

Relationships between capnogram parameters and respiratory mechanics in ventilated patients

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ABSTRACT

Capnography is one of the most frequently used monitoring methods in anaesthesia and intensive therapy. However, details as to how the resistive and/or elastic properties of the respiratory system affect the various indices derived from the capnogram curve are lacking from the literature. The aims of the present thesis were therefore to establish the connections between the various phase, shape, dead space or pulmonary shunt circulation parameters of the time or volumetric capnogram and those reflecting the airway and respiratory tissue mechanics, expiratory flow and gas exchange.

A large cohort of patients scheduled for elective cardiac surgery was enrolled in this thesis. After induction of total intravenous anaesthesia, the patients were intubated and ventilated. Forced oscillation technique was applied to measure airway resistance (R_{aw}), tissue damping (G) and elastance (H). Time and volumetric capnography were performed to assess parameters reflecting the phase II (S_{II}) and III slopes (S_{III}), their transition (D_{2min}), and the dead-space indices according to Fowler, Bohr and Enghoff approach. The respiratory resistance (R_{rs}) and the dynamic compliance (C_{rs}) displayed by the ventilator were registered, and arterial and central venous blood gas analysis were performed. In the first study (*Study 1*) the measurement was performed in open-chest condition before and 5 min after cardiopulmonary bypass (CPB), whereas in the second study (*Study 2*) of this thesis, the measurements were accomplished at positive end-expiratory pressure (PEEP) levels of 3, 6 and 9 cm H₂O in patients with healthy lungs, and in patients with respiratory symptoms involving low (Group LC), medium (Group MC) or high C_{rs} (Group HC).

In *Study 1*, S_{II} and D_{2min} exhibited the closest associations with H (0.65 and 0.57; $p < 0.0001$, respectively), whereas S_{III} correlated most strongly with R_{aw} ($r = 0.63$; $p < 0.0001$) before CPB, whereas significant elevations in R_{aw} and G , with smaller but still significant increases in H were induced by CPB. These adverse mechanical changes were reflected consistently in S_{II} , S_{III} and D_{2min} , with weaker correlations with the dead-space indices. The intrapulmonary shunt expressed as the difference between the Enghoff and Bohr dead-space parameters was increased after CPB ($95 \pm 5\%$ vs. $143 \pm 6\%$; $p < 0.001$). The results confirm that the capnographic parameters from the early phase of expiration (S_{II} and D_{2min}) are linked to the pulmonary elastic recoil, while the effect of airway patency on S_{III} dominates over the lung tissue stiffness in mechanically ventilated patients. However, severe deteriorations in lung resistance or elastance affect both capnogram slopes.

In *Study 2*, $S_{III,T}$ and $S_{III,V}$ exhibited similar PEEP dependencies and distribution between the protocol groups formed on the bases of C_{rs} . A wide inter-individual scatter was observed in the overall R_{aw} – $S_{III,V}$ relationship, which was primarily affected by C_{rs} . Decreases in R_{aw} with increasing PEEP were reflected in sharp falls in S_{III} in Group HC, whereas $S_{III,T}$ was insensitive to changes R_{aw} in Groups LC and HL. In Group HC, S_{III} was the highest and the oxygenation was similar than in the healthy group, in Group LC, the S_{III} was similar than that in the healthy patients, but the oxygenation was the worst. According to our data, S_{III} provide meaningful information about alterations in airway caliber, but only within an individual patient. The sensitivity of $S_{III,T}$ depends on C_{rs} . Thus, assessment of the capnogram shape should always be coupled with C_{rs} when the airway resistance or oxygenation are evaluated.

In conclusion, evaluation of the relationship between capnography and respiratory mechanics help the anaesthesiologist and intensive therapist to have a deeper understanding of the shape indices of the capnogram, and in a broad sense, to bridge the gap between the physiological and the clinical knowledge in adequate bedside monitoring.

List of scientific papers included in this thesis

- I. **Csorba Z**, Petak F, Nevery K, Tolnai J, Balogh AL, Rarosi F, Fodor GH, Babik B. Capnographic parameters in ventilated patients: correspondence with airway and lung tissue mechanics. *Anesth & Analg* (Accepted for publication) [IF: 3.472]
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- I. **Csorba Zs**, Czövek D, Bogáts G, Peták F, Babik B. A légzésmechanika hatása a kapnogramra: a légzőrendszer elasztikus tulajdonságának jelentősége. *Aneszteziológia és Intenzív Terápia* 42(2): 77-84, 2012.
- II. Babik B, **Csorba Zs**, Balogh Á, Szeti K, Tolnai J, Peták F. Kapnográfia lélegeztetett betegekben. Mindig nézzük, mindent látunk? *Medicina Thoracalis* LXVII:(2) pp. 78-98, 2014.
- III. Balogh AL, Petak F, Fodor GH, Tolnai J, **Csorba Zs**, Vigh E, Nevery K, Babik B. Capnogram slope and ventilation dead space parameters: comparison of mainstream and sidestream techniques. *Brit J Anaesth*, 2016 (under review).

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List of abbreviations

BMI	Body mass index	IPPV	Intermittent positive pressure ventilation
CL	Total lung compliance	LF	Late expiratory flow
CO ₂	Carbon dioxide	PaCO ₂	Partial pressure of arterial CO ₂
COPD	Chronic obstructive pulmonary disease	P _{ACO₂}	Partial pressure of alveolar CO ₂ concentration
CPB	Cardiopulmonary bypass	P _{ao}	Airway opening pressure
Crs	Dynamic respiratory compliance	PaO ₂	Partial pressure of arterial oxygen concentration
CtaO ₂	Arterial oxygen content	PEEP	Positive end-expiratory pressure
CtcO ₂	Pulmonary capillary oxygen content	P _{ETCO₂}	Partial pressure of end-tidal CO ₂ concentration
CtvO ₂	Mixed venous oxygen content	P _{ĒCO₂}	Mixed partial pressure of CO ₂ concentration during the entire expiration
C _{vent}	Compliance displayed by the ventilator	PF	Peak flow
D _{2min}	Transition rate of CO ₂ concentration rate from phase II to phase III in time domain	Qs	Intrapulmonary shunted fraction of the cardiac output
D _{2Vmin}	Transition rate of CO ₂ concentration rate from phase II to phase III in volume domain	Qs/Qt	The fraction of the intrapulmonary shunt and the total intrapulmonary blood flow
EF	Ejection fraction of left the ventricle	Qt	Total cardiac output
FEV ₁	Expiratory volume in the first second of forced expiration	R _{aw}	Airway resistance
FiO ₂	Fraction of inspired oxygen	RL	Total lung resistance
FRC	Functional residual capacity	R _{rs}	Total respiratory resistance
G	Respiratory tissue damping	R _{ti}	Tissue resistance
Group HC	Group of patients with high dynamic respiratory compliance in <i>Study 2</i>	R _{vent}	Total respiratory resistance displayed by the ventilator
Group HL	Group of patients with healthy lungs in <i>Study 2</i>	S _{II}	Capnogram phase II slope
Group LC	Group of patients with low dynamic respiratory compliance in <i>Study 2</i>	S _{III}	Capnogram phase III slope
Group MC	Group of patients with medium dynamic respiratory compliance in <i>Study 2</i>	S _{II,T}	Time capnogram phase II slope
H	Respiratory tissue elastance	S _{II,V}	Volumetric capnogram phase II slope
HQ	Horowitz coefficient	S _{III,T}	Time capnogram phase III slope
I _{aw}	Airway inertance	S _{III,V}	Volumetric capnogram phase III slope
IV	Intravenous	Sn _{II,T}	Normalized time capnogram phase II slope
		Sn _{II,V}	Normalized volumetric capnogram phase II slope
		Sn _{III,T}	Normalized time capnogram phase III slope

$S_{n_{III,v}}$	Normalized volumetric capnogram phase III slope
SIRS	Systemic inflammatory response syndrome
tCap	Time capnogram
vCap	Volumetric capnogram
V'	Tracheal airflow
V'_{CO_2}	The amount of the excreted CO_2 in 1 minute
V_{DF}	Fowler dead space
V_{DB}	Bohr dead space
V_{DE}	Enghoff dead space
V'_{pl}	Plateau flow before the beginning of the next inspiration
V_T	Tidal volume
ZL	Input impedance of the pulmonary system
Zrs	Input impedance of the respiratory system
α_{cap}	Angle formed by the phase II and phase III limbs of time capnogram

1. INTRODUCTION

1.1. Monitoring of the ventilated patient: remarkable physical and physiological diversity

The bedside estimation of respiratory mechanics, monitoring of in-, and exhaled gas concentrations, assessing of gas exchange, or the different imaging technologies require a broad spectrum of low and high technology. Additionally, the information gained by these techniques about the ventilation, the ventilation perfusion mismatch, the cardiopulmonary interaction, the inflammatory reactions etc. exhibits an impressive physiological and pathophysiological variety.

The basic principles of patient's monitoring must be followed to find the balance in this diversity. The different parameters must always be compared and analysed, trends need to be made continuously, only monitoring methods with therapeutic consequences have to be applied, and all parameters must be summarized periodically. Appropriate bedside monitoring perfectly demonstrates, that healing the patient is not only an *a priori* process along with guidelines. To care a patient is rather a goal-directed procedure based on monitoring feedback, data analysing and human thinking with a strong effort to search for the agreement or the best compromise between the individual patient and the rather uniform principles of guidelines.

1.2. Capnography: the familiar yet unknown monitoring modality

Capnography is a non-invasive, continuous, on-line, dynamic, effort- and cooperation-independent, numeric and graphic bedside method for monitoring of the exhaled carbon dioxide (CO₂) concentration. The technique is one of the most frequently used monitoring methods in anaesthesia and intensive therapy, because capnography is able to detect vital signs during intentional temporary life-threatening alterations of vital functions with fast responses. However, pathophysiological and clinical information provided by the capnography has not yet been completely elucidated.

1.3. Physical and technical aspects

The principle of the capnography is based on different light absorption abilities of materials. It was originally discovered by P. Bouguer in 1729 (1) and later only cited by J.H. Lambert in 1760 (2), then completed by A. Beer in 1852 (3). The Beer-Lambert law states that light absorbance of a material is proportional to the concentration and thickness of a sample. During capnography, emitted infrared light of 4.3 μm wavelength is absorbed selectively by the exhaled CO_2 (4).

According to the localization of the gas sampling method, capnography can be divided into mainstream and sidestream techniques. The essential part of the mainstream technique is a cuvette with a sampling window inserted into the ventilator circuit at the Y-piece to measure the CO_2 concentration. This “near the patient” position has an advantage of rapid and exact signal processing (5,6), but it also extends ventilation death space (7); it can exert traction forces to the endotracheal tube; it may obstruct head-neck surgery; it measures only the concentration of CO_2 from the gas mixture, and needs to be continuously heated to avoid vapour precipitation (8).

Conversely, sidestream analysers take gas samples with a continuous suction rate from the same point of the ventilator circuit through a standard, 3 m long, small-diameter tube (5,6). The CO_2 concentration analysis is performed in a sample cell within the monitor, i.e. far from the patient. The obvious advantage of the sidestream technique is that it can easily be applied even during spontaneous ventilation throughout the perioperative period, and it is also able to measure the concentration of other gases, such as volatile anaesthetic agents. However, the sidestream method has also important disadvantages: condensation from humidified gas and secretions of the patient can block and contaminate the sampling line (6), and the continuous suction serves as a leakage and may pollute the operating theatre (9). Sidestream technique has a transit delay resulting in an axial gas mixing (5,10,11), which causes a decrease in the dynamic response time of the sidestream capnographs (5,11). In addition, sidestream technique underestimates the partial pressure of end-tidal CO_2 -concentration (P_{ETCO_2}) at high ventilation frequencies ($\geq 30/\text{min}$) (12).

In the routine clinical practice, the concentration of CO_2 is most frequently displayed in time domain (tCap). The didactic CO_2 -time curve is easy to interpret, because most of the

vital monitoring parameters are depicted in time domain perioperatively. This form does not need any “second deduction step” during a systematic, rapid, repetitive, regular surveillance by any anaesthesiological team person (4,13-16). The tCap can also be applied to monitor the spontaneous breathing patients, especially with the sidestream technique. The tCap has some disadvantages. The difference between the arterial (P_{aCO_2}) and end-tidal CO_2 can only be roughly estimated, because any non-sequential dead space increases, and any sequential dead space decreases the difference between P_{aCO_2} and P_{ETCO_2} . Consequently, with tCap, the alveolar dead space indices and the amount of the excreted CO_2 (V'_{CO_2}) cannot be calculated (17).

Attaching flowmeter to the mainstream capnograph at the CO_2 sampling point and derivating flow to volume data permits us to plot CO_2 -concentration in the volume domain within each respiratory cycle (vCap). The within-breath changes in CO_2 concentration can be considered as a special single breath test curve, where the indicator gas is the endogenous CO_2 . vCap is increasingly available in sophisticated mechanical ventilators and/or anaesthesia monitors, which can provide relevant quantitative information about effective ventilation and CO_2 elimination (18-23).

1.4. Physiological and pathophysiological aspects

Understanding the meaning of the phase and shape indices of normal and pathological time and volumetric capnogram are inevitable to interpret the curve and data appropriately.

From a morphological point of view, the expiratory part of the physiological capnogram curve can be divided into phase I, phase II and phase III. The relationship between the phase II and phase III is characterised by the angle α (α_{cap}), and the direct transition from phase II to phase III can be described by the sharp or blunt shape of this capnogram region, signed as D_{2min} and D_{2Vmin} (*Fig. 1 top and bottom*) (24). As the expiratory flow decreases exponentially, the CO_2 curve differs depending on whether the time or the volume domain was applied to plot the concentration of the exhaled CO_2 . After detailing the morphology of physiological tCap curve, all the differences between the tCap and vCap techniques are specified below.

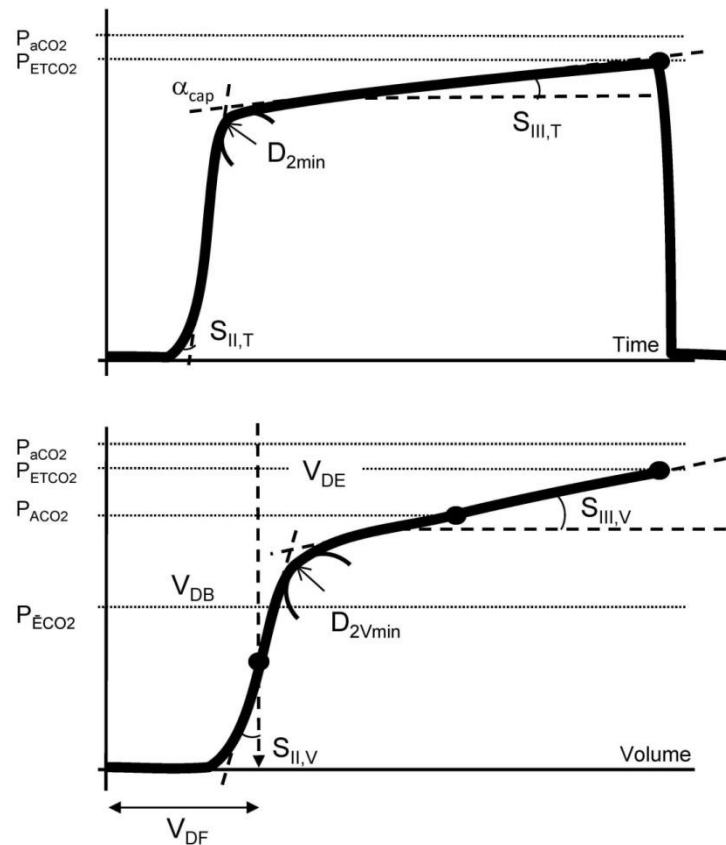


Figure 1. Shape factors and characteristic partial pressures derived from the time (top) and volumetric (bottom) capnograms. P_{aCO_2} : partial pressure of arterial blood CO_2 ; P_{ACO_2} : mean alveolar CO_2 concentration at the midpoint of phase III of CO_2 expiration; P_{ECO_2} : mixed partial pressure of CO_2 during the entire expiration; P_{ETCO_2} : end-tidal CO_2 concentration; $S_{II,T}$ and $S_{II,V}$: slopes of phase II of the time and volumetric capnogram, respectively; $S_{III,T}$ $S_{III,V}$: slopes of phase III of the time and volumetric capnogram, respectively; D_{2min} and D_{2Vmin} : curvature at transition the phase II-III, calculated as the minimum of the second-order time and volumetric derivative, respectively; α_{cap} : angle formed by the phase II and phase III limbs of the expiratory time capnogram.

The phase I is a horizontal line having a value around 0 mmHg. Phase I starts with the expiration and shows the concentration of CO_2 of the gas coming from the conductive airways. However, the exact starting point of the expiration cannot be determined from tCap (25,26), because the gas mixture stems from the conductive airways does not contain CO_2 (Fig. 1 top). In contrast, the true starting point of exhalation can be defined by vCap from the flow and the derived volume signal (Fig.1 bottom).

The shape of the phase II exhibits a sigmoid shape. The rapid rise in partial pressure of CO_2 during phase II is a physiological result of the exhalation of the gas compartment residing in the transition zone between the large conductive airways and alveolar space (Fig. 1 top and bottom). With other words, the slopes of phase II of time and volumetric

capnogram ($S_{II,T}$ and $S_{II,V}$ respectively) represents the overall width of the moving airway-alveolar gas front. Therefore, $S_{II,T}$ and $S_{II,V}$ are a summation result of simultaneous convective and diffusive processes in the airways leading to the mixture of alveolar and conductive dead space gas compartments (27-30). The slower the expiratory flow, the higher the role of diffusion is in determining $S_{II,T}$ and $S_{II,V}$. As a consequence of the exponentially decelerating expiratory flow, the $S_{II,T}$ is normally steeper than $S_{II,V}$ (*Fig. 1 top and bottom*).

Phase III shows a plateau with a normal slope of 2-3 mmHg/s (0.27-0.4 kPa/s). It corresponds to the concentration of CO_2 of the mixed gas emptying from the alveolar space. The mild slopes of phase III of the time and volumetric capnogram ($S_{III,T}$ and $S_{III,V}$ respectively) of normal S_{III} are determined by the physiological fact that ventilation is periodic, while perfusion is a continuous process, i.e. the CO_2 is excreted in a steady state manner into a closed or even decreasing alveolar volume during expiration (28,31-33). In addition, the slopes of phase III are affected by similar diffusive and convective processes like phase II. Since velocity of the expiratory flow decreases during expiration, phases I and II are generally relatively longer, and phase III is relative shorter in vCap compared to those of tCap curve. Consequently, the $S_{III,V}$ of vCap is somewhat steeper (18-22,24,27,31,34-38) than $S_{III,T}$.

The transition indices (α_{cap} , D_{2min} and D_{2Vmin}) reside in the same part of the capnogram. The α_{cap} is composed of phases II and III and ranges 100-110° at standard monitoring speed (12.5 mm/s). D_{2min} and D_{2Vmin} represent a curvature with variable but relatively small radius at the virtual intersection point of phases II and III (39). The meanings of the transition indices are different. α_{cap} reflects the relationship between the overall gas front and the alveolar gas volume, while D_{2min} and D_{2Vmin} are related to the internal surface of the moving CO_2 diffusion front in the airways during expiration.

The peak value of phase III is the partial pressure of end-tidal CO_2 (P_{ETCO_2}). P_{ETCO_2} ranges from 30 to 43 mmHg (4.0-5.7 kPa, 4-5.6 vol %) which is 2-3 mmHg lower than the P_{aCO_2} .

Dead space parameters can also be derived from volumetric capnogram (*Fig. 1 bottom*). Fowler dead space (V_{DF}) represents the anatomic dead space volume of the conducting airways. The amount of V_{DF} is ~2 ml/kg (~150 ml), i.e., 25-33% of tidal volume

(V_T). The physiological dead space includes also the ventilated but not perfused alveolar volume, and leads to wasted ventilation. It can be estimated by using the Bohr's method, and is referred to as physiological or Bohr dead space (V_{DB}) (40,41). V_{DB} normally exceeds the value of V_{DF} (~2.2 ml/kg). Consequently, the volume of ventilated but not perfused alveoli can be estimated as 2.5-3.3% of V_T . The dead space according to Enghoff's modification, the Enghoff dead space (V_{DE}) takes also into account the whole ventilation perfusion mismatch, i.e., the amount of not ventilated but still perfused alveoli (42). This "virtual, missing part" of the V_T with decreased but retained fraction of pulmonary circulation corresponds to the intrapulmonary shunt, increasing normally with age, and/or supine position. The difference between the Enghoff and Bohr dead space parameters ($V_{DE} - V_{DB}$) can also be calculated. This difference may theoretically indicate the amount of intrapulmonary shunt separately from other type of ventilation perfusion mismatch.

Under pathophysiological conditions, ventilation and/or perfusion heterogeneities develop in time and space, which promotes lung micro- and/or macro-compartments with various CO_2 concentrations. The expiratory flow pattern alters in the large and small airways and even in the acini. The concentration of excreted CO_2 into the alveolar gas and its transport can also be affected by pathological processes (14,15,33,43). The S_{II} of the capnogram can be concerned by opposing effects. The heterogeneous start of lung emptying, the reduced airway lumen and increased tissue damping may all contribute to its decreases, whereas an elevated elastic recoil and a low alveolar CO_2 content may counteract these changes in S_{II} . The S_{III} of the capnogram is considered to reflect the summation of the ventilation heterogeneities relating to the working alveolar compartments with different time constants and the ventilation-perfusion mismatch as concerns the dead space and/or intrapulmonary shunt. Expiratory flow alterations can modify the transition parameters (α_{cap} , D_{2min} and D_{2Vmin}) between phase II and III. The difference between P_{ETCO_2} and P_{aCO_2} increases in case of non-sequential dead space (i.e. pulmonary embolism). Conversely, any pathological process with serial and/or parallel dead space leads to elevation in S_{III} and subsequent reduction in P_{ETCO_2} - P_{aCO_2} difference in time capnogram. Therefore, the chronic divergence can only be evaluated with volumetric capnography similar to the dead spaces. The absolute and/or relative increase of V_{DF} will elevate the absolute and/or relative ineffective part of ventilation. Increase in V_{DB} may occur during overinflation of the lung, or in right ventricular failure, hypovolaemia, and low cardiac output. V_{DE} , or especially V_{DB} -

V_{DE} increases typically during perioperative period resulting from different restrictive pulmonary pathologies serving as a most frequent cause of postoperative hypoxaemia.

1.5. Clinical aspects

In the clinical practice, capnography, usually the tCap is the most reliable method to position endotracheal tube or any supraglottic airway device fast and correctly (44). Monitoring of exhaled CO_2 help the team recognize over-insertion of endotracheal tube into the right main stem bronchus, ventilation circuit disconnection, leakage, or malfunction of flow control valves of breathing circuit (14). The P_{ETCO_2} value is generally considered as a valuable monitoring tool to recognize absolute or relative minute volume abnormalities, metabolic disturbance, pulmonary embolism (27,45,46), or to wean the patient from the respirator (47). Capnography gives more direct information about changes in ventilation and/or perfusion than pulse oximetry (4,48,49), due to various “bedside physiological” facts. Capnography detects gas exchange alterations more proximally than pulse oximeter, variations in oxygen-saturation is blunted by the sigmoid shape of oxygen-haemoglobin dissociation curve, CO_2 has higher diffusion ability than O_2 , and a large gas diffusion gradient at high FiO_2 . (In case of CO_2 it can be built by the patient.) The vCap technique displays the V'_{CO_2} to elucidate metabolic status, and based on V_{DF} , the ineffective ventilation to optimize V_T and respiratory frequency. Supplemental monitoring of a ventilated patient with rough qualitative bedside estimation of the S_{III} to assess alveolar emptying can also support clinical decision making (19,21,33,50-53). Consequently, international recommendations for standards nowadays require the monitoring of ventilation with capnography in all patients undergoing sedation or general anaesthesia to confirm correct placement of endotracheal tube and to identify abnormalities of minute ventilation (54,55).

Nevertheless, CO_2 is an endogenous indicator during expiration. Consequently, the capnogram - with arterial blood gas - has a strong potential to reveal complex bedside information about the whole expiratory course and pulmonary microcirculation. Therefore this technique can be used for a lot more than to verify the technical correctness of the airway management and respiratory therapy as a polar question. Capnography also provides important bedside pathophysiological information about the uniformity of lung emptying and adverse changes in the overall airway geometry (19,21,33,50,52,53), and it can serve as a valuable tool for the recognition of pulmonary microcirculatory abnormalities (27,45,46).

Nonetheless, from pathological point of view, capnography nowadays can be considered as the “most frequently monitored, less frequently evaluated bedside modality” in the clinical practice. Characterization of the relationships between standard lung function parameters and capnographic indices may facilitate an understanding of the various shapes of the capnogram (52,53,56). However, the earlier studies demonstrating associations between the capnographic slope factors with the forced expiratory volume in 1 s (FEV_1) (53,56) and the peak expiratory flow (52,56) were limited to spontaneously breathing subjects. Despite the particular importance of recognizing adverse alterations in the pulmonary system in mechanically ventilated patients, and the obvious importance of respiratory tissue elastance in determining the expiratory flow and the rate of CO_2 clearance, details as to how the resistive and/or elastic properties of the pulmonary system affect the various indices derived from the capnogram are essentially lacking from the literature.

Moreover, the sensitivity of S_{III} to ventilation and ventilation/perfusion abnormalities suggested its clinical usefulness for the detection of respiratory abnormalities or the subsequent ventilatory and/or pharmacological interventions. Numerous studies have demonstrated that the magnitude of S_{III} reflects the severity of emphysema or asthma (15,33,36,43,52,53,57), cystic fibrosis and bronchiectasis (38), COPD (18), chronic bronchitis (32) and acute lung injury (22,58). Inconsistent associations have been reported in previous attempts to clarify the quantitative relationships between capnographic and lung function indices. Earlier studies reported a strong correlation between FEV_1 and S_{III} (52) merely a modest association (43,53) or even a lack of correspondence (57). Furthermore, significant correlations were observed between the total respiratory resistance (R_{rs}) and S_{III} in mechanically ventilated patients, however S_{III} had limited clinical applicability to predict R_{rs} (59). Thus, in consequence of the complex mechanisms affecting S_{III} , its diagnostic and/or monitoring value is far from being clear. The diverse emptying of different lung compartments with various CO_2 levels is determined not only by the airway geometry, but also by the driving pressure governed by the C_{rs} , including the chest wall and the lung. Despite the obvious importance of respiratory tissue elastance in determining the expiratory flow and the rate of CO_2 clearance, the role of the respiratory elastic recoil on the capnogram shape has not been examined to date.

1.6. Aims

The goals of the present thesis were to set out various investigations in large cohorts of ventilated patients with normal and diseased lungs during cardiac surgery. Studies focused particularly on the establishment of the connections between the various phase, shape, dead space or pulmonary shunt circulation parameters of the time or volumetric capnogram and those reflecting the airway and lung tissue mechanics, expiratory flow and gas exchange. These measurements were designed to be performed under baseline condition after induction of anaesthesia, and after a complex challenge dominated by elevation of airway resistance performed by cardiopulmonary bypass (CPB).

As a further goal, we also systematically investigated whether S_{III} is affected by changes in both airway caliber and the C_{rs} in mechanically ventilated patients. We attempted to clarify the contribution of the altered airway properties and tissue mechanics at baseline after induction of anaesthesia and after challenge with increasing PEEP. These measurements were evaluated to assess whether homogeneity or heterogeneity of lung parenchyma indicated by the S_{III} provides suitable information to conclude on the gas exchange as the primary function of lung. We also elucidated whether the reliability of S_{III} depends from the working lung volume, consequently it has to be used only with other parameters referring to lung volume.

2. METHODS

2.1. Patients

The subjects of both studies presented in this thesis were patients scheduled for elective open heart surgery. The protocols were approved by the Human Research Ethics Committee of Szeged University, Hungary (no. WHO 2788). All the patients received appropriate information about the study protocol and gave their written consent to their participation.

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

One hundred and one patients (71 males, 30 females) 62 ± 9 (mean \pm SD) yrs. of age (range: 30-88 yrs.) undergoing elective cardiac surgery were involved in a prospective, consecutive cross sectional manner. Patients were excluded in the event of severe cardiopulmonary disorders (pleural effusion >300 ml, ejection fraction $<30\%$, BMI >35 kg/m² or

intraoperative acute asthma exacerbation). The heart surgery was necessitated by aortic (n=70) and/or mitral (n=27) valve disease combined with ischemic heart disease (n=28), and/or other types of cardiac malformation (n=6), myxoma or aneurysm of the ascending aorta. Based on earlier medical reports, the patients exhibited wide-ranging variations in pulmonary status: some had no pulmonary symptoms (i.e. no history of lung disease, a normal BMI, no pleural effusion, no pulmonary congestion, no smoking history, no wheezing periods within the past 6 months, and no history of the use of bronchodilator drugs; n=16), whereas others had lung abnormalities causing restrictive (pulmonary congestion (n=56) and/or obesity (BMI \geq 31) (n=31)) and/or obstructive changes (emphysema (n=28), asthma (n=8) or chronic bronchitis (n=20)).

Study 2: Respiratory mechanics and the capnogram phases: importance of dynamic compliance

One hundred and forty-four patients (93 males, 51 females) 62 \pm 9 (mean \pm SD) yrs. of age (range 39–84 yrs.) undergoing elective coronary bypass surgery were examined in the supine position before the surgical procedure. The patients had various cardiac diseases including ischemic heart disease (n=108), a mitral insufficiency (n=21), aortic stenosis (n=38), and other types of cardiac malformation (n=5), such as myxoma, congenital heart disease or aortic aneurysm. The patients exhibited wide variations in their pulmonary status, with some of them having no pulmonary symptoms (i.e. no history of lung disease, normal BMI, no pleural effusion, no pulmonary congestion, no smoking history, lack of wheezing periods within the past 6 months, lack of use of bronchodilator drugs; n=29). Others had lung abnormalities causing restrictive (pulmonary congestion (n=45) or obesity (BMI \geq 31; n=48)) and/or obstructive changes (emphysema (n=55), asthma (n=14), chronic bronchitis (n=25) or sarcoidosis (n=1)).

2.2. Anaesthesia and surgery

In both studies, the patients were premedicated with intramuscular morphine (0.07 mg/kg) and midazolam (0.07 mg/kg) 1 h before the operation. Anaesthesia was induced with intravenous (IV) midazolam (30 μ g/kg), sufentanil (0.4-0.5 μ g/kg) and propofol (0.3-0.5 mg/kg). Muscle paralysis was achieved with an IV bolus of rocuronium (0.6 mg/kg). The anaesthesia and muscle relaxation were maintained with IV infusions of propofol (50

$\mu\text{g/kg/min}$) and IV boluses of rocuronium (0.2 mg/kg every 30 min). The trachea was intubated with a cuffed endotracheal tube with an internal diameter of 7, 8 or 9 mm, and the patients were ventilated with a Dräger Zeus anaesthesia machine (Lübeck, Germany) in volume-controlled mode with descending flow. The ventilator frequency was set to 12-14 breaths/min, with a tidal volume of 7 ml/kg. The fraction of inspired oxygen (FiO_2) was maintained at 0.5 throughout the entire study period. Arterial blood gas samples were analysed to calculate the Horowitz coefficient ($\text{HQ}=\text{PaO}_2/\text{FiO}_2$).

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

During intermittent positive pressure ventilation (IPPV) a positive end-expiratory pressure (PEEP) of 4 cmH₂O was applied. Prior to cardiopulmonary bypass (CPB), 1500 ml of lactated Ringer's solution was used to prime the membrane oxygenator and the tube set. Heparin (300 IU/kg) was administered with the activated anticoagulation time maintained above 400 s. At the beginning of the CPB, mild hypothermia was generally applied to maintain oesophageal temperature of 32 °C. During cardioplegic cardiac arrest, the lung ventilation was stopped, the ventilator was disconnected and no positive airway pressure was maintained in the lungs. The lungs were then inflated 3-5 times to a peak airway pressure of 30 cmH₂O before declamping of the aorta in order to facilitate the removal of gas emboli from the heart and to perform lung recruitment. A similar manoeuvre was performed before ventilation restoration and weaning of the patient from the CPB. Arterial and central venous blood gas samples were analysed to calculate the Horowitz coefficient and the intrapulmonary shunt based on Fick-principle and on dead spaces.

Study 2: Respiratory mechanics and the capnogram phases: importance of dynamic compliance

To establish whether the elastic properties of the respiratory system affected the capnogram shape, the patients with respiratory symptoms were allocated into three groups, on the basis of their dynamic respiratory compliance (Crs). This Crs was determined 10 min after anaesthesia induction and a lung volume homogenization manoeuvre (i.e. lung inflation and maintenance at a trans respiratory pressure of 30 cmH₂O for 5 s) when stable hemodynamic and ventilatory conditions at PEEP 3 cmH₂O have been reached (i.e. prior to the first capnogram recording). Group LC comprised patients with Crs in the lowest tenth percentile

(Cr_s<34.5 ml/cmH₂O; n=15), and Group MC patients with Cr_s between the tenth and the ninetieth percentile (34.5<Cr_s<69 ml/cmH₂O; n=85), and Group HC patients with Cr_s above the ninetieth percentile (Cr_s>69 ml/cmH₂O; n=15). Patients with healthy lungs were regarded as an independent group (Group HL; n=29). The patients were classified based on the Cr_s measured after a lung volume recruitment manoeuvre. The characteristics of the patients in each protocol group are summarized on *Table 1*. The age of the patients did not differ significantly in the different groups (p=0.16). The ejection fraction (EF) data were collected from preoperative echocardiography. The body mass index (BMI) of each patient was calculated.

	Gender*	Obesity*	Pulmonary status	Cardiac disease
	(m/f)	(n/ow/ob)	E*/A*/CB*/OLD	CAD/AS/MI/LEF*/OCD
Group HL (n=29)	20/9	10/19/-	-/-/-	26/3/3/-/1
Group HC (n=15)	15/-	8/7/-	14/-/6/-	11/4/-/-/-
Group MC (n=84)	56/28	12/28/44	37/10/15/2	61/28/8/10/3
Group LC (n=15)	3/12	-/5/10	4/4/4/-	10/3/1/8/1

Table 1. Number of patients with different conditions/diagnoses in each protocol group. Obesity categories: n: normal (20≤BMI<24), ow: overweight (25≤BMI<30), ob: obese: BMI>31. Pulmonary status: E: emphysema, A: bronchial asthma, CB: chronic bronchitis, OLD: other lung disease. Cardiac diseases: CAD: coronary artery disease, AS: aortic stenosis, MI: mitral insufficiency, LEF: low ejection fraction (EF<50%), OCD: other cardiac disease. Pulmonary and cardiac conditions are based on previous clinical diagnoses. *: p<0.05 between the expected and the observed frequencies in the protocol groups for each variable.

2.3. Forced oscillatory measurements

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

Airway and tissue mechanical properties were assessed by measuring the low-frequency forced oscillatory input impedance of the pulmonary system (Z_L) (60). The common side of a T-piece was attached to a distal ET tube. The other sides of the T-piece containing two collapsible segments were connected to the respirator and the forced oscillatory

measurement apparatus. Before the oscillatory measurements, the lungs were inflated to a pressure of approximately 30 cmH₂O to standardize the volume history. During short (15-s) apnoeic periods, this equipment allowed switching the patient from the respirator to the forced oscillatory system while pseudorandom pressure excitations were generated into the trachea. The pressure forcing signal contained 15 integer-multiple components in the frequency range 0.4-6 Hz. ZL was computed from the power spectra of the airway opening pressure (Pao) and tracheal airflow (V'). Pao was measured with a pressure transducer (ICS model 33NA002D; ICSensors, Milpitas, CA, USA), and V' was measured with a 28-mm ID screen pneumotachograph connected to the identical pressure transducer. A well-validated 4-parameter (61) model containing a frequency-independent airway resistance (Raw) and inertance (Iaw) and a constant-phase tissue compartment characterized by the coefficients of damping (G) and elastance (H) was fitted to the mean ZL data by minimizing the weighted differences between the measured and modelled impedance values:

$$ZL = Raw + j\omega Iaw + (G - jH)/\omega^\alpha$$

where ω is the angular frequency ($2\pi f$) and $\alpha = 2/\pi \cdot \arctan(H/G)$. The tissue resistive component (Rti) at the ventilation frequency (0.2 Hz) was calculated from the parenchymal damping coefficient ($Rti = G/\omega^\alpha$). The total lung resistance (RL) was determined as the sum of the airway resistance (Raw) and the Rti ($RL = Raw + G/\omega^\alpha$).

Study 2: Respiratory mechanics and the capnogram phases: importance of dynamic compliance

The input impedance of the respiratory system (Zrs) was measured, and the forcing signal contained 30 integer-multiple components of the 0.2-Hz fundamental frequency, in the frequency range 0.2-6 Hz.

2.4. Recording and analyses of the expiratory capnogram

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

A mainstream capnograph (Novamatrix, Capnogard[®], Andover, MA, USA) and another central airflow meter (Piston Ltd., Budapest, Hungary) were connected into the ventilatory circuit at the Y-piece, and 15-s CO₂ and ventilator flow traces were recorded simultaneously.

The CO₂ and ventilator flow traces were digitized and imported into custom-made signal analysis software. The slopes of phase III of the capnogram in the time (S_{III,T}) and in the volumetric (S_{III,V}) domains were determined by fitting a linear regression line to the last two-thirds of each phase-III traces (*Fig. 1*) (43,58). The phase-II slopes of the time (S_{II,T}) and volumetric (S_{II,V}) capnograms were determined by calculating the slopes of the best-fitting line around the inflection point ($\pm 20\%$) (62). Each slope was divided by the average corresponding CO₂ concentration in the mixed expired gas to obtain normalized time (Sn_{II,T} and Sn_{III,T}) and volumetric (Sn_{II,V} and Sn_{III,V}) phase II and III slopes (27,63,64). This normalization was made only for the slope indices, as performed earlier before and after CPB (27,63,64). The angle (α_{cap}) formed by the phase II and III limbs of the expiratory time capnogram was also calculated by using a standard monitoring speed of 12.5 mmHg/s. The transition rates of change from phase II to phase III in the time (D_{2min}) and volumetric (D_{2Vmin}) capnograms reflecting the curvature were calculated as the minima of the second-order time and volumetric derivatives (65).

Besides these shape factors, dead space parameters were derived from the volumetric capnogram. The Fowler dead space (V_{DF}) was determined by calculating the expired gas volume until the inflection point of phase II was reached in the volumetric capnogram (66,67). The physiological dead space was assessed by the Bohr method (40) and referred as Bohr dead space (V_{DB}) (41):

$$V_{DB} = (P_{ACO_2} - P_{ECO_2}) / P_{ACO_2}$$

where P_{ACO₂} is the mean alveolar CO₂ concentration located at the midpoint of the phase III in the expired CO₂ curve, and P_{ECO₂} is the mixed partial pressure of CO₂ during the entire expiration (68). The latter is calculated as the ratio of the tidal elimination of V'_{CO₂} obtained by integrating the flow and CO₂ signals over the entire breath and the tidal volume (*Fig. 1 bottom*). The dead space according to Enghoff's modification (V_{DE}) was calculated (42) as:

$$V_{DE} = (P_{aCO_2} - P_{ECO_2}) / P_{aCO_2}$$

where P_{aCO₂} is the partial pressure of CO₂ in the arterial blood (*Fig. 1 bottom*). We also calculated the differences between the Enghoff and Bohr dead space parameters (V_{DE} - V_{DB})

representing the pulmonary shunt circulation. The intrapulmonary shunt blood flow (Q_s/Q_t) was additionally assessed via the Fick equation (*Fig. 1 bottom*).

Study 2: Respiratory mechanics and the capnogram phases: importance of dynamic compliance

Changes in partial CO_2 pressure in the exhaled gas during mechanical ventilation were measured with a calibrated side-stream capnograph (UltimaTM, Datex/Instrumentarium, Helsinki, Finland). Since capnograms are displayed in clinical routine in the time domain, time capnography was applied in each patient to record CO_2 changes. To minimize the possible drawback of this time domain analyses, we paid attention to involve only the linear part of the CO_2 trace in the readings of S_{III} . Nevertheless, volumetric capnography may allow a better distinction between the phases (15,18,22,27,33,34,58,63) and thus, in a subgroup including the last 68 patients, the flow during mechanical ventilation was simultaneously recorded with the CO_2 traces by introducing an additional pneumotachograph into the ventilation circuit. This allowed the analyses of volumetric capnograms in 20, 7, 32 and 9 patients in the Groups HL, HC, MC and LC, respectively. The 15-s CO_2 and respiratory flow traces were imported into commercial signal analysis software (Biopac, Santa Barbara, CA, USA). Assessing the slopes of phase III of the capnogram in time ($S_{III,T}$) and in volumetric ($S_{III,V}$) domains and their normalizations were performed similar to those applied in *Study 1*.

In both studies, and at every experimental condition, 3 to 5 expiratory traces in each recording were analysed, resulting in the ensemble-averaging of 10-12 values for further analysis in each patient.

2.5. Analysis of the expiratory flow

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

To characterize the expiratory flow pattern, the expiratory phases of each V' recordings were analysed by fitting an exponential function to the elevating limb (69):

$$V'(t) = V'_{pl} - PF \cdot e^{-LF \cdot t}$$

where V'_{pl} is the plateau flow before the beginning of the next inspiration, PF is the peak expiratory flow, and LF is related to the curvature of the expiratory curve. The parameter LF

is related to the curvature of the expiratory curve; a larger value indicates a more concave shape in the late flow. Model fitting to the serial data points from the peak flow was performed until 90% of the equilibrium value of $V'(t)$ was reached.

2.6. Calculating intrapulmonary shunt based on Fick principle and classic shunt equation

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

The ratio of the shunted cardiac output (Q_s) to total cardiac output (Q_t) is referred to classic shunt equation and can be calculated as:

$$Q_s/Q_t = C_{tc}O_2 - C_{ta}O_2 / C_{tc}O_2 - C_{tv}O_2$$

where Q_s is the shunted-, Q_t is the total cardiac output, $C_{tc}O_2$, $C_{ta}O_2$, $C_{tv}O_2$, are the pulmonary capillary, arterial, and mixed venous oxygen content respectively. The pulmonary capillary oxygen content was assessed from the oxygen content equation:

$$C_{tc}O_2 = Hb \times Sa_{O_2} \times 1.34 + 0.0031 \times Pa_{O_2}$$

When oxygen-saturation is estimated 1 and oxygen partial pressure is expected to be equal to alveolar oxygen partial pressure that resulting from Fi_{O_2} applied at the measurement.

2.7. Measurement protocols

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

Two sets of measurements were made under the open-chest condition 5 min before the CPB and 5 min after the patient was weaned from the CPB. Recruitment manoeuvres were performed before the weaning from the CPB. Each data collection period started with recordings of 3 to 5 capnogram traces. During this period, an arterial blood gas sample was taken to measure Pa_{O_2} and Pa_{CO_2} for the calculation of HQ and V_{DE} , respectively. The total lung resistance (R_{vent}) and compliance (C_{vent}) displayed by the respiratory monitor of the ventilator were registered at this stage of the protocol. The data collections under both conditions were supplemented by recordings of 3 to 5 ZL data epochs at 1-min intervals.

Study 2: Respiratory mechanics and the capnogram phases: importance of dynamic compliance

The scheme of the experimental protocol is outlined in *Fig. 2*.

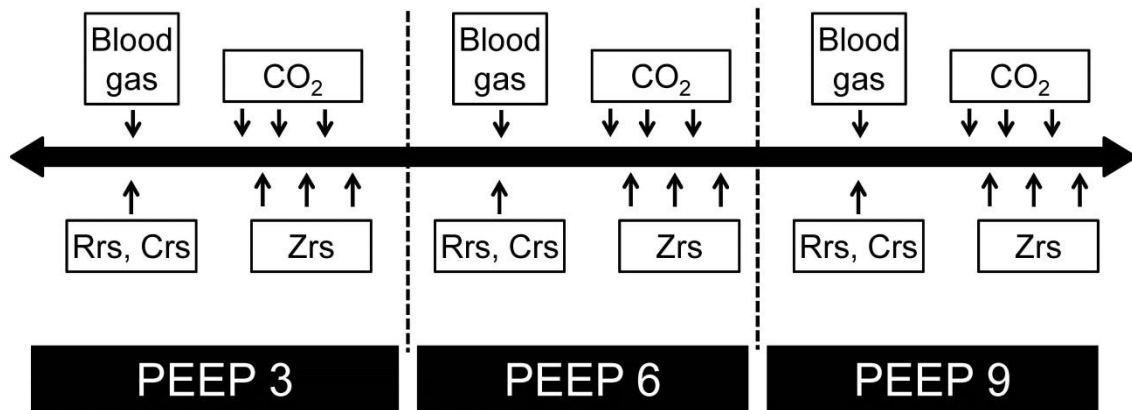


Figure 2. Timeline of the experimental protocol. Rrs and Crs: readings from the respirator display; CO₂: recording of capnogram curves; Zrs: forced oscillatory measurement of respiratory system impedance.

When stable hemodynamic and respiratory mechanical conditions had been reached while PEEP was maintained at 3 cmH₂O, an arterial blood gas sample was taken, and dynamic compliance (Crs) was recorded from the display of the respirator. The first capnogram trace was then collected followed by recording of the first Zrs data epoch. Two more capnographic and Zrs measurements were then made in alternating sequence at 60-s intervals. PEEP was next elevated to 6 and then 9 cmH₂O, a 3-min equilibration period being permitted after each step, and the data collection procedure was repeated.

2.8. Statistical analyses

In both studies, scatters in measured variables are expressed as SEM values. The Pearson test was applied to analyse the correlations between the different variables. Values $p < 0.05$ were considered to be statistically significant. All reported p values are two-sided. The statistical tests were performed with a SigmaPlot statistical software package (Version 12, Systat Software, Inc. Chicago, IL, US) except the Steiger's Z-test (70).

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

The necessary sample size estimation was applied to involve sufficient number of patients for the detection of clinically relevant significances. The type 1 error rate was set to 0.05, the statistical power was set to 0.85 and the clinically relevant effect size (alternative hypothesis) was considered to detect correlation coefficients $r=0.3$ versus $r=0$. The necessary sample size was 96.

In the event of passing the normality test (marked in footnotes), paired t-tests were used to examine the statistical significance of the changes induced in the parameters by the CPB. Wilcoxon signed-rank tests were applied otherwise to verify the significance of the changes in the mechanical, capnographic or gas exchange parameters. The comparison of Pearson correlation coefficients was made by Steiger's Z-test; these tests were performed between the particular and the nearest r values. Subgroups of patients were formed based on the initial HQ level (high and low 25 percentile), and based on the extremity of changes after surgery (top 25 percentile increase and bottom 25 percentile decrease in HQ, respectively). Time domain capnogram slope indices and R_{aw} and C_{vent} and their changes after the surgery were also correlated in these subgroups and were compared to the results obtained from the pooled population.

Study 2: Respiratory mechanics and the capnogram phases: importance of dynamic compliance

The normality of the data was tested with the Kolmogorov-Smirnov test with Lilliefors correction. Two-way repeated measures analysis of variance (ANOVA) with including an interaction term was used with the variables PEEP (3, 6 and 9 cmH₂O) and the group allocation (Groups HL, LC, MC and HC) to establish the effects of lung volume and C_{rs} on the respiratory mechanical, blood gas and capnographic variables. This statistical method was utilized to test the hypothesis that the level of C_{rs} affects the PEEP-dependent changes in the respiratory mechanical and capnogram variables. Multiple linear regression analysis was performed to establish whether the levels of BMI and EF affect C_{rs} . The Holm-Sidak multiple comparison procedure was adopted to compare the variables in the various study groups under different conditions. Chi-square test was used to assess whether there is a significant difference between the expected and the observed frequencies of gender, obesity, pulmonary and cardiac diseases in the protocol groups.

3. RESULTS

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

Parameters reflecting the lung mechanics and the expiratory flow are demonstrated in *Fig.3*.

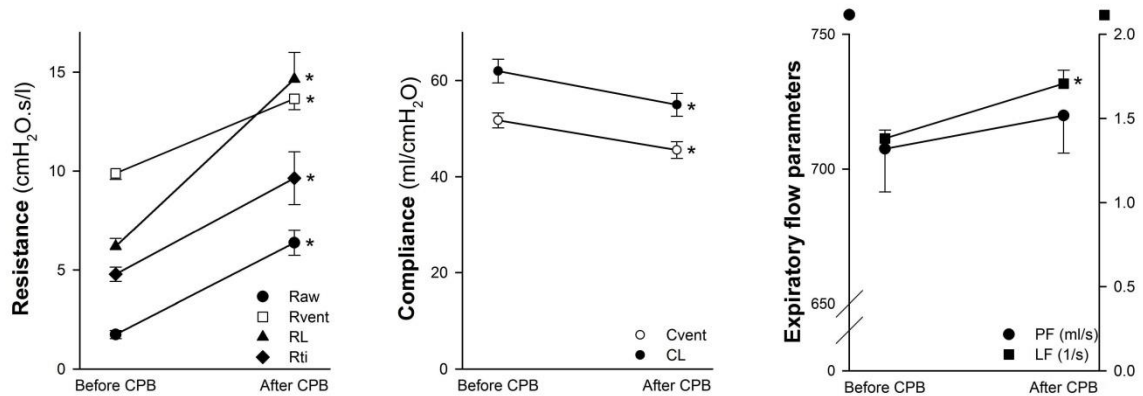


Figure 3. Resistive (Raw: airway resistance, R_{vent}: total lung resistance displayed by the ventilator, RL: total lung resistance obtained by oscillometry, R_{ti}: tissue resistance obtained by oscillometry) and elastic lung mechanical parameters (C_{vent}: compliance displayed by the ventilator, CL: compliance determined by oscillometry) and expiratory flow indices (PF: peak flow, LF: late flow) before and after the cardiopulmonary bypass (CPB). *: p<0.05 before vs. after the CPB. Values are expressed as mean±SEM.

All the resistive parameters, including those reflecting the flow resistance of the airways (Raw), or of the lung tissues (R_{ti}), or the combination of these compartments (R_{vent} and RL), exhibited marked and statistically significant increases after CPB (p<0.0001 for each). Conversely, more moderate, but still highly significant decreases were observed following CPB in the compliance parameters determined at end-expiratory lung volume by the oscillometry (CL) or at end-inspiratory lung volume by the ventilator (C_{vent}) (p<0.0001 for both). CPB induced no statistically detectable changes in PF (p=0.5), whereas the parameter LF, reflecting the curvature of the late flow, increased significantly (p<0.0001). The CPB-induced adverse lung mechanical changes were also reflected in the significant decrease in HQ (from 371±11 to 350±14 mmHg; p=0.038¹).

Fig. 4 depicts the indices derived from the time and volumetric capnographic measurements before and after the CPB. Marked and statistically significant increases were observed in the time and volumetric parameters reflecting the phase-III slope of the expired CO₂ (p<0.0001

¹ Shapiro-Wilk test for normality passed (p>0.41)

for $S_{III,T}$, $Sn_{III,T}$, $S_{III,V}$ and $Sn_{III,V}$) after the CPB. The slopes of phase II revealed significant decreases following CPB ($p < 0.0001$ for both $S_{II,T}$ and $S_{II,V}$), whereas these drops were no longer detectable after normalization to the CO_2 concentration in the mixed expired gas ($p = 0.4$ and 0.9 for $Sn_{II,T}$ and $Sn_{II,V}$, respectively¹). CPB increased the curvature representing the transition from phase II to phase III ($p < 0.0001$ for both D_{2min} and D_{2Vmin}). Uniform decreases were detected in V_{DF} and V_{DB} ($p < 0.0001$) after the CPB, whereas V_{DE} increased significantly ($p < 0.0001$). These changes in the dead space parameters resulted in significant elevations in the shunt parameters reflecting the alterations in lung ventilation ($p = 0.02$ and $p < 0.0001$ for $V_{DB} - V_{DF}$ and $V_{DE} - V_{DB}$, respectively²) and perfusion (Q_s/Q_t , $p < 0.0001$).

² Shapiro-Wilk test for normality passed ($p > 0.13$)

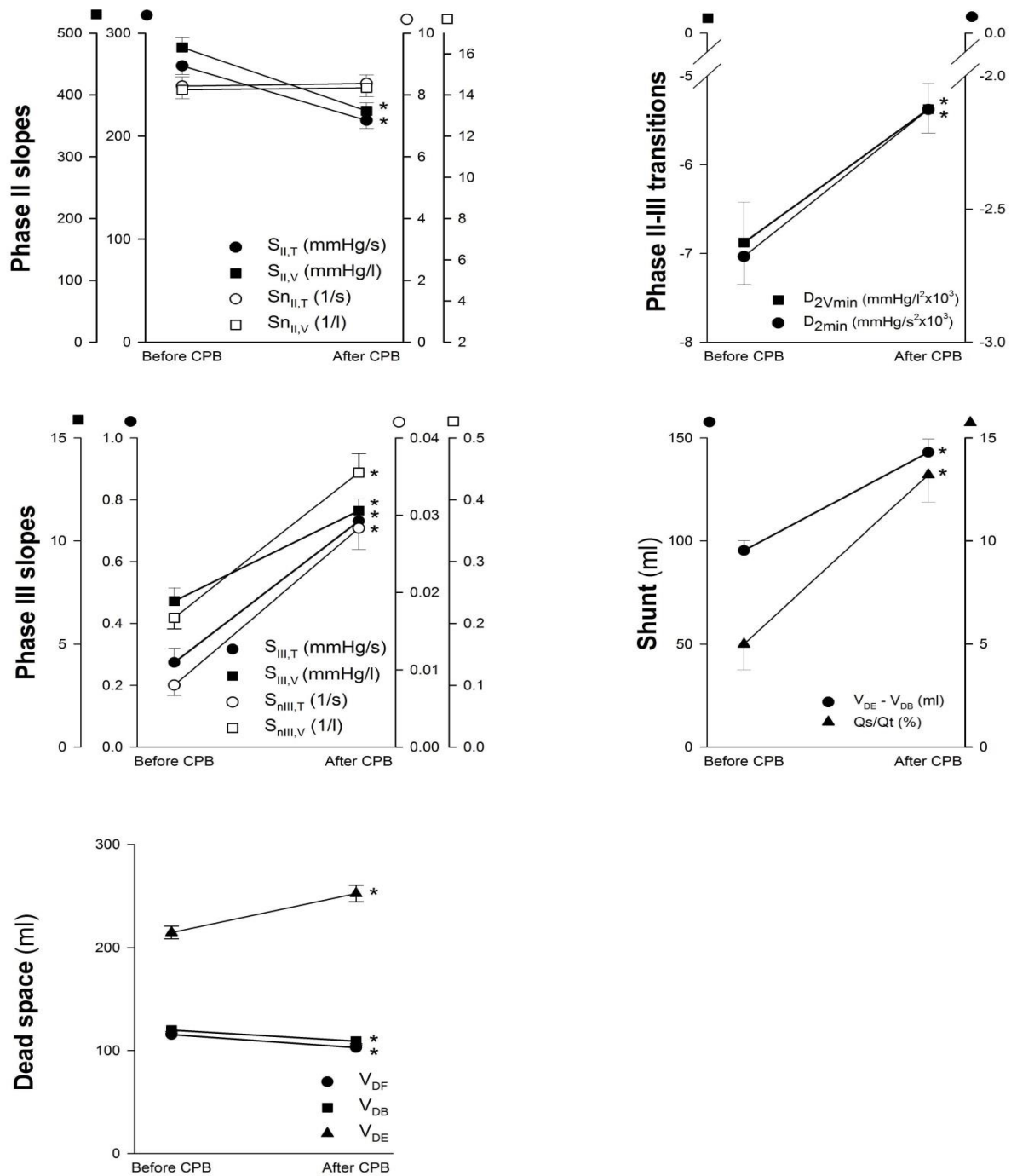


Figure 4. Indices derived from the time and volumetric capnographic measurements before and after the cardiopulmonary bypass (CPB). $S_{II,T}$, $S_{II,V}$, and $Sn_{II,T}$, $Sn_{II,V}$ are absolute and normalized phase-II slopes of the time and volumetric capnogram, respectively. $S_{III,T}$, $S_{III,V}$, and $Sn_{III,T}$, $Sn_{III,V}$ are absolute and normalized phase-III slopes of the time and volumetric capnogram, respectively. D_{2min} and D_{2Vmin} represent the curvature at the phase II-III transitions, calculated as the minimum of the second-order time and volumetric derivative, respectively. V_{DF} , V_{DB} and V_{DE} denote dead spaces according to Fowler, Bohr and Enghoff. Qs/Qt reflects the intrapulmonary shunt. Values are expressed as mean \pm SEM.

Fig. 5 illustrates the strengths of the correlations between the lung mechanical parameters (x-axis) and the time and volumetric capnographic parameters reflecting the slopes, transitions, dead-space and shunt fractions (y-axis).

The lung resistive parameters exhibited the closest associations with the phase-III slope capnographic parameters ($p < 0.0001$), particularly after the CPB, when all the indices reflecting the resistive properties of the pulmonary system were markedly elevated ($p < 0.0001$; *Fig. 5, top panels*). Significant, but somewhat weaker correlations were observed between the lung resistive parameters and the ventilation dead-space parameters V_{DF} ($p < 0.0001$) and V_{DB} ($p < 0.0001$). More specifically, the mechanical parameter representing the flow resistance of the airways (R_{aw}) correlated best ($p < 0.0001$) with the $S_{III,T}$ ($r = 0.63$ and 0.68 for $S_{III,T}$ before and after the CPB, respectively; $p < 0.0001$). Moreover, R_{aw} correlated significantly with $S_{III,V}$ ($r = 0.43$ and 0.55 for $S_{III,V}$ before and after CPB, respectively, $p < 0.0001$). Normalization of the phase-III slopes to the CO_2 concentration in the mixed expired gas did not affect these relationships noticeably ($p = 0.71$). Conversely, the mechanical parameters characterizing lung tissue elasticity (H and C_{vent}) showed the closest ($p = 0.006$) relationships with the time capnographic parameters describing the phase II ($r = 0.65$ and 0.41 between H and $S_{II,T}$ before and after the CPB, respectively; $p < 0.0001$). The pulmonary elastance and compliance parameters also revealed close associations with the capnographic indices reflecting the curvatures of the transitions between the phases, particularly before the CPB ($r = -0.57$ between H and D_{2min} ; $p < 0.0001$). The early and late-phase expiratory flow parameters revealed strong associations between PF and the dead-space indices both before and after the CPB. LF exhibited the strongest correlation with $S_{III,V}$ ($r = 0.53$; $p < 0.0001$).

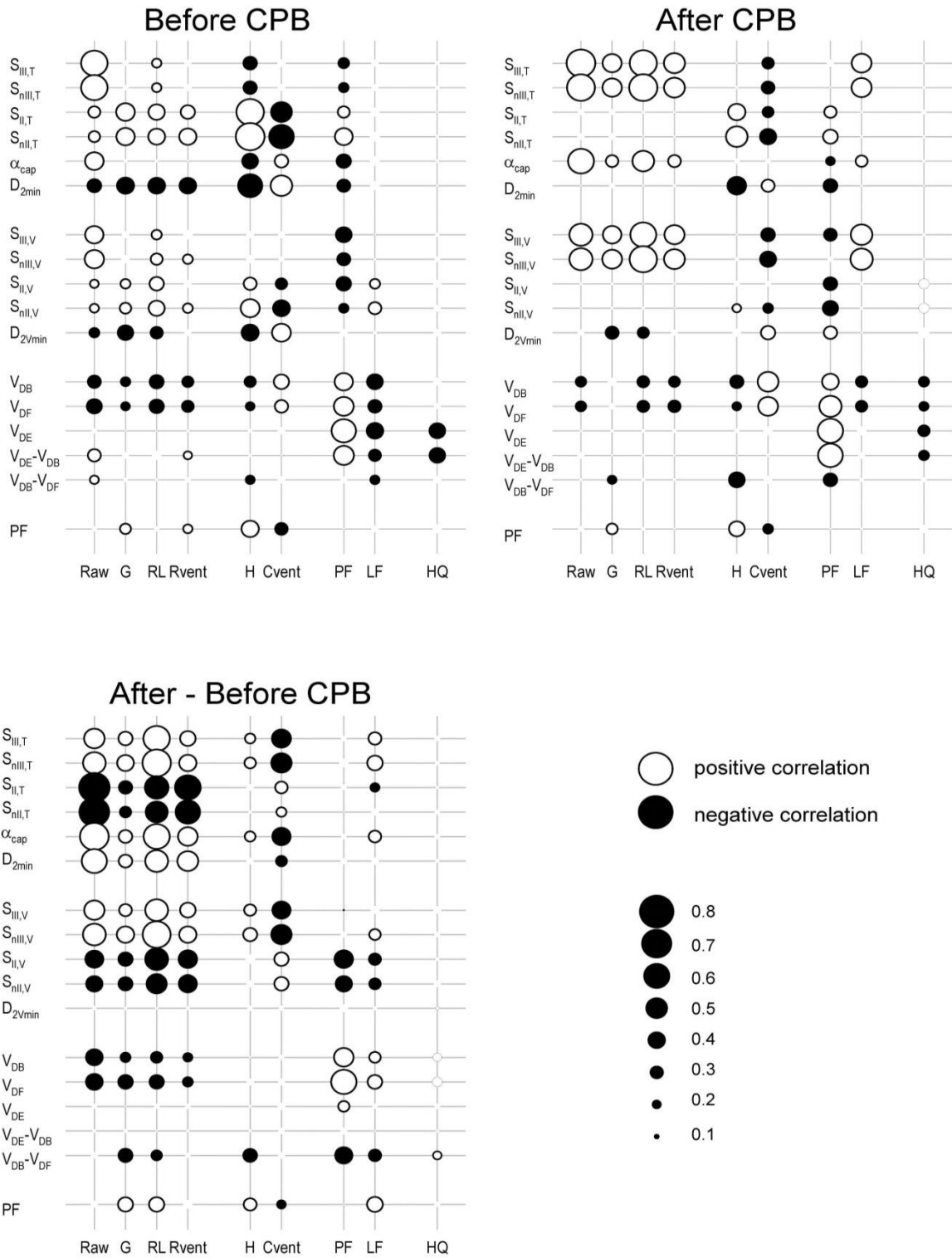


Figure 5. Strengths of correlations between the lung mechanical parameters (x-axis) and those obtained by time and volumetric capnography, reflecting the absolute and normalized slopes, and the absolute values reflecting transitions, dead space and shunt fractions (y-axis). The sizes of the circles denote the magnitude of the Pearson correlation coefficient. Open circles: significant positive correlation; closed circles: significant negative correlation; no circles: no significant correlation.

As concerns the relationships between the CPB-induced changes in the lung mechanical and capnographic indices (*Fig. 5, bottom panel*), the marked elevations in Raw correlated best ($p=0.001$) with the decreases in the phase-II slope parameters of the time capnogram ($r=-0.72$ and -0.70 for $S_{II,T}$ and $Sn_{II,T}$, respectively; $p<0.0001$). The CPB-induced airway narrowing was also reflected in the elevated phase-III slope parameters of the time and volumetric capnograms ($r=0.49$ for both $S_{III,T}$ and $S_{III,V}$; $p<0.0001$), and the curvature of the transition between the phases in the time domain ($r=0.6$ for D_{2min} ; $p<0.0001$). The changes in the other mechanical parameters reflecting the tissue (G) or total lung resistance (RL or R_{vent}) displayed similar relationships with the alterations in the various capnographic indices after the CPB. Assessment of the mild CPB-induced stiffening of the lung tissue also revealed statistically significant correlations between the changes in C_{vent} and those in the phase-III slope parameters in both the time and volumetric capnograms ($r=-0.48$ for both $Sn_{III,T}$ and $Sn_{III,V}$; $p<0.0001$). Neither the absolute values of HQ nor the changes following CPB exhibited close relationships with any other mechanical or capnographic indices; an association was observed with V_{DE} before the CPB ($r=0.31$; $p<0.0002$).

The relationships between the initial fundamental lung mechanical and capnographic indices for the subgroups of patients based on starting HQ are depicted on *Fig. 6A*.

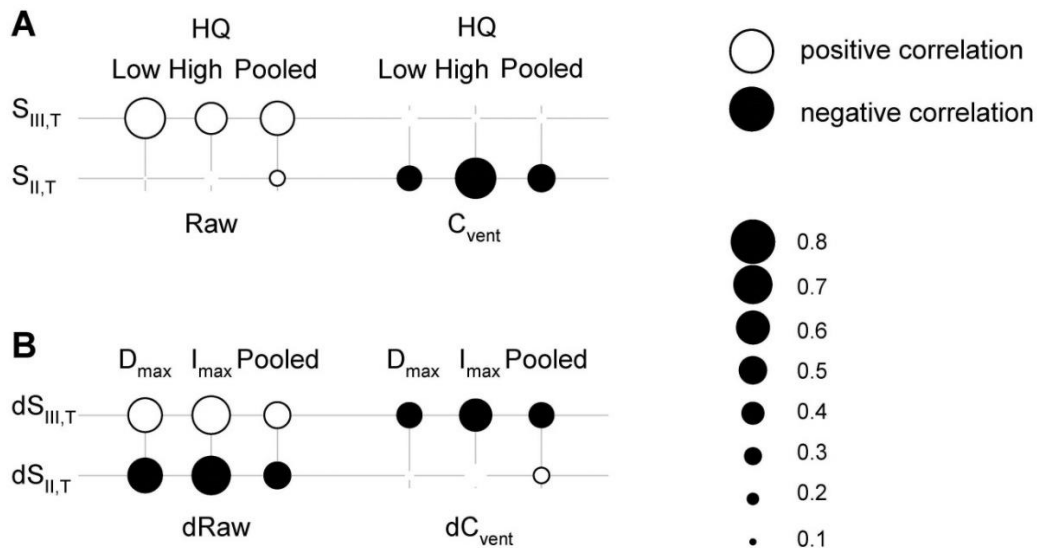


Figure 6. Strengths of correlations between the fundamental lung mechanical parameters (Raw and C_{vent} ; x-axis) and phase II and III slopes obtained by time capnography (y-axis). Panel A: correlations between initial absolute values in the whole population (Pooled) and in subgroups with 25 percentile low and high initial HQ levels. Panel B: correlations between the changes in these parameters for the whole population (Pooled) and in subgroups with the highest 25 percentile increase (I_{max}), and lowest 25 percentile decrease (D_{max}) in HQ after surgery. The sizes of the circles denote the magnitude of the Pearson correlation coefficient. Open circles:

significant positive correlation; closed circles: significant negative correlation; no circles: no significant correlation.

Strong positive significant correlations were observed between Raw and phase III slope parameters ($p=0.002$) and between C_{vent} and phase II slope parameters independently of the subgroup allocation ($p=0.001$). The initial C_{vent} - $S_{III,T}$ relationship was not significantly correlated ($p=0.20$), while the Raw- $S_{II,T}$ correlation appeared significant only for the pooled patient population ($p=0.0045$). The changes in Raw correlated to those in both slope variables ($p<0.0001$), whereas the alterations in C_{vent} were significantly related with those in phase III slopes ($p=0.023$, *Fig. 6B*).

The patients exhibited substantial inter-individual variability in the lung mechanical and capnographic parameters (*Table 2*), as reflected in the high coefficient of variation values before, after and the differences between after and before values.

	Before	After	After-Before CPB
Raw	116	98	109
G	69	127	227
H	41	44	262
$S_{nII,T}$	36	33	1163
$S_{nIII,T}$	169	96	113
V_{DF}	26	24	-134
V_{DB}	25	24	-138
V_{DE}	28	32	156
$V_{DE}-V_{DB}$	50	45	114

Table 2. Coefficients of variations for the lung mechanical (Raw, G and H) and capnograph-derived parameters ($S_{nII,T}$, $S_{nIII,T}$, V_{DF} , V_{DB} , V_{DE} , $V_{DE}-V_{DB}$).

The key parameters obtained by forced oscillations and capnography for the individual patients are demonstrated on *Fig.7* (continuous thin lines), and for the group means (symbols with thick lines).

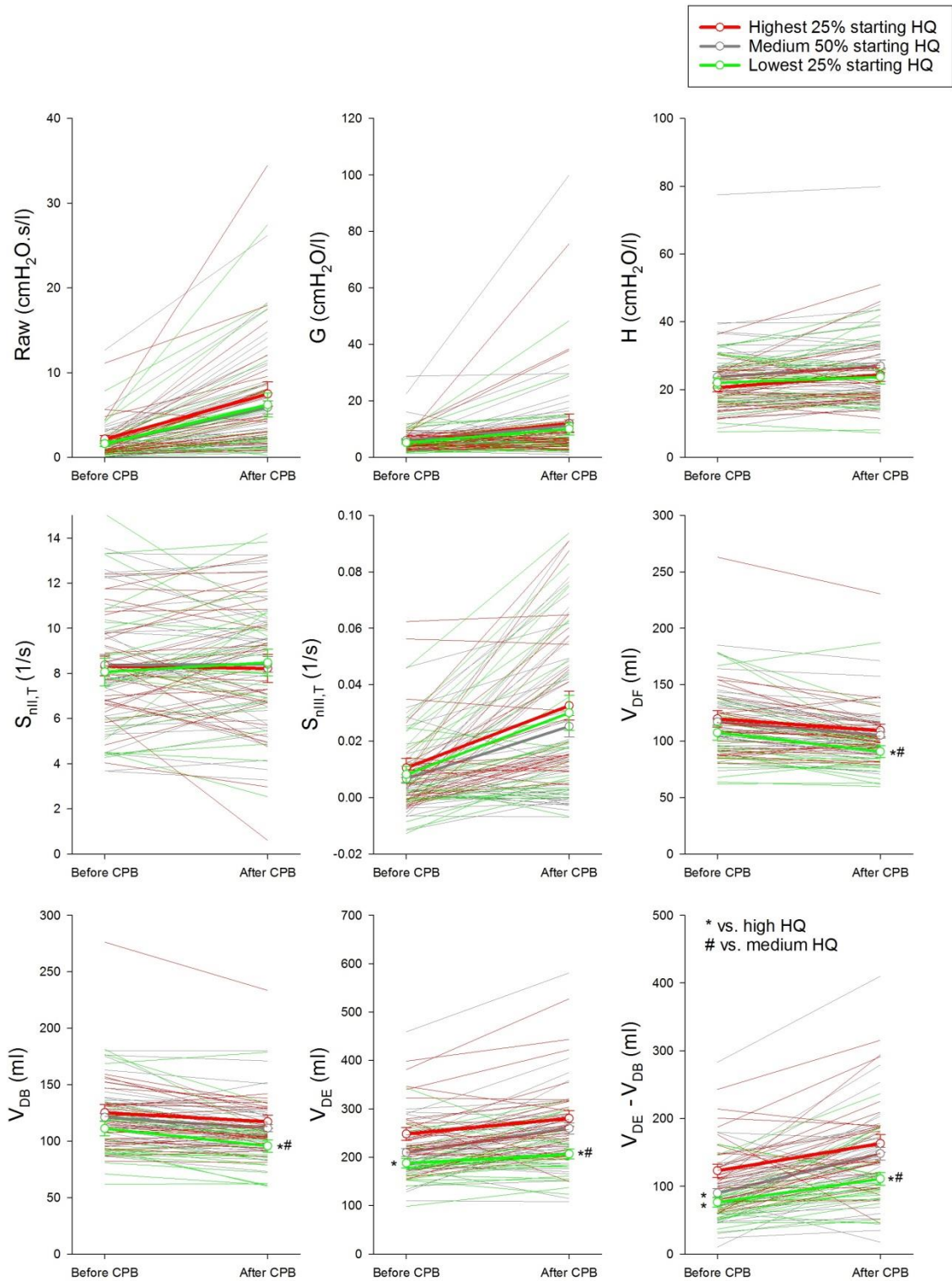


Figure 7. Lung mechanical (Raw, G and H), and capnographic parameters (S_{nlI,T}, S_{nlII,T}, V_{DF}, V_{DB}, V_{DE}, V_{DE}-V_{DB}) before and after CPB, for the individual patients (continuous thin lines) and for the group means (thick lines). Red line: patients with the highest 25% starting HQ, grey line: patients with the medium 50% starting HQ, green line: patients with the lowest 25% starting HQ.

Based on their starting pulmonary function, the cohort was divided into 3 groups: patients with the highest 25% (red), the medium 50% (grey) and the lowest 25% HQ (green). There was no evidence for a statistical significance between the groups in the lung mechanical parameters (Raw, G and H) and capnographic shape factors ($S_{n_{II,T}}$ and $S_{n_{III,T}}$). This can be attributed to the complex pathophysiological processes involved in the gas exchange, including ventilation, perfusion and ventilation/perfusion. Accordingly, there is no direct link between individual lung mechanical or capnogram parameters with gas exchange indices. Conversely, capnographic parameters primarily affected by lung perfusion (V_{DF} , V_{DB} , V_{DE} and $V_{DE-V_{DB}}$) exhibit statistically significant differences in the different HQ groups.

The interdependence of the main shape factors obtained from the time capnogram with lung mechanical parameters representing the airway resistance (Raw) and lung elastance (H) under the baseline conditions are demonstrated in *Fig. 8*.

The magnitude of $S_{n_{III,T}}$ depends more on Raw than on H (*Panel A*), whereas the level of $S_{n_{II,T}}$ appears to be determined primarily by H, with lower correlations with Raw (*Panel B*). The capnographic parameters expressing the transition from phase II to phase III (D_{2min}) displayed stronger, but opposite dependence on H than on Raw (*Panel C*).

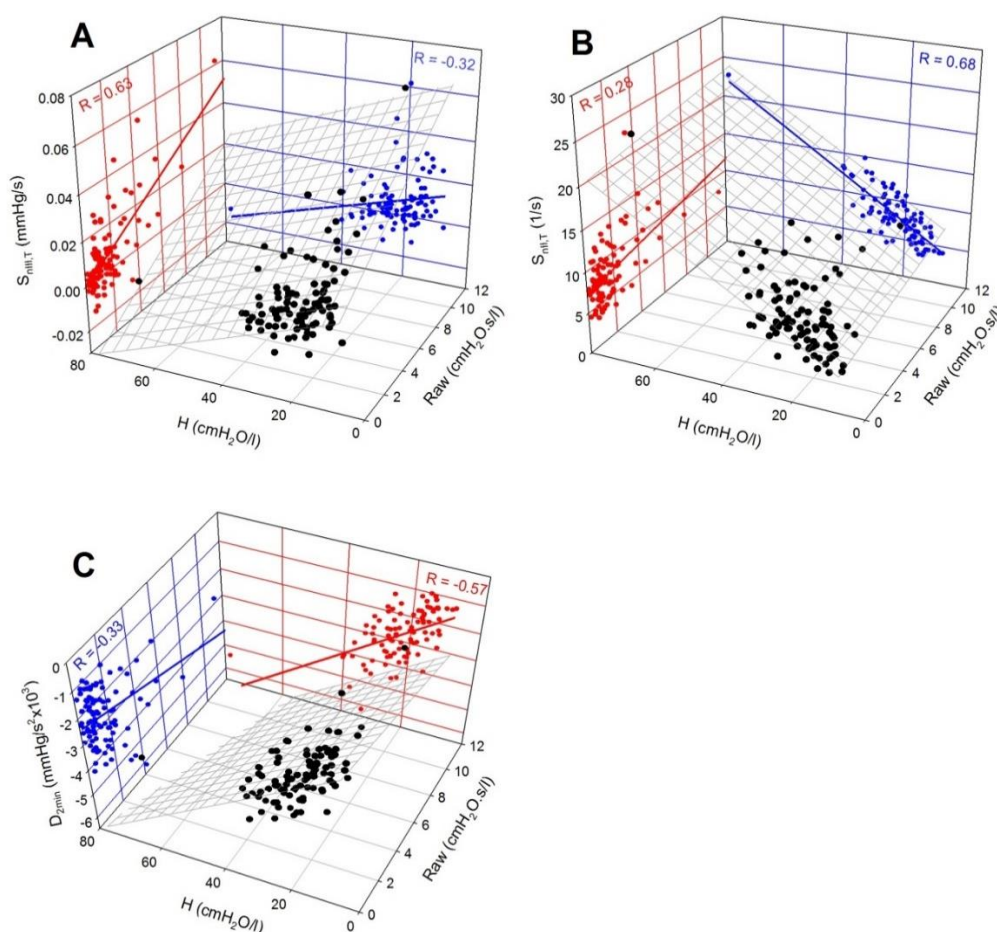


Figure 8. The correlation of the time capnographic shape factors ($S_{II,T}$, $S_{III,T}$, and D_{2min}) and the lung mechanical parameters (Raw, H) in three panels.

Study 2: Respiratory mechanics and the capnogram phases: importance of dynamic compliance

The changes in the respiratory mechanical parameters, the partial pressure of arterial oxygen (P_{aO_2}) and the indices obtained from the capnograms with increasing PEEP in the 4 groups of patients are depicted in *Fig. 9*.

The statistical analyses revealed significant interactions between the group allocation and PEEP, demonstrating that the respiratory compliance exerted significant effects on the responses to PEEP in the forced oscillatory mechanical parameters ($p < 0.001$ for Raw, G and H), for the Crs displayed by the respirator ($p < 0.001$), P_{aO_2} ($p = 0.04$), and the capnogram third phase slope variables ($p < 0.001$ for $S_{III,T}$ and $S_{III,V}$, $p = 0.003$ for $S_{III,V}$, and $p = 0.002$ and $S_{III,V}$). Time and volumetric capnogram variables exhibited similar Crs and PEEP dependences, which is also reflected in the significant correlations between $S_{III,T}$ and $S_{III,V}$

in Groups HL ($R=0.4$, $p=0.002$), HC ($R=0.79$, $p<0.001$), LC ($R=0.45$, $p=0.02$) and MC ($R=0.79$, $p<0.001$).

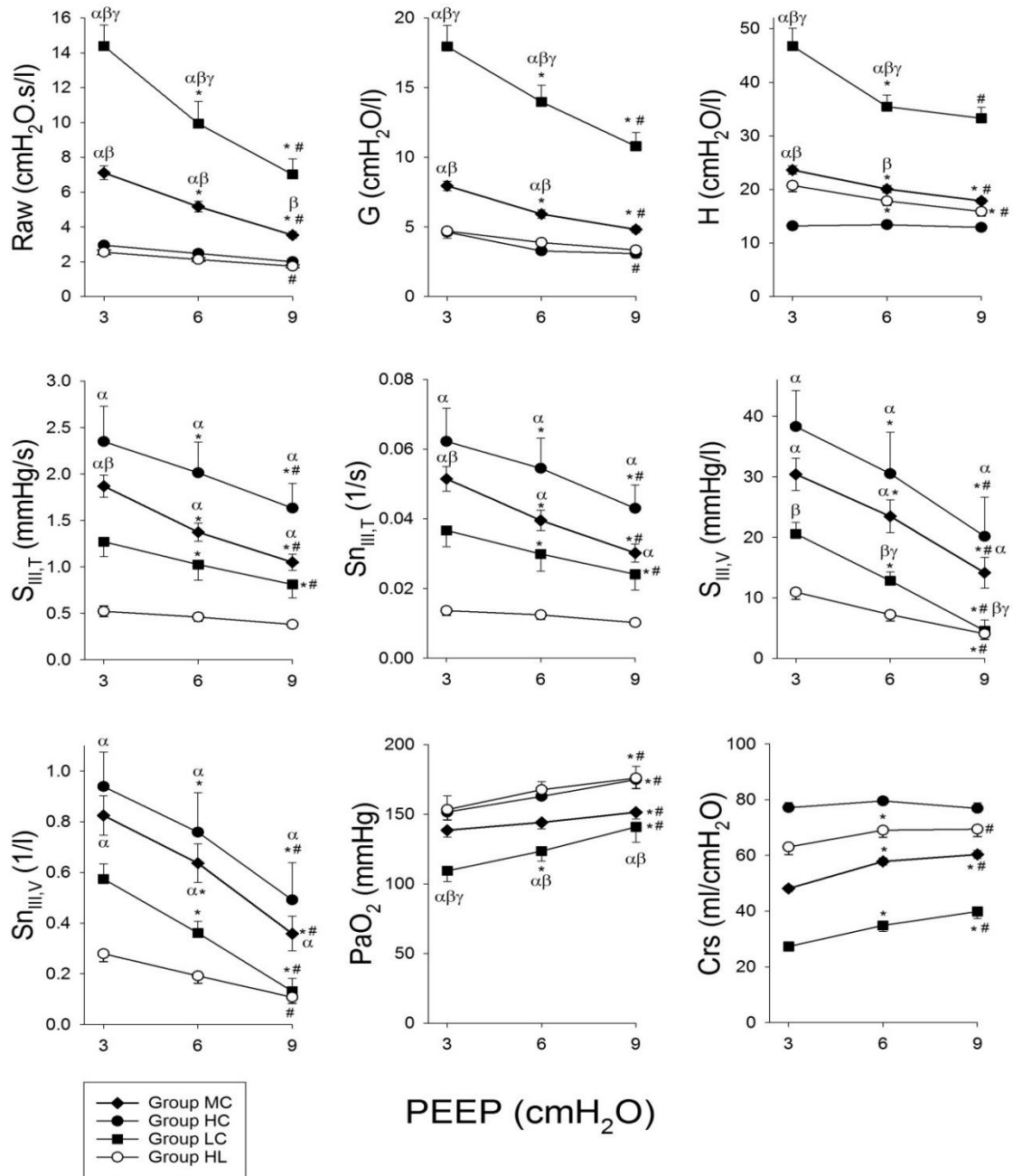


Figure 9. Forced oscillatory airway (Raw: airway resistance) and respiratory tissue (G: damping and H: elastance) mechanical parameters, the slope of the third phase of the capnogram as expressed in the time domain before ($S_{III,T}$) and after normalization for the mean expired CO₂ ($S_{nIII,T}$), or as a function of expired volume before ($S_{III,V}$) and after ($S_{nIII,V}$) normalization, partial pressure of oxygen in the arterial blood (PaO_2) and dynamic compliance (Crs) displayed by the respirator in patients with healthy lungs (Group HL), and in patients with respiratory symptoms with Crs in the lowest tenth percentile (Group LC), with Crs between the tenth and the ninetieth percentile (Group MC) and with Crs above the ninetieth percentile in (Group HC). *: $p<0.05$ vs. the variable at the previous PEEP level; #: $p<0.05$ vs. a variable at a PEEP of 3 cmH₂O. α: $p<0.05$ vs. Group HL within a PEEP; β: $p<0.05$ vs. Group HC within a PEEP; γ: $p<0.05$ vs. Group MC within a PEEP.

The greatest Raw, G, H and the lowest PaO₂ were observed for the patients in Group LC, and these patients generally exhibited the greatest response to PEEP. The patients in Group MC still exhibited elevated Raw, G and H with a more moderate, but still significant response to PEEP changes. The lowest forced oscillatory airway and tissue parameters and the greatest PaO₂ were obtained in the patients in Groups HL and HC, and their changes with PEEP were generally mild. The capnogram third phase indices were highest in Group HC and somewhat lower in Group MC, with both groups exhibiting marked decreases with increasing PEEP. The variables characterizing the third phase slopes from the capnogram were lowest in the patients in Group HL.

Fig. 10 depicts the relationship of Raw and S_{III,T} in the individual patients and the group means for the 4 protocol groups following the increases of PEEP.

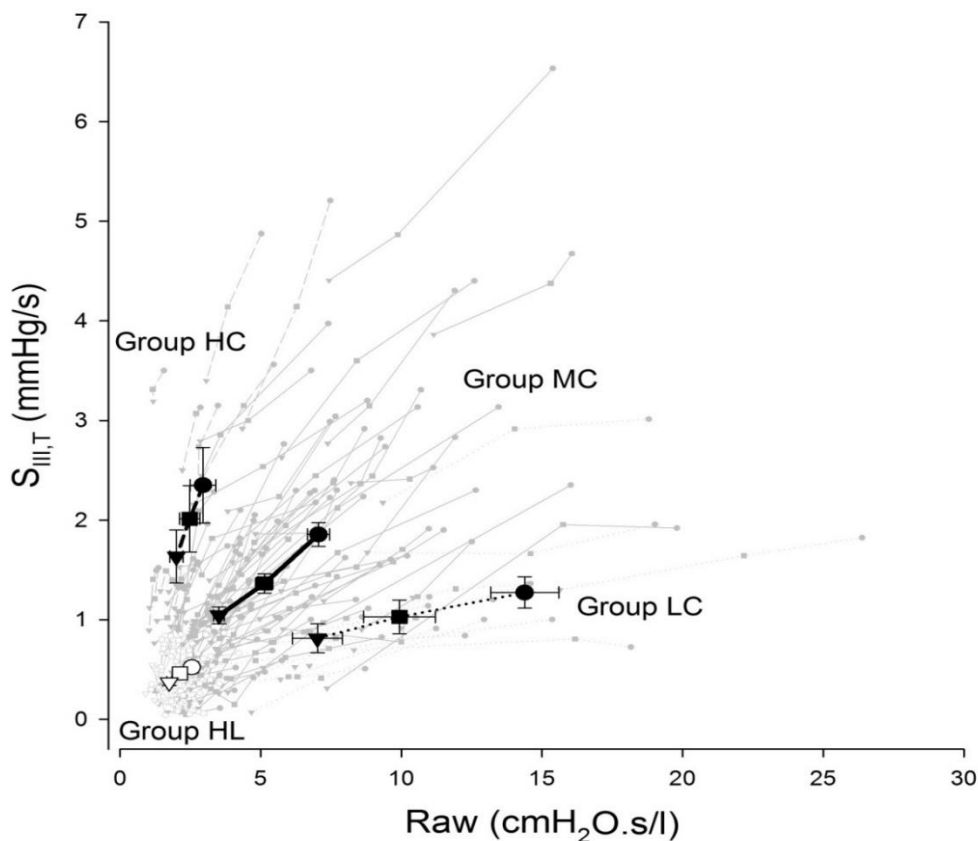


Figure 10. Relationship between forced oscillatory airway resistance (Raw) and phase III slope of time capnogram (S_{III,T}) at PEEP levels of 3 (X), 6 (V) and 9 cmH₂O (A) in patients with healthy lungs (Group HL), and in patients with respiratory symptoms with Crs in the lowest tenth percentile in Crs (Group LC), with Crs between the tenth and ninetieth percentile (Group MC) and with Crs above the ninetieth percentile (Group HC). Thin grey lines denote individual patients; thick black lines with symbols show group mean and SE values.

In all patients, R_{aw} and $S_{III,T}$ underwent concomitant monotonous decreases with increasing PEEP, but marked differences were observed between the protocol groups in the relationships of these parameters. The marked decreases in the high initial R_{aw} values were associated with substantially smaller drops in S_{III} in the patients in Group LC, whereas the PEEP-induced decreases in S_{III} were more pronounced than those in R_{aw} in the patients in Group HC. The patients in Group MC exhibited an intermediate R_{aw} – $S_{III,T}$ relationship. This trend of association was observed in the patients in Group HL at markedly lower levels of R_{aw} and S_{III} .

To examine the possible roles of obesity and lung congestion in the increased level of Crs, the effects of BMI and EF were considered (*Fig. 11*).

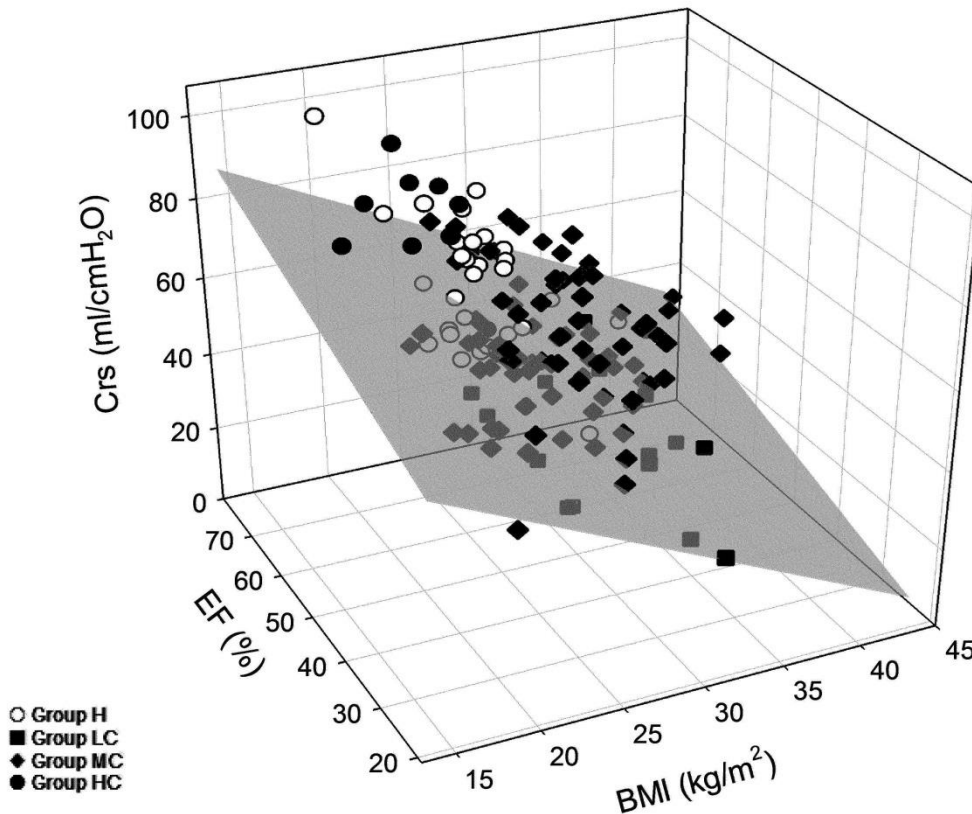


Figure 11. Effects of body mass index (BMI) and ejection fraction (EF) on dynamic respiratory compliance (Crs). The best fit plane is demonstrated with a mesh surface.

The patients in Group LC had significantly higher BMI ($p < 0.001$) and/or lower EF ($p < 0.001$) than those in Groups HL or HC, indicating that the low Crs was a consequence of restrictive changes resulting from obesity and/or heart failure leading to pulmonary

congestion (multiple linear regression coefficient of $R=0.58$). The important effects of BMI and EF on the group allocation was confirmed by the presence of a significant correlation ($R=0.53$, $p=0.005$ and $p<0.0001$ for EF and BMI, respectively).

4. DISCUSSION

The data presented in this thesis revealed that the capnogram shape indices in ventilated patients are specifically influenced by the resistive and elastic parameters of the lungs or the respiratory system.

Under control conditions with open chest before CPB, the phase II slope of the capnogram is predominantly determined by the pulmonary elastic recoil. However, markedly elevated lung resistance after CPB can additionally worsen the capnogram phase II slope. Similarly, at baseline conditions before CPB, the phase III slope is shaped overwhelmingly by the airway resistance. However, strikingly elevated lung elastance after CPB can also decrease the capnogram phase III slope.

The dual effect of the resistive and elastic forces on phase III slope was further investigated under closed chest conditions before CPB with increasing PEEP as a challenge. Detailed analysis of the time capnogram revealed a strong association between R_{aw} and $S_{III,T}$ when the respiratory mechanics was altered by increasing PEEP. However, due to the substantial inter-individual variability in this relationship, $S_{III,T}$ provides useful information about alterations in the airway calibre only within an individual patient. Grouping of the patients based on their C_{rs} revealed that i) the decrease in R_{aw} with increasing PEEP is reflected in a small decrease in $S_{III,T}$ in patients with low C_{rs} , ii) the increase in airway diameter with increasing PEEP was still reflected in a pronounced decrease in $S_{III,T}$ in patients with intermediate C_{rs} , and iii) $S_{III,T}$ was insensitive to changes in airway calibre when the C_{rs} was high. In patients with high compliance, S_{III} was the highest and the oxygenation was similar than in the healthy group. However, in patients with low C_{rs} , the S_{III} was similar than that in the healthy patients, but their oxygenation was the worst. The relative homogeneous open alveoli of the lung parenchyma are emptying heterogeneously in HC group patients. In contrast, the relative heterogeneous open part of the alveolar compartment is emptying homogeneously in patients in the LC group. Therefore, low S_{III}

does not predict appropriate oxygenation alone in patients with low Crs, because it only reflects the alveolar emptying of the working lung.

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

Phase III slope

The results demonstrated significant increases in both $S_{III,T}$ and $S_{III,V}$ immediately following the CPB. The elevations also appeared after normalization to the CO_2 concentration in the mixed expired gas (27) (*Fig. 4*). This finding differs from that observed previously in a smaller cohort of ventilated cardiac surgery patients, where no major changes were observed in the phase III slope after CPB (27). The discrepancy may be attributed to the more aggressive manoeuvres applied to recruit the lungs after the CPB in this earlier study, to the application of a higher PEEP (7 vs. 4 cmH₂O) and to the somewhat delayed measurement time after the CPB (15 min vs. 5 min).

The phase III slope of the capnogram is considered to reflect the summation of the ventilation inhomogeneities relating to the working alveolar compartments with different time constants and the ventilation-perfusion mismatch as concerns the dead-space and/or intrapulmonary shunt. The overall and the regional lung emptying are determined by the opposite effects of R_{aw} , G and the lung recoil tendencies. The role of the lung tissue stiffness decreases dynamically toward the end of expiration, and the elastic recoil affects S_{III} in patients with low or high compliance. R_{aw} , therefore, exerted the primary influence on the S_{III} parameters before the CPB (*Fig. 5 and 7*), independent from the initial lung function (i.e. HQ; *Fig. 6A*). This finding is in accord with the postulate of the close link between the airway cross-sectional area and S_{III} , based on spirometric data obtained previously in spontaneously breathing patients (50,53,57). Representing (G) or incorporating lung parenchymal resistive component (RL and R_{vent}) weakened the correlation substantially ($p < 0.0001$; *Fig. 5*). This suggests that under baseline conditions the internal friction in the lung tissue does not exert a major effect on the capnographic S_{III} indices, along with the lesser role of compliance. Following the CPB, significant associations appeared between the overall resistive and capnographic phase III slope parameters, due to the greatly elevated tissue resistance (*Fig. 5*). Thus, an elevated S_{III} may indicate the presence of lung disorders affecting not only the airways, but also the tissue resistive properties, such as observed

during interstitial edema in sepsis or cardiac failure (71). These phenomena are comprehensively confirmed by the significantly elevated concavity of the late expiratory flow (*Fig. 3*), the increase in V_{DE} and the diminished HQ (*Fig. 4*).

Phase II slope

The phase II slope was decreased following the CPB in both the time and the volumetric capnograms. This agrees with the results of the only earlier study, where the changes in S_{II} were measured 2 min after establishment of the full pulmonary blood flow (27). However, normalization of S_{II} to a possible lower CO_2 content of the expired gas (i.e. S_{nII}) after weaning from the CPB eliminated these changes (*Fig. 4*), because the intensity of axial gas mixing depends on the CO_2 concentration (27).

Phase II of the capnogram represents the overall width of the moving airway-alveolar gas front and its slope may be explained by opposing effects. The heterogeneous start of lung emptying, the reduced airway lumen and increased tissue damping may all contribute to the decreases, whereas an elevated elastic recoil and a low alveolar CO_2 content may counteract these changes in S_{II} (27,37,50,53). Before the CPB, the correlation analyses of the S_{II} parameters indicated their close relationship with the elastic properties of the lungs (*Fig. 5*), independent from the starting gas exchange ability of the lungs (*Fig. 6A*). This finding is in accordance with a wider phase II observed previously in emphysematous patients (36,72), and increases in S_{II} after compliance elevation through recruitment manoeuvres (37). Since PF is determined more by the lung tissue stiffness ($r=0.34$; $p<0.0001$ for H) than by the airway caliber ($r=0.09$; $p=0.34$ for R_{aw}), the significant correlation of PF with the phase II capnographic indices may also be attributed to the influence of the lung elastance during early expiration.

Independent of the direction and magnitude of change in HQ, the CPB-induced changes in S_{II} exhibited close correlations with the markedly elevated R_{aw} (*Fig. 6B*) and lung resistance parameters (RL and R_{vent} ; *Fig. 5*). This finding indicates that inhomogeneous airway constriction leads to a more sequential emptying of lung compartments with different CO_2 content even at the beginning of expiration, and thereby widens the airway-alveolar gas front with subsequent decreases in the phase II slope. The loss of correlations between the

changes in $S_{II,T}$ and C_{vent} (*Fig. 6B*) may be due to the complex and opposing phenomena affecting $S_{II,T}$, as described earlier.

Capnographic parameters reflecting phase transitions

The transition indices (α_{cap} , D_{2min} and D_{2Vmin}) reside in the same part of the capnogram, but their meanings are different. α_{cap} is the angle between S_{II} and S_{III} , i.e. the relationship between the overall gas front and the alveolar gas volume, while D_{2min} and D_{2Vmin} are related to the internal surface of the moving CO_2 diffusion front in the airways during expiration. The elevation observed in α_{cap} after the CPB reflects the combined alterations in S_{II} and S_{III} , whereas both second derivative parameters approached zero after the CPB (*Fig. 4*), demonstrating blunted (less cornered) transitions between capnographic phases II and III. This finding may be attributed to the highly heterogeneous severe airway constriction that develops after the CPB, which blurs the resulting diffusion front, measured in the central airway. The close associations between FEV_1 and the capnographic indices reflecting the phase II to phase III transition in spontaneously breathing patients is in accordance with this result (53). Our data further demonstrate that, in ventilated patients, the low compliance associated with the normal airway patency compresses the flow profile, resulting in a sharper phase II to phase III transition (*Fig. 7 and 8*). This finding reveals the sensitivity of D_{2min} and D_{2Vmin} parameters to changes in lung compliance as opposed to α_{cap} , which demonstrates rather resistive properties (*Fig. 5*).

Dead space and shunt parameters

The anatomical dead space (V_{DF}) was decreased slightly but consistently after the CPB (*Fig. 4*). Since this change was associated with marked increases in R_{aw} and LF (*Fig. 5, bottom*), the compromised lumen of the conducting airways and/or their exclusion from the ventilation may explain this finding. The dead-space parameter incorporating the additional volume of the unperfused alveoli (V_{DB}) followed very similar changing and correlation patterns, indicating the negligible unperfused, but ventilated alveolar compartment after the CPB. The bronchoconstriction resulting from the additive effects of SIRS and local hypocapnia may contribute to the low alveolar dead space. Conversely, supine position, surgery and CPB led to elevations in V_{DE} (*Fig. 4*), suggesting a substantial enlargement of

the volume of the not ventilated but perfused alveoli due to persistent atelectasis after the CPB (73,74).

The difference between V_{DE} and V_{DB} , which approximates the extent of the pulmonary shunt, was increased markedly after the CPB (*Fig. 4*). It is noteworthy that $V_{DE} - V_{DB}$ exhibited parallel changes and a significant correlation ($r=0.47$; $p<0.0001$) with the shunt fraction obtained from the classical shunt equation (Q_s/Q_t), highlighting the additional usefulness of volumetric capnography in the assessment of the intrapulmonary shunt (*Fig. 4*).

Methodological aspects

While patients with severe cardiopulmonary disorders were excluded from the present study, the pulmonary status of the participating subjects varied widely from relatively healthy lungs to obstructive and restrictive disorders. Such inter-individual variety of pulmonary symptoms with additional demographic and anthropometric differences is expected to occur in all health-care units providing ventilatory support. Therefore, this feature of the study is particularly favourable and also facilitates the performance of the correlation analyses.

It is also noteworthy that the results represent an open chest condition. Significant alteration in lung-thorax dynamics is expected to influence both the capnography indices and forced oscillatory data reflecting airway and tissue mechanics. The capnogram parameters are determined by the heterogeneity of the lungs, geometry of the airway tree and the forces exerted by the tissue resistive and elastic properties of the lungs and the chest wall. While our study allows an insight into the mechanisms coupling the capnogram and mechanical parameters, a further study in intact chest patients may be needed to generalize our findings.

A further important methodological aspect of the present study is related to the use of correlation analyses to assess the associations between parameters obtained by two different techniques. As a general rule, the existence of significant correlations between variables is necessary, but not sufficient to imply a causal relationship. In the present study, the lung mechanical and capnographic parameters are linked to each other through local common mechanisms governing lung emptying. Furthermore, the individual correlation results from consistent physiological and clinical findings. These considerations verify that causation can be inferred with great certainty.

Study 2: Respiratory mechanics and the capnogram phases: importance of dynamic compliance

The extent of emptying of lung compartments containing various CO₂ concentrations during mechanical ventilation and the shape of the resulting capnogram are determined by the airway geometry (i.e. the resistance) and the elastic recoil of the respiratory tissues (i.e. the driving pressure). Whereas the former has been investigated extensively (33,34,52,57,58), the importance of the latter factor remained unknown. While the time capnogram is most commonly used in clinical practice during mechanical ventilation, distinction of the second and third phases is not always trivial from the time domain analyses and this approach also excludes the consideration of the absolute concentration of CO₂ in the expired gas. Therefore, we also performed volumetric capnography in a subgroup of patients and normalized the capnogram third phase slope. The similar picture of these different slopes and the significant correlation between them demonstrates that the S_{III,T} used in clinical practice can provide relevant information about lung emptying. With the aim of acquiring a general picture, the bedside Crs was used in the present study to group the patients. A strong correlation was earlier demonstrated between the respiratory elastance derived from H and the Crs (75), which justifies the choice of Crs as an appropriate indicator of the respiratory recoil.

We formed four groups with regard to the clinical symptoms (healthy lungs) and the Crs values (diseased lungs with low, medium or high Crs). As expected, the variables reflecting resistive behavior were lowest in the Group HL and they had intermediate H and Crs, permitting fast emptying of the relatively homogeneous lungs, which then results in low capnogram third phase slope, and good PaO₂ (*Fig. 9*). The increase of PEEP to 6 cmH₂O caused no further improvement. The slight, but significant decreases in Raw and H and increases in Crs and PaO₂ at PEEP 9 cmH₂O may be a consequence of lung recruitment. The lack of decrease in the third phase slope indicates that this opening was relatively uniform in the lung periphery.

The patients in Group HC exhibited similar resistive properties to those in Group HL. However, the high Crs and low H may be a consequence of the loss of elastic recoil in the respiratory tissues, most probably due to emphysematous destruction, which was present in the vast majority of the patients in this group (*Table 1*). The presence of ventilation

heterogeneities is also apparent from the highest third phase slope indices. These can be explained by the existence of peripheral lung units with different small airway calibers and local time constants, resulting in a heterogeneous working lung. This structure leads to gas compartments containing variable CO₂ concentrations and also results in different local expiratory flows (43). These phenomena contribute to the sequential emptying of the lung periphery in time, which then increases the time domain and volumetric S_{III} values (22,28,29,33,76). Since Raw reflects mainly the flow resistance of the central conducting airways (60,75,77), this parameter is not able to detect such alterations in the presence of emphysematous changes (78). This pathology diminishes predominantly the expiratory flow, while the filling of the lung during mechanical ventilation may remain unaffected or even increased, explaining why P_{aO₂} was close to normal. The elevation of PEEP in Group HC decreased G, which is a prerequisite of decreased ventilation heterogeneities with alveolar recruitment (79,80), reflecting in lower capnogram third phase slopes, H, higher Crs and better Pa_{O₂} (34).

The worst respiratory mechanics and the lowest P_{aO₂} were observed in the patients in Group LC. Despite this striking difference, S_{III} expressed in time or by volumetry did not differ significantly from those observed in Group HL. This leads to the important observation that even hypoxemia may be associated with a medium level of capnogram third phase slopes, which corresponds to the limited value of capnography in the assessment of adequate blood oxygenation in this pathology (81,82). These results can most probably be attributed to the presence of lung regions that remain closed throughout the entire ventilator cycle, leading to some relatively open and fairly uniform working lung units and other, permanently closed, atelectatic lung units. In other words, the closing capacity in these lungs is expected to be higher than the sum of the functional residual capacity and the tidal volume. The persistent lung volume loss with subsequent decrease in the overall airway cross-sectional area is probably reflected in the substantially elevated Raw. Since PEEP elevation may be able to reopen these atelectases, the involvement of these phenomena is substantiated by the most pronounced decreases in the mechanical parameters with increasing PEEP resulting in lower S_{III} and elevated P_{aO₂}, which corresponds to earlier results on similar stiff lungs (22). Our results confirm previous clinical observations (32,34,77) that this pathophysiology can be triggered by obesity and/or lung congestion arising from a poor EF (*Table 1*). Taking into account the individual and the combined effects of BMI and EF

revealed that low EF or high BMI themselves may be responsible for the compromised Crs. However, the combination of such pathologies exerts additional detrimental effects that lower Crs even more dramatically (*Fig. 11*).

Group MC comprised patients with pulmonary pathologies with an intermediate Crs, a cohort that can be characterized by somewhat elevated airway and respiratory tissue parameters, and ventilation heterogeneities reflected in abnormally high capnography slope characteristics at a PEEP of 3 cmH₂O. This variable and the intermediate response to PEEP can be explained by concomitant presence of phenomena existing in Groups HC and LC, i.e. combined effects of expiratory flow limitation and persistent atelectases.

The overall Raw – S_{III,T} relationship was not strong enough to predict the value of Raw from S_{III,T} (*Fig. 10*), in agreement with previous findings (58,59). However, the changes in S_{III,T} within an individual patient were appropriate for an assessment or revealing trends of the altered Raw. It should be noted that the Raw – S_{III,T} relationship within a patient was highly dependent on the elastic recoil of the respiratory system. In the case of a small Crs, a minor change in S_{III,T} may reflect major alterations in airway patency. In contrast, large alterations in S_{III,T} may still be associated with small variations in Raw if Crs is high. This finding may explain the controversy in the literature concerning the presence or absence of a correlation between lung function parameters and capnogram indices (43,52,53,57).

The limitations of this study relate to the possible presence of complex cardiopulmonary pathologies within a given patient. The coexistence of opposing factors such as emphysematous changes and a poor left ventricular function precludes identification of the individual effects of pulmonary diseases on the course of the capnogram. An additional aspect is that the surgery did not allow a more time-consuming randomization of the PEEP levels. However, care was taken to provide sufficient time following a change in conditions so that equilibrium was reached, similarly to that allowed following PEEP changes in severe COPD patients (79). Another methodological limitation is related to the complex effects of PEEP including modification of the lung perfusion (27), increased FRC (63,83), which may all bias the changes in S_{III} and/or the mechanical parameters. However, our results are consistent even on PEEP 3 cmH₂O alone and the PEEP changes can be considered as reinforcement of the results and mechanisms that existed already at the lower PEEP. Auto-PEEP may be another important factor imposing a potential error with this bias

being the most apparent in the patients with high R_{aw} (i.e. Group LC) or low driving pressure and compromised emptying of emphysematous destructed alveoli (i.e. Group HC). Excluding the auto-PEEP would even enhance the R_{aw} dependence with PEEP, since R_{aw} would theoretically be even higher if auto-PEEP would have been ruled out. Another important feature of the present study is the use of Crs to separate the study groups. Since this parameter incorporates lung and chest wall properties, a separate assessment of which of these compartments are responsible for the altered elastic recoil of the respiratory system is not possible.

SUMMARY AND CONCLUSION

The present thesis describes studies focusing on capnography providing overlapping technical and vital physiological information about ventilation, circulation and metabolic processes. This technique is an often used, but not completely utilized monitoring method in the clinical practice. The data presented in this thesis revealed that the capnogram shape indices in ventilated patients are specifically influenced by the resistive and elastic parameters of the lungs or the respiratory system.

Study 1: Capnographic parameters: correspondence with airway and tissue mechanics

We characterized the relationships between the time or volumetric capnographic parameters and the lung mechanical indices reflecting the airway and the lung tissue viscoelastic properties in cardiac surgery patient underwent open heart surgery. Since the elastic forces are maximal at high lung volumes at early exhalation, the lung tissue stiffness predominantly determines the capnographic parameters in the early phase of expiration. Thus, in the vast majority of the cases, the phase-II slope of the capnogram is predominantly determined by pulmonary elastic recoil. Conversely, the resistive properties of the lungs become increasingly important during the later phase of expiration at lower lung volumes, and thus, the phase III slope is shaped overwhelmingly by the airway resistance. However, markedly elevated lung resistance additionally worsens the capnogram phase II slope. Similarly, severely compromised lung elastance also distorts the capnogram phase III slope.

Study 2: Respiratory mechanics and the capnogram phases: importance of dynamic compliance

Measurement of the respiratory mechanics and analysis of the capnogram slope demonstrated that changes in S_{III} expressed in time or volume domain provide useful information concerning alterations in airway calibre, but only within an individual patient. The assessment of $S_{III,T}$ during mechanical ventilation may be of value for bedside monitoring of the changes in airway resistance, but its sensitivity depends on the elastic recoil of the respiratory system. $S_{III,T}$ exhibits high sensitivity to detect changes in the airway resistance in case of high Cr_s , when the lung emptying is governed primarily by the small airway and alveolar geometry. In cases of stiff respiratory tissues, however, $S_{III,T}$ displays low sensitivity in indicating changes in airway caliber, when the lung emptying is determined by the high elastic recoil and depends less on the small airway geometry. The relatively low $S_{III,T}$ may result from homogenous alveolar emptying of an overinflated, but decreased fraction of lung parenchyma and may coincide with the compromised P_{aO_2} in these patients. In such cases, $S_{III,T}$ appears to be normal, therefore it can serve as a pitfall of the ventilation monitoring. A low and apparently physiological $S_{III,T}$ does not predict appropriate oxygenation alone. Thus, the shape of the capnogram should always be evaluated bedside in conjunction with Cr_s . The joint assessment of the capnogram and the respiratory mechanics is of particular importance in clinical situations when patients with a high BMI and/or a compromised left ventricular function are anesthetized and ventilated.

Since computational methods could be incorporated into the modern anaesthesia machines to quantify capnographic shape factors, these parameters together with the traditional bedside mechanical indices has the promise to improve differential diagnoses and advance guiding respiratory therapy. Overall, our results suggest that all the important clinical capacity of the capnography can be exploited during ventilation the patients in the anaesthesia and intensive therapy.

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**CAPNOGRAPHIC PARAMETERS IN VENTILATED PATIENTS:
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ABSTRACT

Background: Although the mechanical status of the lungs affects the shape of the capnogram, the relationships between the capnographic parameters and those reflecting the airway and lung tissue mechanics have not been established in mechanically ventilated patients. We therefore set out to characterize how the mechanical properties of the airways and lung tissues modify the indices obtained from the different phases of the time and volumetric capnograms, and how the lung mechanical changes are reflected in the altered capnographic parameters after a cardiopulmonary bypass (CPB).

Methods: Anesthetized, mechanically ventilated patients (n=101) undergoing heart surgery were studied in a prospective consecutive cross sectional study under the open-chest condition before and 5 min after CPB. Forced oscillation technique was applied to measure airway resistance (R_{aw}), tissue damping (G) and elastance (H). Time and volumetric capnography were performed to assess parameters reflecting the phase II (S_{II}) and III slopes (S_{III}), their transition (D_{2min}), the dead-space indices according to Fowler, Bohr and Enghoff and the intrapulmonary shunt.

Results: Before CPB, S_{II} and D_{2min} exhibited the closest ($p=0.006$) associations with H (0.65 and -0.57; $p<0.0001$, respectively), whereas S_{III} correlated most strongly ($p<0.0001$) with R_{aw} ($r=0.63$; $p<0.0001$). CPB induced significant elevations in R_{aw} and G and H ($p<0.0001$). These adverse mechanical changes were reflected consistently in S_{II} , S_{III} and D_{2min} , with weaker correlations with the dead-space indices ($p<0.0001$). The intrapulmonary shunt expressed as the difference between the Enghoff and Bohr dead-space parameters was increased after CPB ($95\pm 5[SEM]\%$ vs. $143\pm 6\%$; $p<0.001$).

Conclusions: In mechanically ventilated patients, the capnographic parameters from the early phase of expiration (S_{II} and D_{2min}) are linked to the pulmonary elastic recoil, while the effect of airway patency on S_{III} dominates over the lung tissue stiffness. However, severe deteriorations in lung resistance or elastance affects both capnogram slopes.

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INTRODUCTION

The capnogram is a curve reflecting the concentration change of carbon dioxide (CO_2) as an endogenous indicator during expiration. In addition to verifying the correctness of the airway management, capnography provides information about the uniformity of lung emptying and adverse changes in the overall airway geometry (1-8) and respiratory tissue stiffness (6-8), and it serves as a valuable tool for the recognition of pulmonary circulatory abnormalities (9-11). International recommendations for standards require the monitoring of ventilation with capnography in all patients undergoing sedation or general anesthesia (12,13).

Characterization of the relationships between standard lung function parameters and capnographic indices provides a valuable tool facilitating an understanding of the various shapes of the capnogram (1,2,14). However, the earlier studies demonstrating associations between the capnographic slope factors with the forced expiratory volume in 1 s (FEV_1) (1,14) and the peak expiratory flow (2,14) were limited to spontaneously breathing subjects. Despite the particular importance of recognizing adverse alterations in the pulmonary system in mechanically ventilated patients, details as to how the resistive and/or elastic properties of the pulmonary system affect the various indices derived from the capnogram are essentially lacking from the literature. In the present study, therefore, we set out to establish

the connections between the various phase, shape, dead-space or pulmonary shunt circulation parameters of the time or volumetric capnogram and those reflecting the airway and lung tissue mechanics, expiratory flow and gas exchange. In order to gain an insight into within-subject alterations in the pulmonary condition, a large cohort of ventilated patients were examined during cardiac surgery, a cardiopulmonary bypass (CPB) being applied to generate a temporary complex realignment in the pulmonary mechanics and circulation.

METHODS

Detailed description of the patients' characteristics, methodology and results can be found in an online supplement.

Patients

After they have provided their written informed consent, 101 patients (female/male: 30/71, 62±9 yrs) undergoing elective open heart surgeries were examined in a prospective, consecutive cross sectional manner. The study protocol was approved by the Human Research Ethics Committee of Szeged University, Hungary (no. WHO 2788). Patients were excluded in the event of severe cardiopulmonary disorders (pleural effusion >300 ml, ejection fraction <30%, BMI >35 kg/m² or intraoperative acute asthma exacerbation).

Anesthesia and surgery

Intravenous midazolam (30 µg/kg), sufentanil (0.4-0.5 µg/kg) and propofol (0.3-0.5 mg/kg) were applied to induce anesthesia. The maintenance of anesthesia and muscle relaxation was ensured by an intravenous infusion of propofol (50 µg/kg/min) and intravenous boluses of rocuronium (0.2 mg/kg every 30 min).

Endotracheal intubation was performed and the patients were mechanically ventilated in volume-controlled mode with descending flow (Dräger Zeus, Lübeck, Germany). The tidal volume was set to 7 ml/kg with a ventilator frequency of 9-14 breaths/min, a positive end-expiratory pressure (PEEP) of 4 cmH₂O, and an inspired oxygen fraction of (FiO₂) of 0.5. Arterial blood gas samples were analyzed to calculate the Horowitz coefficient ($HQ=P_{aO_2}/FiO_2$). During cardioplegic cardiac arrest, the lungs were not ventilated with maintaining no positive airway pressure. The lungs were then inflated 3-5 times to a peak airway pressure of 30 cmH₂O before declamping of the aorta to perform lung recruitment.

Forced oscillatory measurements

The low-frequency forced oscillation technique was applied to measure the lung mechanical properties, as detailed previously (15). The volume history was standardized by inflating the lungs to a pressure of 30 cmH₂O before the oscillatory measurements. Forced oscillatory signal was introduced into the lungs during short (15-s) apneic periods. The input impedance of the lung (ZL) was computed from the power spectra of the airway opening pressure and tracheal airflow. A model (16) containing a frequency-independent airway resistance (Raw) and inertance (Iaw) and a constant-phase tissue compartment characterized by the coefficients of damping (G) and elastance (H) was fitted to the mean ZL data. The lung tissue resistance (Rti) and the total lung resistance (RL) at the ventilation frequency (0.2 Hz) was also calculated from the ZL spectra.

Recording and analyses of the expiratory capnogram

A mainstream capnograph (Novamatrix, Capnogard[®], Andover, MA, USA) and another central airflow meter (Piston Ltd., Budapest, Hungary) were connected into the ventilatory circuit at the Y-piece, and 15-s CO₂ and ventilator flow traces were recorded simultaneously.

The CO₂ and ventilator flow traces were digitized and imported into custom-made signal analysis software. The slopes of phase III of the capnogram in the time (S_{III,T}) and in the volumetric (S_{III,V}) domains were determined by fitting a linear regression line to the last two-thirds of each phase-III traces (Fig. 1) (17,18). The phase-II slopes of the time (S_{II,T}) and volumetric (S_{II,V}) capnograms were determined by calculating the slopes of the best-fitting line around the inflection point ($\pm 20\%$). Each slope was divided by the average corresponding CO₂ concentration in the mixed expired gas to obtain normalized time (S_{nII,T} and S_{nIII,T}) and volumetric (S_{nII,V} and S_{nIII,V}) phase-II and III slopes (19-21). This normalization was made only for the slope indices, as performed earlier before and after CPB (11). The angle (α_{cap}) formed by the phase-II and III limbs of the expiratory time capnogram was also calculated by using a standard monitoring speed of 12.5 mmHg/s. The transition rates of change from phase II to phase III in the time (D_{2min}) and volumetric (D_{2Vmin}) capnograms reflecting the curvature were calculated as the minima of the second-order time and volumetric derivatives (22).

Besides these shape factors, dead-space parameters were derived from the volumetric capnograms. The Fowler dead space (V_{DF}), reflecting the anatomic dead-space volume of the conducting airways was determined by calculating the expired gas volume until the inflection point of phase II was reached in the volumetric capnogram (23,24). The physiological dead space, including also the alveolar volume not involved in gas exchange, was assessed by the Bohr method (V_{DB}) (25). The dead space according to Enghoff's modification (V_{DE}) was calculated; this takes also into account the ventilated, but not perfused alveoli (26).

We also calculated the differences between the Enghoff and Bohr dead-space parameters (V_{DE} - V_{DB}) representing the pulmonary shunt circulation. The intrapulmonary shunt blood flow (Q_S/Q_t) was additionally assessed via the Fick equation.

Under both experimental conditions, 3 to 5 expiratory traces in each recording were analyzed, resulting in the ensemble-averaging of 10-12 values for further analysis in each patient.

Analysis of the expiratory flow

To characterize the expiratory flow pattern, the expiratory phases of each V' recordings were analyzed by fitting an exponential function to the elevating limb (27):

$$V'(t) = V'_{pl} - PF \cdot e^{-LF \cdot t}$$

where V'_{pl} is the plateau flow before the beginning of the next inspiration, PF is the peak expiratory flow, and LF is related to the curvature of the expiratory curve. The parameter LF is related to the curvature of the expiratory curve; a larger value indicates a more concave shape in the late flow. Model fitting to the serial data points from the peak flow was performed until 90% of the equilibrium value of V'(t) was reached.

Measurement protocol

Two sets of measurements were made under the open-chest condition 5 min before the CPB and 5 min after the patient was weaned from the CPB. Recruitment maneuvers were performed before the weaning from the CPB. Each data collection period started with recordings of 3 to 5 capnogram traces. During this period, an arterial blood gas sample was

taken to measure P_{aO_2} and P_{aCO_2} for the calculation of HQ and V_{DE} , respectively. The total lung resistance (R_{vent}) and compliance (C_{vent}) displayed by the respiratory monitor of the ventilator were registered at this stage of the protocol. The data collections under both conditions were supplemented by recordings of 3 to 5 ZL data epochs at 1-min intervals.

Data analyses

Sample size estimation was applied to involve sufficient number of patients for the detection of clinically relevant significances. The type 1 error rate was set to 0.05, the statistical power was set to 0.85 and the clinically relevant effect size (alternative hypothesis) was considered to detect correlation coefficients $r=0.3$ versus $r=0$. The necessary sample size was 96.

Scatters in measured variables are expressed as SEM values. In the event of passing the normality test (marked in footnotes), paired t-tests were used to examine the statistical significance of the changes induced in the parameters by the CPB. Wilcoxon signed-rank tests were applied otherwise to verify the significance of the changes in the mechanical, capnographic or gas exchange parameters. The Pearson test was applied to analyze the correlations between the different variables. The comparison of Pearson correlation coefficients were made by Steiger's Z-test; these tests were performed between the particular and the nearest r values. Subgroups of patients were formed based on the initial HQ level (high and low 25 percentile), and based on the extremity of changes after surgery (top 25 percentile increase and bottom 25 percentile decrease in HQ, respectively). Time domain capnogram slope indices and Raw and C_{vent} and their changes after the surgery were also correlated in these subgroups and were compared to the results obtained from the pooled population. Values $p<0.05$ were considered to be statistically significant.

RESULTS

Parameters reflecting the lung mechanics and the expiratory flow are demonstrated in Fig. 2. All the resistive parameters including those reflecting the flow resistance of the airways (Raw) or of the lung tissues (Rti) or the combination of these compartments (R_{vent} and RL), exhibited marked and statistically significant increases after CPB ($p<0.0001$ for each). Conversely, more moderate, but still highly significant decreases were observed following CPB in the compliance parameters determined at end-expiratory lung volume by the oscillometry (CL) or at end-inspiratory lung volume by the ventilator (C_{vent}) ($p<0.0001$ for both). CPB induced no statistically detectable changes in PF ($p=0.5$), whereas the parameter LF, reflecting the curvature of the late flow, increased significantly ($p<0.0001$). The CPB-induced adverse lung mechanical changes were also reflected in the significant decrease in HQ (from 371 ± 11 to 350 ± 14 mmHg; $p=0.038^3$).

Figure 3 depicts the indices derived from the time and volumetric capnographic measurements before and after the CPB. Marked and statistically significant increases were observed in the time and volumetric parameters reflecting the phase-III slope of the expired CO_2 ($p<0.0001$ for $S_{III,T}$, $S_{nIII,T}$, $S_{III,V}$ and $S_{nIII,V}$) after the CPB. The slopes of phase II revealed significant decreases following CPB ($p<0.0001$ for both $S_{II,T}$ and $S_{II,V}$), whereas these drops were no longer detectable after normalization to the CO_2 concentration in the mixed expired gas ($p=0.4$ and 0.9 for $S_{nII,T}$ and $S_{nII,V}$, respectively¹). CPB increased the curvature representing the transition from phase II to phase III ($p<0.0001$ for both D_{2min} and D_{2Vmin}). Uniform decreases were detected in V_{DF} and V_{DB} ($p<0.0001$) after the CPB, whereas

³ Shapiro-Wilk test for normality passed ($p>0.41$)

V_{DE} increased significantly ($p < 0.0001$). These changes in the dead space parameters resulted in significant elevations in the shunt parameters reflecting the alterations in lung ventilation ($p = 0.02$ and $p < 0.0001$ for $V_{DB} - V_{DF}$ and $V_{DE} - V_{DB}$, respectively⁴) and perfusion (Q_s/Q_t , $p < 0.0001$).

Figure 4 illustrates the strengths of the correlations between the lung mechanical parameters (x-axis) and the time and volumetric capnographic parameters reflecting the slopes, transitions, dead-space and shunt fractions (y-axis).

The lung resistive parameters exhibited the closest associations with the phase-III slope capnographic parameters ($p < 0.0001$), particularly after the CPB, when all the indices reflecting the resistive properties of the pulmonary system were markedly elevated ($p < 0.0001$; Fig. 4, top panels). Significant, but somewhat weaker correlations were observed between the lung resistive parameters and the ventilation dead-space parameters V_{DF} ($p < 0.0001$) and V_{DB} ($p < 0.0001$). More specifically, the mechanical parameter representing the flow resistance of the airways (R_{aw}) correlated best ($p < 0.0001$) with the $S_{III,T}$ ($r = 0.63$ and 0.68 for $S_{III,T}$ before and after the CPB, respectively; $p < 0.0001$). Moreover, R_{aw} correlated significantly with $S_{III,V}$ ($r = 0.43$ and 0.55 for $S_{III,V}$ before and after CPB, respectively, $p < 0.0001$). Conversely, the mechanical parameters characterizing lung tissue elasticity (H and C_{vent}) showed the closest ($p = 0.006$) relationships with the time capnographic parameters describing the phase II ($r = 0.65$ and 0.41 between H and $S_{II,T}$ before and after the CPB, respectively; $p < 0.0001$). Normalization of the phase-III slopes to the CO_2 concentration in the mixed expired gas did not affect these relationships noticeably ($p = 0.71$). The pulmonary elastance and compliance parameters also revealed close associations with the capnographic indices reflecting the curvatures of the transitions between the phases, particularly before the CPB ($r = -0.57$ between H and D_{2min} ; $p < 0.0001$). The early and late-phase expiratory flow parameters revealed strong associations between PF and the dead-space indices both before and after the CPB. LF exhibited the strongest correlation with $S_{nIII,V}$ ($r = 0.53$; $p < 0.0001$).

As concerns the relationships between the CPB-induced changes in the lung mechanical and capnographic indices (Fig. 4, bottom panel), the marked elevations in R_{aw} correlated best ($p = 0.001$) with the decreases in the phase-II slope parameters of the time capnogram ($r = -0.72$ and -0.70 for $S_{II,T}$ and $S_{nII,T}$, respectively; $p < 0.0001$). The CPB-induced airway narrowing was also reflected in the elevated phase-III slope parameters of the time and volumetric capnograms ($r = 0.49$ for both $S_{III,T}$ and $S_{III,V}$; $p < 0.0001$), and the curvature of the transition between the phases in the time domain ($r = 0.6$ for D_{2min} ; $p < 0.0001$). The changes in the other mechanical parameters reflecting the tissue (G) or total lung resistance (RL or R_{vent}) displayed similar relationships with the alterations in the various capnographic indices after the CPB. Assessment of the mild CPB-induced stiffening of the lung tissue also revealed statistically significant correlations between the changes in C_{vent} and those in the phase-III slope parameters in both the time and volumetric capnograms ($r = -0.48$ for both $S_{nIII,T}$ and $S_{nIII,V}$; $p < 0.0001$). Neither the absolute values of HQ nor the changes following CPB exhibited close relationships with any other mechanical or capnographic indices; an association was observed with V_{DE} before the CPB ($r = 0.31$; $p < 0.0002$).

The relationships between the initial fundamental lung mechanical and capnographic indices for the subgroups of patients based on starting HQ are depicted on Fig. 5A. Strong positive significant correlations were observed between R_{aw} and phase III slope parameters ($p = 0.002$) and between C_{vent} and phase II slope parameters independently of the subgroup

⁴ Shapiro-Wilk test for normality passed ($p > 0.13$)

allocation ($p=0.001$). The initial C_{vent} - $S_{III,T}$ relationship was not significantly correlated ($p=0.20$), while the Raw - $S_{II,T}$ correlation appeared significant only for the pooled patient population ($p=0.0045$). The changes in Raw correlated to those in both slope variables ($p<0.0001$), whereas the alterations in C_{vent} were significantly related with those in phase III slopes ($p=0.023$, Fig. 5B).

Findings reflecting interindividual variability and demonstrating individual changes are included in the online supplement (Table 1S and Fig. 1S). A large range was obtained for the coefficient of variation in the initial lung mechanical and capnogram parameters (ranging from 25% to 169% for V_{DB} and $S_{nIII,T}$, respectively). Further interdependences of the main capnogram shape factors and lung mechanical parameters are illustrated in Fig. 2S in the online supplement.

DISCUSSION

Capnography is an essential part of the monitoring in patients requiring mechanical ventilation. The present study was motivated to elucidate how changes in the mechanical properties of the different lung compartments are reflected in the alterations in the shape, dead-space and pulmonary shunt circulation parameters obtained from the time or volumetric capnograms. A detailed characterization of the airway and lung tissue mechanics was combined with a comprehensive evaluation of the capnographic indices before and after a lung function deterioration induced by a CPB. Our study revealed the specific influence of the lung resistive and elastic parameters on the capnogram shape indices in ventilated patients.

Phase-III slope

The results demonstrated significant increases in both $S_{III,T}$ and $S_{III,V}$ immediately following the CPB. The elevations also appeared after normalization to the CO_2 concentration in the mixed expired gas (11) (Fig. 3). This finding differs from that observed previously in a smaller cohort of ventilated cardiac surgery patients, where no major changes were observed in the phase-III slope after CPB (11). The discrepancy may be attributed to the more aggressive maneuvers applied to recruit the lungs after the CPB in this earlier study, to the application of a higher PEEP (7 vs. 4 cmH_2O) and to the somewhat delayed measurement time after the CPB (15 min vs. 5 min).

The phase-III slope of the capnogram is considered to reflect the summation of the ventilation inhomogeneities relating to the working alveolar compartments with different time constants and the ventilation-perfusion mismatch as concerns the dead-space and/or intrapulmonary shunt. The overall and the regional lung emptying are determined by the opposite effects of Raw , G and the lung recoil tendencies (6). The role of the lung tissue stiffness decreases dynamically toward the end of expiration, and the elastic recoil affects S_{III} in patients with low or high compliance (6). Raw , therefore, exerted the primary influence on the S_{III} parameters before the CPB (Figs 4 and 1S), independent from the initial lung function (i.e. HQ; Fig. 5A). This finding is in accord with the postulate of the close link between the airway cross-sectional area and S_{III} , based on spirometric data obtained previously in spontaneously breathing patients (1,3,28). Representing (G) or incorporating lung parenchymal resistive component (RL and R_{vent}) weakened the correlation substantially ($p<0.0001$; Fig. 4). This suggests that under baseline conditions the internal friction in the lung tissue does not exert a major effect on the capnographic S_{III} indices, along with the lesser role of compliance. Following the CPB, significant associations appeared between the overall resistive and capnographic phase-III slope parameters, due to the greatly elevated tissue resistance (Fig. 4). Thus, an elevated S_{III} may indicate the presence of lung disorders affecting not only the airways, but also the tissue resistive properties, such as observed during interstitial edema in sepsis or cardiac failure (29). These phenomena are

comprehensively confirmed by the significantly elevated concavity of the late expiratory flow (Fig. 2), the increase in V_{DE} and the diminished HQ (Fig. 3).

Phase-II slope

The phase-II slope was decreased following the CPB in both the time and the volumetric capnograms. This agrees with the results of the only earlier study, where the changes in S_{II} were measured 2 min after establishment of the full pulmonary blood flow (11). However, normalization of S_{II} to a possible lower CO_2 content of the expired gas (i.e. S_{nII}) after weaning from the CPB eliminated these changes (Fig. 3), because the intensity of axial gas mixing depends on the CO_2 concentration (11).

Phase II of the capnogram represents the overall width of the moving airway-alveolar gas front and its slope may be explained by opposing effects. The heterogeneous start of lung emptying, the reduced airway lumen and increased tissue damping may all contribute to the decreases, whereas an elevated elastic recoil and a low alveolar CO_2 content may counteract these changes in S_{II} (1,3,11,30). Before the CPB, the correlation analyses of the S_{II} parameters indicated their close relationship with the elastic properties of the lungs (Fig. 4), independent from the starting gas exchange ability of the lungs (Fig. 5A). This finding is in accordance with a wider phase II observed previously in emphysematous patients (31,32), and increases in S_{II} after compliance elevation through recruitment maneuvers (30). Since PF is determined more by the lung tissue stiffness ($r=0.34$; $p<0.0001$ for H) than by the airway caliber ($r=0.09$; $p=0.34$ for Raw), the significant correlation of PF with the phase-II capnographic indices may also be attributed to the influence of the lung elastance during early expiration.

Independent of the direction and magnitude of change in HQ, the CPB-induced changes in S_{II} exhibited close correlations with the markedly elevated Raw (Fig. 5B) and lung resistance parameters (RL and R_{vent} ; Fig. 4). This finding indicates that inhomogeneous airway constriction leads to a more sequential emptying of lung compartments with different CO_2 content even at the beginning of expiration, and thereby widens the airway-alveolar gas front with subsequent decreases in the phase-II slope. The loss of correlations between the changes in $S_{II,T}$ and C_{vent} (Fig. 5B) may be due to the complex and opposing phenomena affecting $S_{II,T}$, as described earlier.

Capnographic parameters reflecting phase transitions

The transition indices (α_{cap} , D_{2min} and D_{2Vmin}) reside in the same part of the capnogram, but their meanings are different. α_{cap} is the angle between S_{II} and S_{III} , i.e. the relationship between the overall gas front and the alveolar gas volume, while D_{2min} and D_{2Vmin} are related to the internal surface of the moving CO_2 diffusion front in the airways during expiration. The elevation observed in α_{cap} after the CPB reflects the combined alterations in S_{II} and S_{III} , whereas both second derivative parameters approached zero after the CPB (Fig. 3), demonstrating blunted (less cornered) transitions between capnographic phases II and III. This finding may be attributed to the highly heterogeneous severe airway constriction that develops after the CPB, which blurs the resulting diffusion front measured in the central airway. The close associations between FEV_1 and the capnographic indices reflecting the phase-II to phase-III transition in spontaneously breathing patients is in accordance with this result (1). Our data further demonstrate that, in ventilated patients, the low compliance associated with the normal airway patency compresses the flow profile, resulting in a sharper phase-II to phase-III transition (Fig. 1S, C). This finding reveals the sensitivity of D_{2min} and D_{2Vmin} parameters to changes in lung compliance as opposed to α_{cap} , which demonstrates rather resistive properties (Fig. 4).

Dead space and shunt parameters

The anatomical dead space (V_{DF}) was decreased slightly but consistently after the CPB (Fig. 3). Since this change was associated with marked increases in Raw and LF (Fig. 4, bottom), the compromised lumen of the conducting airways and/or their exclusion from the ventilation may explain this finding. The dead-space parameter incorporating the additional volume of the unperfused alveoli (V_{DB}) followed very similar changing and correlation patterns, indicating the negligible unperfused, but ventilated alveolar compartment after the CPB. The bronchoconstriction resulting from the additive effects of SIRS and local hypocapnia may contribute to the low alveolar dead space. Conversely, supine position, surgery and CPB led to elevations in V_{DE} (Fig. 3), suggesting a substantial enlargement of the volume of the not ventilated but perfused alveoli due to persistent atelectasis after the CPB (33,34).

The difference between V_{DE} and V_{DB} , which approximates the extent of the pulmonary shunt, was increased markedly after the CPB (Fig. 3). It is noteworthy that $V_{DE} - V_{DB}$ exhibited parallel changes and a significant correlation ($r=0.47$; $p<0.0001$) with the shunt fraction obtained from the classical shunt equation (Q_s/Q_t), highlighting the additional usefulness of volumetric capnography in the assessment of the intrapulmonary shunt (Fig. 3).

Methodological aspects

While patients with severe cardiopulmonary disorders were excluded from the present study, the pulmonary status of the participating subjects varied widely from relatively healthy lungs to obstructive and restrictive disorders. Such interindividual variety of pulmonary symptoms with additional demographic and anthropometric differences are expected to occur in all health-care units providing ventilatory support. Therefore, this feature of the study is particularly favorable and also facilitates the performance of the correlation analyses.

It is also noteworthy that the results represent an open chest condition. Significant alteration in lung-thorax dynamics is expected to influence both the capnography indices and forced oscillatory data reflecting airway and tissue mechanics (35). The capnogram parameters are determined by the heterogeneity of the lungs, geometry of the airway tree and the forces exerted by the tissue resistive and elastic properties of the lungs and the chest wall (6). While our study allows an insight into the mechanisms coupling the capnogram and mechanical parameters, a further study in intact chest patients may be needed to generalize our findings. A further important methodological aspect of the present study is related to the use of correlation analyses to assess the associations between parameters obtained by two different techniques. As a general rule, the existence of significant correlations between variables is necessary, but not sufficient to imply a causal relationship. In the present study, the lung mechanical and capnographic parameters are linked to each other through local common mechanisms governing lung emptying. Furthermore, the individual correlation results from consistent physiological and clinical findings. These considerations verify that causation can be inferred with great certainty.

Summary and conclusions

In conclusion, we characterized the relationships between the time or volumetric capnographic parameters and the lung mechanical indices reflecting the airway and the lung tissue viscoelastic properties in cardiac surgery patient underwent open heart surgery. The lung tissue stiffness predominantly determines the capnographic parameters in the early phase of expiration, since the elastic forces are maximal at high lung volumes. Thus, in the vast majority of the cases, the phase-II slope of the capnogram is predominantly determined by pulmonary elastic recoil. Conversely, the resistive properties of the lungs become increasingly important during the later phase of expiration and thus, the phase-III slope is shaped overwhelmingly by the airway resistance. However, markedly elevated lung

resistance additionally worsens the capnogram phase II slope. Similarly, severely compromised lung elastance also distorts the capnogram phase III slope. Since computational methods could be incorporated into the modern anesthesia machines to quantify capnographic shape factors, these parameters together with the traditional bedside mechanical indices has the promise to improve differential diagnoses and advance guiding respiratory therapy.

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FIGURES

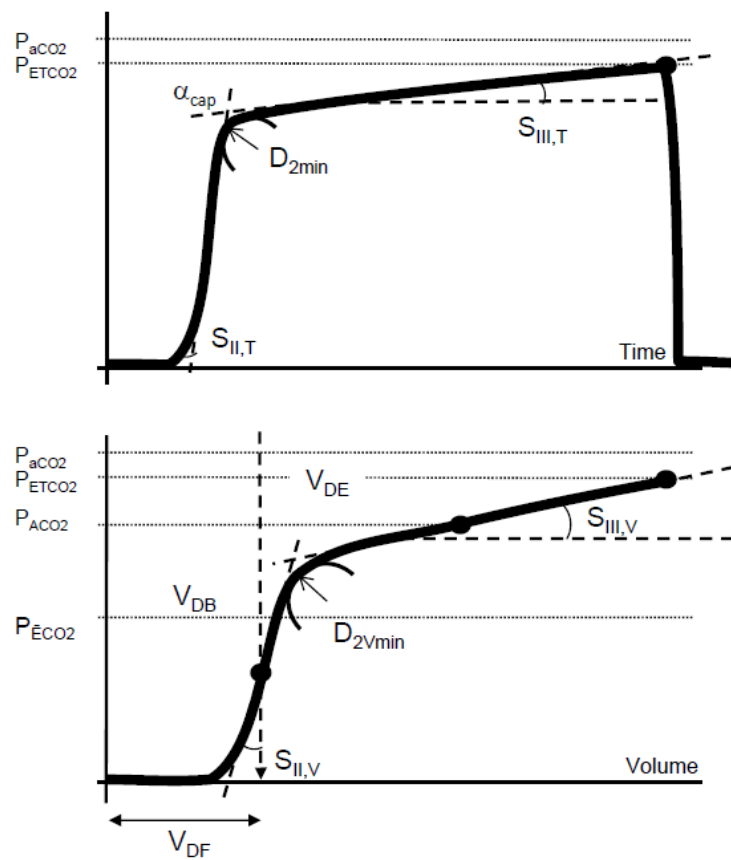


Figure 1. Shape factors and characteristic partial pressures derived from the time (top) and volumetric (bottom) capnograms. P_{aCO_2} : partial pressure of arterial blood CO_2 ; P_{ACO_2} : mean alveolar CO_2 concentration at the midpoint of phase III of CO_2 expiration; P_{ECO_2} : mixed partial pressure of CO_2 during the entire expiration; P_{ETCO_2} : end-tidal CO_2 concentration. $S_{II,T,V}$: phase II slope of the time and volumetric capnogram, respectively. $S_{III,T,V}$: phase III slope of the time and volumetric capnogram, respectively. D_{2min} and D_{2Vmin} : curvature at the phase II-III transitions, calculated as the minimum of the second-order time and volumetric derivative, respectively. α_{cap} : angle formed by the phase-II and phase-III limbs of the expiratory time capnogram.

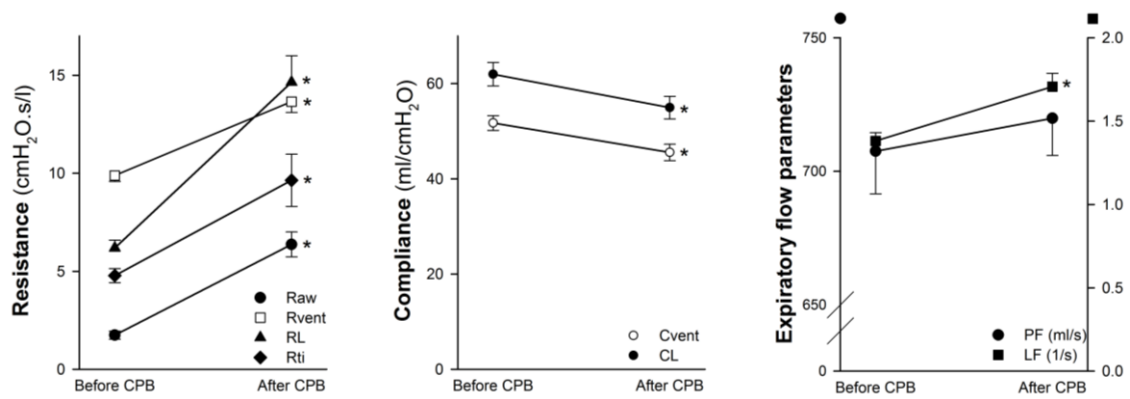


Figure 2. Resistive (Raw: airway resistance, R_{vent} : total lung resistance displayed by the ventilator, RL: total lung resistance obtained by oscillometry, Rti: tissue resistance obtained by oscillometry) and elastic lung mechanical parameters (C_{vent} : compliance displayed by the ventilator, CL: compliance determined by oscillometry) and expiratory flow indices (PF: peak flow, LF: late flow) before and after the cardiopulmonary bypass (CPB). *: $p < 0.05$ before vs. after the CPB. Values are expressed as mean \pm SEM.

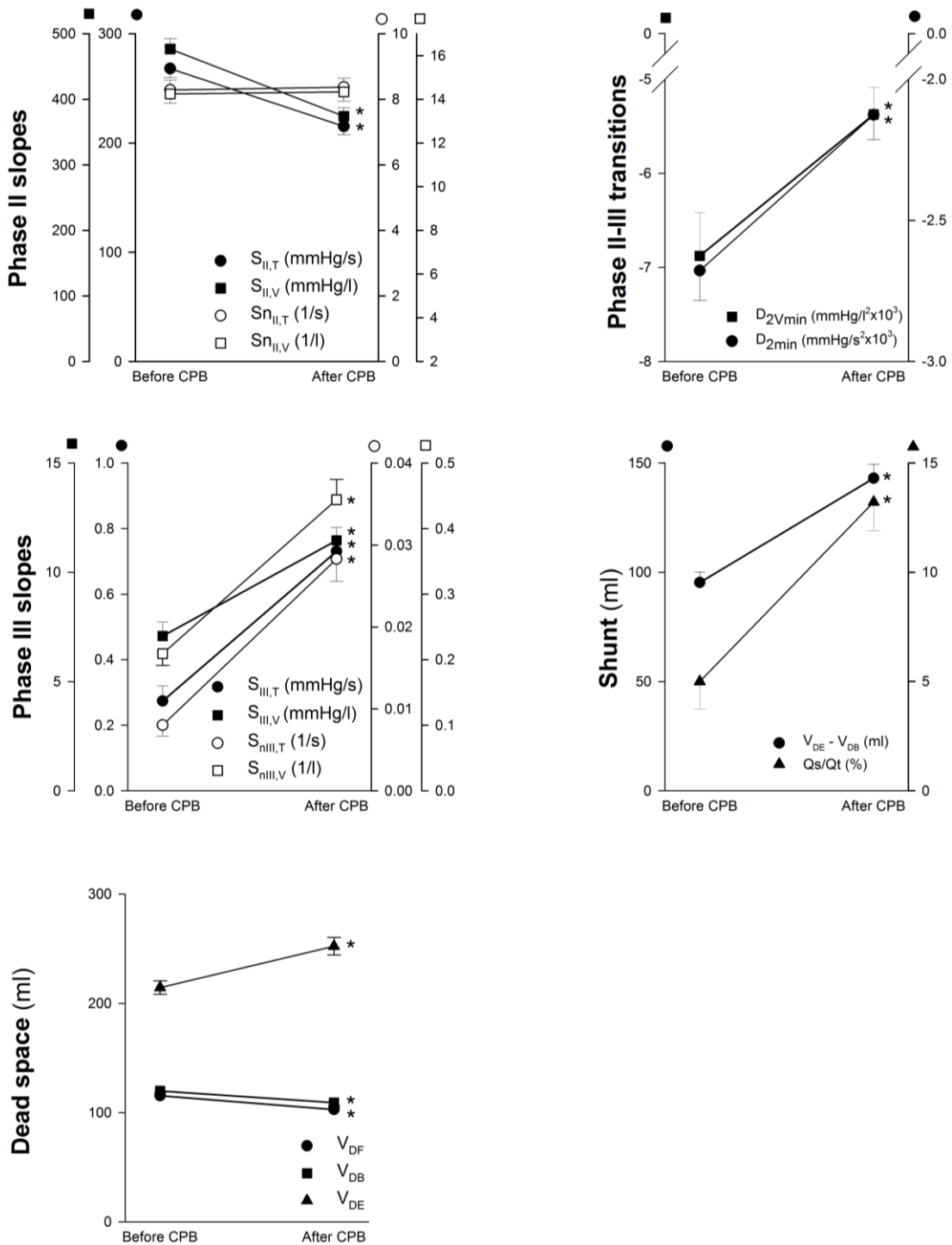


Figure 3. Indices derived from the time and volumetric capnographic measurements before and after the cardiopulmonary bypass (CPB). $S_{II,T,V}$ and $Sn_{II,T,V}$: absolute and normalized phase-II slopes of the time and volumetric capnogram, respectively. $S_{III,T,V}$ and $Sn_{III,T,V}$: absolute and normalized phase-III slopes of the time and volumetric capnogram, respectively. D_{2min} and D_{2Vmin} : curvature at the phase II-III transitions, calculated as the minimum of the second-order time and volumetric derivative, respectively. V_{DF} , V_{DB} and V_{DE} denote dead spaces according to Fowler, Bohr and Enghoff. Qs/Qt : intrapulmonary shunt blood flow. Values are expressed as mean \pm SEM.

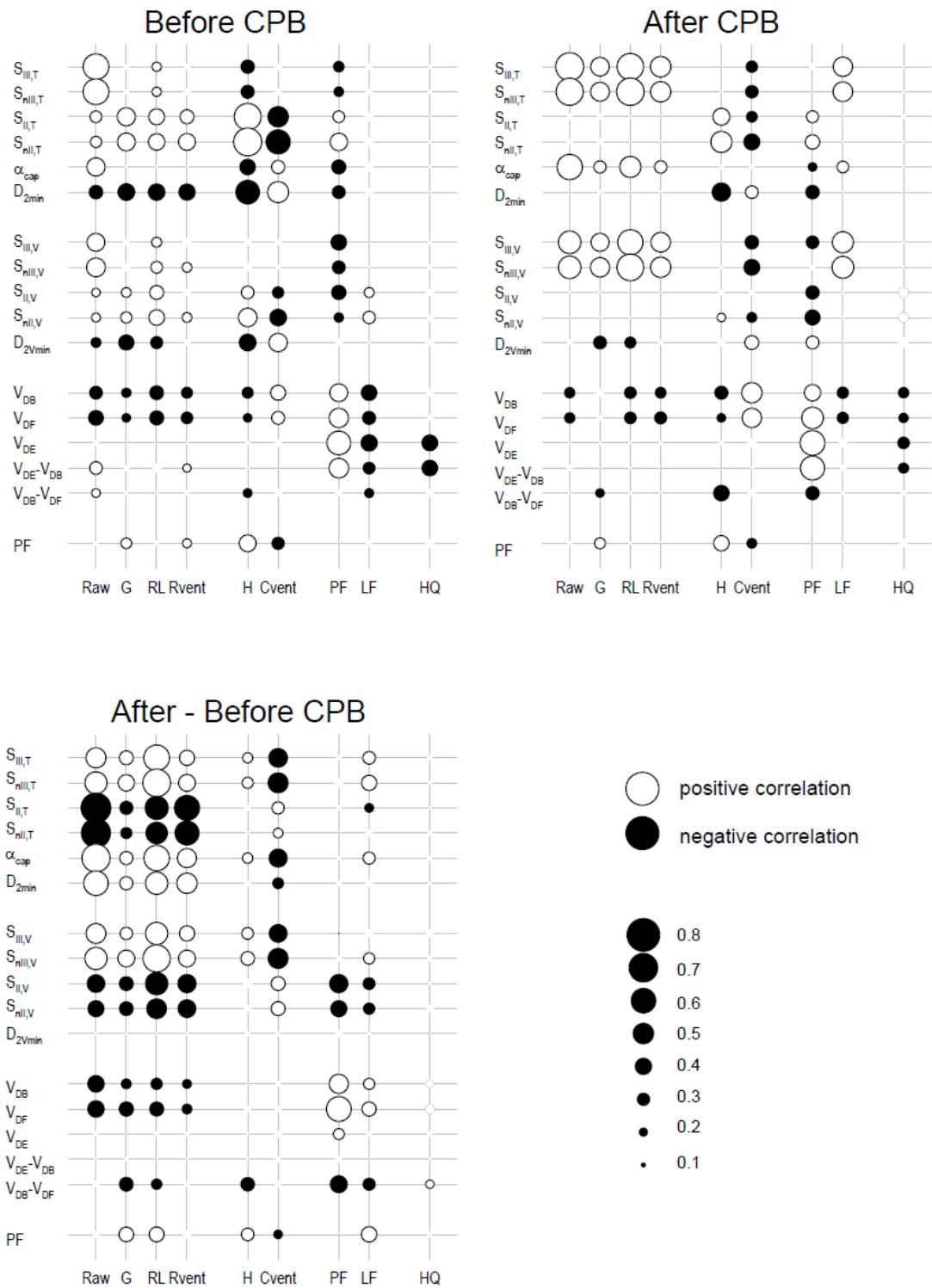


Figure 4. Strengths of correlations between the lung mechanical parameters (x-axis) and those obtained by time and volumetric capnography, reflecting the absolute and normalized slopes, and the absolute values reflecting transitions, dead space and shunt fractions (y-axis). The sizes of the circles denote the magnitude of the Pearson correlation coefficient. Open circles: significant positive correlation; closed circles: significant negative correlation; no circles: no significant correlation.

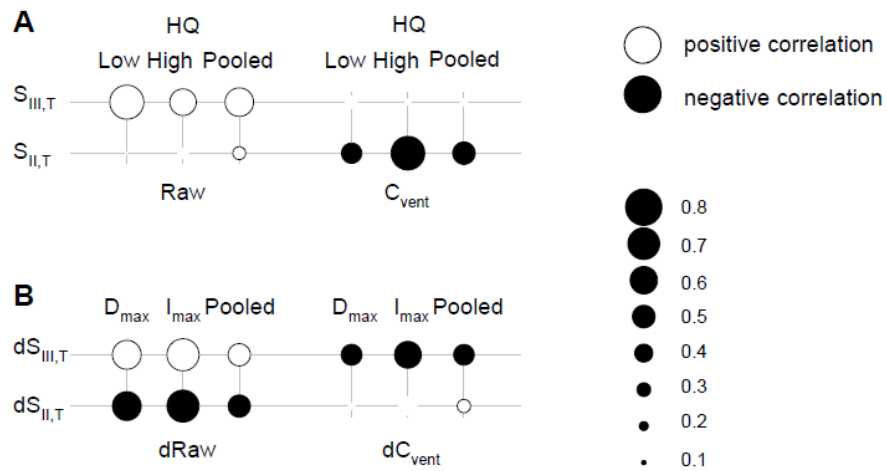


Figure 5. Strengths of correlations between the fundamental lung mechanical parameters (Raw and C_{vent} ; x-axis) and phase II and III slopes obtained by time capnography (y-axis). Panel A: correlations between initial absolute values in the whole population (Pooled) and in subgroups with 25 percentile low and high initial HQ levels. Panel B: correlations between the changes in these parameters for the whole population (Pooled) and in subgroups with the highest 25 percentile increase (I_{max}), and lowest 25 percentile decrease (D_{max}) in HQ after surgery. The sizes of the circles denote the magnitude of the Pearson correlation coefficient. Open circles: significant positive correlation; closed circles: significant negative correlation; no circles: no significant correlation.

ONLINE SUPPLEMENT
**CAPNOGRAPHIC PARAMETERS IN VENTILATED PATIENTS:
CORRESPONDENCE WITH AIRWAY AND LUNG TISSUE MECHANICS**
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METHODS

Patients' characteristics

One hundred and one patients (age range 30–88 yrs) undergoing elective open heart surgery were examined in a prospective, consecutive manner. The heart surgery was necessitated by aortic (n=70) and/or mitral (n=27) valve disease combined with ischemic heart disease (n=28), and/or other types of cardiac malformation (n=6), myxoma or aneurysm of the ascending aorta. Based on earlier medical reports, the patients exhibited wide-ranging variations in pulmonary status: some had no pulmonary symptoms (i.e. no history of lung disease, a normal BMI, no pleural effusion, no pulmonary congestion, no smoking history, no wheezing periods within the past 6 months, and no history of the use of bronchodilator drugs; n=16), whereas others had lung abnormalities causing restrictive (pulmonary congestion (n=56) and/or obesity (BMI \geq 31) (n=31)) and/or obstructive changes (emphysema (n=28), asthma (n=8) or chronic bronchitis (n=20)).

Cardiopulmonary bypass

Prior to cardiopulmonary bypass (CPB), 1500 ml of lactated Ringer's solution was used to prime the membrane oxygenator and the tube set. Heparin (300 IU/kg) was administered with the activated anticoagulation time maintained above 400 s. At the beginning of the CPB, mild hypothermia was generally applied to maintain esophageal temperature of 32 °C. During cardioplegic cardiac arrest, the lung ventilation was stopped, the ventilator was disconnected and no positive airway pressure was maintained in the lungs. The lungs were then inflated 3-5 times to a peak airway pressure of 30 cmH₂O before declamping of the aorta in order to facilitate the removal of gas emboli from the heart and to perform lung recruitment.

Forced oscillatory measurements

Airway and tissue mechanical properties were assessed by measuring the low-frequency forced oscillatory input impedance of the pulmonary system (ZL), as detailed previously (1). The common side of a T-piece was attached to a distal ET tube. The other sides of the T-piece containing two collapsible segments were connected to the respirator and the forced oscillatory measurement apparatus. Before the oscillatory measurements, the lungs were inflated to a pressure of approximately 30 cm H₂O to standardize the volume history. During short (15-s) apneic periods, this equipment allowed switching the patient from the respirator to the forced oscillatory system while pseudorandom pressure excitations were generated into the trachea. The pressure forcing signal contained 15 integer-multiple components in the frequency range 0.4-6 Hz. ZL was computed from the power spectra of the airway opening pressure (Pao) and tracheal airflow (V'). Pao was measured with a pressure transducer (ICS model 33NA002D; ICSensors, Milpitas, CA, USA), and V' was measured with a 28-mm ID screen pneumotachograph connected to the identical pressure transducer.

A well-validated 4-parameter model (2) containing a frequency-independent airway resistance (R_{aw}) and inertance (I_{aw}) and a constant-phase tissue compartment characterized by the coefficients of damping (G) and elastance (H) was fitted to the mean ZL data by minimizing the weighted differences between the measured and modeled impedance values:

$$ZL = R_{aw} + j\omega I_{aw} + (G - jH)/\omega^\alpha$$

where ω is the angular frequency ($2\pi f$) and $\alpha = 2/\pi \cdot \arctan(H/G)$. The tissue resistive component (R_{ti}) at the ventilation frequency (0.2 Hz) was calculated from the parenchymal damping coefficient ($R_{ti} = G/\omega^\alpha$). The total lung resistance (RL) was determined as the sum of the airway resistance (R_{aw}) and the R_{ti} ($RL = R_{aw} + G/\omega^\alpha$).

Dead space measurements

Fowler dead space

Fowler dead space (V_{DF}), represents the anatomic dead-space volume of the conducting airways (Fig. 1). This was assessed by determining the inflection point on phase II of volumetric capnogram that separates the conductive and the alveolar space volumes (3,4).

Bohr dead space

The physiological dead space, including also the alveolar volume not involved in gas exchange, was assessed by using the Bohr method (V_{DB}) (5):

$$V_{DB} = (P_{ACO_2} - P_{ECO_2}) / P_{ACO_2}$$

where P_{ACO_2} is the mean alveolar CO_2 concentration located at the midpoint of the phase III in the expired CO_2 curve, and P_{ECO_2} is the mixed partial pressure of CO_2 during the entire expiration (6,7). The latter is calculated as the ratio of the tidal elimination of CO_2 (V_{CO_2}) obtained by integrating the flow and CO_2 signals over the entire breath and the tidal volume (6,7).

Enghoff dead space

The dead space according to Enghoff's modification (V_{DE}) takes also into account the ventilated but not perfused alveoli (8), and can therefore be calculated as

$$V_{DE} = (P_{aCO_2} - P_{ECO_2}) / P_{aCO_2}$$

where P_{aCO_2} is the partial pressure of CO_2 in the arterial blood.

Statistical analyses

Standard error of means (SEM) was used to express scatters in measured variables. The normality of the data was tested with the Kolmogorov-Smirnov test with the Lilliefors correction. In the event of normality, paired t-tests were used to examine the statistical significance induced by CPB in the parameters. Wilcoxon signed-rank tests were utilized to verify the significance of the changes in the mechanical, capnographic or gas-exchange parameters. The Pearson test was applied to analyze the correlations between the different variables under each measurement condition, and to test the strength of the associations between the CPB-induced changes in the various parameters. The statistical tests were performed with a SigmaPlot statistical software package (Version 12.5, Systat Software, Inc. Chicago, IL, USA). All reported p values were two-sided.

SUPPLEMENTAL RESULTS

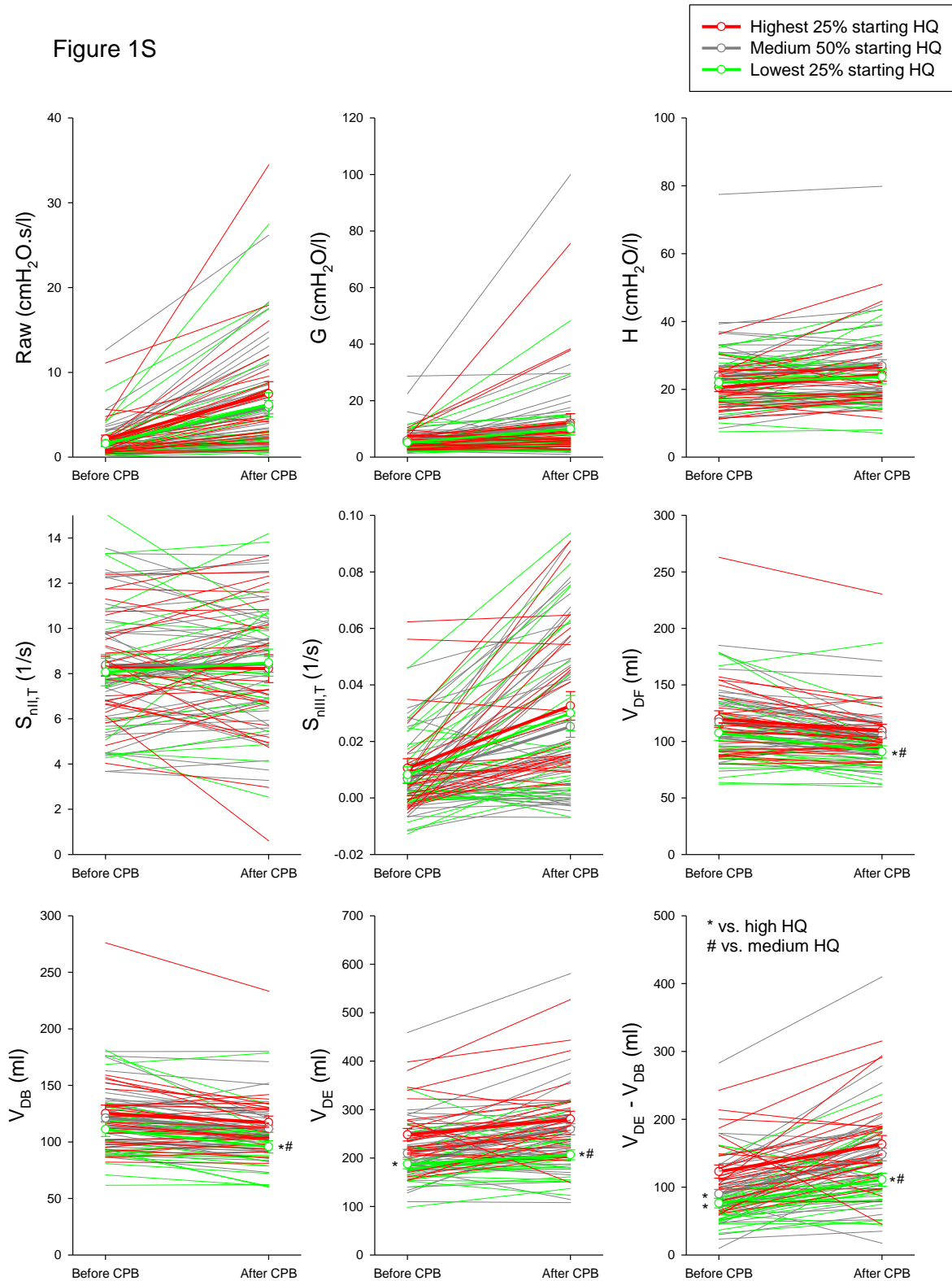
The patients exhibited substantial interindividual variability in the lung mechanical and capnographic parameters (Table 1S), as reflected in the high coefficient of variation values before, after and the differences between after and before values.

	Before	After	After-Before CPB
Raw	116	98	109
G	69	127	227
H	41	44	262
$S_{nII,T}$	36	33	1163
$S_{nIII,T}$	169	96	113
V_{DF}	26	24	-134
V_{DB}	25	24	-138
V_{DE}	28	32	156
$V_{DE}-V_{DB}$	50	45	114

Table 1S. Coefficients of variations for the lung mechanical (Raw, G and H) and capnographic parameters ($S_{nII,T}$, $S_{nIII,T}$, V_{DF} , V_{DB} , V_{DE} , $V_{DE}-V_{DB}$).

The key parameters obtained by forced oscillations and capnography for the individual patients are demonstrated on Fig. 1S (continuous thin lines), and for the group means (symbols with thick lines). Based on their starting pulmonary function, the cohort was divided into 3 groups: patients with the highest 25% (red), the medium 50% (grey) and the lowest 25% HQ (green). There was no evidence for a statistical significance between the groups in the lung mechanical parameters (Raw, G and H) and capnographic shape factors ($S_{nII,T}$ and $S_{nIII,T}$). This can be attributed to the complex pathophysiological processes involved in the gas exchange, including ventilation, perfusion and ventilation/perfusion. Accordingly, there is no direct link between individual lung mechanical or capnogram parameters with gas exchange indices. Conversely, capnographic parameters primarily affected by lung perfusion (V_{DF} , V_{DB} , V_{DE} and $V_{DE}-V_{DB}$) exhibit statistically significant differences in the different HQ groups.

Figure 1S



The interdependence of the main shape factors obtained from the time capnogram with lung mechanical parameters representing the airway resistance (Raw) and lung elastance (H) under the baseline conditions are demonstrated in Fig. 2S. The magnitude of $S_{nIII,T}$ depends more on Raw than on H (Panel A), whereas the level of $S_{nII,T}$ appears to be determined primarily by H, with lower correlations with Raw (Panel B). The capnographic parameters

expressing the transition from phase II to phase III (D_{2min}) displayed stronger, but opposite dependence on H than on Raw (Panel C).

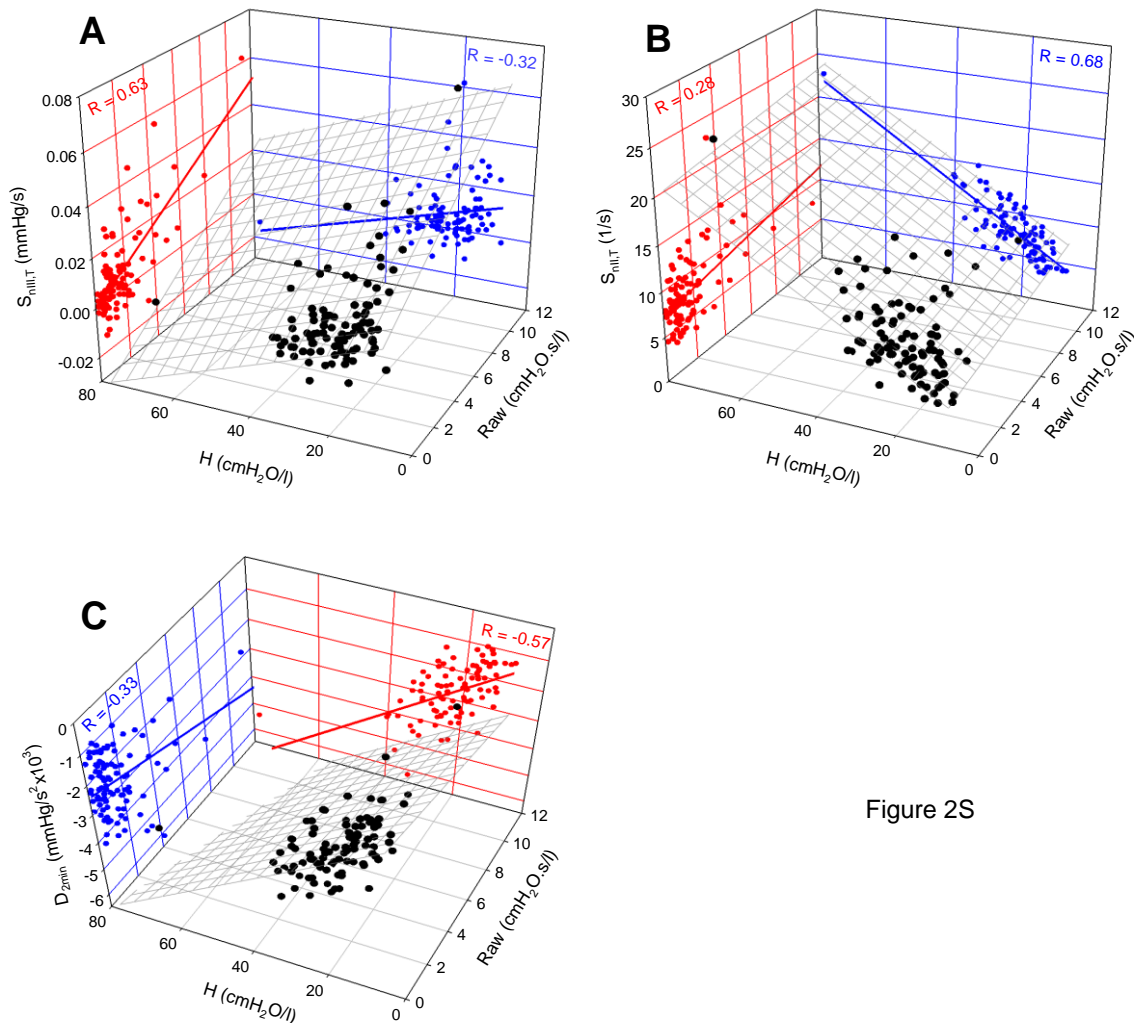


Figure 2S

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RESEARCH

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Effects of respiratory mechanics on the capnogram phases: importance of dynamic compliance of the respiratory system

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Abstract

Introduction: The slope of phase III of the capnogram (S_{III}) relates to progressive emptying of the alveoli, a ventilation/perfusion mismatch, and ventilation inhomogeneity. S_{III} depends not only on the airway geometry, but also on the dynamic respiratory compliance (Cr_s); this latter effect has not been evaluated. Accordingly, we established the value of S_{III} for monitoring airway resistance during mechanical ventilation.

Methods: Sidestream capnography was performed during mechanical ventilation in patients undergoing elective cardiac surgery ($n = 144$). The airway resistance (Raw), total respiratory resistance and Cr_s displayed by the ventilator, the partial pressure of arterial oxygen (PaO₂) and S_{III} were measured in time domain (S_{T-III}) and in a smaller cohort ($n = 68$) by volumetry (S_{V-III}) with and without normalization to the average CO₂ phase III concentration. Measurements were performed at positive end-expiratory pressure (PEEP) levels of 3, 6 and 9 cmH₂O in patients with healthy lungs (Group HL), and in patients with respiratory symptoms involving low (Group LC), medium (Group MC) or high Cr_s (Group HC).

Results: S_{T-III} and S_{V-III} exhibited similar PEEP dependencies and distribution between the protocol groups formed on the basis of Cr_s. A wide interindividual scatter was observed in the overall Raw- S_{T-III} relationship, which was primarily affected by Cr_s. Decreases in Raw with increasing PEEP were reflected in sharp falls in S_{III} in Group HC, and in moderate decreases in S_{III} in Group MC, whereas S_{T-III} was insensitive to changes in airway caliber in Groups LC and HL.

Conclusions: S_{III} assessed in the time domain and by volumetry provide meaningful information about alterations in airway caliber, but only within an individual patient. Although S_{T-III} may be of value for bedside monitoring of the airway properties, its sensitivity depends on Cr_s. Thus, assessment of the capnogram shape should always be coupled with Cr_s when the airway resistance or oxygenation are evaluated.

Introduction

Capnography is a noninvasive, continuous, online, dynamic, effort- and cooperation-independent method for bedside monitoring of the exhaled carbon dioxide (CO₂) concentration. The slope of the third phase of the capnogram (S_{III}) is determined physiologically by the continuous CO₂ excretion from the pulmonary vasculature and the periodic lung ventilation [1,2], and the interactions between the diffusive and convective gas mixing [3-5]. The development of pathophysiological

ventilatory and/or perfusion inhomogeneities in time and space leads to lung compartments containing various CO₂ concentrations, and this may further elevate S_{III} [2,6-13].

The sensitivity of S_{III} to ventilation/perfusion abnormalities suggested its clinical usefulness for the detection of respiratory abnormalities or the following of ventilatory and/or pharmacological interventions. Numerous studies have demonstrated that the magnitude of S_{III} reflects the severity of emphysema or asthma [4,11,13-17], cystic fibrosis and bronchiectasis [8], chronic obstructive pulmonary disease (COPD) [7], chronic bronchitis [9] and acute lung injury [6,10]. Inconsistent associations have been reported in previous attempts to clarify the quantitative relationships

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between capnographic and lung function indices. Earlier studies reported a strong correlation between the forced expiratory volume in one second (FEV_1) and S_{III} [15], merely a modest association [11,16], or even a lack of correspondence [13]. Furthermore, significant correlations were observed between the total respiratory resistance (R_{rs}) and S_{III} in mechanically ventilated patients, however S_{III} had limited clinical applicability to predict R_{rs} [18]. Thus, in consequence of the complex mechanisms affecting S_{III} , its diagnostic and/or monitoring value is far from being clear. The diverse emptying of different lung compartments with various CO_2 levels is determined not only by the airway geometry, but also by the driving pressure governed by the dynamic respiratory compliance (C_{rs}), including the chest wall and the lung. Despite the obvious importance of respiratory tissue elastance in determining the expiratory flow and the rate of CO_2 clearance, the role of the respiratory elastic recoil on the capnogram shape has not been examined to date.

The aim of the present prospective consecutive clinical study was to investigate systematically whether the capnogram shape is affected by changes in both airway caliber and the C_{rs} in mechanically ventilated patients. We also set out to clarify the contribution of the altered airway properties and tissue mechanics with increasing positive end-expiratory pressure (PEEP) to the changes in S_{III} . To test the hypothesis that both the airway geometry and the C_{rs} reflecting the elastic recoil of the respiratory system affect S_{III} , a large cohort of mechanically ventilated patients with normal and diseased lungs was studied.

Materials and methods

Patients

One hundred and forty-four patients (93 males, 51 female, 62 ± 9 (mean \pm SD) years of age (range 39 to 84 years)) undergoing elective coronary bypass surgery were examined in the supine position before the surgical procedure. The protocol was approved by the Human Research Ethics Committee of Szeged University, Hungary (no. WHO 2788), and the patients gave their informed consent to the study. The patients were premedicated with intramuscular morphine (0.07 mg/kg) and midazolam (0.07 mg/kg) 1 h before the operation. Anesthesia was induced with i.v. midazolam (30 μ g/kg), sufentanil (0.4 to 0.5 μ g/kg) and propofol (0.3 to 0.5 mg/kg). Muscle paralysis was achieved with an i.v. bolus of rocuronium (0.6 mg/kg). The anesthesia and muscle relaxation were maintained with i.v. infusions of propofol (50 μ g/kg/min) and i.v. boluses of rocuronium (0.2 mg/kg every 30 min).

The trachea was intubated with a cuffed endotracheal tube with an internal diameter of 7, 8 or 9 mm, and the patients were ventilated with a Dräger Zeus anesthesia machine (Lübeck, Germany) in volume-controlled mode

with descending flow. The ventilator frequency was set to 12 to 14 breaths/min, a tidal volume of 7 ml/kg and a PEEP of 3 cmH₂O were applied. The fraction of inspired oxygen (FiO_2) was maintained at 0.5 throughout the entire study period. Arterial blood gas samples were analyzed at least hourly (Radiometer ABLTM 505, Copenhagen, Denmark). The ejection fraction (EF) data were collected from preoperative echocardiography. The body mass index (BMI) of each patient was calculated.

The patients had various cardiac diseases including ischemic heart disease ($n = 108$), a mitral insufficiency ($n = 21$), aortic stenosis ($n = 38$), and other types of cardiac malformation ($n = 5$), such as myxoma, congenital heart disease or aortic aneurysm. The patients exhibited wide variations in their pulmonary status, with some of them having no pulmonary symptoms (that is, no history of lung disease, normal BMI, no pleural effusion, no pulmonary congestion, no smoking history, lack of wheezing periods within the past six months, lack of use of bronchodilator drugs; $n = 29$). Others had lung abnormalities causing restrictive (pulmonary congestion ($n = 45$) or obesity (BMI ≥ 31 ; $n = 48$)) and/or obstructive changes (emphysema ($n = 55$), asthma ($n = 14$), chronic bronchitis ($n = 25$) or sarcoidosis ($n = 1$)).

To establish whether the elastic properties of the respiratory system affected the capnogram shape, the patients with respiratory symptoms were allocated into three groups, on the basis of their C_{rs} . This C_{rs} was determined 10 min after anesthesia induction and a lung volume homogenization maneuver (that is, lung inflation and maintenance at a transrespiratory pressure of 30 cmH₂O for 5 s) when stable hemodynamic and ventilatory conditions at PEEP 3 cmH₂O have been reached (that is, prior to the first capnogram recording). Group LC comprised patients with C_{rs} in the lowest tenth percentile ($C_{rs} < 34.5$ ml/cmH₂O; $n = 15$), and Group MC patients with C_{rs} between the tenth and the ninetieth percentile ($34.5 < C_{rs} < 69$ ml/cmH₂O; $n = 85$), and Group HC patients with C_{rs} above the ninetieth percentile ($C_{rs} > 69$ ml/cmH₂O; $n = 15$). Patients with healthy lungs were regarded as an independent group (Group HL; $n = 29$). The patients were classified based on the C_{rs} measured after a lung volume recruitment maneuver. The characteristics of the patients in each protocol group are summarized in Table 1. The age of the patients did not differ significantly in the different groups ($P = 0.16$).

Measurement of airway and respiratory tissue mechanics

Details of the measurement of the input impedance of the respiratory system (Z_{rs}) were reported previously [19]. Briefly, a T-piece with two collapsible segments was attached to the distal endotracheal tube, with one end connected to the respirator and the other end to a loud-speaker-in-box system. This apparatus allowed switching

Table 1 Number of patients with different conditions/diagnoses in each protocol group.

	Gender* (m/f)	Obesity* (n/ow/ob)	Pulmonary status E*/A*/CB*/OLD	Cardiac disease CAD/AS/MI/LEF*/OCD
Group HL (n = 29)	20/9	10/19/-	-/-/-	26/3/3/-/1
Group HC (n = 15)	15/-	8/7/-	14/-/6/-	11/4/-/-
Group MC (n = 84)	56/28	12/28/44	37/10/15/2	61/28/8/10/3
Group LC (n = 15)	3/12	-/5/10	4/4/4/-	10/3/1/8/1

Obesity categories: n, normal ($20 \leq \text{BMI} < 25$); ow, overweight ($25 \leq \text{BMI} < 30$); ob, obese ($30 \leq \text{BMI}$). Pulmonary status: E, emphysema; A, asthma; CB, chronic bronchitis; OLD, other lung disease. Cardiac disease: CAD, coronary artery disease; AS, aortic stenosis; MI, mitral insufficiency; LEF, low ejection fraction ($\text{EF} < 50\%$); OCD, other cardiac disease. Pulmonary and cardiac conditions are based on previous clinical diagnoses. *, $P < 0.05$ between the expected and the observed frequencies in the protocol groups for each variable. Group HC, group of patients with high dynamic respiratory compliance; Group HL, group of patients with healthy lungs; Group LC, group of patients with low dynamic respiratory compliance; Group MC, group of patients with medium dynamic respiratory compliance.

of the patient from the respirator to the forced oscillatory setup during the recordings. These were performed by generating pseudorandom pressure excitations into the trachea during short (15 s) apneic pauses superimposed into the mechanical ventilation. The forcing signal contained 30 integer-multiple components of the 0.2 Hz fundamental frequency, in the frequency range 0.2 to 6 Hz. Tracheal airflow (V') was measured with a 28 mm ID screen pneumotachograph connected to a differential pressure transducer (ICS model 33NA002D; ICSensors, Milpitas, CA, USA). The airway opening pressure (P_{ao}) was detected with an identical pressure transducer. Zrs was computed from the power spectra of P_{ao} and V' , and then ensemble-averaged under each condition. The mean Zrs data were fitted by a well-validated four-parameter model [20] containing a frequency-independent airway resistance (R_{aw}) and inductance (I_{aw}) and a constant-phase tissue compartment characterized by the coefficients of damping (G) and elastance (H).

Recording and analyses of the capnogram

Changes in partial CO_2 pressure in the exhaled gas during mechanical ventilation were measured with a calibrated sidestream capnometer (Ultima™, Datex/Instrumentarium, Helsinki, Finland). Since capnograms are displayed in clinical routine in the time domain, time capnography was applied in each patient to record CO_2 changes. To minimize the possible drawback of this time domain analyses, we paid attention to involve only the linear part of the CO_2 trace in the readings of S_{III} . Nevertheless, volumetric capnography may allow a better distinction between the phases [2,4,6,7,10,12,14,21] and thus, in a subgroup including the last 68 patients, the flow during mechanical ventilation was simultaneously recorded with the CO_2 traces by introducing an additional pneumotachograph into the ventilation circuit. This allowed the analyses of volumetric capnograms in 20, 7, 32 and 9 patients in the Groups HL, HC, MC and LC, respectively. The 15 s CO_2 and respiratory flow traces were imported into commercial signal analysis software (Biopac, Santa Barbara, CA, USA). Linear regression analysis was applied to obtain the slope of the

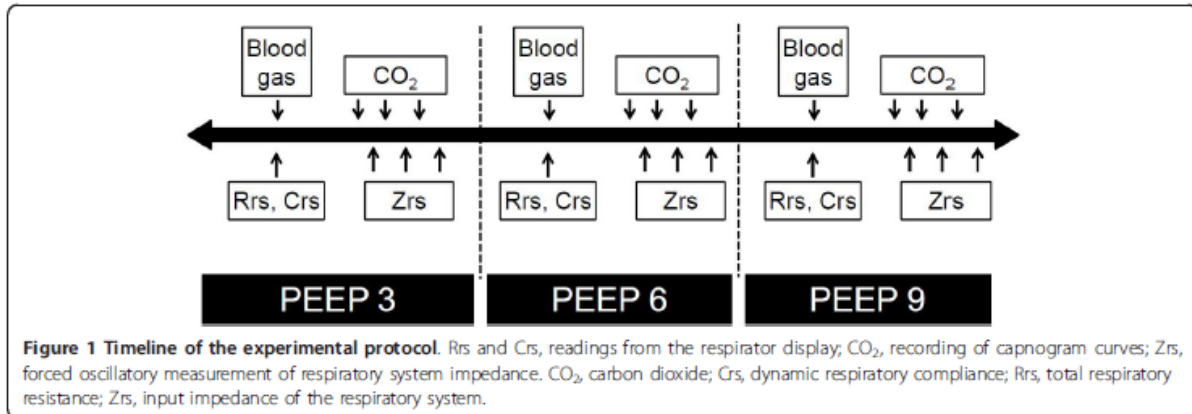
third phase of the expiratory capnogram in the time domain (S_{T-III}) and CO_2 concentration was analyzed as a function of expired volume to obtain the volumetric third phase slope (S_{V-III}). These analyses were performed by fitting a line for each expiratory phase in the recordings in the linear phase before the end-expiratory peak [6,11]. Both S_{T-III} and S_{V-III} were normalized by dividing each slope by the average values of the corresponding CO_2 concentration in mixed expired gas to obtain normalized time domain (Sn_{T-III}) and volumetric (Sn_{V-III}) third phase slopes [2,21,22]. Three to four expiratory traces were analyzed in each recording resulting in an ensemble averaging of 10 to 12 values under each condition.

Measurement protocol

The scheme of the experimental protocol is outlined in Figure 1. When stable hemodynamic and respiratory mechanical conditions had been reached while PEEP was maintained at 3 cmH_2O , an arterial blood gas sample was taken, and dynamic compliance (C_{rs}) was recorded from the display of the respirator. The first capnogram trace was then collected followed by recording of the first Zrs data epoch. Two more capnographic and Zrs measurements were then made in alternating sequence at 60 s intervals. PEEP was next elevated to 6 and then 9 cmH_2O , a 3 min equilibration period being permitted after each step, and the data collection procedure was repeated.

Statistical analyses

Scatters in measured variables are expressed as SE. The normality of the data was tested with the Kolmogorov-Smirnov test with Lilliefors correction. Two-way repeated measures analysis of variance (ANOVA) including an interaction term was used with the variables PEEP (3, 6 and 9 cmH_2O) and the group allocation (Groups HL, LC, MC and HC) to establish the effects of lung volume and C_{rs} on the respiratory mechanical, blood gas and capnographic variables. This statistical method was utilized to test the hypothesis that the level of C_{rs} affects the PEEP-dependent changes in the respiratory mechanical and



capnogram variables. Multiple linear regression analysis was performed to establish whether the levels of BMI and EF affect Crs. The Holm-Sidak multiple comparison procedure was adopted to compare the variables in the various study groups under different conditions. Chi-square test was used to assess whether there is a significant difference between the expected and the observed frequencies of gender, obesity, pulmonary and cardiac diseases in the protocol groups. The correlation between S_{T-III} and S_{V-III} were analyzed by Pearson test. The statistical tests were performed with a SigmaPlot statistical software package (Version 12, Systat Software, Inc. Chicago, IL, USA). All reported *P* values are two-sided.

Results

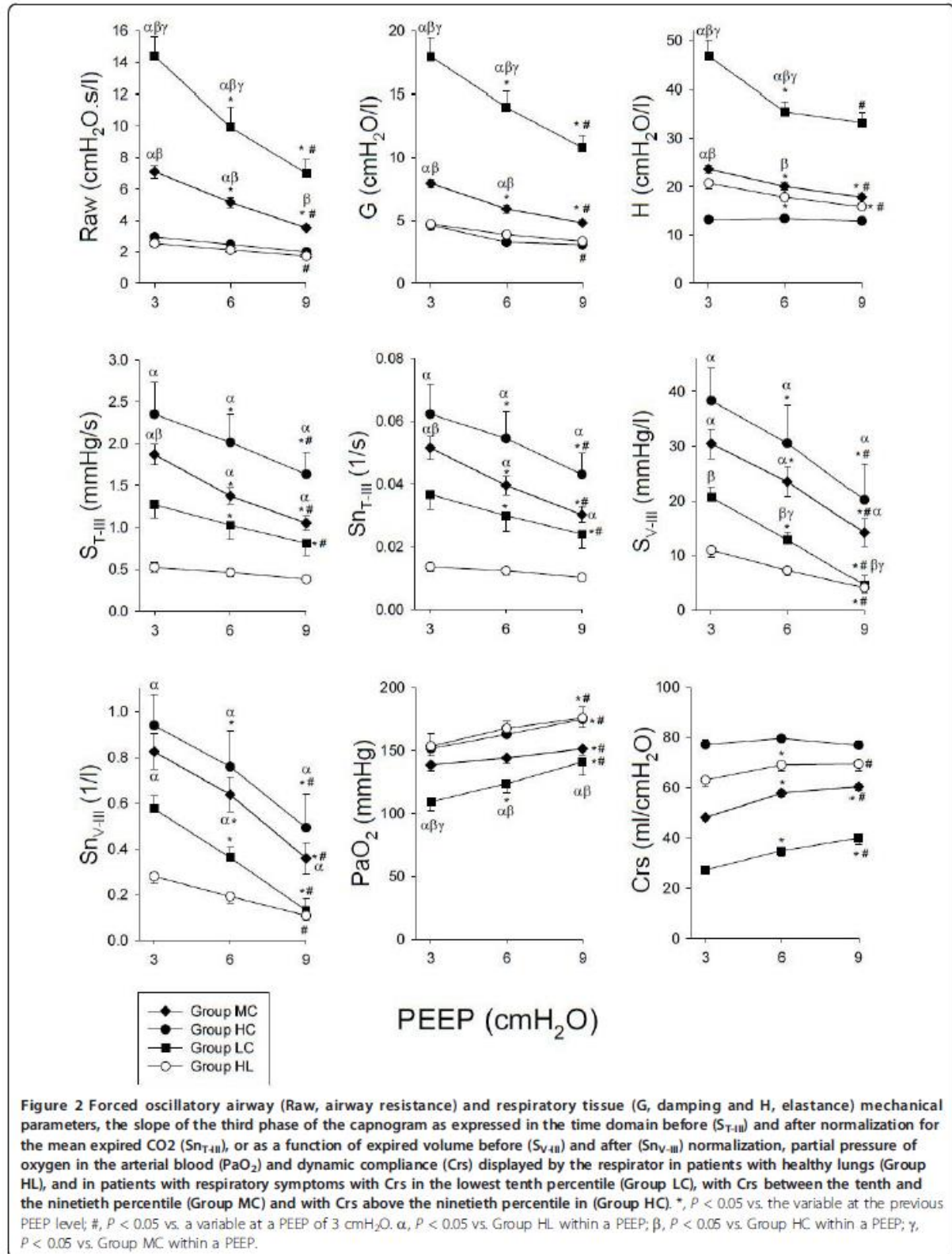
The changes in the respiratory mechanical parameters, the partial pressure of arterial oxygen (PaO₂) and the indices obtained from the capnograms with increasing PEEP in the four groups of patients are depicted in Figure 2. The statistical analyses revealed significant interactions between the group allocation and PEEP, demonstrating that the respiratory compliance exerted significant effects on the responses to PEEP in the forced oscillatory mechanical parameters ($P < 0.001$ for Raw, G and H), for the Crs displayed by the respirator ($P < 0.001$), PaO₂ ($P = 0.04$), and the capnogram third phase slope variables ($P < 0.001$ for S_{T-III} and S_{nT-III} , $P = 0.003$ for S_{V-III} , and $P = 0.002$ and S_{nV-III}). Time and volumetric capnogram variables exhibited similar Crs and PEEP dependences, which is also reflected in the significant correlations between S_{T-III} and S_{V-III} in Groups HL ($R = 0.4$, $P = 0.002$), HC ($R = 0.79$, $P < 0.001$), LC ($R = 0.45$, $P = 0.02$) and MC ($R = 0.79$, $P < 0.001$).

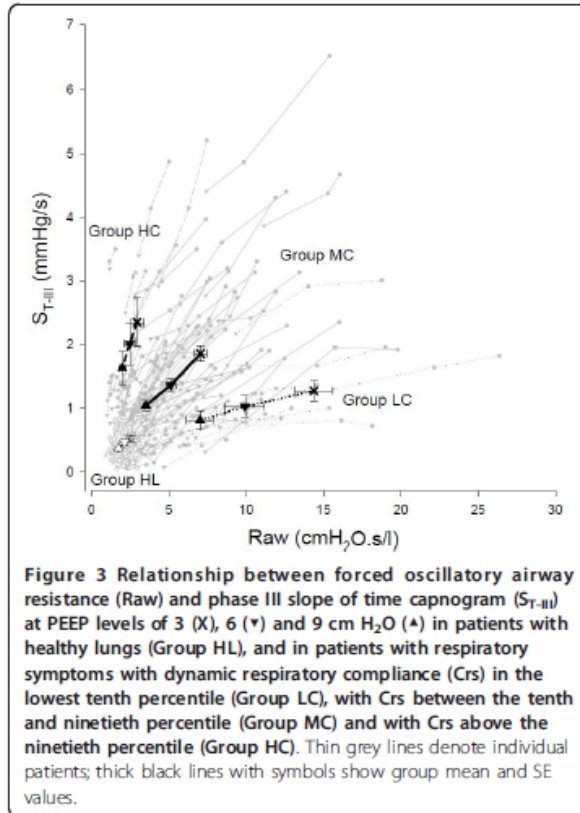
The greatest Raw, G, H and the lowest PaO₂ were observed for the patients in Group LC, and these patients generally exhibited the greatest response to PEEP. The patients in Group MC still exhibited elevated Raw, G and H with a more moderate, but still significant response to

PEEP changes. The lowest forced oscillatory airway and tissue parameters and the greatest PaO₂ were obtained in the patients in Groups HL and HC, and their changes with PEEP were generally mild. The capnogram third phase indices were highest in Group HC and somewhat lower in Group MC, with both groups exhibiting marked decreases with increasing PEEP. The variables characterizing the third phase slopes from the capnogram were lowest in the patients in Group HL.

Figure 3 depicts the relationship of Raw and S_{T-III} in the individual patients and the group means for the four protocol groups following the increases of PEEP. In all patients, Raw and S_{T-III} underwent concomitant monotonous decreases with increasing PEEP, but marked differences were observed between the protocol groups in the relationships of these parameters. The marked decreases in the high initial Raw values were associated with substantially smaller drops in S_{III} in the patients in Group LC, whereas the PEEP-induced decreases in S_{III} were more pronounced than those in Raw in the patients in Group HC. The patients in Group MC exhibited an intermediate Raw- S_{T-III} relationship. This trend of association was observed in the patients in Group HL at markedly lower levels of Raw and S_{III} .

To examine the possible roles of obesity and lung congestion in the increased level of Crs, the effects of BMI and EF were considered (Figure 4). The patients in Group LC had significantly higher BMI ($P < 0.001$) and/or lower EF ($P < 0.001$) than those in Groups HL or HC, indicating that the low Crs was a consequence of restrictive changes resulting from obesity and/or heart failure leading to pulmonary congestion (multiple linear regression coefficient of $R = 0.58$). The important effects of BMI and EF on the group allocation was confirmed by the presence of a significant correlation ($R = 0.53$, $P = 0.005$ and $P < 0.0001$ for EF and BMI, respectively).





Discussion

The changes in airway and respiratory tissue mechanics were compared with capnogram third phase indices in a relatively large cohort of patients to clarify its monitoring value in mechanically ventilated patients. Capnogram third phase slopes expressed in the time domain or as a function of expired volume exhibited similar PEEP dependencies and distribution between the protocol groups. Detailed analysis of the time capnogram revealed a strong association between Raw and S_{T-III} when the respiratory mechanics was altered by increasing PEEP, which was significantly affected by the degree of expiratory driving pressure of the respiratory system. Accordingly, grouping of the patients based on their Cr_s revealed that i) the decrease in Raw with increasing PEEP was reflected in a sharp decrease in S_{T-III} in patients with low Cr_s, ii) the increase in airway diameter with increasing PEEP was still reflected in a pronounced decrease in S_{T-III} in patients with intermediate Cr_s, and iii) S_{T-III} was insensitive to changes in airway caliber when the Cr_s was high.

The extent of emptying of lung compartments containing various CO₂ concentrations during mechanical ventilation and the shape of the resulting capnogram are determined by the airway geometry (that is, the resistance)

and the elastic recoil of the respiratory tissues (that is, the driving pressure). Whereas the former has been investigated extensively [4,6,12,13,15], the importance of the latter factor remained unknown. While the time capnogram is most commonly used in clinical practice during mechanical ventilation, distinction of the second and third phases is not always trivial from the time domain analyses and this approach also excludes the consideration of the absolute concentration of CO₂ in the expired gas. Therefore, we also performed volumetric capnography in a subgroup of patients and normalized the capnogram third phase slope. The similar picture of these different slopes and the significant correlation between them demonstrates that the S_{T-III} used in clinical practice can provide relevant information about lung emptying. With the aim of acquiring a general picture, the bedside Cr_s was used in the present study to group the patients. A strong correlation was earlier demonstrated between the respiratory elastance derived from H and the Cr_s [23], which justifies the choice of Cr_s as an appropriate indicator of the respiratory recoil.

We formed four groups with regard to the clinical symptoms (healthy lungs) and the Cr_s values (diseased lungs with low, medium or high Cr_s). As expected, the variables reflecting resistive behavior were lowest in the Group HL and they had intermediate H and Cr_s, permitting fast emptying of the relatively homogeneous lungs, which then results in low capnogram third phase slope, and good PaO₂ (Figure 2). The increase of PEEP to 6 cmH₂O caused no further improvement. The slight, but significant decreases in Raw and H and increases in Cr_s and PaO₂ at PEEP 9 cmH₂O may be a consequence of lung recruitment. The lack of decrease in the third phase slope indicates that this opening was relatively uniform in the lung periphery.

The patients in Group HC exhibited similar resistive properties to those in Group HL. However, the high Cr_s and low H may be a consequence of the loss of elastic recoil in the respiratory tissues, most probably due to emphysematous destruction, which was present in the vast majority of the patients in this group (Table 1). The presence of ventilation heterogeneities is also apparent from the highest third phase slope indices. These can be explained by the existence of peripheral lung units with different small airway calibers and local time constants, resulting in a heterogeneous working lung. This structure leads to gas compartments containing variable CO₂ concentrations and also results in different local expiratory flows [11]. These phenomena contribute to the sequential emptying of the lung periphery in time, which then increases the time domain and volumetric S_{III} values [3-5,10,24]. Since Raw reflects mainly the flow resistance of the central conducting airways [19,23,25], this parameter is not able to detect such alterations in the presence of emphysematous changes [26]. This pathology

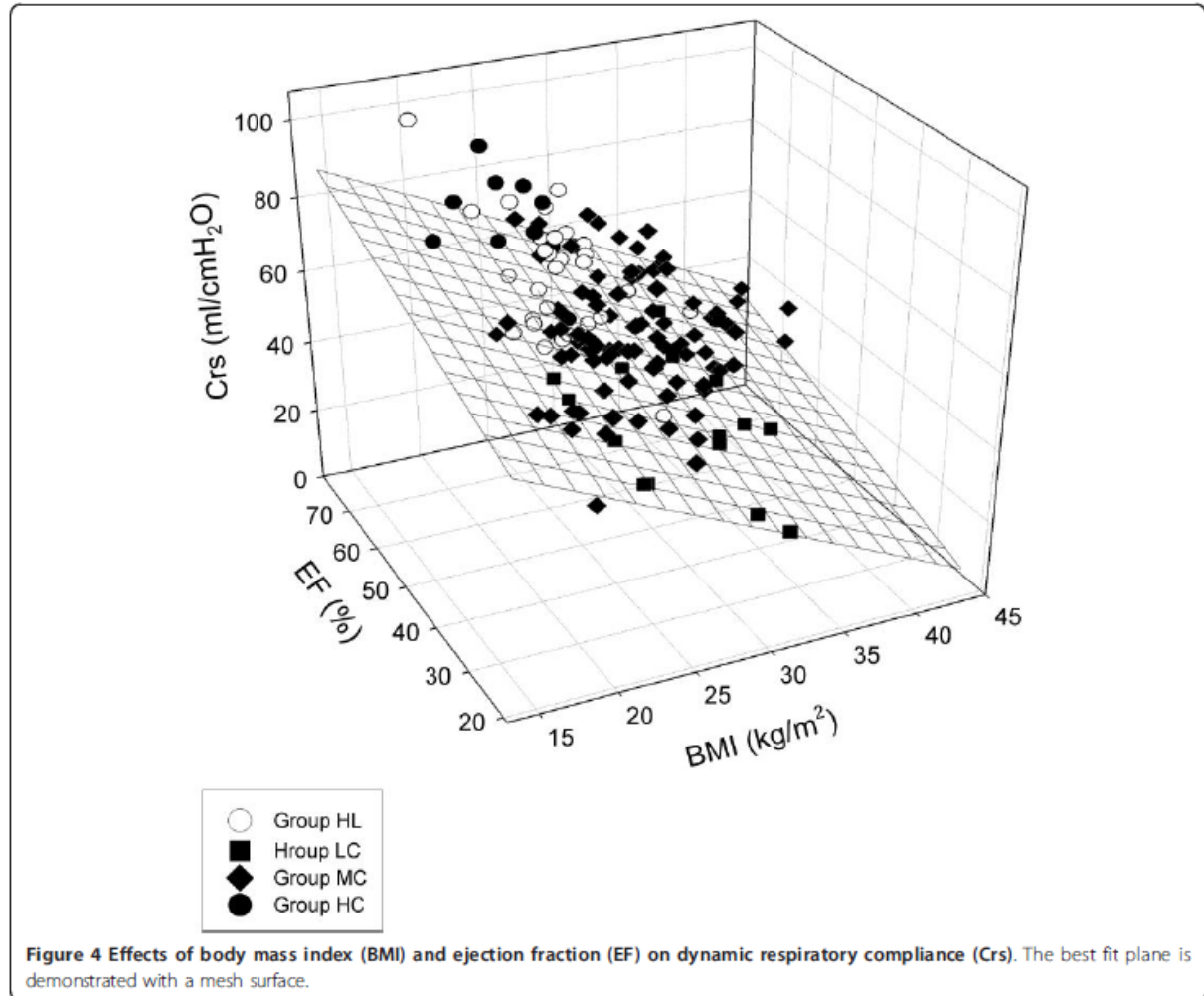


Figure 4 Effects of body mass index (BMI) and ejection fraction (EF) on dynamic respiratory compliance (Crs). The best fit plane is demonstrated with a mesh surface.

diminishes predominantly the expiratory flow, while the filling of the lung during mechanical ventilation may remain unaffected or even increased, explaining why PaO₂ was close to normal. The elevation of PEEP in Group HC decreased G, which is a prerequisite of decreased ventilation heterogeneities with alveolar recruitment [27,28], reflecting in lower capnogram third phase slopes, H, higher Crs and better PaO₂ [12].

The worst respiratory mechanics and the lowest PaO₂ were observed in the patients in Group LC. Despite this striking difference, S_{III} expressed in time or by volumetry did not differ significantly from those observed in Group HL. This leads to the important observation that even hypoxemia may be associated with a medium level of capnogram third phase slopes, which corresponds to the limited value of capnometry in the assessment of adequate blood oxygenation in this pathology [29,30]. These results can most probably be attributed to the presence of lung

regions that remain closed throughout the entire ventilator cycle, leading to some relatively open and fairly uniform working lung units and other, permanently closed, atelectatic lung units. In other words, the closing capacity in these lungs is expected to be higher than the sum of the functional residual capacity and the tidal volume. The persistent lung volume loss with subsequent decrease in the overall airway cross-sectional area is probably reflected in the substantially elevated Raw. Since PEEP elevation may be able to reopen these atelectases, the involvement of these phenomena is substantiated by the most pronounced decreases in the mechanical parameters with increasing PEEP resulting in lower S_{III} and elevated PaO₂, which corresponds to earlier results on similar stiff lungs [10]. Our results confirm previous clinical observations [9,12,25] that this pathophysiology can be triggered by obesity and/or lung congestion arising from a poor EF (Table 1). Taking into account the individual and the combined

effects of BMI and EF revealed that low EF or high BMI themselves may be responsible for the compromised Crs. However, the combination of such pathologies exerts additional detrimental effects that lower Crs even more dramatically (Figure 4).

Group MC comprised patients with pulmonary pathologies with an intermediate Crs, a cohort that can be characterized by somewhat elevated airway and respiratory tissue parameters, and ventilation heterogeneities reflected in abnormally high capnography slope characteristics at a PEEP of 3 cmH₂O. This variable and the intermediate response to PEEP can be explained by concomitant presence of phenomena existing in Groups HC and LC, that is, combined effects of expiratory flow limitation and persistent atelectases.

The overall Raw-S_{T-III} relationship was not strong enough to predict the value of Raw from S_{T-III} (Figure 3), in agreement with previous findings [6,18]. However, the changes in S_{T-III} within an individual patient were appropriate for an assessment or revealing trends of the altered Raw. It should be noted that the Raw-S_{T-III} relationship within a patient was highly dependent on the elastic recoil of the respiratory system. In the case of a small Crs, a minor change in S_{T-III} may reflect major alterations in airway patency. In contrast, large alterations in S_{T-III} may still be associated with small variations in Raw if Crs is high. This finding may explain the controversy in the literature concerning the presence or absence of a correlation between lung function parameters and capnogram indices [11,13,15,16].

The limitations of this study relate to the possible presence of complex cardiopulmonary pathologies within a given patient. The coexistence of opposing factors such as emphysematous changes and a poor left ventricular function precludes identification of the individual effects of pulmonary diseases on the course of the capnogram. An additional aspect is that the surgery did not allow a more time-consuming randomization of the PEEP levels. However, care was taken to provide sufficient time following a change in conditions so that equilibrium was reached, similarly to that allowed following PEEP changes in severe COPD patients [27]. Another methodological limitation is related to the complex effects of PEEP including modification of the lung perfusion [2], increased functional residual capacity [21,31], which may all bias the changes in S_{III} and/or the mechanical parameters. However, our results are consistent even on PEEP 3 cmH₂O alone and the PEEP changes can be considered as reinforcement of the results and mechanisms that existed already at the lower PEEP. Auto-PEEP may be another important factor imposing a potential error with this bias being the most apparent in the patients with high Raw (that is, Group LC) or low driving pressure and compromised emptying of

emphysematous destructed alveoli (that is, Group HC). Excluding the auto-PEEP would even enhance the Raw dependence with PEEP, since Raw would theoretically be even higher if auto-PEEP would have been ruled out. Another important feature of the present study is the use of Crs to separate the study groups. Since this parameter incorporates lung and chest wall properties, a separate assessment of which of these compartments are responsible for the altered elastic recoil of the respiratory system is not possible.

Conclusions

In summary, measurement of the respiratory mechanics and analysis of the capnogram slope demonstrated that changes in S_{III} expressed in time or by volumetry provide useful information concerning alterations in airway caliber, but only within an individual patient. The assessment of S_{T-III} during mechanical ventilation may be of value for bedside monitoring of the airway resistance, but its sensitivity depends on the elastic recoil of the respiratory system. S_{T-III} exhibits high sensitivity to detect changes in the airway resistance in case of high Crs, when the lung emptying is governed primarily by the small airway and alveolar geometry. In cases of stiff respiratory tissues, however, S_{T-III} displays low sensitivity in indicating changes in airway caliber, when the lung emptying is determined by the high elastic recoil and depends less on the small airway geometry. The relatively low S_{T-III} may coincide with the compromised PaO₂ in these patients, which suggests that a low S_{T-III} does not predict appropriate oxygenation. Thus, the shape of the capnogram should always be evaluated bedside in conjunction with Crs. The joint assessment of the capnogram and the respiratory mechanics is of particular importance in clinical situations when patients with a high BMI and/or a compromised left ventricular function are anesthetized and ventilated.

Key messages

- The phase III slope of the capnogram evaluated in the time domain or by volumetry exhibits similar PEEP dependencies and distribution between the protocol groups formed on the basis of Crs.
- Crs significantly affects the sensitivity of the phase III slope of the capnogram in the time domain (S_{T-III}) and by volumetry to airway dimensions.
- S_{T-III} detects changes in the airway resistance sensitively in cases of high Crs.
- S_{T-III} displays low sensitivity in cases of stiff respiratory tissues, in indicating changes in airway caliber.
- In conclusion, assessment of the capnogram shape should always be coupled with Crs when the airway resistance or oxygenation are evaluated.

Abbreviations

BMI: body mass index; CO₂: carbon dioxide; COPD: chronic obstructive pulmonary disease; Crs: dynamic respiratory compliance; EF: ejection fraction; FIO₂: fraction of inspired oxygen; G: respiratory tissue damping; Group HC: group of patients with high dynamic respiratory compliance; Group HL: group of patients with healthy lungs; Group LC: group of patients with low dynamic respiratory compliance; Group MC: group of patients with medium dynamic respiratory compliance; H: respiratory tissue elastance; law: airway inertance; Pao: airway opening pressure; PaO₂: partial pressure of arterial oxygen; PEEP: positive end-expiratory pressure; Raw: airway resistance; Rrs: total respiratory resistance; S_{II}: slope of phase III of the capnogram; S_{III}: normalized third phase slope of the expiratory capnogram in the time domain; S_{III}: normalized volumetric third phase slope of the expiratory capnogram; S_{III}: third phase slope of the expiratory capnogram in the time domain; S_{III}: volumetric third phase slope of the expiratory capnogram; V: tracheal airflow; Zrs: input impedance of the respiratory system.

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Authors' contributions

BB conducted the design of the study and had a major role in data collection and drafting the manuscript. CsZs and PNM helped with the data collection and analyses. BG performed the surgical preparation and helped with the measurements. CD participated in the study design, data collection and helped with processing the data. FP supervised the data collection and analyses, contributed to the development of the study design and in the manuscript preparation. All authors read and approved the final manuscript.

Competing interests

The authors declare they have no competing interests in relation to this manuscript.

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