



Role of inosine triphosphate pyrophosphatase gene variant on fever incidence during zidovudine antiretroviral therapy

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ABSTRACT. Zidovudine, the antiretroviral drug used to treat HIV infection, commonly causes adverse effects, such as systemic fever and gastrointestinal alterations. In the present study, the potential role of inosine triphosphate pyrophosphatase (*ITPA*) gene variant on the incidence of adverse events during antiretroviral therapy (ART) of HIV with zidovudine was discussed. Individuals from Northeastern Brazil (N = 204) receiving treatment for HIV-1 infection were recruited. Zidovudine-related adverse effects developed during the treatment were registered. The rs1127354 polymorphism in the *ITPA* gene was

genotyped using real-time PCR to assess whether this single nucleotide polymorphism was associated with the occurrence of zidovudine-related adverse effects. We observed a significant association between the *ITPA* variant genotype and the reported systemic fever (odds ratio = 7.17, 95% confidence interval = 1.19-43.15; $P = 0.032$). Zidovudine use could indirectly lead to an increase in the levels of inosine monophosphate in an antimetabolite-like manner, which is converted to inosine triphosphate (ITP). The rs1127354 variant caused a decrease in *ITPA* activity, thereby leading to ITP accumulation. This in turn resulted in cytotoxicity, which was manifested by neutropenia and fever. Therefore, we hypothesized a pharmacogenetic model involving the *ITPA* variant genotype in multifactorial components that act together to determine the onset of zidovudine-related adverse effects.

Key words: Antiretroviral; Adverse effect; AZT; *ITPA*

INTRODUCTION

The introduction of antiretroviral therapy (ART) in clinical practice significantly reduced the number of deaths due to human immunodeficiency virus type 1 (HIV-1) infection, which is the etiological agent of acquired immunodeficiency syndrome (AIDS). Current ART regimens consist of a combination of three antiretroviral drugs that target HIV-1 proteins, hampering the viral life-cycle completion (Cressey Lallemand, 2007). Azidothymidine (AZT), also known as zidovudine, was the first antiretroviral drug developed in the early years of the HIV-1 pandemics. AZT is a nucleoside analog reverse transcriptase inhibitor (NRTI), a class of molecules that blocks the synthesis of viral genetic material by inhibiting the DNA chain growth (Alves et al., 2012). AZT is still commonly used in first-line ART regimens in Brazil, as it is a relatively cheap and effective drug directly produced in Brazil. It is used in combination with another NRTI (the two NRTIs being the “backbone” of the ART regimens) and a third drug, such as a protease inhibitor (Ministério da Saúde, 2010).

ART is a lifelong commitment; therefore, it is sometimes associated with adverse drug reactions, which can be mild and temporary or very severe and life threatening. NRTIs may cause metabolic defects, such as dyslipidemia and lipodystrophy (Montessori et al., 2004). Some reports showed that AZT use is associated with systemic (such as fever) and gastrointestinal adverse effects (Jacobson et al., 1989; Vella et al., 1994).

Since AZT is a nucleoside analog, we hypothesized that it may interfere with the intracellular nucleoside/nucleotide biosynthesis pathways, similar to the mode of action of antimetabolite drugs, such as mercaptopurine and methotrexate, which interfere with purine metabolism (Marinaki et al., 2004).

Studies on the pharmacogenetics of nucleoside purine analogs (Mira et al., 2007; Fellay et al., 2010; Stocco et al., 2010) led to the hypothesis that inosine triphosphate pyrophosphatase (*ITPA*) could play an indirect role on AZT metabolism, possibly influencing the occurrence of adverse effects related to the drug.

ITPA is a housekeeping enzyme that dephosphorylates inosine triphosphate (ITP) and deoxy-ITP, converting them to monophosphate forms. This may be related to the protection

of genome integrity, because the incorporation of inosine during nucleic acid synthesis may cause errors (von Ahsen et al., 2008).

A relatively common missense variant of the ITPA gene (*ITPA*), a single nucleotide polymorphism (SNP), which was identified as rs1127354 (94 C>A, Pro32Thr), is known to abolish the gene function. This missense SNP in heterozygotes was associated with the reduction in erythrocyte enzyme activity to approximately 25%, while no enzyme activity was detected in A/A homozygotes (Maeda et al., 2005). This trait is benign, but has already been described as a risk factor for the occurrence of adverse effects during antimetabolite therapy (Marinaki et al., 2004).

The discovery of novel genetic markers associated with ART response together with other markers associated with immune response against HIV-1 infection (Samie et al., 2014; Said et al., 2016) helped in the optimization of current regimens and improvement of the quality of life in patients sustaining lifelong ART treatment. In this study, we evaluated whether the *ITPA* rs1127354 polymorphism was associated with the occurrence of adverse effects of ART regimens containing AZT in HIV-1-positive patients from Northeast Brazil.

MATERIAL AND METHODS

We enrolled 204 patients from the metropolitan region of Recife (Northeast Brazil), at Instituto de Medicina Integral Professor Fernando Figueira (IMIP) for a genetic association, retrospective case-control study between May 2011 and August 2012. For inclusion in the study, each patient had to be between 18 and 50 years of age on the ART start date. In addition, patients should have been receiving ART (AZT-containing regimens) for at least 1 year with good treatment compliance, had no history of illegal drug abuse, and had no chronic diseases other than HIV-1 infection [no human T-lymphotropic virus type 1, hepatitis B or hepatitis C co-infections or autoimmune diseases, such as diabetes or systemic lupus erythematosus]. Each patient provided written consent for participation in the study and for the collection of blood samples for posterior genomic DNA extraction. They were invited and interviewed by the physicians/researchers. The IMIP Research Ethics Committee approved the study (protocol No. 2273-11).

Each patient answered a questionnaire, which was used to record the gender, age (in years) and body mass (in kg) on the ART start date. In addition, the therapy adherence status [indirectly measured through medication possession ratio of the first year of the therapy as proposed by Fairman and Matheral (2000)], and self-reported race: as “white”, “black” and “pardo” (multiracial) following (Coelho et al., 2015) the stratification rationale were also recorded. The outcome was the occurrence of any adverse effect ascribed to the use of AZT by the patient’s physician. The patients received standard AZT + lamivudine (3TC) regimens (300 + 150 mg combination pill, twice daily).

The *ITPA* rs1127354 polymorphism was genotyped using a TaqMan assay (C_27465000_10) following the manufacturer instructions in an Applied Biosystems 7500 Real-Time PCR System (Life Technologies, formerly Applied Biosystems, Foster City, CA, USA) through allele-specific fluorescence signal discrimination. Following allele assignment for each patient, the allele and genotype frequencies were determined by simple counting. The adherence to Hardy-Weinberg equilibrium was assessed using the χ^2 test. Polymorphism genotypes were considered as the primary predictors for the occurrence of adverse effects, and the remaining variables described above were considered as possible confounders. Therefore, they were included on a logistic regression model to assess whether the SNP had any influence

on the outcome. In other words, the model assessed whether the SNP was associated with the development of AZT-related adverse effects when controlled for the patients' characteristics. The odds ratios (OR) and their respective 95% confidence intervals (CI) were calculated.

All statistical analyses were performed using logistic regression through R software version 3.0.1 (R Core Team, 2013).

RESULTS

The sample consisted of 151 (74.0%) women and 53 (26%) men, with a median age of 34 years and an interquartile range 30-40 on the ART start date. The majority of the patients reported being afro-descendants (80.9%). The demographic characteristics of the patients and the adverse events developed during the first year of ART are summarized in Table 1.

Table 1. Demographic characteristics of the enrolled HIV patients receiving AZT + 3TC backbone regimens.

Characteristic	Patients (N = 204)
Gender (% women)	74.0
Race (% afro-descendant)	80.9
Body mass (kg), median (IQR)	60.2 (53.9-68.2)
Age (years old), median (IQR)	34 (30-40)
Prevalence of adverse effects (%)	
Anemia	10.3
Dyslipidemia	7.4
Fever	2.9
Gastrointestinal toxicity	25.5
Headache	10.3
Hepatotoxicity	3.4
Neurotoxicity	23.0
Cutaneous rash	16.2

AZT = zidovudine; 3TC = lamivudine; IQR = interquartile range.

Some AZT-related adverse effects were reported in the first year of ART in these patients. For example, the two most common adverse effects were gastrointestinal toxicity (reported in 25.5% of the patients in the sample) and neurotoxicity (23.0%), followed by cutaneous rash (16.2%), anemia and headaches (both 10.3%), dyslipidemia (7.4%), hepatotoxicity (3.4%) and fever (2.9%). The prevalence of each of the reported AZT-related adverse effects is also presented in Table 1.

Genotyping was successful in 190 patients. The frequency of the variant genotype (C/A) was 7.4%. The genotype counts were in accordance with the Hardy-Weinberg equilibrium. No A/A homozygous patients were found in our sample.

After the confounding factors (gender, age, and self-reported race) were included on a logistic regression model and adjusted, it was observed that the *ITPA* variant allele was associated with the occurrence of fever, but not with other adverse effects. We observed a higher frequency of *ITPA* variant genotype in patients reported with fever after AZT treatment when compared to patients with no fever reported (33.3 vs 6.5%, respectively; OR = 7.17, 95%CI = 1.19-43.15; P = 0.032). The allele and genotype counts as well as the genetic association test results with all the reported adverse effects (logistic regression modeling) are summarized in Table 2.

Table 2. Genetic association tests through logistic regression modeling to determine the influence of *ITPA* rs1127354 (94 C>A, Pro32Thr) variant over the occurrence of zidovudine-related (AZT) adverse effects.

Allele and genotype counts according to adverse effects	Cases N (%)	Controls N (%)	Logistic regression OR (95%CI)	P value
Anemia				
A	2 (5.3)	12 (3.5)		
C	36 (94.7)	330 (96.5)		
C/A	2 (10.5)	12 (7.0)	1.56 (0.32-7.56)	0.58
C/C	17 (89.5)	159 (93.0)	Reference	
Dyslipidemia				
A	0 (0.0)	14 (4.0)		
C	28 (100.0)	338 (96.0)		
C/A	0 (0.0)	14 (8.0)	Not calculated	0.99
C/C	14 (100.0)	162 (92.0)	Reference	
Fever				
A	2 (16.7)	12 (3.3)		
C	10 (83.3)	356 (96.7)		
C/A	2 (33.3)	12 (6.5)	7.17 (1.19-43.15)	0.032
C/C	4 (66.7)	172 (93.5)	Reference	
Gastrointestinal toxicity				
A	5 (5.2)	9 (3.2)		
C	91 (94.8)	275 (96.8)		
C/A	5 (10.4)	9 (6.3)	1.72 (0.55-5.41)	0.36
C/C	43 (89.6)	133 (93.7)	Reference	
Headache				
A	2 (5.3)	12 (3.5)		
C	36 (94.7)	330 (96.5)		
C/A	2 (10.5)	12 (7.0)	1.56 (0.32-7.56)	0.58
C/C	17 (89.5)	159 (93.0)	Reference	
Hepatotoxicity				
A	0 (0.0)	14 (3.8)		
C	14 (100.0)	352 (96.2)		
C/A	0 (0.0)	14 (7.7)	Not calculated	0.99
C/C	7 (100.0)	169 (92.3)	Reference	
Neurotoxicity				
A	4 (4.3)	10 (3.5)		
C	88 (95.7)	278 (96.5)		
C/A	4 (8.7)	10 (6.9)	1.28 (0.38-4.28)	0.69
C/C	42 (91.3)	134 (93.1)	Reference	
Cutaneous rash				
A	3 (5.4)	11 (3.4)		
C	53 (94.6)	313 (96.6)		
C/A	3 (10.7)	11 (6.8)	1.64 (0.43-6.32)	0.47
C/C	25 (89.3)	151 (93.2)	Reference	

OR = odds ratio; CI = confidence interval.

DISCUSSION

The findings of this study led us to hypothesize a model to explain the mechanism by which *ITPA* modulates the occurrence of adverse effects during AZT therapy (Figure 1). To exert an antiretroviral effect, AZT must be phosphorylated to the AZT-triphosphate form (Peter and Gambertoglio, 1998). However, AZT-monophosphate is both a substrate and an inhibitor of thymidylate kinase (DTYMK), the enzyme that produces AZT-diphosphate (Furman et al., 1986). This inhibition would decrease the deoxythymidine triphosphate (dTTP) pool, since DTYMK is also involved in the phosphorylation of thymidine nucleotides.

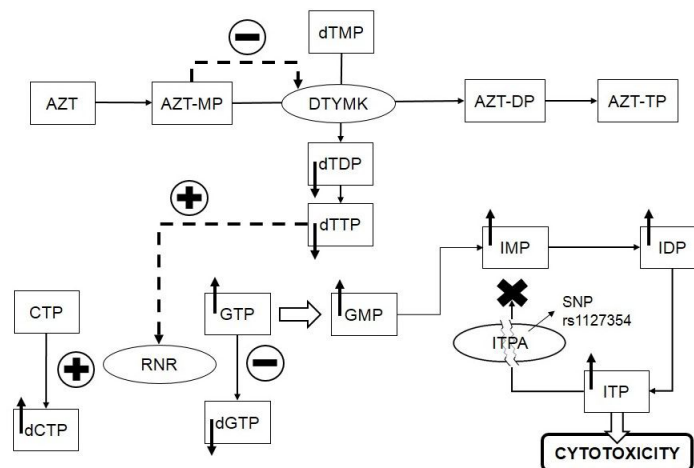


Figure 1. Relation between missense rs1127354 variant (94 C>A, Pro32Thr) on the inosine triphosphatase (ITPA) and zidovudine (AZT) adverse effects in an antimetabolite-like manner. AZT undergoes sequential steps of phosphorylation, generating AZT mono- (AZT-MP), di- (AZT-DP) and triphosphate (AZT-TP). AZT-MP is both a substrate and inhibitor of thymidylate kinase (DTYMK), interfering with phosphorylation of deoxythymidine monophosphate (dTMP) to diphosphate and triphosphate forms (dTDP and dTTP). The reduction of dTTP pools stimulates the ribonucleotide reductase (RNR) to shift from production of deoxyguanosine triphosphate (dGTP) to deoxycytidine (dCTP) triphosphate instead. Consequently, guanosine nucleotide levels would rise, leading to higher synthesis of inosine monophosphate (IMP). Thus, inosine triphosphate levels (ITP) levels would also increase due to IMP phosphorylation. However, as the ITPA activity is compromised by the missense allele, ITP would not be converted to IMP, accumulating in cells, causing cytotoxicity, manifested as neutropenic fever. Some enzymes were omitted in the depiction for simplicity.

The decrease in dTTP quantity would stimulate (by allosteric regulation) the ribonucleotide reductase enzyme to shift to the synthesis of deoxycytidine diphosphate (dCDP) instead of deoxyguanosine diphosphate (Frick et al., 1988). This would lead to two consequences, as previously reported in the cells exposed to prolonged dosages of AZT *in vitro*: 1) the dCDP and consequently dCTP pools would increase, finally leading to a higher uridine production via pyrimidine salvage pathway and 2) an imbalance of guanosine nucleotides, leading to GTP and GMP accumulation. Higher GMP quantities would result in higher levels of inosine monophosphate (IMP) via GMP reductase. The IMP pools are then converted to hypoxanthine (Agarwal et al., 1995).

Thus, AZT use would indirectly lead to increase in IMP levels in an antimetabolite-like manner, which may be converted to ITP. Since the ITPA activity is diminished owing to the rs1127354 variant in some people, the ITP levels would accumulate leading to cytotoxicity (Stocco et al., 2010), which is manifested by neutropenia and fever (Stocco et al., 2009). The occurrence of fever could be explained by an undiagnosed mild infection during the course of ART treatment, a phenomenon already described during cancer chemotherapy (Bow, 2013). This new model for analyzing the mechanism by which AZT disturbs the nucleotide pools and how ITPA variants modulate the risk for AZT-related adverse effects needs further validation by *in vitro* and clinical studies.

Being retrospective, our study has many limitations. Therefore, we proposed a novel possible marker (*ITPA* variant genotype) in the multifactorial pharmacogenetic components that act together, to determine the onset of AZT adverse effects.

Conflicts of interest

The authors declare no conflict of interest.

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