

EUROPEAN PSYCHOLOGISTS' NEEDS IN FACING DIVERSITY

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Abstract body: Cultural and individual diversity is getting more and more part of the daily work of each psychologist nowadays, but still this issue is less or insufficiently addressed in the study programmes all over Europe. Therefore, psychologists work repeating in situations of the quality of a cultural overlap being not or insufficient prepared for this yet. The psychologists' core work of understanding and supporting people from a psychological point of view lacks knowledge as well as the performance of taking in account multiple and differentiated

perspectives. The conclusion is: The subject Intercultural psychology needs to be mandatorily included into the curricula of study programmes of Psychology and this already on Bachelor levels. This joint-symposium is supposed to aim in working groups after the input-presentations in order to collect all kind of psychologists' views on the needs that are seen out of the view of the divers working fields of psychologists.

General summary of the Symposium. Chair Symposium: Iva Žegura, B CED Discussant: Brunna Zani, EC B CED and B EA

PSYCHOLOGICAL RESILIENCE AND HUMAN HEALTH

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Abstract body: New trends in the development of society view human health, both physical and mental, as one of the fundamental values. Within a variety of fairly representative scientific research there is a lack of analysis of the specificity of models for assessing mental and physical health of different age and professional groups, so further research is needed into insufficiently investigated and systematized criteria of mental and physical health, methods and techniques of psychological health care. There is a lack of effectiveness of the existing system of rehabilitation and preventive measures, which does not take into account the totality of all markers, including a person's psychological characteristics, his/her psychological deficits (not only cognitive, but also

emotional, personal and behavioral ones). The Symposium involves a discussion of new scientific knowledge that allows a comprehensive and generalized assessment of human physical and mental health.

Press paragraph. 1. Natalia V. Kozlova — Dr. of Sci. (Psychology), professor, head of the genetic and clinical psychology department of National Research Tomsk State University, head of the educational programme in Clinical Psychology. Presentation: Rehabilitation of disabled people: The role of clinical psychologists. 2. Elena V. Gutkevich — Dr. of Sci. (Medicine), professor of the genetic and clinical psychology department of National Research Tomsk State University, leading researcher of the Research Institute of

Mental Health of Tomsk NRMС RAS, head of the functional center of family-genetic prevention and adaptation «Mental health of the family», doctor-geneticist. Presentation: Psychological and genetic determinants of mental health of all generations of the family. 3. Inna V. Atamanova — Cand. of Sci. (Psychology), associate professor of the genetic and clinical psychology department of National Research Tomsk State University. Presentation: Rehabilitation of disabled people: The role of clinical psychologists. 4. Valeria V. Matsuta — Cand. of Sci. (Psychology), associate professor of the organizational psychology department of National Research Tomsk State University. Presentation: Psychological safety and basic values of modern youth in Russia: The urban environment effect.

General summary of the Symposium. Health should be considered as a condition for successful realization of a person's mission, life purposes and meaning of existence in the society. Nowadays, psychological and mental health as a set of personal characteristics that are prerequisites for one's stress resistance, social adaptation and successful self-realization is becoming the leading characteristic of one's resource potential. The ongoing transformation of the family and the peculiarities of its functioning in the modern world, the current trend towards integrating knowledge in the field of

mental health, the use of transdiagnostic approach in new methodological contexts of clinical practice and the undoubted impact of social challenges determine the relevance of interdisciplinary approaches to solving mental health problems, focusing on the family. It is also important to discuss the issues of rehabilitation of persons with disabilities, considering it within the legal framework adopted in the world community. According to the biopsychosocial model of rehabilitation, in the pathogenesis of a disease or disorder in humans an important role belongs to a complex of biological disorders, psychological factors (including mental processes, individual psychological characteristics of a person and behavior) and social ones (in particular, socio-economic, social micro-environmental and cultural). The rehabilitation potential of a disabled person is an indicator that can be evaluated based on a complex of medical, psychological and social factors to reveal his/her real possibilities of recovering impaired functions and abilities, including participation in professional activities. It is the competence of clinical psychologists. Qualitative analysis of the rehabilitation potential helps specialists of the multidisciplinary team to develop an optimal rehabilitation route for the disabled and to determine the effectiveness of the funds spent on rehabilitation and the effectiveness of the rehabilitation measures.