



Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID-19. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information website.

Elsevier hereby grants permission to make all its COVID-19-related research that is available on the COVID-19 resource centre - including this research content - immediately available in PubMed Central and other publicly funded repositories, such as the WHO COVID database with rights for unrestricted research re-use and analyses in any form or by any means with acknowledgement of the original source. These permissions are granted for free by Elsevier for as long as the COVID-19 resource centre remains active.



## Letter to the Editor

## Effect of hydroxychloroquine with or without azithromycin on the mortality of COVID-19 patients: authors' response

Thibault Fiolet<sup>1,2,\*</sup>, Anthony Guihur<sup>3</sup>, Mathieu Edouard Rebeaud<sup>3</sup>, Matthieu Mulot<sup>4</sup>, Nathan Peiffer-Smadja<sup>5,6,7</sup>, Yahya Mahamat-Saleh<sup>1,2</sup>

<sup>1</sup> CESP (Centre for Research in Epidemiology and Population Health), Faculté de Médecine—Université Paris-Sud, Faculté de Médecine—UVSQ, INSERM, Université Paris Saclay, 94 805, Villejuif, France

<sup>2</sup> Gustave Roussy, F-94805, Villejuif, France

<sup>3</sup> Department of Plant Molecular Biology, Faculty of Biology and Medicine, University of Lausanne, Switzerland

<sup>4</sup> Laboratory of Soil Biodiversity, Faculty of Science, University of Neuchâtel, Switzerland

<sup>5</sup> Université de Paris, IAME, INSERM, F-75018 Paris, France

<sup>6</sup> National Institute for Health Research Health Protection Research Unit in Healthcare Associated Infections and Antimicrobial Resistance, Imperial College London, London, UK

<sup>7</sup> Infectious and Tropical Diseases Department, Bichat-Claude Bernard Hospital, AP-HP, Paris, 75018, France

## ARTICLE INFO

## Article history:

Received 25 September 2020

Received in revised form

28 September 2020

Accepted 1 October 2020

Available online 17 October 2020

Editor: L. Leibovici

## To the editor,

We share the concerns of Siang Know et al. about the use of azithromycin. In response to Million et al. and Lacout et al., we want to clarify some points that may have been misunderstood.

Million et al. start their letter by stating that they did not 'believe' in our study [1]. This word is inappropriate in evidence-based medicine. The authors of the letter generalize their conclusion from an observational single-centre study [2] which suffers from critical biases as summarized below:

1. Defining the exposure as "hydroxychloroquine (HCQ) with azithromycin (AZI)  $\geq 3$  days" produces an immortal time bias in favour of the HCQ-with-AZI group [3], which was not taken into

account. Thus, patients with an early clinical aggravation were systematically moved to the 'other treatments' group, artificially overestimating the effect of the HCQ–AZI association. Patients who stopped the treatment before 3 days had the highest mortality rate. The immortal time bias is obvious on the Kaplan–Meier curves (Fig. 3 of Lagier et al. [2]).

2. The control group is heterogeneous: the 'other treatments' group combines patients who received HCQ alone, AZI alone, HCQ with AZI <3 days and no drug. This does not follow proper methodology.
3. There is a high imbalance between groups for age and comorbidities, factors associated with a poorer outcome. Moreover, patients with contraindications to HCQ or AZI were included in the control group, while they should have been excluded from the comparison.

As with all studies at risk of critical bias included in our systematic review, it was excluded from the main analysis. A sensitivity analysis including studies at risk of critical bias was performed, which only marginally modified our results (Supplementary Material Table S6).

Lacout et al. stated that we discarded three meaningful studies: Davido et al., Castelnuovo et al. and Catteau et al. [4–6]. This comment is not relevant since these three articles were published after the date of our systematic review, performed on the 25th of July, as is clearly reported in the abstract and in the method section.

The statement that we used 'subjective and specious' inclusion criteria is wrong. All our inclusion criteria for study selection were prespecified in PROSPERO (registration number: CRD42020190801) [7]. Our work followed the Cochrane Review methods [8], and was reported according to the PRISMA guidelines [9]. The criteria for the inclusion in the main analysis were based on the risk of bias assessment with validated tools (ROBIN-I and RoB2) [1,2,10].

DOI of original article: <https://doi.org/10.1016/j.cmi.2020.08.022>.

\* Corresponding author: Thibault Fiolet, Centre for Research in Epidemiology and Population Health, Inserm U1018 'Health across Generations' Team and Paris-Sud 11 University/Paris Saclay University, 114 rue Edouard Vaillant, 94805 Villejuif Cedex, France.

E-mail address: [Thibault.fiolet@gustaveroussy.fr](mailto:Thibault.fiolet@gustaveroussy.fr) (T. Fiolet).

<https://doi.org/10.1016/j.cmi.2020.10.002>

1198-743X/© 2020 European Society of Clinical Microbiology and Infectious Diseases. Published by Elsevier Ltd. All rights reserved.

Subgroup analyses, leave-one-out-method and a Bayesian approach showed consistent results. Data and methods are publicly available. Accusations of cherry-picking are unfounded.

In comparison, flaws in the ‘meta-analysis’ of Million et al. are numerous [11]:

1. There is no flow chart, no clear (nor prespecified) inclusion/exclusion criteria, no risk of bias assessment using validated international Cochrane tools (to avoid ‘garbage in, garbage out’), and the protocol is not pre-registered on PROSPERO.
2. In their Fig. 2, the forest plot combines different outcomes (mortality, clinical evolution, CT scan imaging) and different treatments (hydroxychloroquine alone, chloroquine alone, hydroxychloroquine with azithromycin) in the same random-effect models. Moreover, some studies appear several times in the calculation of the pooled odds ratios. This is seriously misleading.
3. Overall, Million et al. do not follow Cochrane methods and PRISMA guidelines [8,9]. Consequently, this questionable work was not mentioned in our study.

Million and Lacout et al. criticize the inclusion of Skipper et al. and the RECOVERY trial [12,13]. These trials were included since the treatment effect was similar in the clinically diagnosed and the PCR-confirmed subgroups in both studies. In the RECOVERY trial, 90% of patients were tested, and there was no difference between the analysis including all participants and the analysis restricted to the PCR-confirmed patients (HR for mortality 1.09 (0.96–1.23) and 1.09 (0.96–1.24), respectively). Additionally, the rate of PCR-confirmed patients was well balanced as expected in an RCT. Skipper et al. wrote: “*In subgroup analyses, participants with epidemiologic linkage or probable COVID-19 by case definition only had similar responses to those with PCR-confirmed COVID-19. PCR-confirmed cases had the least effect observed.*” We also note that Million et al. surprisingly included in their systematic review an observational study, Guérin et al., with only 58% of the patients with confirmed PCR tests, and they did not conduct any sensitivity analyses [14]. The statement that the RECOVERY trial used a toxic dose comes from a misunderstanding of pharmacokinetic models on (hydroxy)chloroquine. In the RECOVERY trial, 2400 mg were used only for the first day to provide free plasma concentrations as high as safely possible and faster than when using only the maintenance dose from the start [15–17].

The statement that Rivera et al. used unreliable data—“*Participation by anonymous individual health-care practitioners*”—is misleading. The Covid-19 and Cancer Consortium (CCC19) study used anonymized data from the U.S. Census Divisions [18]. Million et al. wrote that Rivera et al. did not report results on ‘HCQ + AZI’ use but on ‘HCQ + other medication’. This is correct. However, HCQ + AZI was the most common combination treatment. Moreover, our conclusion is unchanged when omitting Rivera et al. from pooled OR estimation (Supplementary Material Fig. S10, OR = 1.18, 95%CI 1.00–1.38). Million et al. claim that Rivera’s study did not adjust on COVID-19 severity, but adjustment on baseline severity of COVID-19 and other baseline characteristics is reported in the Method section of this study. Overall, the assertions of Million et al. and Lacout et al. are not based on solid evidence.

More than 30 countries do not recommend the use of hydroxychloroquine (except in clinical trials) in their national guidelines (Supplementary Material Table S1). Two recent meta-analyses restricted to RCTs confirmed our findings [19,20]. Several RCTs for mild to moderate COVID-19 and two RCTs in prophylaxis found no benefit [12,21–23]. The will to discard solid evidence from well-conducted randomized trials, and emphasizing weak evidence

from critically biased observational studies, is of no use in the search for a cure for COVID-19.

### Author contributions

TF wrote the first draft of the paper. MR, AG, MM, NPS and YMS contributed to the writing of the paper. All authors revised each draft for important intellectual content and read and approved the final manuscript.

### Transparency declaration

All authors declare no support from any organization for the submitted work other than that described above; no financial relationships with any organizations that might have an interest in the submitted work in the previous three years; and no other relationships or activities that could appear to have influenced the submitted work. There was no specific funding for this letter.

### Acknowledgements

The authors would like to thank Conor Macdonald for proof-reading the letter.

### Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.cmi.2020.10.002>.

### References

- [1] Fiolet T, Guihur A, Rebeaud ME, Mulot M, Peiffer-Smadja N, Mahamat-Saleh Y. Effect of hydroxychloroquine with or without azithromycin on the mortality of coronavirus disease 2019 (COVID-19) patients: a systematic review and meta-analysis. *Clin Microbiol Infect* 2020. <https://doi.org/10.1016/j.cmi.2020.08.022>.
- [2] Lagier J-C, Million M, Gautret P, Colson P, Cortaredona S, Giraud-Gatineau A, et al. Outcomes of 3,737 COVID-19 patients treated with hydroxychloroquine/azithromycin and other regimens in Marseille, France: a retrospective analysis. *Trav Med Infect Dis* 2020:101791. <https://doi.org/10.1016/j.tmaid.2020.101791>.
- [3] Hernán MA, Sauer BC, Hernández-Díaz S, Platt R, Shrier I. Specifying a target trial prevents immortal time bias and other self-inflicted injuries in observational analyses. *J Clin Epidemiol* 2016;79:70–5. <https://doi.org/10.1016/j.jclinepi.2016.04.014>.
- [4] Davido B, Boussaid G, Vaugier I, Lansaman T, Bouchand F, Lawrence C, et al. Impact of medical care, including use of anti-infective agents, on prognosis of COVID-19 hospitalized patients over time. *Int J Antimicrob Agents* 2020:106129. <https://doi.org/10.1016/j.ijantimicag.2020.106129>.
- [5] Castelnovo AD, Costanzo S, Antinori A, Berselli N, Blandi L, Bruno R, et al. Use of hydroxychloroquine in hospitalised COVID-19 patients is associated with reduced mortality: findings from the observational multicentre Italian CORIST study. *Eur J Intern Med* 2020. <https://doi.org/10.1016/j.ejim.2020.08.019>.
- [6] Catteau L, Dauby N, Montourcy M, Bottieau E, Hautekiet J, Goetghebeur E, et al. Low-dose hydroxychloroquine therapy and mortality in hospitalised patients with COVID-19: a nationwide observational study of 8075 participants. *Int J Antimicrob Agents* 2020;56:106144. <https://doi.org/10.1016/j.ijantimicag.2020.106144>.
- [7] PROSPERO. International prospective register of systematic reviews. NIH National Institute for Health Research; 2020. [https://www.crd.york.ac.uk/prosperto/display\\_record.php?RecordID=190801](https://www.crd.york.ac.uk/prosperto/display_record.php?RecordID=190801). [Accessed 19 September 2020].
- [8] Higgins JPT, Thomas J, Chandler J, Cumpston M, Li T, Page MJ, et al., editors. *Cochrane handbook for systematic reviews of interventions* version 6.1 (updated September 2020). Cochrane; 2020. Available from, [www.training.cochrane.org/handbook](http://www.training.cochrane.org/handbook).
- [9] Liberati A, Altman DG, Tetzlaff J, Mulrow C, Gøtzsche PC, Ioannidis JPA, et al. The PRISMA statement for reporting systematic reviews and meta-analyses of studies that evaluate healthcare interventions: explanation and elaboration. *BMJ* 2009;339:b2700. <https://doi.org/10.1136/bmj.b2700>.
- [10] Arshad S, Kilgore P, Chaudhry ZS, Jacobsen G, Wang DD, Huitsing K, et al. Treatment with hydroxychloroquine, azithromycin, and combination in patients hospitalized with COVID-19. *Int J Infect Dis* 2020;97:396–403. <https://doi.org/10.1016/j.ijid.2020.06.099>.

- [11] Million M, Gautret P, Colson P, Roussel Y, Dubourg G, Chabriere E, et al. Clinical efficacy of chloroquine derivatives in COVID-19 infection: comparative meta-analysis between the Big data and the real world. *New Microbe*. *New Infect* 2020;100709. <https://doi.org/10.1016/j.nmni.2020.100709>.
- [12] Skipper CP, Pastick KA, Engen NW, Bangdiwala AS, Abassi M, Lofgren SM, et al. Hydroxychloroquine in nonhospitalized adults with early COVID-19. *Ann Intern Med* 2020. <https://doi.org/10.7326/M20-4207>.
- [13] Horby P, Mafham M, Linsell L, Bell JL, Staplin N, Emberson JR, et al. Effect of hydroxychloroquine in hospitalized patients with COVID-19: preliminary results from a multi-centre, randomized, controlled trial. 07.15.20151852 *MedRxiv* 2020;2020. <https://doi.org/10.1101/2020.07.15.20151852>.
- [14] Guérin V, Lévy P, Thomas J-L, Lardenois T, Lacrosse P, Sarrazin E, et al. Azithromycin and hydroxychloroquine accelerate recovery of outpatients with mild/moderate COVID-19. *Asian J Med Health* 2020;45–55. <https://doi.org/10.9734/ajmah/2020/v18i730224>.
- [15] Lê MP, Peiffer-Smadja N, Guedj J, Néant N, Mentré F, Ader F, et al. Rationale of a loading dose initiation for hydroxychloroquine treatment in COVID-19 infection in the DisCoVeRy trial. *J Antimicrob Chemother* 2020;75:2376–80. <https://doi.org/10.1093/jac/dkaa191>.
- [16] White NJ, Watson JA, Hoglund RM, Chan XHS, Cheah PY, Tarning J. COVID-19 prevention and treatment: a critical analysis of chloroquine and hydroxychloroquine clinical pharmacology. *PLOS Med* 2020;17:e1003252. <https://doi.org/10.1371/journal.pmed.1003252>.
- [17] Watson JA, Tarning J, Hoglund RM, Baud FJ, Megarbane B, Clemessy J-L, et al. Concentration-dependent mortality of chloroquine in overdose. *ELife* 2020;9:e58631. <https://doi.org/10.7554/eLife.58631>.
- [18] Rivera DR, Peters S, Panagiotou OA, Shah DP, Kuderer NM, Hsu C-Y, et al. Utilization of COVID-19 treatments and clinical outcomes among patients with cancer: a COVID-19 and Cancer Consortium (CCC19) cohort study. *Cancer Discov* 2020. <https://doi.org/10.1158/2159-8290.CD-20-0941>.
- [19] Juul S, Nielsen EE, Feinberg J, Siddiqui F, Jørgensen CK, Barot E, et al. Interventions for treatment of COVID-19: a living systematic review with meta-analyses and trial sequential analyses (The LIVING Project). *PLOS Med* 2020;17:e1003293. <https://doi.org/10.1371/journal.pmed.1003293>.
- [20] Axfors C, Schmitt AM, Janiaud P, J van 't Hoof, Abd-El Salam S, Abdo EF, et al. Mortality outcomes with hydroxychloroquine and chloroquine in COVID-19: an international collaborative meta-analysis of randomized trials. 09.16.20194571 *MedRxiv* 2020;2020. <https://doi.org/10.1101/2020.09.16.20194571>.
- [21] Cavalcanti AB, Zampieri FG, Rosa RG, Azevedo LCP, Veiga VC, Avezum A, et al. Hydroxychloroquine with or without azithromycin in mild-to-moderate Covid-19. *null N Engl J Med* 2020. <https://doi.org/10.1056/NEJMoa2019014>.
- [22] Mitjà O, Corbacho-Monné M, Ubals M, Tebe C, Peñafiel J, Tobias A, et al. Hydroxychloroquine for early treatment of adults with mild Covid-19: a randomized-controlled trial. *Clin Infect Dis* 2020. <https://doi.org/10.1093/cid/ciaa1009> [Epub ahead of print].
- [23] Rajasingham R, Bangdiwala AS, Nicol MR, Skipper CP, Pastick KA, Axelrod ML, et al. Hydroxychloroquine as pre-exposure prophylaxis for COVID-19 in healthcare workers: a randomized trial. 09.18.20197327 *MedRxiv* 2020;2020. <https://doi.org/10.1101/2020.09.18.20197327>.