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1	Morphology, geographical variation and the subspecies of Marsh Tit Poecile palustris
2	in Britain and central Europe
3	
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29 SUMMARY

Capsule All British Marsh Tits belong to subspecies *Poecile palustris dresseri*, being smaller
 than nominate *P. p. palustris* of central Europe.

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Aims Determining the subspecies of Marsh Tit in Britain to test whether ssp. *P. p. palustris* occurs in northern England and Scotland, by assessing regional variation in size compared
 with central European birds.

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Methods 1147 wing length and 250 tail length measurements from 953 Marsh Tits were compared between eight British locations to test for regional variation. Biometrics were compared between birds from Britain and six locations within the continental European range of ssp. *palustris*.

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42 **Results** There was no regional variation in wing or tail lengths among British Marsh Tits, 43 indicating that all resident birds belong to ssp. *dresseri*. There was no evidence supporting 44 the existence of ssp. *palustris* in northern England. British birds were significantly smaller 45 than those from continental Europe, with proportionately shorter tails, consistent across all 46 age and sex classes.

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48 **Conclusion** All British Marsh Tits should be considered as ssp. *dresseri*, with ssp. *palustris* 49 being limited to continental Europe. With no evidence of regional variation in size within 50 Britain, reliable sexing methods based on biometrics could be applied in demographic 51 studies throughout the country.

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The taxonomy of tits (Paridae) has long been a subject of intense study among ornithologists 56 (Eck 2006). A refinement of species and subspecies classifications during the late 19th and 57 early 20th Centuries, based on morphology and vocalisations (Vaurie & Snow 1957), had led 58 to stability until new techniques of molecular genetic analysis initiated a new era of 59 60 taxonomic change in the last two decades (e.g. Gill et al. 2005, Johansson et al. 2013). Despite these advances the taxonomic status or validity of most of the claimed subspecies 61 of tits remains unclear, due to the large variation between and within populations, and also 62 63 the changing trends and concepts within taxonomy (Eck 2006).

For some well-studied species in the Western Palearctic, such as the Willow Tit *Poecile montanus* and Coal Tit *Periparus ater*, historical classifications of subspecies based on apparent differences in plumage, size and vocalisations were not detected in the genetic structure of populations (Kvist *et al.* 2001, Pentzold *et al.* 2013). Such contradictions underline the continuing role of morphology, behaviour and bioacoustics in the taxonomic classification of phenologically or biologically distinct populations.

70 The Marsh Tit Poecile palustris is a species of Paridae where the classification of subspecies has remained unresolved since the early 20th Century (Cramp & Perrins 1993, 71 72 Eck 2006). A clinal increase in size (wing and tail length) and decrease in colour saturation of the plumage is reported to occur from west to east across their Western Palearctic range 73 74 (Cramp & Perrins 1993). Numerous subspecies have been proposed on this cline, but at present the only widely recognised forms are nominate ssp. *palustris* in central and northern 75 Europe, which ranges from southern Scandinavia to northern Iberia and east to Poland and 76 Greece, being replaced by ssp. stagnatilis in eastern Europe, karbadensis in the northern 77 Caucasus, and *italiacus* in the French Alps and Italy (Cramp & Perrins 1993, Harrap & Quinn 78 1995, Eck 2006, Gosler & Clement 2007). 79

There is particular confusion over the Marsh Tit subspecies present in Britain, at the western end of the European cline, where the species has undergone a 73% decline in abundance between 1966 and 2013 (Broughton & Hinsley 2015). Stejneger (1886) and Hartert (1907) assigned all British birds to ssp. *dresseri*, the smallest and darkest European form, but

Clancey (1947) proposed that birds at the northern edge of the British range, in northern England (Northumberland and Cumbria) and southeast Scotland (East Lothian and eastern Borders) should be treated as ssp. *palustris* based on the plumage colouration of skins examined.

88 Vaurie & Snow (1957) ignored Clancey's (1947) proposal and treated all British Marsh Tits 89 as ssp. dresseri, extending the range of this form to northwest France based on size and colouration. Some authors, however, later accepted the claim of ssp. palustris in northern 90 91 Britain (Cramp & Perrins 1993, Harrap & Quinn 1995) or the absence of ssp. dresseri from that area (Gosler & Clement 2007). In contrast, the British Ornithologists' Union (2013) 92 93 currently recognise dresseri as the only subspecies of Marsh Tit on the 'British List', the 94 official record of wild birds occurring in Britain. Yet, both palustris and dresseri are still designated as native forms in the UK government's biodiversity action plan for priority 95 96 species (JNCC 2010, Burns & Eaton 2014), while Parkin & Knox (2010) acknowledged that the presence of ssp. palustris requires confirmation. 97

98 There appears to be no subsequent evidence for Clancey's (1947) claim of the Marsh Tit ssp. palustris occurring in Britain. Although size is cited as a key distinguishing feature 99 100 between ssp. palustris and the smaller dresseri (Hartert 1907, Mayaud 1933) there has been no adequate statistical comparison between birds from northern and southern Britain and 101 continental Europe. Wing length is the most consistent measure of body size in passerines 102 (Gosler et al. 1998), and Broughton (2009) used this to compare live ssp. dresseri birds from 103 eastern England with ssp. palustris birds from Sweden, but the test was limited by different 104 measurement techniques (minimum wing chord for Swedish birds, maximum chord for 105 English; see Svensson (1992) for differences between the methods). 106

107 It has also been hypothesised that geographical variation in Marsh Tit wing length may occur 108 within subspecies in Britain, which would undermine its use as a sexing criterion (du Feu & 109 du Feu 2014). Although McCollin *et al.* (2015) found only limited evidence for variation in 110 wing length with latitude among four species of passerine in Britain, such variation in Marsh 111 Tits, if it occurs, could also support Clancey's (1947) proposal of British Marsh Tits being

polytypic. The suggestions of Clancey (1947) and du Feu & du Feu (2014) require formal
testing to assess the geographical variation in size and clarify the subspecies occurring in
Britain, and also to clarify the range of the nominate ssp. *palustris* in Europe.

We aimed to address these questions by comparing Marsh Tit biometrics within and 115 116 between Britain and continental Europe. A lack of variation within Britain, but a contrast with ssp. palustris birds from elsewhere, would indicate that dresseri is the only resident British 117 subspecies and that the range of *palustris* is restricted to the continental mainland. 118 Consistent size within Britain would also support the use by analysts of biometrics for sexing 119 Marsh Tits throughout the country, and the ability to apply a universal sexing method would 120 be valuable for estimating population structure for demographic studies aiming to understand 121 122 the causes of the species' population decline (Broughton & Hinsley 2015).

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124 METHODS

125 Measurements of British Marsh Tits

126 The maximum-chord wing measurement (1 mm precision) of live Marsh Tits was used to compare geographical variation in body size between British populations. A total of 1147 127 128 measurements of 953 individuals (42-451 measurements per site) were available from eight regions across England and Wales, spanning 538 km from north to south and 365 km from 129 west to east, comprising 1) Devon: Yarner Wood (50°35N, 3°43'W) and Peck Farm 130 (50°37'N, 3°46'W); 2) Berkshire (Berks): Combe Wood (51°20'N, 1°29'W); 3) Oxfordshire 131 (Oxon): Wytham Woods (51°46'N, 1°20'W) and Bagley Wood (51°43'N, 1°16'W); 4) 132 Cambridgeshire (Cambs): Monks Wood (52°24'N, 0°14'W) and adjacent woods within 5 km; 133 5) Suffolk: Bradfield Wood (52°10'N, 0°82'E); 6) Cumbria: Roudsea Wood (54°13'N, 3°0'W); 134 7) Northumberland (Northumbs): within 20 km of Alnwick (55°41'N, 1°70'W); 8) Powys: 135 Llangorse (51°56'N, 3°15'W) (Fig. 1). The minimum distance between regions (Oxon and 136 137 Berks) was 50 km.

Where possible, birds were aged as juveniles (prior to the first full moult at one year old) or as adults (one year or older) according to ageing criteria in Svensson (1992) and Broughton

140 et al. (2008). Marsh Tit wing lengths generally show a significant increase for the same individual after the first full moult from juvenile to adult plumage in their second summer 141 (Nilsson 1992), but not thereafter (Broughton et al. 2008), and so measurements of the 142 same individual as a juvenile and an adult were included in both age classes for analysis 143 144 (Broughton et al. 2008, du Feu & du Feu 2014). Data collection took place throughout the year between 1996 and 2015. Additional wing length data from Oxon were derived from King 145 & Muddeman (1995) and pooled with local data to increase sample sizes. Data were 146 147 collected by experienced ringers (banders) at all sites, mostly professional ecologists/ornithologists or ringing trainers, and measurement techniques from all locations 148 except Devon, Powys and Northumbs were validated (by RKB) during at least one ringing 149 150 session.

Sexing data based on behaviour, cloacal protuberance or presence of a brood patch 151 152 (Svensson 1992, King & Muddeman 1995, Broughton et al. 2008) were available for Cambs, Oxon and Suffolk, and indicated broadly equal proportions of males (54-58%) and females in 153 samples. Tail length measurements (Svensson 1992) at 0.5 mm precision were available for 154 250 birds from Cambs, Suffolk and Berks. Tail length and its relative proportion to wing 155 156 length is cited as a distinguishing feature of Marsh Tit subspecies across Eurasia (Cramp & Perrins 1993, Eck 2006), and these measurements were used to support the wing length 157 analyses. 158

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160 Measurements from continental Europe

For comparison with British birds, 575 maximum-chord wing length measurements from live Marsh Tits were derived from the literature for five sites within the reported range of ssp. *palustris* within central Europe (and southern Scandinavia): Kaliningrad (Markovets 1998), southwest Germany (Ludescher 1973), northwest Germany (Hudde 1985), southern Sweden (Alatalo *et al.* 1985) and northern Switzerland (Amann 1980), and also original data collected from a sixth area in southwest Poland (within 30 km of Opole: 50°39'N, 17°57'E) during 2002-2014 (Fig. 1). Data for individual birds were only available from Poland and Switzerland, for the remaining sites only summary data were available (mean, standard deviation or standard error, and sample size). Summary data of tail lengths by age and sex class were available from Kaliningrad (139 measurements) for comparison with British birds.

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172 Statistical analysis

173 Marsh Tit wing lengths vary with age and sex, creating a bimodal frequency distribution in unbiased population samples (Amann 1980, Nilsson 1992, Broughton et al. 2008), so 174 175 geographical variation between British populations was tested using the Kruskal-Wallis test 176 to accommodate non-normal frequency distributions. Pair-wise Kolmogorov-Smirnov tests 177 were used to compare wing length frequency distributions between every population, which 178 would indicate a difference in size or a significant bias in composition. Tail length 179 measurements from Cambs, Berks and Suffolk were compared using a Kruskal-Wallis test, 180 with age and sex classes combined for analysis and caution applied due to some small sample sizes. To assess the subspecies of northern English birds in more detail, Mann-181 Whitney tests were used to compare wing lengths of juveniles and adults between Cumbria 182 and Cambs, both of which had adequately large and more reliably aged samples for each 183 184 class due to long-running studies.

Mean values of wing length and 95% confidence limits from each British population were 185 plotted alongside those from populations of ssp. palustris, where non-overlapping confidence 186 limits between groups would indicate statistically significant differentiation at the α level of 187 0.05. The position of the northern English (Cumbria and Northumbs) populations in this plot, 188 relative to southern English or continental populations, would support the subspecies 189 identification as *palustris* or *dresseri*. Where summary data for combined age and sex 190 classes were not available from the literature, the weighted means were derived using 191 sample sizes as weights, and 95% confidence limits were estimated by calculating the 192 standard errors from the pooled variance and multiplying by 1.96. 193

194 Comparisons of wing length by age and sex classes between known populations of ssp. 195 *dresseri* and *palustris* were possible using the larger datasets from Cambs and Switzerland,

applying Mann-Whitney tests. A second plot of means and 95% confidence intervals
compared the summary data of tail lengths between ssp. *palustris* birds from Kaliningrad and *dresseri* birds from Cambs. Tail/wing ratios were also calculated for each class to assess
relative proportions (Eck 2006). All analyses were performed in R version 3.0.2 (R Core
Team 2013).

201

202 **RESULTS**

203 Comparisons within Britain

The results indicated that all eight populations of British Marsh Tit were of a similar body 204 size. There was no significant difference in median values of wing length, including for 205 Cumbria and Northumberland in northern England (Kruskal-Wallis test: H = 5.77, df = 7, P =206 0.566), and all populations shared identical values for the first and third quartile (Table 1). 207 208 Pair-wise Kolmogorov-Smirnov tests showed a similar distribution of wing lengths (all tests: D = 0.053 - 0.154, P = 0.320 - 0.999), indicating no significant deviation or compositional bias 209 in samples. Tail lengths of birds from Suffolk, Cambs and Berks did not differ significantly 210 (Kruskal-Wallis test: H = 4.70, df = 2, P = 0.096, Table 2), and the tail/wing ratios were 211 212 similar at 0.82, 0.83 and 0.84 respectively. For the larger samples of wing lengths from Cambs and Cumbria, Mann-Whitney tests revealed no significant difference between adults 213 at each site (medians = 64.0 mm, respective n = 206 and 106, W = 16772.0, P = 0.809), or 214 between juveniles (respective medians = 63.0 and 62.0 mm, n = 245 and 200, W = 43227.5, 215 P = 0.309). 216

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218 Comparisons between Britain and continental Europe

Plotting the means and 95% confidence limits for the British populations of known ssp. *dresseri* and those within the central European range of ssp. *palustris* showed no overlap between groups, denoting significant differentiation (Fig. 2). The populations from northern England (Cumbria and Northumberland) were positioned clearly within the *dresseri* group. The westernmost sample of *palustris* from northwest Germany appeared somewhat intermediate between the two subspecies, possibly representing an intergrade population
between *palustris* and *dresseri*.

The median wing lengths of Swiss ssp. *palustris* birds were significantly longer than those of 226 Cambs ssp. dresseri birds for all age and sex classes, by a consistent 2 mm or 3% in every 227 228 group (all pair-wise Mann-Whitney tests: W = 2659.5-10948.5, P < 0.001; Fig. 3). Comparisons of tail length between ssp. palustris birds from Kaliningrad and ssp. dresseri 229 birds from Cambs also showed a significant difference at the α level of 0.05 for all age and 230 sex classes (Fig. 4), with the tails of continental birds being approximately 4-5 mm (8-10%) 231 longer in every group. The tail/wing ratio for Kaliningrad birds was 0.87 in each age and sex 232 class, compared to 0.82 (juvenile females) or 0.83 (other ages/sexes) for Cambs birds, 233 234 showing that the tails of the ssp. *palustris* birds were also proportionately longer than those 235 of dresseri.

236

237 **DISCUSSION**

Marsh Tits from the British populations examined shared very similar wing and tail lengths, and tail/wing proportions, indicating that they were all from the same subspecies (ssp. *dresseri*). These measurements were significantly shorter than the wings and tails of birds within the continental European range of ssp. *palustris*. These results confirm that *dresseri* is the only Marsh Tit subspecies present throughout the British range, with no evidence for the existence of ssp. *palustris* in northern England (cf. Clancey 1947, JNCC 2010).

Despite wing length being a key distinction between Marsh Tit subspecies, the measurements of 12 skins from Northumberland classified by Clancey (1947) as ssp. *palustris* actually fall within the range of ssp. *dresseri* (Cramp & Perrins 1993). Furthermore, Kniprath (1967) showed that the plumage colour saturation of Marsh Tits can vary with age and wear, which may bias the assessment of small samples such as Clancey's (1947). As such, the original claim by Clancey (1947) of ssp. *palustris* in northern England and Scotland appears unsubstantiated, perhaps being an example of "enthusiastic...micro-taxonomy"

based on "...extraordinarily subtle...differences in small, unrepresentative samples" which
had earlier drawn criticism (see Knox 2007).

The results also provide compelling evidence against clinal or regional variation in Marsh Tit size within Britain, as postulated by du Feu & du Feu (2014), and no support for an increase in wing length with latitude (McCollin *et al.* 2015). These findings are important in demonstrating that reliable methods of sexing Marsh Tits based on biometrics from one population could be applied by analysts to other populations across the British range, given representative samples, with an insignificant risk of regional variation introducing unknown bias into analyses (Broughton *et al.* 2008, du Feu & du Feu 2014).

The present study is the first to fully demonstrate a consistent body size in Marsh Tits across 260 261 a subspecies, and the first to perform an adequate statistical comparison of differences in morphology between different populations (cf. Mayaud 1933). Despite being highly 262 263 sedentary, with relatively short dispersal distances and a sensitivity to habitat fragmentation (Broughton et al. 2010, Wesołowski 2015), our results offer no evidence of founder effects or 264 reproductive isolation influencing body size between Marsh Tit populations within Britain (cf. 265 du Feu & du Feu 2014). This implies that some genetic flow has been maintained, or a lack 266 267 of selective pressure on body size, despite extreme fragmentation of woodland habitat (Broughton & Hinsley 2015). 268

Several key implications for Marsh Tit taxonomy and conservation can also be derived from these results. Firstly, the existence of only one native subspecies in Britain means that the geographical range of ssp. *dresseri* can be confidently stated to extend to southern Scotland, with a corresponding British population of 41,000 territories (Musgrove *et al.* 2013). Conversely, it can be stated that the European range of ssp. *palustris* does not extend to Britain and this taxon should be considered as restricted to continental Europe.

A second issue concerns the validity of subspecies classification. Based on photoelectric measurements of colouration, Kniprath (1967) suggested that Marsh Tits may be considered as a monotypic species that shows a high degree of variation throughout Europe but cannot be reliably categorized into subspecies. Our results of wing and tail lengths contradict this

279 interpretation, as British Marsh Tits are clearly and consistently divisible from populations in central Europe and Scandinavia on the basis of size. Populations of Marsh Tits in western 280 continental Europe are more problematic, and our results showed that birds from northwest 281 Germany (Essen) were somewhat intermediate in size between ssp. palustris and dresseri. 282 283 The inclusion by Vaurie & Snow (1957) of Marsh Tits from western France into the dresseri subspecies was based on similarities in the plumage colouration (visually assessed) and 284 wing length of skins, but sample sizes were very small (ten birds or fewer). Mayaud (1933) 285 286 maintained that Marsh Tits in western France were distinctly smaller than ssp. dresseri and 287 belonged to local ssp. darti (Jouard 1929), but this taxon is not currently recognised (Cramp & Perrins 1993, Gosler & Clement 2007). 288

289 The subspecies identification of Marsh Tits in France is important in determining whether 290 British Marsh Tits are, in fact, an island endemic subspecies as is currently recognised for 291 British Willow Tits P. m. kleinschmidti; British populations of both species probably became isolated from conspecifics at the same time, approximately 8,000 years ago, when the 292 English Channel flooded. There appears to be little morphological data available for French 293 Marsh Tits, however, and no published material derived from live birds, which can differ from 294 295 skins due to shrinkage and de-fleshing of the latter (Kelm 1970, Svensson 1992). Comparison of wing length measurements taken from 59 skins in western France (Mayaud 296 1933) with those of 22 skins from England (Cramp & Perrins 1993) shows a significant 297 overlap for females but not males, leaving the question unresolved. 298

Detailed morphological comparisons between large samples of live birds, preferably of known age and sex, appear necessary to classify the subspecies of Marsh Tit present in France, and hence the potentially unique status of ssp. *dresseri* in Britain. Future genetic analyses may also contribute to the taxonomy of Marsh Tit subspecies, although a study of Willow Tits failed to detect any genetic differentiation between European subspecies (Kvist *et al.* 2001).

305 The taxonomic status of British Marsh Tits has practical implications for the species' 306 conservation in this country. British Marsh Tits have undergone a significant decline in 307 population and contraction in range since the 1970s, particularly in northern England, and it may shortly become extinct altogether in Scotland (Balmer et al. 2013, Broughton & Hinsley 308 2015). As we have shown that northern Marsh Tits do not differ from those elsewhere in 309 Britain, there is no obvious ecological or taxonomic barrier to using birds from southern 310 311 Britain as source populations for potential future reintroductions to Scotland or northern England if habitat and conditions are considered suitable (Broughton & Hinsley 2015). By 312 extension, if the morphology, behaviour and ecology of British Marsh Tits were shown not to 313 314 differ from those in western France, this would create a larger pool of source birds for 315 reintroduction if populations in southern Britain also continued to decline.

316

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TABLES

Table 1. Wing length measurements of British Marsh Tits from populations in different
regions (see Fig. 1 for location details). A Kruskal-Wallis test showed no significant
difference between populations at an α level of 0.05 (see Methods).

Location	n	Min	Q1	Median	Q3	Max
Northumberland	42	58	61	63	64	66
Cumbria	306	58	61	63	64	67
Cambridgeshire	451	59	61	63	64	67
Suffolk	73	59	61	63	64	66
Oxfordshire	105	59	61	63	64	66
Berkshire	49	60	61	64	64	65
Devon	77	60	61	63	64	66
Powys	44	59	61	63	64	68
All locations	1147	58	61	63	64	68

Table 2. Tail length measurements of British Marsh Tits from three regions (see Fig. 1 for
details). A Kruskal-Wallis test showed no significant difference between populations at an α
level of 0.05 (see Methods).

Location	n	Min	Q1	Median	Q3	Max
Cambridgeshire	206	47.0	50.0	52.0	53.0	57.5
Suffolk	18	46.5	49.8	51.8	53.5	56.0
Berkshire	26	49.5	51.4	54.0	54.1	56.0
All locations	250	46.5	50.4	52.0	53.5	57.5

483 FIGURE LEGENDS

Figure 1. Locations of Marsh Tit biometric data. England and Wales: 1) Devon, 2) Berkshire, 3) Oxfordshire, 4) Cambridgeshire, 5) Suffolk, 6) Cumbria, 7) Northumberland, 8) Powys. Dotted line in northern England marks the approximate division claimed by Clancey (1947) for Marsh Tit ssp. *palustris* to the north and ssp. *dresseri* to the south. Central Europe (and southern Scandinavia): 9) northwest Germany, 10) northern Switzerland, 11) southwest Germany, 12) southern Sweden, 13) Kaliningrad, 14) southwest Poland. See Methods for details.



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Figure 2. Mean and 95% confidence intervals for Marsh Tit wing lengths by subspecies and 496 497 location. For ssp. *palustris* on an east-west axis: Kal = Kaliningrad (n = 139), Swe = southern 498 Sweden (n = 29), Pol = southwest Poland (n = 29), Gs = southern Germany (n = 31), Swi = Switzerland (n = 186), Gnw = northwest Germany (n = 161). For ssp. dresseri on a north-499 south axis across England and Wales: Cam = Cambridgeshire (n = 451), Suff = Suffolk (n = 500 73), Pow = Powys (n = 44), Oxf = Oxfordshire (n = 105), Berk = Berkshire (n = 49), Dev = 501 Devon (n = 77). The ssp. in northern England is disputed: Cum = Cumbria (n = 306), Nor = 502 Northumberland (n = 42). For data sources see Methods. 503



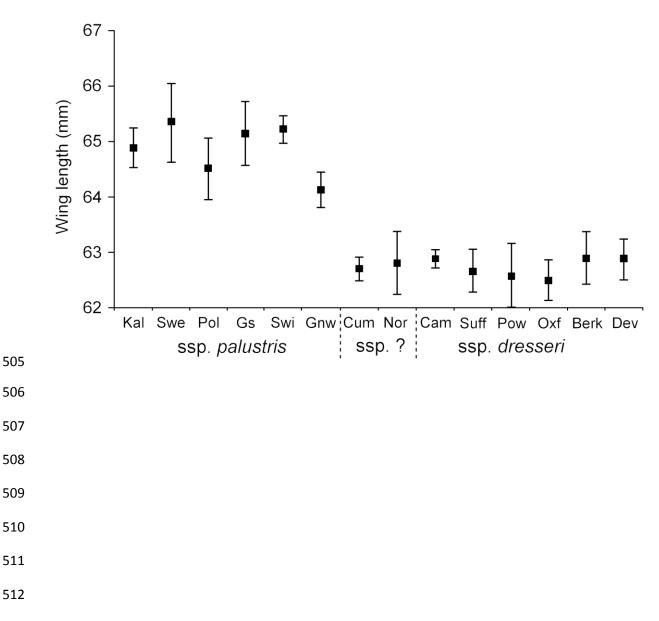
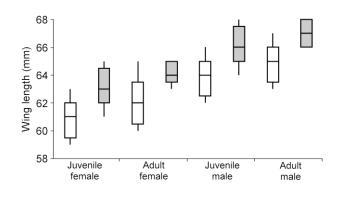


Figure 3. Median, interquartile range and overall range of Marsh Tit wing lengths by age and sex class for ssp. *dresseri* from Cambridgeshire in England (white boxes) and ssp. *palustris* from Switzerland (grey boxes; Amann 1980). Sequential sample sizes (n) from left to right on the *x*-axis: 112, 55, 95, 25, 133, 67, 111, 39. Differences between ssp. in all classes are significant at P < 0.001 (Mann-Whitney tests).



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Figure 4. Mean and 95% confidence intervals for Marsh Tit tail lengths by age and sex class
for ssp. *palustris* (Kaliningrad – black symbols, Markovets 1998) and ssp. *dresseri*(Cambridgeshire, England – white symbols). Sequential sample sizes (n) from left to right on
the *x*-axis: 52, 39, 56, 32, 54, 28, 69, 40.

