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Article

Moisture buffering in surface materials due to simultaneous varying relative humidity and temperatures. Experimental validation of new analytical formulas

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Abstract: Buildings are subjected to the indoor environment, especially in non-controlled climates. Temperature and humidity variations might effect or even damage materials sensitive to moisture. For this reason, it is important to understand the response of hygroscopic materials to variable indoor environmental conditions. Existing methods looked into the dynamic sorption capacity of materials, by analysing the impact of only humidity fluctuations, with temperature usually considered non-influential or non variable. However, temperature fluctuations may impact the moisture capacity of the materials, as materials properties might substantially vary with temperature. Moreover, in existing protocols the humidity variations are considered varying under square wave fluctuations, which may not be applicable in environments, where the indoor is influenced by daily and seasonal climate variations, which presents more complex fluctuation. In this study a simulation method that can predict the impact of environmental condition on materials under simultaneous temperature and humidity fluctuations was developed. Clay and gypsum plaster were analysed in the numerical model and results were then validated with experimental data. Materials were subjected to either sinusoidal and triangular temperature and RH variations and different cycle time intervals. The investigation of sinusoidal and triangular environmental variations pushed to a better understanding of materials response to different environments and to the improvement of the simplified model. The development of a simplified model can realistically predict the potential future impact of climate changes on buildings without the use of complex and memory demanding computational methods.

Keywords: plasters; moisture buffering; indoor moisture

1. Introduction

To regulate temperature and humidity in buildings, it is not always possible to alter the building envelope or to install air conditioning systems, especially in historic buildings, such as churches. Consequently, indoor surfaces and hygroscopic building materials are subjected to daily and seasonal temperature and Relative Humidity (RH) fluctuations, which might degrade buildings [1,2]. For these

25 reasons, it is important to understand the impact of temperature and humidity on buildings, as well as
26 the response of materials to climate variations [3,4].

27 Indoor climate in buildings without any conditioning system is mainly determined by the outdoor
28 climate and hygrothermal performance of the building enclosure [5]. The lack of heating and well
29 insulated walls might generate significant daily or seasonal indoor humidity and temperature fluctuations,
30 depending on the climate and location of the building [6,7]. The simultaneous variations of temperature
31 and RH can produce significant variation in moisture exchange between materials and the environment
32 [8].

33 Moisture transport and storage capacity of interior surface materials due to varying humidity in
34 the indoor air is of importance both for the humidity levels of the room itself and for the moisture
35 impact on walls surface materials [9]. There have been researches [10–13], standards [14] and some
36 ongoing measurements on this topic [15] that pointed out the importance to understand the impact
37 of moisture to materials durability, indoor thermal comfort and health. [16] took a step further, by
38 considering periodic humidity variations and by applying moisture buffering experimental results into
39 simulations. However, the focus of most of the studies was mainly on the sole RH variations, while
40 temperature was always considered non-variable. The observation of daily indoor climate variations in
41 non-conditioned buildings suggested a simultaneous opposite and quasi-sinusoidal temperature and
42 RH fluctuations [6,7,17]. Some recent results on this area [1,18] gave new analytical expressions for
43 the effect of combined variations of RH and temperature. Bylund et al. [18] analysed experimentally
44 the moisture uptake of wood and introduced a calculation model that took into account simultaneous
45 temperature variations together with the surface resistance of the material. However, the model was
46 based on a specific material and required an elevated number of material properties and experimental
47 analysis.

48 In a newly published study [19] a detailed analytical solution for temperature and RH square shaped
49 variations was proposed. The method was developed by neglecting the surface vapour resistance and by
50 considering a semi-infinite material [20]. The objective of this study was to further develop the analytical
51 model from [19], by introducing triangular and sinusoidal temperature and RH variations. To validate
52 the analytical method, results were compared with laboratory experimental tests on clay and gypsum
53 plasters. The materials mass variations to simultaneous temperature and RH variations was observed
54 and compared with simulations. The aim of this paper is to introduce new experimental approach
55 to evaluate the moisture buffering capacity of materials and use experimental data to realistically
56 simulate the materials behaviour. The effect of the surface resistance was implemented in the model
57 and the validity of the semi-infinite approach on the moisture uptake was analysed. By improving the
58 model and approximating the indoor daily variations to sinusoidal and triangular, it was possible to
59 develop a reliable simulation method that is able to predict the materials response in a non-conditioned
60 environment.

61 2. Materials

62 In this study commercially available undercoat clay and gypsum plasters were analysed, due to
63 their good moisture buffering capacity. Samples were mixed and cured, as described in [21]. Clay and
64 gypsum were cast in 150 mm x 150 mm x 40 mm and 150 mm x 150 mm x 20 mm moulds, respectively,
65 in order to test the sensitivity of the model to the material thickness. Specimens were air dried for 28
66 days, before testing. The dry density ρ_{dry} , porosity $\Phi(\%)$, the dry cup water vapour resistance factor
67 $\mu(-)$ and moisture capacity $\xi_w(kg/kg)$ were measured, as described in [21]. Results are summarised
68 in Table 1. Materials were stored in an environmental room at 60%RH and 22°C.

Table 1. Materials' properties and their confidence interval

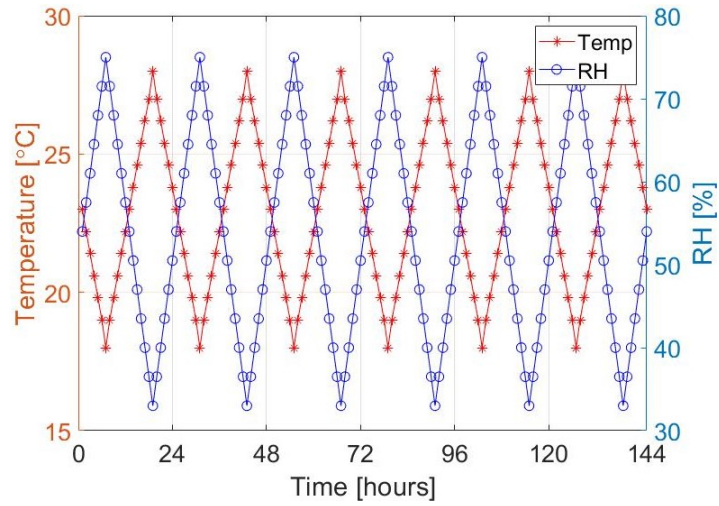
Material	$\rho_{dry}(kg/m^3)$	$\Phi(\%)$	$\mu(-)$	$\xi_w(kg/kg)$
Clay	1870 ± 19	24.80 ± 4.1	19.21 ± 5.2	0.007 ± 0.003
Gypsum	856 ± 10	61.91 ± 1.5	8.84 ± 2.1	0.032 ± 0.001

69 3. Methods

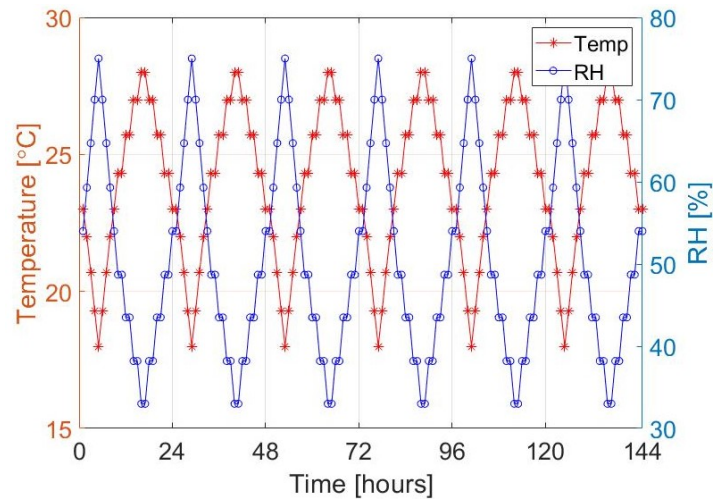
70 3.1. Experimental Design

71 For each specimen the change in weight of the specimens was investigated, when subjected to
 72 triangular or sinusoidal simultaneous temperature and RH variations. Specimens were tested in an
 73 environmental chamber (ACS Compact Test Chambers DY110), into which a mass balance were placed
 74 to continuously measure the change in weight, as shown in Fig. 1. More details of the set-up can be
 75 seen in [8] The tests followed the general guidelines for humidity variations and test set-up of the
 76 NORDTEST protocol [14]. The materials were exposed before each tests to 24h pre-conditioning
 77 at $23^\circ C$ and 54%RH, and to six cyclic humidity and temperature variations at an air speed of 0.1
 78 m/s. Each cycle consisted of humidity variations from 75%RH (high RH) to 33%RH (low RH), and
 79 temperature fluctuations between $18.0^\circ C$ and $28.0^\circ C$, which is the acceptable operating temperatures
 80 in buildings in the ASHRAE Standard 55 [22]. Temperature was set to follow inverse variation than
 81 RH, as shown in Fig. 2 and Fig. 3. For both triangular and sinusoidal fluctuation, three different
 82 humidification and de-humidification time intervals were defined, as shown in Table 2.

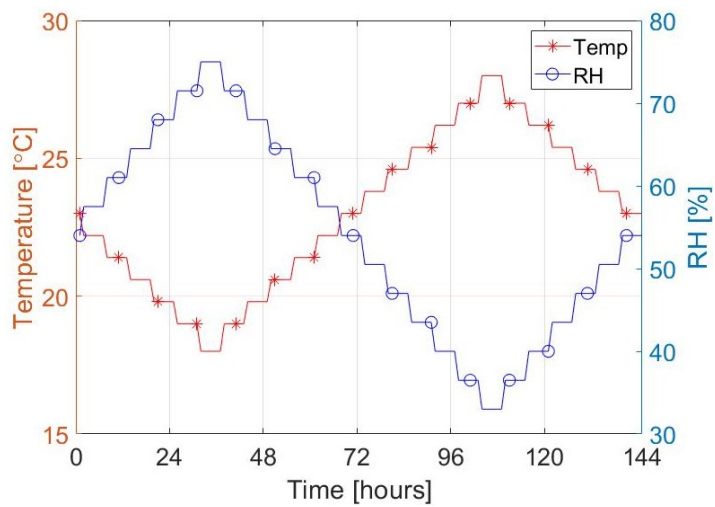
**Figure 1.** Moisture buffering set up in the climatic chamber



(a) Triangular 12/12h

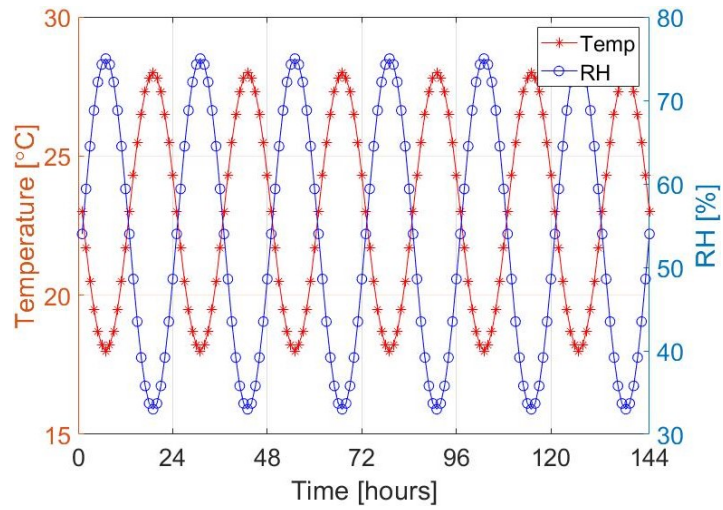


(b) Triangular 8/16h

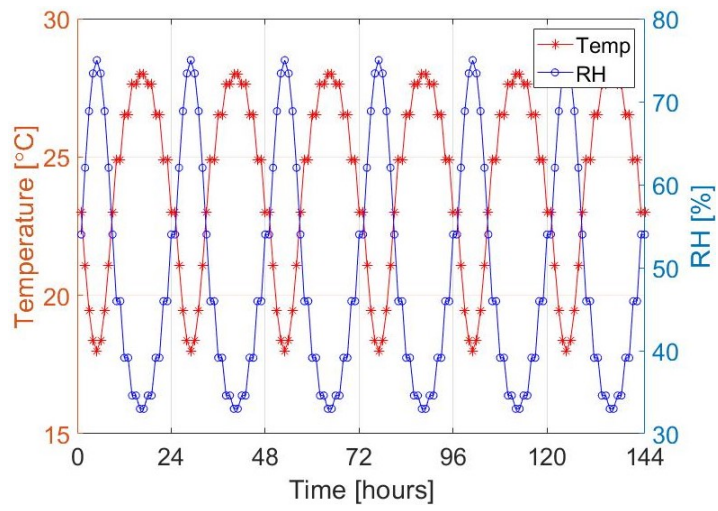


(c) Triangular 72/72h

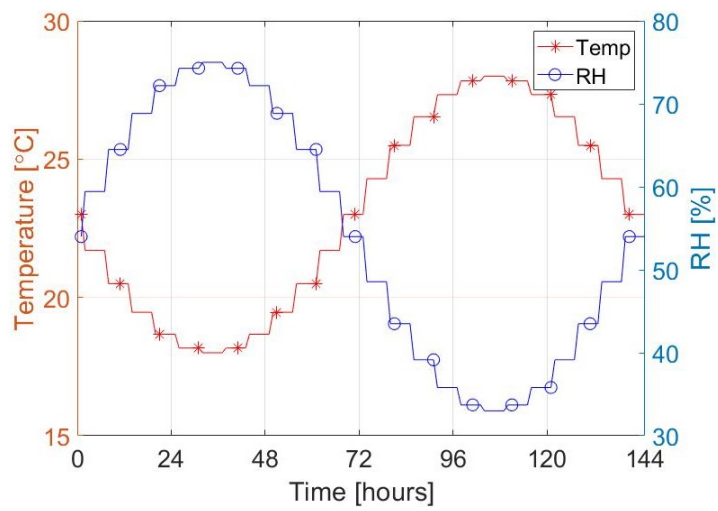
Figure 2. Triangular temperature and RH variations



(a) Sinusoidal 12/12h



(b) Sinusoidal 8/16h



(c) Sinusoidal 72/72h

Figure 3. Sinusoidal temperature and RH fluctuations

Table 2. Summary of the performed tests and time intervals for high and low temperature and RH

Tests	Temperature		RH	
	Low	High	High	Low
Triangular 12/12	12h	12h	12h	12h
Triangular 8/16	8h	16h	8h	16h
Triangular 72/72	72h	72h	72h	72h
Sinusoidal 12/12	12h	12h	12h	12h
Sinusoidal 8/16	8h	16h	8h	16h
Sinusoidal 72/72	72h	72h	72h	72h

83 In the *Triangular 12/12* and *Sinusoidal 12/12 tests*, considering 54%RH as starting point, the
84 positive section of the curve represents the humidification phase, while the section below 54% is the
85 de-humidification interval. Similarly to the NORDTEST [14], the RH was gradually increased, until
86 reaching its maximum 75%RH and then back to 54%RH. In the first 6 hours of the de-humidification
87 from 54%RH the humidity reached the minimum 33%RH, and then again up to 54%RH, as shown in
88 Fig. 2a and Fig. 3a. In the *12/12* test, the climatic chamber increased and decreased the RH every hour,
89 transitioning from one step to the other by setting a "slope", which the climatic chamber automatically
90 generated, to progressively increase/decrease the humidity until the next RH was achieved. In the
91 *Triangular 12/12*, the triangular curve shape was generated by creating 24 equally distributed RH
92 intervals, while the *Sinusoidal 12/12* was achieved, by constructing a sinusoidal symmetrical equation.
93 The temperature curve followed the same logic as the RH variations. In *12/12* test the curve started at
94 $23^{\circ}C$, reaching the minimum temperature of $18.0^{\circ}C$ within the first 6 hours of the cycle. Successively,
95 the temperature jumped back to $23^{\circ}C$, to increase the temperature to $28.0^{\circ}C$ always withing the 24
96 hour cycle. In the *Triangular 8/16* (Fig. 2b) and the *Sinusoidal 8/16* (Fig. 3b) the temperature and
97 RH curves were marked by hourly interval in the humidification/cooling phase and by 2 hour intervals
98 in the de-humidification/heating phase. The *Triangular 72/72* (Fig. 2c) and *Sinusoidal 72/72* (Fig. 3c)
99 follow the same principle of the 12/12 hour fluctuations, but 6 hours intervals were applied between one
100 step and the other, in order to understand if slower moisture variations influence the sorption capacity
101 of the materials. A temperature and RH sensor for each specimen (Tiny Tag TV 4505) monitored the
102 climate condition in the climatic chamber to observe the agreement between the target fluctuations
103 and the actual measurements on both sides of the chamber. The accuracy of the sensor was $\pm 0.5^{\circ}C$
104 for the temperature and $\pm 3\%RH$ for humidity.

105 3.2. Simulations

106 Steady periodic variations with the time period t_p (s) in RH and temperature were investigated.
107 The moisture transfer took place at $x = 0$ of a semi-infinite domain, $x > 0$. There was a vapour surface
108 resistance Z (s/m) at $x = 0$. The moisture buffering effect, i.e. the total moisture m_A (kg/m^2) that
109 flows in and then out during a time period was of interest.

110 3.2.1. Equations

111 The moisture balance equation reads:

$$-\frac{\partial}{\partial x} \left(-\delta_v \frac{\partial v}{\partial x} \right) = \frac{\partial w}{\partial t} \quad x > 0 \quad (3.1)$$

112 Here, v (kg/m^3) is the humidity by volume and w (kg/m^3) is the moisture content.
At the surface $x = 0$ there is:

$$-\delta_v \frac{\partial v}{\partial x} = \frac{v_b(t) - v}{Z} \quad x = 0 \quad (3.2)$$

$$-\delta_v \frac{\partial v}{\partial x} = 0 \quad x = D \quad (3.3)$$

113 Here, $v_b(t)$ is the time varying boundary humidity by volume. The analysis in this paper assumed
 114 that the temperature of the surface material always followed the chamber temperature $T_b(t)$ without
 115 any delay. This was a reasonable assumption since temperature changes are much more rapid than
 116 moisture changes and that it is only the thin interior surface layer that is affected by variations in
 117 indoor cyclic moisture variations. Eq. 3.3 states that there is a moisture tight back side of the material
 118 at the depth D (m) representing the thickness of the material. The main part of the following assumes
 119 a semi-infinite material thickness, i.e. $D = \infty$.

120 3.2.2. Simplified equations

121 Two simplifications were introduced. The first one is that the vapor diffusion coefficient δ_v (m^2/s)
 122 is constant:

$$\delta_v = \delta_v^0 \quad (3.4)$$

123 The second simplification is that the slope of the sorption curve is constant. Furthermore, hysteresis
 124 is neglected. This is justified, as the investigated materials showed a very limited difference of the
 125 slope of the isotherm within the studied RH regime. The upper and lower between the adsorption and
 126 desorption limit is 0.8% and the lower one is 0.02%. A sensitivity analysis using this span would reveal
 127 an estimate of the impact. In this paper, the average slope is used. Equation 4.8 suggest a square root
 128 dependence of the slope on the total moisture uptake.

$$\frac{\partial w}{\partial \varphi} = \xi \quad (3.5)$$

129 The moisture balance equation then becomes:

$$\delta_v^0 \frac{\partial^2 v}{\partial x^2} = \delta_v^0 v_s(T) \frac{\partial^2 \varphi}{\partial x^2} = \frac{\partial w}{\partial t} = \frac{\partial w}{\partial \varphi} \frac{\partial \varphi}{\partial t} = \xi \frac{\partial \varphi}{\partial t} \quad (3.6)$$

130 Here, v_s is the humidity by volume at saturation. Introducing the vapor moisture diffusivity a_v
 131 (m^2/s):

$$\frac{\partial^2 \varphi}{\partial x^2} = \frac{1}{a_v} \frac{\partial \varphi}{\partial t} \quad a_v = \frac{\delta_v^0 v_s(T)}{\xi} \quad (3.7)$$

132 The boundary condition becomes:

$$-\frac{\partial \varphi}{\partial x} = \frac{\varphi_b(t) - \varphi}{d_v} \quad x = 0 \quad (3.8)$$

$$d_v = \delta_v^0 \cdot Z \quad (3.9)$$

133 The parameter d_v (m) represents an equivalent thickness of the surface resistance, i.e. a material
 134 with this thickness gives the same resistance as Z . The boundary RH is denoted by $\varphi_b(t)(-)$.

135 3.2.3. Varying temperature

136 Time varying temperature was considered:

$$\frac{\partial^2 \varphi}{\partial x^2} = \frac{1}{a_v(t)} \frac{\partial \varphi}{\partial t} \quad a_v(t) = \frac{\delta_v^0 v_s(T(t))}{\xi} \quad (3.10)$$

137 Here, the material temperature is equal to the boundary temperature. It is purely a function of
 138 time:

$$\frac{\partial^2 \varphi}{\partial x^2} = \frac{1}{a_v(t)} \frac{\partial \varphi}{\partial t} \quad (3.11)$$

139 A variable substitution is introduced:

$$\tau(t) = \int_0^t a_v(t') dt' \quad (3.12)$$

140 The moisture balance equation is transformed to:

$$\frac{\partial^2 \varphi}{\partial x^2} = \frac{\partial \varphi}{\partial \tau} \quad (3.13)$$

141 Here, there is an equation that is similar to the one-dimensional moisture balance equation (Eq. 3.7)
142 with the diffusivity a_v equal to 1. The equation is linear when using this transformed time variable
143 and superposition techniques can be used. Therefore, it is necessary with a basic periodic solution to
144 handle complex cyclic changes in the RH.

145 The problem can be solved in the τ -domain using superposition technique. First, the boundary
146 values were transformed into this domain. The following general, even functions, for the boundary RH
147 and temperature were assumed:

$$\varphi_b(t) \quad T_b(t) \quad (3.14)$$

148 The maximum and minimum value of the boundary RH are:

$$\varphi_{b,\max} \quad \varphi_{b,\min} \quad (3.15)$$

149 The τ is defined as:

$$\tau(t) = \frac{\delta_v^0}{\xi} \int_0^t v_s(T_b(t')) dt' \quad (3.16)$$

150 Since the integrand is always positive an inverse function can be found:

$$\tau^{-1}(\tau) = t \quad (3.17)$$

151 The boundary RH becomes:

$$\varphi_b(t) = \varphi_b(\tau^{-1}(\tau)) = \varphi_{b,\min} + (\varphi_{b,\max} - \varphi_{b,\min}) \cdot \tilde{\varphi}_b(\tau) \quad (3.18)$$

152 Since a periodic and even function was assume, it becomes:

$$\tilde{\varphi}_b(\tau) = \frac{a_0}{2} + \sum_{n=1}^{\infty} a_n \cdot \cos\left(2n\pi \frac{\tau}{\tau_p}\right) \quad (3.19)$$

153 Where,

$$a_n = \frac{2}{\tau_p} \int_0^{\tau_p} \tilde{\varphi}_b(\tau) \cdot \cos\left(2n\pi \frac{\tau}{\tau_p}\right) d\tau \quad \tau_p = \tau(t_p) \quad (3.20)$$

154 This description suggested that the moisture problem, in the τ -domain, can be solved by summing
155 an infinite number of solutions, one for each cosinusoidal variation using Fourier series. This solution is
156 found in [10]:

$$\frac{\varphi(\tau, x) - \varphi_{b,\min}}{\varphi_{b,\max} - \varphi_{b,\min}} = \frac{a_0}{2} + \sum_{n=1}^{\infty} a_n \cdot A_n e^{-x/d_{pv,n}} \cdot \cos\left(2n\pi \frac{\tau}{\tau_p} - \frac{x}{d_{pv,n}} - \phi_n\right) \quad (3.21)$$

$$d_{pv,n} = \sqrt{\frac{\tau_p}{n\pi}} \quad \phi_n = \arctan\left(\frac{d_v}{d_{pv,n} + d_v}\right) \quad (3.22)$$

$$A_n = \frac{1}{\sqrt{(1 + d_v/d_{pv,n})^2 + (d_v/d_{pv,n})^2}} \quad (3.23)$$

157 3.2.4. Moisture uptake

158 The moisture flow g ($kg/m^2 \cdot s$) into the material is:

$$\frac{g(t)}{\varphi_{b,\max} - \varphi_{b,\min}} = -\frac{\delta_v^0 v_s(T(t))}{\varphi_{b,\max} - \varphi_{b,\min}} \frac{\partial \varphi}{\partial x} \Big|_{x=0} = \xi a_v(t) \sum_{n=1}^{\infty} a_n \cdot A_n \frac{\sqrt{2}}{d_{pv,n}} \cos\left(2n\pi \frac{\tau}{\tau_p} + \frac{\pi}{4} - \phi_n\right) \quad (3.24)$$

159 The integrated $m(t)$ (kg/m^2) moisture uptake from time zero to time t is:

$$m(t) = \int_0^t g(t') dt' \quad (3.25)$$

160 The formula can be reformulated using a variable substitution, $s = \tau(t)$, and an integration
161 between 0 and τ_p .

$$m = \frac{(\varphi_{b,\max} - \varphi_{b,\min})/2}{2\sqrt{\pi}} \xi \cdot \sqrt{\tau_p} \cdot f_m \quad (3.26)$$

$$f_m = 2 \cdot \sum_{n=1}^{\infty} a_n \cdot A_n \sqrt{\frac{2}{n}} \left[\sin\left(2n\pi \frac{\tau}{\tau_p} + \frac{\pi}{4} - \phi_n\right) - \sin\left(\frac{\pi}{4} - \phi_n\right) \right] \quad (3.27)$$

162 The moisture uptake during the uptake period becomes:

$$m_A = \frac{(\varphi_{b,\max} - \varphi_{b,\min})/2}{2\sqrt{\pi}} \xi \cdot \sqrt{\tau_p} \cdot f_A \quad (3.28)$$

$$f_A = \max(f_m) - \min(f_m) \quad (3.29)$$

In a dimensional analysis of the formula the different lengths that shows up can be observed. One important is the periodic penetration depth [10]:

$$d_{pv} = \sqrt{\frac{\tau_p}{\pi}} \quad (3.30)$$

The following non-dimensional parameters are of importance:

$$\frac{d_v}{d_{pv}}, \frac{D}{d_{pv}} \quad (3.31)$$

163 On top of these two parameters, the shape of the curves for the RH and temperature boundary values,
164 determining the Fourier Series coefficient a_n in (Eq. 3.27), is of importance.

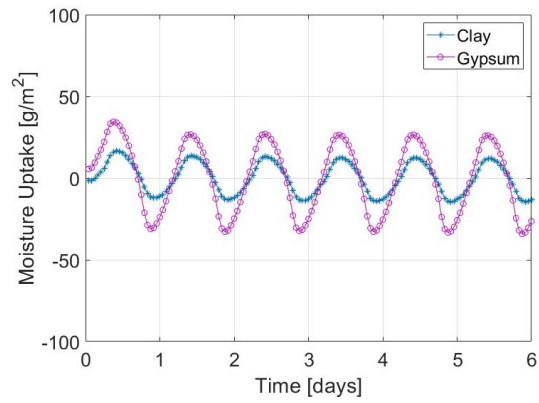
165 4. Results

166 4.1. Experimental Results

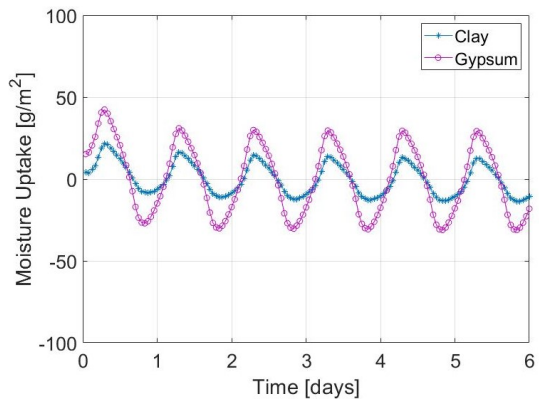
167 The moisture buffering performances of clay and gypsum under triangular and sinusoidal
 168 temperature and RH fluctuations is shown in Table 3. The average peak to peak sorption capacity was
 169 calculated by considering the last three cycle of the 12h and 8h, as the changed in weight stabilised
 170 after the third cycle in all tests. In general, gypsum had a better moisture capacity than clay (Fig. 4
 171 and Fig. 5), by adsorbing two times more moisture regardless of the shape and time interval of the
 172 temperature and RH fluctuations. The performances of gypsum were due to its porosity and pore
 173 structure. As explained in [8], gypsum presented higher porosity than clay, but it also showed a
 174 significant presence of micro-pores that increased the moisture uptake of the material. Differences
 175 between the 12h and 8h curves in the triangular case either for clay and gypsum were negligible, as the
 176 same moisture uptake was measured. Between the *Sinusoidal 12/12* and *Sinusoidal 8/16* curves 11%
 177 and 5% variations were observed for clay and gypsum, respectively. However, differences were small and
 178 not significant, when compared to the differences between triangular and sinusoidal sorption responses.
 179 There was 18% and 20% differences between *Triangular 12/12* and *Sinusoidal 12/12* peak to peak
 180 sorption capacity, while between *Triangular 8/16* and *Sinusoidal 8/16* clay and gypsum presented
 181 10% and 13% variations, respectively. The *Triangular 72/72* and *Sinusoidal 72/72* tests presented the
 182 most significant discrepancy, as clay and gypsum adsorbed 20% and 26% more in the sinusoidal case,
 183 respectively. The considerable higher sorption capacity of the 72/72 tests is related to the longer time
 184 interval, which allowed materials to adsorb more water.

Table 3. Sorption capacity of clay and gypsum (peak to peak) for the triangular and sinusoidal temperature and RH variations

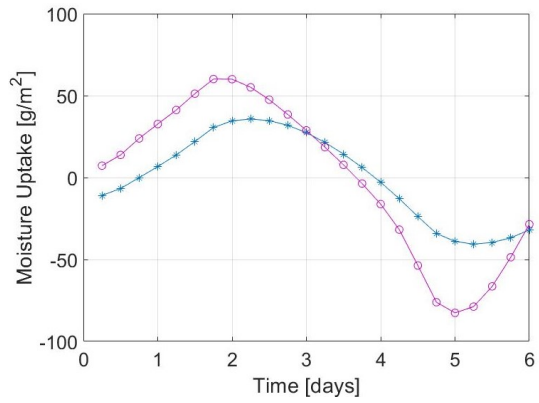
Material	Curve	Sorption [g/m^2]		
		12h	8h	72/72
Clay	Tri	26.69	26.33	76.34
	Sine	32.77	29.36	95.69
Gypsum	Tri	59.83	60.38	142.69
	Sine	72.25	68.47	181.07



(a) Triangular 12/12h

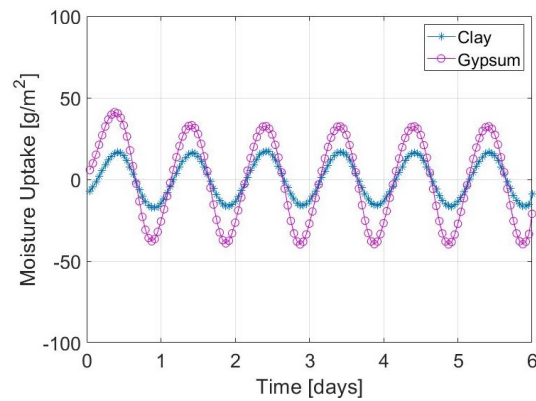


(b) Triangular 8/16h

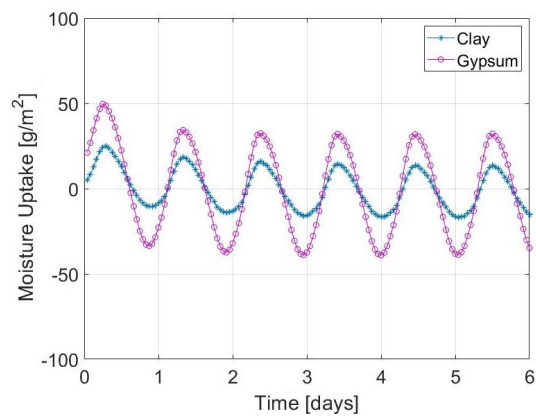


(c) Triangular 72/72

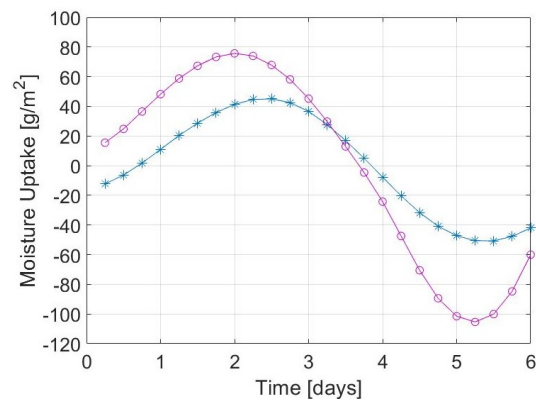
Figure 4. Moisture uptake curves for clay and gypsum under triangular temperature and RH variations



(a) Sinusoidal 12/12h



(b) Sinusoidal 8/16h



(c) Sinusoidal 72/72

Figure 5. Moisture uptake curves for clay and gypsum under sinusoidal temperature and RH fluctuations

185 As [8] also mentioned in a study on sinusoidal environmental variations, the triangular and
 186 sinusoidal curves presented a delayed response to the temperature and RH fluctuations (Fig. 6). The
 187 hygric lag varied depending on the humidification and de-humidification intervals, the length of each
 188 step, the material's characteristic, but especially on the simultaneous temperature variations. Table 4
 189 summarises the hygric lags in all the tests, where the first value represents the time between the
 190 RH-peak and the moisture uptake peak, whilst the second represents the time between the lowest RH
 191 and the lowest moisture uptake value. In the Triangular and Sinusoidal 12/12 clay and gypsum showed
 192 different lags, in which clay always presented a slower response than gypsum either in the adsorption
 193 and desorption. Regardless of the materials differences, both plasters showed an asymmetry between

194 the humidification and de-humidification. The desorption lag was 30 minutes for clay, and 20 and
195 60 minutes for gypsum in the *Triangular 12/12* and *Sinusoidal 12/12*, respectively. The asymmetry
196 indicated that in the de-humidification the response of the plasters is quicker than the adsorption,
197 probably due to the effect of the air movement in the chamber that slowed the humidity uptake and
198 increase the moisture release.

199 An opposite pattern can be seen in the *Triangular 8/16* and *Sinusoidal 8/16*, where materials
200 presented higher hygric lags in the desorption than the adsorption. The reason could be related to the
201 shorter humidification interval (8h) and longer de-humidification (16h), as shown in Table 4. Moreover,
202 the the longer exposure to lower humidifies and higher temperature may slow down the moisture release.
203 The *Triangular 8/16* the plasters had the same lag in the humidification, but in the desorption clay's
204 delay increased significantly. In the *Sinusoidal 8/16*, clay and gypsum uptake curves had similar lags,
205 which is in line with [8] test on the same gypsum sample.

206 The 72/72 test showed the biggest hygric lag, probably due to the longer steps, which allowed the
207 materials to adsorb more moisture. In *Triangular 72/72* and *Sinusoidal 72/72* it was possible to see
208 substantial difference between clay and gypsum. Clay was slower to adsorb water than gypsum, and it
209 took more time to respond to the change of humidity in the air, due to its lower sorption capacity and
210 water vapour permeability. Another important factor that might contribute to the slower response of
211 clay was the different thicknesses of the materials. Clay was 20 mm thicker than gypsum, which means
212 had more moisture storage capacity of gypsum with its 20 mm thickness. This is less noticeable for the
213 12h and 8h due to the quicker humidity variations, whilst in the 72/72 tests the specimens have got
214 more time to adsorb water from the environment. As [23] investigated, the amount of moisture that
215 can be adsorbed by materials is strongly dependent on their thickness and penetration depth. The
216 penetration depth depends on the material characteristics and it determines the moisture buffering
217 potential of materials. When the thickness of a material is smaller than its penetration depths, materials
218 can buffer less moisture that what they potentially could adsorb.

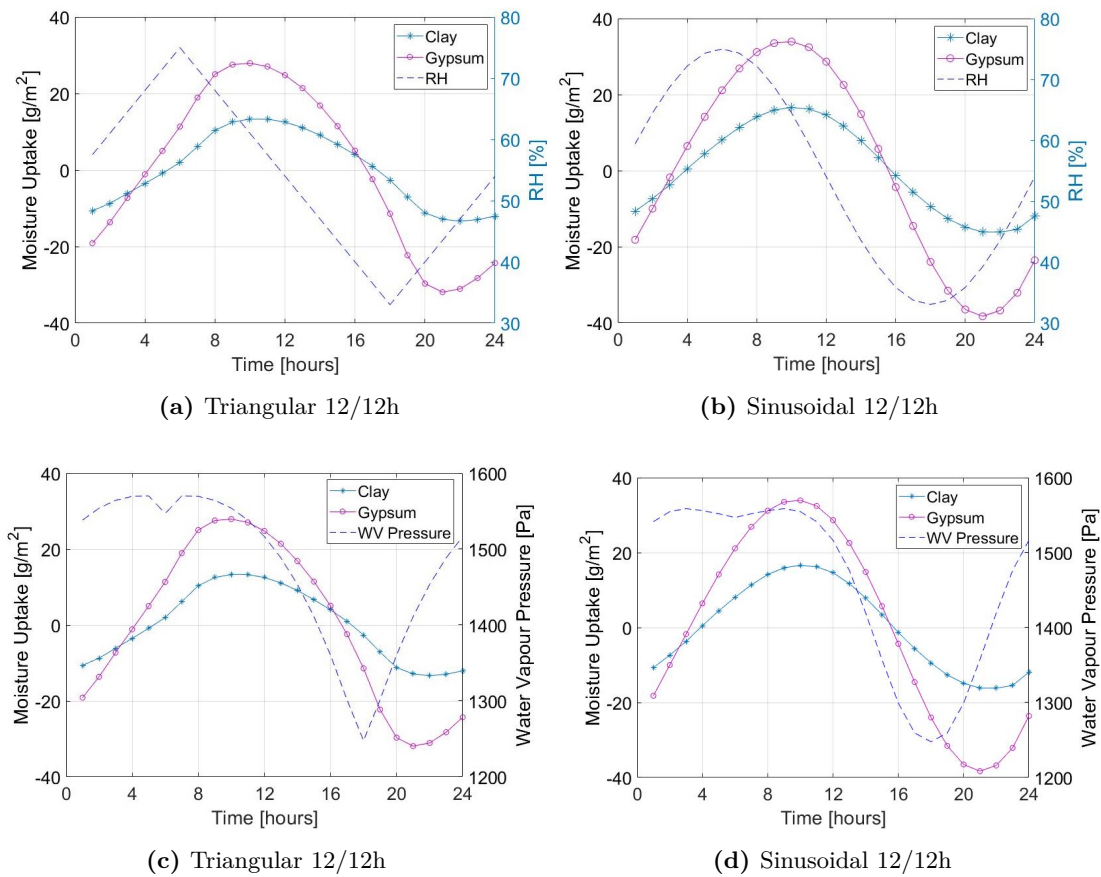


Figure 6. Hygic lag of the uptake curves for clay and gypsum under triangular (a) and sinusoidal (b) temperature and RH fluctuations, with RH as reference, and the corresponding with the vapour pressure as reference (c,d)

Table 4. Sorption hygic lag [hours]

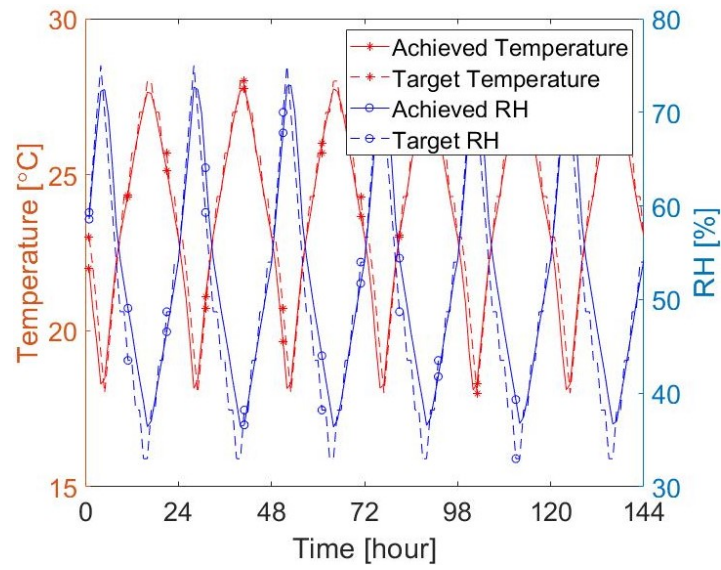
	Triangular			Sinusoidal		
	12h	8h	72h	12h	8h	72h
Clay	4.00/3.50	2.83/4.17	18.33/21.33	3.50/3.00	2.80/4.53	21.17/21.17
Gypsum	3.00/2.67	2.83/3.33	10.67/14.17	3.33/2.67	2.80/4.80	14.17/19.83

219 To compare the experimental results to simulation, an uncertainty analysis was performed, to
 220 check the variability of the moisture uptake, due to experimental error. The size of the specimens and
 221 the variability of the moisture uptake were considered. The uncertainty of the single measurements were
 222 first analysed and then combined to calculate the overall variations of the moisture uptake. Table 5
 223 shows the results of the analysis. Four measurements for each dimension were considered for the
 224 calculation of the surface area of the specimens, while three repeated moisture buffering tests were used
 225 for the climatic chamber and mass balance uncertainty calculation. Delays in the signal transmission
 226 between the mass balance and data logger were not detected.

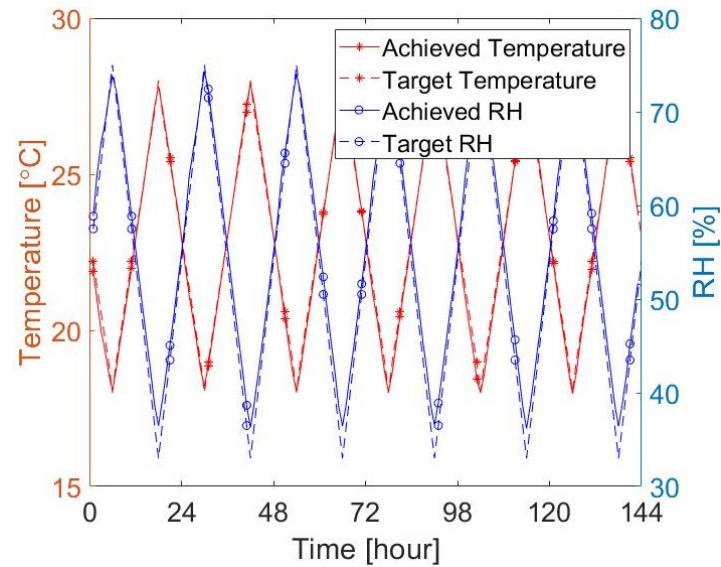
Table 5. Uncertainty measurements

Uncertainty			Clay		Gypsum	
			Average	Uncertainty	Average	Uncertainty
Dimension	Width	mm	149.71	± 0.407	150.42	± 0.016
	Length	mm	150.62	± 0.795	150.41	± 0.003
	Thickness	mm	40.36	± 0.008	20.94	± 0.027
Area		m^2	0.023	± 0.00018	0.023	± 0.00018
Weight	Lows	g	576.88	± 0.01	448.87	± 0.03
	Peaks			± 0.03		± 0.07
Moisture Uptake		g/m^2	42.05	± 0.75	67.82	± 1.82

227 The temperature and RH monitoring in the climatic chamber showed a good agreement between
 228 the actual climate conditions with the targeted curves both for the triangular and sinusoidal curves.
 229 The Triangular tests are presented in Fig. 7. In Fig. 7a the RH presented on average 2%RH variations
 230 from target, up to 5.6%RH during the de-humidification. whilst temperature showed 0.43°C variations
 231 up to 1.40°C. In the symmetric test (Fig. 7a) there was a better match between the actual and target
 232 climate. Temperature and RH presented an average variation of 0.17°C and 1.50%RH, respectively, up
 233 to 0.79°C and 3.5%RH always during the de-humidification. The temperature and RH fluctuations
 234 had smaller amplitudes than the target curves (10°C and 42%RH), as shown in Table 6. In Fig. 7b
 235 it was also observed a delay of 1 h of RH in the de-humidification phase that was than zeroed in the
 236 humidification. The reduced RH fluctuation may produce small variations of the moisture buffering
 237 results of the two materials. Similar consideration can be done for the sinusoidal variations, as [8]
 238 explained, and as shown in Table 6.



(a) Triangular 8/16h



(b) Triangular 12/12h

Figure 7. Monitored temperature and RH into the chamber the triangular tests**Table 6.** Temperature and RH amplitude

	Temperature	RH
Tri 8/16	9.65	36.9
Tri 12/12	9.93	38.1
Tri 72/72	9.92	39.7
Sine 8/16	9.86	37.9
Sine 12/12	9.90	39.1
Sine 72/72	9.77	39.7

239 *4.2. Simulation results*

240 *4.2.1. Triangular 12h/12h variation for gypsum*

241 In this section a demonstration of the application of the method is shown. As exemplification,
 242 gypsum material exposed to *Triangular 12h/12h* variation in the boundary temperature and RH-values
 243 is presented, but the analysis was performed on all cases. The following data was assumed for the
 244 vapour diffusion coefficient and the slope of the sorption isotherm:

$$\delta_v^0 = 2.828 \cdot 10^{-6} \text{ m}^2/\text{s} \quad \xi = 27.39 \text{ kg/m}^3 \quad (4.1)$$

245 The time period, t_p (s) of the process is 24 h. The RH is be highest when the temperature is lowest
 246 and vice-verse. The variations are symmetrical around the average value of both the temperature and
 247 RH. The following boundary values are assumed:

$$\varphi_{b,\max} = 0.75 \quad \varphi_{b,\min} = 0.33 \quad (4.2)$$

$$T_{b,\max} = 28^\circ\text{C} \quad T_{b,\min} = 18^\circ\text{C} \quad (4.3)$$

248 Table 7 shows the amplitude parameter f_A (Eq. 3.28 and Eq. 3.29).

Table 7. The amplitude parameter f_A for the determination of the total moisture uptake during a half cycle, case triangular 12/12h. The third column shows the reduction in moisture buffering capacity due to the surface resistance.

Z [s/m]	f_A	$\frac{f_A}{f_A(Z=0)}$
0	2.2745	1
60	2.2203	0.98
360	1.9737	0.87
10^3	1.5708	0.69
10^4	0.3684	0.16
10^5	0.0416	0.02

249 From the table it is clear that for gypsum without any coating, represented by a default Z value
 250 of 360 s/m, reduces the moisture buffering capacity with 13%. In the results presented below a value of
 251 195 s/m is used based on a assumed air velocity of 0.1 m/s and a convection surface coefficient based
 252 on forced convection [10].

The actual moisture buffering uptake is given by Eq. 3.28. For the case of zero surface resistance we have:

$$m_A = \frac{(0.75 - 0.33)/2}{2\sqrt{\pi}} 27.39 \cdot 0.0136 \cdot 2.2745 = 50.2 \text{ g/m}^2 \quad (4.4)$$

253 *4.2.2. Simulation results for all cases, semi-infinite thickness*

254 The periodic penetration depth (Eq. 3.30) is of interest. It must be much smaller than the thickness
 255 of the material in order to satisfy the general assumption of semi-infinite material. For gypsum and a
 256 time period of 24h:

$$\sqrt{\frac{\tau_p}{\pi}} = 0.0077 \text{ m} = 7.7 \text{ mm} \quad (4.5)$$

257 For a six days time period the penetration depth is 18.8 mm. The corresponding values for clay are
 258 7.5 and 18.5 mm for the 12h and 72h test, respectively. It means that for diurnal variations, both
 259 the thickness 20 mm and 40 mm should be applicable for the semi-infinity analysis. However, it is

questionable if the thickness of 20 mm (gypsum case) would work for the six days variation. For the thickness 40 mm (clay case) it would be acceptable.

Table 8 and Table 9 show the simulated values for the moisture buffering uptake and the time lag. The first value for the time lag represents the time between the RH-peak and the moisture uptake peak. The second one represents the time between the lowest RH and the lowest moisture uptake value. The difference in these values clearly show the asymmetry and non-linearity of the problem. As also shown in the experimental test (Table 4), the longer lag during the de-humidification in the 8/16h tests, compared to the humidification can be also explained by analysing Eq. 4.8. However, the time lags in Table 9 also justify the model's assumption that the surface temperature follows the room temperature. The time delay for the change in temperature in the boards, due to a room temperature change, is around 1200 s for the 20 mm thick gypsum board and 1600s for the 40 mm thick clay board. This is roughly 1/3 of an hour. For diurnal variations the ratio between this time delay and the time period is of the order 10^{-2} . For the six days period the ratio is almost one order less and can further justify the approximation.

Table 8. Simulated results for sorption capacity of clay and gypsum (peak to peak) for the triangular and sinusoidal temperature and RH variations

Material	Curve	Sorption [g/m^2]		
		12h	8h	72h
Clay	Tri	22.72	21.77	56.88
	Sine	27.97	26.40	69.90
Gypsum	Tri	46.50	44.45	119.25
	Sine	57.40	54.05	146.73

Table 9. Simulation results for sorption hygric lag [hours]

Hygric Lag	Triangular			Sinusoidal		
	12h	8h	72h	12h	8h	72h
Clay	2.7/2.2	2.0/2.4	15.4/12.6	3.4/2.9	2.4/3.4	19.8/16.9
Gypsum	2.9/2.3	2.2/2.6	15.9/12.9	3.5/3.0	2.5/3.5	20.0/17.2

Fig. 8 and Fig. 9 show the moisture uptake function m as a function of t/t_p . Time zero corresponds to the time of the RH peak, and the start time of integration, i.e. we assume the uptake of moisture being zero at time zero, which is an arbitrary choice of level. Consequently, it is possible to follow the accumulation and the drying out of moisture of the specimens during the time period. The two curves with the largest amplitude represent the case with a six days variation. It is clear that the diurnal variations do not significantly differ between 12/12h and 8/16h cases. As also shown in the experimental test (Table 4), the longer lag during the de-humidification in the 8/16h tests, compared to the humidification can be explained by analysing Eq. 4.8. If a 8/8 hours period was analysed, instead of the 8/16, the time t_p period would correspond to 16 hours. For the 16/16h test would be i.e. 32 hours. The difference in uptake m_A would then differ between the 8/8 and 16/16h approximately of $\sqrt{32/16} = \sqrt{2}$, which correspond to 40% difference. For the time delay, a pure sinusoidal variation suggests that the lag is directly proportional to the time period, which corresponds to a doubled time delay. The time delay ratio in the mixed case (8/16) in Fig. 9 is 1.17-1.62. Therefore, the asymmetry is reasonable as the delay ratio is in between 1 and 2, in line with the 8/8 and 16/16 ratio.

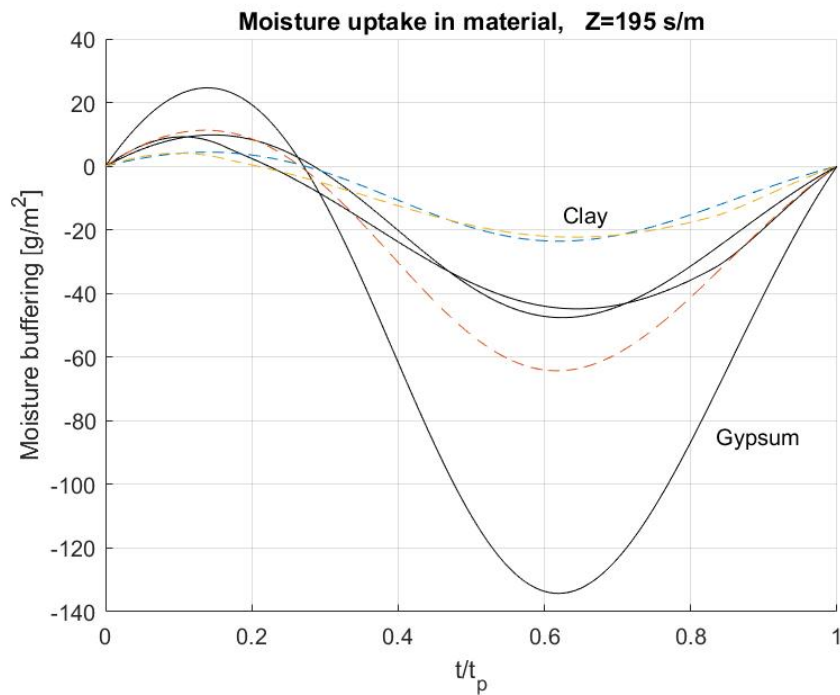


Figure 8. The moisture uptake function m (g/m^2) for the Sinusoidal variations as a function of t/t_p . The full drawn black curves represent Gypsum while the dashed ones represent Clay. The two curves with the largest amplitude represent the case with a six days variation ($72/72h$). The smoother and more sinusoidal like curve represents $12/12h$ and the other $8/12h$, respectively.

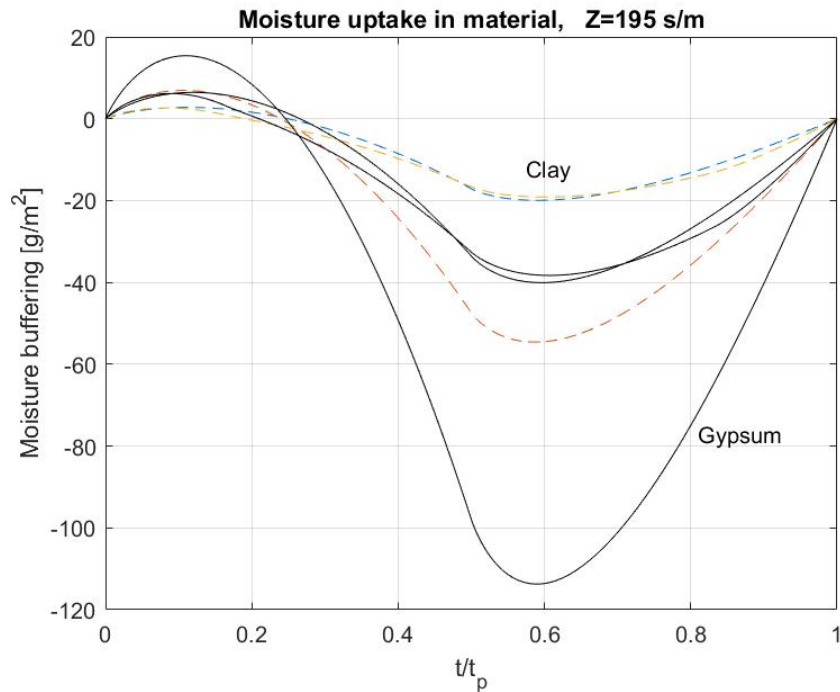


Figure 9. The moisture uptake function m (g/m^2) for the Triangular variations as a function of t/t_p . The full drawn black curves represents Gypsum while the dashed ones represent Clay. The two curves with the largest amplitude represent the case with a six days variation ($72/72h$). The smoother and more sinusoidal like curve represents $12/12h$ and the other $8/12h$, respectively.

288 The comparisons with the measured data shows that the simulations systematically underestimates
 289 the moisture buffering effect by 11-37%. The largest error for the case of clay is 37% (*Sinusoidal 72/72*)
 290 and lowest 11% (*Sinusoidal 8/16*). For gypsum the differences are 36% (*Triangular 8/16*) and 12%
 291 (*Sinusoidal 8/16*). Fig. 10 shows a comparison between measured and simulated moisture uptake for
 292 gypsum and *Triangular 12h/12h cycles*.

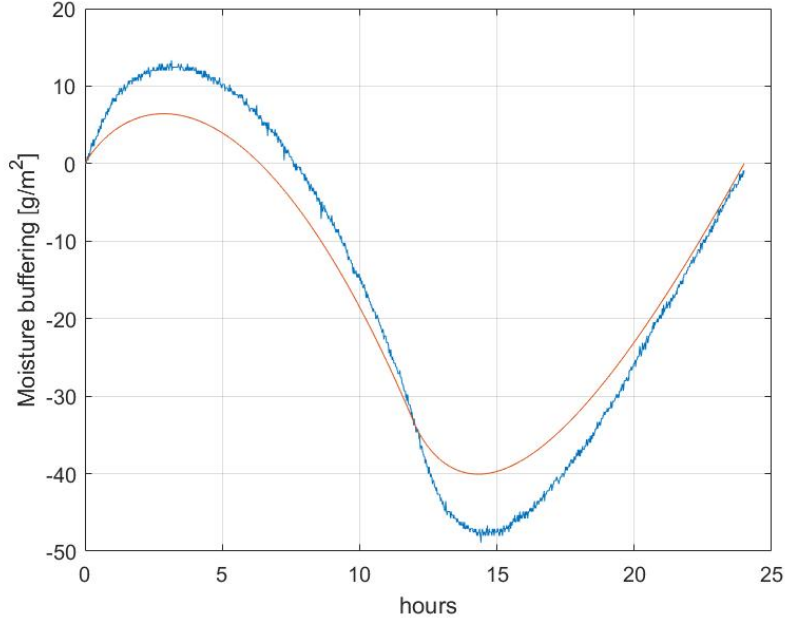


Figure 10. Comparison between measured (blue) and simulated (red) moisture uptake for Gypsum and triangular 12h/12h cycles.

293 4.2.3. Analysis of the simulation results

294 The difference between the measured and simulated results can depend on material properties,
 295 simplifications in the model, insufficient depth of samples and the assumption of the that the temperature
 296 in the material is following the boundary temperature.

Looking at the expected material dependence, from Eq. 3.28 it was obtained:

$$m_A = \frac{(\varphi_{b,\max} - \varphi_{b,\min}) / 2}{2\sqrt{\pi}} \xi \cdot \sqrt{\tau_p} \cdot f_A \propto \xi \cdot \sqrt{\frac{\delta_v^0}{\xi}} \sqrt{\int_0^{t_p} v_s(T(t)) dt} \cdot f_A \quad (4.6)$$

$$= \sqrt{\delta_v^0 \xi} \sqrt{\int_0^{t_p} v_s(T(t)) dt} \cdot f_A \quad (4.7)$$

$$= b_v \sqrt{t_p} \sqrt{\bar{v}_s} \cdot f_A \quad b_v = \sqrt{\delta_v^0 \xi} \quad (4.8)$$

297 Here, $b_v = \sqrt{\delta_v^0 \xi}$ is the moisture vapour effusivity.

298 The formula shows that the slope of the sorption curve and the diffusion coefficient play an equal
 299 role for the moisture uptake. The factor f_A calculated previously for all cases is not significant, as
 300 it appears to depend weakly on the RH boundary function. The same consideration applies to the
 301 square root of the integrated humidity at saturation over the time period. The previous calculation for
 302 gypsum showed that the measured value would fit if either of the parameters are increased by 66%.
 303 Considering the expression for the effusivity, it also means that a good fit happens when both material
 304 properties are increased by $\sqrt{1.66} = 1.29$ i.e. 29% increase. Fig. 11 shows the comparison between the

305 experimental *Triangular 12/12h* case, when this increase of the material properties is applied in the
 306 simulation.

307 The error estimates in relation to effusivity value gives a maximum of 13.5% higher value, not
 308 fully support a 29% higher simulation value required for a good fit. By increasing the effusivity by
 309 66% the peak value of the experimental moisture uptake was still higher than the simulated one. The
 310 measurement uncertainty is estimated to be less than 3% which would not explain the differences
 311 between the measurement and simulations. Another potential uncertainty lies in the surface resistance
 312 value. The surface resistance value is specially important for the diurnal variations since the equivalent
 313 surface resistance thickness and the periodic penetration depth is closer in magnitude. For gypsum it is
 314 round 0.5 mm. The previous calculation shows that for a zero surface resistance, the moisture buffering
 315 effect increases by 8%.

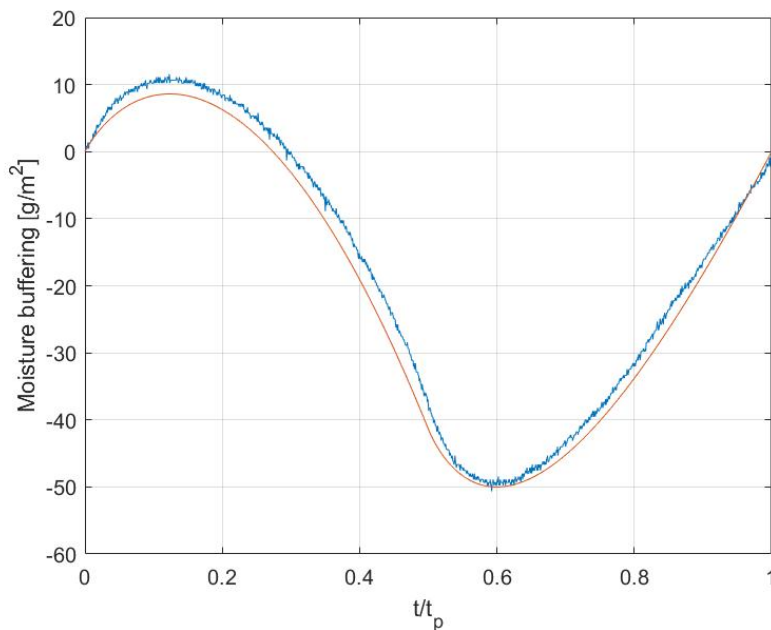


Figure 11. Comparison between measured and modified simulated moisture uptake for Gypsum and triangular 12h/12h cycles.

316 The only material specific part of Eq. 4.8 that gives the amplitude of the moisture uptake is the
 317 vapour effusivity b_v . By applying the same environmental variations to clay and gypsum by doubling
 318 b_v , the moisture uptake doubled. On fact, it can be observed that the ratio between the case of gypsum
 319 and clay is constant for the same load profile, following the ratio of the effusivity. The measurement
 320 give the ratio 0.45 to 0.53 while the simulations 0.48-0.49 for all cases. The variations in the simulation
 321 values are due to the small variations in f_A .

322 In Eq. 4.8 the term that contains the humidity at saturation depends only on the temperature
 323 variation. For a certain load profile (Tri or Sine) and time schedule (12/12h and 72/72h) this is constant.
 324 The ratio basically only depends on the square roots of the time period. Consequently, it can be
 325 expected $\sqrt{6} = 2.4494$ times greater moisture buffering effect for the 72/72h period compared to the
 326 12/12h variation. The experimental ratio of the moisture uptake between the six days variations and
 327 12/12h was 2.38-2.92 while simulations gave 2.50-2.56. The variations in the simulation values is due to
 328 the small variations in f_A .

329 4.2.4. Comparison of analytical and numerical results

330 In order to understand the impact of thicknesses that are close to the periodic penetration depth,
 331 numerical solutions for the equations (Eq. 3.10, Eq. 3.11 and Eq. 3.14) are presented. Only the case of
 332 gypsum was analysed. The Matlab pdepe-solver were used with a space resolution of around 0.1 mm.

333 From the results it can see that the semi-infinite analytical solution is verified by the numerical
 334 simulation and that it also works well for diurnal variations as long as the thickness is 20 mm or more
 335 (Table 10). For thinner material thicknesses the moisture buffering effect can be over or under estimated
 336 while the time lag becomes overestimated. It can also be observed that there is a maximum buffering
 337 effect for material thickness similar to the periodic penetration depth, which is result well known from
 338 the heat transfer area investigating effect of thermal mass on energy demand [24].

Table 10. Numerical simulation results for gypsum and varying thickness D , diurnal variations. The surface resistance $Z = 195$ s/m. Results from the analytical model is also inserted for the case of infinite thickness.

D [mm]	m_A [g/m^2]	$t_{delay,max}$ [hour]	$t_{delay,min}$ [hour]
5	52.0	1.67	1.08
10	64.7	3.37	2.69
20	56.7	3.57	3.05
40	57.8	3.53	3.03
100	58.1	3.48	3.05
∞	57.4	3.5	3.0

339 For 72/72 variations the semi-infinite analytical solution works well as long as the thickness is
 340 40 mm or more (Table 11). For thinner material thicknesses the moisture buffering effect can be over
 341 or under estimated while the time lag becomes overestimated. The moisture buffering goes up with
 342 14% for the 72/72 simulation with the thickness 20 mm instead of infinite thickness. This reduces the
 343 difference between experimental and simulation result.

344 The time lags is reduced between with 3.8 and 5.0 hours, when thickness is reduced down to 20
 345 mm for infinity. The match between this simulation and the measurement becomes better for the top
 346 peak time delay but there is a larger lag for the bottom peak. Overall, it can be stated that either in the
 347 experimental and simulations temperature is a significant factor that delays the response of materials
 348 to buffer humidity. This is further justified in [8], in which the response of materials to constant and
 349 variable temperature were compared, showing that variable temperatures generate a significant lag
 350 compared to the case at constant temperature.

Table 11. Numerical simulation results for gypsum and varying thickness D , 72/72 variations. The surface resistance $Z = 195$ s/m. Results from the analytical model is also inserted for the case of infinite thickness.

D [mm]	m_A [g/m^2]	$t_{delay,max}$ [hours]	$t_{delay,min}$ [hours]
5	57.0	1.7	1.2
10	110.5	6.3	3.9
20	167.0	16.2	12.2
40	147.7	20.6	17.7
100	146.4	20.1	17.2
∞	146.7	20.0	17.2

351 5. Conclusions

352 Clay and gypsum coatings were experimentally tested to investigate the moisture buffering capacity
 353 of the materials under simultaneous temperature and RH fluctuations. The dynamic sorption capacity of
 354 plasters were observed when environmental variations follow either sinusoidal and triangular variations

355 and different interval for the humidification/de-humidification were applied (12/12h, 8/16h, 72/72h).
356 In this way, it was possible to better understand the influence of temperature and humidity on the
357 moisture uptake of construction materials. The experimental results were compared with a novel
358 simulation method that considers the impact of the surface resistance in the calculation of the material
359 moisture uptake under variable environmental conditions. The model approach to consider materials as
360 semi-infinite bodies was also verified with the analytical results.

361 The simulation model supported by the experimental results demonstrated clay and gypsum
362 responded differently to the simultaneous temperature and RH fluctuations, due to the different
363 material properties and pore structure. However, the environmental signal has a significant role in
364 the moisture buffering capacity of materials. Both the RH and temperature signal (triangular and
365 sinusoidal) and time intervals impact the way plasters adsorb moisture from the indoor. Differences
366 were found when different time frames were applied. When materials were subjected to daily cycles
367 (12/12 h and 8/16h), there were not significant differences between the sinusoidal and triangular test
368 and also between the 12/12 h and 8/16h in terms of peak to peak sorption capacity. However, when
369 temperature and RH were slowly varied over six days, clay and gypsum stored and released more
370 moisture, showing also differences between the sinusoidal and triangular test. The slower increase and
371 decrease of the environmental conditions allowed the plasters to store more moisture.

372 The difference between the 72h tests is linked to the different materials thickness and penetration
373 depth. The penetration depth not only depends on the material property, but it also varies depending
374 on the environmental conditions. For gypsum, which thickness was 20 mm, its moisture buffering
375 performances increased in the 72h test, due to the deeper penetration of moisture into the plaster, and
376 due to the longer exposure to high and low environmental conditions. Another observation was the lag
377 of both plasters when exposed to simultaneous temperature and RH variations. Simulations showed a
378 delay of few hours in the daily variations and up to 20 hours in the 72h test. The lag is attributed
379 to temperature variations that delays the response of materials. Moreover, the continuous variations
380 of the environmental conditions did not allow the material to stabilise and to respond quickly to the
381 humidity variations.

382 In conclusion, explicit analytical formulas applied in the model were derived to calculate the
383 moisture distribution inside a material that is exposed to cyclic variations in RH and temperature. The
384 semi-infinite analytical solution was verified, confirming the formula can be used to estimate the uptake
385 and release of moisture to an exposed material surface as long as the periodic penetration depth is less
386 than half the thickness of the material.

387 The analytical method showed a great resemblance with the measured values, and together to the
388 novel experimental approach of testing the sorption capacity of material will quantify more accurately
389 the capacity of hygroscopic materials to moderate the indoor humidity and improve the hygrothermal
390 comfort and health of people in buildings.

391

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