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<u>з</u>	Association between glaucoma and at-fault motor vehicle
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43 44 **Objective:** To examine the association between glaucoma and motor vehicle collision 45 (MVC) involvement among older drivers, including the role of visual field impairment 46 that may underlie any association found.

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48 **Design:** A retrospective population-based study

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50 Participants: A sample of 2,000 licensed drivers aged 70 years and older who reside in 51 north central Alabama.

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53 Methods. At-fault MVC involvement for five years prior to enrollment was obtained 54 from state records. Three aspects of visual function were measured: habitual binocular 55 distance visual acuity, binocular contrast sensitivity and the binocular driving visual field 56 constructed from combining the monocular visual fields of each eye. Poisson regression 57 was used to calculate crude and adjusted rate ratios (RR) and 95% confidence intervals 58 (CI).

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60 Main Outcomes Measures: At-fault MVC involvement for five years prior to enrollment.

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62 63 **Results:** Drivers with glaucoma (n = 206) had a 1.65 (95% confidence interval [CI] 1.20-64 2.28, p = 0.002) times higher MVC rate compared to those without glaucoma after 65 adjusting for age, gender and mental status. Among those with glaucoma, drivers with severe visual field loss had higher MVC rates (RR = 2.11, 95% CI 1.09-4.09, p = 0.027), 66 whereas no significant association was found among those with impaired visual acuity 67 and contrast sensitivity. When the visual field was sub-divided into six regions (upper, 68 69 lower, left, and right visual fields; horizontal and vertical meridians), we found that 70 impairment in the left, upper or lower visual field was associated with higher MVC rates, 71 and an impaired left visual field showed the highest RR (RR = 3.16, p = 0.001) compared 72 to other regions. However, no significant association was found in deficits in the right 73 side or along the horizontal or vertical meridian.

74

75 Conclusions: A population-based study suggests that older drivers with glaucoma are 76 more likely to have a history of at-fault MVC involvement than those without glaucoma. 77 Impairment in the driving visual field in drivers with glaucoma appears to have an 78 independent association with at-fault MVC involvement, whereas visual acuity and 79 contrast sensitivity impairments do not.

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81 Keywords: Glaucoma, Motor vehicle collision, Visual field, Visual acuity, Contrast 82 sensitivity, Aging, Driver safety

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While driving is the preferred means of travel among older adults in the United States, <sup>1, 2,</sup> <sup>3</sup> older drivers have a higher risk of motor vehicle collision (MVC)-related fatal injury than other age groups, and MVC rates in the U.S. show a sharp increase in drivers aged 70 and older. <sup>4</sup> Vision is a critical component of safe driving, and the link between visual impairment and driving has been well documented in many studies.<sup>5, 6</sup>

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Among many aging-related eye disorders, glaucoma is a leading cause of irreversible vision loss among the elderly in the United States, characterized by optic nerve damage and associated visual field defects. It has been shown that individuals with more severe visual field loss from a range of causes tend to report difficulty driving.<sup>7</sup> To enhance public safety, it is imperative to understand whether glaucomatous visual field loss puts an elderly driver at a higher risk for MVC involvement. However, there is conflicting evidence regarding the association between visual field loss and MVC rates.

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For instance, a California study of 10,000 drivers<sup>8</sup> showed that drivers with severe 100 binocular-field loss had MVC and conviction rates twice as high as those with normal 101 102 fields, and also reported that glaucoma was one of the leading causes of visual field loss 103 within their sample. A prospective, population-based study of older drivers in Maryland showed that visual field loss as measured by a screening test was associated with MVC 104 involvement while visual acuity and contrast sensitivity were not.<sup>9</sup> A similar association 105 106 between visual field loss and MVC rates has been also reported in a recent retrospective, population-based study of older drivers in Alabama where visual field testing focused on 107 the area of the visual field used while driving.<sup>10</sup> Simulated binocular visual field studies 108 <sup>11, 12</sup> demonstrated that restricted visual fields results in poor driving performance. 109 suggesting a possible linkage between visual field loss and a higher MVC rate. They 110 111 found that restriction of the binocular visual field to 90 degrees or less significantly 112 reduced the ability to correctly identify road signs and avoid obstacles, and considerably 113 increased reaction times. While the findings from these studies are consistent with studies of drivers with visual field impairment specifically due to glaucoma, <sup>13-16</sup> several other 114 studies have reported no association between MVC involvement and visual field loss. 115 <sup>20</sup> It is possible that the failure to find an association might be related to the way visual 116 117 field impairment and/or MVC involvement has been defined or the use of non-standard 118 instruments for visual field testing.

119

120 Here we report the results from a retrospective, population-based study of older drivers. 121 In this study, we asked the following questions: 1) whether older drivers with glaucoma 122 have a higher MVC rate compared to those without glaucoma; 2) if that is the case, 123 whether glaucomatous visual field loss is associated with at-fault MVC involvement 124 among drivers with glaucoma after controlling for other types of visual impairment such 125 as visual acuity or contrast sensitivity; 3) whether region-specific visual field loss is associated with elevated at-fault MVC involvement among drivers with glaucoma as 126 reported in previous studies of populations with field loss from a range of causes.<sup>9,10</sup> 127

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129 It should be noted that Huisingh et al.<sup>10</sup> used the same population-based study of older 130 drivers to examine the association between MVC involvement and driving visual field,

131 regardless of the etiology of field loss. In the current study we specifically focused on

132 older drivers with glaucoma and their MVC rate as compared to non-glaucomatous

133 drivers, as well as investigating how the characteristics of their field loss related to MVC 134 involvement.

135

#### **Methods** 136

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138 The study was based on a population-based sample of 2000 licensed drivers aged 70 139 years and older who reside in north central Alabama. Potential participants were 140 identified from contact information available through a list of persons in this geographic 141 region obtained from a direct marketing company (Pinpoint Technologies, Tustin, CA, 142 USA). Potential participants were randomly selected from the final list, driver licensure 143 in the state of Alabama was verified, and they were then contacted by letter, followed by 144 a phone call. Individuals who confirmed that they had a current Alabama license and had 145 driven within the last three months, were  $\geq 70$  years old, and spoke English were invited 146 for a single study visit. The final sample consisted of 2,000 drivers enrolled between 147 October 2008 and August 2011. A detailed description of the enrollment procedure is

148 given elsewhere.<sup>21</sup>

149 Informed consent was obtained from participants in accordance with procedures

150 approved by the Institutional Review Board of the University of Alabama at Birmingham

151 and complying with the Declaration of Helsinki. Trained research assistants confirmed

152 demographic information (age, gender, race/ethnicity) and administered all vision tests

along with a general health questionnaire. <sup>19</sup> General cognitive status was assessed with the mini-mental status examination (MMSE). <sup>22</sup> An estimate of driving exposure (i.e., 153

154 miles driven in a typical week) was obtained from administrating the Driving Habits 155

Questionnaire (DHQ); <sup>23</sup> previous research indicates that drivers can reliably provide 156

these estimates.<sup>24</sup> Information about participants' MVC involvement occurring within 157

158 five years prior to enrollment was obtained through accident reports made available to the

159 study by the Alabama Department of Public Safety. At-fault status was indicated on the

160 report by the police officer at the scene who investigated the collision.

161 Glaucoma was confirmed through medical records using the following protocol as

described previously.<sup>21</sup> A copy of each participant's most recent comprehensive eye 162

163 examination by an ophthalmologist or optometrist was obtained after the participant

164 completed a signed medical record release authorizing the study to access these records.

165 An experienced coder of eye medical records recorded whether the participant had a

166 diagnosis of glaucoma as indicated in the section of the chart where diagnoses are listed 167

by the ophthalmologist; participants with a diagnosis of ocular hypertension or who were categorized as a glaucoma suspect were not included in the glaucoma category. The coder 168

169 was masked to all other data collected on the participant including MVC involvement.

Agreement with a second coder was high (91.4%).<sup>21</sup> There were a total of 206 drivers 170

with confirmed glaucoma in the study sample after excluding 101 drivers where we were 171

172 unable to obtain the medical record from the most recent eye examination.

### Glaucoma and Motor Vehicle Collision 5

173 Measures of visual function included binocular distance visual acuity, binocular contrast

- sensitivity and the driving visual field. <sup>10</sup> Participants wore whatever spectacles or contact 174 175 lenses they normally wore when driving for acuity and contrast sensitivity testing.
- Binocular visual acuity was assessed using the Electronic Visual Acuity (EVA) system, <sup>25</sup> 176
- 177 and expressed as log minimum angle of resolution (logMAR). Contrast sensitivity was
- measured using the Pelli-Robson Contrast Sensitivity chart <sup>26</sup> and scored using the letter-178
- 179 by-letter method and expressed as log sensitivity.<sup>27</sup>
- 180 Measurement procedures for the binocular driving visual field have been described previously, <sup>10</sup> and are summarized here. Visual field sensitivity of each eye was measured 181 with a custom test designed for the Humphrey Field Analyzer (HFA) Model II-I (Carl 182 183 Zeiss Meditec, Dublin, CA, USA). The selection of test target locations was based on the visual field area relevant to when a driver gazes toward the roadway environment through 184 a vehicle's windshield <sup>28</sup> or at the vehicle's dashboard. The selection and description of 185 the driving visual field test are provided in detail by Huisingh et al.<sup>10</sup> Briefly, we selected 186 test target locations in the HFA that covered the widest possible horizontal extent of the 187 188 field that could be tested for each eve (up to  $60^{\circ}$ ), with targets extending out to  $15^{\circ}$ superiorly and 30° inferiorly, consistent with a previous analysis of the driving visual 189 190 field and our own measurements of a series of vehicles. The number of target locations 191 was chosen so that the protocol covered the visual field area relevant to driving safety 192 while minimizing the testing duration in order to make the test practical for assessing 193 visual fitness to drive. Each monocular visual field consisting of 20 target locations was 194 assessed with the HFA's full threshold procedure using a white stimulus-size III target. 195 Best correction for the HFA test distance was provided with trial lenses when testing targets within the 30° radius field, and were removed for targets outside the 30° field. The 196 197 duration of the test was approximately 5 minutes per eye. As shown in Fig. 1a, the 198 binocular visual field was then constructed by combining the monocular visual fields 199 based on the more sensitive of the two eyes at each visual field location. The 200 binocular field was thus composed of a total of 21 test target locations, spanning  $60^{\circ}$  to 201 the right and left, 15° to the superior field, and 30° to the inferior field. 202



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207 Visual acuity (VA) impairment was defined as worse than 20/40 (0.3 logMAR) since this is the commonly used visual acuity standard for licensure in the US.<sup>29</sup> Ouartiles for 208 209 contrast sensitivity (CS) were calculated; participants were defined as having impaired 210 contrast sensitivity if their contrast sensitivity fell in the lowest quartile ( $\leq 1.6 \log$ ) 211 sensitivity). Similarly, quartiles for average sensitivity (dB) were calculated for the

212 overall visual field; participants were defined as having severe impairment if their

Figure 1. Illustrations of the binocular visual field (a) and six subregions (b).

213 average field sensitivity fell in the lowest quartile (≤22.5 dB was impaired visual field). To examine which part of the visual field is more relevant to MVC involvement, the 214 215 overall visual field was further analyzed into the same six subregions used in a previous paper.<sup>40</sup> As shown in Fig. 1b, the vertical meridian region contains the points along the 216 vertical meridian, whereas the horizontal meridian region contains the points along the 217 218 horizontal meridian. The upper visual field refers to all the testing points above the 219 horizontal meridian while the lower field means all the testing points below the 220 horizontal meridian. The left field means all the points to the left side of the vertical 221 meridian and the right field indicates the points to the right side of the vertical meridian. 222 Quartiles for average sensitivity were calculated for each subregion; participants were 223 classified as having severe visual field impairment if their average sensitivity in that 224 subregion fell in the lowest quartile. As such, participants could have visual field 225 impairment in more than one region, particularly for more advanced field loss. The range 226 of sensitivity values for each subregion was comparable as summarized in Table 1. The 227 cutoff points were 22.4 dB, 24.0 dB, 21.9 dB, 22.3 dB, 23.0 dB and 24.7 dB for the 228 upper, lower, left, right sides, and the horizontal and vertical meridian, respectively.

229

**Table 1**. Descriptive statistics of visual field sensitivity for older drivers with glaucoma

<b>1</b>					
	Mean	SD	Cut-off for 25 <sup>th</sup> percentile	Min	Max
Overall visual field	23.8	3.2	22.5	5.8	49.0
Upper visual field	23.8	3.8	22.4	0.0	50.0
Lower visual field	23.5	3.4	24.0	3.9	50.0
Left visual field	23.2	3.6	21.9	3.6	48.4
Right visual field	23.5	3.4	22.3	4.4	49.3
Horizontal meridian	24.3	3.2	23.0	6.0	50.0
Vertical meridian	26.4	3.8	24.7	7.0	50.0

<sup>\*</sup> Note that values are reported in decibels

## 232

- 233 Statistical Analysis
- 234

235 Demographic, medical, visual, and driving characteristics were described for the overall 236 sample. Poisson regression models were used to calculate rate ratios (RR) and 95% 237 confidence intervals (CIs) to examine the association between having a diagnosis of 238 glaucoma and at-fault MVC involvement after adjusting for known potential confounders 239 with MVC involvement, which include age, sex, and mental status. For the remaining 240 analyses, the dataset was limited to those with a diagnosis of glaucoma. We ensured the 241 assumptions of Poisson regression were met by checking the dispersion of our data: the 242 unconditional mean and variance of the outcome variable were approximately equal 243 (mean = 0.15, variance = 0.18), as well as the conditional mean and variance when

limited to those with glaucoma (mean = 0.21, variance = 0.25).

245

To determine the independent effect of visual function on at-fault crash rates, the three measures of visual function were evaluated simultaneously with additional adjustments

for age, sex, and mental status. Separate models were used to calculate the RR for the overall visual field and region-specific fields as defined above. All models used a log line

overall visual field and region-specific fields as defined above. All models used a log link
function and accounted for the natural log of the annual miles driven as an offset. A p-

value of < 0.05 (two-tailed) was used to define statistical significance.

252 253 For visualization (Fig. 4), we have illustrated the driving visual field sensitivity of two 254 older drivers with glaucoma who were involved in at-fault motor vehicle crash in 255 comparison with those of two others who did not have any at-fault MVC involvement. 256 In the illustration of impaired visual fields and MVC, we gauged the degree of "true" 257 visual field impairment of our elderly drivers by comparing their visual field results to 258 those of a young normally-sighted individual whose visual sensitivity is likely to be 259 optimum. This was undertaken on a point by point basis by normalizing the light 260 sensitivity (dB) at each of the 21 binocular visual field locations of each of the four 261 patients using the corresponding normative sensitivity obtained from this young normally 262 sighted individual (i.e., difference in log sensitivity between the patient results and the normal reference values). The participant who served as the normal reference was a 21-263 264 year-old normally-sighted individual (VA: -0.26 logMAR; CS: 2.1). In Figure 4, a 265 normalized sensitivity value of 0 dB means the sensitivity at a given location is as good 266 as that of our normative data whereas the sensitivity value of -10 dB indicates that there 267 is a decrease in light sensitivity by a factor of ten with respect to normative data.

# 269 **Results**

## 270

268

271 Characteristics of the total study sample and the stratified sample by glaucoma are 272 summarized in Table 2. The age of the sample ranged from 70 to 98 years old. 72% were 273 70-79 years old and the remaining were  $\geq 80$  years. 56% of drivers were male. 274 Approximately 17% were African American and 82% were White. Almost half of the 275 drivers had three or fewer medical conditions. The vast majority (98%) of drivers had 276 MMSE scores in the non-demented range ( $\geq 24$ ). Approximately 11% of drivers were 277 confirmed to have a diagnosis of glaucoma. 57% of drivers had binocular visual acuity of 278 20/20 or better and more than 90% had a visual acuity of 20/40 or better. The majority of 279 drivers (73%) had contrast sensitivity scores of better than 1.6 log units. Approximately 280 75% of drivers had binocular visual field sensitivity of 22.6 dB or better. 78% of drivers 281 had their last eye exam within the past two years. According to the questionnaire survey

(DHQ), the annual average miles driven per driver were 9,503 miles. Approximately 14%
of drivers had been involved in one or more at-fault MVCs in the prior five years.

283 284

# **Table 2.** Characteristics of the study sample ( $N = 1,899^*$ )

Characteristic	N (%) or Mean (SD)			
Characteristic	Glaucoma	Without Glaucoma	Total	
Age (year)				
70 - 79	131 (64%)	1227 (72%)	1358 (72%)	
80 - 89	63 (31%)	439 (26%)	502 (26%)	
90 - 98	12 (6%)	27 (2%)	39 (2%)	
Gender				
Men	120 (58%)	947 (56%)	1067 (56%)	
Women	86 (42%)	746 (44%)	832 (44%)	
Race				
African American	83 (40%)	237 (14%)	320 (17%)	

Glaucoma and Motor	Vehicle Collision	8
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White	121 (59%)	1449 (86%)	1570 (83%)
Other	2 (1%)	7 (<1%)	9 (<1%)
Confirmed glaucoma			
Yes	206 (100%)	0 (0%)	206 (11%)
No	0 (0%)	1693 (100%)	1693 (89%)
Number of medical co-morbidities			
0 - 1	23 (11%)	184 (11%)	207 (11%)
2 - 3	73 (35%)	612 (36%)	685 (36%)
4 – 5	76 (37%)	579 (34%)	655 (34%)
> 5	34 (16%)	318 (19%)	352 (19%)
Mental status (MMSE score)			
24 - 30	201 (98%)	1660 (98%)	1861 (98%)
17 - 23	4 (2%)	32 (2%)	36 (2%)
1 - 16	1 (<1%)	1 (<1%)	2 (<1%)
Binocular visual acuity		× ,	
20/20 or better	99 (48%)	989 (58%)	1088 (57%)
20/20 to 20/40	89 (43%)	576 (34%)	665 (35%)
20/40 to 20/100	18 (9%)	125 (7%)	143 (8%)
20/100 to 20/200	0 (0%)	2 (<1%)	2 (<1%)
Binocular contrast sensitivity			
$\leq 1.6$ (worse)	86 (41%)	432 (25%)	518 (27%)
1.6-1.65	65 (32%)	546 (32%)	611 (32%)
1.65-1.75	27 (13%)	311 (18%)	338 (18%)
> 1.75 (better)	28 (14%)	403 (24%)	431 (23%)
Overall visual field sensitivity (dB)	, í	. ,	
$\leq$ 22.5 (worse)	91 (44%)	378 (22%)	469 (25%)
22.6-24.2	37 (18%)	430 (25%)	467 (25%)
24.3-25.6	40 (19%)	438 (26%)	478 (25%)
$\geq$ 25.7 (better)	38 (18%)	447 (26%)	485 (26%)
Annual mileage	7848 (5796)	9704 (9731)	9503 (9401)
Number of at-fault MVCs			
0	169 (82%)	1474 (87%)	1643 (87%)
1	32 (16%)	192 (11%)	224 (12%)
2 or more	5 (2%)	27 (2%)	32 (2%)



\* Note that we only reported the data from 1,899 out of 2,000 after excluding 101 drivers whose 286 ocular medical record was unavailable from the most recent eye examination.

288

289 Drivers with glaucoma (n = 206) had a 1.65 (95% CI 1.20-2.28, p = 0.002) times higher

MVC rate compared to those without glaucoma after adjusting for age, gender, and 290 291 mental status.

292

293 Figure 2 shows the adjusted RR comparing at-fault MVC rates between drivers (those 294 with glaucoma) with and without severe visual impairment in acuity, contrast sensitivity 295 or visual field. Among drivers with glaucoma, severe visual field loss (sensitivity in the 296 lower quartile  $\leq 22.5$  dB) was significantly associated with crash involvement even after 297 controlling for other aspects of visual function such as visual acuity and contrast 298 sensitivity (RR = 2.11, 95% CI 1.09-4.09, p = 0.027), indicating that severe visual field

299 impairment in glaucomatous drivers might have an independent association with at-fault

#### Glaucoma and Motor Vehicle Collision 9

MVC involvement. On the other hand, no significant association was found between either impaired visual acuity (RR = 1.51, 95% CI 0.55-4.16, p = 0.425) or impaired contrast sensitivity (RR = 0.72, 95% CI 0.36-1.42, p = 0.342) and MVC involvement. Although the adjusted RR for contrast sensitivity showed a value of less than 1.00 that some might interpret as a potential protective effect of impaired contrast sensitivity for MVC involvement, it is important to note that the confidence interval straddles the null of 1.0.



#### 308 309

Figure 2. Association between binocular visual impairment and rates of at-fault crashes among drivers with glaucoma (n = 206). Rate ratios were adjusted for age, gender, mental status and the other two visual impairments. The rate ratios are indicated by the horizontal position of the solid black dots. The 95% confidence intervals (CI) around the rate ratios are indicated by the width of the horizontal lines.

315

316 When the visual field was further divided into six subregions, drivers with any region-317 specific impairment had elevated MVC rates. Figure 3 shows the adjusted RR comparing 318 at-fault MVC rates between glaucomatous drivers (those with glaucoma) with and 319 without severe visual field impairment in the area of interest. We found that three out of 320 six subregions reached statistical significance. The region with the highest RR was the 321 region on the left (RR = 3.16, 95% CI 1.55-6.46, p = 0.001), which was immediately 322 followed by the region in the upper (RR = 2.37, 95% CI 1.19-4.74, p = 0.014) and the 323 lower (RR = 2.32, 95% CI 1.13-4.75, p = 0.021) fields. However, there was no significant association in visual field loss in the right side (RR = 1.63, 95% CI 0.84-3.14, p = 0.145) 324 325 or deficits along the vertical (RR = 1.09, 95% CI 0.56-2.11, p = 0.081) and horizontal 326 meridians (RR = 1.78, 95% CI 0.92-3.44, p = 0.085).



Rate Ratio (RR)

327 328

Figure 3. Association between binocular visual field impairment and rates of at-fault crashes among drivers with glaucoma (n = 206). Rate ratios were adjusted for age, gender, and mental status. The rate ratios are indicated by the horizontal position of the solid black dots. The 95% confidence intervals (CI) around the rate ratios are indicated by the width of the horizontal lines.

332

In Figure 4 which illustrates the degree of visual field impairment for four individual

drivers with glaucoma with respect to normative sensitivity data (see the Methods for

detailed information), higher sensitivity values shown by cold (blue) colors mean normal

336 or near normal sensitivity whereas lower sensitivity values shown by warm (red, orange,

337 yellow) colors indicate more impaired visual field. The driver's driving visual field map 338 was superimposed on the driver's view through the windshield, side windows of a

vehicle, and the dashboard. Both patient 1 (Fig. 4a) and patient 3 (Fig. 4c) exhibited

340 severe visual field impairment (i.e., its overall sensitivity fell within the lowest quartile)

341 with a history of one or more than one at-fault MVC involvement. On the other hand,

patient 2 (Fig. 4b) and patient 4 (Fig. 4d) exhibited relatively mild visual field

impairment (i.e., its overall sensitivity was not within the lowest quartile) with no history

of at-fault MVC involvement even though their age, visual acuity and contrast sensitivity

were comparable to those of their counterpart, highlighting the significant role of

impaired visual field in at-fault MVC involvement.

## Glaucoma and Motor Vehicle Collision 11



#### b. Patient 2 (age: 91 yrs; VA: 0.00 logMAR; CS: 1.4)

348 349

Figure 4. Illustrations of normalized driving visual field sensitivity for four individual drivers 350 with glaucoma. Each driving visual field map was superimposed on a driver's view of the 351 windshield, side windows of a vehicle, and the dashboard. White solid dots represent the target 352 locations for the driving visual field test and red crosshair indicates the driver's presumed gaze 353 while driving. Warm colors indicate more visual field defects compared to reference normative 354 data (see the Methods for detailed information). The panels (4a, 4c) on the left side show the 355 visual field maps of two drivers who had a history of at-fault MVC involvement while the panels 356 (4b, 4d) on the right side show those of drivers who were not involved in any at-fault MVC. The 357 patients in the same row had similar age, visual acuity and contrast sensitivity whereas the degree 358 of visual field impairment considerably differed: the ones on the left side had severe visual field 359 impairment (within the lowest quartile); the ones on the right side did not.

360

#### Discussion 361

362

363 This population-based study on older drivers indicates that drivers with glaucoma had an 364 approximately 65% higher rate of at-fault MVC involvement in the prior 5 years than those without glaucoma. This result is consistent with other studies indicating that MVC 365 involvement in drivers with glaucoma is higher than those without glaucoma.<sup>8,9,14,30</sup> The 366 367 current study also demonstrates that among three major aspects of visual function (i.e., 368 visual acuity, contrast sensitivity and visual field), visual field impairment was 369 independently associated with an increase in at-fault MVC involvement in older drivers 370 with glaucoma, whereas deficits in acuity and contrast sensitivity were not, implying that 371 visual field loss is the important visual mechanism underlying increased crash risk in 372 older glaucomatous drivers. The rate of at-fault MVC involvement was almost 2.11 times 373 higher among those with severe visual field impairment compared to those with normal to moderate field loss agreeing with earlier reports. 9, 31 374

375

376 When the visual field data were stratified into six subregions, our results showed that

377 drivers with glaucoma with impairment in the left, upper or lower visual field had

378 elevated MVC rates while no significant association was found in the right visual field

379 and areas along the vertical or horizontal meridan. More specifically, impairment in the

380 left visual field exhibited the highest RR (RR = 3.16, p = 0.001) followed by impairment

381 in the upper and lower visual fields. An important question is whether this finding is simply because some regions, such as the left visual field, had more severe impairment than other regions. However, this is unlikely given the fact that the range of visual field sensitivity values including its mean and standard deviation was reasonably comparable across different regions as shown in Table 1. Therefore, our findings appear to support the idea that damages in some regions of the visual field seems to identify those with functional impairment better.

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Huisingh et al.<sup>10</sup> also reported increased collision rates in older drivers with impaired left 389 390 and lower visual fields, regardless of whether they had glaucoma or not. Rubin et al.<sup>9</sup> first 391 reported the differential impact of different subregions of visual field on crash risk in 392 older drivers. In their study, the overall visual field was analyzed into three subregions 393 (central, upper, and lower fields). They found that impairment in the lower periphery is 394 the best predictor for future crash rate (a 96% increased risk with respect to the baseline). While Rubin et al.<sup>9</sup> used a single suprathreshold target intensity for measuring visual 395 field sensitivity, Huisingh et al.<sup>10</sup> relied on a full threshold procedure for assessing the 396 397 visual field relevant to driving. Despite obvious methodological differences, both studies 398 highlight the important role of the lower periphery in crash involvement with less 399 significance of the upper field. On the other hand, a recent simulated visual-field loss study showed that the greater importance of upper visual field in the ability to detect 400 driving hazards down the road. <sup>32</sup> Our results also showed that the upper visual field is 401 402 relevant to the increased risk of MVC involvement. While the apparently discrepant 403 findings with respect to the upper visual field between the present study and the Huisingh <sup>10</sup> and Rubin <sup>9</sup> studies calls for further investigation, the discrepancy is likely to arise 404 405 from the difference in the study sample: older drivers with glaucoma versus older drivers 406 in general. Patients with glaucoma are more likely to have deficits in more than one 407 subregion of the visual field. It is possible that those with impaired left or lower visual 408 field are likely to have impairment in other regions of the field including the upper and 409 right visual field. Our results indeed showed that approximately 52% of older drivers 410 with glaucoma had more than one impaired visual field region and there was a 16% 411 increase in MVC involvement as the number of impaired regions increased by one (RR = 412 1.16, 95% CI 1.02-1.33, p = 0.028). That multiple regions of the visual field are typically 413 impaired in glaucoma may have contributed to the differential results. A more detailed 414 analysis on the underlying "pattern" of impairment will be the subject of further analysis. 415

Our study has the following strengths. The current study used an unbiased measure of 416 417 police-reported at-fault MVCs rather than relying on either subjective self-reports or 418 MVC involvement regardless of at-fault status. At-fault collisions are more likely to 419 reflect the individual's driving ability rather than collisions that are not the driver's fault. <sup>20, 33</sup> The current study also included a full-threshold measurement procedure to assess 420 visual field impairment while other previous population based sample studies<sup>8,9</sup> have 421 422 relied on a visual field screening test with an arbitrary cutoff point for pass-fail and a 423 single intensity test target. Unlike many other states in the United States, Alabama does 424 not require the administration of visual acuity or visual field screening test for driver's license renewal.<sup>29</sup> This makes the state of Alabama a unique place to study visual 425 impairment and driving because there is no screening system to de-license drivers who do 426 427 not meet the vision standards. Of course, it is possible that some older drivers with severe

428 visual impairment may still have limited or stopped driving even of their own accord.

- 429 Nevertheless, the use of a large, population-based sample of older drivers (2000 drivers  $\geq$
- 430 70 years) and the fact that glaucoma is prevalent in this age range places the study at an
- 431 advantage for examining the role of glaucomatous visual field defects in driving safety of
- 432 older drivers while maintaining its generalizability to older drivers as a whole.
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434 Potential limitations of our study include the fact that our study is based on the use of 435 retrospective data (i.e., crash occurring during the previous 5 years). It is possible that our 436 study might have underestimated the degree of association between glaucoma/other 437 visual impairment (e.g., field defects, reduced contrast sensitivity or acuity) and increased 438 crash rates due to drivers' self-limiting behaviors, that is those with severe vision loss 439 may have ceased driving. Although speculative, this self-regulation might explain the 440 reason why we did not observe any significant association with decreased visual acuity 441 and contrast sensitivity. Impaired visual acuity or contrast sensitivity is likely to be 442 noticeable to drivers whereas visual field loss can easily go unnoticed. Those older 443 drivers with severe visual field defects might have continued driving despite having 444 sizeable visual deficits unlike those with severe contrast or acuity deficits. Indeed, the findings from a population-based study <sup>34</sup> of drivers in Los Angeles supports this 445 hypothesis. They found that while impaired visual acuity was significantly associated 446 447 with driving cessation, no such association was found for visual field loss. Moreover, 448 those with impaired visual acuity are more likely to report difficulty driving compared to 449 those with visual field loss. The role of self-awareness of compromised vision remains to 450 be addressed in future studies, since previous research suggests that it can lead older 451 adults to self-regulate their driving to less challenging times (e.g., daylight, low traffic, or no inclement weather).<sup>35</sup> Another limitation of our retrospective study is that all patients 452 453 had their visual function assessed after crash occurrence, which may overestimate their 454 degree of their visual field loss. However, we do not think that it has had any substantial 455 consequence on our results given the fact that all of our participants were being managed 456 by their ophthalmologist or optometrist for glaucoma, and rates of visual field progression under treatment are relatively slow (< 1 dB/vear).<sup>36</sup> 457

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In conclusion, older drivers with glaucoma are more likely to have a higher MVC ratethan those without glaucoma. Impairment in the driving visual field appears to contribute

to this increased MVC rate rather than impairment in visual acuity or contrast sensitivity,

462 highlighting the importance of clinicians discussing driving safety with glaucoma

463 patients, particularly those with severe visual field defects. Taken together, early

- detection and awareness of visual field defects appear to be critical in enhancing older
- driver safety.
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## 468 **References**

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