

Fall 2020

## Medicine in Spirituality

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Modern day medicine places a major emphasis on appreciating spirituality. A patient's cultural and religious beliefs are integral when practicing medicine in order to provide the most humanistic care possible to patients. This photograph depicts the importance of medicine from a spiritual perspective. Medicine is an integral part of a medical professionals' life and it serves as a major defining characteristic of an individual. Though viewed as objective and subjective, *medicine and spirituality* are all one.

**ARTISTS STATEMENT: KRUNAL PATEL**





**HINDU WEDDINGS TYPICALLY COMMENCE WITH A MENDHI CEREMONY IN WHICH THE BRIDE'S EXTREMITIES ARE DECORATED WITH A DARK BROWN PASTE MADE FROM A HENNA PLANT. THE APPLICATION OF MENDHI IS TO UTILIZE ITS' HERBAL MEDICINE QUALITIES TO SOOTHE NERVES AND RELIEVE ALL STRESSES BEFORE THE WEDDING DAY.**

**DESIGNS ARE IN THE FULL DISCRETION OF AND CREATED BASED ON THE BRIDE'S PERSONAL REQUESTS. IN THIS INSTANCE, THE BRIDE DESIRED TO CELEBRATE HER AND HER SOON-TO-BE HUSBAND'S PROFESSIONS OF CARDIOLOGY AND NEPHROLOGY, RESPECTIVELY, WITH IMAGES OF AN ELECTROCARDIOGRAM ON ONE HAND AND TWO KIDNEYS ON THE OTHER.**

- ▶ **About the photographer: Ashesh Soni** is a sophomore student at Nova Southeastern University. At his sister's wedding on Martin Luther King Weekend 2020, he captured the image of the bride's (his sister) arms decorated with a traditional paste known as Henna. The weekend was a special and exciting time for Ashesh and his family since his oldest sister was getting married.
- ▶ **About the artist: Krunal Patel** is a third-year medical student understanding that spirituality is a major focus in medical education. He wrote this piece to demonstrate that medicine is more than just a career to students and physicians. Medicine is an art, medicine is a gift, and medicine is a part of who we are.