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**A. J. Vizcaíno, A. Rodiles, G. López,
M. I. Sáez, M. Herrera, I. Hachero,
T. F. Martínez, M. C. Cerón-García &
F. Javier Alarcón**

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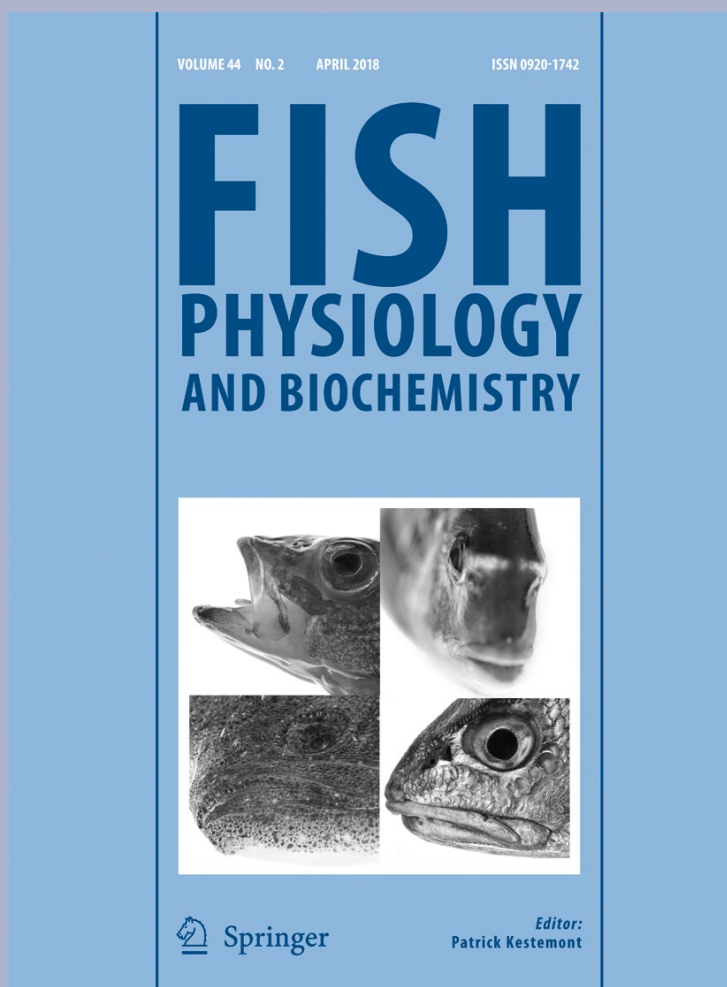
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Growth performance, body composition, and digestive functionality of Senegalese sole (*Solea senegalensis* Kaup, 1858) juveniles fed diets including microalgae freeze-dried biomass

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 M. C. Cerón-García · F. Javier Alarcón 

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Abstract Senegalese sole is one of the most promising fish species cultivated in the Southern European countries. This study was aimed at assessing the effects of microalgae biomass added to diets for Senegalese sole juveniles on fish growing and condition status. Three isoproteic (52%) and isolipidic (10%) were formulated containing 15% *Tisochrysis lutea* (TISO), *Nannochloropsis gaditana* (NAN), or *Scenedesmus almeriensis* (SCE) biomass, respectively. An experimental microalgae-free diet (CT) and a commercial diet (COM) were used as controls. Fish were fed at 3% of their body weight for 85 days. Final

body weight of fish fed microalgae-supplemented diets did not differ from group fed CT diet. Fish-fed CT, TISO, NAN, and SCE showed higher growth performance and nutrient utilization figures than specimen-fed COM diet. The highest carcass lipid content was found in COM group (141 g kg⁻¹), and no differences were observed in body protein content. Ash was significantly higher in TISO, NAN, and SCE groups compared to fish-fed CT. Muscle EPA and DHA contents were not modified owing to the different dietary treatments. The n3/n6 and EPA/DHA ratios in muscle were similar in all the experimental groups. The quantification of digestive proteolytic activities did not differ among experimental groups, although differences in the protease pattern in digestive extracts by zymography were revealed in those fish fed on COM diet. Both α -amylase activity in the intestinal lumen and leucine aminopeptidase in the intestinal tissue were significantly lower in COM fish. Specimens fed on SCE diet showed a higher leucine aminopeptidase activity associated to the intestinal tissue compared to NAN-fed fish (0.40 and 0.25 U g tissue⁻¹, respectively). The ultrastructural study revealed that the dietary inclusion of algal biomass, especially *T. lutea* and *N. gaditana*, had a positive impact on the absorptive capacity of the intestinal mucosa. The highest values for the parameters microvilli length and microvilli absorption surface were observed in fish fed on NAN diet (1.99 μ m and 45.93 μ m², respectively). Even though further studies aimed at optimizing commercial formulas

A. J. Vizcaíno · G. López · M. I. Sáez · T. F. Martínez ·
 F. J. Alarcón (✉)

Departamento de Biología y Geología, Escuela Superior de
 Ingeniería, Universidad de Almería, La Cañada de San Urbano,
 04120 Almería, Spain
 e-mail: falarcon@ual.es

A. Rodiles
 School of Biological Sciences, Plymouth University, Plymouth,
 UK

M. Herrera
 IFAPA Centro Agua del Pino, Huelva, Spain

I. Hachero
 Centro Oceanográfico de Vigo, Instituto Español de Oceanografía,
 36390 Vigo, Spain

M. C. Cerón-García
 Departamento de Ingeniería Química, CITE II-A, Universidad de
 Almería, La Cañada de San Urbano, 04120 Almería, Spain

for Senegalese sole are required prior to any large-scale practical utilization, the results obtained clearly suggest the potential of microalgae as dietary ingredients for this fish species.

Keywords Aquafeed · Fish nutrition · *Tisochrysis lutea* · Microalgae · *Nannochloropsis gaditana* · *Scenedesmus almeriensis* · Senegalese sole

Introduction

In recent years, aquaculture production in the Southern European countries has been just focused on a few marine species, especially gilthead sea bream (*Sparus aurata*) and European sea bass (*Dicentrarchus labrax*). Nevertheless, increased production of these two species has led to market saturation and price reduction (Morais et al. 2004). It is likely that any further thriving in the competitiveness of the European aquaculture industry will be more closely related to the capacity to diversify the market offer, than to increase productivity. Given its high commercial value, Senegalese sole (*Solea senegalensis*, Kaup 1858) has already gained the status of being one of the most interesting and promising fish species for cultivation (Dinis et al. 1999; Imsland et al. 2003).

The protein requirement of Senegalese sole has been estimated at 50% of the diet (Rema et al. 2008; Rubio et al. 2009). Traditionally, fishmeal has been the main protein ingredient in aquafeeds, owing to its high protein digestibility and excellent composition of essential aminoacids and fatty acids (Olsen and Hasan 2012). Some alternative protein ingredients have been successfully used to partially replace fishmeal in aquafeeds. Thereby, plant-derived ingredients such as soybean meal, soybean protein concentrate, rapeseed meal, corn gluten meal, and wheat gluten fulfill many of the nutritional characteristics required to replace, at least partially, fishmeal. Indeed, all of them have been widely used for partial or total fishmeal substitution in Senegalese sole diets (Silva et al. 2010; Cabral et al. 2011, 2013; Moreira et al. 2014; Rodiles et al. 2015), as well as in other flatfish species such as turbot, *Psetta maxima* (Fournier et al. 2004), Japanese flounder, *Paralichthys olivaceus* (Pham et al. 2007), halibut, *Hippoglossus hippoglossus* (Murray et al. 2010) or Egyptian sole, *Solea aegyptiaca* (Gatta et al. 2011).

Thus, high or total fishmeal replacement by plant protein can decrease fish growth (Lin and Luo 2011; Cabral et al. 2013) and even adversely affect the activity of digestive enzymes (Santigosa et al. 2008) as well as the integrity of the gastrointestinal epithelium (Merrifield et al. 2009). Consequently, the need to find alternative protein ingredients without any detrimental impact on fish physiology remains a key priority in aquaculture.

Several microalgae might well represent a promising alternative in this regard, either as ingredients aimed at replacing fishmeal or even as bioactive feed additives (Lupatsch 2009). The high protein content (30–55% dry weight basis) makes microalgae biomass particularly interesting in fish nutrition. In addition, microalgae show unique fatty acid profile, and they are also a valuable source of essential vitamins and natural pigments (Spolaore et al. 2006). The potential of microalgae, such as *Isochrysis sp.*, *Nannochloropsis sp.*, and *Scenedesmus almeriensis*, as aquafeed ingredient has been assessed in several experiments (Walker and Berlinsky 2011; Tibaldi et al. 2015; Vizcaíno et al. 2014, 2016). Most studies feeding microalgae biomass to marine fish have reported improved growth, nutrient retention, and gastrointestinal morphology (Güroy et al. 2007; Hussein et al. 2013; Vizcaíno et al. 2014, 2016). Nevertheless, adverse effects on fish growth have also been reported (Walker and Berlinsky 2011). Apparently, the physiological effects of microalgae are dose-dependent and species-specific, and thus, no general rule can be set out. Consequently, there is the need to conduct research for each specific case. In this regard, as far as we know, no studies assessing the effect of microalgae as dietary ingredients in feeds for Senegalese sole juveniles have been published to date.

The aim of the present research was to assess the effects of the dietary inclusion of *Tisochrysis lutea* (TISO), *Nannochloropsis gaditana* (NAN), and *Scenedesmus almeriensis* (SCE) biomass on growth performance, proximate composition, and digestive functionality of *S. senegalensis* juveniles.

Materials and methods

Microalgae biomass

Microalgae were provided by Estación Experimental “Las Palmerillas” (Fundación Cajamar, Almería,

Spain). The cells were produced in a semiindustrial-sized (3000 L) outdoor tubular photobioreactor (PBR) in continuous mode. This facility is designed to operate with seawater or fresh water in a closed circuit, with recirculation of the culture medium. Agricultural fertilizers were used instead of pure chemicals at a calcium nitrate concentration of 11 mM, according to the commercial medium Algal (Bionova, Santiago de Compostela, Spain). The inorganic compounds were added to artificial seawater using 30 g L⁻¹ NaCl (TorreSal, Unión Salinera de España). The PBR used was a closed, vertical, and tubular system made up by a 400-m length tube with a diameter of 0.09 m in a two-plane loop configuration (Torzillo et al. 1986) for degassing and heat exchanging. The tube diameter was optimized to maximize the volume of culture whilst maximizing the interception of solar radiation in order to optimize microalgae photosynthesis. Values of pH, temperature, and dissolved oxygen were continuously monitored at the end of the loop by using specific probes (Crison Instruments, Spain). Pure CO₂ was injected on-demand with the aim of maintaining pH 7.8. The system was programmed to keep temperature within the range required for optimal growth of each microalgae strain (*T. lutea* 23–25 °C, *N. gaditana* 25–27 °C, and *S. almeriensis* 28–30 °C). The culture was kept under continuous circulation by using a centrifugal pump at 0.9 m s⁻¹. The PBR was bubbled at a constant airflow rate of 200 L min⁻¹. The biomass was harvested daily by centrifugation (RINA centrifuge, Riera Nadeu SA, Spain), frozen at -18 °C, lyophilized, and finally milled to obtain a homogenized powder (<100 µm) that was stored in the dark at -20 °C until further preparation of the experimental diets.

Experimental diets

Four isonitrogenous (52% on dry weight basis) experimental diets were manufactured at the CEIA₃-Universidad de Almería facilities (Service of Experimental Diets, http://www.ual.es/stecnicos_spe). Three experimental diets were formulated to include 15% (w/w) freeze-dried *T. lutea* (TISO), *N. gaditana* (NAN), or *S. almeriensis* (SCE) biomass. A microalgae-free diet was used as control (CT). The formulation and chemical composition of the experimental diets are shown in Tables 1 and 2. Feed ingredients were finely ground and mixed in a vertical helix ribbon mixer (Sammic BM-10, 10-L capacity, Sammic,

Azpeitia, Spain) before fish oil and diluted choline chloride were added. All the ingredients were mixed together for 15 min and then water (300 mL kg⁻¹) was added to the mixture to obtain a homogeneous dough. The dough was passed through a single screw laboratory extruder (Miltentz 51SP, JSConwell Ltd., New Zealand), to form 1–2 mm (diameter) and 2–3 mm (length) pellets. The extruder barrel consisted of four sections and the temperature profile in each section (from inlet to outlet) was 100, 95, 90, and 85 °C, respectively. Finally, pellets were dried at room temperature for 24 h and kept in sealed plastic bags at -20 °C until use. In addition, a flatfish commercial feed, COM (55% crude protein and 15% crude lipid) was also used as a second microalgae-free control diet. The approximate ingredient composition (% w/w) of COM diet was fishmeal LT (37.0–40.0), CPSP (3.0–5.0), squid meal (3.0–5.0), soybean meal (16.0–20.0), corn gluten meal (12.0–18.0), wheat meal (10.0–18.0), wheat gluten (3.0–6.0), fish oil (12.0–14.0), choline chloride (0.10), mineral and vitamin mix (0.33), and betaine (0.07).

Fish and feeding trial

Feeding trial was carried out at the “Agua de Pino” facilities (IFAPA, Huelva, Spain). After a 15-day acclimation period, 300 fish were selected (body weight 11.4 ± 0.3 g) and randomly distributed (20 fish per tank) in 15 polypropylene gray rectangular tanks (77 × 56 × 22 cm; 80 L; 0.48 L min⁻¹ flow rate). Experiments were conducted in triplicate (5 feeds × 3 tanks each feed), and fish were fed the five different diets twice per day (9:00 and 17:00 h), 7 days per week at a rate of 3% of their body weight. Leftover feed particles were carefully collected by siphoning 60 min after the administration, then dried for 12 h at 110 °C, and weighed (Barroso et al. 2013). The trial was carried out during 85 days from March to June in a flow-through filtered seawater system (1 µm) sterilized with UV, under constant temperature (19.0 ± 1.1 °C) and salinity (35 ± 1 ‰), with a 12 L:12D photoperiod. Supplemental aeration was provided to maintain dissolved oxygen at 6.8 ± 0.4 mg L⁻¹. Ammonia (<0.1 mg L⁻¹), nitrite (<0.2 mg L⁻¹) and nitrate (<50 mg L⁻¹) were determined once weekly at 9:00. All experimental procedures complied with the Guidelines of the European Union (Directive 2010/63/UE) and the Spanish legislation (Real Decreto 52/2013) regarding the use of laboratory animals.

Table 1 Ingredients and proximate composition of the experimental diets used in the feeding trial

	CT	TISO	NAN	SCE
Ingredients (g kg ⁻¹ DM)				
Fishmeal ¹	661	585	568	565
<i>Tisochrysis</i> meal ²		150		
<i>Nannochloropsis</i> meal ³			150	
<i>Scenedesmus</i> meal ⁴				150
Squid meal	50	50	50	50
Fish protein hydrolysate, CPSP90 ⁵	50	50	50	50
Soybean protein concentrate ⁶	25	25	25	25
Fish oil	60	37	30	58
Maltodextrin	88	37	61	36
Vitamin and mineral premix ⁷	28	28	28	28
Binder (sodium alginate) ⁸	38	38	38	38
Proximate composition (g kg ⁻¹ DM)				
Crude protein	529	517	526	533
Crude lipid	105	90	99	101
Ash	164	158	158	152
Crude fiber	3	1	2	2
Moisture	91	99	98	104
NfE ⁹	201	235	217	213

Dietary treatment codes are CT: control; TISO: 15% *Tisochrysis* meal inclusion (35.2% crude protein, 21.5% crude lipid, 31.1% NfE, and 12.2% ash); NAN: 15% *Nannochloropsis* meal inclusion (43.1% crude protein, 27.3% crude lipid, 22.2% NfE, and 7.4% ash); SCE: 15% *Scenedesmus* meal inclusion (44.6% crude protein, 9.1% crude lipid, 36.2% NfE, and 10.1% ash)

¹ 69.4% crude protein, 12.3% crude lipid, Norsildemel (Bergen, Norway)

² 35% crude protein, 21% crude lipid

³ 43% crude protein, 27% crude lipid

⁴ 44% crude protein, 9% crude lipid

⁵ 81% crude protein, 8.8% crude lipid, Sopropeche (France)

⁶ 65% crude protein, 8% crude lipid, DSM (France)

⁷ Mineral and vitamin premix according to Pereira and Oliva-Teles (2003)

⁸ Sigma-Aldrich (Madrid, Spain)

⁹ NfE: Nitrogen free extract calculated as 100 – (% crude protein + % crude lipid + % ash + % crude fiber)

Fish sampling

Fish were individually weighed and measured every 2 weeks after 24-h fasting. At the end of the feeding trial, all fish were anesthetized and killed with an overdose of isoeugenol followed by decapitation. Then, fish were dissected, and the skinless carcasses were freeze-

dried and stored at –20 °C for further proximate composition analysis. Additionally, muscle and liver samples were freeze-dried for fatty acid analysis, and the intestine of three specimens from each tank was collected for examination by light and electron microscopy (TEM).

Growth performance, nutrient utilization, and somatic indices

Growth and nutrient utilization were estimated using several morphometric and biometric indices. Daily Gain (DG, mg day⁻¹) = (Wf / Wi) / day, where Wf and Wi were final and initial weight (g); specific growth rate (SGR, %) = (Ln (Wf) – Ln (Wi) / days) × 100; feed conversion ratio (FCR) = total feed intake in dry basis (g) / weight gain (g); protein efficiency ratio (PER) = WG / total protein ingested (g), where WG was the weight gain (g). Biometric and somatic indices were calculated according to the following formulae: K-factor (%) = fish weight (g) / fish length³ (cm) × 100; Viscerosomatic Index (VI, %) = (visceral weight (g) / whole body weight (g)) × 100, and Hepatosomatic Index (HSI, %) = (liver weight (g) / whole body weight (g)) × 100.

Proximate composition and fatty acid profile

Chemical analysis of feeds and fish carcasses was carried out following the methods by AOAC (2000) for dry matter and ash, whereas crude protein (N × 6.25) was determined by using elemental analysis (C:H:N) with a Fisons EA 1108 analyzer (Fisons Instruments, Beverly, MA, USA). Total lipid content was analyzed according to Christie (1982). Fatty acid profile of feeds and tissue samples was determined by gas chromatography following the method of Rodríguez-Ruiz et al. (1998). This analysis was carried out with a gas chromatograph Hewlett Packard, 4890 Series II (Hewlett Packard Company, Avondale, PA) using modification of direct transesterification method described by Lepage and Roy (1984) that requires no prior separation of the lipid fraction.

Analysis of digestive enzyme activities

Intestine samples from each treatment were processed to obtain two types of crude extracts for the determination of enzyme activities. For each intestinal sample, tissue

Table 2 Fatty acid composition (% dry weight of relevant fatty acids) of microalgae and the diets

	<i>T. lutea</i>	<i>N. gaditana</i>	<i>S. almeriensis</i>	COM	CT	TISO	NAN	SCE
14:0	15.5	7.80	0.99	5.40	3.84	5.26	4.41	3.76
16:0	11.0	27.3	15.9	16.6	19.1	20.5	22.3	20.1
18:0	0.59	0.45	0.35	3.11	4.73	4.41	4.61	4.87
18:1n9	11.1	3.96	5.19	8.31	8.96	9.37	9.26	11.2
18:2n6	4.65	3.85	6.32	5.90	9.77	9.35	9.96	8.98
18:3n3	6.87		27.9	1.22	1.57	1.53	1.59	3.25
20:4n6, ARA		4.75		0.89	1.35	1.52	2.08	1.21
20:5n3, EPA	1.28	23.5		15.5	10.1	13.4	13.1	9.46
22:6n3, DHA	10.2			10.7	19.0	14.6	12.3	15.7
SFA				25.1	27.7	30.2	31.3	28.7
MUFA				21.6	19.0	21.0	26.0	20.8
HUFA				38.7	45.6	43.5	42.2	42.2
n3				29.2	33.0	31.0	28.5	30.2
n6				6.79	11.1	10.9	12.0	10.2
n9				12.7	10.8	10.7	10.5	13.0

and content were differentiated, and processed separately. Tissue and content of the same intestine sample were manually homogenized in distilled water at 4 °C to a final concentration of 0.5 g mL⁻¹. Supernatants were obtained after centrifugation (13,000g, 12 min, 4 °C) and stored at -20 °C for further enzymatic analysis. Total soluble protein in enzyme extracts was determined according to Bradford (1976), using bovine serum albumin as standard. Total alkaline protease activity in digestive extracts was spectrophotometrically measured according to Alarcón et al. (1998) using 5 g L⁻¹ casein in 50 mM Tris HCl (pH 9.0) as substrate. One unit of total protease activity was defined as the amount of enzyme that released 1 µg of tyrosine per min in the reaction mixture, considering an extinction coefficient for tyrosine of 0.008 µg⁻¹ mL⁻¹ cm⁻¹, measured at 280 nm. Trypsin and chymotrypsin activities were determined by using 0.5 mM BAPNA (N-a-benzoyl-DL-arginine-4-nitroanilide) as substrate according to Erlanger et al. (1961), and 0.2 mM SAPNA (N-succinyl-(Ala)₂-Pro-Phe-P-nitroanilide) according to DelMar et al. (1979), respectively, in 50 mM Tris-HCl buffer, pH 8.5, containing 10 mM CaCl₂. Alpha-amylase activity was measured using 2-chloro-4-nitrophenyl-α-D-maltotriose as substrate (Amylase MR, Clonatest, # KR10065). Leucine aminopeptidase and alkaline phosphatase activities were assayed using 2 mM L-Leucine-p-nitroanilide in 100 mM Tris-HCl

buffer, pH 8.8 (Pfleiderer 1970) and p-nitrophenyl phosphate in 1 M diethanolamine buffer, pH 9.5, containing 1 mM MgCl₂ (Bergmeyer 1974) as substrates, respectively. For trypsin, chymotrypsin, and leucine aminopeptidase activities, one unit of enzyme activity (U) was defined as the amount of enzyme that released 1 µmol of p-nitroanilide per min, using as extinction coefficient 8800 M cm⁻¹, measured at 405 nm. For alkaline phosphatase and α-amylase, one unit of activity was defined as the amount of enzyme that releases 1 µg of nitrophenyl per min considering a coefficient molar extinction of p-nitrophenol, 17,800 M cm⁻¹, measured at 405 nm. All assays were performed in triplicate, and specific enzymatic activity was expressed as U g tissue⁻¹.

In addition, digestive proteases were separated and visualized using substrate-SDS-PAGE electrophoresis gels. Intestinal extracts were mixed with SDS sample buffer (1:1) and SDS-PAGE was performed according to Laemmli (1970) using 11% polyacrylamide (100 V per gel, 45 min, 4 °C). Zymograms revealing protease active bands were made using the method described by Alarcón et al. (1998).

Liver and intestine histological analysis

Liver and intestine samples were fixed for 24 h in phosphate-buffered formalin (4% v/v, pH 7.2), dehydrated and embedded in paraffin according to

standard histological techniques. Samples were cut in 5 μm transversal sections and the slides were stained with hematoxylin-eosin (H&E). The stained preparations were examined under Olympus ix51 light microscope (Olympus España, Barcelona, Spain) equipped with a digital camera CC12 (Olympus Soft Imaging Solutions GmdH, Muenster, Germany). The images were analyzed using specific software (UTHSCA ImageTool, University of Texas, Health Science Center, San Antonio, Texas, <http://ddsdx.uthscsa.edu>). Hepatocyte area and hepatocyte major axis were measured in liver samples, whereas the length of mucosal folds and total enterocyte height (10 independent measurements in proximal and distal intestine per animal) were determined in intestinal samples.

Electron microscopy study

Samples for transmission electron microscopy (TEM) were fixed for 4 h at 4 °C in 25 g L⁻¹ glutaraldehyde and 40 g L⁻¹ formaldehyde dissolved in phosphate buffer saline (PBS) pH 7.5. After fixation, samples were washed three times for 20 min with PBS. Next, a post-fixation with 20 g L⁻¹ osmium tetroxide was done and tissues were dehydrated by consecutive immersions (20 min each) in gradient ethanol solutions ranging from 50% to 100% (v/v). Samples were embedded in a mixture 1:1 of ethanol 100% (v/v) and Epon resine for 2 h under continuous shaking and then, they were included in pure Epon resine for 24 h, and polymerized at 60 °C. Finally, the ultrafine cuts were placed on a 700 Å cooper mesh and stained with uranile acetate and lead citrate. The observation of the samples was performed with a transmission electron microscope Zeiss 10C at 100 Kv (Carl Zeiss, Barcelona, Spain). TEM visualization fields were recorded ($\times 16,000$ magnification), and digital images were analyzed using UTHSCA ImageTool software. At least 100 independent measurements of the anterior intestine per treatment were carried out. TEM micrographs were analyzed to measure microvilli length and microvilli diameter and the number of microvilli over 1 μm^2 surface (Hu et al. 2007). Taking into account the cylindrical shape of microvilli, data obtained from images were used to estimate the total absorption surface per microvilli according to Vizcaino et al. (2014).

Statistical analysis

Results are expressed as mean \pm standard deviation. In order to test data normality and variance homogeneity, the Kolmogorov-Smirnov's test and Levene's F-test were used, respectively. Data with parametric distribution were analyzed using a one-way analysis of variance (ANOVA) and the significant differences between treatments ($p < 0.05$) were determined using Tukey's multiple comparison test. Data with nonparametric distribution were analyzed using Kruskal-Wallis test, and significant differences were determined using Box and Whisker Plots graphs. In addition, a comparison of means (Student's *t* test) was carried out in order to determine possible differences in enzymatic activity between tissue and content of the same intestinal samples. All statistical analyses were performed using the Stagraphics Plus 4.0 (Rockville, MD, USA) software.

Results

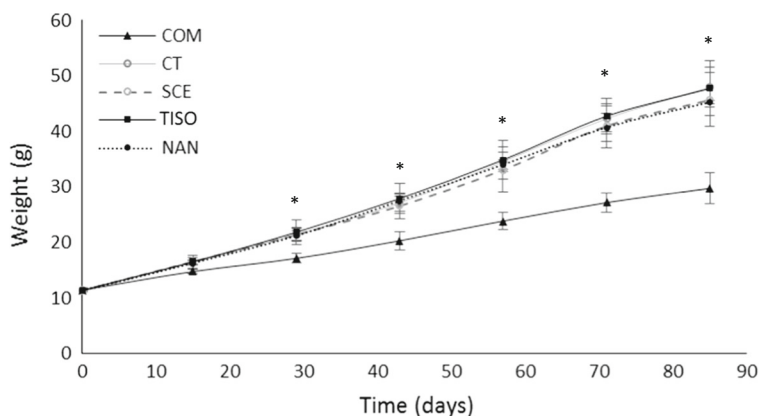
Growth performance, nutrient utilization, and proximate composition

The fish readily accepted all diets. Mortality was 7% on average, and no differences could be attributable to dietary treatments. The growth of Senegalese sole fed on the experimental diets throughout the 85-day trial is shown in Fig. 1. At the end of the feeding period, fish fed on COM diet showed significantly lower final body weight than fish fed on CT, TISO, NAN, and SCE diets. The final body weight of fish fed microalgae-supplemented diets did not differ from group fed with CT diet. DG, SGR and nutrient utilization parameters (FCR, FER, and PER) of fish fed on COM significantly differed from the rest of experimental groups. K-factor and somatic indices (VI and HSI) did not change owing to dietary treatments (Table 3). The inclusion of microalgae did not modify body protein or lipid contents in Senegalese sole specimens. Fish fed on COM diet showed the highest carcass lipid content. Only ash was significantly higher ($p < 0.05$) in TISO, NAN, and SCE groups compared to specimens fed on CT diet (Table 4).

Fatty acid profile

Polyunsaturated fatty acids (PUFA) were the predominant lipids in hepatic tissue (33–40%), followed by

Fig. 1 Time course variation of body weight of fish fed the different diets. Asterisk denotes significant differences among dietary treatments



saturated fatty acids (SFA) (28–31%), and monounsaturated fatty acids (MUFA) (23–27%), regardless of dietary treatment ($p > 0.05$). Fish fed on COM diet showed non-significant higher SFA and MUFA values in the liver, as well as lower PUFA content among treatment groups (Table 5). PUFA was the predominant fatty acid type in the liver, mainly due to high DHA and 18:2n6 contents. DHA was more abundant in fish fed on CT and SCE diets ($p < 0.05$), whereas EPA content was higher in COM group, but only differed significantly from NAN-fed group ($p < 0.05$). Total n-3 content and n3/n6 ratio were not modified due to dietary treatments. The EPA/DHA ratio was significantly higher in fish fed on COM diet.

The muscle the fatty acid profile was dominated by PUFA (38–45%), closely followed by SFA (26–30%) and MUFA (20–24%) fatty acids, regardless of the diet considered. The saturated fraction was significantly higher ($p < 0.05$) in fish fed on COM diet, mainly due to the higher value for palmitic acid (16:0) observed in this fraction. Total MUFA tended to increase in fish fed on microalgae-free diets, although significant differences were observed only between COM and TISO groups. The inclusion of microalgae biomass in feeds gave a non-significant increase of total PUFA in muscle among feeding groups. The EPA and DHA increased in parallel with total PUFA owing to microalgae inclusion, but again differences were not significant. The n3/n6

Table 3 Growth performance, nutrient utilization, and somatic indices of *S. senegalensis* juveniles

	COM	CT	TISO	NAN	SCE	P
Growth and nutrient utilization						
Initial body weight (g)	11.4 ± 0.26	11.4 ± 0.20	11.4 ± 0.43	11.4 ± 0.12	11.4 ± 0.39	0.9984
Final body weight (g)	29.8 ± 2.77 a	47.9 ± 3.62 b	47.7 ± 4.95 b	45.2 ± 0.28 b	45.7 ± 4.87 b	0.0006
Daily gain (DG, mg day ⁻¹)	0.22 ± 0.03 a	0.43 ± 0.04 b	0.43 ± 0.05 b	0.40 ± 0.01 b	0.40 ± 0.05 b	0.0003
Specific growth rate, SGR (%)	1.12 ± 0.09 a	1.69 ± 0.08 b	1.68 ± 0.08 b	1.63 ± 0.01 b	1.63 ± 0.08 b	< 0.0001
Feed efficiency ratio (FER)	0.52 ± 0.05 a	0.81 ± 0.06 b	0.78 ± 0.04 b	0.77 ± 0.01 b	0.80 ± 0.05 b	0.0001
Feed conversion ratio (FCR)	1.92 ± 0.18 b	1.24 ± 0.08 a	1.28 ± 0.06 a	1.30 ± 0.02 a	1.26 ± 0.08 a	< 0.0001
Protein efficiency ratio (PER)	0.95 ± 0.09 a	1.47 ± 0.10 b	1.42 ± 0.07 b	1.40 ± 0.02 b	1.45 ± 0.09 b	0.0001
Survival (%)	96.8 ± 2.75	88.9 ± 5.50	90.5 ± 0.01	92.1 ± 5.50	95.2 ± 0.01	0.1129
Somatic indices						
Hepatosomatic index (HIS)	1.39 ± 0.40	1.38 ± 0.40	1.31 ± 0.29	1.27 ± 0.40	1.25 ± 0.34	0.5360
Vicosomatic index (VI)	5.05 ± 0.93	4.31 ± 0.47	4.47 ± 0.60	4.49 ± 1.16	4.96 ± 1.46	0.0548
K-factor	1.24 ± 0.14	1.25 ± 0.11	1.19 ± 0.11	1.25 ± 0.15	1.20 ± 0.12	0.6370

Dietary treatment codes are CT: control; TISO: 15% *Tisochrysis* meal inclusion; NAN: 15% *Nannochloropsis* meal inclusion; SCE: 15% *Scenedesmus* meal inclusion. Values are mean ± SD of triplicate determination. Values in the same row with different lowercase letter indicate significant difference ($p < 0.05$)

Table 4 Body chemical composition (g kg⁻¹ dry weight) of Senegalese sole juveniles

	Total protein	Total lipid	Ash
COM	652.6 ± 30.49	141.95 ± 16.8 b	82.4 ± 1.07 ab
CT	654.0 ± 14.40	90.45 ± 11.1 a	79.3 ± 2.11 a
TISO	685.7 ± 4.13	85.63 ± 17.3 a	90.0 ± 3.17 bc
NAN	682.7 ± 16.41	99.60 ± 0.7 a	91.5 ± 0.64 c
SCE	671.1 ± 9.47	74.75 ± 1.8 a	86.9 ± 3.10 b
<i>P</i>	0.1190	0.0180	0.0002

Dietary treatment codes are CT: control; TISO: 15% *Tisochrysis* meal inclusion; NAN: 15% *Nannochloropsis* meal inclusion; SCE: 15% *Scenedesmus* meal inclusion. Values are mean ± SD of triplicate determination. Values in the same column with different lowercase letter indicate significant difference ($p < 0.05$)

and EPA/DHA ratios were similar for all experimental groups (Table 6).

Digestive enzyme activity

The activity of pancreatic enzymes total alkaline protease, trypsin, and chymotrypsin did not differ among dietary treatments ($p > 0.05$). The activity of these enzymes was higher ($p < 0.05$) in the intestinal content compared to the intestinal tissue (Table 7). Fish fed on COM diet showed the highest α -amylase activity associated to the intestinal tissue, whereas this activity was remarkably low in the intestinal content. Leucine aminopeptidase activity in the intestinal tissue was also lower in fish fed on COM treatment. SCE group displayed higher leucine aminopeptidase activity compared to NAN-fed fish, although no significant differences were found compared to CT group. The comparison of leucine aminopeptidase activities between tissue and content reflected that only SCE-fed fish evidenced noticeable increase of the tissue-associated activity ($p < 0.05$). Regarding alkaline phosphatase, no effect

Table 5 Liver fatty acid composition (% fatty acids, mean ± SD, $n = 3$) of Senegalese sole juveniles

	COM	CT	TISO	NAN	SCE	<i>P</i>
14:0	5.19 ± 0.47 b	3.70 ± 0.21 a	4.71 ± 0.54 b	3.81 ± 0.27 a	3.53 ± 0.44 a	< 0.0001
16:0	21.46 ± 2.67	19.08 ± 2.15	19.45 ± 3.81	19.71 ± 2.79	19.92 ± 3.17	0.8441
18:0	4.99 ± 1.40	6.49 ± 1.52	4.69 ± 0.92	5.68 ± 1.28	5.50 ± 2.45	0.4684
16:1n7	8.34 ± 0.65 b	5.76 ± 0.47 a	7.54 ± 2.09 ab	8.57 ± 0.73 b	5.73 ± 0.71 a	0.0029
18:1n9	14.01 ± 0.82 ab	14.82 ± 2.02 b	11.73 ± 1.94 ab	10.73 ± 0.97 a	12.28 ± 1.06 ab	0.0038
18:1n7	4.41 ± 0.19 ab	4.15 ± 0.12 a	5.09 ± 0.83 b	4.36 ± 0.25 ab	4.15 ± 0.33 a	0.0141
20:1n9	1.11 ± 0.31	0.80 ± 0.36	1.18 ± 0.18	0.90 ± 0.30	0.93 ± 0.34	0.3378
18:2n6	7.45 ± 0.89 a	10.53 ± 0.65 ab	10.26 ± 2.81 ab	11.87 ± 0.72 b	10.13 ± 1.32 ab	0.0335
18:3n3	1.48 ± 0.27 bc	0.73 ± 0.28 a	1.05 ± 0.24 ab	0.88 ± 0.29 ab	1.78 ± 0.46 c	0.0006
20:4n6 (ARA)	1.74 ± 0.36	2.48 ± 0.62	2.42 ± 0.59	2.99 ± 0.46	2.43 ± 0.64	0.1046
20:5n3 (EPA)	2.25 ± 0.06 b	1.51 ± 0.41 ab	1.34 ± 0.23 ab	1.24 ± 0.40 a	1.64 ± 0.54 ab	0.0433
22:5n3	6.83 ± 0.56	5.54 ± 1.72	5.39 ± 2.82	6.97 ± 1.50	5.14 ± 2.23	0.5398
22:6n3 (DHA)	13.30 ± 1.32 a	17.98 ± 2.43 b	14.93 ± 2.82 a	16.29 ± 0.98 ab	18.83 ± 1.49 b	0.0031
SFA	31.64 ± 3.53	29.27 ± 3.47	28.84 ± 5.00	29.21 ± 4.23	28.95 ± 5.25	0.9115
MUFA	27.87 ± 0.76	25.53 ± 2.26	25.54 ± 4.41	24.34 ± 0.91	23.09 ± 1.22	0.1437
PUFA	33.04 ± 1.43	38.77 ± 4.49	35.39 ± 4.81	40.25 ± 1.96	39.95 ± 4.71	0.1853
Other FA	3.90 ± 2.20	2.44 ± 1.14	6.06 ± 2.89	4.63 ± 1.81	4.89 ± 2.10	0.0979
n3	23.85 ± 1.40	25.75 ± 4.35	22.71 ± 3.99	25.39 ± 1.86	27.39 ± 4.08	0.6167
n6	9.19 ± 0.76 a	13.01 ± 1.12 b	12.68 ± 2.47 b	14.86 ± 1.01 b	12.56 ± 0.90 b	0.0017
n9	15.12 ± 0.53 b	15.62 ± 2.24 b	12.91 ± 2.03 ab	11.41 ± 0.59 a	13.21 ± 0.83 ab	0.0038
n3/n6	1.39 ± 0.04 a	1.52 ± 0.11 ab	1.57 ± 0.16 b	1.59 ± 0.07 ab	1.46 ± 0.05 ab	0.0238
EPA/DHA	0.17 ± 0.01 b	0.08 ± 0.02 a	0.09 ± 0.01 a	0.08 ± 0.03 a	0.09 ± 0.03 a	0.0003

Dietary treatment codes are CT: control; TISO: 15% *Tisochrysis* meal inclusion; NAN: 15% *Nannochloropsis* meal inclusion; SCE: 15% *Scenedesmus* meal inclusion. Values in the same row with different lowercase letter indicate significant difference ($p < 0.05$)

Table 6 Muscle fatty acid composition (% fatty acids, mean \pm SD, $n = 3$) of Senegalese sole juveniles

	COM	CT	TISO	NAN	SCE	<i>P</i>
14:0	3.03 \pm 0.22	2.59 \pm 0.32	2.89 \pm 0.25	2.39 \pm 0.44	2.52 \pm 0.52	0.0539
16:0	20.25 \pm 1.06 c	18.57 \pm 0.66 b	18.22 \pm 0.37 ab	17.87 \pm 0.76 ab	17.39 \pm 0.32 a	0.0001
18:0	7.54 \pm 0.92	6.29 \pm 0.91	6.29 \pm 0.08	6.37 \pm 0.88	6.11 \pm 1.02	0.1988
16:1n7	5.29 \pm 0.56 ab	4.70 \pm 0.56 ab	5.57 \pm 0.66 ab	5.14 \pm 1.04 b	4.51 \pm 0.91 a	0.0218
18:1n9	14.70 \pm 0.86 c	13.42 \pm 0.48 bc	11.39 \pm 0.83 a	12.43 \pm 1.11 a	13.32 \pm 0.29 b	<0.0001
18:1n7	3.01 \pm 0.07	2.83 \pm 0.14	2.89 \pm 0.10	2.92 \pm 0.11	2.88 \pm 0.06	0.1926
20:1n9	1.61 \pm 0.71	1.97 \pm 1.05	0.87 \pm 0.27	1.24 \pm 0.80	1.39 \pm 0.72	0.3033
18:2n6	5.36 \pm 0.12 a	7.23 \pm 0.28 b	7.24 \pm 0.85 b	7.77 \pm 0.66 c	7.29 \pm 0.37 b	<0.0001
18:3n3	1.26 \pm 0.12 ab	0.82 \pm 0.18 a	0.97 \pm 0.16 a	2.00 \pm 2.05 a	2.95 \pm 2.46 b	0.0041
20:4n6 (ARA)	1.38 \pm 0.46 a	1.71 \pm 0.19 a	1.83 \pm 0.18 ab	2.00 \pm 0.47 b	1.65 \pm 0.35 a	0.0008
20:5n3 (EPA)	4.34 \pm 1.83	4.25 \pm 1.14	5.36 \pm 0.40	4.64 \pm 1.18	4.40 \pm 1.20	0.6283
22:5n3	5.76 \pm 1.84	5.06 \pm 1.47	6.93 \pm 0.56	6.30 \pm 1.62	5.85 \pm 1.39	0.3259
22:6n3 (DHA)	20.02 \pm 4.62	21.04 \pm 4.61	22.20 \pm 4.55	22.81 \pm 5.03	23.82 \pm 6.17	0.8518
SFA	30.82 \pm 2.06 b	27.46 \pm 1.33 a	27.40 \pm 0.61 a	26.63 \pm 1.12 a	26.02 \pm 0.79 a	0.0005
MUFA	24.61 \pm 1.09 b	22.92 \pm 1.81 ab	20.72 \pm 1.27 a	21.61 \pm 1.55 ab	21.87 \pm 1.44 ab	0.0299
PUFA	38.11 \pm 8.02	40.12 \pm 6.84	44.54 \pm 4.00	45.51 \pm 5.90	45.96 \pm 6.42	0.3208
Other FA	1.20 \pm 0.71	3.56 \pm 1.56	4.78 \pm 3.32	3.52 \pm 0.26	2.86 \pm 1.27	0.0520
n-3	31.38 \pm 8.28	31.18 \pm 7.01	35.46 \pm 4.33	35.74 \pm 6.00	37.02 \pm 6.02	0.5473
n-6	6.73 \pm 0.39 a	8.95 \pm 0.23 b	9.08 \pm 0.69 b	9.77 \pm 1.04 c	8.95 \pm 0.48 b	<0.0001
n-9	16.31 \pm 1.54 b	15.39 \pm 1.45 b	12.26 \pm 0.56 a	13.56 \pm 1.53 a	14.49 \pm 0.89 ab	0.0002
n3/n6	1.23 \pm 0.07	1.30 \pm 0.09	1.26 \pm 0.05	1.28 \pm 0.08	1.25 \pm 0.04	0.2608
EPA/DHA	0.21 \pm 0.05	0.20 \pm 0.03	0.25 \pm 0.08	0.20 \pm 0.04	0.19 \pm 0.04	0.2566

Dietary treatment codes are CT: control; TISO: 15% *Tisochrysis* meal inclusion; NAN: 15% *Nannochloropsis* meal inclusion; SCE: 15% *Scenedesmus* meal inclusion. Values in the same row with different lowercase letter indicate significant difference ($p < 0.05$)

was attributable to the use of microalgae in intestinal tissue extracts when compared to CT group. COM-fed fish showed lower activity in tissue compared to fish fed CT and SCE diets. Microalgae-supplemented groups exhibited lower alkaline phosphatase activity in intestine content than fish-fed CT diet.

Zimograms revealed that microalgae inclusion did not modify the intestinal protease pattern of active bands in Senegalese sole juveniles when compared to CT fish (Fig. 2). COM-fed specimens showed lower number of active bands.

Histological examination of the liver and intestine

The histological characteristics of liver sections from fish fed the different dietary treatments are shown in Fig. 3. No severe evidence of necrosis or steatosis was found. Overall, all fish exhibited normal-shaped hepatocytes with regular morphology. Nevertheless, moderate hepatocyte vacuolization was observed in several

samples of fish fed CT diet. The morphological study by light microscopy revealed that fish fed on microalgae-supplemented diets showed smaller hepatocytes than fish fed on CT diet, albeit SCE group showed higher hepatocyte area than fish included in TISO or NAN groups (Table 8). Hepatocytes of fish fed on COM diet were significantly smaller compared to the other dietary groups.

COM-fed fish showed signs of damage and morphological alterations in the intestinal mucosa (Fig. 4). Enterocytes presented a marked vacuolization grade, and intestinal folds evidenced a clear inflammatory signs, as may be deduced from the presence of infiltrated leucocytes in the *lamina propria*. In some extreme cases, big lipid droplets almost took up the entire cell, displacing the nucleus and the cellular components towards the periphery. Neither CT-fed fish, nor microalgae-supplemented specimens revealed signs of intestinal damage. At most, a slightly increased accumulation of lipid droplets in fish fed on the microalgae-

Table 7 Enzyme activities (U g tissue⁻¹) measured in intestine of Senegalese sole juveniles

	COM	CT	TISO	NAN	SCE	P
Tissue						
Total alkaline protease	96.5 ± 22.1 z	114.3 ± 51.1 z	122.5 ± 50.7 z	113.9 ± 56.0 z	114.3 ± 51.1 z	0.0937
Trypsin	0.04 ± 0.01 z	0.04 ± 0.01 z	0.04 ± 0.01 z	0.04 ± 0.01 z	0.04 ± 0.01 z	0.5196
Chymotrypsin	0.04 ± 0.01 z	0.04 ± 0.02 z	0.05 ± 0.01 z	0.04 ± 0.01 z	0.04 ± 0.01 z	0.4257
α-Amylase	0.27 ± 0.17 a, y	0.35 ± 0.09 ab	0.52 ± 0.16 b	0.52 ± 0.19 ab	0.34 ± 0.18 ab	0.0247
L-aminopeptidase	0.12 ± 0.04 a, z	0.28 ± 0.06 bc	0.28 ± 0.08 bc	0.25 ± 0.08 b	0.40 ± 0.12 c, y	<0.0001
Alkaline phosphatase	1.42 ± 0.57 a, z	2.89 ± 0.98 b, z	2.31 ± 0.38 ab	2.14 ± 0.62 ab	3.17 ± 0.76 b	0.0004
Content						
Total alkaline protease	609.3 ± 104.9 y	752.3 ± 200.8 y	583.9 ± 137.9 y	663.2 ± 242.5 y	598.5 ± 122.5 y	0.2652
Trypsin	0.20 ± 0.07 y	0.11 ± 0.06 y	0.12 ± 0.04 y	0.15 ± 0.08 y	0.15 ± 0.093 y	0.1019
Chymotrypsin	4.05 ± 0.98 y	4.07 ± 2.25 y	4.43 ± 1.50 y	5.59 ± 1.16 y	3.39 ± 1.03 y	0.0543
α-Amylase	0.11 ± 0.04 a, z	0.39 ± 0.12 b	0.36 ± 0.17 b	0.41 ± 0.02 b	0.39 ± 0.14 b	0.0043
L-aminopeptidase	0.30 ± 0.06 y	0.27 ± 0.10	0.28 ± 0.14	0.16 ± 0.11	0.21 ± 0.12 z	0.1274
Alkaline phosphatase	7.18 ± 2.44 ab, y	9.21 ± 3.48 b, y	3.24 ± 1.57 a	3.66 ± 1.31 a	4.51 ± 1.90 a	0.0011

Dietary treatments are COM: commercial diet, CT: control diet; TISO: 15% *Tisochrysis* inclusion; NAN: 15% *Nannochloropsis* inclusion; SCE: 15% *Scenedesmus* inclusion. Values are mean ± SD of triplicate determination. Values in the same row with different lowercase letter (a, b, c) indicate significant differences among treatments ($p < 0.05$). Values in the same column with different lower case letter (y, z) indicate significant differences between tissue and content for the same activity within each dietary treatment ($p < 0.05$)

supplemented diets was observed. COM diet decreased significantly the intestinal fold length compared to fish

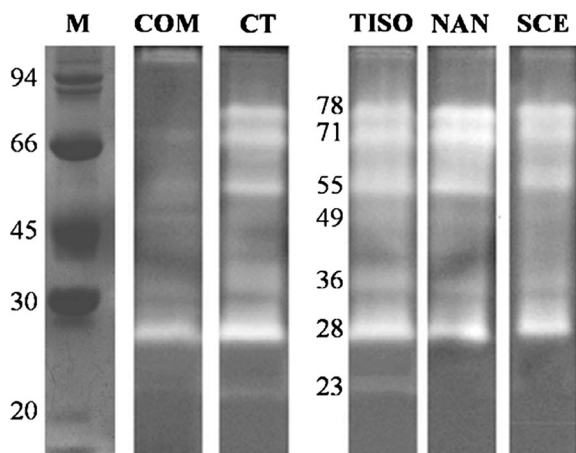


Fig. 2 Zymogram showing total proteolytic activity from pooled intestinal extracts of fish. M is molecular weight marker, COM is commercial diet, CT is control diet, TISO is 15% *T. lutea*, NAN is 15% *N. gaditana*, and SCE is 15% *S. almeriensis*. Protein standards employed were phosphorylase b (94), bovine serum albumin (66), ovalbumin (45), carbonic anhydrase (30), soybean trypsin inhibitor (20). The molecular mass (in kDa) of proteins was measured using a linear plot of log Mr. of protein standards (M) vs relative mobility (Rf). Five microliters of molecular weight marker (M) were loaded

fed on the rest of diets (Table 8). Moreover, fish fed on TISO and SCE diets showed slightly higher fold length than NAN and CT-fed fish, although differences were not significant. No differences among fish-fed microalgae-supplemented diets and fish-fed CT diet with regard to the parameter enterocyte height were observed. On the other hand, animals fed on COM diet exhibited significantly higher enterocyte height compared to those fed on CT diet.

Ultrastructural study

TEM observations confirmed that none of the dietary treatments damaged the brush border integrity of enterocytes (Fig. 5). All the experimental groups presented a well-defined and organized intestinal brush border membrane. Moreover, no intercellular spaces were visible in the apical zone of the epithelium. TISO and NAN-fed fish showed significantly longer microvilli than fish fed on microalgae-free diets (Table 9). The microvillar density and the absorption surface tended to increase in microalgae-fed fish, although values were significantly higher only in TISO group for the first parameter, and in TISO and NAN groups for the second parameter.

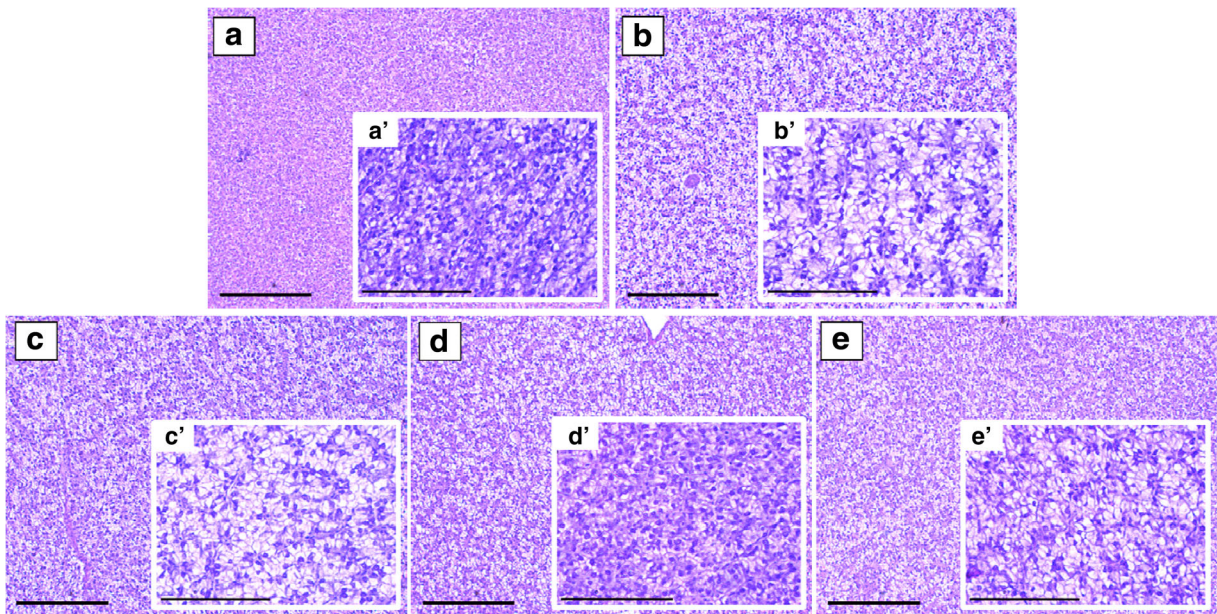


Fig. 3 Liver light microscopy details of Senegalese sole juveniles fed COM (a), CT (b); TISO (c); NAN (d), and SCE (e) diets. H&E stain, magnification $\times 100$ (a, b, c, d, and e) scale bar 200 μm , and $\times 400$ (a', b', c', d', and e') scale bar 100 μm

Discussion

Microalgae meal has been successfully included in diets for several fish species, such as rainbow trout, gilthead sea bream or European sea bass (Teimouri et al. 2013; Vizcaíno et al. 2014; Tibaldi et al. 2015) without evidence of negative effect on growth performance or nutrient utilization. The results obtained in the present study confirmed that microalgae inclusion up to 15% did not cause adverse effects on Senegalese sole juveniles, given that growth performance parameters were similar to those found in CT-fed fish. In contrast, growth was lower in fish fed on a commercial diet (COM). Incorporation of plant

ingredients in partial replacement of fishmeal is a well-established practice in commercial aquafeed production (Valente et al. 2011; Rodiles et al. 2015), though it may have negative effects on fish (Sáenz de Rodrigáñez et al. 2009). On the contrary, CT and microalgae-supplemented diets are practically devoid of plant-derived ingredients, which might explain better zootechnical indices. Given that the inclusion of microalgae does not jeopardize fish growth, it seems that microalgae could be a suitable dietary ingredient for this species, as also has been reported by several authors (Burr et al. 2011; Reitan et al. 2013; Tibaldi et al. 2015; Kiron et al. 2016; Sorensen et al. 2016).

Table 8 Quantification of the histological parameters assessed in the liver and the intestine at the end of feeding trial

	COM	CT	TISO	NAN	SCE	P
Liver						
Hepatocyte area (μm^2)	41.2 \pm 8.91 a	78.1 \pm 11.5 d	53.4 \pm 13.9 b	64.4 \pm 9.87 c	71.9 \pm 8.64 d	< 0.0001
Hepatocyte major axis (μm)	8.76 \pm 1.24 a	11.1 \pm 0.97 c	9.81 \pm 0.97 b	9.88 \pm 0.92 b	10.1 \pm 0.81 b	< 0.0001
Intestine						
Fold length (μm)	408.7 \pm 109.7 a	535.6 \pm 71.8 bc	547.4 \pm 114.2 bc	496.5 \pm 89.1 b	564.9 \pm 98.3 c	0.0290
Enterocyte height (μm)	39.2 \pm 3.53 b	25.4 \pm 2.31 a	26.5 \pm 3.38 a	26.2 \pm 3.08 a	26.9 \pm 2.39 a	< 0.0001

Dietary treatment codes are CT: control; TISO: 15% *Tisochrysis* meal inclusion; NAN: 15% *Nannochloropsis* meal inclusion; SCE: 15% *Scenedesmus* meal inclusion. Values are mean \pm SD of triplicate determination. Values in the same row with different lowercase letter indicate significant differences ($p < 0.05$)

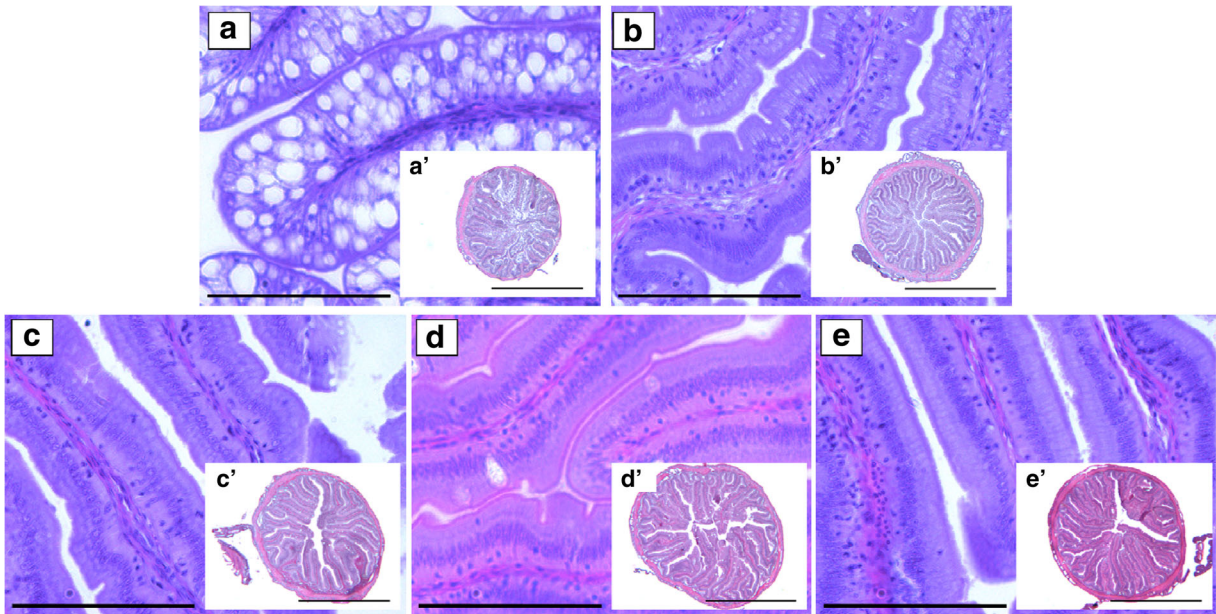


Fig. 4 Intestine light microscopy details of Senegalese sole juveniles fed COM (a), CT (b), TISO (c), NAN (d), and SCE (e) diets. H&E stain, magnification $\times 400$ (a, b, c, d, and e) scale bar 100 μm , and $\times 40$ (a', b', c', d', and e') scale bar 1 mm

The lipid content of CT, TISO, NAN, and SCE diets was lower (9–10%) than that found in COM (15%). This observation may explain the reduced growth in fish fed on COM diet. Indeed, the contribution of dietary lipid as energy-yielding substrate is

not clearly ascertained for Senegalese sole. Dias et al. (2004) suggested an overall tendency to improve growth performance in Senegalese sole juveniles fed low dietary lipid level. The reduced growth of fish fed the COM diet may be explained by the high

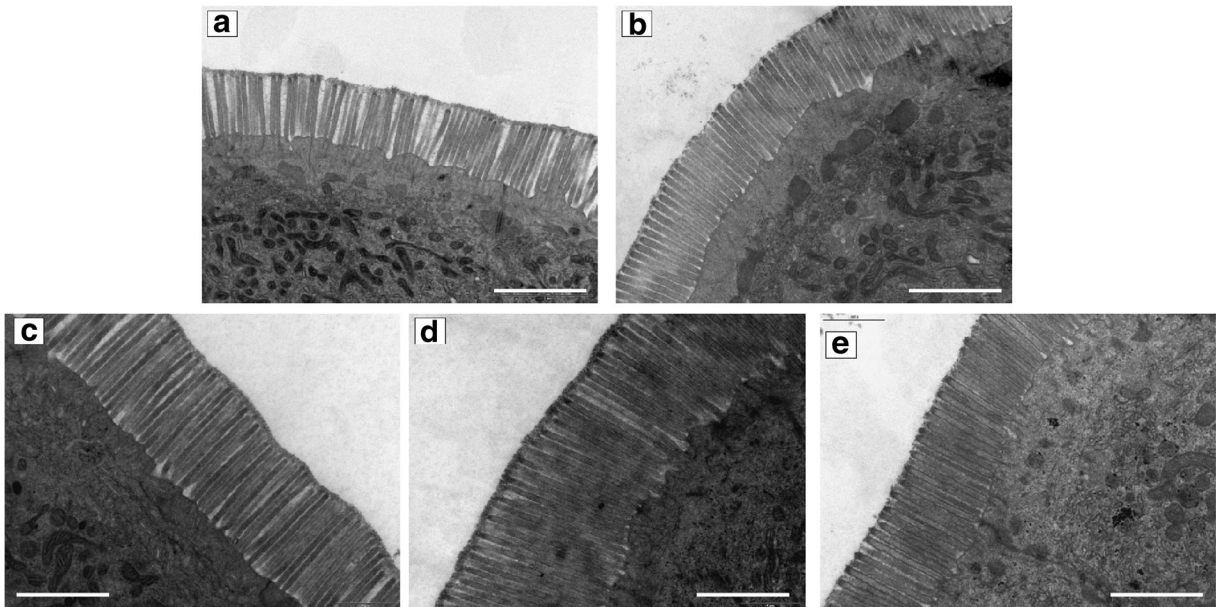


Fig. 5 Comparative TEM micrographs from the anterior intestinal region of juvenile *S. senegalensis* fed COM (a), CT (b), TISO (c), NAN (d), and SCE (e) diets. TEM bar scale, 2 μm

Table 9 Microvilli morphology of the anterior intestine at the end of the feeding trial

	Microvilli length (μm)	Microvilli diameter (μm)	N° microvilli μm^2	Microvilli absorption surface (μm^2)
COM	1.33 \pm 0.10 a	0.10 \pm 0.01	64.49 \pm 11.32 a	27.50 \pm 1.70 a
CT	1.38 \pm 0.17 a	0.10 \pm 0.01	61.93 \pm 12.12 a	28.80 \pm 3.25 a
TISO	1.57 \pm 0.16 b	0.10 \pm 0.01	76.60 \pm 10.17 b	39.14 \pm 3.44 b
NAN	1.99 \pm 0.25 c	0.10 \pm 0.01	70.57 \pm 9.80 ab	45.93 \pm 3.68 c
SCE	1.35 \pm 0.25 a	0.10 \pm 0.01	66.78 \pm 15.66 a	26.30 \pm 10.41 a
<i>P</i>	< 0.0001	0.0616	< 0.0001	< 0.0001

Dietary treatment codes are CT: control; TISO: 15% *Tisochrysis* meal inclusion; NAN: 15% *Nannochloropsis* meal inclusion; SCE: 15% *Scenedesmus* meal inclusion. Values are mean \pm SD of triplicate determination. Values in the same column with different lowercase letter indicate significant differences ($p < 0.05$)

lipid level. The optimal dietary lipid content is not well established for Senegalese sole. However, earlier research has reported improved growth in Senegalese sole juveniles (10 g), when fed 8% lipid in the diet compared to 16% (Borges et al. 2009). In agreement, Valente et al. (2011) noticed the absence of hepatic morphological alteration in fish fed diets with low dietary lipid level, compared to specimens fed on an experimental diet based on a commercial diet for sole, which included 15% crude lipid. Reduced protein efficiency due to increasing amounts of dietary lipids has also been reported in turbot (Regost et al. 2001). Borges et al. (2009) suggested a maximum dietary lipid level around 8% for optimal growth and nutrient utilization in Senegalese sole juveniles. Lipid content of CT and microalgae-supplemented diets used in the present study are closer to that recommended value, whereas COM diet clearly exceeds it.

The higher lipid content of COM diet was also reflected in the proximate composition of fish carcasses. Body lipid content was higher in fish fed on COM, which is in agreement with previous studies carried out on other flatfish species, such as turbot and Atlantic halibut (Andersen and Alsted 1993; Regost et al. 2001).

According to Fernandes et al. (2012), the study of fatty acid composition is essential to understand the influence of feed composition on the chemical profile of fish. Results revealed that specific fatty acids were selectively retained in Senegalese sole tissues. This observation is in line with other studies carried out in the same species by Valente et al. (2011) and Rodiles et al. (2015). High DHA content in muscle when fish were fed low dietary level of this fatty acid has been also reported in *S. senegalensis* juveniles (Fernandes et al.

2012; Rodiles et al. 2015), and other flatfish (Martins et al. 2007). This observation suggested certain selective storage of this fatty acid in fish tissues. On the contrary, the muscle EPA retention was lower compared to DHA and ARA, which suggests higher catabolic use of EPA (Bell et al. 2002) and/or a preferential retention of DHA and ARA during the biosynthesis of phospholipids (Tocher 2003).

Adequate fish growth corresponds to efficient nutrient digestion and absorption processes, which relies greatly on the activity of digestive enzymes. Pancreatic and intestinal brush border enzymes are correlated with the nutritional status of fish (Alarcón et al. 1998). Hence, their activities can be used as indicators of the digestive and absorptive capacity of fish (Vizcaino et al. 2014, 2016). The present work confirmed that none of the microalgae added to the experimental feeds caused adverse effects on the activity of the digestive enzymes studied. As expected, proteolytic activities from the pancreatic secretion were higher in gut contents, given that these enzymes are secreted into the intestinal lumen, contributing to the digestion of protein into peptides and amino acids. The pattern of proteolytic bands visualized by SDS-PAGE zymography was similar in CT, TISO, NA, and SCE groups. However, in COM-fed fish the protease active fractions within the range from 36 to 78 kDa showed a different pattern, suggesting that the digestive capacity of fish was reduced compared to the other dietary treatments. Nevertheless, neither microalgae nor commercial or experimental diets contained protease inhibitors that inhibited intestinal proteases (pers. comm.).

The chemical nature of carbohydrates might influence the intestinal amylase secretion in fish (Chen

et al. 2013). These authors reported positive correlation between amylopectin content and amylase activity. Amylopectin allows a greater access to digestive enzymes than amylose. The decreased amylase activity in the intestinal content of the COM-fed fish might be explained by the use of different carbohydrates as binders. COM feed contained wheat, whereas the experimental diets included maltodextrin. Several authors have reported that amylase activity depends on starch sources, inclusion level and processing intensity of the starch (Kumar et al. 2008; Liu et al. 2014; Frías-Quintana et al. 2017). However, in the case of Senegalese sole previous research focused on this specific topic is not available and, consequently, no definitive conclusions can be drawn.

With regard to brush border membrane enzyme activities, microalgae inclusion did not modify leucine aminopeptidase activity measured in the intestinal tissue compared to CT-fed fish. However, SCE-fed specimens showed slightly higher values for this activity, which may be related to increased intestinal absorptive capacity, as described in previous studies (Vizcaíno et al. 2014, 2016). On the other hand, alkaline phosphatase activity decreased in the intestinal content of fish fed on microalgae-supplemented diets, which might reflect changes in the physiological status of the intestine to certain extent. The quantitative change in the spatial distribution of specific enzymes involved in the absorption processes might indicate that microalgae could modulate the functionality of the intestine in *S. senegalensis*, as it has been reported in seabream (Vizcaíno et al. 2014, 2016). Further studies will be requested to fully ascertain this aspect in Senegalese sole.

Liver histology revealed the lack of alterations in the structure and morphology in any of the experimental groups evaluated. However, these results disagree with those reported by Valente et al. (2011), who indicated that the replacement of fishmeal by a mixture of plant protein ingredients increased vacuolization and necrosis signs in hepatocytes of Senegalese sole. Therefore, the histological and ultrastructural study of the intestinal mucosa is a key tool that helps understand how dietary changes could affect this organ. Histological observation of fish receiving COM diet showed large lipid droplets inside the enterocytes that increased significantly their size. Excessive accumulation of lipidic droplets

might lead to functional alterations of the enterocytes (Olsen et al. 2000), that might compromise fish growth and nutrient utilization. Moreover, tissue damage and altered gut integrity may increase the risk of a potential microbial infection (Sáenz de Rodrigáñez et al. 2009). In contrast, enterocytes of fish receiving microalgae-supplemented and CT diets presented normal characteristics in this work. The lack of adverse effects due to dietary inclusion of microalgae confirmed the ability of Senegalese sole to cope with diets containing low levels of fishmeal, in agreement with some previous studies (Cabral et al. 2011; Fernandes et al. 2012; Rodiles et al. 2015). It is presumed that enterocytes with normal appearance have a better functionality than those enterocytes of COM-fed group with an altered morphology. In addition, the greater fold length observed in fish fed CT, TISO, NAN, and SCE diets could be considered a sign of improved intestinal absorption capacity in these specimens, according to what has been reported in different fish species (Hussein et al. 2013; Vizcaíno et al. 2014).

Nevertheless, in the present study, increased villi length seems not to be directly associated with the dietary inclusion of microalgae. Electron microscopy analysis of the intestinal brush border did not evidence negative structural alterations attributable to the dietary inclusion of microalgae, and microvilli length and microvillar absorptive surface significantly increased in specimens fed TISO and NAN-supplemented diets.

The dietary inclusion of 15% microalgae in Senegalese sole juveniles yielded similar results in terms of specific growth rate, feed conversion, and well as proximate and fatty acid composition compared with fish fed on a diet based on fishmeal. The ultrastructural study revealed that the inclusion of microalgae, especially *T. lutea* and *N. galbana*, increased significantly the absorptive capacity of the intestinal mucosa of fish. Given that the production of microalgae is still very expensive, the use of these microalgae as a major feed ingredient is hardly recommendable in Senegalese sole juveniles. However, further studies aimed to assess its potential use in diets devoid of animal protein or in weaning diets for this species are suggested. Finally, the results obtained in COM-fed fish seem to reflect that specific formulas for this species have not been fully tailored yet.

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