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A GUIDEBOOK ON HONEY BEE HEALTH

Honey Bee Immunity ■■■ Pesticides ■■■ Diseases and Pests

Photo by David Cappaert, Bugwood.org



A GUIDEBOOK ON HONEY BEE HEALTH

Honey Bee Immunity — Pesticides — Pests and Diseases

By Joey Caputo

A graduate degree project submitted as partial fulfillment of the Option III requirements for the degree of Masters of Science in Entomology at the graduate school of the University of Nebraska-Lincoln, 2017.

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Introduction



David Cappaert, Bugwood.org

Pedigo and Rice (2009) described a concept that some ecologists subscribe to called the “balance of nature” phenomenon. This idea holds that species in communities achieve certain status in

their ecosystem and that this status becomes fixed and resistant to change. On average, individuals are only able to replace themselves. Fluctuations may occur, but ultimately the various species in the community will retain their position and relative population size in the ecosystem.

According to these ecologists, when humans alter and reduce the diversity of an ecosystem they are acting counter to this balance. In an attempt to return the altered system to its ordinary state, extraordinarily strong forces of nature will act in opposition to these activities. It could be argued that among these forces are biotic maladies which impair or destroy European honey bee (*Apis mellifera*) colonies. Oftentimes when honey bee diseases and pests explode and devastate apiaries, these activities are merely a reaction to the “overpopulation” of the single species which humans have selected. Thus many of the problems with honey bees should come as no surprise; they function just as they would in any other scenario where a single species becomes too numerous. The only distinction is these insects are of value to humans.

This is not to suggest that honey bees should be kept at “natural” rates. Honey bees provide approximately \$15 billion dollars in annual pollination services in the United States (U.S.) (Morse and Calderone, 2000). If the environment is left on its own to determine how many honey bee colonies are to exist, it could have severe humanitarian and economic consequences. Such a proposal is just as absurd as keeping apples, melons or tomatoes at the rate which nature sees fit.

Honey bee diseases and pests are considered in ecology to be perfectly density-dependent, mean-

ing that an increase in the density of the honey bees will result in more intense pressure from honey bee pests. To attribute all of the problems in beekeeping to this single notion is a gross oversimplification. Indeed many European honey bee pests came from other hosts such as the Asiatic honey bee (*Apis cerena*); therefore their deleterious effects are much more severe than would be if they had coevolved with their host. Furthermore, some of the problems with honey bee health have been attributed to abiotic factors such as inadequate nutrition and pesticide exposure. Yet the point regarding density-dependence is made because popular sentiment often suggests that the solution to problems with honey bees is simply that more honey bees are needed. The human population on Earth is expected to reach 10 billion in the 21st century (Bongaarts, 2009). As a result, there will likely need to be more honey bees added to our global agroecosystems in order to meet future food demands and keep food affordable. However, as new colonies are added it is imperative that disease and pest issues are kept under control, colonies are managed to maximize pollination capabilities and alternative pollinators are incorporated. Merely adding honey bee colonies without any consideration for the pest and disease “reaction” will only exacerbate problems in beekeeping .

This guidebook is meant to assist in the promotion of honey bee health and prepare for the likely inevitable need for an increased number of managed colonies. However it is not intended to be a diagnostic tool or a prescription for solutions. Rather it is a summary of scientific knowledge about honey bee immunity, disease etiology, pest problems and abiotic stressors. The goal of this guide is for the reader to: 1) develop a deeper familiarity with honey bee biology and the conditions that harm these insects; and 2) better understand the relative importance of the various problems that negatively affect colonies.

Honey Bee Immune System



Mechanical and Biochemical Immunity ■■■■■

The honey bee exoskeleton provides structure for the body and serves as an important barrier from diseases. In entomology the exoskeleton is also referred to as the integument. There are three main components to the integument: the basement membrane, the epidermis and the cuticle (Klowden, 2007). The insect cuticle portion of the integument is a critical first line of defense. The cuticle is subdivided into the epicuticle, exocuticle, mesocuticle and endocuticle (Elzinga, 2004). The innermost segment, the endocuticle, is comprised of chitin and proteins which cross link to form a rigid structure; this structure serves as an insurmountable obstacle to many pathogens (Kaltenpoth and Engl, 2014).

Honey bees also have internal adaptations which aid in mechanical defense. The proventriculus is a specialized apparatus that serves as a valve for the movement of food from the crop to the midgut in insects (Klowden, 2007). In honey bees the proventricular valve serves as a filter which reduces the ingestion of pathogenic spores (Sturtevant and Revell, 1953). Another example of internal mechanical defense is found in the anterior portion of the midgut. In this part of the honey bee there is a peritrophic membrane, which acts as a physical barrier to pathogens that have been digested (Cornman et al., 2013).

The biochemical composition of the honey bee midgut provides some degree of protection against certain diseases which are ingested (Aronstein and Murray, 2010). For instance regulation of gut pH is a means of preventing the growth of harmful microbes and potential infection (Fries and Camazine, 2001). Chalkbrood (*Ascosphaera apis*) is one such fungal disease that can be prevented by these biochemical protections (Aronstein and Murray, 2010). Yet it should be noted that in other instances, the environment of the midgut is conducive to pathogenesis of other fungal and bacterial diseases (Chen et al., 2009).

Innate and Cell-Mediated Immunity ■■■■■■

Klowden (2007) summarized two of the cell-mediated immune responses in insects. The first described response is the deployment of hemocytes, which are cells that devour pathogens by a process known as phagocytosis. This progression begins when pathogens enter an insect's body and hemocytes recognize the foreign entities. Upon detection, the hemocytes move toward the invading microbes and fuse with the foreign bodies. The pathogens are destroyed by digestion. In the second described cell-mediated response, hemocytes bind together to sequester pathogens too large for phagocytosis. This phenomenon is known as encapsulation and it protects the insect by separating the pathogens from host cells, thereby depriving the invaders of oxygen and nourishment. The formation of nodules may also occur. Nodules are large accumulations of hemocytes, which create a bacteria-intercepting extracellular matrix. Bacteria are sometimes captured and encapsulated by these structures. The honey bee immune system employs these strategies with much success in certain instances. For example Chan et al. (2009) point out that the highly infectious *Paenibacillus larvae* bacteria which causes American foulbrood can sometimes be effectively phagocytized. This is an example of a cell-mediated response which suppresses an infection.

Humoral Immunity ■■■■■■

Cell-mediated immunity is augmented by humoral immunity. Klowden (2007) describes humoral defense as the production of various antimicrobial peptides (AMPs), which are amino acid chains created by an insect's fat body organ in response to an infection. The author notes that this process is fast—peptides are employed 2 to 4 hours after the contagion is recognized and they have the capacity to replicate at a pace significantly faster than the reproductive rate of the pathogen. However, speed does not come at the cost of precision. Indeed a fungal invader will trigger an antifungal peptide without triggering the release of an

defense (Bilikova et al., 2001). The chemical properties of honey and pollen also have antimicrobial qualities that bees can sometimes rely on to prevent infections (Fries and Camazine, 2001).

It has also been proposed that colonies can produce social fevers in response to contraction of disease. The fungal disease Chalkbrood caused by *Ascosphaera apis* favors temperatures that are lower than normal honey bee brood-rearing conditions between 33-36° C (Bailey, 1991). When infected larvae are exposed to temperatures around 30° C, the conditions are prime for mycelium growth of the pathogen (Bailey, 1991). Starks et al. (2000) found that colonies demonstrated an up-regulation in normal brood comb temperatures after being inoculated with *A. apis*. Since this pathogen is heat sensitive and there is no evidence to suggest that elevated brood comb temperatures confer any other benefit, it was concluded that the rise in temperature was a deliberate means of defending the colony by creating conditions unfavorable to the microbe.

Other social immunities include hygienic behavior, which is the ability of bees to recognize and remove diseased or parasitized brood (Aronstein and Murray, 2010). For instance certain bees are able to sense when brood is infested with Varroa mites (*Varroa destructor*). These hygienic individuals proceed to uncap and remove these parasitized developing pupae from the colony (Navajas et al., 2008). Immature Varroa development requires the unique environment of the honey bee brood cell, so removal of the bee pupae from the colony essentially dooms the larval mites (Spivak, 1996) and reduces the colony mite load. However, it has been observed that most adult mites appear to abscond from brood cells throughout the opening process (Boecking and Spivak, 1999). This would suggest that much of the reduction in the mite load via hygienic behavior is actually due to a disruption in the mite reproductive cycle and a lengthening of mite's phoretic phase (a period when the mite is attached to the adult bee) and not the physical removal of mites (Rosenkranz et al., 2009).

Hygienic behavior is likewise useful for the control of diseases. American foulbrood has been found to

be controlled when worker bees quickly detect, uncap and rid the colony of infected brood (Spivak and Reuter, 2001). Removal of larvae while the pathogen is still in its non-pathogenic rod stage is key to the success of this strategy (Woodrow and Holst, 1942). Chalkbrood can also be controlled by worker hygiene (Spivak and Reuter, 2001).

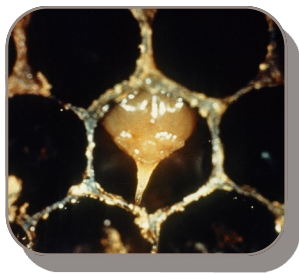
In addition to hygienic behavior, honey bees exhibit grooming behavior which can be useful in removing mites from the honey bee body. When honey bees groom themselves and dislodge mites this is known as auto-grooming and when bees groom other nestmates it is known as allo-grooming (Rosenkranz et al., 2009). This behavior likely reduces harm to the colony either by the physical removal of Varroa mites from the bee's body and/or by causing injury to the mite, which makes them less effective at parasitism (Spivak, 1996).

If honey bees are to be anthropomorphized, then surely the most sentimental of their behavioral defenses are those categorized under the umbrella of altruistic suicide. The most famous example of this behavior is sting autonomy, which is the thrusting of the poison apparatus into a perceived enemy that result in self-amputation and ultimately death of the bee (Hermann, 1971). A more obscure activity in this suite of behaviors is altruistic self-removal, or the self-imposed exile of individuals that have become compromised by disease or parasitism (Rueppel et al., 2010). Rueppel et al. (2010) demonstrated that most honey bees made artificially ill by exposure to CO₂ or cell growth inhibiting drugs absconded from the hive and failed to return. These authors purposely used artificial means for sickening bees because the previous anecdotal evidence which supported altruistic self-removal was perceived to have short-comings (i.e. parasitism may merely cause the affected bee to lose orientation abilities or the infected bees are ejected by healthy bees). Likewise, McDonnell et al. (2013) found that honey bees afflicted with Varroa and *Nosema ceranae* which absconded from the nest did not have significant differences in behavior and were not met with hostility amongst nestmates. This augmented previous data that described altruistic self-removal in honey bees.

Bacterial, Fungal and Microsporidian Diseases



American foulbrood



Georgia Department of Agriculture

American foulbrood is a highly contagious and deadly honey bee brood disease caused by the persistent endospore-forming bacteria (*Paenibacillus larvae*) which has spread worldwide (Genersch, et al., 2006). Adult bees do

not develop symptoms of the disease, but they can vector the pathogen. Infection reduces the immature bee to brown viscous remains (Sturtevant, 1932), which can as soon as one month later become a hardened, infectious, crust-like scale (Ritter and Akwatanakul, 2014). A colony can fail within years or even months as a result of infection (Hansen and Brodsgaard, 1999). It is undoubtedly the most devastating of honey bee brood diseases. Interestingly, the disease's presence can even displace other existing bacterial infections due to the pathogen's production of a powerful antibiotic (Shinmanuki and Knox, 2000). American foulbrood has been known to spread and kill honey bee colonies that are unmanaged in some instances (Fries and Camazine, 2001). Yet the disease is likely to be of reduced importance in nature. Its virulence in apiculture appears to be due to beekeeper practices which intensify infective pressures (Fries et al., 2006). Practices which facilitate transmission include the movement of colonies, congregation of hives closely together and, perhaps most significantly, swapping frames from one hive to another hive.

The causative agent is a Gram-positive bacterium that in the vegetative state is slender, rod shaped and 2.5 to 5 micrometers (μm) in length and 0.5 μm wide; in the spore stage it is oval and is 0.6 x 1.3 μm (Shimanuki and Knox, 2000). The spores can remain viable for over 35 years and are able to withstand extreme heat, cold, drought and humidity (Hasemann, 1961). The spore's resilience is aided by seven defensive layers of lamella, which act as

protective sheaths. Vegetative bacteria cannot cause infection, indeed only spores have the capacity to cause illness (Ritter and Akwatanakul, 2014). Larvae are the only stage that is susceptible and they can become infected by ingesting 10 or fewer spores (Brodsgaard et al., 1998). The disease can affect the larval stage of any caste, yet it is quite rare for drone or queen immatures to develop infections (Ritter and Akwatanakul, 2014). When adjusted for body size, both workers and drones appear to have a similar lethal thresholds to the disease, though drone death occurs one day later than worker expiration (Behrens et al., 2010). Immature bees are most vulnerable one day after hatching from their eggs (Crailsheim and Riessberger-Galle, 2001). However, larvae become immune to the disease after the third instar which is about 48 hours after eclosion (Chan et al., 2009).

Yue et al. (2008) was able to elucidate the pathway of pathogenesis using a technique known as fluorescence *in situ* hybridization (FISH). Once a spore has germinated in the larvae, the vegetative state of *P. larvae* begins to reproduce in the gut lumen. For two to six days this proliferation occurs at a rapid rate. The bacteria accumulate until they reach a threshold at which the peritrophic membrane is overcome and the epithelium is attacked. The epithelium is bypassed via paracellular space and this destroys cell to cell junctions. The pathogen proceeds to either degrade the basement membrane or undermine bonding of the cell matrix. This activity forms seepages in the tissue which separate the gut from other tissues and permits bacteria to invade the haemocoel. Ultimately the larvae die of septicemia and the corpse is devoured by vegetative bacteria (Cornman et al. 2013).

The production of new spores (sporulation) occurs throughout the infective process (Yue et al., 2008). However, spore production is higher as the infected larvae transition to a 5th instar prepupae—about 10-11 days after egg hatching (Spivak and Reuter, 2001). A single larvae infected with the disease will produce approximately 2.5 billion spores

physical environment of the midgut that induces germination of the spores (Chen et al., 2009). Infection of a host cell unfolds in this manner: 1) spore germination begins with an extension of the polar tube; 2) the tube penetrates the host cell membrane of a midgut cell; 3) sporoplasm is forced into the host cell (Gisder et al., 2011). The microsporidian devours the nutrients of the cell and grows until it eventually splits; this continues until the cell is exhausted (Mussen, 2011). These spores can infect other cells in the midgut or they are excreted from the host and act as infectious agents for other honey bees (Chen et al., 2009). Spore formation (sporulation) occurs sometime between 4 and 9 days post infection (Mussen, 2011).

Visual symptoms are not sufficient to determine if there is an infection, as positive diagnosis of the pathogen can only be done by microscopic examination (Shimanuki and Knox, 2000). Infection results in bees becoming energetically stressed and hungry (Mayack and Naug, 2008). This prompts the infected to be more likely to solicit food from nestmates and less likely to share food with others (Naug and Gibbs, 2009). Queen bees infected with *N. apis* early in their life are generally superseded (replaced by worker bees) within a month (Mussen, 2011). The queen is more likely to become infected in winter months in temperate regions, since the bees are confined and there are more opportunities for her to come into contact with infected workers (Higes et al., 2009). *Nosema* infections can significantly increase worker bee mortality. An infection of *N. ceranae* can reduce an average worker's lifespan by 9 days (Goblirsh et al. 2013). Kralj and Fuchs (2010) found that workers artificially infected with *Nosema spp.* were 2.5 times less likely to return to a colony than disease-free bees. The authors could not explain why this occurred, but suggested that inoculated bees may have experienced fatigue as a consequence of infection. Infection can also circumvent age polyethism of adult workers, causing them to abandon brood rearing altogether and prematurely become foragers (Mussen 2011). McDonnell (2013) supported the notion that these behavioral changes were a means of preventing transmission of the disease.

BOX D Chen et al. (2006) explained that transmission of honey bee pathogens occurs by one of two routes. The first is horizontal transmission, where individual bees are infected by other individuals of the same generation. The second is vertical transmission. This is where adults transmit maladies to their offspring. Fries and Camazine (2001) explained that the degree of virulence of honey bee pathogens is complex, however it often corresponds with the mode of transmission. Vertical transmission tends to select for reduced virulence and horizontal transmission favors increased virulence. In the case of vertical transmission the objective of the parasite and the host are one and the same: effective reproduction. Extreme virulence in this case will result in pathogens with no progeny in which to reproduce. However in horizontal transmission of disease, there is reduced advantage in lower virulence because the pathogen does not need host offspring to reproduce, it merely needs a new host of the same generation.

Effects of the disease at the colony level has also been studied. For example the pathogen has been found to act in a synergistic manner with certain pesticides and increase colony mortality rates (Alaux et al., 2012).

Despite all of the documented deleterious effects of this condition, it is not clear how problematic *Nosemosis* is to beekeeping by and large. For instance, *Nosema spp.* tends to be seasonal in prevalence and intensity because colonies typically exhibit infections more often in spring than in fall (Gisder, et al. 2010). Data presented by Dainat et al. (2012) downplayed the role of *Nosema* in widespread colony losses by demonstrating that overwintering deaths were generally the same between infected and uninfected colonies. Cornman et al. (2012) discovered that colonies infected with *N. apis* tended to be associated with extensive losses, but the same could not be said of *N. ceranae*. Yet the authors note that *N. ceranae* is often found alongside various honey bee viruses, which would suggest that the disease makes bees more vulnerable to other pathogens and abiotic stresses. Further complicating matters are data revealed by Zheng et al. (2014), which showed a direct correlation with

Pesticides



John C. French Sr., Clemson and University of Missouri, Bugwood.org

Pesticides are defined as chemical substances that are used to control unwanted pests (Yu, 2008). Pesticide risk is determined not merely by a chemical's toxicity, but also potential of exposure to toxic compounds (Krupke et al., 2012). In other words, if a compound is highly toxic to an organism, but the probability of exposure is low then the risk is correspondingly low. Depending on the toxicity of the chemical used and the degree of exposure, honey bee poisonings may manifest in different ways. Devillers (2002) described two scenarios for agrochemical exposure: 1) foraging bees can be exposed to lethal chemicals in the field and die there or 2) bees can become exposed to lethal or sub-lethal doses and then fly back into the hive. The former scenario may be the least devastating of circumstances because the toxin is not brought back to the colony. If contaminated foragers do manage to find their way back to the hive, the xenobiotic may poison younger adults performing nest duties or be fed to immature bees via pollen or nectar. This often results in neglect of the larvae due to fewer nurse bees or outright death of larvae on account of being fed toxic food. Pesticide exposure to the queen bee may result in diminished egg laying abilities; this often encourages the workers to attempt supersedure. If a toxic xenobiotic is brought back in large enough quantities, the colony may perish.

It is well understood that particular pesticides can result in honey bee mortality or have negative effects on development, longevity, immune function, and behavior by interfering with the activity of physiological processes (Chauzat et al., 2009; van der Sluijs et al., 2014). However not all pesticides

are toxic to bees. There is a great variability in risk depending on the type of chemical, formulation, dose, etc. Insecticides—by definition—kill insects, thus many are toxic to honey bees (Johnson, 2014). Yet some insecticides, like tau-fluvalinate are relatively non-toxic to bees and in fact are used in the hive for Varroa mite control (Johnson et al., 2010). Herbicides and fungicides are not acutely toxic to bees, however certain chemicals have been found to cause sub-lethal effects or problems in brood rearing (Johnson, 2014). Surfactants are not pesticides, but are commonly mixed with pest control products to enhance penetration into plant surfaces or the insect cuticle. They are considered inert and therefore assumed to be non-toxic to bees, yet certain compounds have nonetheless demonstrated oral and topical toxicity (Goodwin and McBrydie, 2000).

Unfortunately pesticides are often detected in beehives; these include agrochemicals which are picked up by bees in agroecosystems and beekeeper-applied miticides deliberately introduced into the hive for Varroa mite control. For instance, a two-year multistate pesticide survey of commercial beehives in the United States by Mullin et al. (2010) found significant residues of 98 different miticides, insecticides, fungicides and herbicides in sampled hives. Other field studies have demonstrated similar findings (Chauzat et al., 2009; Wu et al., 2011; Rennich et al., 2014). Making matters worse, honey bees are generally known to be more sensitive to pesticides when compared to certain other insects. For instance Claudianos et al. (2006) demonstrated that honey bees possessed far fewer genes that encode for enzymes which detoxify xenobiotic chemicals, when compared to certain dipterans. These authors report that honey bees had about half the P450s, GSTs and CCEs of *Drosophila melanogaster* and *Anopheles gambiae*.

Yet it is unclear what severity of harm these various residues have alone or in combinations on bee health (Chauzat et al., 2009; Mullin et al., 2010; Staveley et al., 2014). This uncertainty is especially

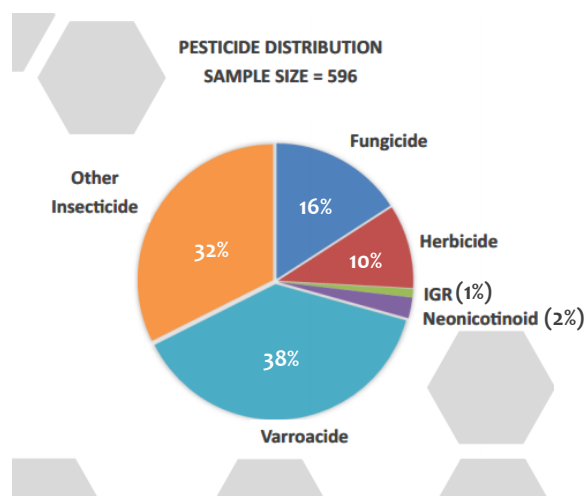
the neonicotinoids imidacloprid, clothianidin and thiamethoxam (metabolized into clothianidin) in 2012. These chemicals are part of the nitro-containing neonicotinoids, which are thought to be more toxic to bees than the cyano-containing neonicotinoids such as acetamiprid and thiacloprid (Pisa et al., 2015)—for this reason this section will focus on the nitro-containing chemicals.

However attributing widespread colony losses to a single or even a handful of chemicals has proved elusive. Firstly, it has been acknowledged that neonicotinoids are just one group among many chemicals found in hives and that many other classes of chemicals are likely to have negative effects on honey bees as well (Chauzat et al., 2009; Mullin et al., 2010). Indeed a multi-year survey of pesticide residues in pollen sampled from nearly 600 apiaries throughout the U.S. found numerous agricultural and beekeeper-applied chemicals, yet neonicotinoids comprised only about 2% of chemical residues that were identified (Rennich et al., 2014)—see **Box G**. Secondly, there has been much research which has documented various problems with neonicotinoid exposure to bees in lab settings, however these same issues at times do not manifest in field conditions under field-relevant doses (Blacquiere et al., 2012). Finally, studies on the survival of colonies exposed to specific neonicotinoids have not provided a “smoking gun.” Dively et al. (2015) provides a prime example of this in a field study where full-sized honey bee colonies were chronically exposed to various concentrations of imidacloprid: 5 µg/kg, 20 µg/kg and 100 µg/kg over a 12-week period. The lowest concentration was meant to simulate “normal” dietary exposure (where bees come into contact with the pesticide properly applied), whereas the highest concentration was intended to represent a “worst case scenario” of exposure (the pesticide applied during bloom). Colonies exposed to the higher concentrations exhibited significantly increased overwintering loss, however the bees subjected to the lower field-relevant dose was inconsequential on overwintering success. This study along with others, have led many researchers to suggest that neonicotinoids contribute to high annual losses of colonies, (Krupke et al., 2012; Di Prisco et al., 2013) however

placing blame exclusively on this class of chemicals has yet to be demonstrated by indisputable research. The Causal Analysis Workshop participants buttressed this notion by noting that neonicotinoids were not likely alone responsible for reduced survival of colonies, however they were thought to be a possibly contributing factor. Furthermore the scientists involved in the E.U. ban noted that it was not clear to what extent neonicotinoids were responsible for widespread problems in beekeeping (O’Neal and Hodgson, 2013).

Yet high annual colony losses due to neonicotinoid exposure is not the only concern; there is also interest in the effects that sub-lethal doses of these chemicals cause and the possibility that these problems will topple hives in the presence of other biotic or abiotic pressures. It has been established that sub-lethal neonicotinoid exposure has been linked to impaired learning, memory loss, modifications of navigation abilities and immune-suppression (Desneux et al., 2007; Di Prisco et al., 2013).

BOX G USDA-APHIS coordinates the National Honey Bee Pest and Disease Survey, which monitors for exotic pests, overall honey bee health and pesticide residue in beehives. Perhaps surprisingly, the percentage of neonicotinoid residues found in honey bee pollen has consistently been found to be low. Below is a graphical breakdown of pesticide residues by category found in pollen samples that were collected from nearly 600 apiaries over multiple years.



Source: Rennich et al., 2014

considered relatively non-toxic (Mayeret al. 1999). However, Papaefthimious et al. (2002) found that the honey bee heart has unusual sensitivity to 2,4-D. Indeed a mere 1 μM exposure to this chemical permanently reduced heart function of adult workers by 70%. This concentration is well below the recommended field application rate of 90-180 μM . Negative effects of 2,4-D have also been found on brood rearing. A study found that when bees are fed a sublethal concentration of 500 ppb, brood rearing stops altogether (Moffett and Morton, 1975). The same study found that at a fifth of the concentration, eggs do not hatch at normal rates and nurse bees have difficulty rearing larvae. In both cases the effects were found to be temporary and once 2,4-D was not fed to the bees, the colony recovered.

Another herbicide that is considered relatively non-toxic to bees ($\text{LD}_{50} = 36 \mu\text{g}/\text{bee}$) is paraquat (Mayer, et al., 1999). However at concentrations above what is recommended for field application, it can be deadly to bees. When workers are injected directly with 15 μg of paraquat they experience a tenfold reduction in lifespan (Corona et al., 2007). Likewise when bees are exposed to 4.5 kg/ha of paraquat in the field, they die within about three days (Moffett and Morten, 1972). This concentration is roughly four times the maximum recommended field application rate. These data underline the importance of not exceeding the concentrations prescribed by the herbicide label.

One may ask how this information is able to be reconciled with the notion that herbicides are typically safe for use around honey bees. First, toxicity data collected in the registration of most herbicides merely determine acute toxicity and not chronic effects or sub-lethal effects; second, it is also important to consider that honey bees have sophisticated detoxifying capabilities which may prevent active ingredients from reaching the organism's site of action (Papaefthimious et al., 2002).

However the most deleterious effects of herbicides on honey bees may in fact be indirect, since their use has the potential to significantly reduce the abundance and diversity of honey bee forage (Devillers, 2002). USDA has identified nutritional

deficiencies as a major contributor to the problems in honey bee health. Yet it should be noted that in certain instances herbicides can be used for the long-term benefit of diverse floral resources. For instance, herbicides are sometimes used by weed-abatement programs to protect native plants and habitats (Goldner, 1984). Without the use of herbicides as part of an integrated weed management strategy, certain noxious plants may turn thriving, diverse habitats into monocultures. A noxious plant may provide nectar and pollen to honey bees for a short period of time. However if a single plant dominates the flora of an environment, the benefit of that forage source may be quite small. Indeed, honey bee health is improved when bees are provided with a diverse set of flora that bloom throughout the season, instead of small number of plants that bloom periodically (Decourtye et al., 2010).

Beekeeper-Applied Miticides and Medicines ■■■■



Florida Department of Agriculture and Consumer Services

Perhaps unsurprisingly, residues from beekeeper-applied miticides are frequently found in honey bee colonies and often in very high concentrations (Rennich et al., 2014; Mullin et al., 2010). These pesticides are intended to control the honey bee parasite Varroa mite, which as previously mentioned is the most serious honey bee pest (Tarpay et al., 2007). One might question if the presence of these chemicals is problematic since miticides are thought to be selective (ideally killing mites, without harming bees). Despite the fact that miticides approved in the U.S. for use in hives exhibit high LD_{50} s for individual honey bees, they nonetheless can have an array of negative effects on

colonies (Berry et al., 2013). Beekeepers also use antibiotics for the treatment of honey bee pathogens; these medicines can have deleterious interactions with other chemicals found in hives (Hawthorne and Dively, 2011). These problems are often amplified when beekeepers use products not registered by regulatory institutions for Varroa mite control or fail to follow instructions on the label of pesticides legally permitted for use in hives. These actions have the potential to harm bees just as severely as misuse of chemicals by growers or pesticide applicators (Johnson et al., 2010).

Miticides used in the hive can be damaging to developing immature honey bees. Zhu et al. (2014) demonstrated this by exposing larvae to pesticides commonly found in honey bee hives, specifically: coumaphos (organophosphate), tau-fluvalinate (pyrethroid), chlorothalonil (organochlorine) and chlorpyrifos (organophosphate). The former two pesticides are beekeeper-applied miticides, and the latter two are plant-protection chemicals (a fungicide and an insecticide, respectively). Compared to controls, larvae exposed to this cocktail of chemicals (at concentrations frequently found in hives) exhibited more than a two-fold increase in mortality. The authors noted that the interactions between the chemicals were mostly additive (combined effect of chemicals equal to the sum), however the chlorothalonil fungicide was found to synergize both miticides as binary mixtures. In addition to this research, Berry et al. (2013) found that tau-fluvalinate and coumaphos exposure to immature bees reduced the 3-day brood survivorship rate.

Since queen bees are critical to the success of a colony, various studies have evaluated the effects of miticides on these reproductive individuals. Queens tend to be more tolerant of miticides than workers or drones (Dahlgren et al., 2012). However, in a queen rearing experiment, Haarmann, et al. (2002) found they were vulnerable to certain beekeeper-applied chemicals. When tau-fluvalinate was used per manufacturer recommendations (two strips per hive), there was no significant effect on queen bee health. However, at levels exceeding the label queen body weight suffered—emphasizing the

importance of following the pesticide label. Yet coumaphos demonstrated harmful effects on queens even at low doses (1 strip). Exposure of this miticide during queen development caused high mortality rates and sub-lethal effects in survivors, such as physical deformation and behavioral abnormalities. Berry et al. (2013) also found problems with both coumaphos and tau-fluvalinate residues in hives and suggested that they catalyzed increased frequency of queen supercedure cells. Queen supercedure cells can be an indicator of queen health, since they are built by worker bees in response to a sick, injured or poorly laying queen.

Interactions of honey bee medications can also increase the susceptibility of bees to other pesticides. For instance, Ellis et al. (1997) discovered in a caged-bee bioassay that Apistan (tau-fluvalinate) made colonies more susceptible to harm from the agrochemical bifenthrin (pyrethroid). The authors didn't claim that this evidence could be extrapolated to field conditions, but they did suggest that beekeepers avoid using tau-fluvalinate at times when bees would forage on crops treated with bifenthrin. Likewise, hives that were previously treated with coumaphos or tau-fluvalinate exacerbated the toxicity of the essential oil thymol, which is the active ingredient in the miticides Apiguard and ApiLife Var (Johnson et al., 2010). A multiple drug interaction analysis of miticides and fungicides found that about half of miticide-miticide and miticide-fungicide combinations had a synergistic effect, and consequently made the miticide more toxic (Johnson et al. 2013). Zhu et al. (2014) found that larvae exposed to a cocktail of chemicals that were found in hives time and again suffered. Indeed the commonly detected combination of coumaphos, tau-fluvalinate, chlorothalonil and chlorpyrifos at field-relevant rates caused a two-fold increase in mortality of immature bees. The former two pesticides are beekeeper-applied miticides, and the latter two are plant-protection chemicals. Research has also suggested that the beekeeper-applied antibiotic oxytetracycline can increase the sensitivity of bees to the toxic effects of both coumaphos and tau-fluvalinate (Hawthorne and Dively, 2011). It should be noted that Varroa mite has developed widespread resistance to coumaphos and tau-fluvalinate

and therefore many beekeepers have ceased using these products. However, even after discontinuation these chemicals continue to be found in the hive for years because they persist as residues in wax (Johnson et al., 2010).

In an effort to find new, effective, “softer” mite treatments, some beekeepers have turned to natural chemicals and plant secondary products with miticidal properties. A few of these chemicals have been formulated into commercially available acaricides for beekeepers; this includes Apiguard (thymol), ApiLife Var (thymol, eucalyptol, menthol and camphor), HopGuard (salts of hops beta acids), Mite Away Quick Strips (formic acid) and Mite-A-Thol (menthol). Yet as Paracelsus (1493-1541 AD) famously remarked “All substances are poisons: there is none which is not a poison. The right dose differentiates a poison and a remedy.” This notion applies to naturally occurring chemicals. A laboratory analysis evaluating the toxicity of various essential oils and organic acids by Ebert et al. (2007) revealed that compounds such as wintergreen, menthol, sage oil and cineole were found to be fairly benign. However, Carayon et al. (2013) found that there were negative effects resulting from honey bee exposure to thymol at approved concentrations. This study exposed honey bees to ApiLife Var (74% thymol) under laboratory conditions, and found that they exhibited significant impairment in phototaxis just one day after application. Thymol can also be problematic in combination with other chemicals as discussed previously.

■ ■ ■ ■ ■ Despite the negative effects on bee health associated with these inputs, data has consistently demonstrated that beekeepers which keep mites under control improve survival rates compared to apiaries which do not receive treatment (Traynor et al., 2016). The elimination of miticides would likely make modern, commercial beekeeping uneconomical. Therefore, it is often stressed that beekeepers should not aim to eliminate inputs but rather minimize them. Keeping an apiary clean, strictly following the label instructions on miticides and practicing Integrated Pest Management (IPM) techniques in Varroa mite control may reduce the degree of complications associated with these inputs. IPM efforts

include consistent inspection for maladies, utilizing non-chemical methods of Varroa control (drone trapping), breeding pest resistant stock and making treatment decisions based on economic thresholds (MAAREC, 2000).



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