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# 1 Pilot study of long term anaesthesia in 2 broiler chickens.

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14

15 **Abstract**

16 **Objective**

17 To provide stable anaesthesia of long duration in broiler chickens in order to perform a  
18 terminal caecal ligated loop procedure.

19 **Study Design**

20 Prospective experimental study

21 **Animals**

22 Seven clinically healthy broiler chickens (*Gallus domesticus*) aged 27-36 days, weighing  
23 884 to 2000 g.

24 **Methods**

25 Anaesthesia was induced and maintained with isoflurane in oxygen. All birds underwent  
26 intermittent positive pressure ventilation for the duration.  $P_{\text{E}}\text{CO}_2$ ,  $\text{SpO}_2$ , heart rate and  
27 oesophageal temperature were monitored continuously. Intraosseous fluids, warming pad  
28 and intramuscular butorphanol at  $2 \text{ mg kg}^{-1} \text{ q } 2\text{h}$  were provided. Euthanasia by parenteral  
29 pentobarbitone was performed at the end of procedure.

30 **Results**

31 Stable anaesthesia was maintained in four chickens for durations ranging from 435 to 510  
32 minutes. Two birds died or were euthanised after 130 and 330 minutes due to surgical  
33 complications and another died from anaesthetic complication after 285 minutes.

34 **Conclusion and clinical relevance**

35 Minimal anaesthesia duration is recommended in avian patients as they are often ill when  
36 presented. Long-term, stable anaesthesia is possible in clinically healthy chickens  
37 provided complications such as hypothermia and hypoventilation are addressed, and vital  
38 signs are carefully monitored. There are no previous reports describing monitored,  
39 controlled anaesthesia of this duration in chickens.

40 **Keywords**

41 anaesthesia, avian, chicken, ligated-loop, coeliotomy

## 42 **Introduction**

43           Much is written in clinical texts and literature about recommendations for safe  
44 anaesthesia in the avian patient, however surprisingly little is published about  
45 maintenance of long term anaesthesia. Fedde (1978) has reviewed the use of many agents  
46 used in avian anaesthesia, including phenobarbitone which provided anaesthesia of 24  
47 hour duration. However, few details are given regarding the stability or monitoring of  
48 anaesthesia in these reports.

49           We report the results of a pilot study where long term anaesthesia was required  
50 for a caecal ligated-loop experiment studying bacteriophage therapy for *Campylobacter*  
51 *jejuni* (Connerton et al. 2011). The procedure was based on that reported by Van Deun et  
52 al. (2008), but with the objective of longer term anaesthesia followed by euthanasia rather  
53 than recovery.

## 54 **Materials and Methods**

### 55 **Animals**

56           Seven male broiler (Ross 308) chickens were obtained as day olds from a  
57 commercial hatchery and reared in a biosecure environment until day of procedure,  
58 between days 27 and 36 in accordance with the Home Office code of practice for the  
59 housing and care of animals used in scientific procedures. Birds were group housed until  
60 20 days of age and individually caged thereafter. Feed and water were available ad  
61 libitum with a 12 hour light/dark cycle. All birds were considered to be healthy at pre  
62 anaesthesia clinical examination.

63 This study was carried out in accordance with UK and EU legislation. All  
64 procedures were approved by the Local Ethics Committee of the University of  
65 Nottingham and performed under Home Office licence.

## 66 **Anaesthetic protocol**

67 Feed was withdrawn on the morning of the procedure, and the birds weighed and  
68 their crops palpated to confirm no ingesta were present.

69 Birds were restrained manually with a towel, using a mask attached to an Ayre's  
70 T-piece circuit anaesthesia was induced with a vapouriser set to deliver 5% isoflurane  
71 (IsoFlo, Abbott Laboratories) in oxygen. Once anaesthetised each bird was intubated with  
72 an uncuffed orotracheal tube (Portex, Smiths Medical, UK) with internal diameter 2.5-4  
73 mm, depending on bird size. Anaesthesia was maintained with isoflurane in oxygen and  
74 intermittent positive pressure ventilation was performed using a pressure limited  
75 ventilator (SAV03, Vetronic Services, UK). The trigger point was set to achieve normal  
76 inspiratory depth and the expiratory time adjusted to maintain an end tidal CO<sub>2</sub> (P<sub>E</sub>CO<sub>2</sub>)  
77 target of 35 to 45 mmHg (4.7-6.0 kPa). Depth of anaesthesia was assessed using  
78 cardiovascular parameters and reflexes, isoflurane vaporiser settings between 2.5% and  
79 3% were used. The bird was placed in dorsal recumbency between warm water filled  
80 gloves on an electronic heat mat and foam wedge at an angle of approximately 10°. Heart  
81 rate (HR) and haemoglobin saturation (SpO<sub>2</sub>) were measured using the pulse oximeter  
82 probe (placed on the wingweb or between toes) on a VM 2500 veterinary CO<sub>2</sub>/SpO<sub>2</sub>  
83 monitor (Viamed, UK). P<sub>E</sub>CO<sub>2</sub> and ventilation rate (fV) were measured on the same unit.  
84 A flexible thermometer probe attached to a monitoring console (Minimon 7138B,  
85 Kontron) was introduced oesophageally to approximately the level of the heart. Body

86 temperature ( $T_p$ ),  $SpO_2$ ,  $P_{E}CO_2$ , HR and  $f_v$  were monitored continuously and recorded  
87 every 15 minutes.

88 A 21g hypodermic needle was placed in the proximal tibiotarsus to deliver  
89 lactated ringers (Vetivex 11, Dechra, UK) solution at  $10 \text{ mL kg}^{-1} \text{ hour}^{-1}$ .

90 Butorphanol (Torbugesic, Pfizer, UK) was administered intramuscularly, into the  
91 superficial pectoral or thigh, at a dosage of  $1 \text{ mg kg}^{-1}$  in the first bird and  $2 \text{ mg kg}^{-1}$  every  
92 2 hours in the subsequent 6 birds.

### 93 **Surgical procedure**

94 A midline coeliotomy was performed with parasternal flap extension to allow  
95 exteriorization of intestines and caeca for ligation, sampling and injection. Further  
96 sampling was performed every 1-2 hours for a total of 6 hours. Between samplings the  
97 viscera were returned to the body cavity and the body wall temporarily apposed.

98 All birds were euthanised at the end of the procedure with overdose of parenteral  
99 pentobarbitone.

## 100 **Results**

101 Ages, weights and monitored parameters are shown in table 1. Birds 2,3,5 and 7  
102 survived for the duration required for the experiment. Bird 1 died following a surgical  
103 complication during the coeliotomy, the technique was refined in subsequent surgeries.

104 Bird 4 was euthanised after 330 minutes following detection of caecal thromboemboli.

105 Bird 6 died unexpectedly after 285 minutes of anaesthesia, this was noted as a  
106 sudden drop in  $P_{E}CO_2$  followed by loss of pulse oximeter trace and palpable heartbeat.

107 No change in monitoring parameters were noted prior to this occurrence.

108           Despite reducing airway pressure on entry of the body cavity and attempting to  
109 pack off with moistened swabs, at least one abdominal air sac was ruptured in all of the  
110 birds.

111           Airway pressure did not exceed 15 cm H<sub>2</sub>O in any of the birds, once the body  
112 cavity was opened the pressure was reduced to as low as 4 cm H<sub>2</sub>O to minimise  
113 volutrauma to the air sacs. The ventilation frequency rate was adjusted to maintain  
114 adequate ventilation as determined by P<sub>E</sub>CO<sub>2</sub>.

115           The ET tube was replaced at least once per procedure as routine and changed  
116 immediately if any obstruction suspected. Thick mucus was often present after 2-3 hours  
117 of anaesthesia.

## 118 **Discussion**

119           A ligated loop study was selected for this experiment as it removes many  
120 variables encountered in alternative experimental designs. This approach should greatly  
121 reduce the number of animals required to obtain significant results as it removes inter-  
122 animal variation. This is in keeping with the principle of Replacement, Refinement and  
123 Reduction of animals in research (Russell & Burch 1959). The authors are unaware of  
124 any published reports describing a monitored, controlled anaesthesia of this duration.  
125 Several older texts describe ligated loop studies, but often the anaesthesia is not described  
126 in detail. We report these results to demonstrate that this model is viable so others may  
127 use it in future.



128 No blood haematological or biochemical testing was performed as these were all  
129 young, clinically healthy birds and results would have been unlikely to change the  
130 protocol.

131 Once anaesthesia was induced IPPV was initiated with no resistance or bucking of  
132 the ventilator. There was therefore no requirement for neuromuscular blockade.  
133 Butorphanol was included in the protocol as it has been demonstrated to have an  
134 isoflurane sparing effect in psittaciformes (Curro et al. 1994). The pharmacokinetics of  
135 butorphanol have recently been described in broilers by Singh et al. (2011), hence  
136 selecting the dose of 2 mg kg<sup>-1</sup> every 2 hours.

137 Pulse oximetry for the estimation of haemoglobin oxygen saturation has been  
138 widely considered unreliable in avian species (Edling 2006). The equipment is calibrated  
139 for mammalian, not avian haemoglobin and tissues and tends to underestimate the  
140 haemoglobin saturation in birds (Schmitt et al. 1998). The Viamed pulse oximeter used in  
141 this study provided a very consistent trace and provided an audible alarm when the trace  
142 was lost. Validating SpO<sub>2</sub> data was not possible in this pilot study but could be performed  
143 in future studies. A pulse oximeter probe from the older Kontron monitor (Minimon  
144 7138B) provided no trace or SpO<sub>2</sub> reading.

145 Bird 6, which died after 4.75 hours of anaesthesia was the heaviest and most  
146 muscled of the chickens anaesthetised. The “Sudden Death” syndrome (SDS) of broiler  
147 chickens tends to affect faster growing birds and although the aetiology is poorly defined  
148 it may be associated with cardiac arrhythmias (Crespo & Shivaprasad 2013). Given that  
149 this bird may have had the lowest cardiorespiratory reserve capacity within our cohort

150 this is perhaps not a surprising occurrence. No gross lesions were apparent at post  
151 mortem, which can be consistent with SDS.

152       Clinical texts frequently emphasise the requirement for speed as avian patients  
153 requiring anaesthesia for procedures are rarely healthy (Edling 2006). Long-term, stable  
154 anaesthesia does appear to be possible in healthy chickens. As these were terminally  
155 anaesthetised for ethical reasons we have no data on recovery and survival after the  
156 procedures. The anticipated problems of hypothermia, hypoventilation and regurgitation  
157 were avoided or managed, and monitored parameters were within acceptable  
158 physiological limits. Studies such as Fedde et al. (1998) demonstrated the heart rate in  
159 conscious broiler chickens to be in the region of 360 beats minute<sup>-1</sup>. Our data from  
160 anaesthetised birds in Table 1 will be of use for future studies.

161       The ideal feed withdrawal period for avian anaesthesia is conflicted by concerns  
162 of avoiding regurgitation, but maintaining adequate energy reserves for a very long  
163 procedure (Edling 2006). A small degree of regurgitation was noted mid-procedure in  
164 bird 6, which had the shortest feed withdrawal time of 2 hours, however the crop was  
165 palpably empty even when the feed was removed. The material was removed with cotton  
166 swabs, and was considered unrelated to the anaesthetic death as no material was noted in  
167 the trachea at post mortem examination.

168       As described elsewhere in the literature (Edling 2006), air sacs were ruptured  
169 during this procedure. Isoflurane pollution of the environment is inevitable, therefore  
170 adequate ventilation of the operative area is essential and charcoal filtered surgical masks  
171 should be considered.

172           Based on the results of this pilot study a larger scale experiment can be designed  
173 with further refinements including arterial blood gas analysis to validate the SpO<sub>2</sub> and  
174 P<sub>E</sub>CO<sub>2</sub> monitoring equipment. This will expand the data set of normal values for broiler  
175 chickens undergoing anaesthesia and supplement the findings of others that P<sub>E</sub>CO<sub>2</sub>  
176 correlates accurately with arterial concentrations (Edling 2006).

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208

Bird	Age (d)	Weight (g)	Duration (minutes)	SpO <sub>2</sub> (%)	HR (beats minute <sup>-1</sup> )	Ventilation rate (breaths minute <sup>-1</sup> )	P <sub>E</sub> CO <sub>2</sub> (mmHg) (kPa)	Oesophageal Temperature (°C)
1	27	884	130	99 ± 1.04	251 ± 69.78	29 ± 7.49	44 ± 12.44 5.87 ± 1.66	38.8 ± 0.99
2	29	1100	480	99 ± 1.22	252 ± 37.70	16 ± 3.14	37 ± 12.73 4.93 ± 1.70	39.6 ± 0.76
3	30	1160	435	99 ± 0.00	284 ± 22.18	20 ± 4.21	47 ± 9.76 6.27 ± 1.30	39.6 ± 0.86
4	31	1140	330	99 ± 0.44	305 ± 29.70	19 ± 5.78	44 ± 11.02 5.87 ± 1.47	40 ± 0.95
5	34	1300	450	96.5 ± 4.15	293.5 ± 25.94	17.5 ± 4.52	44.5 ± 8.05 5.93 ± 1.07	40.7 ± 0.83
6	35	2000	285	99 ± 0.00	241 ± 44.27	19 ± 31.2	47 ± 12.85 6.27 ± 1.71	39.2 ± 1.23
7	36	1585	510	99 ± 0.00	271.5 ± 44.62	20 ± 5.12	38 ± 9.98 5.07 ± 1.33	40.55 ± 0.86

210

211 **Table 1.** Monitored variables in broiler chickens undergoing anaesthesia (median ±  
212 standard deviation)