

1 **Early transition to microdiets improves growth, reproductive performance and**  
2 **reduces skeletal anomalies in zebrafish (*Danio rerio*)**

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14  
15 **Abstract**

16 Zebrafish is a model species with a high variability of feeding regimes among fish  
17 facilities. The use of live feeds for early life stages is a common practice and few  
18 studies have focused early weaning into microdiets. The lack of standardized feeding  
19 protocols amongst research facilities promotes discrepancies in biological performances  
20 and few studies relate dietary regimes to zebrafish development. The objective of this  
21 work was to assess the effect of an early transition into microdiets in zebrafish  
22 development by evaluating growth, survival, reproductive performance and skeletal  
23 anomalies. These parameters were assessed in one group exclusively fed on *Artemia*  
24 nauplii and two groups fed on microdiets (commercial and experimental). Results  
25 showed that an early weaning with the two microdiets significantly improved zebrafish

26 growth and reproductive performance, while a decrease in incidence of vertebral  
27 column anomalies was observed. A high survival was also maintained in fish fed  
28 microdiets at an early developmental stage when comparing to exclusive *Artemia*  
29 nauplii feeding. In conclusion, early weaning with high quality microdiets is beneficial  
30 for zebrafish growth, reproductive performance and skeletal development, contributing  
31 to the standardization of zebrafish husbandry practices.

32

33 Keywords: microdiets, skeletal anomalies, reproduction, growth, zebrafish feeding  
34 protocol

35

### 36 **Introduction**

37 Zebrafish is an important model species in numerous areas, including developmental  
38 biology, ecotoxicology, neurobiology, biomedicine and aquaculture.<sup>1-5</sup> In the past two  
39 decades, the development of novel technologies and molecular tools contributed to the  
40 increase in relevance of this species in biomedical research.<sup>1-4</sup> However, procedures  
41 concerning zebrafish husbandry, such as feeding protocols and nutritional composition  
42 of diets utilized, vary markedly among fish facilities.<sup>1,6-10</sup> This lack of standardization  
43 in husbandry procedures leads to a high degree of variability in fish growth performance  
44 and reproductive success, and until today the modulation of zebrafish dietary  
45 requirements is still poorly addressed.<sup>10,11</sup> The broodstock diet is highly relevant in  
46 teleosts, not only to its health state but also to the quality of its gametes and progeny.<sup>12-</sup>  
47 <sup>14</sup> The maintenance of body homeostasis is affected by the interaction between nutrition,  
48 metabolism, gene expression and epigenetic changes that modulate intracellular  
49 signaling pathways.<sup>14</sup> In this sense, it has been proposed a possible biological  
50 mechanism of nutritional “imprinting” events that modulate gene expression and

51 epigenetic patterns that could be transmitted to the progeny.<sup>15-18</sup> Therefore, nutrition  
52 research is highly relevant towards the standardization of zebrafish rearing, which can  
53 be achieved through the use of microdiets with controlled nutritional composition.

54 Zebrafish larvae are commonly fed with live preys including paramecia (*Paramecium*  
55 *sp.*), rotifers (*Brachionus sp.*) and *Artemia* nauplii (*Artemia sp.*)<sup>1,6,8,11,19-21</sup> until weaning  
56 at subadult stage (~30 days post-fertilization).<sup>22</sup> After weaning, juvenile and adult  
57 feeding may rely on a wide variety of diets, from flakes for aquarium species, to  
58 extruded microdiets, often primarily developed for aquaculture species.<sup>3,23</sup> When both  
59 diet types are compared, extruded diets generally result in improved larval quality and  
60 growth performance, as well as a superior water quality.<sup>9</sup> Moreover, a continuous  
61 supply of live feeds is often common in zebrafish feeding during the juvenile and adult  
62 stages, namely concerning *Artemia* nauplii. This strategy contributes as an  
63 environmental enrichment factor, stimulating the natural predatory behavior of  
64 fish<sup>10,24,25</sup> and lowering stress related to captivity, thus improving fish welfare.<sup>26</sup> These  
65 different feeding protocols implemented in fish facilities resulted in different nutritional  
66 compositions that may affect development. The use of a standardized diet in zebrafish  
67 rearing facilities is of utmost importance to increase the reproducibility of research  
68 conducted with this model.<sup>11</sup>

69 High reproductive performance in zebrafish is one of the most desired outcomes  
70 amongst the research community, since embryos are often the main focus of  
71 developmental studies, also frequently being a limiting factor in experimental designs.<sup>11</sup>

72 For this purpose, the ultimate goal for zebrafish is to reach the adult stage in a short  
73 period of time, or to modulate and enhance its reproductive performance through the  
74 dietary regime.<sup>22</sup> Diet composition provided to zebrafish breeders is extremely  
75 important for egg production, fertilization and hatching rates.<sup>13,27-29</sup> For instance, the

76 presence of specific phospholipids in the diet were shown to be essential for improving  
77 zebrafish sperm quality and reproductive performance.<sup>13</sup> On the other hand, a diet based  
78 on flakes led to a negative effect in zebrafish reproduction by reducing egg  
79 production.<sup>20</sup> Furthermore, the inclusion of *Artemia* nauplii in the dietary regime lead to  
80 an improvement of gamete production, fertilization rates and spawning performance in  
81 zebrafish.<sup>23,27</sup> The continuous improvement of microdiets is essential to increase the  
82 zebrafish reproductive performance.<sup>3,11,25</sup>

83 Zebrafish has also been successfully used as a model to understand cellular and genetic  
84 aspects of vertebrate skeletogenesis,<sup>30,31</sup> since it has a mineralized bone matrix similar  
85 to mammals, with both endochondral and intramembranous ossification as well as  
86 functional osteoblasts, osteocytes and osteoclasts.<sup>5,31-33</sup> However, little is known about  
87 the effect of the dietary regime on zebrafish skeletal development.<sup>13,34</sup> Therefore, this  
88 work aimed at evaluating the effect of an early transition from live feeds (*Artemia*  
89 nauplii) to microdiets (commercial and experimental) and their impact on skeletal  
90 formation in zebrafish larvae when compared to a feeding regime exclusively based on  
91 *Artemia* nauplii. In addition, this study evaluated the effect of these dietary treatments  
92 on zebrafish growth and reproductive performance.

93

## 94 **Material and Methods**

### 95 *Ethics Statement*

96 All animal manipulations were performed in compliance with the Guidelines of the  
97 European Union Council (86/609/EU) and transposed to the Portuguese law for the use  
98 of laboratory animals on research by “Decreto Lei n° 129/92 de 06 de Julho, Portaria n°  
99 1005/92 de 23 de Outubro”, and according to the European parliament council  
100 directive’s for protection of animals used for scientific research (2010/63/EU). All

101 animal protocols were performed under a “Coordinator-researcher” license from the  
102 Direção-Geral de Veterinária, Ministério da Agricultura, do Desenvolvimento Rural e  
103 das Pescas, Lisbon, Portugal, under the “Decreto Lei nº113/2013 de 7 de Agosto”  
104 relative to the protection of animals used for scientific research.

105

#### 106 *Housing conditions*

107 A breeding population of zebrafish wild-type AB strain (ZFIN ID: ZDB-GENO-  
108 960809-7) maintained at the Centre of Marine Sciences (CCMAR, Portugal) for more  
109 than 10 generations was used to generate the embryos used in the trial. The fish room  
110 had a controlled photoperiod with a 14:10 hour light:dark cycle and humidity close to  
111 60%.<sup>35</sup> Fish were housed in 3.5 L tanks placed in a 980 L recirculating system  
112 (ZebTEC®, Tecniplast, Italy). The water quality was maintained by partial water  
113 renewal (10% of total volume daily) and through filtration: biological filtration (ceramic  
114 beads), mechanical filter (pleated cartridge filters, 50  $\mu\text{m}$ ), carbon filter (granular  
115 activated carbon filter) and ultraviolet sterilization (180 000  $\mu\text{Ws}/\text{cm}^2$ ). Water  
116 conditions were as follows: temperature:  $28.0 \pm 1$  °C; pH  $7.5 \pm 0.2$ ; and conductivity  
117  $750 \pm 30$   $\mu\text{S}$ . Nitrogen compounds were monitored weekly, presenting values constantly  
118 below 0.1 mg/L ( $\text{NO}_2^-$  and  $\text{NH}_4^+$ ) and below 50 mg/L ( $\text{NO}_3^-$ ) throughout the  
119 experimental period.

120

#### 121 *Fish rearing and diet preparation*

122 A broodstock group of AB strain males (n = 15) and females (n = 15), between 4 - 5  
123 months, were crossed and approximately 1000 eggs were collected and incubated at  
124 28.0

125 ± 0.5 °C in 1L nursery tanks (density of 200 eggs/L) with E2 embryo medium  
126 containing 50 ppt of methylene blue (Sigma-Aldrich, Spain) to reduce bacterial and  
127 fungal growth.<sup>13,19</sup> At 5 days post-fertilization (dpf), 900 larvae were pooled and  
128 divided into triplicates (100 larvae/L) for each treatment group.

129 The experimental design comprised 3 different treatment groups: the first group, was  
130 fed with 3 meals of *Artemia* nauplii per tank (AF 480; INVE, Belgium) with a supply of  
131 5000 nauplii per meal between 5 and 10 dpf. Between 11 and 20 dpf, 10 000 nauplii per  
132 meal were supplied; between 21 and 30 dpf, 15 000 nauplii were supplied per meal.  
133 From 30 dpf until the end of the breeding trials, the fish were fed two meals containing  
134 40 000 *Artemia* nauplii per tank (Fig. 1). Commercial diet (CD) and Experimental diet  
135 (ED) groups were reared in a co-feeding regime (5 and 8 dpf) with 5000 *Artemia* nauplii  
136 per tank once a day, and twice a day with extruded diets. From 8 to 30 dpf fish were fed  
137 with 3 meals a day with microdiets representing 15 to 20% of larvae body weight. From  
138 30 dpf until the end of the breeding trials each fish tank was fed with microdiets  
139 representing 3 to 5% of fish body weight (Table 1).

140 The CD contained the following ingredients: fish meal, lecithin, wheat gluten, dried  
141 seaweed, fish oil, maize starch, vitamins and minerals. The ED was produced using the  
142 following main ingredients: fish meal, fish solubles, lecithin, wheat gluten, vitamins and  
143 mineral premixes. Briefly, the ED was produced by Sparos Lda (Olhão, Portugal) using  
144 extrusion at low temperatures as main production process. Powder ingredients were  
145 mixed in a double helix mixer and ground in a micropulverizer hammer mill (SH1,  
146 Hosokawa-Alpine, Germany). The powders were humidified and agglomerated by low  
147 temperature extrusion (Dominioni Group, Italy). Resultant pellets were dried in a  
148 convection oven (OP 750-UF, LTE Scientifics, United Kingdom) for 4 h at 60 °C,  
149 crumbled (Neuro Farm, Germany) and sieved to desired size ranges (<100 µm, 100 –

150 200 µm, 200 – 400 µm and 400 - 600 µm). These size ranges were adapted according to  
151 fish mouth size and developmental stage. Proximate composition of dietary treatments  
152 is shown in Table 2.

153

#### 154 *Reproduction trials*

155 At 120 dpf, fish were divided according to their sex, based on to the differences in  
156 morphology and pigmentation.<sup>22</sup> The reproductive performance trials started when fish  
157 were prone for mating events (3 - 4 month old). Males and females were housed in  
158 separated 3.5 L tanks to improve their reproductive efficiency.<sup>36</sup> Two breeding groups  
159 of 2 males and 3 females were randomly chosen from population and set up in a  
160 standard 1 L breeding tanks (Tecniplast, Italy) (n = 5 crosses) 15 h before the spawning  
161 period (adapted from Lawrence *et al.*<sup>22</sup>). Couples were allowed to mate 1 h after the  
162 beginning of the light phase by removing the plastic partition that kept both sexes  
163 separated. Fish returned to their respective housing tanks 2 h after the beginning of the  
164 spawning period, being crossed with 15 days of interval between spawning events to  
165 maximize gametes release. The eggs were collected and incubated as previously  
166 described. At 3 dpf, the number of hatched embryos was determined under a  
167 stereomicroscope (Leica MZ6, Leica, Germany).

168 Zebrafish larvae were raised in static conditions in 1 L breeding tanks between 5 to 15  
169 days post-fertilization (100 larvae/L) with daily water renewal (50%). At 15 dpf, larvae  
170 were transferred to 3.5 L tanks (25 larvae/L) in a ZebTEC recirculating system with a  
171 flow rate of 150 mL/min until fish reached the adult stage (3-4 months).

172

#### 173 *Fish sampling*

174 A group of 10 larvae from each tank (n = 30 observational units) were sampled for  
175 standard length (SL) at 15, 30, 60 and 120 dpf. Larvae were photographed using a  
176 Digital camera (Canon Power shot G12, Canon, Japan) attached to a stereomicroscope  
177 (Leica MZ6, Leica, Germany), and images were analyzed using ZEISS AxioVision  
178 (version 4.8, Carl Zeiss, Germany). The groups of larvae with 15 and 30 dpf were  
179 euthanized with a lethal dose of tricaine methanesulfonate (MS-222; Sigma-Aldrich,  
180 Spain) and stored at -20 °C, freeze-dried, and weighted to determine dry weight (DW).  
181 Juvenile (60 dpf) and adult fish (120 dpf) were anesthetized with 150 mg/L of MS-222,  
182 measured and weighted.

183 To evaluate larvae skeletal anomalies, 30 larvae per tank (n = 90 observational units)  
184 were sampled at 30 dpf, euthanized with a lethal dose of MS-222 and fixed in a 4%  
185 buffered paraformaldehyde solution at 4 °C for 24 h. Larvae were subsequently washed  
186 with a phosphate buffer saline 0.1 M, pH 7.4 solution and stored in 75% ethanol at room  
187 temperature (adapted from Gavaia *et al.*<sup>37</sup>). Whole-mount acid-free double staining was  
188 performed using alcian blue 8GX (Sigma-Aldrich, Spain) for cartilage and alizarin red S  
189 (Sigma-Aldrich, Spain) for mineralized bone.<sup>38</sup> Briefly, samples were stained in alcian  
190 blue 8GX for 1.5 h and passed through a decreasing series of ethanol concentrations (96  
191 to 25%), and hydrated with distilled water before being stained overnight with alizarin  
192 red S in a potassium hydroxide solution (KOH) (Sigma-Aldrich, Spain) at 0.5%.  
193 Samples were cleared with a 0.5% KOH solution and stored in a solution of 90%  
194 glycerol (Merk Millipore, Billerica, MA) at room temperature. The detection of skeleton  
195 anomalies was performed following the nomenclature by Bird and Mabee<sup>39</sup> and  
196 Bensimon-Brito *et al.*<sup>40</sup>.

197

198 *Data analysis*



199 Results were expressed as means  $\pm$  standard deviation (SD). Data normality was tested  
200 using a Kolmogorov-Smirnov test. Mean differences between treatments for fish growth  
201 and length were analyzed using a Kruskal-Wallis test followed by a Mann-Whitney U  
202 Test ( $p < 0.05$ ). Statistical differences between treatments for skeletal anomalies were  
203 evaluated with Person's Chi-squared test ( $p < 0.05$ ). Significant differences between  
204 treatments for the number of eggs and the number of eggs per female was evaluated  
205 using a Student's *t*-test ( $p < 0.05$ ). IBM SPSS Statistics 25.0 software was used for data  
206 and statistical analysis.

207

## 208 **Results**

### 209 *Larval performance*

210 No significant differences were observed between treatments for fish survival during the  
211 course of the experiment (Table 3). At 15 and 30 dpf, fish fed CD had a significantly  
212 higher standard length (SL) than larvae fed with *Artemia* nauplii and ED (Table 3). No  
213 significant differences were observed for SL of fish from the ED and Artemia treatment  
214 at 15 DPF. However, at 30 dpf, the ED dietary treatment resulted in higher SL values  
215 than in the *Artemia* nauplii treatment (Table 3). No significant differences were  
216 observed between CD and ED treatments until the end of the experiment (60 and 120  
217 dpf), in which both treatments obtained higher SL values than larvae fed with *Artemia*  
218 nauplii (Table 3). There were no significant differences between treatment groups  
219 regarding dry weight at 15, 30 and 60 dpf (Table 3). Significant differences were  
220 observed when fish reached 120 dpf, where fish fed with CD and ED showed a  
221 significantly higher weight than fish fed with *Artemia* nauplii (Table 3).

222 At 120 dpf, no statistical differences were observed regarding fish sex ratios of the  
223 progeny obtained by breeders from the different dietary treatments. However, a higher  
224 number of males was observed in all treatments (Table 3).

225

#### 226 *Reproductive performance*

227 Fish fed with CD and ED presented a significantly higher number of spawned eggs, as  
228 well as a higher female contribution, when compared to fish fed with the *Artemia*  
229 nauplii feeding regime (Table 4). However, there were no statistical differences in  
230 embryo hatching rate observed between the different treatments (Table 4).

231

#### 232 *Skeletal development*

233 Skeletal evaluation was performed at 30 dpf, when all skeletal structures were  
234 completely formed. Fish fed with *Artemia* nauplii showed a significantly higher  
235 incidence of total skeletal anomalies ( $90.00 \pm 10.00\%$ ) than fish fed with CD ( $48.33 \pm$   
236  $1.67\%$ ) and ED ( $51.11 \pm 4.44\%$ ) feeding regimes (Fig. 1 A). No statistical differences  
237 were observed for skeletal anomalies between fish fed with both microdiets (Fig. 1 A).  
238 There were no significant differences observed in the distribution of skeletal anomalies  
239 throughout the zebrafish vertebral column between treatment groups. However, most of  
240 the detected anomalies were found in the fish posterior region (caudal fin vertebrae)  
241 (Fig. 1 B). No statistical differences were observed in the number of anomalies between  
242 the different treatment groups (Fig. 1 C). The most common anomalies observed were  
243 vertebral fusions, compressions, lordosis, scoliosis and shortened vertebrae. Vertebral  
244 fusions were identified by the presence of secondary neural arches. Compressions  
245 caused deviations to the normal pattern of the vertebral column (Fig. 2).

246

247 **Discussion**

248 This work assessed the viability of an early introduction of microdiets and live feed  
249 replacement in the dietary regime of zebrafish, a widely used model in biomedical  
250 research. Although live feeds such as paramecia, rotifers or *Artemia* nauplii are a  
251 common practice in zebrafish husbandry. Results from the current study showed benefic  
252 effects of using a short co-feeding regime with microdiets and *Artemia* nauplii followed  
253 by an early transition to a feeding regime composed solely by microdiets (CD and ED).  
254 An early transition to microdiets increased larvae growth, maintaining a high survival  
255 and lower prevalence of skeletal anomalies when compared to exclusive live feed  
256 (*Artemia* nauplii) regime. Therefore, shortening the live feed administration period is  
257 beneficial in zebrafish larvae rearing.

258 The transition from live feeds to microdiets is known to be a sensitive period in fish  
259 development. Few studies were conducted with an earlier transition from live feeds to  
260 commercial or experimental extruded diets, especially at the onset of exogenous feeding  
261 in zebrafish larvae.<sup>10,23,41</sup> In our study, the highest standard length values at 15 dpf were  
262 achieved by larvae fed with CD ( $6.34 \pm 0.45$  mm) when compared with larvae fed the  
263 ED ( $5.89 \pm 0.53$  mm) and *Artemia* nauplii ( $6.11 \pm 0.68$  mm). Despite the differences in  
264 rearing densities, the observed values of larvae length in the CD treatment group were  
265 comparable to those obtained by Kaushik *et al.*<sup>23</sup> (approximately 8 mm) at the same age  
266 (15 dpf) with a similar feeding protocol. Moreover, results from the current study are  
267 also similar to those obtained by Gómez-Requeni *et al.*<sup>41</sup>, who used a commercial diet  
268 (JBL Novo Tom Artemia diet; JBL GmbH & Co., Germany) until 16 dpf, achieving a  
269 fork length of 6.84 mm. The larval growth observed in our study, was identical to  
270 Kaushik *et al.*<sup>23</sup> at 60 dpf (approximately 22.5 mm). Consequently, the dietary protocol

271 proposed in the current study reflects a normal zebrafish larval growth when compared  
272 to previously conducted studies.

273 Broodstock nutrition is an essential factor to optimize breeder's reproductive ability,  
274 improving thus gamete quality and fertilization rates, as well as the progeny quality.<sup>12,13</sup>

275 More specifically, the diet composition is known to affect reproductive performance in  
276 zebrafish in terms of clutch size, hatching rate and consequently larval growth  
277 performance.<sup>10,13,29</sup> In our feeding trial we observed that both microdiets (CD and ED)

278 achieved significantly higher number of eggs spawned when compared to fish fed  
279 exclusively on *Artemia* nauplii, yielding a clutch size above zebrafish average  
280 (approximately 200 eggs/female).<sup>36</sup> The lower number of eggs observed in *Artemia*  
281 nauplii treatment may be related to its suboptimal nutritional composition,<sup>27-29</sup> which is  
282 known to have impact on fish reproduction.<sup>20</sup> This suggest that *Artemia* nauplii does not  
283 fulfil the nutritional requirements necessary for optimal oocytes production and quality.

284 It is known that highly unsaturated fatty acids (HUFAs) and phospholipids have a  
285 particularly relevant role in zebrafish broodstock nutrition, since they improve  
286 reproduction performance and gametes quality.<sup>13,29,42</sup> Arachidonic acid (ARA),  
287 eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) are involved in  
288 reproduction processes such as oocyte maturation, ovulation, spawning, hatching  
289 success and larval quality.<sup>43,44</sup> Zebrafish have the ability to biosynthesize EPA and

290 DHA from  $\alpha$ -linolenic acid (LNA, 18:3n-3) and ARA from linoleic acid (LA, 18:2n-6).

291 The biosynthesis extent is dependent on the activities of desaturase and elongase  
292 enzymes, however the rate at which this biosynthesis occurs remains to be  
293 established.<sup>45,46</sup> Ishak *et al.*<sup>46</sup> observed higher ARA level in pre-vitellogenic and  
294 matured follicles while DHA level were higher during late vitellogenic and maturation  
295 stage, consequently HUFA synthesis is involved in oocyte maturation and ovulation.

296 Since *Artemia* nauplii contain low DHA and higher ARA composition,<sup>47</sup> we suggest  
297 that the low content in DHA might compromise oocyte late maturation. Furthermore,  
298 the inclusion of those HUFA's in zebrafish diet may contribute to a reduction of  
299 metabolic effort invested in biosynthesis and favoring the metabolic investment on  
300 gamete production. It is known that dietary phosphatidilcholine and  
301 phosphatidilethanolamine supplementation improve significantly reproductive  
302 performance and sperm quality in zebrafish.<sup>13</sup> Therefore, not only the diet total lipid  
303 content but also the specific lipid categories and their ratios might play an important  
304 role on zebrafish reproduction.<sup>48</sup> The fact that the nutritional composition of microdiets  
305 is easier to modulate than the nutritional profile of live feed, indicates that microdiets  
306 can be an important nutritional tool to improve the reproduction of zebrafish.

307 During zebrafish development, the timing of ingestion of specific nutrients as well as  
308 the bioavailability of certain nutrients (e.g. lipids, amino acids, vitamins and minerals)<sup>49</sup>  
309 may affect the process of skeletal formation. The majority of the skeletal anomalies  
310 found in this study were located in caudal fin vertebrae, with the presence of fusions in  
311 the last vertebrae, scoliosis and deviations in relation to other vertebrae. The remaining  
312 affected structures presented lordosis and vertebral compressions caused by  
313 compression forces with consequent abnormal vertebra formation. Zebrafish is  
314 particularly susceptible to the incidence of skeletal anomalies in caudal fin vertebrae,  
315 has previous reported.<sup>50</sup> Despite the predominant number of anomalies in the pre-caudal  
316 fin vertebrae, zebrafish fed exclusively with live feed (*Artemia* nauplii) showed a  
317 significantly higher prevalence in skeletal anomalies when compared to fish fed with  
318 CD and ED. *Artemia* nauplii is known to lack essential nutrients, such as selenium, zinc,  
319 copper and manganese that are important for fish development and skeletogenesis.<sup>51</sup>  
320 Moreover, as previously mentioned, *Artemia* nauplii composition in HUFAs may be

321 unsuitable for a correct bone formation. Since high EPA levels inhibit the extracellular  
322 matrix mineralization and a high DHA content is required for a correct bone formation  
323 by altering the cell phenotype, gene expression and mineralization capacity. Inadequate  
324 levels of these HUFAs in *Artemia* nauplii are likely related to an incorrect  
325 skeletogenesis.<sup>49,52</sup> The same relationship between DHA and the correct bone  
326 formations were observed by Izquierdo *et al.*<sup>53</sup> with a decrease in 50% the number of  
327 skeletal anomalies of red porgy with higher DHA supplementation in the diet. However,  
328 the EPA and DHA requirements differ between marine and freshwater species and  
329 comparisons on the effects of these dietary factors in marine/freshwater fish  
330 development should be taken carefully. Still, comparing the nutritional profile of  
331 *Artemia* nauplii and microdiets used in the current study, it is possible to observe that  
332 mineral content in *Artemia* nauplii represents only approximately 35-40% of the values  
333 observed in the microdiets. Future studies should understand if these reduced levels in  
334 the total mineral content or in specific minerals such as calcium, phosphorous or  
335 respective ratio; are responsible for the higher prevalence of skeletal anomalies in  
336 zebrafish fed with *Artemia* nauplii. Nevertheless, like in HUFAs, it is possible that the  
337 mineral fraction of *Artemia* nauplii may be inadequate for a correct skeletal  
338 development of zebrafish and its use as main dietary source should be avoided in  
339 zebrafish husbandry, especially in studies assessing skeletal development. Further  
340 research is required to establish the nutritional requirements of zebrafish, thus allowing  
341 to improve microdiets used in zebrafish husbandry, contributing for an adequate  
342 development and skeletogenesis. The standardization of zebrafish nutrition is a pressing  
343 matter, live feeds are labor intensive and prone to pathogenic contaminations which can  
344 compromise fish health.<sup>25</sup> Since microdiets are practical, nutritionally controlled and  
345 expected to present lower biosecurity risks, they are a promising tool for standardization

346 purposes. Ultimately, the development of standardized high quality microdiets specific  
347 for zebrafish would lead to a higher experimental reproducibility in rearing  
348 methodologies between research facilities.

349 In conclusion, this study showed that an early transition to microdiets significantly  
350 improved zebrafish growth and reproductive performance, while decreasing the number  
351 of vertebral column anomalies and maintaining a high survival when compared to the  
352 *Artemia* nauplii feeding regime. This study therefore, contributes to the improvement of  
353 zebrafish husbandry by ameliorating zebrafish development, quality and reproduction  
354 through an early introduction of microdiets.

355

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364

### 365 **Disclosure Statement**

366 No competing financial interests exist

367

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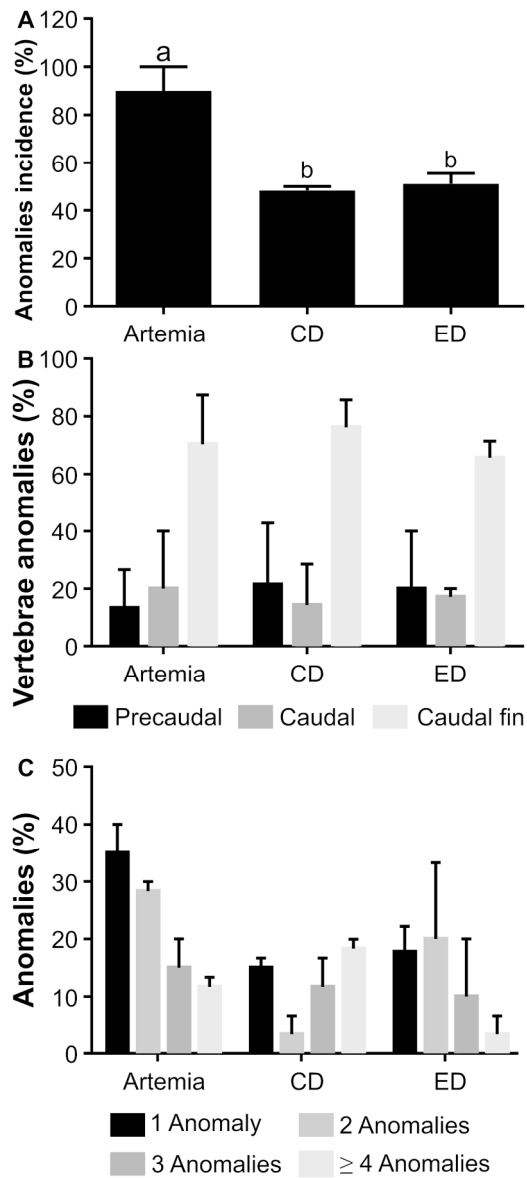


FIG 1 - Zebrafish skeletal anomalies detected at 30 dpf in Artemia nauplii (Artemia), Commercial Diet (CD) and experimental diet (ED) treatments in terms of: (A) Total incidence of anomalies (%), (B) Anomalies distribution in the vertebral column (%), (C) Load of anomalies in the vertebral column (%). Statistical differences between treatments in the total incidence of anomalies was evaluated with Pearson's chi-squared test ( $p < 0.05$ ).

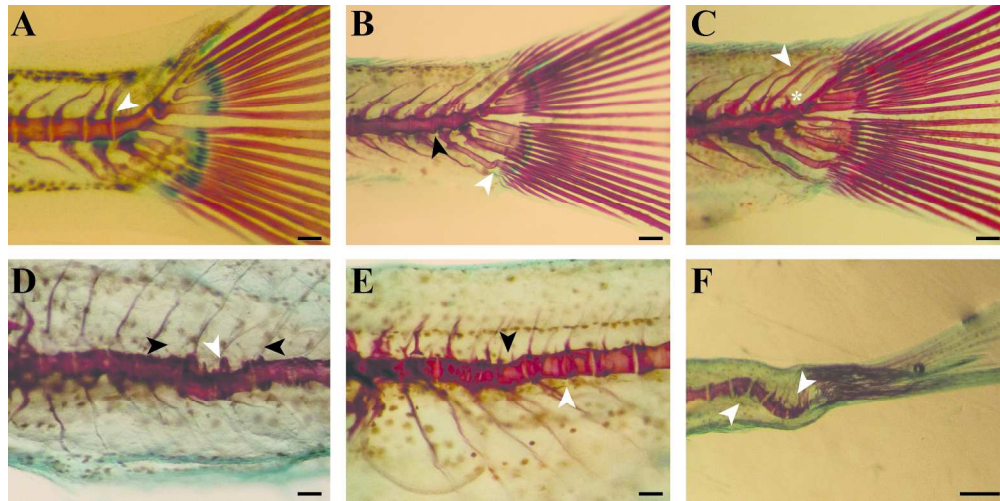


FIG 2 - Zebrafish most common skeletal anomalies observed at 30 dpf in *Artemia* nauplii (*Artemia*), Commercial Diet (CD) and experimental diet (ED), detected by the double staining (Alcian blue and Alizarin red S). Cartilage is stained in blue and mineralized bone is stained in red. (A) Fusion in the last caudal fin vertebra, No. 29 -30, identified by the presence of secondary neural arches (white arrow, CD) (B) Caudal fin vertebral deviation in relation to other vertebra, No. 30 (compression; black arrow); severe anomaly of the haemal arche, that supports the caudal fin (white arrow; *Artemia*) (C) Secondary neural arche in the last caudal fin vertebrae, No. 30 (white arrow); existence of a broken neural arche (asterisk; *Artemia*) (D) Lordosis in pre-caudal vertebrae, No. 7 and 8 (white arrow), associated to a vertebral compression (black arrows; ED) (E) Pre-caudal vertebral compression, that led to an abnormal vertebra formation, No. 8 (black arrow); presence of a short length vertebrae, No. 9 (compression) (white arrow; CD) (F) Scoliosis in caudal fin vertebrae (compression, white arrows; CD). Scale bars = 0.1 mm

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**Table 1** - Zebrafish experimental feeding protocol

<i>Treatment</i>	<i>Artemia nauplii</i>		<i>CD</i>		<i>ED</i>			
Age (dpf)	Diet	Meals	Diet	Meals	Diet ( $\mu\text{m}$ ) and artemia	Meals		
5 - 10	5000 art/tank	3x	75 $\mu\text{m}$	2x (25 mg)	< 100 $\mu\text{m}$	2x (25 mg)		
			5000 art/tank	1x	5000 art/tank	1x		
10 – 20	10 000 art/tank	3x	150 $\mu\text{m}$	3x (75 mg)	100 – 200 $\mu\text{m}$	3x (75 mg)		
20 - 30	15 000 art/tank	3x			200 – 400 $\mu\text{m}$	3x (75 mg)		
30 - 45	40 000 art/tank	2x			300 $\mu\text{m}$	3x (175 mg)	400 – 600 $\mu\text{m}$	3x (175 mg)
45 - 120								

Artemia, *Artemia nauplii* AF480 (n = 3); CD, Commercial diet (n = 3); ED,

Experimental diet (n = 3)

**Table 2** - Proximate compositions of dietary treatments

<i>Treatment</i>	<i>Artemia</i> nauplii	<i>CD</i>	<i>ED</i>
Crude protein (g/100 g, DM)	54	59	63
Total lipid (g/100 g, DM)	12	14	20
Ash (g/100 g, DM)	5	14	14
Crude fiber (g/100 g, DM)	-	0.2	0.1
Gross energy (KJ/100 g, DM)	-	20.8	21
ARA (20:4 n-6, g/100 g, DM)	0.9 – 1.3	0.1	0.05
EPA (20:5 n-3, g/100 g, DM)	0.3 – 2.4	1	0.5
DHA (22:& n-3, g/100 g, DM)	0.4	2.3	0.8

*Artemia*, *Artemia* nauplii AF480; CD, Commercial diet; ED, Experimental diet; DM, dry matter; ARA, Arachidonic acid; EPA, Eicosapentaenoic acid; DHA, Docosahexaenoic acid

\*Camargo *et al.* <sup>55</sup>

**Table 3** - Growth, weight and survival performance

<i>Treatment</i>	<i>Artemia</i>	<i>CD</i>	<i>ED</i>
<i>15 dpf</i>			
Mean SL (mm)	6.11±0.68 <sup>b</sup>	6.34±0.45 <sup>a</sup>	5.89±0.53 <sup>b</sup>
Mean DW (mg/larvae)	0.31±0.00	0.19±0.03	0.20±0.02
Survival (%)	77.33±2.87	80.33±2.62	77.67±2.87
<i>30 dpf</i>			
Mean SL (mm)	6.38±1.10 <sup>c</sup>	8.94±1.34 <sup>a</sup>	8.03±1.14 <sup>b</sup>
Mean DW (mg/larvae)	1.28±1.17	1.93±1.70	1.96±1.81
Survival (%)	76.33±2.49	79.00±1.63	76.67±2.62
<i>60 dpf</i>			
Mean SL (mm)	14.34±2.61 <sup>b</sup>	23.41±2.62 <sup>a</sup>	21.76±2.21 <sup>a</sup>
Mean DW (mg/larvae)	52.29±27.53	78.93±51.36	86.74±46.03
Survival (%)	76.33±2.49	79.00±1.63	76.67±2.62
<i>120 dpf</i>			
Mean SL (mm)	26.67±1.76 <sup>b</sup>	33.00±1.47 <sup>a</sup>	31.26±6.06 <sup>a</sup>
Mean DW (mg/larvae)	344.00±147.78 <sup>b</sup>	600.79±136.20 <sup>a</sup>	498.57±164.25 <sup>a</sup>
Survival (%)	76.33±2.49	79.00±1.63	76.67±2.62
Sex-ratio (% of males)	25.00±6.25	28.99±0.42	37.09±1.37

Data are mean±SD

Statistical differences (Kruskal-Wallis test followed by a Mann-Whitney U Test,  $p <$

0.05) are represented by letters

dpf, days postfertilization; SL, standard length; DW, dry weight; *Artemia*, *Artemia*

nauplii (n = 3); CD, Commercial diet (n = 3); ED, Experimental diet (n = 3)

**Table 4** - Zebrafish reproductive performance at 120 days post-fertilization

<i>Treatment</i>	<i>Artemia</i>	<i>CD</i>	<i>ED</i>
No. of reproductive events	5/5	5/5	5/5
No. eggs spawned	128.80±47.27 <sup>b</sup>	257.40±79.80 <sup>a</sup>	353.80±94.13 <sup>a</sup>
Mean female contribution	68.00±16.63 <sup>b</sup>	128.70±39.90 <sup>a</sup>	131.45±22.30 <sup>a</sup>
Hatching rate (%)	82.60±11.06	90.20±5.91	93.20±5.42

Data are mean±SD

Statistical differences (Student's *t*-test,  $p < 0.05$ ) are represented by letters

Mean female contribution, total number of eggs/number of females

*Artemia*, *Artemia* nauplii; CD, Commercial diet; ED, Experimental diet