

**Supplementary material for:  
Gait asymmetry, and bilateral coordination of gait during a six-minute walk test in persons with multiple sclerosis**

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### **Supporting material for Secondary analysis on the effects of gait speed**

In the *Results* section we exemplified how Pearson correlation coefficients ( $r_p$ ) values were calculated (Fig. 3, body of article) to evaluate the intrinsic (within subject) relation between the examined variables (Stride CV, PCI and GA) and gait speed, as expressed by the distance covered. This was done for each subject for each variable based on six data points, calculated from the measured performance during each minute of the six minute walk test (6MWT).

Values of  $r_p$  were used to control for the intrinsic association between gait speed and each of the individual gait parameters (gait asymmetry (GA), stride CV and phase coordination index (PCI)) in order to study group effects on each gait parameter sampled during the 6MWT. To test whether there are group differences between the correlations ( $r_p$  values) between GA, PCI and CV and between distance covered (i.e., gait speed) among the three study cohorts, three ANOVA analyses were performed treating the correlations as a dependent factor and group as an independent factor. None of these analyses yielded a significant group effect, GA -  $F(2,89) = 1.9, p=.15$ , PCI -  $F(2,89) = 0.3, p=.70$ , CV -  $F(2,88) = 1.0, p=.34$ .

Herein we provide further information about the values of  $r_p$  seen for GA, stride CV and PCI.

For GA vs. distance covered within subject correlation, the mean value of  $r_p$  ( $\pm$  SD) was  $0.01 \pm 0.54$  (range:  $-0.97 - 0.91$ ). Forty five negative values were obtained, showing reduction in GA values (more symmetry) as distance covered (i.e., gait speed) increases, and 47 positive values, showing the opposite trend, were obtained. Binomial test suggests that this proportion division is not significant ( $p=0.458$ ). Out of the 45 negative trends, seven were statistically significant ( $r_p \leq -0.822$  ;  $p \leq 0.045$ ). Out of the 47 positive trends, five were statistically significant ( $r_p \geq 0.829$  ;  $p \leq 0.041$ ).

For stride CV vs. distance covered within subject correlation, the mean value of  $r_p$  ( $\pm$  SD) was  $-0.01 \pm 0.50$  (range:  $-0.90 - 0.90$ ). Forty nine negative values were obtained, showing reduction in stride CV values (greater gait rhythmicity) as distance covered (i.e., gait speed) increases, and 43 positive values, showing the opposite trend, were obtained. Binomial test suggests that this proportion division is not significant ( $p=0.301$ ). Out of the 49 negative trends, five were statistically significant ( $r_p \leq -0.842$  ;  $p \leq 0.035$ ). Out of the 43 positive trends, five were statistically significant ( $r_p \geq -0.853$  ;  $p \leq 0.031$ ).

For PCI vs. distance covered within subject correlation, the mean value of  $r_p$  ( $\pm$  SD) was  $-0.17 \pm 0.47$  (range:  $-0.93 - 0.84$ ). 61 negative values were obtained, showing reduction in PCI values (better coordination) as distance covered (i.e., gait speed) increases, and 31 positive values, showing the opposite trend, were obtained. Binomial test suggests that this proportion division is statistically significant ( $p=.0012$ ). Out of the 61 negative trends 10 were statistically significant ( $r_p \leq -0.821$  ;  $p \leq 0.045$ ), but only one positive trend was statistically significant ( $r_p = 0.841$  ;  $p = 0.036$ ).

Since each individual may have different values range (compare green triangles with red circles in figure 3 in the body of the article), and in order to combine cross subjects data we transformed data points to Z-scores values according to the formula:

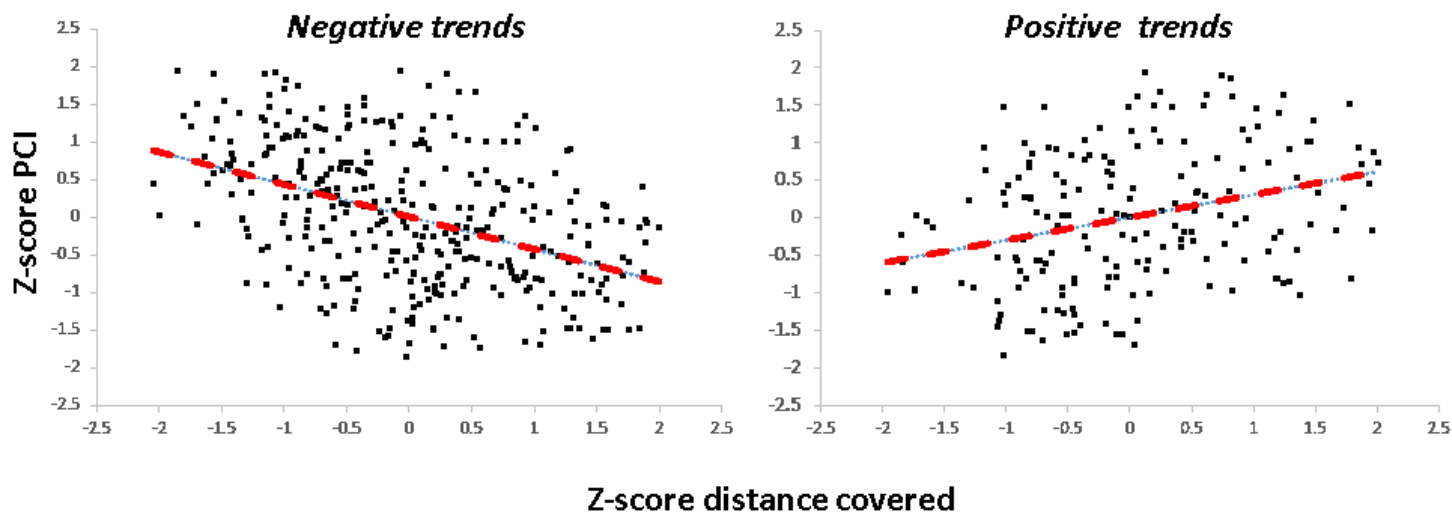
$$(1) Z = (x-\mu)/\sigma$$

where  $x$  is the data point value (six data points), and  $\mu$  and  $\sigma$  are the mean and the standard deviation for the parameter (calculated for each subject separately).

The transformation was performed separately for each participant, for the distance covered and for stride CV, GA and PCI based on each individual's  $\mu$  and  $\sigma$  values. Figure S-1 depicts the combined data set of PCI

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Z-scores values plotted against distance covered Z-scores values. Positive trends and negative trends (see above) are plotted separately.



**Figure 1-s:** **Left Panel:** Z-scores of PCI are plotted against Z-scores of distance covered based on 61 data sets of 6 points each, lumped together from all individual negative trends showing better coordination (lower PCI values) with the higher gait speeds. **Right panel:** Z-scores of PCI are plotted against Z-scores of distance covered based on 31 data sets of 6 points each, lumped together from all individual positive trends showing worse coordination (higher PCI values) with the higher gait speeds. Trend lines represent statically significant weak ( $r=-0.35$  and  $r= 0.31$  negative and positive trends, respectively;  $p<0.0001$ ).

While six data points are not sufficient to statistically power correlation analyses transformation of the data allows combining the data in order to reveal intrinsic trends of association between gait parameters and gait speed, as we detail here from the PCI parameter.