Rapid Adaptation to Remote Didactics and Learning in GME

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Article type : Educational Download

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Introduction

Weekly didactic conference in emergency medicine education has traditionally united residents and faculty for learning and fostered community within the residency program. The global pandemic Coronavirus Disease-19 (COVID-19) has fueled a rapid transition to remote learning that has disrupted the typical in-person format. To maintain ACGME¹ educational experiences and requirements for residents in a safe manner, many residencies have moved to videoconferencing platforms such as Zoom[™], Teams[™], and WebEX.[™]

Given the importance of didactic conference as a ritual, educational experience and communitybuilding activity, most residency programs have worked to maintain an active and robust didactic conference despite the many logistical challenges.² Engaging residency program members in the transition to remote learning and utilizing opportunities for innovation can help to maintain normalcy and combat isolation resulting from the loss of weekly in-person contact.

Herein, we propose practical tips for optimizing remote learning for weekly emergency medicine residency didactics.

Table 1.

Rapid Adaptation Strategies and Considerations

Adaptation Strategy	Considerations	
1. Engage the whole	• Establish a diverse team of faculty and trainees who can be in contact	
educational team	frequently to guide the transition from in-person to remote didactics	
	Empowering the entire educational team to feel ownership will	
	enhance sustainability and prevent isolation ³	
	 Team goals include identifying needs and employing creative 	
	mechanisms to foster active learning	
	Communicate changes and expectations with faculty and trainees at	
	regular intervals	
2. Identify video	Champions need to be facile with the different features available on the	
conferencing	video conference platform used and understand how to navigate them	
champions	to optimize educational sessions	
	• Examples include managing who is sharing their camera (presenters vs.	
	learners), muting all audience members on arrival to prevent	
	distraction, organizing break out rooms, and using the appropriate	
	settings to host panel discussions or webinars	
3. Designate	Having 2 moderators allows conference to continue smoothly if one	
moderators	needs to take a break or troubleshoot a technical error	
	Make moderating fun—consider playing "walk up" music for speakers	
	during transitions	
	Moderators can also offload presenters from monitoring the chat and	
	can summarize questions or comments to them.	
4. Build in breaks	Breaks allow learners to briefly pause without fear of missing content	
	 Breaks reduce digital fatigue and optimize attention³ 	
	Breaks also facilitate time for social interaction among participants	
5. Perform	• "Tech checks" offer an opportunity for speakers to troubleshoot and	
technology checks	familiarize themselves with basic features of the platform	
and education for	Consider job aids or short videos on basic function for virtual platforms	
speakers		

		•	Anticipate technical difficulties, remain flexible and have a backup plan
6.	Perform	•	Debrief sessions to identify lessons learned for future conferences
	continuous quality	•	Continue to evolve and seek out literature and colleagues for
	improvement		improvement ideas
7.	Leverage	•	Engage in a community of practice ⁴ of other educators in order to
	community of		crowdsource strategies and innovative ideas.
	practice	•	Recruit alumni to present didactics or run educational sessions
		•	Utilize the remote format as a means to feature national leaders and
			experts on topics without the requirement for travel
8.	Allow participants	•	Utilize chat features that are built into the video conferencing platform
	to comment and	•	Consider other platforms i.e. Slack, Twitter, etc., that offer enhanced
	ask questions in		functionality and can more easily archive conversation ⁵
	real time	•	Promote engagement in real time such as integrating polls/questions
			and small group breakout sessions
		•	Empower designated moderators to answer questions or pose
			questions in the chat to the speaker
9.	Communicate	•	Create a shared understanding of appropriate etiquette for remote
	video etiquette		didactics
	standards	•	For example, communicate expectations to the audience according to
			the session type and audience size for whether or not they should share
			their video and/or mute themselves.
10	. Employ a	•	Consider third party attendance options such as QR codes that can
	mechanism for		directly connect the attendee to their resident site for conference hour
	taking attendance.		tracking (i.e. New Innovations™)
		•	Attendees may send chat messages in the video software to a
			designated person tracking attendance (chat features are usually able
			to be saved by the host creating a record of attendance)
		•	Integrate a signed honor system acknowledging attendance
	eferences		

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