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Understanding the relationship between interfragmentary movement and callus growth in fracture healing: a novel computational approach

<u>Cameron Wilson</u>¹, Nicole Loechel¹, Michael Schuetz^{1,2}, Devakar Epari¹

¹ Institute of Health and Biomedical Innovation, Queensland University of Technology, Brisbane.

² Princess Alexandra Hospital, Brisbane.



Mechano-regulation of fracture healing

Movement at fracture affects healing process.

More movement:

more callus



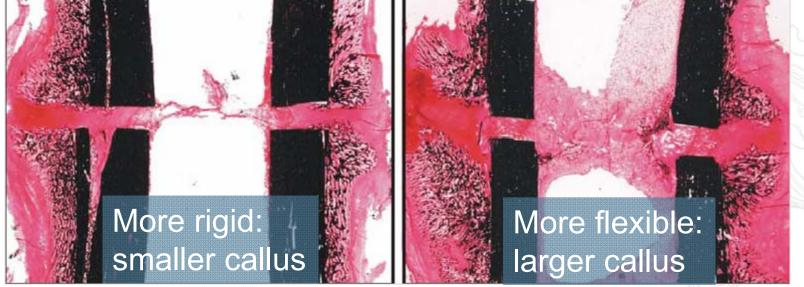
Sheep osteotomy @ 2 weeks

Epari et al., *Bone*, 2006



Mechano-regulation of fracture healing

Movement at fracture affects healing process.



Sheep osteotomy @ 3 weeks

Epari et al., Bone, 2006



Mechano-regulation of fracture healing

- Movement at fracture affects healing process.
- Callus size, shape & composition all affect mechanical function.
- For optimal outcomes, how much stability & when?



Simulation of fracture healing

• Pauwels (1940, 1960):

 local mechanical conditions determine changes in healing tissue.

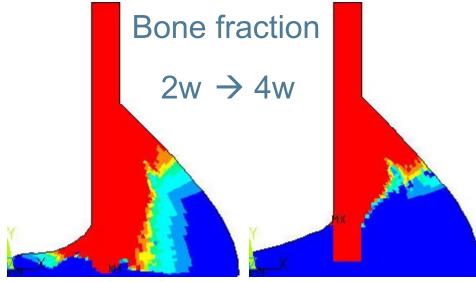
- Can't measure directly \rightarrow simulation.
- Carter (1988), Prendergast (1997), Claes (1999):

- finite element analyses vs histology \rightarrow hypothetical quantitative relationships.



Simulation of fracture healing

• Iterative schemes: test hypothetical relationships.



Low movement High movement Simon et al., Comput Methods

Biomech Biomed Engin , 2011

Adapted from Stürmer, Unfallchirurgie, 1984

• Callus size? Morphology?

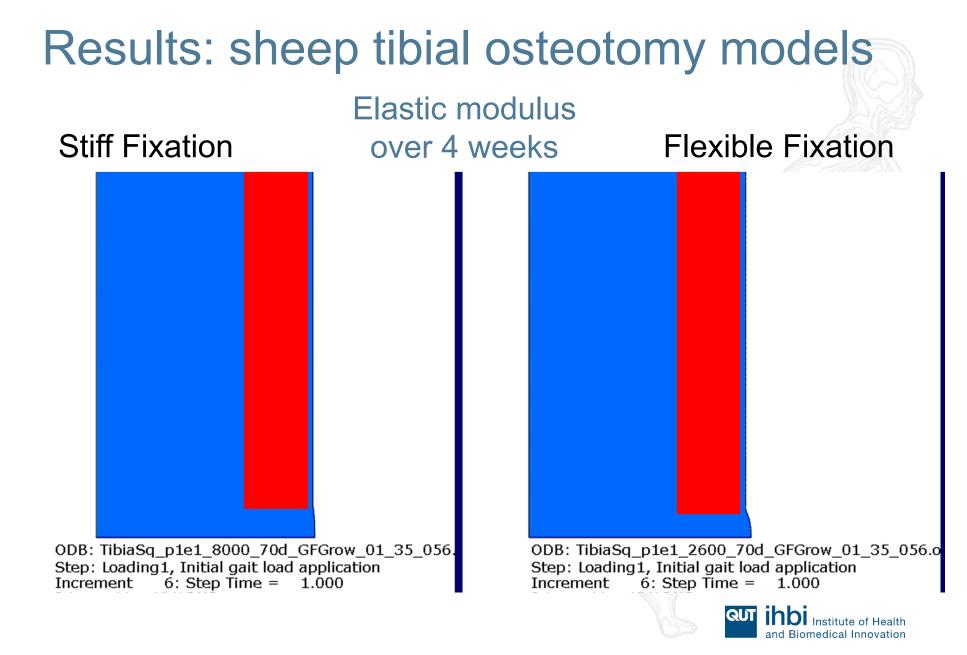
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Methods: incorporating growth Interfragmentary movement decreases Growth & inflammatory signals Initial aematoma Greater stability

Intramembranous ossification in expanded periosteum & endosteum

Cell proliferation, matrix production





Discussion & Conclusions

- Faster callus growth with larger movement.
- Callus morphology similar to histology/x-rays.
- Tool to test simple hypothetical relationship between movement & callus development.
- Approach reduces dependence on unknown mechanical properties & cellular responses.



Ongoing work

- Predict & compare against experimental results.
- Sensitivity analysis & parameter optimisation.

Clinical aim:

 Test effects of varying fixation stiffness during healing.



Thank-you



Simulation of fracture healing

Discrepancy due to presumed callus domain:

Elevated strain from presumed soft tissue Wilson et al., *Biomech Model Mechanobiol*, 2015

Simon et al., *Comput Methods Biomech Biomed Engin*, 2011 Adapted from Stürmer, Unfallchirurgie, 1984

