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Assessing Fitness for Military Enlistment, Physical, Medical, and Mental Health Standards

Clark, Noreen M.; Eitelberg, Mark J.; Hansen, Barbara C.;
Hogan, Paul F.; Marras, William S.; Marshall, Stephen W.;
Pate, Russell R.; Rapmund, Garrison; Schwenk, Thomas
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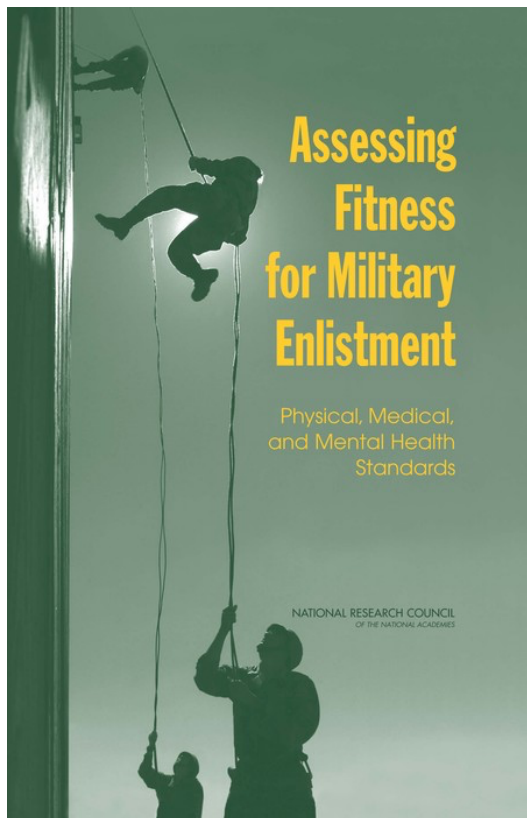
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Assessing Fitness for Military Enlistment

Physical, Medical, and Mental Health Standards (2006)

<https://www.nap.edu/catalog/11511/assessing-fitness-for-military-enlistment-physical-medical-and-mental-health>



Assessing Fitness for Military Enlistment examines the current physical, medical, and mental health standards for military enlistment in light of (1) trends in the physical condition of the youth population; (2) medical advances for treating certain conditions, as well as knowledge of the typical course of chronic conditions as young people reach adulthood; (3) the role of basic training in physical conditioning; (4) the physical demands and working conditions of various jobs in today's military

services; and (5) the measures that are used by the Services to characterize an individual's physical condition. The focus is on the enlistment of 18- to 24-year-olds and their first term of service.

COMMITTEE ON THE YOUTH POPULATION AND MILITARY RECRUITMENT: PHYSICAL, MEDICAL, AND MENTAL HEALTH STANDARDS

PAUL R. SACKETT (*Chair*),

Department of Psychology, University of Minnesota, Twin Cities

DAVID J. ARMOR,

School of Public Policy, George Mason University

NOREEN M. CLARK,

School of Public Health, University of Michigan, Ann Arbor

MARK J. EITELBERG,

Graduate School of Business and Public Policy, Naval Postgraduate School

BARBARA C. HANSEN,

Obesity, Diabetes and Aging Research Center at the College of Medicine of the University of South Florida, Tampa

PAUL F. HOGAN,

The Lewin Group Inc., Falls Church, VA

WILLIAM S. MARRAS,

Institute for Ergonomics, Ohio State University

STEPHEN W. MARSHALL,

Department of Epidemiology and Orthopedics, University of North Carolina, Chapel Hill

RUSSELL R. PATE,

Department of Exercise Science, University of South Carolina, Columbia

GARRISON RAPMUND,

Krasnow Institute for Advanced Study, George Mason University

THOMAS L. SCHWENK,

Department of Family Medicine, University of Michigan, Ann Arbor

WILLIAM J. STRICKLAND,

HumRRO, Alexandria, VA

STEPHEN B. THOMAS,

Center for Minority Health and Graduate School of Public Health, University of Pittsburgh

KAREN D. WAGNER,

Department of Psychiatry and Behavioral Sciences, University of Texas, Galveston

ANNE S. MAVOR, *Study Director*

WENDY E. KEENAN, *Senior Project Assistant*