

A human retinal microvascular endothelial-pericyte co-culture model to study diabetic retinopathy in vitro

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The authors declare no conflict of interests

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¹ Abbreviations

α SMA- alpha-smooth muscle actin, Ang-2- angiopoietin-2, BRB- blood-retinal-barrier, Cx43- connexin-43, DAPI- 4',6-diamidino-2-phenylindole, DR- diabetic retinopathy, EC- endothelial cell, ECM- extracellular matrix, F-actin- filamentous actin, FBS- foetal bovine serum, GJ- gap junctions, hHGF- human hepatocyte growth factor, H- hour, hREC- human retinal microvascular endothelial cell, hRP- human retinal pericyte, IF- immunofluorescence, IL-8- interleukin-8, PET- polyethylene terephthalate, PDGF- platelet-derived growth factor, REC- retinal endothelial cell, RP- retinal pericyte, RT- room temperature, SD- standard deviation TC- tissue culture, TJ- tight junction, TIMP-2- tissue inhibitor for metalloproteinase-2, VE-Cad- vascular endothelial cadherin, VEGF- vascular endothelial growth factor, ZO-1- zonula occludens-1

Abstract

This human primary co-culture model using human retinal microvascular endothelial cells (hREC) and human retinal pericyte cells (hRP) aims to improve current understanding of the cellular changes occurring in the retinal microvasculature during diabetic retinopathy (DR). Currently, patients often present in clinic with late-stage DR, only when vision becomes impaired. Therefore, new strategies for earlier detection in clinic, combined with novel pharmaceutical and cellular interventions are essential in order to slow or halt the progression of DR from background to sight-threatening stage. This co-culture model can be used as a simple, replicable in vitro tool to discover and assess novel drug therapies and improve fundamental understanding of alterations to cell behaviour in the human retinal microvasculature during DR.

hRP and hREC were cultured for up to 21 days in normoxic (20%) or hypoxic (2%) oxygen levels and physiological (5.5mM) or very high (33mM) glucose, to maintain a healthy, or induce a diabetic-like phenotype in vitro. Mono- or co-cultured hREC and hRP were seeded 1:1 in healthy (20% oxygen and 5.5mM glucose) or diabetic-like (2% oxygen and 33mM glucose) conditions, on either side of untreated polyethylene terephthalate (PET) transwell inserts, and cultured for 21 days. Mono- and co-cultures were analysed for changes in metabolic activity, angiogenic response and junctional protein expression, using immunofluorescence antibody labelling, flow cytometry and multiplex ELISA technology.

hRP and hREC were successfully co-cultured, and the glucose and oxygen concentrations selected for the in vitro healthy and diabetic-like conditions were sufficient for cell viability and EC monolayer integrity, with evidence of an angiogenic response in diabetic-like conditions within the 21 day timeframe. Angiopoietin-2 (Ang-2), vascular endothelial growth factor (VEGF), and platelet-derived growth factor (PDGF) secretion were all increased, whilst hepatocyte growth factor (hHGF), tissue inhibitor for metalloproteinase-2 (TIMP-2) and interleukin-8 (IL-8) secretion were all reduced in the in vitro diabetic-like conditions. The secretion profile of co-cultures was different to mono-cultures, highlighting the importance of using co-culture models to collect data more reflective of the close relationship between hRP-hREC in vivo.

Previous groups have developed useful co-culture models utilising non-human, immortalised or large vessel-sourced cells to explore changes to the vasculature during hypoxia and/or high glucose insult. In this study the use of human primary, retina-specific microvascular cells, mono- and co-cultured, collected over a longer culture period, has enabled detection of changes that may have been missed in previous models.

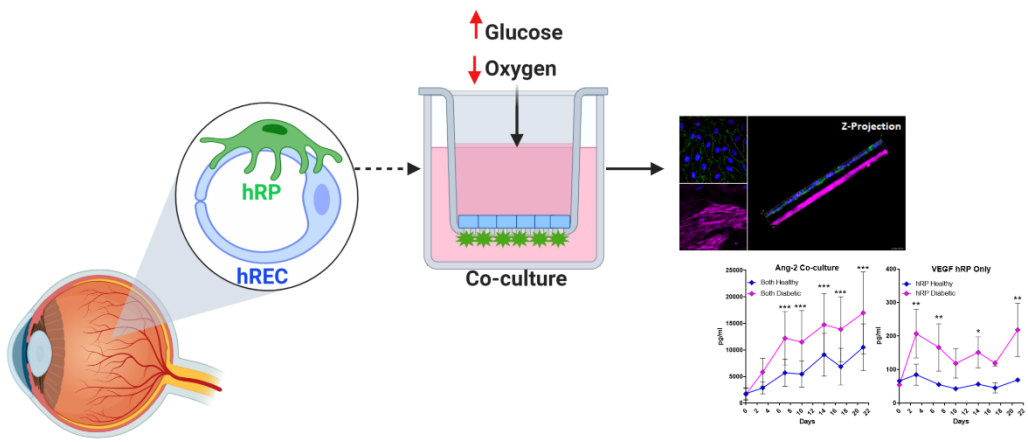
Keywords

Angiogenesis, blood-retinal-barrier, co-culture, diabetic retinopathy, endothelial, microvasculature, pericyte

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Graphical Abstract



1 **1. Introduction**

2 Diabetic retinopathy (DR) is a major microvascular complication of type 2 diabetes mellitus and
3 leads to vision impairment in >10% of the type 2 diabetes population, equating to >45million people
4 worldwide in 2015 (Yau et al., 2012). Vision-threatening DR is predicted to rise to >70 million
5 people worldwide by 2040, resulting in major economic implications for health services and
6 increased morbidity for people diagnosed with DR (Antonetti et al., 2004; Wild et al., 2004). Deeper
7 understanding of the different stages of cellular change in the retinal capillary microenvironment
8 could lead to novel, early-stage interventions, aimed at preventing vision loss.

9 The current treatments of anti-vascular endothelial growth factor (VEGF) injections, which can be
10 combined with laser therapy, are only offered at late-stage, once substantial damage has already
11 occurred to the retinal capillaries (Medina et al., 2013). Development of early-stage therapies,
12 which slow or prevent progression, are the ultimate goal. Unravelling the multifactorial aspects of
13 the diabetic milieu, including chronic hyperglycaemia, metabolic dysregulation and ultimately tissue
14 hypoxia, will aid in developing novel therapeutic targets.

15 The retinal capillaries are composed of an inner layer of microvascular retinal endothelial cells
16 (REC) with tight cell-cell contacts, forming the inner blood-retinal-barrier (BRB), and perivascular
17 retinal pericytes (RP), which wrap around the endothelial cells (EC) providing structural and
18 signalling support. This configuration enables the tightly regulated passage of substances from the
19 blood, to the surrounding highly metabolically active tissue and vice versa. Loss of highly regulated
20 EC-EC contacts, which in healthy conditions are formed by tight junctions (TJ), adherens junctions
21 and gap junctions (GJ), is a major contributor to retinal capillary dysfunction and ultimately
22 breakdown of the BRB. Structurally, basement membrane thickening and pericyte drop-out are
23 early characteristics of DR, where disruption of both structural and cell signalling support from the
24 RP is implicated in EC dysfunction and disease progression (Motiejunaite and Kazlauskas, 2008).
25 However, the chronology of the alterations to cell signalling pathways, BRB breakdown,
26 extracellular matrix (ECM) remodelling and cell death is not fully understood.

27 VEGF and angiopoietin-2 (Ang-2) have major implications in DR progression, due to their
28 involvement in driving the angiogenic switch from non-proliferative to the proliferative-stage (Stitt et
29 al., 2016; Yao et al., 2007). The secretion profile of VEGF, Ang-2, and several other proteins
30 involved in oxidative stress, angiogenesis and hyperglycaemia, is cell-type specific, therefore it is
31 important to co-culture the cells comprising the microvasculature in vitro, in order to ascertain the
32 most relevant cellular changes when modelling DR.

33 Previously, large vessel-derived, mixed human/animal and immortalised cell co-culture models
34 have been developed, to understand the complex EC:pericyte relationship in blood vessels (Kumar
35 et al., 2011; Tarallo et al., 2012a; Walshe et al., 2011; Wisniewska- Kruk et al., 2012). Both
36 hypoxia and hyperglycaemia are conditions encountered by the cells of the retinal

37 microvasculature at various stages throughout the progression of DR. To induce a diabetic-like
38 phenotype in vitro, high glucose (33mM) and low oxygen (2%) can be used to accelerate the
39 disease process, which often takes decades in humans. Although ECs in vivo are unlikely to
40 experience simultaneous high glucose and low oxygen, metabolic memory is an important factor of
41 the disease process (Kowluru et al., 2010), characterised by the imprinted effect of high glucose
42 leading to a resistance in the halting of pathology even after restoration of glycaemic control. Using
43 high glucose aims to induce and maintain the diabetic-like hyperglycaemic phenotype over time in
44 vitro, whilst hypoxia aims to induce the oxidative stress ECs may encounter as blood vessel
45 integrity begins to fail in the retinal microvasculature. The current study sought to develop a
46 human, microvascular, in vitro co-culture model using commercially available human RP (hRP) and
47 human REC (hREC). This is a novel, species and tissue-specific, reproducible co-culture model
48 that can be used to study cellular changes, importantly over an extended period of time, as well as
49 providing a potential tool to test novel DR-targeted therapies in vitro.

50 **2. Materials and Methods**

51 **2.1 Cell culture**

52 hREC (Cell Systems, Kirkland, WA, USA, ACBRI 181V) were used in experiments up to P10,
53 cultured in PromoCell MV medium (PromoCell, Heidelberg, Germany) containing 5% foetal bovine
54 serum (FBS), further supplemented with heat inactivated FBS (Labtech, East Sussex, UK) to final
55 concentration of 10%. hREC were sub-cultured using 1X Trypsin-EDTA (Sigma, Dorset, UK) at
56 ~90% confluence. hRP (Cell Systems, ACBRI 183V) were used in experiments up to P10, cultured
57 in DMEM (Life Technologies, Warrington, UK) supplemented with 1mM sodium pyruvate (Life
58 Technologies), physiological (5.5mM) [D+] glucose (Life Technologies) and 10% FBS. hRP were
59 sub-cultured at 70-80% confluence using 1X Trypsin-EDTA. To maintain cells with a
60 physiologically healthy phenotype, cells were cultured in 20% oxygen and 5.5mM glucose. High
61 glucose (33mM) was added to create a hyperglycaemic environment, in order to induce a diabetic-
62 like phenotype in vitro. Hypoxic (2% oxygen) insult was used simultaneously to induce an oxidative
63 stress response in the hREC and hRP, which may be encountered by the cells comprising the
64 retinal microvasculature as vessels regress or become unstable as DR progresses.

65 **2.2 Immunocytochemical staining**

66 Cells were fixed for 9 mins using 10% neutral buffered formalin (Sigma), at room temperature (RT).
67 Cells were permeabilised using 0.5% Triton-X (Sigma) for 4 mins. Cells were blocked using 5%
68 normal goat serum (Sigma) for 1 hour (H), at RT. Primary antibodies, (Table 1) were incubated
69 overnight at 4°C. Secondary antibodies (Thermofisher, Waltham, MA, USA) were added at 5µg/ml
70 for 45 mins at RT; goat anti-rabbit-488 and goat anti-mouse-594. For filamentous actin (F-actin)
71 labelling, phalloidin-647 (Thermofisher) was used at 0.22µM and added with the secondary
72 antibodies. Cells were washed in 0.1% Tween-20, then incubated with 300nM 4',6-diamidino-2-
73 phenylindole (DAPI; Life Technologies) for 20 mins. After a final wash with ddH₂O, hardset
74 mounting media (Agilent, Cheshire, UK) and a cover slip were added.

75 **2.3 Flow cytometry**

76 1×10^5 cells/tube were re-suspended in 100µl FACS buffer (dPBS +1% FBS). Fluorescent
77 conjugated antibodies were added at 5µl/tube, or 6µl/tube for anti-CD34 (Table 2). Antibodies were
78 incubated with cells at 4°C for 30 mins then washed in FACS buffer, supernatant removed and the
79 cell pellet resuspended in 300µl fresh FACS buffer. Flow cytometry was performed using a BD
80 Accuri-6 machine and Accuri-C6 software. Flow parameters were 1×10^4 events, on slow fluidics.
81 Un-labelled cells were used to exclude dead cells/debris, and all samples were reported as %
82 positivity vs corresponding conjugated IgG control; fluorescein isothiocyanate, phycoerythrin and
83 allophycocyanin.

84 **2.4 Metabolic activity**

85 Metabolic activity was measured using resazurin sodium salt (Sigma). A filtered PBS-resazurin
86 solution at 0.01mg/ml with serum-free culture medium was incubated with cells at 37°C for 2H.
87 Resazurin-media was transferred to black 96 well-plates (w/p) (Greiner Bio-One GmbH,
88 Kremsmünster, Austria) and analysed using a FLUOstar Optima plate reader (BMG Labtech,
89 Buckinghamshire, UK) with BMG Lab Tech (Optima, 2.20) software, at excitation 560nm and
90 emission 590nm. Results were analysed using Optima Data Analysis MARS software.

91 **2.5 Co-culture model**

92 24 w/p hanging polyethylene terephthalate (PET) transwell membranes with 1µm pores (Merck,
93 Darmstadt, Germany) were used untreated to seed mono- or co-cultures (Fig. 1A). To mimic the
94 ratio of EC:pericyte coverage in the retina, cells were seeded 1:1 in co-culture. The experimental
95 timescale is outlined in Figure 1B. 2×10^4 hRP were seeded on the underside of the transwell
96 inserts, in 50µl of complete DMEM with 10% FBS, for 1H at 37°C. Transwells were reverted and
97 placed into a 24 w/p with 900µl of MV medium containing 10% FBS/well. hREC were seeded at
98 2×10^4 cells/insert in 200µl MV containing 10% FBS on the apical surface and plates were
99 incubated overnight. For mono-cultures, only 1 cell-type was added (either hRP on the underside
100 or hREC on the apical side). After 24H, inserts were transferred to a new 24 w/p and MV medium
101 was reduced to 5% FBS. 72H after seeding, inserts were cultured in either physiological healthy
102 conditions (20% oxygen + 5.5mM glucose) or 2% oxygen and 33mM glucose, for diabetic-like
103 conditions. Cells were cultured for 21 days with media changed every 3-4 days.

104 **2.6 Human angiogenesis multiplex array**

105 The Q-Plex Human Angiogenesis Array (Quansys, Logan, UT, USA) uses multiplex technology to
106 measure 9 secreted angiogenic proteins of interest: Ang-2, fibroblast growth factor (FGF),
107 hepatocyte growth factor (hHGF), interleukin-8 (IL-8), platelet-derived growth factor-BB (PDGF-
108 BB), tissue inhibitor for metalloproteinase-1 and -2 (TIMP-1/-2), tissue necrosis factor-α (TNFα)
109 and VEGF. 100µl of media was collected from the apical, and 100µl from the outer compartments
110 at 7 time points (Day 0, 3, 7, 10, 14, 17, 21), and stored immediately at -80°C. The assay was
111 performed according to manufacturer's instructions. An 8-point calibration curve was prepared
112 using the calibrator and the human sample diluent, for each plate. Samples were diluted 1:4 and
113 loaded on to the Q-Plex Array 96-w/p. The Q-Plex TM Imager LS and Q-View Imager Pro Software
114 were used for imaging and analysis. Exposure time was 270 seconds. Pericytes from a male donor
115 of unspecified age were used for multiplex run 1, whilst pericytes from a female donor aged 55
116 were used for runs 2 and 3, as supplied for CellSystems. hREC from the same female donor were
117 used throughout.

118 **2.7 Microscopy**

119 The Nikon DIAPHOT with Top View 3.7 software, and the AxioVert A1 with ZEN Blue 2.3 software
120 were used to capture phase contrast images. The Nikon E-TI, with NIS Elements AR 4.51.01
121 software was used for cell counts. The Zeiss Confocal M800 with ZEN Blue 2.3 software was used

122 for imaging cells on glass slides and PET membranes. When imaging co-cultures, PET
123 membranes were removed from their frames and transferred to glass slides.

124 **2.8 Statistical analysis**

125 Statistical analyses were performed using GraphPad Prism 8 software. Significance level of $p < 0.05$
126 was set for all experiments. Data were reported as mean, with standard deviation (SD). ANOVA or
127 non-parametric testing were used for multiple comparisons and T-tests were used for comparisons
128 between two groups.

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149 **3. Results**

150 **3.1 hREC and hRP maintained their phenotype in vitro within the 21 day experimental** 151 **timeframe**

152 A limitation of using human primary cells in vitro is their tendency to de-differentiate. hRP
153 maintained their morphology of a large, irregular-shape, with cytoplasmic projections, and did not
154 transition in vitro from P3-P10 (Fig. 2A). hREC retained a cuboidal, uniform size and shape, and
155 formed a monolayer when confluent (Fig. 2B). hRP number increased over time (Fig. 2C), whereas
156 hREC decreased in number from day 7-21 (Fig. 2D). 87.5% of hRP expressed CD146, indicating a
157 heterogeneous population, concomitant with their pluripotent nature (Fig. 2E). hREC were CD34
158 negative and CD31 positive, which is endothelial specific and present at the border of cell
159 membranes, suggesting hREC retained a strong EC phenotype (Fig. 2F). Both hREC and hRP
160 were CD14 and CD45 negative, distinguishing them from hematopoietic cells. hRP expressed
161 antigens commonly used to confirm pericyte phenotype in culture; PDGFR- β , neuron-gial antigen
162 2 (NG2) and CD90 (Fig. 2G), and exhibited +/- expression for alpha-smooth muscle actin (α -SMA).
163 hREC expressed a number of key endothelial-specific proteins including vWF, localised to storage
164 vesicles (Weibel-Palade bodies) (Fig. 2H). Positive expression of ZO-1 confirmed TJ formation and
165 VE-Cad confirmed adherens junction formation.

166 **3.2 Both cell-types were viable in sustained hyperglycaemia and hypoxia**

167 Validation of long-term, high glucose and low oxygen conditions was required to induce a diabetic-
168 like phenotype in vitro, whilst aiming to maintain cell viability. hREC and hRP were initially cultured
169 in 5% oxygen to induce a hypoxic response (Fig. S1, Fig. S2). Ang-2 appeared activated in hREC
170 cultured in 5% oxygen (Fig. S1), and SOD-2 appeared activated in hRP cultured in 5% oxygen
171 (Fig. S2). However, oxygen levels were further reduced to 2% after determining only minimal
172 differences compared to 20% oxygen, in both 5.5mM and 33mM glucose conditions. By day 21,
173 the metabolic activity of hRP cultured in 20% oxygen and 30mM glucose was significantly higher
174 than hRP cultured in 5.5mM glucose (Fig. 3A; $p=0.0434$). There was, however, no significant
175 difference in metabolic activity between hRP cultured in 35mM vs 5.5mM glucose, at day 21 in
176 20% oxygen ($p>0.999$). Importantly, by day 21 in 20% oxygen, there were fewer hRP in 35mM
177 compared to 5.5mM glucose conditions ($p=0.0002$), suggesting hyperglycaemia at 35mM caused
178 higher metabolic activity/cell in the hRP. By day 21 in hypoxia (2% oxygen), hRP had significantly
179 higher metabolic activity when cultured in 20mM, 25mM and 30mM glucose compared to those
180 cultured in 5.5mM glucose (Fig. 3B; $p=0.0456$, $p=0.0342$, $p=0.0018$, respectively), whilst there was
181 no metabolic difference between hRP cultured in 35mM vs 5.5mM glucose. There was however,
182 significantly more hRP at day 21 in 2% oxygen and 35mM glucose, compared to 2% oxygen and
183 5.5mM glucose (Fig. 3B; $p<0.0001$), suggesting a lower metabolic activity/cell in the
184 hyperglycaemic-hypoxic conditions. hREC cultured in 20% oxygen with 10-30mM glucose all had
185 significantly lower metabolic activity at day 21 compared to 5.5mM glucose (Fig. 3C; $p=0.0011$

186 10mM, $p=0.0069$ 15mM, $p=0.0048$ 20mM, $p=0.0074$ 25mM and $p=0.0018$ 30mM). But, there was
187 no significant difference between hREC metabolic activity in 5.5mM vs 35mM in 20% oxygen at
188 day 21. There was however, significantly more hREC at day 21 in 20% oxygen in 5.5mM vs 35mM
189 glucose (Fig. 3C; $p=0.0058$). Taken together these data suggest hyperglycaemia at 35mM causes
190 higher metabolic activity/cell for hREC cultured in 20% oxygen at day 21 compared to 5.5mM. In
191 2% oxygen, there was no difference in hREC metabolic activity in 5.5mM- 35mM glucose and also
192 no significant difference in cell number (Fig. 3D). There were no significant differences between
193 5.5mM glucose and 29.5mM Mannitol + 5.5mM glucose conditions for all experiments by day 21,
194 controlling for the potential confounding osmotic effects of increasing glucose.

195 **3.3 Hypoxic conditions caused re-arrangement of the F-actin cytoskeleton, increased** 196 **Ang-2 expression and caused hREC hypertrophy**

197 Changes to the hREC monolayer were explored to understand the effect of diabetic-like conditions
198 on microvascular EC behaviour. There was no difference in surface antigens expression when
199 using flow cytometry to compare day 0, day 21 healthy and day 21 diabetic hREC cultured on TC-
200 plastic (Fig. 4A). For hREC mono-cultured on glass slides, ZO-1, VE-Cad and CD31 localised at
201 cell-cell junctions in the four experimental oxygen/glucose conditions at day 21 (Fig. 4B).

202 Cytoskeletal F-actin was arranged in thick stress-fibre-like bands at the borders of the hREC
203 cultured in 2% oxygen, whereas in 20% oxygen the F-actin was dispersed in thin fibres throughout
204 the cell. Connexin-43 (Cx43) was expressed at both the cell-cell junctions and in the perinuclear
205 compartment of mono-cultured hREC. However, in 2% oxygen, Cx43 was predominantly at the
206 cell-cell junctions, indicating an increase in GJ formation. Ang-2 expression in hREC was higher in
207 low oxygen conditions. The cell area of hREC cultured in 2% oxygen +33mM glucose was larger
208 than those cultured in 20% oxygen +5.5mM glucose (Fig. 4C; $p=0.0006$). There were also more
209 very large cells in 2% oxygen, although the number of focal adhesions per cell was not influenced
210 by oxygen/glucose conditions (Fig. 4D).

211 **3.4 hRP cultures were heterogeneous indicated by α SMA and CD146 expression**

212 Cell surface antigen expression and growth of hRP in response to healthy or diabetic-like
213 conditions were investigated. hRP CD90 expression was retained throughout the 21 day culture
214 period (Fig. 5A), confirming a pericyte phenotype was maintained. CD105 expression was
215 significantly reduced by day 21 in healthy hRP compared to day 0 hRP ($p=0.0483$). CD146
216 appeared reduced at day 21 in both healthy and diabetic conditions, however, due to the large
217 variation of CD146 expression in day 0 hRP cultures this was not statistically significant.
218 Irrespective of culture condition, cell density or passage number, only a proportion of hRP
219 expressed α SMA (Fig. 5B). Cytoplasmic protrusions of α SMA-positive hRP were visible through
220 the 1 μ m pores of the PET in mono-cultures (Fig. 5C), and in co-cultures, where hREC were co-
221 cultured with and without a tight monolayer apically (Fig. 5D and Fig. 5E, respectively),
222 demonstrating physical cell-cell contacts between hREC and hRP.

223 **3.5 Mono- and co-cultured hREC maintained a monolayer in both in healthy and diabetic** 224 **conditions**

225 Confocal immunofluorescence (IF) analysis of cells on PET membranes at day 21 confirmed hREC
226 and hRP viability, and antibody labelling was used to analyse the EC barrier and assess oxidative
227 and angiogenic responses. The expression of junctional, angiogenic and oxidative stress proteins
228 by hREC cultured on PET for earlier time points of 7 and 14 days is shown in Fig. S3. At day 21,
229 mono-cultured hREC expressed VE-Cad and ZO-1 at cell-cell junctions, in both healthy and
230 diabetic conditions, on PET (Fig. 6A). The Cx43 expression pattern appeared more punctate and
231 dense, in peripheral clusters in the diabetic mono-culture compared to healthy, but overall was less
232 distinct at the cell-cell border on PET, when compared to hREC cultured for 21 days on tissue
233 culture (TC)-treated glass (Fig. 4B). F-actin arrangement was aligned in parallel fibres in healthy
234 mono-cultured hREC, compared to a more disorganised arrangement in diabetic conditions. The
235 distinct 'actin-banding' on the hREC periphery when cultured in 2% oxygen on TC-treated glass
236 (Fig. 4B), was not present when hREC were cultured on PET (Fig. 6A). Some of the differences
237 reported between hREC cultured on TC-treated glass and PET may be due to differences in
238 substrate stiffness and therefore, cell-ECM interaction, or the practicalities of imaging cells on the
239 PET membranes. Z-stack imaging provided confirmation that both cell-types were present on
240 either side of the PET membranes in the co-culture model. ZO-1 and VE-Cad were present at cell-
241 cell borders of co-cultured hREC in both healthy and diabetic conditions, although their expression
242 appeared more uniform in diabetic conditions (Fig. 6B). Cx43 expression was more defined at cell-
243 cell borders in diabetic co-cultured hREC, compared to healthy co-culture. Overall, the EC barrier
244 appeared present in both mono- and co-culture conditions, and unexpectedly was present in
245 diabetic conditions at day 21, subjected to continuous hyperglycaemic and hypoxic insult. HIF1 α
246 expression appeared more perinuclear in diabetic co-culture compared to healthy co-cultures at
247 day 21 (Fig. 6B), although overall the HIF1 α results were inconclusive when analysed via IF. F-
248 actin arrangement in healthy co-cultured hREC was not aligned in thick parallel fibres like it was in
249 mono-cultured hREC on PET (Fig. 6A) and TC-treated glass (Fig. 4B), suggesting fewer stress
250 fibres within the hREC when co-cultured with pericytes.

251 **3.6 Ang-2, VEGF and PDGF were significantly higher in diabetic conditions**

252 To confirm a diabetic-like phenotype, secretion of the growth factors Ang-2, VEGF and PDGF were
253 assessed for hREC and hRP grown individually and as co-culture, using multiplex analysis.
254 Micrographs of the mono- and co-cultured hREC and hRP confirm the presence of the cells on the
255 PET inserts in healthy and diabetic conditions at days 7, 14 and 21 (Fig. S4). Ang-2 was not
256 secreted by mono-cultured hRP at any time point (Fig. 7A). Ang-2 secreted by diabetic mono-
257 cultured hREC and diabetic co-culture was more than double that of healthy by day 7 (Fig. 7B,C,
258 $p=0.0001$ and $p=0.0002$). From days 7-21, Ang-2 remained significantly higher in diabetic
259 conditions for both mono-cultured hREC and co-cultures. Although Ang-2 was not secreted by
260 hRP, the presence of hRP in co-culture caused a 25.6% increase in secretion of Ang-2 in healthy

261 co-cultures, and 13.9% increase in diabetic co-cultures (Fig. 7C), compared to mono-cultured
262 hREC at day 21 (Fig. 7B). VEGF was only secreted by hRP (Fig. 7D, E). VEGF was significantly
263 higher in diabetic hRP vs healthy, at day 3 ($p=0.0055$), 7 ($p=0.0093$), 14 ($p=0.0199$) and 21
264 ($p=0.0019$) (Fig. 7D). From day 3-17, diabetic VEGF levels were more than double those in healthy
265 conditions, and by day 21, were 3 times higher in diabetic hRP ($p=0.0019$). VEGF levels in co-
266 culture were very low, suggesting the presence of hREC caused a reduction of VEGF secretion by
267 the hRP (Fig. 7F). Similar to Ang-2, PDGF was secreted at very low/negligible levels by hRP (Fig.
268 7G). By day 21, PDGF was 2.3-fold higher in diabetic hREC compared to healthy (Fig. 7H;
269 $p=0.0008$) and 4.4-fold higher in diabetic co-culture vs healthy (Fig. 7I; $p=0.0062$). PDGF only
270 reached significantly higher levels in diabetic mono-cultured hREC compared to healthy conditions
271 at day 17 onwards ($p=0.0158$). Although hRP only secreted very low levels of PDGF, in co-culture
272 the levels of PDGF in diabetic conditions exceeded what would be an additive effect of hREC and
273 hRP alone, suggesting in diabetic but not healthy co-culture, higher levels of PDGF were secreted
274 in the presence of hRP. These data support the strength of using long-term co-cultures to explore
275 cellular changes when modelling DR.

276 **3.7 hHGF, TIMP-2 and IL-8 were significantly reduced in diabetic conditions**

277 A panel of proteins including hHGF, TIMP-2 and IL-8 were analysed to determine if the
278 experimental diabetic conditions of the model were sufficient to induce differences to the secretion
279 profile of hREC and hRP, and also assess if there was any paracrine effects when the cells were
280 co-cultured. hHGF was secreted by mono-cultured hRP (Fig.7J), but was not secreted by mono-
281 cultured hREC at any time point (Fig. K). hHGF secretion was significantly lower in diabetic
282 conditions from day 7 in mono-cultured hRP (Fig. 7J; $p=0.0146$) and co-culture (Fig. 7L; $p=0.012$),
283 and remained significantly reduced in diabetic co-culture at day 21 ($p=0.0303$). Levels of hHGF in
284 healthy and diabetic co-culture were lower than secretion levels by mono-cultured hRP at all time
285 points, suggesting the presence of hREC in the co-culture caused a reduction in the overall
286 secretion levels of hHGF. TIMP-2 was secreted by mono-cultured hRP (Fig.7M) and mono-cultured
287 hREC (Fig.7N). TIMP-2 secretion was significantly reduced in diabetic conditions for mono- and
288 co-culture models. This reduction was significant by day 14 in mono-cultured hRP (Fig.7M;
289 $p=0.0011$), by day 10 in mono-cultured hREC (Fig. 7N; $p=0.0451$) and day 7 in the co-culture (Fig.
290 7O; $p=0.0165$). At day 21, diabetic mono-cultured hREC secreted significantly less TIMP-2 (Fig.
291 7N; $p=0.0026$), as did the diabetic co-culture, compared to healthy (Fig. 7O; $p=0.0231$). Overall
292 TIMP-2 levels were highest in healthy co-culture at day 21, and this appears to be an additive
293 effect of both hREC and hRP secreting TIMP-2. Although hHGF levels remained relatively
294 consistent over time (Fig. 7J-L), IL-8 and TIMP-2 secretion increased in both healthy and diabetic
295 conditions over time (Fig. 7M-R). Both mono-cultured hRP and hREC secreted IL-8 (Fig. 7P,Q)
296 and it appeared that the levels of IL-8 in co-culture may be additive (Fig. 7R). Diabetic conditions
297 caused a significant reduction in IL-8 by mono-cultured hRP at day 14 (Fig. 7P; $p=0.0499$), and
298 although there was a trend for reduced IL-8 in diabetic mono-cultured hREC and the co-culture, the

299 reduction was not significant. The large standard deviation across several of the proteins analysed
300 may be in part due to a different hRP donor being used in run 1. Data from all 3 repeats indicate a
301 similar trend, with varying magnitude, for mono-cultured hRP and hREC (Fig. S5), and the co-
302 culture (Fig. S6), in healthy and diabetic-like conditions over time. Overall, the angiogenic protein
303 release profiles highlight that hREC and hRP secreted different proteins, and that one cell-type can
304 have a paracrine effect on the other, as was the case with Ang-2, VEGF, PDGF and hHGF.

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326 4. Discussion

327 The aim of this study was to develop a human primary, retina-specific, microvascular co-culture
328 model to provide an in vitro environment to study cellular changes, disease progression and future
329 cellular or pharmacological intervention for conditions such as DR. To induce a diabetic-like
330 phenotype in vitro, simultaneous hyperglycaemia and hypoxia culture conditions were used. The
331 key findings of this study were; (1) Human primary hREC and hRP maintained their phenotype and
332 could be cultured together in vitro, (2) high glucose and low oxygen (in vitro diabetic-like)
333 conditions caused an angiogenic response, (3) when hREC and hRP were co-cultured, their
334 angiogenic response was different to mono-cultured cells, and (4) the extended 21 day timescale
335 for experiments was important, as some changes in angiogenic response proteins were only
336 observed at later time points.

337 An in vitro model should mimic the in vivo situation as closely as possible, while recognising it may
338 have limitations. Co-culturing primary, tissue-specific cells whilst ensuring that they retain their
339 phenotype over time is one option for producing a simplified, reproducible in vitro model to study
340 DR. Human primary vascular ECs from various organs/tissues, including the retina, are
341 commercially available and ECs isolated from different organs are reported to behave differently
342 (Craig et al., 1998). In addition, it has been shown that ECs sourced from larger vessels differ to
343 those from microvasculature (Browning et al., 2012; Solomon et al., 2016). In this study we used
344 human, primary, retinal microvascular cells (hREC) and demonstrated that they retained their cell-
345 specific markers up to 21 days in culture in both healthy and diabetic-like conditions, in contrast to
346 other studies which used animal, immortalised or large vessel co-culture models (Kumar et al.,
347 2011; Tarallo et al., 2012a; Walshe et al., 2011; Wisniewska- Kruk et al., 2012). It is well known
348 that hRP morphology enables them to wrap around the perivascular surface of ECs, sharing
349 physical contact through a shared BM and communicating via paracrine signalling (Pfister et al.,
350 2013). This function has been observed in vitro when ECs and pericytes form structured tubules
351 when cultured together in 3D gels (Stratman et al., 2016; Urich et al., 2013; Zouani et al., 2013).
352 Some of the documented paracrine interactions of hREC and hRP include, PDGF- β , TGF- β and
353 Ang-1/2 signalling, as well as adhesion plaque formation connecting ECs and pericytes, which
354 enables transmission of contractile forces, affecting vessel stability (Tell et al., 2006). In the
355 present study, cells were cultured on either side of transwell inserts and α SMA-positive hRP
356 formed cytoplasmic protrusions through the 1 μ m pores in the PET membrane, allowing direct
357 physical contact in some areas, which should be taken into account when analysing the data. A
358 major focus of this study was the integrity of the endothelial monolayer, where ZO-1, VE-Cad and
359 Cx43 expression at cell-cell junctions was used to confirm barrier homeostasis and effective cell-
360 cell communication. hREC formed a monolayer, with ZO-1 and VE-cad present at cell-cell borders
361 in both mono- and co-cultures. Contrary to reports by other groups, hRP and hREC can be
362 maintained in vitro (Berrone et al., 2009; Kashyap et al., 2013;), and cultured together, with no

363 clear indication of phenotypic switch, due to carefully adjusted culture conditions, rendering this
364 model an improvement upon immortalised, animal, or large vessel co-culture options.

365 Establishing the appropriate conditions of a disease model can be challenging, in particular, when
366 modelling a chronic disease with multiple confounding co-morbidities. Throughout onset and
367 progression of diabetes, capillary ECs and the perivascular pericytes progressively deteriorate due
368 to hyperglycaemia. Disturbance to the capillary ECs, caused by EC and/or pericyte drop-out or
369 capillary bed regression, can result in disrupted blood flow and eventually vessel occlusion, which
370 in turn leads to ischemia, hypoxia and non-perfusion to the underlying retinal tissue. Our model
371 aimed to represent vessels that have been subjected to high glucose insult due to diabetes, and
372 also reduced oxygen, due to loss of BRB integrity and regression of the retinal capillary bed. The in
373 vitro conditions were carefully developed to attempt to maintain a healthy phenotype, or induce a
374 diabetic-like phenotype for the hREC and hRP, within a comparatively short timeframe relative to
375 the progressive onset of diabetes in a patient. 1-2% oxygen has been used previously in studies
376 investigating the effect of hypoxia on cells in vitro (Kumar et al., 2011; Liu et al., 2006; Oh et al.,
377 1999), therefore we chose 2% oxygen to maintain viability of the cells in the relatively long term
378 culture period of the mono- and co-culture model in this study. Several groups have used 20-35mM
379 [D]+ glucose to model diabetes in vitro, with 25mM being the most common (Amano et al., 2005;
380 Giebel et al., 2005; Ho et al., 2000; Nyengaard et al., 2004; Piconi et al., 2004; Risso et al., 2001;
381 Romeo et al., 2002; Trudeau et al., 2011). In a more recent tri-culture, human, retina-specific
382 study, 40mM glucose was used to assess short term cellular response to hyperglycaemia (Fresta
383 et al., 2020). We determined that glucose levels between 30-35mM had a metabolic effect on both
384 hRP and hREC in vitro, which led to 33mM being used to model hyperglycaemia in this study, as
385 others have done (Ho, et al., 2000).

386 Hypoxia-induced oxidative stress plays a crucial role in DR progression (Li et al, 2012), and
387 combined hyperglycaemia and low oxygen was expected to lead to hRP cell loss in vitro. But
388 surprisingly, hRP thrived in low oxygen, high glucose conditions. However, in vitro hRP are more
389 prone to apoptosis in fluctuating high glucose compared to sustained high glucose, which was
390 used in the present study (Busik et al., 2008; Tarallo et al., 2012b). Oxygen levels in the retina
391 have been reported to range from 1-5% (Ivanovic, 2009). Therefore, it may be due to fact that the
392 hREC and hRP used in this study are primary cells and so are more robust against hypoxic insult
393 than the immortalised or large vessel EC/pericytes that have previously been used in similar
394 models. The unexpected trend of increased cell junction localisation of Cx43, ZO-1 and VE-Cad
395 suggests the hREC monolayer barrier integrity was in fact enhanced by the low oxygen, high
396 glucose environment, contrary to reports of disrupted EC integrity in the progression of diabetes
397 (Singh et al., 2014). Various groups have suggested Cx43 expression is affected by diabetic
398 culture conditions (Kuo et al., 2020; Roy et al., 2017). In the present study, Cx43 clustered
399 specifically at hREC cell-cell junctions in low oxygen, compared to dispersed throughout the

400 cytoplasm with less specificity to the cell-cell junctions in healthy conditions. This indicates GJ
401 activity was highly dynamic and was affected by oxidative and hyperglycaemic stress. It is possible
402 that cells in sustained diabetic conditions have undergone an adaptive remodelling response,
403 which may not have occurred if parameters such as fluctuating glucose, manipulation of the ECM,
404 the addition of flow and of other perivascular cells, such as astrocytes, were included. However,
405 those additions were beyond the scope of this particular study.

406 Angiogenic signalling pathways are also heavily implicated in pericyte:EC homeostasis. Ang-2,
407 VEGF, and PDGF secretion were all higher, whilst hHGF, TIMP-2 and IL-8 secretion were all
408 reduced in diabetic-like compared to healthy conditions in this study. Alteration to the levels of
409 these proteins will disrupt multiple signalling pathways involved in homeostasis, wound healing and
410 vascular health. Intravitreal injection of anti-VEGF agents is the current gold standard for treating
411 late stage DR, once PDR begins to cause vision problems (Medina et al., 2013). VEGF levels
412 increase in the ocular fluid of patients with varying stages of DR, particularly during PDR
413 (Baharivand et al., 2012). VEGF is a driver of pathological angiogenesis in ischemic and
414 inflammatory diseases (Witmer et al., 2003), and in this study, was significantly higher in pericytes
415 cultured in diabetic-like conditions, compared to healthy. Interestingly, very low/out of range levels
416 of VEGF were detected in co-culture conditions, highlighting that the presence of hREC altered the
417 secretion behaviour of hRP.

418 A second major angiogenic driver is Ang-2, where Ang-2 outcompetes Ang-1 for Tie-2 receptor
419 binding, resulting in destabilisation of the vasculature (Thurston et al., 2013). Ang-2 was
420 upregulated in hREC mono-cultured in low oxygen for 21 days and secretion was significantly
421 higher from day 7 in diabetic mono- and co-cultures compared to healthy conditions. High Ang-2
422 levels have previously been reported in hREC cultured in diabetic conditions (Rangasamy et al.,
423 2011), and novel treatments for DR based on targeting Ang-2 are currently in early stage clinical
424 trials (Stewart, 2017; Tell et al., 2006). It has been documented that brain microvascular ECs and
425 rat brain pericytes have differential responses to glucose deprivation and hypoxia, with ECs
426 displaying F-actin rearrangement within 24H exposure (Engelhardt et al., 2015), and similarly, in
427 the present study there was F-actin rearrangement in hypoxic hREC, from dispersed, thin filaments
428 in healthy conditions to increased numbers of thick peripheral stress fibres, a feature of many
429 different types of hypoxic ECs in culture (Zieseniss, 2014). Human brain microvascular ECs
430 cultured under hypoxia plus inflammatory activation using IL-1 β , displayed F-actin rearrangement
431 from a small number of thin, dispersed filaments in healthy conditions, to numerous, parallel thick
432 fibres (Tang et al., 2020), similar to the stress-like fibres formed by hREC in the present study
433 when cultured under hypoxic/high glucose conditions. This confirms the high glucose and low
434 oxygen conditions activated signalling pathways involved in re-arrangement of the hREC
435 cytoskeleton. We speculate that the difference in cell culture surface characteristics will effect cell-
436 ECM adhesion, which may also have affected F-actin alignment in hREC, accounting for the

437 differences observed between cells cultured on glass or PET. The presence of pericyte protrusions
438 through the PET in co-culture may also affect hREC adhesion, resulting in F-actin re-arrangement.
439 Interestingly, hREC also had a larger surface area by day 21 in hypoxic conditions, and this cell
440 hypertrophy may be a cellular response to hypoxia; to increase oxygen diffusion across a larger
441 surface area. Combined, increased VEGF and Ang-2, dynamic GJ activity, and actin cytoskeleton
442 rearrangement indicate that the in vitro diabetic conditions initiated an angiogenic response.

443 Traditional cell culture does not take into consideration the paracrine or structural effect of
444 neighbouring cell-types. Therefore, to understand changes in the retinal microvasculature, where
445 pericyte coverage is very high, developing a co-culture of 1:1 hRP and hREC, with shared
446 basement membrane (BM) mimic, has provided valuable data on the cellular changes in diabetes.
447 Others have highlighted the influencing effect of growth factors released from neighbouring cells on
448 EC behaviour (Dohgu et al., 2005; Gardner et al., 1997), hence underlining the benefit of using co-
449 culture models as opposed to traditional mono-cultures. Our results confirmed that the angiogenic
450 secretion profile and EC barrier integrity differed between mono- and co-cultures. Re-arrangement
451 of the F-actin cytoskeleton in the co-culture vs hREC mono-culture and the observation of reduced
452 junction-specific ZO-1, VE-Cad and Cx43 in co-culture supports the hypothesis that long-term co-
453 culture affects hREC structure and monolayer integrity.

454 Assessing the secretion profile of mono-cultured and co-cultured cells in either healthy or diabetic
455 conditions enabled assessment of cellular changes due to diabetic-like insult, as well as paracrine
456 effects of neighbouring cells simultaneously. TIMP-2 is important for maintaining ECM
457 homeostasis, and in pathological conditions such as DR the TIMP:matrix metalloproteinase (MMP)
458 ratio can affect capillary BM thickening at an early stage (Castruita-De la Rosa et al., 2017; Roy et
459 al., 2010). Reduced TIMP-2 levels may result in increased MMP activity, leading to increased ECM
460 remodelling, and disruption to normal cell function, adhesion, and cell:cell communication,
461 mimicking an angiogenic switch. TIMP-2 was secreted by both hRP and hREC, and was reduced
462 in diabetic conditions in mono- and co-cultures. Ang-2 levels in co-culture were overall higher than
463 hREC mono-culture, in both healthy and diabetic conditions, suggesting hREC secreted more Ang-
464 2 in the presence of hRP. hRP in mono-culture did not secrete Ang-2 at all. In a mouse study, high
465 glucose caused Ang-2 induced pericyte apoptosis via $\alpha 3\beta 1$ integrin (Park et al., 2014), suggesting
466 raised Ang-2 may be responsible for the early-drop out of pericytes, a common observation in
467 diabetic retiniae (Motiejunaite and Kazlauskas, 2008). Many studies using both animal and human
468 retiniae found Ang-2/Tie signalling was critical for pericyte survival and interaction with underlying
469 EC, wherein increased Ang-2 leads to unstable pericyte:EC contact points (Bergers and Song,
470 2005; Hammes et al., 2004). Considering hRP did not secrete Ang-2 at all, the co-culture model is
471 vital to highlight the differential secretion profiles of hREC and hRP, the effect each has on one
472 another and to truly understand changes occurring in the retinal microvasculature.

473 Similarly, hREC did not secrete hHGF and hRP did not secrete PDGF, although their presence
474 appeared to alter the secretion profile when in co-culture. hHGF, or scatter factor, has been
475 described as both an adipocytokine and a hepatokine (Balaban et al., 2006), which has a role in
476 metabolic flux of glucose in various insulin-sensitive cells, with growing evidence suggesting hHGF
477 plays a role in metabolic disorders such as type 2 diabetes (Oliveira et al., 2018). A comprehensive
478 study comparing human patients at various stages of eye disease, found vitreous hHGF levels
479 significantly increase depending on severity of retinopathy (Nishimura et al., 1999). In the present
480 study, however, hHGF was lower in diabetic-like conditions at all time points. Also, hHGF was
481 reduced in both healthy and diabetic co-cultures compared to mono-culture hRP, suggesting the
482 presence of hREC reduced the overall hHGF secretion. This paracrine effect is of vital importance
483 when aiming to model a disease where ECs and pericytes appear to significantly influence one-
484 another's secretion profile. PDGF is an important growth factor for all phases of wound healing as
485 well as a potent mitogen for mesenchymal cells (Goksen et al., 2017). In a study focused on
486 diabetic nephropathy, urinary excretion rates of PDGF-BB were significantly increased congruent
487 to urine albumin excretion (Wang et al., 2009). This implies PDGF-BB may play a role in the onset
488 of diabetes, linked with early microvascular changes. In the present study, hRP secreted very low/
489 undetectable PDGF within the 21 day timeframe. However, secretion of PDGF was higher in
490 diabetic co-culture compared to mono-cultured hREC, suggesting the presence of a second cell-
491 type (hRP) in the co-culture changes the secretion profile. These results imply hREC and hRP
492 have paracrine effect on the angiogenic secretion profile of one another, within the experimental
493 parameters. This emphasises the value of a simplified in vitro co-culture model for unravelling the
494 fundamental cellular changes in DR and for testing novel therapeutic targets in the future.

495 When attempting to fully understand the stages of cellular alterations in a progressive disease, the
496 value of collecting data over multiple time points is irrefutable. Data analysis at 7 time points, over
497 21 days, has provided insight into cell behaviour over time, compared to previously published co-
498 culture models which range in time scale from: 24h, 2, 3 and 8 days (Hayashi et al., 2004; Tarallo
499 et al., 2012a; Wisniewska-Kruk et al., 2012). Ang-2, PDGF, TIMP-2 and IL-8 secretion all
500 increased over time. In particular, PDGF was significantly higher in diabetic mono-cultured hREC
501 and co-culture, but only from day 17 and 21 respectively. In contrast, VEGF data suggests a
502 diabetic-like state was induced in hRP in a relatively short culture time. Collection of data at
503 multiple time points, over a long-term culture period helps to understand the chronology of
504 changing cell behaviour related to the progression of DR.

505 **5. Conclusions**

506 These data confirm successful long term culture of stringently characterised hREC and hRP,
507 individually and in co-culture. Introducing carefully selected in vitro healthy and diabetic-like
508 conditions enabled data collection at multiple time points over 21 days and differences in the

509 angiogenic secretion profile of healthy compared to diabetic cells suggested an angiogenic switch
510 in the low oxygen, high glucose environment. Significant differences were also discovered in
511 mono- vs co-cultures, highlighting the importance of studying the behaviour of hRP and hREC
512 together, rather than in isolation. This in vitro co-culture model could help unravel cell signalling
513 changes caused by diabetes, and offer a reproducible model to assess novel pharmaceutical
514 interventions aimed at targeting early stage DR.

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517 **Data Availability**

518 The datasets generated during and/or analysed during the current study are available from the
519 corresponding author on reasonable request. Before publication, files will be made accessible via
520 online repository.

521 **Contribution statement**

522 Data was collected by Jessica J Eyre. Jessica J Eyre, Rachel L Williams and Hannah J Levis all
523 contributed to conception and experimental design, interpretation of data, drafting of the article and
524 final approval of the published version. Hannah J Levis is the guarantor.

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748 **Table 1: Primary antibodies for immunofluorescence**

Antibody	Supplier	Working concentration
anti- α SMA	Abcam, Cambridge, UK, ab7817	5 μ g/ml
anti-Thy-1/CD90	Abcam, ab23894	2 μ g/ml
anti-HIF1 α	Abcam, ab199004	1 μ g/ml
anti-VEGFR-2	Abcam, ab9530	5 μ g/ml
anti-Ang-2	Abcam, ab153934	7.2 μ g/ml
anti-Desmin	Abcam, ab15200	1.45 μ g/ml
anti-vWF	Abcam, ab6994	21.5 μ g/ml
anti-VE-Cad	Abcam, ab33168	3.5 μ g/ml
anti-CD31	Abcam, ab2836	0.6 μ g/ml
anti-Cx43	Abcam, ab11370	3.5 μ g/ml
anti-Paxillin	Abcam, ab32084	1:200
anti-PDGFR- β	Santa Cruz Biotech, Dallas, TX, USA, sc-374573	0.8 μ g/ml
anti-ZO-1	Invitrogen, Waltham, MA, USA, 61-7300	2.5 μ g/ml
anti-SOD-2	Fisher Scientific, Loughborough, UK, A21990	5 μ g/ml
anti-SOD-1	Merck, MABC684	1:200
anti-NG2	Merck, ab5320	5 μ g/ml

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750 **Table 2: Primary antibodies for flow cytometry**

Conjugated antibody	Supplier	Volume/test
anti-IgG-1 kappa-FITC	Fisher Scientific, 15104218	5 μ l/test
anti-IgG-1 kappa-PE	Fisher Scientific, 12611959	5 μ l/test
anti-IgG-1 kappa-APC	Fisher Scientific, 12642059	5 μ l/test
anti-CD31-APC	Fisher Scientific, 15577906	5 μ l/test
anti-CD146-PE	Fisher Scientific, 15546896	5 μ l/test
anti-CD105-PE	Fisher Scientific, 15576846	5 μ l/test
anti-CD90-APC	Fisher Scientific, 17090942	5 μ l/test
anti-CD14-APC	Fisher Scientific, 15517886	5 μ l/test
anti-CD45-FITC	Fisher Scientific, 15556406	5 μ l/test
anti-CD34-FITC	Fisher Scientific, 12372223	6 μ l/test

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753 **Figure Legends**

754 **Figure 1. Schematic of the *in vitro* setup, seeding method and timescales for the mono/co-**
755 **culture models**

756 Three models were analysed (**A**): 2×10^4 hREC only on the apical side of the PET, 2×10^4 hRP only
757 on the underside of the PET, and the co-culture where 2×10^4 hREC were seeded on the apical
758 side and 2×10^4 hRP seeded on the underside of the PET transwell insert at a 1:1 ratio. The method
759 for seeding the cells is illustrated in **B**. Cells were seeded onto inserts as shown and placed in a 24
760 w/p. Incubation steps were at 5% CO₂ in air and 37°. For hREC only and hRP mono-cultures, only
761 one cell-type was added to the insert. Cells were cultured for 21 days. Media samples were
762 collected at day 0, 3, 7, 10, 14, 17 and 21 for multiplex analysis. This figure was created with
763 BioRender.com.

764 **Figure 2. Characterisation of hRP and hREC**

765 **A** and **B**: Light micrographs illustrating the morphology of hRP and hREC cultured individually on
766 TC plastic at passages 3-10. **C** and **D**: Graphs illustrating the effect of seeding density and time on
767 growth rate of hRP (**C**) and hREC (**D**) seeded at 5×10^3 , 1×10^4 , 2×10^4 and 4×10^4 /well in 24w/ps for
768 21 days. n=3. **E** and **F**: Representative light micrographs of the cells that were used for flow
769 cytometry analysis of surface receptors expressed on hRP P6 (**E**) and hREC P7 (**F**), cultured in
770 healthy conditions until confluent (3-5 days). Results were reported for 1×10^4 events, % positivity
771 against each fluorophore isotype control. hRP were CD146, CD105 and CD90 positive whilst
772 hREC were CD146, CD31 and CD105 positive. Black scale bars =200µm. **G** and **H**:
773 Immunofluorescence antibody labelling of cell-specific antigens on hRP (**G**), which were Ang-2,
774 Desmin, NG2, PDGFR-β, CD90 and F-actin positive, and hREC (**H**), which were CD31, VE-Cad,
775 ZO-1, vWF, Cx43 and F-actin positive. Isotype controls for normal mouse and rabbit IgG were
776 used as negative controls. Cells were cultured on TC-treated glass until confluent, and imaged
777 using confocal microscopy at x40 oil magnification. White scale bars= 50µm.

778 **Figure 3. Glucose and oxygen analysis for long-term culture of hRP and hREC**

779 hRP (**A,B**) and hREC (**C,D**) P6 were seeded at 1×10^4 cells/well on 48w/ps in MV +10% FBS or
780 DMEM + 10% FBS, both at 5.5mM glucose. 24H after seeding, cells were transferred to either
781 20% oxygen or 2% oxygen, FBS was reduced to 5% and glucose was adjusted to 0-35mM for 21
782 days. Mannitol at 29.5mM + 5.5mM glucose was used as an osmotic control. Resazurin was added
783 at 8 time points in serum-free medium, for 2H. Resazurin media was collected and analysed at
784 excitation 560nm and emission 590nm for n=5/condition, repeated twice. Brown-Forsythe and
785 Welch ANOVA with Dunnett's T3 post-hoc correction was used to determine differences in
786 metabolic activity in 0-35mM glucose and for flow data analysis. For cell number at day 21, DAPI
787 nuclear staining was analysed from 5 fields of view across 5 wells/condition. Unpaired t-test with
788 Welch's correction was used to determine differences between cell counts in 20% or 2% oxygen +

789 0-35mM glucose at day 21. Data are reported as mean \pm standard deviation. * $p < 0.05$, ** $p < 0.01$,
790 *** $p < 0.001$. Scale bar = 200 μ m.

791 **Figure 4. hREC surface antigen expression, barrier properties, angiogenic response and**
792 **cell size in healthy vs diabetic conditions**

793 **A:** hREC P5-7 were cultured until confluent (day 0) or for 21 days in either healthy or diabetic
794 conditions to determine any changes to cell surface antigen expression. Results are reported from
795 1×10^4 events. The experiment was repeated three times, with one representative run shown here.
796 Brown-Forsythe and Welch ANOVA with Dunnett's T3 post-hoc correction was used to determine
797 differences in surface antigen expression. Black scale bars = 200 μ m. **B:** Cells were cultured on TC-
798 treated glass for 21 days in 20% or 2% oxygen and 5.5mM or 33mM glucose, in MV +5% FBS.
799 Expression of ZO-1, VE-Cad, CD31, Cx43 and Ang-2 was assessed. Cells were imaged using
800 confocal microscopy at x40 oil magnification. White scale bars = 50 μ m. **C:** cell size (μ m²) from 5
801 fields of view, across 5 wells/condition, in 3 independent experiments was measured using ImageJ
802 software. Graphs illustrate each measured cell to highlight the spread of cell size in the hypoxic
803 conditions. One-way ANOVA with Holm-Sidak correction was used to determine differences
804 between cell size for each condition, $n=3$. **D:** Anti-Paxillin antibody was used to determine the
805 number of focal adhesions/cell size (μ m²) in 5 fields of view/well for each condition. * $p < 0.05$, **
806 $p < 0.01$, *** $p < 0.001$.

807 **Figure 5. Dynamic expression of α SMA, CD146 and CD105 by hRP**

808 **A:** hRP P5-7 were cultured until confluent (day 0) or for 21 days in either healthy or diabetic
809 conditions to determine any changes to cell surface antigen expression. Results are reported from
810 1×10^4 events. The experiment was repeated three times, with one representative run shown here.
811 Brown-Forsythe and Welch ANOVA with Dunnett's T3 post-hoc correction was used to determine
812 differences in surface antigen expression, $n=3$. There was significant reduction in CD105 at day 21
813 in healthy conditions vs day 0 (99% $\pm 0.1\%$ vs 55.8% $\pm 11.6\%$, $p=0.0483$). Due to large variability in
814 CD146 expression, results were not statistically different. **B:** IF antibody labelling of α SMA on hRP
815 P6 grown for 7 days in healthy conditions on TC-treated glass. Cytoplasmic protrusions from
816 α SMA- positive hREC (green) grown on the underside of the PET appear orange in mono-culture
817 (**C**), co-culture with a confluent hREC apically (**D**), or if hREC did not form a mono-layer apically
818 (**E**). Cells were imaged using confocal microscopy at x40 or x63 oil magnification. Z-stack images
819 were produced using volume view plugin on Image J. Scale bars = 50 μ m.

820 **Figure 6. hREC barrier properties and F-Actin arrangement in mono- & co-culture**

821 **A:** hREC were cultured on the apical surface of PET transwell inserts for 21 days in healthy or
822 diabetic conditions. **B:** hREC and hRP were co-cultured 1:1, with hRP on the underside and hREC
823 on the apical side of PET transwell inserts. For seeding, treatment and timescale for the models,
824 see Fig. 1b. Antibodies against ZO-1, VE-Cad and Cx43 were used to assess the barrier properties

825 of the hREC. Phalloidin was used to analyse F-actin arrangement in hREC. Using z-stacking
826 technology and volume view plugin on ImageJ software, hRP were observed on the underside of
827 the PET in the z-projection micrographs. All images were captured using confocal microscopy, x40
828 oil magnification. Scale bars= 50µm.

829 **Figure 7. Protein secretion profiles of hREC and hRP in healthy vs diabetic conditions**

830 hREC and hRP were cultured on PET membranes at 1:1 ratio, as mono- or co-cultures, in healthy
831 (blue) or diabetic (magenta) conditions, for 21 days. At seven time points media was collected and
832 analysed for secreted Ang-2 (**A-C**), VEGF (**D-F**), PDGF (**G-I**), hHGF (**J-L**), TIMP-2 (**M-O**) and IL-8
833 (**P-R**), using Quansys Human Angiogenesis Multiplex arrays, with Q-View software. All samples
834 were analysed in technical duplicates, and triplicates for each condition. Results were corrected
835 against a media sample with no cells. Data presented is three independent experiments (n=3), and
836 mean with standard deviation. For VEGF, hHGF and PDGF two independent experiments were
837 analysed due to samples in one repeat being under the lower limit of detection. Two-way ANOVA
838 with Sidak's multiple comparison post-hoc test, to account for repeated measures, was used to
839 perform statistical analysis, using GraphPad Prism 8 software. * p<0.05, ** p<0.01 and ***
840 p<0.001.

841 **Supplementary Figure 1:**

842 hREC P8 were cultured on TC-treated glass slides for 7 days in different O₂ and glucose levels, to
843 induce a diabetic-like phenotype in vitro. Light microscope images were captured at day 7 before
844 fixing, using the Nikon DIAPHOT at x10 magnification. Black scale bars= 200µm. hREC were fixed
845 at day 7 and labelled with antibodies against CD31 and ZO-1 to assess hREC monolayer integrity,
846 Ang-2 to determine angiogenic response, vWF to confirm endothelial phenotype, and SOD-1 to
847 assess oxidative stress response. Slides were imaged using the Zeiss M800 confocal microscope,
848 at x40 oil or x63 magnification. White scale bars= 50µm.

849 **Supplementary Figure 2:**

850 hRP P7 were cultured on TC-treated glass slides for 7 days in different O₂ and glucose levels, to
851 induce a diabetic-like phenotype in vitro. Light microscope images were captured at day 7 before
852 fixing, using the Nikon DIAPHOT at x10 magnification. Black scale bars= 200µm. hRP were fixed
853 at day 7 and labelled with antibodies against NG2 and PDGFR-β to confirm pericyte phenotype,
854 HIF1α to assess hypoxic response and SOD-1 and -2 to determine oxidative stress response.
855 Slides were imaged using the Zeiss M800 confocal microscope, at x40 oil magnification. White
856 scale bars= 50µm.

857 **Supplementary Figure 3:**

858 hREC were cultured on the apical surface of PET transwell inserts for 7 or 14 days in healthy or
859 diabetic conditions. For seeding, treatment and timescale for the models, see Fig. 1b. Antibodies
860 against ZO-1, VE-Cad and Cx43 were used to assess the barrier properties of the hREC. Nuclei

861 were visualised with DAPI (blue). All images were captured using the Z800 confocal microscope,
862 x40 oil magnification. Scale bars= 50µm.

863 **Supplementary Figure 4:**

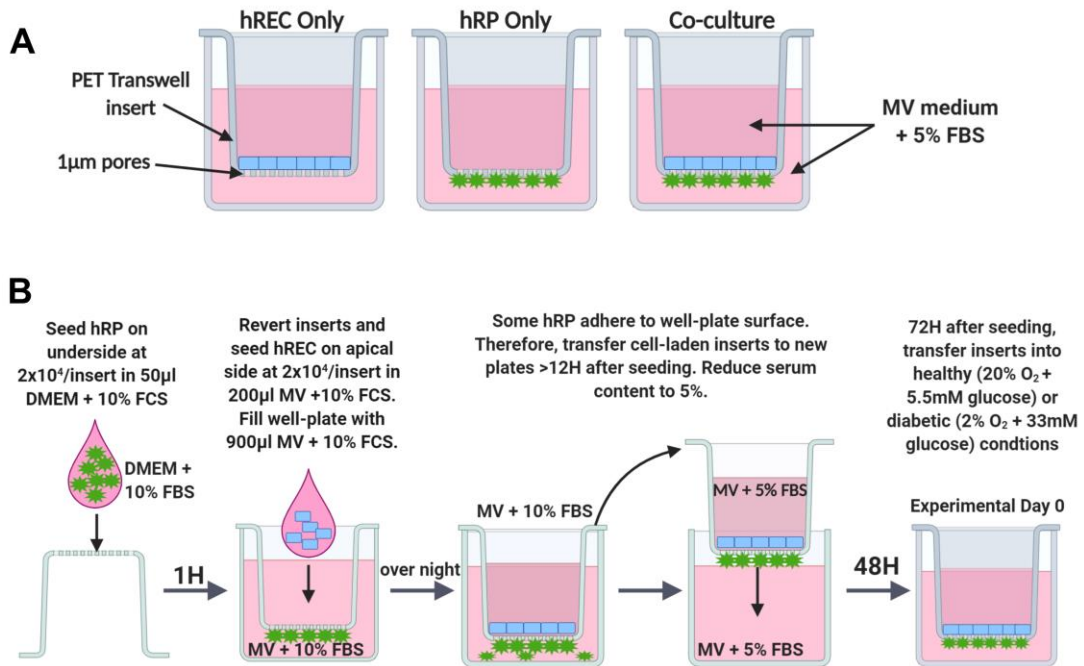
864 hREC at P6 and hRP at P7 were seeded as mono- or co-cultures on PET transwell inserts and
865 cultured for 72H until confluent. Cells on inserts were then transferred to either healthy (20%
866 oxygen + 5.5mM glucose) or diabetic (2% oxygen + 33mM glucose) conditions for up to 21 days,
867 as described in Fig.1. Live cells were imaged using the AxioVert A1 at days 7, 14 and 21, to
868 ensure both cell-types were viable in the experimental conditions. Additional images were also
869 captured at day 0, 3, 10 and 17 to validate that cells were present during each sample collection
870 for multiplex analysis (data not shown). Scale bars=200µm.

871 **Supplementary Figure 5:**

872 hRP (A) and hREC (B), P5 were cultured on PET membranes as mono-cultures, in healthy (blue)
873 or diabetic (magenta) conditions, for 21 days. At seven time points media was collected and
874 analysed for secreted Ang-2, VEGF, PDGF, hHGF, TIMP-2 and IL-8, and using Quansys Human
875 Angiogenesis Multiplex arrays, with Q-View software. All samples were analysed in technical
876 duplicates, and triplicates for each condition. Each experimental repeat is shown as runs 1-3, to
877 highlight variation in magnitude but the similarity in trend in healthy vs diabetic-like conditions.
878 Where graphs are excluded in run 1, protein levels were below the detectable limit.

879 **Supplementary Figure 6:**

880 hREC and hRP, P5 were cultured on PET membranes at 1:1 ratio as co-cultures, in healthy (blue)
881 or diabetic (magenta) conditions, for 21 days. At seven time points media was collected and
882 analysed for secreted Ang-2, PDGF, hHGF, TIMP-2 and IL-8 using Quansys Human Angiogenesis
883 Multiplex arrays, with Q-View software. All samples were analysed in technical duplicates, and
884 triplicates for each condition. Each experimental repeat is shown as runs 1-3, to highlight variation
885 in magnitude but the similarity in trend in healthy vs diabetic-like conditions. Where graphs are
886 excluded in run 1, protein levels were below the detectable limit.



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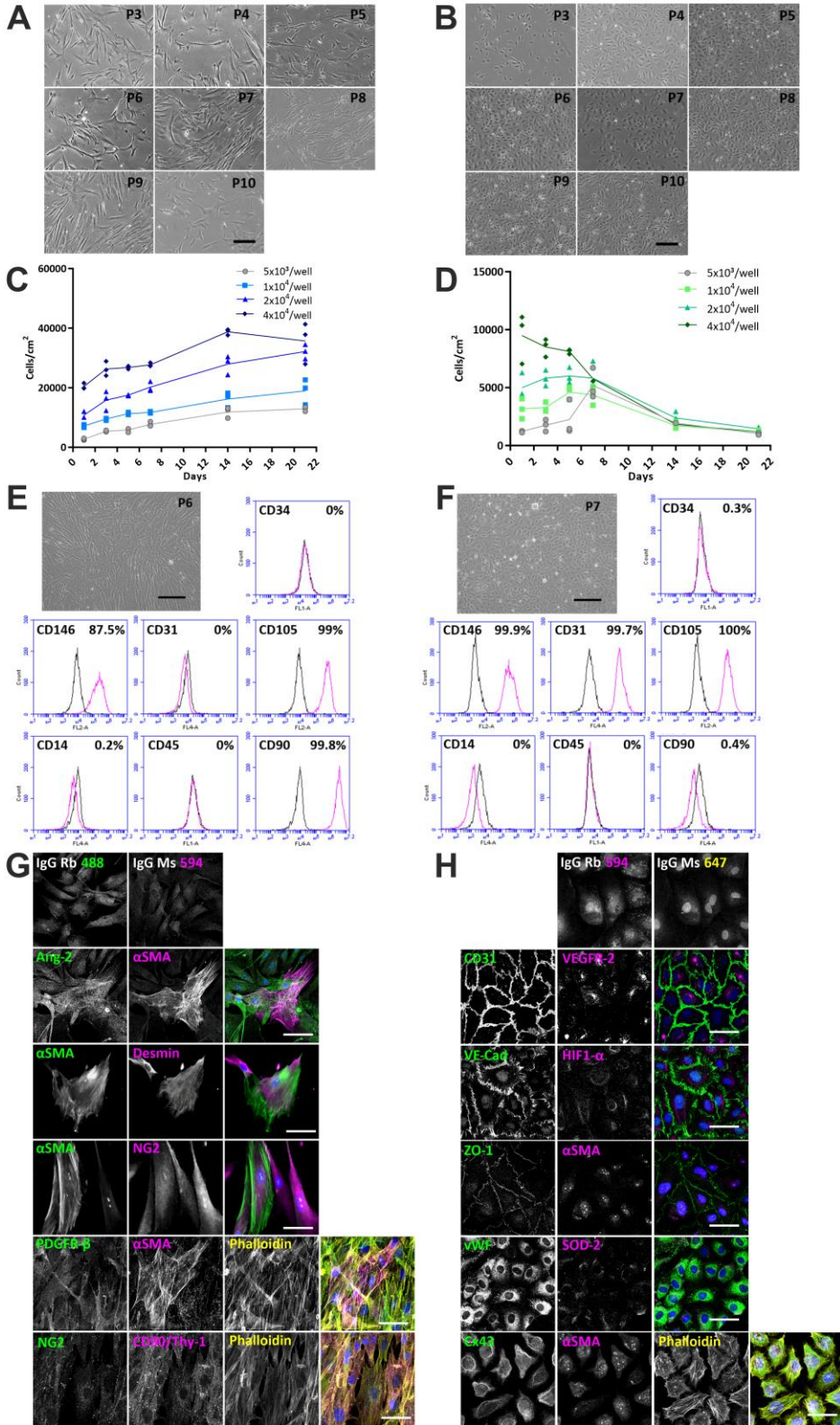
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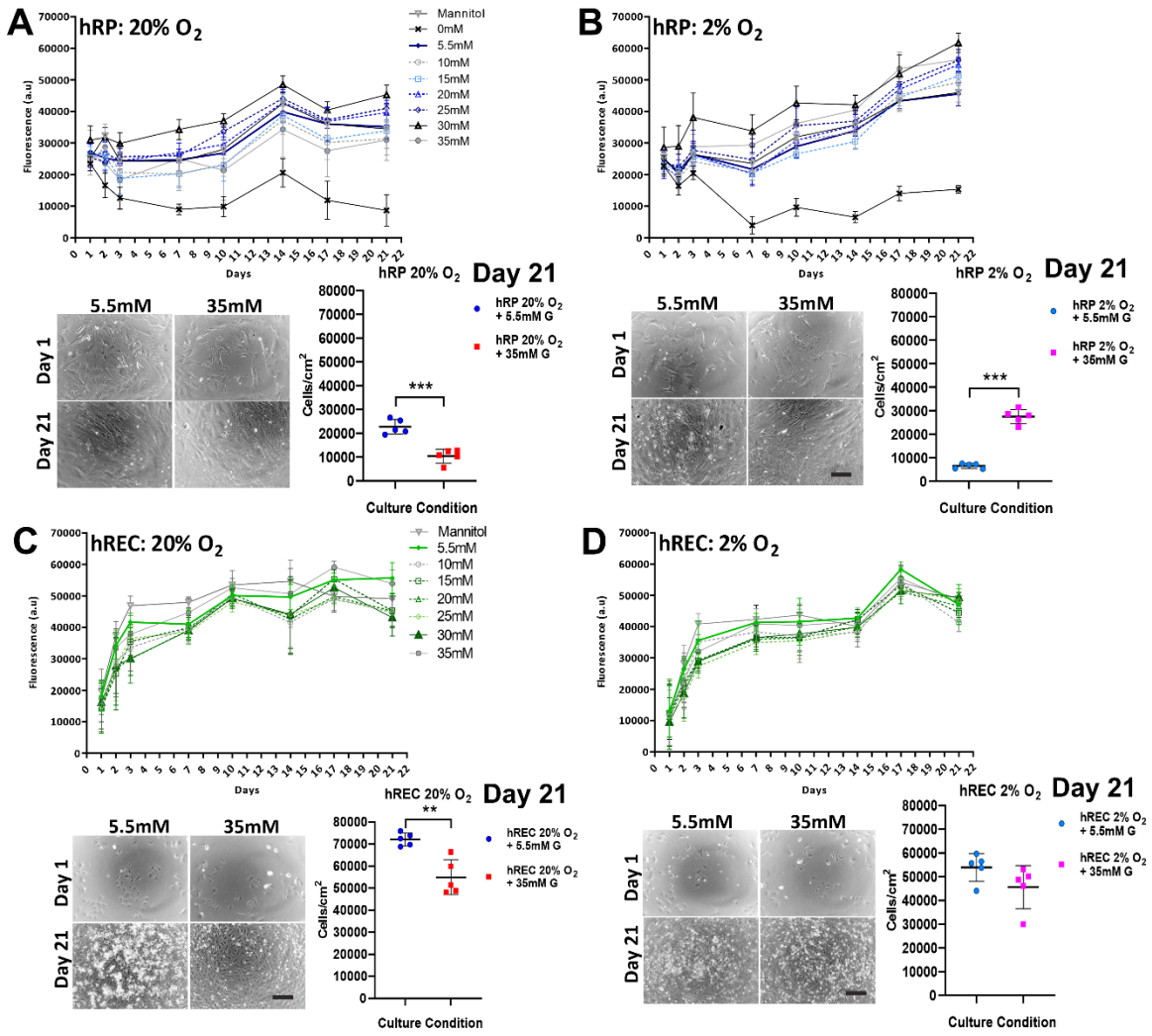
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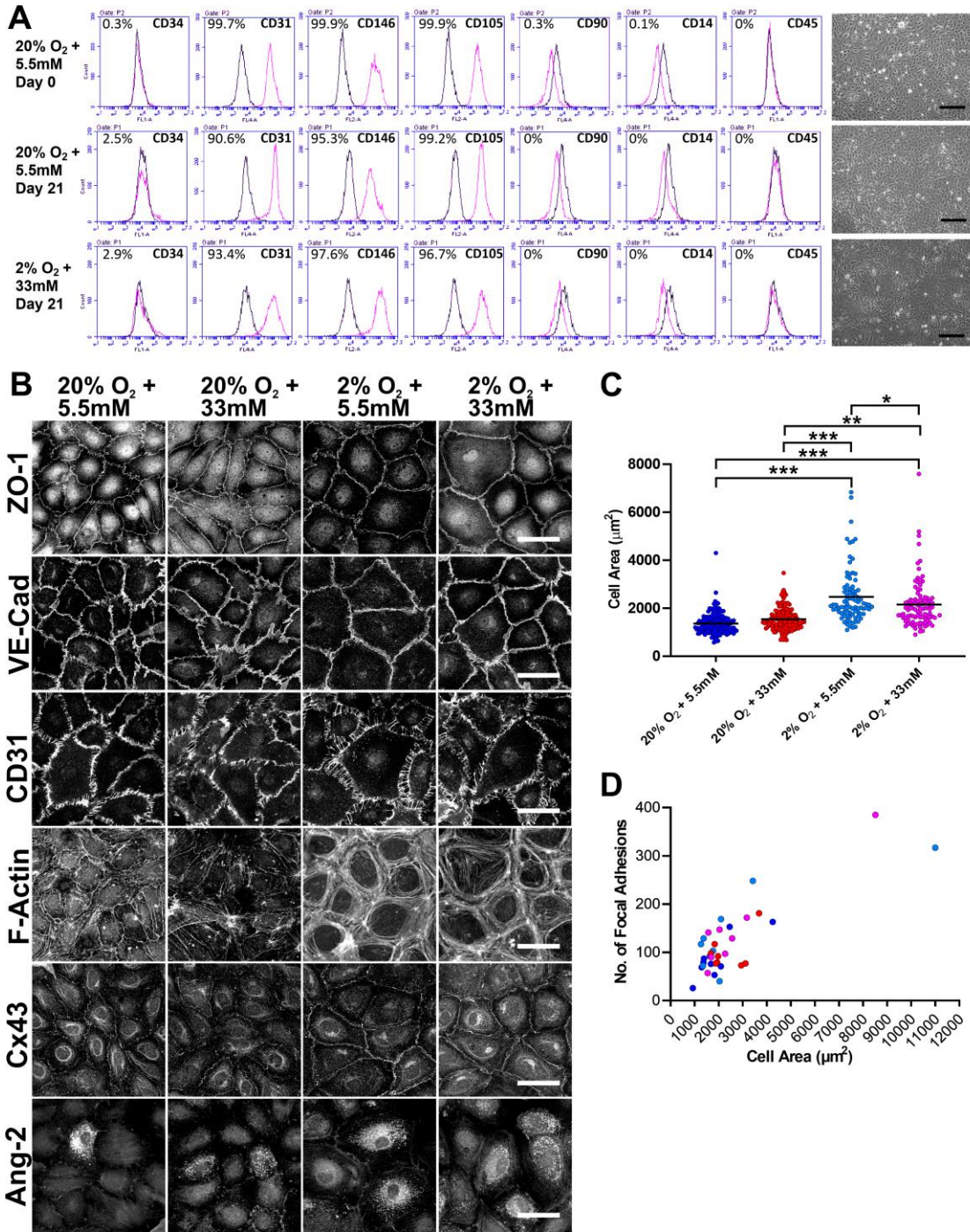
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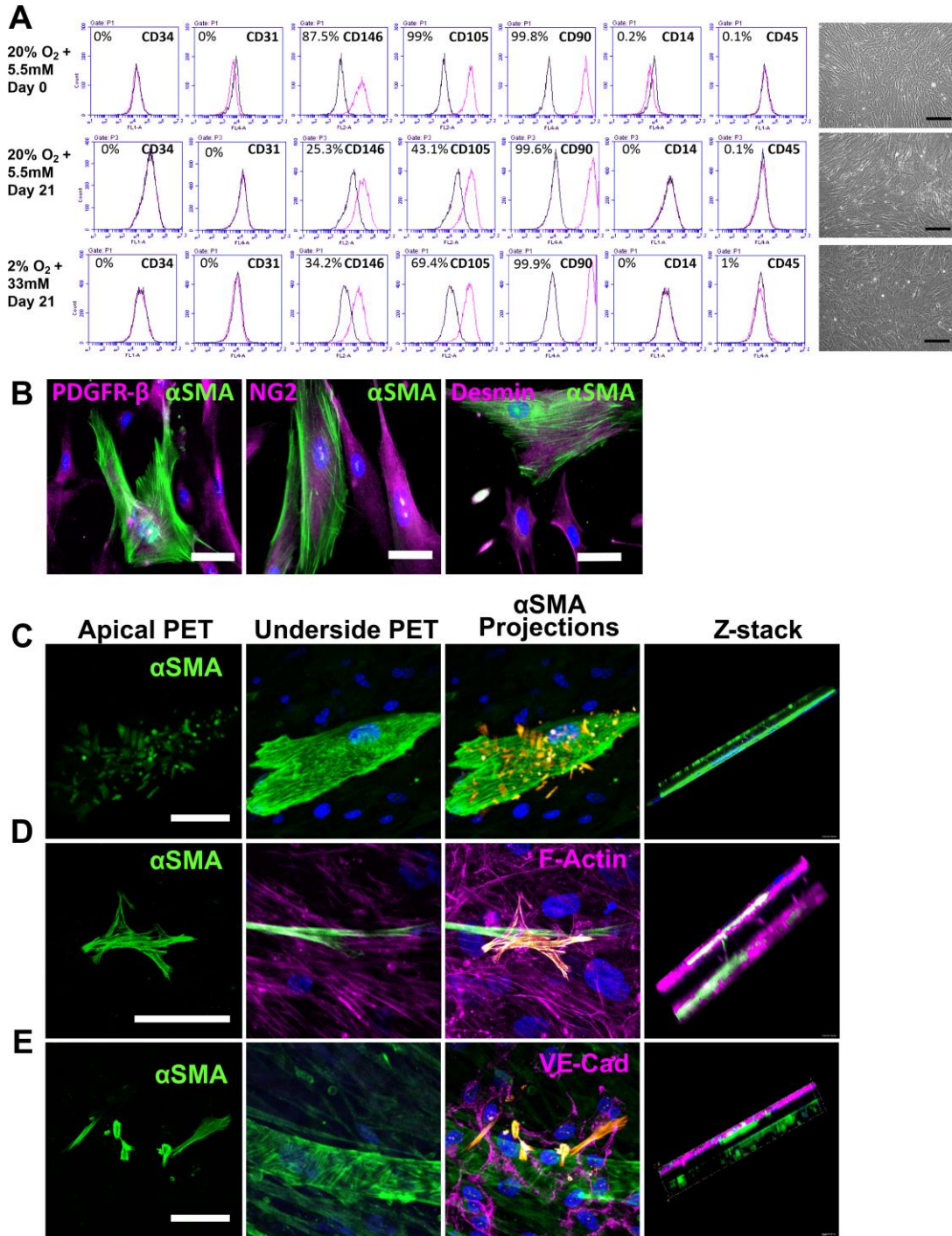
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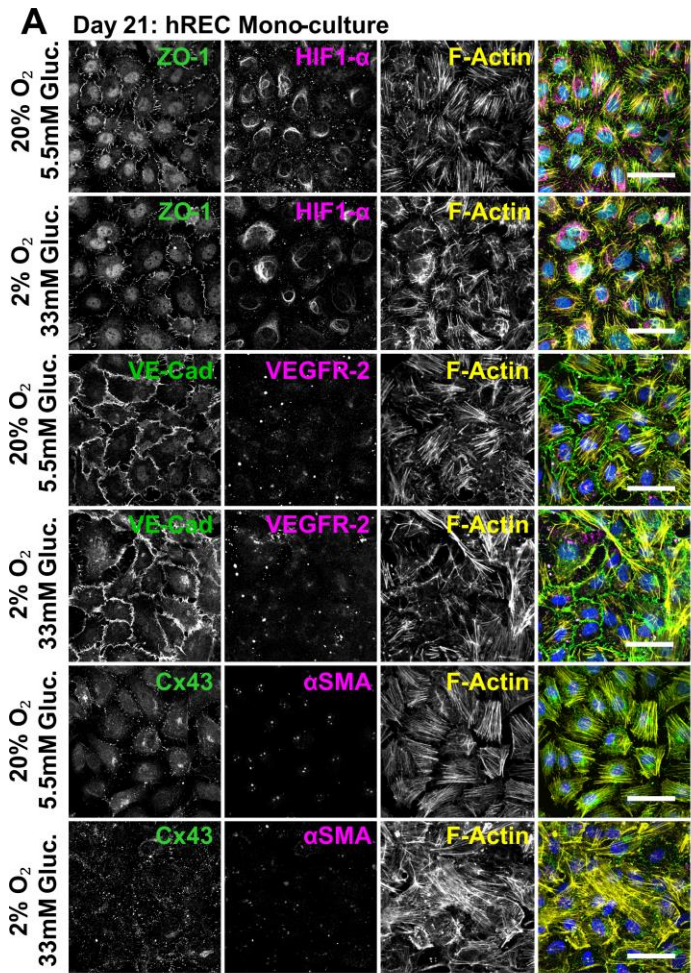


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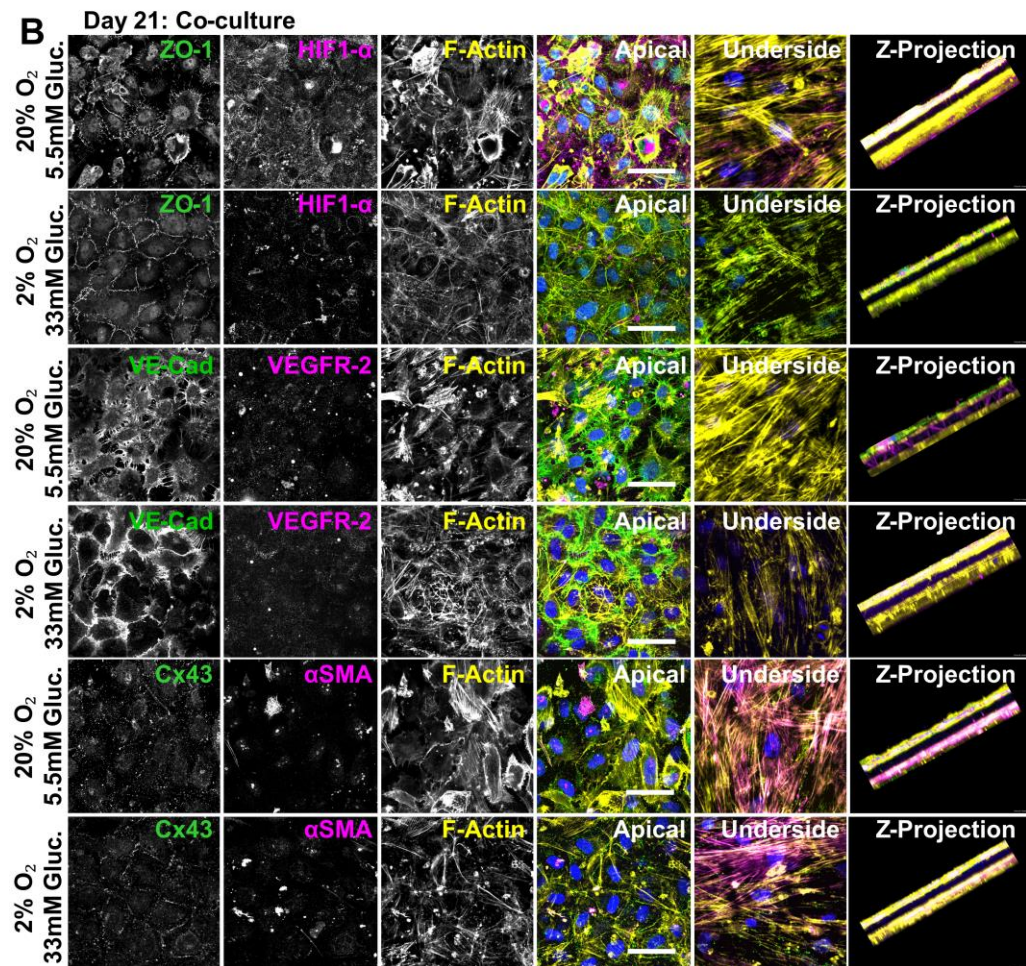
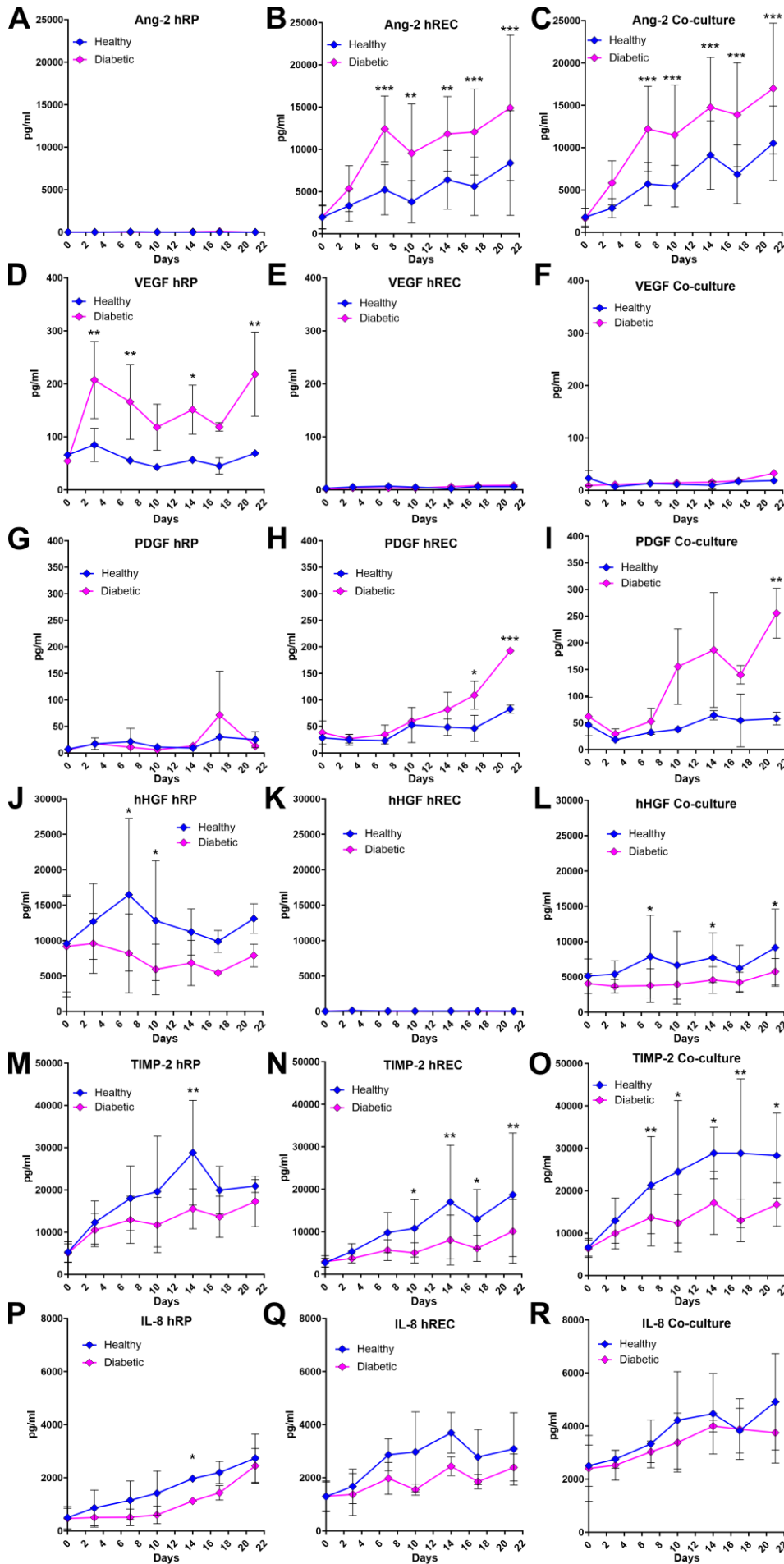
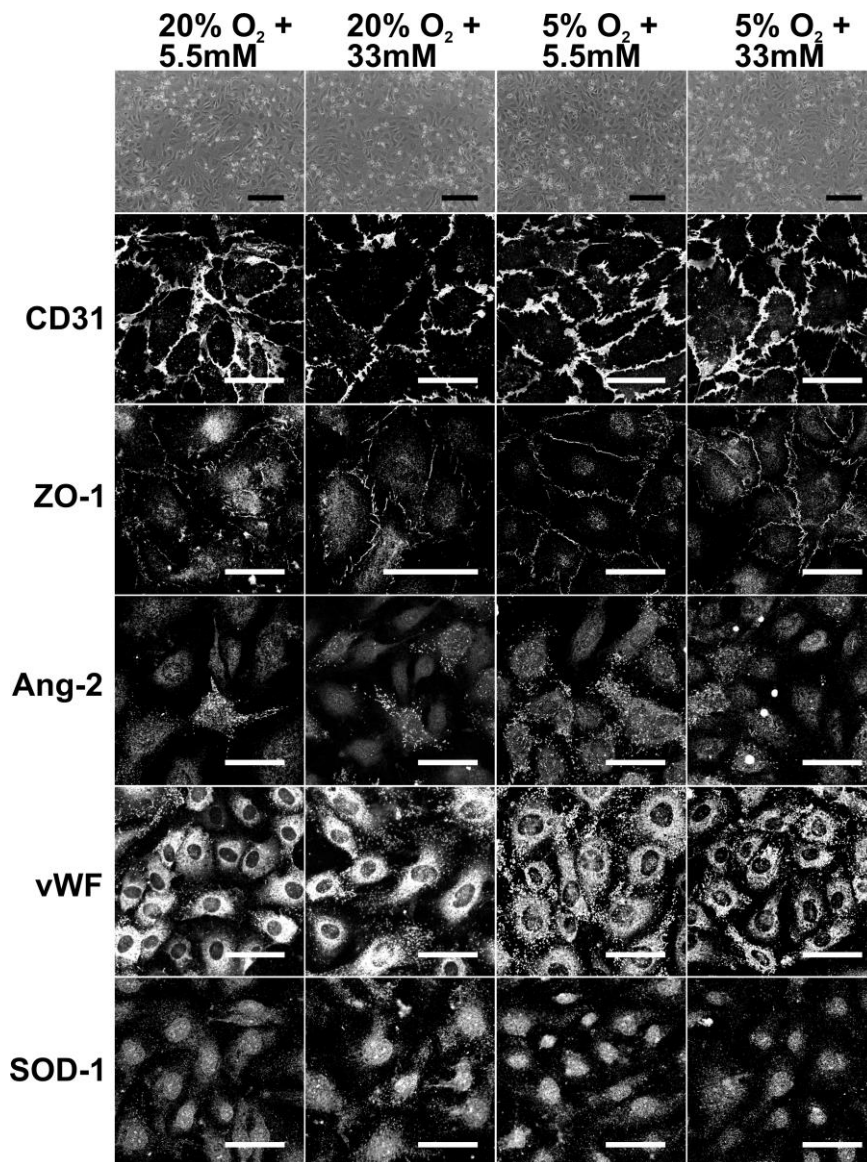


Figure 7:



916 **Supplementary 1:**

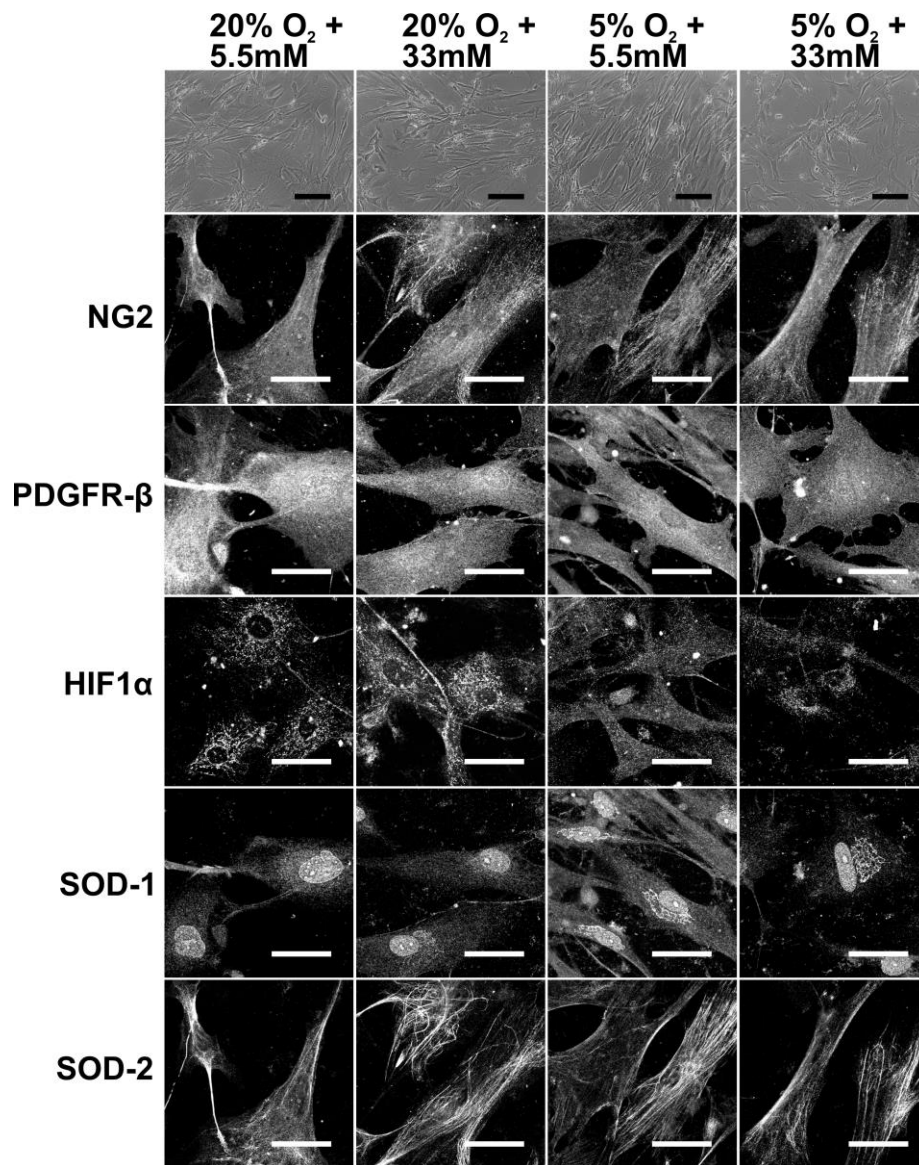


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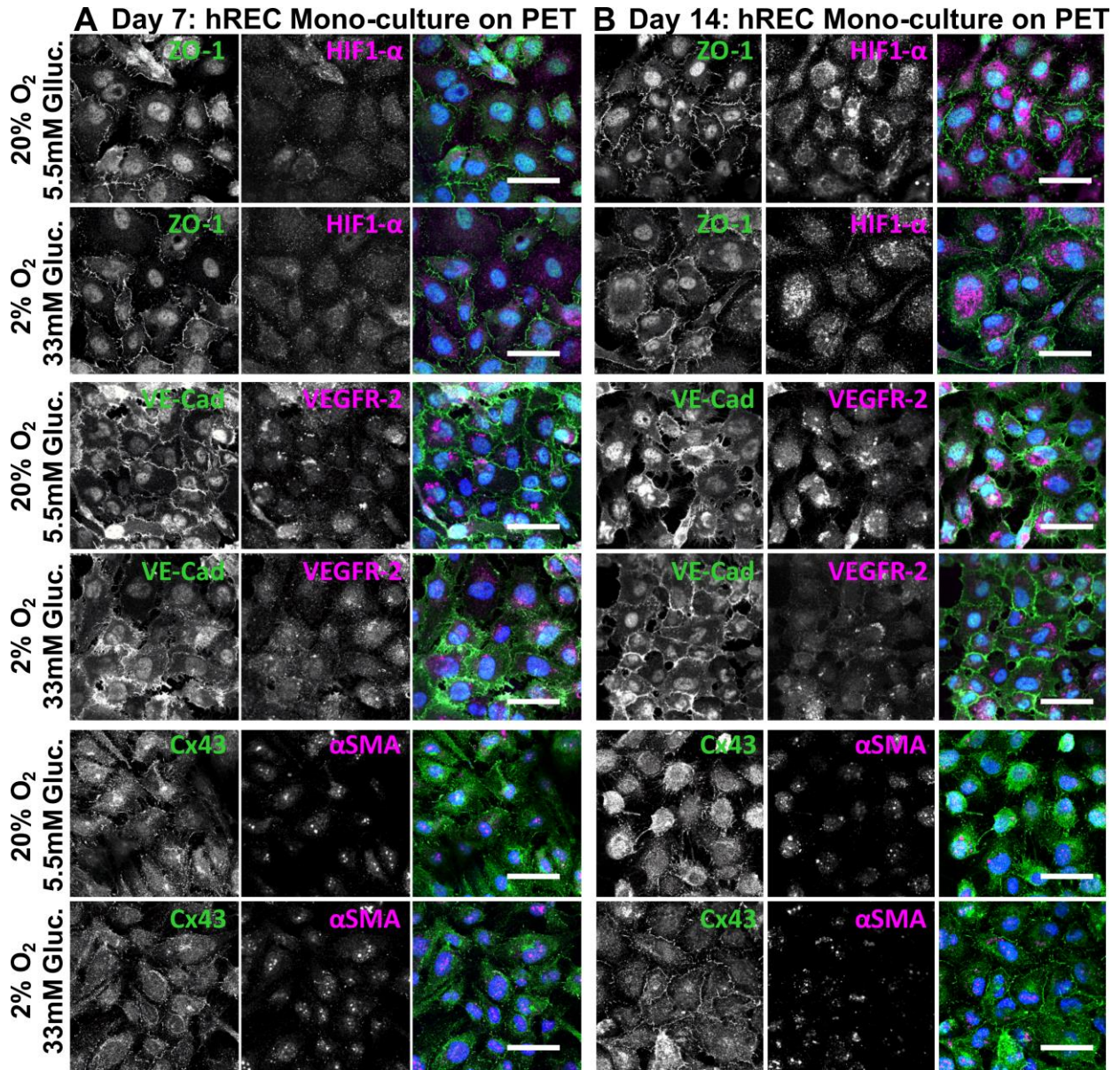
920 **Supplementary 2:**



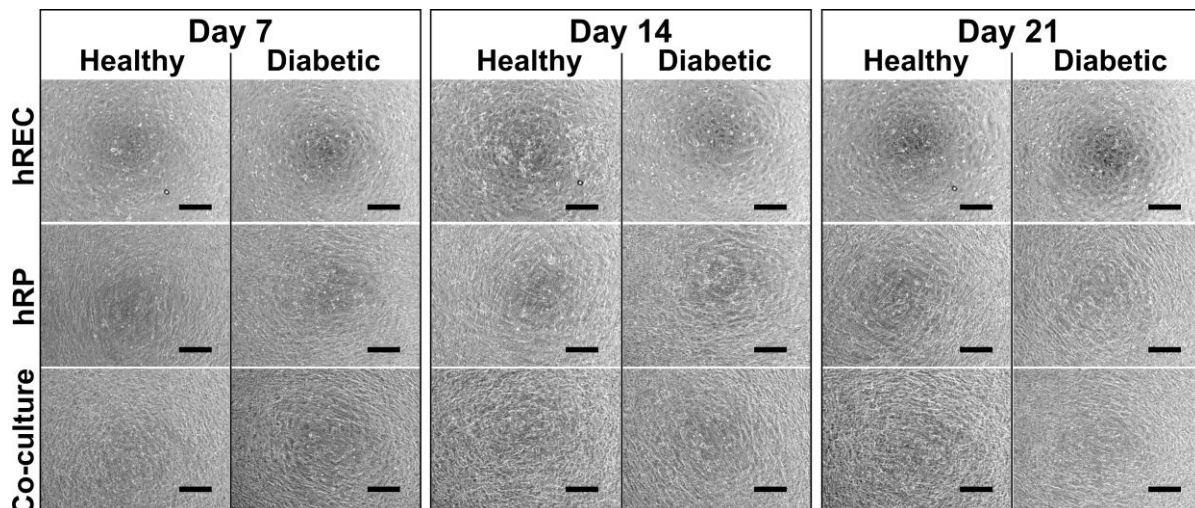
921

922

923

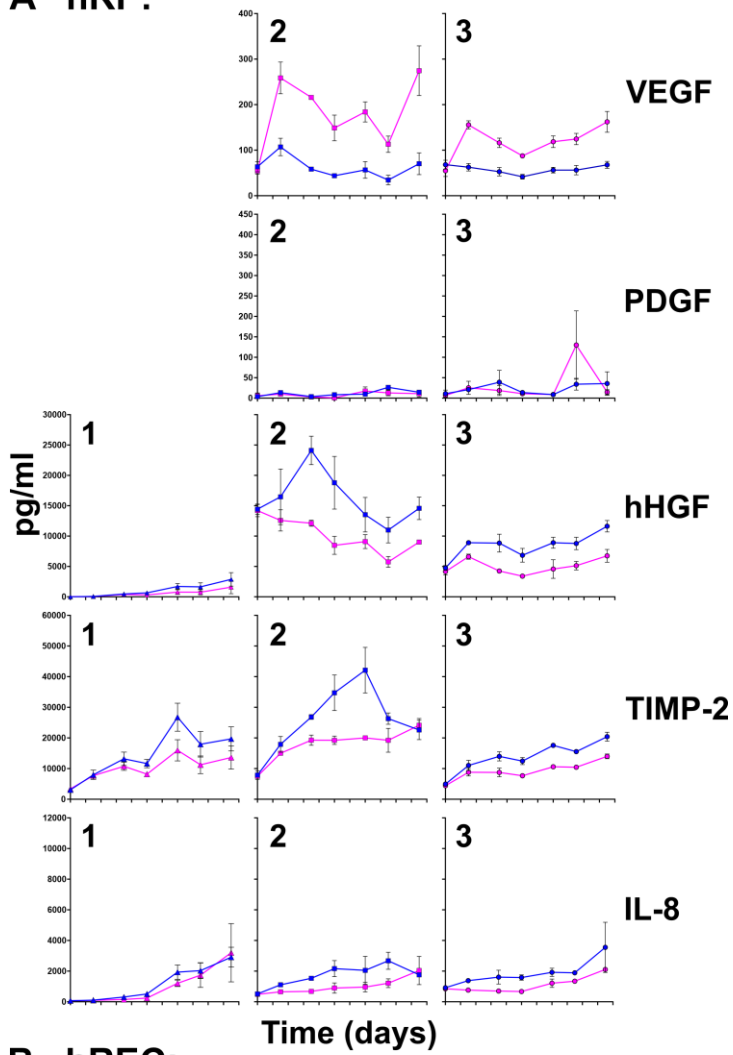


925

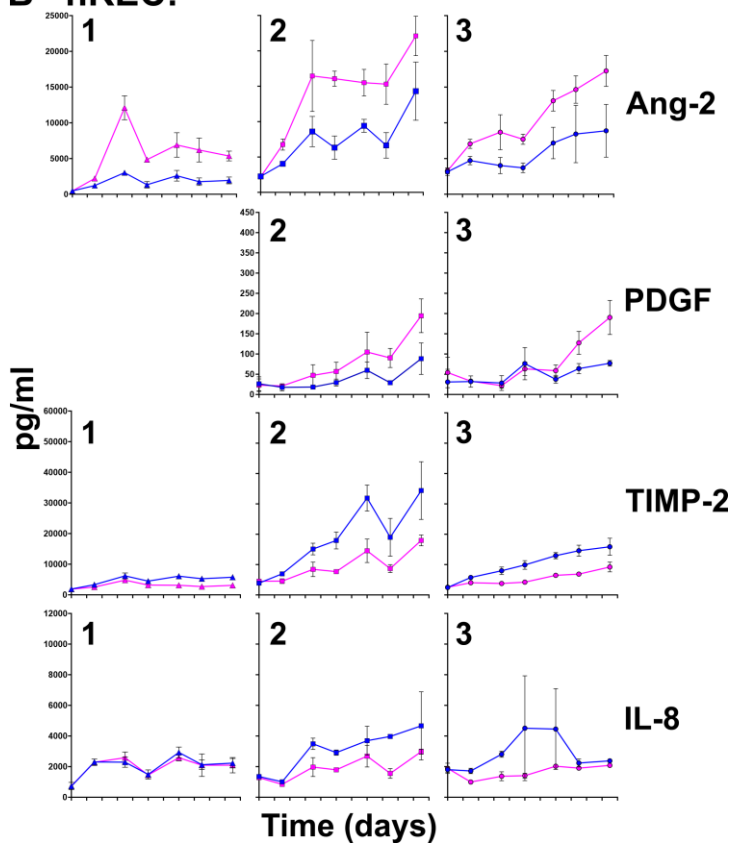


927

A hRP:



B hREC:



Co-culture:

