information about the biodistribution in the tumor using PAI [56]. Hence, to monitor the SRF delivery using PET, ⁶⁴Cu²⁺ was incorporated into SRF-PEG-MNPs (⁶⁴Cu²⁺-SRF-PEG-MNPs). After tail-vein injection of ⁶⁴Cu²⁺-SRF-PEG-MNPs on HepG2-tumor-bearing mice the highest tumor uptake was achieved after 4 h, corresponding to 20% of SRF released, followed by a continuous accumulation of the NPs and a consequent steady release of SFR, where only ca. 13% of ⁶⁴Cu²⁺-SRF-PEG-MNPs were lost after 24 h post-injection Fig. 8C ii)). The radioactivity of ⁶⁴Cu²⁺was detected only in the liver and spleen, which shows that the excretion occurred through the hepatobiliary system Fig. 8C iv)). In solution, PA signal was almost the same for PEG-MNPs and SRF-PEG-MNPs, confirming that SRF doesn't affect the PAI properties of MNPs. PAI was used to study the behavior of the SRF-PEG-MNPs in the tumor, so PA signals were detected 2 h after tail-vein injection in the superficial area of the tumor, reaching its maximum at 4 h. However, at 24 h the surface signal was decreased, while the whole tumor appeared to have a signal, showing that the NPs were internalized by the tumor Fig. 8C iii) and v)). After 20 days post-treatment, in control groups (PBS and PEG-MNPs treated group), the tumor continued to grow, contrary to SRF-PEG-MNPs group, which were able to inhibit the tumor growth with no loss of body weight, compared with the oral free SRF administrated group. These results make proof that MNPs may be a safer system for SRF tumor delivery with higher efficacy, as the necrosis of tumor cells was superior in SRF-PEG-MNPs administrated group than in oral free SRF administrated group. Additionally, these SRF-PEG-MNPs possibly the diminishment of the SRF dosage necessary to inhibit the tumor growth to 4 mg.kg⁻¹, compared to the higher dosage needed using oral free SRF, specifically 20 mg.kg⁻¹ [60].

Iron oxide nanoparticles (IONPs) have been used for imaging diagnostics and therapeutics due to their magnetic properties and biodegradation, through endosomes, after cell internalization [78]. Wang et al. prepared MNPs with Fe₃O₄ (Fe₃O₄-MNPs) by a co-precipitation method in order to use them for MRI, PAI and PPT. The photothermal effect was higher when a concentration of 10 mM of Fe₃O₄-MNPs was used, allowing for a temperature increase of approximately 40 °C. Fe₃O₄-MNPs showed also a high magnetic behavior, which was shown to increase with the concentration of Fe₃O₄-MNPs, just like the PA signal behavior. Comparatively to IONPs available in the market, Fe₃O₄-MNPs surpass not only the absorption in the NIR region by the photothermal effect, which can be attributed to the presence of MNPs. In vitro studies were conducted in human U-87 MG cells to evaluate the MRI and PA signals of Fe₃O₄-MNPs. These NPs showed a superior contrast for MRI as the concentration of Fe₃O₄-MNPs increased, such as PAI. No cytotoxicity effects were visible, even using high concentrations: 100 µg Fe.mL⁻¹, confirming the safety and stability of the produced Fe₃O₄-MNPs. Nevertheless, when cells were irradiated with NIR, along with the presence of Fe₃O₄-MNPs, the cellular viability was decreased to 43%. U-87 MG tumor-bearing mice were interstitially injected with Fe₃O₄-MNPs and subjected to PAI and the results exhibited a high signal after 5 min post-injection, which was maintained to 1 h post-injection. Regarding MRI, the signal intensity increased over time, similar to PAI, which depicted a regular distribution of the Fe₃O₄-MNPs through the tumor tissue with time. These imaging techniques are crucial to determine the exact location of the tumor and to proceed with the subsequent treatment. Finally, PTT was conducted into the U-87 MG tumor-bearing mice divided in four groups: no treatment control group; laser control group (only subjected to 808 nm of laser irradiation); Fe₃O₄-MNPs group (tumor injection with Fe₃O₄-MNPs without laser irradiation); Fe₃O₄-MNPs and irradiation group (tumor injection with Fe₃O₄-MNPs and 808 nm of laser irradiation). The temperature of the tumor was elevated up to 20 °C, contrary to no treatment and laser control groups. The tumor volume was measured and, after 15 days post-treatment, there were no signs of tumor regrowth in the Fe₃O₄-MNPs and irradiation treated group which, was found to be eliminated, contrasting with no tumor growth inhibition on the remaining groups. Nonetheless, no changes were observed in the major organs, neither adverse effects. Gathering these results, Fe₃O₄-MNPs have shown to be an interesting and safe agent to use in imaging and treatment of glioblastoma [33].

Similar to the previous study, Cho et al. coated MLNPs with silica (SiO₂), to improve the biocompatibility, aqueous dispersibility and made a surface functionalization by using additional ligands. As a metal ion, the authors applied gadolinium (Gd^{3+}) to use as a dual modal contrast agent in MRI and fluorescent imaging. MLNPs were immersed in a Gd³⁺ solution to obtain Gd³⁺-MLNPs. Then, SiO₂ coating was added to the previously referred MLNPs (SiO₂-Gd³⁺-MLNPs), whose process changed their surface charge from positive to negative, providing a higher dispersibility of these NPs. The magnetic properties of SiO₂-Gd³⁺-MLNPs were confirmed by an increase in the magnetization upon application of a magnetic field. For fluorescent imaging application, SiO₂-Gd³⁺-MLNPs were labeled with tetramethylrhodamine (TRITC) (TRITC-SiO₂-Gd³⁺-MLNPs), which fluorescent properties of TRITC were enhanced by the increase in SiO₂ coating. The presence of SiO₂ avoids the quenching effects of quinone residues in MLNPs that capture the excited electrons of fluorescent TRITC molecules. The photothermal properties of the SiO₂-Gd³⁺-MLNPs were very positive, as the temperature was enhanced up to 57 °C, using a concentration of 1.2 mg.mL⁻¹ SiO₂-Gd³⁺-MLNPs. The biocompability of SiO₂-Gd³⁺- MLNPs was studied in human prostate cancer cell line (PC-3) where the coating of SiO₂ was able to improve the cellular viability, compared to Gd³⁺-MNPs, specifically 70% and 51%, respectively. In vitro photothermal studies were also conducted in PC-3 cell lines treated with SiO₂-Gd³⁺-MLNPs. When NIR irradiation was applied, significant cell death was observed. In vivo tests were conducted in PC-3 tumor bearing-mice and, after confirming the tumor location by MRI, TRITC-SiO₂-Gd³⁺-MLNPs were intratumorally injected. MRI showed the deposition of the TRITC-SiO₂-Gd³⁺-MLNPs in the tumor, with an intensification of the signal by 9-fold and a strong fluorescence where the NPs were located, evidencing an increase of 14-fold, compared to normal tissue. After the multimodal imaging, the tumor was irradiated with NIR, and the temperature raised up to 60 $^\circ \! C$ after 2 min. It was noticeable that there was necrosis of tumor tissue without damaging viable cells, confirmed by tissue staining. Furthermore, apoptosis of tumor cells was confirmed by the significant expression of a biomarker responsible by stress induced by heat, the heat-shock protein 70. By the aforementioned premises, TRITC-SiO₂-Gd³⁺-MLNPs are identified with a great promise to use in theranostics [59].

The newest therapies are becoming more non-invasive, with less dosages to be effective, which makes theranostics an incredible approach for that purpose. Incorporating in a single carrier an all-in-one mechanism, capable of diagnosis and therapy, with guarantee of treatment efficacy and safety constitutes the focus of the future science.

Melanin has inherent features that make it adequate for imaging, such as photoacoustic and by surface functionalization with ligands, permitting its use with common imaging techniques, like MRI and PET. On the other hand, the PTT effect of melanin showed to be very promising, once allied to a drug improves remarkably the efficacy of the treatment. Therefore, putting together imaging techniques, which can determinate the exact location of the nanocarrier and effective targeted treatments, constitutes a successful strategy of growing biomedical interest.

3.5. Bioengineering and bioelectronics

Melanin may, not only be used as a nanocarrier for parenteral administration, but also for the emerging bioengineering, for instance for implantable devices and bionic materials, due to its inner conductive and metal chelating and biocompatibility properties [79].

MNPs were assembled with poly (vinyl alcohol) (PVA) to form a nanocomposite film with a thickness of, approximately, 300 nm (PVA-MNPs). The electric properties of the film were assessed on an indium tin oxide (ITO) electrode, which was capable to increase the charge storage capacity by 1000 cyclic voltammetry of the bare ITO. Furthermore, biocompatibility was evaluated in murine macrophage cell lines and compared to the bare ITO. Results revealed that not only PVA-MNPs films induced no cell damaged, but also were able to reduce the secretion of inflammatory cytokines. When lipopolysaccharide was added to the culture medium, the induced inflammatory responses were reduced by 5-fold, when PVA-MNPs films were incorporated into the ITO. Also, PC 12 cells were cultured in the produced films, with an observable neural cell differentiation, which can be due to the electrical conductivity of the PVA-MNPs films. This constitutes a major step for bioengineering in ways that a biomaterial can be used into implantable devices and electroceuticals, with pronounced improved features, in relation to the common used materials [26].

Regarding wound healing conventional approaches, the majority of the materials used are gauzes, hydrogels and foams that are applied to prevent antimicrobial infections and lead to a clean wound healing process. However, at inner wounds, where the microenvironment is moistier than at the outside, less materials, which can be used as bio adhesives, are available. Recently, it was found that catechol groups, found in melanin-like materials, can improve bioadhesion of certain materials composed with amine groups [80]. Therefore, MLNPs were synthetized to obtain surgical membranes with capabilities of enhancing the bioadhesion of materials. Firstly, MLNPs biocompability was assessed by the lactate dehydrogenase (LDH) assay, by using primary dermal fibroblasts, which viability was affected only with high concentrations of MLNPs. Also, the produced MLNPs exhibited antibacterial effects against gram negative and positive bacteria, which could be attributed to the interaction with the bacteria membranes, leading to their death. In addition, MLNPs were incorporated into polysaccharide basedmembranes and their adhesion was studied in the external part of porcine intestine, a very moisty part of the lumen, in a Hank's Balanced Salt Solution (HBSS). The detachment of the membranes was evaluated, being observable that non-functionalized MLNPs membranes detached after 90 min, contrary to the MLNPs-incorporated ones, which were able to stay in place up to 24 h. The production of this kind of biomaterial is very important for the new generation of green nanosystems, with marked improved effects regarding biocompability and biosafety [61].

Concerning bioelectronics, one of its challenges is connect biological signals (e.g. ionic signals) with conventional electronics, allowing the creation of new medical therapies. In order to overcome this drawback Sheliakina et al. [62] developed a transducing interface based on the melanin conductivity and a p-type organic electrochemical transistor. Melanin was synthesized and used for film casting. The developed device presented a channel length of 100 mm, ON/OFF ratios as high as 104 and operates at 01 V. The transducer operated by a direct injection of protons into the semiconductor channel- 'volumetric gating' – which modulates the channel current, a necessary requirement for miniaturization. With this study, a functioning electronic device based on melanin was achieved, with fast response time and lower power operation. Furthermore, a significant advance on the pathway that can compute at the biology–electronic interface was achieved.

4. Concluding remarks and future perspectives

Melanin, an L-DOPA-derived biopolymer present in wide variety of organisms, evidences, outstanding physicochemical properties that have revealed to be very useful in the medical nanotechnology field. In this comprehensive review, it was discussed the current research on MNPs and MLNPs that are being used for the different biomedical applications, such as antioxidant applications, drug release, imaging, bioelectronics and theranostics. The last one is the new goal of medicine, which aims to incorporate, all-inone, the diagnostic and the therapy. The results are very promising, leading to a new era of medicine, the personalized medicine where nanotechnology is the main pillar. Along with that, the need to find green materials has been very important for the human health technology, and melanin presents inherent meritorious visages for being sustainable and innovative, specifically if it derives from natural sources.

Not only natural melanin but also PDa have been exploited, since those materials have the same precursors and equivalent biocompatibility. Even though their structural similarity, the importance of having relevant physicochemical properties, such as melting point, freezing point, surface tension, water solubility and synthesis procedures that could compare the analogous materials is a challenge that needs to be achieved among the community of scientists. In order to obtain concise relationships between structures, properties and function, deep studies must be undergone using melanin and PDa, both obtained from diverse sources, and through different synthesis procedures, respectively. While the research is confirming the potentiality of melanin nanocarriers, procedures for obtaining natural melanin and its purifying processes is still lacking, probably due to the many different sources, imposing the unmet need to standardize these processes.

Depending on the cellular target, melanin nanocarriers can be effectively functionalized with specific ligands, avoiding, this way, the major limitations of the actual used carriers: cytotoxicity, accumulation, biodegrability and response time. It was shown that most of the studies incorporated ligands to the MNPs surface in order to achieve better specificity. The functionalization of the MNPs not only increases specificity but also adds features that those in their natural state do not own, such as magnetic properties or anticancer properties. This possibility can represent a chance to use this material as a preset nanostructure, combining the imaging properties of melanin with the therapy properties of particular agents, such as anticancer drugs. By imaging in situ, it is possible to analyze if the targeting was successful and proceed with the modulated release of an agent at the target (e.g., MNPs functionalized with specific hepatocytes ligands under certain stimulus release an anticancer drug along with PTT to destroy the cancer cells). To build such a preset nanocarrier, a release method has to be selected to fit in the diverse environments. In fact, cancer therapy is one of the most studied areas, with a great potential results, using based-melanin carriers. Herein, using the hybrid ionicelectronic conductance properties of melanin, an electrical stimulation for controlled release can be applied to promote the agent delivery specifically in the desired target. Gathering all the knowledge that was herein discussed, the use of melanin as a nanocarrier seems very promising, as it meets all the features important for targeting specific needs. This green economical material leads biomedicine to a new era of personalized treatment achieving improved results with minimized toxicity and increased biostability, with less disadvantages and side effects of the current ones.

Declaration of Competing Interest

There are no conflicts of interest to declare.

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