

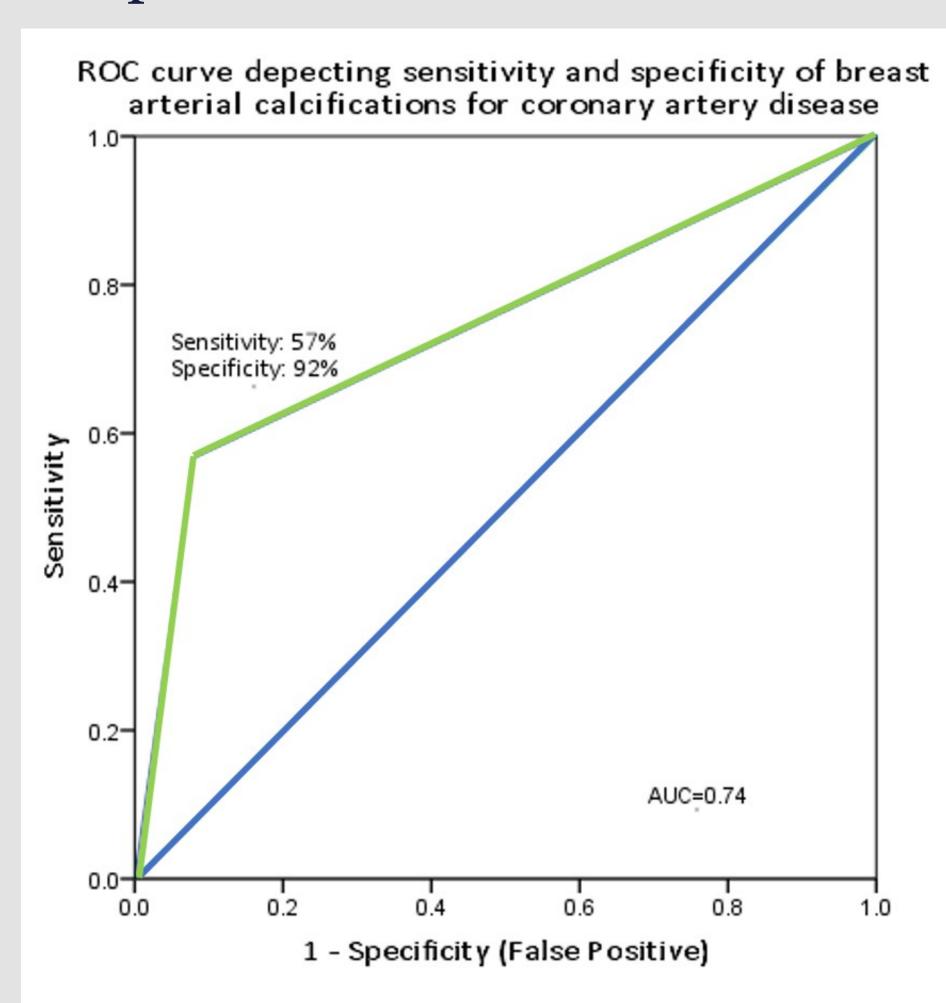
# Improving Primary Prevention of Coronary Artery Disease in Women using Breast Arterial Calcifications seen on Screening Mammography

Rachel Redfield MD<sup>1</sup>, Sarah Kamel MD<sup>2</sup>, Rani Rajaram MD<sup>1</sup>, Kathryn Anderson BA<sup>3</sup>, Matthew Metzinger MBA<sup>4</sup>, Kamini Patel BSN<sup>4</sup>, Lydia Liao MD<sup>2</sup>, Katherine Sherif MD<sup>1</sup>, Yair Lev MD<sup>5</sup>

<sup>1</sup>Department of Internal Medicine <sup>2</sup>Department of Radiology Breast Imaging <sup>3</sup>Sidney Kimmel Medical College <sup>4</sup>Department of Quality Improvement <sup>5</sup>Department of Cardiology

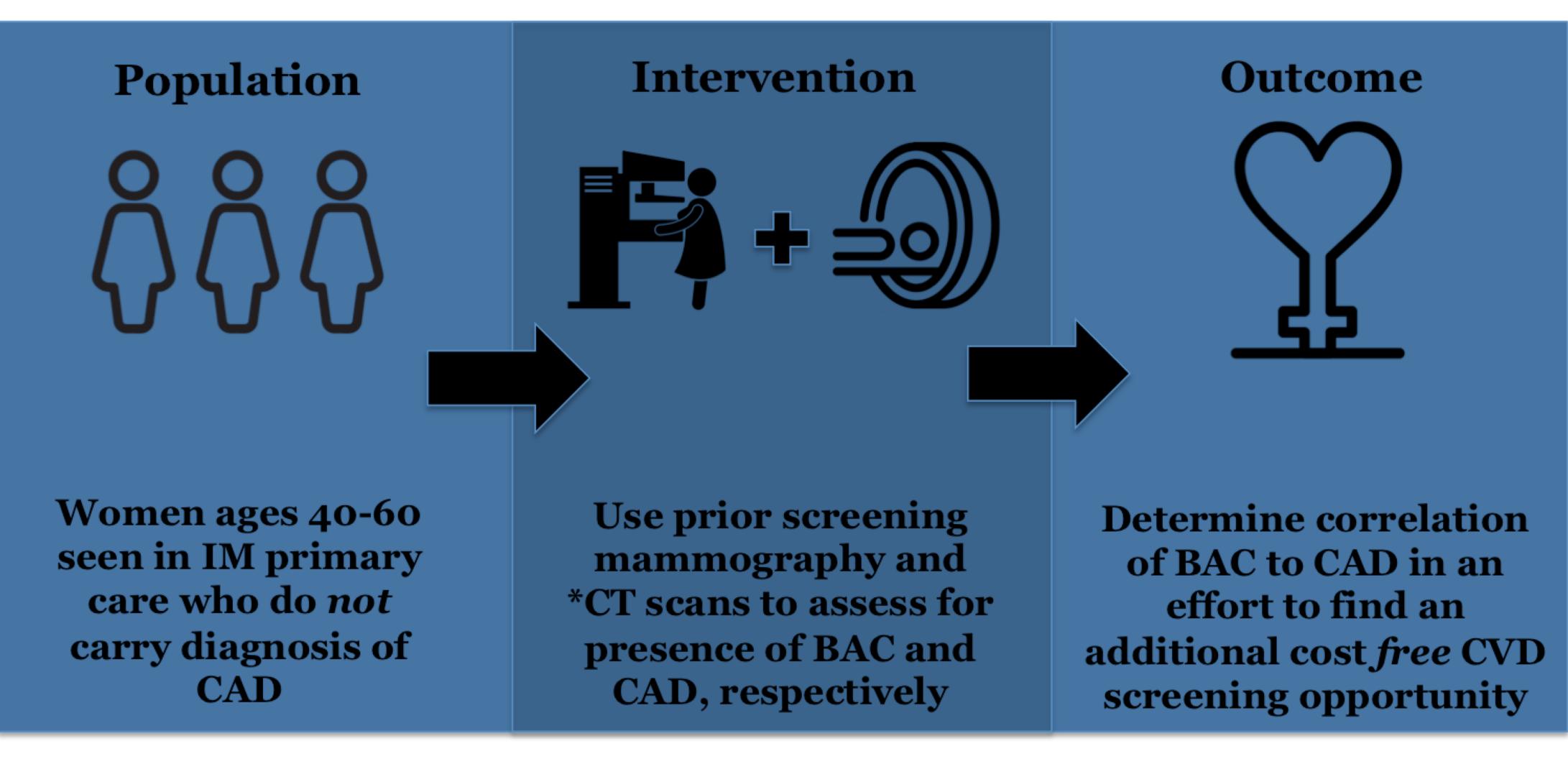
#### Background

- Cardiovascular disease (CVD) remains the number one cause of death and yet the mortality rate for young women has plateaued compared to men, which is declining.
- ASCVD screening guidelines do not always capture women with CAD detectable by imaging.
- Coronary artery calcium scoring by CT is costly, inconvenient and exposes women to direct chest wall radiation.
- Our data supports breast arterial calcifications (BAC) seen on mammography as specific marker for CAD.

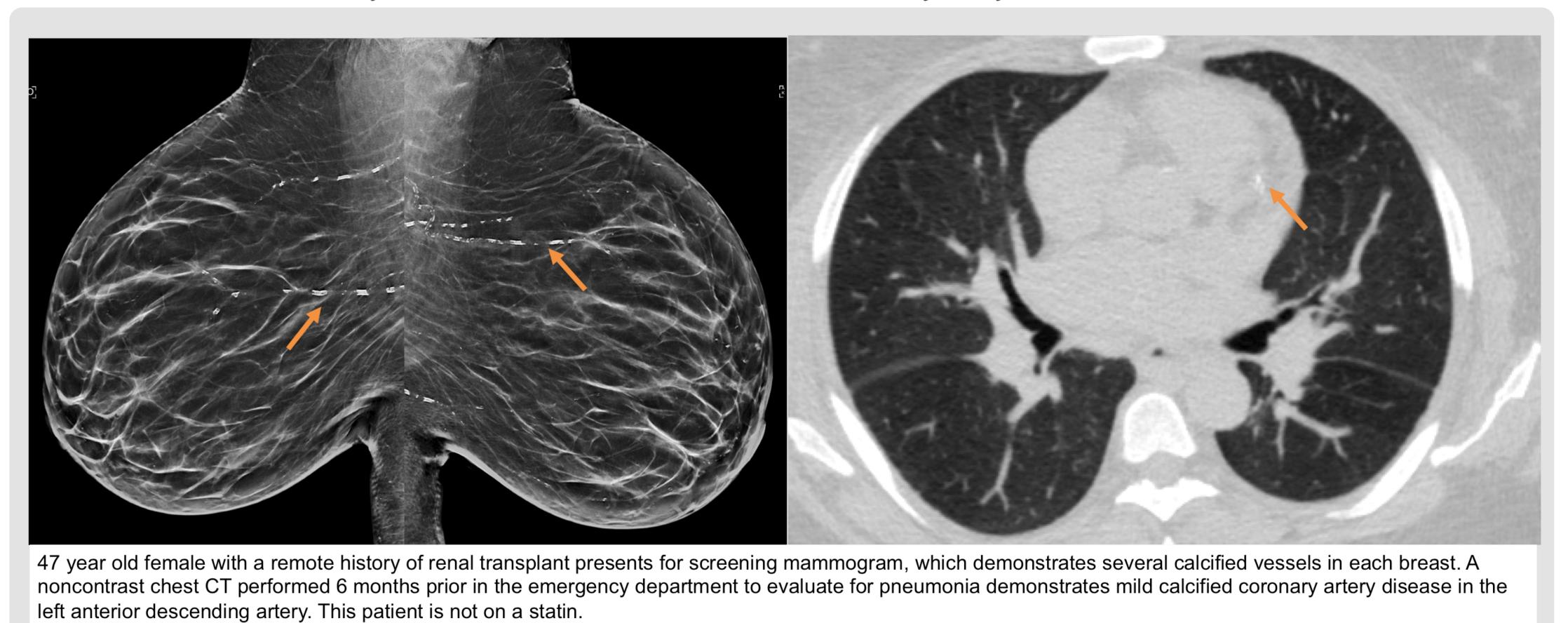


• In our retrospective review of screening mammograms on 105 women aged 40-60, 22% had BAC which was 92% specific for CAD on chest CT.

#### Cardiovascular disease remains #1 cause of death in women



\*CT Scans were done for any reason; IM = Internal Medicine; CAD = Coronary artery disease; BAC = Breast arterial calcification



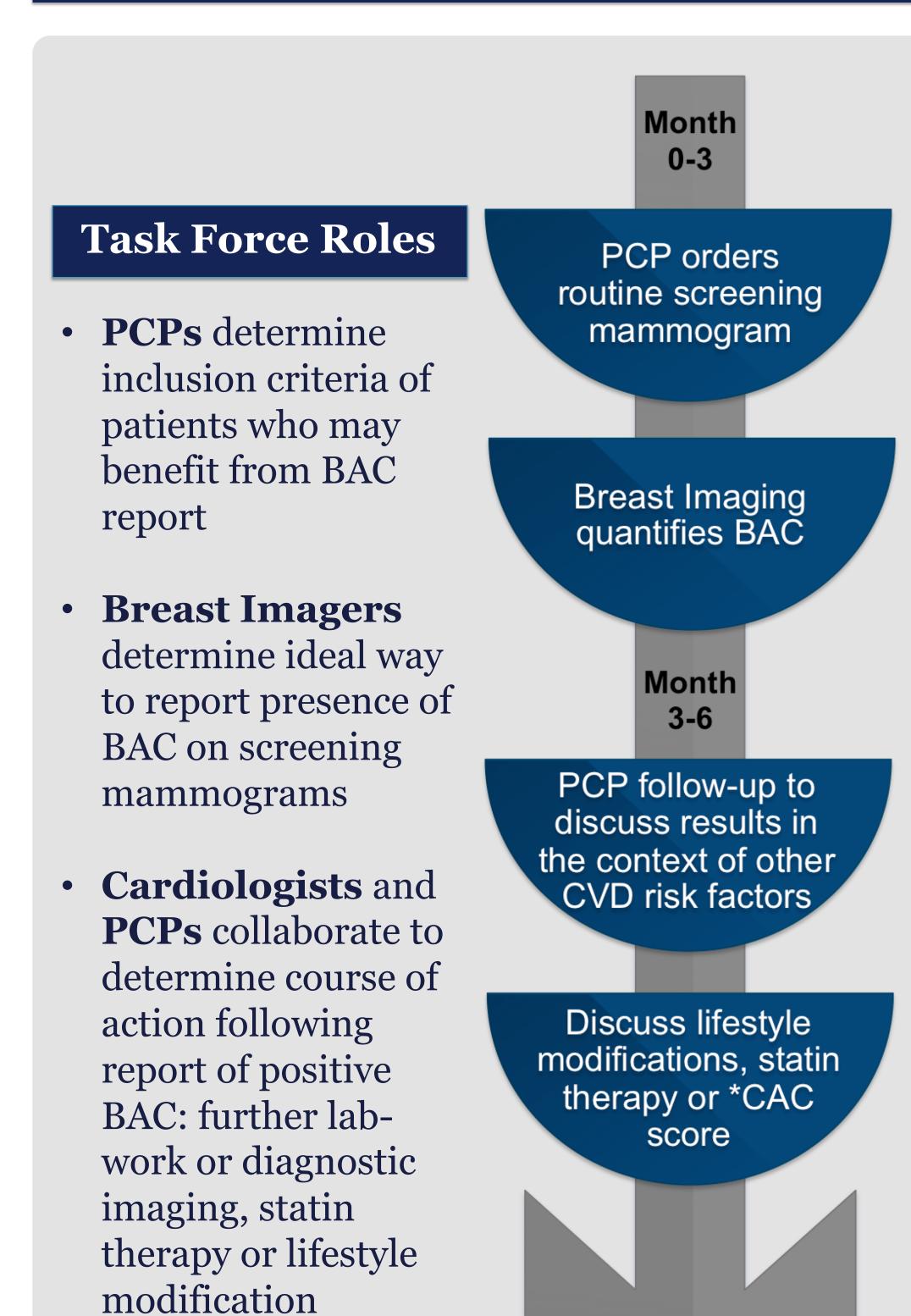
### **Study Aims**

- To create an interdisciplinary task force focused on identifying women with CVD by reporting presence of BAC on screening mammograms.
- To monitor the clinical impact of reporting BAC.

## Process Measurement

- Quantify the percentage of screening mammograms with BAC addressed in final read.
- Quantify the number of PCP and patient interactions that discuss BAC results.
- Quantify clinical outcomes based on reporting BAC.

#### Proposed Intervention and Plan



#### Interdisciplinary Task Force

\*CAC =

calcium

coronary artery

