

1 **Quantifying selection on standard metabolic rate**
2 **and body mass in *Drosophila melanogaster***

3 Mathieu Videlier¹, Vincent Careau¹, Alastair J. Wilson² & Howard D. Rundle^{1*}

4 1. Department of Biology, University of Ottawa, Ottawa, ON, Canada

5 2. Centre for Ecology and Conservation, University of Exeter (Penryn Campus), Cornwall,
6 United Kingdom

7
8 *Author for correspondence:

9 hrundle@uottawa.ca

10 Department of Biology, University of Ottawa

11 30 Marie Curie, Ottawa, ON, CANADA, K1N 6N5

12 Tel: (613) 562-5800 x2835

13 Fax: (613) 562-5486

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25
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33 Data can be found on Dryad (<https://doi.org/10.5061/dryad.63xsj3v17>); R-script is provided in
34 the Supplemental Methods.

35

36 **Abstract**

37 Standard metabolic rate (SMR), defined as the minimal energy expenditure required for self-
38 maintenance, is a key physiological trait. Few studies have estimated its relationship with fitness,
39 most notably in insects. This is presumably due to the difficulty of measuring SMR in a large
40 number of very small individuals. Using high-throughput flow-through respirometry and a
41 *Drosophila melanogaster* laboratory population adapted to a life-cycle that facilitates fitness
42 measures, we quantified SMR, body mass, and fitness in 515 female and 522 male adults. We
43 used a novel multivariate approach to estimate linear and non-linear selection differentials and
44 gradients from the variance-covariance matrix of fitness, SMR, and body mass, allowing traits
45 specific covariates to be accommodated within a single model. In males, linear selection
46 differentials for mass and SMR were positive and individually significant. Selection gradients
47 were also positive but, despite substantial sample sizes, were non-significant due to increased
48 uncertainty given strong SMR-mass collinearity. In females, only nonlinear selection was
49 detected and it appeared to act primarily on body size, although the individual gradients were
50 again non-significant. Selection did not differ significantly between sexes although differences in
51 the fitness surfaces suggest sex-specific selection as an important topic for further study.

52

53 Key Words: Basal metabolic rate, lifetime reproductive success, linear and nonlinear selection,
54 multivariate selection, selection gradient, sexual dimorphism.

55 Metabolic rate reflects the amount of energy that an organism needs to grow, reproduce, and
56 survive. Because resources are limited, organisms must allocate their finite energy to competing
57 demands, which forces allocation trade-offs that ultimately play an important role in shaping life-
58 history strategies. All else being equal, energy allocated to self-maintenance cannot be invested
59 in other energetic demands such as reproduction. However, reproducing at a high rate may
60 necessitate a large metabolic machinery that translate into high maintenance costs. As such,
61 maintenance metabolism is likely to be linked to fitness (Burton et al. 2011), but studies so far
62 have produced inconsistent results (Pettersen et al. 2018) and we therefore lack a good
63 understanding of how selection shapes maintenance metabolism. This is perhaps not surprising
64 given that estimating selection involves challenges such as measuring fitness and maintenance
65 metabolism appropriately in a large number of individuals and parsing the relative contribution
66 of highly collinear variables (e.g., body mass and metabolism) to fitness.

67 Quantifying fitness is technically challenging yet of utmost importance when studying
68 selection. Lifetime reproductive success of an individual (total number of offspring produced)
69 can be broken down into three main components: survival, fecundity, and reproductive success
70 (pre- and postcopulatory). These components of fitness can vary independently and may relate
71 differently to metabolic rate (Pettersen et al. 2018). For example, a high maintenance metabolism
72 may be beneficial to survival, but uses energy that otherwise could be invested in reproduction.
73 Most estimates of selection on maintenance metabolism have, at best, quantified a portion of a
74 single fitness component such as over-winter survival (Jackson et al. 2001; Artacho and Nespolo
75 2009; Boratyński et al. 2010; Larivée et al. 2010; Careau et al. 2013; Zub et al. 2014) or output
76 from a single reproductive event (Earle and Lavigne 1990; Stephenson and Racey 1993;
77 Johnston et al. 2007; Hayes et al. 2009; Boratyński and Koteja 2010; Schimpf et al. 2012;

78 Mariette et al. 2015). A small number of studies have attempted to relate metabolic rate to a
79 more comprehensive measure of fitness (Blackmer et al. 2005; Pettersen et al. 2016), but we
80 have limited insight into how total selection acts on this fundamental trait.

81 Measuring maintenance metabolism can also be challenging as, by definition, it excludes
82 contributions due to activity, growth, and reproduction (Hulbert and Else 2004; Careau et al.
83 2015). In ectotherms, the “minimum cost of living” is measured as the standard metabolic rate
84 (SMR): the metabolic rate of a resting, post-absorptive, and non-reproductive adult at a specified
85 temperature. Meeting these criteria requires careful methodological considerations and can take
86 time because individuals must be monitored over a sufficient period such that they relax and rest
87 within the confinement of a metabolic chamber. Therefore, the criteria to measure SMR can
88 impose major constraints on achieving sufficient sample sizes to estimate selection with
89 precision. Small insects offer advantages as it is relatively easy to obtain to a large number of
90 individuals, but their low metabolic rate makes it difficult to measure SMR precisely.

91 An additional challenge in estimating selection on metabolic rate is its strong (positive)
92 collinearity with body mass (White 2011; White and Kearney 2013). Such collinearity can make
93 it difficult to parse the relative strength of selection between these two traits. Collinearity can be
94 alleviated by excluding traits that are not of interest, or by working with principal components
95 (Zuur et al. 2010; Dormann et al. 2013; Chong et al. 2018; Harrison et al. 2019), but such
96 approaches are not particularly useful when all of the correlated traits are of interest (e.g.,
97 metabolic rate and body mass are both hypothesised to be under selection). Historically,
98 selection is estimated on SMR after correcting for body mass, usually by taking the residuals of a
99 linear regression of SMR as function of mass (or by dividing SMR by body mass). However, this
100 approach removes variation in SMR due to body mass and it is therefore not possible to estimate

101 selection on the shared variation, nor does it allow correlational selection to be estimated for
102 these traits. A preferable approach is to apply the Lande and Arnold (1983) framework to
103 simultaneously quantify linear and nonlinear selection on both SMR, body mass, and their
104 interaction. The Lande and Arnold (1983) framework is usually done by fitting a multiple linear
105 regression with relative fitness as the response variable and the traits of interest (and their
106 squared terms and second-order interactions for nonlinear selection) as predictors. When doing
107 so, however, it is difficult to account for various nuisance parameters or other covariates that
108 only apply to a subset of the traits without ‘doing statistics on statistics’ (i.e., using residuals
109 from a regression of a trait on its covariates). Such a two-step approach fails to carry forward
110 uncertainty in estimates and can produce statistical artifacts (Garcia-Berthou 2001; Freckleton
111 2002; Morrissey 2014). A solution to this challenge is to use a multivariate approach to model
112 the variance-covariance matrix between fitness, SMR and body mass while correcting one or
113 more traits for their unique covariates (in the current case for nuisance parameters unique to the
114 estimation of SMR and relative fitness). Standard selection differentials and gradients can then
115 be obtained from the residual covariance matrix (see Methods).

116 Here, our primary goal is to quantify multivariate selection on SMR and body mass. To
117 do so, we build on the Lande & Arnold (1983) framework, employing multivariate mixed models
118 to better account for trait-specific covariates. In measuring selection on these traits, we take
119 advantage of a high-throughput respirometry system and a laboratory population of *Drosophila*
120 *melanogaster* that has been evolving under a life cycle that facilitates a comprehensive measure
121 of fitness. In this population, newly emerged adult flies interact for four days in a mating
122 environment at a specific (and fairly low) density, after which females lay eggs for 24h to
123 produce the next generation. Male fitness is therefore the number of offspring they sire during

124 this 4-day period, and female fitness is the number of adult offspring they produce during the
125 24h window. Our fitness measure therefore includes survival over these four days, fecundity, and
126 reproductive success of the adult, along with the egg-to-adult survival of the resulting offspring
127 they produce. This is a more comprehensive fitness measure than previous studies estimating
128 selection on SMR. The mating environment also features added structural complexity (see
129 Methods), potentially allowing a greater range of sexual behaviours to be expressed compared to
130 standard *Drosophila* populations that are generally maintained at high density in structurally
131 simple environment (i.e., standard fly vials or bottles). For example, male mating success may
132 involve searching for females and/or defending a territory, and female can flee when faced with
133 male courtship, all of which are energetically costly and may thus impact SMR. We have
134 previously shown in this population that SMR is both repeatable and differentially correlated
135 with body mass and activity in males vs. females (Videlier et al. 2019). Here we used the same
136 high-throughput metabolic system to measure SMR, in addition to body mass and fitness, in
137 close to one thousand separate individuals.

138

139 ***Methods***

140 **STOCK POPULATION**

141 A stock population was established in February of 2016 from a large sample of a laboratory-
142 adapted population of *D. melanogaster* that was originally collected in Dundas, ON in 2006
143 (MacLellan et al. 2012). Since then, this stock has been maintained with discrete, non-
144 overlapping generations at 25°C, 50% relative humidity, and with a 12L:12D photoperiod (lights
145 switch at 7 am/pm) on a standard cornmeal-based food (90 g/L cornmeal, 100 g/L turbinado
146 sugar, 40 g/L yeast and 12 g/L agar). The population life cycle includes a 4-day ‘mating phase’

147 that takes place in an environment (8 oz. culture bottles) with reduced density (10 males and 10
148 females/bottle) and increased spatial complexity (i.e., dividers inserted into the food and two
149 coiled piper cleaners inside the bottle) compared to standard *Drosophila* maintenance techniques.
150 Males are discarded after the mating phase and females are allowed to lay eggs for 24 h in
151 standard glass culture vials (28.5 mm x 95 mm). Additional details are provided in Videlier et al.
152 (2019). To create a separate marked ‘competitor’ for use in the fitness assays, in November 2016
153 a brown eye recessive (*bw*) mutation was introgressed into a copy of the stock population via two
154 rounds of backcrossing. This population was then synchronized with the stock and was
155 maintained in the same way and following the same schedule.

156

157 **EXPERIMENTAL DESIGN**

158 To quantify selection, both metabolic rate and fitness were measured on individual males and
159 females from the stock population under conditions that closely mimicked their normal
160 maintenance routine. The experiment was performed in six temporal blocks over six generations
161 of the stock population, with each block consisting of three separate temporal sub-blocks of 32
162 males and 32 females each (i.e., one sub-block per day over three days; see below).

163 Individuals for use in the assay were raised at four different densities by allowing two,
164 five, ten or 15 stock females to lay eggs in a vial for 24 hours (10 females/vial matches the
165 density during normal maintenance). This was done to increase phenotypic variation in size, and
166 potentially SMR, thereby increasing the power to detect selection. A downside of such a
167 phenotypic manipulation is that it creates the possibility of a density-induced fitness-trait
168 covariance that could be mistakenly interpreted as selection (Rausher 1992; Stinchcombe et al.
169 2002). In our case this appears unlikely (see Fig. S1 and Discussion). To increase sample size

170 within each block, virgin collection was performed over three consecutive days corresponding to
171 8, 9 and 10 days after egg laying, creating three groups corresponding to three different ‘days of
172 emergence’. (Nine days after egg laying corresponds to the normal maintenance routine of the
173 stock.) On each day, all newly emerged virgin offspring from the four rearing densities were
174 pooled and then 45 males and 45 females were randomly selected using light CO₂ anaesthesia (in
175 the late morning). These flies were subsequently stored, separately by sex, in three vials of 15
176 within the same incubator as the stock population. At approximately 19:00, 32 females and 32
177 males were randomly chosen for metabolic rate measurement overnight (remaining individuals
178 were discarded). The following morning, these individuals were weighed (as described below)
179 and then placed in the complex environment for a three day ‘mating phase’ together with mutant
180 competitor flies (see below), after which females were transferred to new vials for egg laying.
181 While the stock population normally experiences a 4-day mating phase, we used three days so
182 that when the assay females were subsequently transferred to vials for egg laying, they were of
183 the same age as stock females when they lay eggs during regular maintenance.

184

185 **METABOLIC AND BODY MASS MEASUREMENTS**

186 Metabolic rate measurements were performed following Videlier et al. (2019) using a 64-
187 chamber flow-through respirometry system, housed overnight in a separate incubator. The
188 system consists of four separate units, each comprised of a differential CO₂ analyser (Li-
189 Cor7000, Li-Cor Biosciences, Lincoln, NE, USA) and a 16-channel flow management, data
190 acquisition, and signal processing system (MAVEN; Sable Systems International, North Las
191 Vegas, NV, USA). Each MAVEN incorporates a flow-distribution manifold, a main board (flow
192 measurement, regulation, and control plus data acquisition and signal processing), and an activity

193 board (sensors for activity, ambient temperature, humidity, and light intensity). A constant
194 stream of dry, CO₂-free air produced by a purge gas generator (PG14L Peak scientific, Glasgow,
195 Scotland, UK) was split into four different streams, which were pushed through the reference cell
196 of each CO₂ analyser (Cell A). The air stream was then humidified by flowing through Nafion
197 tubing (du Pont de Nemours and Company, Wilmington, DE, USA) submerged in distilled
198 water, and finally was directed into the flow-distribution manifold where it was physically split
199 into 17 streams (one for each of the 16 chambers and one for the baseline), of which only the
200 baseline was actively regulated at a flow rate of 20 ml·min⁻¹. The approximately equivalent flow
201 rates in the non-baseline channels (range: 15 to 25 ml·min⁻¹) were maintained by means of
202 matched flow resistances based on micro-orifice flow restrictors. A second mass flow meter on
203 the MAVEn's main board measured the actual flow rate of each selected air stream before it was
204 automatically directed through the measurement cell (Cell B) of the CO₂ analyser.

205 Before measurement, individuals were chosen randomly from the three sex-specific
206 holding vials and were gently placed, without anaesthesia, separately into chambers made of
207 clear plastic tubes (40 mm high by 6 mm diameter). Females and males were placed in odd and
208 even numbered chambers respectively. Measurements were performed for 12 hours overnight,
209 between 19:00 and 7:00, which correspond to the period of lowest average locomotor activity in
210 this population (Videlier et al. 2019).

211 Data transformation and extraction were done using ExpeData (Sable Systems
212 International, North Las Vegas, NV, USA). The raw outputs from the activity detectors (one per
213 chamber) were transformed into an index of locomotor activity by first calculating the
214 cumulative sum of the absolute difference between adjacent samples and then by differentiating
215 the resulting channel vs. time (equivalent to calculating the slope of the cumulative activity vs.

216 time). The CO₂ trace (one for all of the 16 chambers in a given unit) was corrected for drift using
217 multiple baseline correction measures and was also corrected for a 15 second lag. CO₂
218 production (VCO₂) was then calculated by multiplying flow rate by the fractional concentration
219 of CO₂. Considering our sampling scheme (~12 hours respirometry run with a 34 min sampling
220 cycle), each fly was sampled for 120 seconds per sample over a total of 21 separate measurement
221 periods. The first 40 seconds of each measurement was ignored to allow the system to fully
222 equilibrate after changing between chambers. From the remaining 80 seconds we extracted the
223 lowest 20 seconds continuous bouts of VCO₂ using the “nadir” function in ExpeData. In addition
224 to the average of the lowest 20 seconds continuous bout of VCO₂, we also extracted the average
225 flow rate, water vapor, temperature, light intensity, and locomotor activity. We also extracted the
226 average locomotor activity over the 20 seconds immediately prior to the VCO₂ measurement. For
227 each respirometry run, the lowest of the 21 extracted VCO₂ values was selected per individual as
228 their standard metabolic rate (SMR).

229 The following morning, immediately after each metabolic measurement, body mass was
230 measured by anesthetising individuals with CO₂ and then weighing them to the nearest 0.001 mg
231 with an MX5Microbalance (Mettler Toledo, Columbus, OH, USA) as described in Videlier et al.
232 (2019). After body mass measurements, individuals were transferred into the fitness assay.

233

234 **FITNESS ASSAY**

235 Fitness was measured in a competitive assay in which a single focal individual (male or female),
236 which previously had its metabolic rate and body mass measured, was placed together with nine
237 same-sex *bw* mutant individuals and ten opposite sex *bw* individuals in the same ‘complex’
238 bottle as used during the stock mating phase. Individuals were allowed to interact and mate for

239 three days, after which males were discarded. In the female fitness assay, the single focal female
240 was then transferred to a new vial with fresh media to lay eggs for 24 hours, while in the male
241 fitness assay we randomly selected eight of the surviving *bw* females and placed them in pairs in
242 four separate vials with fresh media for egg laying for 24 hours. Brown eye mutant individuals
243 for use in these assays were collected at the same time as the focal individuals and prior to use
244 were housed separately by sex in bottles of 50 individuals within the same incubator.

245 Female fitness was quantified as the total number of offspring emerging from a vial
246 across two counts performed eight and 10 days after egg laying. (Counting twice reduces the
247 chance of missing individuals that die and are lost in the food.) Focal females that died during
248 the mating phase were assigned a fitness of zero. Male fitness was quantified in the same way
249 except offspring were phenotyped for eye color and counted separately (wild-type red eyes
250 indicating they were sired by the focal male, brown eyes indicating they were sired by a *bw*
251 competitor male). Male fitness was the total number of wild-type offspring produced, although
252 results were qualitatively the same if male fitness was calculated as the proportion of offspring
253 sired by the focal male (unpublished results). Given this, we present only results based on the
254 absolute number of wild-type offspring to avoid additional statistical complexity when dealing
255 with proportions. While our measure of fitness will be influenced by variation in egg to adult
256 survival of offspring, such mortality was likely low as larvae were raised at low density so most
257 of the variance in fitness likely originates from differences in survival and fecundity (females) or
258 reproductive success (males; Bateman 1948) of the focal adults themselves.

259 We attempted to measure all three traits (SMR, mass, and fitness) on 1,088 individuals in
260 17 blocks (64 individuals per block). However, handling errors, equipment problems, and
261 unexplained deaths reduced sample sizes slightly). Individuals with missing values for two of the

262 traits were excluded as they were not informative for estimating covariances (see below). This
263 resulted in a total sample size of 1,037 individuals (515 males and 522 females). Of these, 78
264 individuals had a missing value for one of the traits but were retained because they are
265 informative for estimating the covariance between the other two traits. Repeating the analyses
266 below after excluding these 78 individuals did not qualitatively alter our conclusions.

267

268 **STATISTICAL ANALYSES**

269 We estimated selection separately in males and females because body mass is sexually
270 dimorphic and previous work on these populations demonstrated that males and females differ in
271 how SMR scales with body size and how activity and SMR covary (Videliier et al. 2019). We
272 applied a modified Lande and Arnold (1983) framework using multivariate models in ASReml-R
273 (Butler et al. 2018) that allowed us to estimate the covariance between fitness, body mass, and
274 SMR while correcting SMR for nuisance parameters that only apply to it (see Supplemental
275 Methods for R code). The model included relative fitness (absolute fitness divided by its mean)
276 and standardised (mean = 0, sd = 1) body mass and SMR as response variables, and an
277 unstructured (co)variance matrix at the residual level. The inclusion of one or more fixed effects
278 on a trait will change its residual variance such that it is no longer one, meaning gradients
279 calculated from this will not be standardized gradients. To address this, SMR and body mass
280 were standardized such that their variances (and hence sd) were one after accounting for relevant
281 fixed effect(s) on each. This was done by dividing each trait not by its variance, but by its
282 residual variance obtained from a first fitting a model using the unstandardized traits and the
283 same fixed effects. To control for block and day effects, we fitted a variable that consisted of a
284 unique combination of block (six levels) and day of emergence (three levels) as a fixed effect

285 fitted to all three variables. Fixed effects of temperature, flow rate, and locomotor activity (both
286 20 s before and during SMR measurement) were fitted to SMR only. Light intensity and water
287 vapor were not included because preliminary analyses reveal their effect sizes to be very small.
288 For male fitness, the number of *bw* females which were used for 24 hours of egg laying was also
289 fitted as a continuous effect.

290 Standardized linear selection differentials (S) were estimated as the covariance between
291 the traits (SMR and mass) and relative fitness from the unstructured residual variance-covariance
292 matrix in the above model. The vector of standardized linear selection gradients (β) on the traits
293 was then estimated as:

294

295 *Equation 1.*
$$\beta = \mathbf{P}^{-1}\mathbf{S},$$

296

297 where S is a vector of selection differentials (on mass and SMR) and \mathbf{P} is the 2×2 phenotypic
298 (co)variance matrix of body mass and SMR (Lande and Arnold, 1983). The (co)variances in \mathbf{P}
299 were taken from the larger 3×3 residual covariance matrix from the multivariate model.

300 To estimate the nonlinear selection gradients, three new second-order ‘traits’ were
301 constructed representing the quadratic (mass^2 and SMR^2) and cross-product terms involving
302 mass and SMR (i.e., $\text{mass} \times \text{SMR}$). These terms were then included, alongside relative fitness,
303 SMR and body mass, in a second multivariate model, yielding a 6×6 phenotypic covariance
304 matrix at the residual level. The same fixed effects applied to SMR were also applied to the
305 second-order terms associated with SMR together with all unique pairwise interactions of these
306 fixed effects. Standardized nonlinear selection gradients (i.e., γ 's) were estimated as:

307

308 *Equation 2*
$$\boldsymbol{\gamma} = \mathbf{P}_2^{-1}\text{Cov}(w, \text{traits}),$$

309

310 where $\text{cov}(w, \text{traits})$ is the vector of covariance between relative fitness and the ‘traits’ (i.e.,
311 SMR, mass, SMR^2 , mass^2 , and $\text{SMR} \times \text{mass}$) from the unstructured residual variance-covariance
312 matrix and \mathbf{P}_2 is the 5×5 phenotypic covariance matrix between SMR, mass, SMR^2 , mass^2 , and
313 $\text{SMR} \times \text{mass}$. As for Eq. 1, \mathbf{P}_2 was extracted from the full residual covariance matrix from the
314 multivariate model. Like Eq. 1, Eq. 2 is a specific case of the general formula for the least-
315 squares estimates of the partial regression coefficients via matrix algebra (Kendall and Stuart
316 1973; Morrissey 2014). The partial regression coefficients for the 2nd order terms were retained
317 as estimates of nonlinear selection, while those for mass and SMR (representing linear selection)
318 were discarded as these are taken from the 1st-order model (i.e., Eq. 1; Lande and Arnold, 1983).
319 Quadratic (but not correlational) gradients were doubled (Stinchcombe et al. 2008).

320 The overall significance of linear and nonlinear selection were separately tested using a
321 model comparison approach (Chenoweth et al. 2013). For linear selection, a likelihood ratio test
322 (LRT) was used to compare the fit of a ‘full’ multivariate model that included relative fitness,
323 body mass, and SMR and that specified an unconstrained residual covariance matrix, with a
324 ‘reduced’ version of the same model in which the covariances between relative fitness and both
325 SMR and body mass were set to zero. For nonlinear selection, the full model included the three
326 second-order terms (i.e., SMR^2 , mass^2 , and $\text{SMR} \times \text{mass}$) and the reduced model constrained the
327 residual covariances between fitness and the three second-order terms to be zero. To test the
328 significance of the individual selection differentials and gradients (i.e., β ’s and γ ’s), the
329 appropriate multivariate model was bootstrapped 10,000 times to estimate empirical 95%

330 confidence intervals as the 0.025 and 0.975 quantiles of the distribution of the bootstrapped
331 estimates.

332 Finally, we analyzed selection separately in males and females for the reasons outlined
333 above but, for completeness, we also compared selection between the sexes. Differences in linear
334 and nonlinear selection between males and females were separately tested using an analogous
335 model comparison approach to that above on a pooled dataset that combined the sexes, treating
336 SMR, mass and fitness in each sex as separate traits. Sex was also included as a fixed effect. The
337 fit of a model with an unconstrained residual covariance matrix was compared with one that
338 specified a ‘reduced’ version in which the covariances between relative fitness and traits (both
339 SMR and body mass for linear selection, and SMR^2 , $mass^2$, and $SMR \times mass$ for nonlinear
340 selection) were constrained to be the same in males and females. In both models non-estimable
341 covariances (i.e., between traits in opposite sexes) were fixed to zero.

342

343 ***Results***

344 In males, there was evidence of linear selection on SMR and body mass overall (LRT: $\chi^2_{2\text{ df}} =$
345 17.37, $P < 0.001$; Fig. 1A). Selection differentials on both traits were positive and significant
346 (Table 1). Selection gradients were of somewhat smaller magnitudes than the differentials and
347 had larger 95% CI’s and hence were not significant (Table 1). Such a pattern is potentially due to
348 collinearity between body mass and SMR ($r = 0.70$; Fig. 1). Finally, there was no evidence of
349 nonlinear selection overall in males (LRT: $\chi^2_{3\text{ df}} = 0.77$, $P = 0.856$; Table 2).

350 In contrast to males, in females there was no evidence of linear selection overall (LRT:
351 $\chi^2_{2\text{ df}} = 5.21$, $P = 0.074$). Linear selection differentials were smaller than in males and, although
352 individually significant for body mass, both selection gradients were weak and non-significant

353 (Table 1). There was, however, statistical support for nonlinear selection overall in females
354 (LRT: $\chi^2_{3 \text{ df}} = 8.54$, $P = 0.036$; Fig. 1B), with two of the three nonlinear selection differentials
355 being significant and the third approaching so (Table 2). The estimated gradients suggest that
356 this nonlinear selection arose primarily from stabilizing selection on body mass, but the
357 bootstrapped CI's span zero for the individual gradients, again suggesting collinearity.

358 Finally, when pooling males and females, the observed difference between the sexes in
359 overall linear (LRT: $\chi^2_{2 \text{ df}} = 1.62$, $P = 0.445$) and nonlinear selection (LRT: $\chi^2_{3 \text{ df}} = 1.05$, $P =$
360 0.790) were both non-significant. Consistent with this, the 95% CI's of all linear and nonlinear
361 selection gradients overlap between the sexes (Tables 1, 2).

362

363 ***Discussion***

364 Estimating selection on physiological traits such as SMR is challenging, most notably in small
365 insects, as it involves precisely measuring metabolic rate and fitness in a large number of
366 individuals. Metabolic rate varies substantially within individuals (Nespolo and Franco 2007;
367 White et al. 2013; Auer et al. 2016), necessitating careful attention to controlling for covariates
368 in the design and analysis. Traditionally, selection on metabolic rate has been estimated while
369 “correcting” for body mass, either by using mass-specific values (i.e., per unit mass) or by taking
370 the residuals from a regression of metabolic rate on mass. However, such approaches are unable
371 to separate the traits under selection (i.e., body mass, SMR or both; Hayes 2001; Haggmayer et al.
372 2020), they ignore the possibility of correlational selection, and they can involve doing ‘statistics
373 on statistics’ that can fail to propagate uncertainty and may result in statistical bias (Garcia-
374 Berthou 2001; Morrissey 2014). Measuring fitness can also be challenging and past studies have

375 tended to rely on components thereof. While useful for understanding how selection arises, this
376 can provide biased insight into net selection.

377 Here, we performed high-throughput respirometry on individuals from a laboratory
378 population of *D. melanogaster* with a life cycle that facilitated comprehensive measures of
379 fitness in both sexes. Our fitness measure integrated adult survival, reproductive success, and
380 fecundity, as well as the viability to adult emergence of resulting offspring, all in an abiotic and
381 social environment that was extremely similar to that which the population was adapted. Using
382 these data, we employed a multivariate modelling approach to estimating linear and nonlinear
383 selection while controlling statistically for nuisance variables specific to each trait. Our results
384 provide evidence of linear selection on body mass and/or SMR in males, and nonlinear selection
385 primarily on body mass in females. Despite substantial sample sizes (515 males and 522
386 females), the partitioning of selection between these two highly correlated traits remained
387 challenging.

388 In males, linear differentials on body mass and SMR were both positive and significant,
389 indicating direct and/or indirect selection for increased values of these traits. Selection gradients,
390 which quantify selection on each trait while controlling for the other traits in the model, were of
391 somewhat smaller magnitudes to the differentials and were slightly stronger for mass compared
392 to SMR (Table 1). While the individual gradients were not significant based on approximate
393 95% CI's, they approached so, in particular for mass (i.e., the lower bound of the 95% CI just
394 crossed zero). Notably, the 95% CI's for the gradients are 50% wider than those for the
395 differentials, reflecting increased uncertainty in partitioning selection in the face of a strong
396 correlation between these traits (Fig. 1).

397 With the above caveat in mind, the point estimates of our gradients suggest moderately
398 strong directional selection on body mass and SMR in males (median standardized phenotypic
399 gradients from a review of selection in nature is $|0.18|$; Kingsolver et al. 2001), and little
400 evidence of nonlinear selection including correlational (i.e., SMR \times body mass gradient; Table
401 2). It is therefore worth considering why selection may favour increased values of each these
402 traits independent of the other. For body mass, sexual selection is one possibility if increased
403 mass leads to greater reproductive success. Increased mating success of larger males has
404 sometimes, but not always, been observed in *Drosophila* (e.g., Partridge and Farquhar 1983;
405 Partridge et al. 1987; Santos et al. 1988; Pitnick 1991; Baxter et al. 2018, but see Markow et al.
406 1996; Bangham et al. 2002). Larger males may also have higher postcopulatory success (Pitnick
407 and Markow 1994; Bangham et al. 2002). Compared to standard *Drosophila* lab stocks, our
408 population was also adapted to a lower density mating environment with added structural
409 complexity. This may provide increased opportunity for males to defend food/egg laying
410 substrates as a way to access females, and larger males tend to have an advantage in such
411 territorial interactions in *Drosophila* (Hoffmann 1987; White and Rundle 2014).

412 With respect to SMR, increased values correspond to males with higher metabolic
413 maintenance costs, which can be seen as the “idling” cost of an individual’s metabolic
414 machinery. As such, males with higher SMR may have more energy available to allocate to
415 costly behaviours or physiological processes. Why might selection favour this? Again, it is
416 possible that such males have increased mating success if they are better at defending a territory
417 and/or searching for, pursuing and courting females. These demands may be enhanced in our
418 lower density, structurally complex mating environment in which females can hide and escape
419 male courtship. Indeed, similar manipulations of the mating environment in *D. melanogaster*

420 have been shown to reduce the frequency of sexual interactions and mating, and to increases
421 female feeding rates (Yun et al. 2017; Fig. S1 in Yun et al. 2019). Previous work with the current
422 population also revealed a positive correlation between resting metabolic rate and locomotor
423 activity in males (Videlier et al. 2019), suggesting that individuals that perform more
424 energetically demanding activities tend to have elevated maintenance costs.

425 In females, nonlinear selection was significant overall, indicating curvature of the fitness
426 surface. This appeared to arise in large part from stabilizing selection on body mass although the
427 individual quadratic and correlational gradients were non-significant (Table 2), probably because
428 collinearity will be even more problematic for 2nd-order traits. Nevertheless, the point estimates
429 for body mass was negative and substantially larger than that for SMR or the correlational
430 gradient (Table 2). The non-parametric fitness surface supports this and reveals a fitness peak
431 within the upper range of mass values (Fig. 1B).

432 While the fitness surface and selection differentials suggest directional selection for both
433 body mass and SMR over much of the phenotypic range in females (i.e., for trait values below
434 the peak), our estimated gradients indicate that this selection on SMR is largely indirect, arising
435 from its correlation with body mass (i.e., gradients on SMR are weak in Tables 1 and 2). Why
436 might selection favour increased female body size? Fecundity selection seems likely as there is a
437 strong positive association between body size and egg production in *Drosophila* (Lefranc and
438 Bundgaard 2000; Byrne and Rice 2006). It is less obvious as to why fitness may decline at high
439 body mass, although this could represent a trade-off in energy allocation if the energetic costs of
440 further increases in mass come at the expense of greater investment in fecundity. A recent result
441 in this population suggests the presence of allocation trade-offs in females, as reflected by a
442 negative correlation between resting metabolic rate and locomotor activity at the beginning of

443 the night (Videliier et al. 2019), a time which may correspond to a peak in egg laying
444 (Manjunatha et al. 2008).

445 At first glance, the contrasting significance of linear vs. nonlinear selection in males vs.
446 females suggests sex-specific selection on these traits. However, these differences were not
447 significant, likely reflecting in part the similarity of the fitness surfaces for overlapping trait
448 values between the sexes (Fig. 1; the curvature in females occurs at trait values greater than those
449 observed in males). It is therefore possible that males of a similarly large size would likewise
450 experience reduced fitness, but in the absence of such phenotypes we do not know. Further
451 phenotypic manipulation to generate an even broader range of male phenotypes would be
452 necessary to resolve this. Phenotype manipulations can also be useful in reducing or eliminating
453 collinearity among traits (Sinervo 1990; Campbel 2009), allowing combinations of traits to be
454 created that would otherwise be rare or nonexistent. In this case, however, it is unclear how mass
455 could be manipulated independently of SMR. A potential downside of a phenotypic
456 manipulation like density is that it can affect all traits, including fitness, and it therefore creates
457 the possibility of a environmentally- (i.e., density-) induced fitness-trait covariance that can be
458 mistaken for selection (Rausher 1992; Stinchcombe et al. 2002). Increased density slows
459 development and thus delays adult emergence in *Drosophila*. Day of emergence was included as
460 a fixed effect in all our analyses, so to the extent that density and emergence day covary, our
461 analysis accounts for density effects. In addition, neither male nor female fitness varied
462 significantly by day of emergence (Fig. S1), strongly suggesting that the selection we observed
463 was not the result of a density-induced fitness-trait covariance.

464 Lande and Arnold (1983) provide a framework for quantifying selection via multivariate
465 regression but problems arise when unique covariates apply to different traits, including fitness.

466 Here we outlined an approach that allows trait-specific covariates by extracting phenotypic
467 covariance matrices at the residual level from a multivariate model of traits and fitness. Linear
468 selection differentials are given by the covariance between fitness and each standardized trait,
469 and linear selection gradients are estimated as the product of the linear selection differentials and
470 the inverse of a subset of the full phenotypic covariance matrix (\mathbf{P}) that excludes fitness as a trait
471 (Lande and Arnold 1983). The latter is simply the least-squares estimates of the partial
472 regression coefficients obtained via matrix algebra (Kendall and Stuart 1973), meaning this
473 approach can be extended to estimating nonlinear gradients simply by including the squared
474 traits and their second-order interactions in the multivariate model. This is preferable to eq. 14a
475 in Lande & Arnold (1983), which provides an approximation of the nonlinear gradients under
476 certain assumptions. To our knowledge, this statistical approach to estimating nonlinear selection
477 has not been previously employed.

478 White et al. (2019) recently put forward correlational selection as an explanation for the
479 widely observed metabolic scaling allometry. For correlational selection to occur, particular
480 combinations of SMR and mass must be advantageous over other combinations and, over time,
481 correlational selection change trait covariance (Sinervo and Svensson 2002). In particular,
482 correlational selection favouring small and large individuals with respectively high and low
483 mass-specific SMR would the give rise to the widely observed sublinear scaling of SMR with
484 mass. Using a simulation approach combined with interspecific data, White et al. (2019)
485 concluded that the scaling allometry between metabolic rate and body mass arose as a
486 consequence of correlational selection on these traits. In our study, however, we did not detect
487 correlational selection on SMR and body mass, but more research is needed to estimate the
488 possibility of non-linear trait-fitness covariance at the genetic level.

489 Finally, as with any observational selection analyses, confounding effects of
490 environmentally-induced covariances between traits and fitness can be mistaken for selection
491 (Rausher 1992; Stinchcombe et al. 2002). This includes potential effects of density discussed
492 above, but also other unidentified environment variables that could affect traits and fitness. The
493 problem of environmentally-induced covariances can be overcome via a breeding design that
494 estimates selection at the genetic level. Estimating the quantitative genetic architecture of fitness
495 and SMR may also provide a direct test of the possibility of sexual conflict over metabolic rate.

496

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654

655

656 **Table 1.** Variance-covariance matrix between relative fitness (w), standardized standard
657 metabolic rate (SMR), and standardized body mass in A) 515 male and C) 522 female
658 *Drosophila melanogaster* extracted from a 3-trait multivariate model. Selection differentials (S)
659 were estimated as the covariance between w and the trait of interest (values in red), whereas
660 standardized selection gradients (β) were estimated as $\beta = \mathbf{P}^{-1}\mathbf{S}$ (Eq. 1), where S is the vector of
661 selection differentials (red values) and \mathbf{P} is the trait-based phenotypic covariance matrix (blue
662 values). 95% confidence intervals (CI) are based on 10,000 bootstrap estimates. Bold denotes
663 significant values.

664

	(co)variance matrix			selection differentials			selection gradients		
	w	SMR	Mass	S	Lower CI	Upper CI	β	Lower CI	Upper CI
A) males									
w	0.765	0.144	0.154						
SMR	0.144	1.000	0.701	0.144	0.071	0.214	0.071	-0.040	0.179
Mass	0.154	0.701	1.000	0.154	0.077	0.225	0.104	-0.008	0.213
B) females									
w	0.294	0.048	0.056						
SMR	0.048	1.000	0.830	0.048	-0.002	0.094	0.005	-0.084	0.093
Mass	0.056	0.830	1.000	0.056	0.007	0.103	0.052	-0.039	0.142

665

666 **Table 2.** Variance-covariance matrix between relative fitness (w), standard metabolic rate (SMR), standardized body mass, and the
667 three variables from second-orders of SMR and body mass in A) 515 male and C) 522 female *Drosophila melanogaster* extracted
668 from a 6-trait multivariate model. Nonlinear standardized selection gradients were estimated as $\gamma = \mathbf{P}_2^{-1}\text{cov}(w, \text{traits})$ (Eq. 2), where
669 cov is the vector of covariance between relative fitness (w) and traits (red values) and \mathbf{P}_2 is the trait-based 5×5 phenotypic covariance
670 matrix (blue values). 95% confidence intervals (CI) are based on 10,000 bootstrap estimates. Bold denotes significant values.
671

	(co)variance matrix						selection differentials			selection gradients		
	w	SMR	Mass	SMR ²	Mass ²	SMR × Mass	C	Lower CI	Upper CI	γ	Lower CI	Upper CI
A) males												
w	0.765	0.145	0.154	-0.044	0.023	-0.013						
SMR	0.145	1.001	0.701	0.216	0.230	0.210						
Mass	0.154	0.701	1.000	0.197	0.481	0.304						
SMR ²	-0.044	0.216	0.197	3.909	1.982	2.760	-0.044	-0.196	0.102	-0.036	-0.246	0.152
Mass ²	0.023	0.230	0.481	1.982	3.725	2.712	0.023	-0.126	0.171	0.001	-0.154	0.166
SMR × Mass	-0.013	0.210	0.304	2.760	2.712	2.950	-0.013	-0.132	0.109	-0.005	-0.147	0.145
B) females												
w	0.294	0.048	0.056	-0.077	-0.133	-0.101						
SMR	0.048	1.000	0.830	0.565	0.409	0.469						
Mass	0.056	0.830	1.000	0.454	0.486	0.444						
SMR ²	-0.077	0.565	0.454	3.824	2.516	3.099	-0.077	-0.185	0.022	-0.019	-0.266	0.227
Mass ²	-0.133	0.409	0.486	2.516	3.642	2.993	-0.133	-0.233	-0.038	-0.121	-0.321	0.108
SMR × Mass	-0.101	0.469	0.444	3.099	2.993	3.071	-0.101	-0.194	-0.013	0.024	-0.205	0.233

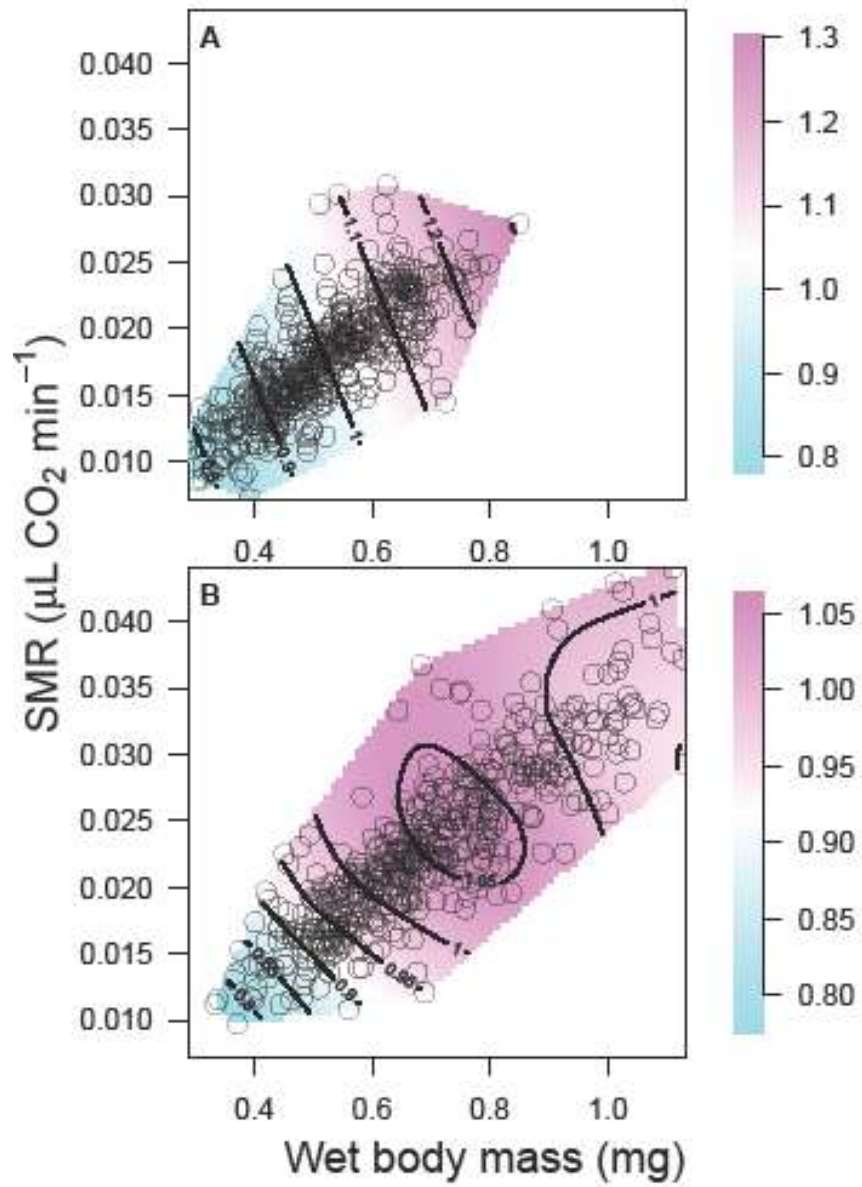
672

673

674 **Figure captions**

675 **Figure 1.** Standard metabolic rate (SMR) as function of wet body mass in A) 515 male and B)
676 522 female *D. melanogaster*. The contour map (thin-plate spline) shows how predicted relative
677 fitness varies as function of SMR and body mass. Points represent individuals.

678



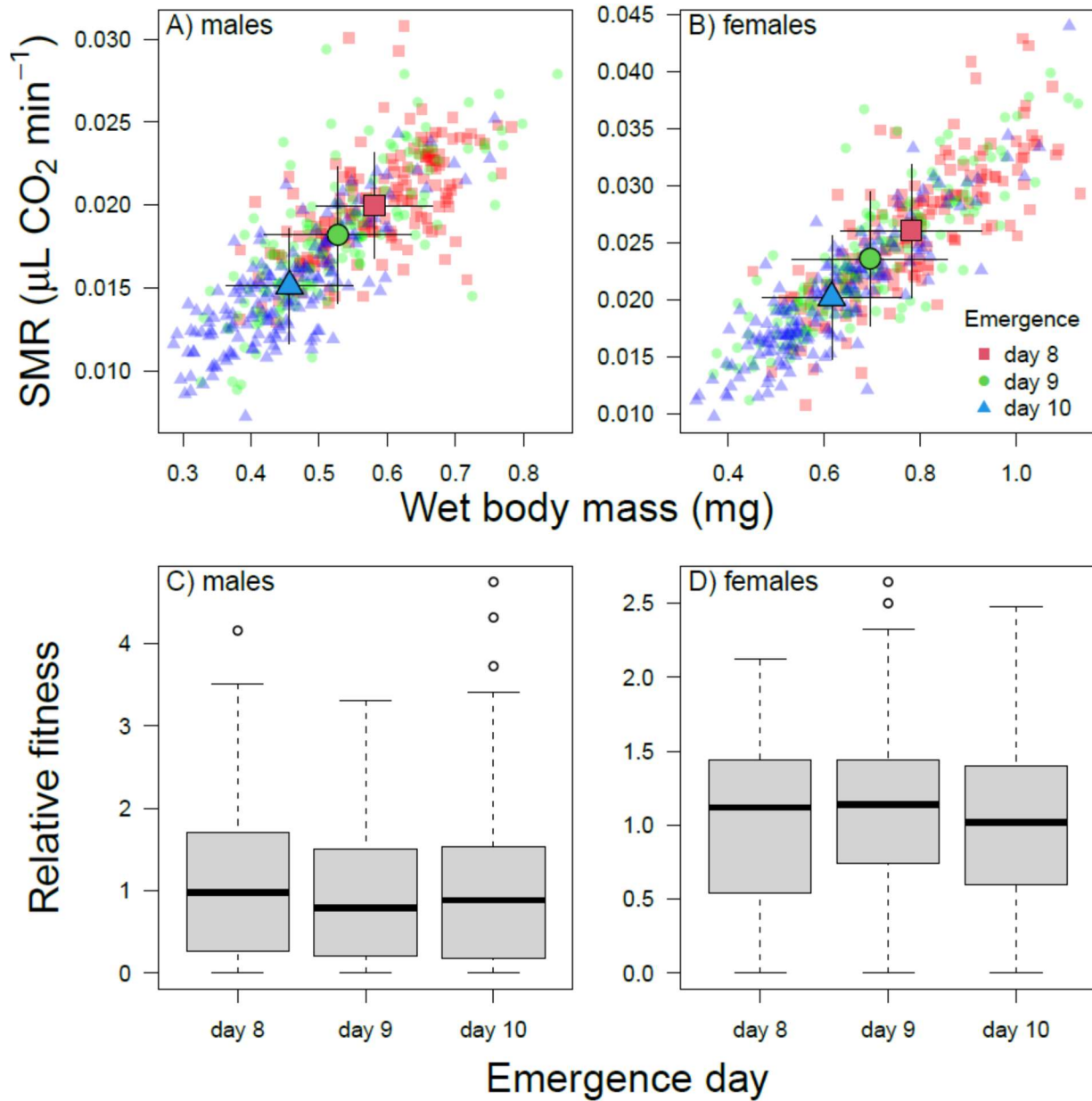
679

680 **Figure 1.**

681

Supplemental Materials

682



683

684

685 **Figure S1.** Standard metabolic rate (SMR) as function of wet body mass in A) 515 male and B)

686 522 female *D. melanogaster* that emerged on day 8 (red squares), day 9 (green dots), or day 10

687 (blue triangles) after egg laying. Relative fitness as function of emergence day in C) males and
688 D) females, showing that neither male nor female fitness varied by day of emergence.

689

690 **Supplemental Methods – R code for selection analyses**

691 #This code reproduces the selection analysis presented in the article:

692 #"Quantifying selection on standard metabolic rate and body mass in *Drosophila melanogaster*"

693 #by:Mathieu Videlier, Vincent Careau, Alastair J. Wilson & Howard D. Rundle

694 #for any question, please contact:

695 #Mathieu Videlier (mvide050@uottawa.ca)

696

697 #read in the data and select male data only (analyses for females not shown here)

698 DATA<-read.table(file = "DRYAD_DATA_MV.csv",header=T, sep=",")

699 MAL_DATA<-subset(DATA, SEX=="1")

700 MAL_DATA<-MAL_DATA[!is.na(MAL_DATA\$MASS),] # Delete records without MASS
701 and fitness measurements, as these are uninformative

702

703 ##### calculate relative fitness

704 MAL_DATA\$RelFit <-MAL_DATA\$MW_WTnb/mean(MAL_DATA\$MW_WTnb,
705 na.rm=T)

706 ##### Factors

707 MAL_DATA\$Sspop <-factor(MAL_DATA\$Sspop)

708 MAL_DATA\$BLOCK <-factor(MAL_DATA\$BLOCK)

709 MAL_DATA\$B_S <-factor(MAL_DATA\$B_S)

710 ##### Scaling independent variables (fixed effects)

711 MAL_DATA\$logACT20 <-scale(log(MAL_DATA\$ACT20+1))

712 MAL_DATA\$logACT20p<-scale(log(MAL_DATA\$ACT20p+1))

713 MAL_DATA\$TEMPz <-as.numeric(scale(MAL_DATA\$TEMP))


```

714 MAL_DATA$FRCz <-as.numeric(scale(MAL_DATA$FRC))
715 MAL_DATA$NbFemTotz<-as.numeric(scale(MAL_DATA$NbFemTot))
716
717
718
719 ##### LINEAR SELECTION #####
720 ### multivariate model for LINEAR SELECTION
721 #Linear selection in both sexes is estimated using a multivariate model with
722 #the relative fitness(Relfit), the standard metabolic rate (SMR) and body mass (MASS).
723 #Following Lande (1983), the differential selections (S) are the covariances
724 #between Relfit and SMR or MASS at the residual level. The selection gradients ( $\beta$ )
725 # are the conditional covariances according to equation 1, where  $P^{-1}$  is the
726 #inverse of the 2x2 phenotypic matrix between SMR and MASS and S the vector of
727 #the selection differentials.
728 # $\beta = P^{-1} * S$ 
729 #The analysis follows different steps:
730 # - Step 1: Standardization of the variables SMR and MASS
731 # - Step 2: Creation of the multivariate model
732 # - Step 3: Extraction of covariances as selection differentials
733 # - Step 4: Calculation of the selection gradients using equation 1
734
735 ##### Step 1: Standardization of the variables SMR and MASS
736 #In the multivariate model, each variable is adjusted for various fixed effects.
737 #Therefore their residual variance will be different than 1. However, to estimate
738 #standardized linear selection gradients, traits must have a variance equal to 1.
739 #Thus, we first run a temporary multivariate model with unstandardized variables
740 #to get the residual variance in MASS and SMR after correcting for the fixed effects.

```

```

741 #The residual variances from this temporary model will allow us to standardize
742 #the "residual" variance for SMR and MASS to 1.
743 library(asreml)
744 MAL_MODEL.temp<-asreml(cbind(ReIFit,SMR,MASS)~at(trait):B_S+
745 at(trait,1):NbFemTotz+
746 at(trait,2):ACT20z+at(trait,2):ACT20pz+at(trait,2):TEMPz+at(trait,2):FRCz,
747     residual=~units:us(trait),
748     na.action = na.method(y=c("include"), x=c("include")),data=MAL_DATA)
749 summary(MAL_MODEL.temp)
750 #residual variance in SMR:
751 RES.SMR<-summary(MAL_MODEL.temp)$varcomp[4,1]
752 #residual variance in MASS:
753 RES.MASS<-summary(MAL_MODEL.temp)$varcomp[7,1]
754 #new traits:
755 MAL_DATA$SMRz<-(MAL_DATA$SMR-
756 mean(MAL_DATA$SMR,na.rm=T))/sqrt(RES.SMR)
757 MAL_DATA$MASSz<-(MAL_DATA$MASS-
758 mean(MAL_DATA$MASS,na.rm=T))/sqrt(RES.MASS)
759
760 ##### Step 2: Creation of the multivariate model
761 #Multivariate model contains the relative fitness and standardized SMR and MASS
762 #as response variables, in addition to several fixed effects.
763 #Block_Day (B_S) is fitted for each variable.
764 #Male relative fitness is specificity fitted with number of females used (NbFemTot).
765 #SMR is specificity fitted with temperature (TEMP), flow rate (FRC) and locomotor activity
766 (ACT20, ACT20p).
767 MAL_MODEL<-asreml(cbind(ReIFit,SMRz,MASSz)~at(trait):B_S+
768 at(trait,1):NbFemTotz+

```

```

769 at(trait,2):ACT20z+at(trait,2):ACT20pz+at(trait,2):TEMPz+at(trait,2):FRCz,
770         residual=~units:us(trait),
771         na.action = na.method(y=c("include"),
772 x=c("include")),data=MAL_DATA)
773 summary(MAL_MODEL)
774 #Note: the residual variance in SMR and MASS are exactly 1
775
776 ##### Step 3: Extraction of covariances as selection differentials
777 MAL_Matrix<-matrix(NA, ncol=3, nrow=3)
778 MAL_Element<-summary(MAL_MODEL)$varcomp$component[2:7]
779 MAL_Matrix[upper.tri(MAL_Matrix, diag=T)==T]<- as.numeric (MAL_Element)
780 MAL_Matrix[lower.tri(MAL_Matrix)==T]<-t(MAL_Matrix[upper.tri(MAL_Matrix)==T])
781
782 ##### Step 4: Calculation of the selection gradients using equation 1
783 MAL_P  <-MAL_Matrix[-1,-1]
784 MAL_COV <-MAL_Matrix[1,2:3]
785 library(MASS)
786 MAL_BETA<-ginv(MAL_P)%*%MAL_COV
787
788
789 ##### NON-LINEAR SELECTION #####
790 #Non-linear selection is estimated using a multivariate model with:
791 #relative fitness(Relfit)
792 #standard metabolic rate (SMR)
793 #wet body mass (MASS)
794 #and the second order terms of SMR and MASS (quadratic terms):
795 #SMR^2^,
796 #MASS^2^

```

```

797 #SMR x MASS
798 #The non-linear selection gradients are the conditional covariances between
799 #the relative fitness and the second order terms according to equation 2,
800 #where  $P_2^{-1}$  is the inverse of the 5x5 phenotypic matrix between
801 # SMR, MASS,  $SMR^2$ ,  $MASS^2$ ,  $SMR \times MASS$  and the vector of covariances between
802 relative fitness and traits.
803  $\gamma = P_2^{-1} \text{Cov}(w, \text{traits})$ 
804 #To estimate non-linear selection, we follow a similar approach as linear selection.
805 # - Step 1: Creation of the second order variables
806 # - Step 2: Creation of the multivariate model
807 # - Step 3: Extraction of covariances estimates
808 # - Step 4: Calculation of the non- linear selection gradients
809
810 ##### Estimation of non-linear selection in MALES
811 ##### Step 1: Creation of the second order variables
812 #To integrate a larger multivariate model with the second order terms of SMR and MASS,
813 #we need to create new variables from the multiplication of SMR and MASS, each with
814 #itself and with each other, in addition to their independents variables.
815 MAL_DATA$SMRQ <-MAL_DATA$SMRz *MAL_DATA$SMRz
816 MAL_DATA$MASSQ <-MAL_DATA$MASSz *MAL_DATA$MASSz
817 MAL_DATA$INT <-MAL_DATA$MASSz *MAL_DATA$SMRz
818 ##
819 MAL_DATA$ACT20Q <-MAL_DATA$ACT20z *MAL_DATA$ACT20z
820 MAL_DATA$ACT20p.ACT20 <-MAL_DATA$ACT20pz *MAL_DATA$ACT20z
821 MAL_DATA$TEMP.ACT20 <-MAL_DATA$TEMPz *MAL_DATA$ACT20z
822 MAL_DATA$FRC.ACT20 <-MAL_DATA$FRCz *MAL_DATA$ACT20z
823 MAL_DATA$ACT20pQ <-MAL_DATA$ACT20pz *MAL_DATA$ACT20pz
824 MAL_DATA$TEMP.ACT20p <-MAL_DATA$TEMPz *MAL_DATA$ACT20pz

```

```

825 MAL_DATA$FRC.ACT20p <-MAL_DATA$FRCz *MAL_DATA$ACT20pz
826 MAL_DATA$TEMPQ <-MAL_DATA$TEMPz *MAL_DATA$TEMPz
827 MAL_DATA$FRC.TEMP <-MAL_DATA$FRCz *MAL_DATA$TEMPz
828 MAL_DATA$FRCQ <-MAL_DATA$FRCz *MAL_DATA$FRCz
829
830 ##### Step 2: Creation of the multivariate model
831 #the multivariate model contains the relative fitness and standardized SMR and MAss
832 #as response variables, in addition to several fixed effects. Block_Day (B_S) is
833 #fitted for each variable. Male relative fitness is corrected for number
834 #of females used (NbFemTot). SMR is corrected for temperature (TEMP),
835 #flow rate (FRC) and locomotor activity (ACT20, ACT20p). The second order terms
836 #need to be fitted with similar fixed effects in addition to all possible second
837 #order terms between different fixed effects
838
839 MAL_MODEL_Q<-asreml(cbind(RelFit,SMRz,MASSz,SMRQ,MASSQ,INT)~at(trait):B_S+
840 at(trait,1):NbFemTotz+
841 at(trait,2):ACT20z+at(trait,2):ACT20pz+at(trait,2):TEMPz+at(trait,2):FRCz+
842 at(trait,4):ACT20z+at(trait,4):ACT20pz+at(trait,4):TEMPz+at(trait,4):FRCz+at(trait,4):ACT20Q
843 +at(trait,4):ACT20p.ACT20+at(trait,4):TEMP.ACT20+at(trait,4):FRC.ACT20+at(trait,4):ACT2
844 0pQ+at(trait,4):TEMP.ACT20p+at(trait,4):FRC.ACT20p+at(trait,4):TEMPQ+at(trait,4):FRC.TE
845 MP+at(trait,4):FRCQ+at(trait,4):ACT20z:B_S+at(trait,4):ACT20pz:B_S+at(trait,4):TEMPz:B_S
846 +at(trait,4):FRCz:B_S+
847 at(trait,6):ACT20z+at(trait,6):ACT20pz+at(trait,6):TEMPz+at(trait,6):FRCz,
848 residual=~units:us(trait),
849 na.action = na.method(y=c("include"), x=c("include")),data=MAL_DATA)
850
851 summary(MAL_MODEL_Q)
852
853 ##### Step 3: Extraction of covariance estimates

```

```

854 MAL_MATRIX_Q<-matrix(NA,ncol=6,nrow=6)
855 MAL_Element_Q<-summary(MAL_MODEL_Q)$varcomp$component[2:22]
856 MAL_MATRIX_Q[upper.tri(MAL_MATRIX_Q, diag=T)==T]<-as.numeric(MAL_Element_Q)
857 MAL_MATRIX_Q[lower.tri(MAL_MATRIX_Q)==T]<-
858 t(MAL_MATRIX_Q)[lower.tri(MAL_MATRIX_Q)==T]
859 MAL_MATRIX_Q
860
861 ##### Step 4: Calculation of the non-linear selection gradients
862 MAL_P_Q <-MAL_MATRIX_Q[-1,-1]
863 MAL_COV_Q <-MAL_MATRIX_Q[1,2:6]
864 MAL_GAMMA <-ginv(MAL_P_Q)%*%MAL_COV_Q
865 MAL_GAMMA <-MAL_GAMMA*c(1,1,2,2,1)
866
867 #please contact us (see above) if you need more information about:
868 # the bootstrap method
869 # the likelihood ratio tests
870 # that we used in the paper (not provided here)
871

```