# Cold and Hot Spots: from Inhibition to Enhancement by Nanoscale Phase Tuning of Optical Nanoantennas

Nicola Palombo Blascetta<sup>1</sup>, Pietro Lombardi<sup>2</sup>, Costanza Toninelli<sup>2</sup>, and Niek F. van Hulst<sup>1,3</sup>

<sup>1</sup>ICFO, Institut de Ciences Fotoniques, The Barcelona Institute of Science and Technology, Castelldefels, Barcelona 08860, Spain

<sup>2</sup>CNR-INO and LENS, European Laboratory for Non-Linear spectroscopy, Via Nello Carrara 1 - 50019 Sesto Fiorentino (Firenze) – Italy

<sup>3</sup>ICREA, Institució Catalana de Recerca i Estudis Avançats, Barcelona 08010, Spain

**Abstract:** Optical nanoantennas are well-known for the confinement of light into nanoscale hot-spots, suitable for emission enhancement and sensing applications. Here, we show how control of the antenna dimensions allows tuning the local optical phase, hence turning a hot-spot into a cold-spot. We manipulate the local intensity exploiting the interference between driving and scattered field. Using single molecules as local detectors, we experimentally show the creation of subwavelength pockets with full suppression of the driving field. Remarkably, together with the cold excitation spots we observe inhibition of emission by the phase-tuned nanoantenna. The fluorescence lifetime of a molecule scanned in such volumes becomes longer, showing slow-down of spontaneous decay. In conclusion, the spatial phase of a nanoantenna is a powerful knob to tune between enhancement and inhibition in a 3-dimensional subwavelength volume.

**Keywords:** Local phase - Near field interference - Hot spot - Cold spot - Antenna Enhancement - Inhibition of emission - Local Density of States - Superresolution - Nanoantenna - Plasmonics – Single Molecule



It is well understood, that the emission of molecules or atoms is directly influenced by their immediate surrounding, equivalent to the radiation resistance of an antenna depending on its environment<sup>1,2,3</sup>. Indeed in his 1966 milestone experiment, Karl-Heinz Drexhage placed Eu<sup>+</sup> atoms in front of a mirror and showed the luminescence lifetime becoming longer or shorter depending on the relative distance. This was intuitively explained as the Eu<sup>+</sup> atom interfering with "its own mirror image"<sup>2</sup>. More strictly, as pointed out by Purcell<sup>1</sup>, the local vacuum electromagnetic field, which is coupled to the molecular transition dipole, is altered, thus inhibiting or accelerating the radiative transition<sup>3</sup>. A large variety of optical cavity systems has been designed to control such coupling: concave mirror (laser) cavities, micro-resonators<sup>4,5,6</sup>, photonic crystals with defects<sup>7,8</sup>, and many more. Photonic crystal cavities, with typically wavelength dimensions (diffraction limited), have been proven valuable to reduce the local density of states and thus inhibit radiative decay <sup>9,10,11</sup>. Beyond the diffraction limit, metallic plasmonic designs are exploited, such as surface plasmon polariton cavities<sup>12,13</sup> or true localized plasmon nanoantenna systems such as spheres, cubes, rods<sup>14, 15,16</sup>. Some indications of inhibition were reported<sup>17,18</sup>. Ultimate confinement of the electromagnetic field has been achieved in gapplasmon systems, with Purcell enhancement up to even a million times<sup>19</sup>.

Most works on enhancing the emitters' radiative decay rate focus on minimizing the mode volume, tuning the resonance, and improving the resonator quality, achieving high Purcell factors in the range from  $10^2$  to  $10^{4}$   $^{20,21}$ . Indeed, nanoantenna hot-spots have been shown to produce record enhancement, intense SERS signal and even single-molecule strong-coupling at room temperature<sup>19</sup>. Besides the high local field, the local phase is equally important. For reflection at a mirror or interface the phase step is fixed, zero or  $\pi$ , depending on transition to a low or high index medium. For a photonic crystal, the reflection phase can be changed from zero to  $\pi$  by tuning the wavelength through the stop band<sup>22,23,24</sup>. For plasmonic antennas, the local phase depends strongly on specific shape and resonance conditions, providing even larger flexibility to engineer the local field. Indeed, plasmonic phased arrays, and planar optical components based on arrays of antennas ("metasurfaces") have proven effective for spatial beam shaping and directional control<sup>25,26</sup>. Surprisingly the local phase has hardly been exploited to control the actual coupling to photon emitters.

Here we present phase tuning of local spots at a nanoantenna. Changing the antenna length, we tune the hot-spot out of phase, creating a nanoscale pocket with full suppression of the excitation field: a cold-spot<sup>27</sup>. We map the sub-wavelength cold-spots using single molecules as local field probes, and show the importance of balance between phase and amplitude to create such cold-spots. Next, turning from the excitation to the emission, we present the first inhibition of emission close to a plasmonic nanoantenna. Tuning the phase of the antenna we create subwavelength volumes in which the fluorescence lifetime of a single molecule is lengthened, confirming the slowdown of radiative decay. Thus, we present Drexhage's experiment revisited, with a single molecule, in 3 dimensions and in a subwavelength volume.



Figure 1. Phase of the optical field scattered at a nanoantenna. The phase shift  $\phi$  of a plane-wave reflected on a flat metallic mirror, is simply a  $\pi$  phase shift at the surface. The phase shift  $\phi$  profiles for nanoantennas of increasing lengths, 200 nm (dipolar), 300 nm (detuned) and 480 nm (quadrupolar) are position dependent. The phase shift  $\phi$  at the antenna field maxima changes continuously from  $\frac{1}{2}\pi$  to  $\pi$  upon increasing the antenna length. On each antenna is sketched the typical charge oscillation, due to resonance condition. The incoming field is linearly polarized along the main antenna axis.

Consider light reflected from a flat metallic mirror. An incident plane wave is reflected, maintaining a plane wave-front, acquiring a fixed phase shift  $\phi = \pi$  (Figure 1). A metallic nanoantenna scatters the incident field with a phase  $\phi$  and amplitude that are structured on a subwavelength scale, depending on the shape, size and resonance wavelength of the nanoantenna. In Figure 1 we show the phase profile of the scattered field for Al rod antennas of 200, 300 and 480 nm length, for an incident plane wave ( $\lambda = 780$  nm) polarized along the rod. The

200 nm antenna supports a  $\lambda/2$  mode (dipolar resonance) and introduces a localized phase  $\phi = \frac{1}{2}\pi$  at the rod ends, the hotspots of the dipole antenna. The 300 nm antenna is detuned with respect to the incident field (out-of-resonance) and the scattered field acquires a larger phase shift,  $\phi = 0.9 \pi$ , at its ends. The scattered field becomes completely out-of-phase,  $\phi = \pi$ , for the 480 nm long rod, which supports a  $\lambda$  mode (quadrupolar resonance). Moreover, the scattered phase also changes depending on the relative position to the antenna. The creation of such localized phase patterns is relevant for the tailoring of both the local excitation field and the local density of states (LDOS) experienced by a local emitter. The effective excitation field is the sum of the driving and the local scattering fields, which will interfere constructively or destructively depending on their relative amplitude and phase, generating subwavelength "hot-spots" or "cold-spots", respectively (depicted in Figure 1 as red and blue spots). Thus, the fact that amplitude and phase of the field scattered by antennas are both position- and resonance-dependent, provides a unique knob for interference and LDOS control on a subwavelength scale, through antenna

First, we analyze the effect of detuning on the constructive and destructive near-field interference. Specifically, we compare the local field around a resonant and a detuned antenna. In Figure 2 the electric field intensity distribution is plotted in the near-field of a 200 nm long dipole rod antenna and for a 300 nm detuned antenna. The x-component of the total electric field intensity ( $I_x$ ), as determined from FDTD simulations, is plotted, normalized to the incoming beam intensity ( $I_{inc}$ ). For the 200 nm dipolar antenna, one appreciates the two bright spots (hot-spots with  $I_x > I_{inc}$ ), with excitation enhancement 3.5x, 50 nm FWHM and separated by 220 nm. The antenna field is surrounded by a bright external ring at a distance of ~  $\lambda/2$  in the x-y-plane. The solid black line marks the unity contour with  $I_x = I_{inc}$ . Remarkably, within the unity contour, a large central part of the intensity map shows areas with reduced excitation intensity, where the field is less intense than the incoming beam:  $I_x < I_{inc}$ , as result of interference with the incoming beam. For the detuned 300 nm antenna the in-plane  $I_x$  map, looks radically different. The center of the map, instead of two bright "hot-spots", now shows two dark spots, "cold-spots", with local intensity  $I_x = 10^{-5}$  far below the incident intensity  $I_{inc}$ , with 100 nm FWHM and separated by

320 nm. The cold-spots are slightly larger in size than the hot-spots of the resonant case, but nicely show that local enhancement can be turned into local reduction. The two cold spots are partially connected by a thinner area, also of reduced intensity. Compared to the dipolar resonant case, the unity contour is now shifted closer to the central spots, while also for detuned antenna we find a bright external ring at ~  $\lambda/2$  from the center of the intensity map.

Figure 2b shows vertical x-z maps of the field intensity  $I_x$ . In very close proximity to metal, the resonant dipole antenna generates over 100x excitation enhancement. The black unity contour line ( $I_x = I_{inc}$ ) nicely outlines the enhanced zones at antenna edges, extending until z = 30 nm below. The vertical map for the detuned antenna is markedly different. First of all, we notice how  $I_x$  is much lower compared to the resonant case, with tiny unity contour lobes, much closer to the antenna edge and extending very short in z-direction (< 5 nm). Outside these areas, the detuned antenna mainly generates  $I_x$  reduction ( $I_x < 1$ ), with two very dark lobes separated 320 nm in x and at a depth of z = 10-30 nm. These lobes are the zones of full destructive interference between the incoming and scattered light and correspond to the two dark areas (cold-spots) shown in the in-plane map.

For a quantitative comparison, in Figure 2c, we plot the vertical profiles of  $l_x$  along the white vertical lines in Figure b, at 110 nm and 160 nm x-distance from the antenna center, for hot-spot and cold-spot, respectively. The dipolar antenna mainly provides strong  $l_x$  enhancement for short-range interaction, until 30 nm where the incident field becomes suppressed. For the detuned antenna, the field is suppressed already at 10 nm, with maximum suppression (10<sup>-5</sup>) predicted for z = 20 nm, extending until very deep ~ 100 nm.



**Figure 2. Electric-field intensity around a resonant dipole (left) and a detuned (right) nanoantennas.** (a, b) Calculated maps of x-field intensity 15 nm under a 200 nm length (dipolar), and a 300 nm length (detuned) nanoantenna, respectively. (c, d) Calculated vertical (x-z plane) maps of the x-field intensity for dipolar and detuned antenna, respectively. The antennas' position is indicated by dashed lines. The Al antennas (50 x 50 nm2 cross-section) are excited with a plane wave at a wavelength of 750 nm, linearly polarized along the x-direction, the main antenna axis. The maps have been stretched in z-direction (x:z aspect ratio 1:5) for the sake of clarity. Red horizontal lines are separated at z distances of 10 nm from each other. The horizontal red lines are spaced 10 nm along z. (e, f) Calculated x-field intensity profiles in z, along the white vertical lines depicted in (c) and (d). ,The z = 0 is located at the metal interface of the antenna. The profiles show z-ranges with  $I_x$  enhanced (> 1) and reduced (< 1), marked in red and blue, respectively. All calculations are performed with FDTD, for 750 nm wavelength, with linearly polarized light along the antenna axis. The field intensities are normalized to the incoming beam; the black contour lines correspond to scattering intensity equal to unity.

To investigate how the local antenna phase can turn local field enhancement into suppression, we consider the antenna rod length as a continuous variable. Figure 3 shows the vertical (z-direction, in green in Figure 3a) profile of both field intensity and phase while tuning the antenna length continuously 100-500 nm. Figures 3b-d show the scattered intensity  $I_{scat}$ , its phase  $\phi$ , and the total intensity  $I_x$ , respectively, all for the x-field component, with intensities on log-scale. The intensity of the scattered light  $I_{scat}$  (Figure 3b) shows a clear maximum for the dipole antenna length of 200 nm, which decreases when tuning the length out of dipolar resonance. The unity intensity contour ( $I_{scat} = I_{inc}$ ) is indicate in red. The phase  $\phi$  of the scattered x-field (Figure 3c) shows a strong dependence on both depth z and length. For z = 0 the phase  $\phi$  increases from  $\phi = 0$  for a very short antenna, to  $\phi = \pi/2$  for the dipolar antenna, to a value of  $\phi = \pi$  for a length of 480 nm, the quadrupole antenna. At the same time,  $\phi$  increases with z, due to the delay accumulated by propagation in space. As a result, the contour line  $\phi = \pi$  extends through both depth and length (red line in Figure 3c).

The total intensity  $I_x$  (Figure 3d) shows the effective excitation field due to interference of  $I_{scat}$  with  $I_{inc}$ . The phase-dependent depth-length regions leads to hot and cold-spots. The hot-spot region is centered at the 200 nm length dipolar antenna, with almost two-orders of magnitude enhancement at z = 0. The cold-spots zone is wider, from 200 to 400 nm length detuned antenna, and extends until z = 100 nm. Most excitation reduction ( $I_x << 1$ ), occurs for a 300 nm antenna at z = 25 nm, with  $I_x = 10^{-5}$ . The hot-spot region in Figure 3d is mainly dictated by the strong intensity  $I_{scat}$ , with  $I_{scat} >> I_{inc}$ , and negligible interference. On the other hand, the cold-spots are located where we obtain full destructive interference between  $I_{scat}$  and  $I_{inc}$ , hence at locations where  $I_{scat} = I_{inc}$  and  $\phi = \pi$ . Thus, the area with minimal  $I_x$  in Figure 3d corresponds to region where the contour  $I_{scat} = 1$  in Figure 3b crosses the contour  $\phi = \pi$  in Figure 3c. By tuning the antenna phase right, one can obtain 100% full destructive interference. Moreover, the cold spot can be pulled into the near field zone, at only 25 nm distance, with a FWHM in depth of 20-30 nm.



**Figure 3.** Phase tuning the near field interference, from hot to cold spots. (a) Sketch of a rod antenna located at 10 nm z-distance from a glass substrate. The green area indicates the z-direction along which intensity and phase profiles are calculated. Calculated x-field scattered light intensity (b), scattered light phase with respect to the incident field (c) and total light intensity (d) for increasing antenna lengths and distance z. In (b) and (d) the red lines represent the contours where intensity is equal to incoming light. In (c) the red line represents the contour where scattered light phase is  $\pi$ . The total field (d) distinguishes the hot-spot area around the resonant dipole antenna with strong field enhancement, and a more extended cold-spot area around the detuned antenna with strongly reduced field intensity. FDTD calculations of the field  $I_x$ , and its phase  $\phi$ , performed at 750 nm wavelength, with linearly polarized light along the antenna axis. The x-field intensities are normalized to the incoming beam.

We now turn to the experiment. Aluminum nanoantennas of 200 and 300 nm in length are fabricated on a glass support by focused-ion-beam milling, to accurately define the proper length for phase control (Fig.4a,b). To probe the field around the antenna we use a single fluorescent molecule: dibenzoterrylene (DBT) embedded in anthracene (AC) thin crystals<sup>28</sup> (see SI). DBT molecules are all oriented parallel to each other along the flake<sup>29</sup>, providing x-oriented molecules, parallel to the antenna. The antenna is scanned in close proximity to the AC-flake at about 10 nm<sup>16</sup>. The DBT-antenna system is excited in a confocal arrangement, using a 1.3NA

objective, with linearly x-polarized 750 nm light parallel to the antenna rod. The DBT fluorescence is collected by the same objective, and detected by photon counting detectors (APD).

In Figures 4c,d we show the measured field around the dipole and detuned antennas as probed by a DBT molecule for both antenna types, together with the FDTD simulated near-field maps. For the dipolar antenna, we observe two bright spots of 50 nm FWHM, separated by 220 nm, in agreement with the FDTD simulations. Comparing the measured excitation enhancement to the calculated values, we estimate the relative antenna-emitter distance (z): the enhancements of 2.5, 2.1, 1.5 and 1.1x (top to bottom), correspond to z = 20, 22, 25 and 30 nm distance of the DBT molecule. As expected, with increasing depth z the antenna effect becomes progressively weaker. Notably, for the detuned antenna we observe the opposite behavior. Figure 4d reveals the manifestation of two dark spots, 100 nm FWHM, separated by 320 nm, the first direct experimental demonstration of the predicted cold-spots. Also, we notice the presence of two extended bright lobes at  $\lambda/2$  distance from the center. Both the dark spots and halo are due to near-field interference, as confirmed by the simulations on the right. In the cold-spot area the DBT fluorescence is strongly reduced, corresponding to an excitation intensity of only 5%. From top to bottom, we present antenna scans over different DBT molecules, with excitation reductions to respectively 5%, 9%, 21% and 77%, corresponding to  $z \sim 15$ , 30, 40 and 70 nm. The destructive near-field interference is most effective at short distance and fades out at the longer distance z. Interestingly, the further away constructive interference lobes at  $\lambda/2$  distance grow towards the center area for increasing z-distance, until bridging the center at 70 nm distance, in perfect agreement between experiment and theory. Figures 4e,f show the distribution of measured excitation enhancement/suppression for different molecules. The maximum excitation enhancement for the dipole antenna is 8x, while the average value is 2.4x, corresponding to calculated z-distances of ~8 nm and 15 nm, respectively. We only find excitation enhancement up to 25 nm, consistent with simulations (Figure 2c). The maximum excitation reduction, for the detuned antenna, is down to 5% for a calculated z-distance of ~ 15 nm, while the mean reduced value is 28%, for z = 40 nm. In agreement with our simulations (Figure 2c), the z-range affected by reduction extends much deeper towards 100 nm, confirming that cold-spot generation is mediated by interference effects.



**Figure 4. Single DBT molecule near-field hot and cold-spots mapping**. (a, b) SEM images of the resonant dipole antenna (200 nm long) and the detuned nanoantenna (300 nm long) fabricated by ion-beam milling. (c) Measured fluorescence (left) and simulated (right) intensity maps of dipole antenna scans over a single DBT molecule, for different antenna-DBT distances. The small offset due to antenna luminescence was subtracted. The measured maps show 2 bright spots of 50 nm FWHM at a distance of 220 nm. (d) Measured (left) and simulated (right) intensity maps of detuned antenna scans over a single DBT molecule, for different antense. The measured maps show 2 dark spots of 100 nm FWHM at a distance of 320 nm. (e, f) Distributions of the measured near-field enhancement and reduction, for dipole and detuned nanoantenna, together with the corresponding antenna-emitter z distances. The illumination wavelength is again 750 nm. The x-field intensities are normalized to the incoming intensity. The DBT molecules are oriented along the x direction, parallel to the nanoantenna rods.

Now we consider control of spontaneous emission, exploiting the local phase tuning of nanoantennas. We have shown above that the local excitation field can be largely suppressed, using proper choice of antenna detuning, therefore it should equally be possible to create points in which a quantum emitter would experience a lower LDOS, i.e. inhibition of the spontaneous emission. Here we address the engineering of sub-wavelength areas in the space with increased or decreased radiative decay rate  $\Gamma$ , i.e. local spots with fast and slow decay.





(a) FDTD simulations of the decay rate  $\Gamma$  of an x-oriented emitter positioned under a dipole and detuned antenna. The  $\Gamma$  (in log-scale) is relative to the  $\Gamma$  for the free emitter. For the dipole antenna  $\Gamma$  is enhanced in two lobes located in proximity to the antenna ends. For the detuned antenna zones of inhibition, with decreased  $\Gamma$ , appear at a typical distance of 40-50 nm from the antenna, in two minima separated by around 200 nm. (b) Calculated scattered z-field intensity (log-scale) with the unity intensity contour indicated. (c) Calculated z-field phase, showing the  $\pi$ -phase contour close to the detuned antenna. (d) The experimental fluorescence map of a single DBT molecule shows two dark spots, 100 nm FWHM, separated 300 nm. The fluorescence response matches well the calculation (red profiles). (e) The corresponding fluorescence lifetime image exhibits two maxima of 16% lifetime increase, 100 nm FWHM, separated 200 nm. The measured lifetime profile along the antenna axis (white line) matches well the calculation for z = 50 nm (blue profiles). Simulations performed for an emitter at 780 nm wavelength, with an internal quantum efficiency of 1. In Figure 5a-c we present FDTD simulations of the emission field generated by an x-oriented dipolar emitter, located under a 200 nm dipolar and 300 nm detuned antenna. Figure 5a shows the total decay rate change as a function of the antenna-emitter relative position in the (x,z)-plane. For both antennas, the x-oriented emitter experiences strong decay rate increase in close proximity to the antenna ends. The fast-decay-spots, of 50 nm FWHM, are separated 220 and 320 nm for both antennas, respectively. The fast-rate zones extend for several tenths of nanometers in depth, ~ 60 nm and ~ 25 nm, respectively, with maximal rate increase (Purcell factor) of 8x and 2.6x. For the detuned antenna case, we notice the presence of two distinct slow-decay spots, 100 nm in FWHM, separated by 200 nm, at a depth of ~ 40 nm. In the spots, the relative decay rate is decreased to ~ 0.55: local areas of spontaneous emission inhibition.

The appreciate the decay rate dependence on antenna resonance, Figures 5b,c show vertical x-z maps of the scattered z-field intensity  $I_{z,scat}$  (log-scale) and phase  $\phi_z$  for the x-oriented dipole.  $I_{z,scat}$  is particularly strong under the antenna ends, where  $\phi_z$  is minimal, corresponding to the spots of enhanced rate. Notably, contour lines with  $\phi_z \sim \pi$  occur as two distinct contours under the ends of the detuned antenna (Figure 5c). The spots of inhibition in Figure 5a correspond to the zones where the contour  $\phi_z \sim \pi$  coincides with the scattering intensity close to unity in Figure 5b.

Finally, we return to the experiment, and examine the changes in decay rate in the data presented in Figure 4. Figure 5d,e present fluorescence and lifetime maps of a DBT molecule in close proximity to the 300 nm length detuned antenna (see SI for lifetime analysis). The fluorescence map shows the cold spots, with the measured intensity profile nicely matching the calculation. The fluorescence is reduced to 40% corresponding to a DBT molecule at a depth of z = 50 nm. Figure 5e shows the corresponding fluorescence lifetime map. Remarkably, two spots with increased lifetime show up, i.e. slow decay. At the outer zones of the lifetime map, where the DBT, we find a lifetime of 4.5 ns for the uncoupled case. In the central part with maximum antenna-coupling the lifetime gets as long as 5.2 ns, corresponding to an increase of ~ 16%. Looking at the lifetime profile along the antenna axis, one appreciates the two slow-decay spots with size 100 nm FWHM, separated by 200 nm. The lifetime profile calculated for an x-oriented emitter located at z = 50 nm shows good agreement, with two spots at a distance of 200 nm from each other. The calculated lifetime increase of 1.5x is larger than measured. Theory assumes a

perfect single crystalline antenna and a perfect molecule with 100% quantum efficiency<sup>30</sup> The nanofabricated polycrystallinity of the antenna and slight no-radiative decay can easily reduce the lifetime enhancement.

In conclusion, we have presented a first complete study on the use of local phase to control the nanoantenna coupling to a single photon emitter, both in excitation and emission. Varying the length of a nanorod antenna, we tuned away from resonance, to control the local phase. Exploiting near-field interference, we designed local zones with suppressed fields and decreased LDOS.

On the excitation side, we have shown for the first time a direct, optical visualization of subwavelength cold-spots, with excitation intensity reduced to percent level, mapped with high resolution (50 nm) using a single molecule. By tuning the antenna off and on resonance the interference switches from cold to hot-spot generation. Together with hot-spots, the cold-spots provide strong field contrast with high resolution and allow to enhance the dynamic range to 3 orders of magnitude. They constitute alternative building blocks for full light manipulation at the nanoscale.

On the emission side, we have presented the first inhibition of spontaneous emission of a single molecule mediated by a metallic nanoantenna: slow-decay spots, with a lifetime increase by a factor 16%. Compared to the inhibition close to a metallic surface (Drexhage<sup>3</sup>) or in a photonic crystal defect cavity<sup>7,8,9,10</sup>, here we achieve inhibition in a sub-wavelength volume. It is remarkable, that inhibition does occur in such an open and lossy nanoantenna-cavity system<sup>31</sup>.

The cold spots are an attractive alternative to high-resolution microscopy. Particularly, for localization microscopy of rapidly bleaching labels, the cold spots can act as a near-field alternative to the far-field MINFLUX super-resolution microscopy<sup>32</sup>, with the advantage of superior resolution due to the sub-wavelength spatial response. Beyond high-resolution imaging, since cold-spots provide an almost completely dark area located inside a diffraction limited confocal spot, they might find application in study of energy transfer at the nanoscale. Additionally, the capability to influence the decay rate of a single photon emitter might be used to actively manipulate energy transfer at the nanoscale, with the potential to change energy

paths in complex multi-chromophoric systems. Finally, the possibility to switch between hot and cold-spots tuning antenna phase provides a direct knob for electric field gradients control at the subwavelength scale, with possible applications in the field of optical trapping and particles manipulation.

#### AUTHOR INFORMATION

### **Corresponding Author**

\* Niek F, van Hulst, e-mail <u>Niek.vanHulst@ICFO.eu</u>. ICFO-Institut de Ciencies Fotoniques, The Barcelona Institute of Science and Technology, 08860 Castelldefels, Barcelona, Spain

## **Author Contributions**

The experiments and data analysis were performed by NPB; NPB and NFvH conceived the experiment. PL and CT provided the DBT in anthracene samples. All authors contributed to the manuscript. All authors have given approval to the final version of the manuscript.

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