1	Upcycling spent brewery grains through the production of carbon adsorbents –
2	application to the removal of carbamazepine from water
3	Andreia F. C. Sousa ^a , María Victoria Gil ^b , Vânia Calisto ^{a*}
4	^a Department of Chemistry and CESAM (Centre for Environmental and Marine Studies),
5	University of Aveiro, Campus de Santiago, 3810-193 Aveiro, Portugal
6	^b Instituto Nacional del Carbón, INCAR-CSIC, Calle Francisco Pintado Fe 26, 33011
7	Oviedo, Spain
8	*Corresponding author: vania.calisto@ua.pt
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	

24 Abstract

25	Spent brewery grains, a by-product of the brewing process, were used as
26	precursor of biochars and activated carbons to be applied to the removal of
27	pharmaceuticals from water. Biochars were obtained by pyrolysis of the raw materials,
28	while activated carbons were produced by adding a previous chemical activation step.
29	The influence of using different precursors (from distinct fermentation processes),
30	activating agents (potassium hydroxide, sodium hydroxide and phosphoric acid),
31	pyrolysis temperatures, and residence times was assessed. The adsorbents were
32	physicochemically characterized and applied to the removal of the antiepileptic
33	carbamazepine from water. Potassium hydroxide activation produced the materials with
34	the most promising properties and adsorptive removals, with specific surface areas up to
35	1120 m ² g ⁻¹ and maximum adsorption capacities up to 190 ± 27 mg g ⁻¹ in ultrapure
36	water. The adsorption capacity suffered a reduction of <70% in wastewater, allowing to
37	evaluate the impact of realistic matrices on the efficiency of the materials.
38	
39	Keywords
40	Brewery wastes; Pyrolysis; Chemical activation; Activated carbon; Pharmaceuticals;
41	Wastewater treatment.
42	
43	
44	

1. Introduction

The use of agricultural and industrial wastes to produce added-value materials is 49 an interesting possibility to reduce the negative impacts of agro-industrial processes, 50 and to reintroduce end-of-life residues into the productive chain (Borel et al., 2018; 51 Jaria et al., 2019). These wastes, usually available in large amounts, can be an 52 alternative to non-renewable sources for being utilized as precursors of carbon 53 materials, such as activated carbons (ACs), to be applied in water purification systems 54 (Azargohar and Dalai, 2008). AC is a carbonaceous material with high adsorption 55 capacity towards a vast number of compounds, such as pharmaceuticals (Jaria et al., 56 57 2019). The key properties associated to an AC with high adsorption capacities include high specific surface area (S_{BET}) and microporosity, as well as high carbon and low ash 58 59 contents (Jaria et al., 2015). For these reasons, agro-industrial lignocellulosic residues, which have low inorganic and relatively high volatile contents, are considered good 60 precursors of AC (Azargohar and Dalai, 2008). 61

Spent brewery grains (SBG) are lignocellulosic wastes which constitute a major 62 by-product of the brewing process, representing around 85% of the total wastes 63 64 generated by the brewing industry (Borel et al., 2018; Vanreppelen et al., 2014). This material consists of the remains from the barley malt after the mashing process (Barrozo 65 et al., 2019), and their properties depend on the type of used barley and the brewing 66 67 technology (Olszewski et al., 2019). Nevertheless, their main polysaccharides are 68 generally hemicellulose (mainly arabinoxylane), and cellulose, while lignin and a considerable amount of proteins and lipids are also part of the typical reported 69 composition of SBG (Olszewski et al., 2019; Wierzba et al., 2019). To date, SBG has 70 primarily been used as animal feed (Gonçalves et al., 2017; Vanreppelen et al., 2014). 71

However, considering that the efficient reuse of this agro-industrial waste can be important, not only from the perspective of the brewer who can benefit from the valorization of this by-product, but also from an environmental point of view, the study of alternative SBG applications is highly desirable (Barrozo et al., 2019). In this context, comes up the possibility of using SBG to produce adsorbent materials aiming at the adsorptive removal of water micro-contaminants, such as pharmaceuticals.

In the last years, a few studies have reported the possibility to use raw and 78 processed SBG as adsorbent to remove contaminants from water. To the best of the 79 authors' knowledge, the application of SBG to the removal of pharmaceuticals from 80 water has not been so far reported in literature. However, some examples of the 81 application of this material to the removal of other organic pollutants, such as dyes used 82 in paper and textile industries (Fontana et al., 2016; Silva et al., 2004), or inorganic 83 pollutants, such as metals (Ferraz et al., 2005; Wierzba and Andrzej, 2019), from water 84 can be found in literature. Concerning organic contaminants, Silva et al. (2004) studied 85 the removal of acid orange 7, a dye currently used in paper and textile industries, by 86 87 SBG in aqueous solutions (Silva et al., 2004). The results showed high levels of color removal (above 90%, for an initial dye concentration of 60 mg L⁻¹), with low contact 88 times between adsorbent and dye (less than 1 h), attaining a maximum adsorption 89 capacity of ~30.5 mg g⁻¹, at 30 °C. The reported removal capacity was obtained using 90 91 the SBG in its raw form, i.e., without any previous treatments such as milling and/or 92 sieving, incineration or chemical modification. Gonçalves et al. (2017) used SBG to produce bio-oil and a granular AC via pyrolysis and CO₂ activation (Gonçalves et al., 93 94 2017). In the production of the AC by these authors, the effect of the activation time on some properties, including SBET, was investigated. The adsorptive properties of AC were 95

The authors concluded that the S_{BET} , iodine number and methylene blue adsorption onto
the AC increased as activation time increased. Therefore, six hours of activation
resulted in an AC with S_{BET} of 617.4 m ² g ⁻¹ , an iodine number of 490.1 mg g ⁻¹ and an
excellent adsorption of methylene blue (99.97 % for an initial concentration of 200 mg
L ⁻¹ of methylene blue and granular AC dosage of 10 000 mg L ⁻¹). Ferraz et al. (2005) in
a study for Cr (III) adsorption also used SBG as adsorbent, obtaining a maximum
adsorption capacity of 17.84 mg g ⁻¹ at pH 5.0 (Ferraz et al., 2005). As in the study
carried out by Silva et al. (2004), this work also reported a good removal capacity of Cr
(III) using the SBG in its raw form.
Considering the above-mentioned studies and the high availability of SBG for its
large-scale application, the use of this biomass as sorbent for the removal of
pharmaceuticals from contaminated water could be a sustainable solution for the
valorization of this residue, upcycling it through its transformation into an added-value
product. The main objective of this work consists of using SBG as a precursor of
biochar and AC. SBG obtained from two different types of brewing processes was
selected to evaluate the impact of the fermentation on the properties of the resulting
adsorbents. The produced materials were physical and chemically characterized and
subsequently tested as adsorbents to remove the antiepileptic pharmaceutical
carbamazepine (CBZ) from aqueous solutions. CBZ was selected due to its relevance as
environmental microcontaminant. It is one of the most frequently detected
pharmaceuticals in the aquatic environment (Fekadu et al., 2019; Li, 2014; Tran et al.,
2018), most possibly as a consequence of being highly recalcitrant to conventional
wastewater treatments (Jelic et al., 2011). For these reasons, CBZ has been proposed by

120	several authors as a valid marker of anthropogenic pollution (Bahlmann et al., 2012;				
121	Clara et al., 2004). This pharmaceutical (M_w 236.27 g mol ⁻¹) is neutral over the range of				
122	environmentally relevant pH (pKa of 13.9, related to the deprotonation of the $-NH_2$				
123	group of CBZ) (Jones et al., 2002) and has a relatively low water solubility (18 mg L^{-1}				
124	at 25 °C, with a log K_{ow} of 2.45) (Aga, 2008). The materials produced in this work with				
125	the best performance for the adsorption of CBZ, selected after a battery of preliminary				
126	tests, were subjected to kinetic and isothermal studies both in ultrapure water and				
127	wastewater (final effluent collected at a Sewage Treatment Plant), in order to confirm				
128	their adequacy for the target application.				
129					
130	2. Material and methods				
131	2.1. Chemicals				
132	The reagents used for the activation process during the production of AC				
133	were potassium hydroxide (KOH; EKA pellets, ≥86%), sodium hydroxide (NaOH;				
134					
	EKA pellets, pure) and phosphoric acid (H ₃ PO ₄ ; Acros Organics, 85%). For washing				
135	EKA pellets, pure) and phosphoric acid (H ₃ PO ₄ ; Acros Organics, 85%). For washing the produced materials, hydrochloric acid (HCl; AnalaR NORMAPUR, 37%) was used.				
135 136	EKA pellets, pure) and phosphoric acid (H ₃ PO ₄ ; Acros Organics, 85%). For washing the produced materials, hydrochloric acid (HCl; AnalaR NORMAPUR, 37%) was used. CBZ (Sigma-Aldrich, 99%) was the pharmaceutical used for the adsorption				
135 136 137	EKA pellets, pure) and phosphoric acid (H ₃ PO ₄ ; Acros Organics, 85%). For washing the produced materials, hydrochloric acid (HCl; AnalaR NORMAPUR, 37%) was used. CBZ (Sigma-Aldrich, 99%) was the pharmaceutical used for the adsorption experiments, where CBZ aqueous solutions were prepared both in ultrapure water and				
135 136 137 138	EKA pellets, pure) and phosphoric acid (H ₃ PO ₄ ; Acros Organics, 85%). For washing the produced materials, hydrochloric acid (HCl; AnalaR NORMAPUR, 37%) was used. CBZ (Sigma-Aldrich, 99%) was the pharmaceutical used for the adsorption experiments, where CBZ aqueous solutions were prepared both in ultrapure water and in wastewater. For the analytical quantification of CBZ by Micellar Electrokinetic				
135 136 137 138 139	EKA pellets, pure) and phosphoric acid (H ₃ PO ₄ ; Acros Organics, 85%). For washing the produced materials, hydrochloric acid (HCl; AnalaR NORMAPUR, 37%) was used. CBZ (Sigma-Aldrich, 99%) was the pharmaceutical used for the adsorption experiments, where CBZ aqueous solutions were prepared both in ultrapure water and in wastewater. For the analytical quantification of CBZ by Micellar Electrokinetic Chromatography (as described in section 2.6), all the chemicals used were of analytical				
135 136 137 138 139 140	EKA pellets, pure) and phosphoric acid (H ₃ PO ₄ ; Acros Organics, 85%). For washing the produced materials, hydrochloric acid (HCl; AnalaR NORMAPUR, 37%) was used. CBZ (Sigma-Aldrich, 99%) was the pharmaceutical used for the adsorption experiments, where CBZ aqueous solutions were prepared both in ultrapure water and in wastewater. For the analytical quantification of CBZ by Micellar Electrokinetic Chromatography (as described in section 2.6), all the chemicals used were of analytical grade: sodium dodecylsulphate (SDS, Sigma Aldrich, 99%), hexadimethrine bromide				
135 136 137 138 139 140 141	 EKA pellets, pure) and phosphoric acid (H₃PO₄; Acros Organics, 85%). For washing the produced materials, hydrochloric acid (HCl; AnalaR NORMAPUR, 37%) was used. CBZ (Sigma-Aldrich, 99%) was the pharmaceutical used for the adsorption experiments, where CBZ aqueous solutions were prepared both in ultrapure water and in wastewater. For the analytical quantification of CBZ by Micellar Electrokinetic Chromatography (as described in section 2.6), all the chemicals used were of analytical grade: sodium dodecylsulphate (SDS, Sigma Aldrich, 99%), hexadimethrine bromide (polybrene, Sigma Aldrich, ≥95%), sodium chloride (José Manuel dos Santos, 99.5%), 				

sodium hydroxide (EKA pellets, pure). The ultrapure water was obtained from a Milli-Q Millipore system (Milli-Q plus 185).

- 145
- 146

2.2. Production of carbon adsorbents

147 To produce the adsorbent materials, SBG from the brewery Faustino Microcervejeira, Lda (Aveiro, Portugal) was used as precursor. In order to evaluate the 148 effect of using SBG arising from different types of fermentation on the properties of the 149 produced materials, two different residues were collected: SBG from the production of 150 Barleywine (BW), a type of beer that has a high fermentation, and SBG from the 151 production of Pilsener (PL), beer that has a low fermentation process. After collection, 152 153 the SBG was dried at room temperature for several days, followed by a 24 h period at 104 °C in an oven, to eliminate the moisture. Then, it was grinded with a blade mill and 154 stored dry until use. The adsorbents were produced by pyrolysis of BW and PL in a 155 furnace muffle (Nüve, series MF 106, Turkey) under inert environment (nitrogen flow), 156 at different temperatures (heating rate of 10 °C min⁻¹) and residence times, and with 157 158 (AC) or without (biochar) a previous activation process, as detailed below. The yield of 159 production (η) of all carbon adsorbents produced was calculated by Eq. (1):

160
$$\eta(\%) = \frac{final \ mass \ of \ carbon \ adsorbent \ (g)}{mass \ of \ precursor \ (g)} \times 100$$
 (1)

161

The raw SBG was weighed in porcelain crucibles and carbonized at 600 °C and 800 °C, using residence times of 60 and 150 min. Accordingly, BW was pyrolyzed under such conditions, resulting in the following materials: BC-BW-600-60, BC-BW-600-150, BC-BW-800-60, and BC-BW-800-150. Preliminary tests carried out with

167	these materials indicated that pyrolysis at 600 °C, without chemical activation, did not
168	result in materials with interesting properties for the adsorptive removal of organic
169	contaminants. For this reason, only the higher temperature (800 °C) was used for PL,
170	i.e., it was treated at 800 °C for 60 min and 150 min, giving the BC-PL-800-60 and BC-
171	PL-800-150 materials. After pyrolysis, the materials were washed with a 0.5 M solution
172	of HCl for the removal of ashes and other inorganic content. For this purpose, for each
173	10 g of material ~200 mL of 0.5 M HCl were added; the materials were immersed in the
174	acid solution for 1 h and subsequently vacuum filtered and washed with distilled water
175	until the washing leachate reached neutral pH (e.g. ~200 mL of distilled water for each
176	10 g of AC activated with alkaline agents or up to a few liters for acid activated
177	materials). Finally, the material was oven dried at 104 °C for 24 h and separated by
178	grain size. The granulometry used in the adsorption tests was below 0.18 mm.

180 2.2.2. Preparation of activated carbon

Different types of AC were prepared by chemical activation of SBG, followed 181 182 by carbonization at 800 °C for 150 min. The chemical agents used for activation were KOH, NaOH and H_3PO_4 in a ratio precursor: activating agent of 1:1 (*w/w*). For the 183 184 materials activated with KOH and NaOH, the solid activating agent was dissolved in 185 distilled water in a proportion activating agent:water of 3:10 (w/v), whereas for the activation with H₃PO₄, the activating agent was diluted in a ratio activating agent:water 186 of 1:3 (v/v). In both cases, SBG was impregnated for 1 h with the activating agent 187 188 solution, using an ultrasonic bath. The resulting slurry was then dried at room temperature. Then, the materials were pyrolyzed and subjected to washing and sieving 189 under the same conditions as those described for the biochar (section 2.2.1). Six AC 190

191 materials were obtained: KOH-BW-800-150, NaOH-BW-800-150, H₃PO₄-BW-800-

192 150, KOH-PL-800-150, NaOH-PL-800-150 and H₃PO₄-PL-800-150.

193

194 2.3. Characterization of precursors and carbon adsorbents

The precursors (PL and BW) and the obtained materials were characterized by the following techniques: total organic carbon, proximate analysis, Fourier transform infrared spectroscopy with attenuated total reflectance (FTIR-ATR), point of zero charge, determination of carbons' functional groups by back-titration, S_{BET} and scanning electron microscopy (SEM). A detailed description of the procedures used can be found in the Supplementary Material (SM).

201

202

2.4.

Batch adsorption experiments

In order to test the adsorptive performance of the produced materials for the 203 removal of CBZ from water, adsorption experiments were made under shaking and 204 batch conditions. In a first analysis of the produced biochars and ACs, some 205 preliminary adsorption tests were carried out in order to select the most promising 206 207 materials that will be subjected to a deeper analysis (kinetic and isothermal studies). For these tests, CBZ solutions with an initial concentration (C_i) of 5 mg L⁻¹ were prepared 208 in ultrapure water. Subsequently, these solutions were placed in polypropylene tubes 209 containing a known mass of adsorbent (varying from 25 to 1000 mg L⁻¹ for *biochars* 210 and 25 to 50 mg L⁻¹ for ACs) and shaken in an overhead shaker (Heidolph, Reax 2) at 211 212 80 rpm for 24 h and under controlled temperature (25.0 °C \pm 0.1 °C). Based on the adsorption percentages resulting from these experiments, the materials with the best 213 214 adsorptive properties were selected for further studies, as described in sections 2.4.1 and 215 2.4.2.

216	Generally, all studies (preliminary, kinetic and equilibrium) were performed in
217	triplicate. Each experiment included a control (CBZ solution without the adsorbent) that
218	was used as reference for the calculation of adsorption percentages after the contact
219	time between the solution and the material. After stirring under specific conditions,
220	sample aliquots were filtered through 0.22 μm PVDF filters (Whatman) and analyzed by
221	Micellar Electrokinetic Chromatography, in order to determine the remaining
222	pharmaceutical concentration, as described in section 2.6.
223	
224	2.4.1. Adsorption kinetics
225	To study the adsorption kinetics of CBZ onto the selected carbons (KOH-BW-
226	800-150 and KOH-PL-800-150), a fixed dose of the carbon adsorbent (mg L^{-1}) was
227	placed in tubes and put in contact with 45 mL of 5 mg L^{-1} of two aqueous solutions of
228	CBZ (prepared in ultrapure water and wastewater, respectively). The concentrations of
229	both KOH-BW-800-150 and KOH-PL-800-150 were 15 mg L^{-1} and 40 mg L^{-1} in
230	ultrapure water and wastewater, respectively. The solutions were shaken for different
231	time intervals between 5 and 240 min for ultrapure water, and 15 and 1860 min for
232	wastewater. A minimum of six time intervals were considered for each system and the
233	dose of carbon material was selected in order to obtain a significant adsorption
234	percentage but, simultaneously, to avoid CBZ removals close to 100% which would
235	difficult the analytical determination of the remaining CBZ concentration. The adsorbed
236	concentration of CBZ onto each AC at time t , $q_t (mg g^{-1})$, was calculated by Eq. (2). The
237	experimental data were fitted by pseudo-first-order model (Lagergren, 1898) and
238	pseudo-second-order model (Ho et al., 2000), presented in Eqs. (3) and (4), respectively,
239	in order to determine the kinetic parameters of each system.

$$240 \qquad q_t = \frac{(C_t - C_t)V}{m} \tag{2}$$

241
$$q_t = q_e(1 - e^{-k_1 t})$$
 (3)

242
$$q_t = \frac{q_e^2 k_2 t}{1 + k_2 q_e t}$$
(4)

where $C_i (\text{mg L}^{-1})$ is the initial concentration of pharmaceutical, $C_t (\text{mg L}^{-1})$ is the concentration of pharmaceutical in solution at time t, V(L) is the volume of solution, m is the mass of adsorbent (g), q_e refers to the amount of adsorbate per unit mass of adsorbent at equilibrium (mg g⁻¹), k_I is the pseudo-first order rate constant (min⁻¹) and k_2 is the pseudo-second order rate constant (g mg⁻¹ min⁻¹). Non-linear fittings were performed using GraphPad Prism, version 5.

249

250 2.4.2. Adsorption equilibrium

For the determination of the adsorption isotherms, the experiments were 251 performed using the shaking time needed to attain the equilibrium, as determined in 252 section 2.4.1, and varying the concentration of carbon adsorbents while keeping the 253 initial concentration of the CBZ constant (5 mg L^{-1}). These experiments allow to 254 calculate the adsorption capacity of the materials. Briefly, 50 mL of a 5 mg L^{-1} aqueous 255 256 solution of CBZ was added at different doses of each carbon. For ultrapure water, the dose of KOH-BW-800-150 and KOH-PL-800-150 varied between 12.5-30 mg L^{-1} and 257 20-40 mg L^{-1} , respectively; and for wastewater, it varied between 35-90 mg L^{-1} and 25-258 70 mg L^{-1} , respectively. A minimum of six concentrations were considered for each 259 system. The adsorbed concentration of CBZ onto each AC at the 260 equilibrium, $q_e \pmod{g^{-1}}$, was calculated by Eq. (5). The experimental data were fitted 261 by Langmuir (Langmuir, 1916) and Freundlich (Freundlich, 1906) isotherm models 262

(Eqs. (6) and (7), respectively) in order to determine the equilibrium parameters of the
systems. Non-linear fittings were performed using GraphPad Prism, version 5.

$$265 \quad q_e = \frac{(C_i - C_e)V}{m} \tag{5}$$

$$266 \qquad q_e = \frac{q_m \times K_L \times C_e}{1 + K_L \times C_e} \tag{6}$$

267
$$q_e = K_F \times C_e^{(1/N)}$$
 (7)

where $C_e (\text{mg L}^{-1})$ is the concentration of CBZ in solution at the equilibrium, q_m is the maximum adsorption capacity of each material towards CBZ (mg g⁻¹), K_L is the Langmuir equilibrium constant (L mg⁻¹), K_F is the Freundlich equilibrium constant (mg g⁻¹ (L mg⁻¹)^{1/N}), N are the degrees of non-linearity, and all the other variables are defined as in Eqs. (2), (3) and (4).

274 **2.5.** Wastewater sampling

Wastewater was collected in June 2019 in a local Sewage Treatment Plant 275 276 (Aveiro, Portugal) and it corresponds to the final effluent, after the biological treatment, 277 as discharged into receiving waters (~3.3 km away from the coast, into the Atlantic Ocean). Immediately after collection in order to remove suspended organic matter, it 278 279 was filtered through cellulose Supor-450 membrane disc filters 0.45 µm with a vacuum 280 system. After filtration, the samples were stored in the dark at 4 °C and used within no longer than 15 days. The collected effluent was characterized by measuring conductivity 281 282 (WTW meter), pH (pH/mV/°C meter pHenomenal® pH 1100L, VWR) and dissolved organic carbon content (TOC-VCPH Shimadzu). The pH, conductivity and dissolved 283 organic carbon were 8.42, 2.78 ms cm⁻¹ and 18.0 ± 0.8 mg L⁻¹, respectively. 284 285

286 **2.6.** Pharmaceutical's quantification

287	The quantification of CBZ was performed by Micellar Electrokinetic
288	Chromatography using a Beckman P/ACE MDQ instrument (Fullerton, CA, USA),
289	equipped with a UV-Vis detection system, controlled by the software 32 Karat,
290	according to the procedure described by Calisto et al. (Calisto et al., 2011), with minor
291	modifications. Briefly, a coated silica capillary with 30 cm to the detection window was
292	used and the electrophoretic separation was performed at 25 $^{\circ}\mathrm{C}$ and 25 kV, during
293	4.5 min runs. Ethylvanillin was used as internal standard and sodium tetraborate was
294	used to obtain higher repeatability and better peak shape and resolution. Both were
295	spiked to all samples and standard solutions at final concentrations of 3.34 mg L^{-1} and
296	10 mM, respectively. Detection of CBZ was monitored at 214 nm and the separation
297	buffer consisted of 15 mM of sodium tetraborate and 20 mM of sodium
298	dodecyl sulphate. The calibration curve was determined for a concentration range
299	between 0.25 and 5 mg L^{-1} . All the analyses were performed in triplicate.
300	

3. Results and discussion

302 **3.1. Yield of the adsorbents' production**

303 After the production (pyrolysis and washing) of the adsorbent materials, the production yield was calculated. A considerable difference between the values obtained 304 for the biochars and for the ACs was observed. Briefly, the yields obtained were around 305 306 30 % for all biochars; 13 % for BW and PL KOH-ACs; 11 and 4 % for BW and PL 307 NaOH-ACs, respectively; and around 51 % for BW and PL H₃PO₄-ACs. In general, the washing step was an inevitable cause for material losses, due to the removal of the 308 309 inorganic fraction. The low production yields obtained for the KOH-ACs and NaOH-ACs (in opposition to the ones obtained for biochars and H₃PO₄-ACs) can be due to a 310

311 higher loss of volatile organic matter caused by the reaction with the alkali bases. On the other hand, for H₃PO₄-ACs, the product yield increased comparatively to *biochars*. 312 According to Molina-Sabio et al. (1995), the high yield of H₃PO₄-ACs can be due to the 313 formation of largest structural units by the reaction between this activating agent and the 314 315 lignocellulosic precursor which do not escape as volatile matter during pyrolysis. This leads to a final material with higher density, most likely due to the generation of 316 phosphate or polyphosphate structures (Hunsom and Autthanit, 2013), contributing to 317 increase the product yield. 318

319

224

320

3.2. Physical and chemical characterization

321 The results concerning total organic carbon determination are presented in Table S1 of SM. Both precursors present a high value of total organic carbon ($48.5 \pm 0.6\%$ 322 and $48.2 \pm 0.2\%$ for BW and PL, respectively) and very low inorganic carbon contents 323 (< limit of detection), corroborating that these residues constitute a promising raw 324 325 material for the production of carbon adsorbents. Comparing the total organic carbon 326 content values of the carbon adsorbents with those of the precursors, the increase for 327 biochars and ACs is clear (~30 %), except for H₃PO₄-BW-800-150 and H₃PO₄-PL-800-150, for which total organic carbon remained similar to the precursor. 328

The thermogravimetric analyses of the raw materials (BW and PL) and the resulting KOH-ACs are depicted in Fig. S1 of SM, while the corresponding proximate analyses, reported on a dry basis, are depicted in Table 1. The results showed that BW and PL have similar characteristics, i.e., low ash contents and high volatile matter and fixed carbon contents. According to Fig. S1, a pronounced thermal decomposition of the precursors began at approximately 200 °C. However, BW and PL have three stages of

mass loss during the pyrolysis process, corresponding to derivative thermogravimetric 335 peaks at 84, 295 and 352 °C and 83, 283 and 351 °C, respectively. Initially, the 336 derivative thermogravimetric curve shows a peak (~80 °C) corresponding to the mass 337 loss derived from water evaporation (Mahmood et al., 2017; Oliveira et al., 2018). The 338 339 major weight loss was observed in the temperature range of 200-500 °C, which is due to the thermal decomposition of the main SBG constituents (cellulose, hemicellulose and 340 lignin) (Mahmood et al., 2017). At ~500 °C the breakdown of lignocellulosic 341 material was finished, and no further weight loss was observed. This indicates that the 342 basic structure of carbon is expected to have been formed at 500 °C, which should be 343 considered as the lowest carbonization temperature for AC production from SBG. The 344 345 tested pyrolysis temperatures were 600 and 800 °C, since higher temperatures usually translate into a higher development of microporosity, which is advantageous for 346 347 adsorbents with superior adsorption capacity (Calisto et al., 2014). For KOH-ACs, the volatile matter content is much lower than that of the raw materials. On the other hand, 348 349 an increase (approximately four times higher) in the fixed carbon content was observed. 350 In fact, the ratio between the volatile matter and fixed carbon percentages for KOH-ACs 351 suffered a substantial decrease compared to the raw materials, indicating an extensive volatile matter release with the increase of the non-volatile carbon fraction, which are 352 353 two factors that positively contribute to the formation of a carbon rich and highly 354 porous adsorbent (Calisto et al., 2014). The high fixed carbon content is consistent with 355 the total organic carbon determination. Moreover, the low ash content (below 15%) is 356 also in accordance with the low inorganic carbon content of the samples. 357 Regarding FTIR-ATR analyses, the spectra of the BW, PL and of the produced

358 carbon adsorbents are presented in Fig. S2 of SM, allowing to identify the major

functional groups. The results show that the precursor materials (both BW and PL) have
a much more complex chemical composition than the produced carbon adsorbents. The
spectra of BW and PL present several typical bands of cellulose. The bands between
2935–2915, 2865–2845 and 2880–2860 cm^{-1} correspond to vibrations of the C–H
stretch in asymmetric and symmetric aliphatic chains (-CH ₂ and -CH ₃ , respectively)
(Coates, 2000), which may belong to cellulose, lignin or hemicellulose (Fontana et al.,
2018). In both cases, these bands disappeared in ACs, however, they are still noted in
the BC-BW-800-150 and BC-PL-800-150. The peak at 1743 cm ⁻¹ , found in spectra of
PL, corresponds to the vibration of the stretching of the carbonyl group (C=O) in
ketones, ethers, aldehydes and carboxylic acids. In the FTIR spectra of BW and PL-
based biochars (BC-BW-800-60, BC-BW-800-150, BC-PL-800-60 and BC-PL-800-
150), the typical bands of cellulose disappeared. This fact showed that there was a
considerable degradation of the main functional groups of BW and PL after pyrolysis,
even without activation. Additionally, for spectra of the BW, PL and respective ACs,
several peaks are present between 1650 and 1150 cm ⁻¹ . These peaks can be associated
to the cellulosic ethers (C–O–C bonds) (~1150 cm ^{-1}) (Coates, 2000), to the C–O
stretching in carbonyl group (~1238 cm ⁻¹) (Coates, 2000), to the C-H bending
vibrations (~1300 cm ⁻¹) (Fontana et al., 2018; Jaria et al., 2017), and to the carbonyl
group in aromatic rings (~1641 cm ⁻¹) (Calisto et al., 2014; Coates, 2000) found in lignin
(Fontana et al., 2018). The groups identified in the FTIR spectra of the BW and PL are
in agreement with the brewing waste composition, which is rich in cellulose
hemicellulose, lignin and proteins (Olszewski et al., 2019; Wierzba et al., 2019).
The point of zero charge (Table 2 and Fig. S3 of SM) was determined in order to
know the net charge of the ACs. The concentrations of some functional groups, namely

carboxyl and total basic groups, were obtained by back titrations (Table 2). Low point
of zero charge is directly connected with the presence of high concentrations of the
carboxyl groups; on the other hand, higher point of zero charge is linked to a higher
concentration of total basic groups and lower concentration of carboxyl groups. The
point of zero charge determined for KOH-BW-800-150 and KOH-PL-800-150 is
neutral or slightly basic, respectively, which is in line with the very similar
concentrations obtained for the two functional groups for both materials.

390 For the study of the textural features of the materials, nitrogen adsorption isotherms and SEM were used as characterization techniques. The results of S_{BET} and 391 the textural characterization of all the produced carbon adsorbents are presented in 392 393 Table 3. PL-based carbons presented slightly higher S_{BET} compared with BW-based carbons produced under the same conditions. This fact may be explained by the relative 394 higher content of volatile matter in PL in comparison with BW. KOH-BW-800-150 and 395 KOH-PL-800-150 were the materials with the highest S_{BET} , 1090 and 1120 m² g⁻¹, 396 397 respectively. On the other hand, the ACs obtained with NaOH and H₃PO₄ chemical 398 activation resulted in much lower SBET, more comparable with the values obtained for 399 the biochars than with the KOH-based ACs. The same conclusion is valid for total pore volume (V_p) and micropore volume (W_0) values, which will certainly influence the 400 adsorptive capacity of these materials. This comparison is particularly interesting in the 401 402 case of the materials resulting from KOH and NaOH chemical activation: the activating 403 agents are of similar nature, both alkali hydroxides, but the results are drastically 404 different for the two alkali metals, indicating that potassium has a determinant influence 405 in the development of the microporosity.

A comparison of the S_{BET} values obtained by other literature studies using 406 407 precursors with similar nature reveals that the results presented in this manuscript are quite interesting. There are some works that use SGB in its raw form, as that described 408 by Fontana et al. (Fontana et al., 2016), who only dried, crushed and sieved the raw 409 material, and they obtained a S_{BET} of 0.8246 m² g⁻¹. In what concerns materials resulting 410 from chemical activation, most authors initially carbonize the previously dried SBG and 411 412 then activate the resultant carbon material, adopting a two-step activation instead of the 413 one-step procedure applied in the present manuscript. The study of Olajire et al. (2017) is an example of such cases, where dry SBG was carbonized at 300 °C during 30 414 minutes and subsequently activated with H₃PO₄ and subjected to a second carbonization 415 at 300 °C during 1h. The resultant carbon presented a S_{BET} of 412 m² g⁻¹ (Olajire et al., 416 2017). Also, a comparison of the materials described in this study with some 417 commercially available ACs show that KOH-BW-800-150 and KOH-PL-800-150 418 presented higher SBET. For example the commercial AC, PULSORB FG4 (PBFG4) and 419 420 Norit (SAE SUPER 8003.6) (applied by Calisto et al. (Calisto et al., 2014) and Silva et al. (Silva et al., 2019), respectively) have a S_{BET} of 848 and 996 m² g⁻¹, respectively, 421 indicating that the produced materials have very promising properties to be used as 422 adsorbents. 423 Fig. 1 shows the SEM images of both precursors and some examples of BW and 424

425 PL-based carbons. The images show a gradual difference between the surface 426 morphology of the precursors, the *biochars* and of the KOH-ACs. In comparison to 427 ACs, the structure of *biochars* is more homogeneous, with some degree of destruction 428 of the original structure and a few pores can be observed (as confirmed by S_{BET} 429 analysis). On the other hand, the structure of the KOH-AC is a much rougher surface

430 (particularly, for PL-materials) with a well-developed porosity. The highly porous 431 structure is in accordance with a higher surface area, as can be confirmed by the results 432 of S_{BET} , V_p and W_0 (Table 3). Other SEM images of the *biochars* and KOH-AC are 433 presented in Figs. S4 and S5 of SM, respectively, at different magnifications.

- 434
- 435

3.3. Batch adsorption experiments

Preliminary tests were performed to evaluate the adsorptive removal of CBZ from water by all the produced carbons, allowing to identify the most promising materials. For the *biochars*, a considerable range of carbon dosages (between 25 and 1000 mg L⁻¹) was tested. The results showed a negligible CBZ adsorption, even at materials' dose as high as 1000 mg L⁻¹ (data not shown). This performance is in accordance with the very low S_{BET} obtained for the non-activated carbons. Therefore, kinetic and equilibrium studies were not performed with *biochars*.

443 On the other hand, the ACs revealed much more interesting results, even at much lower carbon doses (25 and 50 mg L^{-1}) as evidenced by the data depicted in Table 444 S2 of SM. The ACs with the best adsorptive performance to remove CBZ ($C_i = 5 \text{ mg L}^-$ 445 ¹) from aqueous solutions were KOH-BW-800-150 and KOH-PL-800-150, with 446 adsorption percentages of $88 \pm 11\%$ and $85 \pm 7\%$, respectively, using only 25 mg L⁻¹ of 447 material. The others ACs were not able to satisfactorily adsorb CBZ at the tested doses, 448 with removal percentages below $15 \pm 6\%$, using 50 mg L⁻¹ of material. Better removal 449 percentages for the KOH-ACs are certainty related with their S_{BET} , V_p and W_0 , which are 450 451 much higher than those obtained for NAOH-ACs and H₃PO₄-ACs (Table 3). Based on these results, the two KOH-ACs (KOH-BW-800-150 and KOH-PL-800-150) were 452 453 selected to perform kinetic and equilibrium studies. For this purpose, both ultrapure

water and wastewater were used as test matrices, in order to evaluate the adsorptive behavior of the materials under more realistic and representative conditions.

456

455

457 3.3.1. Adsorption kinetics

458 The amount of CBZ adsorbed onto KOH-BW-800-150 and KOH-PL-800-150 at time t (q_t , mg g⁻¹) versus time, as well as the fittings of the experimental data to pseudo-459 first and second orders kinetic models (Eqs. (3) and (4), respectively) are represented in 460 461 Fig. 2. The fitting parameters are summarized in Table 4. Generally, the pseudo-secondorder model was the model that best fitted the experimental data, with determination 462 coefficients (r^2) ranging from 0.974 to 0.985 (except for KOH-BW-800-150 in ultrapure 463 464 water). The adequacy of the pseudo-second-order model to describe the adsorption of CBZ onto carbon adsorbents was in line with the results previously reported in several 465 literature studies, where this model was the one presenting the most satisfactory fittings 466 to the experimental data (Calisto et al., 2017, 2015; Chen et al., 2017; Oliveira et al., 467 468 2018; Silva et al., 2019; To et al., 2017).

469 Considering the adsorption of CBZ onto KOH-BW-800-150 and KOH-PL-800-150, it can be verified that the observed adsorption rates (k_2) determined by the pseudo-470 second-order model indicated that no major differences can be found for the adsorption 471 472 kinetics for both materials and both matrices. All the systems attained adsorption equilibrium after 120 to 240 min of contact between the adsorbent and CBZ. Overall, 473 474 and considering that equilibrium is quickly reached, both SBG-based carbons are 475 kinetically adequate for wastewater treatment, combining quick kinetics with no 476 significant matrix interferences (that could have been possibly observed due to the

477 compositional complexity of the Sewage Treatment Plant's effluent) in the time needed478 to attain equilibrium.

479

480 3.3.2. Adsorption equilibrium

The adsorption isotherms, represented as the amount of CBZ adsorbed onto 481 KOH-BW-800-150 and KOH-PL-800-150 at equilibrium (q_e , mg g⁻¹) versus the amount 482 of pharmaceutical remaining in solution (C_e , mg L⁻¹), are shown in Fig. 3. The fitting 483 parameters obtained for the experimental data using Langmuir and Freundlich isotherm 484 485 models (Eqs. (6) and (7), respectively) are summarized in Table 4. The Langmuir-Freundlich equilibrium model (Sips, 1948) has also been tested for fitting the 486 487 experimental data. However, the determination of the Langmuir-Freundlich adsorption parameters was ambiguous for all systems, and thus it was not considered in this 488 discussion. 489

According to the results obtained for the r^2 , ranging from 0.953 to 0.983, the 490 equilibrium experimental data are satisfactorily described by the Langmuir model, for 491 both matrices and materials. As evidenced in Fig. 3 and confirmed by the adsorption 492 parameters depicted in Table 4, it was possible to conclude that the Langmuir maximum 493 adsorption capacity (q_m) for KOH-BW-800-150 and KOH-PL-800-150, was 494 significantly higher in ultrapure water than in wastewater. The q_m in wastewater 495 decreased ~70 and ~60% for KOH-BW-800-150 and KOH-PL-800-150, respectively. 496 497 This can be due to the complex chemical composition of the wastewater, which contains 498 organic and inorganic components, such as dissolved organic matter, that can compete for the adsorption sites of the carbons and, consequently, hamper the access to the pores 499 of the adsorbents (Oliveira et al., 2018; Silva et al., 2019). These results reinforce that, 500 501 despite the relevance of a first evaluation of the adsorptive capacity of the materials in

502 ultrapure water, tests using real wastewater are of utmost importance to predict the behavior of the adsorbents under conditions as close as possible to their real application. 503 A comparison between KOH-BW-800-150 and KOH-PL-800-150 reveals that 504 these two materials have a similar q_m (190 ± 27 and 178 ± 10, respectively), in ultrapure 505 506 water. In wastewater the q_m was slightly lower for KOH-BW-800-150 than for KOH-PL-800-150 (57.4 \pm 1.6 and 76.0 \pm 1.5, respectively). Still, the performance of the 507 508 materials is very similar with no major differences between them, highlighting that SBG resulting from different fermentation levels do not result in adsorbents materials with 509 significantly distinct adsorptive properties for the systems considered in the present 510 study. 511

512 The removal of CBZ from both ultrapure water and wastewater through adsorption onto commercial or waste-based carbon adsorbents has been addressed in the 513 literature by several authors. Table 5 presents some examples of relevant studies from 514 the last 5 years, allowing for a comparative evaluation of the performance of the 515 516 materials depicted in the present study. Along with the maximum adsorption capacity 517 towards CBZ, S_{BET} of the materials was also presented as it is considered a key property 518 of the adsorbents. The results here obtained are comparable to the performances observed for commercial ACs, which attained q_m between 116 mg g⁻¹ (Calisto et al., 519 2015) and 242 mg g⁻¹ (Delgado et al., 2019) in ultrapure pure or distilled water. This is a 520 521 good indication of the satisfactory removal efficiencies of the materials derived from 522 SBG chemical activation and pyrolysis. When compared with other waste-based 523 adsorbents, biochars produced by carbonization with no activation agents have 524 significantly lower performances (Calisto et al., 2017; Nielsen et al., 2015), as it was also verified for the biochars produced from SBG, corroborating the need of such 525

526 activation procedures to attain efficiencies comparable to commercially available options. On the other hand, ACs produced from industrial or agricultural wastes present 527 significantly higher performances than biochars and similar to the results obtained for 528 AC produced from SBG (up to 190 mg g⁻¹), varying from 93 mg g⁻¹ (Oliveira et al., 529 2018) to 335 mg g^{-1} (Torrellas et al., 2015). While the evaluation of the materials' 530 adsorptive capacity in ultrapure or distilled water is always considered in the literature, 531 fewer works were carried out in real matrices, namely wastewater. In these cases, and 532 533 considering CBZ in particular, some studies reported that the adsorptive removal remained almost unchanged (Silva et al., 2019) while others observed a significant 534 decrease in the ability to remove the target pollutant (Oliveira et al., 2018), as verified 535 536 for the AC described in the present work. In this context, further research needs to be done to improve the adsorptive performance of the adsorbent materials at conditions 537 representative of the target application, where the competition with dissolved organic 538 matter and other organic and inorganic compounds could be determinant. The 539 540 modification of the adsorbent surface by chemical functionalization could be a possible 541 way to improve the affinity of the materials towards specific pharmaceuticals.

542 Overall, considering the large-scale production all over the world and the sustainable nature of the precursor used in the production of adsorbents, the results 543 544 presented in this study indicate that SBG is a viable AC precursor that might be successfully applied to the removal of pharmaceuticals from water. Nevertheless, it 545 546 should be highlighted that the sustainability of the whole process can be hampered by 547 the use of high temperatures and pyrolysis times combined with high proportions of 548 activating agents, which are required for obtaining materials with adequate properties for increased adsorptive performances. In this sense, further research should be carried 549

550 out to investigate the conversion of SBG into AC using milder conditions by applying, 551 for instance, alternative heating technologies, such as microwave-induced pyrolysis. Moreover, the produced adsorbents are in powdered form, which might hinder their 552 affordable applicability in Sewage Treatment Plants due to the need of introducing an 553 554 additional step aimed at separating the treated aqueous phase from the powdered AC. This might be overcome by (i) testing the introduction of magnetic properties in the 555 556 produced AC, and (ii) testing the performance of SBG-derived granular materials. In 557 fact, the applied production process allows to obtain higher particle sizes (granular AC) without the need of any extra step (such as the addition of agglomeration agents). 558

559

560 **4.** Conclusions

561 The chemical activation of SBG was fundamental to obtain high-efficiency 562 adsorbents, being KOH-ACs the materials with the most interesting physicochemical characteristics and the best adsorptive performance towards CBZ. Moreover, using as 563 precursor SBG from different types of fermentation does not influence the adsorbents' 564 565 properties. Adsorption studies in Sewage Treatment Plant's wastewater allowed to 566 verify a decrease in the performance of the materials, in comparison to ultrapure water, 567 highlighting the importance of using realistic matrices as model systems. This study represents a step forward in the utilization of SBG for ACs production, enabling its 568 569 application to the effective adsorption of pharmaceuticals.

570

571 Supplementary Materials

572 E-supplementary data of this work can be found in online version of the paper.

574 Acknowledgments

575	Thanks are due for the financial support to CESAM (UID/AMB/50017/2019), to
576	FCT/MEC through national funds, and the co-funding by the FEDER, within the
577	PT2020 Partnership Agreement and Compete 2020. Vânia Calisto is thankful to FCT
578	for the Scientific Employment Stimulus Program (CEECIND/00007/2017), while María
579	V. Gil acknowledges support from a Ramón y Cajal grant (RYC-2017-21937) of the
580	Spanish government, co-financed by the European Social Fund (ESF). The authors
581	would like to thank Valdemar Esteves, Marta Otero and Guilaine Jaria for the helpful
582	scientific discussions. Milton Fontes and workers of Aveiro's Sewage Treatment Plant
583	(Águas do Centro Litoral) are gratefully acknowledged for assistance on the effluent
584	sampling campaigns. The authors also thank Faustino Microcervejeira, Lda. (Aveiro,
585	Portugal) and its head brewer Gonçalo Faustino for kindly providing the brewing
586	residues used in this work.

587

588 **References**

- Aga, D.S., 2008. Fate of pharmaceuticals in the environment and in water treatmentsystems.
- Azargohar, R., Dalai, A.K., 2008. Steam and KOH activation of biochar: Experimental
 and modeling studies. Microporous Mesoporous Mater. 110, 413–421.
- 593 doi:10.1016/j.micromeso.2007.06.047
- Bahlmann, A., Carvalho, J.J., Weller, M.G., Panne, U., Schneider, R.J., 2012.
- 595 Immunoassays as high-throughput tools: Monitoring spatial and temporal
- variations of carbamazepine, caffeine and cetirizine in surface and wastewaters.
- 597 Chemosphere 89, 1278–1286. doi:10.1016/j.chemosphere.2012.05.020

- 598 Barrozo, M.A.S., Borel, L.D., Lira, T.S., Ataíde, C.H., 2019. Fluid dynamics analysis
- and pyrolysis of brewer's spent grain in a spouted bed reactor. Particuology 42,
- 600 199–207. doi:10.1016/j.partic.2018.06.001
- Borel, L.D., Lira, T.S., Ribeiro, J.A., Ataíde, C.H., Barrozo, M.A.S., 2018. Pyrolysis of
- brewer's spent grain: Kinetic study and products identification. Ind. Crops Prod.
- 603 121, 388–395. doi:10.1016/j.indcrop.2018.05.051
- 604 Calisto, V., Domingues, M.R.M., Erny, G.L., Esteves, V.I., 2011. Direct
- 605 photodegradation of carbamazepine followed by micellar electrokinetic
- 606 chromatography and mass spectrometry. Water Res. 45, 1095–1104.
- 607 doi:10.1016/j.watres.2010.10.037
- 608 Calisto, V., Ferreira, C.I.A., Oliveira, J.A.B.P., Otero, M., Esteves, V.I., 2015.
- 609 Adsorptive removal of pharmaceuticals from water by commercial and waste-
- based carbons. J. Environ. Manage. 152. doi:10.1016/j.jenvman.2015.01.019
- 611 Calisto, V., Ferreira, C.I.A., Santos, S.M., Gil, M.V., Otero, M., Esteves, V.I., 2014.
- 612 Production of adsorbents by pyrolysis of paper mill sludge and application on the
- removal of citalopram from water. Bioresour. Technol. 166, 335–344.
- 614 doi:http://dx.doi.org/10.1016/j.biortech.2014.05.047
- 615 Calisto, V., Jaria, G., Silva, C.P., Ferreira, C.I.A., Otero, M., Esteves, V.I., 2017. Single
- and multi-component adsorption of psychiatric pharmaceuticals onto alternative
- and commercial carbons. J. Environ. Manage. 192, 15–24.
- 618 Chen, D., Xie, S., Chen, C., Quan, H., Hua, L., Luo, X., Guo, L., 2017. Activated
- biochar derived from pomelo peel as a high-capacity sorbent for removal of
- 620 carbamazepine from aqueous solution. RSC Adv. 7, 54969–54979.
- 621 doi:10.1039/C7RA10805B

622	Clara, M., Strenn, B., Kreuzinger, N., 2004. Carbamazepine as a possible anthropogenic
623	marker in the aquatic environment: investigations on the behaviour of
624	carbamazepine in wastewater treatment and during groundwater infiltration. Water
625	Res. 38, 947–954.
626	Coates, J., 2000. Interpretation of Infrared Spectra - A Practical Approach, in: Meyers,
627	R.A. (Ed.), Encyclopedia of Analytical Chemistry. John Wiley & Sons Ltd,
628	Chichester, pp. 10815–10837.
629	Delgado, N., Capparelli, A., Navarro, A., Marino, D., 2019. Pharmaceutical emerging
630	pollutants removal from water using powdered activated carbon: Study of kinetics
631	and adsorption equilibrium. J. Environ. Manage. 236, 301–308.
632	doi:10.1016/J.JENVMAN.2019.01.116
633	Fekadu, S., Alemayehu, E., Dewil, R., Van der Bruggen, B., 2019. Pharmaceuticals in
634	freshwater aquatic environments: A comparison of the African and European
635	challenge. Sci. Total Environ. 654, 324–337.
636	doi:10.1016/J.SCITOTENV.2018.11.072
637	Ferraz, A.I., Tavares, M.T., Teixeira, J.A., 2005. Sorption of Cr (III) from aqueous
638	solutions by spent brewery grain. CHEMPOR 2005 - 9th Int. Chem. Eng. Conf.
639	s.n.
640	Fontana, I.B., Peterson, M., Cechinel, M.A.P., 2018. Application of brewing waste as
641	biosorbent for the removal of metallic ions present in groundwater and surface
642	waters from coal regions. J. Environ. Chem. Eng. 6, 660-670.

- 643 doi:10.1016/J.JECE.2018.01.005
- 644 Fontana, K.B., Chaves, E.S., Sanchez, J.D.S., Watanabe, E.R.L.R., Pietrobelli,
- 545 J.M.T.A., Lenzi, G.G., 2016. Textile dye removal from aqueous solutions by malt

- bagasse: Isotherm, kinetic and thermodynamic studies. Ecotoxicol. Environ. Saf.
- 647 124, 329–336. doi:10.1016/j.ecoenv.2015.11.012
- Freundlich, H., 1906. Over the adsorption in solution. J. Phys. Chem. 18, 385–470.
- 649 Gonçalves, G. da C., Nakamura, P.K., Furtado, D.F., Veit, M.T., 2017. Utilization of
- brewery residues to produces granular activated carbon and bio-oil. J. Clean. Prod.
- 651 168, 908–916. doi:10.1016/J.JCLEPRO.2017.09.089
- Ho, Y.S., McKay, G., Wase, D.A.J., Forster, C.F., 2000. Study of the sorption of
- divalent metal ions on to peat. Adsorpt. Sci. Technol. 18, 639–650.
- 654 doi:10.1260/0263617001493693
- Hunsom, M., Autthanit, C., 2013. Adsorptive purification of crude glycerol by sewage
- sludge-derived activated carbon prepared by chemical activation with H3PO4 ,
- 657 K2CO3 and KOH. Chem. Eng. J. 229, 334–343. doi:10.1016/j.cej.2013.05.120
- Jaria, G., Calisto, V., Gil, M.V., Otero, M., Esteves, V.I., 2015. Removal of fluoxetine
- from water by adsorbent materials produced from paper mill sludge. J. Colloid
- 660 Interface Sci. 448, 32–40. doi:http://dx.doi.org/10.1016/j.jcis.2015.02.002
- Jaria, G., Calisto, V., Silva, C.P., Gil, M.V., Otero, M., Esteves, V.I., 2019. Obtaining
- 662 granular activated carbon from paper mill sludge A challenge for application in
- the removal of pharmaceuticals from wastewater. Sci. Total Environ. 653, 393–

664 400. doi:10.1016/J.SCITOTENV.2018.10.346

- Jaria, G., Silva, C.P., Ferreira, C.I.A., Otero, M., Calisto, V., 2017. Sludge from paper
- 666 mill effluent treatment as raw material to produce carbon adsorbents: An
- alternative waste management strategy. J. Environ. Manage. 188, 203–211.
- Jelic, A., Gros, M., Ginebreda, A., Cespedes-Sánchez, R., Ventura, F., Petrovic, M.,
- Barcelo, D., 2011. Occurrence, partition and removal of pharmaceuticals in sewage

- water and sludge during wastewater treatment. Water Res. 45, 1165–1176.
- 671 doi:10.1016/j.watres.2010.11.010
- Jones, O.A., Voulvoulis, N., Lester, J.N., 2002. Aquatic environmental assessment of
- the top 25 English prescription pharmaceuticals. Water Res. 36, 5013–5022.
- 674 Lagergren, S., 1898. About the Theory of So-called Adsorption of Soluble Substances.
- 675 K. Sven. Vetenskapsakademiens 24, 1–39.
- 676 Langmuir, I., 1916. The constitution and fundamental properties of solids and liquids. J.
- 677 Am. Chem. Soc. 38, 2221–2295. Doi:10.1021/ja02268a002
- 678 Li, W.C.C., 2014. Occurrence, sources, and fate of pharmaceuticals in aquatic
- environment and soil. Environ. Pollut. 187, 193–201.
- 680 doi:10.1016/j.envpol.2014.01.015
- Mahmood, T., Ali, R., Naeem, A., Hamayun, M., Aslam, M., 2017. Potential of used
- 682 Camellia sinensis leaves as precursor for activated carbon preparation by chemical
- activation with H3PO4; optimization using response surface methodology. Process
- 684 Saf. Environ. Prot. 109, 548–563. doi:10.1016/j.psep.2017.04.024
- 685 Molina-Sabio, M., Rodríguez-Reinoso, F., Caturla, F., Sellés, M.J., 1995. Porosity in
- granular carbons activated with phosphoric acid. Carbon N. Y. 33, 1105–1113.
- 687 doi:https://doi.org/10.1016/0008-6223(95)00059-M
- 688 Nielsen, L., Zhang, P., Bandosz, T.J., 2015. Adsorption of carbamazepine on
- 689 sludge/fish waste derived adsorbents: Effect of surface chemistry and texture.
- 690 Chem. Eng. J. 267, 170–181. doi:10.1016/J.CEJ.2014.12.113
- 691 Olajire, A., Abidemi, J., Lateef, A., Benson, N.U., 2017. Adsorptive desulphurization of
- 692 model oil by Ag nanoparticles-modified activated carbon prepared from brewer's
- 693 spent grains. J. Environ. Chem. Eng. 5, 147–159. doi:10.1016/j.jece.2016.11.033

- 694 Oliveira, G., Calisto, V., Santos, S.M., Otero, M., Esteves, V.I., 2018. Paper pulp-based
- adsorbents for the removal of pharmaceuticals from wastewater: A novel approach
 towards diversification 631–632, 1018–1028.
- 697 Olszewski, M.P., Arauzo, P.J., Wądrzyk, M., Kruse, A., 2019. Py-GC-MS of
- 698 hydrochars produced from brewer's spent grains. J. Anal. Appl. Pyrolysis 140,
- 699 255–263. doi:10.1016/j.jaap.2019.04.002
- Silva, C.P., Jaria, G., Otero, M., Esteves, V.I., Calisto, V., 2019. Adsorption of
- 701 pharmaceuticals from biologically treated municipal wastewater using paper mill
- sludge-based activated carbon. Environ. Sci. Pollut. Res. 26, 13173–13184.
- 703 doi:10.1007/s11356-019-04823-w
- Silva, J.P., Sousa, S., Rodrigues, J., Antunes, H., Porter, J., Gonçalves, I., Ferreira-Dias,
- 705S., 2004. Adsorption of acid orange 7 dye in aqueous solutions by spent brewery
- 706 grains. Sep. Purif. Technol. 40, 309–315. doi:10.1016/j.seppur.2004.03.010
- Sips, R., 1948. On the structure of a catalyst surface. J. Chem. Phys. 16, 490–495.
- 708 doi:10.1063/1.1746922
- To, M.-H., Hadi, P., Hui, C.-W., Lin, C.S.K., McKay, G., 2017. Mechanistic study of
- atenolol, acebutolol and carbamazepine adsorption on waste biomass derived
- 711 activated carbon. J. Mol. Liq. 241, 386–398. doi:10.1016/J.MOLLIQ.2017.05.037
- 712 Torrellas, S.Á., García Lovera, R., Escalona, N., Sepúlveda, C., Sotelo, J.L., García, J.,
- 7132015. Chemical-activated carbons from peach stones for the adsorption of
- emerging contaminants in aqueous solutions. Chem. Eng. J. 279, 788–798.
- 715 Tran, N.H., Reinhard, M., Gin, K.Y.-H., 2018. Occurrence and fate of emerging
- contaminants in municipal wastewater treatment plants from different geographical
- 717 regions-a review. Water Res. 133, 182–207. doi:10.1016/J.WATRES.2017.12.029

- 718 Vanreppelen, K., Vanderheyden, S., Kuppens, T., Schreurs, S., Yperman, J., Carleer, R.,
- 719 2014. Activated carbon from pyrolysis of brewer's spent grain: Production and
- adsorption properties. Waste Manag. Res. 32, 634–645.
- 721 doi:10.1177/0734242X14538306
- 722 Wierzba, S., Andrzej, K., 2019. Heavy metal sorption in biosorbents Using spent grain
- from the brewing industry. J. Clean. Prod. 225, 112–120.
- doi:10.1016/j.jclepro.2019.03.286
- 725 Wierzba, S., Rajfur, M., Nabrdalik, M., Kłos, A., 2019. Assessment of the influence of
- counter ions on biosorption of copper cations in brewer's spent grain Waste
- product generated during beer brewing process. Microchem. J. 145, 196–203.
- 728 doi:10.1016/j.microc.2018.10.040

Material	Moisture	Volatile matter (VM)	Fixed carbon (FC)	Ash	VM/FC
		(wt%, dry basis)			
BW	3.34	74.08	21.95	3.97	3.38
PL	2.86	75.75	19.30	4.95	3.93
KOH-BW-800-150	24.71	12.43	83.12	4.45	0.15
KOH-PL-800-150	22.90	8.24	78.00	13.76	0.11

Table 1. Proximate analyses for precursors (BW and PL) and activated carbons produced bychemical activation with KOH (KOH-BW-800-150 and KOH-PL-800-150)

Table 2. Point of zero charge and amount of carboxyl and total basic functional groups of KOH-

BW-800-150 and KOH-PL-800-150 determined by back titration

	Functional groups (mmol	Point of zero	
Material	Carboxylic acids	Basic groups (Total)	charge
KOH-BW-800-150	2.27	2.29	6.9
KOH-PL-800-150	2.28	2.56	8.0

Material	$S_{BET} ({ m m}^2 { m g}^{-1})$	$V_p (\mathrm{cm}^3\mathrm{g}^{-1})$	Dubinin-Astakhov (DA)	
			$W_{\theta} (\mathrm{cm}^3 \mathrm{g}^{-1})$	L (nm)
BC-BW-800-60	3	0.01	0.001	1.79
BC-BW-800-150	3	0.01	0.001	1.77
KOH-BW-800-150	1090	0.55	0.44	1.48
NaOH-BW-800-150	18	0.02	0.01	1.95
H ₃ PO ₄ -BW-800-150	14	0.02	0.01	1.86
BC-PL-800-60	4	0.02	0.002	1.91
BC-PL-800-150	5	0.02	0.002	1.82
KOH-PL-800-150	1120	0.60	0.46	1.49
NaOH-PL-800-150	267	0.54	0.12	1.73
H ₃ PO ₄ -PL-800-150	29	0.05	0.02	2.04

Table 3. Textural characterization of all the produced carbon adsorbents – specific surface area (S_{BET}) ; total pore volume (V_p) ; micropore volume (W_0) ; and average micropore width (L).

		Ultrapure water		Wastewater	
		KOH-BW-800-150	KOH-PL-800-150	KOH-BW-800-150	KOH-PL-800-150
Kinetic models					
Pseudo 1st order	$q_e (\mathrm{mg \ g}^{-1})$	179 ± 4	182 ± 9	45 ± 3	59 ± 4
	$k_1 (\min^{-1})$	0.066 ± 0.006	0.09 ± 0.02	0.024 ± 0.005	0.037 ± 0.009
	r^2	0.993	0.959	0.948	0.933
	<i>n*</i>	7	7	7	7
Pseudo 2nd order	$q_e(\text{mg g}^{-1})$	199 ± 11	201 ± 7	51 ± 3	64 ± 2
	$k_2 (\text{mg g}^{-1} \min)$	0.0004 ± 0.0001	0.0006 ± 0.0001	0.0005 ± 0.0001	0.0009 ± 0.0002
	r^2	0.974	0.985	0.979	0.974
	<i>n*</i>	7	7	7	7
Equilibrium adsorption models					
Langmuir	$q_m (\mathrm{mg \ g}^{-1})$	190 ± 27	178 ± 10	57.4 ± 1.6	76.0 ± 1.5
	K_L (L mg ⁻¹)	3 ± 2	6 ± 2	36 ± 21	60 ± 25
	r^2	0.953	0.966	0.973	0.983
	<i>n*</i>	6	9	9	9
Freundlich	K_F	144 ± 12	151 ± 4	55.0 ± 1.3	73.4 ± 1.4
	$(mg g^{-1} (mg L^{-1})^{-N})$				
	Ν	7 ± 5	5.3 ± 1.6	32 ± 25	25 ± 12
	r^2	0.944	0.959	0.966	0.979
	<i>n*</i>	6	9	9	9

Table 4. Fitting parameters of pseudo-first and pseudo-second order kinetic models, and of

 Langmuir and Freundlich equilibrium models, to the experimental data

* *n* is the number of data points used in the fitting.

Adsorbent	S _{BET} (m ² g ⁻¹)	Equilibrium experimental conditions ¹	Maximum adsorption capacity ² (mg g ⁻¹)	Reference
Commercial AC (PBFG4)	848	$T = 25 \text{ °C}; C_0 = 5 \text{ mg } L^{-1}$	116 (ultrapure water)	(Calisto et al. 2015)
Comercial AC (Norit)	996	$T = 25 \text{ °C}; C_0 = 5 \text{ mg } L^{-1}$	174 (ultrapure water); 160 (wastewater, pH 7.7 - 7.9)	(Silva et al. 2019)
Commercial AC from vegetable origin	1328	$T = 25 \text{ °C}; C_0 = 10 - 40 \text{ mg } \text{L}^{-1}$	242 (distilled water, pH~6)	(Delgado et al. 2019)
Biochar from paper mill sludge	414	$T = 25 \text{ °C}; C_0 = 5 \text{ mg } L^{-1}$	17.4 (ultrapure water, converted from μ mol g ⁻¹)	(Calisto et al. 2017)
Carbonized sewage sludge+fish waste	34 - 101	$T = 30 \text{ °C}; C_0 = 1 - 100 \text{ mg } \text{L}^{-1}$	4.9 – 37.2 (Sips isotherm)	(Nielsen et al. 2015)
AC from bleached paper pulp	768 - 965	$T = 25 \text{ °C}; C_0 = 5 \text{ mg } L^{-1}$	57 - 93 (ultrapure water); 29.9 - 80 (wastewater, pH 7.8)	(Oliveira et al. 2018)
AC from paper mill sludge	1627	$T = 25 \text{ °C}; C_0 = 5 \text{ mg } L^{-1}$	212 (ultrapure water); 209 (wastewater, pH 7.7 - 7.9)	(Silva et al. 2019)
AC from palm kernel shell	711.5	$T = 25 \text{ °C}; C_0 = 100 - 250 \text{ mg } \text{L}^{-1}$	208 (ultrapure water, pH 7, converted from mmol g^{-1})	(To et al. 2017)
AC from peach stones	959 - 1216	$T = 30 \text{ °C}; C_0 = 100 \text{ mg } \text{L}^{-1}$	335 (ultrapure water)	(Torrellas et al. 2015)
AC from pomelo peel	198.0 – 904.1	$T = 25 \ ^{\circ}C; \ C_0 = 10 - 100 \ mg \ L^{-1}$	80.64 - 286.5 (ultrapure water)	(Chen et al. 2017)
AC from spent brewery grains	1090-1120	$T = 25 \text{ °C}; C_0 = 5 \text{ mg } L^{-1}$	178 - 190 (ultrapure water); 57.4 – 76.0 (wastewater, pH 8.4)	This study

 Table 5. Examples of literature studies reporting the adsorptive removal of carbamazepine using commercial or waste-based carbon adsorbents

 1 C₀ – carbamazepine initial concentration

² Maximum adsorption capacity determined by fitting the experimental data with the Langmuir isotherm model, unless stated otherwise

Fig. 1. SEM images of precursors (BW, PL), *biochars* (BC-BW-800-150, BC-PL-800-150) and AC (KOH-BW-800-150 and KOH-PL-800-150) at different magnifications

Fig. 2. Kinetic fittings for experimental data for KOH-BW-800-150 in a) ultrapure water and b) wastewater; and for KOH-PL-800-150 in c) ultrapure water and d) wastewater. The results were fitted to pseudo-first (solid lines) and pseudo-second (dashed lines) order kinetic models. Each point (\pm standard deviation) is the average of three replicates. Note that *x* and *y*-axis scales are not the same in all graphs to allow a better visualization of the results

Fig. 3. Fittings for the isotherms experimental data for KOH-BW-800-150 in a) ultrapure water and b) wastewater; and for KOH-PL-800-150 in c) ultrapure water and d) wastewater. The results were fitted to Langmuir (solid lines) and Freundlich (dashed lines) equilibrium models. Each point (\pm standard deviation) is the average of three replicates. Note that *x* and *y*-axis scales are not the same in all graphs to allow a better visualization of the results





b

