

Western University
Scholarship@Western

2019 Cohort

Head and Heart Program

8-8-2019

Interdisciplinary Lens on Indigenous Health Iniquities: Planning, Nursing, Anthropology, Geography, Education

Chantal Francouer
Western University

Alana Kehoe
Western University


Ivy Tran
Western University

Steven Vanloffeld
Western University

Lillian Woroniuk
Western University

See next page for additional authors

Follow this and additional works at: https://ir.lib.uwo.ca/headandheartprogram_2019

 Part of the [Anthropology Commons](#), [Geography Commons](#), [Indigenous Education Commons](#), [Indigenous Studies Commons](#), [Public Health and Community Nursing Commons](#), and the [Urban Studies and Planning Commons](#)

Recommended Citation

Francouer, Chantal; Kehoe, Alana; Tran, Ivy; Vanloffeld, Steven; Woroniuk, Lillian; and Renaud, Jacob, "Interdisciplinary Lens on Indigenous Health Iniquities: Planning, Nursing, Anthropology, Geography, Education" (2019). *2019 Cohort*. 1.
https://ir.lib.uwo.ca/headandheartprogram_2019/1

This Book is brought to you for free and open access by the Head and Heart Program at Scholarship@Western. It has been accepted for inclusion in 2019 Cohort by an authorized administrator of Scholarship@Western. For more information, please contact wlsadmin@uwo.ca.

Authors

Chantal Francouer, Alana Kehoe, Ivy Tran, Steven Vanloffeld, Lillian Woroniuk, and Jacob Renaud



Interdisciplinary Lens on Indigenous Health Inequities: Planning, Nursing, Anthropology, Geography, Education



Written by: Chantal Francoeur, Alana Kehoe, Ivy Tran, Steven Vanloffeld, Lillian Woroniuk

Poster by: Jacob Renaud

Introduction

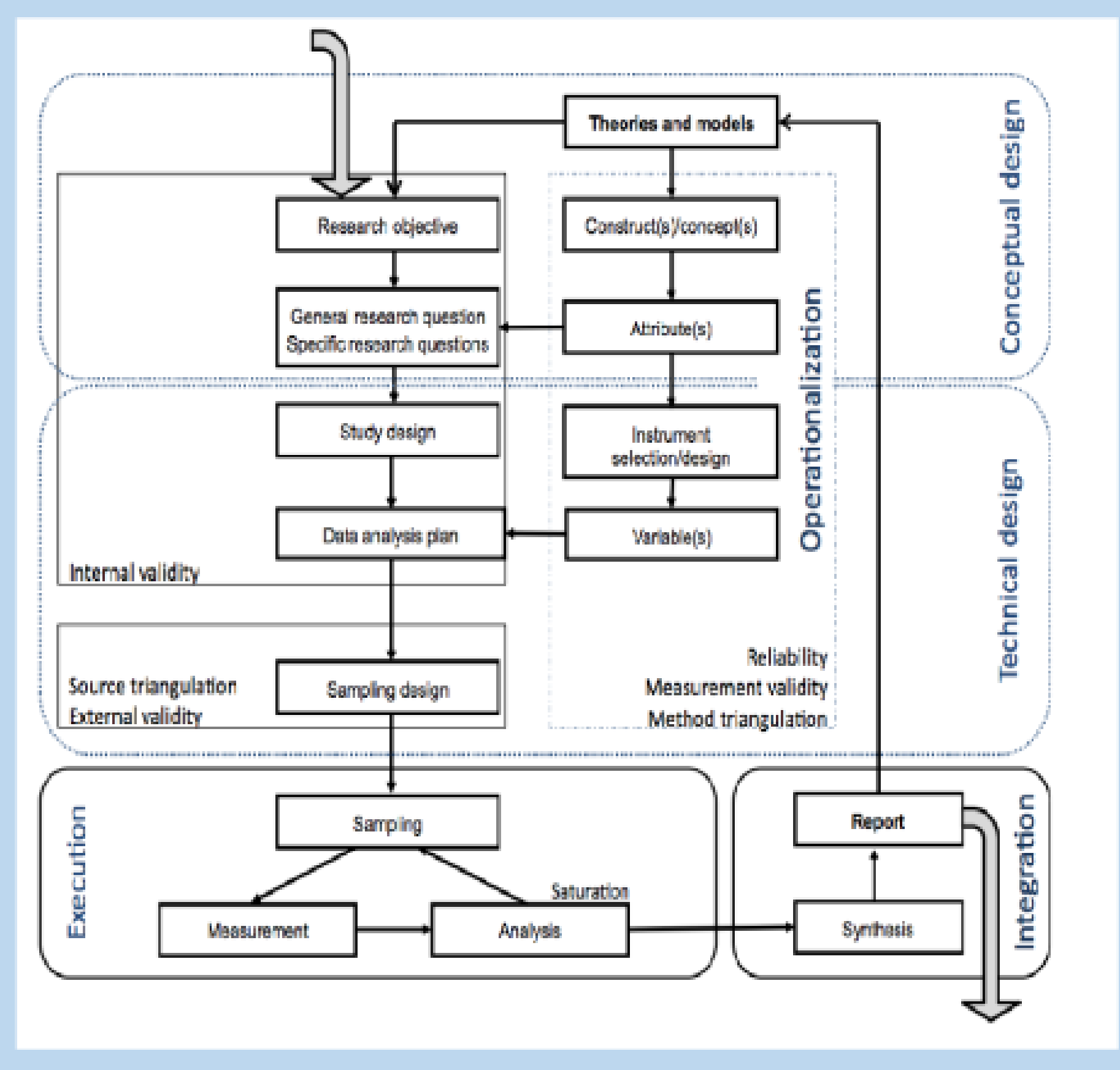
Indigenous peoples experience poorer health outcomes on almost every measure of health and wellbeing, when compared to the rest of Canada. For decades researchers have been working independently on addressing health inequalities, yet little progress has been made on closing the gap. This Discipline-specific way of thinking is too narrow and neglects indigenous ideologies of holistic approaches to health. An interdisciplinary approach to indigenous health research provides a more collaborative and integrated opportunity to address the multidimensional aspects of health. This paper has the goals to contribute to the limited research on interdisciplinary indigenous health research.

Acknowledgements

I would like to thank Head and Heart for the opportunity to have a research fellowship and show my gratitude for all that it has taught me. I would also like to thank Dr. Chantelle Richmond and everyone at Western's Indigenous Health Lab for making me feel so welcomed and supported.

Interdisciplinary Framework

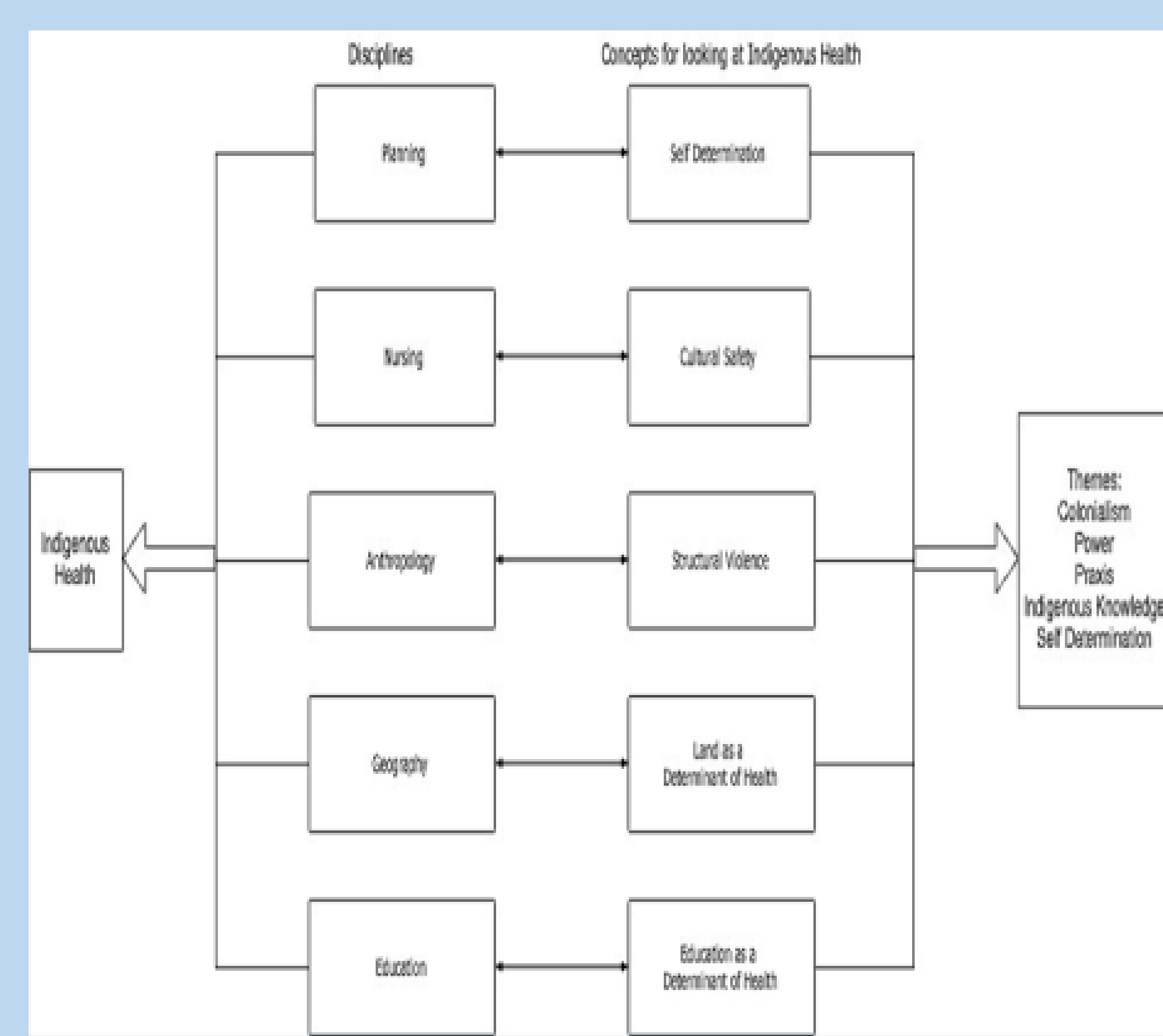
This paper uses the Methodology of Interdisciplinary Research Framework (MIR) created by Tobi & Kampen (2017). The MIR framework assumes that interdisciplinary research is a process, that requires the research question and goal to be at the heart of research. The conceptual design of the framework allows for collaborators to think and exchange their interdisciplinary knowledge to create the technical design of the study. To benefit optimally from the monodisciplinary research, the information has to be integrated and examined by an intradisciplinary team for proper data synthesis.



Methodology

The MIR framework was intended to be used in both a monodisciplinary and an interdisciplinary basis. Individual research was conducted by performing literature reviews to understand how their own disciplines addressed Indigenous Health. Data derived from individual disciplinary specific research was then analyzed for key concepts. After saturation was achieved all of the disciplines and their key concepts are brought together for interdisciplinary integration to perform a thematic analysis. As a group, a consensus of the most salient themes related to Indigenous Health was created.

Conclusion



Through the interdisciplinary thematic analysis, the five salient themes identified were: Colonialism, power, praxis, indigenous knowledge, and self-determinism. This work identified a need for a shift in how scholars work with indigenous communities, from monodisciplinary to taking a cross-discipline approach. This paper shows the importance of indigenous voices and involvement in health agencies. Creating professional spaces that are more inclusive of indigenous knowledge, perspectives, practices, and lived realities can help diminish indigenous health disparities.

References

Chantal Francoeur, Alana Kehoe, Ivy Tran, Steven Vanloffeld, Lillian Woroniuk (2018). Interdisciplinary Lens on Indigenous Health Inequities: Planning, Nursing, Anthropology, Geography, Education. Western University.
Tobi, H., & Kampen, J. K. (2018). Research design: The methodology for interdisciplinary research framework. *Quality & Quantity*, 52(3), 1209-1225.