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Contact CEH NORA team at  
[noraceh@ceh.ac.uk](mailto:noraceh@ceh.ac.uk)

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3 **Macronutrient processing by temperate lakes: a dynamic model for long-term,**  
4 **large-scale application**

5

6 Edward Tipping<sup>a</sup>, John F Boyle<sup>b</sup>, Daniel N Schillereff<sup>b</sup>, Bryan M Spears<sup>c</sup>, Geoffrey Phillips<sup>d</sup>

7

8 <sup>a</sup> *Centre for Ecology and Hydrology, Lancaster Environment Centre, Lancaster, LA1 4AP*

9 <sup>b</sup> *School of Environmental Sciences, University of Liverpool, Liverpool, L69 3GP*

10 <sup>c</sup> *Centre for Ecology and Hydrology, Bush Estate, Penicuik, Midlothian EH26 0QB, Scotland, UK*

11 <sup>d</sup> *Biological and Environmental Sciences, University of Stirling, Stirling FK9 4LA, UK*

12

13 Corresponding author: Professor Edward Tipping

14 Centre for Ecology and Hydrology

15 Lancaster Environment Centre

16 Lancaster

17 LA1 4AP

18 [et@ceh.ac.uk](mailto:et@ceh.ac.uk)

19

20 E-mail addresses:

21 [et@ceh.ac.uk](mailto:et@ceh.ac.uk) (E Tipping), [jfb@liverpool.ac.uk](mailto:jfb@liverpool.ac.uk) (JF Boyle), [dns@liverpool.ac.uk](mailto:dns@liverpool.ac.uk) (DN Schillereff),

22 [spear@ceh.ac.uk](mailto:spear@ceh.ac.uk) (BM Spears), [geoff.phillips@stir.ac.uk](mailto:geoff.phillips@stir.ac.uk) (G Phillips)

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26 **ABSTRACT**

27 We developed a model of the biogeochemical and sedimentation behaviour of carbon (C), nitrogen  
28 (N) and phosphorus (P) in lakes, designed to be used in long-term (decades to centuries) and large-  
29 scale ( $10^4 - 10^5 \text{ km}^2$ ) macronutrient modelling, with a focus on human-induced changes. The model  
30 represents settling of inflow suspended particulate matter, production and settling of phytoplankton,  
31 decomposition of organic matter in surface sediment, denitrification, and DOM flocculation and  
32 decomposition. The model uses 19 parameters, 13 of which are fixed *a priori*. The remaining 6 were  
33 obtained by fitting data from 109 temperate lakes, together with other information from the  
34 literature, which between them characterised the stoichiometric incorporation of N and P into  
35 phytoplankton via photosynthesis, whole-lake retention of N and P, N removal by denitrification, and  
36 the sediment burial of C, N and P. To run the model over the long periods of time necessary to simulate  
37 sediment accumulation and properties, simple assumptions were made about increases in inflow  
38 concentrations and loads of dissolved N and P and of catchment-derived particulate matter (CPM)  
39 during the 20<sup>th</sup> century. Agreement between observations and calculations is only approximate, but  
40 the model is able to capture wide trends in the lakewater and sediment variables, while also making  
41 reasonable predictions of net primary production. Modelled results suggest that allochthonous  
42 sources of carbon (CPM and dissolved organic matter) contribute more to sediment carbon than the  
43 production and settling of algal biomass, but the relative contribution due to algal biomass has  
44 increased over time. Simulations for 8 UK lakes with sediment records suggest that during the 20<sup>th</sup>  
45 century average carbon fixation increased 6-fold and carbon burial in sediments by 70%, while the  
46 delivery of suspended sediment from the catchments increased by 40% and sediment burial rates of  
47 N and P by 131% and 185% respectively.

48

49 *Keywords:* Carbon burial, nutrient retention, nutrient stoichiometry, primary production,  
50 sediment accumulation

51

52 *Abbreviations:* See Table 1

53

54

## 55 1. Introduction

56 Lakes play a significant role in the global C cycle, a role which has been altered by human activities  
57 and which is sensitive to climate change (Tranvik et al., 2009). Over recent centuries, especially the  
58 last 100 years, erosion from agricultural land due to farming intensification has increased rates of  
59 lacustrine carbon burial (Anderson et al., 2013). Over the same period, lakes have received greater  
60 inputs of nitrogen (N) and phosphorus (P), from fertiliser use and sewage effluent, leading to higher  
61 plankton biomass and consequently more sedimentation and sediment storage of autochthonous  
62 carbon (Heathcote and Downing, 2012; Pacheco et al., 2013). Lake sediments are long-term sinks for  
63 C, N and P (Dean and Gorham, 1998) and lakes also convert incoming C and N into gases that are  
64 released to the atmosphere (Seitzinger, 1988; Saunders and Kalff, 2001). To put these interacting  
65 processes and effects into context, over the long-term (decades to centuries) and at large landscape  
66 scale ( $10^4 - 10^5$  km<sup>2</sup>), a suitable model is required that can simulate the processing of macronutrients  
67 by lakes, driven by the outputs of models of terrestrial ecosystem element cycling, agriculture, erosion  
68 and sediment delivery, and point source inputs to inflowing rivers. Such a model needs to operate at  
69 seasonal or annual timescales, and be readily applicable to all the lakes in the region of interest. It  
70 needs to capture the principal processes simply so as to be computationally efficient.

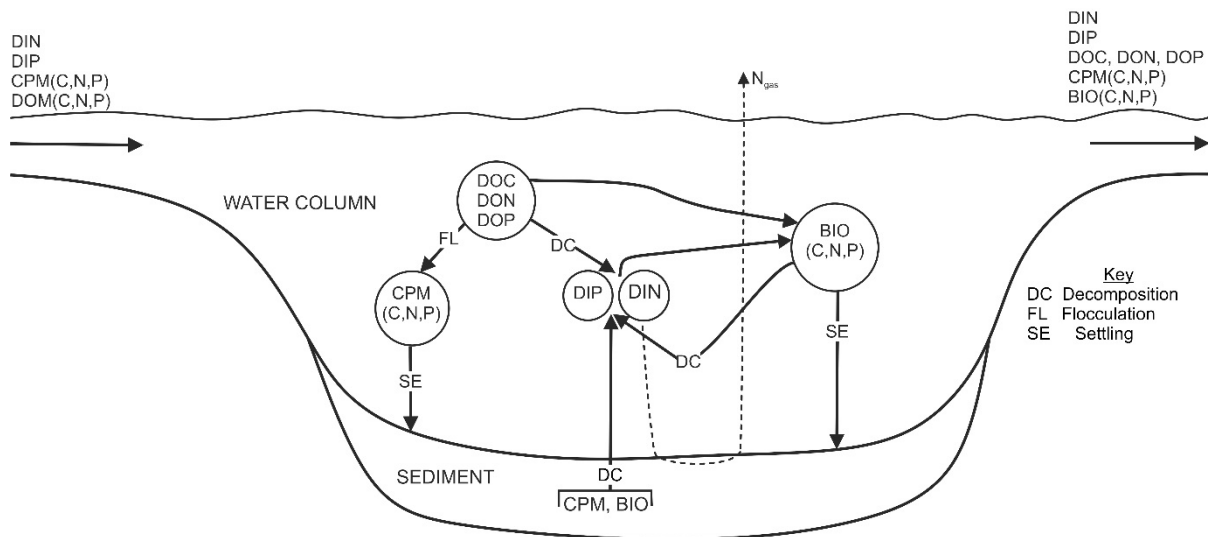
71 A review of the literature showed that a suitable nutrient simulation model for lakes does not  
72 presently exist. Most lake models have been developed to analyse and predict individual lakes in  
73 detail, and with an emphasis on eutrophication and the amount of chlorophyll *a* (Chl*a*) in the water  
74 column (Jørgensen et al., 1996). Examples include phosphorus-Chl*a* models based on flushing rate  
75 (Vollenweider, 1975), or more complex representations (Håkanson and Boulion, 2003; Håkanson and  
76 Bryhn, 2008; Omlin et al., 2001), phytoplankton population dynamics (Jørgensen, 1976; Elliott et al.,  
77 2010), or physics and phosphorus only (Saloranta and Andersen, 2007). None of these deals with  
78 sediments, whereas other models focus on sediment processes only (e.g. Dittrich et al., 2009). The  
79 ECO model of Smits and van Beek (2013) is comprehensive, couples water and sediment, and includes  
80 carbon cycling, but is highly complicated with many parameters, mostly lake-specific, and does not  
81 include sediment transport from the catchment. The model that perhaps most closely meets our  
82 needs is that of Nyholm (1978), which was designed to be general and could use “universal”  
83 parameters. However it includes neither carbon cycling nor denitrification. Because we could not find  
84 a model that combined productivity, nutrient cycling, and sediment formation, suitable for application  
85 to many lakes simultaneously over long timescales, we created a new model appropriate to our  
86 purposes.

87 Nearly all the relevant processes involve interactions between the biogeochemical cycles of the three  
88 elements, and the main ones are depicted in Figure 1. By representing them in the model, we aimed

89 to describe the effects of human activities over the last 100-200 years on temporal variations and lake-  
 90 to-lake variations in the concentrations of Chl $a$ , dissolved N and dissolved P, lake retention of N and  
 91 P, including losses by denitrification, the burial efficiency of organic C in sediments, the mass  
 92 accumulation of sediment, sediment stoichiometry (CNP ratios), lake productivity, the net removal of  
 93 inflowing DOM, and the quality of outflow water. To obtain an overall picture, applicable generally  
 94 to temperate lakes, for the purposes of estimating macronutrient processing, we used data from many  
 95 lakes (121 for fitting, 34 for testing), although for only a few lakes was a full data set available. We  
 96 had to make simplifying assumptions about trends in both erosion and nutrient enrichment, which  
 97 inevitably restricted precision but allowed a representative first parameterisation.

98 The primary purposes of the work were to formulate the model and evaluate its performance in terms  
 99 of using a universal parameter set to simulate C, N and P processing by a range of lakes, as required  
 100 for large-scale application. Long-term simulation was evaluated from results for sediment  
 101 compositions. In addition, we used the model outputs to examine possible changes in lake  
 102 macronutrient processing during the last century.

103



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105 Figure 1. Schematic of the element transformation processes. Inorganic C is not shown, since it was  
 106 not simulated in the present work.

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108

109 Table 1. Glossary of symbols and parameter values

Symbol	Units	Meaning	Value
<i>Variables</i>			
$\Delta X$	$g\ d^{-1}$	Daily change in the amount of variable X (equations 1,3,4,5,6,7,8,9)	
$\Delta BIO_{dw}$	$g\ d^{-1}$	Loss of BIO owing to decomposition / grazing (equation 3)	
$\Delta BIO_{max}$	$g\ d^{-1}$	Maximum daily increase in BIO content of lake (equation 1)	
$\Delta BIO_{sed}$	$g\ d^{-1}$	Sedimentation loss of BIO (equation 5)	
$\Delta(C,N,P)_{min}$	$g\ d^{-1}$	Mineralisation loss of C, N, P (equation 8)	
$\Delta CPM_{sed}$	$g\ d^{-1}$	Sedimentation loss of CPM (equation 4)	
$\Delta N_{deN}$	$g\ d^{-1}$	Loss of N by denitrification (equation 9)	
$\Delta DOM_{fl}$	$g\ d^{-1}$	Loss of DOM by flocculation (equation 6)	
$\Delta DOM_{pd}$	$g\ d^{-1}$	Loss of DOM by photodecomposition (equation 7)	
[X]	$mg\ L^{-1}$ or $\mu g\ L^{-1}$	Concentration of variable X	
$A_{lake}$	$m^2$	Lake area	
BD	$g\ m^{-3}$	Bulk density of sediment	
BIO		Phytoplankton biomass	
$C_{eff}$	-	Burial efficiency of carbon in lake sediment (equation 12)	
$C_{sed,end}$	$g$	Mass of C in surface sediment at end of year	
$C,N,P_{sed,labile}$	$g$	Sediment content of labile C, N, P (equations 8 and 9)	
Chl $a$		Chlorophyll $a$	
CPM		Catchment-derived particulate material	
CPM-C,N,P,OM		C, N, P, organic matter in CPM	
$D_{lake}$	$m$	Lake depth	
DIN,DIP		Dissolved inorganic nitrogen, phosphorus	
DOM,C,N,P		Dissolved organic matter, C, N, P	
$F_{deN}$		Fraction of retained N lost by denitrification (equation 11)	
MAP	$mm$	Annual rainfall	
MAT	$^{\circ}C$	Mean annual temperature	
NPP	$gC\ m^{-2}\ a^{-1}$	Net primary productivity	
$R_x$		Lake retention of X (equation 10)	
$r_0$	$d^{-1}$	Doubling rate at $0^{\circ}C$ (equations 1 and 2)	
T	$^{\circ}C$	Lake temperature	
$V_{lake}$	$m^3$	Lake volume	
<i>Constants set a priori</i>			
$f_{labile}$	-	Fraction of CPM organic C, N and P that is labile	0.05
$k_{pd}$	$m^3\ g^{-1}\ d^{-1}$	Rate constant for DOM photodecomposition (equation 7) <sup>1</sup>	$2 \times 10^{-4}$
$Q_{10,BIO}$	-	Temperature factor in equation 1	2.5
$Q_{10,deN}$	-	Temperature factor in equation 9	2
$Q_{10,ds}$	-	Temperature factor in equation 8	2
$Q_{10,dw}$	-	Temperature factor in equation 3	2
$r_{0,max}$	$d^{-1}$	Maximum doubling rate at $0^{\circ}C$ (equation 1)	0.2
$v_{BIO}$	$m\ d^{-1}$	Settling velocity of phytoplankton (equation 5)	0.1
$v_{CPM}$	$m\ d^{-1}$	Settling velocity of CPM (equation 4)	1.0
$\alpha$	-	Exponent in equation 2	2
$\beta$	-	Exponent in equation 6	2
$\gamma$	-	Exponent in equation 7	2
$\delta$	-	Exponent in equation 9	0.5
<i>Constants fitted</i>			
$k_{deN}$	$g^{1.5}\ m^{-2}$	Rate constant for denitrification (equation 9)	0.005
$k_{dw}$	$d^{-1}$	Rate constant for decomposition and grazing in water column at $0^{\circ}C$	0.006
$k_{ds}$	$d^{-1}$	Rate constant for decomposition in sediment at $0^{\circ}C$	0.007
$k_{fl}$	$m^3\ g^{-1}\ d^{-1}$	Rate constant for DOM flocculation (equation 6)	$2 \times 10^{-4}$
$k_r$	$m^2\ g^{-1}$	Constant for effects of DOC and depth (equation 2)	15
$P_{sed,max}$	$g\ g^{-1}$	Maximum labile P content of lake sediment	0.002

110 <sup>1</sup> Set equal to  $k_{fl}$

## 111 2. Model description

112 A glossary of variables and constants is given in Table 1, which should be referred to when reading this  
 113 section. We first present a formal description of the model, after which simplifications and neglected  
 114 processes are identified. The lakewater is assumed to be completely mixed and of constant volume,  
 115 with outflow equal to inflow. Inflowing water brings catchment-derived particulate matter (CPM)  
 116 which is derived principally from soil erosion, and contains organic matter (OM) comprising C, N and  
 117 P, as well as particulate inorganic P. It also brings solutes, namely dissolved inorganic nitrogen (DIN),  
 118 dissolved inorganic phosphorus (DIP), and dissolved organic matter (DOM), which contains C, N and  
 119 P. Water leaving the lake contains the same components (although generally at different  
 120 concentrations), together with algal biomass (BIO) generated within the lake by photosynthesis. The  
 121 BIO comprises organic C, N and P, and the ratio of Chl $a$  to C is assumed to be 50. To maintain small  
 122 incremental changes in water composition, in-lake processes, and sedimentation, the model is run on  
 123 a daily time step, with mass balance of each element. However, it is not intended to produce faithful  
 124 simulations of short-term processes, rather to permit averaging over seasons or single years. In the  
 125 following equations, square brackets indicate lakewater concentrations in mg L $^{-1}$ .

126 Algal biomass is formed by cell division during the growing season, with a rate constant at 0°C of  $r_0$  (d $^{-1}$ )  
 127 and a dependence on temperature, so the increase in BIO in the lake (gC d $^{-1}$ ) is

$$128 \quad \Delta \text{BIO}_{\text{max}} = [\text{BIO}] \times V_{\text{lake}} \times \{ \exp (r_0 \times Q_{10, \text{BIO}}^{T/10}) - 1 \} \quad (1)$$

129 The biological material has the CNP stoichiometry of algae (Redfield ratios; Sterner and Elser, 2002)  
 130 i.e. 41:7.2:1 by mass. The value of  $r_0$  is given by;

$$131 \quad r_0 = r_{0, \text{max}} / \{ k_r \times D_{\text{lake}} \times [\text{DOC}] \} \quad (2)$$

132 The negative dependences on  $D_{\text{lake}}$  and [DOC] are assumed on the basis of unpublished regression  
 133 analyses of lakes data for the UK showing significant decreases of the [Chl $a$ ]/[TP] ratio with log  $D_{\text{lake}}$   
 134 for  $D_{\text{lake}} > 1$  m ( $p < 0.01$ ) and with [DOC] ( $p < 0.001$ ). Net primary productivity (NPP, gC m $^{-2}$  a $^{-1}$ ) is  
 135 calculated as the sum of  $\Delta \text{BIO-C}$  values over the growing season. If there is insufficient N or P to build  
 136 the maximum biomass, then the amount built is determined by the amount of available N or P,  
 137 whichever is stoichiometrically more limiting. Both dissolved inorganic and organic forms of N and P  
 138 elements are assumed to be bioavailable; this gave better results than those obtained with only DIN  
 139 and DIP bioavailable, because in oligotrophic lakes considerable proportions of the TN and TP are  
 140 present in DOM, and if this is not bioavailable, calculated [Chl $a$ ] values were too low. However, it was  
 141 assumed that any DIN and DIP were used first, followed by DON and DOP. Probably DON and DOP  
 142 are converted to DIN and DIP before uptake (Spears and May, 2015). We assumed that over the

143 seasonal timescales considered, C limitation does not occur. Consequently only organic carbon  
144 needed to be tracked in this work.

145 Decomposition or grazing of algae in the water column causes a first-order rate of loss of BIO from the  
146 lake ( $\text{g d}^{-1}$ ), according to the equation

$$147 \quad \Delta \text{BIO}_{\text{dw}} = -k_{\text{dw}} \times Q_{10,\text{dw}}^{T/10} \times [\text{BIO}] \times V_{\text{lake}} \quad (3)$$

148 and following Elliott et al. (2010) the nutrients are returned immediately to the DIN and DIP pools.

149 Net settling of eroded particles and phytoplankton to the lake sediment in  $\text{g d}^{-1}$  is given by

$$150 \quad \Delta \text{CPM}_{\text{sed}} = (v_{\text{CPM}} / D_{\text{lake}}) \times [\text{CPM}] \times V_{\text{lake}} \quad (4)$$

$$151 \quad \Delta \text{BIO}_{\text{sed}} = (v_{\text{BIO}} / D_{\text{lake}}) \times [\text{BIO}] \times V_{\text{lake}} \quad (5)$$

152 The leading bracketed terms characterise settling, while the products of concentration and volume  
153 are the total quantities of CPM or BIO in the lake, and so the equations represent a first-order loss  
154 process to the sediment. The longer is the lake's residence time, the more efficiently are CPM and  
155 BIO lost by sedimentation.

156 Dissolved organic matter can flocculate (coagulate) or photodecompose in the water column,  
157 according to first-order reactions, modified by an exponent, so the losses ( $\text{g d}^{-1}$ ) are given by

$$158 \quad \Delta \text{DOM}_{\text{fl}} = k_{\text{fl}} \times [\text{DOM}]^{\beta} \times V_{\text{lake}} \quad (6)$$

$$159 \quad \Delta \text{DOM}_{\text{pd}} = k_{\text{pd}} \times [\text{DOM}]^{\gamma} \times V_{\text{lake}} \quad (7)$$

160 The flocculated DOM is incorporated into CPM. When DOM is photodecomposed the DOC is  
161 converted to  $\text{CO}_2$ , while the DON and DOP are converted to DIN and DIP.

162 The CPM arriving at the sediment surface comprises mineral and organic matter, in proportions  
163 depending upon the properties of the eroded soil. Part of the CPM organic matter is non-labile, i.e.  
164 cannot decompose, and the remainder is labile, quantified by the fraction labile  $f_{\text{labile}}$ . All the DOM  
165 added to the CPM by flocculation is assumed labile. So too is all sedimented BIO organic matter, and  
166 therefore more eutrophic lakes tend to supply more labile organic matter to the sediment.  
167 Decomposition of labile organic matter occurs in surface sediment, i.e. the layer that exists during the  
168 year of simulation, by a first-order reaction, modified by temperature. Labile C, N and P in the  
169 sediment are mineralised in proportion ( $\text{g d}^{-1}$ ), according to

$$170 \quad \Delta (\text{C,N,P})_{\text{min}} = k_{\text{ds}} \times (\text{C,N,P})_{\text{sed,labile}} \times Q_{10,\text{ds}}^{(T/10)} \quad (8)$$



171 The released C is lost as CO<sub>2</sub>, and the released N is returned to the water column as DIN. Phosphorus  
 172 released by decomposition from the labile pool is considered to be totally adsorbed by the surface  
 173 sediment, up to a maximum ratio of labile P to sediment mass ( $P_{sed,max}$ ). If  $P_{sed,max}$  is exceeded the  
 174 excess P from decomposition is returned to the water column as DIP (release as DOP is minor; Spears  
 175 and May, 2015). Lake sediment bulk density (BD, g m<sup>-3</sup>) was calculated from carbon content (%C) using  
 176 the equation of Dean and Gorham (1999), i.e.  $BD = 1.665 \times 10^6 \%C^{-0.887}$ . At the end of each year the  
 177 sediment that has accumulated during that year is buried, cast into anoxic storage, and no further  
 178 changes take place with respect to C, N and P cycling. In reality decomposition will continue,  
 179 diminishingly, in subsequent years. Galman et al. (2008) showed that nearly all losses of C and N took  
 180 place in the first few years after sedimentation in a boreal forest lake. Working on the eutrophic Lake  
 181 Zug in Switzerland, Dittrich et al. (2009) found that “although the mineralization of organic matter by  
 182 oxygen and nitrate only occurred in the upper 2mm of sediments, it dominates total organic matter  
 183 degradation”, only 2% of degradation took place anoxically, principally by methanogenesis. Both  
 184 these conclusions support our simplification.

185 Denitrification is proportional to the amount of DIN in the lake (assumed principally to be NO<sub>3</sub>) but (i)  
 186 factored with the lake depth, and (ii) related to sediment labile C, both of which take account of the  
 187 role of upper sediment in the reaction. The equation used is

$$188 \quad \Delta N_{deN} = k_{deN} \times \{C_{sed,labile} / A_{lake}\}^{\delta} \times [DIN] \times V_{lake} \times Q_{10,deN}^{(T/10)} / D_{lake} \quad (9)$$

189 where the term  $\{C_{sed,labile} / A_{lake}\}$  is the sediment concentration of labile C (g m<sup>-2</sup>). The exponent  $\delta$  ( $0 <$   
 190  $\delta < 1$ ) causes the relative effect of labile C to diminish as its concentration increases. Nitrogen is lost  
 191 as N<sub>2</sub> and N<sub>2</sub>O (denitrification, g d<sup>-1</sup>).

192 Overall lake processing of N, P, DOC and CPM (X in the following equation) is expressed in terms of  
 193 fractions of the input loads retained by the lake;

$$194 \quad R_X = (X_{input} - X_{output}) / X_{input} \quad (10)$$

195 The fraction of the nitrogen,  $F_{deN}$ , lost by denitrification is given by

$$196 \quad F_{deN} = \Sigma \Delta N_{deN} / (N_{input} - N_{output}) \quad (11)$$

197 where  $\Sigma \Delta N_{deN}$  is denitrification summed over the year. The (organic) carbon burial efficiency is given  
 198 by

$$199 \quad C_{eff} = C_{s,end} / \Sigma (\Delta CPM - C_{sed} + \Delta BIO - C_{sed}) \quad (12)$$

200 where the denominator is the sum of all C reaching the sediment in the year.

201 The model neglects many physical, biogeochemical and biological lake processes that affect  
202 macronutrient behaviour. Lake physics is simplified by ignoring short-term variations in inflow  
203 volumes, thermal stratification, sediment resuspension, and the attenuation of light by suspended  
204 sediment. Biogeochemical factors not accounted for include N fixation, the autochthonous formation  
205 of DOM from either algae (Hanson et al., 2004) or macrophytes (Rich and Wetzel, 1978), sediment  
206 diagenesis in deeper layers including methanogenesis, the stoichiometric linkage of denitrification to  
207 carbon, variations in redox conditions in both the water column and the sediment, and variations of P  
208 sorption with sediment properties. Neglected biological processes include lack of variation in algal  
209 species and properties, and the activities of zooplankton and fish. Perhaps of more direct significance,  
210 we ignore the cycling of macronutrients through macrophytes and benthic algae, both of which may  
211 contribute significantly, especially in shallow lakes (Wetzel 2001; Spears et al., 2008; Vadeboncoeur  
212 et al., 2008; Schlesinger and Bernhardt, 2013), although more in relation to seasonal rather than  
213 annual or longer-term dynamics.

214 A more elaborate macronutrient model could no doubt be constructed for individual well-  
215 characterised lakes, including all the processes listed above. But our need is different; we want to  
216 capture the aggregated effects of lakes on macronutrient transport, processing and retention at a  
217 large spatial scale (e.g. the whole of the UK) and at seasonal temporal resolution, using simple driving  
218 data. Therefore we fitted the model with data for as many lakes as possible, within which the  
219 neglected or simplified processes must be operating to varying extents. This should yield parameter  
220 values that permit the representative simulation of lake behaviour, but cannot be expected to predict  
221 any individual lake precisely. Available data (see Section 3) comprise simple water-column variables  
222 such as concentrations of *Chl*<sub>a</sub>, DIN, DIP and DOC, available for many lakes, lake retention factors of  
223 different elements, available for a fair number of lakes, and depth-resolved sediment records for lakes,  
224 available for relatively few lakes. The nature of these data restricts the number of parameters that  
225 can be satisfactorily fitted, and hence the model has to be simplified. Furthermore, such simplification  
226 is compatible with the complexity of long-term large-scale terrestrial process models (e.g. N14C,  
227 Tipping et al., 2012), which we intend to use to simulate macronutrient inputs to lakes, and it would  
228 not be sensible to use their outputs to drive an over-complex lake model.

229

230

### 231 **3. Data**

232 Climate data (mean annual temperature and precipitation) were taken either from the source  
233 references for individual lakes, or, in the absence of site-specific data, from Cramer and Leemans

234 (2001). The same values were assumed to apply over the entire simulation period (i.e. pre 1900 to  
235 the present).

236 We obtained a representative composition of CPM from data published by Ankers et al (2003), Tipping  
237 et al. (1997) and Walling et al. (2001) for 18 UK rivers; the mean values were C 6.5%, N 0.5% and P  
238 0.025%. Half of the P was assumed to be in organic form. We assumed a rounded DOC:DON ratio of  
239  $20 \text{ g g}^{-1}$  based on data published by Helliwell et al. (2007), and a rounded DOC:DOP ratio of  $1000 \text{ g g}^{-1}$ ,  
240 based on soil and surface water data collated from Lottig et al (2012), Kaiser et al (2003), McGroddy  
241 et al (2008), Qualls and Haines (1991), Yanai (1992) and V Martinsen (pers commun). These values  
242 were assumed to apply over all periods of simulation.

243 Schindler (1978) assembled data on NPP for c. 60 lakes, nearly all in temperate locations, for which P  
244 was the limiting nutrient. He derived a linear regression relationship of  $\log_{10} \text{NPP}$  to  $\log_{10} [\text{TP}]$ , which  
245 we used to estimate NPP for P-limited lakes, for comparison with model simulations.

246 Contemporary values of  $C_{\text{eff}}$  (equation 12) in lake sediments were measured by Sobek et al (2009), for  
247 27 sediment samples taken from 11 different lakes in Sweden, central Europe and Israel, and Lake  
248 Baikal. They reported a range of 0.03 to 0.93 in the fraction of sedimented C that was retained by the  
249 sediments, with a mean of 0.48. Efficiencies were greatest in lakes with high allochthonous organic  
250 matter.

251 Lakes data set A describes DOM flocculation and sedimentation determined in 12 Swedish boreal lakes  
252 (von Wachenfeldt and Tranvik, 2008). The data include lake and catchment dimensions, lake  
253 residence times, average annual lake [DOC], and amounts removed to the sediment. Details are given  
254 in Appendix 1.

255 Lakes data set B (Table S1B) was made up of results for 73 lakes in Canada, New Zealand, Norway, UK  
256 and USA covering the period 1970 to the present. The sites were chosen to achieve a reasonably  
257 balanced range of nutrient and Chl $a$  concentrations and water residence times. The data comprised  
258 lake and catchment dimensions, average annual lake [TP], [DIN] or [TN], and [Chl $a$ ], annual average  
259 inflow water or lakewater [DOC], and annual average inflow water [CPM]. In most cases the value of  
260 [CPM] and the CPM composition were estimated (Table S1B).

261 Lakes data set C comprised results obtained between 1970 and the present for 28 lakes in Canada,  
262 Denmark, Eire, Estonia, Norway, Sweden, Switzerland, UK, USA for which values of  $R_N$  (28 cases),  $R_P$   
263 (14) and  $F_{\text{DeN}}$  (19) were reported or could be derived from input and output data. Concentrations and  
264 compositions of input CPM were estimated from other values, as described in Table S1C which shows  
265 all the data used in the analysis.

266 Lakes data set D (Table S1D) comprised results for 20 lakes in Québec and 14 in Argentina, and was  
267 used for model testing. The data comprised lake and catchment dimensions, average annual lake [TP],  
268 [DIN] or [TN], and [Chl $\alpha$ ], annual average inflow water or lakewater [DOC], and annual average inflow  
269 water [CPM].

270 Lakes data set E (Table S1E) was assembled from published data that covered both water column  
271 concentrations of N, P, DOC and Chl $\alpha$ , and sediment accumulation rates and sediment concentrations  
272 of C, N and P, for the same lake. Results for 8 lakes, all in the UK, were found. Mean annual  
273 temperature and precipitation, lake and catchment dimensions were also available, together with  
274 contemporary observations of DIN and TP input loads,  $R_P$  and  $R_N$ . Most of the water column data were  
275 recent, although some went back to the 1940s. Sediment cores had been taken between 1980 and  
276 the present.

277

#### 278 **4. Model applications**

279 For each site, the same annual average climatic values were assumed to apply over the entire  
280 simulation period (i.e. pre 1900 to the present). Although the model runs on a daily timestep in order  
281 to represent the processes realistically, it is not intended to provide daily resolution; the aim is to  
282 simulate annual changes. Therefore we divided the year into a winter and summer period, and  
283 assumed for this approximate parameterisation that the daily runoff is the mean value times 1.333 in  
284 winter and times 0.667 in summer, which is typical for the great majority of the temperate locations  
285 used here (Renner and Bernhofer, 2011; Ali et al 2013). Temperatures in winter and summer are  
286 assumed to be  $(MAT-\Delta T/2)$  and  $(MAT+\Delta T/2)$  respectively, where  $\Delta T$  is the difference between the  
287 average temperature in the 6-month summer and winter periods, which are also the periods of algal  
288 growth and non-growth (see above). The annual growing season is simplified to the six spring and  
289 summer months, April to September in the northern hemisphere, October to March in the southern.  
290 Lake and sediment temperatures were assumed to be the same as air temperature. Annual  
291 evaporation and thereby runoff was calculated from MAP and MAT (mean annual precipitation and  
292 temperature) using the equation of Turc (1954).

293 A major data absence is long-term information about changes in inflow concentrations and loads to  
294 the lakes, in particular increases in dissolved nutrient concentrations from sewage and agriculture,  
295 and in erosion due to farming intensification. In cases where long-term variations needed to be  
296 factored in, we simply assumed that inflow values of [DIN] and [DIP] were constant before 1900,  
297 increased linearly over the period 1900 to 1980, and then stayed constant to 2010, the final year of

298 simulation (Figure S1). The final flat period takes account of general recent improvements in sewage  
299 treatment. Inflow [CPM] was assumed constant up to 1900, then changed linearly to 2010 (Figure S1).  
300 The different types of available data set, and data gaps, made it necessary to apply the model in  
301 several ways, described below. In each case the described simulation uses a set of parameter values,  
302 either a trial set used in parameter optimisation, or a final set for testing and evaluation.

#### 303 *4.1. Application 1: lake processing of DOM*

304 Input loads of DOC, assumed to be in steady-state, were calculated by mass balance from the  
305 measured lakewater concentrations, photodecomposition and sedimentation of data set A. The  
306 model was run to calculate the mean annual [DOC] for each of the 12 lakes.

#### 307 *4.2. Application 2: contemporary lake dissolved nutrient concentrations, [Chl $a$ ], NPP and $C_{eff}$*

308 This was used with data sets B and D, in which all the lakes have sufficiently short residence times (all  
309 < 7 years) for observed and calculated values to be compared assuming contemporary steady-state.  
310 We used the Nelder and Mead (1965) polytope optimisation procedure to calculate the steady state  
311 inflow concentrations and loads of DIN, DIP and DOC (with DON and DOP in proportion), that were  
312 required to match observed lakewater values. We did not distinguish separate inputs of nutrients in  
313 direct atmospheric deposition to the lake surface; these would be included within the effective  
314 estimated stream inputs. Simultaneously with the input optimisation, the model calculated mean  
315 annual [Chl $a$ ], NPP and  $C_{eff}$ .

#### 316 *4.3. Application 3: contemporary N and P retention and denitrification in lakes*

317 For the 28 lakes of data set C, contemporary input concentrations and loads were known or could be  
318 estimated, and so the model was run directly to calculate lakewater concentrations of DOM, N, P and  
319 Chl $a$ , and thereby losses of N and P to the sediment and in outflow, and denitrification, to calculate  
320  $R_N$ ,  $R_P$  and  $F_{deN}$ . For most of the lakes steady state could be assumed, but Lake Michigan and Vättern  
321 have long residence times so we took into account temporal changes in nutrient and CPM inputs, using  
322 the assumed long-term time trends described above (Figure S1).

#### 323 *4.4. Application 4: Long-term changes in lake [Chl $a$ ], nutrient concentrations, sedimentation and 324 sediment composition*

325 We applied the model to the 8 lakes of data set E, to attempt to account simultaneously for the  
326 observed present-day lakewater [TP], [DIN] and [Chl $a$ ], together with sediment properties, i.e. mass  
327 accumulation rate and the variations of C, N and P concentrations with depth. In the absence of  
328 measured data about historical inputs (inflow concentrations or loads of CPM, DIN, DIP and DOM) to

329 the lakes, we calculated those inputs, adjusting them so as to match as closely as possible observed  
330 values of lakewater and sediment variables. We used the simple long-term trends in inflow [DIN],  
331 [DIP] and [CPM] described above (Figure S1), and therefore had to estimate values for both the period  
332 before 1900 and contemporary values. Over the whole time period, the C, N and P contents of CPM  
333 were held constant, the labile fraction of the organic matter was held at 0.05, and the OC:N and OC:OP  
334 ratios of CPM were held constant at 15 and 500 respectively. Some P was in CPM as inert inorganic P  
335 (0.01%). In reality the CPM composition will have changed but to attempt to optimise such changes  
336 was not justifiable in view of the approximate nature of the analysis and lack of suitable data for  
337 testing. We assumed constant [DOC] over the period of simulation and therefore we did not take into  
338 account increases in UK surface water [DOC] over the past several decades (Worrall et al., 2004;  
339 Monteith et al., 2007). It is not yet certain whether this increase has been a recovery from  
340 acidification, which would imply that under pre-acidification conditions (earlier part of the 20<sup>th</sup>  
341 Century) [DOC] was higher, or to the fertilisation effects of atmospherically-deposited N (Tipping et  
342 al., 2012) which would mean that the higher [DOC] is only a recent phenomenon.

343 The optimisations of past inputs were done with the Nelder and Mead (1965) procedure to minimise  
344 an objective function which was the sum of the root-mean-squared deviations (RMSD) in sediment  
345 thickness with time, sediment %C, %N, %P, lake [TP], lake [TIN], lake [CPM], lake [Chl $a$ ], and lake [DOC].  
346 In order to compare the sediment properties, we assumed that all the lakes had a sediment focussing  
347 factor given by coring depth/average depth (simplified from Håkanson, 2003), and used this to convert  
348 the average sediment properties provided by the model to the equivalent of what is determined from  
349 sediment cores.

350

351

## 352 **5. Parameterisation**

353 By parameterisation we mean the estimation of the model parameters of equations (1) to (12).  
354 Optimisation of input concentrations and loads of nutrients, DOM and CPM, either at steady state or  
355 with temporal variation (Section 4) is not considered parameterisation. Given the general and  
356 heuristic nature of the analysis, we did not strive for precise fits, adjusting parameters to only one or  
357 two significant figures. The parameterisation strategy comprised four steps, as follows.

### 358 *5.1. Parameters fixed a priori*

359 We set  $Q_{10,BIO}$  to 2.5, based on data summarised by Reynolds (2006), and set  $r_{0,max}$  to 0.2 d<sup>-1</sup> which  
360 corresponds to 1.25 d<sup>-1</sup> at 20°C in accord with Elliott et al. (2010). For sediment organic matter

361 decomposition a  $Q_{10,ds}$  of 2.0 accounted satisfactorily for the results of Gudasz et al. (2010), and we  
 362 also assumed  $Q_{10,dw}$  to equal 2.0. The settling rate for CPM,  $v_{CPM}$ , was set to a rounded value of 1 m d<sup>-1</sup>  
 363 based on literature values (Stabel, 1987; Boyle and Birks 1999; Malmaeus, 2004), and that for algae,  
 364  $v_{BIO}$ , was set to 0.1 m d<sup>-1</sup> based on the summary by Elliott et al. (2010). The value of  $f_{labile}$  was set to  
 365 0.05, which corresponds to the “fast” fraction of organic matter estimated by Mills et al. (2014) for  
 366 topsoils. We set  $\delta$  (equation 9) to 0.5, as a simple means of forcing the relative reaction rate to decline  
 367 with sediment C concentration.

### 368 *5.2. Parameters describing DOM in lakes*

369 Application 1 (Section 4.1) was combined with data set A to optimise the parameters  $k_{fl}$ ,  $k_{pd}$ ,  $\beta$  and  $\gamma$   
 370 (equations 6 and 7) describing the flocculation and photodecomposition of DOM. There were  
 371 insufficient data to optimise all four parameters, and therefore we simplified the approach. We  
 372 assumed that the two  $k$  values were equal, and also the two exponents, which is equivalent to  
 373 assuming that the two removal processes are of equal importance, as suggested to be approximately  
 374 so by von Wachenfeldt and Tranvik (2008). Parameter optimisation was done by minimising the sum  
 375 of squared residuals in lakewater log [DOC]. We compared results with  $\beta$  (=  $\gamma$ ) set to either 1.0 or 2.0.

### 376 *5.3. Parameters describing algal growth, denitrification and organic matter decomposition*

377 Application 2 (Section 4.2) was combined with data set B and application 3 (Section 4.3) with data set  
 378 C to optimise  $k_r$ ,  $k_{deN}$ ,  $k_{dw}$ ,  $k_{ds}$  for different fixed values of  $P_{sed,max}$ . The value of  $P_{sed,max}$  had to be  
 379 optimised separately with sediment data (Section 5.4). The data sets provided observations for  
 380 different lakes of [Chl $a$ ],  $R_N$ ,  $R_P$  and  $F_{deN}$ . In addition, we estimated NPP (gC m<sup>-2</sup> a<sup>-1</sup>) values for lakes of  
 381 data set B from Schindler’s relationship (see Section 3). These observed or independently-estimated  
 382 values were combined with model outputs to create an objective function comprising the sum of the  
 383 RMSDs between observed and calculated values. In addition a penalty was imposed whereby a  
 384 parameter set was not accepted if the average  $C_{eff}$  fell outside the range 0.4 - 0.6, to make the results  
 385 accord with the average of 0.48 reported by Sobek et al. (2009), described above. The parameter  
 386 values were then systematically varied to find the set that minimised the objective function.

### 387 *5.4. Optimisation of $P_{sed,max}$*

388 For different parameter sets from Section 5.4, model application 4 (Section 4.4) was combined with  
 389 data set E, and the results used to find the value of  $P_{sed,max}$  that best-accounted for variations of  
 390 sediment P concentrations with depth.

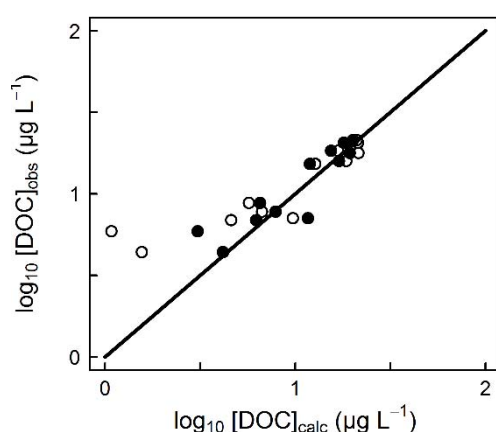
391

392

393 **6. Results**394 *6.1. DOM processing*

395 Two parameterisations of DOM processing were made using Application 1 (Section 4.1), one with  $\beta$   
 396 ( $=\gamma$ ) set to 1.0, which implies simple first order losses of DOM by flocculation or photodecomposition,  
 397 and one with  $\beta$  ( $=\gamma$ ) set to 2.0, which means that the reactions proceed faster as [DOM] increases.  
 398 More refined adjustment of  $\beta$  and  $\gamma$  was not attempted. Better results were obtained for  $\beta$  ( $=\gamma$ ) = 2.0  
 399 (Figure 2, Appendix 1), for which  $k_{fi} = k_{pd} = 2 \times 10^{-4} \text{ m}^3 \text{ g}^{-1} \text{ d}^{-1}$ . Molot and Dillon (1996) estimated that  
 400 for the boreal zone overall, between 40 and 70% of DOC was lost through lake processing during  
 401 passage from the terrestrial system to the sea. From their range of DOC fluxes ( $2 - 8 \text{ g m}^{-2} \text{ a}^{-1}$ ) and  
 402 typical runoff ( $500 \text{ mm a}^{-1}$ ) we obtain a range of [DOC] of 4 to  $16 \text{ mg L}^{-1}$ . Running our parameterised  
 403 model, we obtained fractional removals due to the combination of lake flocculation and  
 404 photodecomposition ranging from 29% ( $2 \text{ g DOC m}^{-2} \text{ a}^{-1}$ , lake residence time one year) to 72% ( $8 \text{ g}$   
 405  $\text{DOC m}^{-2} \text{ a}^{-1}$ , lake residence time four years), in good agreement with the results of Molot and Dillon  
 406 (1996). Del Giorgio and Peters (1994) estimated the removal of DOC in Québec lakes, and obtained  
 407 an average of 77% (range 68-85%) for nine lakes that could be analysed with our model. For these  
 408 lakes, we calculate an average removal of 58% (range 38-80%), in fair agreement with the  
 409 observations.

410



411

412 Figure 2. Swedish boreal lake DOC concentrations, observed (Von Wachenfeldt and Tranvik LJ, 2008)  
 413 vs. fitted. The open circles represent the best fit with  $\beta$  and  $\gamma$  (equations 6 and 7) equal to 1.0, the  
 414 closed circles refer to  $\beta$  and  $\gamma$  equal to 2.0 (See Appendix 1), and the 1:1 line is shown.



415

416 *6.2. Contemporary lake primary production and processing of nutrients*

417 Applications 2 and 3 (Sections 4.2. and 4.3) were made to data sets B and C respectively to yield the  
 418 final parameter values shown in Table 1; note that these refer to the fits obtained with the optimised  
 419 value of  $P_{\text{sed,max}}$  ( $0.002 \text{ g g}^{-1}$ ) obtained subsequently (Sections 5.4 and 6.3). The model gave a fair  
 420 match to the observations of  $[\text{Chl}a]$  (Figure 3a), explaining 57% of the variance with an average ratio  
 421 of observed to calculated  $[\text{Chl}a]$  of 0.85. The  $[\text{Chl}a]$  vs  $[\text{TP}]$  relationship is satisfactorily reproduced  
 422 (Figure 3b) and also the NPP vs  $[\text{TP}]$  relationship (Figure 3c). Values of  $R_N$  and  $R_P$  were approximately  
 423 accounted for (Figures 3d and 3e). The calculated  $R_P$  values are somewhat high, perhaps because (a)  
 424 the observations of  $[\text{TP}]$  do not always include recalcitrant P in CPM, which the model does include  
 425 and which will be lost efficiently by sedimentation, thereby increasing  $R_P$ , and (b) the model fails to  
 426 account for sediment release processes driven by seasonal changes in redox state. The average  
 427 observed and calculated values of  $F_{\text{deN}}$  were similar (0.69 and 0.77 respectively) but there was not a  
 428 significant correlation, partly because most of the observed and calculated values are high ( $F_{\text{deN}} > 0.6$ ).  
 429 The average  $C_{\text{eff}}$  was 0.50, i.e. in the middle of the allowed range (see above), and the range of  $C_{\text{eff}}$  was  
 430 0.15 to 0.89, the lower values occurring in lakes with high  $[\text{Chl}a]$  owing to the greater fraction of labile  
 431 algal organic matter reaching the sediment. These results are comparable to those of Sobek et al  
 432 (2009), described in Section 3.

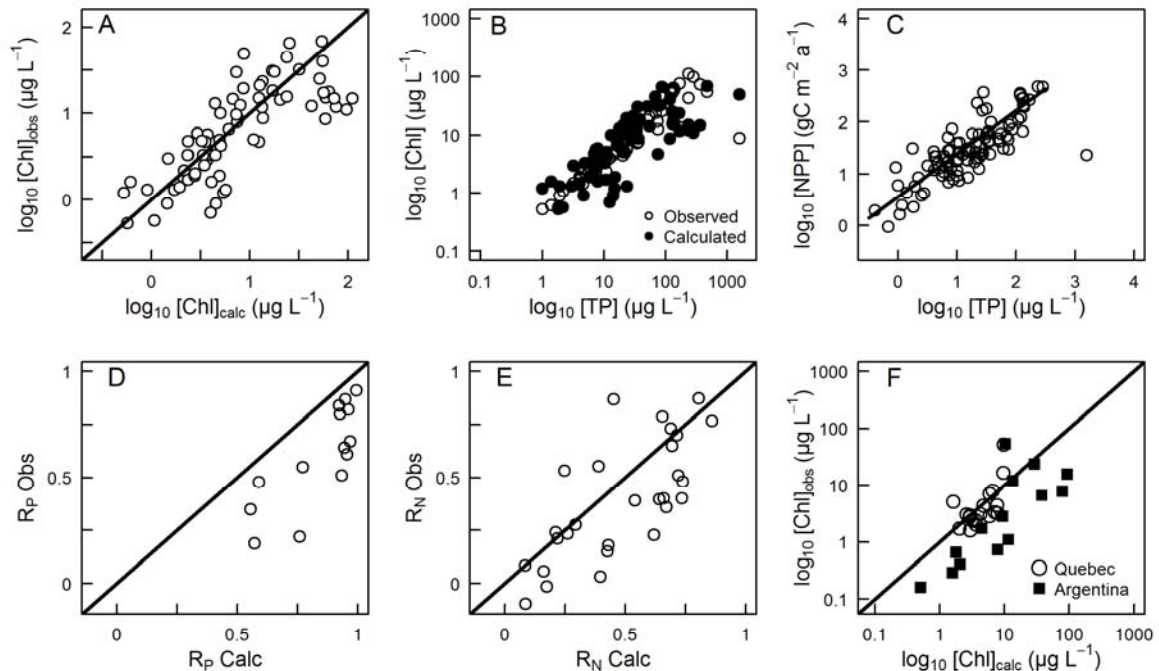
433 As a test, the parameterised model was applied to data set D (Québec and Argentina lakes), using  
 434 model application 2 (Section 5.2). Values of  $[\text{Chl}a]$  were well-predicted for the Québec lakes, but  
 435 mostly overpredicted for those in Argentina (Figure 3f). However, the overall ratio of observed to  
 436 calculated  $[\text{Chl}a]$  was 0.84, which is reasonable agreement.

437 Although the main purpose of this model is to get a long-term perspective, it produces reasonable  
 438 seasonality in dissolved N and P and  $\text{Chl}a$ , with winter maxima in nutrient concentrations and a  
 439 summer maximum in  $[\text{Chl}a]$ , broadly similar to published time series (see e.g. Gibson and Stewart,  
 440 1993; Maberly et al., 2011; Carvalho et al., 2012; Reynolds et al., 2012). The concentration of DIP  
 441 tends to be modelled as zero in summer in several cases, whereas the observed values are generally  
 442 small but non-zero.

443 The calculated contemporary sedimentary organic carbon burial rates for all 101 lakes in data sets B  
 444 and C ranged from  $1.4$  to  $820 \text{ gC m}^{-2} \text{ a}^{-1}$ , with an average of  $54 \text{ gC m}^{-2} \text{ a}^{-1}$  and a median of  $15.5 \text{ gC m}^{-2} \text{ a}^{-1}$ .  
 445 When categorised following Anderson et al. (2014) the mean values were 26, 94 and  $112 \text{ gC m}^{-2} \text{ a}^{-1}$   
 446 for  $[\text{TP}] < 30 \text{ } \mu\text{g L}^{-1}$ ,  $30 < 100 \text{ } \mu\text{g L}^{-1}$  and  $> 100 \text{ } \mu\text{g L}^{-1}$  respectively, comparable to the values of 34,  
 447 71,  $98 \text{ gC m}^{-2} \text{ a}^{-1}$  determined by Anderson et al (2014) from the (focusing-corrected) sediment records

448 of 90 culturally impacted European lakes. Our results must be treated with circumspection, because  
 449 we had to make estimates of CPM inputs and compositions, but they appear to be of the right order.  
 450 When our sites were run with  $r_{0,max}$  set to a very low value, so that the production of algal biomass  
 451 was reduced essentially to zero, the average calculated C burial rate over the 101 lakes fell from 54 to  
 452 49  $\text{gC m}^{-2} \text{a}^{-1}$ , and the median C burial rate from 15.5 to 11.3  $\text{gC m}^{-2} \text{a}^{-1}$ . Thus according to the model,  
 453 on average the allochthonous sources of C (CPM and DOM) contribute more to sediment C in these  
 454 lakes than does the production and settling of algal biomass.

455 The value of  $k_{ds}$  ( $0.007 \text{ d}^{-1}$  at  $0^\circ\text{C}$ ) converts to  $0.028 \text{ d}^{-1}$  at  $20^\circ\text{C}$  which falls within the range of  $0.01 -$   
 456  $0.06 \text{ d}^{-1}$  quoted by Reynolds (2006), based on the results of Jewell and McCarty (1971), for  
 457 phytoplankton decomposition. This constant also quantifies the decomposition of labile organic  
 458 matter washed into the lake in CPM. The value of  $k_{dw}$ , which includes both decomposition in the water  
 459 column and the effects of grazing,  $0.006 \text{ d}^{-1}$  at  $0^\circ\text{C}$ , corresponds to a removal rate at  $10^\circ\text{C}$  of  $0.012 \text{ d}^{-1}$   
 460 and at  $20^\circ\text{C}$  of  $0.024 \text{ d}^{-1}$ . These loss rates are at the lower end of the range given by Kalff (2002) in a  
 461 compilation of results for temperate lakes in the growing season, although the majority of the  
 462 compiled observations were in this lower region, the distribution being highly skewed.



463

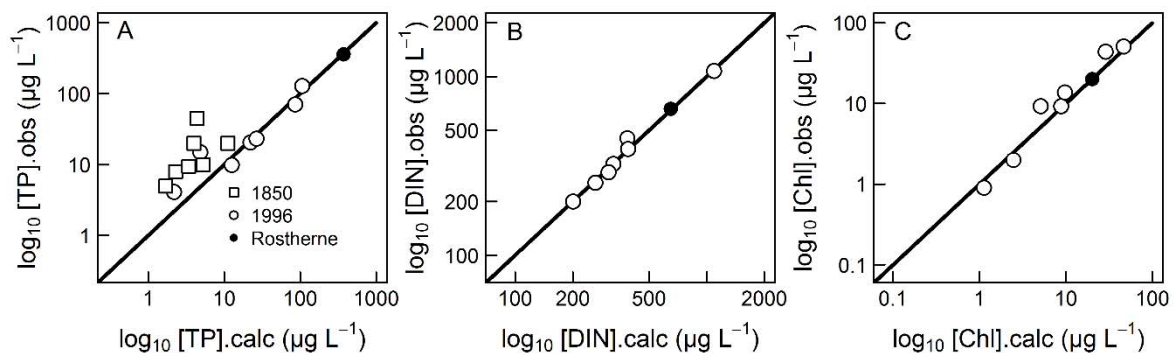
464 Figure 3. Results of fitting data sets B and C. In panels A, D, E and F the 1:1 line is shown. In panel C  
 465 the line is the regression of Schindler (1978) for c. 60 mainly temperate lakes.

466

## 467 6.3. Long-term lake nutrient and Chla concentrations, sediment accumulation rate and composition

468 The parameters derived above were used with Application 4 (Section 4.4) to simulate water chemistry,  
 469 [Chla] and sediment profiles in the 8 UK lakes of data set E, with optimisation of lake inflow  
 470 concentrations and loads (model application 4). The best value of  $P_{\text{sed,max}}$  (the maximum sediment  
 471 content of *labile* P) taking all 8 lakes into account was found to be  $0.002 \text{ g g}^{-1}$ . Apart from their use to  
 472 optimise this parameter, the results for the 8 lakes show the extent to which the model can make  
 473 simultaneous simulations of water and sediment variables. The observations were reproduced fairly  
 474 well (Figures 4 and 5) in all cases except for Rostherne Mere (see below). We calculated lake [TP]  
 475 values before 1900 to be lower by about a factor of three than those estimated from diatom P transfer  
 476 functions (Figure 4A), but overestimation of TP by the latter method has been reported previously  
 477 (Bennion et al, 2005). Note that the modelled values of [TP] result mainly from the model's attempts  
 478 to reproduce the variation of P in the sediment profiles.

479



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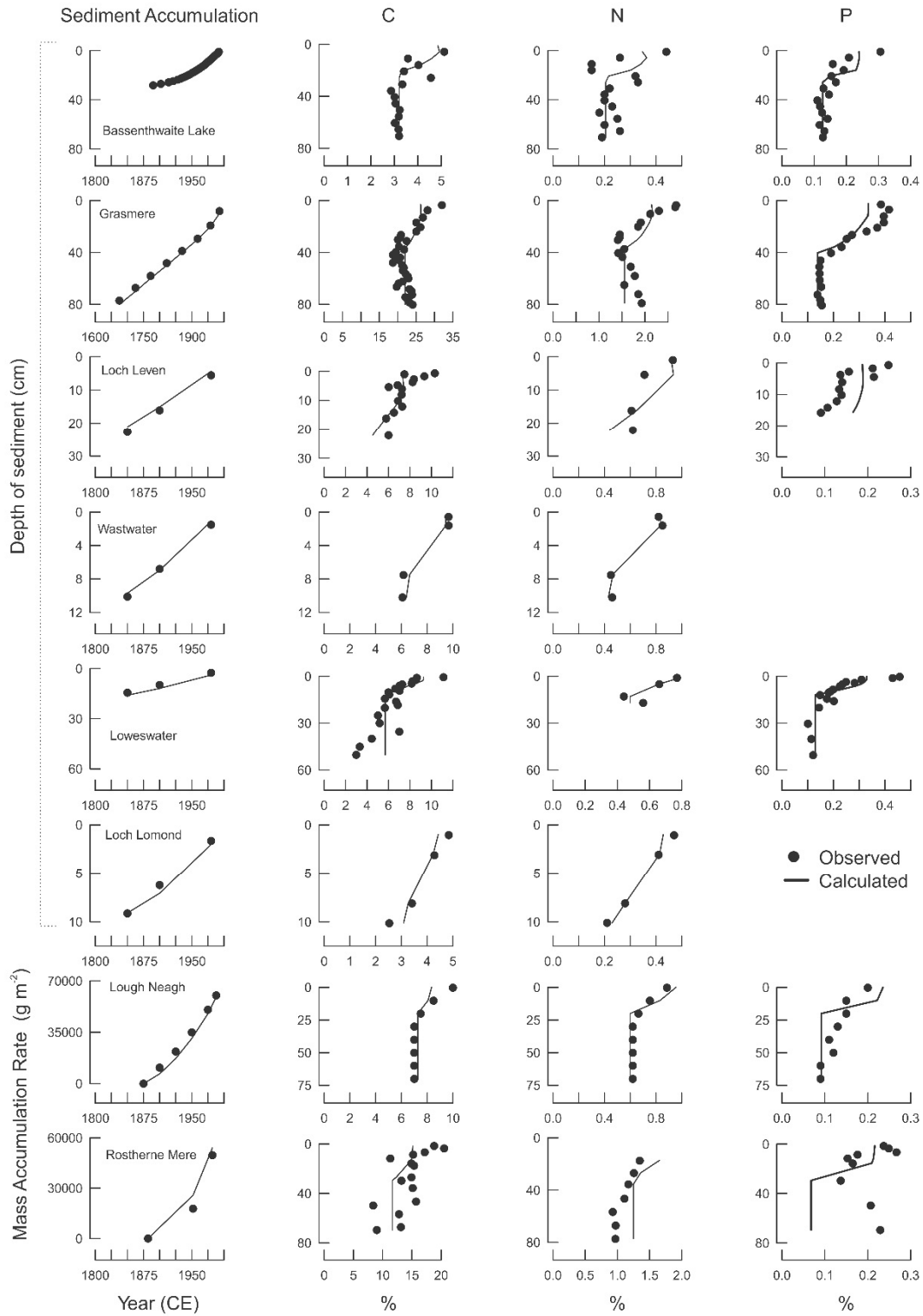
481 Figure 4. Observed vs. calculated lakewater concentrations of nutrients and Chla for the 8 lakes of  
 482 data set E. Open circles are contemporary values for 7 of the lakes, results for Rostherne Mere (not  
 483 fitted with universal parameters) are shown as solid symbols. The open squares are values of [TP] for  
 484  $\sim 1850$  estimated from diatom P transfer functions (Bennion et al., 2005; Foy et al., 2003; Barker et  
 485 al., 2005). The 1:1 lines are shown.

486

487

488 The values of [CPM], deduced from the sedimentation rates (Table 2), correspond to contemporary  
489 sediment delivery rates in the range 1 to 35 g m<sup>-2</sup> (catchment) a<sup>-1</sup> which are within the observed range  
490 for UK catchments (see legend to Table S1b). The highest rates are found for Rostherne Mere, Loch  
491 Leven and Lough Neagh, all of which have significant intensive agriculture. The average value of  
492 sediment delivery for the 8 lakes is calculated to have increased from 8.9 to 11.2 g m<sup>-2</sup> a<sup>-1</sup> (27%) over  
493 the 20<sup>th</sup> Century. The C contents of the CPM are in the range found for topsoils, with the exception of  
494 Loch Lomond, for which the low derived C content is likely associated with overestimation of DOM  
495 processing (see Discussion). Somewhat coincidentally, their average value of 6.5% C is exactly equal  
496 to the value we derived for riverine CPM entering the lakes of data sets B, C and D (Section 3).  
497 Comparisons of the calculated input loads of DIN and TP, and values of R<sub>N</sub> and R<sub>P</sub>, with available  
498 measurements mostly show fair agreement (Table 3).

499



500

501 Figure 5. Observed (points) and simulated (lines) lake sediment profiles.

502

503

504 Table 2. Derived input concentrations and CPM compositions for the 8 lakes of data set E. Note that  
 505 the CN and CP ratios of CPM are assumed constant at 15 and 500 (g/g) respectively. Nutrient  
 506 inputs include deposition to lake by implication. Values in brackets were fixed, because no sediment  
 507 P data were available for fitting.

Lake	[CPM] mg L <sup>-1</sup>		CPM-C %	[DIN] <sub>in</sub> µg L <sup>-1</sup>		[DIP] <sub>in</sub> µg L <sup>-1</sup>		[DOC] <sub>in</sub> mg L <sup>-1</sup>
	≤ 1900	2010		≤ 1900	1980+	≤ 1900	1980+	
Grasmere	0.4	0.6	21.7	30	430	2	22	1.9
Wastwater	1.6	1.6	4.9	10	380	(1)	2	1.9
Loch Leven	55	63	7.1	8	3220	6	200	6.2
Loch Lomond	9.0	9.0	0.1	5	240	(2)	9	5.0
Lough Neagh	29.6	42.4	3.2	8	1840	29	191	15.5
Bassenthwaite Lake	0.8	3.5	1.5	73	430	3	32	2.4
Loweswater	3.7	3.8	5.6	100	540	7	17	2.2
Rostherne Mere	18.2	40.7	8.2	22	2240	(125)	432	10.7

508

509 The model could not simulate Rostherne Mere satisfactorily with default parameters. Firstly this was  
 510 because the observed lakewater [Chl<sub>a</sub>] was unusually low for the observed [TP], so the model  
 511 calculated [Chl<sub>a</sub>] to be about three times the observed value. Secondly, to match the lakewater [DOC]  
 512 the input concentration of [DOC] had to be very high (~ 30 mg L<sup>-1</sup>), which meant that the flocculation  
 513 reaction (equation 6) dominated the sediment carbon accumulation, so that the CPM entering the  
 514 lake was calculated to be very low in carbon. Furthermore, the calculated lakewater [DIP] for 1900  
 515 was far lower than the value of c. 100 µg L<sup>-1</sup> estimated from diatom P transfer functions (Bennion et  
 516 al., 2006), and thought to reflect the high levels of weatherable P in local rocks. More realistic results  
 517 could be achieved by reducing  $r_{0,max}$  (equation 1) from 0.2 to 0.1, reducing the DOM processing  
 518 constants also by a factor of two, so that the DOC was less susceptible to photodecomposition and  
 519 flocculation, and setting the input [DIP] in 1900 to 125 µg L<sup>-1</sup>. With these alterations, a reasonable fit  
 520 could be achieved (Figures 4 and 5), with more sensible values of the driving variables, although at the  
 521 expense of abandoning the general model.

522

523 Table 3. Input loads and retention factors for the 8 lakes of data set E; comparison of observed (obs) and calculated (calc) values. The  $R_N$  values for  
 524 Grasmere refer to DIN only.

Lake	DIN input, tonnes		TP input, tonnes		$R_N$		$R_P$		$R_{DOC}$	$R_{CPM}$
	obs	calc	obs	calc	obs	calc	obs	calc	calc	calc
Grasmere	16	27	1.7	1.5	-0.21	0.06	0.46	0.05	0.02	0.79
Wastwater		35		0.36		0.13		0.47	0.23	0.90
Loch Leven		310	20.5	20.4		0.57	0.39	0.57	0.28	0.99
Loch Lomond		212	25.9	12.9		0.30	0.43	0.69	0.53	0.96
Loch Neagh	9572	9620	441	745	0.49	0.62	0.34	0.50	0.59	0.98
Bassenthwaite Lake	128	167	16.5	13.4		0.06	0.01	0.15	0.02	0.85
Loweswater		8	0.22	0.28		0.18		0.37	0.11	0.95
Rostherne Mere	11	8	2.2	1.6	0.39	0.60	0.20	0.22	0.19	0.98

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527

528

529 The contributions of DOC to sediment C were estimated by running the model in default mode and then with  
 530 flocculation switched off, removing the contribution of sedimented flocculated DOC. The sediment C due to  
 531 DOC varied widely among the lakes (Table 4), from 2-5 % in Grasmere to 75-86% in Loch Lomond. In the default  
 532 model, the fractional DOC contribution to sediment C was lower in 2000 than in 1900 for all the lakes because  
 533 of the increased contributions of algal production and sedimentation of CPM. The separate contributions of  
 534 algal growth and sedimentation were estimated by setting  $r_{0,max}$  to a very low value, so that essentially no algal  
 535 growth occurred. This showed (Table 4) that in 1900 algae contributed no more than 21% of the sediment C,  
 536 but by 2000 the contributions had increased, to nearly 60% in the case of Lough Neagh. The average  
 537 contributions over the 8 lakes in 1900 were CPM 58%, DOM 31%, algae 10%, while in 2000 they were 49%, 20%,  
 538 32%. Thus, the situation is qualitatively the same as for the 101 lakes of data sets B and C, in that CPM and  
 539 DOM are on average the main contributors to lake sediment carbon, but the contribution from algae is  
 540 increasingly significant.

541

542 Table 4. Contributions to sediment C for the 8 lakes of data set E.

	fr sed C from CPM		fr sed C from DOM		fr sed C from algae	
	1900	2000	1900	2000	1900	2000
Grasmere	0.90	0.75	0.05	0.02	0.05	0.23
Wastwater	0.54	0.53	0.37	0.36	0.08	0.10
Loch Leven	0.94	0.72	0.05	0.03	0.01	0.25
Loch Lomond	0.03	0.02	0.86	0.75	0.11	0.22
Lough Neagh	0.43	0.25	0.47	0.16	0.10	0.59
Bassenthwaite Lake	0.52	0.49	0.27	0.07	0.21	0.45
Loweswater	0.79	0.65	0.11	0.08	0.10	0.27
Rostherne Mere	0.52	0.49	0.31	0.09	0.17	0.42
Average	0.58	0.49	0.31	0.20	0.10	0.32

543

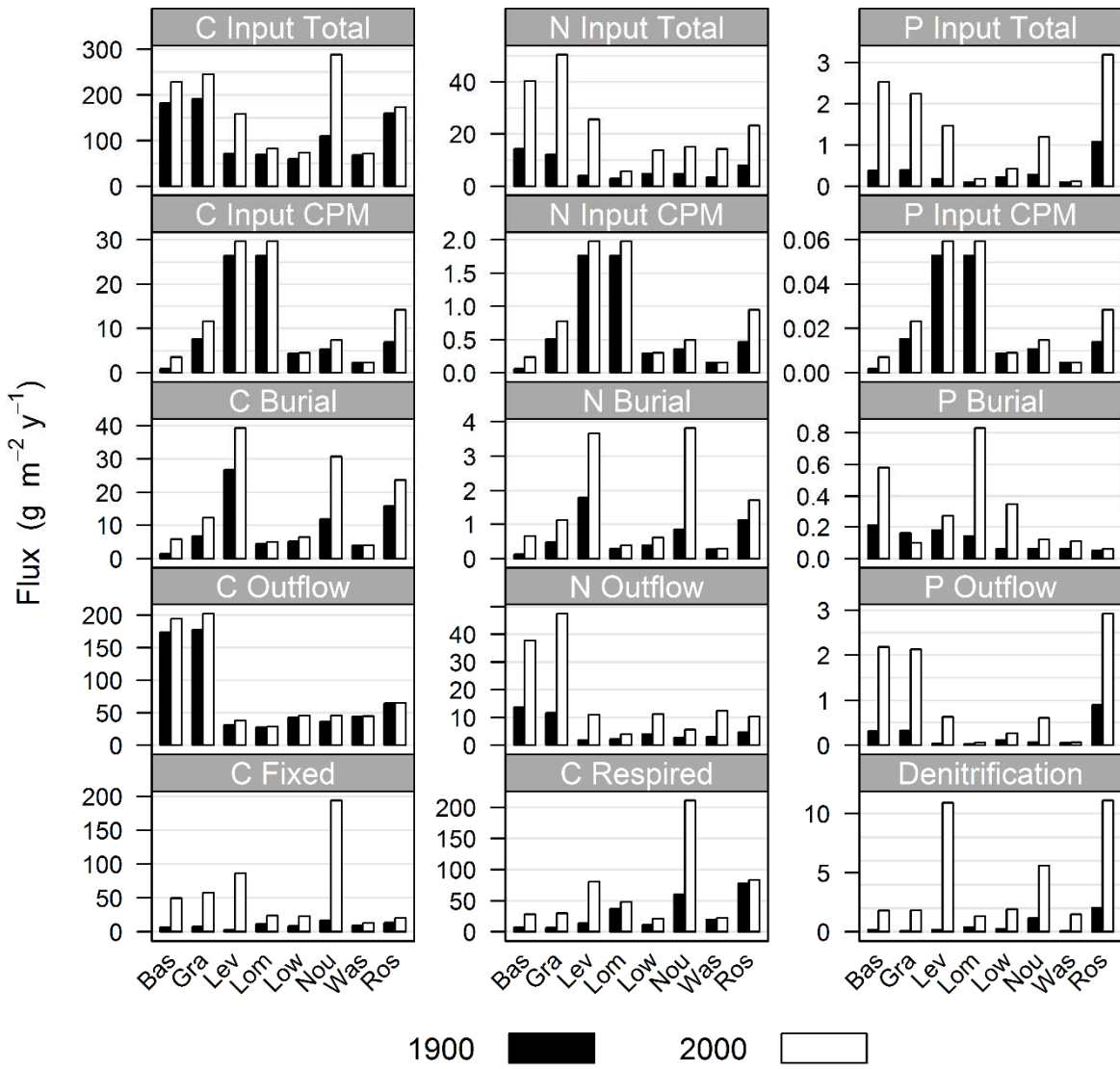
544

545 For the 8 lakes of data set E, comparisons of C, N and P fluxes were made between 1900 and 2000 to estimate  
 546 the changes undergone by these lakes over the last century. Key fluxes are compared in Figure 6 and the  
 547 average values are presented in Table 5. Overall, eutrophication and increased sedimentation are calculated  
 548 to have led to a 6-fold increase in organic carbon fixation, a doubling in C respiration and a 70% increase in C  
 549 burial. Average denitrification has increased 8-fold, N sediment burial has more than doubled and P burial  
 550 nearly tripled.

551



552



553

554 Figure 6. Calculated C, N and P fluxes in 1900 and 2000 for the lakes of data set E.

555

556 Table 5. Calculated changes in macronutrient fluxes in  $\text{g m}^{-2}$  (lake area)  $\text{a}^{-1}$ , averaged over the 8 lakes of data  
 557 set E. The CPM and sediment P values refer to organic P only.

		1900 mean	sd	2000 mean	sd	ratio
Total inputs	C	114	55	165	84	1.45
	N	6.7	4.3	23.5	15.0	3.50
	P	0.34	0.32	1.42	1.15	4.23
CPM inputs	C	10.0	10.4	12.9	11.1	1.28
	N	0.67	0.69	0.86	0.74	1.28
	P	0.02	0.02	0.03	0.02	1.28
C fixed		9.8	4.3	58.4	60.1	5.96
OC respired		29	27	66	64	2.25
Denitrification rate		0.5	0.7	4.5	4.3	8.29
Sediment burial	C	9.5	8.4	15.9	13.6	1.67
	N	0.66	0.56	1.53	1.44	2.31
	P	0.11	0.06	0.31	0.27	2.85
Outputs in outflow	C	74.6	63.1	82.9	71.8	1.11
	N	5.5	4.6	17.5	16.0	3.18
	P	0.23	0.29	1.11	1.13	4.89

558

559

560

## 561 7. Discussion

562 By combining simplified representations of basic lake processes (Figure 1) we have constructed a coherent  
 563 picture of lake macronutrient processing, simultaneously accounting for water composition and lake sediment  
 564 properties. The model is readily applied to time-series simulations, for known or estimated changing inputs to  
 565 the lakes. Model parameters have been derived for a large number of lakes varying widely in area and depth,  
 566 local climate, input loadings, lakewater concentrations of Chl $a$  and macronutrients, and sediment accumulation  
 567 rates (Table S1), and so they are likely robust. The model can approximately simulate C, N and P processing on  
 568 the basis of suspended sediment and nutrient loading, together with lake and catchment dimensions and  
 569 hydrology and climate, in a way suitable for analysing large landscapes with many and varied lakes. Over order-  
 570 of-magnitude ranges (logarithmic scales), agreements between observations and predictions are fairly good  
 571 (Figures 2, 3 and 4), comparable for example to published relationships between [Chl $a$ ] and [total P] (Dillon and  
 572 Rigler, 1974; Phillips et al., 2008; Spears et al., 2013) or NPP and [total P] (Schindler, 1978), although there can  
 573 be wide absolute differences for individual lakes. We consider the model to have been validated in the sense  
 574 that it can account without major bias for available data, which characterise, for a large number of lakes, both  
 575 contemporary lake-to-lake variations and temporal change, reflected in sediment records.

576

577 *7.1. Simulation of lake DOM*

578 Of the known processes that we have simplified or neglected, those associated with DOM have been especially  
579 highlighted by the present analysis. Few lake eutrophication models include DOM and its transformations. An  
580 exception is the model of catchment-lake interactions by Hanson et al. (2004) which takes into account DOM  
581 formation from primary producers, dependent upon nutrient P. Our DOM processes include the flocculation  
582 reaction which leads to sediment burial of C, together with photodecomposition, whereas Hanson et al. (2004)  
583 represented the transformation of POC to DOC, but not flocculation. The removal of DOM by lakes, by  
584 flocculation-sedimentation and photodecomposition, is well-established for boreal systems dominated by  
585 wetlands, and we have assumed that a parameterisation based on and tested with boreal data holds for DOM  
586 in temperate lakes in general. This may be too much of a simplification, because of likely differences in DOM  
587 quality among systems, and therefore information about DOM behaviour in other types of temperate lakes  
588 would be helpful. Generally it would be expected that DOM in boreal systems is more hydrophobic and  
589 coloured and therefore more susceptible to both flocculation and photodecomposition than the more  
590 hydrophilic and less coloured material emanating from mineral soils. Although our model takes this into  
591 account to some extent, via the exponentiated terms in equations (6) and (7), the reality is likely more complex.  
592 The point is illustrated by the improved results obtained for Rostherne Mere when the value of  $k_{fi}$  in equation  
593 (6) is halved, which leads to less DOC contributing to the lake sediment, and allows a more realistic composition  
594 of CPM. Similarly, a high DOC contribution to sediment C is calculated for Loch Lomond, by virtue of the loch's  
595 long residence time, which probably causes the modelled C content of CPM (Table 3) to be too low. Work is  
596 needed to understand the contribution of DOM to lake sediment carbon in non-boreal lakes. DOM is also  
597 considered here to be a significant source of N and P for algal growth, especially in oligotrophic lakes. Another  
598 issue with respect to lake DOM that deserves attention is recent temporal variability (increases) in fluxes from  
599 the terrestrial system, related to acidification and its reversal, and eutrophication (Section 4.4).

600 *7.2. Changes in sediment and carbon accumulation*

601 The results obtained with data set E (Table 2) suggest that average CPM delivery to the 8 lakes increased by  
602 about 40% during the 20<sup>th</sup> Century. This is a smaller increase than the approximate doubling of sediment  
603 delivery rate during the 20<sup>th</sup> Century suggested by the results of Foster et al. (2011) for 19 UK lakes (none of  
604 which were in the data set E lakes). A possible explanation for the difference is that a number of the lakes  
605 studied by Foster et al (2011) were in areas with appreciable arable farming, which might be expected to  
606 generate greater changes in sediment delivery. Foster et al. (2011) assumed all lake sediment was from the  
607 catchment, ignoring autochthonous production, which is reasonable from the point of view of suspended  
608 sediment *per se*, but could not be applied to the budgeting of C, N and P.

609 Our analysis provides some insight into carbon burial in lake sediments, and how it has changed. As described  
610 in Section 6.2, the modelled average contemporary C burial rates for the 101 lakes of data sets B and C are  
611 similar to values for other European lakes estimated by Anderson et al. (2014), although again we emphasise  
612 that our values must be treated with caution because our estimates of CPM inputs are approximate in most  
613 cases. These are independent assessment methods, since we did not use sediment records for our estimates,  
614 whereas the Anderson et al. (2014) results come from sediment analysis only. Anderson et al. (2014) suggested  
615 that lowland European lakes that have undergone eutrophication are primarily burying autochthonous carbon,  
616 i.e. carbon fixed by photosynthesis into algae in the lake, but our calculations do not agree with this. For the  
617 lakes of data sets B and C we estimate that only about 10% of the buried carbon is from algal production. For  
618 the 8 lakes of data set E, we estimate that currently 32% on average is derived from algae, 68% from CPM and  
619 DOM (Table 4). But attempting to generalise on this point is dangerous because the allochthonous /  
620 autochthonous balance will depend strongly on the external loading of CPM. Thus Hanson et al. (2004) in a  
621 comprehensive study of lakes in Wisconsin found that eutrophication was a major factor in sediment C burial,  
622 but the lakes considered had relatively low inputs of POC, which would mean that CPM could not give rise to  
623 high burial rates. A final point is that for the 8 lakes of data set E we estimate that most of the *change* in C  
624 burial during the 20<sup>th</sup> Century was due to nutrient enrichment and increased autochthonous production (Table  
625 4).

### 626 *7.3. Long-term large-scale applications*

627 The wider purpose of the model is to simulate macronutrient processing in all lakes in a landscape or region  
628 over time, specifically over the period since 1800 during which human activities have caused large  
629 macronutrient-associated changes in the terrestrial-freshwater environment. This will involve linking the lake  
630 model described here with spatially-resolved simulations of terrestrial environmental changes, including  
631 agricultural practices, sewage discharges, and the effects of atmospheric deposition and climate change. Such  
632 an analysis will be based on simulating each lake in its catchment situation, and will take into account the  
633 different sizes of lakes and their catchments, permitting a realistic scaling-up of the model outputs, and making  
634 more general the flux calculations performed here for the 8 lakes of data set E (Table 5, Figure 6). The spatially-  
635 resolved modelling of external processes will also improve the definition of inputs to the lakes, compared with  
636 the assumptions about long-term variations used in the present work. This large-scale modelling will  
637 incorporate the full lake C cycle, i.e. including DIC in water draining from the land and related outgassing,  
638 allowing complete C budgets to be constructed.

639 Thus, it will be possible to describe quantitatively how long-term, large-scale changes in macronutrient supply  
640 and behaviour have affected lakes, how lakes have contributed to the processing and storage of C, N and P in  
641 the landscape, and what might occur under different future scenarios. Sensitivity analyses conducted as part  
642 of this integrated modelling effort will permit us to assess whether the simplifications and approximations made

643 in the present study have led to uncertainties sufficiently large to require model improvement and an increase  
 644 in process detail.

645

646

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 652 Stress); 7th EU Framework Programme, Theme 6, Contract No.: 603378 <http://www.mars-project.eu>).

653

#### 654 **Supplementary material**

655 Appendix A1 Modelling the removal of DOC from boreal lakes

656 Table S1 Excel workbook containing lakes data sets B-E

657 Figure S1 Assumed patterns of temporal change for lake inputs

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659

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