

## ABSTRAK

**EKI ALDAPIT:** Evaluasi Program Pembinaan Atlet Lari Klub Atletik di Daerah Istimewa Yogyakarta. **Tesis. Yogyakarta: Program Pascasarjana, Universitas Negeri Yogyakarta, 2014.**

Penelitian ini bertujuan untuk mengevaluasi program pembinaan atlet lari jarak pendek, lari jarak menengah, dan lari jarak jauh. Evaluasi dilakukan untuk mengetahui *context*, *input*, *process*, dan *product* program pembinaan klub atletik di DIY.

Jenis penelitian yang digunakan adalah penelitian evaluasi dengan menggunakan model CIPP. Pendekatan yang digunakan dalam penelitian ini yaitu pendekatan kualitatif dengan model analisis data kualitatif dari Miles & Huberman. Teknik pengumpulan data menggunakan metode wawancara, observasi, dan dokumentasi. Subjek penelitian ini terdiri dari lima orang yaitu pelatih dari *Bantul Club Atletik*, *Club Atletik Sparta Imogiri*, *Sportif Atletik Club*, *Sembada Atletik Club*, *BNHK Camp Atletik*.

Hasil penelitian menunjukkan secara keseluruhan bahwa pembinaan atlet lari di Daerah Istimewa Yogyakarta tingkat ketercapaiannya baik dengan beberapa catatan. Hasil evaluasi meliputi: (1) evaluasi *context* menunjukkan pada pelaksanaan program pembinaan olahraga atletik cabang olahraga lari jarak pendek, jarak menengah, dan jarak jauh di DIY masih banyak kekurangan yang dipengaruhi oleh ketersediaan sarana prasarana dan kekurangan dana pembinaan, (2) evaluasi *input* menunjukkan pada pelaksanaan program pembinaan olahraga atletik cabang olahraga lari jarak pendek, jarak menengah, dan jarak jauh di DIY terdapat kekurangan sarana dan prasarana pendukung utama berupa lintasan lari, (3) evaluasi *process* menunjukkan bahwa pelaksanaan program pembinaan olahraga atletik cabang olahraga lari jarak pendek, jarak menengah, dan jarak jauh di DIY berjalan dengan baik. Kemampuan pelatih dalam melaksanakan proses latihan amat membantu ketercapaian baik dalam program pembinaan maupun pencapaian prestasi atlet. Perekrutan atlet sebaiknya dibuka untuk semua kalangan sehingga tidak terkesan nepotisme dan kolusi. (4) evaluasi *product* menunjukkan bahwa ketercapaian atlet dari hasil pembinaan atletik cabang olahraga lari jarak pendek, jarak menengah, dan jarak jauh di DIY berprestasi dengan baik. Prestasi telah dicapai pada tingkat nasional dan internasional. Prestasi akan lebih baik dan berkesinambungan jika didukung oleh *context* dan *input* yang sempurna selain dari *process* yang sudah baik.

**Kata Kunci:** evaluasi program, pembinaan, atlet lari, klub atletik.

## ABSTRACT

**EKI ALDAPIT: An Evaluation Of Runner Athlete Coaching In Runner Clubs In Yogyakarta Special Region. Thesis. Yogyakarta: Graduate School, State University of Yogyakarta, 2014**

This study aimed to evaluate the training programs of sprinting, middle distance running, and long distance running athletes. Evaluation was conducted to determine the context, input, process, and product development programs of athletic clubs in DIY.

This type of research is the study evaluation using CIPP models. The approach used in this study is a qualitative approach with qualitative data analysis model of Miles & Huberman. Techniques of data collection used interviews, observation, and documentation. Subjects of this study consisted of five members, namely the coach of Bantul Club Athletics, Imogiri Sparta Athletic Club, Athletics Club Sportif, Sembada Athletic Club, Athletics Camp BNHK.

The results of study indicate that the overall achievement level of runners coaching in DIY is good with some notes. The results of the evaluation include: (1) evaluation of the implementation of the context program indicating athletics sports coaching of sprint, middle distance, long distance in Yogyakarta Special Region still has many shortcomings that are influenced by the availability of infrastructure and shortage of development funds, (2) the evaluation shows the input on the implementation of the program of sports athletics coaching of sprint, middle distance and long distance in the DIY lacks supporting facilities and infrastructure such as the main running track, (3) the evaluation process shows that the implementation of the program of sports athletics coaching of sprint, middle distance and long distance is running properly in DIY. The ability of trainers to implement the training process is very helpful to the achievement of a good coaching program and achievements of athletes. Recruitment of athletes should be open to all people so that there should not be the impression of nepotism and collusion, (4) evaluation of the product shows that the achievement of the results of athletes athletics sports coaching of sprint, middle distance and long distance in DIY performs well. Achievements have been at national and international levels. Achievement would be better and more sustainable if supported by a context and a perfect addition of the input to the process that has been good.

***Keywords:*** program evaluation, development, running athletes, athletic club.