



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



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عنوان

بررسی گرایش به تفکر انتقادی و ارتباط آن با تعهد حرفه ای در پرستاران شاغل در

بیمارستان های وابسته به دانشگاه علوم پزشکی جیرفت در سال ۱۳۹۸

توسط

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صور تجلسه دفاع از پایان نامه

پیوست.....

دانشگاه علوم پزشکی کرمان

تحصیلات تکمیلی دانشگاه

جلسه دفاعیه پایان نامه خانم مهتاب الله توکلی دانشجوی کارشناسی ارشد پرستاری سلامت جامعه ورودی ۹۶ (پردیس خودگردان) تحت عنوان " بررسی گرایش به تفکر انتقادی و ارتباط آن با تعهد حرفه ای در پرستاران شاغل در بیمارستان های وابسته به دانشگاه علوم پزشکی جیرفت در سال ۱۳۹۸" به راهنمایی خانم گلناز فروغ عامری و خانم دکتر جمیله فرخ زادیان در ساعت ۱۲ روز سه شنبه مورخ ۱۳۹۸/۱۰/۲۴ با حضور اعضای محترم هیات داوران متشکل از:

اسما	نام و نام خانوادگی	سمت
	خانم گلناز فروغ عامری دکتر جمیله فرخ زادیان	الف : اساتید راهنما
	دکتر صدیقه خدابنده	ب : استاد مشاور
	دکتر صدیقه ایرانمنش	ج : عضو هیات داوران (داخلی)
	دکتر پروین منگیان	د : عضو هیات داوران (خارجی)
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تشکیل گردید و ضمن ارزیابی به شرح پیوست با درجه عالی و نمره ۱۹ مورد تأیید قرار گرفت.

دکتر فیروزه مهرزایی رابر

رئیس و امضاء معاون آموزشی دانشکده





### اظهارنامه (مربوط به انتشار پایان نامه)

اینجناب مهتاب الله توکلی دانشجوی دوره کارشناسی ارشد پرستاری سلامت جامعه ورودی ۹۶ (پردیس خودگردان) دانشکده پرستاری مامایی رازی دانشگاه علوم پزشکی کرمان نویسنده پایان نامه " بررسی گرایش به تفکر انتقادی و ارتباط آن با تعهد حرفه ای در پرستاران شاغل در بیمارستان های وابسته به دانشگاه علوم پزشکی جیروت در سال ۱۳۹۸" تحت راهنمایی خانم گلناز فروغ عامری و خانم دکتر جمیله فرخ زادیان متعهد می شوم:

تحقیقات در این پایان نامه توسط اینجناب انجام شده است و از صحت و اصالت برخوردار است. در استفاده از نتایج پژوهشهای محققان دیگر به مرجع مورد استفاده استناد کرده ام. مطالب مندرج در پایان نامه تاکنون توسط خود یا فرد دیگری برای دریافت هیچ نوع مدرک یا امتیازی در هیچ جا ارائه نگردیده است.

کلیه حقوق معنوی این اثر متعلق به دانشگاه علوم پزشکی کرمان است. مقالات مستخرج با نام «دانشگاه علوم پزشکی کرمان و مرکز تحقیقات پرستاری» «Kerman University of Medical Sciences و Nursing Research Center» به چاپ خواهد رسید.

حقوق معنوی تمام افرادی که در به دست آمدن نتایج اصلی پایان نامه تاثیرگذار بوده اند را در مقالات مستخرج از پایان نامه رعایت کنم و در تمامی آنها نام استاد راهنما به عنوان نویسنده مسئول و نیز نام استاد(ان) مشاور و نشانی الکترونیکی دانشگاهی آنان را قید نمایم. همچنین در خصوص ترتیب اسامی نویسندگان در مقالات کتبا از استاد راهنما موافقت نامه دریافت نمایم.

در کلیه مراحل انجام این پایان نامه، در مواردی که به حوزه اطلاعات شخصی افراد دسترسی داشته یا از آنها استفاده کرده ام، اصل رازداری، ضوابط و اصول اخلاق پژوهشی را رعایت نموده ام و همچنین بر اساس آیین نامه دانشگاه، مسئولیت هرگونه تقلب در تهیه و انتشار نتایج ارائه شده در پایان نامه ام را عهده دار میگردم.

امضای  
دانشجو

تاریخ

۹۸/۱۰/۲۴

#### مالکیت نتایج و حق نشر

- کلیه حقوق معنوی این اثر و محصولات آن (مقالات مستخرج، کتاب) متعلق به دانشگاه علوم پزشکی کرمان می باشد. این مطلب باید به نحو مقتضی در تولیدات علمی مربوط ذکر شود.
- استفاده از اطلاعات و نتایج موجود در پایان نامه بدون ذکر مرجع مجاز نیست.

## فهرست مندرجات

صفحه	عنوان
ز	فهرست جداول
ح	فهرست ضمائم و پیوست‌ها
د	فهرست کوتاه‌نوشته‌ها
ذ	چکیده
<b>فصل اول: مقدمه و اهداف</b>	
۲	۱-۱ مقدمه
۲	۱-۲ بیان مسئله و ضرورت موضوع
۶	۱-۳ اهداف کلی
۶	۱-۴ اهداف جزئی
۶	۱-۵ اهداف کاربردی
۷	۱-۶ فرضیات / سوالات تحقیق
۷	۱-۷ پیش‌فرض‌های تحقیق
۷	۱-۸ تعاریف عملی و نظری
<b>فصل دوم: چارچوب پنداشتی و بررسی متون</b>	
۱۱	۱-۲ کلیات موضوع
۲۳	۲-۲ مروری بر پژوهش‌های پیشین
<b>فصل سوم: مواد و روش‌ها</b>	
۲۹	۱-۳ روش تحقیق
۲۹	۲-۳ جنبه‌های مهم روش تحقیق
<b>فصل چهارم: یافته‌ها</b>	
۳۶	۱-۴ نتایج تحقیق
<b>فصل پنجم: بحث و نتیجه‌گیری</b>	
۵۵	۱-۵ بحث و تفسیر
۶۱	۲-۵ نتیجه‌گیری
۶۳	۳-۵ پیشنهادات
۶۵	منابع
۷۳	پیوست‌ها

## فهرست جداول

صفحه	عنوان
۳۸	جدول ۴-۱: تعیین مشخصات دموگرافیک پرستاران شاغل در بیمارستان‌های دانشگاه علوم پزشکی جیرفت.....
۴۰	جدول ۴-۲: تعیین میانگین نمره گرایش به تفکر انتقادی پرستاران شاغل در بیمارستان‌های دانشگاه علوم پزشکی جیرفت.
۴۲	جدول ۴-۳: توزیع فراوانی مطلق و نسبی نمره گرایش به تفکر انتقادی پرستاران شاغل در بیمارستان‌های دانشگاه علوم پزشکی جیرفت.....
۴۳	جدول ۴-۴: تعیین میانگین نمره تعهد حرفه‌ای پرستاران شاغل در بیمارستان‌های دانشگاه علوم پزشکی جیرفت
۴۵	جدول ۴-۵: توزیع فراوانی مطلق و نسبی نمره تعهد حرفه‌ای پرستاران شاغل در بیمارستان‌های علوم پزشکی جیرفت
۴۶	جدول ۴-۶: ارتباط میانگین نمره گرایش به تفکر انتقادی با تعهد حرفه‌ای پرستاران شاغل در بیمارستان‌های دانشگاه علوم پزشکی جیرفت
۴۸	جدول ۴-۷: تعیین ارتباط گرایش به تفکر انتقادی با برخی متغیرهای دموگرافیک پرستاران شاغل در بیمارستان‌های دانشگاه علوم پزشکی جیرفت
۵۱	جدول ۴-۸: تعیین ارتباط تعهد حرفه‌ای با برخی متغیرهای دموگرافیک پرستاران شاغل در بیمارستان‌های دانشگاه علوم پزشکی جیرفت

## فهرست ضنائم و پیوست‌ها

صفحه	عنوان
۷۳	پیوست شماره یک: پرسشنامه دموگرافیک.....
۷۴	پیوست شماره دو: پرسشنامه تفکر انتقادی Ricketts.....
۷۶	پیوست شماره ۳: پرسشنامه احساس تعهد حرفه‌ای نسبت به پرستاری



## چکیده

**مقدمه و اهداف:** پرستاران یکی از اعضای اصلی سیستم مراقبت سلامت هستند. لازمه ارائه مراقبت خاص در موقعیت‌های مختلف، گرایش به تفکر انتقادی می‌باشد. همچنین تعهد حرفه‌ای سبب پایبند بودن به حرفه در نتیجه ارتقاء سلامت جامعه می‌گردد. این مطالعه با هدف بررسی گرایش به تفکر انتقادی و ارتباط آن با تعهد حرفه‌ای در پرستاران انجام شد.

**روش‌ها:** این پژوهش یک مطالعه توصیفی-ارتباطی از نوع مقطعی بود. هدف مطالعه تعیین گرایش به تفکر انتقادی و ارتباط آن با تعهد حرفه‌ای پرستاران شاغل در بیمارستان‌های علوم پزشکی جیرفت در سال ۹۸ بود. جامعه پژوهش را کلیه پرستاران شاغل (۳۸۸ نفر) در بیمارستان‌های علوم پزشکی جیرفت در سال ۱۳۹۸ بود. در این پژوهش ۲۱۱ پرستار به روش نمونه‌گیری تصادفی طبقه‌بندی شده، وارد مطالعه شدند. داده‌ها با استفاده از پرسشنامه‌های دموگرافیک، پرسشنامه گرایش به تفکر انتقادی Ricketts<sup>۱</sup> (CTDI) (با ۳ حیطه و ۳۳ سؤال) و پرسشنامه تعهد حرفه‌ای پرستاران<sup>۲</sup> (NPCS) (با ۴ حیطه و ۲۶ سؤال). جمع‌آوری شد.

**یافته‌ها:** نتایج این مطالعه نشان داد گرایش به تفکر انتقادی در پرستاران با میانگین (۱۳/۵۵±۷۰/۷۰) (۱۱۵) در حد متوسط بود و ۶۷/۲٪ پرستاران دارای گرایش به تفکر انتقادی متوسط بودند. همچنین بیشترین نمره، گرایش به تفکر انتقادی مربوط به بعد اشتغال ذهنی یا تعهد و کمترین نمره، مربوط به بعد بلوغ فکری و کمال بود. همچنین نتایج نشان داد تعهد حرفه‌ای پرستاران با میانگین (۱۱/۷۷±۹۱/۳۷) در حد بالا بود و ۶۷/۲٪ از پرستاران از تعهد حرفه‌ای بالای برخوردار بودند. بیشترین میانگین نمره تعهد حرفه‌ای مربوط به بعد درگیر شدن با حرفه پرستاری و کمترین نمره مربوط به بعد درک از پرستاری بود. بین گرایش به تفکر انتقادی و تعهد حرفه‌ای ارتباط معنی‌دار و مثبتی وجود داشت (r=۰/۶۷، P=۰/۰۰۱).

**بحث و نتیجه‌گیری:** مطالعه حاضر نشان داد تعهد حرفه‌ای پرستاران در سطح بالا و گرایش به تفکر انتقادی در آنان در سطح متوسط بود. بنابراین با توجه به اهمیت این دو متغیر در بهبود کیفیت مراقبت و

<sup>1</sup> Critical Thinking Disposition Inventory

<sup>2</sup> Nurses Professional Commitment Scale

ارتقاء سلامت جامعه به نظر می‌رسد به کارگیری راهبردهای جهت‌گرایش به تفکر انتقادی و افزایش تعهد به حرفه در پرستاران ضروری می‌باشد.

**کلمات کلیدی:** تفکر انتقادی، گرایش به تفکر انتقادی، تعهد حرفه‌ای، پرستاران

## **Abstract**

**Background and objectives:** Nurses are a main part of the healthcare system. Critical thinking disposition is necessary for specific healthcare provision in different situations. Professional commitment also promotes community health. The current study aimed to investigate the correlation between nurses' critical thinking disposition and professional commitment.

**Methods:** The current study is cross-sectional, descriptive-correlational. The study aimed to determine the correlation between nurses' critical thinking disposition and professional commitment in Jiroft hospitals in 2019. The study population consisted of all nurses (N=388) working in Jiroft Hospitals in 2019. Two hundred-eleven nurses were selected using the stratified random sampling. Data were collected by Socio-Demographic Questionnaire, Critical Thinking Disposition Inventory (3 dimensions and 33 items), and Nurses' Professional Commitment Scale (4 dimensions and 26 items).

**Results:** The nurses' mean score of critical thinking disposition was at the moderate level ( $115.70 \pm 13.55$ ), so the critical thinking disposition in 67.2% of them was moderate. Also, the highest and lowest mean scores of critical thinking disposition were related to the dimensions of commitment and intellectual development/perfection, respectively. Also, nurses' professional commitment scores were high ( $91.37 \pm 11.77$ ) and 67.2% of them had a high professional commitment. The highest and lowest mean scores of the professional commitment were related to the dimensions of involvement with nursing profession and nursing perception, respectively. A positive correlation was also found between critical thinking disposition and professional commitment ( $r = 0.67, P = 0.001$ ).

**Cuncolusion :** The current study showed nurses' high level of professional commitment and moderate level of critical thinking. Considering the correlation between professional commitment and critical thinking disposition, the nursing managers are recommended to use strategies in order to increase nurses' critical thinking disposition and their professional commitment.

**Keywords :** Critical thinking, Professional commitment, Nurses

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By

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