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NOVEL OPHTHALMIC FORMULATIONS FOR IMPROVED NATAMYCIN DELIVERY IN FUNGAL INFECTIONS OF THE EYE.

A Dissertation

presented in partial fulfillment of requirements

for the degree of Doctor of Philosophy

in Pharmaceutical Sciences with an emphasis in Pharmaceutics and Drug Delivery

by

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The University of Mississippi

School of Pharmacy, Oxford, MS

(May 2020)

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ABSTRACT

Natamycin (NT) is a front-line drug in the management of ocular fungal infections (OFI). An ophthalmic marketed NT suspension (Natacyn[®]) is currently the only FDA approved medication prescribed in the pharmacotherapy of OFI. Current NT pharmacotherapy requires frequent topical administration (every hour or 2-hours over 6-8 times in a day) due to it being instilled as eye-drops. This leads to higher precorneal losses and subsequent poor permeation and bioavailability. Therefore, in this research study, alternative ocular formulations of NT were investigated with an intent to improve precorneal retention and corneal permeation in comparison to Natacyn[®].

Chapter 1 discusses various aspects of NT such as its chemistry and pharmacology, antifungal spectrum and potential for development of resistance, ocular clinical evaluations, and specifics on Natacyn[®] to obtain a perspective of NT use in OFI.

Chapter 2 reports the preparation and optimization of NT loaded surface coated PEGylated NLC (NT-PEG-NLC) using Box-Behnken Design. The optimized NT-PEG-NLC were found to have desirable physicochemical characteristics and exhibited significantly higher transcorneal permeation than Natacyn[®], *in vitro*. *In vivo* ocular biodistribution of NT-PEG-NLC indicated that, despite NT load in NT-PEG-NLC (0.3%) being 1/16th of Natacyn[®] (5%), NT-PEG-NLC permeated the intact cornea to reach the inner tissues.

To further improve ocular delivery of NT, chapter 3 reports on the development of a gelling system using a full factorial design in which the optimized NT-PEG-NLCs were loaded. This gelling system at a lower NT concentration (0.3%) compared to Natacyn[®] (5%), displayed superior

pharmacokinetic parameters in the tear film and comparable NT concentrations in the inner ocular tissues (*in vivo*) at a 16-fold lower dose; indicating its potential ocular applications.

Chapter 4 reports on the design of EudragitTM RLPO based ocular films for ocular delivery of NT using central composite design. An optimized film formulation was selected on the bases of the interaction plots between the independent factors and dependent variables; and, it exhibited significantly higher transcorneal permeation (*ex vivo*) and superior pharmacokinetic parameters (*in vivo*) compared to Natacyn[®]. These observations imply that, NT-loaded films could also be explored as alternative dosage forms in the management of OFI.

DEDICATION

To my past, present, and future selves

LIST OF ABBREVIATIONS

NT: Natamycin

OFI: Ocular fungal infections

WHO: World Health Organization

NLCs: Nano lipid carriers

PEG: Polyethylene glycol

NT-PEG-NLCs: Natamycin loaded PEGylated nano lipid carriers

NT-NLCs: Natamycin loaded nano lipid carriers

RSM: Response surface methodology

PDI: Polydispersity index

HPH: High-pressure homogenization

DL: Drug loading

STEM: Scanning Tandem Electron Microscopy

PXRD: Powder X-ray diffraction

RMβCD: Randomly methylated-β-cyclodextrin

ICB: Iris-ciliary body

AH: Aqueous humor

VH: Vitreous humor

2FI: 2 factorial interaction

NT-PEG-NLC-GEL: Natamycin loaded PEGylated nano lipid carriers entrapped in gelling system

AUC_{0-t}: Area under curve from time t = 0 to t = t

T_{0.5}: Half-life

C_{max}: Maximum concentration

 $MRT_{0-\infty}$: Mean residence time

CQA: Critical quality attribute

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Chapter 1

Current Perspectives on Natamycin in Ocular Fungal Infections

Abstract:

Currently, natamycin ophthalmic suspension (Natacyn[®]) is the only commercially available antifungal agent that has been approved in the treatment of superficial fungal infections of the eye such as fungal keratitis, blepharitis, and conjunctivitis. Despite natamycin requiring frequent application due to low retention at the ocular surface, it has shown efficacy in treating superficial ophthalmic fungal infections. This is attributed to its broad antifungal spectrum against filamentous fungi, safety profile, and its trans-corneal penetration capability. The ability of natamycin to traverse across the intact cornea and reach adjacent stromal layers has been credited to be one of the major factors favoring its continued use in superficial fungal infections over other antifungal agents such amphotericin B and azole class of antifungals, which can only penetrate the debrided cornea, but not intact cornea, to elicit their activity. This has led to natamycin being one of the front-line agents in the therapy of superficial ocular fungal infections. This chapter discusses various aspects of natamycin such as its chemistry and pharmacology, antifungal spectrum and potential for development of resistance, ocular clinical evaluations, and specifics on the marketed natamycin formulation (Natacyn[®]) to obtain a perspective of natamycin use in ophthalmic fungal infections.

1.1. INTRODUCTION

Natamycin (NT) has been one of the mainstays in the treatment of fungal keratitis. Fungal keratitis is fungal infection of the eye that affects the clear corneal surface and its immediate associated layers (1). Currently, NT is the only commercially available antifungal agent (Natacyn[®]) that is used in the treatment of fungal keratitis. Other antifungals such as amphotericin B, azole and echinocandin antifungals are used off-label in fungal keratitis, albeit to a lesser extent than NT (2). NT has been the forerunner in fungal keratitis due to its broad spectrum of activity and higher penetration across the intact cornea upon topical application, compared to the other antifungal agents (3).

NT shows antifungal activity against both filamentous and non-filamentous fungal species, with a potent and better activity against the former in comparison to the other antifungal agents. NT has shown potent antifungal activity against clinical cases of fungal keratitis caused by *Aspergillus* and *Fusarium* species, which are the most common causative organisms for fungal keratitis apart from *Candida* species (4). Additionally, NT has been shown to have higher penetration across the intact cornea into the immediate associated corneal layers in comparison to amphotericin B and the azoles, upon topical application in fungal keratitis. Hence, NT eye-drops have been the choice of therapy for superficial corneal infections (3, 4).

The activity of NT against *Candida* species, non-filamentous fungal species which are also one of the major causative organisms for fungal keratitis, is weak to moderate (2, 3, 5). Hence, NT eye-drops alone cannot provide effective antifungal therapy against fungal keratitis caused by *Candida* species; therefore, concomitant therapy with other antifungals is frequently necessitated. Another major challenge that has been associated with NT ocular therapy is that, therapeutic concentration of NT is not reached in inner ocular tissues upon topical application, thereby restricting its utility only in the superficial ocular fungal infections and not in the clinical cases of deep seated keratomycosis (5-7).

Despite the challenges associated with the use of NT in ocular fungal infections, it is still being used clinically. This has been attributed to the clinical efficacy/safety profile of NT eyedrops in fungal infections in which NT demonstrated lesser side-effects, ocular toxicity reactions, and lower incidences of resistance in comparison to the other antifungals such as amphotericin B and the azoles (5, 8-10). This has been one of the primary reasons favoring NT in superficial ocular fungal infections.

This chapter primarily explores two aspects associated with ocular NT therapy; first, the various attributes of NT such as its pharmacology, chemistry, ocular clinical evaluations and second, the existing perspectives and challenges associated with the current therapeutic regimen provided by the marketed NT eye-drops (Natacyn[®]) in superficial ocular fungal infections.

Discovery, origin, and production

NT was first isolated in 1955 in the *Gist-brocades* Research Laboratories, the Netherlands, from the fermentation broth of *Streptomyces natalensis* bacterial culture obtained from a soil sample in South Africa (11). The antifungal compound that was isolated was named pimaricin; name later changed to natamycin. The discovery and properties of NT was published in a paper entitled "Pimaricin, a new antifungal antibiotic" by Struyk et al. in 1957 (12). The name pimaricin was changed according to a World Health Organization (WHO) regulation which stated that antibiotics produced by *Streptomyces* had to carry names ending in "-mycin". Such a stipulation was mandated by WHO because they wanted the name of the organism responsible for the product to be reflected in the name of the product. Hence, the name pimaricin was changed to natamycin, which meant "obtained from *Streptomyces natalensis*" (13).

Independently, in 1959, American scientists isolated an antibiotic, tennecetin, from the culture medium of a *Streptomyces* strain, obtained from a soil sample collected in Tennessee. From the analytical studies and biological assays of tennecetin, it was discovered that it was identical to NT (14). Apart from the *Streptomyces* species obtained from South African and American soil, NT was found to be produced by Streptomyces costae, isolated from a soil sample in Spain (15). Industrially, NT is produced by fermentation using either Streptomyces natalensis or Streptomyces gilvosporeus (16). Currently there are two patents for NT commercial production and the methods described by both the patents are along similar lines. The broth of *Streptomyces* species inoculum is fermented for about 48-120 hours, depending on the number of cells in the inoculum, the medium composition, and the desired yield. The fermentation process is carried out between 25-30°C and at pH 6-8. After the completion of fermentation process, NT is then subjected to extraction, filtration, and drying processes. The pH of the culture broth is adjusted first to solubilize the NT which is then extracted using an organic solvent, such as methanol or butanol. The extract containing NT is then filtered to separate the impurities from the desired NT product. The pH is then re-adjusted to about neutral, which causes precipitation of NT crystals which are then subjected to a drying step, to obtain pure NT powder (11, 17).

Chemistry

NT is an antifungal agent belonging to the polyene class of antifungal drugs. It has an empirical formula of $C_{33}H_{47}NO_{13}$ and a molecular weight of 665.75. Figure 1 shows the structural formula of NT.



Figure 1.1: Chemical structure of NT showing, (A) tetraene chromophore, (B) mycosamine moiety bound to the core by an ether linkage, and (C) carboxylic group.

NT is chemically classified as a tetraene antifungal due to the presence of four conjugated double bonds in its chromophore (**Figure 1.1**) (13). The tetraene chromophore (A) is a large 25-carbon lactone ring that is connected to a mycosamine moiety (B) by an ether linkage and contains a carboxylic group (C) (13). The tetraene chromophore is known to have an all-trans conformation and the mycosamine ring is pyranoid with a chair conformation (18, 19). The tetraene chromophore containing the 25-carbon lactone ring is essential for the antifungal activity and stability of NT. The four conjugated double bonds in the lactone central core impart the lipophilicity to the molecule whereas the hydroxylated backbone provides hydrophilicity to the molecule.

From **Figure 1.1**, it is evident that NT possesses one basic [(mycosamine) (B)] and one acidic [(carboxylic) (C)] group. The presence of these groups renders an amphoteric character to the molecule, meaning, NT would be electrophoretically neutral between pH values of approximately 5 to 9. The pKa of the amino group is about 8.6 whereas the pKa value for the

carboxyl group is reported to be around 4-4.5 (20). Hence, NT is present as a zwitterion with an isoelectric point at pH 6.5 (21).

The mycosamine and the carboxyl terminal of the NT molecule is very polar, while the opposite terminal is very non-polar (**Figure 1.1**). The terminal containing the unsaturated tetraene chromophore is rigid and completely hydrophobic whereas the hydroxylated side is relatively flexible. The presence of both hydrophilic and hydrophobic regions, renders NT an amphipathic chemical character (21). The hydroxyl groups and the zwitterionic carboxyl group contribute to the relative insolubility of NT in organic solvents and the presence of unsaturated tetraene chromophore contributes to the aqueous insolubility of NT (21).

NT solutions are stable at pH 5-9 when stored in the dark (13). At lower and higher pH, NT is known to undergo bond cleavage and saponification reactions, respectively, that lead to instability and loss in antifungal activity and potency (22). The solutions should be stored in dark, as NT is susceptible to photo-oxidation and photo-degradation via the cleaving of the chromophore via light absorption (23).

Mechanism of action

The exact mechanism of action of NT was unknown and was only elucidated in the past decade. NT is known to inhibit fungal cell growth by binding specifically to ergosterol without permeabilizing the fungal membrane (24). This mechanism is different from the other polyene antifungal drugs which are known to inhibit the fungal growth by binding to ergosterol and permeabilizing the membrane.

Ergosterol in fungal cells is responsible for an ordering effect on the membrane, thereby maintaining the fungal cell integrity, and is also involved in cellular morphogenetic fusion and fission processes including endocytosis, exocytosis, and vacuolar fusion (25-28). Binding of

ergosterol is attributed to interfering with latter processes without affecting the integrity, order, and/or permeability of the fungal cell membrane. This interference in the afore-mentioned processes is responsible for inhibiting the fungal cell growth.

NT enters the fungal cell (both, yeast and filamentous fungi) either by permeation across the fungal membrane or via endocytosis and inhibits the ergosterol-dependent membrane fusion and fission processes and endocytosis thereby eliciting cellular toxicity (29-33). It is particularly known to disturb the ergosterol mediated priming phase of vacuole fusion causing a fragmented vacuolar morphology, affecting the fungal cell growth (34-36). Inhibition of the fusion processes during the priming phase in the fungal cells has been attributed to being one the major modes of action responsible for NT antifungal activity. The priming phase consists of the re-arrangements of different protein complexes mediated by ergosterol and NT disturbs these protein re-arrangements by binding to ergosterol thereby hindering the ergosterol-dependent protein functions, leading to inhibition of fungal growth (34).

Furthermore, NT has been evidenced to affect the activity of ergosterol-dependent plasma protein transport complexes. NT has been shown to inhibit the activity of plasma proteins responsible for the transport of essential amino acids and sugars into the fungal cells such as arginine, proline, and glucose, amongst others (37-39). The cessation and/or inhibition in their import affects the fungal cell growth thereby eliciting antifungal activity (40).

Spectrum of activity

NT has a broad spectrum of antifungal activity against filamentous and a few nonfilamentous fungal species. NT has shown activity against *Aspergillus*, *Fusarium*, *Cephalosporium*, *Penicillium*, and *Candida* species. NT has demonstrated potent antifungal activity against 191 different isolates of *Aspergilli* species, with an average minimum inhibitory concentration (MIC) ranging from 5-40 μ g/mL; with the higher MIC values corresponding to more resistant fungal strains such as *Aspergillus parasiticus* (41). NT has exhibited a high potency in inhibiting the growth of *Aspergillus flavus*, *Aspergillus fumigatus*, and *Aspergillus niger* (41, 42). NT shows a potent *in-vitro* activity against *Fusarium* species with MIC ranging between 4-8 μ g/mL. This resulting MIC (4-8 μ g/mL) was for 20 clinically relevant strains of *Fusarium* responsible for fungal keratitis (43). NT has also shown sporicidal activity against a few *Aspergillus* and *Fusarium* fungal spores (41). NT has demonstrated antifungal activity against *Candida* species, albeit the potency and MIC varying widely. NT showed potent antifungal activity against *Candida albicans* at MIC values ranging from 1-2 μ g/mL and a weak activity against *Candida parasilopsis* at a MIC value as high as 150 μ g/mL (44, 45). NT has also shown activity against *Penicillium roquefortii*, *Penicillium rubrum*, and *Penicillium discolor* fungal species but was inactive against *Penicillium* spores (29, 41, 42). Potent antifungal activity against *Paecilomyces* and *Rhizopus* species with MIC values ranging from 2-6 μ g/mL, respectively, has also been reported (41).

Apart from activity against the afore-mentioned clinically relevant strains of fungal species causing keratitis; NT shows *in-vitro* antifungal activity against *Curvularia* species, *Microsporum* species, *Epidermophyton* species, *Blastomyces dermatitidis*, *Coccidioides immitis*, *Cryptococcus neoformans*, *Histoplasma capsulatum*, and *Sporothrix schenckii* at MIC values ranging between 1-25 μg/mL (46). **Table 1.1** summarizes the antifungal spectrum of NT.

Fungal species	MIC (µg/mL)	Reference
Aspergillus species	5-40	(41)
<i>Fusarium</i> species	4-8	(43)
Candida species	1-2	(44, 45)
0.1	1.05	(20, 41, 42, 47)
Others	1-25	(29, 41, 42, 46)
(Curvularia species,		
Microsporum species,		
Epidermophyton species,		
Penicillium species,		
Cephalosporium species,		
Paecilomyces species,		
Rhizopus species,		
Blastomyces dermatitidis,		
Coccidioides immitis,		
Cryptococcus neoformans,		
Histoplasma capsulatum, and		
Sporothrix schenckii)		

Table 1.1: Antifungal spectrum of NT.

Development of resistance

All antifungal agents are susceptible to the development of fungal resistance. In most of the cases the development of resistance is manifested as an increase or elevation in the MIC. However, in the case of NT, it is known that some species and strains, inherently have a low sensitivity. This is usually seen in the case of *Aspergillus* and *Candida* species like *Aspergillus parasiticus*, *Aspergillus flavus*, *Candida parapsilosis* and others, which owing to low sensitivity exhibit higher MICs (44, 45, 47, 48). This phenomenon has been attributed to a low concentration or poor access of NT to the ergosterol target in the fungal cell membrane (24, 29).

A study was performed by Streekstra et al., to observe and evaluate the development of antifungal resistance against NT (49). Twenty different fungal strains were selected which included fungal species that caused ocular infections such as *Fusarium solani*, *Fusarium oxysporum*, *Aspergillus terreus*, *Aspergillus fumigatus*, *Candida parapsilosis*, *Candida albicans*, *Candida krusei* amongst others. Upon prolonged exposure to NT, a marginal, statistically non-significant, increase in MIC (MIC range: 1.2-12.8 µg/mL versus 1.2-13.2 µg/mL) was observed. An increase in MIC was observed for the *Aspergillus* and *Candida* species but not for *Fusarium* species, which is consistent with all the reported data in literature (44, 45, 47-49).

However, even though there have been a few strains that have an innately low sensitivity towards NT, most of the filamentous fungal species such as *Fusarium*, and some *Aspergillus* strains, show susceptibility and no development of resistance, thereby maintaining the continued utility of NT in superficial fungal infections and/or fungal keratitis.

Ocular evaluations

Fusarium and *Aspergillus* are the most pre-dominant strains responsible for fungal keratitis. *Fusarium* is the most common causative fungal species for fungal keratitis in the US

followed by *Aspergillus* and *Candida* species (1, 45, 50). However, globally *Aspergillus* species is the major causative fungal organism responsible for ophthalmic fungal infections (45). Therefore, for evaluating the ocular antifungal effectiveness of NT in fungal keratitis, NT antifungal evaluations have been carried out on *Fusarium, Aspergillus*, and *Candida* species isolated from the eye.

In a study reported by Lalitha et al., the effectiveness of NT against 100 fungal (*Fusarium* and *Aspergillus*) isolates recovered from clinical cases of corneal keratitis were evaluated (47). The fungal species comprised of 41 *Fusarium* species, 32 *Aspergillus flavus*, 18 *Aspergillus fumigatus*, 5 *Aspergillus terreus*, and 4 *Aspergillus niger* isolates and the MIC values were 2-8 μ g/mL, 16-64 μ g/mL, 1-4 μ g/mL, 4-16 μ g/mL, and 2-4 μ g/mL, respectively. The results suggested that NT had good activity against both the species, with a higher MIC for *Aspergillus* species. Also, from a comparative evaluation of NT against amphotericin B, caspofungin acetate, itraconazole, voriconazole, and posaconazole on the fungal species isolated from corneal infections, it was concluded that NT was more effective than the other antifungal agents (51).

The results from the above-mentioned study are corroborated by a study undertaken by Xu et al., in which NT was found to be active against 136 *Fusarium (Fusarium solani, Fusarium moniliforme, Fusarium avenaceum*, and other complexes), 98 *Aspergillus (Aspergillus flavus, Aspergillus fumigatus, Aspergillus oryzae, Aspergillus versicolor,* and other complexes), and 10 *Alternaria* species (48). These isolates were obtained from ocular keratomycosis. The MIC values obtained for *Fusarium, Aspergillus,* and *Alternaria alternata* were 4-8 µg/mL, 4-32 µg/mL, and 4 µg/mL respectively. The MIC values towards the higher range of 4-32 µg/mL were observed for *Aspergillus fumigatus* and *Aspergillus oryzae*; corroborating the higher MIC values obtained for *Aspergillus species* in the study by Lalitha et al.

In a study reported by Wang et al., *Aspergillus* species isolated from clinical fungal keratitis showed higher MIC values for NT than *Fusarium* species, and the therapeutic outcome associated with *Aspergillus* species was inferior to the clinical therapeutic outcome associated with *Fusarium* species (52).

A comparative study by Xuguang et al., reported that NT was more effective, with 89.28% success rate, in comparison to other antifungal agents such as terbinafine, itraconazole, and fluconazole, with success rates of 68.58%, 38.18%, and 14.83%, respectively, against clinical isolates of *Fusarium* and *Aspergillus* species obtained from corneal infections (53).

In another study by Kalavathy et al., topical itraconazole (1%) was compared with topical natamycin (5%) for the treatment of filamentous fungal keratitis caused by *Fusarium*, *Aspergillus*, and *Curvularia* species (54). The study reported that the treatment outcomes for *Fusarium* associated keratitis was significantly better for NT than for itraconazole. However, the treatment outcomes were similar, between NT and itraconazole treatments, for *Aspergillus* and *Curvularia* species. This study also demonstrated the superior efficacy of NT in treating *Fusarium* ocular infections and suggested topical itraconazole as an alternative to topical NT therapy.

In another comparative study, comparing the clinical outcomes of treatment with topical NT and topical voriconazole for fungal keratitis caused by *Fusarium* species, a significant difference between the outcomes associated with both the therapies was not observed (10). However, in the voriconazole-treated cases perforation of the cornea was more likely to occur than the NT-treated cases.

In a study reported by Pradhan et al., it was found that NT demonstrated high MIC values (> 16 μ g/mL) against *Aspergillus flavus* isolated from advanced fungal keratitis; however, *Fusarium, Acremonium,* and dematiaceous fungal isolates from advanced fungal keratitis

remained sensitive to NT (MIC value range 1-8 μ g/mL). In spite of the lower MIC values, approximately 50% patients required keratoplasty indicating that NT is not effective in advanced or deep seated fungal keratitis in comparison to its potent antifungal activity and effectiveness in superficial fungal keratitis and/or corneal fungal infections (55). **Table 1.2** summarizes the ocular evaluations for NT that have been discussed in the previous section.

Group	Inference	
Lalitha et al.	NT was found effective against 100 fungal (<i>Fusarium</i> and <i>Aspergillus</i>) isolates recovered from clinical cases of corneal keratitis. Comparative evaluation of NT against amphotericin B, caspofungin acetate, itraconazole, voriconazole, and posaconazole on the fungal species isolated from corneal infections, concluded that NT was more effective than other antifungal agents.	(47, 51)
Xu et al.	NT was found to be active against 136 <i>Fusarium (Fusarium solani, Fusarium moniliforme, Fusarium avenaceum,</i> and other complexes), 98 <i>Aspergillus (Aspergillus flavus, Aspergillus fumigatus, Aspergillus oryzae, Aspergillus versicolor,</i> and other complexes), and 10 <i>Alternaria</i> species isolated from keratomycosis.	(48)
Wang et al.	Therapeutic outcome associated with <i>Aspergillus</i> species was inferior to the clinical therapeutic outcome associated with <i>Fusarium</i> species indicating a better efficacy of NT in treating <i>Fusarium</i> ocular keratitis.	(52)

 Table 1.2: Summary of ocular evaluations of NT.

Group	Inference	Reference
Xuguang et al.	NT was more effective with higher success rate in comparison to other antifungal agents such as terbinafine, itraconazole, and fluconazole against clinical isolates of <i>Fusarium</i> and <i>Aspergillus</i> species obtained	(53)
	from corneal infections.	
Kalavathy	NT is effective in treating Fusarium, Aspergillus, and Curvularia	(54)
et al.	ocular infections and provides topical itraconazole as an alternative to	
	topical NT therapy.	
Prajna et	Outcomes associated with NT and voriconazole therapy in Fusarium	(10)
al.	keratitis were similar; however, voriconazole-treated cases had higher	
	chances of corneal perforations than the NT-treated cases.	
Pradhan	NT is not effective in advanced or deep-seated fungal keratitis in	(55)
et al.	comparison to its potent antifungal activity and effectiveness in	
	superficial fungal keratitis and/or corneal fungal infections.	

Marketed natamycin formulation: Natacyn[®]

Currently, NT topical ophthalmic suspension – Natacyn[®] is the only FDA approved antifungal agent that is being used in treating the ocular fungal infections. Natacyn[®] is indicated in the treatment of fungal blepharitis, conjunctivitis, and keratitis caused by fungal species such *Fusarium solani* and other filamentous type (56). The use of Natacyn[®] has not been indicated in deeper fungal infections of the eye such as endophthalmitis due to the inability of Natacyn[®] to produce effective concentrations in the intraocular fluids upon topical administration (56). Hence,

Natacyn[®] is used in treating the fungal infections of the cornea and associated layers because topical application of Natacyn[®] leads to effective NT concentration within the corneal stroma. **Table 1.3** details the pharmaceutical attributes and therapeutic regimen for Natacyn[®].

Feature	Details
Dosage form	Natamycin ophthalmic suspension (5% w/v)
Dosage composition	Active: NT 5% w/v;
	Preservative: benzalkonium chloride 0.02% w/v;
	Inactive: sodium hydroxide and/or hydrochloric acid
	(neutralized to adjust the pH to 5-7.5), and purified water.
Dosage and administration	Fungal keratitis: one drop instilled in the conjunctival sac at
	hourly or two-hourly intervals for first 3 to 4 days and then
	reduced to one drop 6 to 8 times daily for 14 to 21 days.
	Fungal blepharitis and conjunctivitis: less frequent dosage
	applications (about 4 to 6 times daily).
Supply	Supplied as a suspension in a 15 mL amber glass bottle with a
	flint glass dropper.
Storage	To be refrigerated and not frozen. Exposure to light and
	excessive heat should be avoided.

Table 1.3: Pharmaceutical features and therapeutic regimen for Natacyn[®].

The average Natacyn[®] therapy generally lasts for 14 to 21 days and if the medication fails to improve the symptoms of keratitis after 7 to 10 days then Natacyn[®] therapy needs to be clinically re-evaluated and additional laboratory tests need to be undertaken. Fungal infection due to non- or

less-susceptible fungal species is one of the most common reasons for the failure of Natacyn[®] therapy (56). The use of Natacyn[®] is generally not recommended for pediatric population, pregnant women, and nursing mothers due to the lack of clinical studies in establishing the safety, tolerability, and efficacy of Natacyn[®] in the afore-mentioned special category of population (56). The commonly reported adverse events for Natacyn[®] are allergic reactions, changes in vision, chest pain, corneal opacity, dyspnea, eye discomfort, eye edema, eye hyperemia, eye irritation, eye pain, foreign body sensation, paresthesia, and tearing (56). These adverse events are common to several ophthalmic medications and occur on prolonged continuation of the therapy.

Natacyn[®] has demonstrated better efficacy and success rates in treating fungal infections of the eye, according to a systematic review and meta-analyses of all the fungal keratitis reports and database, undertaken by Qiu et al (57). Due to the efficacy of Natacyn[®] in treating the fungal infections in the eye due to *Fusarium* and other filamentous fungi, Natacyn[®] has been the front-line therapy in the management of superficial ocular fungal infections.

Pharmaceutical considerations of natamycin

NT is only available as an aqueous ophthalmic suspension, and not as a solution, because of the challenges associated with its formulation as an ophthalmic solution such as limited aqueous solubility of NT, formation of lumps and agglomerates of NT powder, chemical instability of NT in aqueous solution, and susceptibility of NT solutions to bacterial growth (58). Hence, suspension eye-drops was chosen for the therapeutic delivery of NT at the fungal infection site. The suspension consists of a pH adjusted aqueous environment (**Table 1.3**) to ensure the chemical stability of NT – without its degradation and/or inactivation. Additionally, benzalkonium chloride is added to the suspension to prevent the growth of bacteria in the formulation (NT is susceptible to bacterial growth) (58).

A preservative (benzalkonium chloride) free formulation of NT is also available in some countries (Poland, Turkey, the Netherlands, Ireland, Czech Republic), other than the US, under the label Pimafucin[®]. It is available as a single dose suspension that is used for medical purposes such as oral fungal infections (59). Pimafucin[®], like Natacyn[®], has its pH adjusted to 5.5-7.5 to prevent the inactivation of NT (58).

In a patent filed by Noordam et al, it has been reported that a chemically and microbially stable suspension of NT (> 14 days) could be prepared without using any preservatives, by using a specific pH range and thickening agents (methylcellulose, xanthan gum, carrageenan gum, Arabic gum and combinations) (58). However, the pH range that was found to be suitable, was lower than 5.

To further improve and enhance delivery of NT to the eye, various formulation strategies and/or alternative dosage forms have been studied and evaluated. Use of cyclodextrins along with NT has been extensively studied and cyclodextrin complexes of NT demonstrated improved transcorneal penetration with an equivalent antifungal effectiveness in comparison to the marketed formulation (60, 61). In a study reported by Chandasana et al., poly-d-glucosamine (PDG) functionalized polycaprolactone (PCL) nanoparticles of NT were prepared for targeting corneal mycotic keratitis (62). The nanoparticulate formulation showed a sustained released of NT up to 8 hours and its antifungal potency was similar to the marketed formulation. It was found that the optimized formulation could be dosed every 5 hours (instead of the conventional every two-hour dosing) to maintain NT levels in the therapeutic range. In another study by Bhatta et al., NT encapsulated within lecithin-chitosan mucoadhesive nanoparticles demonstrated improved pharmacokinetic profiles such as higher concentration, greater area under curve, and lower clearance in the lachrymal fluid and at the pre-corneal sites in comparison to the marketed NT suspension (63). In yet another evaluation by Paradkar et al., NT niosome loaded *in-situ* gel could sustain the NT release up to 24 hours in comparison to the marketed formulation with a significantly higher trans-corneal penetration (64). However, all these studies report on the development of novel ocular carriers for NT and evaluate their effectiveness at the pre-corneal site (in terms of pharmacokinetic parameters) but do not investigate the ocular biodistribution of NT from their carriers; thereby, not completely elucidating their potential superiority/advantages over the marketed suspension.

1.2. CHALLENGES IN CURRENT NATAMYCIN THERAPY

Natamycin (Natacyn[®]) suspension has been the first choice in treating superficial fungal infections of the eye such as fungal keratitis, blepharitis, and conjunctivitis. It has been one of the front-line agent due to the potent antifungal activity against the *Fusarium* and *Aspergillus* species, which are the major causative fungal organisms for ophthalmic fungal infections, in addition to having lower toxicity and side-effect incidences than the other antifungal agents (8-10). However, one of the major challenges associated with the marketed NT suspension is the low ocular bioavailability ($\approx 2\%$) through the topical route, that necessitates repeated applications (initially given every hour/two-hours and then tapered to 6-8 times a day) to achieve therapeutic concentrations, which is one the prime factors that is responsible for the reduction in patient compliance (2, 3, 5, 65). In many cases, concomitant oral or systemic administration of NT or another antifungal agent, in addition to its topical application, is frequently done (65). Although this co-administration provides good therapeutic outcomes, it is associated with the manifestation of ocular and systemic toxicities and an increase in the cost of therapy.

1.3. OBJECTIVE

The overall objective of this research project was to overcome the challenges associated with the current NT suspension therapy, by designing and investigating alternative dosage forms for the therapeutic delivery of NT to the eye to improve and enhance the retention, penetration, and bioavailability of NT at the ocular site in the treatment of ocular fungal infections such as fungal keratitis, fungal endophthalmitis, blepharitis, and conjunctivitis.

1.4. SPECIFIC AIMS

- Design and optimize a surface modified PEGylated nano-lipid carrier system (NT-PEG-NLCs) for ocular drug delivery of NT and compare their efficacy with the marketed NT formulation (Natacyn[®]), *in vitro* and *in vivo*.
 - Optimize NT-loaded PEGylated nano-lipid carrier system (NT-PEG-NLC) using Design of Experiment approach using a Box-Behnken Design,
 - ii. Evaluate physicochemical characteristics of the NT-PEG-NLCs,
 - iii. Demonstrate four-week stability of the optimized system,
 - iv. Evaluate permeation enhancing effect of the NT-PEG-NLCs across excised rabbit corneas,
 - v. Develop a LC-MS/MS technique for the rapid quantification of NT from biosamples, and
 - vi. Evaluate ocular biodistribution of NT-PEG-NLCs in Male New Zealand White Rabbits.
 - 2. Develop and optimize a carboxyvinyl polymer-guar gum-borate gelling system containing NT-PEG-NLCs (NT-PEG-NLC-GEL), evaluate their *in vitro* and *in vivo* performance and
compare it with Natacyn[®] to delineate the feasibility of carboxyvinyl polymer-guar gumborate gelling system as an alternative to the marketed suspension in ocular fungal infections (OFI).

- i. Optimize NT-PEG-NLC)-GEL using Design of Experiment approach using a Factorial Design,
- ii. Evaluate physicochemical characteristics of the NT-PEG-NLC-GEL,
- iii. Evaluate permeation enhancing effect of the NT-PEG-NLC-GEL across excised rabbit corneas and compare it to NT-PEG-NLCs and Natacyn[®],
- iv. Evaluate pre-corneal tear pharmacokinetics of NT-PEG-NLC-GEL in Male New Zealand White Rabbits and compare it to NT-PEG-NLCs and Natacyn[®], and
- v. Evaluate ocular biodistribution of NT-PEG-NLC-GEL in Male New Zealand White Rabbits and compare it to NT-PEG-NLCs and Natacyn[®].
- 3. Design and optimize NT based films (NT-film) and compare their efficacy with the marketed NT suspension (Natacyn[®]), *in vitro* and *in vivo*.
 - Optimize NT-loaded films (NT-film) using Design of Experiment approach using a Central Composite Design,
 - ii. Evaluate physicochemical characteristics of NT-films,
 - iii. Evaluate permeation of the optimized NT-film across excised rabbit corneas and compare it to Natacyn[®],
 - iv. Evaluate pre-corneal tear pharmacokinetics of optimized NT-film in Male New Zealand White Rabbits and compare it to Natacyn[®]

Chapter 2

Formulation Development, Optimization, and *In vitro – In vivo* Characterization of Natamycin Loaded PEGylated Nano-lipid Carriers for Ocular Applications

Abstract:

Current study aimed at formulating and optimizing natamycin (NT) loaded PEGylated NLCs (NT-PEG-NLCs) using Box-Behnken Design and investigating their potential in ocular applications. Response surface methodology (RSM) computations and plots for optimization were performed using Design Expert[®] software, to obtain optimum values for response variables based on the criteria of desirability. Optimized NT-PEG-NLCs had predicted values for the dependent variables not significantly different from the experimental values. NT-PEG-NLCs were characterized for their physicochemical parameters; NT's rate of permeation and flux across rabbit cornea was evaluated, *in vitro*; ocular tissue distribution was assessed in rabbits, *in vivo*. NT-PEG-NLCs were found to have optimum particle size (< 300 nm) narrow PDI, high NT entrapment and NT content. *In vitro* transcorneal permeability and flux of NT from NT-PEG-NLCs was significantly higher than Natacyn[®]. NT-PEG-NLC (0.3%) showed improved delivery of NT across the intact cornea and provided concentrations statistically similar to the marketed suspension (5%) in inner ocular tissues, *in vivo*, indicating that it could be a potential alternative to the conventional suspension during the course of fungal keratitis therapy.

3.1. INTRODUCTION

Fungal infections of the eye are serious clinical concerns and can lead to vision loss (50, 66-68). According to an analysis by Collier et al in *Morbidity and Mortality Weekly Report* for Centers for Disease Control and Prevention, incidence rates for keratitis were the highest amongst all the ocular infections, with an estimated 930,000 visits to doctor's office and outpatient clinics and about 58,000 emergency department visits annually with about 76.5% of keratitis visits requiring drug prescriptions (50). Episodes of keratitis and other ocular corneal infections approximated \$175 million in direct health care expenditures, that included \$58 million for Medicare patients and \$12 million for Medicaid patients annually in the United States.

Natamycin (NT) has been one of the forerunners in ocular antifungal pharmacotherapy, especially in the management of fungal keratitis (69). It has been used as a first line antifungal agent because of its action against filamentous fungi causing ocular fungal infections (OFI) and better ocular safety/tolerability compared to the other antifungal agents (3). However, one of the major challenges associated with NT is that, intravenous and subconjunctival injections do not lead to therapeutic concentrations in the eye (57). Upon topical application, NT shows low retention and a bioavailability (BA) of only 2%, necessitating frequent administration (initially given every hour/two-hours and then tapered to 6-8 times a day) (65). In many cases, concomitant oral or systemic administration of NT or another antifungal agent, in addition to its topical application, is frequently required (65). Although this co-administration provides good therapeutic outcomes, it is associated with the manifestation of ocular and systemic toxicities and an increase in the cost of therapy.

Currently, NT is the only commercially available topical agent (Natacyn[®] eye drops), used for the treatment of OFI. However, as previously mentioned, these eye drops are associated with two major challenges; the first being low retention and BA and the second being low penetration into the inner ocular tissues (57, 70). This necessitates the re-formulation of NT as a different dosage form to harness its antifungal activity whilst overcoming the challenges associated with its delivery as eye-drops.

In search of alternative strategies for the delivery of NT, nano-lipid carriers (NLCs) were evaluated since, they are known to enhance both BA and penetration of drugs into deeper tissues (71-73). Surface modified NLCs with polyethylene glycol (PEG-NLCs) have shown enhanced penetration, improved BA with lower toxicity profiles, and better stability upon storage, in comparison to the normal NLCs (74-78). This has been abundantly evidenced in the delivery of anti-cancer drugs in cancer chemotherapy. Therefore, in the current study we sought to formulate and optimize NT loaded PEGylated NLCs (NT-PEG-NLCs) using Box-Behnken Design and evaluate and compare their efficacy with the marketed NT formulation (Natacyn[®]), *in vitro* and *in vivo*.

3.2. MATERIALS AND METHODS

Chemicals

NT was purchased from Cayman Chemicals (Ann Arbor, MI, USA). N-(Carbonylmethoxypolyethylenglycol-2000)-1,2-distearoyl-sn-glycero-3-phosphoethanolamine sodium salt (mPEG-2K-DSPE sodium salt) was purchased from Lipoid (Ludwigshafen, Germany). Precirol[®] ATO 5 was a generous gift from Gattefossé (NJ, USA). Castor oil, Tween[®] 80, Span[®] 80, poloxamer 188, and glycerin were all purchased from Acros Organics (NJ, USA).

Methods

Screening of lipid excipients

NLCs are composed of solid and liquid lipids; hence, to select the most optimum solid and liquid lipids for the NT-PEG-NLCs a lipid screening study was undertaken. Three solid lipids (Compritol[®] 888 ATO, Precirol[®] ATO 5, and Glyceryl monostearate) and nine liquid lipids (castor oil, olive oil, soybean oil, sesame oil, Maisine[®] CC, Labrafac[®] Lipophile WL 1349, oleic acid, Miglyol[®] 829, and Captex[®] 355 EP) were screened. Briefly, 100 mg of NT was added to 100 mg of the molten lipid ($80 \pm 2^{\circ}$ C; under continuous magnetic stirring at 2000 rpm for 10 mins) and the NT-lipid mix was cooled. All the NT-lipid mixes were then microscopically observed for the precipitation of NT and the lipids which did not show any precipitation were selected. Precirol[®] ATO 5 and castor oil were found to be the most suitable lipids in which NT showed no precipitation.

Experimental design

Box-Behnken design was employed in the experimental design where the amount of castor oil, Precirol[®] ATO 5, Span[®] 80, and high-pressure homogenization (HPH) time were varied at three levels as hypothesized by the design. In the given study, the above-mentioned four factors were taken as the independent factors (coded as A, B, C, and D, respectively at three different levels), whereas, formulation characters such particle size, polydispersity index (PDI), % drug entrapment, and % drug loading (DL) were considered as the response variables (dependent variables). **Tables 2.1 and 2.2** provide the details on the Box-Behnken experimental design employed in this study.

Table 2.1: Independent factors and dependent variables with their coded levels of Box-

Factors	Coded levels		
Independent factors	Level 1	Level 2	Level 3
A: Precirol [®] ATO 5 (mg)	150	300	450
B: castor oil (mg)	100	150	200
C: Span [®] 80 (mg)	0	20	40
D: HPH time (mins)	5	10	15
Dependent variables	Constraints		
Y ₁ : Particle size	Optimum (< 300 nm)		
Y ₂ : PDI	Minimum		
Y ₃ : % entrapment	Maximum		
Y4: % DL	Maximum		

Behnken design.

 Table 2.2: Box-Behnken design for the experiment.

Run	Precirol [®] ATO 5	castor oil	Span [®] 80	HPH Time
	(mg)	(mg)	(mg)	(mins)
	(A)	(B)	(C)	(D)
1	300	100	0	10
2	150	150	40	10
3	450	100	20	10
4	300	200	0	10
5	300	200	20	5

Run	Precirol [®] ATO 5	castor oil	Span [®] 80	HPH Time
	(mg)	(mg)	(mg)	(mins)
	(A)	(B)	(C)	(D)
6	450	150	0	10
7	300	100	20	15
8	300	150	40	5
9	150	150	0	10
10	450	150	20	5
11	450	150	20	15
12	150	150	20	5
13	300	100	40	10
14	300	100	20	5
15	450	150	40	10
16	300	200	40	10
17	300	150	0	15
18	300	150	40	15
19	150	100	20	10
20	300	150	20	10
21	150	150	20	15
22	300	200	20	15
23	300	150	0	5
24	450	200	20	10
25	150	200	20	10

The general form of the model generated from the design is given below,

$$Y = \beta_0 + \beta_1 A + \beta_2 B + \beta_3 C + \beta_4 D + \beta_5 A B + \beta_6 A C + \beta_7 A D + \beta_8 B C + \beta_9 B D + \beta_{10} C D + \varepsilon$$

where β_0 , the intercept, is the arithmetic average of all quantitative outcomes of 25 experimental runs, β_1 - β_{10} are the coefficients computed from the observed experimental values of Y, and A, B, C, and D, are the coded levels of the independent factors. The A, B, C, and D terms indicate the average result of changing one factor at a time from its low to high value. The interaction terms (AB, AC, AD, BC, BD, and CD) suggest the response changes when two factors are changed simultaneously. The equation aids in understanding the effect of the independent factor/s on the response variables after considering the intensity of coefficient and the mathematical sign it carries, that is, positive or negative. A positive sign indicates additive effect. Statistical validity was established based on ANOVA provided in the Design-Expert[®] software, with level of significance considered at p < 0.05.

Formulation optimization

Response surface methodology (RSM) computations including 3-dimensional (3D) RSM, interaction, and contour plots for the formulation optimization was performed using Design-Expert[®] software (8.0.7.1), to obtain optimum values of the response variables based on the criteria of desirability (**Table 2.1**). The optimum variables were used to prepare the suggested optimum formulation; the predicted and experimental values for the suggested formulation were then compared to validate the chosen experimental design and the models.

Preparation of NT-PEG-NLCs

The NT-PEG-NLCs were prepared by the hot homogenization method. An aqueous phase was prepared using surfactants such as poloxamer 188 (0.25% w/v), Tween[®] 80 (0.75% w/v) and glycerin (2.25% w/v) in de-ionized water, was heated and added to the molten lipid phase under

stirring form a premix (2000 rpm, 5 min). The lipid phase consisted of NT (0.3%), Precirol[®] ATO 5, castor oil, Span[®] 80, and mPEG-2K-DSPE sodium salt. The premix was then emulsified at 16,000 rpm for 5 mins using T 25 digital Ultra-Turrax to form a hot pre-emulsion. The pre-emulsion obtained was subjected to HPH (15,000 psi) using thermostated Emulsiflex C5 (Avestin[®]) resulting in the formation of hot emulsion dispersion. The temperature during the entire process was maintained at $80 \pm 2^{\circ}$ C. The hot emulsion obtained was cooled to room temperature to form the NT-PEG-NLCs.

Particle size and PDI

The hydrodynamic radius and PDI of the NT-PEG-NLC formulations were determined by photon correlation spectroscopy using a Zetasizer Nano ZS Zen3600 (Malvern Instruments, Inc.) at 25°C and with 173° backscatter detection in disposable folded capillary clear cells. The measurements were obtained using a helium-neon laser and the particle size analyses data was evaluated based on the volume distribution. Briefly, ten microliters of the sample was diluted to 1000 μ L using de-ionized water and the particle size and PDI was measured.

Morphological characteristics using Scanning Tandem Electron Microscopy (STEM)

A 20 μ L drop of sample was placed on a sheet of clean parafilm. A freshly glow discharged 200 mesh copper grid coated with a thin carbon film was floated, film side down on the drop of sample. After 30 seconds the grid was removed from the drop and excess sample was removed by touching a piece of filter paper to the edge of the grid. Before complete drying, the grids were placed sample side down on a drop of ultra-pure water, immediately removed, excess water was removed and the grid, sample side down, was placed on a drop of 1% uranyl acetate. After 1 min, the grid was removed from the drop and excess stain was removed. The grid with sample was dried

completely before examination in a Zeiss Auriga[®] operating in STEM mode at 30kV (studies performed at The University of Tennessee, Knoxville).

Powder X-ray diffraction (PXRD) analysis

A qualitative PXRD was done (studies performed at Campbell University, North Carolina) to examine the physical state of NT in the formulated NT-PEG-NLC. The X-ray powder diffraction patterns of the samples were recorded with the Rigaku Ultima IV X-ray diffractometer using Ni-filtered, CuK α radiation generated at 40 kV, and a current intensity of 44 mA. The diffraction angle range of the instrument was operated over a range of 20 angles from 5° to 50°.

Physio-chemical stability

Physical and chemical stability of the optimized formulation was evaluated by analyzing the changes in particle size, PDI, assay and % entrapment efficiency upon storage at 4°C and 25°C for a period of one month.

Natamycin content (assay), entrapment and load

Assay: An accurately measured amount of NT-PEG-NLC (10 μ L) was extracted in methanol (990 μ L), since, NT is soluble in methanol. The methanol-formulation mixture was then centrifuged at high speed (13,000 rpm, 15 mins) and the resulting supernatant was analyzed for NT content using HPLC method. The NT drug content (assay) was utilized in the determination of the % of NT entrapped in the nanoparticles.

Entrapment: A measured amount of NT-PEG-NLC formulation (500 μ L) was taken and placed in the centrifugal filter (100 kDa) and the sample was centrifuged at a high speed (13,000 rpm, 15

mins), following which the filtrate was collected and analyzed for free NT content. Percentage NT entrapped was calculated using the formula,

% entrapment

$= \frac{(Amount of drug determined in assay - Amount of untrapped drug) * 100}{Amount of drug weighed}$

Loading: The amount of NT load in the NT-PEG-NLC formulation was determined by the following formula,

%
$$drug \ load = \frac{Amount \ of \ drug \ entrapped}{Total \ lipid \ content} \times 100$$

Analysis of in vitro samples: NT was quantified using a validated HPLC method reported in literature (79). The HPLC system consisted of a Waters 717 plus auto-sampler coupled with a Waters 2487 Dual λ Absorbance UV detector, a Waters 600 controller pump, and an Agilent 3395 Integrator. The mobile phase consisted of a mixture of phosphate buffer (0.2 M, pH 5.5) and acetonitrile (70:30) with flow rate of 1 mL/min. A C18 Phenomenex Luna[®] (5 μ , 250 x 4.6 mm) column was used. The temperature for the analyses was 25°C, the injection volume was 20 μ L, and the UV detection wavelength was set to 304 nm at AUFS 1.00.

In vitro trans-corneal permeation

Transmembrane permeability of NT from NT-PEG-NLC formulation was evaluated across isolated rabbit cornea (Pel-Freez Biologicals[®]) using vertical diffusion cells (PermeGear[®], Inc.). To compare and evaluate the effect of PEGylation, NT-NLCs without the PEG component were prepared and their transmembrane corneal permeability was assessed (1.5% w/v of PEG was replaced by 1.5% w/v of Precirol[®] ATO 5; NT load was kept constant at 0.3% w/v).

The cornea was clamped in between the two half-cells with the epithelial surface facing upwards toward the half-cell with less volume (i.e., the donor cell containing the formulations). Natacyn[®] (5% w/v), NT-PEG-NLCs (0.3% w/v), and NT-NLCs (0.3% w/v) were used as donor formulations; 5% Natacyn[®] was diluted using Dulbecco's phosphate-buffered saline (DPBS) to 0.3% w/v to dose normalize all three formulations. Five mL of 2.5% solution of randomly methylated- β -cyclodextrin (RMBCD) in DPBS was used in the receiver compartment. The contents of the receiver chamber were stirred continuously with a magnetic stirrer. Aliquots (200 µL) were withdrawn from the receiver chamber at predetermined time points and replaced with an equal volume of 2.5% w/v RMBCD in DPBS. The study duration was 3 h. The concentration of NT in the receiver chamber solution was determined using the HPLC analyses method for *in vitro* samples described above.

In vivo ocular biodistribution studies

In vivo bioavailability of NT was determined in Male New Zealand White Albino Rabbits, weighing between 2 and 2.5 kg, procured from Charles River Labs. All the animal studies conformed to the tenets of the Association for Research in Vision and Ophthalmology statement on the use of animals in ophthalmic vision and research and the University of Mississippi Institutional Animal Care and Use Committee approved protocols. The NT formulations, namely the NT-PEG-NLC, NT-NLC, and Natacyn[®] (0.3% and 5%), were evaluated in conscious rabbits, *in vivo* (n = 4). All the above NT topical formulations (100 µL) were given as two doses (50 µL), every 2 hours for a 6-hour time period (t = 0, 2, and 4 hours). Two hours after the third instillation at t = 6 hours, the rabbits were anesthetized using a combination of ketamine (35 mg/kg) and xylazine (3.5 mg/kg) that was injected intramuscularly. The rabbits were euthanized with an overdose of pentobarbital injected through a marginal ear vein. The eyes of the rabbits were then

enucleated and washed thoroughly with IPBS and the intraocular tissues such as, cornea, irisciliary body (ICB), aqueous (AH) and vitreous (VH) humors were separated.

A protein precipitation technique was employed to determine the amount of NT in the ocular tissue homogenates. Briefly, the solid tissues: cornea and ICB (were cut into small pieces) and the liquid tissues: AH and VH (taken as they were) were taken and ice-cold methanol was added (0.6 mL) to precipitate proteins from each individual tissue. The supernatant was then collected via centrifugation for 0.5 h at 13,000 rpm prior to the analyses.

Quantification of NT was performed using standard calibration curves constructed from various ocular tissues, such as the cornea (0.6–131.1 ng/mL), the ICB (0.6–65.5 ng/mL), the AH (2–400 ng/mL), and the VH (2–400 ng/mL), using the LC-MS/MS method. All the standard curves had a coefficient of determination $r^2 \ge 0.96$. The extraction recovery (extraction efficiency) of NT was higher than 95% for cornea, ICB, and AH whereas was about 82% for VH. The process efficiency was higher than 90% for all the tissues. Interference was not observed from co-eluted protein residues with respect to NT peaks in any of the tissues. The limit of detection (LOD) for various ocular tissues was determined and corresponded to 0.13 ng/mL for all the four tissues.

Quantification of NT in the biosamples

For quantification of NT in the *in vivo* samples, a Waters Xevo TQ-S triple quadrupole tandem mass spectrometer with an electrospray ionization source, equipped with the ACQUITY UPLC[®] I-Class System were used (Waters Corporation, Milford, MA, USA). Data acquisition was performed with Waters Xevo TQ-S quantitative analysis TargetLynx software and data processing was executed with MassLynx mass spectrometry software. Separation operations were accomplished using a C18 column (Acquity UPLC[®] BEH C18 100 mm×2.1 m, 1.7µm particle size). The mobile phase consisted of water (A), and acetonitrile (B) both containing 0.1 % formic

acid at a flow rate of 1.0 mL/min with a gradient elution as follows: 0 min, 98 % A/2 % B held for 0.2 minutes and in next 2.3 min to 100% B. Each run was followed by a 1-minute wash with 100 % B and an equilibration period of 2 minutes with 98 % A/2 % B. The column and sample temperature were maintained at 50°C and 10°C, respectively. The effluent from the LC column was directed into the ESI probe. Mass spectrometer conditions were optimized to obtain maximal sensitivity. The following conditions were used for the electrospray ionization (ESI) source: source temperature 150°C, desolvation temperature 600°C, capillary voltage 3.0 kV, cone voltage 40 V, nebulizer pressure, 7 bar and nebulizer gas 1100 $L \cdot h^{-1} N_2$. Argon was used as the collision gas. The collision energies were optimized and ranged from 10 to 15 eV for individual analytes. Instrument control and data processing were performed by using MassLynx software (version 4.1, Waters, Milford, MA, USA). Mass spectra were acquired in positive mode and multiple reaction monitoring (MRM) mode. The multiple reaction monitoring (MRM) mode was applied to monitor the transitions of quantifier ion to qualifier ions (the precursor to fragment ions transitions) of m/z $666.2 \rightarrow m/z$ 467.2, 485.2, 503.2 for natamycin, m/z 924.4 $\rightarrow m/z$ 107.5, 743.2, 761.4 for amphotericin B. Amphotericin B was used as the internal standard. Confirmation of compounds was achieved through three fragment ions.

Statistical analyses

Data is represented as the mean \pm standard deviation, for a minimum of three independent experimental runs. Statistical comparisons of the means were performed using one-way analysis of variance (ANOVA) or Student's t-test. The differences were considered to be significant when the p-value was < 0.05.

3.3. RESULTS

Lipid screening study

The results observed from solid and liquid lipid screening are presented in **Table 2.3**. On the bases of the following results, castor oil, and Precirol[®] ATO 5 were chosen as the lipids for the preparation of NT-PEG-NLCs and NT-NLCs.

Table 2.3: Results from solid and liquid lipid screening (Drug and lipids added in 1:1ratio $80 \pm 2^{\circ}$ C; under continuous magnetic stirring at 2000 rpm for 10 mins).

Solid/liquid	Lipid	Solubility
	glyceryl monostearate	(-)
Solid lipids	Precirol [®] ATO 5	(+)
	Compritol [®] 888 ATO	(-)
	castor oil	(+)
	olive oil	(-)
Liquid lipid	sesame oil	(-)
	soybean oil	(-)
	oleic acid	(-)
	Labrafac [®] Lipophile WL 1349	(-)
	Maisine [®] CC	(-)
	Miglyol [®] 829	(-)
	Captex [®] 355 EP	(-)

(+): NT is soluble in the lipid melt and does not precipitate on cooling; (-): NT is either soluble in the lipid but precipitates on cooling or is insoluble in the lipid.

Formulation development and optimization using Box-Behnken method

The 25 NT-PEG-NLC formulations that were prepared according the Box-Behnken design were analyzed for particle size, PDI, % NT entrapment, and % DL. Design Expert[®] software was used to study the effect of content of lipids (castor oil and Precirol[®] ATO 5), Span[®] 80, and HPH time (independent factors) on the above-mentioned responses (particle size, PDI, % entrapment, and % DL). The extent of the effect of the independent factors on the response variables was determined using the regression analyses and plots that provided RSM analyses. **Tables 2.4 and 2.5** elucidate the results of the regression analyses and **Figures 2.1-2.3** display the 3D RSM, interaction, and contour plots, respectively.

 Table 2.4: Summary of regression analyses performed by Design Expert[®] software for

 evaluating the effects of independent factors on the response variables.

Response	Model	Model F-value	Degree of	$\mathbf{R}^2 \mathbf{v}$	alues
variable			freedom	R ²	Adjusted
					R ²
Particle size	2FI	5.27	6	0.6372	0.5163
PDI	2FI	NA	NA	NA	NA
% entrapment	2FI	6.75	4	0.5746	0.4895
% DL	2FI	15.36	4	0.7544	0.7053

Response	Independent	p-value	Final equation in terms of coded	
variables	factors that		factors fitted in 2FI model	
	affect the			
	response			
	variable			
	significantly			
Particle size	А	0.0058	Particle size	
	D	0.0338	= 231.07 + 28.48 * A + 14.55 * B -	
	AD	0.0256	3.43*C - 20.928*D - 38.38*AD -	
	BC	0.0114	44.45*BC (Equation 1)	
% entrapment	А	0.0046	% entrapment	
	В	0.0268	= 91.29 - 16.07 * A + 12.03 * B +	
	D	0.0401	11.04*D – 21.86*BD (Equation 2)	
	BD	0.0209	_	
% DL	А	< 0.0001	% DL	
	BD	0.0435	= 5.89 - 2.92 * A + 0.08 * B +	
			0.73*D – 1.49*BD (Equation 3)	

 Table 2.5: ANOVA for Response Surface Reduced 2FI Model.

A: Precirol[®] ATO 5; B: castor oil; C: Span[®] 80; D: HPH Time; AD: interaction between

Precirol[®] ATO 5 and HPH Time; BD: interaction between castor oil and HPH Time; BC: interaction between castor oil and Span[®] 80.



Figure 2.1: RSM, interaction, and contour plots showing the effect of Precirol[®] ATO 5, castor oil, Span[®] 80, and HPH time on particle size and plot between the observed and predicted values of particle size.



Figure 2.2: RSM, interaction, and contour plots showing the effect of castor oil and HPH time on % entrapment and plot between the observed and predicted values of % entrapment.



Figure 2.3: RSM, interaction, and contour plots showing the effect of castor oil and HPH time on % DL and plot between the observed and predicted values of % DL.

The optimum formulation was generated by the numerical optimization technique following desirability approach using the Design Expert[®] software. The output for the most

desirable formulation for NT-PEG-NLCs generated by the software is given in **Table 2.6**. **Table 2.6** also enlists the predicted values for the responses and the values that were observed experimentally for the most suitable formulation that had a desirability of 0.9835.

 Table 2.6: Composition of the most desirable formulation obtained by Design Expert[®]

 software with predicted and experimental values.

Formulation composition of the	Predicted values	Experimental values
most desirable formulation		
NT (0.3% w/v)	Particle size: 225.01	Particle size: 241.96
castor oil (1% w/v)	PDI: 0.410	PDI: 0.406
Precirol [®] ATO 5 (1.5% w/v)	% entrapment: 100.00	% entrapment: 95.35
mPEG-2K-DSPE sodium salt	% DL: 7.96	% DL: 6.45
(1.5% w/v)	Desirability: 0.9835	NT content: 97.85%
Span [®] 80 (0.11% w/v)		
poloxamer 188 (0.25% w/v)		
glycerin (2.25% w/v)		
Tween [®] 80 (0.75% w/v)		

Morphological characterization using STEM

Figure 2.4 depicts the morphology of the NT-PEG-NLC which was found to be spherical upon STEM imaging with particle size in the range of 200 - 250 nm.



Figure 2.4: STEM image for the optimized NT-PEG-NLC formulation.

Powder X-ray diffraction (PXRD) analysis

Figure 2.5 represents the PXRD stacked plots. The PXRD plots revealed the absence of characteristic NT peaks at 2 Θ values of 11.95, 15.25, 16.80, and 17.81 in the NT-PEG-NLC (highlighted within black circles).



Figure 2.5: PXRD plots for B-NLC (PEG-NLC without NT), NT, and NT-PEG-NLC.

Physio-chemical stability

The optimized formulation did not show any particle aggregation upon visual inspection, until 4 weeks at both the temperature conditions. From **Figure 2.6** it can be concluded that the NT-PEG-NLCs did not show any statistically significant changes in particle size, PDI, and % NT entrapment during its storage for one-month at 4°C and 25°C (p > 0.05).



Figure 2.6: Plots showing changes in particle size, PDI, and % NT entrapment for the NT-PEG-NLC formulation for one-month at 4°C and 25°C. The changes are statistically non-significant at p > 0.05.

In vitro trans-corneal permeation

The trans-corneal permeability of NT from the NT-PEG-NLCs, NT-NLCs, and Natacyn[®] were observed to be $(0.114 \pm 0.04) \times 10^{-5}$, $(0.06 \pm 0.02) \times 10^{-5}$ and $(0.014 \pm 0.01) \times 10^{-5}$ cm/s, respectively (**Figure 2.7**). The trans-corneal flux of NT was approximately 2 and 7 times higher from NT-PEG-NLCs in comparison to NT-NLCs and Natacyn[®], respectively (**Figure 2.7**). Accordingly, the trend for rate of permeation was observed to be NT-PEG-NLCs > NT-NLCs > Natacyn[®] (**Figure 2.7**).



NT-PEG-NLCs INT-NLCs IN Natacyn®

Figure 2.7: Plot of rate (μ g/min), flux (μ g/min/cm²), and permeability (× 10⁻⁵ cm/s) for NT permeation across the cornea from NT-PEG-NLCs, NT-NLCs and Natacyn[®] over 3 h, (n=3). The data for rate, flux, and permeability shows a statistically significant difference at p < 0.05 for NT-PEG-NLCs, NT-NLCs, and Natacyn[®].

In vivo ocular biodistribution studies

Based on the *in vitro* transcorneal permeation, the NT formulations were investigated for their ocular biodistribution of NT upon topical application in conscious rabbits having intact corneal epithelium. All the NT formulations could deliver the drug to cornea, ICB, AH and VH which are the most common sites for ocular fungal infections. The ocular tissue NT concentrations obtained from the above formulations are shown in **Figure 2.8**.



⊠ NT-PEG-NLC 目 NT-NLC □ Natacyn®(0.3%) ⊠ Natacyn®(5%)

Figure 2.8: NT concentrations (μ g/g) in cornea, ICB, AH, and VH from NT-PEG-NLC, NT-NLC, and Natacyn[®] (0.3% and 5%) obtained after three doses; administered every 2 hours (t = 0, 2, and 4 hours) for a 6-hour study; (*) denotes statistically significant difference at p < 0.05 (n=4,

data represented as Mean ± Standard Error).

In cornea, the NT concentration from Natacyn[®] (5%) was significantly higher than the NT-PEG-NLC (p < 0.05). However, when Natacyn[®] was diluted and administered at 0.3% (dose normalized with NT-PEG-NLC) a significantly higher concentration was obtained for NT from NT-PEG-NLC in comparison to diluted Natacyn[®] (0.3%) (p < 0.05). Additionally, a statistically significant difference was found between the NT concentrations from NT-PEG-NLC and NT-NLC in cornea (p < 0.05).

The concentration of NT from NT-PEG-NLC and Natacyn[®] (5%) in ICB was found to be statistically non-significant (p > 0.05). However, a statistically significant difference was found in

ICB for the NT concentrations from NT-PEG-NLC and diluted Natacyn[®] (0.3%) at their dose normalized concentrations. Similar to cornea, in ICB too, a statistically significant difference was found between the NT concentrations obtained from NT-PEG-NLC and NT-NLC.

The concentration of NT from NT-PEG-NLC, NT-NLC, and Natacyn[®] (0.3% and 5%) did not show a statistically significant difference in AH. However, in VH a statistically significant difference was observed in NT concentrations obtained from NT-PEG-NLC and Natacyn[®] (5%), with higher NT concentration from NT-PEG-NLCs.

3.4. DISCUSSION

Currently, NT is the only marketed antifungal drug that is indicated in the management of ocular fungal infections like fungal keratitis and fungal endophthalmitis (80). One of the major challenges that is associated with the commercial NT formulation is the low BA (~ 2%) that necessitates the frequent ocular application (about 6-8 times a day) of the NT commercial formulation (65). Hence, to potentially improve its BA and enhance its permeation into the ocular tissues, a surface modified (using mPEG-2K-DSPE) nano-lipid carrier system for NT was developed. The primary objective of this investigative study was to develop, optimize, and characterize the optimized PEGylated lipid-based nanoparticulate dosage system for the ocular delivery of NT and to investigate its corneal permeation, *in vitro* and *in vivo*.

Nano-lipid drug carriers are colloidal nanoparticulate dispersions that can be administered topically in the form of eyedrops. A major advantage of the nanoparticulate systems over the conventional drug delivery systems is that, their uptake is facilitated by epithelial cells, which allows for greater penetration into and from the corneal surface (81-84). Moreover, their small size, biocompatibility, and chemically inert nature improves their interactions and prolongs the pre-ocular residence time of drugs, thus enhancing drug bioavailability (85-88). Surface

modification of NLCs by coating with hydrophilic agents such as PEGs and PEG-derivatives, in addition to improving the pharmaceutical stability of the system, can further enhance ocular penetration, mainly increasing the cellular uptake and internalization (89-92).

Castor oil and Precirol[®] ATO 5 were chosen as the liquid and solid lipids because NT had the highest solubility in them without causing any precipitation upon cooling the NT-lipid melt. Span[®] 80, a surfactant, was chosen to achieve the highest loading for NT, reduce the particle size, and obtain a narrow PDI distribution. The content of mPEG-2K-DSPE sodium salt was kept constant at 1.5% w/v in all the experimental trails because, in our previous studies, 1.5% w/v content of mPEG-2K-DSPE sodium salt was found to be the most optimum load that could stabilize the NLC system and enhance the corneal drug permeation upon topical instillation (78).

In the formulation development and optimization process, the most suitable formulation was selected using the Design Experiment[®] software that utilized the Box-Behnken design. The Box-Behnken design was chosen over the traditional factorial design methods because, the Box-Behnken design sharply reduces the number of experimental runs without decreasing the accuracy of the optimization process. Regression analyses, 3D RSM, interaction, and contour plots provided by the software aided in understanding the effect and/or interaction of the independent factors on the response variables. These effects and/or interactions served as bases in selecting the most optimum formulation as a predicted outcome from the software.

In predicting the most optimum formulation from the 25 experimental trials using Design Expert[®] software; formulations were analyzed for particle size, PDI, % entrapment, and % DL. The optimized formulation had the constraints that it should have the highest entrapment, and % DL, particle size at the lower spectrum of 10-1000 nm (< 300 nm) and a narrow PDI. A higher entrapment and DL is sought for delivering a higher amount of drug at the ocular site and particle

size at the lower spectrum of 10-1000 nm with a narrow PDI is required for the penetration of the drug loaded nanoparticles from the ocular surface (85).

Regression analyses, 3D RSM, interaction, and contour plots provided by the Design Expert[®] software aided in understanding the effect of the excipients and processing parameters on the physicochemical attributes of the NT-PEG-NLC formulation. The independent factors (amount of excipients and processing time) were fit into a 2FI (2 factor interaction) model and the 2FI models were found to be significant for particle size, % entrapment, and % DL; high F values for 2FI models indicating a strong effect of amount excipients and processing time on the physicochemical attributes (particle size, % entrapment, % DL) of the final NT-PEG-NLCs (**Table 2.4**). Accordingly, the content of lipids (Precirol[®] ATO 5 and castor oil), surfactant (Span[®] 80), and processing parameter (HPH time), individually and/or in combination, were found to affect the particle size, % NT entrapment and % DL of NT-PEG-NLC formulation. An in-depth discussion on the effect of excipients and processing parameters on the NT-PEG-NLC formulation characteristics has been individually elaborated in the following sections.

The particle size of the NT-PEG-NLC was found to be significantly affected by the amount of Precirol[®] ATO 5, HPH time, and interactions between (Precirol[®] ATO 5 & HPH time) and (castor oil & Span[®] 80) (p < 0.05). Particle size was found to increase with an increase in the amount of lipid excipients (Precirol[®] ATO and castor oil) and decrease with an increase in the amount of surfactant (Span[®] 80) and processing time (HPH time). From **Table 2.5**: equation 1, it is observed that an increase in the amount of Precirol[®] ATO 5 and a shorter HPH time will lead to an increase in the particle size. It has been evidenced that an increase in the amount of solid lipid in the NLC system increases the particle size due to an increase in the lipid density (93, 94). Also, a shorter duration of homogenization versus a longer duration leads to the application of lower shear resulting in NLCs having a higher particle size (93, 94). From the plots in **Figure 2.1**, the combined interaction of (Precirol[®] ATO 5 & HPH time) and (castor oil & Span[®] 80) could be explained. The effect of combined interaction of Precirol[®] ATO 5 and HPH time affected the particle size in a pattern like the effect observed for the two factors individually. The effect of the combined interaction of Span[®] 80 and castor oil was found to affect the particle size with lowest amounts of castor oil and highest amount of Span[®] 80 giving the lowest particle size. A lower liquid lipid results in lower density of the lipid in the system and a higher amount of surfactant promotes formation and stabilization of the NLC by decreasing the interfacial tension between the lipid and the external phase (93, 95).

PDI was one of the response factors in deciding the most optimum formulation. However, a mathematical model could not be generated for it. The variation in PDI was extremely narrow and did not vary significantly. The absence of the mathematical model for PDI indicated that the hot homogenization method was robust to the changes in independent factors and hence any changes in the independent factors did not significantly affect the responses for PDI.

It was found that % entrapment was significantly (p < 0.05) affected by the amount of Precirol[®] ATO 5, castor oil, HPH time, and interactions between castor oil & HPH time (**Table 2.5**, equation 2). An increase in the amount of liquid lipid (castor oil), increase in the processing time (HPH time), and a decrease in the amount of solid lipid (Precirol[®] ATO 5) were found to improve the entrapment of NT in the NT-PEG-NLCs. From **Table 2.5**: equation 2 and **Figure 2.2**, it is observed that amount of castor oil, duration of homogenization, and their combined interaction linearly affects the entrapment of NT. An increase in NT entrapment by increasing the amount of castor oil and duration of homogenization, either individually or in combination, causes an increase in the surface area of castor oil in presence of a surfactant (Span[®] 80) during the homogenization

process which may lead to a higher partition of NT (a lipophilic drug) into the castor oil phase thereby improving the drug entrapment (96). In NLCs, since the solid lipid forms the outer matrix, an increase in the amount of Precirol[®] ATO 5 (solid lipid) could lead to reduced entrapment of NT within the NLC core (containing the castor oil) and higher presence of NT on the surface of NLCs (97).

Amount of Precirol[®] ATO 5 and the combination of interaction between castor oil & HPH time were found to have an effect on the DL. An increase in % DL was observed with a decrease in the amount of Precirol[®] ATO 5 and an increase in the HPH processing time. An increase in amount of solid lipids without increasing the liquid lipid amounts are reported to reduce the DL owing to the denser matrix provided by the solid lipids; hence, increasing the amount of Precirol[®] ATO 5 (solid lipid) without increasing the castor oil amount leads to a reduction of NT load in the NLC system (**Table 2.5**: equation 3) (97, 98). Similarly, the HPH time and the interaction factor involving it affect the NT load proportionally. A longer duration of homogenization leads to an increase in the % DL as observed from **Table 2.5**: equation 3 and **Figure 2.3** plots. This could possibly occur due to the increased surface area available during the prolonged homogenization process that could lead to a higher drug load (93).

Upon understanding the effects of excipients and processing parameters on the formulation attributes such as particle size, PDI, % entrapment, and % DL an optimized formulation was suggested by the Design Expert[®] software. Using desirability approach, the optimum formulation was selected and formulated and a close agreement between the predicted values and experimental values for particle size, PDI, % entrapment, and % DL was observed (**Table 2.6**).

The particle size of NT-PEG-NLCs, using STEM, was found to be approximately in the range of 200 - 250 nm which was in agreement with the particle size dimensions obtained from

dynamic light scattering experiments (**Figure 2.4**). In determining the physical state of NT in NT-PEG-NLC using a qualitative PXRD method, absence of characteristic NT peaks in NT-PEG-NLC (**Figure 2.5**), indicates a potential amorphous transition of NT and/or its entrapment within the lipid matrices. Physical stability of the formulation is an important characterization parameter that could be evaluated by the changes in particle size, PDI, and % drug entrapment (95). The statistically non-significant changes in the above-mentioned parameters for the optimized NT-PEG-NLCs suggested that the nanoparticulate system was stable for one-month at 4°C and 25°C.

The topical medications instilled into the eye majorly undergo absorption via the corneal route (99). Compared to Natacyn[®], both NT-PEG-NLCs and NT-NLCs demonstrated significantly higher permeability across the cornea, *in vitro*. This could be attributed to the endocytosis-mediated internalization of the NT-NLCs and NT-PEG-NLCs leading to their higher permeation across the cornea and lower retention within the cornea in comparison to Natacyn[®] (99-101). In case of NT-NLCs and NT-PEG-NLCs, the latter showed a higher trans-corneal permeation. The higher *in vitro* trans-corneal permeability of NT-PEG-NLCs is in agreement with the reported literature (PEGylated nanocarriers penetrating better across the corneal epithelium and mucosa than their non-PEGylated counterparts) and could be ascribed to the strong hydrophilicity provided by the PEG coating, that aids in the quicker diffusion of NT-PEG-NLCs in comparison to the NT-NLCs (devoid of PEG coating) (91, 102, 103). An earlier report from our laboratory has demonstrated the effect of PEGylation, and also evaluated the effect of PEG chain length and PEG density on the transcorneal permeability (104). Thus, in this study, in terms of *in vitro* transcorneal permeability, the NT-PEG-NLCs > NT-NLCs > Natacyn[®].

A couple of studies have evaluated NT loaded nanoparticle formulations. The development and characterization (*in vitro* and *in vivo*) of NT loaded poly-d-glucosamine (PDG) functionalized polycaprolactone (PCL) nanoparticles and NT loaded lecithin-chitosan mucoadhesive nanoparticles at 1% and 5% w/v of NT loading, for ophthalmic keratitis have been reported by Chandasana et al and Bhatta et al, respectively. In both these studies, it was found that the NT nanoparticles (1% and 5% w/v) demonstrated improved tear pharmacokinetic profiles such as higher concentration, greater area under curve, higher residence times, and lower clearance in the lacrimal fluid and at the precorneal sites in comparison to the marketed NT suspension (5% w/v) (62, 63). However, the authors did not investigate/report NT concentrations in the surface or inner ocular tissues. In another evaluation by Paradkar et al., the authors' demonstrated a significantly higher in vitro trans-corneal NT penetration from NT niosome loaded in situ gel in comparison to NT marketed suspension; however, the performance of the formulation was not evaluated in vivo. Since, surface and inner ocular tissues (such as cornea, ICB, AH, and VH) are the major sites of fungal infections and the targets for NT in antifungal therapy; the current study sought to undertake a comparative evaluation of the concentration of NT from the optimized nano-lipid carriers and marketed suspension (Natacyn[®]) in various ocular tissues. To the best of our knowledge, this is the first study evaluating the effectiveness of nano-lipid carriers in the ocular delivery of NT.

In the *in vivo* ocular biodistribution assessment, NT-PEG-NLC were compared to their non-PEGylated counterparts and to marketed Natacyn[®] suspension at 5% and 0.3% (diluted marketed formulation). The comparison of NT concentrations from NT-PEG-NLC and NT-NLC in the ocular tissues was undertaken to determine the effect of PEGylation on the NT loaded nano-lipid carriers. In case of the marketed suspensions, 5% Natacyn[®] represented the marketed dose whereas the 0.3% represented the dose normalized concentration with the formulated NT-PEG-NLCs. These comparisons at the marketed and dose normalized concentrations aided in delineating the effectiveness of the nanoparticle formulations in terms of ocular delivery of NT.

The NT-PEG-NLC exhibited significantly higher concentration (~3 folds higher) in the cornea in comparison to NT-NLC. The concentration of NT from NT-PEG-NLC was significantly higher in ICB and VH also in comparison to the NT-NLC formulation. This observation of higher concentrations associated with NT-PEG-NLC over the non-PEGylated counterpart is in line with the numerous literature reports which state that the PEG surface coating facilitates in the better diffusion of nano-lipid carriers across the corneal epithelium and mucosal layers (91, 102, 103).

The dose normalized comparison of NT-PEG-NLC and diluted Natacyn[®] (0.3%), yielded a ~2 folds higher concentration of NT from NT-PEG-NLC than diluted Natacyn[®] (0.3%) in both cornea and ICB. The NT concentrations in AH and VH did not show any statistical difference, indicating that similar NT concentrations were obtained from NT-PEG-NLC and Natacyn[®] (0.3%). This in vivo data demonstrates that the NT-NLC are less bioavailable than their PEGylated counterparts (both having particle size in the range of 200 - 250 nm) and the marketed suspension (containing natamycin in micronized form) at dose normalized concentrations (0.3%). This is in contrast to the *in vitro* transcorneal permeation data (NT-PEG-NLCs > NT-NLCs > Natacyn[®]); however, it should be noted that the *in vitro* set-up conditions are significantly different (static) from the *in vivo* environment, which is very dynamic in nature and has additional precorneal barriers such as the mucus layer. An added advantage of PEGylation is that it allows efficient penetration across mucus layers (102, 103). Thus, a larger number of NT-PEG-NLC particles will be able to reach the corneal epithelium (penetrating through the mucus layers) compared to the NT-NLCs, which can get trapped in the mucus meshwork (91, 101-103). As a result, the NT-PEG-NLCs demonstrate greater *in vivo* ocular bioavailability, whereas, contrary to the *in vitro* result, bioavailability from the NT-NLCs is decreased. Thus, a combination of better penetration across

the mucus as well as better transcorneal permeability of the nanoparticles lead to the overall enhanced bioavailability from these NT-PEG-NLC formulations.

Natacyn[®] (5%) showed ~2 folds higher concentration in cornea in comparison to NT-PEG-NLC. This could be attributed to a 16-fold higher dose for Natacyn[®] (5%; the marketed dose) when compared to NT-PEG-NLC (0.3%). It should be noted that the dose of the marketed formulation which was 16-fold higher led to only a 2-fold increase in corneal concentrations compared to the NT-PEG-NLC. In contrast, a non-significant difference in NT concentration levels was obtained from the NT-PEG-NLC and Natacyn[®] (5%) in the ICB and AH tissues, which again indicated that a 16-fold higher dose could not lead to significantly higher NT concentrations in the deeper tissues. In case of VH, a significantly higher NT concentration (~4 folds) was observed from NT-PEG-NLC in comparison to Natacyn[®] (5%). The observation that Natacyn[®] (5%) produced higher corneal NT concentrations whereas NT-PEG-NLC delivered equivalent/higher NT concentrations in the AH, ICB and VH tissues could be associated with the NT-PEG-NLC penetrating better across the corneal epithelium and thus into the ocular tissues due to the strong hydrophilicity provided by the PEG coating, which aided in its faster diffusion across the corneal epithelium and mucosa (100, 101, 105). Additionally, the involvement of the conjunctival-scleral pathway could also be associated with the better penetration of NT-PEG-NLC formulations, since, the conjunctival-scleral pathway has been attributed to be an important factor in improving and enhancing the permeation of nano-lipid carrier systems in comparison to the conventional ocular dosage forms such as the suspensions (78, 105).

In the *in vivo* evaluation, it is also interesting to note that, there was an approximately 16fold decrease in both BAK and NT concentrations in the marketed formulation when 5% Natacyn[®] was diluted to 0.3%. However, this 16-fold decrease in the concentration gradient and possible permeation enhancer translated to only an \approx 4-fold decrease in NT concentration in the cornea and a 2.5-fold decrease in NT concentrations in the iris-ciliary bodies. This indicates that, for the marketed formulation, the concentration of drug in the tear fluid primarily governs the bioavailability. It should be noted that no preservatives have been added to the NT nanoparticle formulations in this study, and when added, can only lead to an improvement in the ocular bioavailability (assuming no incompatibility exists).

In ocular fungal infections, such as fungal keratitis, the anterior segment tissues such as cornea, ICB, and AH are majorly affected (106). Cornea is characterized by the debridement of its epithelium, which facilitates the passage of the antifungal agents such as NT through its layers and into the inner ocular tissues (69, 106, 107). However, as the healing of cornea begins during the course of antifungal therapy, the drug permeation reduces due to the restoration of the corneal epithelium integrity. Hence, this could pose as a potential risk for the relapse of the fungal infections due to sub-therapeutic drug concentrations achieved in the inner layers of ICB, AH, and VH during the corneal healing process. In such a case, NT-PEG-NLC could provide an alternative approach to the conventional NT suspension by achieving similar concentrations in the inner ocular tissues of ICB, AH, and VH at a markedly reduced dose (1/16th of the marketed dose).

3.5. CONCLUSION

This study reports the preparation and optimization of natamycin loaded surface coated PEGylated NLC using Box-Behnken Design, and to the best of our knowledge is the first study that reports the *in vivo* ocular biodistribution for NT from nano-lipid carriers. The optimized NT-PEG-NLC were found to have small particle size, narrow PDI, and a high NT entrapment with a minimum stability of one-month. The NT-PEG-NLCs exhibited significantly higher trans-corneal permeation and flux than the marketed suspension (Natacyn[®]), *in vitro*. The *in vivo* ocular
biodistribution of NT-PEG-NLC indicated that the concentration of NT from Natacyn[®] in cornea was significantly higher than NT-PEG-NLC. However, it should be noted that the NT load in NT-PEG-NLC (0.3%) was 1/16th of the marketed suspension. In spite of this, NT-PEG-NLC could permeate the intact cornea to reach the ICB, AH, and VH and the difference in NT concentration obtained from NT-PEG-NLC and marketed Natacyn[®] (5%) suspension was statistically nonsignificant. To further evaluate the ocular suitability of the NT-PEG-NLC system, it is essential to determine its ocular safety and efficacy in fungal keratitis models, *in vivo*. Since NT-PEG-NLCs showed better penetration across intact cornea to reach the inner ocular tissues at a lower concentration, they could be a potential alternative during the ocular antifungal regimen. During the fungal keratitis therapy, when cornea is healing, it is essential for the drug to penetrate the nearly intact cornea to reach inner ocular tissues and prevent the relapse of infection. Summarizing the above investigation in determining the *in vivo* ocular biodistribution of NT from its nano-lipid carrier system, the NT-PEG-NLC system (at a lower NT load of 0.3%) showed increased ability to penetrate the intact cornea and provide concentrations statistically similar to marketed suspension (at a higher dose of 5%) in the inner ocular tissues, indicating that it could be a potential alternative to the conventional marketed suspension during the course of the therapy for fungal keratitis.

CONFLICT OF INTEREST

The authors have declared no conflict of interests regarding this article.

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Chapter 3

Carboxyvinyl Polymer and Guar-Borate Gelling System Containing Natamycin Loaded PEGylated Nanolipid Carriers Exhibit Improved Ocular Pharmacokinetic Parameters.

Abstract

Presently, FDA has approved only natamycin (NT) ophthalmic suspension for treating ocular fungal infections. However, short pre-corneal residence and high pre-corneal losses/drainage have been the foremost challenges associated with the current ocular antifungal pharmacotherapy. In search of alternative strategies, this study aimed to develop carboxyvinyl polymer, guar gum and boric acid gelling system, that contained NT loaded PEGylated nanolipid carriers (NT-PEG-NLCs). NT-PEG-NLCs were fabricated using homogenization technique and demonstrated favorable physicochemical characteristics. A 2³ factorial design was utilized in the formulation and optimization of the NT-PEG-NLC gelling system (NT-PEG-NLC-GEL) with respect to guar gum, boric acid, and Carbopol[®] 940 concentrations. The optimized NT-PEG-NLC-GEL was found to exhibit shear thinning rheology, adequate firmness, and spreadability, and formed a depot that did not collapse immediately. Additionally, the *in vitro* transcorneal evaluations indicated that the NT-PEG-NLC-GEL (0.3%) exhibited mean residence time and elimination half-life that were comparable to Natacyn[®] (5%) at the pre-corneal/corneal sites, and, provided similar *in vivo*

concentrations in innermost tissues of the eye, at a 16-fold lower dose suggesting that it could be a probable alternative during ophthalmic antifungal therapy.

3.1. INTRODUCTION

Currently, natamycin (NT) ophthalmic suspension (Natacyn[®] topical eye drops) is the only FDA approved, commercially available, formulation for the treatment of ocular fungal infections (OFI) (80). NT exhibits activity against filamentous fungal species, particularly *Fusarium* and *Aspergillus* species, common causes of OFI such as keratitis and endophthalmitis (1, 108, 109). NT also exhibits better safety and tolerability profiles compared to the other polyene and azole antifungal drugs (3), and has, thus, become a favored first line antifungal agent in treating OFI, particularly fungal keratitis (80, 110).

Fungal keratitis and endophthalmitis, are characterized by fungal infections primarily in the cornea and aqueous humor (AH) & vitreous humor (VH), respectively (1, 69, 106, 107). Fungal keratitis severely affects the corneal integrity and could be localized initially, but if left untreated, could lead to the spread of fungal infection to the inner ocular tissues causing fungal endophthalmitis and/or deep-seated mycoses (1, 69, 106, 107). Also, such cases of OFI are characterized by a loss of corneal integrity, which additionally facilitates quicker passage of antifungal drugs (such as NT), thereby further achieving higher drug levels in the intraocular tissues. Despite this, the current therapy involves the need for frequent instillation/dosing of the marketed suspension owing to the pre-corneal losses/drainage (3, 65)

Short residence times in the conjunctival *cul de sac*, post instillation, and low permeability across the corneal membrane, limits ocular bioavailability of NT ($\approx 2\%$) from the Natacyn[®] topical eye drops. This necessitates frequent instillation of the NT eye drops; initially given every hour or 2-hour and then gradually reduced to about 6 – 8 times a day (65, 70). Also, Natacyn[®] suspension (5%) is associated with adverse reactions/side-effects such as allergic reaction, change in vision, chest pain, corneal opacity, dyspnea, eye discomfort, eye edema, eye hyperemia, eye irritation, eye

pain, foreign body sensation, paresthesia, and tearing (111). In our previous studies, we developed NT loaded polyethylene glycol nano-lipid carriers (NT-PEG-NLCs) that showed enhanced *in vitro* permeation across the intact cornea and improved ocular bioavailability compared to the commercial NT suspension (Natacyn[®] eye drops) (110) at a 16-fold lower dose (NT-PEG-NLC: 0.3% versus Natacyn[®]: 5%) thereby also potentially reducing the chances of the aforementioned adverse reactions. The goal of the current research was to improve the retention of the NT-PEG-NLCs at a lower dose (compared to Natacyn[®] suspension) on the ocular surface without compromising the enhanced transcorneal delivery characteristics.

Gelling systems containing nanoparticles and/or nano-lipid carriers can improve precorneal and corneal residence times of therapeutic agents, reducing pre-corneal losses, and may improve the permeation of therapeutic agents across the corneal barriers owing to prolonged contact. Additionally, the composition may provide a sustained/prolonged release profile of the therapeutic agent/s, facilitating a reduction in the frequency of application (88, 112-115). Carboxyvinyl polymers (such as Carbopol[®] grades) have been evaluated as gelling agents in the ocular delivery of various therapeutic agents. They have found a favor as gelling and/or viscosity enhancing agents owing to their ability to provide thickening and gelling effect (by cross-linking) at lower concentration, bioadhesive properties (at the corneal surface), clear gel appearance, compatibility with various therapeutic agents, and excellent patient compliance due to their ability to not interfere with the patients' vision (116-119). The borate-guar gum combination along with carboxyvinyl polymer in the system, stabilizes the cross-linked polymer by providing additional cross-links (borate anion reacts with the galactomannan sugar contributed by guar gum to form additional cross-links)(120). Therefore, the current study aimed to develop and optimize a carboxyvinyl polymer-guar gum-borate gelling system containing NT-PEG-NLCs (NT-PEG-

NLC-GEL) and compare its in vivo performance against NT-PEG-NLC and Natacyn[®].

3.2. MATERIALS AND METHODS

Chemicals

NT was procured from Cayman Chemicals (Michigan, USA). N-(Carbonylmethoxypolyethylenglycol-2000)-1,2-distearoyl-sn-glycero-3-phosphoethanolamine sodium salt (mPEG-2K-DSPE sodium salt) was bought from Lipoid (Ludwigshafen, Germany). Precirol[®] ATO 5 (Glyceryl distearate) was a gift from Gattefossé (New Jersey, USA). Castor oil, surfactants (Span[®] 80, Tween[®] 80, poloxamer 188), and glycerin were all bought from Acros Organics (New Jersey, USA). The gelling components – guar gum, boric acid crystals, and Carbopol[®] 940 (generally regarded as safe (GRAS) status and used in FDA approved ophthalmic products); and all the solvents (analytical grade) were purchased from Fisher Scientific (Illinois, USA).

Methods

Preparation of NT-PEG-NLCs

Homogenization method was employed in the preparation of NT-PEG-NLCs which has been reported earlier (110). Briefly, an aqueous phase consisting of surfactants – Tween[®] 80 (0.75% w/v; primary surfactant), poloxamer 188 (0.25% w/v; secondary surfactant), and glycerin (2.25% w/v) was prepared in de-ionized water and heated. Separately a molten lipid phase containing NT (0.3% w/v), castor oil (1% w/v), Precirol[®] ATO 5 (1.5% w/v), mPEG-2K-DSPE sodium salt (1.5% w/v), and Span[®] 80 (0.1% w/v) was prepared. The aqueous phase was gradually added to the lipid phase under continuous stirring at 2000 rpm for 5 minutes. The coarse emulsion was then emulsified (Ultra-Turrax, 16,000 rpm, 5 minutes) to form a fine emulsion. The fine emulsion was then subjected to high pressure homogenization (HPH; 15,000 psi) using temperature controlled Avestin[®] Emulsiflex C5 homogenizer that resulted in the formation of NT-PEG-NLCs. Temperature was maintained at a constant $80 \pm 2^{\circ}$ C during the entire process of NT-PEG-NLC preparation.

Experimental design

A 2³ factorial design (8 formulation experimental run; design generated using Design-Expert[®] software (8.0.7.1)) was employed to develop the gelling system for NT-PEG-NLCs. The independent factors were the gelling excipients (guar gum, boric acid, and Carbopol[®] 940) and the dependent variables were gelling time, gel depot collapse time, rheology, firmness, and work of adhesion.

Preliminary studies were performed to determine the individual levels of the gelling excipients. Then, the factorial design was utilized to select the optimum levels of all the three gelling excipients in obtaining a suitable optimized formulation with desired properties. **Tables 3.1** and **3.2** present the details on the experimental 2^3 factorial design.

Table 3.1: Independent factors (at their two levels) and dependent variables in the experimental

Factors	Levels			
Independent factors	Level 1	Level 2		
Guar gum (% w/v)	0.1	0.2		
Boric acid (% w/v)	0.4	0.5		
Carbopol [®] 940 (% w/v)	0.1	0.4		
Dependent variables	Constraints			
Gelling time	Minimum			

2³ factorial design.

Gel depot collapse time	Maximum			
Rheology	Optimum (shear-thinning rheology)			
Firmness	Maximum			
Work of adhesion	Maximum			

Guar gum: L = 0.1 & H = 0.2; *Boric acid:* L = 0.4 & H: 0.5; *Carbopol*[®] 940: L = 0.1 & H = 0.4

	Code	Guar gum	Boric acid	Carbopol [®] 940
		(% w/v)	(% w/v)	(% w/v)
All the codes	B1	Н	L	L
contain NT-	B2	Н	L	Н
PEG-NLC (0.3%)	B3	L	L	L
w/v)	B4	L	L	Н
	B5	L	Н	L
	В6	L	Н	Н
	B7	Н	Н	L
	B8	Н	Н	Н

 Table 3.2: 2³ factorial design for the NT-PEG-NLC-GEL.

Fabrication of NT-PEG-NLC-GEL

NT-PEG-NLCs were taken and magnetically stirred at 2000 rpm. Weighed quantities of guar gum, boric acid, and Carbopol[®] 940, according to the experimental runs (**Table 3.1**), were added into the NT-PEG-NLCs, and the stirring was continued for 15 minutes. Post 15 minutes

stirring, NT-PEG-NLC-GELs (of compositions as described in **Table 3.2**) were prepared and evaluated for the of dependent variables (as specified in **Table 3.1**).

Characterization of NT-PEG-NLC-GEL

Gelling time and gel depot collapse time: Simulated tear fluid (STF; 10 mL; composition: NaCl (0.68% w/v), NaHCO₃ (0.22% w/v), CaCl₂ (0.008% w/v), and KCl (0.140% w/v) in deionized water), pH = 7.4, was taken in multiple scintillation vials. Five hundred microliters of the eight different NT-PEG-NLC-GEL in-situ gelling samples (existing as liquids) were added and observed for their in-situ gelling in STF. Time required for the gel to form and the duration of time the depot was maintained was determined.

Rheology: Rheological evaluations were carried out using Bohlin Visco 88 viscometer (Malvern Panalytical, UK). A cup and bob attachment with a C14 probe were used to determine the rheological behavior of the NT-PEG-NLC-GEL. Six hundred microliters of the gel samples (after adding STF/post gelling) were placed in the cup and the rheology analyses were carried out in the "up & down" ramp mode, at pre-defined multiple shear rates (66.5-506.5 1/s), and at room temperature. The rheology data analyses were accomplished using Bohlin Software (Version 6.32.1.2).

Texture analyses (firmness and work of adhesion): Texture analyses for NT-PEG-NLC-GEL was performed using Texture Analyzer model TA.XT2i (Texture Technologies Corp, USA) along with a 1-inch diameter (TA-3), cylindrical, acrylic probe, and a soft matter kit (TA-275) (121). NT-PEG-NLC-GELs were placed in the soft matter fixture and placed below the TA-3 probe and the texture analyses was performed according to the parameters specified in **Table 3.3**.

Parameter	Set value
Test mode	Compression
Pre-test speed	0.5 mm/sec
Test speed	0.5 mm/sec
Post-test speed	0.5 mm/sec
Target mode	Distance
Distance	1.0 mm
Trigger type	Auto (Force)
Trigger force	2.0 g
Temperature	Room temperature

Table 3.3: Parameters for texture analyses of NT-PEG-NLC-GEL.

Transcorneal permeation: Transcorneal flux, permeability, and permeation rate of NT from NT-PEG-NLC-GEL formulation was assessed across rabbit cornea procured from Pel-Freez Biologicals[®] (Arkansas, USA) using vertical Franz diffusion cells (PermeGear[®], Inc.) (110, 122). The underlying aim of the transcorneal permeation study was to select the most optimum (guar gum: boric acid) ratio, and to evaluate the effectiveness of the incorporation of the NT-PEG-NLCs in the carboxyvinyl polymer-guar gum-borate gels and compare the gelling system to NT-PEG-NLCs NLCs (not incorporated into gel) and diluted Natacyn[®] (dose normalized; diluted to 0.3% w/v).

Cornea was fixed in between the donor and receiver compartments, with corneal epithelial surface facing the donor cell containing formulations. Five hundred microliters of diluted Natacyn[®] (dose normalized; 0.3% w/v), NT-PEG-NLCs (0.3% w/v), and NT-PEG-NLC-GEL (0.3% w/v) were the test formulations that were placed in the donor compartment. Randomly

methylated- β -cyclodextrin (RM β CD) in Dulbecco's Phosphate-Buffered Saline (DPBS) (2.5% w/v) was used as the receiver medium (5 mL) to maintain the corneal integrity and sink conditions during the study and was stirred continuously using a magnetic stirrer (123, 124). Aliquots (600 μ L) were withdrawn at pre-determined time intervals over a duration of 3-hours and replenished with an equal volume of RM β CD in DPBS. NT concentration in the aliquots was quantified using a HPLC analytical method for *in vitro* samples described in the subsequent analytical methods section.

NT content in optimized NT-PEG-NLC-GEL: Pre-determined amount of NT-PEG-NLC-GEL was taken from three different regions (bottom, middle, and top) of the gel formulation and dissolved in methanol (extracting solvent). The gel samples were centrifuged at 13,000 rpm for 10 minutes and the supernatant analyzed for NT.

pH of the optimized NT-PEG-NLC-GEL: pH of the optimized NT-PEG-NLC-GEL formulation was determined by SevenMulti[™] Mettler Toledo pH meter (Belgium).

In vitro release and release kinetics of the optimized NT-PEG-NLC-GEL: Twenty milliliters of STF, pH = 7.4, was taken in six scintillation vials, to evaluate the release of NT from NT-PEG-NLC-GEL system and NT suspension. STF was selected as a biorelevant medium to study the drug release at/in the precorneal region, since the gelling system was intended to be applied/instilled in the precorneal region (125). The study was carried out under continuous magnetic stirring of the STF at $32 \pm 1^{\circ}$ C. Briefly, two hundred microliters of the samples were loaded on to the dialysis cassettes (Slide-A-Lyzer[®] Mini Dialysis Devices, 10K MWCO) which contained a cellulose membrane with diffusion area of 0.64 cm². At pre-determined time points (t = 0, 0.5, 1, 1.5, 2, 4, 6, 12, 24, and 48 hour) six hundred microliters of the aliquot sample of STF was withdrawn from the scintillation vial and an equal amount of STF was replaced in the vial

post every withdrawal. The aliquot sample of STF was then analyzed using HPLC to quantify the amount of NT released across the active diffusion membrane. The release data was analyzed to model the release kinetics using different release models – Higuchi square root, first-order, zero-order, and Korsmeyer-Peppas models.

In vivo pre-corneal tear pharmacokinetics (PK) of the optimized NT-PEG-NLC-GEL: In vivo pre-corneal tear kinetics of the various NT formulations was determined in triplicates (n=3) in male New Zealand White (NZW) Rabbits (2-2.5 kg), which were purchased from Charles River Labs. All the animal studies conformed to the tenets of the Association for Research in Vision and Ophthalmology statement on the use of animals in ophthalmic vision and research and the University of Mississippi Institutional Animal Care and Use Committee approved protocols. The rabbits were dosed (100 μ L administered as two drops of 50 μ L each) with NT-PEG-NLC-GEL, NT-PEG-NLC, and Natacyn[®] (5%) formulations topically. Therefore, amount of NT dose received by the rabbits was 0.3 mg (for NT-PEG-NLC-GEL and NT-PEG-NLC) and 5 mg (for Natacyn[®]). The tear samples were collected using a pre-weighed piece of filter paper by gently touching the filter paper at the corneal surface at every time point (t = 0, 0.5, 1, 2, 3, 4, 5, and 6 hours). The weight of the filter paper was then recorded and the difference in their dry and wet weights was used in the determination of the amount of tear fluid that was collected which was used in the estimation of NT from the tear biosamples.

NT from the tear biosamples collected on filter papers was extracted with six hundred microliters of ice-cold methanol, mixed thoroughly using a vortex genie mixer, and centrifuged (13,000 rpm, 15 minutes) in a table-top centrifuge. The supernatant was then collected and analyzed for NT using a validated HPLC quantification method that has been outlined below (analytical methods). The data was then analyzed using PKSolver software 2.0 for determining the

various PK parameters (126). Once the study was completed, Balanced Salt Solution (BSS) was used for washing the test eyes of the rabbits during the wash-out period.

Ocular biodistribution of the optimized NT-PEG-NLC-GEL: NT-PEG-NLC-GEL, NT-PEG-NLC, and Natacyn[®] (5%), were dosed *in vivo*, in conscious NZW rabbits (n = 3; 12 rabbits). The dosing regimen of rabbits is detailed in **Table 3.4**. At the sacrificial time-points, rabbits were anesthetized using a combination of ketamine (35 mg/kg) and xylazine (3.5 mg/kg) injected intramuscularly. Using an overdose of pentobarbital injected through ear vein, the rabbits were euthanized. Rabbit eyes were enucleated and washed using BSS and the intraocular tissues such as, aqueous (AH) and vitreous (VH) humors, iris-ciliary bodies (ICB), and cornea, were separated and extracted for NT. Briefly, ICB and cornea were cut into pieces, and AH and VH were taken in centrifuge tubes and ice-cold methanol (600 μ L) was added for protein precipitation. The biosamples were sonicated for 10 minutes in an ultrasonic bath and centrifuged (13,000 rpm, 30 minutes) before quantification.

Set	Number	Formulations	Volume	NT dose	Dosing	Sacrificial
	of animals				frequency	time-point
	n = 3	NT-PEG-		0.3 mg		
		NLC-GEL	100 µL as		t = 0, 3, 6	
1	n = 3	NT-PEG-	two drops	0.3 mg		t = 9 hours
		NLC	$50 \ \mu L$ each		hours	
	n = 3	Natacyn [®]		5 mg		

Table 3.4: Dosing regimen of rabbits (n = 3) for ocular biodistribution studies

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Set	Number	Formulations	Volume	NT dose	Dosing	Sacrificial
	of animals				frequency	time-point
2	n = 3	NT-PEG-		0.3 mg	t = 0, 4	
		NLC-GEL			hours	t = 8 hours

Using standard calibration curves for AH (0.4–100 ng/mL), VH (2–200 ng/mL), cornea (1.31–65.57 ng/mL), ICB (1.31–65.57 ng/mL), NT quantification was accomplished using LC-MS/MS method. A coefficient of determination $r^2 \ge 0.95$ was obtained for all the standard curves. NT extraction efficiency was greater than 95% for cornea, ICB, and AH whereas was about 82% for VH; and, process efficiency was greater than 90% for all the tissues (110). The LOD for all ocular tissues corresponded to 0.13 ng/mL for all four intraocular tissues analyzed (110).

Analytical methods

In vitro analyses: NT was quantified using a validated HPLC method reported in literature (79, 110). The HPLC system consisted of a Waters 717 plus auto-sampler coupled with a Waters 2487 Dual λ Absorbance UV detector, a Waters 600 controller pump, and an Agilent 3395 Integrator. The mobile phase consisted of a mixture of phosphate buffer (0.2 M, pH 5.5) and acetonitrile (70:30) with flow rate of 1 mL/min. A C18 Phenomenex Luna[®] (5 μ , 250 x 4.6 mm) column was used. The injection volume was 20 μ L, and the UV detection wavelength was set to 304 nm at AUFS 1.00.

In vivo analyses: A Waters Xevo TQ-S triple quadrupole tandem mass spectrometer with an electrospray ionization source (ESI), equipped with ACQUITY UPLC[®] I-Class System were used (Waters Corporation, Milford, MA, USA) in NT quantification from biosamples. TargetLynx and MassLynx were utilized for data acquisition and data processing, respectively. Separation was

achieved using a C18 column (Acquity UPLC[®] BEH C18 100 mm×2.1 m, 1.7µm particle size). Mobile phase consisted of water (A), and acetonitrile (B) both containing 0.1 % formic acid with a gradient flow rate of 1.0 mL/min (0 min, 98 % A/2 % B held for 0.2 min and in next 2.3 min to 100% B). Each run was followed by 1-minute wash with 100 % B and equilibration period of 2 min with 98 % A/2 % B. Column and sample temperature were maintained at 50°C and 10°C, respectively. Column effluent was directed into the ESI probe. The ESI conditions were: desolvation temperature 600°C, source temperature 150°C, capillary voltage 3.0 kV, cone voltage 40 V, nebulizer gas 1100 L·h⁻¹ N2, and nebulizer pressure, 7 bar. The collision gas utilized was Argon and collision energies ranged from 10 to 15 eV. Mass spectra were acquired in positive mode and multiple reaction monitoring (MRM) mode. The MRM mode was applied to monitor the transitions of quantifier ion to qualifier ions of *m*/*z* 666.2 \rightarrow *m*/*z* 467.2, 485.2, 503.2 for NT; *m*/*z* 924.4 \rightarrow *m*/*z* 107.5, 743.2, 761.4 for amphotericin B (internal standard).

STATISTICAL ANALYSES

For each study, a minimum of 3 independent experimental trials have been performed and the data values have been represented as mean \pm standard deviation and/or mean \pm standard error. Statistical comparison was performed using Student's t-test and/or one-way analysis of variance (ANOVA). Statistically significant differences were considered at p-value less than 0.05.

3.3. RESULTS

Characterization of NT-PEG-NLC-GEL

Gelling time and gel depot collapse time: The results observed from gelling time and gel depot collapse time are presented in **Table 3.5**. Out of 8 (B1-B8) factorial runs, B1, B3, B5, and B7 did not undergo gelation to form a gel depot. Therefore, these formulations from the experimental

design could not be considered for statistical analyses (ANOVA). On the basis of the results, NT-PEG-NLC-GEL formulation codes (B2, B4, B6, and B8) were selected for further evaluation with respect to the other aforementioned dependent variables with the intent to optimize and select the most suitable NT-PEG-NLC-GEL formulation.

Code	Gelling components in NT-PEG-		Gelling	Depot	Firmness	Work of	
	NLC-GEL (%)		time	collapse	(g)	Adhesion	
	Guar	Boric	Carbopol®		time		(g-sec)
	gum	acid	940				
B1	0.2	0.4	0.1	(-)	NA	NA	NA
B2	0.2	0.4	0.4	(+)	Depot	7.36±2.86	21.54±1.52
					until >		
					12 hours		
B3	0.1	0.4	0.1	(-)	NA	NA	NA
B4	0.1	0.4	0.4	(+)	Depot	10.32±0.28	23.59±3.04
					until >		
					12 hours		
B5	0.1	0.5	0.1	(-)	NA	NA	NA
B6	0.1	0.5	0.4	(+)	Depot	11.30±1.37	23.41±4.31
					until >		
					12 hours		
B7	0.2	0.5	0.1	(-)	NA	NA	NA

Table 3.5: Results from gelling time and gel depot collapse time study.

Code	Gelling components in NT-PEG-		Gelling	Depot	Firmness	Work of	
	NLC-GEL (%)		time	collapse	(g)	Adhesion	
	Guar	Boric	Carbopol®		time		(g-sec)
	gum	acid	940				
B8	0.2	0.5	0.4	(+)	Depot	8.42±3.79	20.87±2.18
					until >		
					12 hours		

(-): does not form a gel depot and instantaneously collapses in STF; (+): forms a gel depot immediately (< 1 min).

Rheology: The rheological data for the selected NT-PEG-NLC-GEL formulations (B2, B4, B6, and B8) are depicted in **Figure 3.1**. All four selected gel formulations exhibited shear thinning rheology with a viscosity of 394.64 ± 18.12 cP for B2, 287.30 ± 4.23 cP for B4, 243.17 ± 2.03 cP for B6, and 428.12 ± 8.25 cP for B8 at the highest shear rate (≈ 500 1/s).



Figure 3.1: Plot of viscosity vs. shear rate for selected NT-PEG-NLC-GEL formulations (B2, B4, B6, and B8) exhibiting shear-thinning rheology.

Texture analyses (firmness and work of adhesion): The results obtained for firmness and work of adhesion are presented in **Table 3.5** for the selected formulation codes – B2, B4, B6, and B8.

Transcorneal permeation: From the *in vitro* trans-corneal permeation study it was observed that (guar gum: boric acid) should be used in their lowest ratio (1:2) for effective transcorneal NT permeation (higher amounts of boric acid in NT-PEG-NLC-GEL, in contrast, did not show any NT permeation at the end of 3 hours). Hence, gel formulation B2 with a ratio of guar gum to boric acid (1:2) was chosen to be the most suitable gel formulation in comparison to the gel formulation B6 which had a higher amount of boric acid (1:5). Transcorneal permeability (cm/s) of NT-PEG-NLC-GEL-B2 ((0.010 \pm 0.007) \times 10⁻⁵) was significantly lower than NT-PEG-NLCs ((0.050 \pm 0.010) \times 10⁻⁵)), and Natacyn[®] ((0.030 \pm 0.005) \times 10⁻⁵)) (N=3). The trend for transcorneal flux and rate was NT-PEG-NLC-GEL < Natacyn[®] < NT-PEG-NLCs. (Figure 3.2).



Figure 3.2: Plot of rate (μg/min), flux (μg/min/cm2), and permeability (× 10–5 cm/s) for NT permeation across the isolated cornea from NT-PEG-NLC-GEL-B2, NT-PEG-NLC-GEL-B6, NT-PEG-NLC and Natacyn[®] (dose normalized: diluted to 0.3% w/v) over 3-hours, (n=3); data represented as mean ± standard error of mean; (*) denotes statistically significant difference at p

< 0.05.

Uniformity of NT Content in the optimized NT-PEG-NLC-GEL: The mean NT content in the optimized and most suitable NT-PEG-NLC-GEL (formulation B2) from the three different regions was found to be $95.53 \pm 0.61\%$.

pH of the optimized NT-PEG-NLC-GEL: The pH of the optimized and most suitable NT-PEG-NLC-GEL (formulation B2) was found to be 5.5 ± 0.1 .

In vitro release and release kinetics of the optimized NT-PEG-NLC-GEL: From Figure 3.3, it is evident that NT-PEG-NLC-GEL system provided a significantly slower/sustained release in comparison to the control – NT suspension (\approx 3-folds lower) over a period of 48 hours and exhibited a better fit for Higuchi model for drug release kinetics ($r^2 > 0.96$) compared to the other



release models (first-order, zero-order, and Korsmeyer-Peppas; $r^2 < 0.94$).

Figure 3.3: (A): Comparison of NT release from NT-PEG-NLC-GEL (formulation B2) and NT solution; (B): fit to Higuchi model for drug release kinetics for NT-PEG-NLC-GEL (formulation

B2).

In vivo pre-corneal tear pharmacokinetics (PK) of the optimized NT-PEG-NLC-GEL: Instantaneous gelation was observed upon the instillation of NT-PEG-NLC-GEL and results obtained from the pre-corneal tear PK parameters (area under curve from time t = 0 to t = 6 h (AUC_{0-t}), half-life (T_{0.5}), maximum concentration (C_{max}), mean residence time (MRT_{0-∞})) are summarized in **Table 3.6** and represented in **Figure 3.4**. Table 3.6: Pre-corneal tear PK parameters obtained for NT-PEG-NLC-GEL, NT-PEG-NLC, and

Natacyn®	(5%).
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Test formu	ılations	NT-PEG-	NT-PEG-NLC	Natacyn®
		NLC-GEL		
Dos	e	0.3 mg	0.3 mg	5 mg
PK parameter	Units			
AUC _{0-t}	µg/µL*h	1.15 ± 0.02	$0.58 \pm 0.01*$	2.72 ± 0.17 **
Dose normalized	(µg/µL*h)/mg	3.83 ± 0.06	$1.93 \pm 0.03*$	0.54 ± 0.03 **
AUC _{0-t}				
T _{0.5}	h	2.82 ± 0.23	0.93 ± 0.14*	2.78 ± 0.85
C _{max}	μg/μL	2.57 ± 0.09	1.37 ± 0.06*	3.00 ± 0.18**
Dose normalized	(µg/µL)/mg	8.57 ± 0.3	$4.56 \pm 0.2*$	0.6 ± 0.03**
C _{max}				
MRT _{0-∞}	h	2.16 ± 0.26	1.09 ± 0.21*	1.56 ± 0.32

*: statistically significant difference between NT-PEG-NLC-GEL and NT-PEG-NLC at p < 0.05;

**: statistically significant difference between NT-PEG-NLC-GEL and Natacyn[®] (5%) at p < 0.05.



Figure 3.4: Plot of dose normalized NT concentrations (μg/μL) versus time (hours) profile for NT-PEG-NLC-GEL, NT-PEG-NLC, and Natacyn[®]; (*) and (**) denotes statistically significant difference between (NT-PEG-NLC-GEL and NT-PEG-NLC) and (NT-PEG-NLC-GEL and Natacyn[®]) at p < 0.05, respectively; (n=3, data represented as Mean ± Standard Error).</p>

Ocular biodistribution of the optimized NT-PEG-NLC-GEL: Figure 3.5 illustrates that all the NT formulations (NT-PEG-NLC-GEL, NT-PEG-NLC, and Natacyn[®] (5%)) could deliver NT to AH, VH, ICB, and cornea in both study sets.

Moreover, it is evident from Figure 3.5 that, there is no statistical difference observed between NT levels obtained from NT-PEG-NLC-GEL following two different dosing regimens (Table 4) in AH, VH, ICB, and cornea (p > 0.05).

In the cornea (**Figure 5**), NT concentration from NT-PEG-NLC-GEL (for both dosing regimens detailed in **Table 3.4**) was significantly higher than NT concentration obtained from NT-PEG-NLC formulation (p < 0.05). The NT concentration from Natacyn[®] (5%), however, was

significantly higher than that obtained from NT-PEG-NLC-GEL (in both study sets) (p < 0.05).

NT concentration from NT-PEG-NLC-GEL (for both dosing regimens; **Table 3.4**) was found to be significantly lower than Natacyn[®] (5%) in ICB (p < 0.05). In ICB, a statistical difference was found for NT concentrations obtained from NT-PEG-NLC-GEL (for both dosing regimens; **Table 3.4**) and NT-PEG-NLC (p < 0.05) (**Figure 3.5**).

In AH (Figure 3.5), concentration of NT from NT-PEG-NLC-GEL (for both dosing regimens; Table 3.4) was significantly higher than the NT concentrations obtained from the NT-PEG-NLC and Natacyn[®] (5%) formulations (p < 0.05).

In case of VH (**Figure 3.5**), significantly lower concentration was observed in NT concentrations obtained from the NT-PEG-NLC-GEL (for both dosing regimens; **Table 3.4**) and Natacyn[®] (5%) (p < 0.05). However, a non-significant difference was observed between NT levels obtained from NT-PEG-NLC-GEL and NT-PEG-NLC (p > 0.05).



Figure 3.5: NT concentrations (μg/g) in cornea, ICB, AH, and VH from NT-PEG-NLC-GEL (dose: 0.3 mg; instillation volume: 100 μL), NT-PEG-NLC (dose: 0.3 mg; instillation volume: 100 μL), and Natacyn[®] (dose: 5 mg; instillation volume: 100 μL) obtained after instillation every

3-hour and 4-hour for a 9-hour and an 8-hour study, respectively; (*) denotes statistically

significant difference at p < 0.05 (n=3, data represented as Mean \pm Standard Error).

3.4. DISCUSSION

NT has been a mainstay in the pharmacotherapy of fungal keratitis and endophthalmitis(3, 65, 80, 108). The current therapeutic regimen comprises of an ophthalmic suspension of NT – Natacyn[®] (5%); however, "lower retention" at pre-corneal/corneal sites has been one of the foremost challenges that has been associated with the current Natacyn[®] therapy (3, 65, 80, 127). In our previous work (110), NT-PEG-NLCs showed better permeation across the intact corneal barrier owing to PEGylation. However, the initial formulations were simple eye-drops, without

any viscosity/mucoadhesive modifiers, and thus had lower retention at the ocular surface. Hence, to enhance the residence at the pre-corneal/corneal sites, we sought to develop and optimize a suitable gelling system to incorporate the NT carriers – NT-PEG-NLCs (developed and optimized in our previous study (110)) – for topical ocular administration.

A couple of studies have reported on the design and performance of NT gelling systems for ocular application (64, 128). The study by Janga et al., reports on the design and evaluation of NT loaded bilosome hydrogel system intended for the back-of-the-eye delivery. In their study, they developed and optimized system showed enhancement in transcorneal flux in vitro and in vivo. In another study by Paradkar et al., NT loaded niosomal gel also exhibited improved transcorneal permeation, in vitro. The fabrication processes for the formulations in both the publications, involves the use of organic solvents (DMSO, chloroform, ethanol, and methanol) which are known to be toxic even in residual amounts. So also, use of organic solvents makes the scale-up of the process challenging. The amount of surfactant (Span 60) used in the formulation of NT-loaded niosomes reported by Janga et al and Paradkar et al., is more than ~ 5 times the amount of Span used in the fabrication of NT-PEG-NLC-GEL investigated in this study. Use of such a high amount of surfactant could also lead to potential irritations/toxicities. In such a case, the formulation investigated in this study, is without the use of any organic solvents (potentially scalable formulation) and significantly lower amount of Span (~5 times lower), thereby circumventing any potential toxicities/irritations in the aggravated diseased conditions. Also, to the best of our knowledge, ours is the first study that assesses the effectiveness of a carboxyvinyl polymer based gelling system for ocular applications by evaluating, both, pre-corneal tear PK (front-of-the-eye delivery) and ocular biodistribution (back-of-the-eye delivery), in vivo.

In this study, different gel formulations were evaluated for their critical quality attributes

(CQA); first being the gelling time and gel depot collapse time. From **Table 3.5**, it is evident that the gel formulations (B1, B3, B5, and B7) having low Carbopol[®] 940 concentration (< 0.4% w/v) did not form a gel depot upon addition in STF. The formulations containing higher amounts of Carbopol[®] 940 (0.4% w/v) formed the gel depot in STF that persisted for more than 12 hours. It is evident that the presence of Carbopol[®] 940 in higher amounts (> 0.1% w/v) is essential for maintaining the gel characteristics of the NT-PEG-NLC-GEL formulation. Therefore, formulations B2, B4, B6, and B8, having higher concentration of Carbopol[®] 940 (0.4% w/v), were selected for further evaluation of their CQA.

The second CQA was rheology and viscosity. It is recommended that the ocular gelling systems exhibit pseudoplastic flow patterns, which implies that the gelling systems should undergo a reduction in their viscosity upon the application of shear, i.e., exhibit a shear thinning rheology (129). The mechanism of blinking generates shear that ranges between 10000 - 40000 l/s (129-131). Therefore, if the gelling formulation exhibits shear-thinning rheology, the process of blinking is not affected, avoiding any discomfort to the eye, thereby enhancing patient compliance (132). Also, it is reported that ocular gelling systems having viscosity between 5-1000 cP, exhibit ease of application without causing any ocular discomfort or interfering with the blinking process (132, 133). The NT-PEG-NLC-GELS exhibit a viscosity of ~500 cP at 500 1/s shear rate (20 times lower shear than the shear generated by blinking); indicating that the viscosity would further be lower at the blinking shear rates. Therefore, the application of a gelling system with shear-thinning rheology, leads to a reduction in the viscosity of the gelling formulation owing to the shearing force associated with blinking. Accordingly, all the selected gel forming formulations (B2, B4, B6, and B8) exhibited shear-thinning rheology and a marked decrease in viscosity with increasing shear rates (Figure 1).

Gel texture analyses parameters such as firmness and work of adhesion (**Table 3.5**) are the CQAs that provide information on the gel characteristics. Firmness describes the ability of the gel to maintain its cohesivity and work of adhesion describes the extent of the ability of the spreading of the gel as a thin film upon the application of shear (134). The firmness and work of adhesion values for gel formulations B2, B4, B6, and B8, indicate that they would maintain the cohesivity of the gel film and help stabilize it as a thin film over the ocular surface. Additionally, a statistically non-significant difference was observed in the values for viscosity, rheological patterns, firmness and work of adhesion of these formulations. The concentration of Carbopol[®] 940 in these formulations was the same (0.4% w/v), which suggests that Carbopol[®] 940 is primarily responsible for affecting these two CQA in these formulations. This is consistent with reports that Carbopol[®] (all grades) is known to have a dominant effect on the texture properties of the formulations containing it (121, 135-140). The shear-thinning rheology of the gel scoupled with favorable firmness and adhesivity values would aid in the stabilization of the gel film over the ocular surface without affecting the corneal tear film (130, 134, 141).

Since, all the gelling formulations (B2, B4, B6, and B8) exhibited similar rheological and textural properties, the most optimum gelling system was selected on the basis of guar gum-toboric acid ratio. In all the above-mentioned formulations, guar gum: boric acid ratio ranged from 1:2 (B2), 1:2.5 (B8), 1:4 (B4), to 1:5 (B6). Although the texture characteristics of B2, B4, B6 and B8 were not significantly different, the unstressed gel viscosity of formulation B2 was the highest whereas that of B6 was the lowest. Thus, the ratio of guar gum and boric acid had an effect on the viscosity of the gel formed on contact of the formulation with the STF; B2 (1:2) demonstrating higher gel viscosity than any of the others (1:2.5, 1:4 or 1:5).

Formulations B2 and B6 were further evaluated for their transcorneal permeation

characteristics to understand if guar gum: boric acid ratio had any impact on the permeation of NT-PEG-NLCs from the gelling system. From **Figure 3.2**, it is observed that the gelling formulation B6 (guar gum:boric acid::1:5) did not show any transcorneal NT permeation at the end of the 3-hour study, whereas, gelling formulation B2 (guar gum:boric acid::1:2) showed transcorneal NT permeation. This could be attributed to the presence of a higher amount of boric acid (borate anion) which could have led to the formation of a borate-NT (a polyene antifungal) complex which would have potentially reduced the solubility and dissolution rate, and also reduced/controlled the transcorneal NT permeation (142). Thus, the gelling formulation B2 was chosen as the most suitable and optimized formulation for further evaluations.

The trend for transcorneal rate of permeation, flux, and permeability followed the order – NT-PEG-NLC-GEL < Natacyn[®] < NT-PEG-NLCs. The trend was the highest for NT-PEG-NLCs which is consistent with the reported literature (PEGylation facilitates improved penetration across the corneal mucosa and epithelium) (91, 102, 103, 110). However, in case of NT-PEG-NLC-GEL the trend was lowest which could be ascribed to the entrapment of the NT-PEG-NLCs in the gelling system (128). The gelling system manifested as a primary barrier for NT release from the embedded NT-PEG-NLCs (128).

The low standard deviation for the mean NT content (95.53 \pm 0.61) % w/v obtained from three different regions of the formulation indicates a homogenous formulation. The pH of an ophthalmic formulation plays a critical role in assessing it potential utility; since, extreme pH ranges could lead to ocular discomfort, irritation, and redness (132). pH of the FDA approved marketed suspension (Natacyn[®]) ranges between pH 5.0 – 7.5; therefore, the optimized gelling system reported in this study having a pH value (5.5 \pm 0.1) would, also be well tolerated (56).

The rate of release of NT was sustained and slower from the NT-PEG-NLC-GEL in

comparison to the NT suspension (control) (**Figure 3.3 (A)**). A 3-fold decrease was found in the NT release from the gelling system in comparison to the control, indicating that the entrapment of NT in NLCs and further entrapment of the NT-PEG-NLCs in the cross-linked gelling system sustained/slowed the release of NT from NT-PEG-NLC-GEL. The modeling of release data for release kinetics revealed that the NT release from NT-PEG-NLC-GEL showed a better fit to Higuchi release kinetics compared to the other release models (higher r² value) (**Figure 3.3 (B)**) (143). This fit implies that assumptions of Higuchi kinetics hold true (132, 144, 145).

The tear kinetics data shows that the $MRT_{0-\infty}$ and $T_{0.5}$ with the NT-PEG-NLC-GEL was significantly greater than NT-PEG-NLCs indicating that the gelling system prolongs the MRT of NT by decreasing its pre-corneal loss (**Table 3.6**). The dose normalized C_{max} and AUC_{0-t} values associated with the NT-PEG-NLC-GEL was \approx 2-folds higher than NT-PEG-NLCs. NT were detectable in the tear until the end of 5-hours from the gelling system in contrast to NT-PEG-NLCs wherein NT was detected until the end of 3-hours only. Interestingly, a 16-fold higher dose of NT with the Natacyn[®] suspension formulation exhibited similar $T_{0.5}$ and MRT values (statistically non-significant). The dose normalized C_{max} (**Figure 4**) and AUC_{0-t} of NT from Natacyn[®] was, thus, disproportionately \approx 14-fold and 7-fold lower than that from NT-PEG-NLC-GEL. The NT-PEG-NLC-GEL system at a lower dose (1/16th of Natacyn[®]) achieves significantly better NT PK parameters compared to Natacyn[®] suggesting that NT-PEG-NLC-GEL could be a potential alternative to Natacyn[®] in case of superficial fungal infections.

In our previous investigations, NT-PEG-NLCs (0.3%) showed enhanced NT permeation across the intact corneal barrier and the NT levels from NT-PEG-NLCs were similar to the marketed suspension (Natacyn[®], 5%) in inner ocular tissues (AH, VH, and ICB), *in vivo* (110). Therefore, to assess the effectiveness of the gelling formulation in NT delivery in the current ocular biodistribution study, dosing specifications (amount and volume of dose) were kept similar to the previously published study. NT formulations containing 0.3 mg NT were chosen; since, they were highest NT loaded formulations that were optimized and stabilized which provided enhanced transcorneal permeation (110). One-hundred microlitres of the formulations were instilled to provide the highest NT dose (0.3 mg) from the formulations and were instilled as two drops of 50 μ L to prevent spillage from the *cul de sac*. A high dose of NT was chosen, since the *in vivo* evaluations were to be conducted across intact and uninflamed cornea which would pose a significant barrier for NT permeation than a fungal infected and inflamed corneal barrier. Since Natacyn[®] is clinically administered at 5% dose, in these *in vivo* investigations its clinical dose was followed to compare its profile to the NT formulations at lower dose. The current therapeutic regimen calls for the administration of Natacyn[®] (5%) every 1 or 2-hours (65, 80, 110). Therefore, to evaluate if the optimized gelling system could potentially reduce the dosing frequency, every 3 and 4-hour instillation was investigated.

In cornea, AH, and ICB (**Figure 3.5**), NT concentration from NT-PEG-NLC-GEL was significantly higher than NT concentration obtained from NT-PEG-NLC, consistent with the higher MRT and T_{0.5} values in the tear fluid. Higher MRT and T_{0.5} value suggested a higher retention and lower elimination of NT from the gelling system compared to NT-PEG-NLCs. The NT concentration in cornea from Natacyn[®] (5%) was \approx 2.5 and 3.5-fold higher (every 3 and 4-hour dosing, respectively), \approx 2-fold higher in ICB, and \approx 3-fold higher in VH compared to NT levels obtained from NT-PEG-NLC-GEL. However, in case of all the above-mentioned observations, it should be noted that Natacyn[®] dose which was 16-fold higher caused only a disproportionate increase in the corneal, ICB, and VH concentrations compared to NT-PEG-NLCs. In contrast to the other tissues, AH NT concentrations from the NT-PEG-NLC-GEL formulation

were 3 and 2-fold higher (for every 3 and 4-hour instillation, respectively) than Natacyn[®] (5%). High MRT and $T_{0.5}$ for NT-PEG-NLC-GEL coupled with the quicker diffusion of NT-PEG-NLCs from the gelling system across the corneal and ocular barriers, owing to PEGylation, could have led to higher NT concentrations in AH from NT-PEG-NLC-GEL in comparison to Natacyn[®] (5%).

3.5. CONCLUSION

The NT-PEG-NLC-GEL – composed of carboxyvinyl polymer guar gum-borate, reported in this study could serve as a potential substitute to the suspension in cases of OFI. The optimized NT-PEG-NLC-GEL system exhibited the formation of a gel depot that did not collapse immediately (> 12 hours), shear thinning rheology, adequate firmness, and spreadability (evaluated as work of adhesion). Additionally, the transcorneal permeation and release studies indicated that the NT-PEG-NLC-GEL exhibited a lower/slower flux, rate, and sustained release of NT in comparison to the control/s. The NT-PEG-NLC-GEL demonstrated superior pre-corneal PK parameters and ocular biodistribution in comparison to NT-PEG-NLCs (without the gelling components) which indicated that incorporation of the gelling agents improves the residence and lowers the pre-corneal losses/drainage, thereby improving its effectiveness. The NT-PEG-NLC-GEL (0.3%) attained comparable MRT and $T_{0.5}$ and higher dose normalized C_{max} and AUC_{0-t} at the pre-corneal/corneal sites and similar NT levels in the inner ocular tissues at a dose which is about 16-fold lower than the marketed suspension (Natacyn[®] (5%)), indicating that it could be a potential lower dose alternative to the conventional marketed suspension during the ocular antifungal regimen.

CONFLICT OF INTEREST

The authors have declared no conflict of interests regarding this article.

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Chapter 4

Design and *In vitro – In vivo* Evaluation of Eudragit[™] Based Natamycin Films for Fungal Infections of the Eye.

Abstract:

Antifungal pharmacotherapy with natamycin (NT) has been one of the foremost therapeutic approaches utilized in the management of ocular fungal infections (OFI). Presently, Natacyn[®] suspension (instilled as eve drops) is the only US-FDA approved medication that is indicated in the treatment of OFI. However, lower retention and permeation at the ocular site are two of the major challenges associated with the present NT therapy. Therefore, to overcome these challenges, Eudragit[™] RLPO based ocular films were designed and evaluated as potential alternative dosage forms for ocular delivery of NT. Central Composite Design was utilized in the design and optimization of NT-loaded films; with, amounts of Eudragit[™] RLPO and amounts & grades of the MethocelTM being the independent factors and peelability, % cumulative release, time required for release to plateau, and thickness as the dependent variables. It was found that all the three independent factors affected the dependent variables significantly which was further elucidated by one-factor interaction plots. An optimized film formulation (NT-film-14) was selected on the bases of the constraints and interaction plots; and, it exhibited significantly higher transcorneal permeation (ex vivo) and superior pharmacokinetic parameters (in vivo) in comparison to the marketed suspension – Natacyn[®]. These observations imply that, NT-loaded films could be explored as alternative dosage forms in the management of OFI.

4.1. INTRODUCTION

Polyene (natamycin and amphotericin B) and azole (fluconazole, ketoconazole, voriconazole) class of antifungal drugs have been routinely used as therapeutic agents in the management of ocular fungal infections (OFI) (109). Amongst these antifungal agents, natamycin (NT) has been the only US FDA approved antifungal agent for the management of OFI (108). It is marketed as a supersaturated ophthalmic suspension that is applied topically at the ocular surface. The reason that NT is the only approved medication for OFI pharmacotherapy is attributed to its better safety/tolerability profile upon topical administration and its selective potent activity against filamentous fungal species, compared to the other antifungal agents (80).

Despite these favorable aspects associated with NT therapy, there are challenges associated with the ocular delivery of NT in the treatment of superior and deep-seated OFI. One of the major challenges with the therapy is the higher precorneal losses since it is instilled topically in the form of eye drops. These losses result in the poor ocular bioavailability of the suspension which necessitates frequent administration which results in poor patient compliance, increased cost of therapy, and higher chances of untoward side-effects (80, 109, 110).

In recent times, films have come to be investigated as potential drug delivery platforms for the delivery of therapeutic agents at the ocular site. These ocular films offer advantages such as ease of administration, greater accuracy in dosing, prolonged retention at the ocular site, sustained/controlled drug release, lowered precorneal losses, and superior ocular pharmacokinetic parameters in comparison to the conventional topical ocular dosage forms such as suspensions and solutions (146, 147).

Ocular films for the delivery of therapeutics such as acetazolamide, diclofenac sodium, timolol maleate, ofloxacin, ciprofloxacin, levofloxacin, dorzolamide hydrochloride, triamcinolone

acetonide, and naphazoline hydrochloride have been reported in literature (146, 148-152). Amongst all these, triamcinolone acetonide, diclofenac sodium, and acetazolamide loaded ocular films have been evaluated for their feasibility to deliver the drugs at their intended ocular site of action. Tatke et al. reported the development of triamcinolone acetonide (TA) ocular films using polyethylene oxide (PEO) and Soluplus[®] and these films exhibited significantly higher TA concentration in the back-of-the-eye in comparison to the control (TA suspension) (153). Similarly, in the study reported by Adelli et al., PEO and Duolite[®] AP 143/1083 based polymeric films containing diclofenac sodium (DS) could provide higher DS concentrations in the anterior ocular chamber compared to the DS suspension (154). Acetazolamide loaded ocular films composed of carbopol[®] 974P, sodium carboxymethylcellulose, and poloxamer lowered intraocular pressure in normotensive rabbits thereby exhibiting their effectiveness (150).

Therefore, to potentially improve the therapy associated with NT in OFI, we sought to design ocular films containing NT. In the current study, EudragitTM RLPO based NT loaded ocular films were designed and optimized using a central composite design and the optimized film was evaluated *in vitro*, *ex vivo*, and *in vivo* to assess its effectiveness in the delivery of NT at the ocular site.

4.2. MATERIALS AND METHODS

Chemicals

NT was purchased from Cayman Chemicals (Michigan, USA). Eudragit[™] RLPO was kindly gifted by Evonik Corporation (New Jersey, USA); Methocel[™] K15M premium hydroxypropyl cellulose (HPMC K15M; mol wt.: 750 kDa) and Methocel[™] K4M CR hydroxypropyl cellulose (HPMC K4M; mol wt.: 500 kDa) were gifted by Colorcon Corporation (Pennsylvania, USA). Propylene glycol was purchased from Fisher Scientific (New Jersey, USA).
All the solvents were of the highest analytical grade and bought from Fisher Scientific (Illinois, USA).

Methods

Experimental design

A 20 experimental run central composite design generated using Design-Expert[®] software (version 11) was utilized in the design and subsequent optimization of the NT loaded films. The independent factors utilized in the study were the amounts of Eudragit[™] RLPO and amounts & grades of the Methocel[™] used (either Methocel[™] K15M premium hydroxypropyl cellulose (HPMC K15M; mol wt.: 750 kDa) or Methocel[™] K4M CR hydroxypropyl cellulose (HPMC K4M; mol wt.: 500 kDa)). The dependent variables utilized in the design were peelability, % cumulative release, time required for release to plateau, and film thickness. The independent factors were varied at three levels and constraints were placed for the dependent variables in optimizing and choosing the most suitable NT film formulation. **Tables 4.1 and 4.2** present the details on the 20 experimental run central composite design.

Table 4.1: Independent factors (varied at three levels) and dependent variables in the 20

• • • • •		. 1	•,	1 .
experimental	run	central	composite	design
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Factors	Levels		
Independent factors	Level 1	Level 2	Level 3
Eudragit TM RLPO (mg)	200	300	400
HPMC K15M or	100	150	200
HPMC K4M (mg)			
Dependent variables	Constraints		

0 or 1; 0: not peelable and 1: peelable
Maximum
Prolonged duration
Maximum

Table 4.2: 20 experimental run CCD

	Factor 1	Factor 2	Factor 3
Run	Eudragit [™] RLPO (mg)	Methocel ^{тм} (mg)	Methocel [™] grade
1	200	100	K15M
2	400	200	K4M
3	400	200	K15M
4	300	150	K15M
5	200	200	K15M
6	200	200	K4M
7	300	150	K4M
8	300	220	K4M
9	300	150	K15M
10	441	150	K15M
11	300	79	K4M
12	400	100	K15M
13	400	100	K4M

	Factor 1	Factor 2	Factor 3
Run	Eudragit™ RLPO	Methocel TM	Methocel TM grade
	(mg)	(mg)	
14	300	220	K15M
15	158	150	K4M
16	158	150	K15M
17	300	79	K15M
18	200	100	K4M
19	441	150	K4M
20	300	150	K4M

Preparation of NT-films

NT films were prepared by solvent cast method. A 1:1 blend of methanol and dichloromethane was prepared and propylene glycol (1600 µg) was added to it. NT (100 mg) was then added to it and mixed thoroughly using a vortex genie mixer. Known amounts of EudragitTM RLPO and MethocelTM K15M HPMC/MethocelTM K4M CR HPMC were then added as specified by the experimental design (**Table 4.2**). Six milliliters of the formulation were then poured into a petriplate and dried in a desiccator connected to a vacuum source for 24-hours.

Characterization of NT-films

Peelability: Peelability was the first evaluation test that was performed for all the films. Once the films were formed in the petriplate post 24-hours drying in vacuum, the films were gently peeled off using a pair of forceps in a single continuous stroke. The responses for peeling were recorded as 0 or 1; with 0 being the inability of the films to be peeled without breaking and 1 being the easy peelability of the films without any breaking/damage in a single continuous stroke.

NT content in NT-films: A film of dimension 1cm² was cut and added into one milliliter of extracting solvent blend containing methanol: dichloromethane (1:1). It was then mixed using a vortex genie mixer and centrifuged at 13,000 rpm for 10 minutes on a table-top centrifuge and the supernatant was analyzed for NT using a validated HPLC method, that is outlined in the analytical method section subsequently.

Release studies: NT release was evaluated for all the films that passed the peelability test. For the *in vitro* release studies, simulated tear fluid (STF; NaCl (0.68% w/v), NaHCO₃ (0.22% w/v), CaCl₂ (0.008% w/v), and KCl (0.140% w/v) in deionized water) was used as the release medium. *In vitro* release protocols for ocular films outlined by Adelli et al. and Tatke et al., were followed for evaluating the NT release from films in this study (153, 155). NT-films were placed at the bottom of glass scintillation vials and a brass mesh of sieve size #10 was positioned on top of the film with a small magnetic stirrer placed above the mesh. 20-mL of STF was then added into the glass scintillation vials. The entire release setup was maintained at a temperature of $34 \pm 0.2^{\circ}$ C with continuous magnetic stirring. At pre-determined time points, 1 mL aliquots were withdrawn and replenished with an equal amount of STF. NT concentration was analyzed using a validated HPLC method, as discussed in the subsequent analytical section. % cumulative release and time required for the release to plateau were evaluated from the *in vitro* NT release data.

Thickness: Film thickness was evaluated for all the films that passed the peelability test and could be peeled off. For determining the film thickness, entire film peeled off the petriplate was used. The thickness was evaluated using General UltraTech[®] calipers. Three independent measurements were taken at different positions on the entire film area.

Interaction between independent factors and dependent variables (selection of the most optimized formulation): For evaluating and understanding the interaction between independent factors and dependent variables, one-factor plots were developed using Design Expert[®] software (version 11). These plots further aided in the selection of the most suitable NT-film formulation.

pH: pH of the selected NT-film-14 was evaluated using Mettler Toledo pH meter (Belgium). Briefly, the films were cut into 1 cm^2 dimension and soaked placed into 3 mL of STF (pH = 7.4) and the surface pH was then measured.

Transcorneal permeation: Isolated rabbit cornea (Pel-Freez Biologicals[®], Arkansas, USA) were used to assess the transcorneal flux, permeability, and permeation rate of NT from the optimized NT-film-14 and Natacyn[®]. The isolated rabbit corneas were mounted on vertical Franz diffusion cells (PermeGear[®], Inc.) and clamped between the donor and receiver compartments. The corneal epithelial surface faced the donor cell in which the formulations were placed. NT-film-14 (1 cm²; containing 2 mg of NT dose) and five hundred microliters of Natacyn[®] (containing 25 mg of NT dose) were the test formulations that were placed in the donor chamber (n=3). The receiver medium consisted of 5 mL of 2.5% w/v randomly methylated- β -cyclodextrin (RMBCD) in Dulbecco's Phosphate-Buffered Saline (DPBS) which helped in preserving the corneal integrity and maintaining sink conditions during the study. The medium in the receiver compartment was stirred continuously using a magnetic stirrer (123, 124). Over the 3-hours duration of the study, 600 µL aliquots were withdrawn at designated time intervals and replaced with an equal volume of RMBCD in DPBS. NT concentration was quantified using the HPLC analytical method outlined in the subsequent analytical methods section.

In vivo pre-corneal tear pharmacokinetics (PK): Male New Zealand White (NZW) Rabbits (3-3.5 kg), were purchased from Charles River Labs and were used in the evaluation of

pre-corneal tear PK of NT-films and the marketed control – Natacyn[®]. Tenets of the Association for Research in Vision and Ophthalmology statement on the use of animals in ophthalmic vision and research and the University of Mississippi Institutional Animal Care and Use Committee approved protocols were followed during the *in vivo* animal studies. NT-film-14 (1 cm²) was instilled in the lower *cul-de-sac* of the rabbit and Natacyn[®] was topically dosed (100 μ L administered as two drops of 50 μ L each) in triplicates (n=3). Therefore, amount of NT dose received by the rabbits was 2 mg (for NT-film-14) and 5 mg (for Natacyn[®]). At designated time points (t = 0, 0.5, 1, 2, 3, 4, 5, and 6 hours) by gently touching a pre-weighed piece of filter paper at the corneal surface tear bio-samples were collected. The estimation of NT from the tear bio-samples was estimated using the amount of tear fluid collected (determined by calculating the difference in the dry and wet weights of the filter paper before and after tear collection).

NT from the biosamples was extracted using six hundred microliters of ice-cold methanol, mixed using a vortex genie mixer, and centrifuged at 13,000 rpm for 15 minutes. The supernatant was then collected and evaluated for NT content using the HPLC method outlined in the subsequent section (analytical methods). The data was then analyzed using PKSolver software 2.0 for determining the various PK parameters (126).

Analytical methods

Determination and quantification of NT was performed using a validated HPLC method. The HPLC analytical system comprised of a Waters 717 plus auto-sampler attached to a Waters 2487 Dual λ Absorbance UV detector, a Waters 600 controller pump, and an Agilent 3395 Integrator. A mixture of phosphate buffer (0.2 M, pH 5.5) and acetonitrile (70:30) with flow rate of 1 mL/min was used the mobile phase and a C18 Phenomenex Luna[®] (5 μ , 250 x 4.6 mm) column was used for the chromatographic separation. The injection volume was 20 μ L, with detection being carried out at a wavelength of 304 nm at AUFS 1.00. The method was validated with respect to linearity (> 0.99), LOD (0.1 μ g/mL), LOQ (0.5 μ g/mL), accuracy and precision (< 5% RSD).

STATISTICAL ANALYSES

A minimum of 3 independent experimental trials (n=3) have been carried out. All the data has been represented as mean \pm standard deviation and/or mean \pm standard error. Statistical analyses were accomplished using Student's t-test and/or one-way analysis of variance (ANOVA) and at p-value less than 0.05 statistical difference was deemed significant.

4.3. RESULTS

Peelability: The results from the peelability studies are presented in **Table 4.3**. Out of the 20 experimental runs, only 7 NT-films could be peeled off in a single continuous stroke. Therefore, only these 7 films were evaluated further to select the most suitable NT-film formulation.

Run	Peelability	Selected NT-films
1	0	
2	0	
3	1	\checkmark
4	0	
5	1	\checkmark
6	1	\checkmark
7	0	
8	1	\checkmark
9	0	

Table 4.3: Peelability and NT content results for the 20-experimental run CCD study.

Run	Peelability	Selected NT-films
10	0	
11	0	
12	0	
13	0	
14	1	~
15	1	~
16	1	~
17	0	
18	0	
19	0	
20	0	

NT content in NT-films: The films that could be easily peeled off were evaluated for NT content (run numbers: 3, 5, 6, 8, 14, 15, and 16). The NT content results have been tabulated in **Table 4.4**.

Run	Assay (%)	Cumulative release (%)	Time required for the release to plateau (h)	Thickness (mm)
3	97.00 ± 2.1	44.87 ± 2.16	6	0.52 ± 0.01
5	94.17 ± 1.33	40.87 ± 5.63	4.5	0.49 ± 0.01
6	88.52 ± 3.21	60.60 ± 3.84	3	0.30 ± 0.02
8	90.82 ± 2.76	56.09 ± 6.48	4	0.38 ± 0.00
14	94.80 ± 3.1	45.56 ± 5.39	5	0.55 ± 0.01
15	$9\overline{6.47 \pm 1.98}$	56.29 ± 3.15	2.5	0.10 ± 0.02
16	88.25 ± 2.36	51.91 ± 0.65	3.5	0.46 ± 0.00

 Table 4.4: Results for the 7 NT-film formulations that were selected post the peelability study.

Release studies: The % cumulative release for the 7 NT-films is tabulated in **Table 4.4**. All the 7 films showed burst release at 30 minutes with film-6 showing the highest burst release (> 49%) and film-14 showing the lowest burst release (~ 21%). Film-3 required the longest time (6-hours) to reach a plateaued drug release phase whereas film-15 quickly reached a plateau release phase at 2.5-hours. The release for all the other films ranged between 2.5-6 hours and is presented in **Table 4.4**.

Thickness: The thickness for the NT-films ranged from 0.10 - 0.55 mm for the films; with film-15 being the thinnest and film-14 showing the highest thickness. The results on thickness of the peelable NT-films are presented in **Table 4.4**.

Interaction between independent factors and dependent variables: Using a reduced linear model, it was found that all the three dependent variables (% cumulative release, time required for the release to plateau, and thickness) were significantly affected by the independent factors – MethocelTM grade, EudragitTM RLPO and MethocelTM amounts. The degree of this effect is given by the p-value and the results from the interaction are presented in **Table 4.5** and **Figures 4.1, 4.2, and 4.3**.

Dependent variables	Independent factors that	p-value
	affect the response variable	
	significantly	
% cumulative release	Methocel [™] grade	0.0104
Time required for the	Methocel [™] grade	0.0009
release to plateau	Eudragit [™] RLPO amount	0.0032
Thickness	Methocel [™] grade	0.0013
	Methocel TM amount	0.0005

Table 4.5: ANOVA for reduced linear model.



Figure 4.1: One-factor interaction plot showing the effect of Methocel[™] grade on % cumulative release.



Figure 4.2: One-factor interaction plots showing the effect of Methocel[™] grade and Eudragit[™] RLPO amount on time required for the release to plateau.



Figure 4.3: One-factor interaction plots showing the effect of Methocel[™] grade and Methocel[™] amount on film thickness.

pH: The pH of NT-film-14 was approximately 5.8 ± 0.2 pH units.

Transcorneal permeation: The transcorneal permeability of NT from NT-film-14 and Natacyn[®] was observed to be $(0.436 \pm 0.029) \times 10^{-5}$ and $(0.01 \pm 0.002) \times 10^{-5}$ cm/s, respectively. The transcorneal rate and flux of NT from NT-film-14 was approximately 3 times higher in comparison than that from Natacyn[®]. Thus, the general trend for NT permeability, rate, and flux was NT-film-14 > Natacyn[®] (Figure 4.4).



Figure 4.4: Plot of rate (μ g/min), flux (μ g/min/cm²), and permeability (× 10⁻⁵ cm/s) for NT permeation across the isolated rabbit cornea from NT-film-14 and Natacyn[®] over 3-hours, (n=3); data represented as mean ± standard error of mean; (*) denotes statistically significant difference at p < 0.05.

In vivo pre-corneal tear pharmacokinetics (PK): Results obtained from the pre-corneal tear PK parameters (area under curve from time t = 0 to t = 6 h (AUC_{0-t}), half-life (T_{0.5}), maximum concentration (C_{max}), mean residence time (MRT_{0-∞})) are summarized in **Table 4.6** and represented

in Figure 4.5.

Test formulations		NT-film-14	Natacyn®
Dose		2 mg	5 mg
PK parameter	Units		
AUC _{0-t}	μg/μL*h	1.35 ± 0.03	3.48 ± 0.13*
Dose normalized AUC _{0-t}	(µg/µL*h)/mg	0.68 ± 0.05	0.70 ± 0.02
T _{0.5}	h	0.81 ± 0.03	$0.64 \pm 0.02*$
C _{max}	μg/μL	1.28 ± 0.10	$4.43 \pm 0.25*$
Dose normalized C _{max}	(µg/µL)/mg	0.64 ± 0.04	0.89 ± 0.05
MRT _{0-∞}	h	1.04 ± 0.06	0.56 ± 0.01*

Table 4.6: Precorneal tear PK parameters obtained for NT-film-14 and Natacyn[®].

*: statistically significant difference between NAT-film-14 and Natacyn[®] at p < 0.05



Figure 4.5: Plot of dose normalized NT concentrations ($\mu g/\mu L$) versus time (hours) profile for NT-film-14 and Natacyn[®]; (*) denotes statistically significant difference at p < 0.05;

(n=3, data represented as mean \pm standard error of mean).

4.4. DISCUSSION

NT suspension (Natacyn[®]) that forms the first line of therapy in treating OFI suffers from two major challenges – low bioavailability (attributed to it being instilled as topical eye-drops) and frequent instillation (owing to high precorneal losses) (65, 80, 110). Both these factors lead to poor patient compliance during the therapy which increases the chances of treatment failure (3, 65, 80). Therefore, to circumnavigate these challenges, polymeric ocular films were explored as potential delivery platforms for ocular delivery of NT; since, the polymeric ocular films are known to exhibit enhanced retention at the precorneal site and provide a controlled/sustained release of drug over a prolonged period (146, 147).

EudragitTM polymers have been widely used in various drug delivery systems owing to their non-toxicity, pH sensitive drug release, their ability to provide controlled/sustained release, and their mucoadhesivity (the positively charged groups in EudragitTM polymers interact with the negativity charged mucus layer on the ocular surface to provide mucoadhesion) leading to improved ocular/precorneal retention (156, 157). Amongst all the EudragitTM grades, EudragitTM RLPO has been evaluated for its safety and toxicity upon ocular application and it was found that EudragitTM RLPO did not elicit any untoward unsafe/toxic reaction in the eye and showed improved ocular retention owing to their mucoadhesive nature (158). Owing to these features, EudragitTM RLPO was utilized as a mucoadhesive polymer in the fabrication of NT ocular films in this study.

Methocel[™] or HPMC has been widely used in the design of various polymeric dosage forms and has been primarily used as a retardant to aid in controlling/sustaining the release of drug in the dosage form. HPMC has been categorized as a 'generally recognized as safe' additive (GRAS)' in formulations and has also been used in numerous ocular formulations intended for dry eye disease and glaucoma (159, 160). Owing to these reasons, HPMC and its two grades (HPMC K15M (high molecular weight; high viscosity) and HPMC K4M (low molecular weight; low viscosity)) were evaluated as retardants in the fabrication of NT films. Also, from amongst the two evaluated HPMC grades, one HPMC grade providing a suitable NT release (good retardant ability) was selected in the selection of the most suitable NT film.

Plasticizers have been used in the preparation of films to improve the film forming ability, impart flexibility, and reduce brittleness (161). Propylene glycol has been one of the most commonly used plasticizers; and, has been chosen in this study since it is a GRAS additive and has been used in ophthalmic formulations (162, 163).

To select the most suitable NT-film formulation, a central composite design was utilized with independent factors and dependent variables specified in the design. Since a controlled/sustained release over a prolonged duration (with the intent to reduce the frequent dosing that is associated with the conventional Natacyn[®] therapy) was warranted from the NT polymeric film, % cumulative release and time required for release to plateau were chosen as the dependent variables. The thickness of the film also is known to affect drug release profile and therefore was incorporated as a dependent variable in the study. All these variables would be affected by the film forming polymers – Eudragit[™] RLPO and Methocel[™] (their amounts and grade) and were therefore selected as independent factors.

Percent cumulative release was found to be significantly affected by Methocel[™] grade (HPMC 4K vs 15K) (**Table 4.5**; **Figure 4.1**). The % cumulative release was higher with 4K grade of Methocel[™] in comparison to the 15K grade. This could be attributed to the fact that the 4K grade has a lower molecular weight and viscosity than the 15K grade. As of result of this, the 15K grade would induce greater chain entanglement than the 4K grade of Methocel[™] which would exhibit lower chain entanglement owing to a comparatively lower viscosity and molecular weight (164, 165). Hence, higher viscosity polymers (15K grade) would lead to the formation of thicker gel layer after hydration in the ocular milieu causing a more retarded/controlled NT release than lower viscosity (4K) grade Methocel[™].

Methocel[™] grade and amount of Eudragit[™] RLPO were both found to have a significant effect on the time required for the release to plateau (**Table 4.5**; **Figure 4.2**). Methocel[™] 4K grade showed a shorter duration for the release to plateau whereas 15K grade took a longer duration for the release to plateau. This could be attributed to the fact that 15K grade (higher viscosity and molecular weight) led to the formation of highly entangled and cross-linked gel-matrix upon

hydration in the ocular milieu that resulted in a slower NT release which led to a longer duration for the NT release to plateau out (165). Also, with an increase in the amount of Eudragit[™] RLPO the time required for the release to plateau increased significantly. With an increase in the amount of polymer, greater cross-linking would have occurred in the gelled film matrix that impeded the faster release of NT leading to longer time for the release to plateau (166, 167).

Thickness was found to be significantly affected by the amount and grade of MethocelTM (**Table 4.5**; **Figure 4.3**). MethocelTM grade 15K showed films with significantly higher thickness than the 4K grade, owing to the higher molecular weight and viscosity of 15K in comparison to the 4K grade (163, 168). With increasing the amount of MethocelTM, thickness of the films increased significantly owing to higher amounts of retarding film polymer being incorporated into the film weight; that has also been reported in the development of verapamil film-strips wherein increasing MethocelTM amount increased the thickness of the film (169).

Upon understanding the effect of independent factors on the dependent variables using onefactor interaction plots and the results obtained for dependent variables (% cumulative release, time required for release to plateau, and thickness) from the characterization evaluations, NT-film-14 was chosen as the most suitable film formulation. NT-film-14 was chosen as the suitable film formulation over the other film formulations owing to it sustaining/controlling NT release (45.56 \pm 5.39%) over 5-hours with the lowest burst release and higher thickness. Therefore, NT-film-14 was further evaluated for its *in vitro* and *in vivo* effectiveness and compared to the marketed product – Natacyn[®] ophthalmic suspension.

One of the critical factors in assessing the utility of an ocular formulation is its pH; since, extremely high or low pH values for the ocular products could lead to irritation, discomfort, redness, and inflammation in the eye (132). The pH of Natacyn[®] ranges between pH 5.0 - 7.5;

hence, NT-film-14 which was selected as the most suitable film in this study had a pH value (5.8 \pm 0.2) that was within the pH range of the marketed Natacyn[®] implying that the film formulation could also be well tolerated in cases of OFI (56).

In vitro transcorneal studies revealed that the trend for transcorneal flux, permeability, and rate of permeation was – NT-film-14 > Natacyn[®]. The significantly higher trend for NT flux, rate of permeation, and permeability from NT-film-14 could be attributed to the films being composed of EudragitTM RLPO and propylene glycol. It has been reported in literature that, mucoadhesivity provided by EudragitTM polymers (in this study by the RLPO grade) improves the corneal adhesion/contact, thereby retaining and improving the drug residence at the corneal site, and enhancing the drug permeation across the corneal barrier (170, 171). Additionally, the propylene glycol that is incorporated as a plasticizer has been known to be penetration enhancer by improving the epithelial hydration, thereby further aiding in enhancing the drug permeation across the corneal epithelial barrier (172, 173).

Only a few studies reported in literature have evaluated the *in vivo* effectiveness of films in the delivery of therapeutics to the eye (153, 154, 174). However, to the best of our knowledge, ours is the first study that assesses the efficacy of a Eudragit[™] RPLO based ocular film containing NT by evaluating its pre-corneal tear PK, *in vivo*, for its potential utility in OFI.

Tear PK analyses were undertaken to evaluate the feasibility of NT-film-14 in delivering and prolonging the MRT at the target precorneal and corneal sites (common sites for OFI) and compare it to the marketed Natacyn[®] suspension. From **Table 4.6**, it is concluded that $T_{0.5}$ and MRT_{0-∞} for NT-film-14 is significantly higher than Natacyn[®] suspension (p < 0.05) which shows that the film prolongs/extends the MRT and reduces the elimination (indicated by a significantly higher elimination half-life) of NT at the precorneal site. Furthermore, C_{max} and AUC_{0-t} (dose normalized) values for NT-film-14 and Natacyn[®] did not show a statistical difference, indicating that similar NT concentrations were obtained from both the NT formulations. Additionally, NT from NT-film-14 was detected until the end of 6-hours in contrast to Natacyn[®] wherein NT was not detected post 5-hours. These observations imply that NT-film-14 delivers and prolongs NT release at the precorneal site and results in significantly higher MRT and T_{0.5} and produces similar dose normalized NT concentrations compared to Natacyn[®], despite a two-and-half fold dose difference between the two formulations (2 mg (NT-film-14) versus 5 mg (Natacyn[®])). This implies that the film formulation at lower dose (2/5th of Natacyn[®]) is effective in achieving significantly higher/comparable PK parameters compared to Natacyn[®] at the precorneal site However, redness was observed in one rabbit administered with NT-film-14, which necessitates the evaluation of its safety/toxicity profile that constitutes the future scope of this study, to better understand the feasibility of NT-film-14 in the management of OFI.

4.5. CONCLUSION

EudragitTM RPLO based ocular film containing NT were prepared using solvent-cast method and optimized using central composite design. The amount of EudragitTM RPLO and amount & grade of MethocelTM was found to have a significant effect on critical quality attributes of NT loaded films such as peelability, % cumulative release, time required for release to plateau, and thickness. The optimized film – NT-film-14 was found to provide a controlled/sustained release over 5-hours, *in vitro*; and, led to significantly higher rate of permeation, flux, and permeability compared to Natacyn[®] across the corneal barrier, *ex vivo*. From *in vivo* tear PK analyses it was found that the optimized NT-film-14 formulation exhibited significantly higher (MRT and T_{0.5}) or similar (dose normalized C_{max} and AUC_{0-t}) PK parameters in the eye in comparison to Natacyn[®], at a markedly lower dose (2/5th of Natacyn[®]) indicating its potential utility in the management of fungal infections of the eye.

CONFLICTS OF INTEREST

The authors do not declare any conflict of interests regarding this article.

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VITA

AKASH V. PATIL

SUMMARY OF QUALIFICATIONS:

- Successfully completed 8-month co-op training at Johnson & Johnson in BioTherapeutics Drug Product Development Team supporting formulation, process, and device development of large molecules therapeutics.
- Successfully led and collaborated on multiple research projects focused on development and delivery of formulations for small molecule therapeutics as a part of doctoral research at the University of Mississippi School of Pharmacy.
- Excellent written and verbal communication skills anchored by 14 publications and 12 conference presentations.

AREAS OF EXPERTISE:

- Design of experiments • Large molecule • Drug product development • Biopharmaceutical development evaluations • Dosage form design • Sub-Q, ophthalmic, and oral dosage forms • Pharmaceutical • Drug delivery nanotechnology **EDUCATION:** • PhD in Pharmaceutics and Drug Delivery 2016 - 2020School of Pharmacy, University of Mississippi, Oxford, MS • MS in Pharmaceutical Sciences 2014 - 2016
- School of Pharmacy and Health Professions, Creighton University, Omaha, NE
 Bachelor of Pharmacy 2010 2014 Bombay College of Pharmacy, The University of Mumbai, India

RESEARCH EXPERIENCES:May 2019 – February 2020BioTherapeutics Drug Product Development (DPD) Co-opMay 2019 – February 2020Johnson and Johnson Malvern PAPA

Johnson and Johnson, Malvern, PA

- Lead the technical evaluation of novel container closure systems to support prefilled syringe products of large molecule therapeutics (e.g. mAbs).
 - Defining requirements towards the selection of alternative container closure systems based on technical benefits, cost effectiveness, product and patient need by connecting with DPD formulation scientists, device and primary container engineers and vendors to align on formulation, device, and container characteristics.
 - Lead designing and execution of studies towards the evaluation.

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- Summarizing reports and present findings to DPD leadership.
- Support formulation and process development of lead biologic entities.
 - Support screening, pre-formulation and formulation development studies to support early and late phase formulation selection.

Graduate Research Assistant,

University of Mississippi, MS

PhD Thesis title: Novel ophthalmic formulations for improved natamycin delivery in fungal infections of the eye.

- Designed and optimized novel surface engineered lipidic and polymeric formulations for antifungal, anti-inflammatory, antimalarial, and controlled drugs by Quality-by-Design using Design of Experiment software.
- *In vitro* physicochemical evaluation, *ex vivo* evaluations, *in vivo* pharmacokinetics and biodistribution at target therapeutic sites; development and validation of analytical and bioanalytical methods as per ICH guidelines.

Graduate Research Assistant,

Creighton University, NE

MS Thesis title: Preparation, Characterization, and Toxicity Evaluation of a Novel Sustained Release Delivery System for a Hydrogen Sulfide Donor – GYY 4137.

• Explored the development and validation of analytical method for hydrogen sulfide, formulation characterization studies, and toxicity evaluations using *in vitro* cellular techniques.

INTELLECTUAL PROPERTY:

"Amphotericin loaded pegylated lipid nanoparticles and methods of use"
 S. Majumdar, P. Lakhani, <u>A. Patil</u>. Publication Number: WO 2020/028916 A1

PROFESSIONAL ORGANIZATIONS & LEADERSHIP EXPERIENCES:

• Elsevier, Taylor & Francis, and Springer, US	2017 – present
Reviewer, Drug Delivery Science & Technology, Drug Development &	& Industrial
Pharmacy, AAPS PharmSciTech	
• University of Mississippi, MS	
 Chair, UM AAPS Students' Chapter 	2018 - 2019
Instructor/Assistant, Hands – On Course in Tablet Technology	2017 - 2019
Creighton University, NE	
 Vice-Chair, CU AAPS Students' Chapter 	2014 - 2016
Indian Pharmaceutical Association, India	
 Editorial assistant, PharmaTimes, Mumbai, India 	2011 - 2013
AWARDS AND ACHIEVEMENTS:	
• Phi Kappa Phi Fellowship, Phi Kappa Phi Honor Society, Louisiana	2019
• Phi Kappa Phi Honor Society Inductee, University of Mississippi	2019
• Rho Chi Academic Honor Society Inductee, University of Mississippi	2018
• UM Graduate Students' Research Grant, University of Mississippi	2017 - 2018
• Virginia Dolores Cantú Fellowship, University of Mississippi	2016 - 2017
• Government Scholarship, Bombay College of Pharmacy	2015, 2013, 2012

2016 - 2020

2014 - 2016

PUBLICATIONS:

- 1. <u>Patil A</u>, Preparation, characterization and toxicity evaluation of a novel sustained release delivery system for a hydrogen sulfide donor-GYY 4137. Creighton University (2016).
- Patil A, Singh S, Opere C, Dash A. Sustained-Release Delivery System of a Slow Hydrogen Sulfide Donor, GYY 4137, for Potential Application in Glaucoma. AAPS PharmSciTech 18, 2291–2302 (2017).
- 3. <u>Patil A</u>, Majumdar S, Echinocandins in Ocular Therapeutics, *Journal of Ocular Pharmacology and Therapeutics*, 33 (2017), 340-352.
- 4. <u>Patil A</u>, Majumdar S, (2017), Echinocandins in antifungal pharmacotherapy. J Pharm Pharmacol, 69: 1635–1660. doi:10.1111/jphp.12780 (top 20 impactful papers for Royal *Pharmaceutical Society and Wiley Publishers in 2017-2019*).
- 5. <u>Patil A</u>, Lakhani P, Majumdar S, Current perspectives on natamycin in ocular fungal infections, *Journal of Drug Delivery Science and Technology*, 41 (2017) 206-212.
- 6. <u>Patil A.</u> Bhide S, Bookwala M, et al. AAPS PharmSciTech (2018) 19: 36. <u>https://doi.org/10.1208/s12249-017-0866-2.</u>
- 7. Lakhani P, <u>Patil A</u>, Majumdar S, Recent advances in topical nano drug-delivery systems for the anterior ocular segment, Therapeutic Delivery 2018 9:2, 137-153.
- Patil A, Lakhani P, Taskar P, Wu K-W, Sweeney C, Avula B, Wang Y-H, Khan IA, Majumdar S 2018. Formulation Development, Optimization, and In vitro – In vivo Characterization of Natamycin Loaded PEGylated Nano-lipid Carriers for Ocular Applications. Journal of pharmaceutical sciences 107(8):2160-2171.
- 9. Lakhani P, <u>Patil A</u>, Taskar P, Ashour E, Majumdar S. Curcumin-loaded Nanostructured Lipid Carriers for ocular drug delivery: Design optimization and characterization. Journal of Drug Delivery Science and Technology. 2018; 47:159-66.
- 10. Lakhani P, <u>Patil A</u>, Majumdar S. Challenges in the Polyene- and Azole-Based Pharmacotherapy of Ocular Fungal Infections Prit Lakhani, Akash Patil, and Soumyajit Majumdar, Journal of Ocular Pharmacology and Therapeutics 2019 35:1, 6-22.
- 11. Taskar P, Adelli G, <u>Patil A</u>, Lakhani P, Ashour E, Gul W, ElSohly M, Majumdar S. Analog Derivatization of Cannabidiol for Improved Ocular Permeation. Journal of Ocular Pharmacology and Therapeutics. 2019 35:5, 301-310.
- 12. Thakkar R, <u>Patil A</u>, Mehraj T, Dudhipala N. Updates in Ocular Antifungal Pharmacotherapy: Formulation and Clinical Perspectives. Current Fungal Infection Reports. 2019 13: 45-58.
- Taskar P, <u>Patil A</u>, Lakhani P, Ashour E, Gul W, ElSohly MA, Murphy B, Majumdar S; Δ9-Tetrahydrocannabinol Derivative-Loaded Nanoformulation Lowers Intraocular Pressure in Normotensive Rabbits. Trans. Vis. Sci. Tech. 2019;8(5):15.
- 14. Lakhani P, <u>Patil A</u>, Wu K-W, et al. Optimization, stabilization, and characterization of amphotericin B loaded nanostructured lipid carriers for ocular drug delivery. International journal of pharmaceutics 2019; 572:118771.