

Placement 101

Preparing & Planning for Industry Placement: a comparative analysis of first year education and nursing students across two campuses

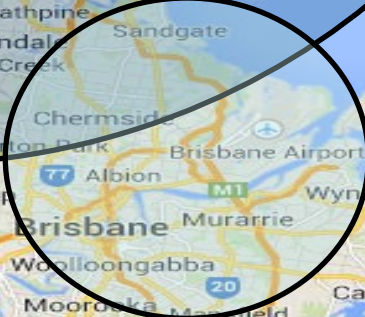
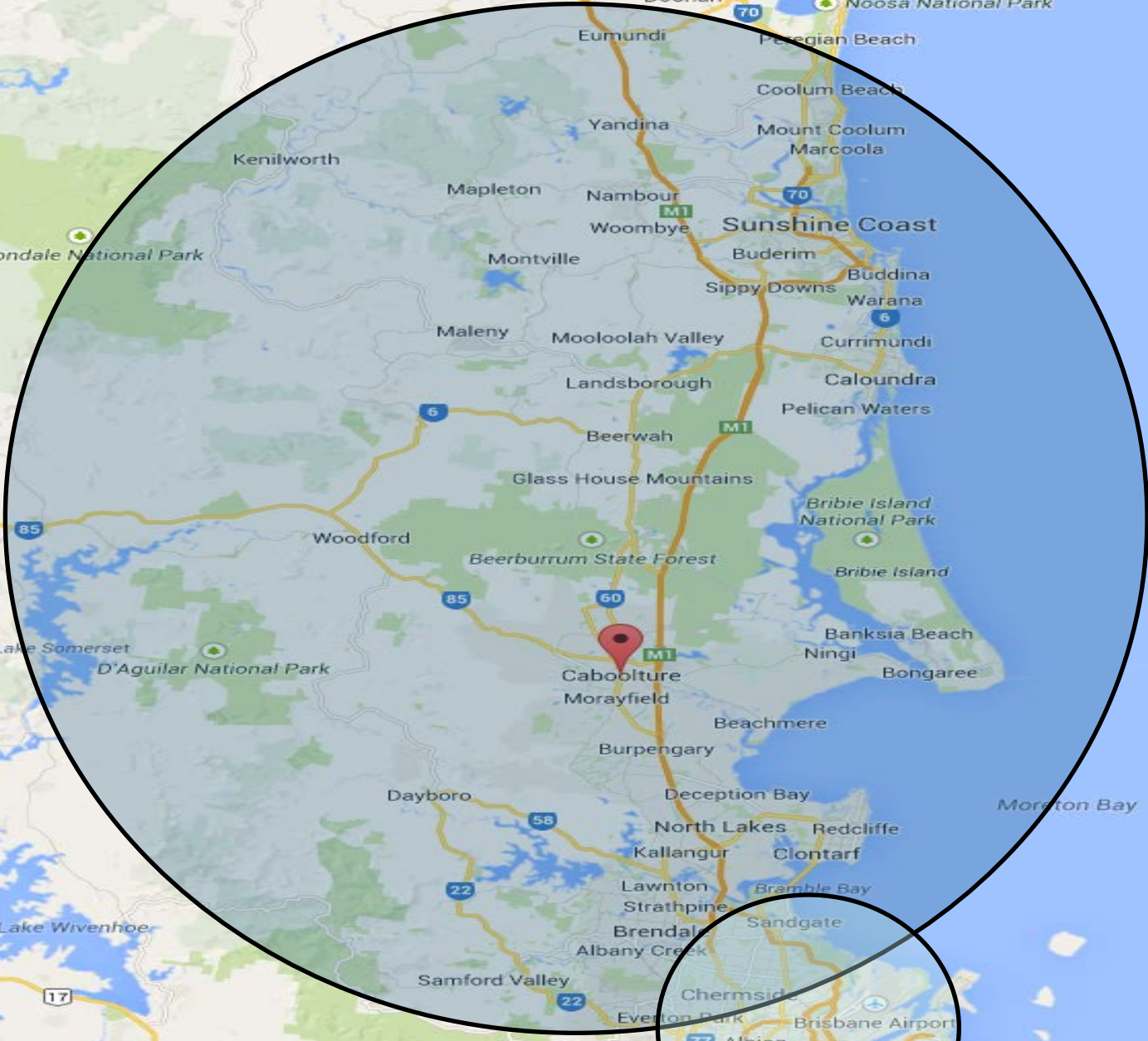
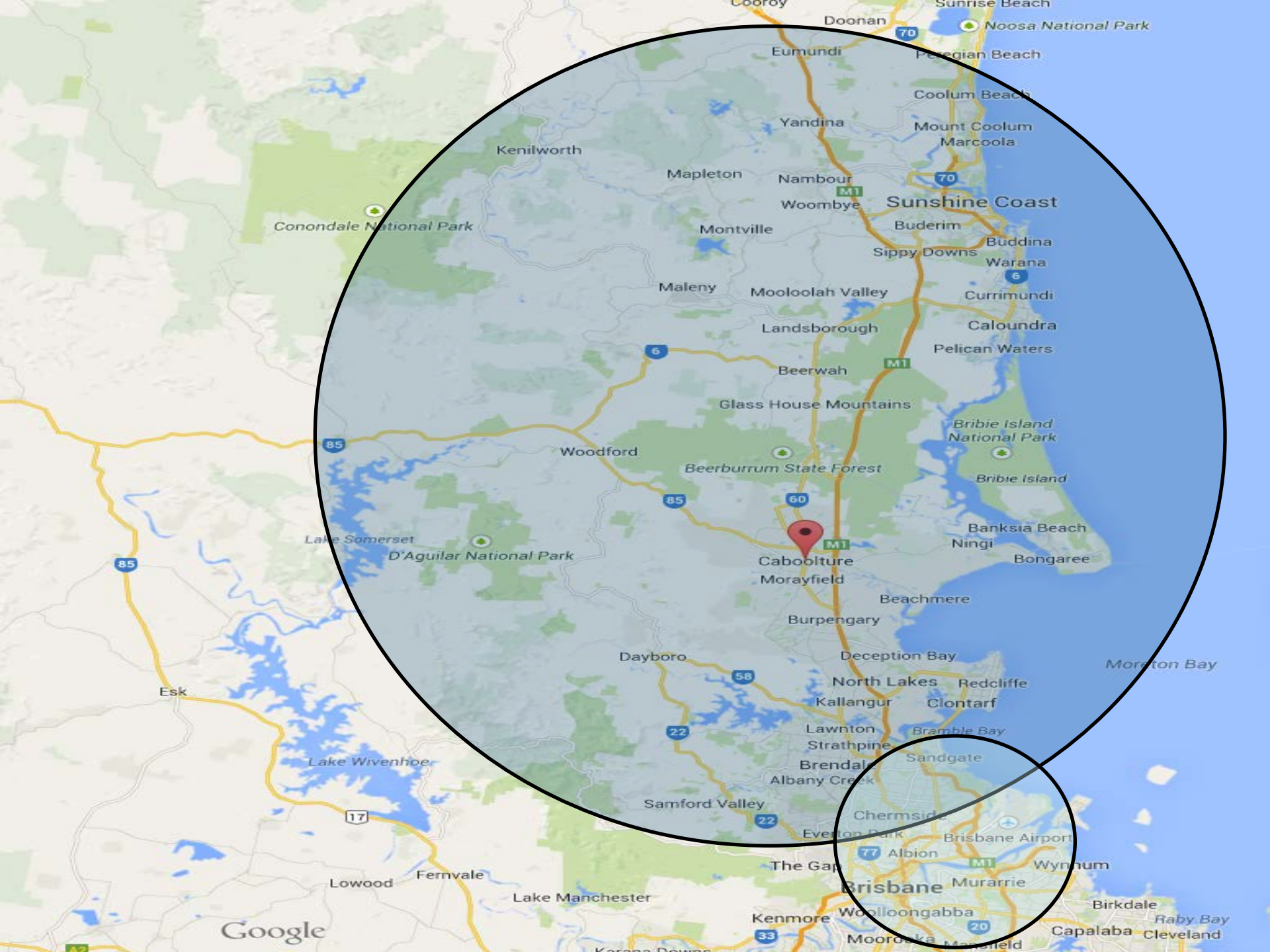
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Google

Student Demographics

Education

- <20% mature students
- Majority school leavers
- 72% <25 YOA
- >50% living at home
- >50% LSES status

Nursing

- >47% mature students
- >62% LSES status
- >40% have a mental health issue
- >32% Single Parents
- First in family

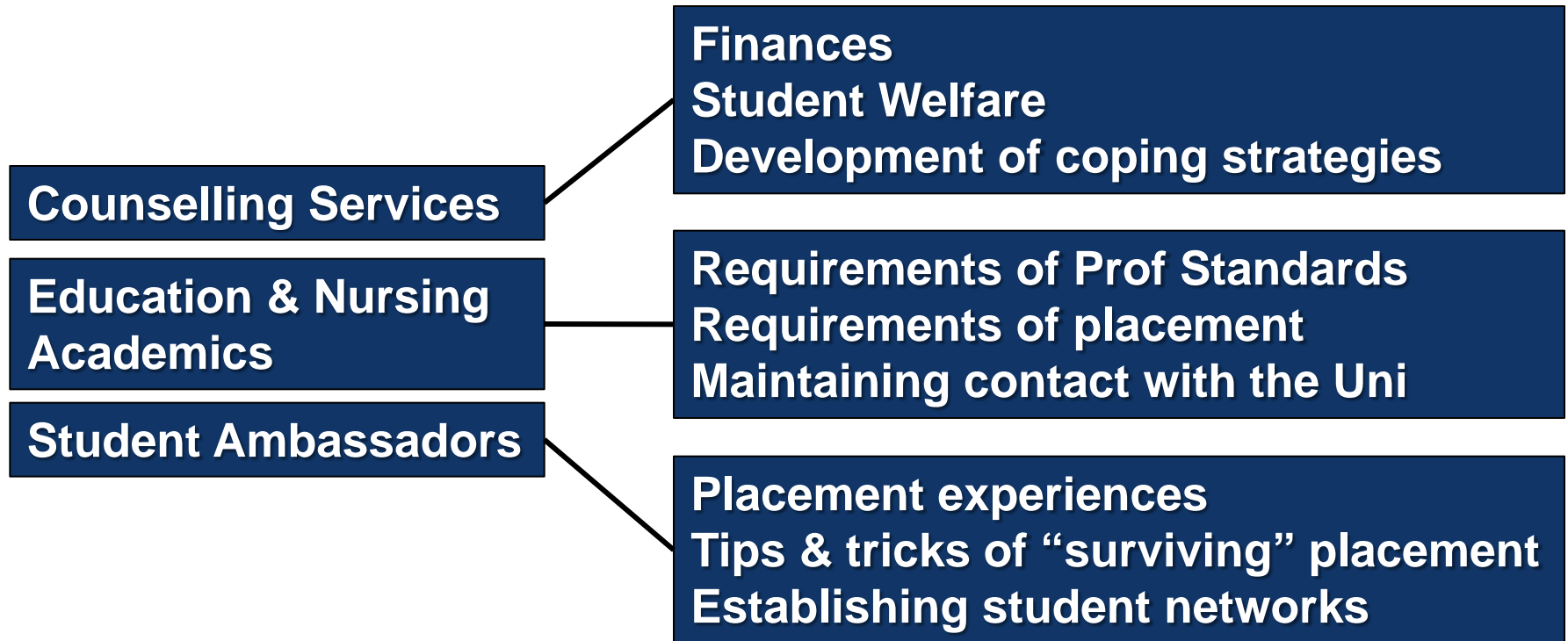
Metro Campus

- <11% LSES
- 69% <25 YOA



Regional Campus

The Workshops



What Worries ME About Placement!

Education

Nursing

- **Financial Constraints**
- **Placement Family Unfriendliness**
- **Time Impositions**
- **Knowledge and Skills Unpreparedness**
- **Intra-professional Relationships**
- **Peer Support**
- **Student Responsibilities**

“Good to know I’m not the only one feeling nervous.”

“Feeling slightly petrified...”

“Being confident/capable of performing what is required of me while on placement”

“Not being paid – unpaid work for 8hrs/day = 40 hours for a single mum”

87% of CB students found the Workshops somewhat-very useful
96% of KG students found the Workshops somewhat-very useful

What to expect on industry placement

What aspects of the session was most useful for Nursing?

Metropolitan

- Discussion of personal and academic challenges;
- Prompting further considerations into being prepared for placement;
- Talking about potential problems and identifying solutions.

Regional

- What to expect on clinical placement;
- Opportunity to ask lots of questions;
- Peer mentor/ student advice;
- Helped with feelings of worry, stress, frustration and anxiety/ sense everyone in the same boat.

What aspects of the session was most useful for education students?

- **Presentation by peer mentor – good tips and lots of reassurance;**
- **List of support services available;**
- **How to deal with fears and anxiety;**
- **The open ended question and answer sessions;**
- **The open forum style allowing students to discuss their worries and feelings openly.**



Name action plans you intend to put into place before Clinical Prac.

Metropolitan

- Working on assertiveness and communication techniques;
- Time management;
- Evaluating how to respond to your buddy in a difficult situation;
- Preparation.

Regional

- Early planning and organisation of workload assessment prac's;
- Save money or increase earnings to prepare for prac;
- Organise family routines, commitments;

Name action plans you intend to put into place before prac – education students

- **Contacting placement school;**
- **Organise/finish assignments prior to 4 week prac;**
- **Check out QUT Work Integrated Learning space;**
- **Provide a stress free time for myself;**
- **Plan meals ahead;**
- **Talking to peers about ideas to prepare/support one another.**

The Financial Hardship of Uni

>70% have some form of paid employment

>40% working >20 hours/week

>44% have a student loan

>60% of students have children – 2 on average

>28% have children between 1-10 years of age

>70% live on a weekly income of <\$350

The Emotional Burden

Arranging Childcare	63%
Home Dynamics	41%
Family Time	69%
The Balance Between Home and Placement	84%
Being Tired & Strained	95%

The Uni-Placement Conflict

Finding time to Complete Uni Assignments	39%
Being out of My Depth	37%
Finding time to reflect on placement learning	33%
Meeting extra costs of placement	31%
Finding time to for Placement Tasks	38%

The Stress of the \$\$\$\$ Costs

Household Finances	52 %
Childcare Costs	51 %
Maintaining Employment	41-46%
<input type="checkbox"/> Relationship	
<input type="checkbox"/> Hours	
Transport Costs	54 %
<input type="checkbox"/> Petrol	

74% - not stressed about getting to placement
63% - not stressed about travel time to placement

The Workshops

Stress of pre-placement preparation

< 10-15% overall

Creation of Other Practice Anxieties

**INTRA-PROFESSIONAL CLINICAL
RELATIONSHIPS**

**Workshops (1st-3rd years)
+
Resilience Training**

Some Questions.....

- **What is the nature of the stressors that your students experience around industry placement?**
- **Has your institution used any systems, workshops or industry induction processes to support students in preparing for placement in a similar manner?**