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## A Polygenic Score for Type 2 Diabetes Risk is Associated with Both the Acute and Sustained Response to Sulfonylureas

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**A polygenic score for type 2 diabetes risk is associated with both the acute and sustained response to sulfonylureas**

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1 **A polygenic score for type 2 diabetes risk is associated with both the acute and sustained**  
2 **response to sulfonylureas**

3 Running Title: T2D risk score is associated with SU response

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## 21 ABSTRACT

22 There is a limited understanding of how genetic loci associated with glycemic traits and type 2  
23 diabetes (T2D) influence the response to anti-diabetes medications. Polygenic scores provide  
24 increasing power to detect patterns of disease predisposition that might benefit from a targeted  
25 pharmacologic intervention. In the Study to Understand the Genetics of the Acute Response to  
26 Metformin and Glipizide in Humans (SUGAR-MGH), we constructed weighted polygenic scores  
27 using known genome-wide significant associations for T2D, fasting glucose (FG), and fasting  
28 insulin (FI), comprised of 65, 43, and 13 single nucleotide polymorphisms, respectively. Multiple  
29 linear regression tested for associations between scores and glycemic traits as well as  
30 pharmacodynamic endpoints, adjusting for age, sex, race, and body mass index (BMI). A higher  
31 T2D score was nominally associated with a shorter time to insulin peak, greater glucose area over  
32 the curve, shorter time to glucose trough, and steeper slope to glucose trough after glipizide. In  
33 replication, a higher T2D score was associated with a greater 1-year HbA1c reduction to  
34 sulfonylureas in the Genetics of Diabetes Audit and Research, Tayside and Scotland (GoDARTS)  
35 study ( $p=0.02$ ). Our findings suggest that individuals with a higher genetic burden for T2D  
36 experience a greater acute and sustained response to sulfonylureas.

37 Metformin and sulfonylureas are widely prescribed medications for the treatment of type  
38 2 diabetes (T2D). Metformin is the recommended first-line agent for T2D, owing to its high  
39 efficacy, low cost, and favorable side effect profile (1). Sulfonylureas are another commonly  
40 employed agent due to their wide availability and glucose-lowering ability through stimulation of  
41 insulin secretion from pancreatic  $\beta$  cells (2). Despite the recommendation that careful  
42 consideration of patient factors should inform the choice of therapy (3), clinicians typically do not  
43 account for the molecular target of each drug or integrate information about an individual's genetic  
44 profile when prescribing a medication.

45 In the last decade, large-scale genome-wide association studies (GWAS) and high-  
46 throughput sequencing studies have identified over 700 genetic signals influencing T2D risk and  
47 glycemic traits (4-10). The expanding list of genetic variants has resulted in a better understanding  
48 of the disease pathophysiology of T2D and the major processes that contribute to disease risk.  
49 However, the impact of these genetic loci on the response to pharmacological interventions for  
50 T2D has been less systematically studied.

51 With regards to metformin response, candidate gene studies have yielded initial findings  
52 in transporter gene variants (*SLC22A1*, *SLC47A1*) but findings were not validated in subsequent  
53 large-scale meta-analyses (11). GWAS and meta-analyses have revealed additional loci, including  
54 single nucleotide polymorphisms (SNPs) in or near the gene encoding ataxia-telangiectasia  
55 mutated kinase (*ATM*) (12) and in an intron SNP of the glucose transporter GLUT2 (*SLC2A2*)  
56 (13). Pharmacogenetic studies of sulfonylurea response have been limited to candidate gene  
57 studies, and no GWAS for sulfonylurea response has been published to date (14-17).

58 The impact of T2D-associated genetic variants on drug response has been investigated as  
59 well. In particular, *TCF7L2*, the gene harboring common genetic variants with the largest effect

60 on T2D susceptibility discovered to date, has been associated with drug response to sulfonylureas  
61 in those with established T2D (18) and in those at risk of T2D (19). For metformin, *TCF7L2* has  
62 been associated with glycemic response in the early stages of disease (19, 20). Because individual  
63 variants only have a modest effect, the field is now embracing the use of polygenic scores of  
64 aggregated variants, which offer increasing power and capture a greater proportion of the variance  
65 explaining a given trait (21).

66 As such, we examined whether polygenic scores derived from genome-wide significant  
67 loci for glycemic traits and T2D are associated with glycemic traits and the response to metformin  
68 and glipizide in the Study to Understand the Genetics of the Acute Response to Metformin and  
69 Glipizide in Humans (SUGAR-MGH). We hypothesized that polygenic scores constructed based  
70 on previously known genome-wide associations with fasting glucose (FG) and fasting insulin (FI)  
71 would be associated with these glycemic traits in SUGAR-MGH. Furthermore, we expected that  
72 a genetic predisposition to insulin secretion or action would influence the human response to  
73 glipizide or metformin, respectively. For findings that reached significance, we sought replication  
74 in the Genetics of Diabetes Audit and Research, Tayside and Scotland (GoDARTS) study, a  
75 longitudinal cohort study of T2D.

## 76 RESEARCH DESIGN AND METHODS

### 77 **Study design and participants**

78 The study design of SUGAR-MGH has been previously described (22). Briefly, 1,000  
79 participants were enrolled at three Boston academic medical centers between 2008-2015.  
80 Participants were preferentially enrolled in the study if they had risk factors for T2D (i.e. metabolic  
81 syndrome, obesity, polycystic ovarian syndrome, history of gestational diabetes, positive family  
82 history) or lifestyle-controlled T2D. Some participants had previously unknown T2D, diagnosed

83 at the time of study entry. All participants were naïve to metformin and glipizide. Informed consent  
84 was obtained from all study participants and the study protocol was approved by the Partners  
85 Human Research Committee (Partners HealthCare, Boston, MA).

86 After an overnight fast of at least 8 hours, participants received a single dose of 5 mg  
87 glipizide if their fasting blood glucose was  $>4.4$  mmol/L (Visit 1). This threshold was chosen to  
88 minimize the risk of hypoglycemia. Glucose and insulin levels were subsequently measured at  
89 baseline, 30, 60, 90, 120, 180, and 240 minutes. The period of observation following glipizide  
90 administration was terminated early if the participant developed neuroglycopenic symptoms, a  
91 blood glucose  $\leq 2.77$  mmol/L with symptoms of hypoglycemia, blood glucose  $< 2.50$  mmol/L with  
92 or without symptoms of hypoglycemia, or at the discretion of study staff based on clinical  
93 assessment. Subjects who did not meet the threshold to receive glipizide or terminated the glipizide  
94 challenge early were excluded from analyses of glipizide response. Five days later, participants  
95 received a two-day course of 500 mg metformin twice daily, followed by a 75-g oral glucose  
96 tolerance test (OGTT) at Visit 2. Plasma glucose was measured by a hexokinase assay (Roche,  
97 Indianapolis, IN) and insulin was determined using a radioimmunoassay (Beckman Coulter,  
98 Fullerton, CA).

99 GoDARTS is a longitudinal case-control study that was established to study the genetics  
100 of T2D. Over 18,000 participants were enrolled between December 1998 and August 2012, of  
101 whom half were diagnosed with T2D and the remaining age- and sex-matched non-diabetic  
102 controls were identified from general practice records in Tayside, Scotland. Details of the cohort  
103 have been previously described (23). The GoDARTS study was approved by the Tayside  
104 Committee for Medical Research Ethics. Written informed consent was obtained from each  
105 participant.

106 For the replication analysis, we evaluated participants in GoDARTS who were diagnosed  
107 with T2D and were either on a sulfonylurea as monotherapy or as an add-on to metformin. Subjects  
108 with a history of insulin use, T2D diagnosed before 35 years of age, and with a baseline  
109 hemoglobin A1c (HbA1c) <7% (53 mmol/mol) or >14% (130 mmol/mol) were excluded.

### 110 **Genotyping**

111 In SUGAR-MGH, DNA was extracted and genotyping was performed using the iPLEX-  
112 GOLD Assay from Sequenom by allele-specific primer extension of amplified products with  
113 detection by mass spectroscopy (24). Hardy-Weinberg equilibrium was tested within each self-  
114 described ethnic group. SNPs with call rates <95% and samples with call rates <95% were  
115 excluded.

116 Genotyping and quality control of the GoDARTS data have been described previously (12,  
117 13). The SNPs included in the polygenic scores tested in this study were extracted from existing  
118 GWAS data. Imputed SNPs had an imputation score >0.9.

### 119 **Polygenic score construction**

120 Polygenic scores were constructed for T2D, FG, and FI by summing the number of risk  
121 alleles carried by each individual, weighted by the effect size estimates from well-established  
122 genome-wide significant associations derived from the Meta-Analyses of Glucose and Insulin-  
123 related traits Consortium (MAGIC) or Europeans in the DIAbetes Meta-ANalysis of Trans-Ethnic  
124 association studies (DIAMANTE) Consortium (4, 6, 8). Due to the limited availability of SNPs on  
125 our genotyping platform in SUGAR-MGH, we were able to include only a subset of the known  
126 genome-wide significant loci for T2D and glycemic traits, resulting in a T2D polygenic score of  
127 65 SNPs, FG score of 43 SNPs, and FI score of 13 SNPs. Supplemental Tables S1-3 list the genetic  
128 variants, corresponding genes, and original GWAS references for each score. Effect alleles were



129 defined as T2D risk-raising, FG-raising, and FI-raising alleles. We utilized the 1000Genomes  
130 database for global frequencies of the effect alleles because the individuals in SUGAR-MGH were  
131 largely without overt T2D, and we wanted to avoid using a reference database that included  
132 individuals from several T2D cohorts. If the lead SNP was not available, we utilized a proxy that  
133 had an  $r^2 > 0.8$  for Europeans. In GoDARTS, polygenic scores were created in the same manner.

#### 134 **Statistical analyses**

135 In SUGAR-MGH, the area over the curve (AOC) for decreases in glucose during the  
136 glipizide challenge was calculated by subtracting glucose area under the curve (AUC) by the  
137 trapezoidal method from the baseline glucose value  $\times$  total time for the glipizide challenge. The  
138 AUC for glucose and insulin following metformin administration was calculated by the trapezoidal  
139 method, which accounted for baseline glucose and insulin values, respectively. Insulin resistance  
140 by homeostasis model assessment (HOMA-IR) was calculated as previously described (25).  
141 Missing data were not imputed.

142 The mean  $\pm$  standard deviation or median (interquartile range) are reported for continuous  
143 normally or non-normally distributed traits, respectively. Assessment of normality was performed  
144 using the Shapiro-Wilk test. Multiple linear regression with adjustments for age, sex, self-reported  
145 race/ethnicity, and body mass index (BMI) were used to test the association between each  
146 polygenic score and glycemic traits as well as pharmacodynamic endpoints.  $\beta$  coefficients are  
147 presented as the incremental increase or decrease in the trait or endpoint per standard deviation of  
148 the tested polygenic score. We assessed for both nominal significance ( $p < 0.05$ ) and a more  
149 stringent  $p$ -value of 0.008 for multiple comparisons (two drugs  $\times$  three polygenic scores).  
150 Statistical analyses were performed using R 3.5.2 (26).

151 For the replication analyses in GoDARTS, multiple linear regression tested for the  
152 association between polygenic score and the outcome of HbA1c reduction, defined as baseline  
153 HbA1c (measured within 180 days prior to sulfonylurea initiation) minus on-treatment HbA1c at  
154 one year. Additional covariates included baseline HbA1c, age at diagnosis of diabetes, sex, BMI,  
155 average sulfonylurea dose, and mediation adherence as previously described (18).

#### 156 **Data and Resource Availability**

157 The datasets analyzed during the current study are available from the corresponding author upon  
158 reasonable request. Data from SUGAR-MGH are also available at [Clinicaltrials.gov](https://clinicaltrials.gov).

### 159 RESULTS

#### 160 **Subject characteristics**

161 The baseline characteristics of the 1,000 participants in SUGAR-MGH are summarized in  
162 Table 1. Approximately half of participants were female, the mean age was 47.2 years, and over  
163 35% of participants came from ethnic minority populations. The mean BMI was 30.2 kg/m<sup>2</sup> and  
164 mean fasting glucose was 5.16 mmol/L, consistent with a population at risk of requiring future  
165 anti-diabetic agents. Only 26 participants had a diagnosis of T2D (not treated pharmacologically)  
166 at the time of study entry. Of the 1,000 participants, 351 were either ineligible for the glipizide  
167 challenge due to low fasting glucose or terminated the challenge early in accordance with study  
168 protocol.

#### 169 **Construction of polygenic scores for T2D, FG, and FI**

170 The distribution of all three polygenic scores is depicted in Figure 1. The mean T2D  
171 polygenic score was 61.82 (range 44.49-80.93). The mean FG polygenic score was 48.92 (range  
172 31.58-66.08). The mean FI polygenic score was 12.54 (range 5.11-22.74).

#### 173 **Association between polygenic scores and baseline glycemetic traits**

174 Table 2 shows the associations between each polygenic score and either FG or FI at  
175 baseline in SUGAR-MGH. The FG polygenic score was strongly associated with FG in our cohort  
176 in multivariate analyses ( $p<0.001$ ), with each standard deviation increase in score raising FG by  
177 0.13 mmol/L. This association was present in stratified analyses of the non-Hispanic white  
178 ( $\beta=0.09$ ,  $p=0.01$ ) and non-Hispanic black ( $\beta=0.14$ ,  $p=0.007$ ) individuals in SUGAR-MGH.  
179 Likewise, a higher FI polygenic score was associated with higher FI ( $p=0.04$ ); this finding was  
180 also present in stratified analyses of non-Hispanic whites. A higher T2D polygenic score trended  
181 toward significance ( $p=0.05$ ) for the association with higher FG but was not associated with FI.

### 182 **Association between T2D score and the acute response to glipizide and metformin**

183 Table 3 summarizes the association between T2D polygenic score and select endpoints of  
184 glipizide and metformin response. A higher T2D polygenic score was associated with a greater  
185 glucose AOC, shorter time to glucose trough, steeper slope to glucose trough, and shorter time to  
186 insulin peak following glipizide administration at nominal significance ( $p<0.05$ ). When the more  
187 stringent  $p$ -value of 0.008 was utilized to correct for multiple comparisons, the finding involving  
188 the insulin-based endpoint remained significant. We tested and did not find a significant  
189 association between T2D polygenic score and pharmacodynamic endpoints of metformin response  
190 (change in FG, change in FI, change in HOMA-IR; Table 3).

191 Given that the T2D polygenic score was constructed using effect size estimates for  
192 European ancestries and proxies were selected based on linkage disequilibrium in Europeans, we  
193 performed stratified analyses for the non-Hispanic white and black participants separately. In the  
194 non-Hispanic white subset of SUGAR-MGH (Supplemental Table S4), we observed that  
195 individuals with a higher T2D polygenic score trended toward having a greater glucose AOC and  
196 shorter time to insulin peak, though this did not reach our significance threshold after adjustment

197 for multiple testing. Similarly in the non-Hispanic black participants, a similar direction of  
198 association was seen between a higher T2D polygenic score and shorter time to glucose trough  
199 and insulin peak following glipizide (Supplemental Table S5). The relationship between higher  
200 T2D polygenic score and steeper slope to glucose trough trended toward but did not reach  
201 significance in both subgroups.

### 202 **Association between glycemic trait polygenic scores and the acute response to glipizide and** 203 **metformin**

204 Additionally, we observed associations between glycemic trait scores and endpoints of  
205 glipizide response, reaching only nominal significance but not meeting the more stringent  
206 significance threshold after adjustment for multiple testing. A higher FG polygenic score trended  
207 toward a higher glucose AOC ( $p=0.02$ ), with each standard deviation increase in score raising the  
208 glucose AOC by 10.82 mmol/L\*min (Supplemental Table S6). Moreover, each standard deviation  
209 increase in FI polygenic score trended toward a 0.05 mmol/L higher glucose trough following  
210 glipizide administration ( $p=0.02$ , Supplemental Table S7). No association was observed between  
211 either glycemic trait polygenic score and select endpoints of metformin response (Supplemental  
212 Tables S6-7).

### 213 **Replication in GoDARTS**

214 The baseline characteristics of the 2,228 individuals in GoDARTS who underwent  
215 treatment with a sulfonylurea are summarized in Table 4. Approximately half of participants were  
216 female, the mean age was 59.7 years, and the baseline HbA1c was 8.97% (75 mmol/mol). All  
217 subjects were of European ancestry. To replicate our findings in SUGAR-MGH with respect to  
218 sulfonylurea response, we constructed a weighted T2D polygenic score for each individual in  
219 GoDARTS and tested for association with the HbA1c reduction over one year. The mean T2D

220 polygenic score was 74.92 (range 53.29-93.08) with a standard deviation of 5.90. In adjusted  
221 analyses, for each standard deviation increase in T2D score, there was a 0.063% (0.07 mmol/mol)  
222 greater HbA1c reduction in response to sulfonylurea therapy ( $p=0.02$ ). Moreover, those in the top  
223 decile of T2D polygenic score had a  $0.27\% \pm 0.12\%$  greater HbA1c reduction compared to those  
224 in the bottom decile ( $p=0.03$ ).

## 225 DISCUSSION

226 In SUGAR-MGH, we built polygenic scores for elevated T2D risk, FG, and FI using  
227 genome-wide significant variants discovered in GWAS for T2D and glycemic traits. We first  
228 assessed whether the three polygenic scores were associated with glycemic traits, which would  
229 indicate the generalizability of these scores to outcomes in this cohort. Subsequently we tested the  
230 hypothesis that combining individual variants into a polygenic score may provide additional  
231 information on patterns of T2D disease predisposition that may benefit from tailored  
232 pharmacologic intervention.

233 We indeed demonstrated that sets of genome-wide significant genetic variants confirmed  
234 to be associated with glycemic traits were associated with fasting glucose and insulin levels in  
235 SUGAR-MGH. Our findings were consistent in direction with and stronger in significance than  
236 previously reported findings in an interim analysis conducted for our design paper at two-thirds  
237 study enrollment in SUGAR-MGH (22). Additionally, we examined whether a polygenic score for  
238 T2D risk would be associated with the same glycemic traits in our cohort. We found that there was  
239 a trend toward higher FG in those with a higher genetic burden for T2D, possibly related to the  
240 overlap of 14 SNPs between the T2D and FG scores. No association was seen between T2D  
241 polygenic score and FI, but this was not unexpected given that many of the genetic polymorphisms

242 in the T2D score were those that directly or indirectly affect pancreatic  $\beta$ -cell function rather than  
243 insulin resistance.

244 We also tested the associations between each of the three polygenic scores and phenotypes  
245 of glipizide and metformin response. Individuals with a higher genetic burden for T2D were found  
246 to have a more robust response to glipizide, as indicated by a larger glucose AOC, representing a  
247 greater cumulative drop in glucose over time. Additionally, a higher T2D score was associated  
248 with a shorter time to glucose trough, steeper slope to glucose trough, and shorter time to insulin  
249 peak, all consistent with an enhanced glipizide response. We note that these findings were all at  
250 nominal significance ( $p < 0.05$ ). Since the outcomes are correlated, we subsequently accounted for  
251 multiple comparisons, after which only the insulin-based outcome remained statistically  
252 significant. However, the presence of associations between T2D polygenic score and several  
253 glipizide challenge endpoints provides evidence for a true impact on glipizide response. These  
254 findings are additionally supported by the observation of a marginally higher glucose AOC in  
255 individuals with a higher FG polygenic score, again indicative of a greater glipizide response.

256 Since many of the SNPs comprising the T2D polygenic score influence  $\beta$ -cell function, it  
257 appears that treatment with glipizide, a sulfonylurea that stimulates insulin secretion from the  $\beta$   
258 cell, can overcome these genetic defects in the early stages of T2D pathogenesis. We speculate  
259 that perhaps those with a higher risk of T2D may have overly sensitized  $\beta$  cells compared with  
260 those with a lower polygenic score, resulting in an accentuated response to glipizide. This is similar  
261 to what is observed in maturity-onset diabetes of the young (MODY) type 3, which is characterized  
262 by *HNF1A* mutations causing decreased insulin secretion. Individuals with MODY3 demonstrate  
263 a heightened sensitivity to sulfonylureas (27) but require insulin as the secretory defect progresses.  
264 We hypothesize that individuals with a higher T2D risk score may behave in the same way,

265 whereby they initially have a sensitized  $\beta$  cell early in the disease course but may achieve  $\beta$ -cell  
266 failure sooner.

267         Based on our findings, we sought replication in GoDARTS, a case-control study of T2D  
268 with longitudinal clinical and genetic data available. For a subset of 2,228 individuals who  
269 received a sulfonylurea, we tested whether a T2D polygenic score is associated with a clinical drug  
270 response. We found that the mean T2D polygenic score was higher in GoDARTS than in SUGAR-  
271 MGH, illustrating a higher burden of T2D risk variants. This was expected since GoDARTS  
272 participants have established T2D requiring sulfonylurea therapy. Moreover, we observed that a  
273 higher T2D score was again significantly associated with a greater sulfonylurea response, as  
274 measured by HbA1c reduction at one year. Thus, we demonstrated that the T2D score was not  
275 only associated with the physiologic response to an acute dose of glipizide, but also influenced the  
276 sustained glycemic response to sulfonylureas. We acknowledge that a 0.063% greater reduction in  
277 HbA1c per standard deviation increase in T2D score is clinically small; however, this difference  
278 was as high as 0.27% when comparing the top and bottom deciles in T2D score. Therefore, the  
279 clinical utility of the T2D polygenic score may be limited in most of the population, but becomes  
280 more relevant in those at the extremes.

281         Interestingly, our findings appear to be in contrast with the candidate gene analysis of the  
282 *TCF7L2* variant rs7903146 in GoDARTS, in which homozygotes for the T risk allele were less  
283 likely to respond to sulfonylureas (18). We have previously postulated that this genotype may have  
284 a differential effect in individuals with T2D who already have some degree of  $\beta$ -cell dysfunction  
285 compared with those without overt T2D (19). One might expect that similarly those with a high  
286 T2D score and a predisposition to  $\beta$ -cell failure would benefit from sulfonylureas early in the  
287 disease course and have an attenuated response over time. However, our replication analyses in

288 GoDARTS suggest otherwise, in that the association between a higher T2D score and greater  
289 response to sulfonylureas is observed even in those with established T2D and an average duration  
290 of disease of 4.8 years. Whether this effect would be observed for those with an even longer  
291 duration of T2D remains to be determined. If so, this could suggest that the T2D polygenic score  
292 captures additional mechanisms that remain to be elucidated.

293 We also demonstrated that individuals with a higher FI polygenic score trended toward a  
294 higher glucose trough, adjusted for baseline glucose, in response to glipizide. This finding might  
295 suggest that for the same 5 mg dose of glipizide resulting in the same amount of insulin secretion,  
296 individuals with a higher degree of insulin resistance respond worse and have a smaller glucose-  
297 lowering response. Notably, this observation was present after adjustment for BMI but did not  
298 meet the more stringent  $p$ -value for multiple comparisons. We also did not observe an effect on  
299 other glipizide challenge endpoints.

300 With respect to metformin, we did not observe any significant associations between  
301 polygenic score and phenotypic endpoints of metformin response. This is not surprising, especially  
302 as T2D and FG polygenic scores comprising of predominantly  $\beta$ -cell function SNPs would not be  
303 expected to associate with metformin response. Similarly in the Diabetes Prevention Program  
304 (DPP), a pre-diabetic cohort, a genetic score of 34 T2D loci was associated with an increased risk  
305 of progression to diabetes and a lower probability of regression to normoglycemia, but there was  
306 no observed interaction effect of metformin on this association (28).

307 Prior pharmacogenetic studies of sulfonylurea response have been limited to candidate  
308 gene studies (14-17), and few have examined individual T2D-associated genes (18, 19). Our study  
309 is the first, to our knowledge, to show a significant association between an aggregate score of T2D  
310 risk loci and drug response prospectively. One recently published study by Martono *et al.*



311 examined the added utility of genetic risk scores for insulin sensitivity,  $\beta$ -cell function, and T2D  
312 for prediction of the initial response to metformin or sulfonylureas in a primary care population  
313 with early T2D (29). They did not find an association between any of these scores and drug  
314 response, as measured by 6-month HbA1c, adjusted for baseline HbA1c. However, the study  
315 population was considerably smaller than ours (only 282 individuals initiating metformin and 89  
316 individuals starting sulfonylureas) and may have been underpowered to detect significant effects.  
317 We note that our study also utilized weighted polygenic scores and data from the most recent  
318 GWAS for T2D (8).

319 Study strengths include the diverse population of our cohort, which allow for  
320 generalizability of our findings. Furthermore, SUGAR-MGH was conducted under fasting  
321 conditions, which limited the influence of dietary and lifestyle habits. While SUGAR-MGH had  
322 the advantage of examining a physiologic response to an acute perturbation in a controlled  
323 environment, the study design did not include an OGTT prior to metformin administration, which  
324 would have provided a dynamic glucose challenge for assessing metformin response.

325 Another shortcoming is that we were only able to assess a fraction of the known genomic  
326 loci for T2D and glycemic traits, due to the limited availability of SNPs on our genotyping  
327 platform. Genome-wide genotyping is currently underway in SUGAR-MGH, which will permit  
328 more extensive polygenic score construction in the future. This will include partitioned polygenic  
329 scores, which group variants by a common biological process and can provide insight into disease  
330 pathophysiology. The current study only analyzed restricted-to-significant polygenic scores, and  
331 future studies examining global extended polygenic scores, generated from large numbers of  
332 subthreshold significant variants, are needed as well. However, there appears to be limited  
333 improvement in predictive performance between a restricted polygenic score comprising 199 SNPs

334 and a global polygenic score (21). These findings suggest that there may not be a significant step-  
335 up in power with increasing the number of variants included in the polygenic score. Finally, we  
336 note that the effect size estimates used in the polygenic score construction are for European  
337 ancestry, which does not take into consideration that risk variants can have different effect sizes  
338 in different populations. We also do not have ancestry information available on those individuals  
339 who self-reported as “black” in our cohort. However, in our stratified analyses in non-Hispanic  
340 white and black individuals (comprising 64% and 21% of SUGAR-MGH, respectively), we report  
341 findings that trend in the same direction as our primary analyses concerning the impact of the T2D  
342 polygenic score on glipizide response.

343         In summary, our findings suggest that there is some overlap between genes implicated in  
344 the risk of developing T2D and those associated with the response to treatment with sulfonylureas.  
345 We add to the growing body of literature on the potential utility of polygenic scores in  
346 understanding the response to T2D pharmacotherapy. Our study provides preliminary evidence  
347 that sulfonylureas could be more effective in T2D risk allele carriers, both in drug-naïve  
348 individuals as well as those with established T2D. This finding is consistent with the recent results  
349 reported by Dennis *et al.* in the ADOPT trial, showing that participants who cluster in the severely  
350 insulin deficient diabetes phenotype (presumably enriched for beta-cell deleterious alleles)  
351 experience a robust initial response to sulfonylureas, though it worsens over time (30). While  
352 genetic variation has been shown to alter the response to therapy in T2D, further confirmatory  
353 studies are necessary to clarify the role of polygenic scores in clinical decision-making.

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364 **Author Contributions.** J.H.L., L.S., V.K., and J.C.F. conceived and designed the experiments in  
365 SUGAR-MGH. J.H.L., A.Y.D., E.R.P., and J.C.F. conceived and designed the replication analyses  
366 in GoDARTS. V.K. and J.C.F. recruited participants in SUGAR-MGH. J.H.L., L.S., A.Y.D., and  
367 V.K. analyzed the data. All authors took part in interpreting the data. J.H.L. and J.C.F. prepared  
368 the manuscript. All authors read and edited the manuscript. J.C.F. is the guarantor of this work  
369 and, as such, had full access to all the data in the study and takes responsibility for the integrity of  
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451 TABLES

452 **Table 1.** Demographic characteristics and baseline measurements of 1,000 participants in

453 SUGAR-MGH

	<b>All participants (n=1,000)</b>
Female (n, %)	539 (54%)
Age (years)	47.2 ± 16.2
BMI (kg/m <sup>2</sup> ), n=978	30.2 ± 7.1
Self-reported race/ethnicity (n, %)	
White, non-Hispanic	639 (64%)
Black, non-Hispanic	209 (21%)
Hispanic	69 (6.9%)
Asian, non-Hispanic	59 (5.9%)
Others	24 (2.4%)
Diagnosis of type 2 diabetes	26 (2.6%)
Fasting glucose (mmol/L)	5.16 ± 0.93
Fasting insulin (pmol/L), n=970	3.56 (3.03, 4.11)

454 Age, body mass index (BMI), and fasting glucose are shown as mean ± standard deviation.

455 Fasting insulin is presented as median (interquartile range).

456 **Table 2.** Association of polygenic scores with baseline glyceic traits in SUGAR-MGH

<b>Polygenic score</b>	<b>Trait</b>	<b><math>\beta</math> (95% CI)</b>	<b><i>P</i></b>
Fasting glucose	Fasting glucose (mmol/L)	0.13 (0.07, 0.18)	<b>&lt;0.001</b>
Fasting insulin	Ln fasting insulin (pmol/L)	0.05 (0.003, 0.10)	<b>0.04</b>
Type 2 diabetes	Fasting glucose (mmol/L)	0.05 (-2.1e-5, 0.10)	0.05
Type 2 diabetes	Ln fasting insulin (pmol/L)	0.009 (-0.04, 0.06)	0.71

457 Linear regression model was adjusted for age, sex, race/ethnicity, and body mass index (BMI).  $\beta$ 

458 values are reported per standard deviation of polygenic score.

459 **Table 3.** Association of T2D polygenic score with glipizide and metformin endpoints in  
 460 SUGAR-MGH

	N	$\beta$ (95% CI)	P <sup>§</sup>
<b>Glipizide endpoint*</b>			
Glucose trough (mmol/L) <sup>†</sup>	639	-0.01 (-0.05, 0.02)	0.50
Glucose AOC (mmol/L*min)	633	10.05 (1.17, 18.93)	0.03
Time to glucose trough (min) <sup>†</sup>	639	-4.88 (-8.82, -0.94)	0.02
Slope to glucose trough (mmol/L/min) <sup>†</sup>	638	7.6e-4 (1.2e-4, 1.4e-3)	0.02
Ln peak insulin (pmol/L) <sup>‡</sup>	615	0.04 (-0.009, 0.09)	0.11
Time to insulin peak (min) <sup>‡</sup>	615	-5.83 (-9.91, -1.76)	<b>0.005</b>
Slope to insulin peak (pmol/L/min) <sup>‡</sup>	609	-0.11 (-0.33, 0.12)	0.35
<b>Metformin endpoint</b>			
Fasting glucose V2-V1 (mmol/L) <sup>†</sup>	924	-0.009 (-0.04, 0.02)	0.56
Glucose AUC (mmol/L*min)	900	6.79 (-3.20, 16.77)	0.18
Fasting insulin V2-V1 (pmol/L) <sup>‡</sup>	891	-3.11 (-6.74, 0.52)	0.09
Insulin AUC (pmol/L*min)	831	-66.27 (-2561.34, 1640.89)	0.67
Ln HOMA-IR V1 (mmol*pmol/L <sup>2</sup> )	915	0.02 (-0.03, 0.08)	0.44
Ln HOMA-IR V2 (mmol*pmol/L <sup>2</sup> )	914	-0.01 (-0.07, 0.05)	0.69
HOMA-IR V2-V1 (mmol*pmol/L <sup>2</sup> )	914	-0.84 (-1.73, 0.04)	0.06

461 V1=visit 1, V2=visit 2, AOC=area over the curve, AUC=area under the curve. \*351 individuals  
 462 did not meet the threshold to receive glipizide or terminated the glipizide challenge early and  
 463 were excluded from analyses of glipizide response. <sup>†</sup>Adjusted for baseline glucose. <sup>‡</sup>Adjusted for  
 464 ln baseline insulin. Linear regression model was adjusted for age, sex, race/ethnicity, and body



465 mass index (BMI). §*P*-values of <0.008 are reported in bold and reflect significance after  
466 adjustment for multiple testing.  
467

468 **Table 4.** Demographic characteristics and baseline measurements of 2,228 participants in  
469 GoDARTS

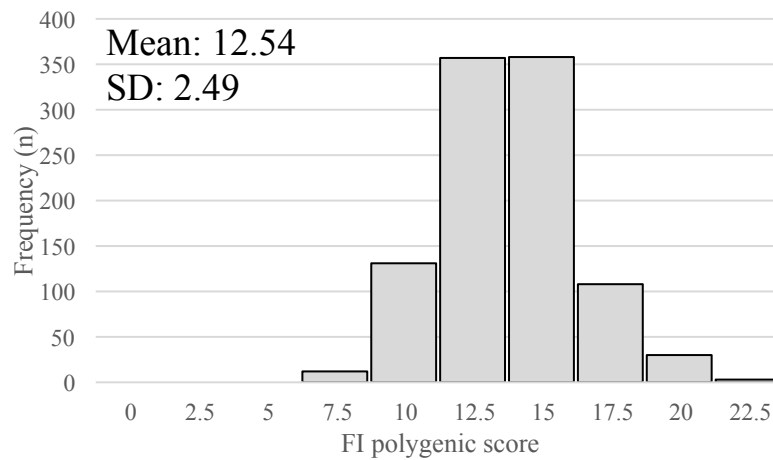
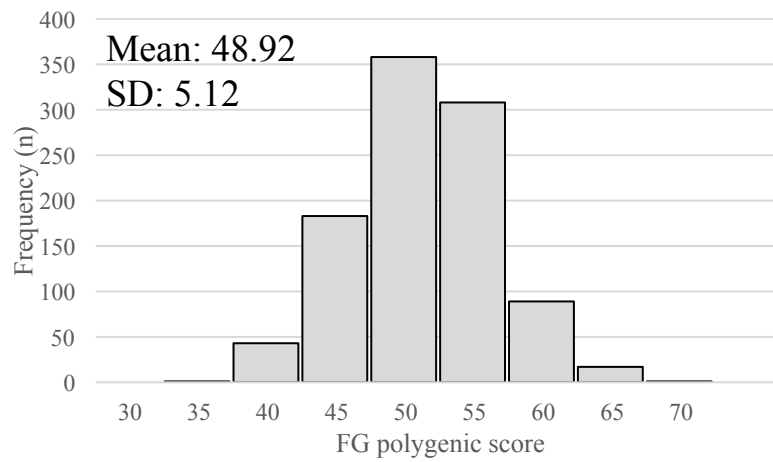
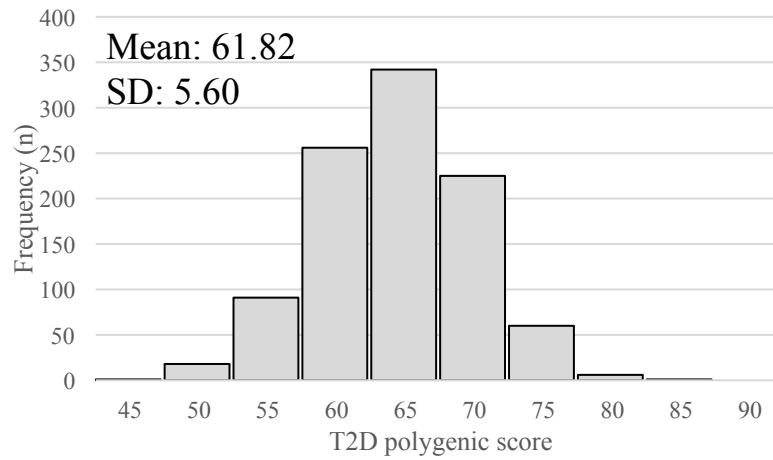
470		<b>All participants (n=2,228)</b>
471	Age at diagnosis (years)	59.7 ± 10.3
472	Sex (% female)	45%
473	Duration of diabetes (years)	4.8 ± 4.4
474	Baseline BMI (kg/m <sup>2</sup> )/	30.5 ± 5.4
475	Baseline HbA1c (%)	8.97 ± 1.47
476	On-treatment HbA1c (%)	7.64 ± 1.40
	Average HbA1c reduction (%)	1.34 ± 1.69
	Sulfonylurea adherence (%)	86% ± 20%
	Sulfonylurea monotherapy (%)	44%

477 Age, BMI, and HbA1c values are presented as mean ± standard deviation.

479 FIGURE LEGEND

480 **Figure 1.** Distribution of polygenic scores for (A) type 2 diabetes, (B) fasting glucose, (C)

481 fasting insulin across 1,000 individuals in SUGAR-MGH.



## SUPPLEMENTAL MATERIAL

Supplemental Table S1. Genetic variants included in the T2D polygenic score.

SNP	Locus	CHR	POS	T2D raising allele	EAF	$\beta$	Reference
rs340879 <sup>a</sup>	<i>PROXI</i>	1	214156514	C	0.508	0.059	Morris et al. 2012
rs17106184	<i>FAF1</i>	1	50909985	G	0.921	0.063	Mahajan et al. 2014
rs340874	<i>PROXI</i>	1	214159256	C	0.376	0.068	Dupuis et al. 2010
rs10195252	<i>COBLL1</i>	2	165513091	T	0.603	0.06	Scott et al. 2012
rs1260326	<i>GCKR</i>	2	27730940	C	0.707	0.067	Saxena et al. 2010
rs2943641	<i>IRSI</i>	2	227093745	C	0.751	0.094	Rung et al. 2009
rs3923113	<i>GRB14</i>	2	165501849	A	0.615	0.056	Kooner et al. 2011
rs7578326	<i>IRSI</i>	2	227020653	A	0.714	0.079	Voight et al. 2010
rs7578597	<i>THADA</i>	2	43732823	T	0.863	0.12	Zeggini et al. 2008
rs7607980	<i>COBLL1</i>	2	165551201	T	0.893	0.084	Manning et al. 2012
rs243021	<i>BCL11A</i>	2	60584819	A	0.496	0.058	Voight et al. 2010
rs11708067	<i>ADCY5</i>	3	123065778	A	0.850	0.089	Dupuis et al. 2010
rs2877716 <sup>b</sup>	<i>ADCY5</i>	3	123094451	C	0.811	0.086	Morris et al. 2012
rs13094957 <sup>c</sup>	<i>UBE2E2</i>	3	23457080	T	0.745	0.071	Morris et al. 2012
rs1801282	<i>PPARG</i>	3	12393125	C	0.930	0.1	Altshuler et al. 2000
rs4402960	<i>IGF2BP2</i>	3	185511687	T	0.389	0.11	Morris et al. 2012
rs4607103	<i>ADAMTS9</i>	3	64711904	C	0.646	0.052	Zeggini et al. 2008
rs6795735	<i>ADAMTS9</i>	3	64705365	C	0.287	0.048	Zeggini et al. 2008
rs16861329	<i>ST6GAL1</i>	3	186666461	C	0.835	0.057	Kooner et al. 2011
rs6446482	<i>WFS1</i>	4	6295693	G	0.721	0.085	Morris et al. 2012
rs6813195	<i>TMEM154</i>	4	153520475	C	0.592	0.055	Mahajan et al. 2014
rs4457053	<i>ZBED3</i>	5	76424949	G	0.203	0.059	Voight et al. 2010
rs459193	<i>ANKRD55</i>	5	55806751	G	0.606	0.073	Morris et al. 2012
rs4865796	<i>ARL15</i>	5	53272664	A	0.760	0.051	Scott et al. 2012
rs10946398	<i>CDKAL1</i>	6	20661034	C	0.405	0.12	Zeggini et al. 2008
rs9368222	<i>CDKAL1</i>	6	20686996	A	0.269	0.14	Scott et al. 2012
rs17168486	<i>DGKB</i>	7	14898282	T	0.272	0.069	Morris et al. 2012
rs2191349	<i>DGKB</i>	7	15064309	T	0.572	0.066	Dupuis et al. 2010
rs4607517	<i>GCK</i>	7	44235668	A	0.143	0.055	Dupuis et al. 2010
rs972283	<i>KLF14</i>	7	130466854	G	0.693	0.012	Voight et al. 2010
rs3802177 <sup>d</sup>	<i>SLC30A8</i>	8	118185025	G	0.744	0.11	Morris et al. 2012
rs516946	<i>ANK1</i>	8	41519248	C	0.804	0.08	Morris et al. 2012
rs896854	<i>TP53INP1</i>	8	95960511	T	0.484	0.05	Voight et al. 2010
rs10811661	<i>CDKN2A/B</i>	9	22134094	T	0.824	0.16	Morris et al. 2012
rs2796441	<i>TLE1</i>	9	84308948	G	0.603	0.066	Morris et al. 2012
rs13292136	<i>TLE4</i>	9	81952128	C	0.898	0.085	Voight et al. 2010

rs1111875	<i>HHEX</i>	10	94462882	C	0.544	0.11	Morris et al. 2012
rs11257655	<i>CDC123</i>	10	12307894	T	0.301	0.09	Zeggini et al. 2008
rs12571751	<i>ZMIZ1</i>	10	80942631	A	0.535	0.07	Morris et al. 2012
rs7903146	<i>TCF7L2</i>	10	114758349	T	0.228	0.31	Morris et al. 2012
rs10830963	<i>MTNR1B</i>	11	92708710	G	0.260	0.099	Dupuis et al. 2010
rs1552224	<i>ARAP1</i>	11	72433098	A	0.900	0.1	Voight et al. 2010
rs163184	<i>KCNQ1</i>	11	2847069	G	0.373	0.081	Morris et al. 2012
rs2237892	<i>KCNQ1</i>	11	2839751	C	0.851	0.11	Yasuda et al. 2008
rs8181588 <sup>e</sup>	<i>KCNQ1</i>	11	2831541	T	0.807	0.19	Wheeler et al. 2017
rs231362	<i>KCNQ1</i>	11	2691471	G	0.729	0.055	Voight et al. 2010
rs757110	<i>KCNJ11</i>	11	17418477	C	0.274	0.068	Gloyn et al. 2003
rs10842994	<i>KLHDC5</i>	12	27965150	C	0.862	0.074	Morris et al. 2012
rs2261181	<i>HMG2</i>	12	66212318	T	0.156	0.11	Morris et al. 2012
rs7955901	<i>TSPAN8</i>	12	71433293	C	0.434	0.044	Morris et al. 2012
rs1531343	<i>HMG2</i>	12	66174894	C	0.213	0.1	Voight et al. 2010
rs7957197	<i>HNFI1A</i>	12	121460686	T	0.891	0.065	Voight et al. 2010
rs7961581	<i>TSPAN8</i>	12	71663102	C	0.238	0.038	Zeggini et al. 2008
rs1215451 <sup>f</sup>	<i>SPRY2</i>	13	80715893	G	0.771	0.083	Morris et al. 2012
rs12899811	<i>VPS33B</i>	15	91544076	G	0.636	0.042	Morris et al. 2012
rs2028299	<i>AP3S2</i>	15	90374257	C	0.270	0.063	Kooner et al. 2011
rs7178572	<i>HMG20A</i>	15	77747190	G	0.526	0.078	Kooner et al. 2011
rs8042680	<i>PRC1</i>	15	91521337	A	0.742	0.051	Voight et al. 2010
rs7202877	<i>CTRB2</i>	16	75247245	T	0.860	0.1	Morris et al. 2012
rs9939609	<i>FTO</i>	16	53820527	A	0.340	0.12	Frayling et al. 2007
rs11651052	<i>HNFI1B</i>	17	36102381	A	0.424	0.072	Morris et al. 2012
rs12970134	<i>MC4R</i>	18	57884750	A	0.207	0.052	Morris et al. 2012
rs12454712	<i>BCL2</i>	18	60845884	T	0.624	0.049	Saxena et al. 2012
rs3794991	<i>SUGPI</i>	19	19610596	T	0.088	0.079	Saxena et al. 2012
rs481282	<i>HNFA4</i>	20	42989267	A	0.255	0.05	Kooner et al. 2011

T2D=type 2 diabetes, SNP=single nucleotide polymorphism, CHR=chromosome, POS=position based on human genome 19, EAF=effect allele frequency based on global 1000Genomes. <sup>a</sup>proxy for rs2075423, <sup>b</sup>proxy for rs11717195, <sup>c</sup>proxy for rs1496653, <sup>d</sup>proxy for rs13266634, <sup>e</sup>proxy for rs2237896, <sup>f</sup>proxy for rs1359790.

**Supplemental Table S2.** Genetic variants included in the FG polygenic score

SNP	Locus	CHR	POS	FG raising allele	EAF	$\beta$	Reference
rs340874	<i>PROX1</i>	1	214159256	C	0.376	0.014	Dupuis et al. 2010
rs1260326	<i>GCKR</i>	2	27730940	C	0.707	0.029	Saxena et al. 2010
rs1371614	<i>DPYSL5</i>	2	27152874	T	0.268	0.016	Manning et al. 2012
rs552976	<i>G6PC2/ABCB11</i>	2	169791438	G	0.748	0.057	Soranzo et al. 2010
rs573225 <sup>a</sup>	<i>G6PC2</i>	2	169757541	A	0.855	0.063	Dupuis et al. 2010
rs11708067	<i>ADCY5</i>	3	123065778	A	0.850	0.023	Dupuis et al. 2010
rs10640 <sup>b</sup>	<i>AMT</i>	3	49454277	G	0.794	0.011	Scott et al. 2012
rs2877716 <sup>c</sup>	<i>ADCY5</i>	3	123094451	C	0.811	0.019	Morris et al. 2012
rs11920090	<i>SLC2A2</i>	3	170717521	T	0.816	0.027	Dupuis et al. 2010
rs4402960	<i>IGF2BP2</i>	3	185511687	T	0.389	0.012	Morris et al. 2012
rs8192675	<i>SLC2A2</i>	3	170724883	T	0.588	0.017	Wheeler et al. 2017
rs9368222	<i>CDKAL1</i>	6	20686996	A	0.269	0.014	Scott et al. 2012
rs10278336	<i>YKT6</i>	7	44245363	A	0.654	0.035	Morris et al. 2012
rs17168486	<i>DGKB</i>	7	14898282	T	0.272	0.031	Morris et al. 2012
rs2191349	<i>DGKB</i>	7	15064309	T	0.572	0.029	Dupuis et al. 2010
rs3824065	<i>YKT6</i>	7	44247258	C	0.655	0.034	Wheeler et al. 2017
rs4607517	<i>GCK</i>	7	44235668	A	0.143	0.064	Dupuis et al. 2012
rs6943153	<i>GRB10</i>	7	50791579	T	0.433	0.015	Scott et al. 2012
rs3802177 <sup>d</sup>	<i>SLC30A8</i>	8	118185025	G	0.744	0.028	Morris et al. 2012
rs4841132	<i>PPP1R3B</i>	8	9183596	A	0.093	0.03	Manning et al. 2012
rs983309	<i>PPP1R3B</i>	8	9177732	T	0.152	0.025	Scott et al. 2012
rs10758593	<i>GLIS3</i>	9	4292083	A	0.479	0.016	Morris et al. 2012
rs10811661	<i>CDKN2A/B</i>	9	22134094	T	0.824	0.024	Morris et al. 2012
rs16913693	<i>IKBKAP</i>	9	111680359	T	0.923	0.043	Scott et al. 2012
rs3829109	<i>DNLZ</i>	9	139256766	G	0.790	0.017	Scott et al. 2012
rs4918635 <sup>e</sup>	<i>ADRA2A</i>	10	113036224	C	0.718	0.031	Dupuis et al. 2010
rs7903146	<i>TCF7L2</i>	10	114758349	T	0.228	0.022	Morris et al. 2012
rs10501320	<i>MADD</i>	11	47293799	G	0.912	0.025	Strawbridge et al. 2011
rs10830963	<i>MTNR1B</i>	11	92708710	G	0.260	0.078	Dupuis et al. 2010
rs11605924	<i>CRY2</i>	11	45873091	A	0.674	0.022	Dupuis et al. 2010
rs1483121	<i>OR4SI</i>	11	48333360	G	0.959	0.029	Manning et al. 2012
rs1552224	<i>ARAP1</i>	11	72433098	A	0.900	0.02	Voight et al. 2010
rs174550	<i>FADS1</i>	11	61571478	T	0.702	0.02	Dupuis et al. 2010
rs174577	<i>FADS2</i>	11	61604814	C	0.608	0.02	Wheeler et al. 2017
rs7944584	<i>MADD</i>	11	47336320	A	0.878	0.025	Dupuis et al. 2010
rs10747083	<i>P2RX2</i>	12	133041618	A	0.760	0.014	Scott et al. 2012
rs2293941	<i>PDX1</i>	13	28491198	A	0.254	0.02	Manning et al. 2012
rs533873 <sup>f</sup>	<i>KL</i>	13	33555587	C	0.320	0.012	Scott et al. 2012

rs3783347	<i>WARS</i>	14	100839261	G	0.879	0.017	Scott et al. 2012
rs7163757 <sup>g</sup>	<i>C2CD4A</i>	15	62391608	C	0.505	0.02	Morris et al. 2012
rs2302593	<i>QPCTL</i>	19	46196634	C	0.576	0.014	Scott et al. 2012
rs6072275	<i>TOPI</i>	20	39743905	A	0.070	0.016	Scott et al. 2012
rs6113722	<i>FOXA2</i>	20	22557099	G	0.900	0.035	Scott et al. 2012

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FG=fasting glucose, SNP=single nucleotide polymorphism, CHR=chromosome, POS=position based on human genome 19, EAF=effect allele frequency based on global 1000Genomes. <sup>a</sup>proxy for rs560887, <sup>b</sup>proxy for rs11715915, <sup>c</sup>proxy for rs11717195, <sup>d</sup>proxy for rs13266634, <sup>e</sup>proxy for rs10885122, <sup>f</sup>proxy for rs576674, <sup>g</sup>proxy for rs4502156.



**Supplemental Table S3.** Genetic variants included in the FI polygenic score

SNP	Locus	CHR	POS	FI raising allele	EAF	$\beta$	Reference
rs2820436	<i>LYPLAL1</i>	1	219640680	C	0.643	0.015	Scott et al. 2012
rs10195252	<i>COBLL1</i>	2	165513091	T	0.603	0.016	Scott et al. 2012
rs1260326	<i>GCKR</i>	2	27730940	C	0.707	0.019	Saxena et al. 2010
rs7578326	<i>IRS1</i>	2	227020653	A	0.714	0.023	Voight et al. 2010
rs9884482	<i>TET2</i>	4	106081636	C	0.350	0.016	Scott et al. 2012
rs459193	<i>C5orf67</i>	5	55806751	G	0.606	0.014	Morris et al. 2012
rs4865796	<i>ARL15</i>	5	53272664	A	0.760	0.015	Mahajan et al. 2014
rs2745353	<i>RSPO3</i>	6	127452935	T	0.552	0.014	Scott et al. 2012
rs1167800	<i>HIP1</i>	7	75176196	A	0.686	0.016	Scott et al. 2012
rs4841132	<i>PPP1R3B</i>	8	9183596	A	0.093	0.03	Manning et al. 2012
rs983309	<i>PPP1R3B</i>	8	9177732	T	0.152	0.029	Scott et al. 2012
rs7903146	<i>TCF7L2</i>	10	114758349	C	0.772	0.018	Morris et al. 2012
rs731839	<i>PEPD</i>	19	33899065	G	0.460	0.014	Scott et al. 2012

FI=fasting insulin, SNP=single nucleotide polymorphism, CHR=chromosome, POS=position based on human genome 19, EAF=effect allele frequency based on global 1000Genomes.

**Supplemental Table S4.** Association of T2D polygenic score with glipizide and metformin endpoints in 639 white, non-Hispanic participants in SUGAR-MGH

	<b>N</b>	<b>β (95% CI)</b>	<b>P</b>
<b>Glipizide endpoint*</b>			
Glucose trough (mmol/L) <sup>†</sup>	436	-0.03 (-0.08, 0.01)	0.18
Glucose AOC (mmol/L*min)	435	12.20 (1.27, 23.13)	0.03
Time to glucose trough (min) <sup>†</sup>	436	-2.30 (-6.85, 2.25)	0.32
Slope to glucose trough (mmol/L/min) <sup>†</sup>	436	5.7e-4 (-2.1e-4, 1.4e-3)	0.15
Ln peak insulin (pmol/L) <sup>‡</sup>	427	0.04 (-0.02, 0.09)	0.19
Time to insulin peak (min) <sup>‡</sup>	427	-5.17 (-9.70, -0.65)	0.03
Slope to insulin peak (pmol/L/min) <sup>‡</sup>	423	-0.10 (-0.40, 0.19)	0.50
<b>Metformin endpoint</b>			
Fasting glucose V2-V1 (mmol/L) <sup>†</sup>	590	-0.004 (-0.04, 0.03)	0.56
Glucose AUC (mmol/L*min)	582	14.15 (1.07, 27.24)	0.03
Fasting insulin V2-V1 (pmol/L) <sup>‡</sup>	577	-1.64 (-5.17, 1.89)	0.36
Insulin AUC (pmol/L*min)	542	-204.97 (-2123.85, 1713.90)	0.83
Ln HOMA-IR V1 (mmol*pmol/L <sup>2</sup> )	586	0.05 (-0.02, 0.12)	0.14
Ln HOMA-IR V2 (mmol*pmol/L <sup>2</sup> )	586	0.02 (-0.05, 0.09)	0.54
HOMA-IR V2-V1 (mmol*pmol/L <sup>2</sup> )	586	-0.75 (-1.70, 0.20)	0.12

V1=visit 1, V2=visit 2, AOC=area over the curve, AUC=area under the curve. \*191 individuals did not meet the threshold to receive glipizide or terminated the glipizide challenge early and were excluded from analyses of glipizide response. <sup>†</sup>Adjusted for baseline glucose. <sup>‡</sup>Adjusted for ln baseline insulin. Linear regression model was adjusted for age, sex, race/ethnicity, and body mass index (BMI). A *p*-value of <0.008 reflects statistical significance after adjustment for multiple testing.

**Supplemental Table S5.** Association of T2D polygenic score with glipizide and metformin endpoints in 209 black, non-Hispanic participants in SUGAR-MGH

	N	$\beta$ (95% CI)	P
<b>Glipizide endpoint*</b>			
Glucose trough (mmol/L) <sup>†</sup>	115	0.003 (-0.10, 0.10)	0.96
Glucose AOC (mmol/L*min)	112	3.58 (-17.24, 24.40)	0.73
Time to glucose trough (min) <sup>†</sup>	115	-14.04 (-25.43, -2.65)	0.01
Slope to glucose trough (mmol/L/min) <sup>†</sup>	115	1.7e-3 (-8.3e-6, 0.003)	0.05
Ln peak insulin (pmol/L) <sup>‡</sup>	104	0.13 (-0.002, 0.25)	0.05
Time to insulin peak (min) <sup>‡</sup>	104	-14.60 (-27.34, -1.85)	0.02
Slope to insulin peak (pmol/L/min) <sup>‡</sup>	102	-0.05 (-0.88, -0.12)	0.01
<b>Metformin endpoint</b>			
Fasting glucose V2-V1 (mmol/L) <sup>†</sup>	192	-0.06 (-0.13, 0.02)	0.13
Glucose AUC (mmol/L*min)	183	-0.12 (-20.28, 20.04)	0.99
Fasting insulin V2-V1 (pmol/L) <sup>‡</sup>	180	-10.62 (-24.24, 2.99)	0.13
Insulin AUC (pmol/L*min)	169	-371.60 (-5059.66, 4316.37)	0.88
Ln HOMA-IR V1 (mmol*pmol/L <sup>2</sup> )	190	0.008 (-0.13, 0.15)	0.91
Ln HOMA-IR V2 (mmol*pmol/L <sup>2</sup> )	189	-0.07 (-0.23, 0.09)	0.41
HOMA-IR V2-V1 (mmol*pmol/L <sup>2</sup> )	189	-2.21 (-5.31, 0.90)	0.16

V1=visit 1, V2=visit 2, AOC=area over the curve, AUC=area under the curve. \*96 individuals did not meet the threshold to receive glipizide or terminated the glipizide challenge early and were excluded from analyses of glipizide response. <sup>†</sup>Adjusted for baseline glucose. <sup>‡</sup>Adjusted for ln baseline insulin. Linear regression model was adjusted for age, sex, race/ethnicity, and body mass index (BMI). A *p*-value of <0.008 reflects statistical significance after adjustment for multiple testing.

**Supplemental Table S6.** Association of FG polygenic score with glipizide and metformin endpoints in SUGAR-MGH

	<b>N</b>	<b><math>\beta</math> (95% CI)</b>	<b><i>P</i></b>
<b>Glipizide endpoint*</b>			
Glucose trough (mmol/L) <sup>†</sup>	639	0.01 (-0.03, 0.05)	0.53
Glucose AOC (mmol/L*min)	633	10.82 (1.42, 20.22)	0.02
Time to glucose trough (min) <sup>†</sup>	639	3.12 (-1.09, 7.33)	0.15
Slope to glucose trough (mmol/L/min) <sup>†</sup>	638	-2.3e-4 (-9.2e-4, 4.6e-4)	0.51
Ln peak insulin (pmol/L) <sup>‡</sup>	615	-5.1e-4 (-0.05, 0.05)	0.98
Time to insulin peak (min) <sup>‡</sup>	615	4.05 (-0.26, 8.35)	0.07
Slope to insulin peak (pmol/L/min) <sup>‡</sup>	609	0.005 (-0.23, 0.24)	0.96
<b>Metformin endpoint</b>			
Fasting glucose V2-V1 (mmol/L) <sup>†</sup>	924	0.02 (-0.01, 0.05)	0.24
Glucose AUC (mmol/L*min)	900	4.22 (-5.79, 14.22)	0.41
Fasting insulin V2-V1 (pmol/L) <sup>‡</sup>	891	-3.11 (-6.77, 0.55)	0.10
Insulin AUC (pmol/L*min)	831	371.72 (-1742.16, 2485.60)	0.73
Ln HOMA-IR V1 (mmol*pmol/L <sup>2</sup> )	915	0.03 (-0.02, 0.09)	0.27
Ln HOMA-IR V2 (mmol*pmol/L <sup>2</sup> )	914	-0.004 (-0.06, 0.06)	0.90
HOMA-IR V2-V1 (mmol*pmol/L <sup>2</sup> )	914	-0.85 (-1.75, 0.05)	0.06

V1=visit 1, V2=visit 2, AOC=area over the curve, AUC=area under the curve. \*351 individuals did not meet the threshold to receive glipizide or terminated the glipizide challenge early and were excluded from analyses of glipizide response. <sup>†</sup>Adjusted for baseline glucose. <sup>‡</sup>Adjusted for ln baseline insulin. Linear regression model was adjusted for age, sex, race/ethnicity, and body mass index (BMI). A *p*-value of <0.008 reflects statistical significance after adjustment for multiple testing.

**Supplemental Table S7.** Association of FI polygenic score with glipizide and metformin endpoints in SUGAR-MGH

	<b>N</b>	<b>β (95% CI)</b>	<b>P</b>
<b>Glipizide endpoint*</b>			
Glucose trough (mmol/L) <sup>†</sup>	639	0.05 (0.007, 0.08)	0.02
Glucose AOC (mmol/L*min)	633	-0.78 (-9.93, 8.38)	0.87
Time to glucose trough (min) <sup>†</sup>	639	1.38 (-2.65, 5.40)	0.50
Slope to glucose trough (mmol/L/min) <sup>†</sup>	638	-3.8e-4 (-1.0e-3, 2.7e-4)	0.25
Ln peak insulin (pmol/L) <sup>‡</sup>	615	-0.004 (-0.05, 0.05)	0.87
Time to insulin peak (min) <sup>‡</sup>	615	1.63 (-2.62, 5.88)	0.45
Slope to insulin peak (pmol/L/min) <sup>‡</sup>	609	0.04 (-0.19, 0.27)	0.73
<b>Metformin endpoint</b>			
Fasting glucose V2-V1 (mmol/L) <sup>†</sup>	924	0.02 (-0.01, 0.05)	0.25
Glucose AUC (mmol/L*min)	900	-0.68 (-10.51, 9.14)	0.89
Fasting insulin V2-V1 (pmol/L) <sup>‡</sup>	891	-1.67 (-5.30, 1.96)	0.37
Insulin AUC (pmol/L*min)	831	968.00 (-1134.82, 3070.73)	0.37
Ln HOMA-IR V1 (mmol*pmol/L <sup>2</sup> )	915	0.05 (-0.008, 0.10)	0.09
Ln HOMA-IR V2 (mmol*pmol/L <sup>2</sup> )	914	0.01 (-0.05, 0.07)	0.68
HOMA-IR V2-V1 (mmol*pmol/L <sup>2</sup> )	914	-0.59 (-1.47, 0.29)	0.19

V1=visit 1, V2=visit 2, AOC=area over the curve, AUC=area under the curve. \*351 individuals did not meet the threshold to receive glipizide or terminated the glipizide challenge early and were excluded from analyses of glipizide response. <sup>†</sup>Adjusted for baseline glucose. <sup>‡</sup>Adjusted for ln baseline insulin. Linear regression model was adjusted for age, sex, race/ethnicity, and body mass index (BMI). A *p*-value of <0.008 reflects statistical significance after adjustment for multiple testing.