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ESRD and endoAVF: A giant leap forward

Alison Tan, MD
Thomas Jefferson University

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ESRD and endoAVF

A giant leap forward

Allison Tan, MD

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Thomas Jefferson University Hospital

July 29, 2020

Disclosures






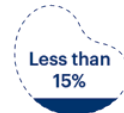
- No financial disclosures



Chronic Kidney Disease (CKD)

- > 3 months of renal dysfunction
 - Albuminuria
 - Urine sediment abnormalities
 - Electrolyte abnormalities
 - Histologic abnormalities
 - Imaging structural abnormalities
 - Prior renal transplant

Most Common
Comorbidities
Diabetes Mellitus
Cardiovascular Disease

STAGES OF CHRONIC KIDNEY DISEASE		GFR*	% OF KIDNEY FUNCTION
Stage 1	Kidney damage with normal kidney function	90 or higher	 90-100%
Stage 2	Kidney damage with mild loss of kidney function	89 to 60	 89-60%
Stage 3a	Mild to moderate loss of kidney function	59 to 45	 59-45%
Stage 3b	Moderate to severe loss of kidney function	44 to 30	 44-30%
Stage 4	Severe loss of kidney function	29 to 15	 29-15%
Stage 5	Kidney failure	Less than 15	 Less than 15%

- When is dialysis initiated?
 - Signs and symptoms of **uremia** and **volume overload**

Encephalopathy*

Pericarditis*

Pleuritis*

Declining nutrition

Refractory volume overload

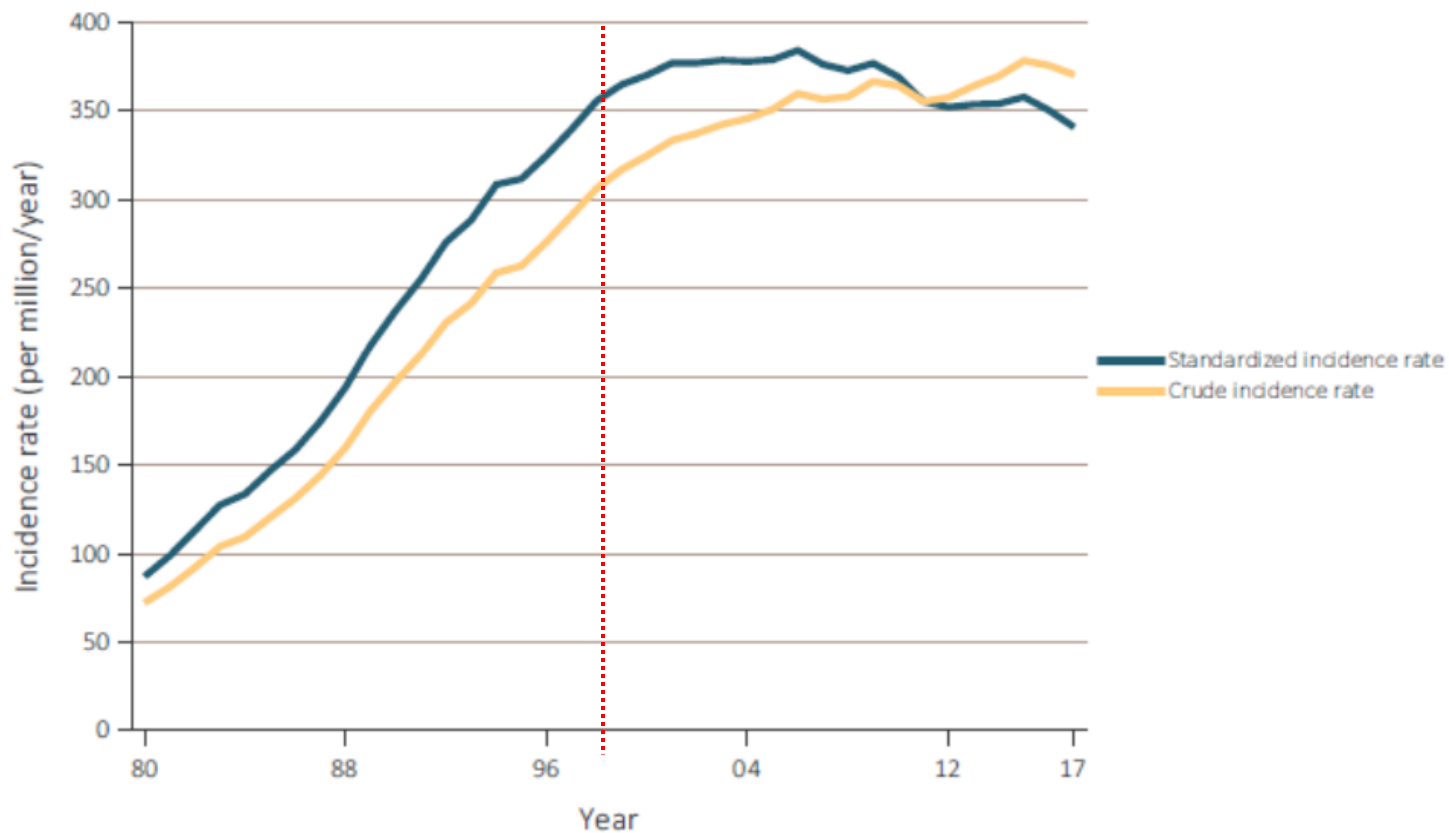
Fatigue and malaise

Mild cognitive impairment

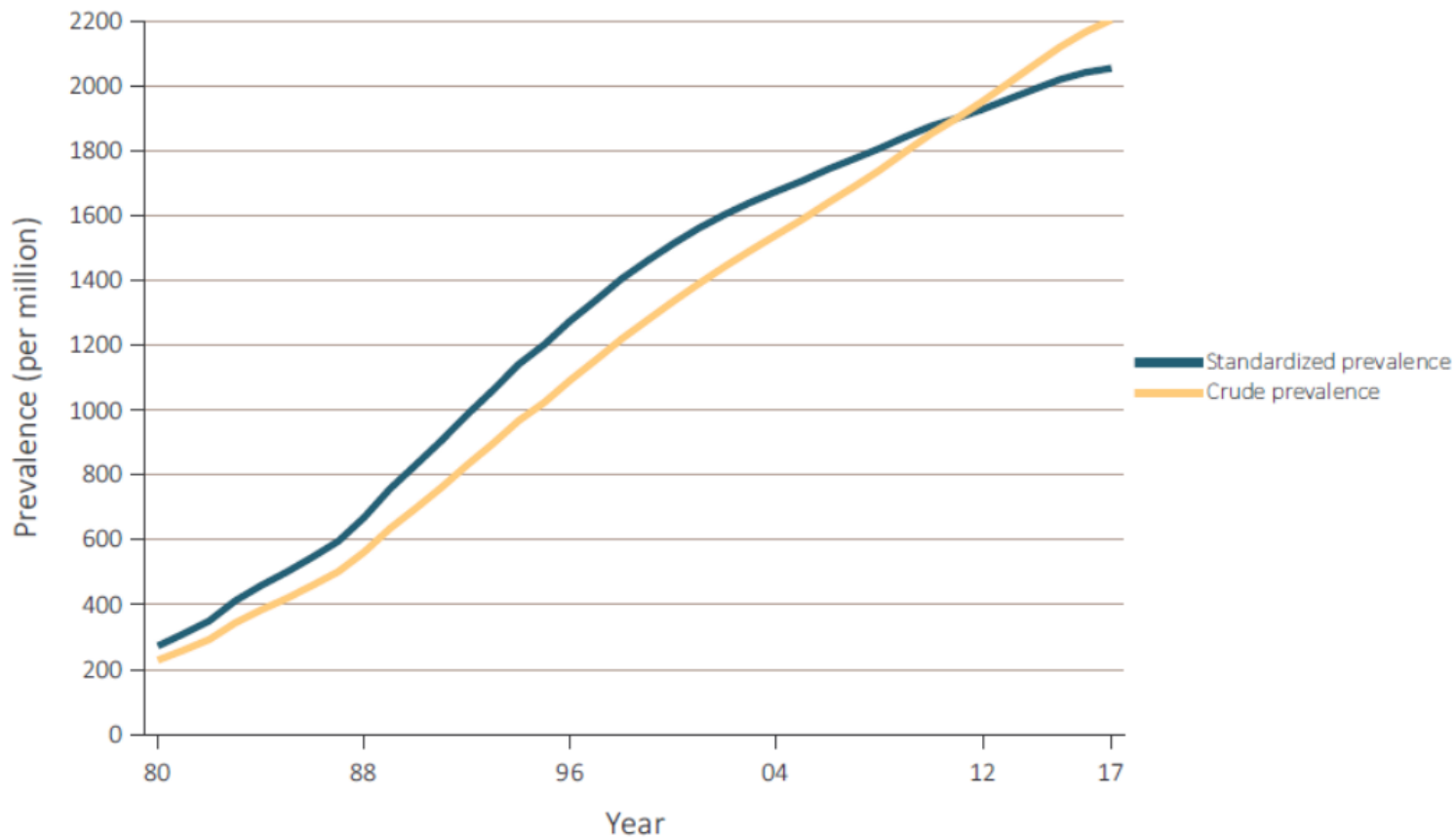
Refractory acidosis, hyperK+, hyperphos

*absolute indications

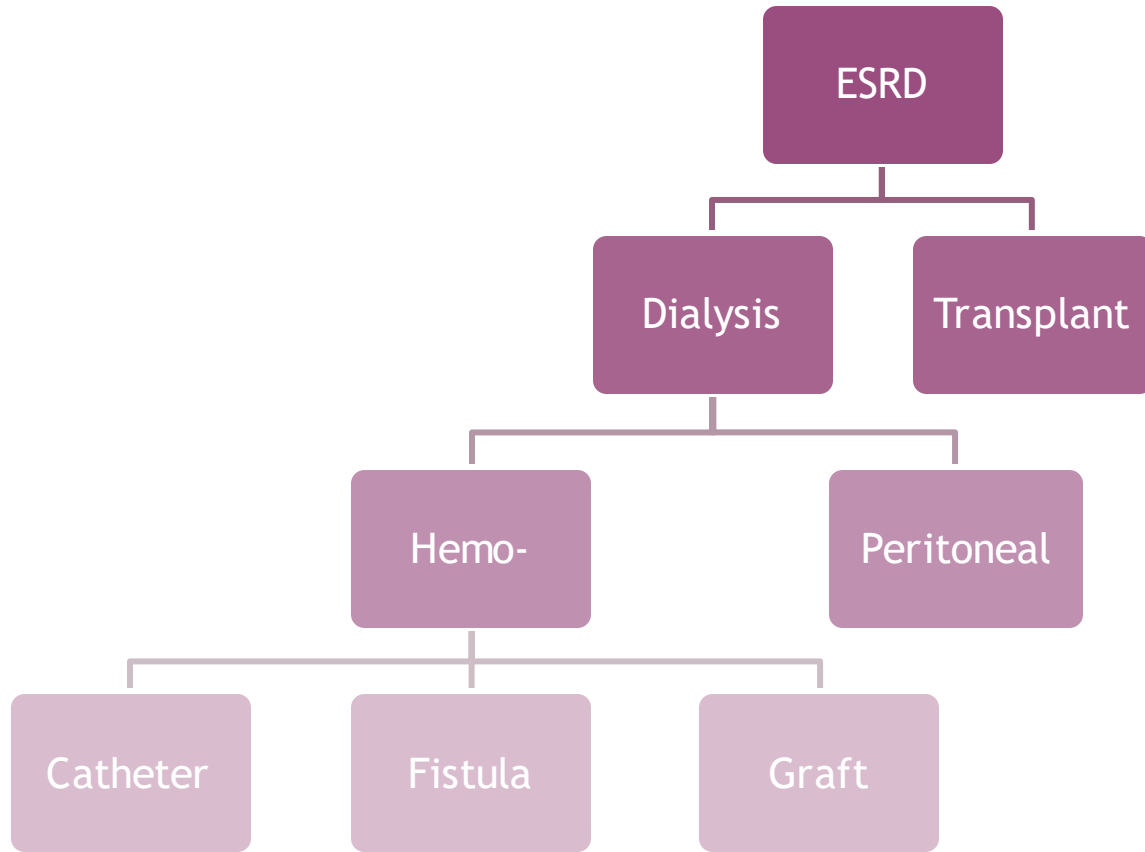
Incidence of ESRD in US (1980-2016)



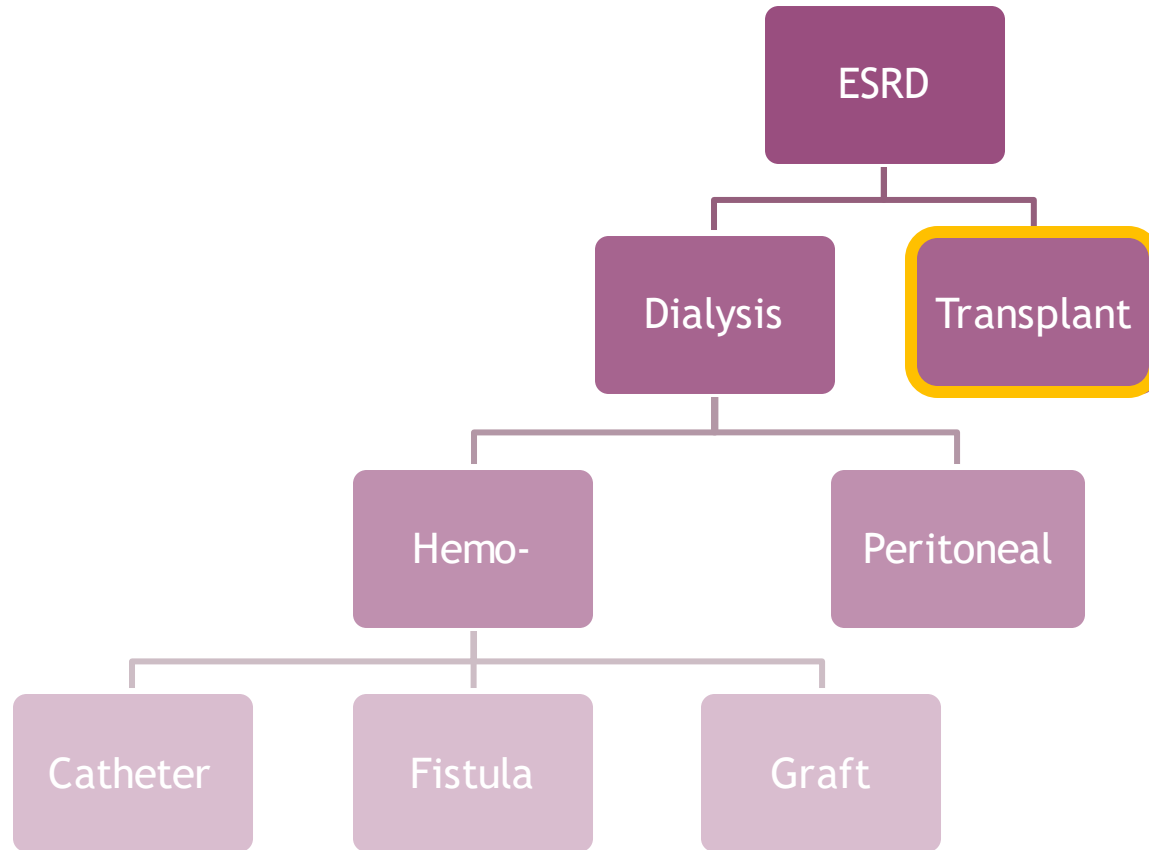
Prevalence of ESRD in US (1980-2016)



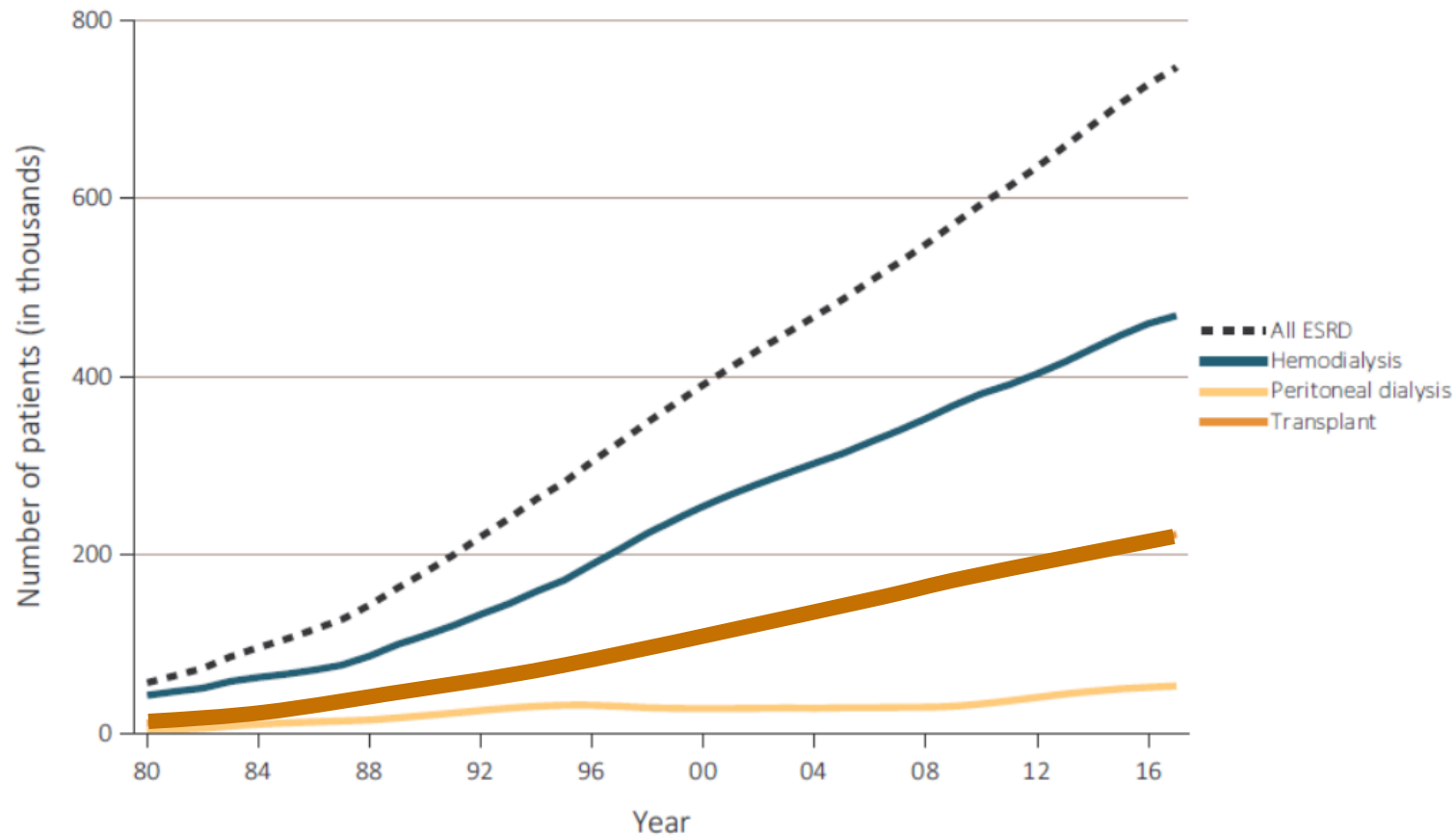
Renal replacement therapy



Renal replacement therapy



Renal replacement therapy - Transplant

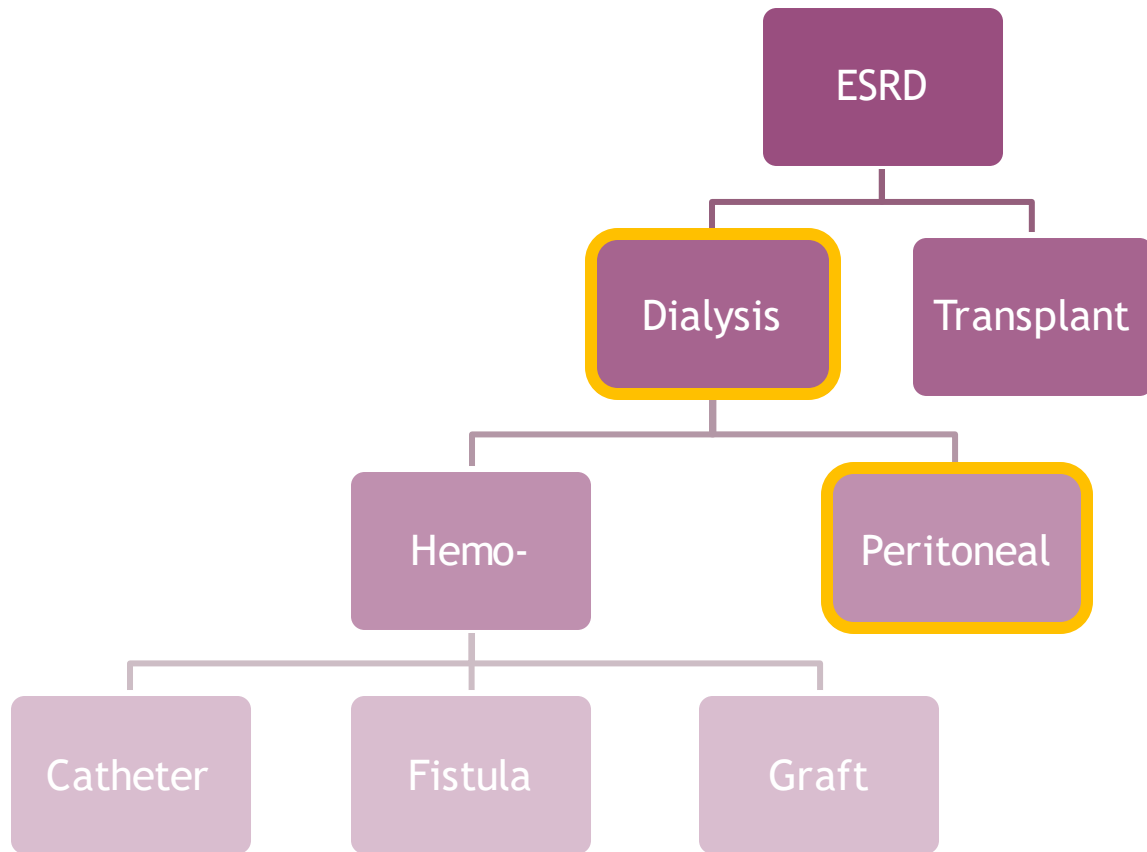


Renal replacement therapy - Transplant

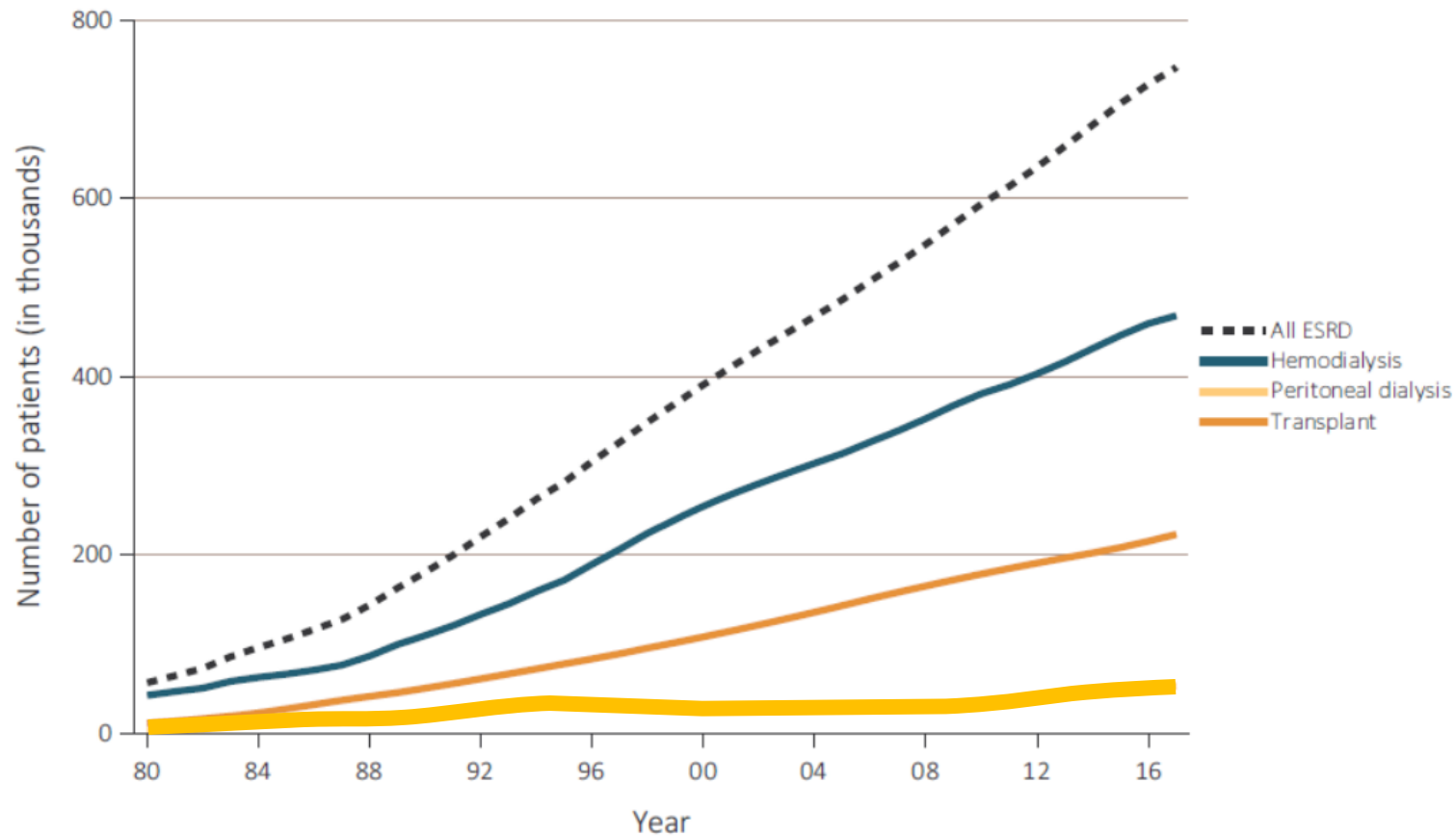
PREVALENT ESRD

	Total	HD		PD		Transplant	
		N	%	N	%	N	%
Age							
0-21	9,667	1,608	16.6	977	10.1	7,082	73.3
22-44	103,821	50,835	49.0	9,124	8.8	43,862	42.2
45-64	321,810	190,655	59.2	22,899	7.1	108,256	33.6
65-74	184,582	123,915	67.1	12,293	6.7	48,374	26.2
75+	123,794	101,094	81.7	7,426	6.0	15,274	12.3

Renal replacement therapy

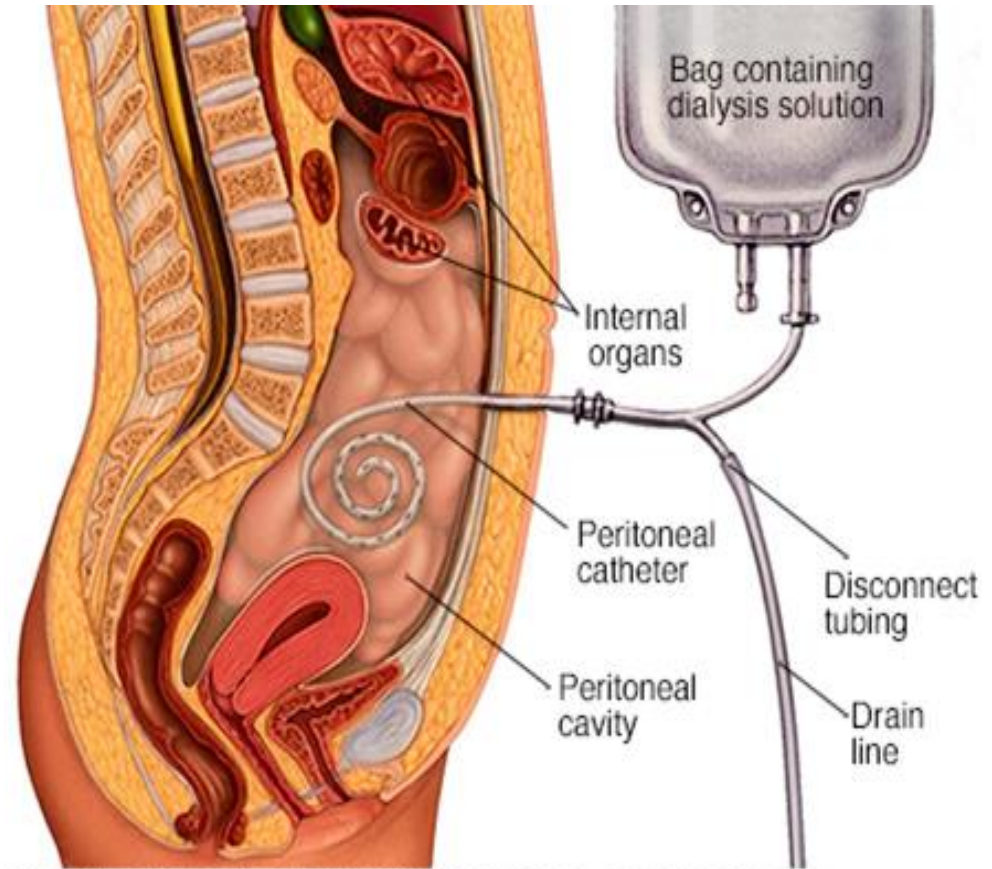


Renal replacement therapy - PD

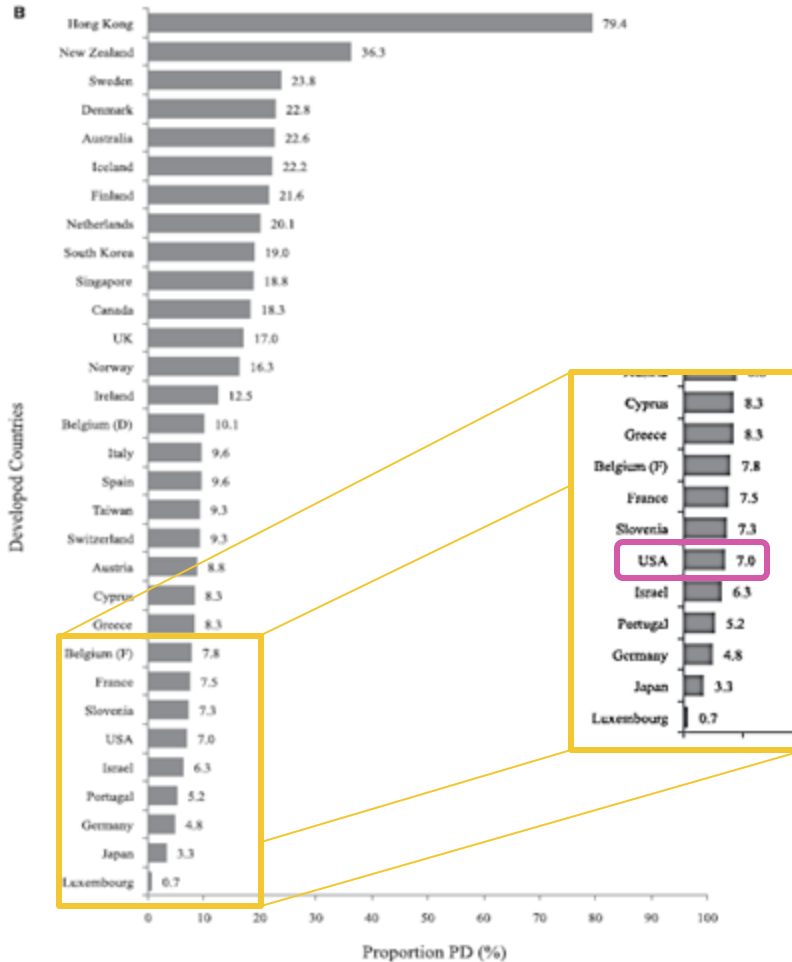


Peritoneal Dialysis

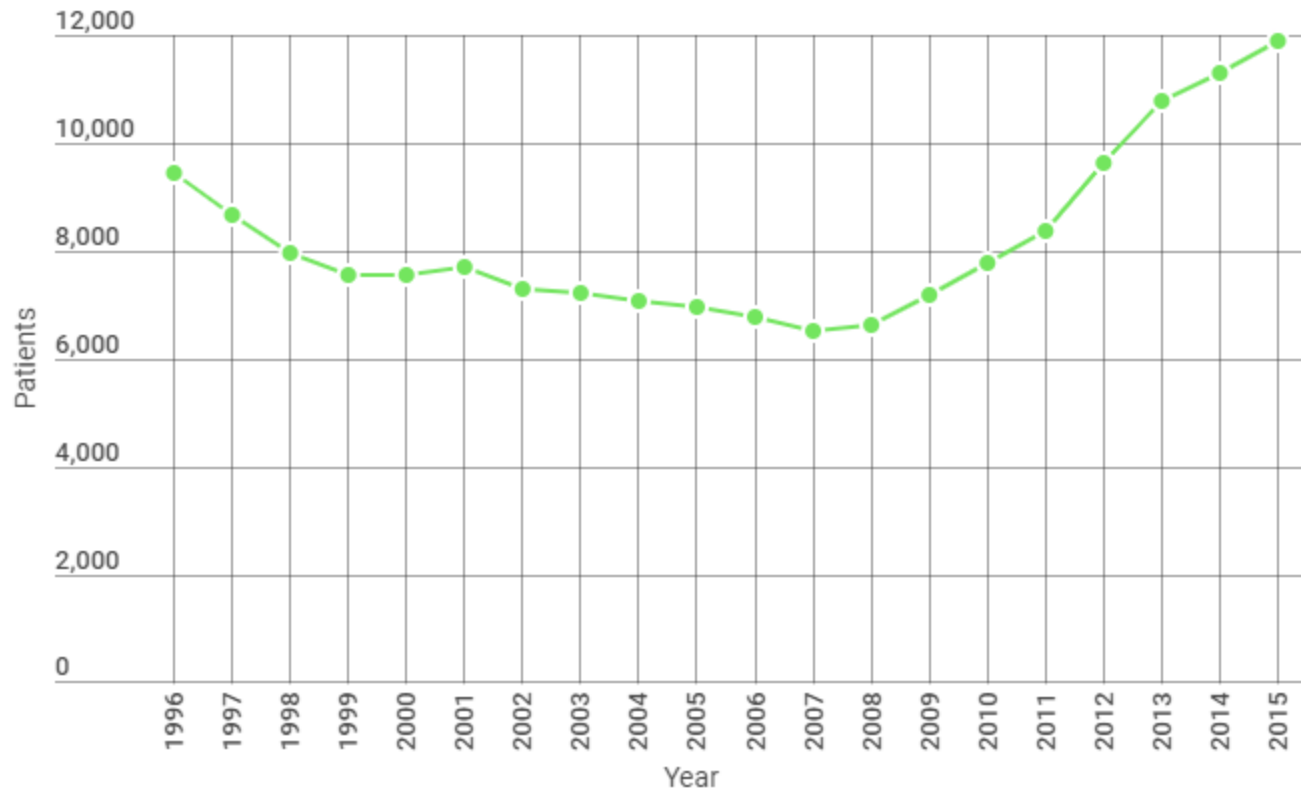
- 200,000 patients worldwide
- Given an informed choice, 50% of patients will choose PD first



IAYO FOUNDATION FOR MEDICAL EDUCATION AND RESEARCH, ALL RIGHTS RESERVED.



Jain AK, Blake P, Cordy P,
Garg AX. Global trends in
rates of peritoneal dialysis. J
Am Soc Nephrol.
2012;23(3):533-544.
doi:10.1681/ASN.2011060607



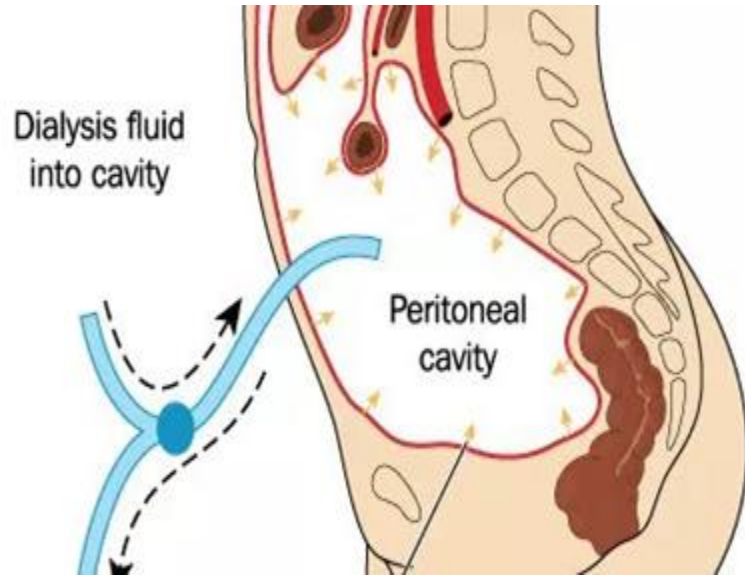
● End-stage renal disease patients

Renal replacement therapy - PD

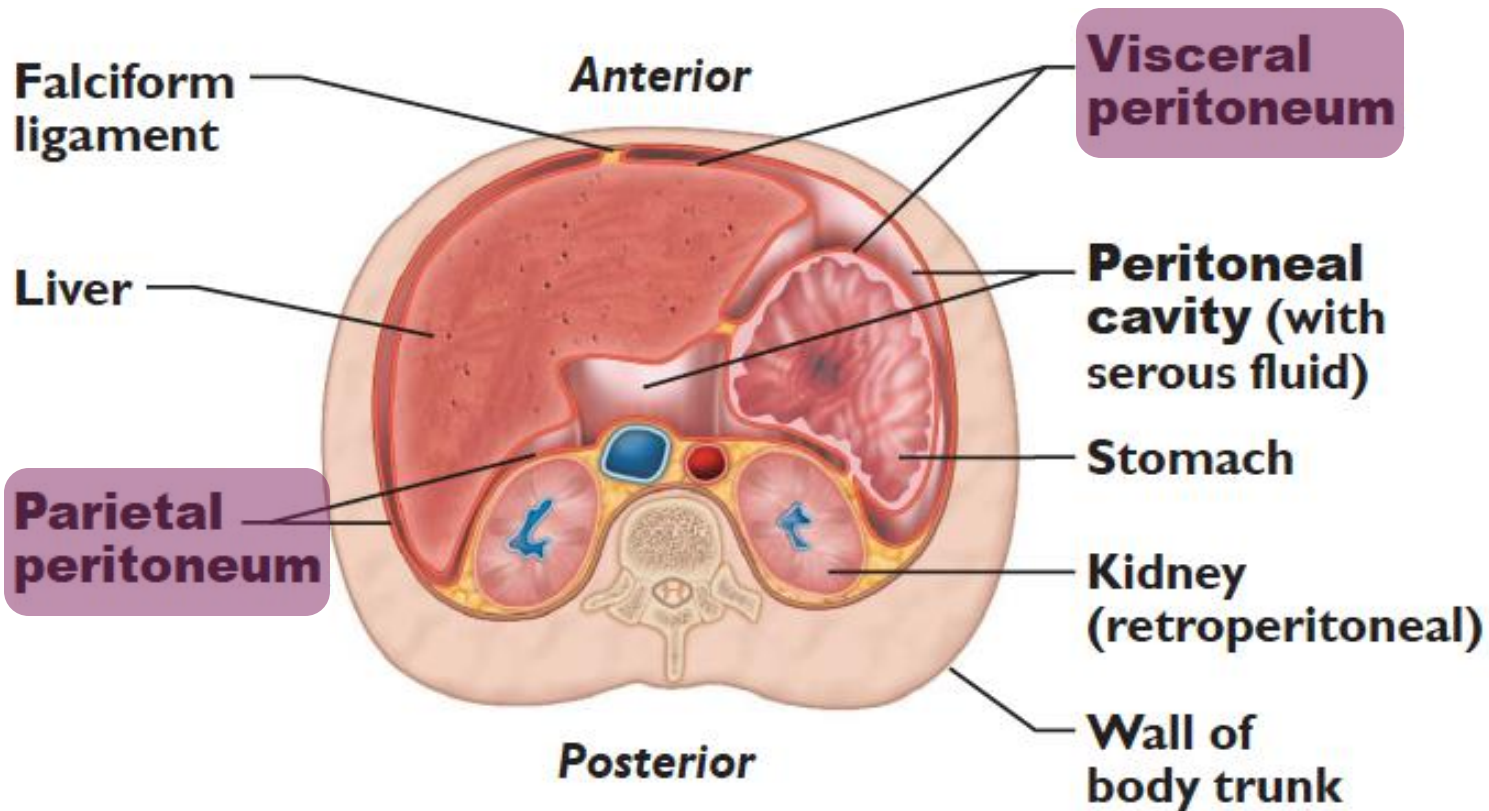
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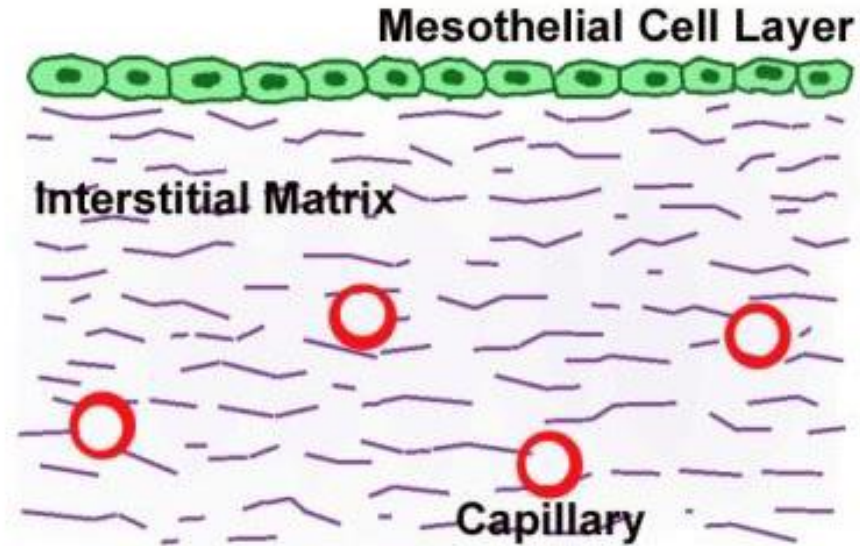
Peritoneal Dialysis

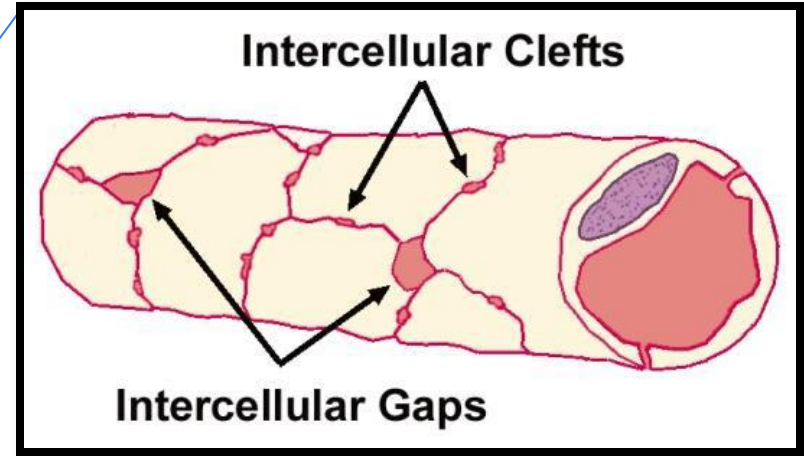
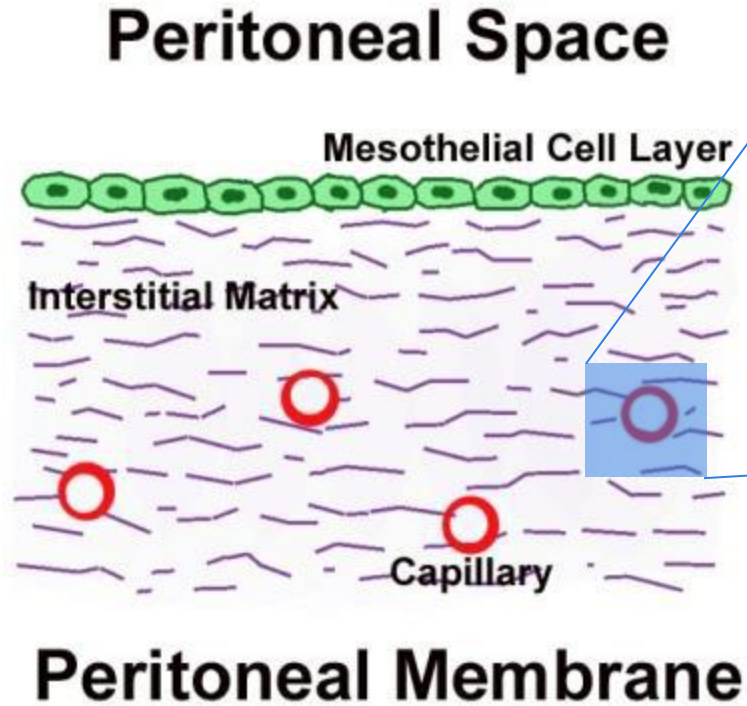


Peritoneal Dialysis



Peritoneal Space



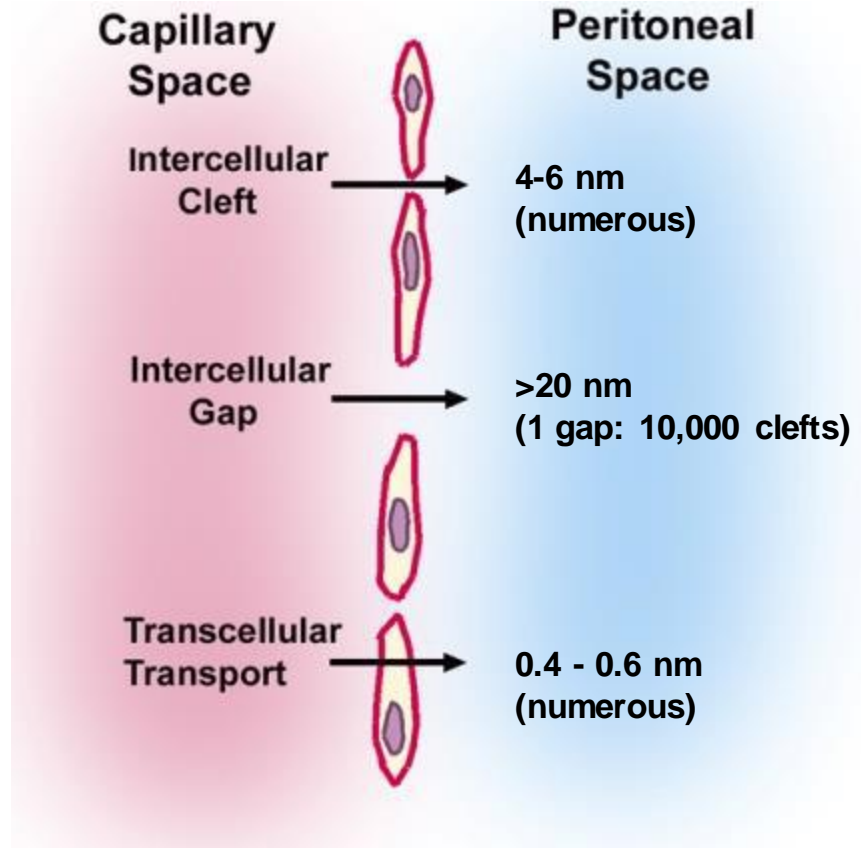


- Peritoneal capillary is critical barrier to solute and water transport
 - BF ~ 50-100 mL/min

Peritoneal Capillary

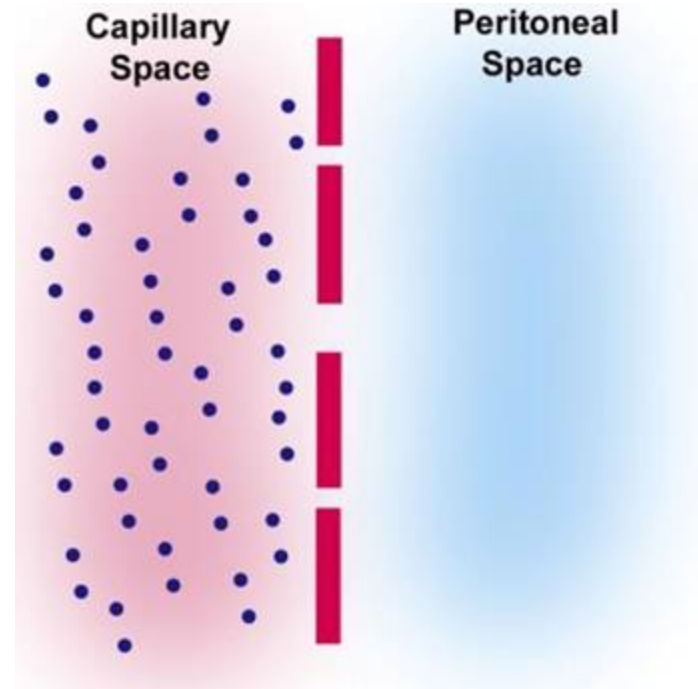


RBC 6-8 μm
(6000-8000 nm)



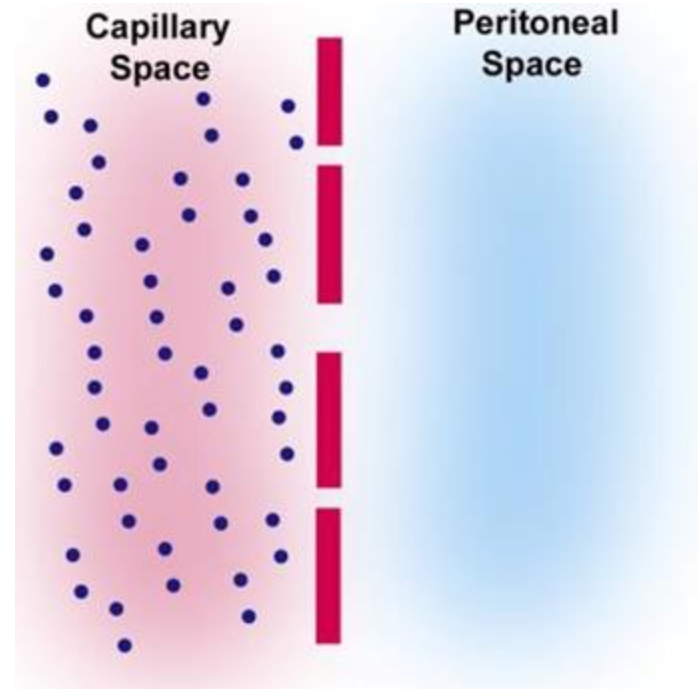
Methods of Peritoneal Clearance

- Diffusion (solute)
- Ultrafiltration (water)
- Convection (solute)



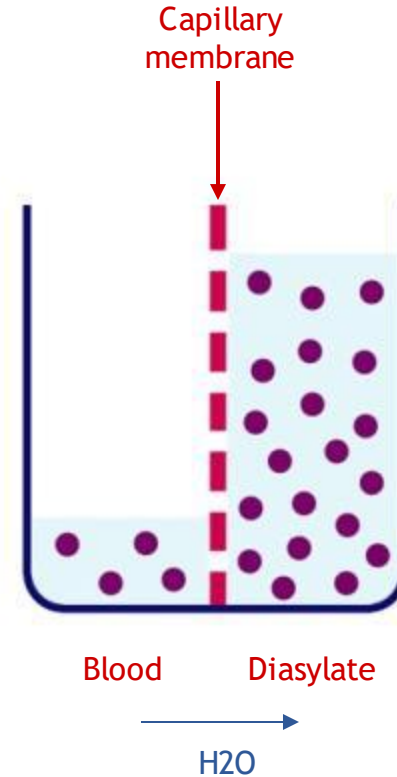
Methods of Peritoneal Clearance

- Diffusion (solutes)
 - Solute travel down a concentration gradient
 - Via small and large pores
- Ultrafiltration (water)
- Convection (solutes)



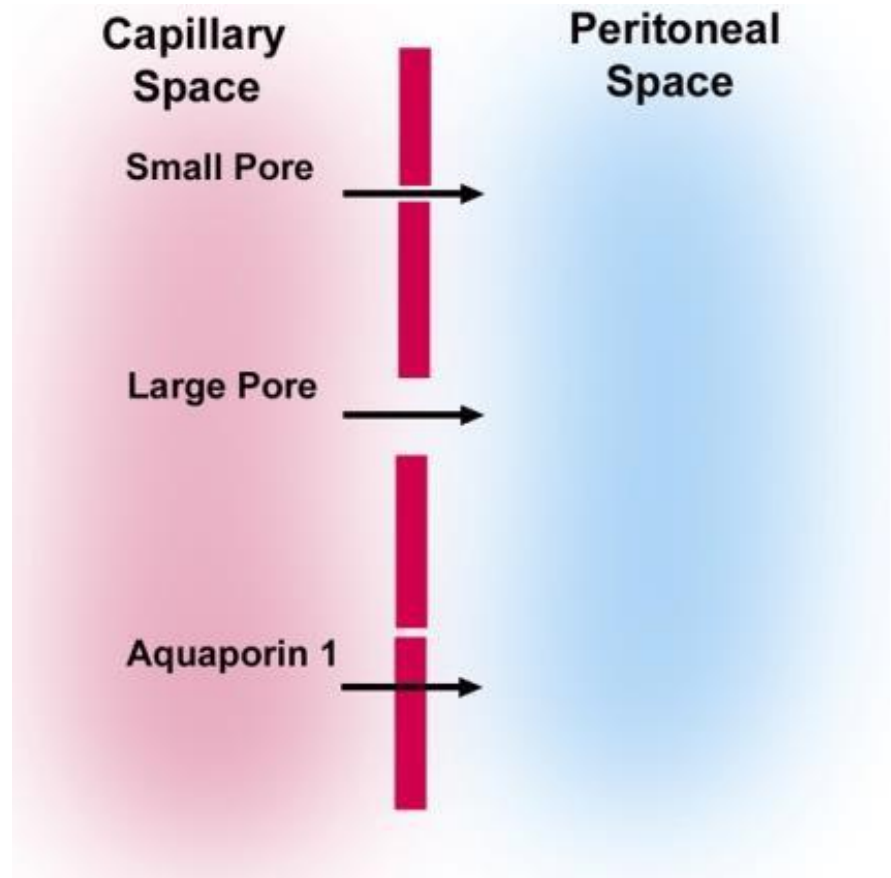
Methods of Peritoneal Clearance

- Diffusion (solute)
- Ultrafiltration (water)
 - H₂O movement due to differences in osmotic pressure
 - Via small pores, large pores, and aquaporins
- Convection (solute)

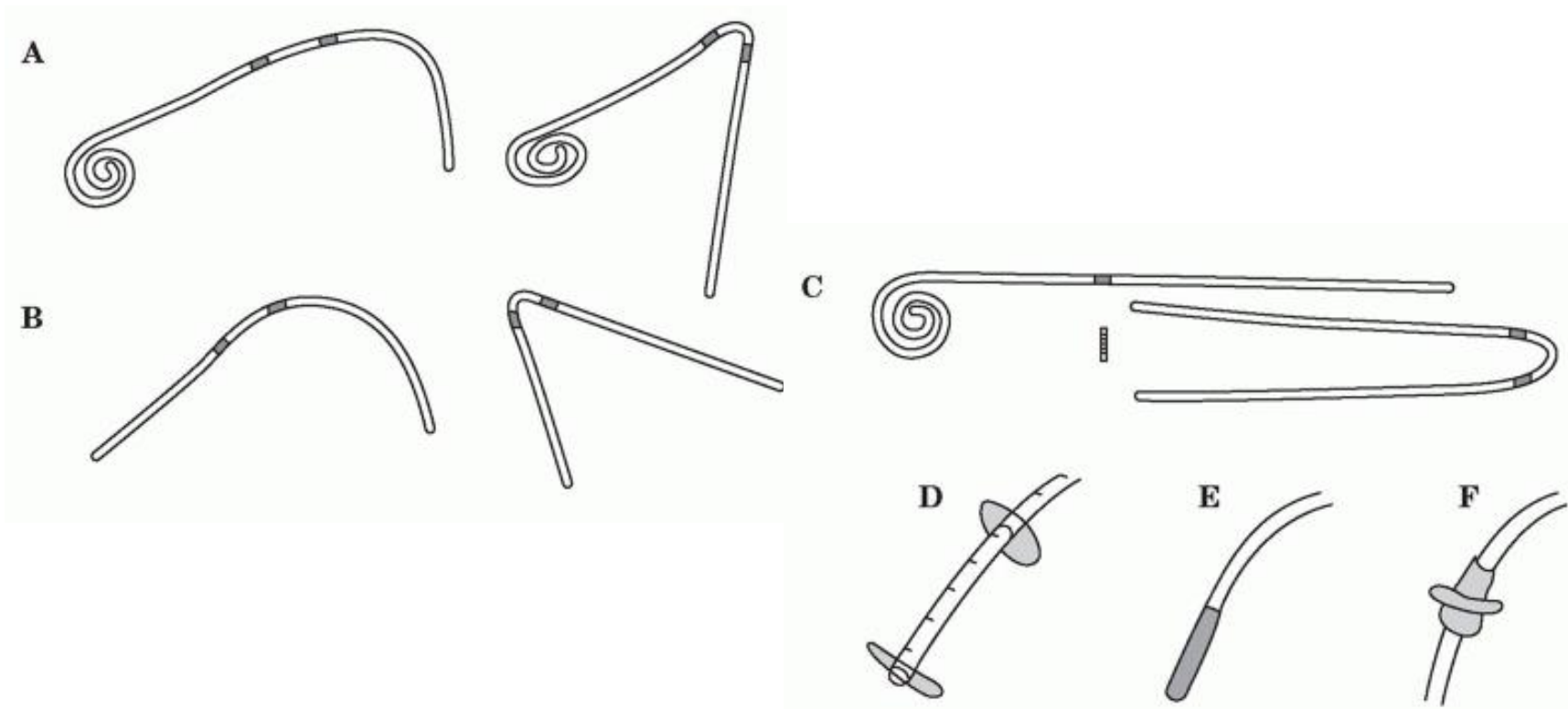


Methods of Peritoneal Clearance

- Diffusion (solute)
- Ultrafiltration (water)
- Convection (solute)
 - “Solvent drag”
 - As H₂O moves, other solutes move too
 - Independent of solute concentration gradients



All shapes and sizes



All shapes and sizes



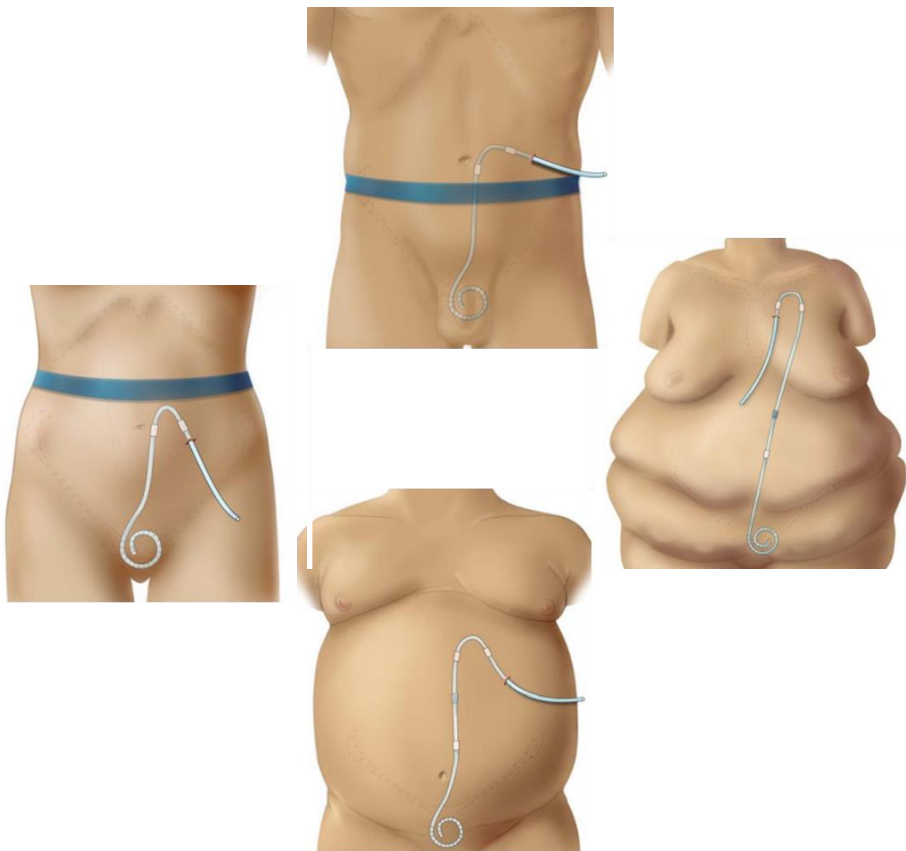
Who places PD catheters?

Surgeon → Laparoscopy

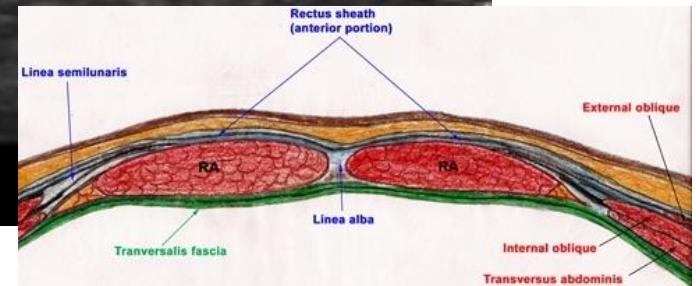
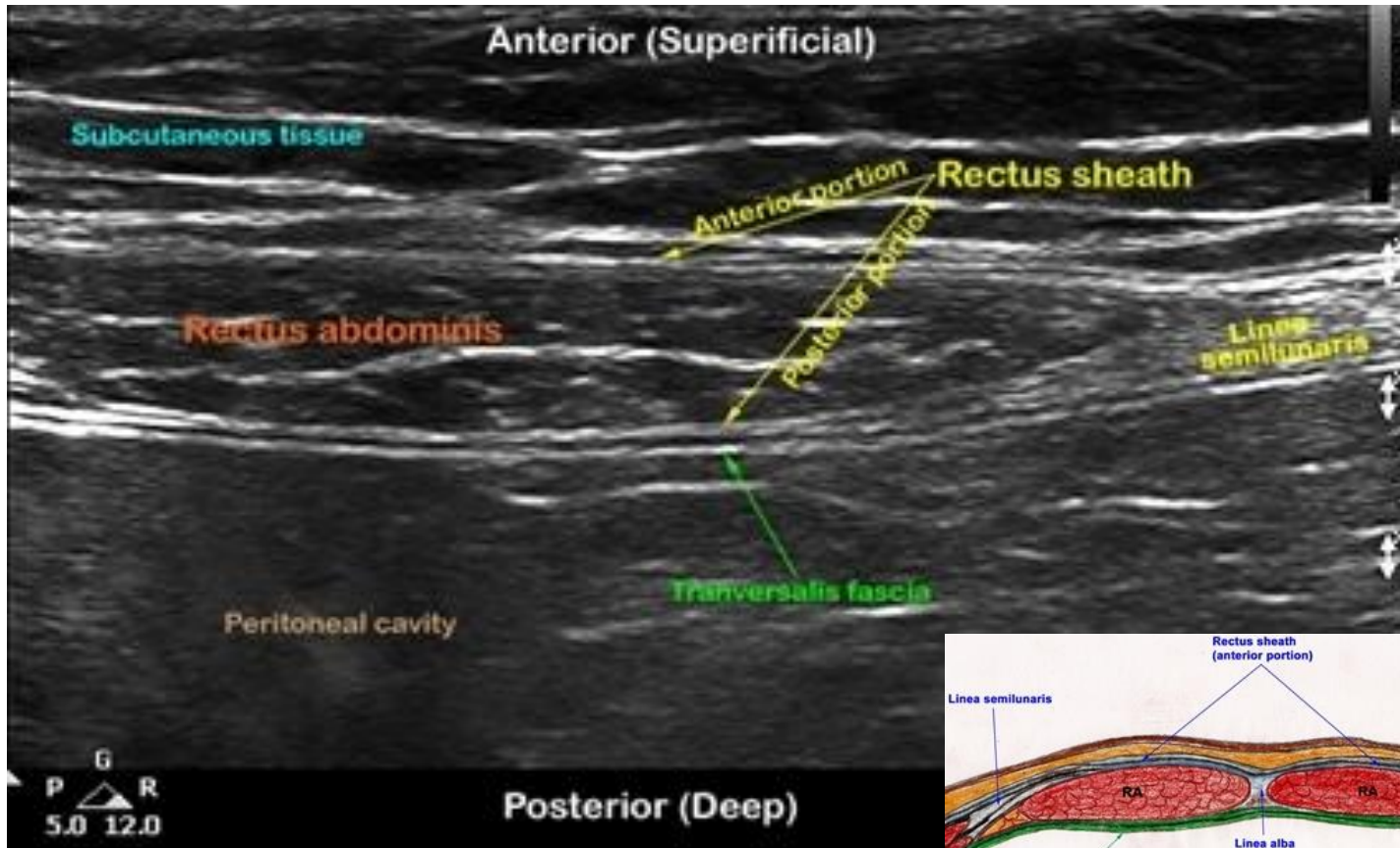
Interventional Radiology → Fluoroscopic + US Guidance

Interventional Nephrology → US Guidance

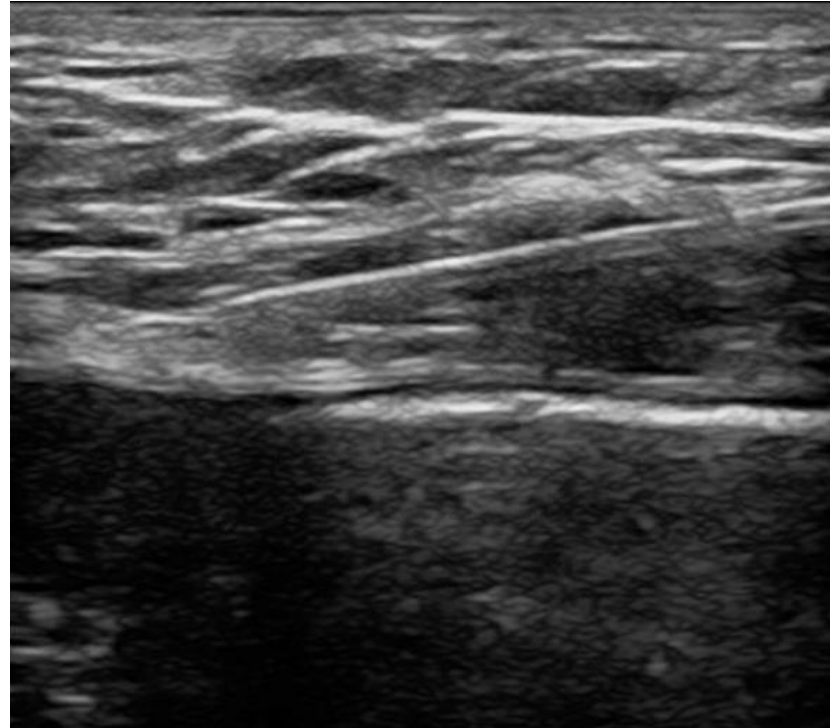
Technique for IR placement



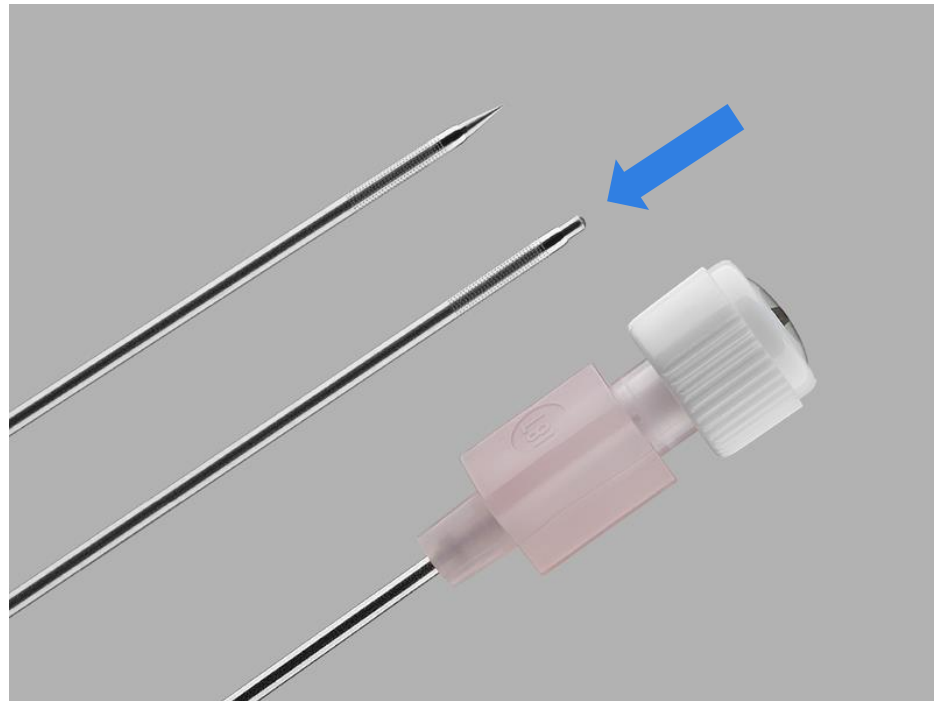
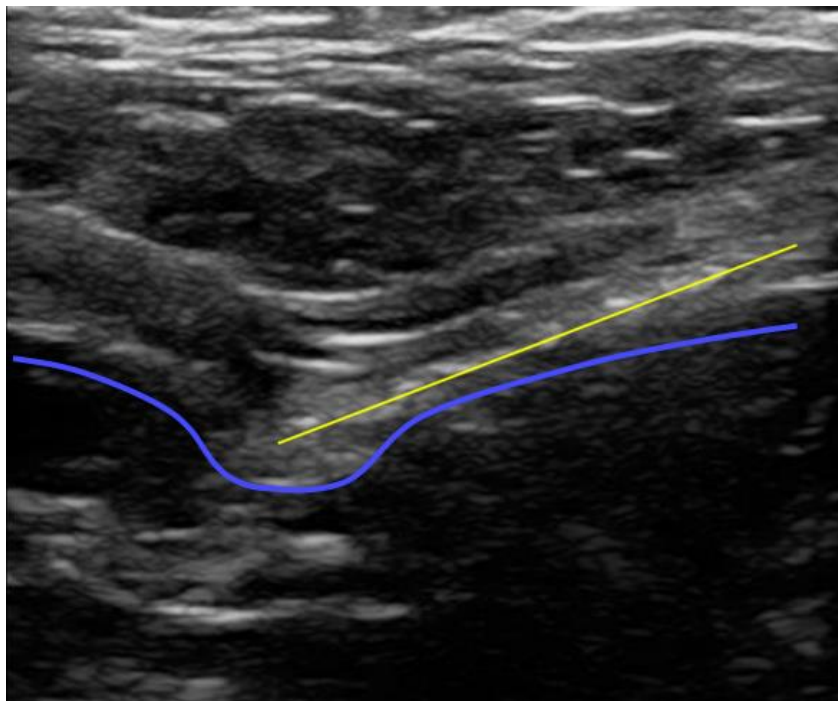
Technique for IR placement



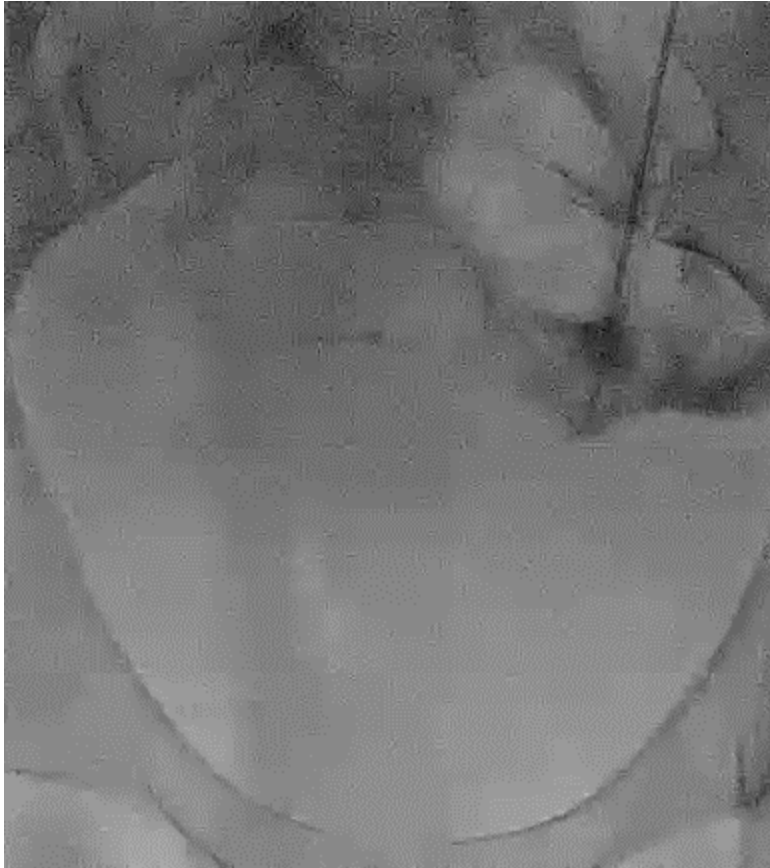
Technique for IR placement



Technique for IR placement



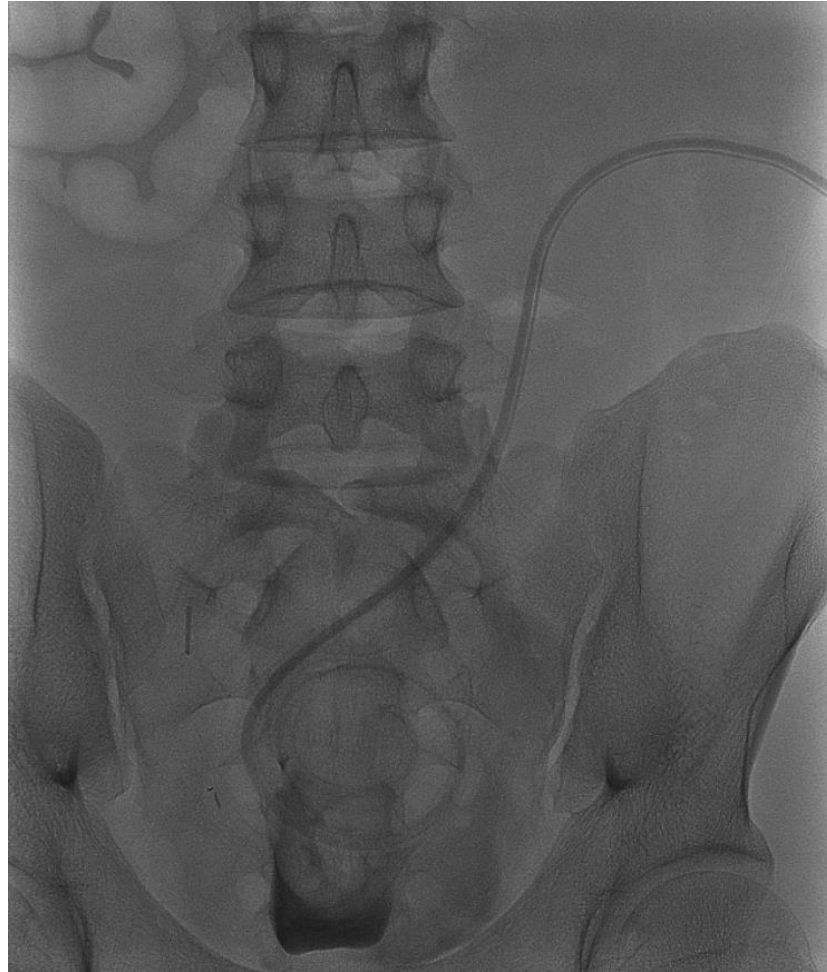
Technique for IR placement



Technique for IR placement

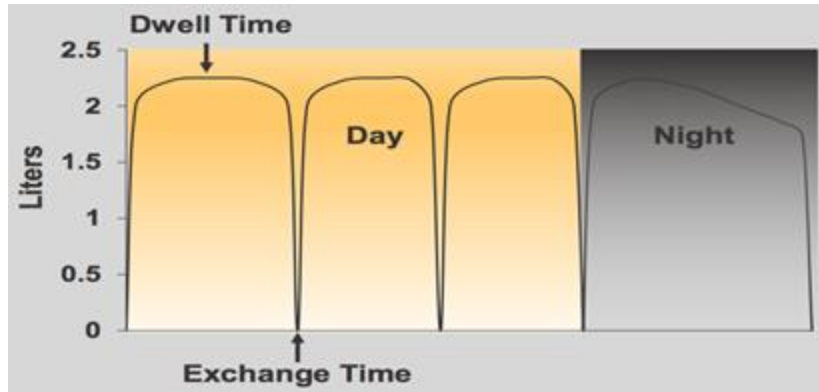


Catheter Positioning



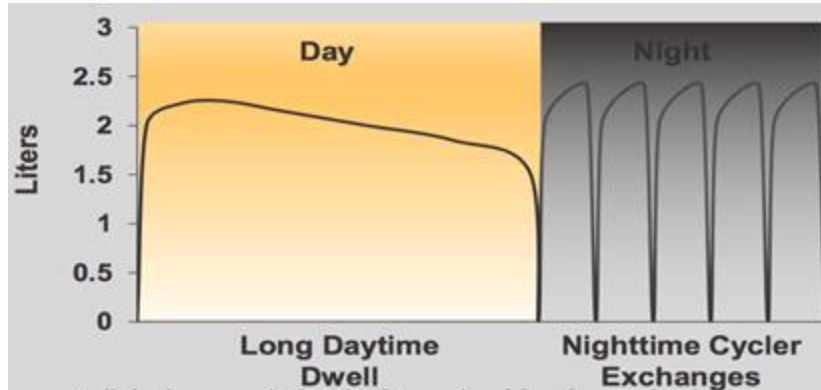
Peritoneal Dialysis Prescriptions

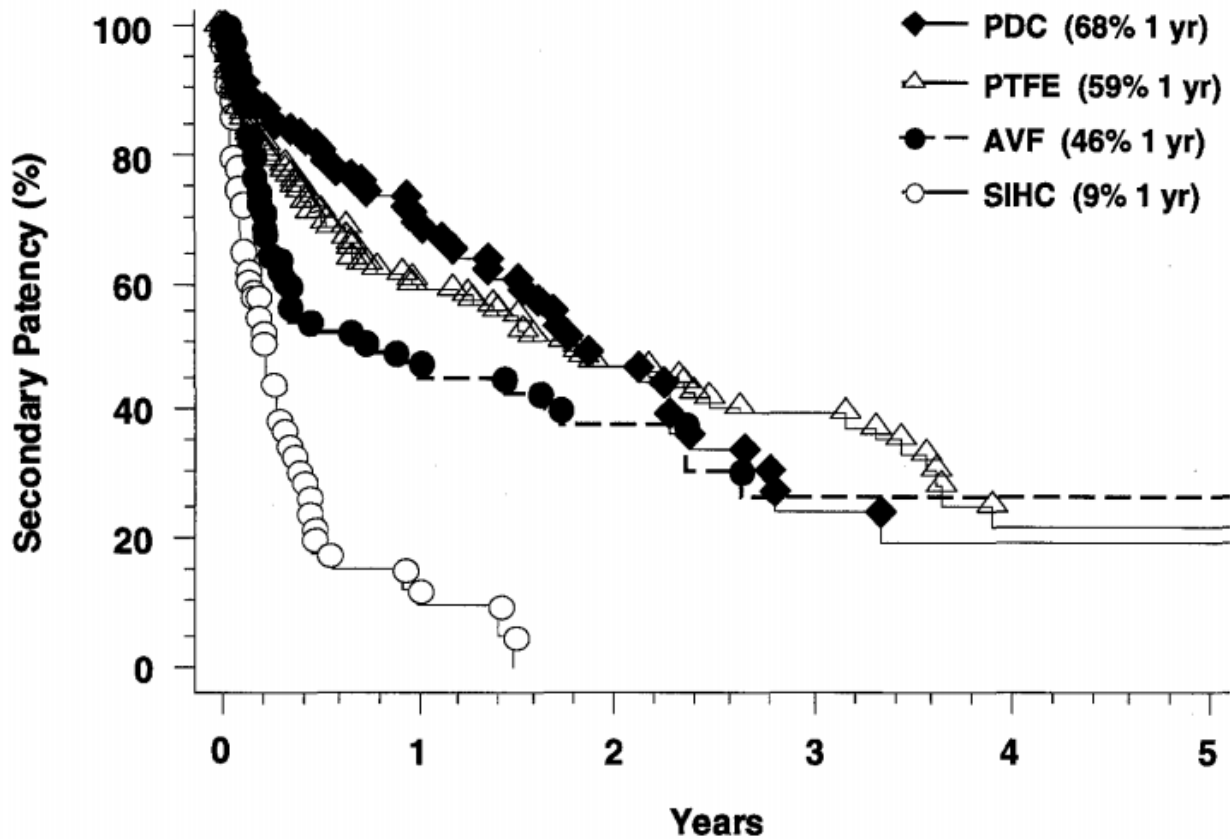
- Continuous Ambulatory Peritoneal Dialysis (CAPD)
 - No machine needed
 - 24/7



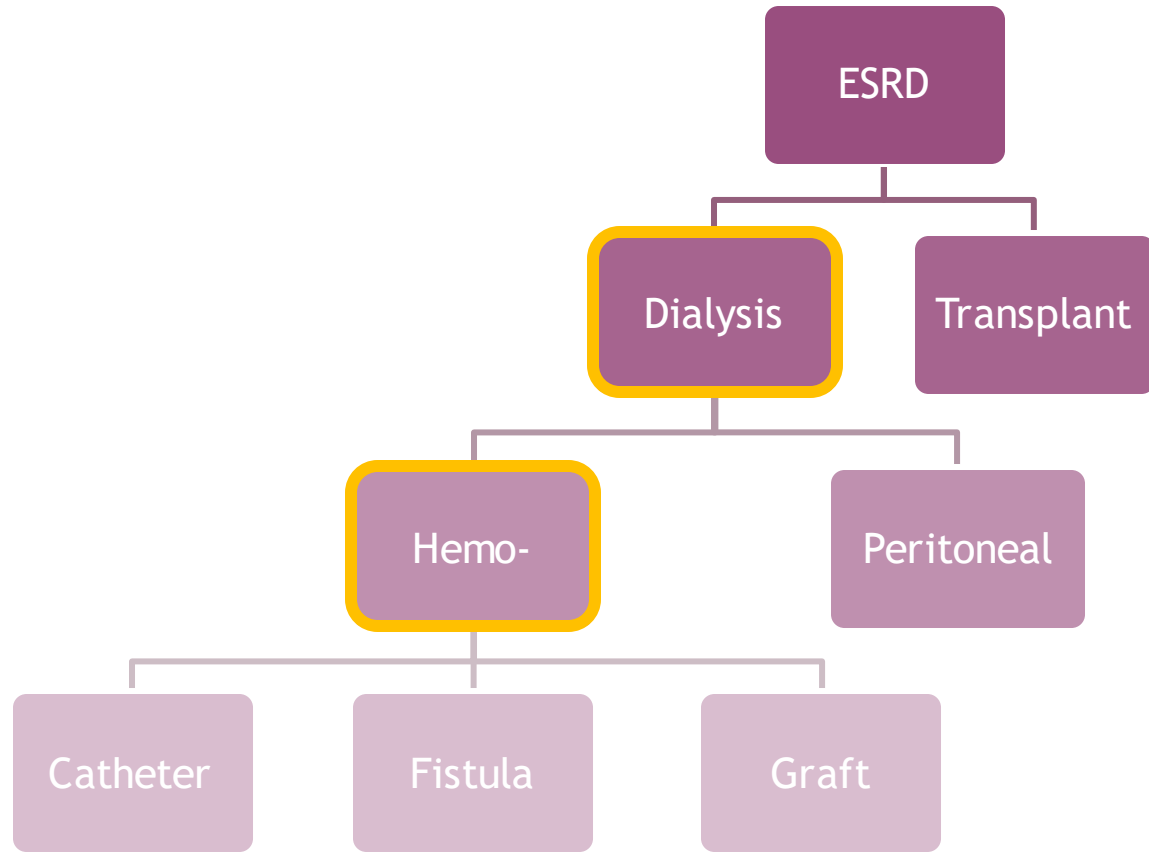
Types of PD Rx

- Automated Peritoneal Dialysis (APD)
- Continuous Cycling Peritoneal Dialysis (CCPD)
- Machine run cycles
- 7 d/wk

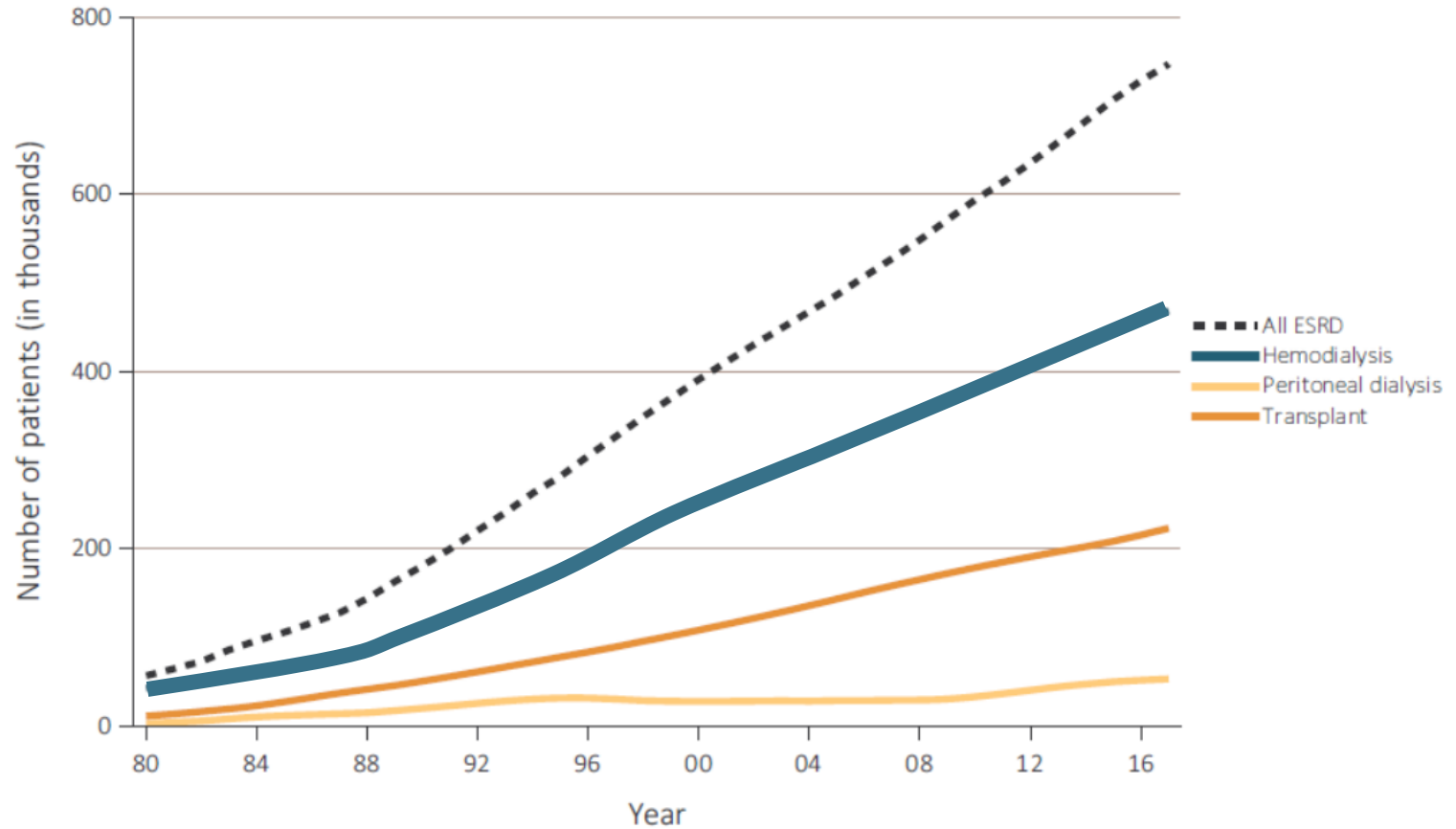




Renal replacement therapy



Renal replacement therapy

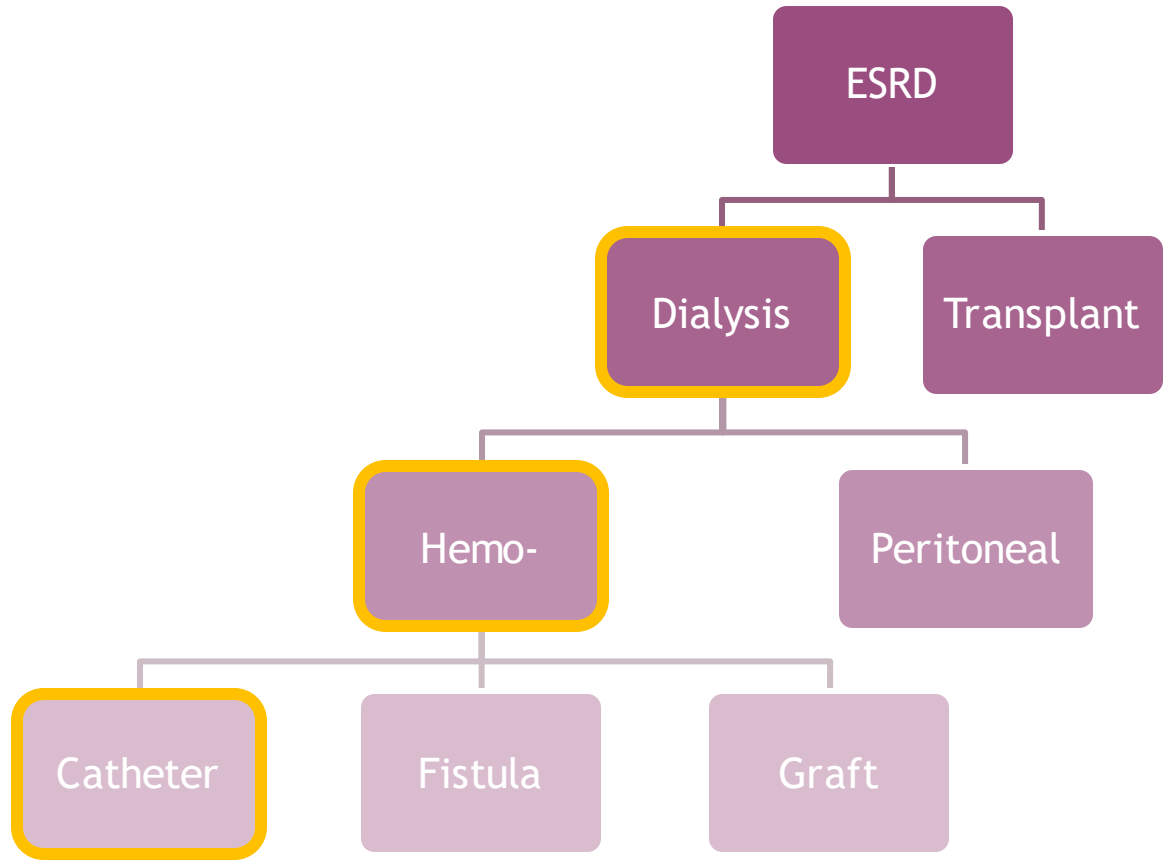


Renal replacement therapy

PREVALENT ESRD

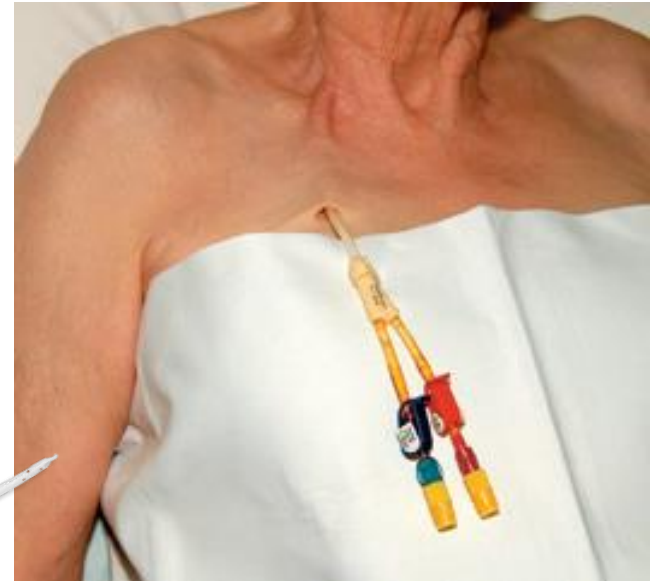
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Renal replacement therapy



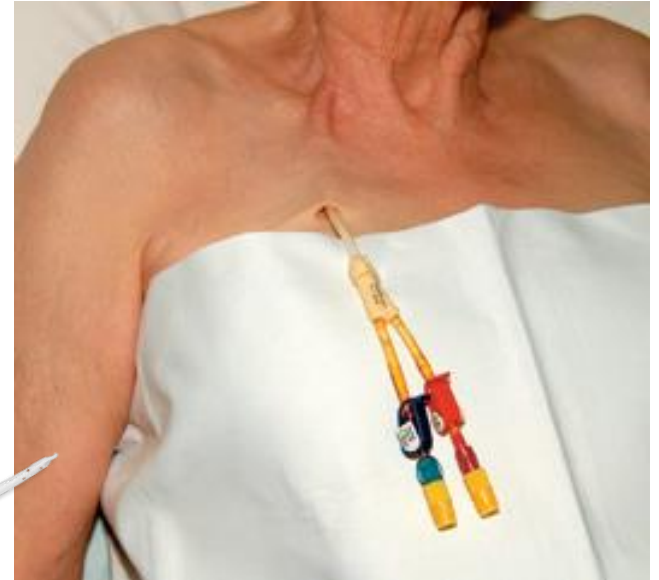
Catheter-Based Hemodialysis

- Benefits
 - Rapid start
 - Quick and easy to place
 - Functional
 - Easily removed if renal recovery
 - Multiple placement options

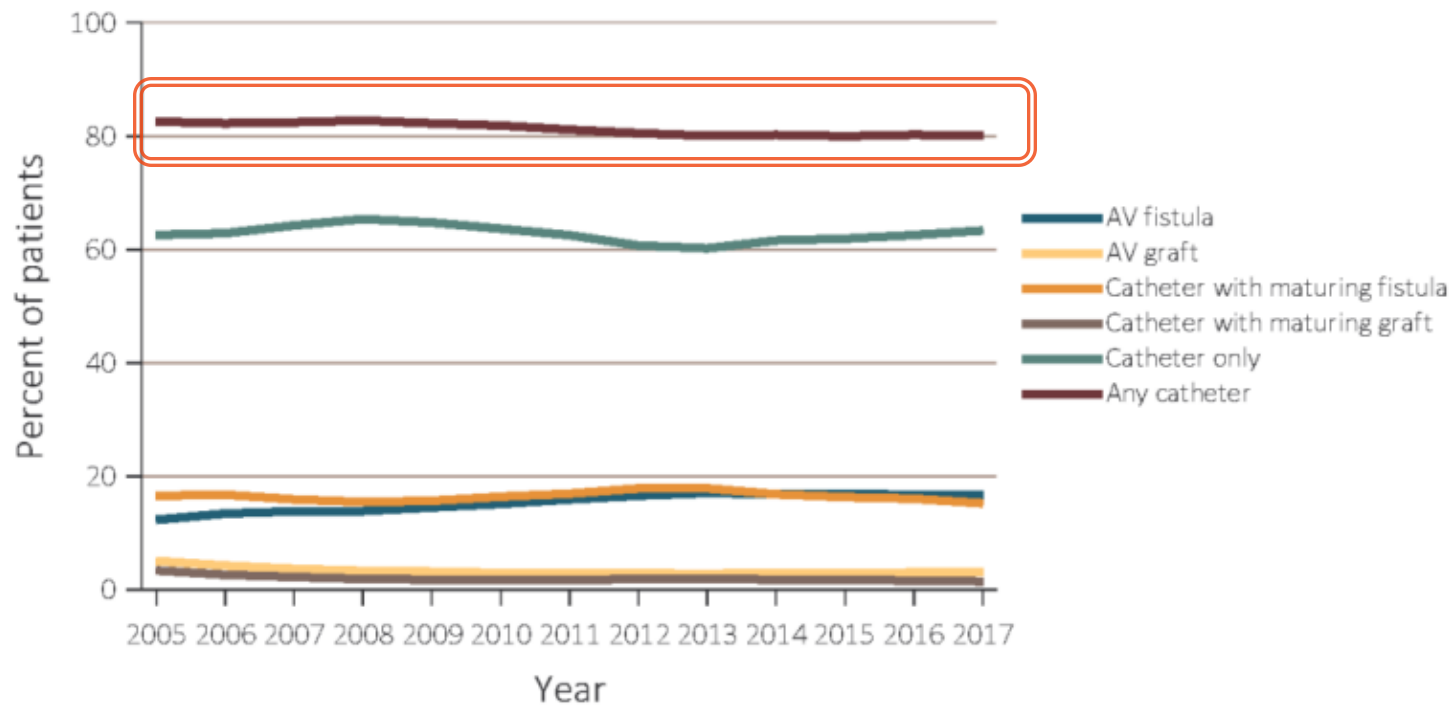


Catheter-Based Hemodialysis

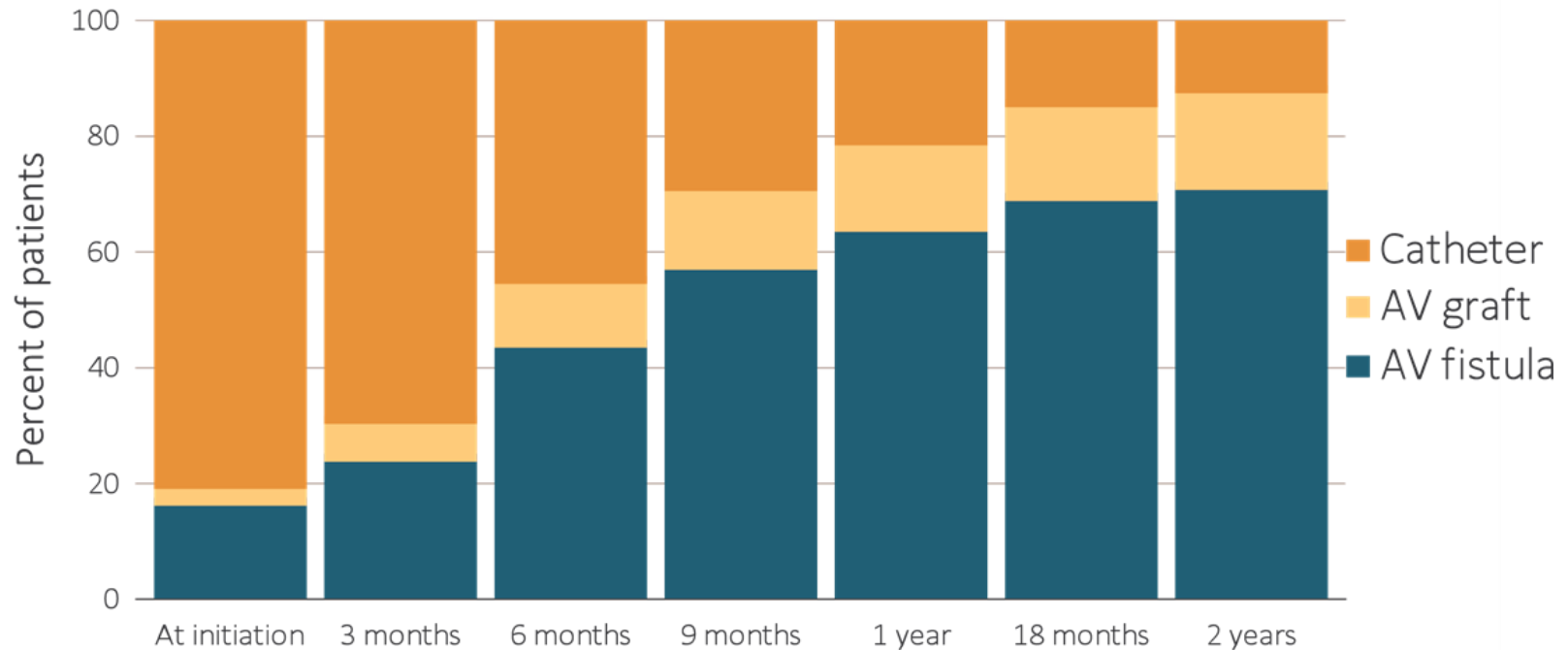
- Negatives
 - High associated morbidity and mortality
 - Infection
 - Hospitalization
 - Death
 - Accelerated vascular injury → lost access



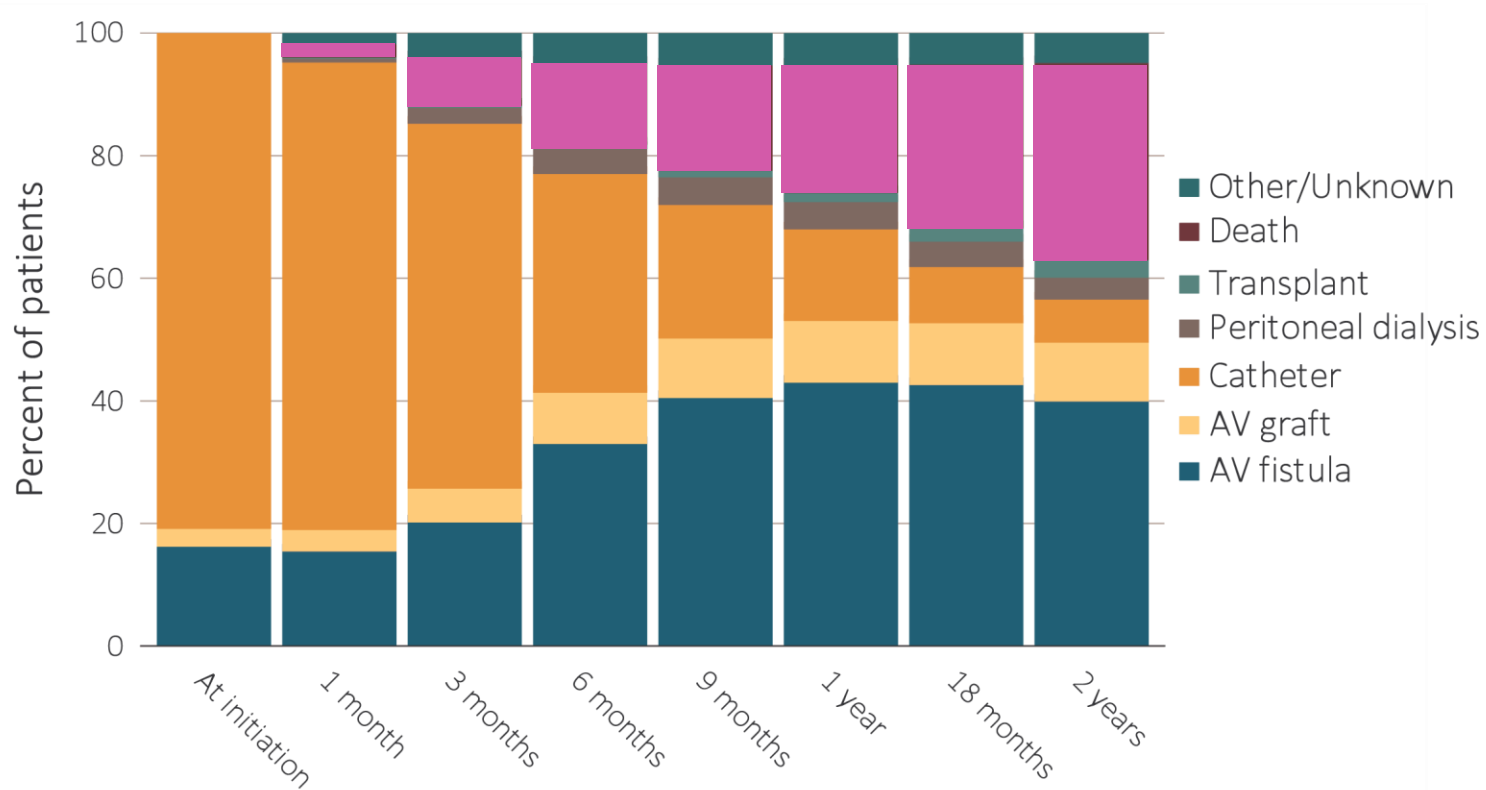
Vascular access use at HD initiation



Hemodialysis access over time



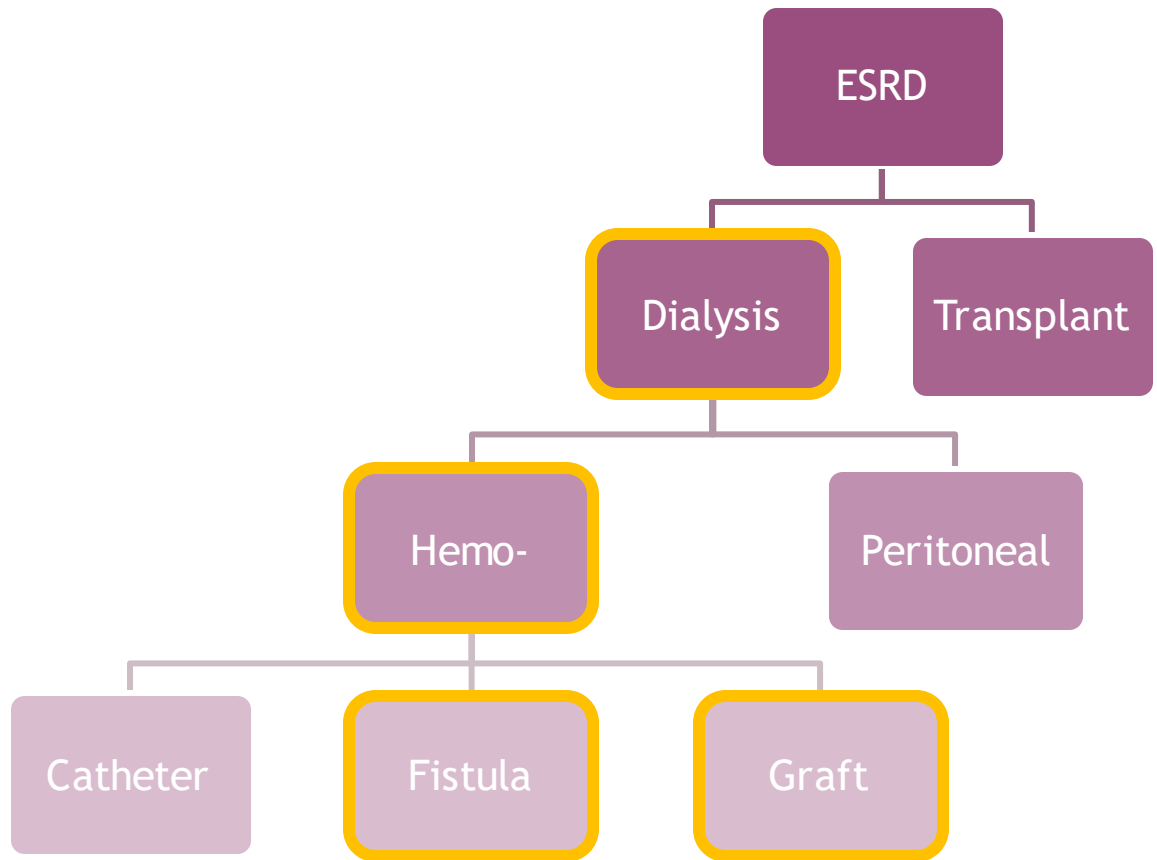
Change in HD access over time



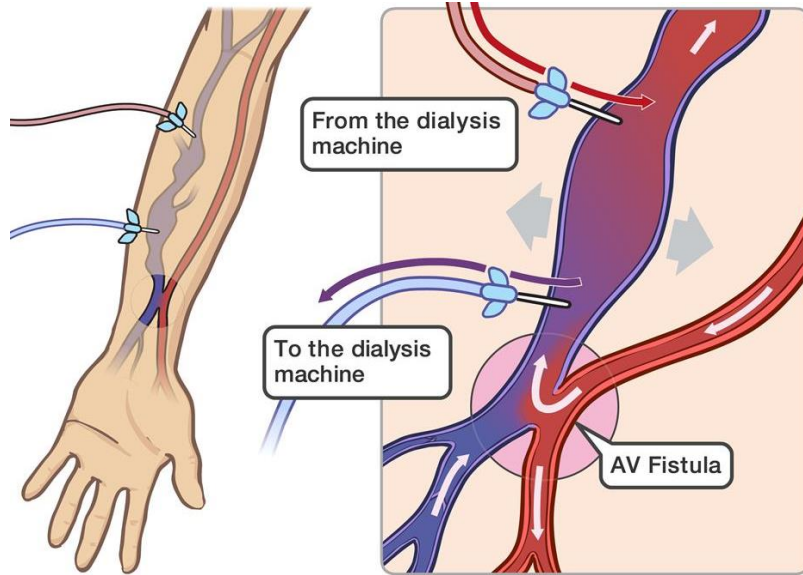
Fistula First Breakthrough Initiative → Fistula First/Catheter Last (2009)

- Goal: 66% national prevalent AVF use
 - Resulted in a steady increase in the prevalence of AVF
 - 32% (2003) → 63% (2014)
- Goal: reduce long-term tunneled catheter use
 - Not including bridging catheters
 - Has not been as successful
- AVFs associated with lowest morbidity
 - Higher primary patency
 - Lower risk of infection
 - Better durability
 - Lower associated mortality
 - Require fewer interventions
- Grafts have their place
 - Comparable secondary patency rates
 - Potentially a better option in older patients

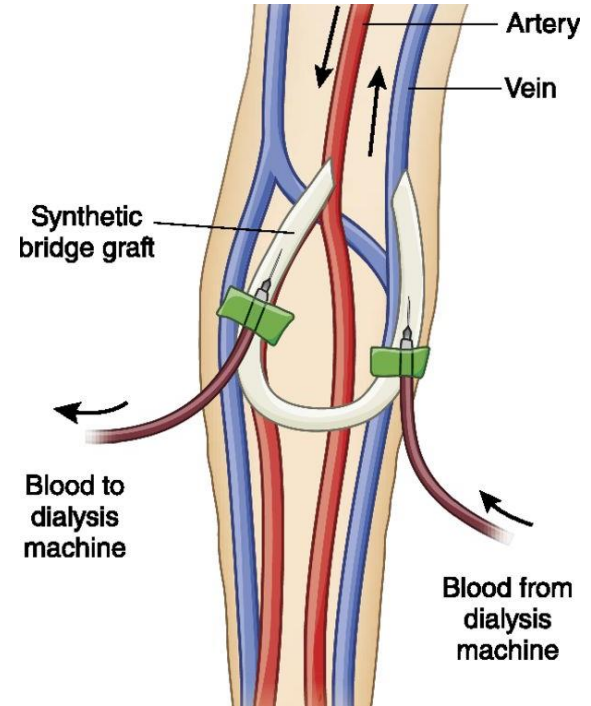
Renal replacement therapy



Fistula versus Graft



AV FISTULA



AV GRAFT

Graft material

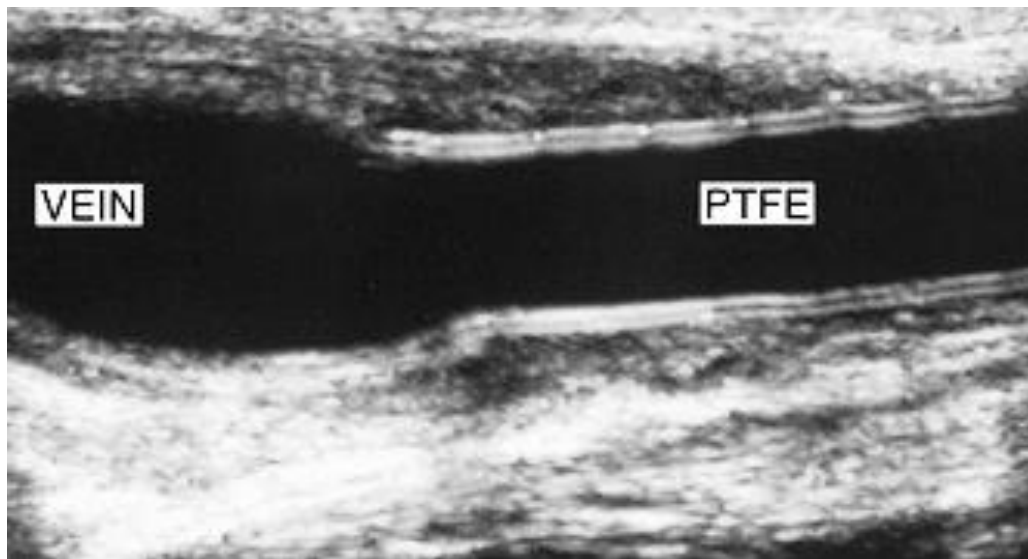


PTFE

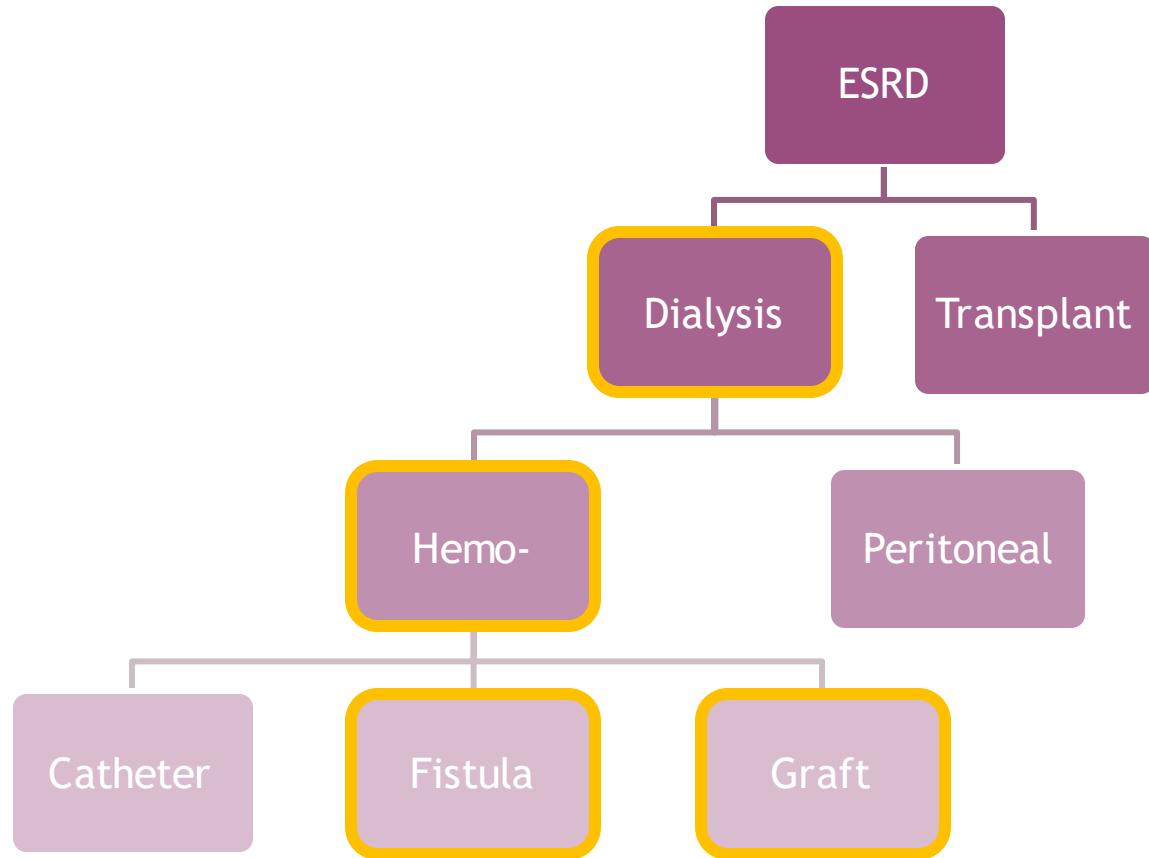


DACRON

Graft material



Renal replacement therapy



Introduction



The procedure consists of ↗

Poor maturation of surgical AVFs

- Dember LM, et al (JAMA, 2008)

- Randomized controlled trial comparing surgical AVF to a placebo control
- Of 758 patients, 22.1% failed to be matured

- Woodside KJ, et al (AJKD, 2018)

- Observational study of 1,000 patients
- USRDS Medicare data
- 54.7% of fistulae matured within 6 months of creation

- Hemodialysis Fistula Maturation Study

- 602 AVFs
- 43.7% matured unaided
- 27.6% matured with intervention
- 22.1% failed maturation completely

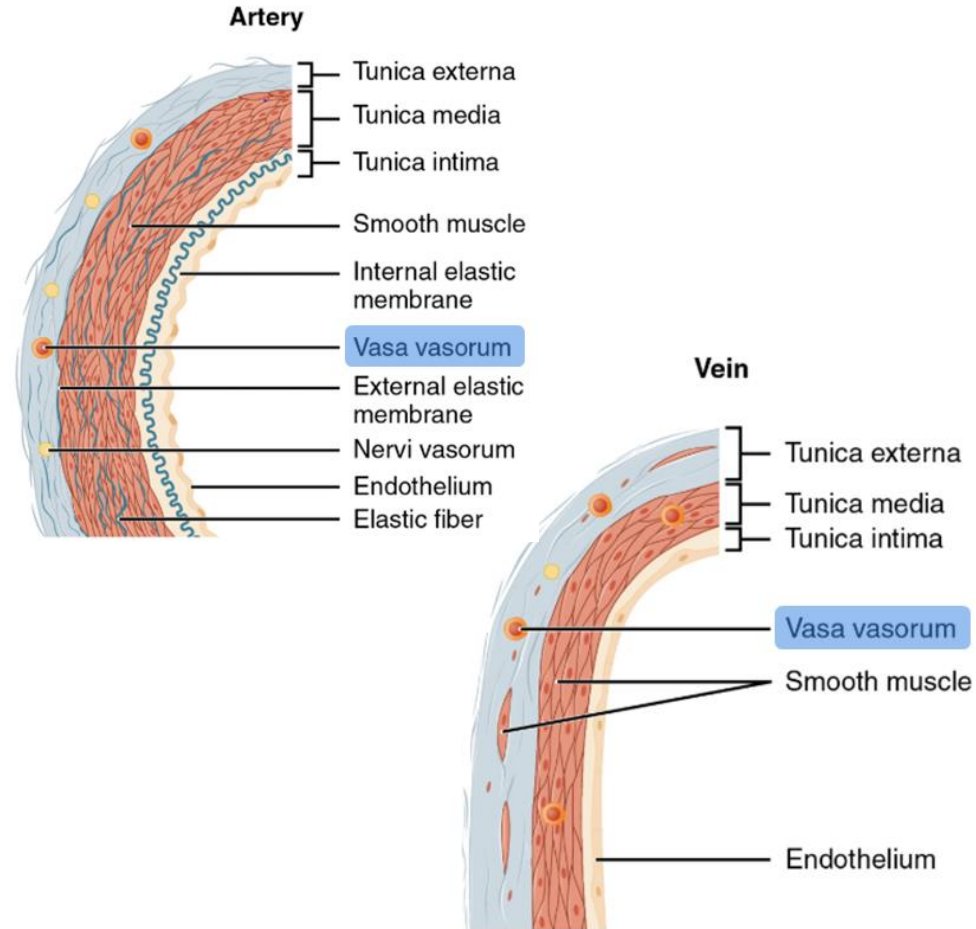


Technical factors

- Disruption of the vasa vasorum
- Torque and tension on the mobilized vessel
- Healing suture anastomoses can lead to scarring, intimal hyperplasia, and stenosis

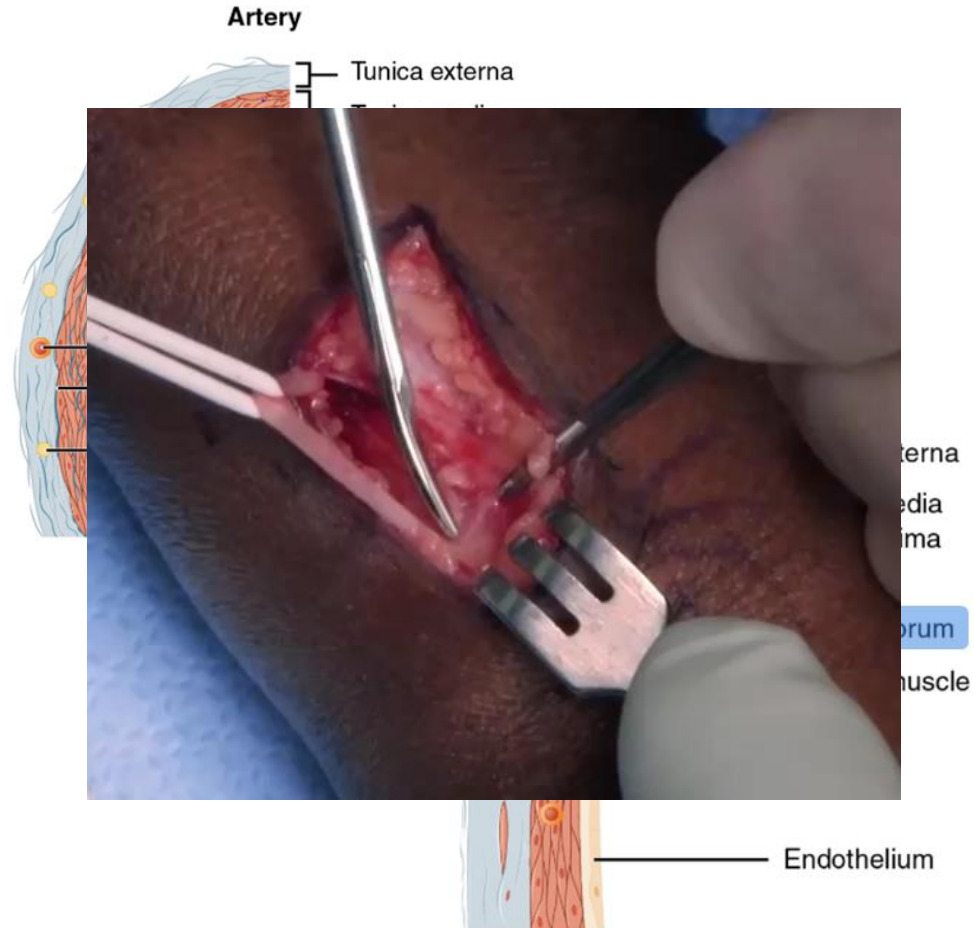
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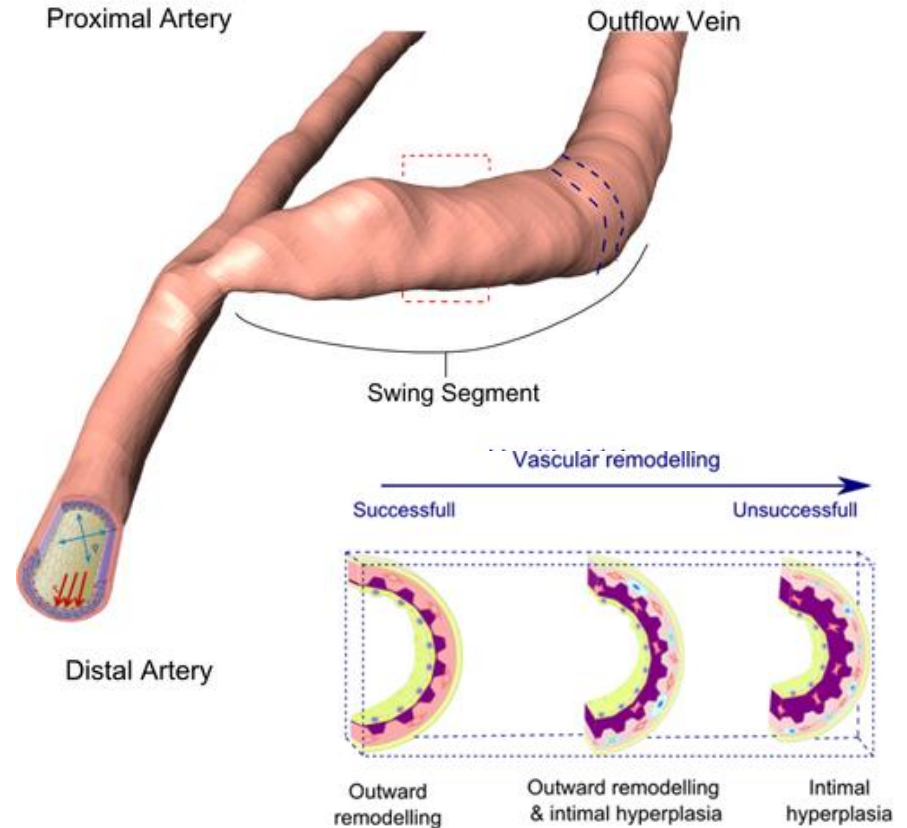
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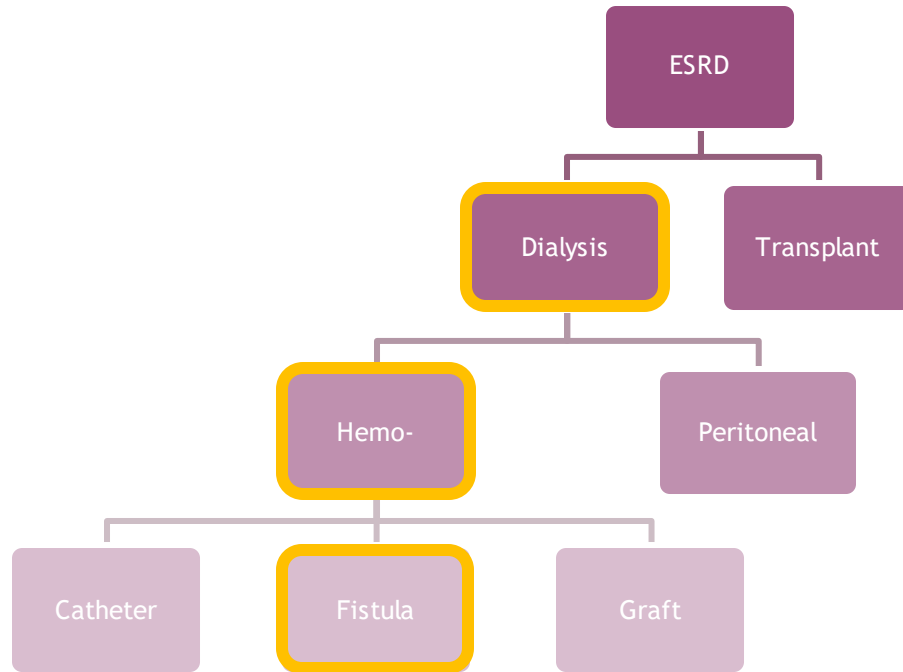


Technical factors

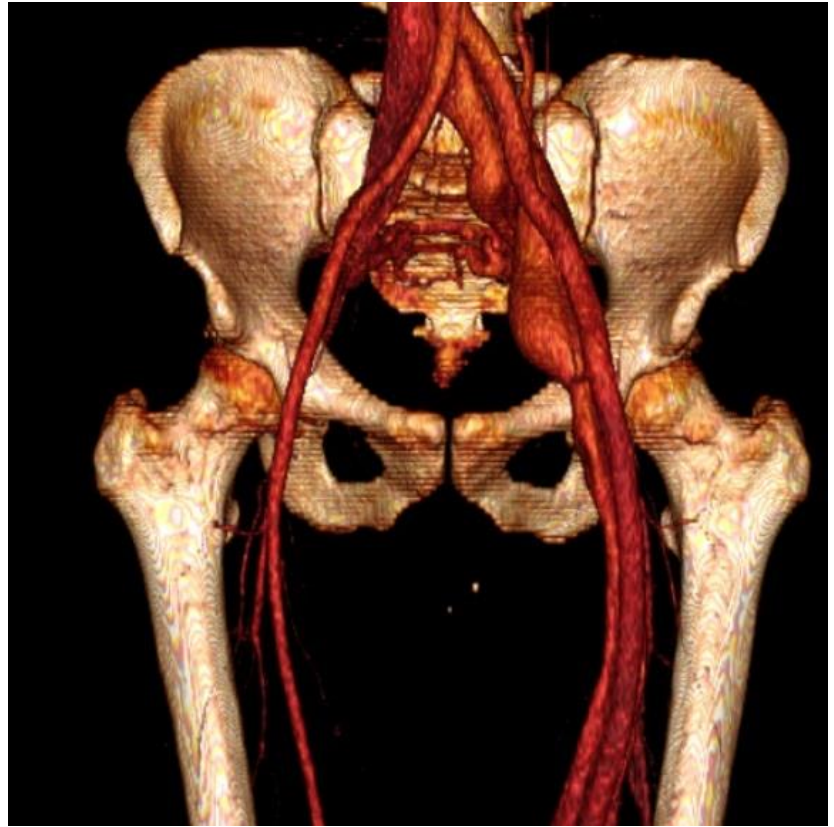
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Renal replacement therapy



Traumatic AVFs



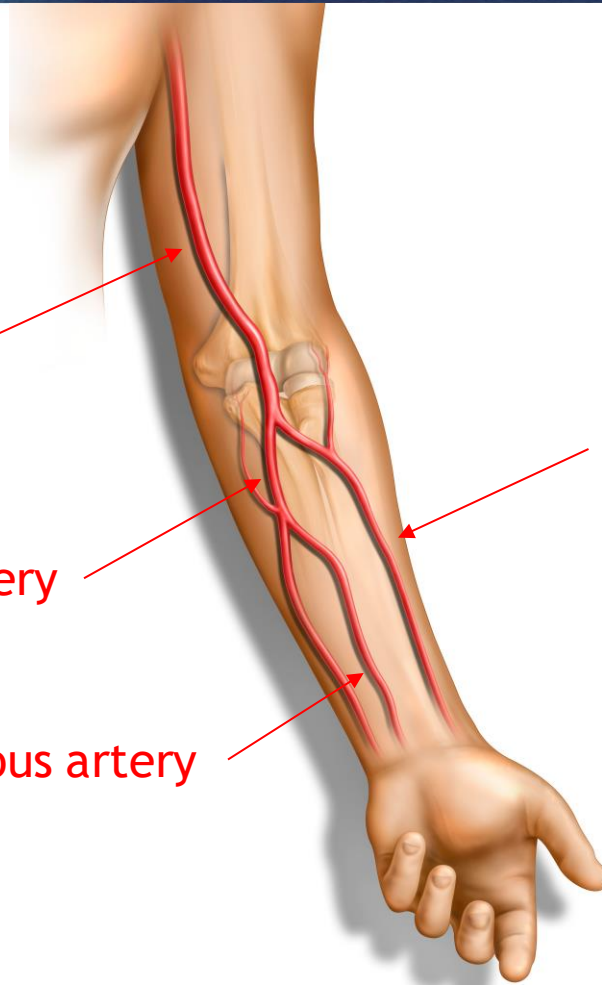
Deep vessels

Brachial artery

Ulnar artery

Interosseous artery

Radial artery



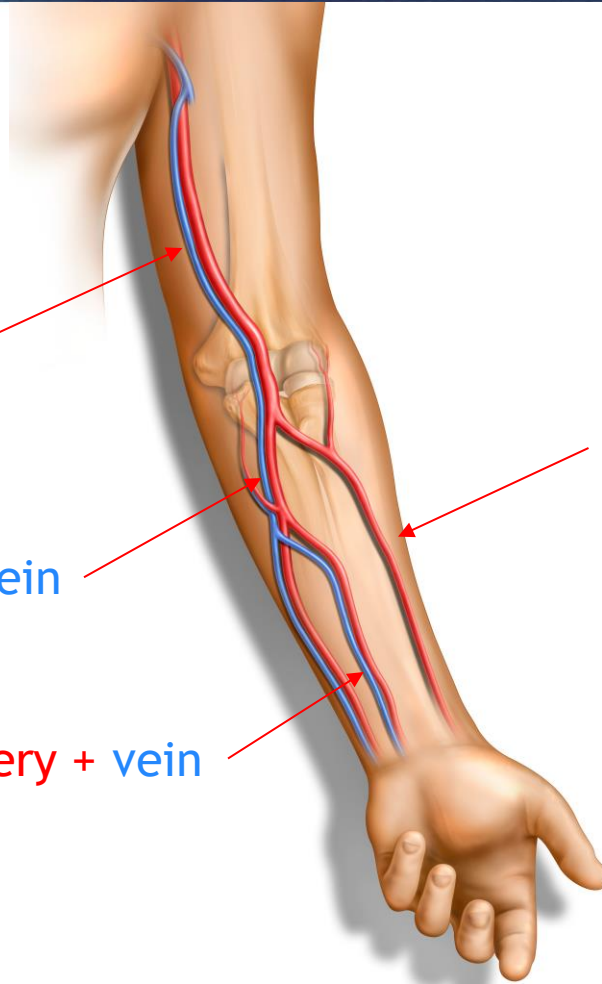
Deep vessels

Brachial artery + vein

Ulnar artery + vein

Interosseous artery + vein

Radial artery + vein



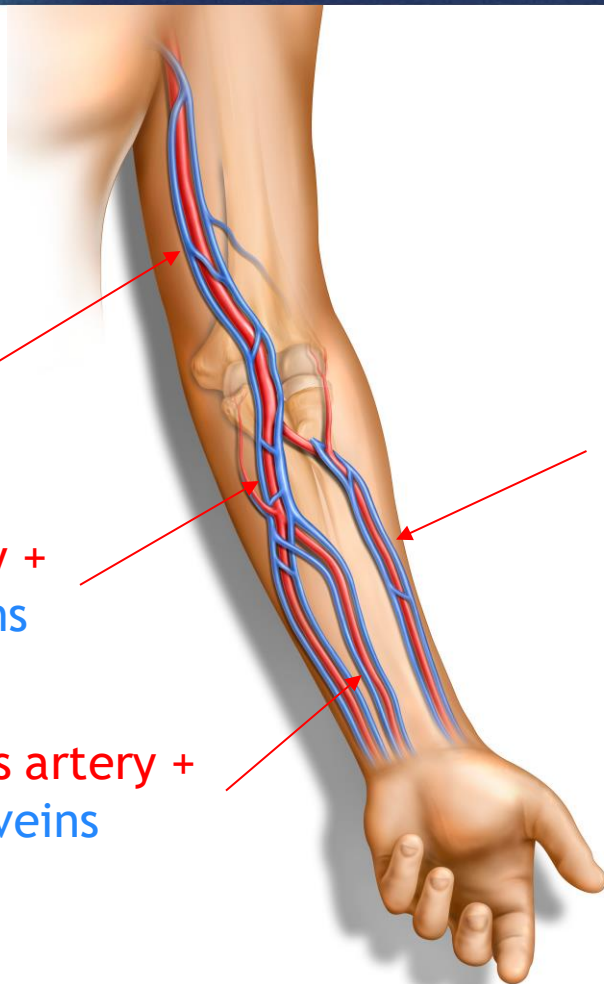
Deep vessels

Brachial artery +
paired veins

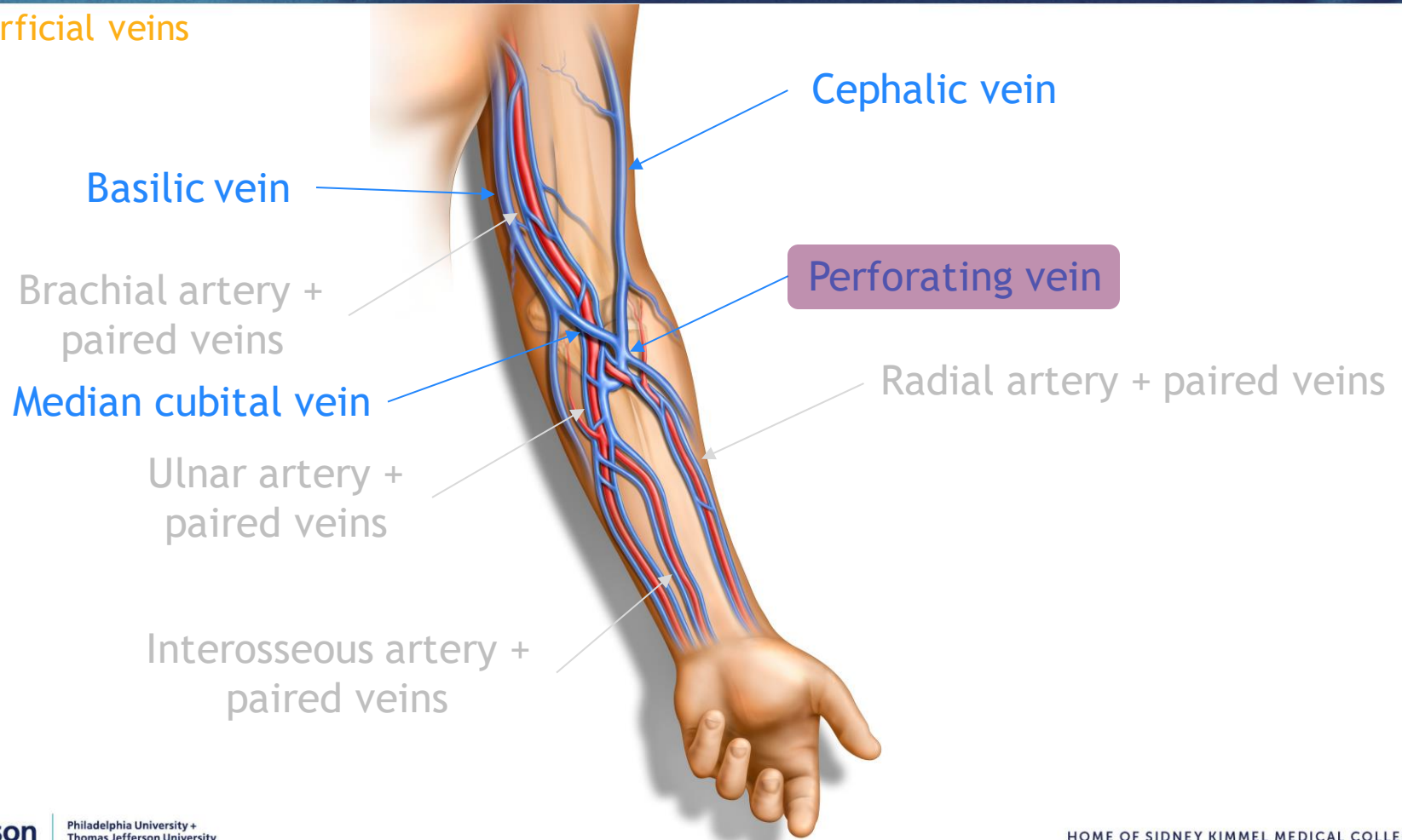
Ulnar artery +
paired veins

Interosseous artery +
paired veins

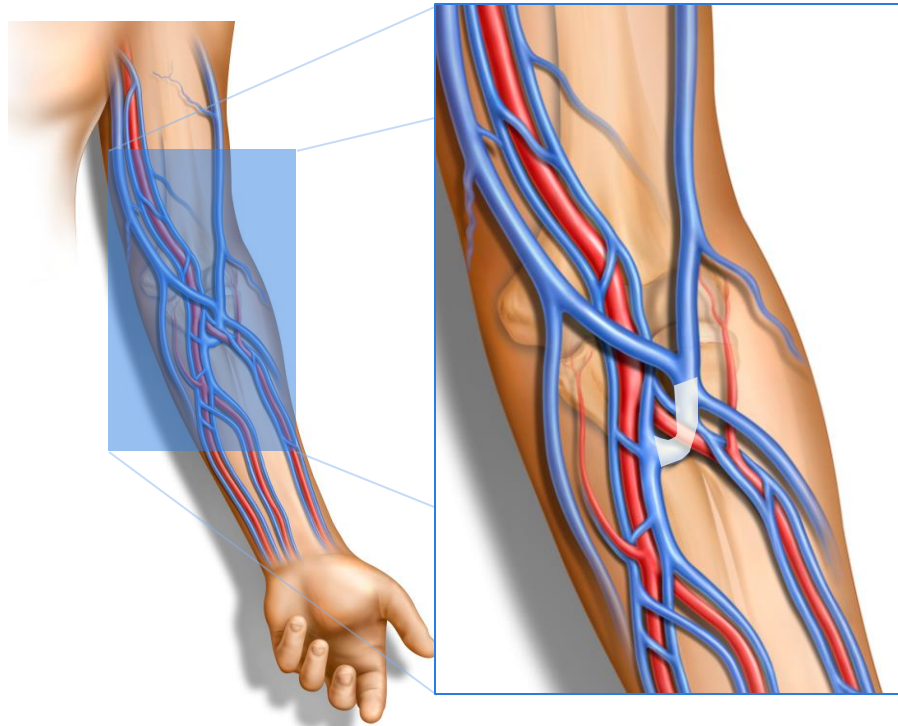
Radial artery + paired veins



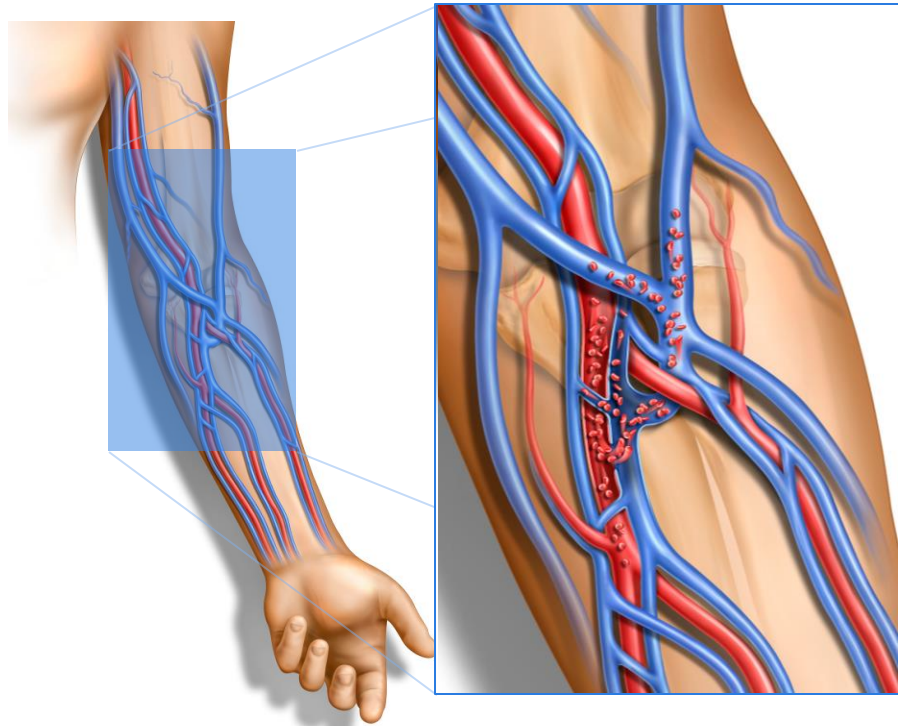
Superficial veins



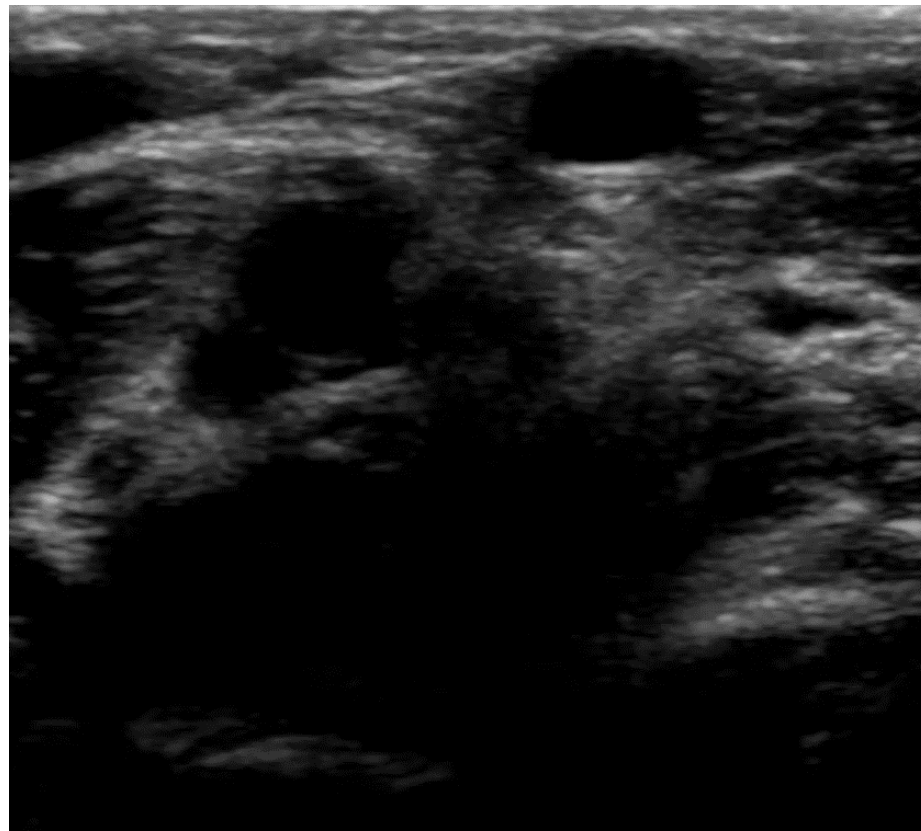
Perforating vein



Perforating vein



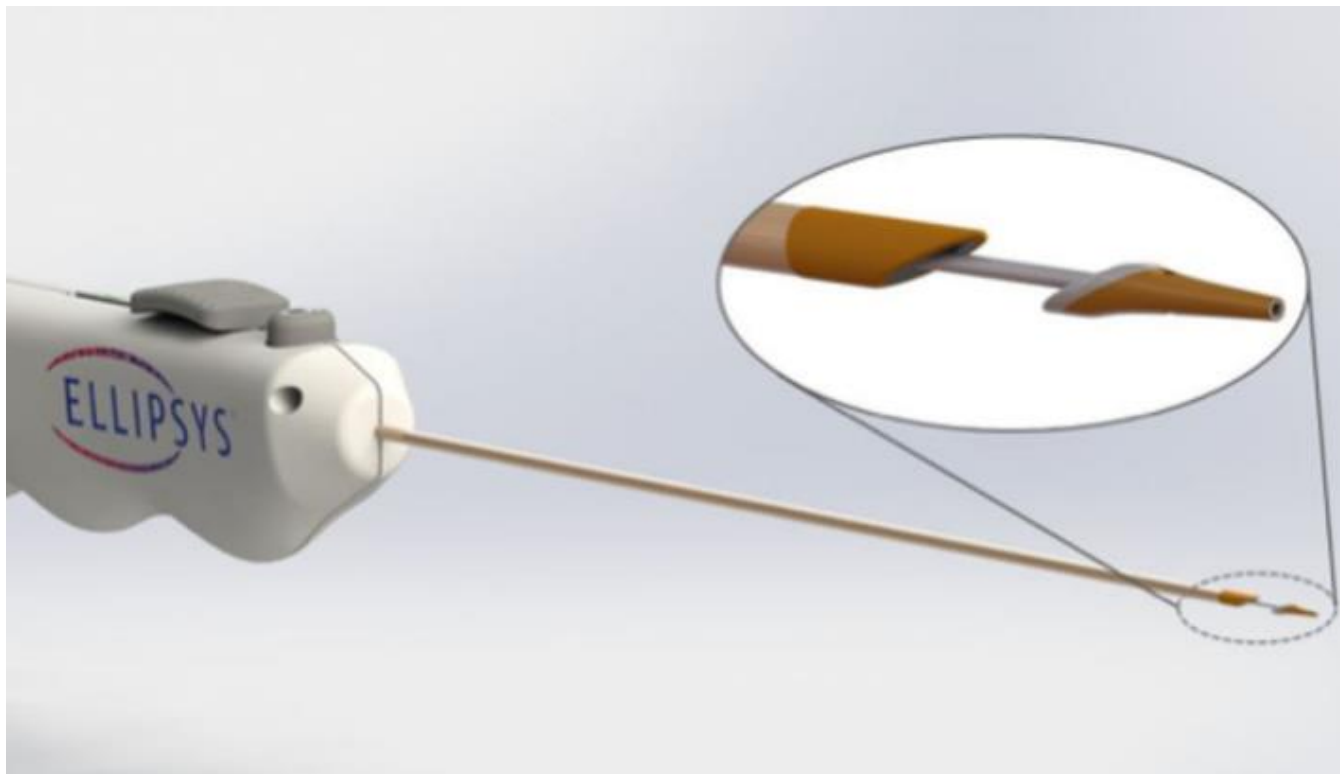
Perforating vein



Percutaneous AVF devices



Percutaneous AVF devices - Ellipsys



Percutaneous AVF devices - Ellipsys



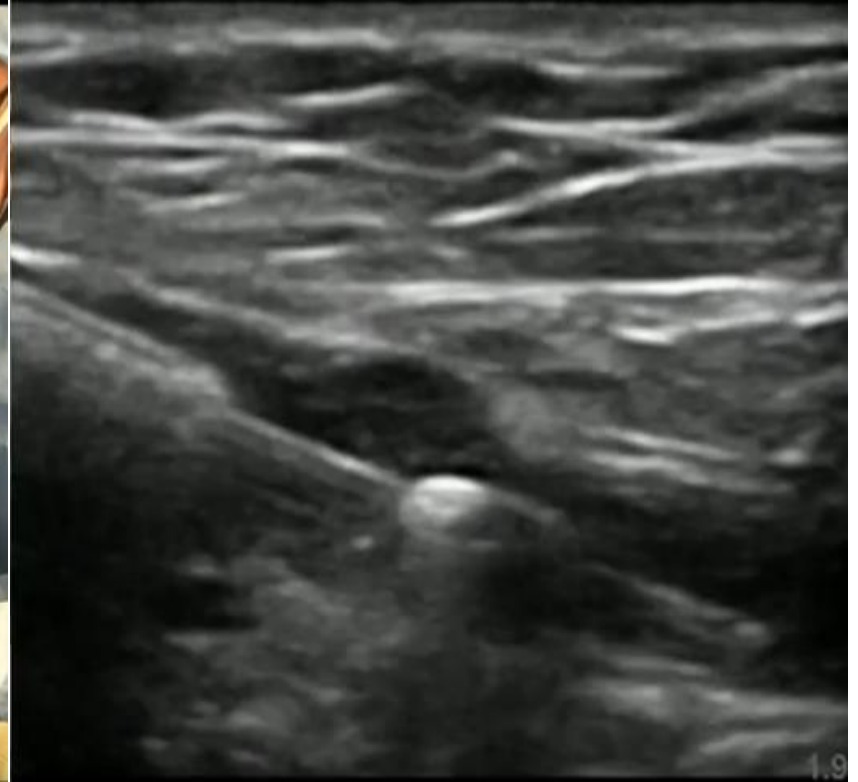
Percutaneous AVF devices - Ellipsys



Percutaneous AVF devices - Ellipsys



Percutaneous AVF devices - Ellipsys



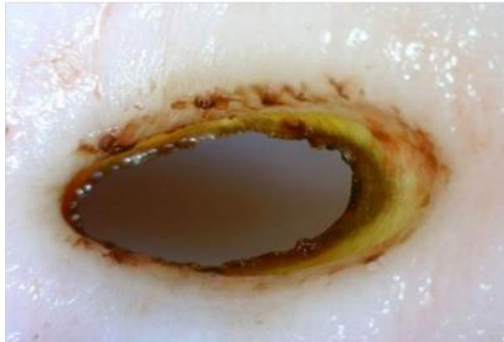
Percutaneous AVF devices - Ellipsys



Percutaneous AVF devices - Ellipsys



Percutaneous AVF devices - Comparison



- Post balloon angioplasty to 5 mm
- Immediate tissue fusion

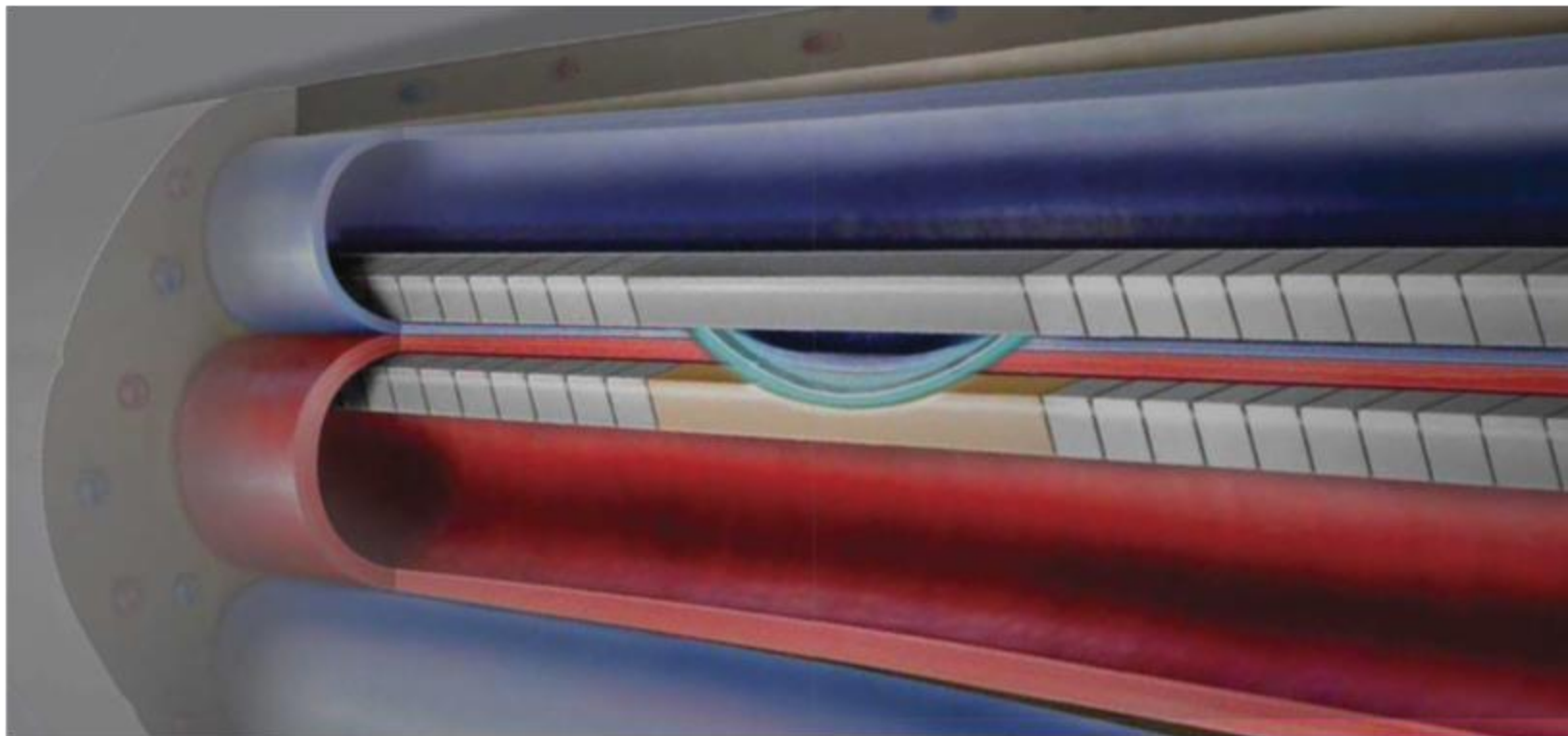
Author (Year)	Device	# pts	Technical success	Maturation 90d	Median time to maturation	Mean time to 2 needle cann	Patency
Hull (2017)	E	107	95%	86%		114.3 d	86.7% _{24m, cum}
Hebibi (2019)	E	34	97%	82%	(10d-6w)		
Mallios (2019)	E	34	97%				82% _{prim} 94% _{sec}
Beathard (2019)	E	105	Unkwn	100%			92.7% _{24m, cum}

Author (Year)	Device	# pts	Intervention rate (ppy)	Major adverse event rate	Adverse events
Hull (2017)	E	107	2.7	many	thrombosis, anast stenosis, steal, ven HTN, coil mig, vein rupture, neuropathy
Hebibi (2019)	E	34	35%	--	--
Mallios (2019)	E	34	2.9%	0%	--
Beathard (2019)	E	105	--	--	--

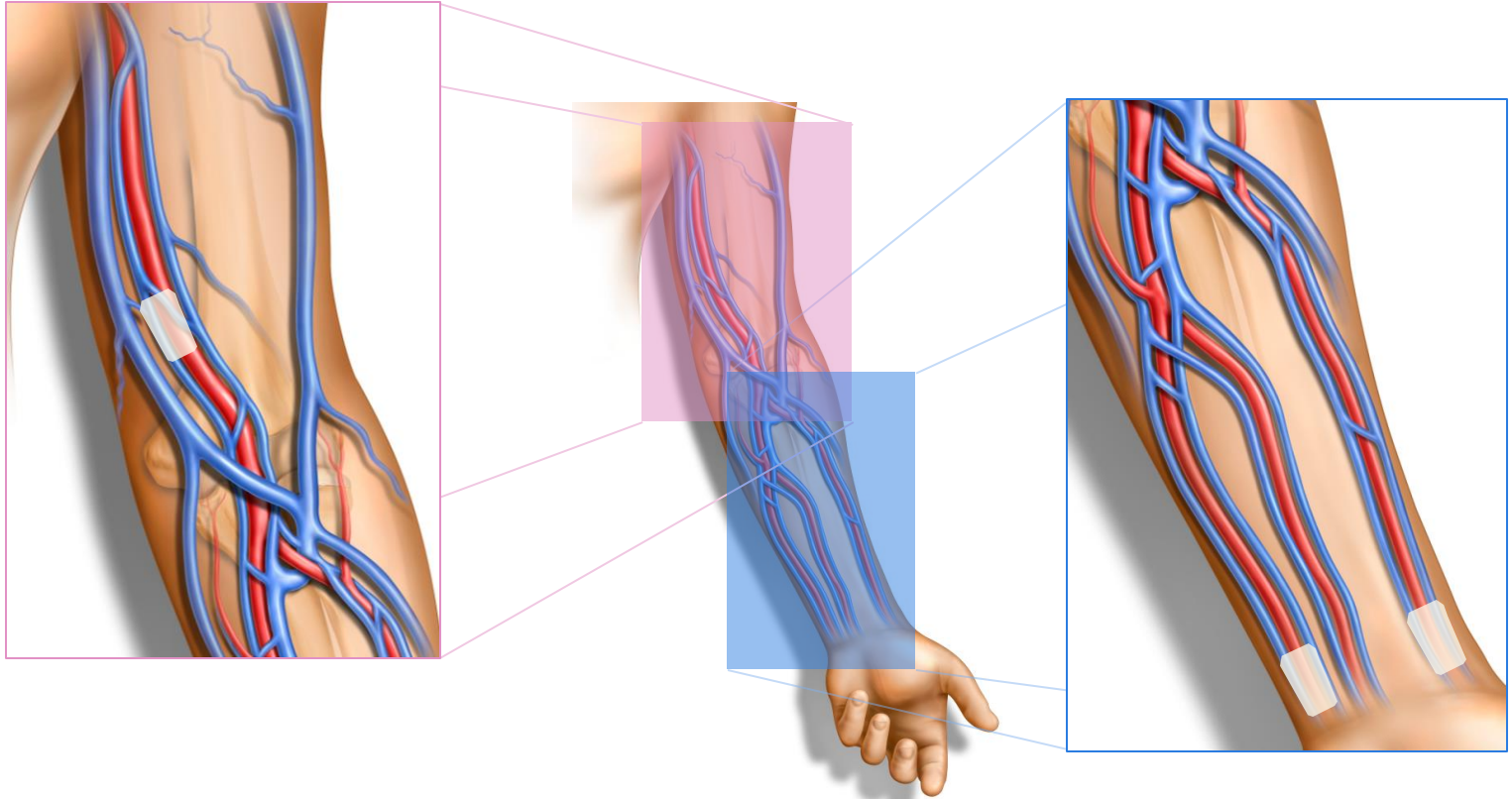
Percutaneous AVF devices



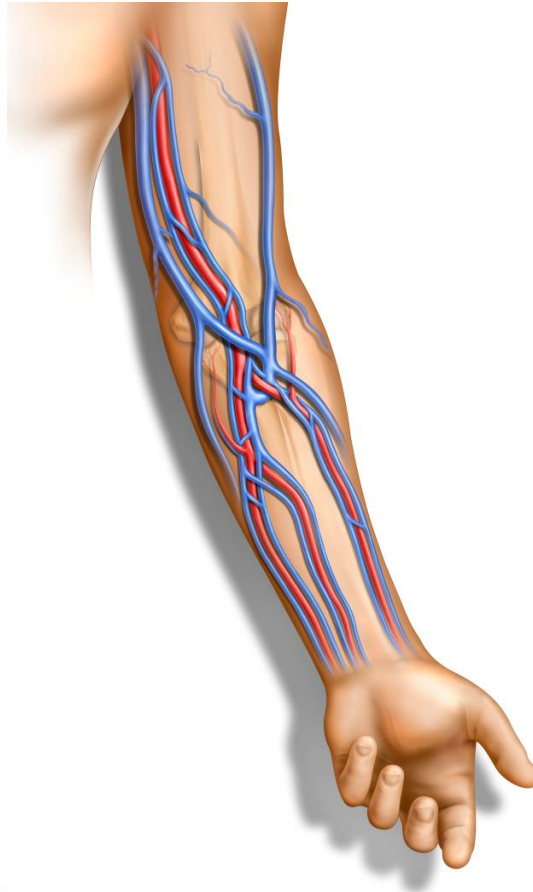
Percutaneous AVF devices - WavelinQ



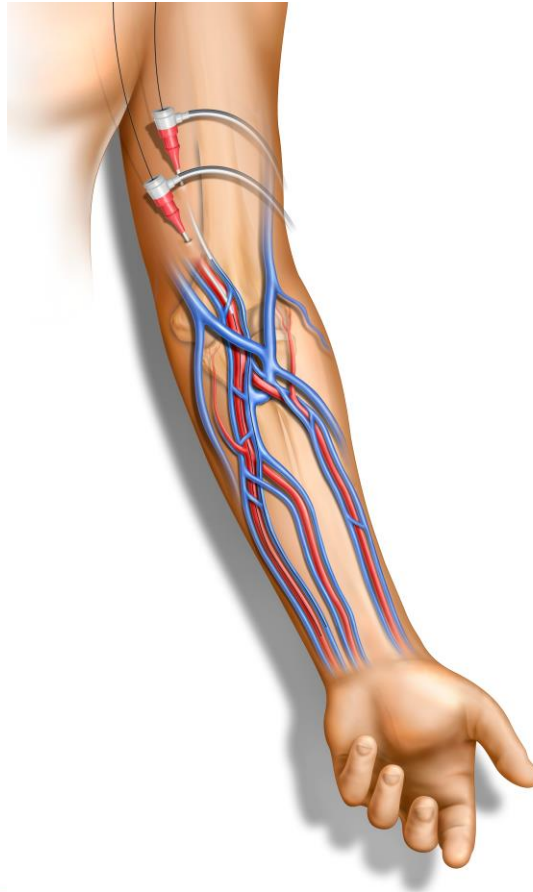
Percutaneous AVF devices - WavelinQ



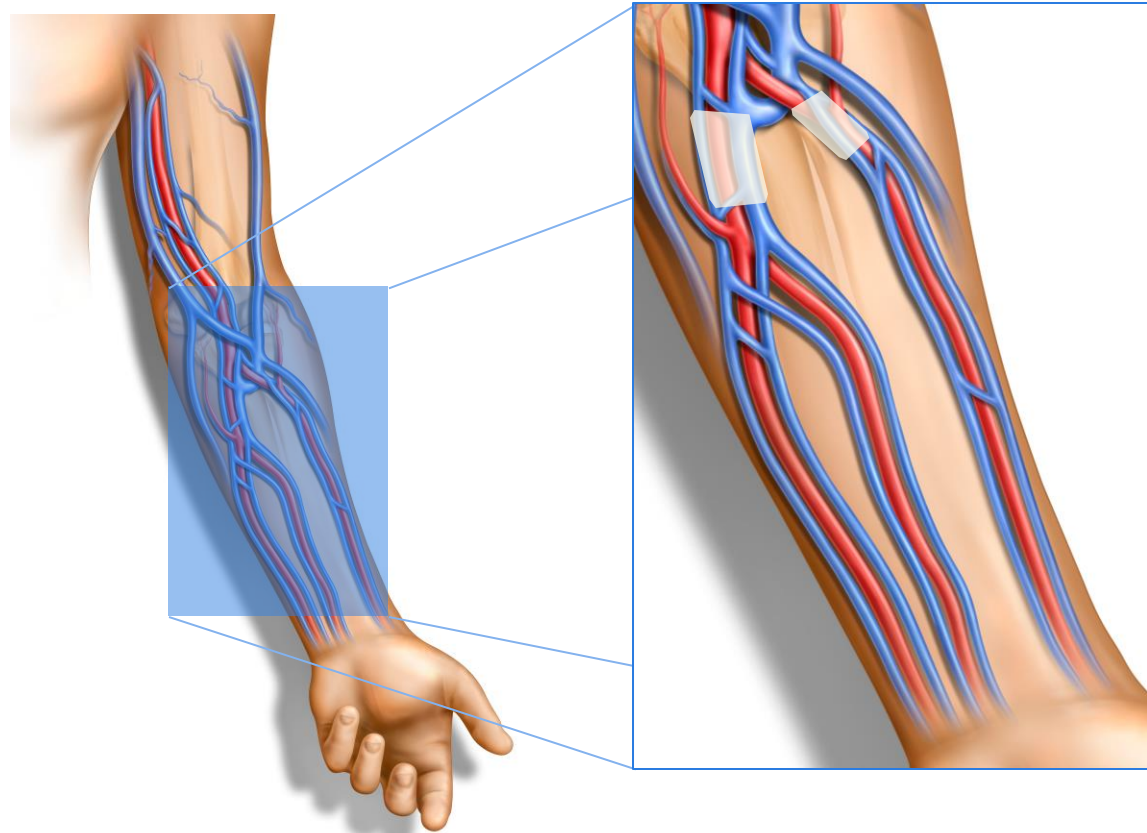
Percutaneous AVF devices - WavelinQ



Percutaneous AVF devices - WavelinQ



Percutaneous AVF devices - WavelinQ

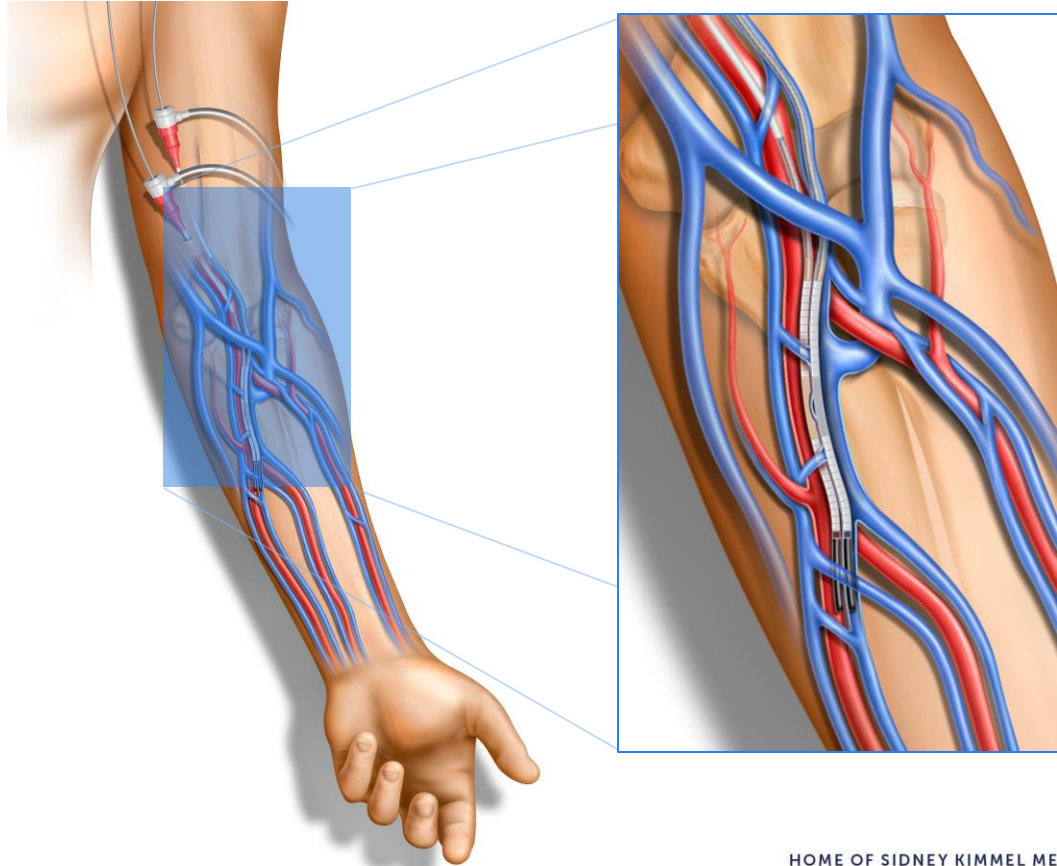


Percutaneous AVF devices - WavelinQ



Artery

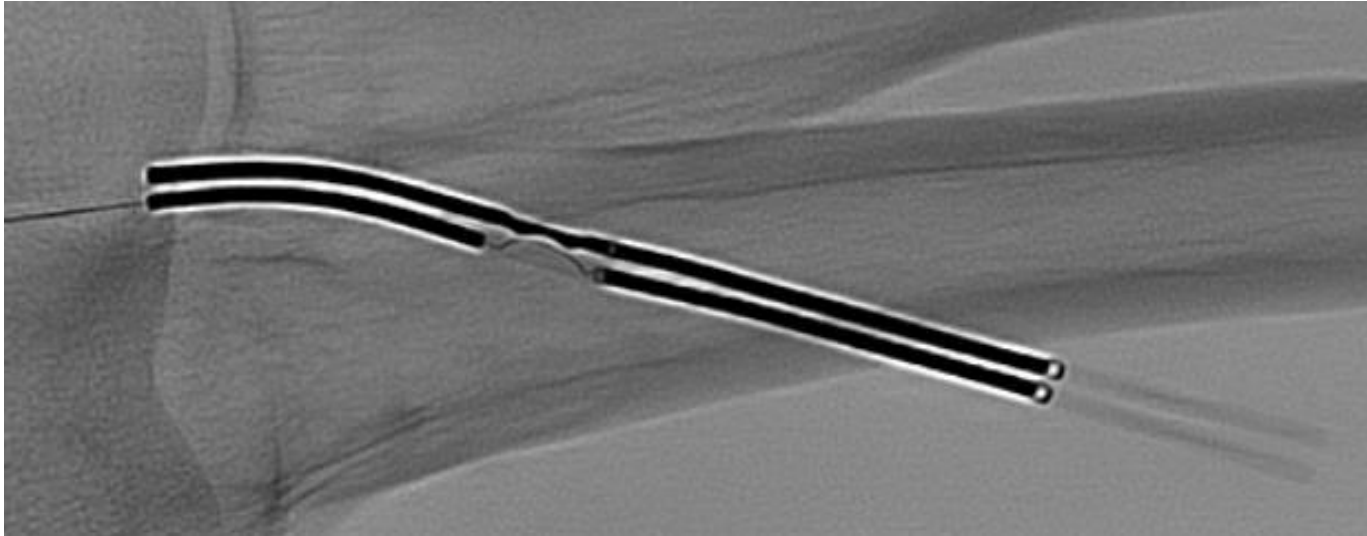
Vein



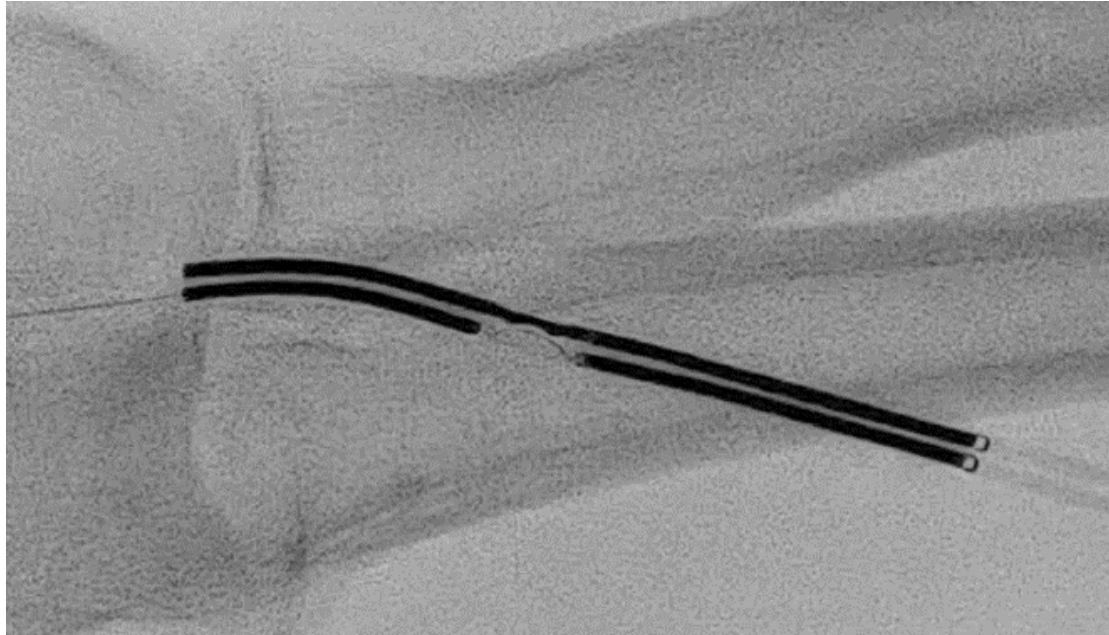
Percutaneous AVF devices - WavelinQ



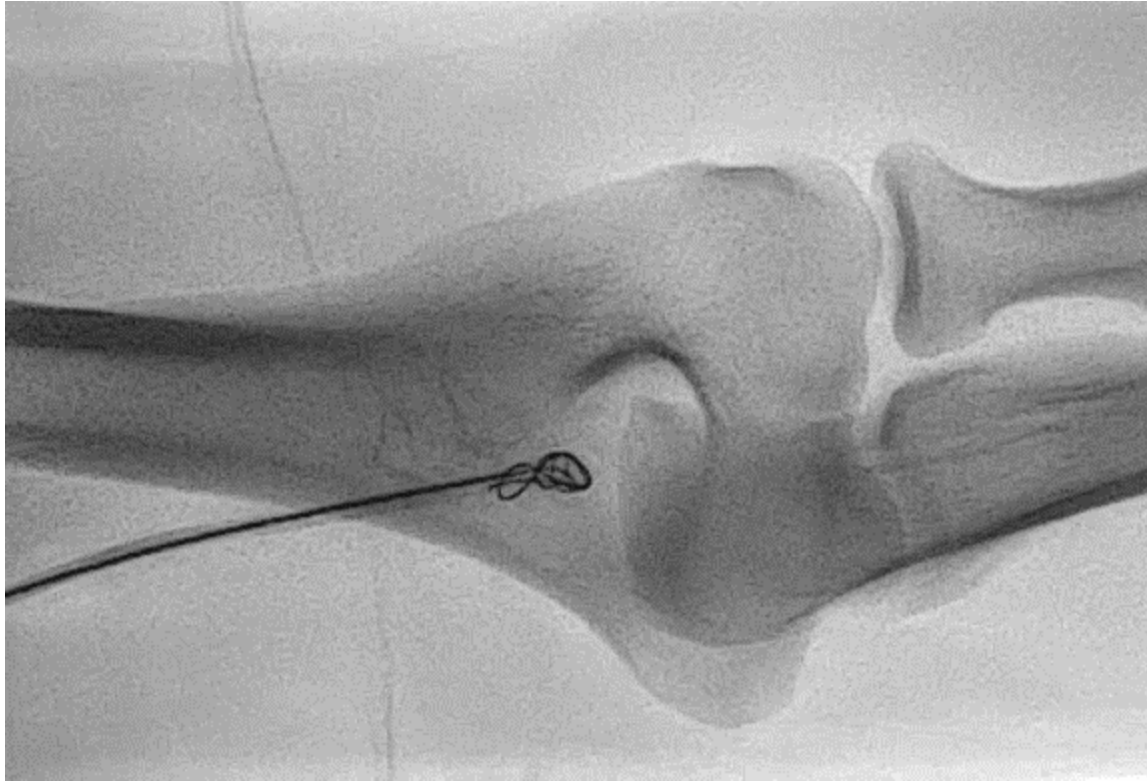
Percutaneous AVF devices - WavelinQ



Percutaneous AVF devices - WavelinQ

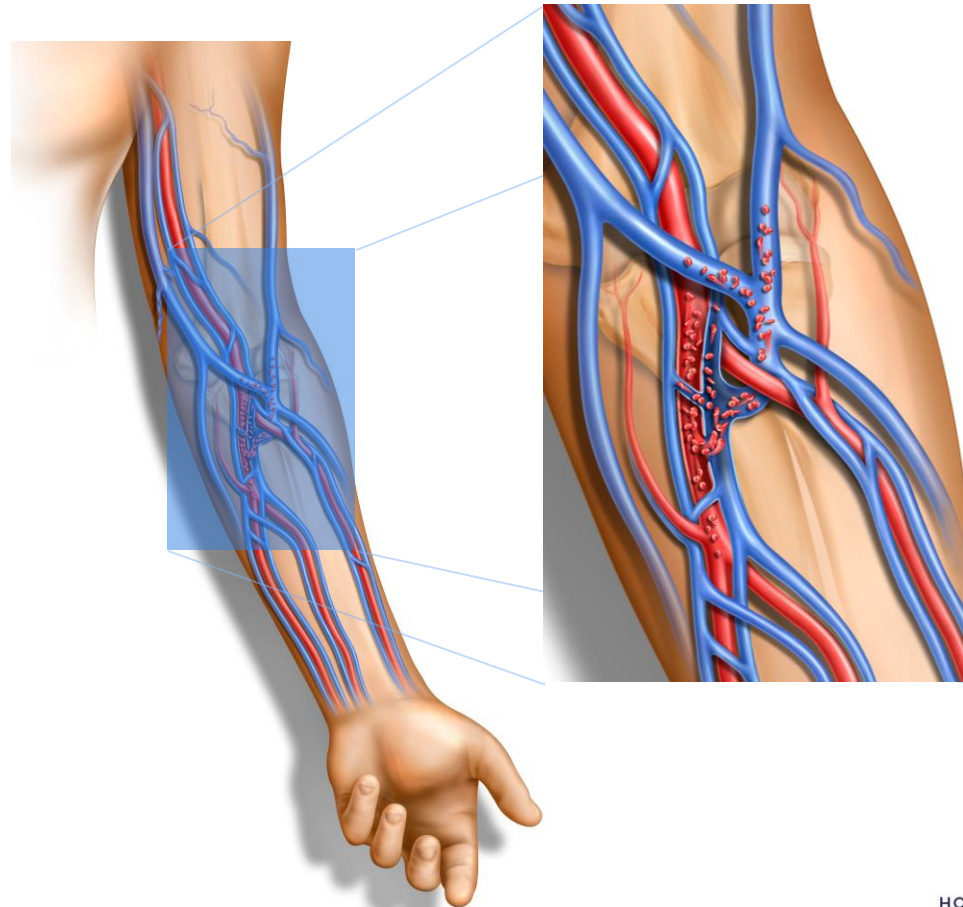


Percutaneous AVF devices - WavelinQ

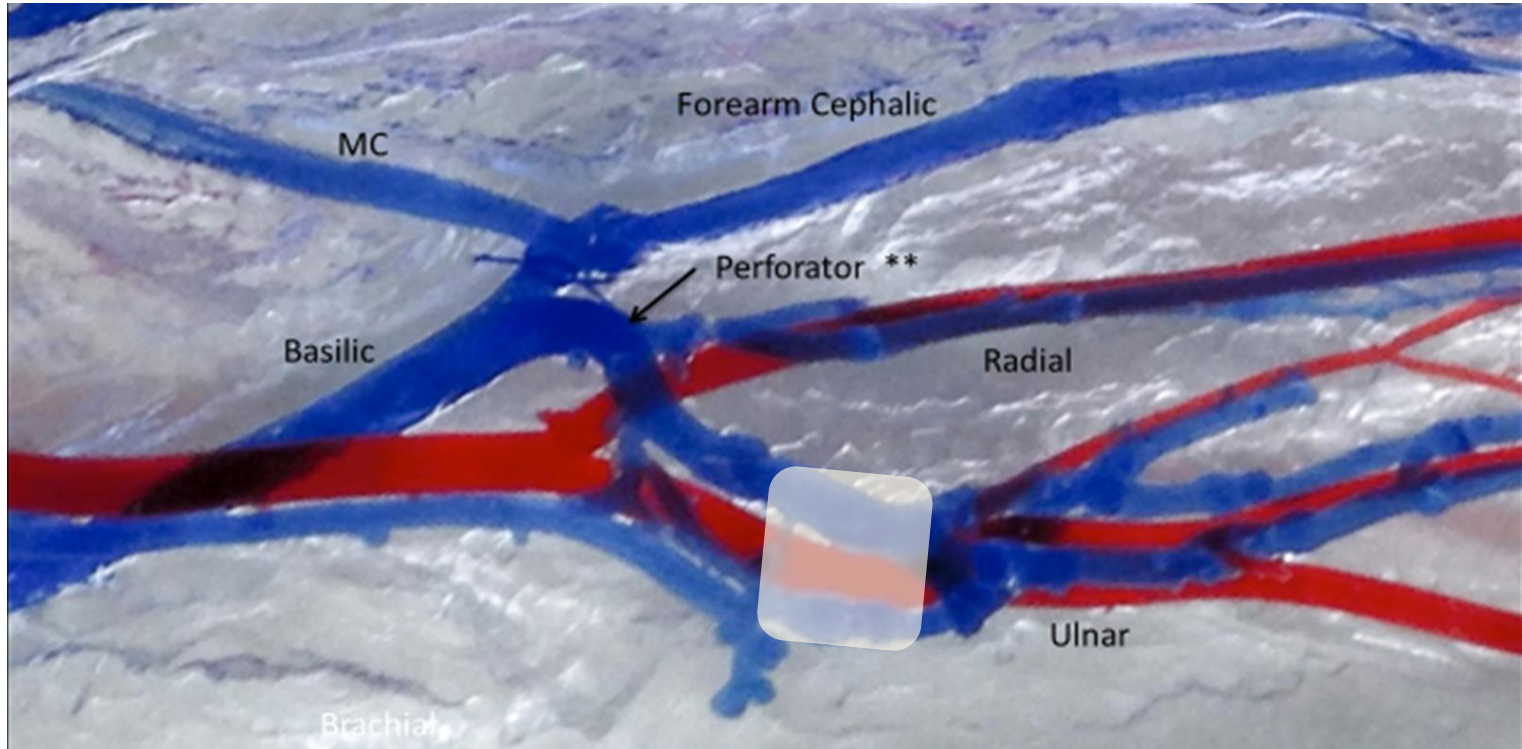


Post AVF creation

Percutaneous AVF devices

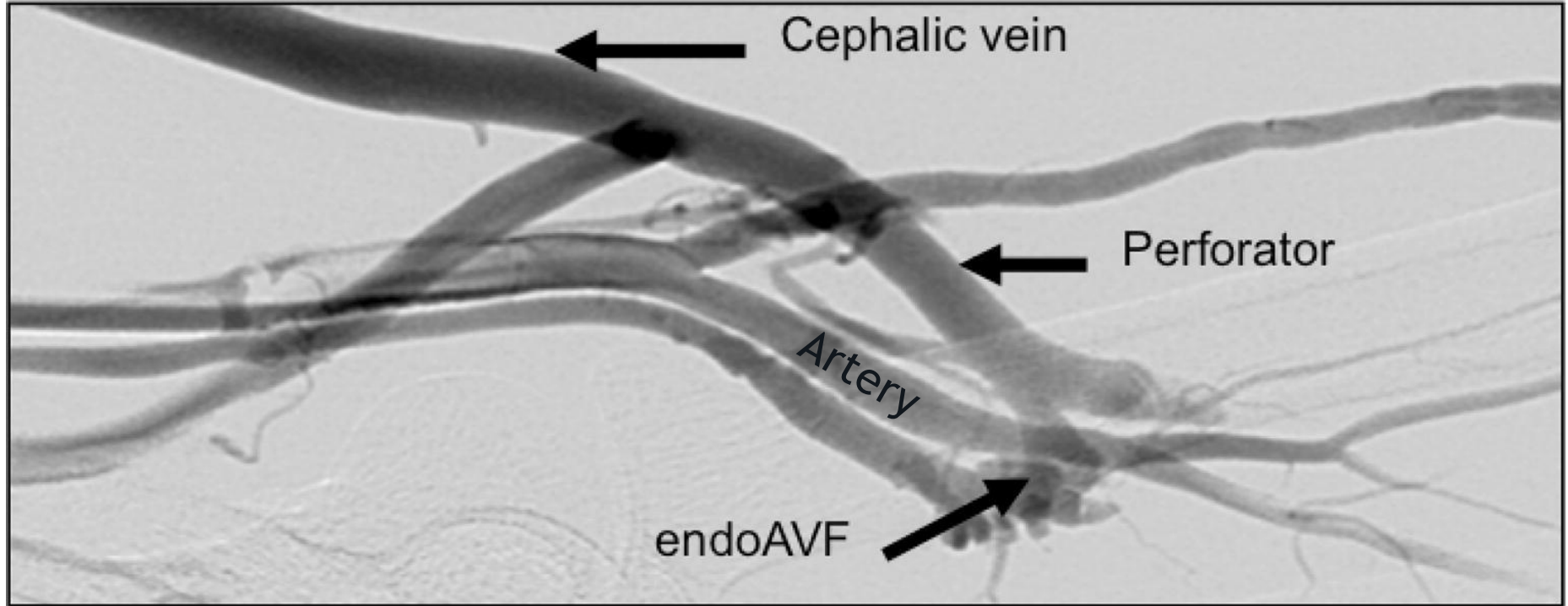


Percutaneous AVF devices - WavelinQ



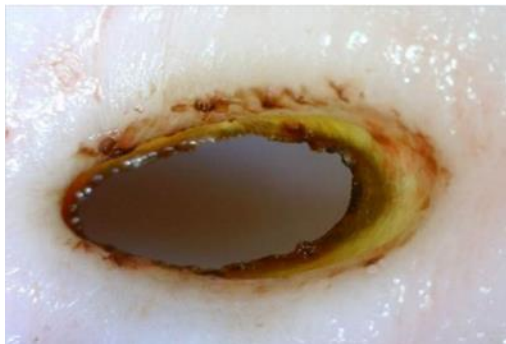
Pre AVF creation

Percutaneous AVF devices



Post AVF creation

Percutaneous AVF devices - Comparison



- Post balloon angioplasty to 5 mm
- Immediate tissue fusion



- Coil 1 brachial vein
- Endothelialized tract ~30d (48h)

Percutaneous AVF devices - WavelinQ



Author (Year)	Device	# pts	Technical success	Maturation 90d	Median time to maturation	Mean time to 2 needle cann	Patency	Use for $\geq 75\%$ of sessions
Rajan (2015)	W	33	97%	96%	58 d (37-168 d)	--	96% _{6m}	100%
Lok (2017)	W	60	98%	87%	--	111.8 d _{HD} 32.4 d _{nonHD}	84% _{12m, cum}	--
Radosa (2017)	W	8	100%	86%	63 d (26-137 d)	--	100% _{6m}	100%
Berland (2019)	W	32	100%	91%	--	43 \pm 14 d	87% _{6m, cum}	74%
Hull (2017)	E	107	95%	86%		114.3 d	86.7% _{24m, cum}	
Hebib (2019)	E	34	97%	82%	(10d-6w)			
Mallios (2019)	E	34	97%				82% _{prim} 94% _{sec}	
Beathard (2019)	E	105	Unkwn	100%			92.7% _{24m, cum}	

Author (Year)	Device	# pts	Intervention rate (ppy)	Major adverse event rate	Adverse events
Rajan (2015)	W	33	0.1-0.6	3% (1)	brachial artery PSA
Lok (2017)	W	60	0.46	8% (5)	closure device embo, brach art dissection and thrombus, PSA (access site, endoAVF site), steal syndrome
Radosa (2017)	W	8	0.12	0%	--
Berland (2019)	W	32	0.21	3% (1)	guidewire perf tx'd w/ stenting
Hull (2017)	E	107	2.7	many	thrombosis, anast stenosis, steal, ven HTN, coil mig, vein rupture, neuropathy
Hebibi (2019)	E	34	35%	--	--
Mallios (2019)	E	34	2.9%	0%	--
Beathard (2019)	E	105	--	--	--

- Wee IJY, et al. J Vasc Surg (2020)
 - Meta analysis
 - WavelinQ and Ellipsys
 - 300 patients

Maturation →
 Diameter ≥ 4 mm
 Flow rate: ≥ 500 mL/min

	WavelinQ	Ellipsys
Technical success	99.45%	95.19%
90 d maturation	89.27%	89.35%
6 mo patency	85.71%	90.98%
Procedure AE	8.59%	2.48%

Percutaneous AVF devices

Candidates for pAVF

+ Perforator vein

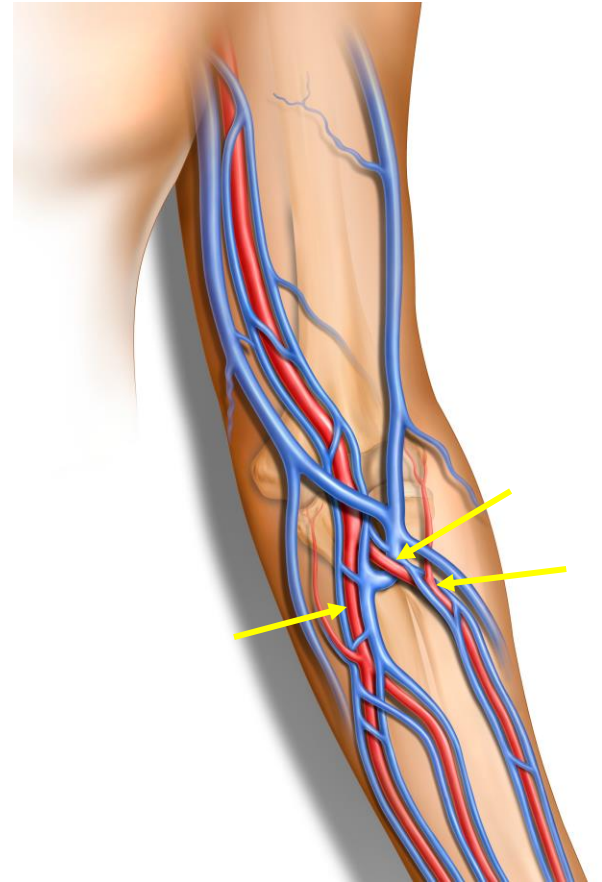
No prior upper arm AVF creation

No flow limiting central stenosis

Vessel size at target creation site ≥ 2 mm

No significant arterial calcification

Conscious sedation candidate



Percutaneous AVF devices

Candidates for pAVF

+ Perforator vein

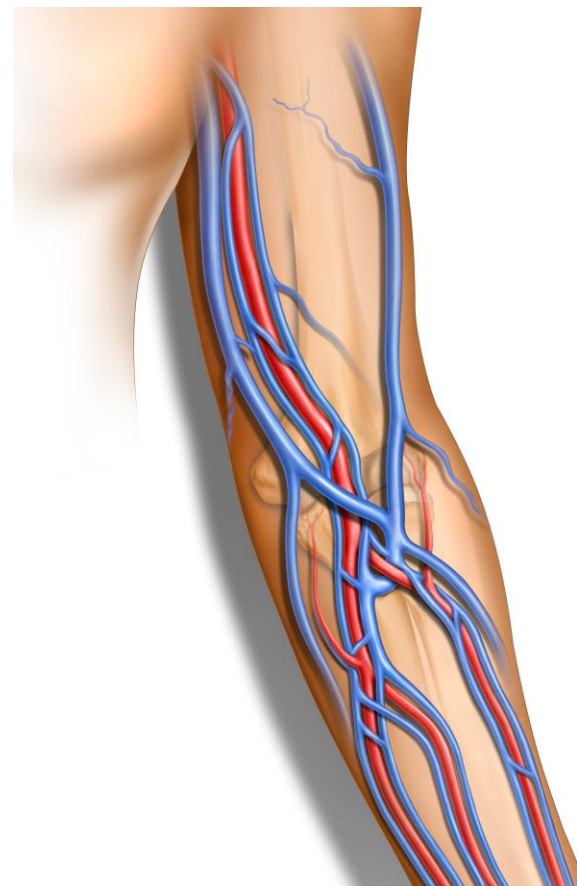
No prior upper arm AVF creation

No flow limiting central stenosis

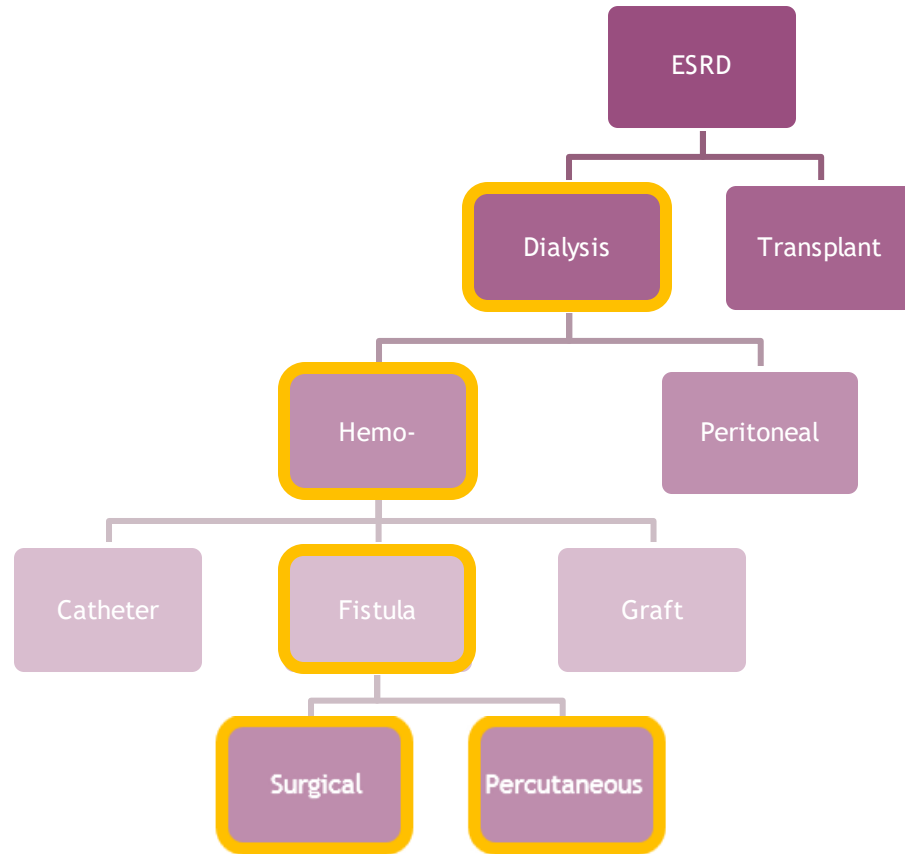
Vessel size at target creation site ≥ 2 mm

No significant arterial calcification

Conscious sedation candidate

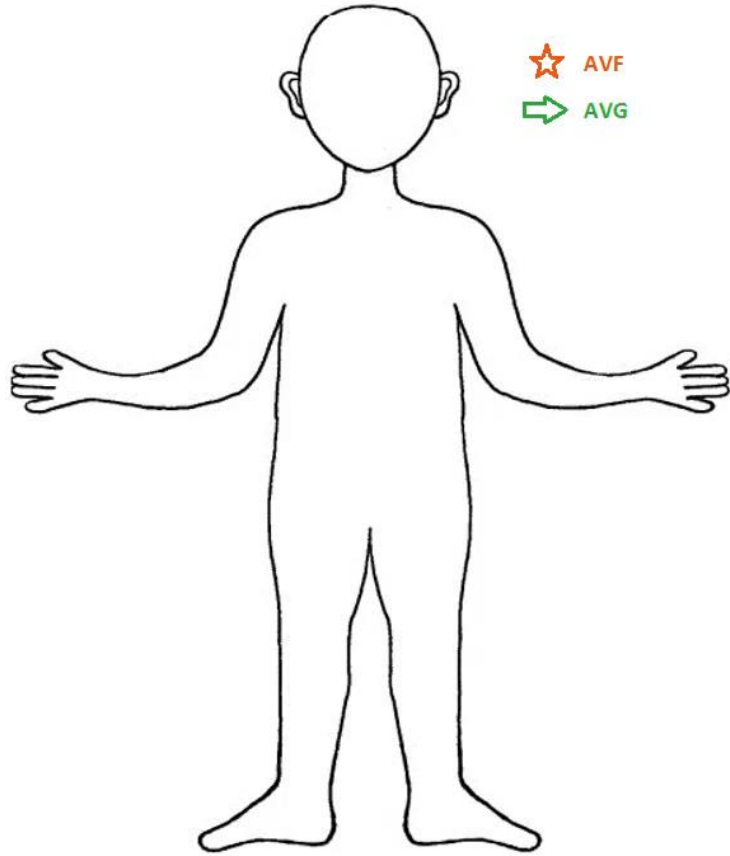


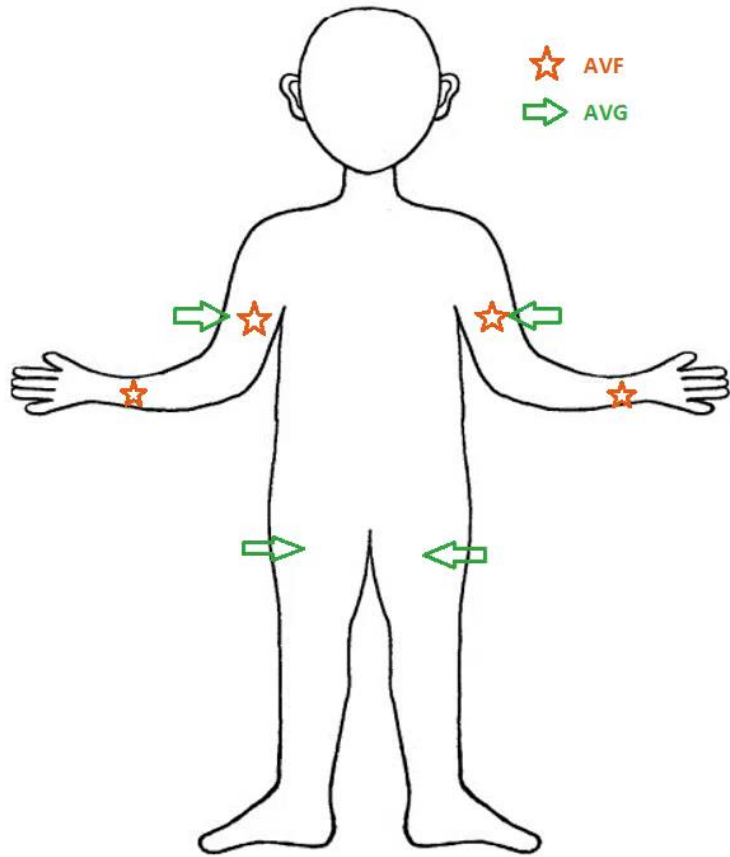
Renal replacement therapy

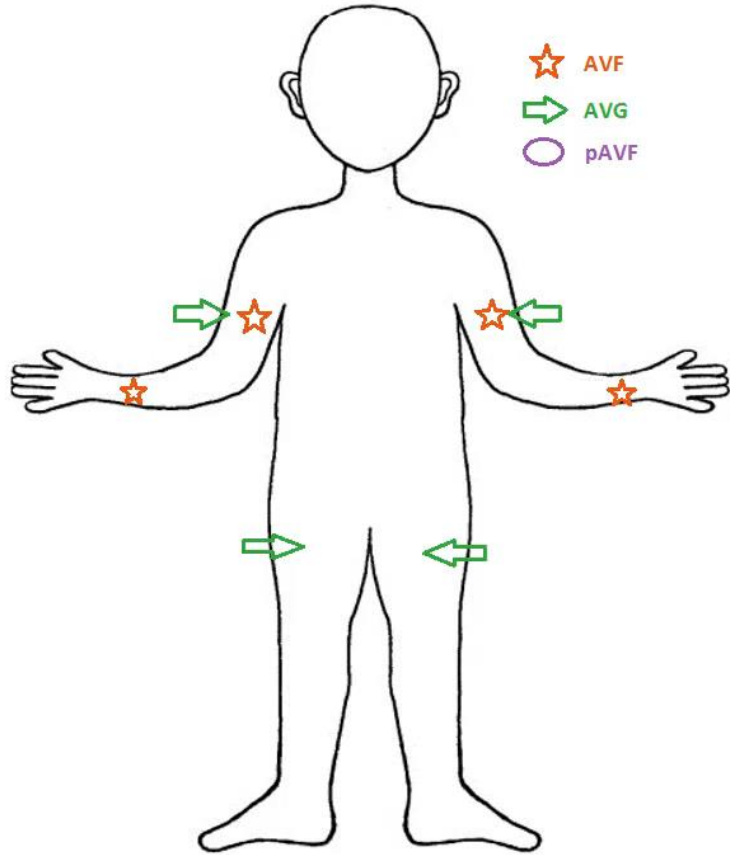


Author (Year)	# pts	Technical success	Maturation 90d	Median time to maturation	Mean time to 2 needle cann	Patency	Use for $\geq 75\%$ of sessions
Rajan (2015)	33	97%	96%	58 d (37-168 d)	--	96% _{6m}	100%
Lok (2017)	60	98%	87%	--	111.8 d _{HD} 32.4 d _{nonHD}	69% _{12m, primary} 84% _{12m, cum}	--
Radosa (2017)	8	100%	86%	63 d (26-137 d)	--	100% _{6m}	100%
Berland (2019)	32	100%	91%	--	43 \pm 14 d	87% _{6m, cum}	74%
Surgical AVFs	--	93%	40-80%	159 d (77-285 d)		60% _{12m, primary} 71% _{12m, cum}	

Author (Year)	# pts	Major adverse event rate	Intervention rate (ppy)	Interventions needed
Rajan (2015)	33	3% (1)	0.1-0.6	Brachial artery PSA
Lok (2017)	60	8% (5)	0.46	Closure device embo, brach art dissection and thrombus, PSA (access site, endoAVF site), Steal Syndrome
Radosa (2017)	8	0%	0.12	--
Berland (2019)	32	3% (1)	0.21	Guidewire perf tx'd w/ stenting
Surgical AVFs	--	--	1.5-3.3	Superficialization, angioplasty, stenting, revision, conversion to AVG, Steal syndrome, tributary ligation, thrombectomy, etc











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