1 Metal and metalloid exposure and oxidative status in free-

2 living individuals of Myotis daubentonii

Sandra R. Ruiz^{a*}, Tapio Eeva^a, Mirella Kanerva^a, Anna Blomberg^a and Thomas M. Lilley^{b, c} ^a Department of Biology, University of Turku, 20014 Turku, Finland ^b Institute of Integrative Biology, University of Liverpool, Liverpool, UK ^c Finnish Museum of Natural History, University of Helsinki, Helsinki, Finland *Corresponding author: srruiz@utu.fi

Abstract

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Metal elements, ubiquitous in the environment, can cause negative effects in long-lived organisms even after low but prolonged exposure. Insectivorous bats living near metal emission sources can be vulnerable to such contaminants. Although it is known that bats can bioaccumulate metals, little information exists on the effects of metal elements on their physiological status. For example, oxidative status markers are known to vary after detoxification processes and immune reactions. Here, for two consecutive summers, we sampled individuals from a natural population of the insectivorous bat, Myotis daubentonii, inhabiting a site close to a metal emission source. We quantified metals and metalloids (As, Ca, Cd, Co, Cu, Mn, Ni, Pb, Se, Zn) from individual fecal pellets. We measured enzymatic antioxidants (GP, CAT, SOD), total glutathione (tGSH) and ratio between reduced and oxidized glutathione (GSH:GSSG) from their red blood cells together with biometrics, hematocrit and parasite prevalence. In general, metal concentrations in feces of M. daubentonii reflected the exposure to ambient contamination. This was especially evident in the higher concentrations of Cd, Co, Cu and Ni close to a smelter compared to a site with less contaminant exposure. Annual differences were also observed for most elements quantified. Sex-specific differences were observed for calcium and zinc excretion. SOD and CAT enzymatic activities were associated with metal levels (principal components of six metal elements), suggesting early signs of chronic stress in bats. The study also shows promise for the use of non-invasive sampling to assess the metal exposure on an individual basis and metal contamination in the environment.

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1. Introduction

Bats are vulnerable to the exposure of various environmental pollutants, including organic contaminants and heavy metals (Walker et al. 2007, Naidoo et al. 2013, Bayat et al. 2014, Zukal et al. 2015). The longevity (Salmon et al. 2009, Munshi-South and Wilkinson 2010) and high trophic position of bats increases the likelihood of bioaccumulating pollutants in their tissues (Senthilkumar et al. 2001, Wada et al. 2010, Zukal et al. 2015). Population-level adverse effects associated with sustained contaminant exposure have been found (Gerell and Lundberg 1993), while individual cases of metal and pesticide poisoning have been anecdotically reported (Zook et al. 1970, Sutton and Wilson 1983, Skerratt et al. 1998). Metal-related effects in bats can be genotoxic (Zocche et al. 2010, Karouna-Renier et al. 2014, Naidoo et al. 2015), neurologic (Nam et al. 2012) and immunological (Pilosof et al. 2014), all generally linked to a continued chronic exposure.

Metal elements occur naturally in the environment (Tchounwou et al. 2012). However, anthropogenic activities including industrial (mining, smelting), agricultural (pesticide and fertilizer application), domestic (lead-based paint and leaded-gasoline exhaust) and technological applications have contributed to the increment and spread of metals in various terrestrial and aquatic ecosystems (Hoffman et al. 2003). Particularly, industrial activities emit a combination of metals into the atmosphere, which end up deposited into soil and living matters such as plants and soil-dwelling invertebrates. Thus, metals also enter the food chain, e.g. through invertebrate diet items consumed by higher-trophic positioned animals (Park et al. 2009, Lilley et al. 2012, Méndez-Rodríguez and Alvarez-Castañeda 2016).

Long-term toxicant exposure can cause immune system disturbances, antioxidant depletion and DNA damage (Zocche et al. 2010, Lilley et al. 2013, Stauffer et al. 2017). Heavy metals can modulate immunological responses, for example impairing phagocytic activity of the exposed individual (Boyd 2010). One of the proposed mechanisms of metal toxicity is via oxidative stress (Valko et al. 2005, Regoli et al. 2011), which is the imbalance between antioxidants and oxygen radicals. Oxidative stress as a response to metal related toxicity has been described for wildlife (Regoli et al. 2011, Costantini et al. 2014). In bats, oxidative status markers have been analysed in relation to immune challenge (Schneeberger et al. 2013), but studies investigating the effects of environmental pollutants in relation to oxidative status are more scarce (Lilley et al. 2013). The combination of industrial disturbance, habitat destruction

and parasite presence can result in physiological stress (Gerell and Lundberg 1993, Kannan et al. 2010). One of the host responses to parasite infestation may be an excessive production of oxygen radicals by phagocytic cells, also referred to as oxidative burst (Costantini 2014).

Here, we measure oxidative status of free-living insectivorous bats exposed to industrial metal pollution. We studied Daubenton's bat (Myotis daubentonii) individuals from geographically separated natural populations, one of which roosted and forage close to a source of metal emissions i.e. a Copper (Cu) – Nickel (Ni) smelter and other individuals at a less contaminated site. In bats, studies linking toxicant challenge to physiological alterations unfortunately have mostly required destructive sampling, since internal organs have been used to determine metal concentrations. Here, we collected individual bat fresh fecal pellets to quantify the following elements: Arsenic (As), Calcium (Ca), Cadmium (Cd), Cobalt (Co), Cu, Manganese (Mn), Lead (Pb), Ni, Selenium (Se) and Zinc (Zn). In addition, we extracted a minimal amount of blood from the same individuals to measure markers of oxidative status: the ratio between Reduced Glutathione (GSH) and Oxidized Glutathione (GSSG) i.e. GSH:GSSG ratio and the enzymatic activities of Glutathione Peroxidase (GP), Catalase (CAT) and Superoxide Dismutase (SOD). Based on oxidative status alterations found in other small mammals exposed to toxic metals (Viegas-Crespo et al. 2003), we hypothesize that the metalexposed bats develop oxidative stress in response to elevated toxic metals in the environment at contaminated sites compared to our less contaminated reference site. However, given the unique characteristics of insectivorous bats, i.e. use of torpor, longevity and high basal antioxidants compared to other mammals (Wilhelm Filho et al. 2007), it is possible that the antioxidant machinery in bats may counteract metal-related challenges. This is the first study reporting physiological oxidative status effects of metal contamination on non-captive bat individuals.

2. Materials and methods

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2.1. Study species and study area

Bats were trapped during May-August 2014 and 2015 in the vicinity of a smelter in Harjavalta (61°20′N, 22°10′E), and at an old water mill in Lieto (60°33′N, 22°27′E) with a combination of harp traps and mist nets (2.5 m height; Ecotone, Poland) placed along flying corridors during their emergence time from roosting sites in Harjavalta (n=32), and hand trapped into cloth bags

in Lieto (n=19). *Myotis daubentonii*, is an insectivorous trawling bat distributed across Europe and Asia. The species roosts in tree cavities, but they also take human-made constructions i.e. bird boxes or buildings (Joint Nature Conservation Committee 2007, Dietz et al. 2009). *Myotis daubentonii* roosts close to water bodies, where it forages for insects, mainly Chironomidae (Dietz et al. 2009, Encarnação et al. 2010, Vesterinen et al. 2016). Chironomids, or non-biting flying midges spend a part of the life-cycle as filter-feeders within sediments of water bodies. They are therefore prone to accumulate chemicals or toxicants discharged into the water bodies and deposited over time in the water bottom (Lilley et al. 2012).

Myotis daubentonii normally breed in colonies, and they can form subgroups within a colony due to their mobility thus not being loyal to a specific roosting site within a cave. However, individuals do show area roost fidelity (Lucan and Hanak 2011, Ngamprasertwong et al. 2014). Generally, M. daubentonii become sexually mature at their first year, being able to reproduce in late summer (Encarnação et al. 2004). However, observations of male M. daubentonii being sexually matured at their year of birth and consequently being able to reproduce before their first hibernation period have been reported (Encarnação et al. 2006).

Here, we sampled a bat population in a forest patch close to an air metal emission point source in Harjavalta, Western Finland. Harjavalta is an industrial town characterized for its metal processing activities particularly the smelting of copper and nickel (Kiikkilä 2003). Emissions also include arsenic, zinc, cadmium, mercury, lead and sulphur as the smelting process by-products (Kiikkilä 2003). A river, Kokemäenjoki, runs through the town and is the main feeding ground for the bats in our study. This river system has a large catchment basin (27000 km²) including 16% of agricultural land (Huttunen et al. 2016). In 2014, an accidental metal discharge from the smelter in Harjavalta released 66 tons of nickel into the Kokemäenjoki-river (KVVY ry. 2016). The second and less metal exposed bat group in our study, roosts in an old water mill in Lieto. This bat population has been previously monitored for some years (Laine et al. 2013, Vesterinen et al. 2016), but the metals are quantified for the first time in this study. The water mill is located along the Aura-river in South-Western Finland and has a catchment basin of 874 km² of which 37% is agricultural land (Huttunen et al. 2016).

2.2. Sampling and biometric measurements

Caught bats were identified to species and banded. Weight was recorded to the nearest 0.1 g with a Pesola spring balance and forearm length was recorded to the nearest 0.05 mm with a sliding caliper. Sex was determined, and age was classified into adults and juveniles according

to the ossification state between phalanges (Brunet-Rossinni and Wilkinson 2009). Fur and wing were inspected for ectoparasites. Bats often defecate when handled, thus fresh fecal pellets were collected per individual and used for metal analysis. Blood was obtained (up to a maximum of 65 μL) from the interfemoral vein into a heparinized capillary tube (Marienfield 80iu/ml) and immediately centrifuged at 4400 g for 5 minutes in a LW Scientific ZIPocrit Hematocrit Centrifuge to separate the red blood cell fraction from plasma. The hematocrit (proportion of red cells) was measured with a sliding caliper. The red blood cells and plasma were placed separately into tubes, flash frozen in liquid nitrogen and stored at −80 °C until the oxidative marker analyses. The blood metal concentrations were not measured because there was not enough blood material to quantify both the metals and oxidative status parameters. All bats were released after sampling. Collection licences were approved by the Animal Ethics Committee of the University of Turku (license number ESAVI/3221/04.10.07/2013) and Centre for Economic Development, Transport and the Environment (license number VARELY/948/2015).

2.3.Metal analysis

Fecal pellets (one sample belonging to one individual) were dried separately at 50°C for 48 hours. Dried samples were weighted and dissolved in a mixture of Suprapure acids, 3 mL HNO₃ and 1 mL H₂O₂ with a microwave digestion system (Anton Paar Microwave Sample preparation System, Multiwave 3000). After that, samples were diluted to 50 μL per sample with de-ionized water. The elements chosen for quantification were: the essential elements (Ca, Co, Cu, Mn, Ni, Se and Zn), the non-essential metals (Cd, Pb) and the non-essential metalloid (As). Generally, most of these chosen elements have been referred to as "heavy metals". Although no chemical consensus (e.g. atomic number, density, etc.) exists in the definition of "heavy metals" (Duffus 2002), the term is widely used in environmental sciences to refer to a group of metals, metalloids and other elements or compounds which exert toxicity. In this manuscript, when referring to all the selected elements we quantified, we will address them as "metals" or "metal elements" since this arbitrary grouping includes essential and non-essential metals as well as metalloids.

The determination of metal element concentrations was conducted with inductively coupled plasma mass spectrometer ICP-MS (Elan 6100 DRC+ from PerkinElmer-Sciex), by using a quantitative standard mode. The detection limit for most of the metal elements was around 1 ppt (ng/L) and below. The instrument was calibrated with a commercial multistandard from Ultra Scientific, IMS-102, ICP-MS calibration standard 2. Certified reference

- materials from European Reference Material (mussel tissue ERM-CE278K-8G) were used for
- method validation. In 2014, the mean recoveries (±SE) in nine reference samples were as
- 188 follows: Ca $98 \pm 15.98\%$, Mn $98 \pm 3.29\%$, Co $101 \pm 1.52\%$, As $96 \pm 1.79\%$, Pb $95 \pm 3.25\%$,
- Ni $120 \pm 2.41\%$, Cu $100 \pm 2.44\%$, Cd $91 \pm 1.79\%$, Zn $87 \pm 1.80\%$, Se $151 \pm 26.20\%$. In 2015,
- the mean recoveries (\pm SE) in six reference samples were as follows: Ca 113 \pm 8.39%, Mn 112
- $\pm 4.21\%$, Co $101 \pm 2.25\%$, As $99 \pm 1.24\%$, Pb $89 \pm 2.05\%$, Ni $111 \pm 4.85\%$, Cu $100 \pm 2.43\%$,
- 192 Cd 92 \pm 1.90%, Zn 93 \pm 1.51%, Se 118 \pm 5.44%. The results are expressed as $\mu g/g$ on a dry
- 193 weight (d.w.) basis.

194 2.4. Oxidative status analysis

- 195 Concentrations of antioxidants and enzymatic activities were measured from red blood cells in
- triplicate using 96-well and 384-well microplates. Protein content was determined using the
- 197 Bradford method with bovine serum albumin as a standard and BioRad protein assay reagent
- 198 (Bradford 1976). The samples were diluted in phosphate buffer saline before being added to
- the microplate. Inter-assay variation was normalized by using the same control samples of
- 200 known enzymatic activities. Measurements were obtained using EnSpire and Envision plate
- 201 readers (Perkin-Elmer).

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2.4.1. Glutathione

- Glutathione, an important cellular antioxidant used as a substrate for the enzyme glutathione-
- S-transferase in Phase II detoxification of chemicals (Sies 1999) was quantified in its reduced
- 205 (GSH) and oxidized form i.e. glutathione disulphide (GSSG) using a ThioStar glutathione
- 206 detection reagent purchased from Arbor Assays. First, samples were pre-processed by
- removing proteins with a solution of 5% sulfosalicylic acid, then diluted to 1% SSA with
- sample dilution buffer. In a 384-well black microplate (Perkin Elmer), $6.5~\mu L$ of Thiostar
- reagent was added to 12.5 µL of standard, sample or blank, incubated in dark for 15 minutes
- and fluorescence emission measured at 510 nm, with excitation of 405 nm to determine the
- 211 free GSH concentration. Then, $6.5~\mu L$ of reaction mixture (4 mM NADPH+8U/ml GR) were
- added, incubated for 15 minutes and fluorescence measured at same excitation and emission
- wavelengths to determine the total glutathione concentration (tGSH), expressed as µmol/mg.

2.4.2. Glutathione Peroxidase

- 215 Glutathione Peroxidase (GP) Cellular Activity Assay Kit was purchased from Sigma (Catalog
- No CGP1). Glutathione peroxidase activity is determined indirectly, by first quantifying the

conversion of reduced glutathione (GSH) to oxidized glutathione (GSSG), followed by the 217 reduction of GSSG back to GSH, catalyzed by the enzyme glutathione reductase (GR) and 218 Nicotinamide Adenine Dinucleotide Phosphate Reduced (NADPH). Procedures were carried 219 out following the manufacturer instructions, except using 2 mM H₂O₂ as a substrate. The assay 220 221 was performed in a clear 384-well plate (Perkin Elmer). Briefly, to each well were added: 35 μL of assay buffer, 5 μL of NADPH assay reagent, 5 μL of 2 mM H₂O₂ and 5 μL of blood 222 sample to obtain a final volume of 50 µL. Five µL of assay buffer were used as blank. The 223 absorbance was measured at 340 nm (A340) for 60 seconds in a kinetic program using an 224 225 Envision microplate spectrophotometer. The activity of GP was calculated by dividing the A340 by the extinction coefficient of NADPH (6.22) and it is expressed as pmol/min/mg. 226

2.4.3. Catalase

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The activity of catalase (CAT), an enzyme which converts hydrogen peroxide into water and 228 oxygen, was quantified following the protocol instructions of the CAT-assay kit (Sigma 229 Catalog No CAT 100). To perform the assay in a 96-well microplate format, the volumes of 230 231 reagents and samples were reduced. Assay solutions (peroxide, peroxide-solution, assay buffer, chromogen, Sodium Azide (NaN₃) - stop solution and enzyme dilution buffer) were prepared 232 according to the information in the Sigma kit technical bulletin. Briefly, 2 µL of sample 233 (1mg/mL) and 13 μ L of assay buffer were mixed in a tube. The reaction was stopped with 180 234 235 μL of 15mM NaN₃. The CAT activity expressed in μmol/min/mg was colorimetrically quantified by adding 200 µL chromogen in each well to 2 µL aliquot of the stopped reaction 236 solution. Absorbance was measured at 520 nm. 237

2.4.4. Superoxide Dismutase

Superoxide dismutase (SOD) assay kit was purchased from Sigma-Aldrich (Catalog No 239 19160). The reaction determines the inhibition activity of SOD by a colorimetric method. The 240 water-soluble salt WST-1 (2-(4-Iodophenyl)-3-(4-nitrophenyl)-5-(2,4-disulfophenyl)-2H-241 tetrazolium, monosodium salt) reacts with the superoxide anion to produce a formazan dye. 242 The reduction rate of reduced superoxide anion (i.e. O_2^-) is directly related to the enzyme 243 xanthine oxidase (XO) which is inhibited by SOD. In a 384-well plate, 45 µL of WST-solution 244 were added to 5 μL of sample (1mg/mL). Then 5 μL of xanthine oxidase (XO) enzyme were 245 added to each well and incubated at 37°C for 20 min. Absorbance was measured at 450 nm. 246 247 SOD activity is expressed as inhibition rate percentage.

2.5. Statistics

We used a dataset including Harjavalta and Lieto observations for which metal data was available during 2014 and 2015 (n=51). To explain variation in biometric data (n=50), we built linear models (LMs) separately for body mass and forearm length (using the Glimmix procedure) in SAS 9.4. In these models, we included year, sex, age, location and the interaction between year and location as explanatory variables. For a more complete picture of the health condition of bats, we also analyzed the effect of the same explanatory variables on hematocrit (ratio between red blood cells and whole blood volume; n=44) and parasite prevalence (in wings and fur; n=51). We used generalized linear models (GLM) for parasite prevalence.

We analyzed the correlations between metals with Pearson correlation analysis and investigated variation in metal element concentrations (As, Ca, Cd, Co, Cu, Mn, Ni, Pb, Se, Zn) in individual bat feces (n=51) using the same explanatory variables used for biometrics i.e. year, sex, age location and the interaction between year and location. Terms were removed if not significant, one at a time starting with interactions. The metal concentrations were log-10 transformed before analysis to comply with normality requirements in the model. We also use Pearson correlation analysis to examine the associations of metals with parasite prevalence, biometric data and oxidative status parameters (log-10-transformed SOD, CAT, tGSH, GSH:GSSG and GP).

For further modelling of the effects of pollution level on morphological and physiological parameters we built principal components (PC) of six metal elements (As, Cd, Co, Cu, Ni, Pb) to reduce the information of multiple inter-correlated variables (metal concentrations) into smaller number of variables, or components, explaining most of the variation in the data. The selection of these elements was based on their toxic degree (Tchounwou et al. 2012), their strong correlation with each other and their consistent elevated concentrations around the smelter source. The effects of metal exposure may negatively affect vital physiological functions potentially leading to body mass loss (Eeva and Lehikoinen 1996, Dauwe et al. 2006). We investigated this in a model with the first and second principal components of metals (PC1, PC2) as an explanatory variable for body mass and with sex, age and location as additional explanatory variables. Because some of the studied non-essential metals capable of toxicity (e.g. Cd and Pb) can interfere with calcium metabolism and in turn, calcium concentration in the body may affect bone development, we included calcium as a predictor of forearm length. In this LM we included age, but not sex, because age represents an important source of variation for forearm length in our data. Given the significant

correlations found between SOD and CAT with many metal elements known to cause toxic effects (As, Co, Cu, Ni and Pb), we explored the effects of the first and second principal components of metals (PC1, PC2) on these two oxidative status markers in a model including also year as an explanatory variable.

All variables were modeled with Gaussian error distribution, except parasite prevalence, which was built with binary error distribution. Geometric means of metal concentrations and 95% confidence intervals were calculated and back-transformed from models to express the fold-level comparisons between explanatory variables. Similarly, estimates and standard errors from the models are shown for biometrics.

3. Results

3.1. Biometrics

Adult bats weighed more than juveniles (F_{df} =44.59_{1,47}, p<0.01, Table 1) and bats in Harjavalta were heavier than in Lieto (F_{df} =14.71_{1,47}, p<0.01, Table 1). Body mass did not vary between years, nor did we observe significant sex-related differences in body mass (Table 1). The forearm length of adults was significantly larger than juveniles (F_{df} =40.83_{1,47}, p<0.01, Table 1). Females had larger forearms (Estimate \pm SE: 37.44 \pm 0.25 mm, n=20, Table 1) compared to males (Estimate \pm SE: 36.70 \pm 0.28 mm, n=40, Table 1). Hematocrit did not vary by sex, age, year or location (Table 1).

299 3.2. Parasite load

Parasite prevalence on wings, defined as the presence of one or more ectoparasites in the wing membrane (mites, Spinturnicidae) was significantly different between years and locations: bats from Harjavalta showed higher mite prevalence on their wings compared to Lieto ones (F_{df}=12.33_{1,48}, p<0.01, Table 1), and wing parasite prevalence was greater during 2015 (F_{df}=4.56_{1.48}, p=0.04, Table 1). Parasite prevalence in fur, defined as the presence of bat flies (Nycteribidae) also varied by location but this effect was different in two years (Year*Location: F_{df} =6.07_{1,47}, p=0.02, Table 1). We observed positive significant correlations between wing mites with cadmium (r=0.35, p=0.01, n=51) and copper (r=0.29, p=0.04, n=51), and a negative association with lead (r=-0.30, p=0.03, n=51). Bat flies in fur were negatively correlated with arsenic (r=-0.30, p=0.03, n=51) and cobalt (r=-0.34, p=0.02, n=51).

3.3. Metal levels

Overall, elevated concentrations of cobalt, copper, cadmium and nickel were found around the Harjavalta smelter area compared to the water mill Lieto bats, particularly during the first year of the study. However, surprisingly elevated levels of lead were observed around the water mill during the second study year.

Cobalt, copper and nickel were detected at higher concentrations in Harjavalta compared to Lieto (Table 2, Figure 1). The concentrations of these elements also decreased from 2014 to 2015 within Harjavalta (Table 2, Figure 1, Table S1). Cadmium was overall markedly higher (i.e. 4.8-times) in Harjavalta compared to Lieto (Table 2, Figure 1, Table S1), and 1.9-times higher in 2014 compared to the following year (Table 2, Figure 1, Table S1). Selenium followed the same annual trends as cadmium. However, contrary to cadmium and most other metals (except lead), selenium was significantly higher (i.e. 3.1-times) in Lieto than in Harjavalta (Table 2, Table S1). Manganese only varied annually, being 2.0-times higher in 2014 than 2015 (Table 2, Table S1). Age had no effect in metal element levels (Table 2). Means (±SE) for each element are given in supplementary Table S1.

For reasons unknown, lead was on average 8.9-times higher in the water mill bats in Lieto than around the smelter in Harjavalta during 2015 (Table 2, Table S1). Arsenic concentration was not significantly different among years or locations (Table 2).

Calcium was 1.8-times higher in 2014 compared to the following year, 2.0 times higher in Lieto than in Harjavalta and 1.9-times higher in males than in females (Table 2, Figure 2, Table S1). In contrast, zinc concentrations were 1.4-times higher in females than males (Table 2, Figure 2, Table S1). Same annual trends as in calcium were also observed for zinc i.e. higher concentrations in the first year of sampling (Table 2, Table S1). Correlations between metals are presented in supplementary Table S2.

The principal component analysis (PCA) of metal elements including As, Cd, Co, Cu, Ni and Pb revealed two principal components with eigenvalues larger than one. The first principal component (PC1, eigenvalue = 3.05) represented 51% of the total variation, the main loadings coming from Cd, Co, Cu and Ni. The second principal component (PC2, eigenvalue = 1.60) represented 27% of the variation with main loadings from As and Pb and in a smaller manner Ni.

3.4. Metals and biometrics

- The second, but not first, principal component of metals (PC2) had a significant negative association to body mass, when age was considered as an additional explanatory variable in the same model (PC2: F_{df}=5.20_{1,47}, p=0.0271; Age: F_{df}=31.21_{1,47}, p<0.0001), adult bats being heavier the smaller the metal load was. Forearm length showed an age-related negative association to calcium concentration (Ca: F_{df}=24.6_{1,46}, p<0.0001; Age: F_{df}=5.05_{1,46}, p=0.0295; Ca*Age: F_{df}=8.31_{1.46}; p=0.0060, Figure 3), potentially connected to intercorrelation between Ca and Pb levels.
- 3.5. Oxidative Status

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- Correlations between metals and oxidative status markers (tGSH, GSH:GSSG, SOD, CAT and 349 GP), were observed for the most part in relation to SOD and CAT. In specific, CAT correlated
- negatively with the metals Cu (r=-0.43, p<0.01, n=46), Ni (r=-0.39, p<0.01, n=46) and Mn 351
- (r=-0.32, p=0.03, n=46). SOD correlated negatively with Cu (r=-0.34, p=0.02, n=45) and Co 352
- (r=-0.33, p=0.03, n=45), but positively with Pb (r=0.32, p=0.03, n=45), As (r=0.36, p=0.02, p=0.03, n=45)353
- n=45) and Ca (r=0.37, p=0.01, n=45). Total glutathione also showed a positive association with 354
- Ca (r=0.29, p<0.05, n=46), while GSH negatively correlated with Se (r=-0.35, p=0.02, n=46). 355
- We observed no significant relationships between biometrics and oxidative status. 356
 - We found that PC2 of metals (As, Cd, Co, Cu, Ni and Pb), and year predicted SOD activity (Table 3, Figure 4). SOD activity was higher in 2015 and positively related to PC2 (Table 3, Figure 4), probably due to elevated concentrations of Pb and As (main components of PC2) found around Lieto in 2015. Instead, PC1 showed a negative association with CAT (Table 3). Means (±SD) of oxidative status markers are presented in supplementary Table S3.

4. Discussion

- Metal concentrations in the feces of M. daubentonii reflected the exposure to ambient contamination. Annual variations were also observed for most elements quantified. Calcium and zinc levels differed between males and females. Superoxide dismutase and catalase varied with the exposure to a combination of metals. Additionally, parasite prevalence was higher close to the pollution source.
- Copper, cobalt and nickel were three of the metal elements found at elevated concentrations in the bats living around the smelter. This is consistent with studies on passerine

bird species around the smelter area, where same metals have been found at larger concentrations when compared to clean site groups (Eeva and Lehikoinen 1996, Berglund et al. 2011), explained by the historical atmospheric metal deposition of copper, nickel and other smelting by-products of the facility (Kiikkilä 2003). When comparing the values of these elements from our study with literature on bats (see Zukal et al. 2015), we observed that the concentrations were in general comparable to what was reported for guano of other insectivorous bats. For example, compared to the values reported in Zukal et al. 2015, the mean values in our study were lower for copper (126.5 vs 205.7 μ g/g d.w), similar for cobalt (1.3 vs. 2.0 μ g/g d.w., minimum value), while ca. 3-times higher for nickel (12.3 vs. 4.5 μ g/g d.w.).

The elevated bat fecal values observed, particularly of nickel, are possibly linked to the metal spillage occurrence around the smelter during 2014, where 66 tons of nickel were released into the river adjacent to the smelter, main feeding ground of the bats in study. Furthermore, maximum fecal nickel values in our study corresponded to bats sampled during the same year, suggesting that nickel in feces may reflect the water and sediment nickel concentration. Similar findings have been reported for the frugivorous bat Neoromicia nana and the diminutive serotine bat (Eptesicus diminutus) where nickel in internal organs correlated to ambient nickel concentrations (Zocche et al. 2010, Naidoo et al. 2013). The extraction of nickel is closely associated to cobalt presence, which may explain the elevated concentrations of the latter in bat feces as well. Even though both nickel and cobalt are essential elements, at high enough concentrations they can exert toxic effects by way of oxygen radical production (Valko et al. 2005). Nickel may cause genotoxicity by overproduction of reactive oxygen species (Costa 1996), whereas cobalt may lead to carcinogenic alterations related to the respiratory system (Princivalle et al. 2017), possibly connected to the production of superoxide radicals when cobalt reacts with hydrogen peroxide (Valko et al. 2005). Copper, also an essential element under homeostatic regulation, forms part of active sites of antioxidant enzymes namely catalase, superoxide dismutase and peroxidase (Nieminen and Lemasters 1996). Excess concentration of copper may trigger lipid peroxidation by excessive reactive oxygen species production and depletion of glutathione (Nieminen and Lemasters 1996).

Accumulation of the non-essential cadmium in kidney and liver occurs with time (Goyer 1997). Thus, the long-lived bats may be prone to the toxicity and prolonged exposure of cadmium, even when this occurs at low concentrations. We expected cadmium concentrations to differ between juveniles and adults, especially since the lifespan of *M. daubentonii* in the wild can reach well over a couple of decades. The oldest recorded individual

from the *Myotis* genus was 40 years (Podlutsky et al. 2005). However, we did not observe age-dependence in concentrations and it is likely that those would only be observable in internal tissues e.g. kidney, and not necessarily in feces (Berglund et al. 2011). Nevertheless, cadmium exposure may exert negative effects due to its interaction with essential elements such as calcium and zinc, which stimulate the decalcification of bones (Scheuhammer 1987, Goyer 1997).

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We found lower fecal calcium concentrations in females compared to males, in line with previous findings in an insectivorous bat (Studier et al. 1991). It is possible that the fecal calcium concentrations reflect the sex-dependent absorption efficiencies; seeing that female bats require more calcium especially during lactation and gestation (Booher 2008), they may be more efficient at extracting calcium from the food items compared to males. But considering also that variation of calcium levels in feces within adult females is also lowest among groups, it is not possible to rule out that these low fecal calcium concentrations in our study females may reflect inadequate calcium in the body, and/or exhausted calcium storages during the breeding phase, as suggested by Studier et al. (1991). Understanding this would require measurements of calcium concentrations in internal organs, which were not part of this study. Furthermore, it has been shown that insectivorous bats may also suffer from seasonal deficiencies of calcium (Studier et al. 1994). There is no doubt that the calcium composition in diet, particularly recently consumed items, will account for much of calcium detected in feces. Taking this into account, sex-differences may not only be related to absorption efficiencies between males and females, but also behavioral feeding patterns. For instance, calcium deficiency in female bats may be due to more opportunistic and less selective feeding during the reproductive period (Studier et al. 1991). Regardless of the reasons for the sex-differences in calcium, we observed negative associations between calcium and forearm length, being more relevant in juvenile bats compared to adults, possibly suggesting the vulnerable state of young's calcium metabolism, which may be compromised when exposed to metals known to interact with calcium, such as cadmium and lead (Ruiz et al. 2016).

Lead interferes with calcium absorption at the molecular level by competing for intestinal binding sites (Dauwe et al. 2006). We found unexpectedly high concentrations of lead, averaging 31 μ g/g d.w., in feces of bats from the water mill in Lieto. Concentrations of 20.9 μ g/g d.w. in guano of *Myotis griscenses* have been described (Ryan et al. 1992), but maximum concentrations of lead (370 μ g/g in kidney and 2000 μ g/g d.w. in liver) attributed to lead-based paint ingestion with evidence of lead poisoning have been reported in frugivorous

bats (Zook et al. 1970, Skerratt et al. 1998). Considering that in bats, fecal concentrations are generally higher in feces compared to internal tissue concentrations (Zukal et al. 2015) and the lack of symptoms characteristic of lead poisoning (Sutton and Wilson 1983), it is possible that the fecal lead concentrations found in our study, although seemingly high, relate to internal lead levels below concentrations to cause toxicity. However, it cannot be ruled out such levels of lead exposure may have had negative consequences in other aspects of bat's health, such as the aforementioned calcium disruption. Sources of lead exposure in urban areas originate from industrial emissions (Hariono et al. 1993, Ruiz et al. 2016), lead-based paints in old buildings and exhaust of vehicles running on leaded gasoline. However, the latter two have been banned some decades ago (Clark 1979, US-EPA 1998). Therefore, it is possible that sources of lead may come from a localized point of lead in the old building (water mill) in which the Lieto bats roost. Though, this is only a conjecture and further studies to confirm this are needed.

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Zinc and selenium have protective roles against oxidative stress and the deficiency of zinc can compromise the immune system (Valko et al. 2005, Rautio et al. 2010). In our study, zinc in feces varied by sex, although this difference was significant only when considering the year effect. In that sense, the annual differences between metal exposure may have influence zinc values. We found positive associations between zinc with cadmium, copper and nickel. Of these, zinc and cadmium interactions are better documented in literature. For example, a deficiency of zinc contributes to cadmium absorption (Peraza et al. 1998, Reeves and Chaney 2004), while the presence of cadmium reduces zinc absorption, resulting in higher amounts of zinc excreted in feces (Brzóska and Moniuszko-Jakoniuk 2001). The fact that the female bats excreted more zinc than males, could be indicative of an adverse effect of elevated cadmium concentration on females. However, sex-dependent differences in cadmium were not observed. In the same way as explained for calcium, it is possible that sex-related differences in diet items or feeding patterns may play more important roles in determining the observed sex differences in fecal zinc. Selenium provides defense against copper toxicity (Valko et al. 2005). A deficiency of selenium will impair reproduction in wild animals (Allen and Ullrey 2004). In bats, the highest concentration of selenium in liver (8.96 µg/g d.w.) has been found in *Eptesicus* fuscus in a study focused on a fungal disease, white-nose syndrome (Courtin et al. 2010). In our study, selenium was below mean and maximum concentrations described for guano of insectivorous bats (Zukal et al. 2015). In a similar manner as with cadmium, selenium concentration varied annually and by location. Interestingly, only selenium and lead were higher in Lieto than Harjavalta compared to the other elements analysed.

Some of the essential elements analysed in our study ameliorate the toxic effects of non-essential metal elements when consumed in adequate amounts (e.g. zinc, calcium), while others provide antioxidant protection (e.g. selenium). Antioxidants defend the organism from the chemically reactive species formed after oxygen metabolism (Halliwell and Gutteridge 2007). At the same time, the production of such reactive oxygen species (ROS) can increase due to immune reactions, pollution, reoxygenation after hypoxia during hibernation, food scarcity and predation (Costantini 2014). Here, we observed marked differences in catalase activities in our study groups. Catalase is an enzyme with antioxidant function which converts hydrogen peroxide to water and oxygen in instances when hydrogen peroxide concentrations are particularly elevated (Halliwell and Gutteridge 2007, Costantini 2014). The smelter bats presented the lowest catalase activity during the year of accidental metal spillage. Catalase may be inhibited by copper and other metal ions (Gaetke and Chow 2003). Our findings are in line with the observed negative correlations between catalase and levels of non-essential metal elements know for exerting toxicity (e.g. Cd). In addition, we also observed an effect of year and the second principal component of metal elements (As, Cd, Co, Cu, Ni and Pb), which main loadings belong to arsenic and lead, on superoxide dismutase activity. Superoxide dismutase, which catalyzes the conversion of superoxide radicals into hydrogen peroxide and oxygen (Halliwell and Gutteridge 2007) presented higher enzymatic activity during our second and on average less polluted sampling year. It is possible that in a similar manner, as described for the Algerian mice (Mus spretus) living in a polluted copper-mine area (Viegas-Crespo et al. 2003), the exposure to elevated metal elements may decrease the superoxide dismutase activity.

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Immunotoxicity is described as the weakening of the immune system because of sustained or elevated pollutant exposure (Propst et al. 1999), rendering the individual vulnerable to parasite infestation, among other effects. At the same time, responses to immune challenge (e.g. parasite infestation) can generate reactive oxygen species (Schneeberger et al. 2013, Lilley et al. 2014). In that sense, an immune response to pollutant challenge may activate oxidative enzymes, while pollutants may on their own do the same by causing oxidative stress. In this study, we observed that bats living close to the smelter in Harjavalta had higher parasite infestation compared to the water mill bats from Lieto. In addition, variation between locations in catalase activities was only observed in 2014, the same year in which higher concentrations of cadmium, copper and nickel were detected around the smelter in Harjavalta. Although, the positive correlations between cadmium and copper with parasites (in wing) were weak, we

speculate that the combination of pollutants and parasites may have contributed to a decrease in the activity of catalase. Even though lower catalase activities in response to a metal pollutant have already been described in other mammals (Ossola et al. 1997), immune marker tests should accompany the current study to support the hypothesis of an additive effect of parasite infestation and pollutant exposure on catalase activity in bats.

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The limited alteration found in the other oxidative status markers examined (tGSH, GSH:GSGG ratio, GP) may be explained by the resistance to oxidative stress characteristic of bats, which by their life-history traits i.e. longevity, exposure to drastic oxygen fluctuations (from entering torpor and hibernation) have possibly developed a stronger defense mechanism against the generation of oxygen radicals (Brunet-Rossinni 2004, Wilhelm Filho et al. 2007, Salmon et al. 2009). For example, compared to short-lived small mammals, bats release hydrogen peroxide at lower rates (Brown et al. 2009).

Other factors, such as timing of bat sampling in relation to entering or leaving hibernation (sampling month) are also important to consider. For instance, M. daubentonii are lighter in body mass after arousal from hibernation (April) because they have depleted their fat-reserves during the boreal winter. This can affect release of toxicants accumulated in fat into the bloodstream. However, such factor is more relevant when evaluating lipophilic contaminants such as polyaromatic hydrocarbons, which tend to accumulate in adipose tissue (Bayat et al. 2014). Metals, unless found in their organometallic form (e.g. methylmercury, tetraethyl lead) behave chemically different and generally tend not to accumulate in fat (Yates et al. 2014). Another factor to contemplate in the interpretation of fecal metal concentrations is how well they correlate to internal (i.e. organ) concentrations, because the latter are the ones usually representative of potential toxic or adverse effects in the organism. Comparative studies of metal concentrations among different tissues in passerine birds concluded that metal concentrations in feces are not necessarily correlated with internal tissue concentrations (Berglund et al. 2011). In bats, concentrations of non-essential elements (As, Cd, Pb) in tissues such as bone and fur may reflect long-term exposure, whereas softer tissues including brain, muscle and blood would represent recent exposure (Hariono et al. 1993). In a similar manner, metal concentrations in feces will most likely reflect recent exposure mostly via diet, water (Studier et al. 1994, Naidoo et al. 2016) and transfer to feces via biliary excretion (Gregus and Klaassen 1986). However, comparative studies of metal concentrations in internal tissues and feces at the individual level from the same study are to our best knowledge lacking for bats, because obtaining internal tissues may require sacrifice of bats. Still, the lack of these

comparative reference values makes the assessment of toxic effects difficult in this study. Lastly, excretion rates of insectivorous bats which range from 15 to 90 minutes after food ingestion in *M. daubentonii* (Webb et al. 1993), likely make the metal turnover fast. Thus, possibly affecting the metal values observed in feces.

5. Conclusions

Our study makes use of a minimally invasive and understudied format (i.e. fecal pellets) to evaluate exposure to metal contaminants in free-ranging bats. The elevated concentrations of metal elements (cadmium, copper, nickel) commonly found in other vertebrate species around the smelter study site (Eeva and Lehikoinen 1996, Eeva et al. 2009) and the correlations between an incidental metal discharge around our polluted study site (smelter) indicate that fresh fecal pellets can be a suitable material to assess metal exposure on an individual basis and show promise for use in biomonitoring studies. However, careful consideration on how representative the fecal metal values are of the internal metal body burden should be taken into account. Significant differences in catalase and superoxide dismutase between our study sites may suggest the onset of physiological stress, possibly caused by excessive non-essential toxic metal concentrations in the environment, although contribution from parasite prevalence cannot be ruled out. To our best knowledge, this is the first study in which metal exposure in relation to oxidative status is reported on an individual basis in non-captive bats. Further studies, adding the evaluation of immune status markers would be valuable in understanding the effect and relation of metal pollutant exposure with oxidative status.

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Table 1. The effect of year, sex, age and location on biometrics (body mass and forearm length), hematocrit and parasite prevalence (in wings and fur).

	Year			Sex	Age		Location	Year*Location			
	n	F_{df}	р	F_{df}	р	F_{df}	р	F_{df}	р	F_{df}	р
Body mass ^a	50	0.00(1,46)	0.97	0.17(1,44)	0.68	44.59(1,47)	<0.01	14.71(1,47)	<0.01	2.74(1,45)	0.10
Forearm length ^a	50	0.00(1,45)	0.99	4.92(1,47)	0.03	40.83(1,47)	<0.01	1.82(1,46)	0.18	1.56(1,44)	0.22
Hematocrit ^a	44	0.49(1,41)	0.49	0.06(1,39)	0.82	0.49(1,40)	0.49	1.49(1,42)	0.23	0.68(1,38)	0.41
Parasite Wing ^b	51	4.56(1,48)	0.04	2.25(1,47)	0.14	0.21(1,46)	0.65	12.33(1,48)	<0.01	0.00(1,45)	0.98
Parasite Furb	51	0.00(1,47)	0.98	2.18(1,46)	0.15	0.00(1,45)	0.98	0.09(1,47)	0.76	6.07(1,47)	0.02
			n	female	n	male	n	adult	n	juvenile	
	Body mass (g) ^c		30	8.56 ± 0.22	20	8.06 ± 0.24	40	9.25 ± 0.16	10	7.37 ± 0.31	_
Forearm length (mm		m length (mm) ^c	30	37.44 ± 0.25	20	36.70 ± 0.28	40	38.38 ± 0.19	10	35.77 ± 0.36	

^aLinear Model (LM) with Gaussian distribution.

^bGLM with Binomial distribution. Final terms in models are bolded. Significance set at p<0.05.

^cEstimates ±SE calculated using LMs with sex and age as explanatory variables. N is the number of individuals.

Table 2. The effect of year, location (Lieto and Harjavalta), sex and age on the fecal metal concentrations of *Myotis daubentonii* (n=51).

	Year		Sex		Age		Location		Year*Location		
	F_{df}	р	F_{df}	р	F_{df}	р	F_{df}	р	F_{df}	р	
Arsenic	0.50(1,47)	0.48	0.13(1,46)	0.72	1.51(1,49)	0.23	0.82(1,48)	0.37	3.08(1,45)	0.09	
Calcium	18.74(1,47)	<0.01	7.16(1,47)	0.01	3.17(1,46)	0.08	8.16(1,47)	<0.01	0.04(1,45)	0.84	
Cadmium	4.96 (1,48)	0.03	0.08(1,46)	0.78	0.30(1,47)	0.59	29.80(1,48)	<0.01	2.18(1,45)	0.15	
Cobalt	14.65(1,47)	<0.01	0.34(1,46)	0.56	0.51(1,45)	0.48	7.16(1,47)	0.01	11.27(1,47)	<0.01	
Copper	22.25(1,47)	<0.01	0.58(1,45)	0.45	0.62(1,46)	0.43	28.91(1,47)	<0.01	4.11(1,47)	<0.05	
Lead	15.29(1,47)	<0.01	0.24(1,45)	0.63	0.51(1,46)	0.48	37.71(1,47)	<0.01	17.33(1,47)	<0.01	
Manganese	9.36(1,49)	<0.01	2.06(1,48)	0.16	2.20(1,47)	0.14	0.19(1,46)	0.66	1.57(1,45)	0.22	
Nickel	17.58(1,47)	<0.01	0.32(1,46)	0.57	0.50(1,45)	0.48	8.88(1,47)	<0.01	5.11(1,47)	0.03	
Selenium	4.07(1,48)	<0.05	0.01(1,45)	0.94	0.49(1,46)	0.49	9.28(1,48)	<0.01	2.23(1,47)	0.14	
Zinc	4.89(1,48)	0.03	4.65(1,48)	0.04	1.04(1,45)	0.31	1.08(1,47)	0.30	2.05(1,46)	0.16	

LM with Gaussian distribution. Final terms in models are bolded. Significance set at p<0.05

Table 3. Effects of metal load and year on the enzymatic activities of superoxide dismutase (SOD) and catalase (CAT).

	PC1		PC2		Year		PC1*Year		PC2*Year	
	Fdf	р	Fdf	р	Fdf	p	Fdf	p	Fdf	р
SOD	0.02(1,41)	0.8837	6.25(1,42)	0.0164	21.38(1,42)	<0.0001	1.52(1,39)	0.2253	0.92(1,39)	0.3443
CAT	8.07(1,44)	0.0068	0.04(1,42)	0.8433	0.99(1,43)	0.3248	2.83(1,40)	0.1006	0.41(1,40)	0.5243

PC1 and PC2 are first and second principal components of metals (As, Cd, Co, Cu, Ni and Pb). LM with Gaussian distribution. Final terms in model are bolded. Significance set at p<0.05

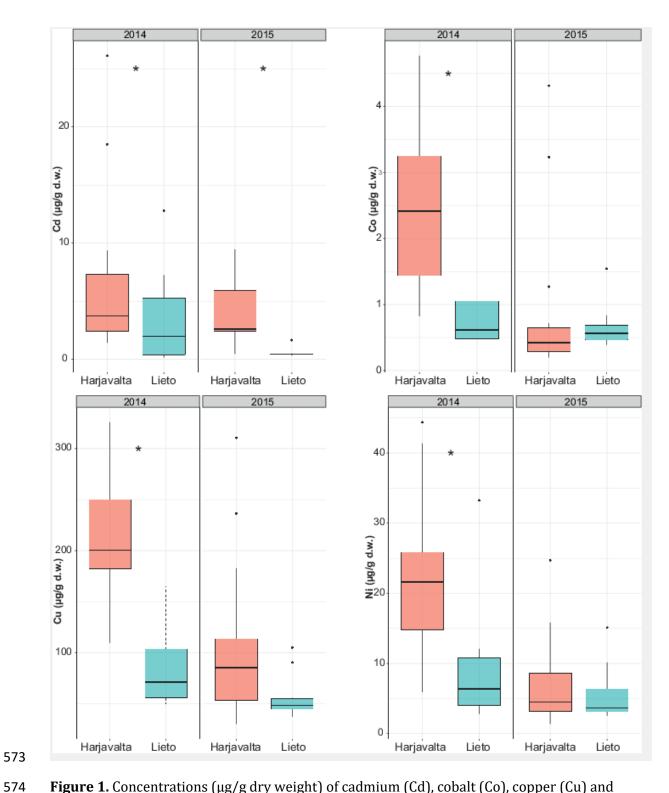


Figure 1. Concentrations (μ g/g dry weight) of cadmium (Cd), cobalt (Co), copper (Cu) and nickel (Ni) in feces of *Myotis daubentonii* collected during the years 2014 (Harjavalta: n=17; Lieto: n=9) and 2015 (Harjavalta: n=15; Lieto: n=10). Asterisks denote significant differences between locations within a year.

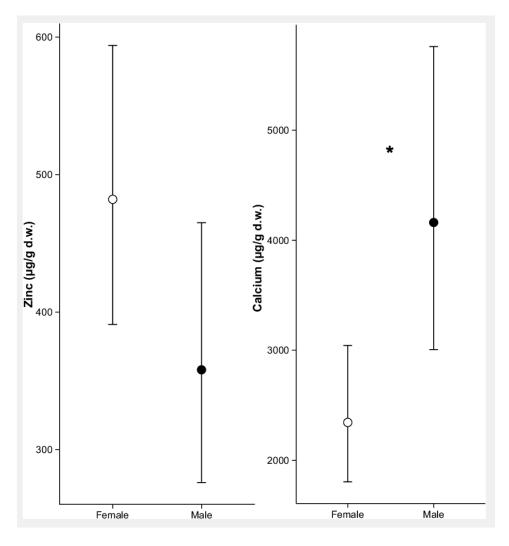


Figure 2. Mean ($\pm 95\%$ CI) Zinc and Calcium concentrations ($\mu g/g$ dry weight) in feces of female (n=31) and male (n=20) *Myotis daubentonii*. LM(Zinc): Sex: F_{df} =3.19_(1,49), p=0.08. LM(Calcium): Sex: F_{df} =7.65_(1,49), p<0.01. Asterisk denotes significant difference between females and males.

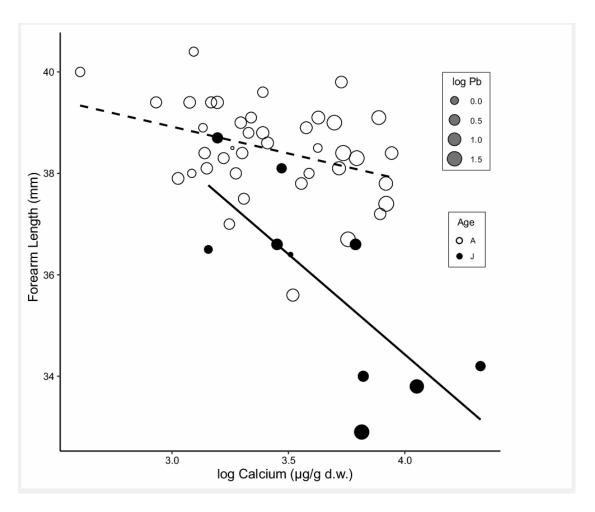


Figure 3. Relationship between fecal calcium concentration (μ g/g dry weight) and forearm length (mm). Empty and filled circles denote adults (A) and juveniles (J), respectively; regression lines correspond to adults (dashed) and juveniles (solid); size of the circles denotes the fecal concentrations of lead. LM (Forearm Length): Calcium: $F_{df}=24.6_{(1,46)}$, p<0.0001; Age: $F_{df}=5.05_{(1,46)}$, p=0.03; Calcium*Age: $F_{df}=8.31_{(1,46)}$, p<0.01).

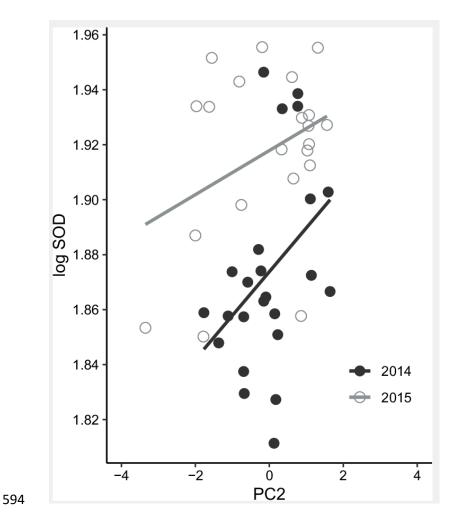


Figure 4. Relationship between second principal component (PC2) of metal elements (As, Cd, Co, Cu, Ni and Pb) and superoxide dismutase (SOD) enzymatic activity. Filled and empty circles are individuals trapped during 2014 and 2015 respectively. LM for SOD are shown in Table 3.

Table S1. Arithmetic means (\pm SE) of metal concentrations (μ g/g d.w.) in feces of *Myotis daubentonii* per year and location.

		20	14		2015						
	Harjavalta	(n=17)	Lieto (n=9)	Harjavalta	(n=15)	Lieto (n=10)				
	mean	± SE	mean	± SE	mean	± SE	mean	± SE			
As	5.10	1.86	1.76	0.35	9.45	5.96	7.22	2.25			
Ca	1911	277	4019	866	4398	1280	6658	748			
Cd	6.46	1.61	3.60	1.43	4.05	0.65	0.54	0.12			
Co	2.47	0.31	0.75	0.12	0.90	0.31	0.66	0.11			
Cu	210.2	13.0	82.7	12.5	104.4	20.6	56.8	7.1			
Mn	199.1	28.1	152.3	38.6	101.3	24.6	94.0	19.3			
Ni	22.15	2.70	9.37	3.16	7.24	1.60	5.67	1.29			
Pb	3.81	0.43	5.32	0.82	5.25	2.17	30.91	4.95			
Se	2.21	0.29	3.91	0.60	1.91	0.51	5.32	0.83			
Zn	654.0	59.0	422.7	105.2	469.7	81.2	373.2	34.5			

Table S2. Correlations between metal elements in feces of *Myotis daubentonii*.

	logCa	logCd	logCo	logCu	logMn	logNi	logPb	logSe	logZn
logAs	0.18	-0.09	0.19	0.07	0.23	0.18	0.40	0.03	0.01
	0.211	0.544	0.179	0.642	0.103	0.205	0.003	0.859	0.971
logCa	1	-0.53	-0.39	-0.48	-0.15	-0.38	0.52	0.14	-0.27
		<0.0001	0.005	<0.001	0.291	0.006	<0.0001	0.336	0.053
logCd			0.47	0.66	0.49	0.46	-0.56	-0.30	0.50
			0.001	<0.0001	<0.001	0.001	<0.0001	0.034	0.0002
logCo				0.77	0.57	0.72	-0.09	0.01	0.62
				<0.0001	<0.0001	<0.0001	0.520	0.947	<0.0001
logCu					0.68	0.75	-0.36	-0.19	0.72
					<0.0001	<0.0001	0.009	0.192	<0.0001
logMn						0.49	-0.05	-0.17	0.77
						<0.001	0.723	0.242	<0.0001
logNi							0.01	0.15	0.52
							0.942	0.302	<0.001
logPb								0.34	-0.20
								0.015	0.168
logSe									-0.25
									0.073

N=51, Pearson correlation coefficient (above), p-value (below). Bolded values are significant correlations. Significance at p<0.05

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Table S3. Oxidative status mean (±SD) in red blood cells of *Myotis daubentonii* per Year and Location.

Year	Location	GSH:GSSG ratio		tGSH /	tGSH (μmol/mg)		GP (pmol/min/mg)		SOD (% Inhibition)		CAT (µmol/min/mg)	
2014	Harjavalta	Mean ± SD	n=16	14.29 ± 12.19	n=16	22.64 ± 9.17	n=16	0.13616 ± 0.03127	n=16	74.40 ± 6.12	n=16	70.69 ± 21.29
	Lieto	Mean ± SD	n=8	12.98 ± 4.63	n=8	30.04 ± 7.07	n=8	0.14797 ± 0.03307	n=8	76.03 ± 7.20	n=8	96.42 ± 11.38
2015	Harjavalta	Mean ± SD	n=14	26.82 ± 16.05	n=14	33.25 ± 8.30	n=14	0.18169 ± 0.06142	n=14	83.17 ± 6.51	n=14	95.66 ± 12.37
	Lieto	Mean ± SD	n=8	20.55 ± 19.61	n=8	24.07 ± 6.37	n=8	0.20766 ± 0.10649	n=7	82.05 ± 4.60	n=8	97.68 ± 10.47

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