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# C4 nephritic factor in patients with immune-complex-mediated membranoproliferative glomerulonephritis and C3-glomerulopathy

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## Abstract

**Background:** Acquired or genetic abnormalities of the complement alternative pathway are the primary cause of C3glomerulopathy(C3G) but may occur in immune-complex-mediated membranoproliferative glomerulonephritis (IC-MPGN) as well. Less is known about the presence and role of C4nephritic factor(C4NeF) which may stabilize the classical pathway C3-convertase. Our aim was to examine the presence of C4NeF and its connection with clinical features and with other pathogenic factors.

**Results:** One hundred IC-MPGN/C3G patients were enrolled in the study. C4NeF activity was determined by hemolytic assay utilizing sensitized sheep erythrocytes. Seventeen patients were positive for C4NeF with lower prevalence of renal impairment and lower C4d level, and higher C3 nephritic factor (C3NeF) prevalence at time of diagnosis compared to C4NeF negative patients. Patients positive for both C3NeF and C4NeF had the lowest C3 levels and highest terminal pathway activation. End-stage renal disease did not develop in any of the C4NeF positive patients during follow-up period. Positivity to other complement autoantibodies (anti-C1q, anti-C3) was also linked to the presence of nephritic factors. Unsupervised, data-driven cluster analysis identified a group of patients with high prevalence of multiple complement autoantibodies, including C4NeF.

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**Conclusions:** In conclusion, C4NeF may be a possible cause of complement dysregulation in approximately 10–15% of IC-MPGN/C3G patients.

**Keywords:** C4 nephritic factor, C3 glomerulopathy, Membranoproliferative glomerulonephritis, C3 nephritic factor, Dense deposit disease, C3 glomerulonephritis

## Background

The complement system is an important part of the innate immunity which takes part – among others – in the immune defence mechanism. All three activation pathways and the terminal pathway are strictly controlled by several mechanisms to prevent over-activation [1]. In several conditions, uncontrolled complement activation may lead to damage of self-structures, for which some well-known examples are kidney diseases such as atypical haemolytic uremic syndrome (aHUS) and complement-mediated membranoproliferative glomerulonephritis (MPGN) called C3 glomerulopathy (C3G). Importantly, loss of complement control may be linked to acquired and/or genetic factors in these pathologic states [2]. C3G is characterized by more than two magnitude higher C3 staining in immunofluorescence microscopy than any other immune reactant and it is divided into C3 glomerulonephritis (C3GN) and dense deposit disease (DDD), where osmophil dense deposits are present within the basement membrane on electronmicroscopy [3]. Mutations in the genes encoding the regulators or components of the complement system, such as Factor H (*CFH*), Factor H-related protein 5 (*CFHR5*), Factor I (*CFI*), membrane cofactor protein (*CD46*), thrombomodulin (*THBD*), or Factor B (*CFB*) and complement C3 protein (*C3*) are present in about 30% of C3 glomerulopathy patients [4–8], whereas acquired factors (autoantibodies) may be identified as well in a significant subgroup (40–80%) of these cases [9–11]. The latter include several different autoantibodies that can be detected in the patients' sera such as anti-Factor H, anti-C3b, anti-Factor B [4, 12–16] and C3- or C4 nephritic factors which are present mostly in patients with complement-mediated renal diseases. Despite significant efforts in the past years, a large group of C3G patients with complement-mediated kidney disease has no identified pathogenic factors (mutations in the previously described disease-associated genes or autoantibodies) [11]. The distinction between C3G and IC-MPGN is not always clear. Alternative pathway abnormalities could be detected in IC-MPGN as well and repeated biopsies could show different histological pattern. As in many cases there is no strict border between the two entities we included both diseases in our study [2, 3, 17, 18].

The first reported nephritic factors were the C3 nephritic factors (C3NeFs) [19], showing either a properdin-

dependent or a properdin-independent effect, both of which can stabilize the alternative pathway (AP) C3 convertase. With the prolongation of the half-life of the AP C3-convertase enzyme complex, C3NeFs can maintain and prolong the complement activation [20]. These antibodies were detected in around 80% in patients with DDD and less frequently in C3GN [2, 5, 9]. These antibodies are routinely measured in complement laboratories all over the world, although their exact contribution to the disease pathomechanism is not entirely known. Interestingly, C5 nephritic factor is a recently described antibody which can bind to the C5-convertase and has a similar function [21]. On the other hand, C4 nephritic factor (C4NeF) is analogous to C3NeF, this autoantibody can stabilize the C3-convertase (C4bC2a) shared by the classical and by the lectin pathways, in a dose-dependent manner. C4NeF was first described in 1980 by Halbwachs et al [22], and there are only a few publications available about it from the 1980–90's [23, 24]. C4NeF was detected in acute glomerulonephritis, systemic lupus erythematosus, chronic proliferative glomerulonephritis and was also determined in 100 hypocomplementaemic MPGN patients where it was shown that it could be present with or without C3NeF [23, 25]. Recently, a case series was published about the case history of five C4NeF positive patients and about a laboratory method that is suitable for measuring the concentration of C4NeF [12, 13]. This antibody is not yet routinely measured in samples of patients with C3G, therefore, the information about its prevalence in C3G cohorts is scarce. In addition, autoantibodies to complement proteins C1q, Factor B, C3 and the regulator Factor H have also been measured in patients with kidney diseases [16, 26–28], but their association with C4NeF is largely unknown. Therefore, observational data on C4NeF and its potential association with additional pathogenic factors in IC-MPGN and C3G would facilitate better understanding of the disease pathogenesis.

Our aim was to consecutively measure the C4NeF activity in a large cohort of patients with a pathologically confirmed diagnosis of IC-MPGN/C3G. Our hypothesis was that patients lacking any identifiable pathogenic factors (inherited or acquired) may show positivity for C4NeF. Accordingly, we analyzed all of the currently known potential genetic or acquired pathogenic factors in this cohort, together with C4NeF. Although it is

known that C4NeF is present in MPGN patients, this is the first observational study describing a large cohort and examining it together with genetic factors and other autoantibodies. The novelty of our study lies in this aspect, providing a comprehensive overview about genetic and autoimmune abnormalities. We also explored whether the presence of C4NeF is associated with genetic variations or with other anti-complement autoantibodies. The potential association of C4NeF with the recently described clinically relevant clusters [29] was also explored.

## Results

### Clinical characteristics and complement profile of the patients

Sixty-seven patients out of 119 (56.3%) had (IC-MPGN), 12 (10.1%) had DDD and 40 (31.1%) were diagnosed with C3GN. (Additional files 1: Tables 1 and 2.)

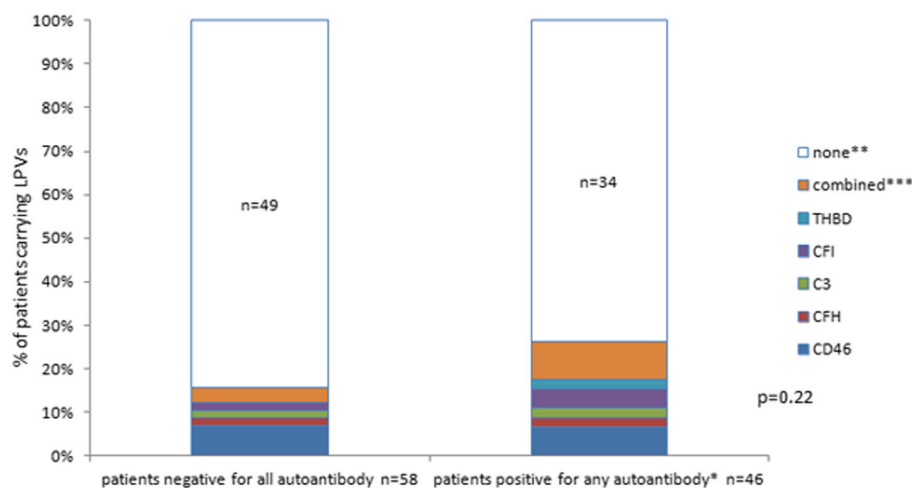
There was no significant difference between sex and age in the different histological groups. We could not observe any relevant difference in clinical characteristics of the patients such as hematuria, proteinuria or renal function. Serum C4 level was significantly lower in patients with IC-MPGN ( $p = 0.006$ ), AP was the lowest in patients with DDD ( $p = 0.011$ ). The prevalence of C4NeF did not differ between the histology-based groups. (Additional file 1: Table 1).

In 23 (14 with C3G, 9 with IC-MPGN) of our patients infections, autoimmunity or the presence of paraproteins were noted. Most of the cases with previous or persistent infections were diagnosed with C3G (10/12) while signs of autoimmunity occurred more frequently in IC-MPGN (6/9). Paraprotein was found in one patient with

C3G and in one other with IC-MPGN. Among the etiologic factors, likely pathogenic variations (LPVs) of complement genes were found in 20% of the patients, the following genes were affected: *CD46* with 10, *CFH* with 5, *C3* and *CFI* with 4, *THBD* with 3, and *CFB* with 1 LPV, respectively. MLPA analysis of the *CFHR* gene complex identified 3 patients with large deletions and rearrangements leading to the expression of pathological hybrid proteins (all of them were C4NeF negative), whereas the common *CFHR1–3* deletion affected 37 patients (no association with C4NeF). Prevalence of LPVs was similar among the antibody positive and negative patient groups. Positivity for C3NeF was observed in 22.7%, other complement autoantibodies such as anti-C1q in 12.6%, anti-Factor H in 5.1%, anti-C3 in 4.3% and anti-Factor B in 6% of the patients, respectively. In 47.1% of the IC-MPGN/C3G patients we could not identify any known etiologic factors (Fig. 1). C4NeF positivity was detected in 17 patients (14.3%) (Additional files 1: Tables S1 and S3).

### Relationship of C4NeF presence with the clinical and complement profile

There was no difference in C4NeF prevalence among the different histology groups (Additional file 1: Table S1). Therefore, we examined whether there are any differences between the C4NeF positive and negative patients' clinical and complement parameters. No difference was observed regarding the patients' gender, age, the presence of hematuria and proteinuria. However, renal impairment was less frequent at disease onset in patients with C4NeF (Table 1). By exploring the C4NeF positive and negative patients' complement



**Fig. 1** Distribution of genes affected by LPVs among the autoantibody negative and autoantibody positive groups of patients. \* C3NeF, C4NeF, anti-C1q, anti-FH, anti-FB, anti-C3. \*\* *CD46*, *CFH*, *C3*, *CFI*, *THBD*, *CFB*. \*\*\* 'combined' stands for LPVs in the following genes: *C3* and *CFH*  $n = 2$ ; *CFI* and *THBD*  $n = 1$ ; *CD46* and *THBD*  $n = 1$ ; *CD46* and *CFB*  $n = 1$ ; *CD46* and heterozygous deletion of entire *CFH*  $n = 1$ . P-value was obtained by chi-square test

**Table 1** Clinical characteristics of IC-MPGN/C3G patients with and without C4NeF

	C4NeF positive patients <i>n</i> = 17	C4NeF negative patients <i>n</i> = 102	<i>p</i>
sex % men	9 (53)	58 (57)	0.79
age at diagnosis, year	16 (14–31.5)	24 (12.75–41)	0.24
microhematuria, present	11 (65)	59 (58)	0.79
gross-hematuria, present	2 (12)	21 (21)	0.52
nephrotic syndrome, present	7 (41)	54 (53)	0.43
renal impairment, present	1 (6)	44 (43)	<b>0.002</b>
renal failure, present	1 (6)	11 (11)	1
trigger, present	2 (12)	19 (19)	0.73
familiarity, present	1 (6)	9 (9)	1

The data are given as median and interquartile range or number and percentages. *P*-values are given as the results of  $\chi^2$  or Mann-Whitney tests. There are some missing values in the following data: proteinuria (*n* = 3), renal impairment/failure (*n* = 3), trigger (*n* = 2), familiarity (*n* = 1)

profile (Table 2), there was no difference in the level of C3 and C4. In regard to the activity of the classical or the alternative pathway, only a trend can be seen suggesting decreased activities in patients with C4NeF; C1q levels and anti-C1q prevalence did not show any correlation with the presence of C4NeF. The levels of C4d, an activation split product of C4, were significantly lower in patients with C4NeF.

Because the prevalence of C3NeF was tendentially higher in patients with C4NeF ( $p = 0.063$ ), we further analysed 4 groups based on the joint presence or absence of C3NeF and/or C4NeF, in order to better understand their associations with the disease.

This classification identified 20 patients who were positive only for C3NeF, 10 patients who were positive only for C4NeF, 7 patients with double positivity and 82 patients with double negativity for both of these autoantibodies (Table 3). There was a significant difference in age between the groups ( $p = 0.036$ ), as double positive patients were younger compared to antibody negative patients. Renal impairment was less prevalent in patients with only C4NeF positivity and double positivity at presentation (1/10 and 0/7 patients, respectively), when compared to double negative patients (median age 28 years, renal impairment in 35/82 patients, Table 3).

We examined the potential connection between C4NeF and different inherited etiologic factors, but there was no general association between carriage of LPVs in the complement genes and the presence of C4NeF (Table 3).

The double positive group was characterized by lower C3 levels ( $p = 0.01$ ), whereas no significant difference was observed in the C4 levels, and C4d levels were equally low in the groups with single or double positivity of nephritic factors (Table 3). In line with these results, the concentration of the terminal complement complex (sC5b-9) was significantly higher in the double positive group and it was decreased but

still above the reference range in the group of patients positive for only C4NeF ( $p < 0.001$ ). AP activity was significantly lower and classical pathway (CP) activity was tendentially lower in the double positive group, while it was the highest in the negative group (CP  $p = 0.077$ ; AP  $p = 0.033$ ). Furthermore, AP activity was also decreased in the single C3NeF positive group. There was no difference in the levels of other examined components or activation products (Factor H, Factor I, Factor B, Factor D, C3a). It is interesting to note that very low degree or absent C1q staining was observed in immunofluorescence microscopy in the single C4NeF positive group (Additional file 1: Table S4).

Because of the single or parallel presence of C3 and C4 nephritic factors in patients with IC-MPGN/C3G, we examined additional complement autoantibodies in our cohort, whether they have in addition any association with the nephritic factors (Table 3). The presence of anti-C1q was the highest in the double positive group ( $p = 0.045$ ) along with the highest incidence of anti-C3 antibody ( $p = 0.011$ ). There was no difference in the presence of anti-Factor H and anti-Factor B between the different groups.

#### Disease characteristics of patients positive for C3NeF and/or C4NeF

We examined whether C4NeF positivity has any influence on the patients' renal survival. Of the 119 patients, we followed 103 subjects successfully for a median follow-up of 1.52 years (range: 0.05–18.18 years). At time of diagnosis 12 patients had renal failure among whom 1 patient was positive for C4NeF (Table 1). During the follow-up period 17 patients progressed to, or stayed in ESRD with the need of renal replacement therapy. 14 from these 17 patients belong to the C3NeF/C4NeF negative group whereas 3 patients were positive only for C3NeF. There was no difference in the development of

**Table 2** Complement parameters of IC-MPGN/C3G patients with and without C4NeF

	C4NeF positive patients n = 17	C4NeF negative patients n = 102	p
serum C4 (0.15–0.55 g/L)	0.2 (0.12–0.26)	0.23 (0.17–0.32)	0.232
serum C3 (0.9–1.8 g/L)	0.33 (0.19–0.98)	0.73 (0.39–0.1)	0.115
Classical pathway activity (48–103 CH50/mL)	30 (11–54)	46 (28–61)	0.065
Alternative pathway activity (70–125%)	40 (0–67)	63 (3–87)	0.055
C3NeF positivity (< 10%)	7(41)	20 (19.6)	0.063
C1q (60–180 mg/L)	108 (83–138)	102 (83–123)	0.528
anti-C1q (< 52 U/mL)	4 (23.5)	10 (9.8)	0.117
C4d (0.7–6.3 ng/mL)	3.23 (2.6–5.3)	5.46 (3.15–9.27)	<b>0.038</b>

Reference ranges are shown in the first column in parentheses. The data are given as median and interquartile range or number and percentages. P-values are given as the results of  $\chi^2$  or Mann-Whitney tests

There are some missing values in the following data: C1q (n = 13), C4d (n = 23), anti-C1q (n = 8)

Significance level was determined at a value of  $p < 0.05$

ESRD in subgroups with or without C4NeF (Fig. 2a). When renal survival was analyzed in C3NeF positive, C4NeF positive, double positive, and double negative patients (Fig. 2b), the same observation was made. Remarkably, no difference was seen in the patients' renal survival between the histology-based groups either (data not shown). Although we have a few missing data as regards the patients' therapy, we could not observe any significant difference regarding the medication used in the different group of patients (when analyzing only patients with complete data).

Based on the clinical, genetic and laboratory data of our cohort of IC-MPGN/C3G patients, an unsupervised data-driven cluster analysis was made, similarly to the study of Iatropoulos et al. [29], and altogether 4 clusters were generated [30]. We predicted the cluster membership of the 17 C4NeF positive patients of the current study, and observed that 12 were reclassified into cluster 1, one patient was placed into cluster 3 and four subjects into cluster 4 (Fig. 3). The distribution of the different nephritic factors was significantly different between the clusters (Fig. 3, inserted table,  $p = 0.008$ ). The increased prevalence of C4NeF in cluster 1 was statistically significant ( $p = 0.028$ ) compared to the other clusters along with a higher prevalence of multiple antibodies including C3NeF, C4NeF, anti-C1q, anti-FH, anti-C3, anti-FB in this cluster ( $p = 0.003$ ) (Table 4).

## Discussion

Autoantibodies against complement components occur in a significant proportion of cases with C3G or IC-MPGN, although only a few large-scale studies have analyzed their presence in these conditions. Case reports [4, 12, 16, 21, 23, 24] and case series studies [2], [5, 31, 32] described the presence of nephritic factors and other complement autoantibodies, but still, approximately 30 to 60% of the C3G cases remain without identified pathogenic factors (autoantibodies to complement

components or pathogenic variants of disease-associated complement genes).

This is the first observational study where the presence of C4NeF was examined together with its connection with clinical features, and with other pathogenic factors (autoantibodies and genetic variants) in a large cohort of 119 consecutive IC-MPGN/C3G patients. Presence of C4NeF was observed in 17 (14.3%) patients, who were characterized by a lower prevalence of renal impairment and C4d level, and tendentially higher C3NeF prevalence at presentation (Tables 1 and 2). None of the C4NeF positive patients developed ESRD during follow-up (in contrast to 17/92 in the C4NeF negative group), but this difference did not reach statistical significance. Patients with double positivity for C3NeF and C4NeF had the lowest C3 levels with highest terminal pathway activation, when compared to single positive or double negative patients (Table 3). This observation is similar to that of Ohi and Yasugi [23] confirming the pronounced terminal pathway activation with hypocomplementemia in double positive patients. Positivity for anti-C1q or anti-C3 autoantibodies was also increased in patients with double positivity for nephritic factors, and interestingly these patients were clustered into cluster 1. The pattern of anti-complement autoantibody positivity and its association with clinically meaningful clusters was analyzed in detail (Fig. 3 and Table 4), and patients with multiple autoantibodies were identified in cluster 1 (see below).

Our observations on the associations between C4NeF, C3NeF and complement parameters are intriguing. Patients with single positive C4NeF had the lowest but slightly elevated sC5b-9 levels, followed by the double negative, C3NeF positive and double positive groups. A similar, contrasting trend in C3 levels (with lowest levels in double positive group) was observed for C3. According to literature, C4NeF can stabilize the classical/lectin pathway's C3- and C5-convertases [23, 33, 34], although

**Table 3** Clinical and complement characteristics of IC-MPGN/C3G patients classified based on their nephritic factor status

	C3NeF positive patients n = 20	C4NeF positive patients n = 10	Double positive patients for C3NeF and C4NeF n = 7	Double negative patients n = 82	p
sex % men	13 (65)	6 (60)	3 (42.9)	45 (54.9)	0.057
age at diagnosis	15 (9–21) <sup>1</sup>	14 (11–39)	16 (11–17)	28 (13–41)	<b>0.036</b>
microhematuria, present	12 (60)	7 (70)	4 (80)	47 (58.8)	0.735
gross hematuria, present	6 (30)	2 (20)	0 (0)	15 (18.8)	0.461
nephrotic syndrome, present	12 (60)	5 (50)	2 (28.6)	42 (53.2)	0.552
renal impairment, present	9 (45)	1 (10)	0 (0)	35 (44.3) <sup>2,3</sup>	<b>0.026</b>
renal failure, present	2 (10)	1 (10)	0 (0)	9 (11.4)	0.824
trigger, present	8 (40)	1 (11.1)	1 (14.3)	11 (13.8)	<b>0.045</b>
familiarity, present	2 (10)	1 (11.1)	0 (0)	7 (8.6)	0.863
serum C3(0.9–1.8 g/L)	0.34 (0.2–0.77) <sup>1</sup>	0.52 (0.25–0.96)	0.2 (0.17–1.07)	0.84 (0.48–1.04)	<b>0.01</b>
serum C4(0.15–0.55 g/L)	0.25 (0.13–0.33)	0.23 (0.19–0.28)	0.15 (0.11–0.26)	0.22 (0.17–0.31)	0.57
sC5b-9(110–252 ng/mL)	575 (384–1206) <sup>1</sup>	287 (115–1063)	1716 (1450–2127) <sup>1,2</sup>	368 (244–553)	<b>0.0004</b>
LPV carriers	5 (27.7)	3 (50)	1 (14.3)	13 (16.5)	0.19
Classical pathway activity(48–103 CH50/mL)	36 (12.5–59)	39 (18–59)	14 (0–46)	47.5 (31–61)	0.077
Alternative pathway activity (70–125%)	1.5 (1–89)	57.5 (0.75–68.5)	1 (0–58)	65 (13–86) <sup>3,4</sup>	<b>0.033</b>
C1q (60–180 mg/L)	108 (93–146)	111 (80.25–145)	104 (73–124.5)	101 (76–121.5)	0.46
Factor H (250–880 mg/L)	573.5 (360–697)	546.5 (360–639)	495 (384–763)	538 (370–742)	0.977
Factor I (70–130%)	92.5 (78–103)	82 (67–102.5)	90 (78–107)	92.5 (78–111)	0.598
Factor B(70–130%)	85 (65–98.5)	84 (65–107)	86 (66–107)	86 (65.5–103)	0.971
Factor D (0.51–1.59 µg/mL)	2.15 (1.06–3.72)	1.83 (0.78–5.28)	0.48 (0.33–2.5)	2.44 (0.98–4.13)	0.16
C3a (70–270 ng/mL)	113 (77–274)	124 (72–190)	138 (53–188)	137 (91–221)	0.805
Bb (0.49–1.42 µg/mL)	2.24 (1.52–3.4)	0.93 (0.89–2.27)	1.14 (0.71–2.37)	1.45 (1.01–2.08)	0.079
C4d (0.7–6.3 µg/mL)	3.97 (3.25–8.9)	3.23 (2.66–4.41)	3.71 (0.59–6.2)	5.77 (3.04–9.27)	0.21
anti-Factor H, present	0 (0)	0 (0)	0 (0)	6 (7.3)	0.359
anti-C1q, present	2 (10)	1 (10)	3 (25.2) <sup>2</sup>	8 (9.7)	<b>0.044</b>
anti-C3, present	1 (5)	0 (0)	2 (28.57) <sup>1</sup>	2 (2.5)	<b>0.011</b>
anti-Factor B, present	2 (10)	0 (0)	0 (0)	4 (5)	0.608
Any additional antibody to C3NeF and/or C4NeF	3 (16.6)	1 (11.1)	4 (57.14) <sup>3</sup>	15 (19.73)	0.09

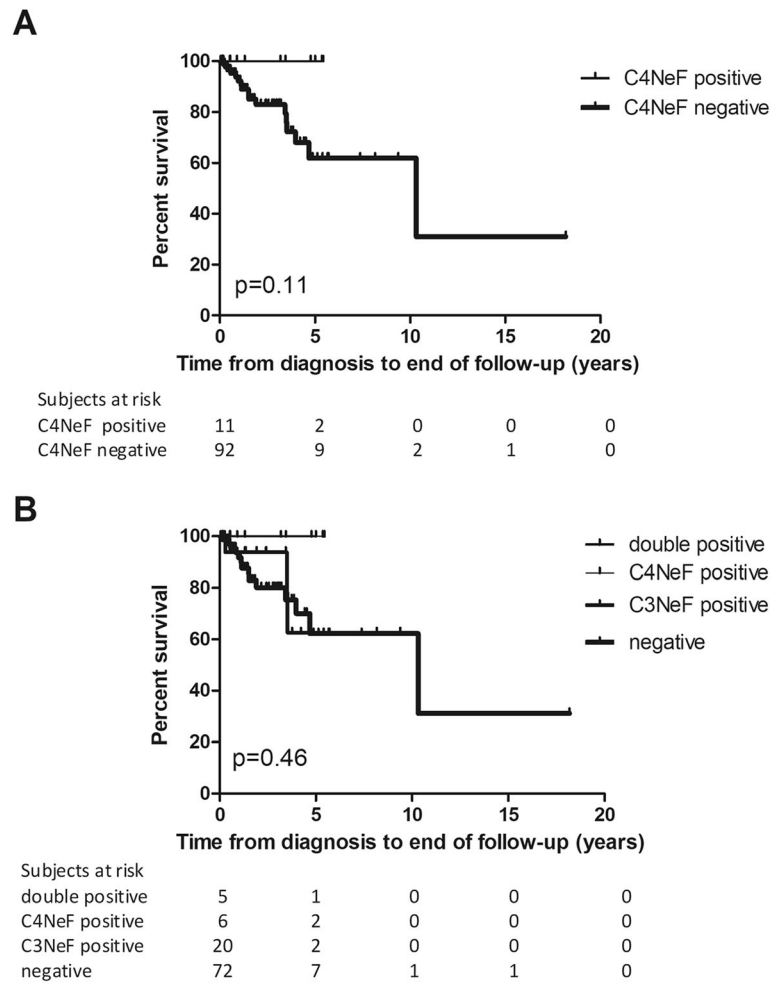
Reference ranges are shown in the first column in parentheses. The data are given as median and interquartile range or number and percentages. P-values are given as the results of  $\chi^2$  or Kruskal-Wallis tests

<sup>1</sup> Significantly different from nephritic factor negative patients. <sup>2</sup> Significantly different from C4NeF positive patients. <sup>3</sup> Significantly different from double positive patients. <sup>4</sup> Significantly different from C3NeF positive patients. LPV: likely pathogenic variant; C3NeF: C3 nephritic factor; C4NeF: C4 nephritic factor.

There are some missing values in the following data: proteinuria (n = 3), renal impairment/failure (n = 3), trigger (n = 2), familiarity (n = 1), sC5b-9 (n = 15), LPV (n = 9), C1q (n = 13), Factor D (n = 23), C3a (n = 19), Bb (n = 23), C4d (n = 23), anti-Factor H (n = 2), anti-C1q (n = 8), anti-C3 (n = 3), anti-Factor B (n = 3) Significance level was determined at a value of  $p < 0.05$

the antibody concentration that is sufficient to stabilize the C5-convertase is 10-fold higher than in case of the C3-convertase [34]. Another study observed that the membrane bound C3- and C5-convertase stabilized by C4NeF was resistant to decay accelerating factor mediated inactivation [33]. Our results indicate that the C3-convertase stabilizing capacity of C4NeF alone does not render classical pathway convertase to obtain C5-convertase properties, as reflected by lower sC5b-9 levels in patients with only C4NeF positivity. However, sC5b-9

level is the lowest and C3 concentration is the highest in patients with only C4NeF positivity but these levels are not in the reference range supporting the hypothesis that a complement-mediated process may exist in the background as well. On the other hand, sC5b-9 levels were the highest in patients with both C3NeF and C4NeF, indicating a key role of C3NeF in this process. In that point of view C4NeF could be responsible for the dysregulation of C3-convertase without activation of the terminal pathway which can lead to an imbalanced homeostasis.



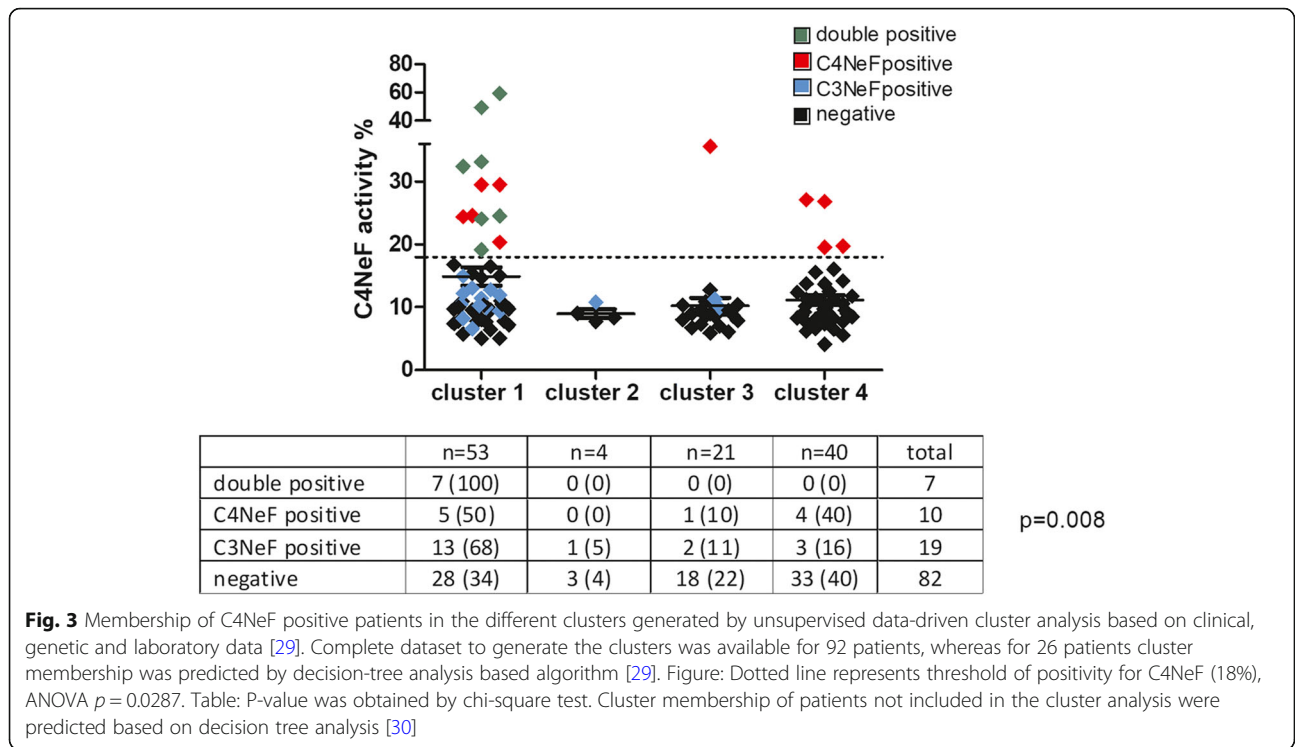
**Fig. 2** Kaplan-Meier analysis of IC-MPGN/C3G patients’ renal survival in the groups with or without C4NeF (a) and in groups with positivity for C3NeF and/or C4NeF, and double-negative patients (b). *P*-value was obtained by log-rank test. (Curve for C4NeF positive and double positive patients run together)

Other antibodies such as anti-C1q and anti-C3 were present more often together with C3NeF and C4NeF (Table 3) in our cohort confirming previous observations [28], which may reflect a polyclonal humoral immune response. C3G is considered to be related to constant systemic complement activation [1, 35, 36], therefore, the observed diversified complement specific immune response may reflect ongoing epitope spreading driven by persisting complement coated material. Interestingly, presence of complement autoantibodies was not associated with LPV carrier status (Fig. 1), since nearly equal proportions of the autoantibody negative or positive groups were carriers of LPVs. Whether all of these antibodies are pathological factors, or these are disease modifiers or even epiphenomenon of the disease progress in C3G, the question remains unanswered today. Interestingly, chronic antigenaemia, such as infections, auto-immune profile, viral markers, evidence of circulating

monoclonal paraprotein such as potential triggers occurred in equal proportions in IC-MPGN and in C3G.

The histology-based classification of our cohort showed no association with the presence of C4NeF (Additional file Table S1). Similarly, there was no statistically significant difference in renal survival among C4NeF positive or negative patients, although not a single C4NeF positive patient developed renal failure during the 5.4 year-long follow-up period of this group. This may be explained by the short follow-up period, or by the small number of events in the cohort. However, as presented on Fig. 2, it is unlikely that single or double C4NeF positive patients will rapidly progress to ESRD, whereas 20% of the double negative patients lost kidney function by year 2 in our cohort.

A potential limitation of this study lies in the rarity of MPGN, resulting that for some group comparisons *p* values are between 0.05 and 0.1, considered generally



**Fig. 3** Membership of C4NeF positive patients in the different clusters generated by unsupervised data-driven cluster analysis based on clinical, genetic and laboratory data [29]. Complete dataset to generate the clusters was available for 92 patients, whereas for 26 patients cluster membership was predicted by decision-tree analysis based algorithm [29]. Figure: Dotted line represents threshold of positivity for C4NeF (18%), ANOVA  $p = 0.0287$ . Table: P-value was obtained by chi-square test. Cluster membership of patients not included in the cluster analysis were predicted based on decision tree analysis [30]

**Table 4** Complement autoantibody patterns in clusters of 106 IC-MPGN/C3G patients who have full data-set for all of the autoantibodies

Autoantibody, positivity/ patient	Pattern of autoantibody positivity (number of patients affected)	cluster 1 (n = 46)	cluster 2 (n = 4)	cluster 3 (n = 20)	cluster 4 (n = 36)	Row total
0	None	17 (28%)	3 (5%)	13 (21%)	28 (46%)	61 (100%)
1	<b>C3NeF (14)</b> <b>C4NeF (8)</b> <b>anti-FH (3)</b> <b>anti-C1q (4)</b> <b>anti-FB (3)</b>	18 (56%)	0 (0%)	6 (19%)	8 (25%)	32 (100%)
2	<b>anti-C1q + anti-FH (1)</b> <b>anti-C1q + anti-C3 (1)</b> <b>anti-C1q + C4NeF (1)</b> <b>C3NeF + C4NeF (3)</b>	6 (100%)	0 (0%)	0 (0%)	0 (0%)	6 (100%)
> 2	<b>anti-C1q + anti-FH + anti-FB (1)</b> <b>anti-C1q + anti-FH+ anti-C3 (1)</b> <b>C3NeF + anti-FB + anti- C1q (1)</b> <b>C3NeF + C4NEF + anti-Cq (2)</b> <b>C3NeF + C4NeF + anti-C3 + anti-C1q (1)</b> <b>C3NeF + C4NeF + anti-C3-anti-FB (1)</b>	5 (72%)	1 (14%)	1 (14%)	0 (0%)	7 (100%)

$P = 0.003$ , chi-square test  
Significance level was determined at a value of  $p < 0.05$



not significant. We interpreted these associations as ‘tendency’, based on the fact that almost all borderline p values were related to such biological observations, that fit to the disease pathogenesis. The interpretation of such borderline p values is supported by the recommendation of the Institute for Quality and Efficiency in Health Care (link: <https://www.iqwig.de/en/press/press-releases/rare-diseases-no-reason-for-lower-demands-for-studies.6343.html>) to raise the significance level in case of rare diseases, when enrolment targeted the whole population (as it was in our case involving all large national centres), and recruitment of more patients was not feasible.

The novelty of our study also lies in the observation that C4NeF positivity shows association with a reclassified group of IC-MPGN/C3G patients, cluster 1 (Fig. 3). Iatropoulos et al. [29] performed a hypothesis-free cluster analysis based on the patients’ histological, clinical, genetic and complement parameters in order to better understand the disease background, and they could differentiate 4 distinct, clinically meaningful clusters. In an independent cohort of 92 patients (a subgroup of the current IC-MPGN/C3G cohort) we validated the main findings of the original study [29, 30], and utilized this information to analyze our data in more depth. Prevalence of C4NeF (12/17) was highest in cluster 1 (Fig. 3), and cluster 1 was also characterized by higher C3NeF prevalence, by increased frequency of multiple anti-complement autoantibody positivity (Table 4 and Fig. 3), and by pronounced complement activation and consumption (high sC5b-9 and low C3 concentrations, [30]). This is in line with two previous studies, where decreased C3 and increased sC5b-9 levels were associated with the presence of C4NeF [12, 23], especially in case of concomitant C3NeF positivity. A recent study unravelled additional mechanisms underlying complement dysregulation by various C3NeFs in C3G and IC-MPGN and showed higher prevalence of properdin-dependent C3NeF in cluster 1 patients, which is in line with the observed elevated sC5b-9 levels and increased complement consumption in this group [37].

## Conclusions

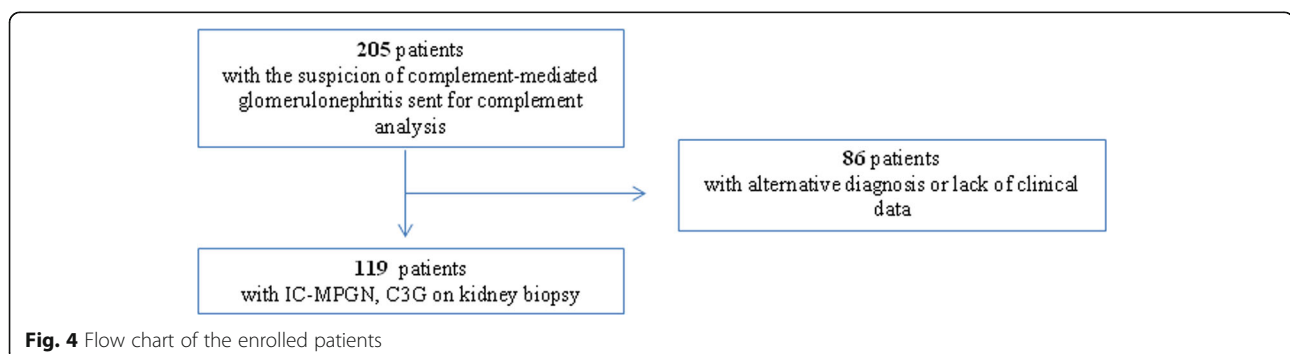
In conclusion, C4NeF may be present in a small proportion of IC-MPGN/C3G patients (14.3% in our cohort) often together with C3NeF or other complement specific autoantibodies. C4NeF patients are typically children or young adults with good renal function at presentation and lack of rapid progression to ESRD. Presence of C4NeF was not associated with LPVs of complement genes, but showed a clear relationship with complement activation and consumption, especially in case of accompanying C3NeF positivity. An unsupervised, data-driven cluster analysis identified a group of patients (cluster 1) with high prevalence of multiple autoantibodies to complement proteins, including C4NeF. In conclusion, in this observational study C4NeF is present in MPGN patients and may be a possible cause of complement dysregulation in approximately 10–15% of IC-MPGN/C3G patients, but its causative relationship with disease pathogenesis, and the demonstration of independent pathogenic role requires further experiments and clinical studies.

## Methods

### Patients

Samples of 205 patients were sent to our Research Laboratory from Hungarian or Central-European clinical centers with the suspicion of complement-mediated renal disease for complement investigations, and for whom genetic analysis was also carried out in our laboratory. Eighty-six patients were excluded because of alternative diagnosis or secondary MPGN. One hundred nineteen patients with the diagnosis of IC-MPGN and C3G were enrolled in the study from 34 centers in Central-Europe from January 2008 to May 2018 (Fig. 4). C3G was defined based on the C3 glomerulopathy consensus report where C3G was diagnosed when C3 staining was minimum two order magnitude stronger than any other immunoreactant [3].

Relevant clinical and laboratory data were collected from the medical charts. Histology-based diagnosis and detailed data were collected from pathologists ( $n = 73$ ), while if only biopsy descriptions were available ( $n = 46$ )



these were re-evaluated and scored using standardized questionnaire. Light-, immunofluorescence and electromicroscopy results were collected. The analysis of the immunofluorescence microscopy data did not include kappa, lambda and C4d staining because of the high number of missing data (kappa 65/119; lambda 64/119; C4d 15/119). Study protocol was approved by the Hungarian Medical Research Council (approval's number: 55381–1/2015/EKU) and the Institutional Review Board of the Semmelweis University, Budapest. Written approvals, based on informed consent, for the diagnostic tests and genetic analysis were given by the patients or their parents in accordance with the Declaration of Helsinki.

#### Determinations of complement parameters

Samples (serum, EDTA-anticoagulated plasma, and sodium-citrate-anticoagulated plasma) were taken from the antecubital vein, or from a central venous catheter. Cells and supernatants were separated by centrifugation immediately after the sample was taken, and transferred to our laboratory. Separated aliquots were stored at  $-70^{\circ}\text{C}$  until measurements.

The C3 and C4 concentrations were measured by turbidimetry (*Beckman Coulter, Brea, CA*).

AP activation was measured by a commercially available kit (Wieslab AP ELISA KITs, EuroDiagnostica, Malmö, Sweden), according to the manufacturer's instructions.

Total CP activity (CH50) was measured by a home-made hemolytic titration test based on Mayer's method [38]. Radial immunodiffusion was performed to measure the antigenic concentrations of Factor I and Factor B, using specific antibodies [39]. Levels of Factor H, C1q and antibodies against Factor H, C1q, [39–41], as well as anti-C3 and anti-Factor B were measured with in-house ELISA methods. Microtiter ELISA plates were coated overnight with  $1\ \mu\text{g}/\text{mL}$  commercially available Factor-B or C3 protein (Quidel) in carbonate buffer, followed by blocking with PBS and 0.5% BSA. Sample sera were diluted 1:50 in PBS 0.05% Tween-20 and added to the plate for 1 h at room temperature. Bound antibodies were detected by adding anti-human IgG-horseradish peroxidase diluted to 1:2500 and followed by TMB substrate. The optical density was detected at 450/620 nm. The samples were compared to the different dilution of normal human serum (NHS). Samples positive for any of the antibodies if they had a significantly increased ( $>2\text{SD}$ ) OD compared to the NHS with the same dilution, considered background (1:50).

C3NeF titer was determined based on the original hemolytic method of Rother et al. [42] where C3NeF activity was measured from patients sera.

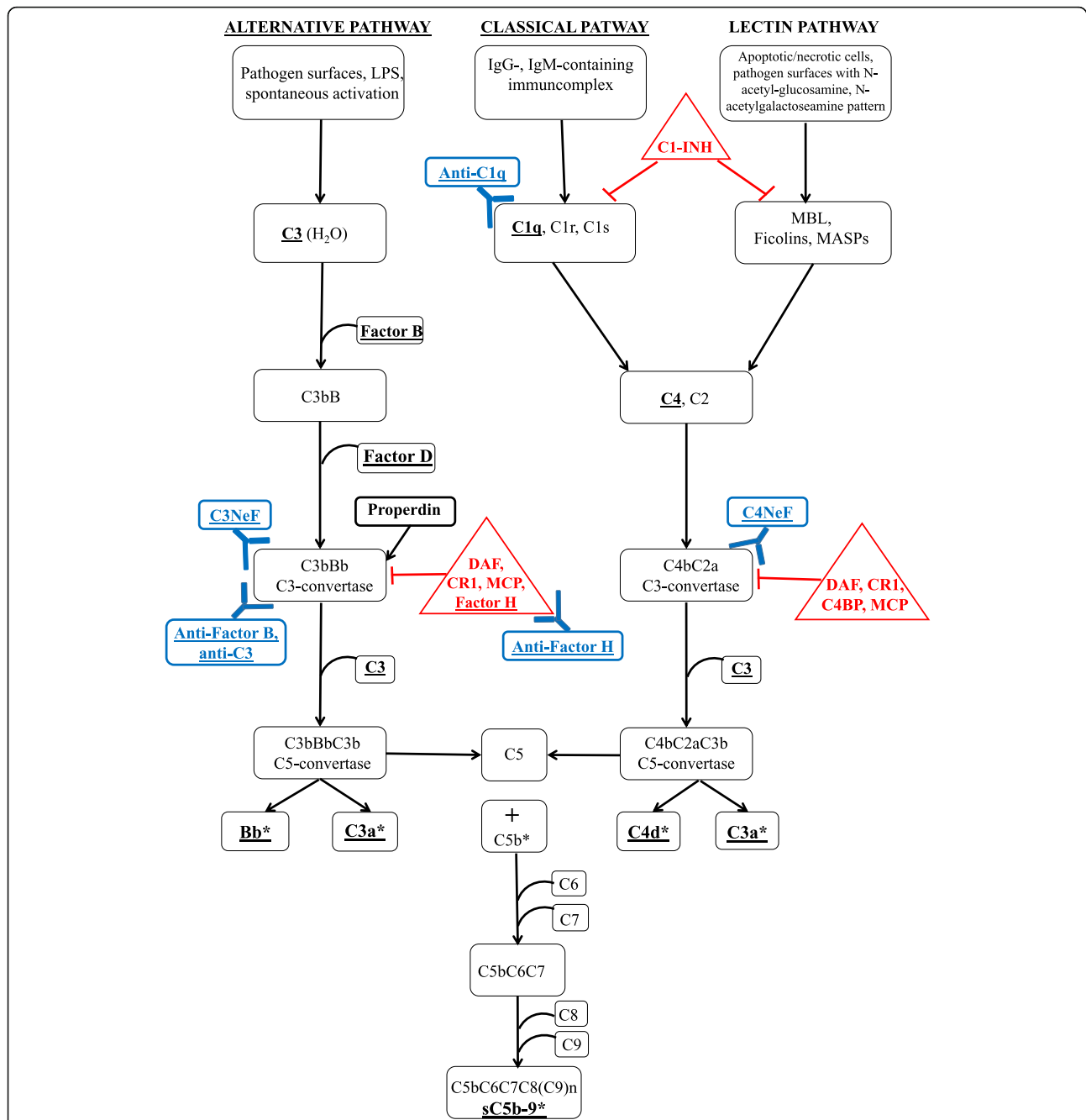
The C4NeF hemolytic test was performed based on the protocol of Zhang et al. [12] and modified according

to the C3NeF hemolytic assay [42]. For the measurement patients' sera were used instead of purified IgG used by Zhang et al., because of the lack of enough patients' sample for IgG purification. To eliminate the effect of complement in the assay, we tested heat-inactivated serum as well which did not show significant difference to the normal sera. C4NeF prevalence was higher in our cohort compared to the American [12] which difference can be explained by the differences in the ethnicity of the studied populations.

In brief, sheep erythrocytes (EA) in Alsever solution were used, which were sensitized with hemolysin and washed several times in gelatin veronal buffer (GVB) containing calcium and triethylenetetramine-N,N,N',N'',N''',N''''-hexaacetic acid (CaTTHA). NHS (pooled serum from healthy controls) was added to the solution and incubated at  $30^{\circ}\text{C}$  for 5 min, the buffer (CaTTHA containing GVB) stopped the reaction at EA + C1 + C4. The cells were washed in GVB containing  $\text{Ca}^{2+}$  several times and were incubated in the buffer at  $0^{\circ}\text{C}$  for 30 min and at  $37^{\circ}\text{C}$  for 30 min. After the incubation, GVB containing  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  buffer was used for washing which enabled that the  $200\ \mu\text{l}$  of the resulting EA + C1 + C4 cells bind human complement C2 protein (Calbiochem) which were incubated at  $30^{\circ}\text{C}$  for 5 min, to generate the EA + C1 + C4 + C2 cells. The EA + C1 + C4 + C2 cells were suspended in  $300\ \mu\text{l}$  EDTA-GVB buffer.  $100\ \mu\text{l}$  of the solution was added to 2.4 ml distilled water, and the optical density (OD) was measured at 541 nm. By using EDTA-GVB for dilution, the cell number was set to  $5 \times 10^8/\text{ml}$ .  $5\ \mu\text{l}$  of patients' serum samples were added to  $15\ \mu\text{l}$  EA + C1 + C4 + C2 cells and were incubated at  $30^{\circ}\text{C}$  for 10 min. The cells were washed in EDTA-GVB buffer 4 times and centrifuged for 5 min at 3000 rpm.  $25\ \mu\text{l}$  of rat serum was added to the cells as the source of complement components. The cells were incubated at  $37^{\circ}\text{C}$  for 1 h. The hemolytic reaction was stopped by adding  $200\ \mu\text{l}$  cold EDTA-GVB buffer. After centrifugation for 5 min at 3000 rpm, the ODs of the supernatants were measured at 415 nm and the hemolysis in the patient's samples was given in % of total lysis of sheep erythrocytes. The threshold of positivity was set as the mean value  $\pm 2\ \text{SD}$  of 48 healthy controls, and determined as 18%.

Further complement components, activation markers and split products, such as Factor D, sC5b-9, C3a, Bb and C4d were detected with commercially available ELISA kits (HyCult Complement Factor D, Human, ELISA kit HK343–02; MicroVue C3a-desArgEIA, A032; MicroVue C4d EIA, A008; MicroVue sC5b-9 Plus EIA, A029; MicroVue Bb Plus EIA, A027, respectively).

All complement parameters determined in this study are shown in Fig. 5.



**Fig. 5** Schematic representation of the complement pathways with steps of action of C3NeF and C4NeF, highlighting all complement investigations performed in this study. Complement parameters investigated in this study are underlined. Complement regulators are shown in red triangles. Complement autoantibodies are shown in blue. Complement activation products are shown by asterisks. Abbreviations: DAF - decay-accelerating factor; CR1 - complement receptor type 1; C4BP - C4b-binding protein; MCP - membrane cofactor protein

**Clinical parameters**

Glomerular filtration rate (GFR) was calculated using the GFR-EPI equation in adults and the creatinine-based “bed-side Schwartz” equation in children. Renal impairment was defined as GFR below 60 mL/min/1.73m<sup>2</sup> and above 15 mL/min/1.73m<sup>2</sup>. Renal failure was defined with GFR under 15

mL/min/1.73m<sup>2</sup> or with requirement of renal replacement therapy (dialysis or kidney transplantation).

**Genetic analysis**

In order to screen for mutations, rare variations or risk polymorphisms in the coding regions of complement

Factor H (*CFH*), Factor I (*CFI*), membrane cofactor protein (*CD46*), thrombomodulin (*THBD*), Factor B (*CFB*) and C3 (*C3*), the samples were analyzed by direct bidirectional DNA sequencing following PCR amplification, as described formerly (Szilagy et al., 2013). Previously recognized and functionally characterized missense [43–47], nonsense and splice site mutations were categorized as LPVs. Novel missense variations were considered as likely pathogenic if they were not found in international databases such as dbSNP ([www.ncbi.nlm.nih.gov/snp](http://www.ncbi.nlm.nih.gov/snp)), Exome Variant Server (NHLBI GO Exome Sequencing Project (ESP), Seattle, WA (<http://evs.gs.washington.edu/EVS/>) and 1000Genomes Project phase 3 (<http://browser.1000genomes.org/index.html>) or if their minor allele frequency was < 0.1% and CADD score  $\geq 10$ .

In order to study copy-number alterations (deletions or duplications) in the chromosomal region of *CFHR1*, *CFHR2*, *CFHR3* and *CFHR5*, multiplex ligation-dependent probe amplification (MLPA) was performed with the SALSA MLPA probemix P236-A3 (MRC-Holland, Amsterdam, the Netherlands) following the manufacturer's instructions.

### Statistical analysis

For descriptive purposes, continuous variables which were deviated from the normal distribution according to the results of Shapiro-Wilk tests, are given as median and 25th–75th percentiles. For categorical variables numbers and percentages were used. Non-parametric tests as Mann-Whitney U test or Kruskal-Wallis test with Dunn's post hoc test were used for group comparisons in case of continuous variables. For categorical variables Pearson's  $\chi^2$  test was performed.

For cluster analysis hierarchical clustering by Ward method with squared Euclidean distances was used.

For the statistical analysis IBM SPSS Statistics 20 and Graph Pad Prism 5 software was used. Two-tailed *p*-values were calculated and the significance level was determined at a value of *p* < 0.05, if not otherwise stated.

### Supplementary information

**Supplementary information** accompanies this paper at <https://doi.org/10.1186/s13023-019-1237-8>.

**Additional file 1: Table S1.** Clinical and complement characteristics of the enrolled patients diagnosed with MPGN and C3G. **Table S2.** Histological characteristics of the enrolled patients diagnosed with MPGN and C3G. **Table S3.** Genetic and complement findings of C4NeF positive IC-MPGN/C3G patients. **Table S4.** Histological characteristics of IC-MPGN/C3G patients classified based on their nephritic factor status.

### Abbreviations

aHUS: Atypical hemolytic uremic syndrome; AP: Alternative pathway; C3G: C3 glomerulopathy; C3GN: C3 glomerulonephritis; C3NeF: C3 nephritic factor; C4NeF: C4 nephritic factor; CP: Classical pathway; DDD: Dense deposit disease; ESRD: End-stage renal disease; FB: Factor B; FH: Factor H; IC-

MPGN: Immune-complex mediated membranoproliferative glomerulonephritis; MPGN: Membranoproliferative glomerulonephritis

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### Authors' contributions

Study designation: ZP, DCs, ÁSz and NG. Experiments: D. Cs and NG. Data analysis: ZP, DCs, ÁSz and NG. Data collection: CA, AS, MG, GS-P, DB, JB, AD, DC, SF, HF, ÁH, ÁH, AH, TM, KR, KA, JH, DJ, MS, ESz, CsB, VJ, KK, GySR, AUSz, NK, KK, NK, MK, ML, ACL, AM, RR, TK-L, EM, MM, AP, TS, LP, MR, GM, RR, JR, MS, TS, JZ, ES, TSz, AC, SS, MT, KG, AT, IV, MW, TZ, GZ, ZP, DCs, ÁSz and NG. All authors revised the paper and approved the final version of the manuscript.

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### Availability of data and materials

The dataset used and/or analyzed during the current study are available from the corresponding author on reasonable request.

### Ethics approval and consent to participate

Study protocol was approved by the Hungarian Medical Research Council (approval's number: 55381–1/2015/EKU) and the Institutional Review Board of the Semmelweis University, Budapest. Written approvals, based on informed consent, for the diagnostic tests and genetic analysis were given by the patients or their parents in accordance with the Declaration of Helsinki.

### Consent for publication

Not applicable.

### Competing interests

The authors declare that they have no competing interests as defined by Nature Research, or other interests that might be perceived to influence the results and/or discussion reported in this paper.

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