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8-26-2020

What Does it Mean to be Lasallian in the Midst of a Pandemic?

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What does it mean to be Lasallian in the midst of a pandemic?

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August 26, 2020

*Supported by the De La Salle
Institute for Advanced Teaching and Learning*



WAYS TO SAY NO WHEN SOMEONE TELLS YOU TO DO SOMETHING OUTSIDE YOUR COVID RISK COMFORT ZONE:

TOO INDIRECT

YOU HAVE TO COME INSIDE.

OK, BUT...I'VE BEEN TRYING TO FOLLOW THE SCIENCE, AND THEY'RE REALLY EMPHASIZING THE TRANSMISSION RISK IN ENCLOSED SPACES. I KNOW YOU'RE WEARING A MASK, AND I FEEL SO AWKWARD MAKING A SCENE OVER A TINY RISK. BUT I'M TRYING TO KEEP MY OVERALL RISK ACCEPTABLY LOW, WHICH MEANS HAVING SIMPLE RULES SO I DON'T OVERTHINK EVERY MINOR DECISION. SEE, IF YOU LOOK AT THIS SPREADSHEET—



DIRECT

I'M SO SORRY, BUT I'M AVOIDING SHARED INDOOR SPACES UNLESS IT'S AN EMERGENCY.



TOO DIRECT

I'M NOT SETTING FOOT IN YOUR HAUNTED PLAGUE BOX.



We need to have...

THE TALK

Harm Reduction

...a public health strategy to reduce morbidity/mortality by lowering risk and reducing negative consequences associated with behaviors.

Harm Reduction with Viruses

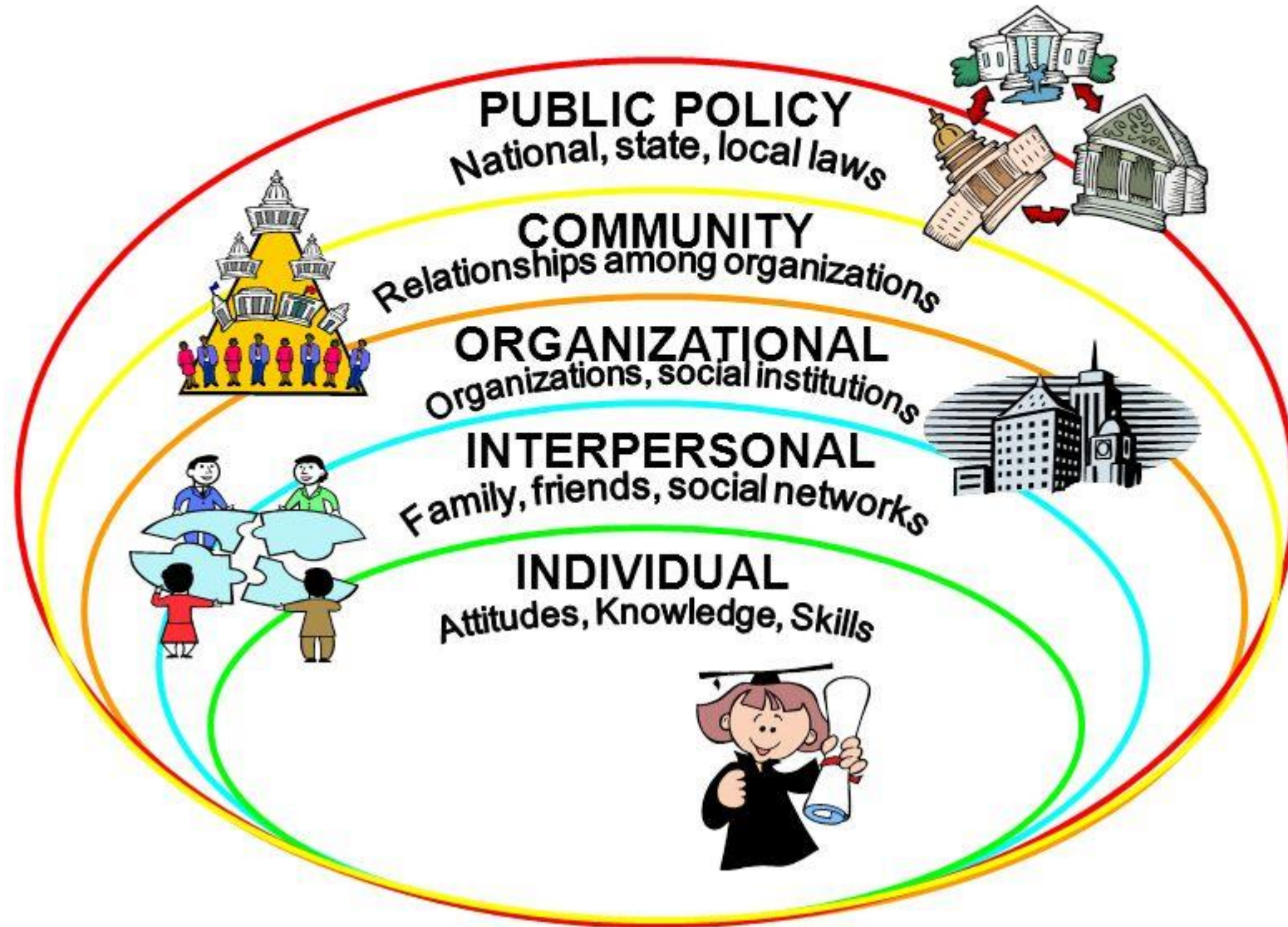
HIV/AIDS

- use condoms during sex
- fewer sexual partners
- get tested regularly
- recognize if you are in a high-risk group and act accordingly

COVID-19

- Wear masks
- Socially distance
- get tested regularly
- recognize if you are in a high-risk group and act accordingly

Social-Ecological Model





Principles of a Lasallian Community

- Faith in the Presence of God
- Respect for All Persons
- Inclusive Community
- Quality Education
- Concern for the Poor and Social Justice

What was difficult about following guidelines with family, friends and communities this summer?

Type your answers in the chat, and we will discuss.



Using the concept of Harm Reduction, how do we navigate social situations and have tough conversations about feeling safe and staying connected?



Break Out Discussions

- You will be randomly grouped with five other people
- You will discuss for about ten minutes
- Please discuss the prompt
- The prompt and announcements will occur in the chat as well as a banner
- Select someone to report out your conversation



Discussion

You've been socially distancing for months and really want to see your friends.

A friend is hosting an outdoor BBQ with twenty guests. You want to go but you want to be safe.

How do you navigate this situation?

COVID-19
CORONAVIRUS DISEASE

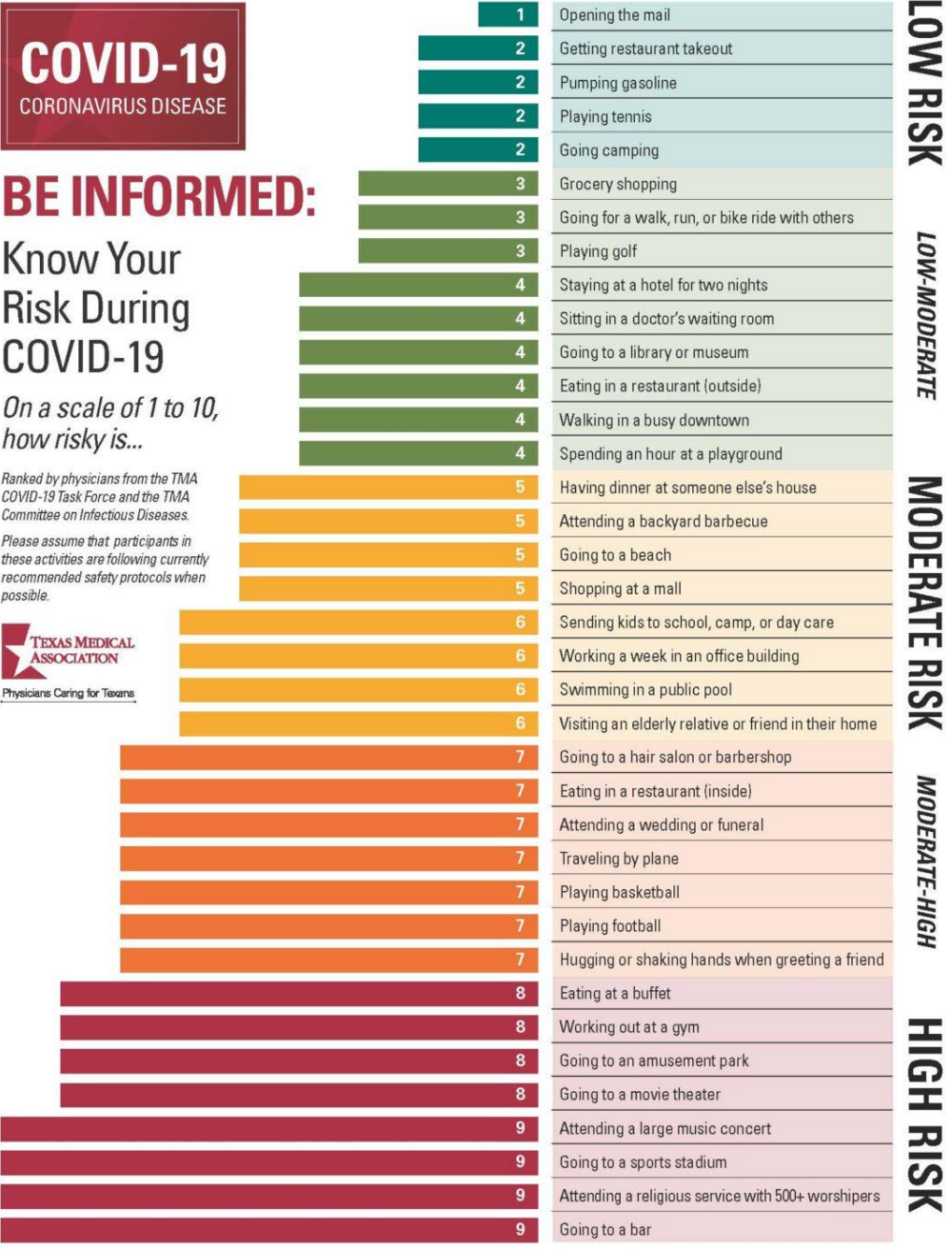
BE INFORMED:

Know Your Risk During COVID-19

On a scale of 1 to 10, how risky is...

Ranked by physicians from the TMA COVID-19 Task Force and the TMA Committee on Infectious Diseases.

Please assume that participants in these activities are following currently recommended safety protocols when possible.



Low: getting take-out for dinner

Low-medium: going for a walk with others

Moderate: attending a backyard BBQ

Moderate-high: attending a wedding

High: going to a bar



Ecological health model to frame
spheres of responsibility

Focus discussions on harm
reduction

Lasallian values inspire us to
approach each other with love
and respect

