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1 **How are arbovirus vectors able to tolerate infection?**

2 Jose Henrique Oliveira^{1*}, Ana Cristina Bahia^{2*}, Pedro F. Vale^{3*}

3 1 – Departamento de Microbiologia, Imunologia e Parasitologia. Universidade
4 Federal de Santa Catarina. Florianopolis, SC, Brazil.

5 2 – Instituto de Biofísica Carlos Chagas Filho, Universidade Federal do Rio de
6 Janeiro, Rio de Janeiro, Brazil.

7 3 – Institute of Evolutionary Biology, School of Biological Sciences, University of
8 Edinburgh, Edinburgh, United Kingdom.

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11 *Contact email: jose.oliveira@ufsc.br; anabahia@biof.ufrj.br; pedro.vale@ed.ac.uk

12

13 **Abstract:**

14 One of the defining features of mosquito vectors of arboviruses such as Dengue and
15 Zika is their ability to tolerate high levels of virus proliferation without suffering
16 significant pathology. This adaptation is central to vector competence and disease
17 spread. The molecular mechanisms, pathways, cellular and metabolic adaptations
18 responsible for mosquito disease tolerance are still largely unknown and may
19 represent effective ways to control mosquito populations and prevent arboviral
20 diseases. In this review article, we describe the key link between disease tolerance
21 and pathogen transmission, and how vector control methods may benefit by
22 focusing efforts on dissecting the mechanisms underlying mosquito tolerance of
23 arboviral infections. We briefly review recent work investigating tolerance
24 mechanisms in other insects, describe the state of the art regarding the mechanisms
25 of disease tolerance in mosquitos, and highlight the emerging role of gut microbiota
26 in mosquito immunity and disease tolerance.

27

28 Keywords: mosquito; arbovirus; disease-tolerance.

29

30

31

32 **Introduction:**

33 Diseases caused by mosquito-borne arboviruses like Dengue, Zika,
34 Chikungunya, Yellow Fever, West Nile (WNV), Mayaro and Japanese Encephalitis
35 (JEV), are important sources of worldwide morbidity and mortality. Dengue fever
36 alone affects more than 390 million people every year in tropical and sub-tropical
37 areas of the world (Bhatt et al. 2013). In the absence of an efficient vaccine, and
38 faced with the emergence of insecticide resistant mosquito strains, it is important to
39 explore alternative avenues of vector control. One approach is to focus on the
40 behavioral and physiological determinants of vectorial competence, including how
41 mosquitoes maintain homeostasis and fitness while infected with arbovirus, and
42 how this trait influences disease transmission. If we understand what makes a good
43 vector, we may begin to uncover new ways to reduce or even disrupt vectorial
44 capacity.

45 A fundamental feature of mosquito–virus interactions is that following the
46 ingestion of an infectious blood meal there is proliferation and spread of virus
47 particles from the mosquito midgut to the salivary glands. During this process,
48 mosquitoes often experience minimal physiological and fitness costs associated with
49 arbovirus replication (Moreno-Garcia et al., 2014; Shaw et al., 2018), highlighting
50 how mosquito vectors are tolerant to arbovirus infection (Lambrechts and Saleh,
51 2019). Although some work has reported different degrees of fitness costs to
52 mosquitoes during arbovirus infection (Lambrechts and Scott, 2009; Grubaugh et al.,
53 2017; Petersen et al., 2018; Silveira et al., 2018), virus proliferation is frequently
54 non-pathogenic and the observed harm is host and pathogen strain-specific (Martin
55 et al., 2010; Reiskind et al., 2010; Tesla et al., 2018; Sirisena et al., 2018).

56 Disease tolerance is a host defense strategy to maximize homeostasis and
57 fitness independent of mechanisms that kill microbes. It acts in concert with other
58 evolutionary conserved defensive strategies, such as immune resistance (killing
59 microbes) and behavioral avoidance (reducing the risk of infection). The ability to
60 tolerate a viral infection is no doubt an essential attribute of an effective disease
61 vector. Given the prevalence of insect-vector human pathogens, it is striking that
62 we currently know so little about how mosquitos are able to tolerate infection by

63 the viruses they vector, and how this ability varies in natural mosquito populations
64 (Dharmarajan et al., 2019). By understanding the metabolic and molecular
65 mechanisms that promote disease tolerance in mosquitoes, we may uncover novel
66 targets to reduce vector competence and block virus transmission to humans.

67

68 **The link between tolerance and transmission:**

69 Organisms have evolved a variety of behavioral and physiological strategies
70 to avoid, clear or tolerate infections. Immune-mediated pathogen killing is a well-
71 studied strategy that contributes to disease resistance. Acting independently or in
72 cooperation with mechanisms that kill pathogens, immune-metabolic and
73 physiological responses to infection may also promote tissue protection or repair,
74 preserving host homeostasis during infection (Martins et al., 2019; Ganeshan et al.,
75 2019). These responses secure host health and recovery independently of pathogen
76 killing, and so they are likely to promote disease tolerance, allowing hosts to
77 maintain a relative level of health despite harboring relatively high pathogen
78 burdens (see Box 1). The concept of health is directly connected to homeostasis and
79 the ability to maintain animal physiologies operating properly at the cellular, tissue
80 and systemic levels (Buchman , 2002; Chovatiya and Medzhitov, 2014).

81 While disease tolerance may improve host health at the individual level,
82 because infectious hosts remain alive and healthy for longer, one potential
83 population-level consequence of elevated disease tolerance is an increase in the
84 prevalence of infection (Miller et al., 2005; Read et al., 2008; Vale et al., 2014).
85 Beyond this intuitive reasoning, there is evidence from both theoretical and
86 experimental approaches that reducing the severity of disease in the host
87 (increasing disease tolerance) can lead to increased spread and prevalence of
88 infection (Hozé et al., 2018; Read et al., 2015; Vale et al., 2014). For example,
89 environmental conditions conducive to greater disease tolerance have been found to
90 foster super-shedding individuals who contribute disproportionately more to the
91 total transmission (Vale et al., 2013, 2011), while therapeutic interventions that
92 boost host tolerance are predicted to increase the prevalence of infections (Hozé et
93 al., 2018; Vale et al., 2014), mainly through the impact of increasing host lifespan,

94 and consequently, the infectious period. To fully grasp the consequences of disease
95 tolerance for pathogen spread, it is therefore important to quantify the extent of
96 natural variation in infection tolerance, and test if more tolerant individuals have
97 greater potential for disease transmission (Henschen and Adelman, 2019; Vale et al.,
98 2013).

99

100 **How do organisms tolerate infection?**

101 Understanding the physiological mechanisms underlying disease tolerance
102 phenotypes in mosquitos would be helpful in designing therapeutic interventions
103 that aim to reduce their tolerance to vectored pathogens as a means of reducing
104 their vectorial competence (Shaw et al., 2018). The most obvious candidates for
105 such mechanisms are those which either prevent tissue damage from occurring or
106 that are central in the process of repairing tissue damage (Martins et al., 2019;
107 Soares et al., 2017, 2014). Mechanisms that target secreted virulence factors or
108 toxins, for example, are good candidates for tolerance mechanisms because they can
109 prevent pathology without directly eliminating pathogens (Allen et al., 2014; Rasko
110 and Sperandio, 2010; Vale et al., 2014). Disease severity is also directly affected by
111 immunopathology induced during prolonged or unregulated inflammatory
112 responses to pathogens, and therefore anti-inflammatory mechanisms are equally
113 promising mechanisms of disease tolerance (Ayres and Schneider, 2012; Martins et
114 al., 2019; Vale et al., 2014). Finally, once damage has occurred, more tolerant hosts
115 are likely to repair tissue damage and recover from infection. Our understanding of
116 how mosquito vectors tolerate infection would therefore be greatly enhanced by
117 focusing our efforts on mechanisms that promote physiological integrity, reduced
118 inflammation and enhanced tissue damage repair. However, we currently have a
119 limited understanding of the physiological and immune mechanisms that allow
120 arthropod vectors to tolerate infection. Since arbovirus infection and transmission
121 by mosquitoes are closely associated with hematophagy, the metabolic adaptations
122 triggered by the pro-oxidant nature of the blood meal (Sterkel et al., 2017) are likely
123 to modulate mosquito disease tolerance to arbovirus.

124

125 **What can other insects teach us about disease tolerance mechanisms in**
126 **mosquito vectors?**

127 Disease tolerance has been well studied in plants (Baucom and de Roode
128 2011) and more recently in animals (Råberg et al. 2009; Ayres and Schneider 2008;
129 Baucom and de Roode 2011; Vale and Little 2012). In invertebrates, most research
130 has focused on bacterial or viral infections in *Drosophila* (Brandt et al. 2004; Ayres
131 and Schneider 2008; Teixeira 2012) or bacterial infections in the freshwater
132 crustacean *Daphnia* (Vale et al. 2011; Vale and Little 2012), and protozoan
133 infections in Monarch butterflies (Lefèvre et al. 2011; Sternberg et al. 2013). Despite
134 the obvious differences between the physiology of hematophagous vectors and
135 other ecologically distinct hosts, there is substantial evolutionary conservation in
136 immune and tissue repair mechanisms that mediate the response to many infections
137 (Hoffmann et al., 1999). One potentially helpful approach may therefore be to
138 leverage work done in other model systems of infection, particularly insects, to
139 identify potential candidate mechanisms of disease tolerance in mosquito vectors
140 (Gupta and Vale, 2017; Howick and Lazzaro, 2014; Lissner and Schneider, 2018;
141 Louie et al., 2016; Sternberg et al., 2012; Troha et al., 2018).

142 For example, a recent comparison of transcriptional profiles in *Drosophila*
143 infected with a range of bacterial pathogens identified the transcription factor
144 CrebA which, when knocked down, resulted in reduced tolerance due to increased
145 cellular stress (Troha et al., 2018). Other work in *Drosophila* measured tolerance to
146 bacterial infection in a panel of inbred lines and identified several candidate genes
147 associated with variation in disease tolerance (Howick and Lazzaro, 2017). Among
148 them, *grainy head* (*ghd*) is shown to be involved in epithelial wound repair via
149 embryonic ERK pathway signaling, and *debris buster* (*dsb*) is previously implicated
150 in autophagy of cellular debris (Han et al., 2014; Howick and Lazzaro, 2017; Mace et
151 al., 2005). These two studies highlight that the maintenance of cellular homeostasis
152 in addition to tissue damage repair may be central to disease tolerance in insects.

153 Other work in *Drosophila* has also shed light on how immune regulation
154 mechanisms may play an important role in disease tolerance. The epigenetic
155 regulator of the JAK-STAT pathway G9a, for example, has been identified as being

156 important in tolerating systemic infection by Drosophila C Virus, mainly due its role
157 in downregulating immunopathology during viral infection (Merkling et al., 2015).
158 Interestingly, G9a appears to have greater effects in male flies, and affects tolerance
159 not by reducing the overall severity of infection, but by changing the sensitivity of
160 flies to increasing concentrations of DCV (Gupta and Vale, 2017). Future work may
161 therefore benefit from focusing on negative regulators of immune responses as key
162 mediators of disease tolerance.

163

164 **Mechanisms of disease tolerance to arbovirus infection in mosquitoes:**

165 Several immune signaling pathways are activated in mosquitoes during
166 arboviral infections, such as the antiviral RNAi (Sanchez-Vargas et al., 2009; Olmo et
167 al., 2018), JAK-STAT (Souza-Neto et al., 2009), Toll (Xi et al., 2008), and IMD
168 (Barletta et al., 2017) pathways. The inhibition of specific components of immune
169 resistance, such as RNAi, leads to viral over proliferation and host mortality,
170 demonstrating that controlling viral growth is essential for mosquito defense (Myles
171 et al., 2008; Cirimotich et al., 2009). Despite that, antiviral immune resistance
172 operates at low to moderate levels. Arbovirus titers increase 100 to 1000-fold in
173 mosquito bodies following an infectious blood meal and Dengue, for example, can
174 establish persistent lifelong infections (Salazar et al., 2007). This lower state of
175 immune resistance maintains viral burden under an acceptable homeostatic range
176 for the vector, but is only possible because mosquitoes rely on complementary
177 defensive strategies that prevent arbovirus-triggered pathology. Below, we briefly
178 describe some known mechanisms involved in vector disease tolerance, including
179 the role of gut microbiota in the modulation of vector competence (Box 2).

180 *Cellular renewal and homeostasis.* Cell death and regeneration determine
181 disease tolerance in different systems through the modulation of tissue composition
182 and integrity (Jamieson et al., 2013; Sahoo et al., 2014; Soares et al., 2017). In
183 mosquitoes, apoptosis impacts vector competence leading to antagonistic outcomes
184 depending on arbovirus and insect species. *Aedes aegypti* strains refractory to
185 Dengue have increased expression of pro-apoptotic genes and higher numbers of
186 midgut apoptotic cells during infection (Ocampo et al., 2013, Eng et al., 2016) and

187 the induction of apoptosis controls Sindbis spread, collectively suggesting mosquito
188 cell death can restrict arbovirus (O'Neill et al., 2015). Paradoxically, inhibiting
189 apoptosis through silencing of the initiator caspase Aedronc decreased Dengue virus
190 load and dissemination (Eng et al., 2016) and activating apoptosis using RNAi-
191 mediated silencing of the anti-apoptotic gene *iap1* increased Sindbis infection
192 (Wang et al., 2012). To compensate for the loss of apoptotic cells that could
193 compromise tissue integrity, damage caused by chemical or infectious insults trigger
194 an adaptive response leading to cell regeneration and reestablishment of midgut
195 homeostasis (Janeh et al., 2017). In the context of Dengue infection, the proliferation
196 of intestinal stem cells (ISC) is delayed in susceptible *A. aegypti* Rockefeller strain,
197 suggesting that midgut cell renewal may regulate vector competence (Taracena et
198 al., 2018). So far, it is not clear how cell turnover influences mosquito-virus
199 interactions and we can only speculate that the interplay between infection-induced
200 apoptosis and the compensatory ISC proliferation is likely to contribute to tissue
201 integrity, midgut homeostasis and vector disease tolerance. In a recent study,
202 Thaker and collaborators (2019) compared metabolic alterations induced by Zika in
203 mosquito versus human cell and revealed an energy depletion that led to AMPK
204 activation and apoptosis in humans but not mosquito cells, which, if confirmed in
205 whole insects, could help to explain the tolerance phenotype of infected mosquitoes
206 (Figure 2).

207 *Reducing viral pathology.* The neutralization of arbovirus-induced pathology
208 in mosquitoes is essential for disease transmission. Some flavivirus, such as Dengue
209 and Zika, show neurotropism for mosquito nervous system, including the brain, and
210 promote behavioral alteration in infected females (Zhang et al., 2010; Lima-Camara
211 et al., 2011; Gaburro et al., 2018). The neural factor Hikaru genki of *A. aegypti*
212 (AeHig) is expressed in the nervous system and promotes disease tolerance by
213 restricting neuronal apoptosis and arbovirus damage to mosquito brains,
214 preventing lethal infections following arbovirus-contaminated blood meals (Xiao et
215 al., 2015).

216 *Modulation of arboviral persistent infections:* Insect cells and mosquitoes
217 infected with arbovirus, such as Dengue, Chikungunya, Zika and West Nile, produce

218 viral DNA fragments (vDNA) that integrate into mosquito genomes, known as
219 endogenous viral elements (EVEs) (Crochu et al., 2004, Nag et al., 2016 and 2017).
220 vDNA synthesis is mediated by the reverse transcriptase activity of mosquito
221 transposons, uses defective viral genomes as templates and is modulated by Dicer-2
222 (Poirier et al., 2018). EVEs can be either incomplete or contain functional open
223 reading frames of several arbovirus (Suzuki et al 2017; Palatini et al., 2017) inserted
224 into a genomic loci rich in transposable elements called piRNA clusters
225 (Arensburger et al., 2011; Whitfield et al., 2017). Transcripts derived from EVEs
226 inserted into piRNA clusters activate the piRNA pathway, which is expanded in
227 *Aedes* mosquitoes, to generate virus-derived piRNAs (vpiRNAs) that contribute to
228 mosquito antiviral resistance (Morazzani et al., 2012; Schnettler et al., 2013; Miesen
229 et al., 2015; Miesen et al., 2016). vDNA also mediates persistent viral infections in
230 mosquitoes, potentially connecting its synthesis to vector disease tolerance (Goic et
231 al., 2016) (Figure 2). *Aedes albopictus* infected with Chikungunya and treated with
232 AZT, an inhibitor of reverse transcriptase, had reduced vDNA levels and increased
233 vector mortality following infection without alterations in viral loads, suggesting
234 that arboviral disease tolerance is dependent on the formation of vDNA (Goic et al.,
235 2016). How vDNA is involved in the establishment of viral persistent infections and
236 vector disease tolerance awaits further investigations.

237

238 **Conclusion and perspectives:**

239 After feeding on virus-contaminated blood, vector mosquitoes support
240 intense virus proliferation without major homeostatic imbalances, being tolerant to
241 arbovirus. Targeting tolerance-promoting pathways have the potential to decrease
242 vector competence due to reduction in mosquito health and fitness, ultimately
243 affecting the number of infectious bites and/or vector lifespan. By learning how
244 mosquitoes tolerate infection we may uncover potential therapeutic targets to
245 inhibit vector tolerance, inducing mosquito mortality and disrupting arbovirus
246 transmission.

247

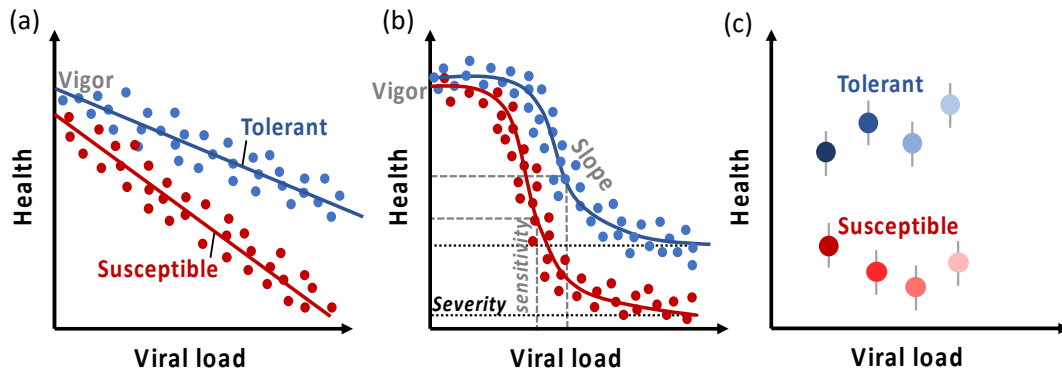
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249 **Box 1 - Measuring tolerance: the relationship between health and pathogen**
250 **load**

251 When comparing two different groups or populations of hosts, a common
252 approach is to analyze how host health changes with increasing infection loads for
253 each of the groups of interest (Raberg et al., 2007). In its simplest form, this
254 relationship may be linear, and host groups showing steep negative slopes for this
255 reaction norm suffer a loss in health with increasing loads, while hosts with flat
256 reaction norms are able to maintain health even as pathogen loads increase, and are
257 therefore relatively tolerant (Figure 1a).

258 Depending on the nature of the data, more complex non-linear relationships
259 are also possible, as has been shown in viral and bacterial infections in *Drosophila*
260 (Gupta and Vale, 2017; Howick and Lazzaro, 2014; Louie et al., 2016) and in HIV
261 infection in humans (Regoes et al., 2014). In these cases, a non-linear logistic model
262 may be more appropriate (Figure 1b). This type of model goes beyond the analysis
263 of the rate of health loss with increasing pathogen loads, providing information
264 about how groups of hosts may differ in various parameters of the response to
265 infection, including their vigor in the absence of infection, sensitivity to increases in
266 pathogen load (affecting the lethal load of infection) or the severity of infection,
267 which determines how sick a host can get during infection, including ultimate death
268 (Figure 1b) (Louie et al., 2016).

269 An important consideration in both linear and non-linear analyses is that
270 they require both health and pathogen load to be measured on the same individuals
271 (each data-point in the correlation must correspond to one individual host). This is
272 often not possible when obtaining these data since it requires destructive sampling
273 of the individual host, which is often the case in mosquitos and other invertebrates.
274 In these cases, it is still possible to measure tolerance as the average health of a
275 group of hosts relative to the average pathogen load of the same group (Figure 1c).
276 For example, genotype-specific measures of survival and pathogen loads could be
277 useful to distinguish differences in tolerance among distinct genetic backgrounds of
278 mosquito, even if survival and pathogen loads are measured in different groups of
279 insects.



280 Figure 1: A tolerance curve is a tool to quantify disease tolerance in distinct
 281 populations. The shape of tolerance curves allows distinct interpretations of host –
 282 pathogen interactions: (a) In linear tolerance curves it is possible to measure vigour
 283 (health of uninfected individuals) and the slope of health loss over an infectious
 284 gradient. However, the relationship between host health and pathogen load is often
 285 not best described by a linear model, and using a sigmoid model as seen in (b) with
 286 the 4-parameter logistic model (vigour, slope, sensitivity and severity) allows a better
 287 analysis of infection dynamics. (c) “Point tolerance” describes different tolerance
 288 properties of populations where health and viral loads were measured in distinct
 289 pools of infected hosts.

290
 291

292 **Box 2 – Gut microbiota and the modulation of vector competence**

293 The intestinal microbiota of insects plays an important role in several host
294 processes, including gut cell renewal and growth (Buchon et al., 2009; Shin et al.,
295 2011); nutrient breakdown and supplementation (Warnecke et al., 2007; Hongoh et
296 al., 2008; Nikoh et al., 2011) and toxin catabolism, among others (Kikuchi et al.,
297 2012; Ping et al., 2007). Given its profound relationship with host physiology, it is
298 likely that vector microbiota also modulates disease tolerance, as shown in non-
299 insect models (Ripert et al., 2016; Rangan et al., 2016; Ayres, 2016). In the following
300 paragraphs, we discuss how the microbiota influences pathogen colonization and
301 vector competence by enhancing or inhibiting the presence of gut pathogens.

302 The composition of the vector's intestinal microbiota is fundamental in
303 regard to its ability (competence) to transmit pathogens to humans (Ramirez et al.
304 2014, Bahia et al., 2014). This was illustrated in studies with *Anopheles gambiae* and
305 *A. aegypti* where the removal of bacteria from the insect's midguts with antibiotics
306 increased parasitemia with *Plasmodium* spp. and dengue virus (Dong et al., 2009; Xi
307 et al., 2008) through different mechanisms (Saraiva et al., 2016). The microbiota
308 shapes peritrophic matrix formation and influences innate immune system
309 activation (Rodgers et al., 2017). The microbiota proliferation after blood meal
310 induces the IMD immune pathway and antagonizes virus infection (Barletta et al.,
311 2017). The caudal transcription factor, a negative regulator of IMD, facilitates
312 microbiota tolerance by down-regulating REL2-dependent expression of
313 antimicrobial peptides, specifically in the gut, thereby enabling microbiota
314 establishment (Clayton et al., 2013).

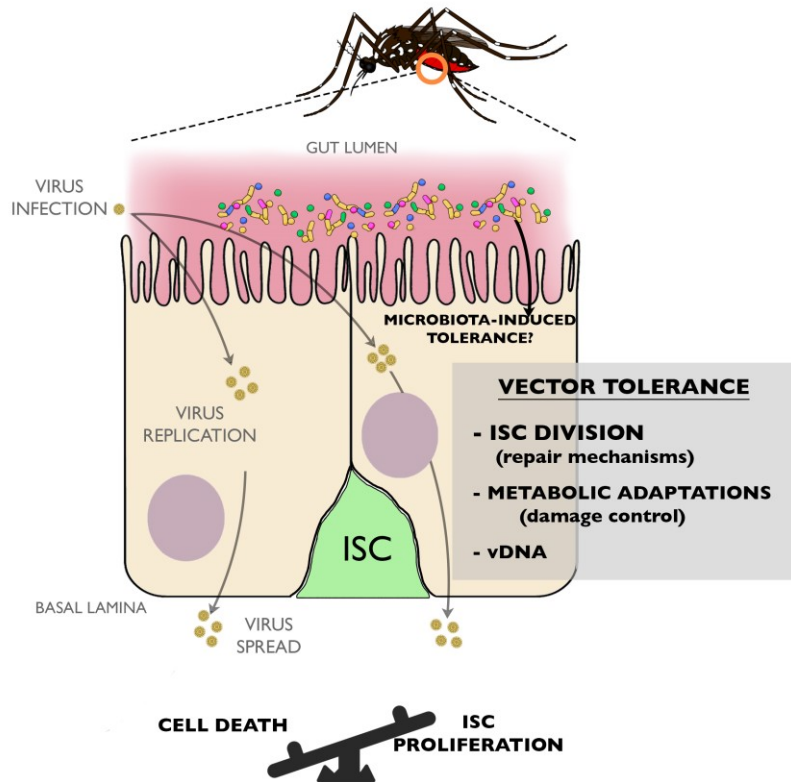
315 The insects' gut *Enterobacter* sp. bacterium secretes reactive oxygen species
316 that kills *Plasmodium* in the gut lumen of *Anopheles* mosquitoes (Cirimotich et al.,
317 2011). *Chromobacterium* sp. secretes a neutral protease and an aminopeptidase that
318 degrade the viral envelope (E) protein and thus inhibit viral attachment and
319 subsequent infection of *A. aegypti* cells (Ramirez et al., 2014; Saraiva et al., 2018a).
320 The *Chromobacterium* sp. also has *in vivo* and *in vitro* anti-*Plasmodium* properties
321 through secretion of romidepsin (Ramirez et al., 2014; Saraiva et al., 2018b).

322 By contrast, the microbiota may instead facilitate pathogen replication. The
323 susceptibility of *A. aegypti* to Dengue virus infection increases significantly after
324 *Serratia odorifera* gut colonization (Apte-Deshpande et al., 2012). Similarly, the
325 *Penicillium chrysogenum* fungus makes *A. gambiae* more susceptible to *Plasmodium*
326 infection through the upregulation of mosquito ornithine decarboxylase gene that
327 sequesters arginine, a substrate for the microbicidal radical nitric oxide production
328 (Angleró-Rodríguez et al., 2016). In a similar fashion, *Talaromyces* sp. isolated from
329 field-collected *A. aegypti* facilitates Dengue virus infection by down-regulating
330 digestive enzyme genes and trypsin activity (Angleró-Rodríguez et al., 2017). The
331 introduction of *Serratia marcescens* in antibiotic-treated *A. aegypti* facilitates dengue
332 virus dissemination and transmission through secretion of enhancin, which digests
333 mucins of the mosquito's mucus layer (Wu et al., 2019).

334 The contribution of microbiota for the host's disease tolerance response is
335 still poorly explored and future work is needed to elucidate its influence in insect
336 immune modulation, vectorial competence and pathogen transmission.

337

338



339

340 Figure 2: Possible tolerance mechanism operating in mosquito midgut during the
 341 first days following an infectious blood meal. Mechanisms driving mosquito disease
 342 tolerance to arbovirus infection may involve pathways that prevent molecular
 343 damage (damage control) and pathways that lead to organelle, cell and tissue repair
 344 once damage has occurred. It is possible that these pathways are also active in other
 345 tissues, such as brain, flight muscle, fat body, salivary glands and ovaries. Virus
 346 infection and replication in midgut epithelium will likely drive an adaptive tolerance
 347 response involving a balance between cell death and intestinal stem cell (ISC)
 348 division in order to keep gut integrity and homeostasis. At the same time, cellular
 349 energy reserves acting as stress sensors promote metabolic adaptations and virus-
 350 derived DNA (vDNA) is produced and promotes disease tolerance during infection.
 351 Several other mechanisms such as microbiota-induced tolerance are possible but, so
 352 far, still lack empirical evidence.

353

354

355

356

357 **Box 3 – Outstanding questions in disease tolerance of arbovirus vectors**

358 - How much do vectors vary in tolerance phenotypes within natural mosquito
359 populations?

360 - How do mosquitos tolerate different viral pathogens?

361 - How do cellular renewal and vDNA contribute to vector disease tolerance?

362 - Are there fitness costs to the mosquito in tolerating viral infection (reduced
363 fecundity/lifespan)?

364 - Is there a role for mosquito gut microbiota in the ability to tolerate arbovirus
365 infections?

366

367

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