NERC Open Research Archive



Article (refereed) - postprint

Welch, David; Scott, David; Thompson, Des B.A. 2015. **Persistence of Carex bigelowii–Racomitrium lanuginosum moss heath under sheep grazing in the Grampian Mountains, Scotland**. *Journal of Bryology*, 37 (2). 96-103. <u>10.1179/1743282014Y.0000000127</u>

Copyright © British Bryological Society 2014

This version available http://nora.nerc.ac.uk/511342/

NERC has developed NORA to enable users to access research outputs wholly or partially funded by NERC. Copyright and other rights for material on this site are retained by the rights owners. Users should read the terms and conditions of use of this material at http://nora.nerc.ac.uk/policies.html#access

This document is the author's final manuscript version of the journal article, incorporating any revisions agreed during the peer review process. Some differences between this and the publisher's version remain. You are advised to consult the publisher's version if you wish to cite from this article.

The definitive version is available at http://www.maneyonline.com/

Contact CEH NORA team at noraceh@ceh.ac.uk

The NERC and CEH trademarks and logos ('the Trademarks') are registered trademarks of NERC in the UK and other countries, and may not be used without the prior written consent of the Trademark owner.

1 Persistence of *Carex bigelowii-Racomitrium lanuginosum* moss heath under sheep 2 grazing in the Grampian Mountains, Scotland.

- 3
- 4 David Welch¹, David Scott¹ and Des B.A. Thompson²

⁵ ¹Centre for Ecology and Hydrology, Edinburgh Research Station, Bush Estate, Penicuik,

6 *Midlothian, EH26 0QB; ²Scottish Natural Heritage, Silvan House, 231 Corstorphine Road,* 7 *Edinburgh, EH12 7AT.*

- 8
- 9

10 Abstract

11

12 *Carex bigelowii-Racomitrium lanuginosum* moss heath has been monitored on the

13 summit of Glas Maol since 1990 to assess the impact of herbivores and snow-lie. This

14 vegetation community has high conservation value in Britain, being near-natural and the

- 15 habitat of some rare arctic-alpine birds. In recent decades it has decreased in extent in
- 16 British uplands, and changed in composition due to declining *Racomitrium* cover, with
- 17 the main drivers believed to be heavy grazing and nitrogen deposition.

18 Permanent plots were established for the monitoring, laid out at fixed distances from a

19 ski corridor built in 1986. Sheep grazing was assessed by pellet-group counts, and

botanical composition by point-quadrat analysis. Monitoring was in summer annually
between 1990 and 1996, but less frequently since.

- 22 The moss heath was found to retain its main characteristics from 1990 to 2008/09, with
- 23 Carex bigelowii Torr. ex Schwein dominant and Racomitrium lanuginosum (Hedw.)
- 24 Brid. having much cover. There was a small but significant increase in grasses, and
- 25 lichens declined, but the community remained species-poor. Some ground experienced
- 26 increased grazing pressure and suffered a temporary decline of *Racomitrium*, but
- 27 recovery followed despite continuing substantial grazing. The species experiencing
- 28 greatest change was *Dicranum fuscescens* Turner, which first increased but later lost
- 29 most of its cover; its relationships to *Racomitrium lanuginosum* are discussed.
- 30

Keywords: Montane heath, *Racomitrium lanuginosum*, Sheep grazing, Snow-lie, Vegetation
 composition

33 34

35 Introduction

36

Montane heaths containing *Racomitrium lanuginosum* (Hedw.) Brid. have high
conservation value in Britain, being the preferred habitat of the rare dotterel (*Eudromias morinellus*), for which Special Protection Areas (SPAs) are designated under the EC
Birds Directive (Galbraith *et al.*, 1993; Thompson *et al.*, 2003; Thompson *et al.*, 2012).

41 The birds nest in the heaths and feed on invertebrates within the *Racomitrium* carpets,

- 42 e.g. tipulid larvae (Smith *et al.*, 2001). However, there is concern that heavy grazing by
- 43 sheep is causing these heaths to decline in extent and change in composition with loss of

44 Racomitrium (Thompson et al., 1987; Ratcliffe & Thompson, 1988; Thompson et al.,

- 45 2012). Nitrogen deposition can also damage *Racomitrium* (Baddeley *et al.*, 1994; Jones
- 46 et al., 2002; Pearce et al., 2003), and moreover helps the spread of graminoids
- 47 (Armitage, 2010); these are usually introduced into the heaths by sheep. The increased
- 48 cover of graminoids may then attract more herbivore usage, so the interaction of grazing
- 49 with nitrogen deposition substantially increases the overall threat to *Racomitrium* (Van

der Wal *et al.*, 2003, 2011; Armitage *et al.*, 2012). Over much of the British range of
this community there is monitoring of Special Areas of Conservation and SPAs to assess
if conservation targets are being met for habitats and birds respectively (see Van der Wal *et al.*, 2011, Thompson *et al.*, 2012). However, we lack detailed data on the nature of
changes in vegetation and their drivers (e.g. Ross *et al.*, 2012).

6

7 In 1990 we began detailed studies on a montane heath around the summit of Glas Maol, part of the Caenlochan SPA designated for its dotterel population. This mountain 8 in the eastern Scottish Highlands had long been grazed by sheep and had a substantial 9 10 breeding population of dotterel (Galbraith et al., 1993). Our study was triggered by the 11 construction of a fenced skiing corridor along the edge of the summit plateau in 1986; this 800 m long corridor clearly modified sheep usage on Glas Maol since it prevented 12 13 sheep from moving directly between favoured grazings on the summit and in an adjacent 14 corrie. The fencing also gave the sheep some shelter, causing greater usage close-by. 15 Furthermore, the fencing was designed to intercept drifting snow, increasing the depth and duration of snow-lie within the corridor and immediately outside, and Racomitrium 16 is adversely affected by snow-lie (Rodwell, 1992). We therefore monitored vegetation 17 composition, sheep usage and snow-lie in zones near the ski corridor, our aim being to 18 19 determine the threshold impacts that Racomitrium could tolerate, to aid the conservation 20 of the heaths.

21

Loss of cover by *Racomitrium* close to the ski corridor from 1990 up to 2002 due to the increased sheep usage and snow-lie has previously been described (Welch *et al.*, 2005; Scott *et al.*, 2007). Now we report on the zone distant from the fencing, recording trends in cover up to 2008/09. In the earlier papers, and a detailed study on the patterns of sheep grazing that ran from 1990 to 1996 (Welch & Scott, 2001), the fencing was found to have a negligible effect in increasing usage in this distant zone, which runs parallel to the corridor 19 to 45 m away.

29 30

31 Study area

32

Glas Maol is a mountain rising to 1068 m (56°53'02" N, 03°22'02" W) that has a very large summit plateau of c. 100 ha. This plateau is surrounded by steep escarpments and crags, and the ski corridor was built along the top of one of these escarpments to connect an uplift tow to downhill ski runs (Figure 1).

37

The climate is wet and cold, having been assigned by Birse (1971) to his hemioceanic, extremely humid, lower oro-arctic type (defined as having 0 mm annual potential water deficit and receiving yearly 300-500 day degrees C). The plateau is very exposed, which much reduces snow-lie. The yearly deposition of total nitrogen has been estimated at 14-20 kg ha⁻¹ (Pearce *et al.*, 2003; Armitage, 2010; Armitage *et al.*, 2011).

43

The vegetation of the plateau is mainly *Carex bigelowii-Racomitrium lanuginosum* moss heath typical sub-community, which is U10b in the National
Vegetation Classification for Great Britain (Rodwell, 1992). The soils are well-drained
rankers, and the underlying rocks are graphitic schists or slates, with all rock outcrops
and scree areas uniformly acidic.

1 Glas Maol is grazed by many sheep, some mountain hares (Lepus timidus) and 2 infrequently by red deer (Cervus elaphus). The sheep visit during the summer, mainly 3 from June to September, as reported in Welch & Scott (2001). In the early years of that 4 study they came from three different flocks which grazed in three separate glens radiating away from the mountain, but the flocks from the south-east and south were 5 removed respectively in the autumns of 1995 and 2001. This caused little reduction in 6 7 usage on the summit plateau, confirming our belief that most of the sheep grazing there 8 came from Glen Clunie, which runs north from the mountain. This flock had a much easier route to the plateau, since broad tracts of grassland run down escarpments on its 9 10 north face. 11

12 The ski corridor erected in 1986 blocked the main access to Glas Maol summit 13 from the north, and in its early years could not be crossed by sheep (Welch & Scott, 2001). However in 1992 the sheep made several gaps in the fence palings, and so could 14 15 move between their favoured grazings, of Carex bigelowii Torr. ex Schwein on the plateau and grass swards in the corrie below, with much less detour. The fence was 16 repaired in summer 1996, but soon gaps again appeared, the fence palings having 17 18 weakened with age. From 2000 to 2009 the fence was not a barrier to sheep movement 19 although it still gave shelter.

- 20
- 21

22 Methods

23

Fixed plots were used to monitor sheep use and vegetation composition. They were placed separately and in a set pattern along transects that extended at right angles from the ski corridor. These transects were spaced at random distances along the corridor, 15 on the plateau side and 3 on the escarpment side. Additionally, snow drifts were mapped during site visits in May and June for six years (1991 to 1996), enabling days of late snow-lie to be estimated for the monitoring areas.

30

31 To monitor sheep use, we counted and cleared pellet groups from 10 m x 2 m 32 plots whose long axes ran parallel to the ski corridor; they were positioned at 23-25 m 33 and 43-45 m distance from the corridor. Visits were made at three-week intervals, 34 ensuring that there would be no losses from decomposition. Monitoring began in early 35 July 1990, when the plots were set out, extended to October 1990, and continued from May to October each year from 1991 to 1996 and again in 2004. Indirect assessment of 36 37 herbivore usage from dung deposition is a technique frequently used by surveyors, and 38 pellet-group counting was reviewed by Neff (1968). We chose long narrow plots to 39 minimise errors in searching by having a plot width that gives a single observer a full 40 view across the plot, but is not so narrow as to increase the edge/area ratio (which 41 increases the error due to pellet groups that straddle the edges), and to be of sufficient 42 size that zero counts were few. Pellet groups straddling plot edges were counted only if 43 most pellets lay within the plots. Herbivore species were distinguished by the shape, size 44 and texture of their dung.

45

Botanical composition was assessed using 50 point-quadrats in 1 m x 0.5 m areas. The merits and weaknesses of various forms of assessment using point quadrats are considered in Greig-Smith (1983), and our chosen method of permanent positions at random distances along the ski corridor enables change to be measured precisely. These areas were positioned away from the dung plots to avoid trampling damage and any effect of cleared dung, their distances from the ski corridor being 19-20 m and 39-40 m.
 Hence, with two recording areas on each transect, there were 1500 point-quadrats on the
 plateau and 300 on the escarpment. We used a 5-pin frame with the pins 10 cm apart,

4 and in each 1 m x 0.5 m area we placed the frame in 10 positions 10 cm apart along the

5 transect line; we recorded all plant species touched by a pin. Recording was first done in

6 early July 1990, timed to coincide with the annual peak in shoot growth of *Carex*7 *bigelowii*. Recording in later years took place within the same 15-day period, for the

plateau in the Julys of 1991-1996, 2002 and 2008, and for the escarpment in the Julys of1991, 1993, 1997, 2003 and 2009.

10

11 To find significant changes in 1) pellet-group counts between recording periods and 2) species cover between main recording years, we did paired t tests separately and 12 13 combined for the 6 escarpment and 30 plateau recording areas. For the dung recording 14 periods, annual counts were aggregated between the initial and final July observations 15 that fitted most closely to the timings of the July botanical recordings, then a mean count per year was calculated to allow comparison between periods and also to the 2004 totals. 16 17 We then compared escarpment and plateau deposition by one-way ANOVA. For 18 Racomitrium lanuginosum we searched for relationships between its cover trends and 19 both pellet-group counts and days of late snow-lie, pairing in linear regressions each 20 point-quadrat area (n=36) with the dung plot 3 m further along the transect.

21 22

23 **Results**

24

25 Sheep usage, as measured from counts of pellet groups, was much lighter on the plateau 26 than the escarpment, the differences in yearly deposition rate being highly significant in each of the four recording periods (Table 1). On the plateau, the deposition rate was 27 significantly greater in the 1994-1996 period than in the two preceding periods or in 28 29 2004 (P<0.001 in paired t tests). On the escarpment, a similar pattern of sheep use was 30 recorded with deposition much reduced in 2004, but the between-period differences 31 were not significant probably because there were just six plots. A few pellet groups 32 were judged to be from red deer, chiefly in 2004, but at most they would have added 2 33 pellet groups 100 m⁻² to the reported rates if they actually were from sheep.

34

35 The botanical composition of the moss heath in the zone distant from the ski 36 corridor was very poor in species and changed little since Carex bigelowii stayed 37 dominant and Racomitrium lanuginosum had much cover in all analyses (Table 2, Figure 38 2). Some subsidiary species did show definite trends over the 18/19-year study period, 39 particularly grasses, lichens and *Dicranum fuscescens* Turner. Grasses more than 40 doubled in cover whereas lichens declined, their losses being significant on the plateau 41 (Table 2) and also for the combined sectors. On the escarpment Deschampsia flexuosa 42 (L.) Trin. increased markedly (Figure 2), but was very patchy, never being hit in three of 43 the six recording areas in any analysis. However, this species together with Agrostis 44 capillaris L. and Nardus stricta L. contributed to the significant overall increase of the 45 combined grass group on the escarpment (Table 2). Also both Agrostis and Deschampsia showed significant increase (P < 0.05) when the plateau and escarpment data were 46 47 combined.

48

49 *Racomitrum* declined in the early years of monitoring and then recovered, this 50 trend being much more pronounced on the escarpment (Figure 2). It also occurred 1 patchily, exceeding 70% cover in every analysis in four recording areas but being absent 2 or with cover less than 5% in five recording areas that experienced prolonged snow-lie 3 (see Figure 1 in Welch et al. (2005) for distribution of snow-lie; the maximum 6-year 4 average for a recording area was 19 days late snow-lie). Dicranum fuscescens had peak cover in 1996/97, but then was sharply reduced, the losses over 12-year periods being 5 significant at P < 0.001 on the plateau and P = 0.036 on the escarpment. By 2008 6 7 Dicranum had no cover in almost half the plateau recording areas, and much of its cover 8 of 5.5% was contributed by the two areas that had most snow-lie and lacked any

9 *Racomitrium*. For *Polytrichastrum alpinum* there was no clear trend on the escarpment

- 10 (Figure 2), but a slow rise on the plateau was significant over the 18 years of monitoring
- 11 (Table 2).
- 12

13 The changes in cover of Racomitrium from 1990 to 1996/97 were found to have 14 only weak non-significant relationships to sheep usage and late snow-lie recorded over 15 this period. However, the actual cover of Racomitrium in 1990, as in 1996/97, was significantly negatively related to sheep usage and late snow lie from 1990 to 1996, 16 implying that similar pressures exerted before July 1990 had already affected its cover 17 then $(F_{1,34} = 5.29, P = 0.028 \text{ for } 1990 \text{ cover in relation to } 1990-1996 \text{ dung}; F_{1,34} = 8.85,$ 18 19 P = 0.005 for 1990 cover in relation to 1991-1996 late snow lie). For cover changes 20 after 1996/97 we could only calculate a regression value on dung and snow up to 21 1996/97, but interestingly found a positive relationship between 1996/97-2002/03 cover 22 change and 1992/93-1996/97 dung counts: in a multiple regression that included 1991-1996 late snow-lie the adjusted R² was 12.7% ($F_{2,33} = 3.54$, P = 0.41), with P = 0.013 for 23 24 dung and 0.082 for snow-lie, this latter factor having its usual negative relationship.

25 26

27 Discussion

28

29 Persistence of the Carex bigelowii-Racomitrium lanuginosum moss heath on the Glas Maol plateau at present is amply proved by our recordings in 2002 and 2008. 30 31 Racomitrium now has greater cover than in four recordings from 1992 to 1995, and 32 Carex bigelowii, with 61% cover in 2008, was still the clear dominant (Table 2). Carex 33 bigelowii did have significantly less cover than in 1990, but is much more liable than 34 Racomitrum to vary in cover between years due to its growth pattern and the impact of 35 sheep grazing. At the end of winter *Carex bigelowii* has no green shoots, its rhizomes 36 lying within the moss and litter layer, but it then grows rapidly. Our recordings were all 37 made during a 15-day period in early July when we judged that cover peaked before the 38 sheep grazed down the shoots and inflorescences.

39

40 The significant increase of grasses observed up to 2008 could have important 41 implications, in attracting more herbivores to the moss heath. However these grasses 42 were usually shorter than *Carex bigelowii* in July and August, and probably it is the 43 development of a substantial standing crop of *Carex* that induces sheep to visit the Glas 44 Maol plateau; in our detailed studies on sheep usage from 1990 to 1996 (Welch & Scott, 45 2001) we found greater usage in June in a year which had higher mean temperatures in May and June leading to earlier sedge growth. The rate of increase in grass cover on the 46 47 plateau was somewhat reduced after 2002 and the cover so far attained (13.5%) is well 48 within the range (Domin value up to 6 for two grass species) reported for the Carex 49 bigelowii-Racomitrium lanuginosum moss heath typical sub-community (Rodwell, 50 1992), so is only a minor concern for its conservation. The loss of lichens is

noteworthy, but does not influence the phytosociological status of the heath; Rodwell
 reported that the "limited role" of lichens was a striking feature of the community.

3

4 Dicranum fuscescens declined sharply after 1996/97 (Figure 2), this being the greatest compositional change seen during our 19 years of monitoring. Scott et al. 5 (2007) showed a significant negative relationship between this species and Racomitrium 6 7 at small spatial scale, having analysed hits at individual point-quadrat pins, and Rodwell 8 (1992) reported that Dicranum fuscescens often occurs in NVC U10 moss heath in tiny depressed areas that "hold a little more snow" and hence where Racomitrium was less 9 10 dominant. A broader-scale negative relationship between the two mosses was observed for the zone adjacent to the ski corridor between 1990 and 1996, Dicranum significantly 11 increasing and Racomitrium significantly declining, due, we considered, to increased 12 13 herbivore usage and snow-lie (Welch et al., 2005). However, the recent Dicranum decline on the plateau distant from the ski corridor, cannot be attributed to competition 14 15 from Racomitrium since both species had substantial cover there in 1990 (Dicranum 27%, Racomitrium 43% (Table 2)) and Racomitrium cover was hardly changed in 2008 16 (42%). We earlier suggested that warmer, drier summers could be partly responsible 17 (Welch et al., 2005), and a further reason is very probably reduced total yearly snow-lie 18 19 since 1996; we were able to measure only spring snow-lie, which may well not have 20 been closely related to total snow-lie on the plateau.

21

22 On the escarpment the marked increase in *Racomitrium* from the low point 23 observed in 1991 (Figure 2) shows that it can thrive despite considerable usage from 24 sheep. This is one of the few recorded examples of this heath recovering under grazing 25 pressure. The pellet-group counts on the escarpment were much greater in all periods 26 than on the plateau for this zone distant to the corridor (Table 1), which raises questions 27 as to why Racomitrium has not increased on the plateau. Perhaps its cover there is 28 checked by dense tall growth of *Carex* and the presence of rocks, despite exceeding 50% 29 in half the 36 1 m x 0.5 m recording areas in at least one analysis, and reaching 80% in eight of them. Evidence for a negative relationship between *Carex* litter and 30 31 Racomitrium biomass was obtained at sites across Glas Maol summit in August 2002 32 (Van der Wal et al., 2005); the probable mechanism was light extinction since light 33 levels above the moss layer were reduced when graminoid litter exceeded 50% cover, 34 and experiments showed that Racomitrium had poor tolerance of shade.

35

36 The recovery of *Racomitrium* on the escarpment and the positive relationship 37 between the 1996/97-2002/03 increment and 1992/93-1996/97 dung deposition could 38 have other explanations. Perhaps more niches were available for Racomitrium growth 39 where it had lost considerable cover, but had still presence, than in normal mature 40 carpets; in all four recording areas that had cover ranging from 6 to 44% in 1991 it had 41 gained cover by 1993 and thereafter cover averaged almost double its 1991 amounts. 42 Also when sheep usage was heavy we perhaps under-recorded *Racomitrium*, its living 43 stems appearing dead or obscured in the litter due to trampling, Moreover it has now 44 been found that *Racomitrium* growth is enhanced when nitrogen availability is greater (Armitage et al., 2012), as probably resulted from the heavy grazing in the early 1990s. 45 A definite conclusion for the escarpment is that sheep grazing had quickly affected the 46 47 vegetation and reduced Racomitrium after the ski corridor's construction in 1986. 48 Indeed, we believe that Racomitrium had quite similar cover on the escarpment to the 49 plateau prior to 1986, but have no measurements to prove this.

1 That sheep were the main herbivore rather than red deer on a high Scottish 2 mountain may cause surprise, but their thick wool coats give them good resistance to the 3 severe windy climate and red deer prefer more-sheltered situations being originally 4 forest dwellers. We earlier reported (Welch & Scott, 2001) on the patterns of sheep and deer usage for the district around Glas Maol, and referred to a previous study on the 5 grazing of the mountains around Ben Lawers, Perthshire (Colquhoun, 1970) that 6 7 similarly found greater usage by sheep than deer on high-level *Carex* swards. We suggested that an additional reason for the greater sheep usage of these swards could be 8 that they are more able than red deer to secure satisfactory intake from low-height 9 10 swards. In our visits to Glas Maol from 1990 to 2000 we almost always saw herds of c. 200 hinds in the corries north of Glas Maol (Welch & Scott, 2001), and this regular 11 occupancy has continued up to 2013. Doubtless there has been similar heavy usage by 12 13 red deer in Caenlochan Glen to the south-east of Glas Maol (Figure 1), hence the 14 Caenlochan SSSI management plan stating that deer grazing is a serious problem.

15

The effect of the fencing condition in controlling sheep behaviour and occupancy 16 was examined in Welch & Scott (2001). The poorer performance of Racomitrium on the 17 plateau compared to the escarpment from 1991 to 1995 (Figure 2) can be partly 18 19 explained by the increasing number of fence gaps allowing more sheep visits to the plateau then, and fewer sheep being held back on the escarpment below. Then the 1996 20 21 fence repairs led to a higher dung deposition rate on the escarpment for the July 1995-22 July 1997 period (Table 1) and the small decline in *Racomitrium* cover (Figure 2). 23 Using a conversion factor of 17 pellet groups deposited by a sheep per day (Welch, 24 1982), the estimated annual sheep stocking experienced in the 1990s, and survived by 25 *Racomitrium*, was roughly 1 sheep ha⁻¹, rather more on the escarpment and rather less on 26 the plateau.

27

28 The persistence of *Racomitrium* on Glas Maol since 2000 could have benefited 29 from the removal of the Glen Shee sheep flock in 2001 (Figure 1). More importantly, the flock summered in Glen Clunie was reduced by roughly 100 sheep from its previous 30 31 size of c. 700 sheep in 2003, this being encouraged by Invercauld Estate in the interests 32 of grouse shooting, and we have observed sheep in that glen for shorter total time in 33 recent years. Unfortunately we could not maintain the three-weekly monitoring on Glas 34 Maol, except in 2004, but the pellet-groups counts were significantly reduced that year 35 (Table 1). A count in early July 2009 found deposition had been 50% less than the average for the same period in 1993-1996 on these distant-zone plots. Further visits to 36 37 Glas Maol in the summers from 2010 to 2013 confirmed that sheep pressure was 38 reduced and Racomitrium remained in good condition in our study area.

39

40 This study will continue to monitor changes in the Glas Maol heath and 41 hopefully provide pointers to how other heaths and protected areas may change in 42 response to environmental factors. South of the Highlands, where historically these 43 montane heaths have deteriorated so much that nesting dotterel have been lost 44 (Thompson et al., 1987, 2003, 2012), there is now evidence of sheep grazing pressure declining and heaths recovering (Van der Wal et al., 2011, pers obs). Our study at Glas 45 Maol provides one of very few pointers to the timescale of potential recovery of the 46 47 heath.

- 48
- 49
- 50

1 2	Acknowledgements
3 4 5 6 7 8 9 10	We thank the Glenshee Chairlift Company, the Invercauld Estate, and the tenant farmers for access and information on sheep management; Drs David Bale, Gordon Miller, Adam Watson and the late Professor John Miles for their help in planning and setting up the study; Drs Heather Armitage, Rob Brooker, Dave Horsfield, Laszlo Nagy and Sarah Woodin for subsequent discussions; and David Elston of Biomathematics and Statistics Scotland for guiding our statistics. Funding was given in the early years of the work by Scottish Natural Heritage and the former Scottish Office.
11 12 13	References
14 15	Armitage, H. 2010. Assessing the influence of environmental drivers on the current condition and recovery potential of Racomitrium heath. PhD thesis, University of Aberdeen.
16 17 18 19	Armitage, H.F., Britton, A.J., van der Wal, R., Pearce, I.S.K., Thompson, D.B.A. & Woodin, S.J. 2012. Nitrogen deposition enhances moss growth, but leads to an overall decline in habitat condition of mountain moss-sedge heath. <i>Global Change Biology</i> , 18: 290-300.
20 21 22 23	Armitage, H.F., Britton, A.J., Woodin, S.J. & Van der Wal, R. 2011. Assessing the recovery potential of alpine moss-sedge heath: reciprocal transplants along a nitrogen deposition gradient. <i>Environmental Pollution</i> , 159: 140-7.
24 25 26 27	Baddeley, J.A., Thompson, D.B.A. & Lee, J.A. 1994 . Regional and historical variation in the nitrogen content of <i>Racomitrium lanuginosum</i> in Britain in relation to atmospheric deposition. <i>Environmental Pollution</i> , 84: 189-96.
28 29 30	Birse, E.L. 1971. Assessment of Climatic Conditions in Scotland. 3. The Bioclimatic Sub-Regions. Aberdeen: Macaulay Institute.
31 32 33	Colquhoun, I.R. 1970. <i>The grazing ecology of red deer and blackface sheep in Perthshire, Scotland.</i> PhD thesis, University of Edinburgh.
34 35 36	Galbraith, H., Murray, S., Rae, S., Whitfield, D.P. & Thompson, D.B.A. 1993. Diet and habitat use of the dotterel <i>Charadrius morinellus</i> in Scotland. <i>Ibis</i> , 135: 148-55.
37 38	Greig-Smith, P. 1983. Quantitative Plant Ecology. New York: Academic Press.
39 40 41 42	Jones, M.L.M., Oxley, E.R.B. & Ashenden, T.W. 2002. The influence of nitrogen deposition, competition and desiccation on growth and regeneration of <i>Racomitrium lanuginosum</i> (Hedw.) Brid. <i>Environmental Pollution</i> , 120: 371-8.
43 44 45	Neff, D.J. 1968. The pellet-group count technique for big game trend, census, and distribution: a review. <i>Journal of Wildlife Management</i> , 32: 597-614.
46 47 48 49	Pearce, I.S.K., Woodin, S.J. & Van der Wal, R. 2003 . Physiological and growth responses of the montane bryophyte <i>Racomitrium lanuginosum</i> to atmospheric nitrogen deposition. <i>New Phytologist</i> , 160: 145-55.

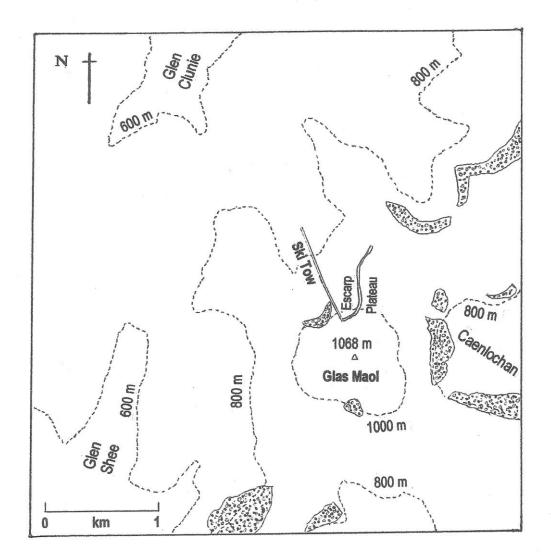
1 Ratcliffe, D.A. & Thompson, D.B.A. 1988. The British uplands: their ecological significance. In: 2 M.B. Usher & D.B.A. Thompson, eds. Ecological change in the uplands. Oxford: Blackwell Scientific 3 Publications, pp. 9-36. 4 5 Rodwell, J.S. ed. 1992. British Plant Communities. 3. Grasslands and Montane Communities. 6 Cambridge: Cambridge University Press. 7 8 Ross, L.C., Woodin, S.J., Hester, A.J., Thompson, D.B.A. & Birks, H.J.B. 2012. Biotic 9 homogenization of upland vegetation: patterns and drivers of multiple spatial scales over five 10 decades. Journal of Vegetation Science, 23: 755-70. 11 12 Scott, D., Welch, D., Van der Wal, R. & Elston, D.A. 2007. Response of the moss Racomitrium 13 lanuginosum to changes in sheep grazing and snow-lie due to a snow fence. Applied Vegetation 14 Science, 10: 229-38. 15 16 Smith, R.M., Young, M.R. & Marquiss, M. 2001. Bryophyte use by an insect herbivore: does the 17 crane-fly Tipula montana select food to maximise growth. Ecological Entomology, 26: 83-90. 18 19 Thompson, D.B.A., Kålås, J.A. & Byrkjedal, I. 2012. Arctic-alpine mountain birds in 20 northern Europe: contrasts between specialists and generalists. In: R.J. Fuller, ed. Birds and 21 habitat: relationships in changing landscapes. Ecological Review Series. Cambridge: 22 Cambridge University Press, pp. 237-52. 23 24 Thompson, D.B.A., Galbraith, H. & Horsfield, D. 1987. Ecology and resources of Britain's 25 mountain plateaux: land use issues and conflicts. In: M. Bell & R.G.H. Bunce, eds. Agriculture and 26 conservation in the hills and uplands. Grange-over-Sands: Institute of Terrestrial Ecology, pp. 2-31. 27 28 Thompson, D.B.A., Whitfield, D.P., Galbraith, H., Duncan, K., Smith, R.D., Murray, S. & Holt, 29 S. 2003. Breeding bird assemblages and habitat use of alpine areas in Scotland. In: L. Nagy, G. 30 Grabherr, C. Körner & D.B.A. Thompson, eds. Alpine biodiversity in Europe. Berlin: Springer-Verlag, 31 pp. 327-38. 32 33 Van der Wal, R., Bonn, A., Monteith, D., Reed, M., Blackstock, K., Hanley, N., Thompson, 34 D.B.A., Evans, M. & Alonso, I. 2011. Mountains, moorlands and heaths. In: UK National 35 Ecosystem Assessment. Technical Report. UNEP-WCMC: Cambridge, pp. 105-60. 36 37 Van der Wal, R., Pearce, I., Brooker, R., Scott, D., Welch, D. & Woodin, S. 2003. Interplay 38 between nitrogen deposition and grazing causes habitat degradation. Ecology Letters, 6: 141-6. 39 40 Van der Wal, R., Pearce, I.S.K. & Brooker, R.W. 2005. Mosses and the struggle for light in a 41 nitrogen-polluted world. Oecologia, 142: 159-68. 42 43 Welch, D. 1982. Dung properties and defecation characteristics in some Scottish herbivores, with an 44 evaluation of the dung-volume method of assessing occupance. Acta Theriologica, 27: 189-210. 45 46 Welch, D. & Scott, D. 2001. Seasonal and spatial patterns in sheep grazing on a high-level plateau in 47 the Grampian Mountains, Scotland. Scottish Geographical Journal, 116: 299-314. 48 49 Welch, D., Scott, D. & Thompson, D.B.A. 2005. Changes in the composition of Carex 50 bigelowii-Racomitrium lanuginosum moss heath on Glas Maol, Scotland, in response to sheep 51 grazing and snow fencing. Biological Conservation, 122: 621-31. 52

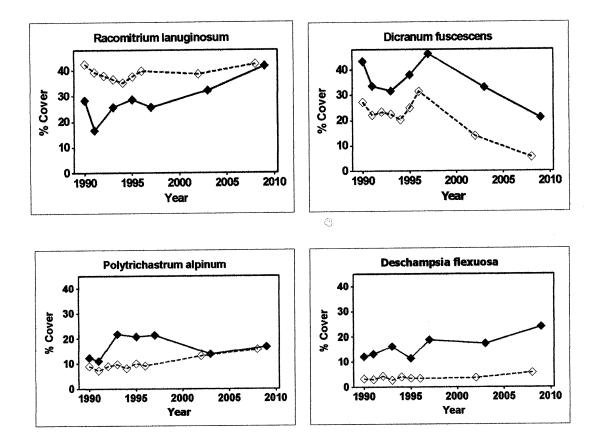
- **Captions to figures**

Figure 1. Map (4.5 x 4.5 km) showing Glas Maol, the three main glens radiating north,
south-east and south, contours at 200 m intervals, the ski tow and corridor running north
from the tow top, and areas of crag or scree (stippled). The monitored plots lay
immediately east (plateau) and west (escarpment) of the corridor.

8 Figure 2 Trends in percentage cover of three main moss species and a grass measured
9 by point-quadrat analysis in two sectors of the summit of Glas Maol (plateau - dotted
10 line), escarpment - solid line).

13 Figure1.





1 Table 1 Trends in sheep usage distant to the ski corridor for two sectors of Glas

2 Maol summit, as estimated by pellet-group counts (groups 100 m⁻²yr). All periods

3 but 2004 start and end at the July count nearest to the time of vegetation recording.

4 Standard errors are given, together with F-ratios ($F_{1,34}$) and P values for

5 comparisons between plateau and escarpment.

PI	ateau	Esc	arpment	F-ratio	P value
Period	Pellet Groups	Period	Pellet Groups		
1990-92	26.4±3.9	1990-93	74.2±12.5	21.92	0.000
1992-94	25.5±3.6	1993-95	54.6±11.9	9.45	0.004
1994-96	36.2±3.9	1995-97	81.3 ± 24.1^{1}	11.01	0.002
2004	$18.0{\pm}1.9$	2004	48.3 ± 9.3	47.14	0.000

- 1 Table 2 Changes in vegetation composition since 1990 in two sectors of the summit 2 of Glas Maol. Includes all species with cover >1% in a recording. Significant
- 3 changes from 1990 to 2008/9 in paired t tests for the 30 plateau and 6 escarpment
- 4 1 m x 0.5 m recording areas are shown: +/- P<0.05, ++/-- P<0.01, +++/--- P<0.001.

5	
6	

	% mean cover										
	Plateau				Escarpment						
					90-08				90-09		
	1990	1996	2002	2008	Sig.	1990	1997	2003	2009	Sig	
Agrostis capillaris	0.5	1.3	3.3	2.9		7.0	8.7	11.7	10.3		
Deschampsia flexuosa	3.2	3.3	3.6	5.7		12.0	18.7	17.3	24.0		
Festuca ovina	1.3	1.7	3.3	4.9	+	1.7	1.0	0.7	0.3		
Nardus stricta	0.7	0.0	0.7	0.9		0.0	0.0	1.0	2.7		
All Grasses	5.5	6.1	10.4	13.5	++	20.3	27.7	28.7	35.7	+	
Carex bigelowii	69.1	52.7	58.1	61.3	-	51.0	43.7	44.3	46.0		
Galium saxatile	1.7	0.3	1.7	1.3		0.0	1.0	1.3	1.3		
Vaccinium myrtillus	0.9	0.2	0.0	0.3		1.7	1.7	1.0	1.0		
Dicranum fuscescens	27.3	31.4	13.8	5.5		43.3	46.3	33.0	21.0		
Pleurozium schreberi	0.5	0.8	1.6	3.1	+	0.0	0.0	0.0	0.0		
Polytrichastrum alpinum	8.9	9.1	13.0	15.6	+	12.3	21.3	13.7	16.7		
Ptilidium ciliare	1.2	0.9	1.5	0.4		0.0	2.0	0.0	0.3		
Racomitrium lanuginosum	42.5	39.9	38.7	42.3		28.3	25.7	32.3	41.7	+	
Cetraria islandica	5.7	5.1	2.9	1.3		3.0	4.0	4.0	2.0		
Cladonia rangiformis	2.5	2.1	1.7	1.1	-	3.0	0.3	1.3	0.0		
Cladonia uncialis	6.9	5.0	3.3	1.3		1.7	4.0	2.3	1.0		
Rock	0.7	0.2	0.3	0.3		0.7	1.0	0.0	0.0		
Total Number of species	16	20	21	21*		12	17	17	16		
Higher plants	7	7	7	8		5	7	7	7		
Bryophytes	5	7	7	6		3	5	4	5		
Lichens	4	6	7	6		4	5	6	4		

* total includes 1 lycopod, Huperzia selago