

## **Look back carefully to assure a better future**

Many individuals have experienced illness, pain and upset as a consequence of lock downs, social distancing policies and/or the reconfiguration of clinical services. It is hoped that the present COVID-19 pandemic will settle although further, potentially significant outbreaks across the globe are anticipated – or arising. There may be insufficient time, and probably resources, to develop or instigate policies that may mitigate against future needs but now may be the time to consider the very many implications of this first COVID-19 pandemic for immediate and long term future oral health care.

Undoubtedly lookbacks should focus upon strategies to enhance the delivery of acute care of plaque-induced dental disease as these are the dominant oral disorders of children and adults in the UK and across the globe. Nevertheless each specialty area will have had specific challenges that may warrant - or provide - solutions. For example, consideration must be given to the probable reduction in the identification and treatment of oral malignancies<sup>1</sup>, any worsening of immunologically-mediated disease<sup>2</sup> and any increases in numbers of individuals with facial pain secondary to psychological distress<sup>3</sup>. Within Oral and Maxillofacial Surgery it is probable that injuries due to contact sports, road traffic accidents or violence have fallen but, as highlighted by Coulthard and colleagues, injuries due to domestic violence may rise<sup>4</sup>. Of concern the combination of psychological stress due to prolonged social isolation and alcohol consumption<sup>5</sup> may have created a burden of facial injuries that is presently completely unknown to health care professionals or reflected within the rise in injuries due to falls/trips within homes or the reports of facial injury due to deliberate self-harm<sup>6</sup>.

The present examples are the tip of an iceberg of possible health burden. There is the potential for repetition with any further COVID-19 outbreaks but there may be lessons to learn (for example triage, training and timetabling) that may help - even in the absence of any further pandemic. We urge leaders of the different specialties of oral health care in the UK and around the globe to undertake meaningful lookback analyses that will inform the roadmap for oral health care in the 21<sup>st</sup> century. There will be limited, if any, funding opportunities for appropriate analyses hence proposed studies must be methodologically sound to identify where, even simple, change will positively impact upon oral health care.

Aligned to this we propose that future public health strategies recognise the worth of primary dental health care providers to monitor COVID-19 community infection. The great majority of dentistry is delivered in readily accessible practices by staff skilled in the examination of the mouth and potentially the upper airway. If practices are unable to deliver the usual care (for example due to regulatory concerns of increased transmission due to aerosol generating procedures containing COVID-19) it is highly likely that they would be able and willing to become local test centres to monitor outbreaks – perhaps also using the facilities of community pharmacies - to assure rapid identification of pockets of new infection<sup>7</sup>.

Change requires strong vision, leadership, willpower, resources and pragmatism. It is our view that with an appropriate well-resourced roadmap, informed by the solutions of the recent past, all oral health care providers, whether generalists or specialists, have much to contribute to lessen the burden of any future, or indeed continued, outbreaks of COVID-19 infection<sup>8</sup>.

## **References**

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