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1 **Dynamic Response of Orthogonal 3D Woven Carbon Composites Under Soft Impact**

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9 **Abstract**

10 This paper presents an experimental and numerical investigation into the dynamic response of 3D orthogonal  
11 woven carbon composites undergoing soft impact. Composite beams of two different fibre architectures,  
12 varying only by the density of through-thickness reinforcement, were centrally impacted by metallic foam  
13 projectiles. Using high speed photography, the centre-point back-face deflection was measured as a function  
14 of projectile impulse. Qualitative comparisons are made with a similar uni-directional laminate material. No  
15 visible delamination occurred in orthogonal 3D woven samples, and beam failure was caused by tensile fibre  
16 fracture at the gripped ends. This contrasts with uni-direction carbon fibre laminates, which exhibit a  
17 combination of wide-spread delamination and tensile fracture. Post-impact clamped-clamped beam bending  
18 tests were undertaken across the range of impact velocities tested in order to investigate any internal damage  
19 within the material. Increasing impact velocity caused a reduction of beam stiffness: this phenomenon was  
20 more pronounced in composites with a higher density of through-thickness reinforcement. A three-  
21 dimensional finite element modelling strategy is presented and validated, showing excellent agreement with  
22 the experiment in terms of back-face deflection and damage mechanisms. The numerical analyses confirm  
23 negligible influence from through-thickness reinforcement in regards to back-face deflection, but significant  
24 reductions in delamination damage propagation. Finite element modelling was used to demonstrate the  
25 significant structural enhancements provided by the through-the-thickness weave. The contributions to the  
26 field made by this research include the characterisation of 3D woven composite materials under high-speed  
27 soft impact, and the demonstration of how established finite element modelling methodologies can be applied  
28 to the simulation of orthogonal woven textile composite materials undergoing soft impact loading.

29 **Keywords**

30 **High speed impact, 3D woven composite, Finite element, Delamination, Material rate-dependence**

31 **1 Introduction**

32 The search for materials with enhanced protection against impact loading such as air blast or sand impact is of  
33 major concern in the design of military vehicles. Both rapidly expanding radial shockwaves and sand ejecta  
34 from shallow buried landmines or Improvised Explosive Devices (IEDs) can cause widespread damage of  
35 structures. There have been several experimental methodologies developed for blast-loading of structures. The  
36 first methodology was that of using explosives to load structures. This technique has the benefit of having the  
37 same loading profiles of actual dynamic loading likely to be experienced by structures, however, it adds  
38 difficulties as the wave fronts are spherical and the complex pressure signatures generated are difficult to  
39 model. Another experimental technique developed to enable the reproduction of shock waves in the  
40 laboratory, but to move away from the use of explosives, is the shock tube [1, 2]. It provides the advantage of  
41 plane wave-front generation and easily controlled experimental parameters. However, it requires large  
42 bespoke equipment, with calibration required that is unique for each shock tube system [1]. A more simplistic  
43 and economical method to load structures with a well-defined dynamic distributed impulse was introduced by  
44 Radford et al. [3], in which cylindrical metallic foam projectiles are accelerated into samples by a laboratory  
45 scale pressurised gas gun. This method has often been referred to as “soft impact” loading. The projectiles are  
46 highly compressible, exerting pressure pulses on structures in the order of 100 MPa for a duration of  
47 approximately 200  $\mu$ s. The pressure pulses have characteristics remarkably similar to that observed in fluid  
48 shock loading; almost instantaneously rising pressure peaks diminishing with a rough exponential shape [3].  
49 For a more detailed discussion of the mechanisms of blast loading, the readers are referred to Smith and  
50 Hetherington [4] for air blasts and Liu et al. [5] for sand impact.

51 The dynamic inertial response of a variety of monolithic and sandwich panels of composite and metal  
52 materials have been investigated via the metallic foam projectile methodology by Radford et al. [6], Radford  
53 et al. [7], McShane et al. [8] and more recently Russell et al. [9] and Kandan et al. [10]. Monolithic carbon  
54 fibre laminate beams have been shown to provide superior performance in regards to back-face deflection  
55 during dynamic shock loading than that of stainless steel beams of equal areal mass [9]. Evidence was also  
56 presented that composites with lower strength matrix can exhibit increased performance whilst undergoing  
57 dynamic soft impact loading, for both carbon fibre reinforced polymer composites and ultra-high molecular  
58 weight polyethylene (UHMWPE) composites [10]. However, laminated composites have been shown to  
59 exhibit delamination damage, even when no catastrophic longitudinal fibre fracture is observed [9]. This is a  
60 performance-limiting quality inherent within all laminate composites, and will become more exaggerated if  
61 the composite matrix strength is reduced. Delamination damage can be particularly dangerous as it is not  
62 always present during visual inspection of structures [11], and can severely reduce bending stiffness and

63 compressive strength [12] after impact. A more comprehensive overview of the negative effects of  
64 delamination of fibre-reinforced composites is presented by Wisnom [13].

65 There are various different techniques that have been developed in order to allow for enhanced protection  
66 against delamination of fibre reinforced composites, readers are referred to Tong et al. [14] for a  
67 comprehensive description of these techniques. For brevity, only three of the most prominent techniques will  
68 be mentioned here; stitching, weaving, and z-pinning. The stitching process is used extensively in industry,  
69 due to its highly automated fabrication and short set-up time. They have also been proven to have good  
70 damage-resistance properties during high intensity blast loading [15]. However, due to the inherent brittle  
71 nature of carbon and glass yarns, fibre breakages and other microstructural defects can occur during the  
72 stitching process [14]. Z-pinning is another method commonly used for improving the through-thickness  
73 properties of composite materials. This is when high strength, relatively small diameter cylindrical rods are  
74 inserted through the composite, increasing the fracture toughness and delamination resistance of the material.  
75 A comprehensive review of z-pinning is given by Mouritz [16]. Z-pinned composites have been proven to  
76 provide good protection against delamination during soft-body impact loading [17-19]. However, due to the  
77 pinning process, damage of in-plane fibres is inevitable, and reduction of in-plane properties can be quite  
78 severe. For z-pinned laminates, this can be around 27% reduction for tensile strength and at least 30%  
79 reduction for compressive strength [20].

80 3D orthogonal woven composites have been developed in order to address the issue of delamination damage  
81 of fibre-reinforced composite materials, without significant disturbance of the in-plane fibre architecture  
82 during the manufacturing process. 3D reinforced composites include through-the-thickness tows which wrap  
83 around the orthogonal warp and weft tows, binding them together [21]. The through-the-thickness tows  
84 provide crack bridging, and a reduction in size of continuous interfaces. This translates to a greatly improved  
85 resistance to delamination [22-25]. There have been numerous studies conducted into the ballistic impact  
86 performance of 3D woven composite materials, in particular, in the development and validation of numerical  
87 modelling strategies [26-29]. They indicate the enhanced structural performance of the 3D weave and the  
88 reduction of damage within the material. However, as of yet, there are no studies which investigate the  
89 application of the superior delamination damage resistance of 3D woven composite materials to dynamic soft  
90 impact loading. The objective of this research is to provide a comprehensive investigation into the potential of  
91 3D woven composites to resist soft impact loading without inducing widespread damage within the material.

92 In this study, two different densities of orthogonal through-the-thickness reinforcement are compared via soft  
93 impact experimental testing and finite element simulation. A qualitative comparison is made with a similar  
94 UD-laminate material in regards to the damage sustained. Post-impacted beams were tested in a clamped-  
95 clamped beam bending setup in order to ascertain the development of any internal damage within the beams.

96 For numerical modelling of composite materials undergoing soft impact, inclusive of rate-dependency, the  
97 constitutive and damage laws for composite materials provided by Hashin [30] and Matzenmiller et al. [31]  
98 can be used to accurately predict the dynamic transient deflection of composite laminate materials undergoing  
99 shock loading [32]. This paper combines this modelling strategy with explicit modelling of the through-the-  
100 thickness reinforcement, allowing for a detailed examination of the exact role in which it plays during shock  
101 loading. Finite element analyses compare the transient deformation and damage predictions between a 3D  
102 woven composite and an equivalent UD-laminate material are made. In order to further investigate the  
103 structural enhancements provided by through-the-thickness reinforcement, simulations of pre-delaminated  
104 composite beams with and without through-the-thickness reinforcement are undertaken. The novelty of this  
105 research is to develop understanding of orthogonal 3D woven composite beams under high-speed soft impact,  
106 and the demonstration of the efficacy of a full-scale finite element modelling strategy for simulation of the  
107 dynamic response of the beams.

108 The outline of the study is as follows. Section 1 presents an overview of the literature regarding the impact  
109 testing of composite materials. Section 2 presents the material geometry, manufacturing technique, and quasi-  
110 static material tests. Sections 3 and 4 present a description of the soft impact test methodology and finite  
111 element modelling strategy, respectively. Section 5 presents a discussion of the soft impact experiment results,  
112 aided with finite element predictions. Section 5 also reports the post impact clamped-clamped beam tests that  
113 were conducted in order to investigate any internal damage within the composite beams. Section 6 presents a  
114 summary of the main findings of the research, and states the limitations of the work.

## 115 **2 Materials, manufacturing and quasi-static tests**

### 116 **Materials**

117 Two 3D orthogonal woven carbon fibre reinforcements with different through-the-thickness (TTT)  
118 reinforcement densities were used within this study. The first reinforcement, referred to as Full TTT, had a  
119 binder-to-warp-stack ratio of 1:1 (i.e. each binder tow is separated by one vertical stack of warp tows). The  
120 second reinforcement, referred to as Half TTT, had a binder-to-warp-stack-ratio of 1:2 (i.e. each binder tow is  
121 separated by two vertical stacks of warp tows). Figure 1 (b) presents sketches of the two architectures. Cross  
122 sectional microscopic images of the cured composite, such as the one presented in Figure 1(a), were used to  
123 measure the average values for dimensions of the fibre architecture. Both materials contained an alternating  
124 stack of 9 weft layers and 8 warp layers, and a cured composite thickness of 3.5 mm. Top and bottom tows  
125 were orientated along the weft direction, and were the only tows with an induced crimp due to localised  
126 influence of the TTT-reinforcement. As shown in Figure 1(a), the induced crimp angle was  $7^\circ$  from the  
127 horizontal.

128 As shown in Figure 1(b), the average width and thickness of warp tows were 1.70 mm and 0.177 mm,  
129 respectively. Average width and thickness of weft tow were 1.40 mm and 0.230 mm, respectively. Average  
130 width and thickness of TTT-reinforcement were 0.5 mm and 0.1 mm, respectively. Spacing between TTT-  
131 reinforcement was 1.74 mm in the Full TTT material and 3.48 mm in the Half TTT material. Total fibre  
132 volume fraction for the Full TTT and Half TTT cured composite were 0.56 and 0.55, respectively. In order to  
133 extract the material properties for tows for use in the finite element model (presented later, in Section 4), it is  
134 necessary to calculate the tow volume fraction in the warp and weft directions. The tow volume fraction is  
135 calculated by taking the measured total tow cross sectional area in a specific direction, and dividing into the  
136 total area of the cross section. More detail of this is presented in Section 4.3. For the Full TTT material, the  
137 tow volume fraction was measured as 0.285 along the warp direction, and 0.531 along the weft direction.

138 The fibre reinforcement consisted of 7  $\mu\text{m}$  diameter AKSACA A-38 carbon fibre tows, with 6K filaments for  
139 the warp and weft tows, and 3K filaments for the through-the-thickness reinforcement tows. The tow fibre  
140 volume fractions, i.e. the ratio of the area of fibres into the area of the tow, were 0.785, 0.692, and 0.795 for  
141 warp, weft, and TTT-reinforcement tows, respectively. A co-ordinate system is defined in Figure 1(b) and  
142 utilised throughout this paper; the direction running parallel to the warp tows is referred to as x-direction, the  
143 direction running parallel to the weft tows as y-direction, and the through-the-thickness direction is referred to as  
144 the z-direction.

#### 145 Manufacturing

146 Gurit Prime 20LV epoxy resin, with a slow hardener to resin ratio by weight of 26:100, was used. Resin  
147 injection within a steel mould tool followed standard vacuum infusion methodology. The outlet port was  
148 located at the centre of the tool, and four inlet ports were located at each corner. 8 bolts tightened around the  
149 edge of the tool provided sufficient compaction of the dry fabric. A pressure pot was filled with compressed  
150 air, with the pressure gradually increased throughout the infusion process from 0 to 6 bars. Simultaneously to  
151 this, a vacuum was drawn through the outlet port at the centre of the tool in order to pull the resin through the  
152 preform. To cure, the infused panel was left in an oven set at 65°C for 7 hours. The cured panel had  
153 dimensions of 250 x 250 mm<sup>2</sup> and a thickness of 3.5 mm. Approximately 10 mm was removed from each  
154 edge of the panel in order to remove any flaws due to cutting of the preform. The final cured areal density of  
155 the composite material was 5300 g m<sup>-2</sup> and 5210 g m<sup>-2</sup> for the Full TTT and Half TTT, respectively.

#### 156 Quasi-static tension and compression coupon tests

157 Quasi-static (2mm/min) uniaxial coupon tests were conducted on the Full TTT reinforcement composite  
158 material in order to categorise the material response during tension and compression. Tensile experiments

159 adopted EN ISO 527-4 methodology, using dog bone shaped samples. Compression testing utilised ASTM  
160 D3410/B test methods. A screw-driven Instron<sup>®</sup> 5581 test machine with a static 50 kN load cell was used for  
161 testing. An Instron<sup>®</sup> 2630 clip-on extensometer was used to measure the nominal axial strain; this was  
162 confirmed by a single Stingray F-146B Firewire Camera video gauge with Imentrum<sup>®</sup> post processing Video  
163 Gauge software. The nominal stress was read directly from the load cell of the test rig. Tension and  
164 compression tests for both warp and weft directions each had a minimum of five repeats.

165 Tensile and compressive tests with  $\pm 45^\circ$  orientation were conducted in such a way that the warp and weft tows  
166 laid at  $\pm 45^\circ$  to the loading axis. Samples orientated along warp tows, weft tows, or with fibres at  $\pm 45^\circ$  had a  
167 width of 12 mm. Tensile tests had a length of 60 mm, compressive tests had a gauge length of 12 mm in order  
168 to prevent global buckling.

169 Figure 2 (a) and (b) presents the tensile and compressive stress-strain curves of the Full TTT 3D woven  
170 carbon composite material. The tensile Young's moduli were 44.4 GPa and 74.6 GPa for warp and weft  
171 directions, respectively. Tensile and compressive testing along both the warp and weft directions exhibited  
172 elastic-brittle fracture. Fracture of the sample was predominately governed by the fracture of the in-plane fibre  
173 reinforcement. This was confirmed from scanning electron microscope (SEM) images of fracture surfaces. For  
174 tensile and compressive samples orientated along the y-direction (weft), fracture occurred at the locations of  
175 through-thickness reinforcement. The fracture location was attributed to stress concentrations due to the  
176 crimping of the longitudinal weft tows.

177 Tension and compression tests conducted with fibres orientated at  $\pm 45^\circ$  show a more ductile, yet weaker  
178 response, as the tests are governed by the relatively soft matrix material. This behaviour is consistent to the  
179 ductile, matrix dominated response observed for other 3D orthogonal woven carbon composites tested at  $\pm 45^\circ$   
180 to the loading direction, conducted by Gerlach et al. [33].

181 Quasi-static (2mm /min) compression tests were also undertaken on the Alporas aluminium foam material that  
182 was used for the projectiles in the soft impact test. The foam material exhibits a plateau at a stress of  
183 approximately 2.2 MPa, corresponding to the plastic buckling of cell walls. The foam exhibits densification  
184 behaviour at higher strains. The compressive stress-strain response of the aluminium foam material is  
185 presented in Figure 2(c).

### 186 **3 Dynamic soft impact test protocol**

187 Figure 3 presents a sketch of the experimental set up for soft impact tests. Samples of width  $w = 40$  mm and  
188 length  $L = 250$  mm were cut from the fully cured composite panels. The beams were fixed into a steel sample  
189 fixture, which in turn was bolted into an aluminium alloy frame by a total of 8 M6 bolts. Clamped beams had

190 a gauge length of  $l_0 = 170$  mm. The distance from the gas gun muzzle to the front edge of composite samples  
191 was  $s = 200$  mm. The single-stage gas-gun system developed at the University of Nottingham was used in the  
192 experiment. The gas gun pressurises a 3-litre diving cylinder up to a maximum pressure of 45 bars. Pressure  
193 was released via a fast-acting solenoid valve, accelerating projectiles down a 3.5 m long barrel. The barrel  
194 material was hardened steel, with an outer diameter of 40 mm and a bore diameter of 28 mm. Projectiles were  
195 circular cylindrical of length  $l_p = 50$  mm and diameter  $d_p = 27.5$  mm. Projectiles were electro-discharge  
196 machined from a block of Alporas aluminium foam material of density  $\rho_p = 310$  kg m<sup>-3</sup>. Exit velocity of  
197 projectile  $v_0$  was measured in two ways; by two laser gates at the muzzle end of the barrel and high speed  
198 photography. Exit velocity of projectiles fell within the range  $160$  ms<sup>-1</sup>  $\leq v_0 \leq 270$  ms<sup>-1</sup>. This corresponded  
199 to a projectile momentum per unit area  $I_0 = \rho_0 l_p v_0$  range of  $2.48$  kPa s  $\leq I_0 \leq 4.19$  kPa s. High speed  
200 photography was employed in order to measure the back face deflection of the beams. The high speed camera  
201 model Phantom Mercury HS v12.1 with a global electronic shutter was used. Typical recordings had a frame  
202 rate of 22,000 fps and an exposure time of 35  $\mu$ s.

## 203 **4 Finite Element Analysis**

204 Finite element (FE) modelling of soft impact events was utilised in order to aid interpretation of the  
205 experimental tests and provide further insight into the results. The modelling strategy employed the  
206 constitutive model of Matzenmiller et al. [31] and Hashin [30] for fibre composites, implemented within the  
207 commercial finite element code ABAQUS. The primary aims of the numerical calculations were:

- 208 • To develop a full scale FE modelling strategy to predict the response of 3D woven composite  
209 materials undergoing soft impact.
- 210 • To further investigate the role of TTT-reinforcement within 3D woven composites undergoing  
211 dynamic soft impact.

### 212 **4.1 Description of the finite element model**

213 Three-dimensional (3D) finite element modelling was conducted using the explicit solver of ABAQUS  
214 (Version 6.12). Each of the 17 layers of the composite beam was modelled individually, with each layer  
215 composed of tows and inter-tow matrix channels. See Figure 4 for a sketch of the modelling strategy. The in-  
216 plane tows, through-thickness reinforcement, and matrix channels were modelled using 4-noded quadrilateral  
217 shell elements with reduced integration (S4R in ABAQUS notation), with 5 integration points through the  
218 thickness. The element size of in-plane tows were approximately 1.1 mm, and the inter-tow matrix elements  
219 were approximately 0.15 mm. The ABAQUS orientation assignment control was used to assign local fibre



220 orientations for individual tows. Cross sectional microscopic images, e.g. Figure 1(a), were used to acquire the  
221 geometrical data such as tow/matrix sizes and locations. The surface-based cohesive contact interaction within  
222 ABAQUS was employed to simulate the interaction between layers through the thickness of the beam, by  
223 which delamination under dynamic impact can be simulated. The through-the-thickness reinforcement was  
224 explicitly modelled, independently to the in-plane fibre architecture, with geometric parameters again taken  
225 from cross-sectional microscopic images. The translational and rotational nodal degrees of freedom (DoF) of  
226 the through-the-thickness reinforcement were tied to the translational and rotational nodal DoF of the in-plane  
227 fibre architecture via the tie constraint option within ABAQUS. The element size of through-thickness  
228 reinforcement was approximately 0.7 mm. Fixed boundary conditions were employed at the two edges of the  
229 composite sample, giving a gauge length of 170 mm. All material properties, except the in-plane shear  
230 stiffness of tow reinforcement, were estimated from uniaxial tension/compression coupon tests performed on  
231 the composite material. The constitutive models for the tows and the matrix channels are presented in Section  
232 4.2. The constitutive model for the surface-based cohesive contact interaction is presented in the Appendix to  
233 this paper. The aluminium foam projectile was modelled with 8-node brick elements with reduced integration  
234 (C3D8R in ABAQUS notation), using the isotropic constitutive model for metal foam described in Section  
235 4.2. The “general contact” option in ABAQUS was employed to simulate the interaction between the metal  
236 foam and the composite beam. A total of 210,000 shell elements were used for the composite material, and  
237 14,100 solid elements for the projectile. A numerical study demonstrated that this mesh density can provide  
238 converged results. All numerical simulations were conducted in 8 CPUs parallel mode using the High  
239 Performance Computing (HPC) system at the University of Nottingham.

240 The numerical study included the two different material geometries used within the experimental investigation  
241 i.e. Full TTT and Half TTT. In order to study the effect of the TTT reinforcement, simulations were  
242 undertaken with the through-the-thickness reinforcement removed. The in-plane geometry for this model was  
243 based upon that of the either the Full TTT or Half TTT material. This model is referred to as No TTT  
244 throughout this paper, and is identical to non-crimp composite materials. To investigate the influence of the  
245 in-plane fibre architecture, an equivalent UD-laminate material was utilised. The equivalent UD-laminate does  
246 not explicitly model the geometry of each individual tow and matrix channel; the tows and matrix channels  
247 are homogenised into one effective laminate, and the TTT reinforcement is removed. For clarification, Figure  
248 4 (a), (b), and (c) presents sketches of the top layer of the Full TTT, No TTT, and Equivalent UD-laminate  
249 material FE models, respectively.

## 250 **4.2 The constitutive models employed in the FE simulations**

### 251 **4.2.1 The constitutive models for each tow, TTT reinforcement and matrix channel**

252 The constitutive models of Hashin [30] and Matzenmiller et al. [31] were employed to simulate the behaviour  
 253 of the in-plane tows, the TTT reinforcement, and the inter-tow matrix channels during soft impact loading. As  
 254 indicated in Figure 4, both the tow and the matrix regions were modelled as 4-node quadrilateral shell  
 255 elements (S4R in ABAQUS notation). In order to describe the constitutive models, we will introduce a local  
 256 co-ordinate system denoted by numbers, with 11 being longitudinal to fibre direction, and 22 being transverse  
 257 to fibre direction. The tow and matrix elements were modelled as an orthotropic material under plane stress  
 258 conditions i.e.  $\sigma_{33} = \sigma_{13} = \sigma_{23} = 0$ . The undamaged in-plane stress strain relationship is given as;

$$259 \quad \begin{Bmatrix} \varepsilon_{11} \\ \varepsilon_{22} \\ \gamma_{12} \end{Bmatrix} = \begin{bmatrix} 1/\bar{E}_{11} & -\bar{\nu}_{12}/\bar{E}_{11} & 0 \\ -\bar{\nu}_{21}/\bar{E}_{22} & 1/\bar{E}_{22} & 0 \\ 0 & 0 & 1/\bar{G}_{12} \end{bmatrix} \begin{Bmatrix} \sigma_{11} \\ \sigma_{22} \\ \sigma_{12} \end{Bmatrix} \quad (1)$$

260 where  $\sigma_{ij}$  ( $i, j = 1, 2$ ) are the in-plane stress components.  $\varepsilon_{11}$  and  $\varepsilon_{22}$  are the normal strains in the  $x_1$  and  $x_2$   
 261 directions, respectively.  $\bar{E}_{11}$ ,  $\bar{E}_{22}$ ,  $\bar{G}_{12}$ ,  $\bar{\nu}_{12}$  and  $\bar{\nu}_{21}$  are longitudinal and transverse Young's modulus, shear  
 262 modulus, and Poisson's ratios following  $\bar{\nu}_{21} = (\bar{E}_{22} / \bar{E}_{11}) \bar{\nu}_{12}$ .

### 263 Damage model

264 The four primary damage modes exhibited by fibre reinforced composites (fibre rupture under tension, fibre  
 265 kinking and buckling under compression, matrix cracking under transverse tension and shear, and matrix  
 266 crushing under transverse compression and shearing) were incorporated via the anisotropic damage initiation  
 267 and progression models developed by Hashin [30] and Matzenmiller et al. [31]. The damage locus can be  
 268 defined by a stress-space, as set out by the Hashin criteria. As long as the stress state remains within the  
 269 damage locus, the material is classified as undamaged. Undamaged material follows the stress-strain  
 270 relationship defined in Equation (1). When the stress state reaches or exceeds that of the damage locus,  
 271 damaged is initiated, and four scalar damage variables are introduced into the stress-strain relationship. Thus,  
 272 the response of the material after damage initiation becomes;

$$273 \quad \begin{Bmatrix} \varepsilon_{11} \\ \varepsilon_{22} \\ \gamma_{12} \end{Bmatrix} = \begin{bmatrix} 1/[\bar{E}_{11}(1-d_f)] & -\bar{\nu}_{21}/[\bar{E}_{11}(1-d_f)] & 0 \\ -\bar{\nu}_{12}/[\bar{E}_{22}(1-d_m)] & 1/[\bar{E}_{22}(1-d_m)] & 0 \\ 0 & 0 & 1/[\bar{G}_{12}(1-d_s)] \end{bmatrix} \begin{Bmatrix} \sigma_{11} \\ \sigma_{22} \\ \sigma_{12} \end{Bmatrix} \quad (2)$$

$$274 \quad \text{where} \quad d_f = \begin{cases} d_f^t & \text{if } \sigma_{11} \geq 0 \\ d_f^c & \text{otherwise} \end{cases} \quad \text{and} \quad d_m = \begin{cases} d_m^t & \text{if } \sigma_{22} \geq 0 \\ d_m^c & \text{otherwise} \end{cases} \quad (3)$$

275  $d_f^t, d_f^c, d_m^t$  and  $d_m^c$  are the tensile fibre, compressive fibre, tensile matrix, and compressive matrix damage  
 276 variables, respectively. A useful “resultant” shear damage variable, which combines all four of the damage  
 277 modes, is defined by

$$278 \quad d_s \equiv 1 - (1 - d_f^t)(1 - d_f^c)(1 - d_m^t)(1 - d_m^c) \quad (4)$$

279 Prior to damage initiation, these four damage variables have zero values. As damage is initiated and  
 280 progresses within the material, these variables progress from zero up to a maximum value of unity controlled  
 281 by the strain of the material. The damage evolution law follows utilises a critical stress surface proposed by  
 282 Matzenmiller et al. [31], and is defined as;

$$283 \quad \frac{\langle \sigma_{11} \rangle}{(1 - d_f^t) \bar{X}^T} \leq 1 \quad (5)$$

$$284 \quad \frac{-\langle \sigma_{11} \rangle}{(1 - d_f^c) \bar{X}^C} \leq 1 \quad (6)$$

$$285 \quad \left( \frac{\langle \sigma_{11} \rangle}{(1 - d_m^t) \bar{Y}} \right)^2 + \left( \frac{2\sigma_{12}}{(1 - d_s) \bar{Y}} \right)^2 \leq 1 \quad (7)$$

$$286 \quad \left( \frac{\langle -\sigma_{22} \rangle}{(1 - d_m^c) \bar{Y}} \right)^2 + \left( \frac{2\sigma_{12}}{(1 - d_s) \bar{Y}} \right)^2 \leq 1 \quad (8)$$

287 where the symbol  $\langle \rangle$  represents the Macaulay brackets with the usual interpretation.  $\bar{X}^T$  and  $\bar{X}^C$  denotes the  
 288 longitudinal tensile and compressive strength for damage initiation.  $\bar{Y}$  denotes the transverse tensile and  
 289 compressive strength.

290 If the current state of stress within the material exceeds the critical space defined by Equations (5) to (8), the  
 291 four independent damage variables ( $d_f^t, d_f^c, d_m^t$  and  $d_m^c$ ) evolve and induce a linear reduction in stress with  
 292 increasing strain. These damage variables are continually updated following the relationship;

293

$$d_f^t = \frac{\frac{2J_f^t}{l_e \bar{X}^T} (\langle \varepsilon_{11} \rangle - \bar{X}^T / \bar{E}_{11})}{\langle \varepsilon_{11} \rangle \left( \frac{2J_f^t}{l_e \bar{X}^T} - \bar{X}^T / \bar{E}_{11} \right)} \leq 1 \quad (9)$$

294

$$d_f^c = \frac{\frac{2J_f^c}{l_e \bar{X}^c} (\langle \varepsilon_{11} \rangle - \bar{X}^c / \bar{E}_{11})}{\langle \varepsilon_{11} \rangle \left( \frac{2J_f^c}{l_e \bar{X}^c} - \bar{X}^c / \bar{E}_{11} \right)} \leq 1 \quad (10)$$

295

$$d_m^t = \frac{\frac{2J_m}{l_e \bar{Y}} \left( \sqrt{\langle \varepsilon_{22} \rangle^2 + \varepsilon_{12}^2} - \bar{Y} / \bar{E}_{22} \right)}{\sqrt{\langle \varepsilon_{22} \rangle^2 + \varepsilon_{12}^2} \left( \frac{2J_m}{l_e \bar{Y}} - \bar{Y} / \bar{E}_{22} \right)} \leq 1 \quad (11)$$

296

$$d_m^c = \frac{\frac{2J_m}{l_e \bar{Y}} \left( \sqrt{\langle -\varepsilon_{22} \rangle^2 + \varepsilon_{12}^2} - \bar{Y} / \bar{E}_{22} \right)}{\sqrt{\langle -\varepsilon_{22} \rangle^2 + \varepsilon_{12}^2} \left( \frac{2J_m}{l_e \bar{Y}} - \bar{Y} / \bar{E}_{22} \right)} \leq 1 \quad (12)$$

297  $J_f^t$ ,  $J_f^c$  and  $J_m$  are the tensile fibre fracture energy, compressive fibre fracture energy and matrix fracture  
 298 energy, respectively. In order to alleviate mesh dependency, a characteristic length scale,  $l_e$ , is utilised. The  
 299 matrix channels are modelled with the same constitutive law as the tows. However, for the matrix material,  
 300 the longitudinal and transverse properties are identical, i.e. the longitudinal fibre tensile and compressive  
 301 properties required in the model are taken to be the same as the material properties of the matrix.

### 302 Rate dependency

303 Numerous studies have demonstrated the importance of the strain-rate dependent behaviour of 3D woven  
 304 carbon fibre reinforced composites [33, 34]. Preliminary simulations of soft impact events indicated that  
 305 without the inclusion of rate dependency within the composite material, the predictions of the onset and  
 306 propagation of damage were inaccurate. In order to simulate rate dependency within the materials, a viscous  
 307 regularisation scheme is employed for in-plane tows, TTT reinforcement, and matrix material. A viscosity  
 308 coefficient,  $\eta$ , following Duvaunt and Lions [35], is introduced to further update each of the four previously-  
 309 defined damage variables ( $d_f^t$ ,  $d_f^c$ ,  $d_m^t$  and  $d_m^c$ ). The viscous damage variables are defined as;

310 
$$\dot{d}_i^v = \frac{1}{\eta} (d_i - d_i^v) \quad (13)$$

311 where  $\eta$  represents the relaxation time of the system, with  $d_i$  as the previously defined inviscid damage  
 312 variable, with  $i$  denoting one of the four damage modes (I through IV for  $d_f^t$ ,  $d_f^c$ ,  $d_m^t$  and  $d_m^c$ , respectively).  
 313 The term  $d_i^v$  is used to compute the damaged stiffness matrix and is updated by;

314 
$$d_i^v|_{t_0+\Delta t} = \frac{\Delta t}{\eta + \Delta t} d_i|_{t_0+\Delta t} + \frac{\eta}{\eta + \Delta t} d_i^v|_{t_0} \quad (14)$$

315 The viscous regularisation effectively slows down the rate of damage evolution, with increasing rates of  
 316 deformation leading to increasing fracture energies. A numerical calibration study led to the value  $\eta = 5 \mu s$ .  
 317 This value was assumed to be identical for tension and compression for both longitudinal and transverse  
 318 damage modes. The viscosity coefficient employed within this study corresponds well with previously  
 319 calibrated values of  $\eta$  for carbon fibre reinforced epoxy materials, such as the one presented by Russell et al.  
 320 [9].

#### 321 4.2.2 Constitutive model for the metal foam projectile

322 The isotropic continuum constitutive model for metal foams developed by Deshpande and Fleck [36] was  
 323 used to model the Alporas aluminium foam projectiles. The von Mises effective stress, defined as

324 
$$\sigma_e \equiv \sqrt{3s_{ij}s_{ij}/2} \quad (15)$$

325 with  $s_{ij}$  as the usual deviatoric stress. The yield surface for the metal foam is isotropic and follows the yield  
 326 function  $\phi$  by

327 
$$\phi \equiv \hat{\sigma} - Y \leq 0 \quad (16)$$

328 where the equivalent stress  $\hat{\sigma}$  is given by

329 
$$\hat{\sigma}^2 \equiv \frac{1}{[1 + (\alpha/3)^2]} [\sigma_e^2 + \alpha^2 \sigma_m^2] \quad (17)$$

330 where the mean stress,  $\sigma_m \equiv \sigma_{kk}/3$ , and the ratio of deviatoric strength to hydrostatic strength,  $\alpha$ , define the  
 331 shape of the yield surface. The right hand side of the equation is chosen so that  $\hat{\sigma}$  denotes the stress  
 332 experienced in a uniaxial tension or compression test. The shape factor,  $\alpha$ , can be computed using the relation

$$333 \quad \alpha = \frac{3k}{\sqrt{9-k^2}} \quad \text{with } k = \frac{\sigma_c^0}{\sigma_{kk,c}^0} \quad (18)$$

334 where  $\sigma_c^0$  is the initial yield stress in uniaxial compression, and  $\sigma_{kk,c}^0$  is the initial yield stress in hydrostatic  
 335 compression.

336 Equations (16) and (17) describe an elliptical yield surface in  $(\sigma_m, \sigma_c)$  space.  $Y$  is equal to the uniaxial strength  
 337 in tension and compression, and the hydrostatic yield strength is equal to

$$338 \quad \sigma_{kk} = \frac{\sqrt{1+(\alpha/3)^2}}{\alpha} Y \quad (19)$$

339 The plastic Poisson's ratio  $\nu_p$  in uniaxial compression has the predicted dependence upon  $\alpha$

$$340 \quad \nu_p = -\frac{\dot{\varepsilon}_{11}^p}{\dot{\varepsilon}_{33}^p} = \frac{(1/2) - (\alpha/3)^2}{1 + (\alpha/3)^2} \quad (20)$$

341 Consistent with the quasi-static behaviour of the Alporas aluminium foam, the plastic Poisson's ratio  $\nu_p = 0$ ,  
 342 sets the shape factor,  $\alpha = 3/\sqrt{2}$ . Following results from uniaxial compressive tests on the aluminium foam  
 343 material, presented in Figure 2, the uniaxial yield stress,  $\sigma_c$ , versus the true uniaxial plastic strain relationship  
 344 is approximated by

$$345 \quad \sigma_c = \begin{cases} \sigma_{pl} & \hat{\varepsilon}^p \leq \varepsilon_D \\ \infty & \text{otherwise} \end{cases} \quad (21)$$

346 with the plateau strength of the foam  $\sigma_{pl} = 2.2$  MPa and the true densification strain  $\varepsilon_D = 1.6$ . Characterisation  
 347 of shock wave propagation through a metallic foam is presented in Radford et al. [3]. A large stress jump is  
 348 seen across the shock front during progressive densification of the foam, with the width of the shock front  
 349 being of the order of the cell size of the material,  $w \approx 5$  mm. Typical length of element during finite element  
 350 calculations for the metallic foam was 1.5 mm; sufficiently small enough to resolve the stress gradient.

### 351 4.2.3 Cohesive law for interface between layers

352 The surface-based cohesive contact interaction in ABAQUS was employed to simulate the interface between  
353 two adjacent layers through the thickness of the composite beam. A cohesive contact law is used to model the  
354 traction-separation behaviour within the interface between layers, allowing the simulation of delamination. If  
355 the traction stress state exceeds a critical stress state, a damage variable,  $\bar{h}$  ( $0 \leq \bar{h} \leq 1$ ), becomes non-zero. This  
356 damage variable is a function of the fracture energy of the matrix,  $J_G$ , and used to update the traction-  
357 separation relation with a linear softening damage evolution. In compression, or the fully delaminated  
358 scenarios, the interaction between layers within the composite material is reduced to the penalty contact  
359 algorithm (“general contact” within ABAQUS), with a tangential friction coefficient of 0.3. The normal and  
360 shear stiffness of the cohesive interaction,  $k_n$  and  $k_s$ , respectively, were estimated from manufacturer’s data of  
361 the epoxy resin. The maximum normal and shear traction of the cohesive interaction,  $t_n$  and  $t_s$  respectively,  
362 were estimated from the strength of the matrix material. The constitutive law for the cohesive interaction is  
363 presented in more detail in the Appendix to this paper.

### 364 4.3 Material data employed in the FE simulations

365 Tows and TTT reinforcement

366 To fully characterise the elastic response, damage initiation, and propagation of damage of the tows and TTT  
367 reinforcement, ten parameters are required. These are the longitudinal and transverse Young’s moduli  $\bar{E}_1, \bar{E}_2$ ,  
368 the in-plane shear modulus  $\bar{G}_{12}$ , in-plane Poisson’s ratio  $\bar{\nu}_{12}$ , longitudinal tensile strength  $\bar{X}^T$ , longitudinal  
369 compressive strength  $\bar{X}^C$ , transverse strength  $\bar{Y}$ , longitudinal tensile fracture energy  $\bar{J}_1^t$ , longitudinal  
370 compressive fracture energy  $\bar{J}_1^c$  and transverse fracture energy  $J_m$ . Simply applying the rule of mixtures to the  
371 mechanical data of carbon fibre and epoxy resin provided by the manufacturer led to an overestimation of the  
372 longitudinal stiffness and strength. This is attributed to (i) inherent fibre waviness causing a reduction of  
373 stiffness of the composite, (ii) stochastic micromechanical flaws and initial fibre misalignment causing a  
374 reduction in tensile strength, and (iii) fibre kink band formation and fibre microbuckling during compressive  
375 loading causing a reduction in compressive strength [37]. Therefore, the majority of the material properties  
376 were obtained via the rule of mixtures applied to results from quasi-static uniaxial tension and compression  
377 tests on the composite material.

378 Let  $V_{tow}^{weft}$  and  $V_{tow}^{warp}$  denote the volume fractions of warp tows and weft tows within the cross-section of a  
379 composite sample, respectively. They can be calculated as;

380 
$$V_{\text{tow}}^{\text{warp}} = \frac{n_{\text{warp}} A_{\text{tow}}^{\text{warp}}}{A_x}, \quad V_{\text{tow}}^{\text{weft}} = \frac{n_{\text{weft}} A_{\text{tow}}^{\text{weft}}}{A_y}, \quad (22)$$

381 where  $A_{\text{tow}}^{\text{warp}}$  and  $A_{\text{tow}}^{\text{weft}}$  denote the average transverse cross sectional areas for warp and weft tows, respectively.  
 382  $n_{\text{warp}}$  and  $n_{\text{weft}}$  are the quantities of warp tows and weft tows within the composite cross-section and  $A_x$  and  
 383  $A_y$  are the areas of cross sections of the composite along the x (warp) and y (weft) axis, respectively. Based  
 384 on the rule of mixtures we have;

385 
$$\bar{E}_1 = \frac{E_x^T - (1 - V_{\text{tow}}^{\text{warp}})E_m}{V_{\text{tow}}^{\text{warp}}}, \quad \bar{\nu}_{12} = \frac{\nu_{xy} - (1 - V_{\text{tow}}^{\text{warp}})\nu_m}{V_{\text{tow}}^{\text{warp}}} \quad (23)$$

386 
$$\bar{X}^T = \left( \frac{E_x^T - (1 - V_{\text{tow}}^{\text{warp}})E_m}{V_{\text{tow}}^{\text{warp}}} \right) \frac{X_x^T}{E_x^T}, \quad \bar{X}^C = \left( \frac{E_x^C - (1 - V_{\text{tow}}^{\text{warp}})E_m}{V_{\text{tow}}^{\text{warp}}} \right) \frac{X_x^C}{E_x^C} \quad (24)$$

387 For warp tows, and

388 
$$\bar{E}_1 = \frac{E_y^T - (1 - V_{\text{tow}}^{\text{weft}})E_m}{V_{\text{tow}}^{\text{weft}}}, \quad \bar{\nu}_{12} = \frac{\nu_{xy} - (1 - V_{\text{tow}}^{\text{weft}})\nu_m}{V_{\text{tow}}^{\text{weft}}} \quad (25)$$

389 
$$\bar{X}^T = \left( \frac{E_y^T - (1 - V_{\text{tow}}^{\text{weft}})E_m}{V_{\text{tow}}^{\text{weft}}} \right) \frac{X_y^T}{E_y^T}, \quad \bar{X}^C = \left( \frac{E_y^C - (1 - V_{\text{tow}}^{\text{weft}})E_m}{V_{\text{tow}}^{\text{weft}}} \right) \frac{X_y^C}{E_y^C} \quad (26)$$

390 for weft tows.  $\{E_x^T, E_x^C, X_x^T, X_x^C\}$  and  $\{E_y^T, E_y^C, X_y^T, X_y^C\}$  are the measured material tensile Young's  
 391 modulus, compressive Young's modulus, tensile strength and compressive strength along the x-direction  
 392 (warp) and y-direction (weft), respectively,  $\nu_{xy}$  is the measured in-plane Poisson's ratio. 0/90° uni-axial  
 393 tension/compression tests, described in Section 2, were used to obtain these values. Let  $G_{xy}$  represent the in-  
 394 plane shear modulus obtained by matrix dominated  $\pm 45^\circ$  coupon tests. In Equations (24) and (26) it is  
 395 assumed that the strain to failure of the longitudinal tows is identical to that of the composite sample.

396 Regarding the in-plane shear modulus,  $\bar{G}_{12}$ , application of the rule of mixtures to mechanical test data, i.e.  
 397  $G_{xy}$ , yielded a value lower than that of pure matrix. This was deemed unrealistic. It is argued that the  
 398 pronounced shear nonlinearity exhibited in  $\pm 45^\circ$  coupon test data, i.e. Figure 2, is probably the main reason  
 399 that the simple rule of mixtures provides an unrealistic tow shear modulus based on coupon test data. In order



400 to calculate the tow shear modulus, the rule of mixtures was applied to manufacturer's data of fibre and cured  
 401 epoxy resin. Consider a warp or weft tow with fibre volume fraction,  $V_t$ , we have;

$$402 \quad \bar{G}_{12} = \frac{G_{12f} G_m}{V_t G_m + (1 - V_t) E_m} \quad (27)$$

403 The A-38 carbon fibres of diameter 7  $\mu\text{m}$  were assumed to be isotropic. In-plane shear modulus  $G_{12f} = 96 \text{ GPa}$   
 404 was calculated from an assumed fibre Poisson's ratio  $\nu_f = 0.25$ . The in-plane warp and weft tows each  
 405 contained 6000 fibres, and the TTT reinforcement contained 3000 fibres. Microscopic cross sectional images,  
 406 such as those presented in Figure 1(a), were used to measure the volume fractions of the warp, weft and TTT  
 407 reinforcement. They were measured as 0.785, 0.692 and 0.795, respectively. In the current research, as the  
 408 beam deflection during soft impact is normally greater than the thickness of the beam the deformation  
 409 mechanism within the composite material is stretch-dominated rather than bending dominated. A parameter  
 410 study has demonstrated that the shear modulus is not a critical parameter influencing the dynamic response of  
 411 the composite beam under soft impact.

412 The transverse strength of tows,  $\bar{Y}$ , is matrix dominated. It was determined from quasi-static uni-axial tensile  
 413 material coupon tests with the fibres orientated at  $\pm 45^\circ$  from the loading axis. The longitudinal tensile and  
 414 compressive tow fracture energies,  $\bar{J}_1^t$  and  $\bar{J}_1^c$  were calculated using the following equations;

$$415 \quad \bar{J}_1^t = 0.5 \times \frac{l_e (\bar{X}^t)^2}{\bar{E}_1} \times 1.2 \quad (28)$$

416 and

$$417 \quad \bar{J}_1^c = 0.5 \times \frac{l_e (\bar{X}^c)^2}{\bar{E}_1} \times 1.2 \quad (29)$$

418 where  $l_e$  is the typical length of line across an element for a first order element, introduced in order to help  
 419 alleviate mesh dependency. The multiplication factor of 1.2 is incorporated in order to include the fracture  
 420 energy contribution from post-damage behaviour of the composites materials. It was obtained through  
 421 calibration against experimental measurement using detailed FE simulation on quasi-static uniaxial  
 422 tension/compression coupon tests [38]. The fibre volume fraction of the through-the-thickness reinforcement  
 423 was calculated as 0.795, and is almost identical to that of warp tows. Therefore, warp tow properties were

424 used for the TTT reinforcement. Table 1 gives a summary of all of the material properties used within the  
425 finite element model for the matrix and tows.

#### 426 Matrix material

427 The isotropic matrix material is characterised by six parameters i.e. Young's modulus  $E_m$ , shear modulus  $\hat{G}_{12}$ ,  
428 Poisson's ratio  $\hat{\nu}_{12}$ , normal strength  $\sigma_m$ , shear strength  $\tau_m$ , and fracture energy  $J_m$ . The Young's modulus  
429 was obtained from manufacturer's data of cured epoxy matrix  $E_m = 3.5$  GPa. The matrix Poisson's ratio,  $\hat{\nu}_{12}$ ,  
430 and shear modulus  $\hat{G}_{12}$ , were also taken from manufacturer's data of cured epoxy matrix, of value 0.3 and 2  
431 GPa, respectively. The longitudinal and transverse strength of the matrix material were identical and taken  
432 from the quasi-static  $\pm 45^\circ$  material coupon test data presented in Figure 2. As shown in the figure, the strength  
433 of the matrix material corresponds to the onset of nonlinearity of the test data, i.e.  $\sigma_m = 80$  MPa. The shear  
434 strength was estimated to be half that of the normal strength, i.e.  $\tau_m = 40$  MPa. The transverse and  
435 longitudinal tensile and compressive fracture energies were identical and also estimated from matrix  
436 dominated  $\pm 45^\circ$  tension coupon tests as  $J_m/l_c = 6.5$  MPa. The density of the matrix was taken from  
437 manufacturer's data for cured epoxy resin, i.e.  $\rho_m = 1144$  kg/m<sup>3</sup>.

#### 438 Equivalent UD-laminate material

439 It is difficult to find a UD-laminate that is equivalent to a 3D woven material for experimental testing due to  
440 variations in material properties or geometry [39]. By employing the rule of mixtures to the tow and matrix  
441 properties of a 3D woven composite within an FE model, it is possible to create an equivalent UD-laminate  
442 material. The following material properties for the warp and weft tows within the 3D woven material model  
443 are mapped into their corresponding values of an equivalent UD-laminate model, i.e. longitudinal Young's  
444 modulus  $\tilde{E}_1$ , in-plane shear modulus  $\tilde{G}_{12}$ , longitudinal tensile strength  $\tilde{X}^T$ , longitudinal compressive strength  
445  $\tilde{X}^C$ , longitudinal tensile fracture energy,  $\tilde{J}_1^t$ , longitudinal compressive fracture energy  $\tilde{J}_1^c$ , and density  $\rho^{UD}$ .  
446 Let the volume fraction of a tow within a warp or weft layer follow;

$$447 \quad V_t^{UD} = w_t / (w_t + w_m) \quad (30)$$

448 where  $w_t$  denotes average width of tow and  $w_m$  denotes average width of inter-tow matrix channel, as shown  
449 in Figure 4. Using the previously calculated values of tow Young's Modulus and strength, the effective  
450 laminate properties are estimated as

$$451 \quad \tilde{E}_1 = V_t^{UD} \bar{E}_1 + (1 - V_t^{UD}) E_m \quad (31)$$

$$452 \quad \tilde{G}_{12} = \frac{\bar{G}_{12} G_m}{V_t^{UD} G_m + (1 - V_t^{UD}) \bar{G}_{12}} \quad (32)$$

$$453 \quad \tilde{X}^T = V_t^{UD} \bar{X}^T + (1 - V_t^{UD}) X_m \quad (33)$$

$$454 \quad \tilde{X}^C = V_t^{UD} \bar{X}^C + (1 - V_t^{UD}) X_m \quad (34)$$

$$455 \quad \tilde{J}_1^t = 0.5 \times \frac{1_e (\tilde{X}^T)^2}{\tilde{E}_1} \times 1.2 \quad (35)$$

$$456 \quad \tilde{J}_1^c = 0.5 \times \frac{1_e (\tilde{X}^C)^2}{\tilde{E}_1} \times 1.2 \quad (36)$$

$$457 \quad \rho^{UD} = V_t^{UD} \rho^{tow} + (1 - V_t^{UD}) \rho_m \quad (37)$$

458 with  $E_m$  as the Young's modulus of cured epoxy resin. The modified material properties employed for the  
 459 equivalent UD-laminate are presented in Table 1. A sketch of the top surface of the Equivalent UD-laminate  
 460 material is presented in Figure 4(c).

## 461 **5 Results and discussion**

### 462 **5.1 Transient deflection of beams**

463 Soft impact experiments and FE modelling were conducted on the Full and Half TTT 3D woven composite  
 464 panels orientated along the x-direction (warp) and y-direction (weft). Due to the lower fibre volume fraction in  
 465 the warp direction, in comparison to the weft, the warp direction is shown to be unfavourable for resisting the  
 466 loading. Figure 5 presents the measured and FE predicted normalised back-face deflections  $\hat{\delta}$  of Full TTT  
 467 composite beams orientated along the y-direction (weft) as a function of normalised time after moment of  
 468 impact  $\hat{t}$  for impulsive loading of (a)  $I_0 = 2.48 \text{ kPa s}$ , (b)  $I_0 = 2.64 \text{ kPa s}$ , (c)  $I_0 = 3.33 \text{ kPa s}$ , and (d)  
 469  $I_0 = 4.03 \text{ kPa s}$ . Also presented are FE predictions of the response of Full TTT material, No TTT material  
 470 and Equivalent UD-laminate material. In order to characterise the response of the composite beams during  
 471 impact, the time parameter normalised against the crush time of the projectile is used, i.e.  $\hat{t} \equiv t v_0 / l_p$  with  $t$  as  
 472 time after contact between projectile and beam,  $v_0$  as projectile velocity, and  $l_p$  as length of projectile. In order

473 to remain dimensionless, a normalised deflection term  $\hat{\delta} \equiv \delta/l_0$  is also used with  $\delta$  as the back-face  
474 deflection of the beam at centre-span and  $l_0 = 170$  mm as the free length of the beam sample. The peak back-  
475 face deflection experienced by the beam during the impact event occurs at a normalised time of approximately  
476 between  $1.0 \leq \hat{t} \leq 1.5$ , with  $\hat{t} = 1$  corresponding to the time at which projectile densification has completed.  
477 This indicates that the transient deformation of the beam is governed primarily by the crush time of the  
478 projectile.

479 FE predictions over the entire range of experimentally tested impulses show excellent fidelity in regards to the  
480 peak back-face deflection exhibited by the beam during the test. The FE model also predicts the time at which  
481 the peak deflection occurs during the test. The restitution of the beam occurs later than the prediction, due to  
482 oscillations within the clamp during the experiment increasing the time taken for reflection of the bending  
483 wave. However, the peak deflection of the beams occurred before the oscillations within the clamp, and  
484 therefore had no influence from them. Figure 6(a) and (b) present the experimentally recorded and predicted  
485 montages of the deformation of a Full TTT 3D woven beam orientated along the y-direction (weft)  
486 undergoing an impact event of impulse  $I_0 = 2.64$  kPa s, respectively. The corresponding locations A-E  
487 match with the positions highlighted in Figure 5(b). The FE prediction is shown to model accurately the  
488 deformed configuration of the beam, and the crushing of the metal foam material.

489 The FE predicted back-face deflection against time response during a soft impact event for beams orientated  
490 along the y-direction (weft) of the 3D woven composite material is compared to an equivalent UD-laminate  
491 material in Figure 5. The Equivalent UD-laminate material exhibits the same predicted back-face deflection  
492 during the soft impact event as the Full TTT material and the No TTT-reinforcement material. This result may  
493 indicate that neither the TTT reinforcement nor the beam in-plane fibre architecture have significant influence  
494 on the back-face deflection of composite beams undergoing soft-impact within the range of impulses tested in  
495 this study. The small-scale local increases in the back-face deflection demonstrated by the UD-laminate,  
496 shown in Figure 5, is attributed to delamination damage allowing relative displacement of the bottom layer  
497 due to inertia. The Equivalent UD-laminate material was also predicted to exhibit a similar amount of  
498 delamination damage as the No TTT reinforcement material.

499 Effect of TTT reinforcement density on back-face deflection

500 The Full TTT and Half TTT materials have a small variation in material areal density;  $5.30$  kg m<sup>-2</sup> and  $5.21$  kg  
501 m<sup>-2</sup>, respectively. Therefore, to make a comparison of the response of the samples during a soft impact event,  
502 the non-dimensional group suggested by Xue and Hutchinson [40] is used, which is defined as;

503 
$$\bar{I}_0 = \frac{I_0}{cM} \quad (38)$$

504 where  $c$  is a characteristic wave speed, here taken to be the longitudinal wave speed of the composite material  
 505  $c = 7060 \text{ ms}^{-1}$ , and  $M$  is the areal mass of the sample. A non-dimensional peak deflection,  $\bar{\delta}_{\max}$ , is also used,  
 506 and is defined as;

507 
$$\bar{\delta}_{\max} = \frac{\delta_{\max}}{I_0} \quad (39)$$

508 where  $\delta_{\max}$  is the maximum back-face deflection of the sample experienced during the experiment.  
 509 Normalised maximum back-face deflection captured by high speed photography during experimental tests of  
 510 Full and Half TTT material as a function of imposed normalised impulse are plotted in Figure 7. It can be seen  
 511 that in this case there is no significant difference in the maximum back-face deflection between the two  
 512 materials tested. Also plotted is the normalised impulse at which small scale fibre fracture damage was  
 513 recorded on the top surface of the beams.

#### 514 Damage and failure of beams during soft impact

515 Experimental tests of Half TTT orthogonal 3D woven composite material beams orientated along the x-  
 516 direction (warp), demonstrated the primary damage mechanism of beams undergoing a soft impact event to be  
 517 longitudinal fibre fracture occurring at the clamped ends. FE simulations of beams orientated along the x-  
 518 direction (warp) were also undertaken for two impulses, i.e. 2.95 kPa s, at which no catastrophic damage  
 519 occurred, and 4.19 kPa s, at which the beam failed. The normalised experimentally recorded and predicted  
 520 back-face deflection  $\hat{\delta}$  against normalised time  $\hat{t}$  after impact of two velocities of projectile for beams  
 521 orientated along the x-direction (warp) are presented in Figure 8. Excellent fidelity was achieved, with an  
 522 accurate prediction of both the back-face deflection against time and the moment of catastrophic fibre fracture  
 523 within the sample. To understand the failure mechanism at impulse  $I_0 = 4.19 \text{ kPa s}$ , Figure 9 (a) and (b)  
 524 presents the experimentally recorded and numerically predicted deformation of the Half TTT 3D woven  
 525 composite beam at selected time instants V-Z, respectively. The instants V-Z coincide with the positions  
 526 highlighted in Figure 8. As shown in Figure 9(b), the onset of element damage at the gripped ends  
 527 corresponds to the beginning of the reflection of the bending wave ( $t = 264$ ). The sample was fully fractured at  
 528 the clamped ends before the reflected wave reached back to the projectile. The photographic images of the  
 529 fractured 3D woven composite beam after impact test and the corresponding FE numerical simulation are  
 530 shown in Figure 10. Both experimental results and numerical simulation demonstrated that the fracture  
 531 location was at the position with TTT reinforcement, which corresponds to the location with geometrical

532 variation in the sample. Clearly, it is the location with stress concentration. Examination of both the  
533 experimental and predicted fracture surfaces reveals no visible delamination.

534 In order to compare the failure modes between the 3D woven carbon composite beam and a similar UD carbo  
535 laminate beam, Figure 9(c) shows the montage of a similar UD-laminate beam under metal foam soft impact  
536 with impulse  $I_0 = 2.90 \text{ kPa s}$ , reported by Kandan et al. [10]. The UD laminate  $[(0^\circ/90^\circ)_7 0^\circ]$  had density  
537  $5.21 \text{ kgm}^{-3}$ , in-plane tensile Young's modulus  $E_1 = 85 \text{ GPa}$ , tensile strength  $\sigma_1^t = 980 \text{ MPa}$ , and  
538 compressive strength  $\sigma_1^c = 630 \text{ MPa}$ , which are similar to those of the 3D woven composite material  
539 presented in this study. The UD-laminate beams had a thickness  $t = 3.75 \text{ mm}$ , width  $w = 35 \text{ mm}$ , and gauge  
540 length  $l_0 = 200 \text{ mm}$ , slightly different from the geometry of the 3D woven carbon composite beam. The UD  
541 laminate material exhibited both delamination across the entire length of the beam, and catastrophic  
542 longitudinal fibre fracture. An available experimental investigation [9] has also demonstrated that UD-  
543 laminate composites can experience delamination at impulses lower than catastrophic beam failure. Next, we  
544 will demonstrate that at impulses lower than those which caused catastrophic fibre fracture, the 3D woven  
545 material exhibited no significant delamination, and only minor surface fibre fracture.

546 Beams orientated along the y-direction (weft) had a higher volume fraction than those orientated along the x-  
547 direction (warp). Even the highest impulses tested within this study were not high enough to cause fibre  
548 fracture of beams orientated along the y-direction (weft). After soft impact of impulse greater than  
549  $I_0 \geq 3 \text{ kPa s}$ , damage was observed on the front surface of the sample. Microscopic images showing the  
550 surface damage of a Half TTT beam orientated along the y-direction (weft) undergoing an impact event of  
551 impulse  $I_0 = 3.33 \text{ kPa s}$  are presented in Figure 11(c). The damage consisted of small-scale fibre fractures  
552 within the longitudinal surface tows, and was almost entirely restricted to underneath the projectile impact  
553 location

554 To investigate the difference in damage mechanisms between the Full and Half TTT materials, numerical  
555 predictions of Full and Half TTT material beams orientated along the y-direction (weft) impacted at an  
556 impulse of  $I_0 = 3.33 \text{ kPa s}$  were conducted. Both beams resisted delamination equally well, and there was no  
557 significant difference in the tensile damage of fibres. However, there were differences in the extent of the  
558 compressive damage of the surface weft tows. Figure 11(a) and (b) present the predicted compressive fibre  
559 damage initiation on the top surface of beams  $800 \mu\text{s}$  after projectile impact of impulse  $I_0 = 3.33 \text{ kPa s}$ . A  
560 value of 1 indicates the onset of damage. The localised in-plane compressive fibre damage at the centre of the  
561 beam corresponds well to the surface damage observed experimentally, and shown in Figure 11(c). This  
562 damage is more pronounced in the Full TTT material in comparison with the Half TTT material. It is

563 suggested that the more highly constrained in-plane fibres in the Full TTT material relative to the Half TTT  
564 material cause the material to undergo greater damage during impact testing. The damage was observed to be  
565 concentrated at the top surface of the beam, and reduced significantly towards the centre of the beam. Next,  
566 we will investigate the influence of internal damage on the bending behaviour of the beam via post-impact  
567 clamped-clamped beam bending experiments.

## 568 5.2 Post impact quasi-static bending response

569 Beams orientated along the y-direction (weft) exhibited only minor visible damage during the soft impact  
570 event, even up to the highest impulse of impact event. However, there still could be internal damage that could  
571 reduce the structural capacity of the beam. In order to investigate this, post impact, samples of both TTT  
572 reinforcement densities were tested in a quasi-static clamped-clamped beam bending test. Figure 12 presents a  
573 sketch of the experimental setup for the quasi-static beam bending test. Results of the experiment are  
574 compared to that of an un-impacted virgin sample. The beams were aligned along the y-direction (weft), as  
575 co-ordinate system defined in Figure 1. The beams were fixed at both ends in a custom-designed clamp of  
576 stainless steel, with the clamp subsequently fixed onto an I-beam. The spans of the beams between the  
577 clamped ends was  $L_b = 180$  mm. This free span length was purposefully chosen to be longer than the original  
578 impact test beam length in order to capture damage sustained within the clamp position during soft impact  
579 testing. The beams were centrally loaded by a roller across their entire width,  $w$ . Width of clamped beam  
580 tested in this investigation was  $w = 40$  mm, identical to the width of impact samples. A screw-driven Instron<sup>®</sup>  
581 5581 test machine with a static 50 kN load cell provided a constant quasi-static displacement of the roller  
582 along the vertical axis (z-direction) of 5 mm/min. Roller displacement along the vertical axis,  $\delta_b$ , and load  
583 imposed by the roller,  $P$ , were measured directly from the load cell of the test rig. The stiffness was  
584 calculated from between a vertical roller displacement of 2.5 mm and 7.5 mm, in order to avoid any  
585 contributions from initial movement within the clamp. Figure 13 shows the load imposed by the roller,  $P$ ,  
586 against vertical roller displacement  $\delta_b$  for the clamped beam test for the Full TTT material. Beams were shown  
587 to retain structural integrity even after undergoing relatively high-impulse impacts ( $I_0 \geq 3.0$  kPa s). Beam  
588 response was linear elastic up until a displacement  $\delta_b \approx 12$  mm, when brittle fracture of in-plane  
589 reinforcement tows occurred. Beam failure was attributed to fibre fracture at the centre of the samples,  
590 directly under the roller position. This position is also the projectile impact location, and location of small-  
591 scale fibre damage, presented in the previous section. The location of fibre fracture was the same for impacted  
592 and un-impacted beams, indicating that the surface damage at this location was not the root cause for failure at  
593 this position.

594 The peak load recorded during clamped beam test as a function of impact velocity is presented in Figure  
595 14(a). It can be seen that there is no significant reduction in strength of beam for either the Full TTT or Half  
596 TTT material even after the highest velocity of impact. The variation shown here is typical as to what is  
597 expected due to stochastic flaws within the material.

598 Figure 14(b) presents the stiffness of post-impact clamped-clamped beam experiment as a function of impact  
599 velocity. There is a slight reduction in stiffness during post-impact testing, with stiffness reducing linearly



600 with increasing impact velocity. The reduction in stiffness is seen to be greater with the Full TTT binder  
601 material relative to the Half TTT binder material. It is suggested that this is due to more highly constrained in-  
602 plane fibres in the Full TTT material cause the material to have more damage during impact testing. FE  
603 simulations presented in Section 5.3 confirm that higher TTT reinforcement density can lead to increased  
604 damage in the material.

### 605 **5.3 The role of the TTT reinforcement**

606 As demonstrated in Figure 5, the presence of the binder has no contribution to the back-face deflection of the  
607 beams. However, we will now show that there is a remarkable difference in the delamination damage  
608 sustained within the composite material. To investigate this, numerical simulations of Full and No TTT  
609 material beams orientated along the y-direction (weft) under soft impact were conducted. Figure 15(a) and (b)  
610 show the predicted cohesive interaction damage contours within the beam at time  $t = 700 \mu\text{s}$  after the moment  
611 of impact for the beams with and without the TTT reinforcement, respectively. The contours shown in Figure  
612 15 represent the value of the cohesive interaction damage variable,  $\hat{h}$ , which at a value of 1 represents fully  
613 damaged interaction between layers.  $\hat{h}$  is defined in the Appendix to this paper. Without the presence of the  
614 TTT reinforcement, the delamination damage propagates along the entire length of the beam. Without the  
615 presence of the TTT reinforcement, the delamination damage propagates along the entire length of the beam.  
616 However, with the presence of the TTT reinforcement, the damage is notably reduced, being almost entirely  
617 restricted in location to directly under the projectile.

618 In order to further investigate the role of the through-the-thickness, simulations of soft impact events were  
619 undertaken with the cohesive interaction between layers removed, as shown in Figure 16. This removal of the  
620 cohesive interaction effectively simulates a fully pre-delaminated case. Inter-penetration between layers was  
621 now prevented via a penalty contact algorithm. Through this method, it is possible to simulate the material  
622 under severe conditions. It can be seen from Figure 16(a) that even with the cohesive interaction removed, the  
623 TTT reinforcement provides structural integrity to the beam, retaining its cross section throughout the test.  
624 This is juxtaposed by the predictions with both the TTT-reinforcement and cohesive interaction removed,  
625 shown in Figure 16(c), where extensive delamination is shown throughout the entire length of the beam. A  
626 transferal of momentum through the beam causes a large relative displacement of the top and bottom layers of  
627 the composite. Also presented are simulations for the case of Half TTT material (Figure 16(b)) and the  
628 equivalent UD-laminate material (Figure 16(d)). The Half TTT material exhibits a response identical to that of  
629 the Full TTT material, indicating that, in regards to the material in this study, halving the TTT reinforcement  
630 density provides no reduction in structural integrity. The Equivalent UD-laminate material behaves identically  
631 to that of the No TTT material; indicating again that in-plane reinforcement topology provides negligible  
632 influence on beam structural integrity during impulsive loading. The results presented in Figure 16 gives

633 indications of the superior performance of the 3D woven beams undergoing multi-hit soft impact. For  
634 example, a UD-laminate beam which had previously been delaminated by a soft impact event would perform  
635 far less favourably in comparison with a 3D woven composite.

## 636 **6 Concluding remarks**

637 An experimental investigation was undertaken in conjunction with numerical modelling in order to investigate  
638 the dynamic soft impact response of two orthogonal 3D woven composite materials varying only by density of  
639 through-the-thickness (TTT) reinforcement. The transient-deflection responses of the composite beams were  
640 shown to be primarily governed by the projectile crush time. 3D woven composites demonstrated remarkably  
641 reduced delamination damage during soft impact events in comparison with a similar UD-laminate material.  
642 The failure mechanism of 3D woven composite beams was longitudinal fibre fracture at the clamped ends. At  
643 impulses lower than those which caused catastrophic fibre fracture, only minor, localised fibre fracture on the  
644 surface of beams was recorded. The two different densities of through-thickness reinforcement experimentally  
645 tested within the study had no difference in the back-face deflection experienced during soft impact. This was  
646 confirmed with the use of a finite element modelling strategy which explicitly models the geometry of the  
647 through-the-thickness reinforcement. FE modelling also showed that an equivalent UD laminate material will  
648 have the same maximum back-face deflection as a 3D woven material during a soft impact event, indicating  
649 that the in-plane architecture has no influence on the transient deflection of beams. However, modelling of an  
650 equivalent UD-laminate material did reveal greatly increased delamination damage sustained than that of the  
651 3D woven material.

652 The 3D woven composite beams were shown to retain structural integrity even during high impulse soft  
653 impact tests, with no delamination up to final fibre fracture. In order to investigate potential internal damage  
654 within the beam clamped beam bending tests were conducted post-impact. These tests reveal negligible  
655 variations in strength and only minor reductions in beam stiffness after soft impact for 3D woven material.  
656 This indicates the potential for 3D woven composites to perform well during resistance of multiple soft  
657 impacts. The stiffness reduction post-impact was seen to be greater with the composite containing a higher  
658 density of through-thickness reinforcement. Finite element simulations of soft impact on 3D woven composites  
659 of two different reinforcement densities indicated varying compressive fibre damage on the front surface of  
660 the beams; demonstrating the potential for increased damage with higher densities of TTT-reinforcement.  
661 Finite element predictions of pre-delaminated beams undergoing soft impact demonstrated significant  
662 structural enhancement provided by the TTT-reinforcement.

663 The deterrence of delamination due to the presence of through-the-thickness reinforcement in reality has been  
664 attributed to limited frictional forces between through-the-thickness reinforcement and in-plane fibre

665 architecture, which may not be able to prevent delamination, especially mode I dominant delamination  
 666 effectively [39]. The representation of this effect via the element tie methodology is a simplification utilised in  
 667 order to reduce the numerical difficulties which would arise from the explicit modelling of interactions  
 668 between the through-the-thickness reinforcement and the in-plane fibre architecture. Further studies will be  
 669 conducted in order to precisely classify the efficacy of the element tie methodology in regards to modelling  
 670 the suppression of delamination.

671 The contribution provided by this research is the detailed investigation into the response of an orthogonal 3D  
 672 woven carbon reinforced epoxy composite material undergoing high speed soft impact loading, and the  
 673 demonstration of the efficacy of a full-scale finite element modelling strategy utilising an established  
 674 continuum damage mechanics framework for the simulation of the deflection and damage modes exhibited  
 675 during soft impact.

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 681 calculations. The authors are grateful for the constructive comments from the reviewer and associate editor.

## 682 **Appendix A. Cohesive interaction constitutive law**

683 Cohesive law for interface between layers

684 As shown in Figure 4, there are 17 layers in the composite material. These layers are joined to neighbouring  
 685 layers via a cohesive contact law. This law is used to model the traction-separation behaviour within the  
 686 interface between layers, and allows the FE model to simulate inter-laminar delamination. It was at these  
 687 locations that delamination damage was observed for a UD laminate composite material undergoing soft  
 688 impact [10]. The undamaged elastic behaviour across the interface is governed by the following traction-  
 689 separation law;

$$690 \begin{Bmatrix} \mathbf{t}_n \\ \mathbf{t}_s \\ \mathbf{t}_t \end{Bmatrix} = \begin{Bmatrix} \mathbf{k}_n & 0 & 0 \\ 0 & \mathbf{k}_s & 0 \\ 0 & 0 & \mathbf{k}_t \end{Bmatrix} \begin{Bmatrix} \delta_n \\ \delta_s \\ \delta_t \end{Bmatrix} \quad (40)$$

691 where  $t_n$ ,  $\delta_n$  and  $k_n$  denote the normal traction, separations and stiffness, respectively;  $\{t_s, t_t\}$ ,  $\{\delta_s, \delta_t\}$  and  
 692  $\{k_s, k_t\}$  the two shear tractions, separations and coefficients of stiffness, respectively. The behaviour is  
 693 uncoupled i.e. pure normal separation does not induce cohesive forces in any of the shear directions, and pure  
 694 shear displacement does not induce any normal forces.

695 As with the material model for the tows and matrix, the cohesive contact consists of both a damage initiation  
 696 criterion and a law for the evolution of damage. If the traction stress state exists within the following surface,  
 697 no damage will develop;

$$698 \left[ \frac{\langle t_n \rangle}{(1-\tilde{h})T_n} \right]^2 + \left[ \frac{\langle t_s \rangle}{(1-\tilde{h})T_s} \right]^2 + \left[ \frac{\langle t_t \rangle}{(1-\tilde{h})T_s} \right]^2 \leq 1 \quad (41)$$

699 Where  $T_n$  and  $T_s$  are the maximum stress states that exist in the normal and shear directions before damage  
 700 initiation, respectively;  $\tilde{h}$  ( $0 \leq \tilde{h} \leq 1$ ) denotes the damage variable for cohesive contact with  $\tilde{h} = 0$  prior to  
 701 damage initiation and  $\tilde{h} = 1$  at the maximum state of damage. The damage variable is defined as a function of  
 702 the fracture energy,  $J_G$ , following;

$$703 \tilde{h} = \frac{\frac{2J_G}{t_e^0} (\delta_e^{\max} - \delta_e^0)}{\delta_e^{\max} \left( \frac{2J_G}{t_e^0} - \delta_e^0 \right)} \leq 1 \quad (42)$$

704 where  $\delta_e^{\max}$  denotes the maximum value of effective separation occurring during loading;  $t_e^0$  and  $\delta_e^0$  are the  
 705 effective traction and separation at the point of damage initiation, respectively. The effective traction and  
 706 separation follow;

$$707 \delta_e \equiv \sqrt{\langle \delta_n \rangle^2 + \delta_s^2 + \delta_t^2} \quad (43)$$

$$708 t_e \equiv \sqrt{\langle t_n \rangle^2 + t_s^2 + t_t^2} \quad (44)$$

709 At any moment, the linear softening damage evolution law has the form;

710 
$$t_n = \begin{cases} (1-\hbar)k_n \delta_n & \text{when } \delta_n > 0 \\ k_n \delta_n & \text{otherwise} \end{cases} \quad (45)$$

711 
$$t_s = (1-\hbar)k_s \delta_s \quad (46)$$

712 
$$t_t = (1-\hbar)k_t \delta_t \quad (47)$$

713 When the cohesive contact is undergoing compression, i.e. when  $\delta_n \leq 0$ , the interaction between layers  
 714 governed only by a penalty contact algorithm. The “general contact” algorithm within ABAQUS was utilised,  
 715 with a tangential friction coefficient of 0.3.

716 An initial interface thickness of 0.1 mm was assumed. The normal and shear stiffness,  $k_n$  and  $k_s$ ,  
 717 respectively, were estimated from manufacturer’s data regarding the epoxy matrix material. The maximum  
 718 normal traction,  $t_n$ , was estimated from the yield stress obtained from tensile composite material tests with  
 719 fibres aligned at  $\pm 45^\circ$  to the loading axis, i.e. 80 MPa from Figure 2(a). The maximum shear traction,  $t_s$ , was  
 720 estimated as half of the maximum normal traction. The fracture energy for the cohesive interaction was  
 721 estimated from the area under the stress-strain curve for the  $\pm 45^\circ$  composite tensile test, i.e.  $J_G = 650 \text{ J m}^{-2}$ .  
 722 This value is similar to that used within other published work, for example Shi et al. [41]. The parameters  
 723 used for the cohesive interaction are presented in Table 2.

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823

824 Table 1: Material properties for matrix, warp, weft, and TTT reinforcement tows used within the finite  
825 element model

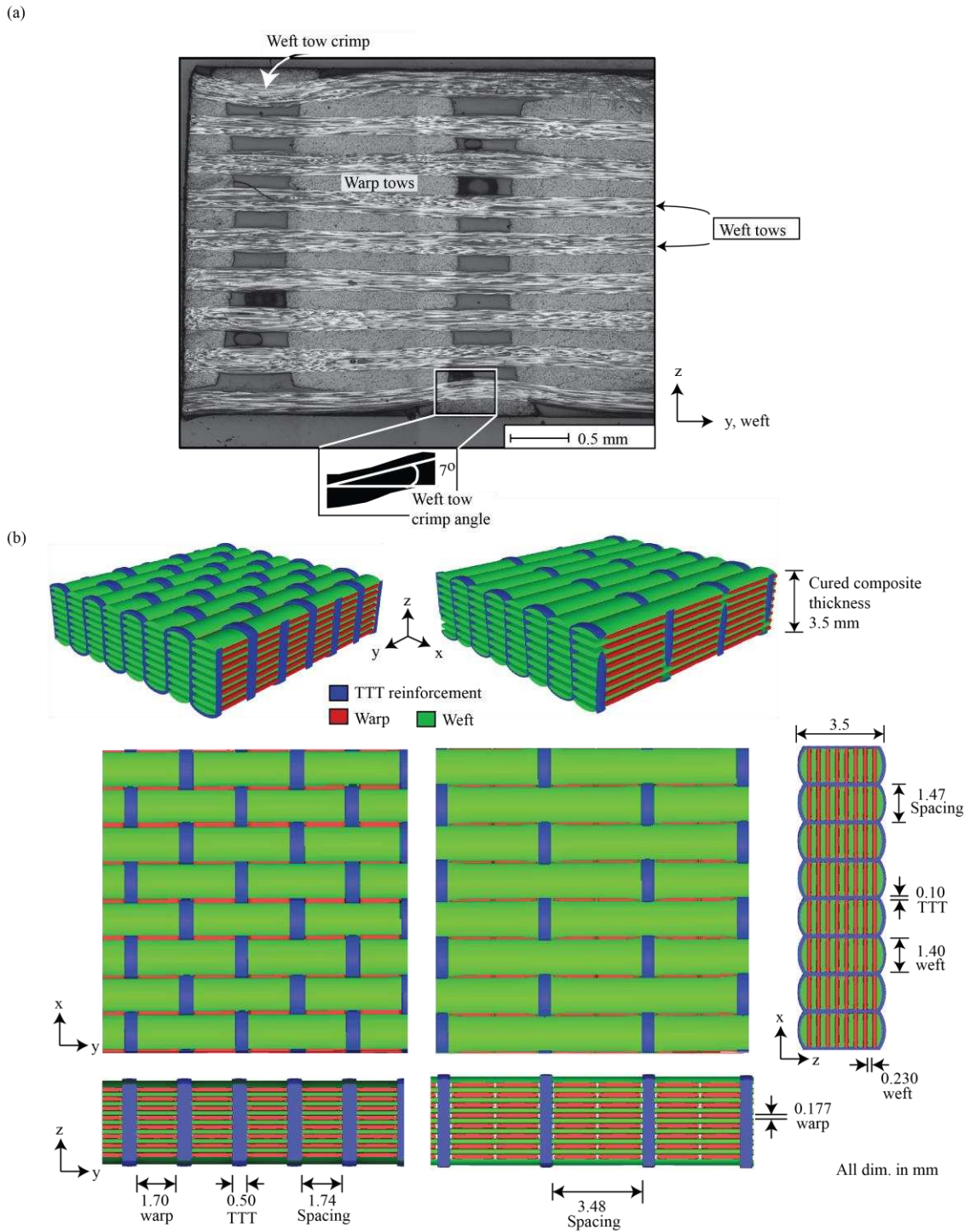
Material	Property	Value
Matrix	Density ( $\text{kg m}^{-3}$ )	1144
	$E_m$ (GPa)	3.5
	$\hat{G}_{12}$ (GPa)	2.0
	$\hat{\nu}_{12}$	0.3
	$\sigma_m$ (MPa)	80
	$\tau_m$ (MPa)	40
	$J_m/l_e$ (MPa)	6.5
Warp Tow / TTT Reinforcement	Density ( $\text{kg m}^{-3}$ )	1628
	$\bar{E}_1$ (GPa)	146.8
	$\bar{E}_2$ (GPa)	3.5
	$\bar{\nu}_{12}$	0.25
	$\bar{G}_{12}, \bar{G}_{13}, \bar{G}_{23}$ (GPa)	14.37
	$\bar{X}^T$ (MPa)	2020
	$\bar{X}^C$ (MPa)	1610



	$\bar{Y}$ (MPa)	80
	$\bar{X}^s, \bar{Y}^s$ (MPa)	40
	$\bar{J}_1^t/l_e$ (MPa)	16.68
	$\bar{J}_1^c/l_e$ (MPa)	10.60
	$J_m/l_e$ (MPa)	6.5
Weft Tow	Density (kg m <sup>-3</sup> )	1570
	$\bar{E}_1$ (GPa)	135.7
	$\bar{E}_2$ (GPa)	3.5
	$\bar{\nu}_{12}$	0.25
	$\bar{G}_{12}, \bar{G}_{13}, \bar{G}_{23}$ (GPa)	7.16
	$\bar{X}^T$ (MPa)	1720
	$\bar{X}^C$ (MPa)	1110
	$\bar{Y}$ (MPa)	80
	$\bar{X}^s, \bar{Y}^s$ (MPa)	40
	$\bar{J}_1^t/l_e$ (MPa)	13.08
	$\bar{J}_1^c/l_e$ (MPa)	5.45
	$J_m/l_e$ (MPa)	6.5
Equivalent UD-laminate Warp (Modified values)	Density (kg m <sup>-3</sup> )	1525
	$\tilde{E}_1$ (GPa)	122.2
	$\tilde{G}_{12}$ (GPa)	5.78
	$\tilde{X}^T$ (MPa)	1590
	$\tilde{X}^C$ (MPa)	1280
	$\tilde{J}_1^t$ (MPa)	12.41
	$\tilde{J}_1^c$ (MPa)	8.04
Equivalent UD-laminate Weft (Modified values)	Density (kg m <sup>-3</sup> )	1530
	$\tilde{E}_1$ (GPa)	126.4
	$\tilde{G}_{12}$ (GPa)	4.93
	$\tilde{X}^T$ (MPa)	1590
	$\tilde{X}^C$ (MPa)	1040
	$\tilde{J}_1^t$ (MPa)	12.00
	$\tilde{J}_1^c$ (MPa)	5.13

827 Table 2: Material parameters for cohesive contact used to simulate delamination between layers of 3D woven  
828 composite material

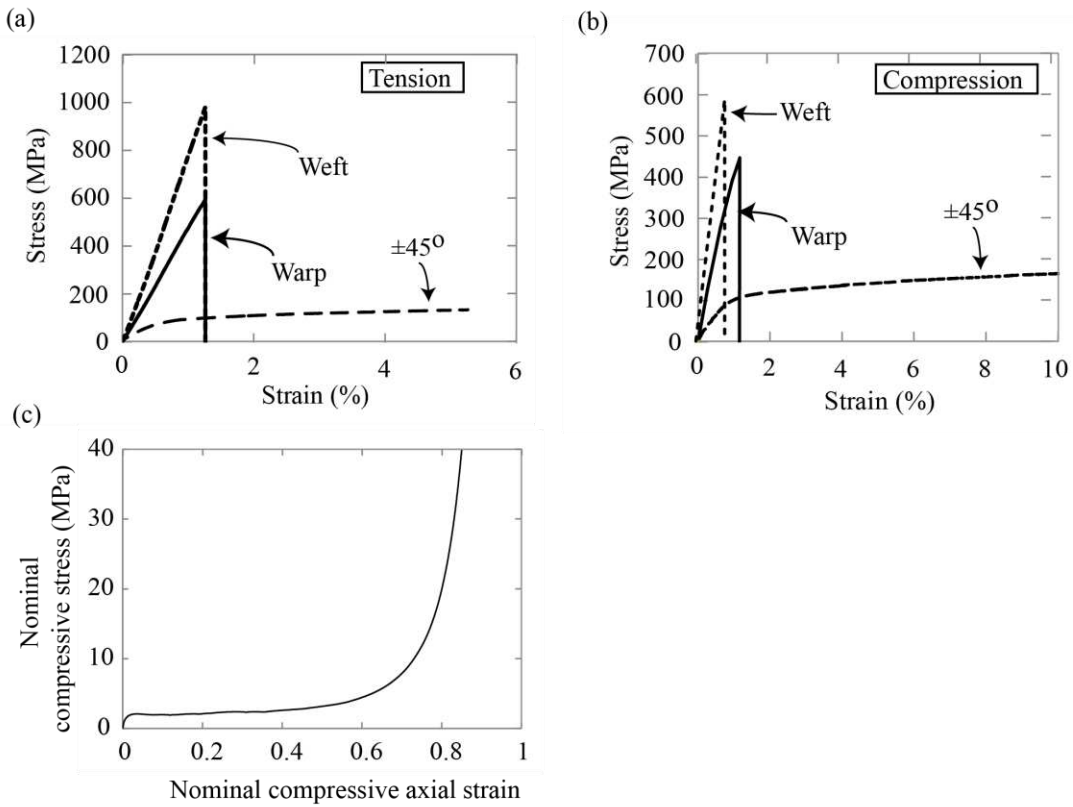
Property	Value
$k_n$	3.5 GPa mm <sup>-1</sup>
$k_s, k_t$	2.0 GPa mm <sup>-1</sup>
$t_n$	80 MPa
$t_s, t_t$	40 MPa
$J_G$	650 J m <sup>-2</sup>



830

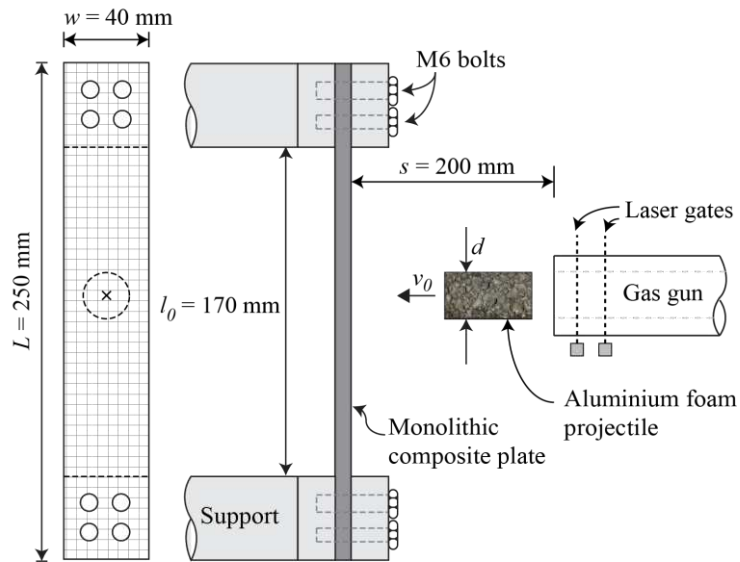
831 Figure 1.(a) Microscopic image of the composite cross-section along the weft direction, with crimping of the  
 832 weft tows due to the presence of the TTT reinforcement. (b) Sketch of 3D orthogonal woven carbon  
 833 composites showing Full through-the-thickness (TTT) reinforcement with the binder-to-warp-stack ratio of

834 1:1 on the left and Half TTT reinforcement with the binder-to-warp-stack ratio of 1:2 on the right, with the  
835 dimensions as the average measurements of the cured composites. (For interpretation of the colour legend in  
836 this figure, the reader is referred to the web version of this article.)



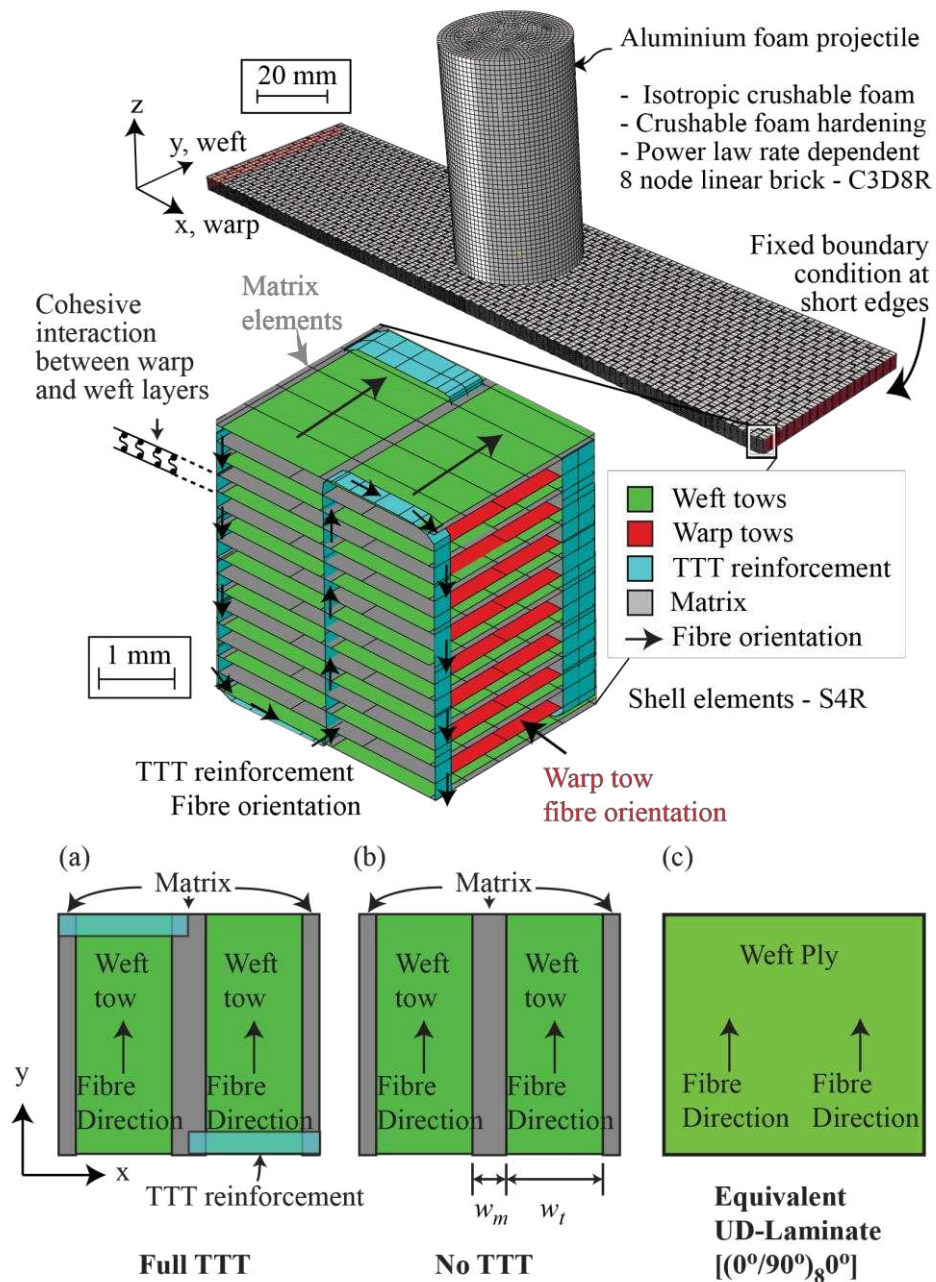
837

838 Figure 2. Quasi-static stress strain relationships for 3D woven carbon composite material for (a) tension and  
 839 (b) compression. (c) Quasi-static uniaxial compression stress-strain curve for the Alporas aluminium foam  
 840 projectile.



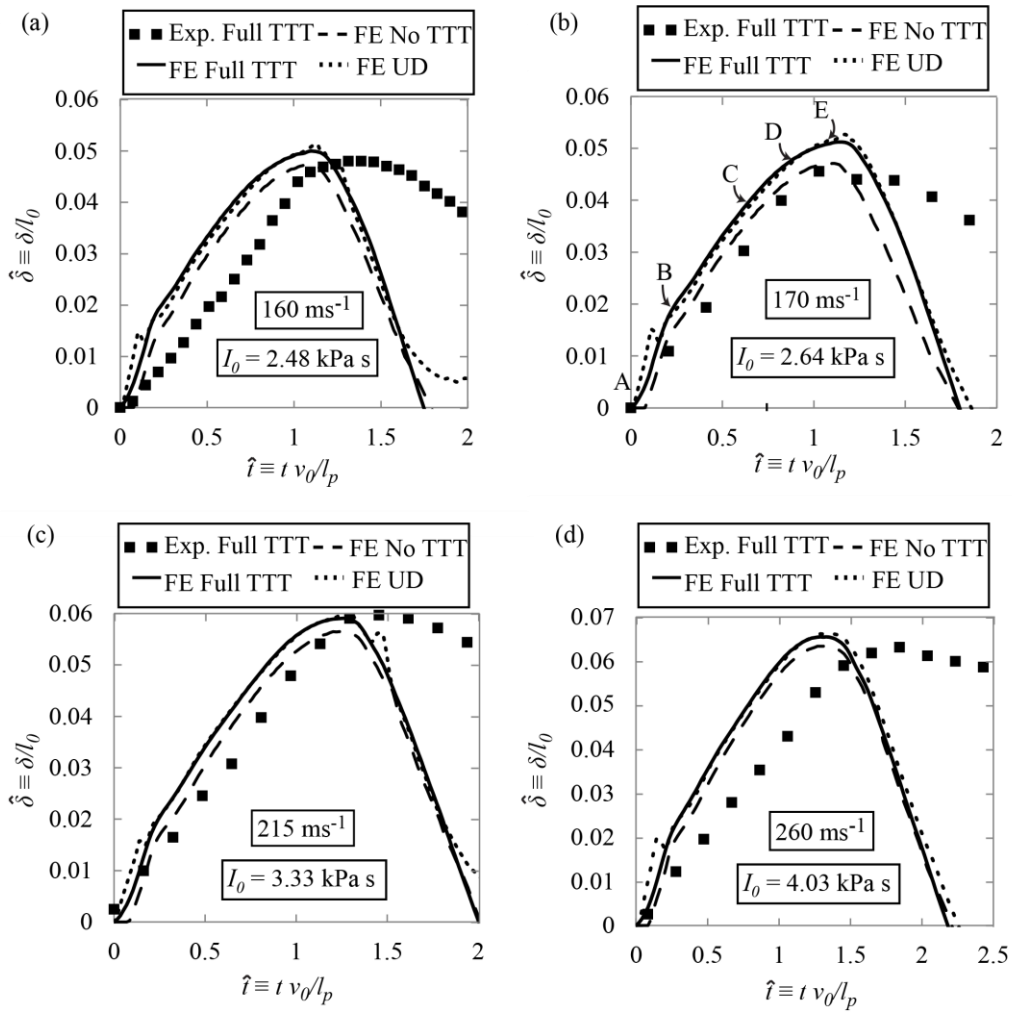
841

842 Figure 3 Sketch of experimental set up of dynamic soft impact tests on orthogonal 3D woven composite  
 843 panels.



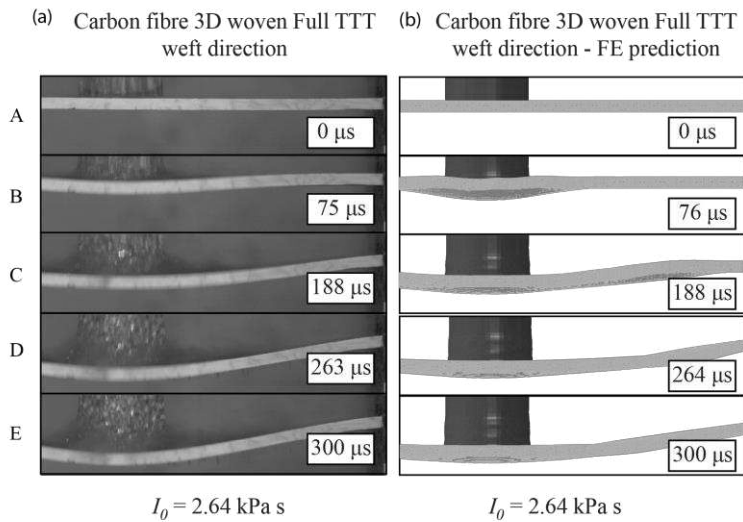
844

845 Figure 4. Finite element model for the simulation of orthogonal 3D woven carbon composite beam samples  
 846 undergoing soft impact, with beam orientated along the x-direction (warp). Arrows indicate direction of fibre  
 847 orientation. Sketches of top layers for (a) Full TTT (b) No TTT and (c) Equivalent UD-Laminate models are  
 848 also shown. (For interpretation of the colour legend in this figure, the reader is referred to the web version of  
 849 this article.)



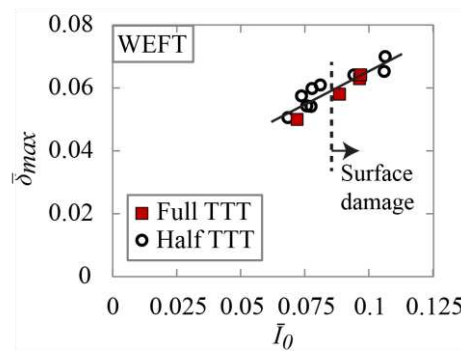
850

851 Figure 5. Comparison of experimental results for Full TTT material and FE prediction for normalised back-  
 852 face deflection  $\hat{\delta} \equiv \delta/l_0$  as a function of normalised time  $\hat{t} \equiv t v_0/l_p$ . Full TTT beams orientated along the  
 853 y-direction (weft). Three different case studies for numerical modelling results are presented; Full TTT  
 854 reinforcement, No TTT, and an Equivalent UD-laminate material. Projectile impulses  $I_0$  were (a) 2.5 kPa s,  
 855 (b) 2.6 kPa s, (c) 3.3 kPa s, and (d) 4.0 kPa s. Points A-E corresponds to the montage images presented in  
 856 Figure 6.



857

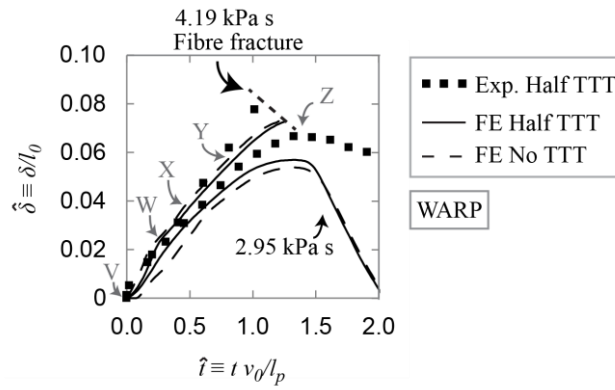
858 Figure 6. Deformation montage of 3D orthogonal woven carbon-fibre composites under soft impact of  
 859 impulse  $I_0 = 2.64 \text{ kPa s}$  beams orientated along the y-direction (weft) (a) Experiment (b) Finite element  
 860 prediction. Points A-E refer to the corresponding positions on Figure 5(b).



861

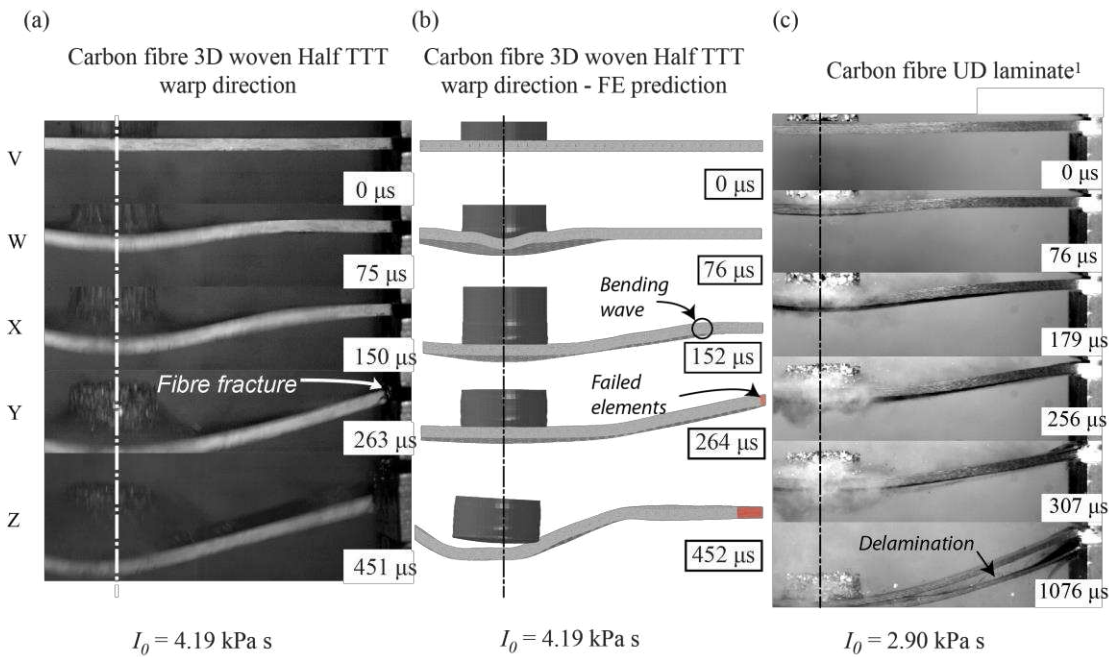
862 Figure 7 Comparison of the normalised maximum back face deflection  $\bar{\delta}_{max}$  during soft impact as a function  
 863 of normalised impact impulse  $\bar{I}_0$  upon 3D woven carbon composites of two different TTT reinforcement  
 864 densities.





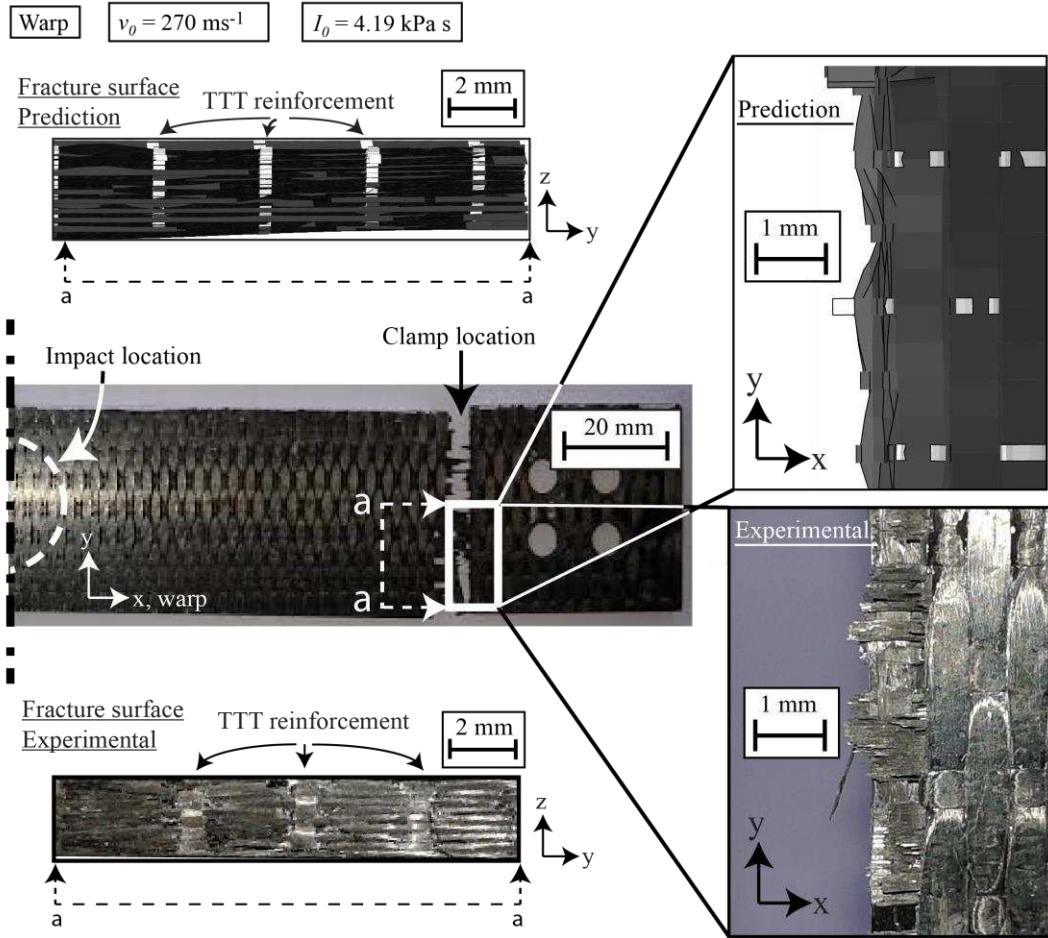
865

866 Figure 8. Maximum normalised back-face deflection  $\hat{\delta} \equiv \delta / l_0$  against normalised time after impact  
 867  $\hat{t} \equiv t v_0 / l_p$ . FE simulation and experimental results for beams orientated along the x-direction (warp). Points  
 868 V-Z correspond to the montage images presented in Figure 9.



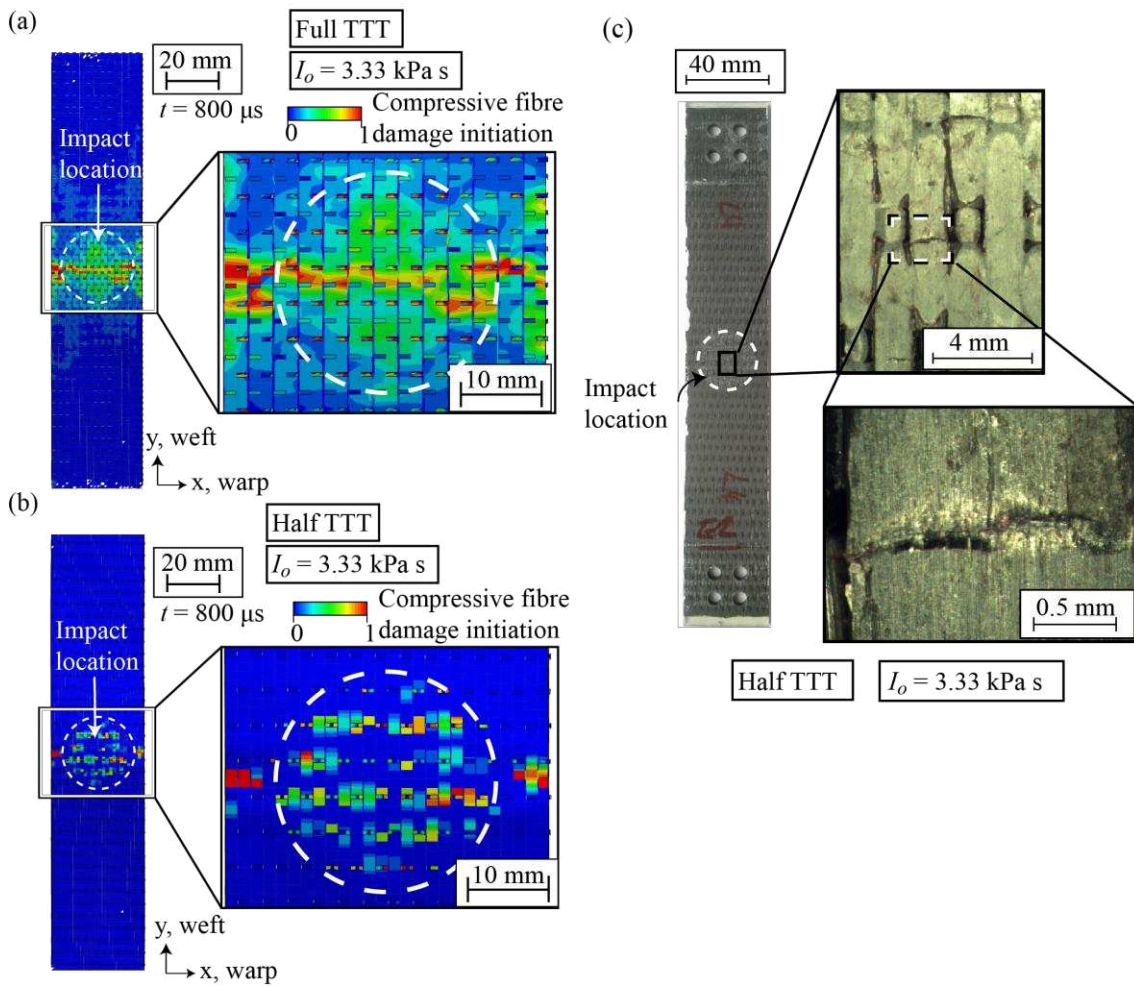
869

870 Figure 9. Deformation montage of carbon-fibre composites under soft impact testing showing (a) Half TTT  
 871 3D orthogonal woven composite beam orientated along the x-direction (warp)  $I_0 = 4.19 \text{ kPa s}$ , (b) Finite  
 872 element prediction of Half TTT 3D orthogonal woven composite beam orientated along the x-direction (warp)  
 873  $I_0 = 4.19 \text{ kPa s}$ , and (c) UD-laminate material presented in Kandan et al. [10]<sup>1</sup>  $I_0 = 2.90 \text{ kPa s}$ . Points V-Z  
 874 correspond to the locations noted in Figure 8.



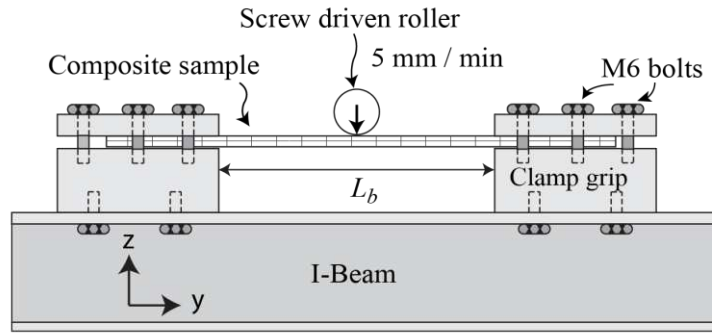
875

876 Figure 10. Photographic images and FE predictions of damage modes exhibited by Half TTT 3D woven  
 877 carbon composite undergoing soft impact, tested at  $I_0 = 4.19 \text{ kPa s}$ . Beam orientated along the x-direction  
 878 (warp).



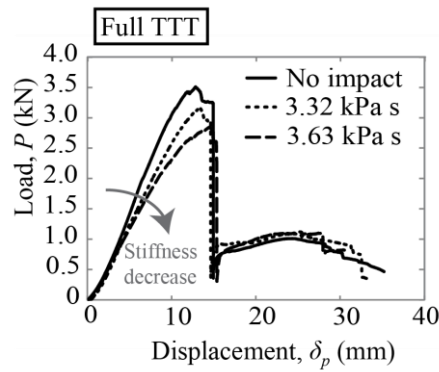
879

880 Figure 11. (a) and (b) Finite element simulations of the predicted compressive damage initiation on the front  
 881 surface of orthogonal 3D woven composite beams undergoing a soft impact event  $I_0 = 3.33 \text{ kPa s}$  for Full  
 882 TTT and Half TTT material, respectively. Time  $t$  is the time after moment of projectile impact upon beam. A  
 883 value of 1 corresponds to the onset of compressive fibre damage. (c) Optical microscopic images of fibre  
 884 breakage on the front surface of impact tests of a Half TTT orthogonal 3D woven material after experimental  
 885 impact of impulse  $I_0 = 3.33 \text{ kPa s}$ . Beams orientated along the  $y$ -direction (weft). (For interpretation of the  
 886 colour legend in this figure, the reader is referred to the web version of this article.)



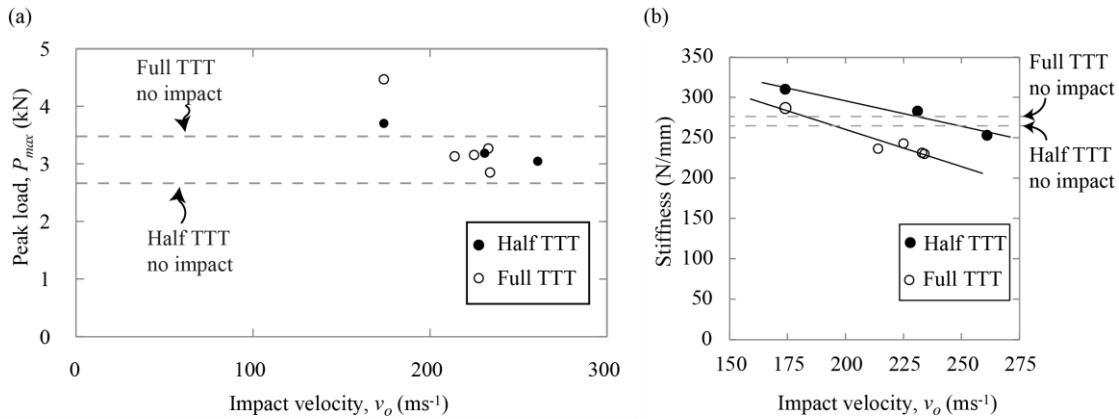
887

888 Figure 12 Sketch showing the experimental setup of the clamped beam quasi-static bending test.



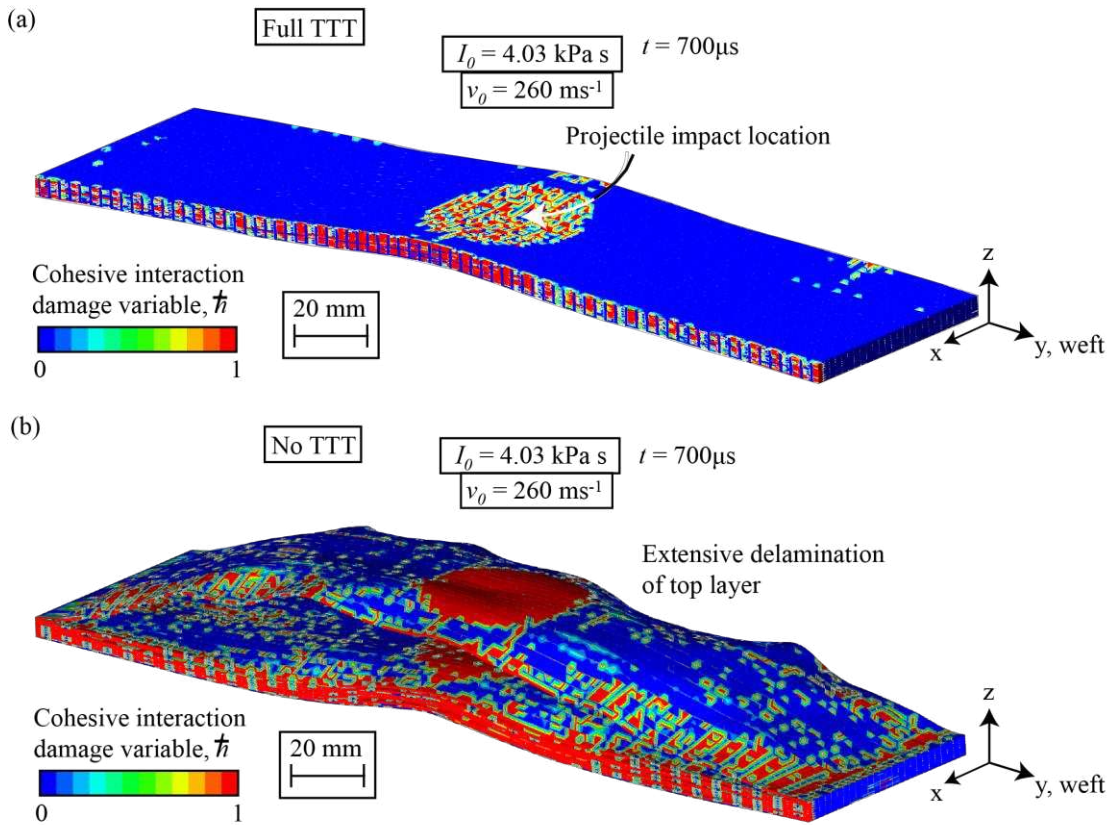
889

890 Figure 13 Load imposed by the roller  $P$  against roller vertical displacement  $\delta_p$  for post-impact clamped-  
891 clamped beam tests for Full TTT material. Beams orientated along  $y$ -direction (weft).



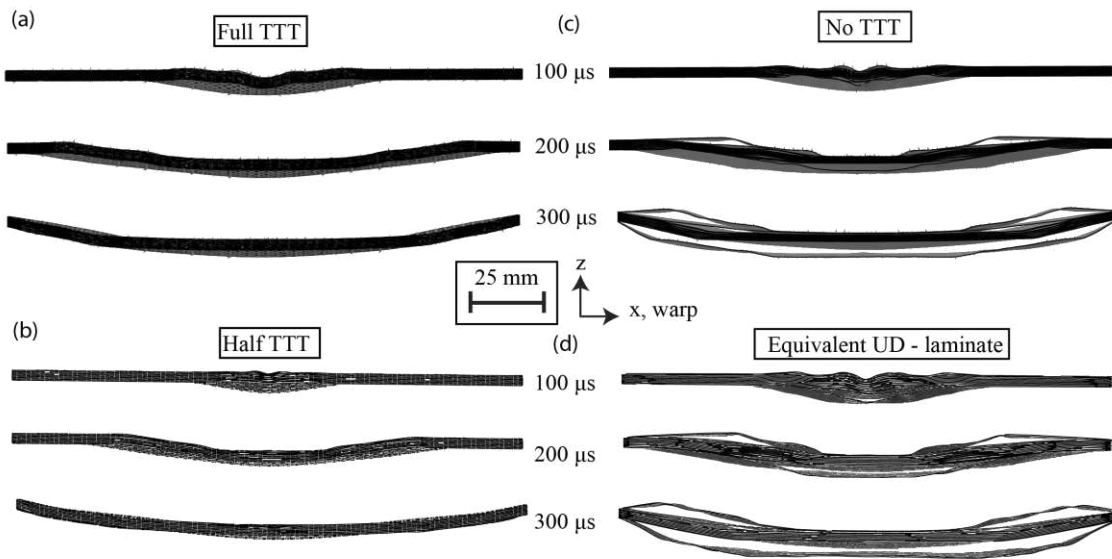
892

893 Figure 14 (a) Summary of the peak load during post-impact clamped beam testing versus the velocity of  
894 impact  $v_0$ . (b) Stiffness of post-impact clamped beam testing versus the velocity of impact,  $v_0$ .



895

896 Figure 15. Finite element predicted deformation of an orthogonal 3D woven carbon composite undergoing a  
 897 soft impact event  $I_0 = 4.03 \text{ kPa s}$  showing (a) Full TTT and (b) No TTT model. Contour plot shows damage  
 898 variable of cohesive interaction,  $\hat{h}$ , demonstrating locations of delamination within the beam. A value of  $\hat{h} = 1$   
 899 indicates fully delaminated regions.  $t = 0$  corresponds to the moment of projectile impact on the sample.  
 900 Beams orientated along the y-direction (weft). (For interpretation of the colour legend in this figure, the reader  
 901 is referred to the web version of this article.)



902

903 Figure 16. Montage of finite element simulations of a soft impact event of impulse  $I_0 = 2.96 \text{ kPa s}$  with  
 904 cohesive contact removed on (a) Full TTT orthogonal 3D woven composite (b) Half TTT orthogonal 3D  
 905 woven composite (c) 3D woven composite with TTT-reinforcement removed, and (d) Equivalent UD-  
 906 laminate material.  $t = 0$  corresponds to the moment of projectile impact upon the beam. Beams orientated  
 907 along the x-direction (warp).