

LETTER TO THE EDITOR

Novel coronavirus (SARS-CoV-2) infection in a patient with multivisceral transplant

To the Editor,

Coronavirus disease 2019 (COVID-19) pandemic has become one of the most challenging episodes in the history of modern public health, with particular emphasis in high-risk population.¹ However, the evidence regarding their response to the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), the agent responsible for COVID-19 is scant.² Herein, we present the clinical and therapeutic course of a SARS-CoV-2 infection in a patient with multivisceral transplant and a recent tuberculosis infection.

A 31-year-old male that on March 2003 was diagnosed with volvulus and required an extensive intestinal resection. On June 2006, he received an isolated intestinal graft. At the age of 29, he was diagnosed with chronic rejection, and 4 months later (July 2018), he received a multivisceral transplant. On December 2018, patient was diagnosed with disseminated tuberculosis and quadruple antibiotic therapy was initiated. During 2019, he required occasional hospital admissions to manage the multifactorial respiratory problems.

Patient's history of SARS-CoV-2 infection is summarized in Figure 1. On March 9 (day -12), patient went to the outpatient clinic with mild fever, cough, runny nose, and diarrhea. Notable laboratory results are shown in Table 1. Pharyngeal adenovirus infection was diagnosed, with C-reactive-protein (CRP) and white blood cells (WBC) above normal range. On March 13, abdominal pain got worse and blood in stool appeared; therefore, he was admitted for hospital monitoring. Vital signs were between normal ranges during the whole hospitalization period. RT-PCR testing was negative for both adenovirus (pharyngeal smear and peripheral blood) and SARS-CoV-2 (nasopharyngeal swab). As seen in the previous laboratory test, WBC, platelets, and CRP values were above normal range.

On day -6, thorax-Rx showed residual right pleural effusion, similar to previous study (March 2019). No signs compatible with COVID-19 lung infection were observed. Considering that patient still presented moderate abdominal pain and diarrhea, an abdominal ultrasound test was performed, revealing ileitis and adenitis.

Considering COVID-19 epidemiological environment and patient health status on March 24 (Day 0), a nasopharyngeal sample was taken and patient was discharged from hospital. Nevertheless, SARS-CoV-2 RT-PCR came back positive (Day 1). Hydroxychloroquine treatment was empirically started at that moment, and home monitoring with consulting every 2-3 days was recommended. Along home isolation period, no respiratory symptoms were reported. Laboratory test results of days 4, 7, and 11 showed WBC above

normal range but normal lymphocytes count. Although elevated compared to reference values, CRP was notably lower than before COVID-19 diagnosis.

Platelet count and D-dimer values were also above normal range during days 4-11. Nonetheless, derived fibrinogen, prothrombin, and cephalin time remain between normal range during that time lapse. It is important to emphasize that patient was already receiving anticoagulant prophylaxis with bemparin due to chronic central vein thrombosis and because he was carrier of a central catheter. Renal function presented elevated levels of blood urea nitrogen (BUN) and lactate dehydrogenase (LDH) during the COVID-19 episode. However, estimated glomerular filtration rate and serum creatinine were in normal range. Both aspartate aminotransferase (AST) and alanine aminotransferase (ALT) were already above normal values during the days -12/-5 and remain elevated at Day 11. Ferritin levels were between normal range, but 10 times higher compare to values of Day -12. At days 34 and 45, patient had two negative SARS-CoV-2 RT-PCR. Interestingly, we could not detect specific IgG/IgM antibodies against SARS-CoV-2 in serum after recovery (Anti-S glycoprotein ELISA determination) nor virus specific CD4⁺/CD8⁺ T cells (IFN- γ production after in vitro stimulation with SARS-CoV-2 peptides-flow cytometry determination). Patient was under tacrolimus administration along this episode, and despite physiological variations, blood levels remain between the desired range of 6-8 ng/mL (Table 1).

In this multivisceral transplant recipient with SARS-CoV-2 infection, gastrointestinal manifestations could be related to the altered immunological status of the graft and should be taken into consideration in further cases.³ Whether the favorable outcome was due to patient low risk because of his age, hydroxychloroquine, anticoagulant, or immunosuppressant treatment (or a combination of all those factors) cannot be concluded.^{4,5} However, central role of SARS-CoV-2 early detection and treatment cannot be ruled out. Of note, the immunosuppressive regime used was higher than in other solid organ transplants and was not suspended nor diminished during COVID-19 episode.⁶ This fact could influence the patient T and B unresponsiveness against the virus; nevertheless, he achieved infection resolution without severe respiratory symptoms. More experience needs to be accumulated in order to conclude whether transplanted patients represent or not a group of risk for SARS-CoV-2 infection and determine the best way to handle immunosuppression treatment.

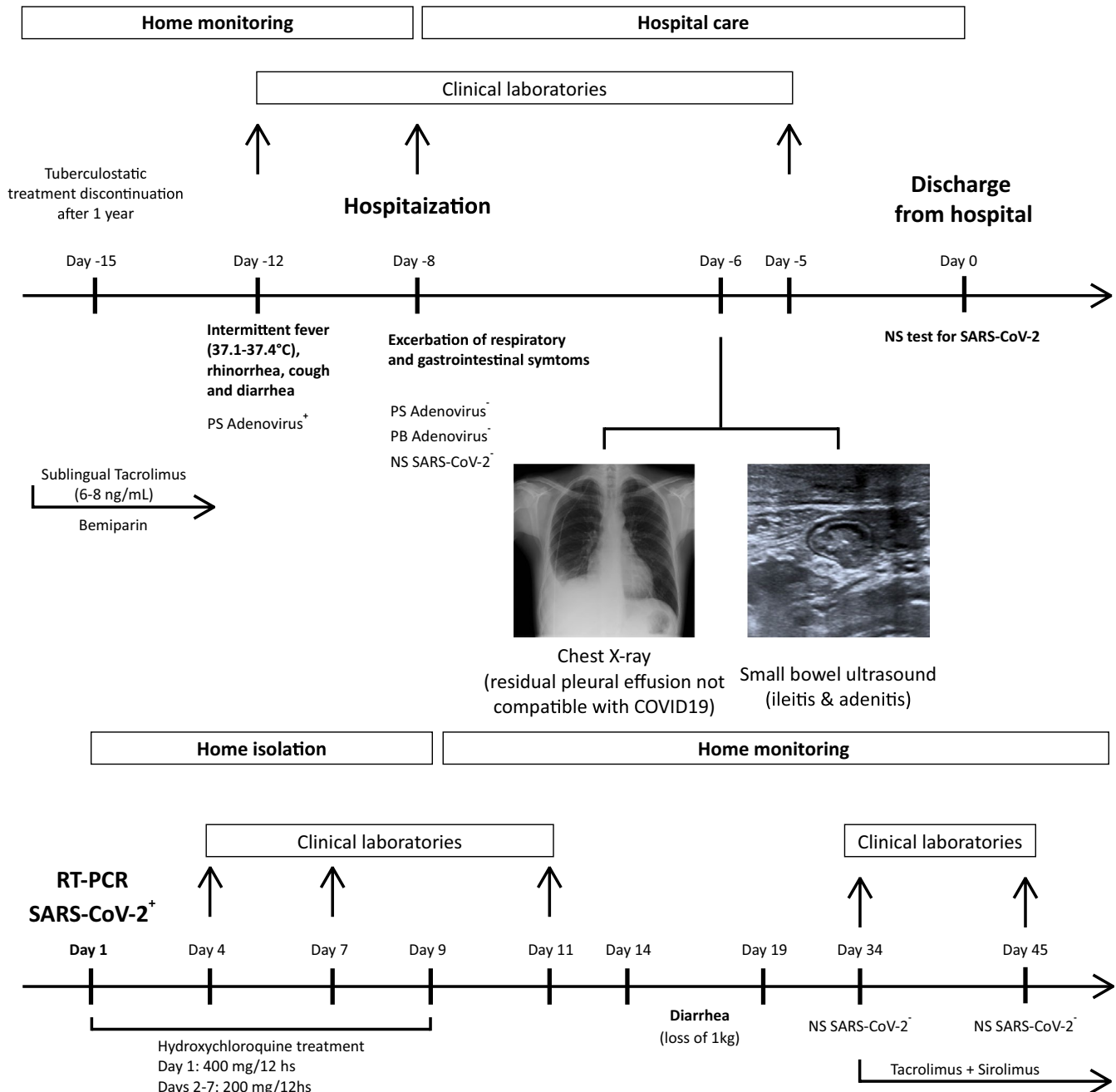


FIGURE 1 COVID-19 episode timeline. Notable events from 12 days before COVID-19 diagnosis and until 45 days after that moment are shown. Pharmacological treatments, patient symptoms, days on which laboratory samples were taken, imaging findings, and time of hospitalization are depicted. Abbreviations: PS, pharyngeal smear; PB peripheral blood; NS, nasopharyngeal swab; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; RT-PCR, reverse transcription polymerase chain reaction

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CONFLICT OF INTEREST

The authors have no conflict of interests to disclose.

AUTHOR CONTRIBUTIONS

Papa-Gobbi, Rodrigo; Talayero, Paloma; Stringa, Pablo; and Rumbo, Martín involved in manuscript preparation. Papa-Gobbi, Rodrigo involved in figures preparation. Pascual-Miguel, Bárbara involved in flow cytometry analysis of SARS-CoV-2-specific T cells. Papa-Gobbi, Rodrigo; Alcolea-Sánchez, Alida; and González-Sacristan, Rocío involved in clinical data collection. Bueno, Alba; Serradilla, Javier; Andrés, Ane; and López-Santamaría, Manuel


TABLE 1 Clinical laboratory results

Variable	Reference range	SARS-CoV-2 ⁻			SARS-CoV-2 ⁺				SARS-CoV-2 ⁻	
		Day -12	Day -8	Day -5	Day 1	Day 4	Day 7	Day 11	Day 34	Day 45
SARS-CoV-2			(-)		(+)				(-)	(-)
Adenovirus		(+)	(-)							
Virus/Bacteria/Parasites		(-)	(-)							
Albumin (g/dL)	2.9-5.2	4.3	4.4	4				4.5	4.8	
CRP (mg/mL)	0-5	35.1	23.2	9.6		5.8	5.8	6.6	7.2	19.5
AST (U/L)	<40	56	44	43				42	46	
ALT (U/L)	<35	75	64	67				80	94	
Ferritin (ng/mL)	22-322	24						248	169	157
eGFR (mL/min/1.73m ²)	>75	>90	>90	85		>90	>90	>90	88	
BUN (mg/dL)	11-49	57	38	35				62	80	
SCr (mg/dL)	0.7-1.3	0.98	0.85			1.01	1.03	1.07	1.11	
LDH (U/L)	100-190					253	213	232		269
Prothrombin time (s)		11.9	12.7			12.5	11.9	11.9	11.5	
Derived fibrinogen (mg/dL)	150-450	397	352			319	344	321	253	
Cephalin time (s)		28.9	24.8			25.4	27.9	27.7	28.4	
D-dimer (ng/mL)	0-500					2114	1803	1844	1440	2150
WBC (x10 ³ /uL)	3.9-10.2	11.36	11.41	10.41		12.41	11.05	12.38	9.42	9.0
Neutrophils (x10 ³ /uL)	1.5-7.70	5.67	6.02	5.3		5.6	4.7	5	4.08	4.19
Lymphocytes (x10 ³ /uL)	1.1-4.5	1.91	1.71	1.47		2.54	2.19	2.85	2.33	1.82
Monocytes (x10 ³ /uL)	0.10-0.9	0.98	1	1.08		1.22	0.97	1.31	0.96	0.72
Eosinophils (x10 ³ /uL)	0.02-0.65	2.48	2.37	2.29		2.68	2.88	2.86	1.8	2.12
Platelets (x10 ³ /uL)	150-370	451	460	486		477	500	480	393	297
Total IgG (mg/dL)	725-1900									1890
IgG SARS-CoV-2										(-)
Total IgM (mg/dL)	45-280									52
IgM SARS-CoV-2										(-)
C3 (mg/dL)	75-135									131
C4 (mg/dL)	14-60									27.80
CD4 ⁺ SARS-CoV-2										(-)
CD8 ⁺ SARS-CoV-2										(-)
Tacrolimus (ng/mL)	6-8	4.3	13.9	9.3		3.2	7.2	7.6	7.5	8.6
Sirolimus (ng/mL)	6-8									10.3

Note:: Values unbold were above reference range. Flow cytometry experiments: lymphocytes were gated according to their forward and side characteristics. CD4 and CD8 cells were previously defined as CD3⁺CD45RA⁷AAAD⁷.

Abbreviations: ALT, alanine aminotransferase; AST, aspartate aminotransferase; BUN, blood urea nitrogen; CRP, C-reactive protein; eGFR, estimated glomerular filtration rate (based on CKD-EPI creatinine); LDH, lactate dehydrogenase; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; Scr, serum creatinine; WBC, white blood cells.

involved in surgical data collection. Ramos-Boluda, Esther and Hernández-Oliveros, Francisco involved in study supervision.

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