


## Wednesday, December 4th, Convention Hall 205 - Usefulness of self-monitoring of blood glucose to empower patients and prevent acute and chronic diabetes complications

★ 10:15 - 10:45

### **123: Self-monitoring as an important tool in preventing diabetes complications - Evidence from the real world**

Speaker:  Ivica Smokovski, North Macedonia

[Biography...](#)

Ivica Smokovski is a certified Sub-specialist in Endocrinology and Specialist in Internal Medicine at University Clinic of Endocrinology, Diabetes and Metabolic Disorders Skopje, and Ass Professor (Docent) at Faculty of Medical Sciences, University Goce Delcev Stip.

Has served as a Medical Advisor for Diabetes Care to the Minister of Health for 4 years, being WHO NCD and IDF National Contact Person. Had a pivotal role in formation, and serving as a member, of the first National Diabetes Committee, a body for creation and implementation of National Diabetes Policies and Guidelines.

Had a crucial role in creation of Diabetes Care module of the National e-Health System, covering total population of the country across all three healthcare levels (primary, secondary, tertiary), that is still in use.

Author of numerous publications, including the State-of-the-Art article on Diabetes Care in Republic of Macedonia: Challenges and Opportunities, first comprehensive overview of the situation with diabetes in the country, estimated to have the second highest diabetes prevalence in Europe, as well as publications on First Stratified Diabetes Prevalence Data for Republic of Macedonia derived from the National e-Health System, and First Metabolic Control Results in Insulin-Treated Diabetes Patients for Republic of Macedonia derived from the National e-Health System.

Author of a Regional Project awarded Two-year IDF Grant, titled: Estimation of Stratified Total Diabetes & Pre-Diabetes Prevalence in Western Balkan Countries.

Member of numerous international and domestic professional associations, and has lectured at various international and domestic diabetes events.